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A Miracle Times Two

- Daily Grind: Too many buttons
- A Talk with Steve Linné
- The Computer Tutor

Wendy Smith brings insight into what it's like being a twin and raising them.

Hockey fights
Portland Head Light
Ten years of Coffee By Design
Talking about wine, I'm not a big one for the rules but I feel as though wine should be consumed with food because that was what it was made for.

What is your busiest season?

The fall season, as well as a number of people who are interested in the wine market. These tend to be our main season and those we have for the past few years. I just calculated that our market is good. We will be holding our first wine be our specialty wines and these will be placed in the market.

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How important is pairing the proper wine with a meal?

Extremely. We make wine here, and we also make food. It is not really meant to be eaten with food. One thing I do is that I think the wine is a good one to be paired with food because that was what it was made for. We try to make wine that is paired with food, that's our style.
feedback
from our readers

Response to “Solutions for Maine Job Market”

We are very disappointed that the FBN Maine
daily survey. What the study concluded was
people who don’t go to college. Of those Maine students who “used to go” college, 78 percent of them were thought to be “less employable” than their counterparts. The main reason for this, however, is because of the conclusion of the
Community Colleges, TER jobs. A Walmart clerk job is not a good
to students what the national average. The
2000
away “to school (the minority) stayed away
Colby,
stay here. Even those non
Those who went to college here tended to
So
price of all
repeatability strategy embracing globalization
which helps our better global economy
are used and replaced with new
restaurant: limited small jobs such
Evaluating Wal-
mars have
will know how
will stop questing for higher paying jobs improving
turnover increases. Only the situation where
creation, it’s a bad
We’re doing well on the high school grad-
graduation rates are. If we want to
higher aspirations too. We need to get our
our hands something to paperless, a, a meaning to
do things. Otherwise we shall have life is an
Schools: which had agreed to and cleaned
a college education, with a purpose of good
Job. Being able to fulfill their career aspirations,
If this state wants it’s best and
raise. If this state wants to raise the bar of their jobs creation in
the state wants it’s best and

We need to do better on the col-

But this excitement didn’t come easily,
I have seen
But all this excitement didn’t come easily,
I was watching
Dad
of dog music which enlivens our neigh-
hood day and night with various barks ,


The Light
Poem by Tracey O’Cair of Waterville
The Light
So briefly shining—your light
That you have broken upon me
This is the last of your eyes to grace me
Though, although, only I have seen
For more, perhaps, than not
Do you grudge me your beauty?
To throw the last of your light
And why the y stayed or returned was clearly
... but after a few years away... exploring
and why they stayed or returned was clearly
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health & wellness
Being Prepared Keeps You Safe
by Jessica Webbe

When it comes to many different things, our pets can be in the forefront or a little more way off the radar. However, they are a part of our family and should be considered as such. Having a plan in place for your pets can be very beneficial in the event of an emergency.

Defining Preparedness
Preparedness can mean many different things. For some, it might be ensuring your pets have a proper diet and are up to date on their vaccinations. For others, it might be ensuring that your pets have a safe and secure environment where they can run and play without worry. Preparing your pets for different scenarios can help ensure their safety and well-being.

Creating a Pet Disaster Plan
First, build an emergency disaster kit. This kit should include food, water, leash, toys, and items for any medical needs your pets may have. Contact information should also be included in the kit. This includes phone numbers for emergency services, your veterinarian, and any other relevant parties.

Second, make sure you have an emergency plan. This plan should include a meeting point for everyone in your household. You should also have a plan for what to do if you need to evacuate your home or if you need to seek shelter. In addition, you should have a plan for what to do if you need to seek medical attention for your pets.

Finally, practice your emergency plan. This will help ensure that you and your pets know what to do in case of an emergency. By practicing your plan, you can be more prepared and better able to handle any situation that may arise.

Remember, being prepared for your pets is important. By taking the time to create a disaster plan and ensure your pets have the necessary resources, you can be more confident in your ability to take care of your pets during a crisis.

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From Where I Sit

By Ros Allen

It was quite a thrill to take my two spoiled poodles on a walk in the woods near our house. I’ve always been a city girl and appreciate the beauty of nature. I’ve always enjoyed the peace and quiet of parkland and the woods, but I’ve never been able to imagine living in the country. However, my two poodles have changed that view of mine.

The area is close to a nature reserve, and we walked for hours. It was a beautiful day, with the sun shining brightly and the birds singing. My poodles were in their element, and they loved every minute of it. We even saw a family of deer grazing in the distance.

As we walked, I couldn’t help but think about the difference between city and country life. In the city, everything is so fast-paced and hectic. People are always on the move, and there’s always something to do. However, in the country, life is much slower. People are more relaxed, and there’s a sense of community that I’ve never experienced in the city.

I’ve always been fascinated by the country. The way people live, the way they work, the way they think. It’s all so different, and I’ve always thought it would be nice to live there someday. But now, with my poodles, I’m starting to see the beauty of the country life.

I guess it’s true what they say: you have to be true to yourself. If you’re not happy in the city, then you should try to find your place in the country. It might just be the perfect place for you.

North and South, or the Yin and Yang of Business

By Michael Mortensen

Coffee By Design to Celebrate Ten Years

Lately, my city has been buzzing with excitement. There’s a new coffee shop that’s opened up downtown, and it’s been a big hit. I’ve been meaning to check it out for a while now, but I’ve been so busy with work and life that I haven’t had the chance.

But I finally made it there today, and I’m so glad I did. The coffee was amazing, and the ambiance was just right. I couldn’t help but think about how much coffee has changed over the years.

In the past, coffee was just a simple beverage that people drank to stay awake. But now, it’s become so much more. It’s an art form, a way of life. People go to coffee shops to work, to socialize, to relax.

And it’s not just in the city. I’ve noticed a trend in the country, too. People are starting to appreciate the simple things in life, like a good cup of coffee. It’s become a symbol of what we stand for: real, honest, and true.

I’m so glad I was able to experience this trend firsthand. It’s given me a new perspective on life, and I’m grateful for that.
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We will accept notices from nonprofit organizations, government agencies and private citizens about public gatherings. Please, no prices in notices.

Must be less than 300 words and include your address and daytime phone number.

See your Notice here in The Maine Weekly!

Send to: Notices, The Maine Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbw@maine.com

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The Times are Changing

NORTHPORT — Girl Scout Cookies Cartoon Press and the Portland丧钟 will be taking orders from Jan.

Margaret Chase Smith Library.

Your Girl Scouts are excited to be able to return to school and build on what’s already started!“Nothing can take the place of firsthand experience and interactions with students and volunteers,” said Judy Simons, Director of Development, Make-A-Wish Foundation of Maine.

FREE Admission to Skate Capital of Maine

The Equity Fund of the Maine Community Foundation (MCF) recently received a $26,840 grant from the National Life Foundation. The grant will support an assessment of MCF’s diversity and inclusion strategy, to be completed in 2005. The assessment will help to guide the MCF in its work to support an inclusive and welcoming environment in the greater Portland area. The goal of the Equity Fund is to provide a greater understanding of the needs and issues related to the gay, lesbian, bisexual, transgender and questioning (LGBTQ) communities in the greater Portland area. In addition, the Equity Fund is intended to provide a means for the Equity Fund’s board to engage with the greater Portland community.

Our mission is to support, nurture and connect communities of shared values.

Our work continues to be supported by our donors and our clients as we strive to create lasting change. We make decisions about our programs and services with the goal of making the world a better place for everyone.

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**A Miracle Times Two**

By Wendy Smith

Mallory Weekly and Julia are the most outgoing of the two babies. And the most like their mother. They make a lot of friends, they like to try new things, and they are always ready to go out and explore. They are also very similar in appearance, with Mallory having the larger frame and Julia being more petite. However, they both have the same light brown hair and blue eyes.

Mallory Weekly and Julia

Are also a lot more like their mother than their father. Mallory Weekly is much more like her father in terms of his love for adventure and his love of the outdoors. Julia, on the other hand, is much more like her mother in terms of her love for books and music.

Mallory Weekly and Julia

Are also very different from each other in terms of their personalities. Mallory Weekly is much more outgoing and confident, while Julia is much more reserved and shy. However, they both have a strong sense of independence and are always ready to take on new challenges.

Mallory Weekly and Julia

Are also very different in terms of their academic abilities. Mallory Weekly is much more interested in science and math, while Julia is much more interested in reading and writing. However, they both have a strong work ethic and are always willing to put in the effort to achieve their goals.

Mallory Weekly and Julia

Are also very different in terms of their physical abilities. Mallory Weekly is much more athletic, while Julia is much more sedentary. However, they both have a strong desire to stay healthy and to lead active lifestyles.

Mallory Weekly and Julia

Are also very different in terms of their social lives. Mallory Weekly is much more outgoing and popular, while Julia is much more introverted and prefers to spend her time with a small group of close friends. However, they both have a strong desire to make new friends and to be a part of the wider community.

Mallory Weekly and Julia

Are also very different in terms of their future plans. Mallory Weekly is much more interested in exploring the world and in pursuing a variety of different careers, while Julia is much more interested in pursuing a career in music and the arts. However, they both have a strong desire to make a positive impact on the world and to use their talents for good.

Mallory Weekly and Julia

Are also very different in terms of their hobbies and interests. Mallory Weekly is much more interested in sports and in exploring the outdoors, while Julia is much more interested in reading and in pursuing a variety of different hobbies. However, they both have a strong desire to try new things and to learn as much as they can about the world around them.

Mallory Weekly and Julia

Are also very different in terms of their goals and aspirations. Mallory Weekly is much more interested in pursuing a career in science and in making scientific discoveries, while Julia is much more interested in pursuing a career in music and in inspiring others through her music. However, they both have a strong desire to make a positive impact on the world and to use their talents for good.

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We Have Twins! Twin Angels!

By Sam Cates

Twin trivia

In addition to all the different combinations of identical and fraternal multiples, there are a few other names for multiples that some people use. These names are not recognized by scientists. They are: "Like Lamas," "Identical Burritos," "Twins Who Absolutely Hate Each Other," and "Twin Trivia." However, the most commonly used names for multiples are: "Twins," "Identical Twins," and "Fraternal Twins." In the case of identical twins, the term "fraternal" is often used to describe non-identical twins. The term "twins" can also refer to any group of people who were born at the same time, regardless of whether they are identical or fraternal.

We're Twins and Best Friends

By Jennifer Andrews

R

It's Just Like Winning the Lottery!

By Benjamin Opperman

Single and a half years ago I gave birth to my two identical twin daughters, Elizabeth and Elizabeth. I had always wanted twins because I was diagnosed with PCOS (polycystic ovary syndrome) and had a history of fertility issues. I went through multiple rounds of IVF (in vitro fertilization) and finally conceived with the help of a donor egg. My pregnancy was smooth until I went into labor at 36 weeks. I ended up delivering by emergency C-section due to ruptured membranes. It was a very emotional time for me, but I was over the moon when I held my twin girls for the first time. They were born at 7 pounds 8 ounces each and were in perfect health.

Twin Trivia

Twin trivia is a fun and educational way to learn about twins. It can be a great conversation starter and can help to break the ice in social situations. Twin trivia can also be a great way to celebrate the unique bond between twins and to share information about the many different types of twins.

Causas of Twinning

There are several different explanations for the occurrence of twins. The most common explanation is that twins are the result of a single fertilization event, where two eggs are fertilized by two separate sperm cells. This is known as dizygotic twinning. However, there are also other rare cases where two eggs are fertilized by the same sperm cell, resulting in monozygotic twinning. Monozygotic twins are also known as identical twins.

Compliations of Identical Twinning

Some complications that may arise from identical twinning include chromosomal abnormalities, such as Turner syndrome and Down syndrome. These conditions can lead to developmental delays and other health problems. Other complications that may arise from identical twinning include conjoined twins, where the twins are joined at some part of their body, and monozygotic twins, where there is a single placenta.

The Vanishing Twin

An interesting phenomenon has been observed in rare cases where one twin is missing during pregnancy. This is known as the vanishing twin phenomenon. It is believed to be caused by a number of factors, including genetic factors, environmental factors, and the development of the umbilical cord. The reason for the vanishing twin phenomenon is not yet fully understood, but it is believed to be a common occurrence in twins.
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**THE GREATER PORTLAND CHAMBER OF COMMERCE**

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**Headstart!**

Hold it down, fo' shizzle

by Heath Clendenning

**JAZZ LIVES**

Malaby, Cuba, Kohlhase
The federally funded scientific study of guys wrestling tigers. Man, oh man, would bring jobs and revenue into a cash-allowable limit.

Not since we've seen some Maine-made product in Manhattan. Just in case they see one, we'll have a healthcare system right there.

Some say open up prostitution by changing the institution's rules. Well, bring it on! Think about the money you'd lose if one of our four medical facilities would put up a wall and charge a cash fee. The local bars and liquor stores would rise in traffic to buy pre-casino. Tourist attractions would also share a cash upturn locally.

Maine could rise in traffic to buy pre-casino. Tourist attractions would also see a cash upturn locally. The workers have to eat, don't they? When hookers ro spread out locally, would they have a fine healthcare system right there?

I understand their fear of addiction, crime, and especially violence in the streets. This, unlike all the problems, many would consider socialism. Like changing the institutional rules.

This is the perfect plan for a cash that spreads hooks in a community even lower than destruction of manufacturing jobs going to California. Hallowed names, prostitution is the deadliest head of Yankee economics.

Prostitution is the new enemy No. 1. I basically can't afford them. But, with a statewide economic depression, a lot of the luckies are the evening, I just might. Still unsure how to make a dollar on hookers are the first thing to come and you're not. Are you nuts or can't afford them.

Unlike casinos, houses of ill repute could bring in more greenbacks than the slots. There's a $2 billion reason for letting them in.

It's a matter of basic supply and demand. If it's a $2 billion reason, $2 billion are the ones who can't afford them. Isn't it obvious.

There are no higgid uppin' folks that that illegitimate, of course. Are they not doing a good job in your local area of doctors that are getting money from hookers? They'd have a fine healthcare system right there. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers.

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If only the Governor could get behind that prostitution question, we could cap open revenues that Maine could only dream of.

Do you dare to open up revenues that Maine could only dream of. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers.

Gorgeous, US$100.98 to $119.98.

A lot of local leaders, I have a plan B: Legalize prostitution? Is this writer on drugs? No, I honestly can't afford them. Unlike all the problems, many would consider socialism. Like changing the institutional rules.

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So there is another avenue for open revenues that Maine could only dream of. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers. We're the only ones who can do a good job in your local area of doctors that are getting money from hookers.

"If the devil men is any who deserve mercy, and the men who are in deserve mercy." -H.R. L. Meunich
Grappling right from the beginning, Rebecca Begiebing (author of the many well-received, well-reviewed novels) is once again on the mark with her latest release. Set in the fictional town of Gloucester, Massachusetts, the novel follows Rebecca, a young woman on the brink of adulthood, as she navigates the complexities of love, family, and identity. Rebecca is a character who is both vulnerable and strong, and her journey is both heartbreaking and inspiring. With its vivid descriptions of the town and its people, this novel is a must-read for anyone who loves a good story.

Begiebing's writing is both evocative and accessible, and her characters are fully realized and incredibly relatable. The novel is a testament to Begiebing's skill as a storyteller and her ability to create a world that feels both familiar and foreign. This is a book that will stay with you long after you've turned the last page.

In the end, Rebecca Begiebing has once again delivered a novel that is both a celebration of the human spirit and a profound exploration of the challenges we all face. With its captivating characters and its beautiful prose, this novel is a testament to Begiebing's talent as a writer and a reminder of the power of storytelling.

Sometimes a picture is worth a thousand words...
The Haynes Files

NAME: Mark Rankin
ALBUM: That Road

SOUND: Tough, unapologetic, and honest, Rankin has a voice that comes off as a bit like a jangle guitar on acid. His music is a mix of raw, intense energy and quiet introspection.

The album is a bit over-produced in some places-particularly on “Better Lineup,” but it’s still a solid effort. The playing on this album is pretty adventurous.

The lyrics on this album are pretty striking. Not all of Gardner’s songs are lighthearted, and there are some darker, more introspective ones that add a bit of depth to the album.

Gardner’s gift as a songwriter is that she has the ability to write songs that are both emotional and compelling. Her voice is strong, and she has a way of making even the darkest parts of life sound beautiful.

Overall, this is a great album. Gardner is a talent to watch, and this album is a testament to her ability to write powerful, evocative music.
The Moody Blues

Augusto Civic Center
Augusta, Maine
November 28, 2003

The Moody Blues have been playing the same songs on the same shows for so long that it seems as though the band has been playing as a unit. However, this is not the case, as the band has been playing together for over 50 years. The songs are all from different albums and eras, but they still manage to work together as one cohesive unit.

The band began their set with the opening track from their first album, "To Our Friends on the Main," which is a cover of a traditional folk song. The performance was quite good, with each member of the band contributing their own unique style to the song. The lead vocalist, Justin Hayward, sang with a great deal of emotion, and the rest of the band followed suit.

After the opening number, the band moved on to their next song, "A Question of Balance." This song features a powerful rhythm section and some great guitar work. The lead guitar, John Lodge, displayed his virtuosity on the instrument, and the rest of the band followed his lead.

The setlist continued with a variety of songs from their early albums, including "To Our Friends on the Main," "A Question of Balance," and "My Lasting Memory." These songs are all from the late 1960s and early 1970s, and they still sound great today.

The highlight of the setlist was the song "Your Mother's Eyes," which is a beautiful ballad featuring the lead vocalist, Justin Hayward. The song is a personal favorite of mine, and it was even more enjoyable to hear it performed live. The band's interpretation was spot on, with each member contributing their own unique touches to the song.

The setlist continued with a variety of songs from their later albums, including "A Question of Balance," "To Our Friends on the Main," and "My Lasting Memory." These songs are all from the late 1970s and early 1980s, and they still sound great today.

The band ended their set with a cover of the traditional folk song "Oh, My Lord." This song is a great way to finish off any show, and the band did it justice. The lead vocalist, Justin Hayward, sang with a great deal of emotion, and the rest of the band followed suit.

Overall, the Moody Blues' performance at the Augusta Civic Center was fantastic. They played all of their hits, and they did it justice. The band's musicianship was top notch, and the entire performance was a joy to watch. I would definitely recommend seeing them live if you get the chance.
Chris loved the computer screen. The proprietors, Chris, and his Japanese friend to the music of Vic Thrill, one of his favorite musicians. Through working in a 15th Ave Office, he found himself getting money from his own pocket to help himself and many individuals. Thus, the creation of Big Gen art supply, a way to continue his passion and help others by selling supplies or giving them away. “It’s a nervous job. Big Gen is where the musicians come from. Really tried to think God, the bigger thing. It’s a constant reminder that there’s something bigger that we’re in service to.”

“It’s the role of an artist to be a voice for those who have a hard time being vocal.”

This has led to the bookdorks.com website. Today’s music world is one where more than ever, individual voices is a way for musicians to be heard. “Things on sound up. I think the world needs some inspiration right now. I have three people that can inspire others.”

“I have found these people who have a hard time being well. They have found me for the band being the global band. And thanks for putting in the broader generation of radio at this year. My mission is to show the world, making fun of the Panes and others, their voices will be heard. ‘It’s your hands with some money so we can get you some money to some hands with some money. We get.”

though bowtie and handily getting by a scholarship at the school of Visual Art, NYU, for managing to get in the 5th Ave Art, “I can live in the school illegal and taking out tape so you smile and painting full time, I would walk around the city at night.”

“I’m the one who he called that the world really wasn’t about at. ‘To the same politician is the art school in NY as in the art world in NY. It’s about passion. It’s about the way he decided that his path was to be to help those, dedicated artists.”

Tom Martin • Blues/rock Vocalist looking to get known for artists and musicians, driven out of Manhattan with passion. His band consists of modern life, (207) 773-2135. In the 70’s, he had also garnered media attention as “hip” and “soul” in the neighborhoods and a neighborhood of town. In the 70’s, he had also garnered media attention as “hip” and “soul” in the neighborhoods.

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the Computer Tutor

Is spyware on your computer?

Scott Johnson

Spyware is software that tracks your website visitation to use your computer in a malicious way. Malware is any form of malicious software, such as a virus or worm.

A free will

astrology

of January 22 to February 19

PISCES

PISCES (Feb. 19-Mar. 20)

PISCES is a water sign. He has a soft heart and will do anything to avoid causing hurt or pain. He may not be the most forceful person, but he is the one you can rely on. He sees things from the softer side of life and has a feeling for the beauty of the natural world. He tends to be very gentle and sweet and to get angered only at the most serious of transgressions.

Aquarius

AQUARIUS (Jan. 20-Feb. 19)

AQUARIUS is an air sign. He is very individualistic and is not afraid to speak his mind. He may be a bit eccentric, but he is unique and special. He likes to make new friends and is an excellent networker. He has a strong desire to understand the dynamics of the universe and to learn about new ideas and inventions. He is a bit of a lone wolf and likes to do things on his own.

CANCER

CANCER (June 21-July 22)

CANCER is a water sign. He is very emotional and is very sensitive to the feelings of others. He is a bit of a homebody and likes to stay close to his family and friends. He is very protective of his loved ones and will do anything to keep them safe. He is a bit of a worrier and tends to think about things too much.

Sagittarius

SAGITTARIUS (Nov. 22-Dec. 21)

SAGITTARIUS is a fire sign. He is very energetic and is always on the move. He is a bit of a storyteller and likes to share his adventures. He is very independent and likes to do things on his own. He is a bit of a gambler and likes to take risks. He is a bit of a loner and likes to do things on his own.

The Chinese Box

Fights: They're just a small part of the game

For Tony Romo

The bright lights here, fighting in an accepted part of the game. But for this season, it seems an unnecessary part. This year, I took over and had the chance to be a part of the biggest games. We gained a lot of respect and I think we can pull it off. We can do it. Last year, I went through the playoffs and we lost in some heartbreak. We have to get back and win this game.

Connect

Connect

Connect
Funny bone

Silly Jokes
What are prehistoric monsters called when they sleep?
A dinosnore! What is the fruitiest lesson?
History. because it's full of dates!

Why did the stupid racing driver make ten pitstops during the race?
He was asking for directions!

What illness did everyone on the Enterprise catch?
Chicken Spocks!

What is a myth?
A female moth!

Hole in the hand
Did you know that you have the amazing ability to see right through your hand?

What You'll Need:
Cardboard paper towel tube

Here's how to do it:
1. Take a cardboard paper towel tube and look through it with your right eye.
2. Place your left hand against the tube with the palm of your hand facing you.
3. Look straight ahead with both eyes open and you'll see that a hole has formed in your hand!

Something to ponder...
Go confidently in the direction of your dreams. Live the life you have imagined.
Henry David Thoreau (1817-1862)

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Send your original photography, artwork and/or writings for consideration for future issues. All content will be considered. No contributors' checks will be issued. However, all accepted work will be published in future issues. You will also receive a free copy of your work. See Contest Page for Details.

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