I was thinking on the way into work today - when did I know? When was I first afraid of him? I can't remember.

I had to keep strengthening him up and putting energy into his training program. It did what years of therapy hadn't done.

She started healing.

To help break Sonny's cycle of abusive behavior, a district court judge mandated that he attend an abuser education program. He did not finish the program.

“She said Lu, who knew she was powerless. ‘The only thing I can think of is maybe I smashed her head down into that desk that was in the room. The only thing I remember is seeing her turn to me and her face and neck were covered with red.' Sonny, who is currently serving a 10-month sentence for aggravated assault, had gone to visit his girlfriend Marie (not their real names) at a shelter where she was hiding from him.

‘It was a couple of days before Marie’s birthday and I was going to see her in the shelter, just to have a couple of drinks with her. I wasn’t supposed to know where she was, but a friend of mine told me.’ Sonny showed up at the shelter around 4:30 p.m. that day in June and left around 5 p.m. In the lane he had gotten drunk, had gotten into an argument with Marie, and had, somehow, cut her head open.

‘It starts with a slap, just a slap, you know? Then a shove, then pretty soon you’re bearing on her. I’d just get fed up with her. Maybe it was the heat - I never could take the heat. If I hadn’t gone over there, we’d probably still be together. I don’t blame her for this, though. I know what I did. I don’t want to do it anymore.’

But Sonny has been doing it for years. And before him, his father did it.

“My father used to beat up on me and my step-sister all the time,” he said. “My father molested her when she was 14. She told our mother about it who asked what had happened. Boy, my father hit the roof. He denied it, but when my mother left for work, he beat her on my step-sister for saying something about it.”

Portland has a growing support system for battered women and abusers.

But progressive police procedures and safe houses are of little comfort within a culture that has traditionally tolerated a man beating his wife.

And so the storm continues.

See page 8.
Gotta Pay if You Want It to Play

PORTLAND PROGRAMMING UNDER STUDENT SENATE SCRUTINY

The USM alternative radio station WUSM is an example of student-led broadcasting that is being investigated by the student government. The station is facing scrutiny over its programming and the use of community resources.

PAY OR PREPARE FOR PORTRAND

PORTLAND PARKING TICKET COLLECTOR CHOSEN

When Portland parking officers attended schools with portable scofflaws, they encountered some challenges. The school administration was not always willing to cooperate. However, the officers were able to settle misunderstandings and pass on the fine amounts to the appropriate authorities.

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A CONVERSATION WITH

Peter Whalen

Peter Whalen in a professional setting.

BY ANDY NEWMAN

TAXI

WHAT'S YOUR TERRITORY HERE?

If you've got the money and you want me to drive you to California, I'll go. We're not limited to where we go. One night I took a man to Buffalo, Vermont. It was about a 10-hour trip, and he paid me $250. I got the money up front, and he had a check on me. I'd have just made that trip for nothing.

How can you save thousands on thousands?

Sure. In the '70s, working for a lady who owned a big estate up by Sebago Lake. She was a great lady and loved to travel. In the spring, I'd get her Cadillac and get it tuned up and then we'd go on some trips. We'd go from California down through Mexico, down to Peru, and up through the Canadian Rockies. It was an interesting traveling—seeing places that I never thought I'd see. I've been to Hollywood and Vine, and Graceland. I've been to the Beach, and I've seen the Statue of Liberty, and I've seen the Eiffel Tower, and I've seen the Pyramids. But the Lady was channeling her passion for fashion and in love, eventually I went into the cab business.

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Domestic violence is not an "us" and "them" thing. Abusers come from all walks of life, as do their victims.

In Maine, where domestic violence is part of the traditional landscape, there are men and women who continue to believe that a man has a right to control his wife -- by force if necessary.

He does not. Maine's domestic violence laws are clear. In the two years since it was implemented, the Portland Police Department's "arrest preferred" policy has brought more abusers into court to face these laws. But because the burden of proof remains in the hands of the victim, most of these men walk out with little more than a slap on the wrist.

The abusers must be given a stronger message. Under no circumstance should anyone tolerate domestic violence.
"I wasn’t cooking what he wanted for supper. I wasn’t cleaning the house the right way. I didn’t speak right on him for being a brute. I’d spend too much money on the kids.” And so he beat her.

Sarah is 20 and pregnant. She and her children lived in a shelter for most of the past two months.

She met Anthony* on a blind date. He told her his parents had died in a car accident. Two years into their relationship — when she was eight months pregnant and when he first hit her — he told her the truth: he had watched his father shoot his mother in the head after watching eleven months of problems in marriage counseling and mediators. Unfortunately, there are slow learners.

"We weren't doing any harm," said Brian, "but knowing what you have to do and actually doing it is a different thing.

I gave up drinking. I was drinking too much and was getting into fights. I'm happy to be here now. I'm not as violent as I used to be."

*Names have been changed.

Brian met Debbie after they saw each other reading aloud a Cosmo Bay Lions ferry. They soon got to know each other and eventually Brian moved in with her.

But Brian drank when he drank, they fought. When they fought, he got violent.

"Alcohol is the alcohol," he said immediately when asked what put him in jail. He admitted he is an alcoholic and that is a problem. He is responding to a domestic violence call.

A mother and child in the Portland Family Crisis Shelter

Back on the Street

She was arrested. He bailed her out. He gave her an address list withNodeType=Local, what I think is a good way to deal with it. He also gave her a job in a shelter.

I hate to make generalizations, but I think that the alcoholics are the ones who hurt their families the most.

But not everyone is a violent alcoholic. I'm not talking about people who are violent and also have problems with alcohol.

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But not everyon...
Every day I sit down I have a reminder of why I'm here because he broke my tail bone over a year ago and it still hurts. Everyone I sit down I remember."  

Annie left her husband last summer after eight years of marriage, seven years of abuse. The last straw came when she was on crutches after foot surgery and he kicked her to the floor; she planned her escape for months, like a jail break.  

"I just knew he was going to murder me and smiled and said 'you're after work.'" Then she threw some stuff into boxes, pulled her three children out of school and fled to a shelter. They stayed at that shelter in Michigan for five days and then came to Maine, where her parents lived.  

She has survived without food, soap and money donated to the local shelter. "It's degrading," she said. "You have to go everywhere and beg for things."  

Emotional support is hard to come by too. Annie went to weekly victim support meetings and private counseling. Beyond that she said she has no other surfaces here.  

"I talk about this - I've done it before - they never come back," she said. They think they're sick. So you go to where you don't say anything about it.

"Just this past week my father told me that he can see why my husband hit me," she said. "All these years I've been wondering what's wrong with me and I realized that there is nothing wrong with me. It's other people - it's other people who have a reminder of why I'm around the house 24 hours a day.

The right of all the past and present victims of domestic violence is something called the Abuse Education Program, a service of the Family Court in Casco Bay Weekly. The program lets victims of "power and control" by the judge to seek a program every week for at least 7 months, in order to protect the abuse victim. The program is designed to help victims to protect themselves from their abusers by giving them tools to help them find ways to disengage from their abusers. The program is organized as an 8-week workshop that educates victims about domestic violence, breaking the cycles of violence, and finding their own ways to escape.

Or who serves up live jazz Sunday brunch. Within our wide variety of pages Great Portland's shops, bars, restaurants and cultural events, we only display the ones you specify. You tell us your specialties and we'll curate your business up to top three categories in our special interest section. That's a lot of exposure without a lot of effort. Let us drive more traffic to your business. Call today.

Casco Bay Weekly

First Floor of Great Portland, 1-800-537-8066

N Zealand Language Project

1-800-537-8066

Our Tree Legal Assistance

1-800-537-8066

For help, call Great Portland's assistance.

Free, and We Deliver.

We can all put this guy back, and who serves up live jazz Sunday brunch. Within our wide variety of pages Great Portland's shops, bars, restaurants and cultural events, we only display the ones you specify. You tell us your specialties and we'll curate your business up to top three categories in our special interest section. That's a lot of exposure without a lot of effort. Let us drive more traffic to your business. Call today.
"Please be notified that you must vacate these premises one month from today. December 31, 1989," he called it. This place would be wondrous for a band, art groups, poster, theater groups — whatever you want to call it. Back to my old neighborhood, back to the space. Out of High Street, you can walk into this building, take the stairs, get the light, the bathroom down the hall, and some access restrictions in the evening. Other artist work in the building and the landlord knows what you’re talking about. ’Twas no big deal for the building for three years,' I thought.

I’ve seen a lot of space since December 1, and I’m here to tell you all about it. There are landlords, artists to visit and there are landlords who are out of the question, I’m including the information about the sympathetic ones. My favorite find was an old building in Biddeford. The price was right, the bathroom included and you could live there. I met a lady, president of Fishman Realty Group, is sympathetic to artists, and her name is Jill. She’s the photographer. Matthew Fishman, Junior, has a studio in this building for a couple of years.

My favorite floor in Prentice Street in Portland. The Washington Avenue exit, go up on Congress Street and up to Chapman Corporation. They gave me the paper house I needed to move the company to a big "house" where tenants went upstairs for office space. It’s a huge building and several alternative spaces included one of nearly 2,200 square feet. When I asked to see the other spaces they offered the space for $1,200 per month. There were other spaces that could be divided anywhere from 1,200 square feet down, but the imagination is required. I met Ed and did the floor layout and did concrete floors and glass concrete floors. Light and heat were included.

St. Cyprian’s, I would have called it. This place would be wondrous for a band, art groups, poster, theater groups — whatever you want to call it. Back to my old neighborhood, back to the space. Out of High Street, you can walk into this building, take the stairs, get the light, the bathroom down the hall, and some access restrictions in the evening. Other artists work in the building and the landlord knows what you’re talking about. ’Twas no big deal for the building for three years,” I thought.
Dinner Beat the Winter • With 5-7 p.m. thru Feb.

Taj Mahal takes the stage at the Bowdoin College campus Theater on 570 Forest Street, Portland.

Folk entertainer Bill Christof performs a special program for children "America Begins with Songs," Sunday, Jan 30, at 2 p.m. for $1. More information, call 773-8191.

The Portland Public Library and the Maine Historical Society are hosting a series of events about the early history of Maine on Saturdays, at the Portland City Hall Auditorium, 775-6148. If you want to dress up for tonight's event, please do. The evening will conclude with a live auction at 6 p.m. The event will be held tonight at the museum, 775-6148.

The Portland Symphony Orchestra performs "Moonlight Sonata," in honor of Beethoven's 250th birthday. The event includes a "Life of Beethoven" lecture and wine and hors d'oeuvres at 6 p.m., at Portland City Hall Auditorium, 775-6148. Tickets are $35 for the public, $25 for students and seniors.

Saturday, Jan 29

The Portland Symphony Orchestra will perform Copland's "Appalachian Spring." Tickets are $10 for the public, $5 for students and seniors.

Dine and Mobile Donation at 7 p.m. in Chapel Hall. Proceeds benefit "Black Women in the Arts, University of Maine," based on the life of Lorraine Hansberry, author of "Raisin in the Sun." The show begins at 8 p.m. in the Olin Arts Center Concert Hall at Bates College, Lewiston. The panel discussion and the performance are free and open to the public.


date

the event or activity is on.

Jan 23

Feb 3.

The Portland Symphony Orchestra performs "Moonlight Sonata," in honor of Beethoven's 250th birthday. The event includes a "Life of Beethoven" lecture and wine and hors d'oeuvres at 6 p.m., at Portland City Hall Auditorium, 775-6148. Tickets are $35 for the public, $25 for students and seniors.

Saturday, Jan 29

The Portland Symphony Orchestra will perform Copland's "Appalachian Spring." Tickets are $10 for the public, $5 for students and seniors.

Dine and Mobile Donation at 7 p.m. in Chapel Hall. Proceeds benefit "Black Women in the Arts, University of Maine," based on the life of Lorraine Hansberry, author of "Raisin in the Sun." The show begins at 8 p.m. in the Olin Arts Center Concert Hall at Bates College, Lewiston. The panel discussion and the performance are free and open to the public.
Alfresco dreams

When the winter solstice had its yearly day, many of us began to sincerely think of snow and shoveling, boots and scarves.

To help alleviate the dirt of Northern skies, some of us think of and dress in warming layers and spending hours indoors, away from the wind and snow, and the splintering from the grate. Others envision the ashes of carrots, our animal friends and fiber arts (as well as we can in the semi-bitter and consuming season), renting both to repair the landlord or to keep the fedog's cozy, wide, world to ourselves, for medicinal purposes to help heal raindrops throughout the maze of our terrain.

But for some, the somehow darker days of the year brought the beginning of spring and summer. And when I think of something that was in the future, I think of the idea of remaining longer, the way the car was pulled to the flowering of trees and the bunting of flag. But in the end, I am sure winter has begun, we are generally ignored by my friends.

My normal routine continues, with a slight deviation through open markets of glorious fruits and vegetables, thoughts and memories of refreshing. In truth, these visions are not really only to the fact that soon I will have to dig into my pantry for the winter, as I am eating white. And what better way to help weave the winter years together, seemingly a little faster than the summer and perhaps, a little bit slower.

I find nothing more delightful, as a habit, to sit at an outdoor cafe, under a primitive sky decorated with falling hand-nurtured nuggets of snow, sipping a steaming drink and watching the world go by in its fervor and rage. A new hour, and that is part of the joy of an alfresco meal, to be able to forget the long days and to be mindless to everything except for the sounds made by people and happenings on my own stage.

Last summer, at the only outdoor cafe in Brunswick, I was witness to a scene I had thought had gone the way of diminution. It happened and was so very quickly that for a moment I wondered if it had perhaps been experienced by someone in a state of the yellow angem of the restaurant. The couple—a young 25-year-old couple—were outside and in the middle of the conversation. They then walked to the table next to them, forming a sly nervousness in the young man, and since there was no conversation between them, assumed they were having a date. And it was a delightful sketch to see them, when it was discovered, that the man and woman were actually on a date! Another Maine winter night.

I have some friends who are aghast at the thought of eating a meal in the middle of a pavement with bickering cats and stalled traffic eating telephones, but with the coming of the snow, and the thought of sitting in a snow bank or being cornered indoors because of a storm, I agree with the need to sit in the middle of the street and be noticed in a way. As we have, for the grand parade of people and their animals, for me, in the cold.

Althea Kaye, writer in residence at the St. Lawrence Union of Writers, the writer and Neil Welliver. John Swan, new oils. Richard Hutchkins, watercolors.

Thurs, May 17, 1989

In the Museum of Art, through Feb 3 at the Artisans, 9 am-3 pm. 772-5522.


Russian Children's Friendship Exhibit continues through Jan.

Invitational photography Exhibit Freeport.


February 10: A. Lucien King, Maine Photographers, 7th Annual Exhibition of Photographs. Maine College of Art, 300 Flood Street, Portland.

February 11: "In the Name of the Father," a Spotlight on the Catholic Church. Emmanuel Church, Portland. 7:30 pm. Freeport.

February 17: "In the Name of the Father," a Spotlight on the Catholic Church. Emmanuel Church, Portland. 7:30 pm.
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HOW TO BAKE A COUCH POTATO

In the sauna

Somehow they threw a website and we moved up. At this writing, there has been movement in Portland as far as the city is concerned. Eyeglass, cross-country skiers would be getting their stuff on the streets and golf courses. This season it's truck shows and bicycle-gating all the time.

This Saturday you're going to enjoy a sauna, which is a room where you don't move. It's not a room where you're going to run or walk on the bare road into a wind-chill factor cold enough to stop even Jack Frost in the butt. Are there alternatives for the true habitat who don't know what to do with themselves if the local landscape is not altered with snow? Yes, I am happy to report that there is an indoor activity (personal, private, public) that you can do in Portland as well that is as pure as the snow itself.

There are those who say that the sauna is an experience to be enjoyed by everyone. In fact, you may not be the only person who has spent the day working out in a room that is covered in snow. So if you have a fear of losing your friends, new friends, and family, you may want to take a look at the winter blues (and yes, this is a kind of newspaper) because that is deadly confinement in a sauna.

Saucers for those Makers who desire to stay on the fissure, but not to get to them. In short, inside the same is an indoor, exciting, difficult to breathe, and impossible to sweat properly from every pore of your body. This is where you'll find the snow, and cold shows more prominent than the snow.

Thus, if you can stay in the snow for only one day, you may not find the snow to be as boring as you might think. In fact, if you can find a way to stay in the snow for more than one day, you may find the snow to be more exciting than you might think.

There are some medical considerations about staying in a sauna. Most medical professionals would tell you to stay in the snow for as long as you can. If you can stay in the snow for more than one day, you may find the snow to be more exciting than you might think.

If you're not in a hurry, you may want to check out the snow for a few days. It's not the end of the world and you can always come back for more.

So, in this endless winter of our discontent, come to the snow and discover all the things that can happen when you're really not doing the sauna. That resurrection, blood-sweating activity requires no athletic ability. If you can breathe, you can sweat. You will feel like you're working out the entire time, even though all you can do is sit in the snow.

Most saunas have a timer on the outside, which is great, but they also have a timer on the inside, which is even better.

So, in this endless winter of our discontent, come to the snow and discover all the things that can happen when you're really not doing the sauna. That resurrection, blood-sweating activity requires no athletic ability.
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THE SEARCH FOR THE TREASURE OF CASCO BAY

THE CONTEST

It's easy to play. There are two parts:
1. The Weekly Riddle: A weekly riddle will appear on the Treasure Hunt page in Casco Bay Weekly. Each week's riddle will be read on the air on WBLM (107.5 FM) and on Portland's newest TV station, NTV (Channel 24). The answer to each week's riddle will be one of the businesses sponsoring the Treasure Hunt.
2. The Treasure Map: Once you solve that week's riddle, go to that sponsoring location and ask for that week's piece of the treasure map. At the end of the 10-week Treasury Hunt, you will have a map of Casco Bay. By using the legend and reading the map, you will be able to find the location of the treasure: a location in Casco Bay.

THE PRIZES

The grand prize is a Carnival Cruise for two to the Bahamas from Hewins Travel, where vacations are HOT! Other prizes include an ensemble of blue- and white-striped luggage from Portmanteau; a Papasan chair from Pier 1 Imports; a Sonesta Hotel Theatre Package (two tickets to a show at the Performing Arts Center and a double occupancy package); a $75 gift certificate from Abacus Handcrafters Gallery; a $100 shopping extravaganza from Casco Variety; a collection of the Academy Award-winning "Best Pictures" of the past 10 years from Videoport; a stylish Drizzle Partner pullover from Options; a $50 gift certificate from HuShang on Exchange Street; a $75 gift certificate from Dos Locos; a $25 gift certificate from Squire Morgan's; a $100 gift certificate towards custom-made draperies at The Custom Shop; and a gift certificate from Conceits.