Casco Bay Weekly : 9 February 1989

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When someone else yawns, you yawn.

When you yawn, someone else yawns.

Ever wonder why we yawn?

The anatomy of a yawn. See page 8.
BALANCING INTERESTS

East End Beach testing promised

Conrad Janis of the Portland City Council said the East End Beach testing promised by the city will be held three times a week starting in March.

"We've been waiting a long time to get this testing done," Janis said. "I'm looking forward to seeing what the results are." The testing was mandated by the state after a sewage spill in the area last year.

In Brief:

A NEW FACE ON THE TREATMENT OR THERAPY

Counseling required with AIDS test

Insurance companies doing business in Maine are now required to offer a new AIDS counseling test to consumers. The test, which is called the "AIDS Counseling and Testing" test, is available to consumers through their insurance providers.

The test is designed to help consumers understand the risks and benefits of counseling and testing for AIDS. It is important to note that the test does not provide a diagnosis of AIDS.

The test is administered by a certified counselor who will discuss the test results with the consumer. The counselor will provide information about counseling and testing options and help the consumer make an informed decision.

The test is available at no cost to consumers. The cost of counseling and testing is covered by the insurance provider. Consumers are encouraged to talk with their insurance provider about the availability of the test in their area.

Water District hopes to avoid court

Joseph Taylor, director of the Portland Water District, is changing plans to bring the Portland Water District into compliance with the Consent Decree issued by the U.S. Environmental Protection Agency.

"The Portland Water District has been working to bring the district into compliance with the Consent Decree," Taylor said. "But we have had some setbacks, and we are still working to complete the required work." The Consent Decree was issued in 1991 to address water quality issues in the district.

The Portland Water District is responsible for providing drinking water to approximately 300,000 people in the Portland area. The district has been working to bring the district into compliance with the Consent Decree for several years.

The Portland Water District is working with the U.S. Environmental Protection Agency and the State of Maine to bring the district into compliance with the Consent Decree. The district has made significant progress in bringing the district into compliance with the Consent Decree, but there is still work to be done.

The Portland Water District is committed to providing safe and reliable drinking water to its customers. The district is working hard to bring the district into compliance with the Consent Decree and to provide safe and reliable drinking water to its customers.

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A Conversation with
"The Egg Man"

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- MAMBO
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**CONSUMER BOYCOTTS**

For the image-conscious corporation of the 1980s, disappointment between appearance and policy can spell public relations deaths. That's why boycotts look for the soft underbelly of a corporate target, the economic pressures that can force a potentially malleable company to compromise. In the end, boycotts believe consumers' concerns should be translated into action as much as corporate profits, that pressure can be a major tool for the demise of a company's balance sheet.

A successful boycott identifies specific companies and formulates clear and often emotional demands. Then the boycott mobilizes public support, and consumers buy products that agree with their beliefs, providing the companies with opposing balance sheets.

The handful of boycotts mentioned below often leverage as to what works and what doesn't—regardless of whether or not you agree with their objectives. And although these strikes are nationwide, many of the same tactics can be applied at the local level. For example, any company producing a food item in which you don't believe can be targeted; construction of certain condiments prevents their use in foods that you would like to avoid.

**Tuna**

Buyout to save dolphins. Some 115,000 dolphin deaths were reported in the Inter-American Tropical Tuna Commission's 1987 data. Although the number of dolphins killed every year varies, tuna fishing has been under constant attack. In 1988, the International Whaling Commission outlawed all trade in whale products. In the United States, the Long John Silver's restaurant chain, among others, have organized boycotts against companies that use dolphins. As a result, both Arby's and Wendy's have discontinued use of fetal fish of which they sell millions worth is bought each year in the United States. The reason? Through a loop of the word after a satisfaction survey conducted in July 1987, a year after the boycott began. GE responds that the company supports the U.S. government's efforts for disarmament, not INFACT's advocacy of nuclear disarmament. GE has decided to participate in the nation's defense activities because of the need to do anything to keep our government.

**Quitting time**

The important final step in every boycott is spreading the word after a suitable campaign has built up. The Environmental Action Magazine, for example, uses its bulletin board to encourage people to cut down on their consumption of GE-based products.

**General Electric**

Non-G.E. electric products for nuclear generators. General Electric doesn't just manufacture GE light bulbs, electrical gadgets and small household appliances. It makes some parts for nuclear reactor systems, too. It's part of the corporation, activism lobotomized by secrecy systems and massive factories parts for nuclear reactions.

A boycott of GE has been led by INFACT, the U.S. organization of the original Naïf boycott, to force the company to halt its nuclear-related contracts. A boycott demands that the company stop building nuclear power plants and redirecting resources to people who need food, jobs, shelter and peace. So far, INFACT has registered over 260,000 people who have pledged to boycott GE products and has generated more than 50,000 letters and postcards. INFACT activists have written letters to the editor, sent faxes to shareholders, organized rallies, and met with senators and representatives. A boycott is a tool that helps bring pressure to bear on corporations to stop building nuclear power plants.

**Albion**

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Cats do it.
Dogs do it.
Birds do it.
Fish do it.
Even reptiles do it.

But what, exactly, is it?
And why do we all...

A window to the brain

"Almost anything associated with yawning," says yawning researcher Robert Provine, "can trigger a yawn, including exposure to the posthumous breath of a recently deceased person, even in a TV show."

Provine's Baltimore County cougars in Cannibal Corpse, Maryland, conducted research on yawning's origins, concluding that it may be an evolutionary defense mechanism against coming attractions.

"There is evidence that yawning is a survival instinct, an escape mechanism to escape an approaching threat," says Provine.

But a person's inability to contain their yawn is also an expression of the inner workings of their brain.

"If you can't stretch your jaw along with the air intake through the mouth, it's just not going to happen," says Provine.

Evil spirits invade

But if the yawn spread him, Provine has turned a lot of heads in the world of social science.

He demonstrated that people yawn more often to the sight of a bear than a fire hydrant, leading him to conclude that "people not only yawn when they're tired, they yawn when they're bored."

In one study, he dispatched 75 students with little notebooks to record their yawns and sleep schedules for a week. The results: the average yawn lasted 5.9 seconds, and yawning was most often in the hour before bedtime and the hour after you wake up.

Provine warns that deciphering the message telegraphed by yawning is, indeed, contagious. Read about yawning, and you yawn. Think about yawning and, before long, well, go ahead and let it out. Yawn and the whole world yawns with you.

Keep reading and sooner or later you'll be yawning. It's not because the text is dry (perish the thought), the pictures are dull (they never are), or the subject is boring (on the contrary), Robert Provine is a pioneering yawn researcher, and after a decade of scientific study, he's confirmed that yawning is, indeed, contagious. Read about yawning, and you think about yawning and, before long, well, go ahead and let it out. Yawn and the whole world yawns with you.

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MICHAEL J. WILKINSON, a freelance writer based in Washington, D.C., is a beneficiary when many years go by.
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Prime Rib, Chicken Gavonnli or our infamous Br-r Br-r Platter
Entrees come with Antipasti for two. Pasta or Penne, Ice Cream or Italian Pastries and soft drinks receive a complimentary glass of our house wine.
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Wing nut as Mrs. Alving, played by Megan Cole, was about
to fall asleep on her name before the performance.

"Ghosts" of unspoken mores

Portland Stage Company’s current production of Henrik Ibsen’s "Ghosts" is unexpectedly captivating.

According to Lisa DiFranza, associate director of the production, the company chose to produce "Ghosts" because it is a great classic with issues that remain relevant today. "Ibsen was a man who had an eye for the future, he was way ahead of his time."

Ibsen's 1882 play is a timeless piece to the summer theater scene, and "Ghosts" is no exception. The play takes place in a drawing room in an upper-middle-class family, the Alvings. The story centers around the character of Mrs. Alving, played with great subtlety by Jennifer McDonald.

Mrs. Alving's character is laden with the weight of her past, the pain of her present, and the fear of her future. McDonald's portrayal is both vulnerable and strong, capturing the essence of a woman haunted by the secrets of her past.

The play's production is set in a drawing room that is both elegant and somewhat eerie, with a sense of mystery and foreboding. The set design and lighting are particularly noteworthy, with soft, muted colors and a soft glow that enhances the mood of the play.

The audience is privy to the audience's reaction to the play, with members of the cast speaking directly to the audience. This adds a layer of depth and realism to the production, as if the audience is part of the play itself.

The play's themes of family, love, and secrets are universal, and McDonald's performance is both heart-breaking and inspiring. The audience is left with a sense of closure, knowing that the play has been well-told and well-acted.

"Ghosts" is a must-see production for anyone who appreciates a classic play with a modern twist. It is a testament to the power of theatre, and to the timeless nature of human struggles.
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Raoel's Roadside Attraction
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Entertainment来源于 773-346

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**LUMBERJACK**

The Accidental Towns is the story of a young woman who, while walking in the woods near her mother's house, encounters a group of lumberjacks. The woman, played by Meg Ryan, is initially terrified by the lumberjacks, but eventually finds herself drawn to their rugged, natural lifestyles. As she spends more time with the lumberjacks, she begins to question her own society and its values. The film is a poignant exploration of the relationship between nature and human society.

**THE MAKER**

The Maker is a science fiction film about a group of scientists who discover a new form of life in outer space. The scientists, played by Mark Hamill and Kevin Kline, must decide whether to bring the alien life back to Earth for study or to leave it alone and let it evolve on its own. The film is a thought-provoking exploration of the relationship between science and ethics.

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**MUSIC**

**rockabilly**

The Reel Big Fish Feat. special guest, The Wiggles, 12 pm at Glass House. 3:00 pm at Gena's, 1 pm at the Tree Cafe, 4:30 pm at the Tree Cafe, 7:00 pm at the Tree Cafe. More information can be found at 773-1212.

**Folk**

Scott Joplin Feat. 11:30 pm at the Tree Cafe, 1:00 pm at the Tree Cafe, 4:00 pm at the Tree Cafe, 7:00 pm at the Tree Cafe. More information can be found at 773-1212.

**Rock**

The Rolling Stones Feat. special guest, The Wiggles, 12 pm at Glass House. 3:00 pm at Gena's, 1 pm at the Tree Cafe, 4:30 pm at the Tree Cafe, 7:00 pm at the Tree Cafe. More information can be found at 773-1212.

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**PARTY NIGHT**

- All Drinks 1/2 price
- Free Buffet from 10:30 pm.

**FRIDAYS & SATURDAYS**

T.G.I.F.

"Thank God It's the Weekend!"

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Cousy on the Celtics

By virtue of his legendary ball-handling, stamina, and floor leadership, Bob Cousy earned the forename title of "Mr. Basketball" from the multitude of fans who rated him in the top spot of basketball during his 14 years with the Boston Celtics. Cousy will be appearing at Books-A-Million in Portland on Saturday afternoon.

Cousy is perhaps the greatest ball-handler of all time. In a recent interview, Cousy stated, "I've always been able to create opportunities for myself and my teammates. I've never had to ask for the ball."

Cousy was a master of the dribble, and his ability to get in and out of the paint with pinpoint accuracy made him a nightmare for defenders. His scoring average was always in the top 10 of the NBA, and his true shooting percentage was consistently above 50%.

Cousy was a graduate of Boston College and an Olympic gold medalist in 1952. He was inducted into the Basketball Hall of Fame in 1978.

Mr. Basketball
In the hot summer of 1864, General Grant saw a teenage girl in the Department. "Tell me how to use this onion," he said. "I only know to make it cry." She gave him a big, red onion and said, "Use it like this."

Onions have been used since ancient times to flavor food. They were a common ingredient in ancient Egyptian cuisine. The ancient Egyptians believed that onions had health benefits, and they were used in various medicinal preparations. Over time, onions have become a staple of many cuisines around the world. Today, they are used in a variety of dishes, from simple soups and stews to complex, multi-course meals. Onions are also used in many different forms, including raw, caramelized, and roasted. They can be used as a condiment, a salad ingredient, or a cooking ingredient. Onions are a versatile and nutritious vegetable that can be enjoyed in many different ways.
The Search For The Treasure of Casco Bay

Clue #3
In Tommy's building, long and high,
there is a timepiece in the sky.
Above the town and port of old,
over a street named for things sold,
find a place with Casco's name
for your next clue in this treasure game.

The Contest
It's easy to play. There are two parts:

1. The Weekly Riddle: Each week's riddle will appear on the Treasure Hunt page in Casco Bay Weekly. Each week's clue will be read on the air on WBLM (107.5 FM) and on Portland's newest TV station, NTV (Channel 24). Each week's correct answer will be read on the air and you will receive a map piece for the treasure map.

2. The Treasure Map: Once you solve that week's riddle, go to that sponsoring location and ask for that week's piece of the treasure map. At the end of the 10-week contest, you will have a 9-piece treasure map and a map legend. Once it's pieced together correctly, you will be able to find the location of the treasure: a location in Casco Bay.

The Prizes
The grand prize is a Carnival Cruise for two to the Bahamas from Hewins Travel, where vacations are HOT! Other prizes include:
- An ensemble of blue and white-striped luggage from Portmanteau
- A Papasan chair from Pier 1 Imports
- A Sonesta Hotel Theatre Package (two tickets to a show at the Performing Arts Center, a double occupancy deluxe room and breakfast, taxes and gratuities included)
- A $175 gift certificate from Abacus Handcrafters Gallery
- A $175 gift certificate from Squire Morgan's
- A $100 gift certificate from Dos Locos
- A $100 gift certificate towards custom-made draperies at The Custom Shop
- A Wristrock watch from Conceits
- A $50 gift certificate from HuShang on Exchange Street
- A $75 gift certificate from Dos Locos
- A $25 gift certificate from Squire Morgan's
- A $100 gift certificate towards custom-made draperies at The Custom Shop
- A Wristrock watch from Conceits

Employees and family members of Casco Bay Weekly, WBLM, NTV/Channel 24 and Hewins Travel are not eligible to win.

Send your contest answer to Treasure Hunt, Casco Bay Weekly, 187 Clark St., Portland, ME 04102. It must be received by noon April 12. A drawing will be held at the conclusion of the contest, and the first correct entry drawn will win the entire treasure, including a Carnival Cruise for two to the Bahamas. The Custom Shop, HuShang on Exchange Street, Abacus Handcrafters Gallery, Squire Morgan's, Dos Locos and Conceits.

Sponsored by Videoport, Options, The Top of the East, Casco Variety, Portmanteau, Pier 1 Imports, The Custom Shop, Hewins Travel, Portland's newest TV station, NTV/Channel 24, and Portland's newest FM station, WBLM 107.5.