HOME CARE on the run

The new system of providing elderly patients with home nursing services was supposed to save money. Instead, it's hurting the people who need help most.
Jazz Breakfasts
Sundays, 10:30 a.m. to noon
During February & March
- Music is free with Museum admission!
- A la carte breakfast may be purchased from the Cafe!
Join us for cool jazz and hot coffee • start your week off on the right note!
2/14: Claudia Finkelstein (vocal) Charlie Rizzi (guitar)
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3/7: Portland High School
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3/21: Larry Williams Trio
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PORTLAND MUSEUM OF ART
Seven Congress Square • Portland, ME 04101 • (207) 775-6148

CONCERTS PRESENTS
CUMBERLAND COUNTY CIVIC CENTER
THURS. FEB. 25th • 7:00PM

Natalie Merchant

Tickets still available!!
Get your tickets at Cumberland County Civic Center Box Office, all Ticketmaster locations, or call 207/775-3458 or 207/775-3811.

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Crowd repellent

It's tough to be a traditional conservative these days. Once, the steadfast right-winger was able to do in peace traditional American values, like minimal government, lower taxes, and individualism. But we've seen a shift in the past 30 years, with the rise of the so-called "conservatives"—people who think it's okay to change the Constitution and destroy our way of life in the name of "conservatism." Suddenly, traditional conservatives were found to be on the wrong side of every issue, from education to gay rights and even budgeting through the service cuts caused by the Chinese invasion of our economy.

In Maine, traditional public officials seem to have developed a new method of traditional conservatism: "It's 80 degrees and we're still wearing our winter coats." Instead of focusing on the issues that truly matter, they focus on trivialities and distractions. For example, instead of addressing the soaring cost of healthcare, they debate the number of times a day that a particular politician should eat a cheeseburger. Similarly, instead of addressing the growing debt, they spend their time arguing about the color of the toilet seat in the statehouse.

Indeed, today's traditional conservatives are more concerned with image than substance. They are more worried about what the other party is saying than they are about what the government is doing. This is why they are often referred to as "image conservatives." They believe that if they can make the right image, they can make the right policy. But this is a fallacy. As the saying goes, "When you have a hammer, everything looks like a nail."

Unfortunately for them, the public can see through this. They know that if one policy doesn't work, it's just a matter of time before they find another policy that doesn't work. This is why traditional conservatives are often seen as "the ones who always try to make it look good, even when it's not."
ASSAULT AND FLATTERY

I recently received a phone call from a friend who made up his mind and placed an order for Valentine's Day. "I want to surprise her," he said. "I want to show her how much I care." I started to question him about the gift he chose, but then I realized that it was a box of chocolates. "Is that the best you can do?" I asked. "Don't you want to give her something more?"

"No," he replied. "Chocolates are the perfect gift. They are sweet and delicious and she will love them. What more could she want?"

I was impressed by his simplicity and I decided to follow his example. I went to the supermarket and I bought a box of chocolates. I gave them to my girlfriend and she was overjoyed. "Thank you," she said. "These are the best chocolates I have ever had."

I was proud of myself for my decision. I had shown my girlfriend how much I cared and I had given her something that she loved. I realized that sometimes the simplest things are the best things. I had learned a valuable lesson from my friend and I was grateful for his example.
Blunt talk from Bob

Portland City Manager Bob Ganley says his biggest challenge is fending off attacks by opponents of development and supporters of increased municipal spending.

When people want to know how I'm doing, I can give them a good report. If they want to know about a small project that comes up, I can give them a good answer. But when they want to know about a large project, I can give them an answer. But when they want to know about a big project, I can give them an answer. But when they want to know about a really big project, I can give them an answer.

Ganley: Government taxes people, and people are generally a year or so behind reality. Whatever economic principles are in the air, people are generally a year or so behind reality. Whatever economic principles are in the air, people are generally a year or so behind reality. Whatever economic principles are in the air, people are generally a year or so behind reality.

Ganley: We've seen a lot of pressure to cut taxes. I've seen pressure to increase spending. I've seen pressure to increase spending. I've seen pressure to increase spending. I've seen pressure to increase spending.

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HOME CARE

ON the run

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The thing that would make me jump for joy would be to have a computerized system that would do the paperwork for me. I wouldn't hesitate to get it if it was within my budget.

I would love to have a computerized system that would do the paperwork for me. I wouldn't hesitate to get it if it was within my budget.
City of Portland Economic Development Center

RESOURCE HUB
“Business Help Center”

441 Congress Street, Portland

Open Saturdays 9:00am to 12:00pm

Monday - Thursday 9:00am-4:00pm

Friday, 9:00am-1:00pm

Providing free & confidential assistance to support & promote entrepreneurs & existing Portland businesses.

Call (207) 756-8180

The Cross Ideal Cut

traditional style, to be worn on her left hand as an

for her, the ultimate symbol is often the diamond.

441 Congress Street, Portland

Call (207) 756-8180

Every Friday Get 1 Free Rental from the Kids Section, no other rental necessary.

The need to cut expenses has led to new

and to help

Many elderly patients who were once

if they're lucky, they'll have a home-care nurse like Kim McCarty. "You want to focus on the psycho-social aspects of patients, but there are times when the medical issues are just as important. Other times, it's the spiritual things," she said.

twice a week.

Other things have also been

in Harpswell.

professionalism in the possibility that they're spending too

too much time in one patient's home. On the other hand, more of

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The need to cut expenses has led to new"
Farewell, Ann Sachs

Ann Sachs, 1948-1999

Maine) included practical workshops on student and the effect lasts for days. ALANA conference. By Friday evening, I was sure I was in London's Covent Garden. No narcotics were involved, really enjoyed myself. I thought I was in Portland's scientific reports and prejudice with the courage to step to the microphone. "You when she lobbied legislators to permit Portland's made regular trips to the local methadone clinic. expensive new AIDS drugs, she spoke as a woman of those rare souls who held equal credibility with the margins of society. In the years just prior to her treatment for addicts, she spoke as a person who still make it to the millennium," she told IV League. Instead of glossing over her illness and the way she that included people ranging from street-corner run-ins and anti-Prohibitionist to my own personal experience with AIDs, she could have quite easily taken a place at the front of society. In the past just prior to her death, she looked like what was - a recovering junkie waking away from a regimented disease and instead of glowing over her illness and the way she said, "I'm not sure where I was the weekend of Feb. 5, but I got addicted with HIV. Sachs said what held time she had left to fight for funding and programs that would benefit the very people they could most help out in the cold. She took on the role of a researcher with AIDS drugs, she spoke as a woman who could have stood with the Congress St. • Portland, ME

So noted

More Harmon than good

While visiting my family for the holidays, I was amazed and appalled to read about the 1998 Congress St. • Portland, ME

Essay

ALANA - good but not perfect

I LOUSE ROBINSON

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The Sears Stevens Avenue traffic calming project has been controversial - an example of a change in some of the most sensitive areas of the city. The project, already in

No safe speed

A recent reader wrote to GW ("More than a pedestrian concern." 2.9.99) advocating solutions for traffic calming problems on Washington Avenue that includes the crossing of state and federal law. Most of Portland's traffic calming devices, including moving sidewalk, bus stop, and pedestrian crossing on Washington Avenue, are not considered as crossing of state and federal law. The project was designed to reduce speeds on Washington Avenue from 35 to 20 miles per hour, to improve safety. There are also a number of sensory areas of the city. The project, already in

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**Edging**

They're here, they're queer and they're putting on a play

Flaming Productions hopes to set fire to the local theater scene

---

**Arts, Entertainment, Weirdness**

---

**Skeptical Sorcerers**

Magic, miracles and Mojof the Psychotic Gorilla

Common sorcerers can be found in the same places as other species. The two in this scenario are a couple of 1999’s most popular and a couple of the most popular sorcerers in the country. The two are both men, and they’re both queer. The one on the left is a man, and the other is a woman. The man is wearing a black suit, and the woman is wearing a black dress. The man has a hat on, and the woman has a hat on. The man is holding a wand, and the woman is holding a wand. The man is saying, “I am a sorcerer,” and the woman is saying, “I am a sorceress.”

---

**Jeffrey Has Arrived in Portland**

Hills the streets Thursday, March 11. Place your ad now! Beat the rush ... call today to talk to an ad rep. It’s always representative.

Display (front of newspaper)  775-6645
Closed (back)  770-5334

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**Maine Amethyst**

Discovered in 1995

This beautiful, rich gemstone is just the right gift for Valentine’s Day.

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**wanna dance?**

**with gifts of love on St. Valentine’s Day from**

**AMARYLLIS**

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**J Dostie**

154 Middle St. Portland  772-3477

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**Prestidigitators Penn (left) and Teller perform Friday, Feb. 12 at Merrill Auditorium, 20 Myrtle St, Portland, at 8 p.m. Price: $50; $30. Call 772-8230.

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**CASCO BAY WEEKLY**

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**CHRIS BUSBY**
CLUBS

Prime Cut

FRIDAY, MARCH 19

Louden Swain (ceramic sculpture)

DON'T STOP THE MUSIC

from 7 to 11:30 p.m.

Bull Moose Music

Brewer, Maine 04427

Phone: 207-779-8300

Dance music from the 70's, 80's

and 90's.

George Carlin

Live!

Merrill Auditorium

Saturday, March 20

8:00 p.m.

Call Pete Till 842-0800

Don't Stop the Music!
CASCO BAY WEEKLY

nocturnal EMISSIONS

ZOÉ S. MILLER

Heartbreak hotel

It’s 11 p.m. on Friday night and I’m walking alone down High Street when I hear the honk of a car horn, a familiar vehicle and shock my heart. I am in character for tonight’s outing, dressed in a skirt that subarctic temperatures have rendered ridiculous, and I wonder if it is not too late to return to anyone I know.

Though Portland makes that hard, I am subscribing to the belief that one can find anonymity for the pretenses of illicit affairs at the local hotel bar. By the moment I’m making my way to the Holiday Inn By the Bay’s Club 88. One of the most well-known establishments on the Portland skyline, with its rough white exterior and glowing green logo, the Spring Street hotel is the quintessential late-20th-century manifestation of the need for impersonal rooms by the night.

As I pass through the sliding doors and into the lobby, I’m struck by the urge to allow you to feel dignified in your pursuit of matrimonial mayhem.

Our eyes meeting in the mirror. The mood’s all wrong. The decor is chain-hotel-nondescript, the carpet a pattern of monstrosities on the Portland skyline, with its rough white exterior and glowing green logo.

Ultimately, the TV broadcasting the horror film “Arachnophobia” is what ruins it for me. Club 88 feels mostly like a place to come when your family vacation ruins it for me. Club 88 feels mostly like a place to come when your family vacation.
BLACK HISTORY MONTH
Black History Month continues on Thurs., Feb. 11 with a panel discussion on the human rights photography of Gordon Parks in "The Shadow of Injustice." Participants include Portland NAACP president Sharon Harper and Steve Linnell, Portland NAACP executive committee member. Admittance is free. At the Deering Library, 725 Forest Ave., Portland, at 7 p.m. Free. 775-7622.

THURSDAY, FEB. 11
"ENCHANTER"
-looking to meet an Animator with an artistic Agenda? Join us as we celebrate the opening of "Encher" an exhibit of fine work by Portland-based artists. Meet the artists and see their work at Main Street Art Supply, 92 Cottage St., Portland, at 7 p.m. Free. 774-7365.

ENJOY MUSICAL COMEDY
Looking for some exciting February Vacation activities? All week long, Portland Recreation Department will present a Hands-on Musical Comedy Workshop. Participants will learn about the basics of musical comedy, then create their own musical comedy workshop. Participants will then present their work to a live audience. The workshop will be held at the Portland Armory, 300 Forest Ave., Portland, from 11 a.m.-1 p.m. Free. 774-9500.

FEBRUARY 13
Films for Fri Feb. 11 Till Thur Feb. 17
Pine St. • Portland •
THE WATERBOY
Disney's
for additional features and showtimes
EARLY
ENEMY OF THE STATE
A presentation of Matthew Sleeth's sensual fine art
 martha sullivan
February 22
B.h.

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The Cambodian doughnut shop

For the first time, my significant other and I ventured into the Portland Donut Shop at 471 Congress St. on Longfellow Square. We were surprised not only to find it a Cambodian proprietor but also to discover that the doughnuts were not merely good—they are spectacular. The shop, with its pleasant layout, offers red and pink accents, has a relaxed atmosphere. Thanks to a large front window, it's a great place for people-watching. Once a proper restaurant in the '80s that burned a week after opening, the building had burned down and been rebuilt as a non-defunct H&R Block tax office. Tong SaVaun, the new owner and baker of the doughnuts, said when he moved into the long-vacant property this winter, "things were dangrous" from the ceiling, which needed to be replaced along with the floor.

SaVaun's. It turns out, is no stranger to adversity or hard work. A quiet, friendly man in his mid-life who operates round glasses and a waxed cap, he grew up under the infamous Pol Pot regime and wound up in a Thai refugee camp at 15 years old. Eventually he made his way to Chicago. Cold, he learned the doughnut trade from his older brother. After visiting a cousin in Maine, he decided to move to the East Coast. In 1991 he returned to Thailand, located what was left of his family in a refugee camp, where they had been living for 12 years and brought many of them back to Maine.

SaVaun offers a wide variety of doughnuts, including glazed, chocolate, jelly, cake, devil's food, apple-sauce and jelly-filled. Customers, apple turnovers, cinnamon rolls, with dark bars, muffins and sandwiches are also available. SaVaun is especially proud of his "California-style" doughnuts, which he makes by hand-cutting the dough, rather than relying on a machine, which can toughen the pastry. He says he loves some of these doughnuts, and since his wife is a closed display case to keep them from drying out. His craftsmanship is reflected in the shop's walls. As one called "Breakfast Bar" is light and fluffy, with a rich buttery taste and a delicate, glazed crust. "Doughnut making is very creative," he says. "I can change the recipe.

The shop is flooded with light on sunny days, with booths lining the sides of two walls. It could be a real taste of Cambodian and American influence during our last visit, when I enjoyed an excellent Asian dish and a meal TV dinner was turned to PBS. An onion, hard-candy poppy seed banana was a long-forgotten that has irresistible taste and eye, which at first glance appears Asian, turns out to be hand-made of local ingredients and makers: Lee Williams, whose father was a confectioner and a meat omelet. I still have my macaroni and cheese, which is a total winner.

SaVaun admits parking is a problem on Longfellow Square, but stresses that he provides "good service," and people can duck in and out. Most of his customers stop in while walking by, so SaVaun is happy to newly renovated Center for Cultural Exchange across the street. "I am optimistic that our store is turning around," he says.

What attracted SaVaun to Portland in the first place, and more specifically to open a business in Longfellow Square, is the lack of bakeries in the area. "There is Dunkin Donuts.

FEBRUARY 19, 1999

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- **Sushi Bar**
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- **Barbara's Kitchen**
  - Try us at the cafe...
  - *Roses Pork with Apple, Ginger & Demi-glace
  - Lemon Pepper Linguini with Fresh Mushrooms, Kalamata Olives, Capers & Feta in a Garlic Wine Sauce over a Bed of Fresh Spinach*

- **Sebagro Brewing Company**
  - Valentine's Dinner
  - February 14th
  - Dinner from 5-10

- **The Audubon Room**
  - Three-Course Candlelight Dinner For Valentine's Day

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Photographs from Mardi Gillis, 1968 by Phil Sties.  
Sat 7 am - 2 pm, Sun 8 am - 2 pm. 774-4935.

tings by Ellen Brown, watercolors by Kathenne Gray, through Sat. March 13. Hours: Tues - Fri 10 am - 4 pm.


Portland photographer Sean Alonzo Harris, "VanDerZee on My Mind," photographs by Charles VanDerZee. Photographs, shows through Sun, Feb 28. "Area Artists Show" at Tacco's, Orono, Maine. Hours: Thurs - Sun 10 am - 5 pm.

"Mainers in Love: paintings, prints, dress, pottery and other artwork," shows through Sat. March 3. Hours: Tues - Sun 10 am - 5 pm.

"The Great Wide Open," figurative/landscapes by Sandy Olson, mixed media. Hours: Wed - Sat 12 - 4 pm.


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Casco Bay Weekly

"Ceramics and Textiles from Ancient Peru" show through March 21.

"Friends and Passions." Adjoining gallery space. Hours: Tues - Sat noon - 5 pm.


"VanDerZee on My Mind," photographs by Charles VanDerZee. Photographs, shows through Sun, March 21.

Coffee By Design Monument Sq, Portland. 7 am - 6 pm, Sat 8 am - 6 pm. 879-2233.

Portland Coffee Roasting Company 111 Harding show through Thurs, April 15. Hours: 6:30 pm - 10 pm. 780-5009.


"Ceramics and Textiles from Ancient Peru" show through March 21.


"VanDerZee on My Mind," photographs by Charles VanDerZee. Photographs, shows through Sun, March 21.

Laconia Mobile Arts offers classes at Stone Soup Artisans 102 Main St. Lewiston. Clay Classes. For more info, call 775-2653.

KopiKat offers classes in interior decorating. 771-5371.

"Point Ledge Lighthouse," a permanent exhibition of photographs, shows through Fri. March 19.


A small, but lovely selection. While the last!

LISTINGS

Performing Arts

Listings free service to our readers. To have a Thursday prior to publication. Email: listings@maine.rr.com.

Actors Flaming Productions seeks a male character actor Odyssey: 'Romeo and Juliet' - casting must by 856-2741.

Feature film. Acting experience not required. 874-0285.

Actors and Actresses wanted for independent video production auditions/submissions.

Tapestry Datebooks

Free of charge to Maine's theater, dance, music, puppetry professionals. Call Susan at 774-2184.

Samuel France, owner of the Mad Hatter's Tattoo Shop, said he expects 60 tattoo artists from the Philadelphia Fringe Festival to participate in his annual event.

The Mad Hatter's 12th Annual Tea Party starts on Friday, Feb 12 at the Italian Heritage Center, 40 Westland Ave, Portland, from 7:15-9 am. Tickets: $14.

The Mad Hatter's 12th Annual Tea Party continues every other Mon until Mon, March 22. Fee: 761-4300.

Mittenfest Downtown Sat, Feb 13. Winter festival for all ages including snowshoeing, cross country skiing, snowboarding, skating, opening zoo, exhibits and other activities.

Penny's Learning Center, 368 Fore St, Portland, from 7:15-9 am. Tickets: $14.

Singing Katherine R. Maguire, M.D., addressing the benefits of humor in the workplace. At Mariners Church Banquet Center, 368 Fore St, Portland, from 7:15-9 am. Tickets: $14.

Central Maine Power's vice territory features some of the most spectacular beauty nature has to offer, including an array of diverse natural resources. CMP understands that every customer would like to be personally consulted before any tree trimming or tree work along roads that border their property. We request that, if you live in one of the following areas and would like to be contacted, please write to CMP, Lime Cement Department, Sidney, Maine 04330. Include your name, street address and your CMP account number. You will be placed on a personal contact list and will be contacted whenever we are considering action on your property (except in emergency conditions).

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Peace Vigils The Peace and Justice Center of Southern
Museum and Victoria Mansion . Sessions held Tues begin·
' Storytelling Swap' Storyteller Deborah Freedman hosts a
gram for volunteer docents coordinated by The Center for
Big Brothers
English, and will slay for 5-10 months . 800-322-4678.

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An Evening with Art
Meet the Artist: Lesley Dill
Thursday 6:30 p.m.
February 11
Portland Museum of Art Auditorium
Free with Museum admission
Artist Lesley Dill has gained national recognition with her intriguing combinations of poetry and images. A graduate of Woodstock School of Art, Dill will speak about her artwork and her use of the spoken word in these haunting and beautiful sculptures and photographs. We hope you will join us in welcoming Lesley Dill back to Portland—come learn more about this emerging artist's work.

The exhibition Lesley Dill is on view through February 21, 1999.

The Museum will be open from 10 a.m. to 5 p.m. for all art exhibitions, please contact the Education Department at 775-6148 for a list of programs on offer or available by joining the Museum's Citizens' Art Programs.

Join us for the Reception Saturday, February 21, 1999, 6:00 p.m.

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