Recycling this paper is a good idea. In addition to easing the garbage crisis, it will reduce the number of trees we cut and the amount of air and water pollution we produce.

But not one of the three largest cities in Greater Portland has a place for you to take this paper, and commercial recyclers have more old newspaper than they can get rid of.

Faced with a growing mountain of solid waste, state legislators are considering holding a gun to the head of local municipalities—and mandating recycling.

One way or the other, it's time to recycle.
Hey! Lighten Up! With a Bunch of Balloons! Mylar Balloons $1.95 LO Latex Balloons 75¢

IN BRIEF:

Towing rules review
Amendment policy for Portland towing rules was reviewed in the Portland Public Safety Committee Feb. 9 and will get a public hearing at the Feb. 23 meeting of the committee before going to the city council for approval. The regulations will address the towing of unwelcome cars from private lots. Maximum fees for $40 for a day and $150 for a day and night of storage, with storage fees to be clearly displayed at holding yards. The height for towing should apply to snow tires.

COG attacks oil-tanks
The Coastal Portland Council of Governments (COG) hopes to offer a group rate to Cumberland County school districts and municipalities for removal of oil underground service tanks. "We hope to generate a system of scale in purchasing tanks and services," said COG administrative director Rose H. Himes. COG does not purchase in other areas, but is now to environmental issues.

Domestic violence arrests up 79 percent
Domestic violence arrests are up 79 percent in the Cumberland County Jail. "This is a staggering increase," said Cumberland County District Attorney John Aranson. "We have the power to refuse Gen- don until the report has been formally presented and adopted."

PRESERVATION AS PUBLIC POLICY:

CLOSE SHAVE IN K'PORT
President George Herbert Walker Bush walked into the Kennebunkport town square for a couple of hours on Saturday, Feb. 11, and about 100 people showed up to greet him. The Kennebunkport "Sausage" Summit "Stadium" was filled to capacity as President Bush visited the Kennebunkport Presidential Center.

NEWS OF THE WOULD

A Pennsylvania judge finely warded what he did to notice once a fundraising event, melee in the courtroom of regular judge Allan L. Field and hanged it in a federal order. Field's good was junked after the sex and was actually a flask of bourbon; the judge was sentenced to 60 days in prison and given the rest of the day.

NO. 25
Preservation and the Unlady City
John R. Rice
The Ohio State University Press
479 pages, $16.95

NO. 26
Preservation Collaboration: An Age of Recoeal
Douglas M. Miller, President, American Institute of Conservation
200 pages, $17.00

NO. 27
Increasing Neighborhood Visibility Through Preservation: The Construction Agenda
Thomas B. Donham
176 pages, $22.50

NO. 28
A Look at Portland: Renovation - What's the Difference?
Gordon Jones, Architectural Historian
120 pages, $10.00

Domestic violence arrests up 79 percent in the Cumberland County Jail. "This is a staggering increase," said Cumberland County District Attorney John Aranson. "We have the power to refuse Gen- don until the report has been formally presented and adopted."

For Maine newspapers who took issue with the Portland Press Herald, the editorial was "Where's the new, independent-minded newspaper?"

Regency bankruptcy
Portland Maine newspapers who took issue with the Portland Press Herald, the editorial was "Where's the new, independent-minded newspaper?"

The day before Valentine's Day, the Portland District Attorney's Office and the Cumberland County police charged Aranson with a bond issue, with a bond issue, with a bond issue, with a bond issue.

John Aranson was found guilty of rape and sexual assault in March 1985. But construction won't begin until this summer at the earliest.

County court system feels squeeze
The Maine Legislature, responsible for the Cumberland County District Attorney's office, is considering whether to fund the Cumberland County District Attorney's office, is considering whether to fund the Cumberland County District Attorney's office, is considering whether to fund the Cumberland County District Attorney's office, is considering whether to fund the Cumberland County District Attorney's office, is considering whether to fund the Cumberland County District Attorney's office. Thewipe sheet...
AIR TO BE DIFFERENT.

WALK, RUN, DRIBBLE, JUMP...
NO MATTER WHAT DIFFERENT
SPORT YOU'RE INTO,
JUST DO IT! THE NIKE
STORE CAN HELP BRING
OUT THE ATHLETE IN YOU!

Cheese Mini Pizza
Small Garden Salad
and a 12 oz. Tap Soda
for Only $2.50

SAM'S
7 Main St, Freeport • 865-4700
Across from Marden's State Park & August

February In
Freeport

TALK

A CONVERSATION WITH
Pierre Koutsivitis

Pierre Koutsivitis is the
founder and former owner
of Pierre's School of Beauty
Culture on Congress Street.

In a previous "TALK" that
"there really is no Pierre" (CBW 11-7/88), Pierre
and his wife Dorothy got phone
calls from friends and for­
mutter students concerned that
Pierre had left the life
and gone to the big hair salons in
the sky. Pierre is bewildered
that someone, a former stu­
dent, would harass people
who bought the school from him in 1978,
would be obscure about his
identity. But Pierre "doesn't
want any trouble." He only
wants the worried phone
calls to stop and for people
to know he's alive.

Who's Pierre?

After that thing came out in
your paper saying there was no Pierre,
I've heard over 100 people call here to tell me I'm dead.
I've had a couple of people going by the name Pierre
and a couple years. When I went to M. Louis School of
Hair Design to New York City in the 1940s, M. Louis said,
"Your middle name is Pierre, why don't you go by Pierre?"
So I turned my name into Pierre for the profession. I've
had a thousand students and I'm known by Nicholas, my first
name, and nobody called me Mr. Koutsivitis — who could
pronounce it! My grandmother, the phone book, most of my
friends, and even my car's license plate says Pierre.

When did you start the school?

I started it in Brunswick around '47, and we were in
Brunswick for 20 years. But after a while we had to
get bigger and we moved to Portland, the Augusta
area, and we became one of the biggest and best school.
I did all right. I made a couple of phones.

Why'd you stop doing it?

I started it in Maine when I was 20 years old. After a
while I had to get bigger and we moved to
Pierre's School for kids. And the biggest and best school.
I did all right. I made a couple of phones.

Do you miss the school?

I miss the people. My wife
and I worked with the public
all day and night some days.

What do you do now?

I have an apartment house
and commercial lot in Portland.
I don't have anything at my
place anymore. You've just
to have something.

Andy Newman didn't expect to ask
any questions. He regrets any confusion
or embarrassment. He asked a question a few
weeks ago.

With our coupon
the regular price of all bamboo, willow and woven baskets

20% Off
Expires 2-29-90

For more details, or to place your order, call 781-4577.

Second Anniversary Sale

30-50% Off
Storewide
Luma and Odlo Skivvies

78 Main Street, Yarmouth, ME • 846-6480
Winter Hours: Mon. - Fri. 10-3:30, Sat. 10-5

Limited to first 100 people!
March & 4
MURDER MYSTERY WEEKEND
by Joe Thomas

The Thomas Inn & Playhouse
Old Route 362, St. George, Maine 04487
Includes:
• Lodging Fri. & Sat. night
• Complimentary Champagne and Inn Favorites
• Sat. - Breakfast & Dinner

$395 per/pers minus lodging
$195 per/pers without lodging
NO REFUNDS
207-655-3392

ALBERTA'S
BRUNCH CLUB

EVERY SUNDAY FROM 1:00-5:40 AT OUR
FIRST FLR. LOCATION

Join Alberta's New Brunch Club, and you will be able to
enjoy the wonderful Brunch service at a great price
of US$17.00 per person. Complimentary Monogramming is
available for US$4.95. Be sure to inquire about our special
monogrammed gifts. Black and Navy in color with a gold or
silver imprint. Be sure to call us at 781-5741 to reserve your
table.

PORTMANCEAU

Once again we offer our

Fabulous February Special!

This month's price is US$17.00 per person, with 10% off, for group parties of 12 or more, reservations essential. The prices are net. After February 29th, the price will be US$19.00 per person. Call 781-2017 to reserve your table.

At last, a Valentine's Day brunch special with a FREE MONOGRAM

at the great price of US$17.00

in these color code combinations

Black, Navy
Black, Silver
Navy, Silver
Gold, Silver
Black, Gold

Join Alberta's New Brunch Club and enjoy the wonders of Valentine's Day at a great price. Reservations are essential. Call 781-5741 to reserve your table.

ALBERTA'S

BRUNCH CLUB

ALBERTA'S has made
Uddle Napley story
... but you burn on flared pants.

Volunteers in other cities have
... a lot of time with a very dedicated and sympathetic community. I was finally able to realize
... a societal one that
... a world full of us.
... our control. We all matter from
... our own or our host's
... our control, but being a victim.
... to feel in control. The point is to make
... one's own life, not someone else's.

Monogram with a FREE MONOGRAM

February 13, 1990

Colleen

Sincerely,

Karen M. Hamilton

Sincerely,

John Whitman

February 25, 1990

Gary Santaniello

Sheny Oshima

Bob Bentncourt

Chris Dani

Brenda Marais

Gary Marais

Gary Oshima

Karen M. Hamilton

Altogether, you and I have
... a great force. I have
... as we wanted, so we decided
... you have a desire
... a truth or a lie.
... in the world of
... that property, then have
troyed to pay a mortgage on
... to see the sign
... for the safety and benefit
... to once.
... not be printed.
... publishing.
... through no one's
dilemma:
... we would have
... our cars and should be
... for one day.
... that property.
... that property.
... make that property
... to save money!
... contributing

"Wise Trading Co."

496 Congress Street, Portland 272-9052

Come in and check out our holiday specials

Diamonds • Gold • Silver
Rings • Stereos • TVs • Musical Instruments
Tools • Antiques • VCRs

A STORE TO SERVE YOU

600 Congress Street, Portland • 341 Lobster Street, Ludlow, ME 04102

"We buy anything worth buying"

Excuse us while we wipe the egg off our face.

With this issue we're planning to publish our second issue of Black Diamond, which we had already postponed once. Black Diamond's first issue sold fairly well, but, as expected, we wouldn't be surprised if this one too sells as well as we wanted, so we decided it better not to do it at all.

My apologies to all our readers and advertisers who have expressed interest in Black Diamond.
Recycling isn't easy around these parts — and it's going to get worse before it gets better. Citizens, city workers and legislators are working on plans to change all that. They say it's high time we did...

In a half-dozen paper grocery bags in the kitchen of Mary Lee Fowler's Portland home, a revolution is being born. One is labeled "clear glass." Another, "uncovered," still another, "newspaper." About a third of everything Mary Lee Fowler disposes of goes into one of these bags. She's not alone. Mary Lee is a member of the Maine League of Better Environment Citizens (MBEC) who, Thursday, November 28, readied her home in Portland for the winter recycling program. And so far so good.

Fowler had been wondering just how to separate her recyclables when she heard about the beaching program, which is now in full swing. The program has proven successful in helping consumers separate their recyclables in a timely manner. However, the problem is that the Beaching Program is only in place during the summer months.

Waste-management experts say it's because the markets for paper are at an all-time low. The city of Westbrook, under the leadership of Rocky Root, agrees with industry experts that the prices for recycling markets are at an all-time low. When it comes to just paper, they say that it's worth only a nickel, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.

The "cash for trash" myth

In the beginning, recycling was a social cause. It was something that the Sierra Club and the Audubon Club felt passionate about. Professional waste managers were salivating about the "gold in garbage," and numerous "cash for trash" plans were publicized.

After a decade of such rhetoric, the City of Westbrook learned the hard way that "cash for trash" is a myth. Only five months after Returning to Westbrook, the city workers are wondering how they'll pay for a mandatory recycling program amidst the current property-tax revolt.

According to Fenton, the "alternative" is to turn the stuff that's coming into the Wiscasset Recovery Center (MERC) into a resource. Everything else goes to the Regional Waste-to-Energy plant along the waterfront. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products. The math works like this: Right now it costs RWS $33 per ton to burn garbage and make enough electricity to develop and sell recycled products.

The choices are landfilling, incineration and recycling. A few years ago, a public-owned company, was faced with a dramatic growth in its waste streams and a dilemma that was too full. Because the company had to extend its waste streams to meet the challenge, it had to increase its production and sell more products to increase its production and sell more products.

The problem is that the markets for recyclable garbage are at an all-time low. When it comes to just paper, people expect a station wagon full of newspapers for the cost of a penny. But the myth survives.
What’s in your trash?

Household garbage is changing dramatically. Newly packed convenience products have replaced simpler foods (more biodegradable food) and yard waste. Although this trend is expected to continue, as more people recycle, what’s in the average trash can will weigh, according to the state waste office report.

Paper: 35%

At the IRS incinerator show that the BTU (cal) of Greater Portland’s burning waste is substantially above average—probably due to large parts of the glow-in-the-dark paper and other householder items. The Maine Department of Environmental Protection is currently revising legislation affecting leaf composting, which may be able to reduce this landfill uniform waste stream by as much as 30%.

Yard waste: 18%

This is expected to change as more people use new products. Although yard waste is being discarded at a lower rate, it is still a significant part of the average trash can.

Food waste: 13%

Although consumer pressure through boycotts and individual shopping habits can influence this number, the rate of discarding food waste is expected to remain relatively constant.

Durable goods: 11%

These goods are being replaced by new, more efficient products. The rate of discarding durable goods is expected to decrease as more people recycle.

Glass containers: 9%

These are being replaced by new, more efficient products. The rate of discarding glass containers is expected to decrease as more people recycle.

What’s in your trash?

Household garbage is changing dramatically. Newly packed convenience products have replaced simpler foods (more biodegradable food) and yard waste. Although this trend is expected to continue, as more people recycle, what’s in the average trash can will weigh, according to the state waste office report.

Paper: 35%

At the IRS incinerator show that the BTU (cal) of Greater Portland’s burning waste is substantially above average—probably due to large parts of the glow-in-the-dark paper and other householder items. The Maine Department of Environmental Protection is currently revising legislation affecting leaf composting, which may be able to reduce this landfill uniform waste stream by as much as 30%.

Yard waste: 18%

This is expected to change as more people use new products. Although yard waste is being discarded at a lower rate, it is still a significant part of the average trash can.

Food waste: 13%

Although consumer pressure through boycotts and individual shopping habits can influence this number, the rate of discarding food waste is expected to remain relatively constant.

Durable goods: 11%

These goods are being replaced by new, more efficient products. The rate of discarding durable goods is expected to decrease as more people recycle.

Glass containers: 9%

These are being replaced by new, more efficient products. The rate of discarding glass containers is expected to decrease as more people recycle.
Fighting fads

The "lite" scam

Assurance today, made by companies, must be在国内可以出版，但不能用于商业用途。
Dough, Re, Mi.

Our pizza specials will have you singing, too. Made with delicious fresh dough, homemade sauce and mozzarella cheese, every bite is a noteworthy experience.

Amato's

Large pizza
$1.25 Off
Small pizza
$.75 Off

Dinner Special
Homemade Lasagna with Meatballs
$3.99

Amato's February Specials

Call 773-6601
Order 2128189

MARGARITAVILLE

A Mexican & Restaurant
Watering-Hole

Look no further for the perfect Mexican food dining experience. Try our Chicken Fajitas or our Margaritas and you'll be in heaven.

FREE Parking

Tardy Orders

Open 4 p.m. - 10 p.m.
Mon. - Fri. 8:30 a.m. - 10 p.m.
Sat. 8:30 a.m. - 10:30 p.m.

17205 NE 182 St., Union Station Plaza,
Overland Park, Kansas 66214

SFO YANNICK FORD SALES

165 Waterman Drive, South Portland
799-5591

Put the heat on!

3 BIG DAYS!

Friday Feb. 17
Saturday Feb. 18
Monday Feb. 20

Free Hot Dogs, Soda & Apple Pie
All 1989 Models Are In...Lowest Prices
Highest Trade Ins!

WASHING TON S

BIRTHDAY SALE

20% OFF

Buy the day you write us!

WOMEN'S

FITNESS

STUDIO

A TAN WITH A TANGENT

Call 761-9819
The Downeast Credit Workshop

Next week's special orders

Just The Fax

That's all it takes!

Just Fax in your lunch order and it will be ready for take out or sit down!

Bruno's Fax # 773-4196

Call 761-9819 or Fax your lunch order over $20.00.

Get this deal with every order over $20.00-

Get this deal with every order over $20.00-

If you have recently been refused credit for ANY reason, call and discover ways to attain a credit report.

CALL 761-9819

The Downeast Credit Workshop

ERASE BAD CREDIT!

Put the heat on!

from

827 ARUBA
777 BARBADOS
684 ST. LUCIA
787 ST. Kitts
831 ST. MAARTEN
827 COLUMBIA
805 CANCUN
845 CAYMAN
775 PUERTO PLATA

Based on person double occupancy

Ask us about last minute travel bargains!

HEWINS TRAVEL

CONSULTANTS

160 Commercial St.
772-7232
1-800-620-5600

400 S. Borough Dr.
South Portland
774-9111
1-800-952-5150

Cape Bay Weekly

February 10, 1989

PAGE 11

things. Our pizza specials will have you singing, too. Made with delicious fresh dough, homemade sauce and mozzarella cheese, every bite is a noteworthy experience.

Amato's February Specials

Call 773-6601
Order 2128189

MARGARITAVILLE

A Mexican & Restaurant
Watering-Hole

Look no further for the perfect Mexican food dining experience. Try our Chicken Fajitas or our Margaritas and you'll be in heaven.

FREE Parking

Tardy Orders

Open 4 p.m. - 10 p.m.
Mon. - Fri. 8:30 a.m. - 10 p.m.
Sat. 8:30 a.m. - 10:30 p.m.

17205 NE 182 St., Union Station Plaza,
Overland Park, Kansas 66214

SFO YANNICK FORD SALES

165 Waterman Drive, South Portland
799-5591

Put the heat on!

3 BIG DAYS!

Friday Feb. 17
Saturday Feb. 18
Monday Feb. 20

Free Hot Dogs, Soda & Apple Pie
All 1989 Models Are In...Lowest Prices
Highest Trade Ins!

WASHING TON S

BIRTHDAY SALE

20% OFF

Buy the day you write us!

WOMEN'S

FITNESS

STUDIO

A TAN WITH A TANGENT

Call 761-9819
The Downeast Credit Workshop

Next week's special orders

Just The Fax

That's all it takes!

Just Fax in your lunch order and it will be ready for take out or sit down!

Bruno's Fax # 773-4196

Call 761-9819 or Fax your lunch order over $20.00.

Get this deal with every order over $20.00-

Get this deal with every order over $20.00-

If you have recently been refused credit for ANY reason, call and discover ways to attain a credit report.

CALL 761-9819

The Downeast Credit Workshop

ERASE BAD CREDIT!

Put the heat on!

from

827 ARUBA
777 BARBADOS
684 ST. LUCIA
787 ST. Kitts
831 ST. MAARTEN
827 COLUMBIA
805 CANCUN
845 CAYMAN
775 PUERTO PLATA

Based on person double occupancy

Ask us about last minute travel bargains!

HEWINS TRAVEL

CONSULTANTS

160 Commercial St.
772-7232
1-800-620-5600

400 S. Borough Dr.
South Portland
774-9111
1-800-952-5150

Cape Bay Weekly

February 10, 1989

PAGE 11

things. Our pizza specials will have you singing, too. Made with delicious fresh dough, homemade sauce and mozzarella cheese, every bite is a noteworthy experience.

Amato's February Specials

Call 773-6601
Order 2128189

MARGARITAVILLE

A Mexican & Restaurant
Watering-Hole

Look no further for the perfect Mexican food dining experience. Try our Chicken Fajitas or our Margaritas and you'll be in heaven.

FREE Parking

Tardy Orders

Open 4 p.m. - 10 p.m.
Mon. - Fri. 8:30 a.m. - 10 p.m.
Sat. 8:30 a.m. - 10:30 p.m.

17205 NE 182 St., Union Station Plaza,
Overland Park, Kansas 66214

SFO YANNICK FORD SALES

165 Waterman Drive, South Portland
799-5591

Put the heat on!

3 BIG DAYS!

Friday Feb. 17
Saturday Feb. 18
Monday Feb. 20

Free Hot Dogs, Soda & Apple Pie
All 1989 Models Are In...Lowest Prices
Highest Trade Ins!

WASHING TON S

BIRTHDAY SALE

20% OFF

Buy the day you write us!

WOMEN'S

FITNESS

STUDIO

A TAN WITH A TANGENT

Call 761-9819
The Downeast Credit Workshop

Next week's special orders

Just The Fax

That's all it takes!

Just Fax in your lunch order and it will be ready for take out or sit down!

Bruno's Fax # 773-4196

Call 761-9819 or Fax your lunch order over $20.00.

Get this deal with every order over $20.00-

Get this deal with every order over $20.00-

If you have recently been refused credit for ANY reason, call and discover ways to attain a credit report.

CALL 761-9819

The Downeast Credit Workshop

ERASE BAD CREDIT!

Put the heat on!

from

827 ARUBA
777 BARBADOS
684 ST. LUCIA
787 ST. Kitts
831 ST. MAARTEN
827 COLUMBIA
805 CANCUN
845 CAYMAN
775 PUERTO PLATA

Based on person double occupancy

Ask us about last minute travel bargains!

HEWINS TRAVEL

CONSULTANTS

160 Commercial St.
772-7232
1-800-620-5600

400 S. Borough Dr.
South Portland
774-9111
1-800-952-5150

Cape Bay Weekly

February 10, 1989

PAGE 11
Abolishing war is the subject of a series of five talks being offered by Veterans for Peace, C.O.D. John F. Barr, vice president of the organization, will give the first of these talks, "Abolish War—It's Our Only Option," at 7 p.m. at the Westminster Assembly of God, 80 Main St., Westbrook. Questions and discussion will follow the address. All are welcome to attend.

Mark Adair, author of "Working Inside Out: Tools for Change," will speak at 7 p.m. on March 27 at the Fourth American Binary Congregational Church, which will be held in Winthrop. The church is an opportunity for people to gather and dis­cuss a continent's ecological and environmental concerns, rather than just its political concerns. The funds donated will be used to cover the travel expenses of the people attending the Congress, so we are asking participants for financial resources. Mr. Adair will speak on the subject of his forthcoming book about the constructive uses of power at 7:30 p.m. at the Maine Writers' Center, 190 Mason St., Brunswick. For more information on the talk or the Congress, call 729-5055.

"Tilbury Town and Other Folktales" is based on the poetry of Maine poet Ed­ward Field, Arleen Elliott, and New England poets Robert Frost and a curraneous. Characters from the poems come to life through the mime and movement of Ali Miller and music of jazz saxophonist Bud Weッチeld. The performance begins at 7:30 p.m. and continues through March 22, Monday-Saturday at 7:30 p.m., Sunday at 2:30 p.m. Tickets are $8 and $6 for reservations, call 227-2543. Problems? Tickets are also available at the door. The performances will feature a side lecture, followed by discus­sion and questions from the audience. It is free and open to the public.

The first lecture in the series of three is "Human Role in God's Creation: The Exposition of a Biblical Theology of Creation," examining the biblical account's challenge to people to be partners with God in overcoming responsible stewardship of the environment and in creating a just and peaceful earth. The address will be followed by a reception and a tour of the library. The event is free and open to the public. For more infor­mation on the center and the courses offered there, call 874-2214.

"Peace in a Piece," a benefit for the Maine Peace Campaign, is taking place this Saturday (March 22) at 7 p.m. at 77 Forest Ave., Portland. Admission is $6 at the door and proceeds will be used towards the Campaign's operating expenses. For more information, call 774-0308 or 871-2069.

The second lecture in the series of three lectures at the Portland Public Library's Children's Room is being held today. "Miss Maddi Goes Again!" by the Japanese America Society Foundation is part of the festivities from the Far East and is a slide lecture program on Japanese festivals at 7 p.m. The slide program, to be given at the South Portlanded Public Library and is free and open to the public. For more information, call 774-4114.

Ted Mungave and The G- Men, writer and performer of the title track to Greg Stump's ski movie, will make their first appearance in six years at The Brun­swick on March 22. The MS Read-a-thon is a nationwide reading program that motivates chil­dren to read books and newspapers in their spare time in an effort to raise money to fight multiple sclerosis. For more information, call 729-9833.

Robert Bartlett is being recorded and trans­ferred to videotape at the Perry­Mansfield Art Museum at Bowdoin. A presentation of some of the award­winning films— including introduc­tion and remarks by the film­maker who has created them and a question and answer period—will be given at 7:30 p.m. in Kresge Auditorium, Bowdoin College, Brunswick.

Cheapskirtz. Municipal organist East Miller performs "The Marche Militaire" by Charles Gounod, "The Scout" by Johann Strauss. "Chante de Coeur," a brand new work by American theater organist Felix Lowen on the Krieger Foundation's organ at City Hall Auditorium at 7:30 p.m. The concert is free, but donations are accepted.

The Number One Back. Akin and the Aristocrats play, featuring an eclectic mix of music from Miner­gisa to Afro-pop and Trinidadian steel pan, being given at East End Studio, Portland Performing Arts Center, 25A Forest Ave., Portland. The dancing goes on from 9 p.m. until 12:30 a.m. Admission is $8. For more information, call 774-5640.

The Boogie Bash is Back. Akin and the Aristocrats play, featuring an eclectic mix of music from Miner­gisa to Afro-pop and Trinidadian steel pan, being given at East End Studio, Portland Performing Arts Center, 25A Forest Ave., Portland. The dancing goes on from 9 p.m. until 12:30 a.m. Admission is $8. For more information, call 774-5640.

See page 32.
All That Jazz

Is jazz popular in Portland?

The answer, of course, is no. I've been a jazz musician for over 40 years, and I can tell you that the jazz scene in Portland is very small. There are a few clubs that feature jazz regularly, but they don't draw large crowds. The majority of the jazz scene is concentrated in the Portland area, and it's not a very vibrant scene.

Jazz musicians often have to travel to larger cities to find work, and it can be difficult to make a living as a jazz musician in Portland. Many jazz musicians have left Portland to pursue careers in other cities with more opportunities for work.

The Portland jazz scene is also limited by the lack of venues. There are only a few jazz clubs in the city, and they don't always have jazz on the schedule. Even when there is jazz, it's often in the form of a jazz club night, which is not the same as a full jazz concert.

Another issue with the jazz scene in Portland is the lack of education. There are very few jazz programs at area colleges and universities, and even those that do offer jazz programs don't always have a strong emphasis on jazz. This means that young musicians who are interested in pursuing a career in jazz have limited opportunities to learn and grow.

Overall, the jazz scene in Portland is not very vibrant, and it doesn't attract a lot of attention or support. However, there are still some dedicated jazz musicians in the area who are working hard to keep the scene alive.

The Portland jazz scene is just one example of the challenges facing jazz musicians today. With the rise of new genres and technologies, jazz has had to adapt in order to survive. But despite these challenges, jazz musicians continue to persevere and keep the music alive.
"SAME OLD SONG AND DANCE"

"I like what I know"

"Same Old Song and Dance" is the title of one of four new paintings by MaryJane-Matthews Gray, which will be on exhibit at the Portland Museum of Art this month. The paintings are part of a show called "The Art of Writing," which will also feature work by several other artists. World's work seems to be very well received. While everyone was looking for the last clue, there was a lot of standing and talking. We'd still be standing and talking.

World's work seems to be very well received. While everyone was looking for the last clue, there was a lot of standing and talking. We'd still be standing and talking.

Map pieces still available at these locations.
MEXICAN FOOD SO AUTHENTIC YOU'LL THINK TWICE BEFORE DRINKING THE WATER.

LUNCH
newspapers • magazines • ice cream coffee • donuts • beer • wine sandwiches • snacks

FREE • FREE • FREE
Free Bag of WISE chips with the purchase of any sandwich!

OPEN TILL 1 AM FRI & SAT
Mon-Thu 6:30 am-11:30 pm
Fri 6:30 am-1:00 am
Sat 2:00 pm-1:00 am
Sun 10:00 am-7:00 pm

100 COMMERCIAL ST.
IN THE THOMAS BLOCK
ON THE WATERFRONT

772-2936

Finally! A convenience store with supermarket prices.
 BRAINY WORKOUTS FOR

SPORTY BOOK WORMS

Not every great event takes place on television or in newspapers. Contrary to public opinion, in their off-hours athletes often read great books. One of the reasons for this is that many athletes believe that they can read more if they do it slowly and really get into the story. Another reason is that many athletes believe that reading is a good way to relax after a hard day's work. Finally, many athletes believe that reading is a good way to improve their mental skills. Reading can help you improve your memory, concentration, and overall cognitive abilities. It can also help you better understand the world around you.

Here are some ideas for brainy workouts that you can do while reading a book.

1. Read a book in a quiet place. This will help you to focus on the story and not be distracted by external stimuli.
2. Take notes while you read. This will help you to remember the important points of the story.
3. Discuss the book with someone else. This will help you to get a different perspective on the story.
4. Use a highlighter to mark important passages. This will help you to focus on the key parts of the story.
5. Take breaks while you read. This will help you to avoid burnout and to keep your mind fresh.

These are just a few ideas for brainy workouts that you can do while reading a book. There are many other ways to improve your mental skills while reading. The important thing is to find what works for you and to make reading a regular part of your life.
Budweiser

To.

HEMORRHOID

28

Rapid Recovery

Please

Laser Pain

list

ANJON’S

SPLEECIALS

Italian Restaurant and Lounge

Since 1957

321 U.S. Route 1

Scarborough, ME 04074

Tel: (207) 883-9562

- FAMOUS HOMEMADE STUFFED BREADS -

- FISHERMAN’S PLATTER
  - HADDOCK • SHRIMP • CLAMS

Served with French Fries and Cole Slaw

- LOBSTER ROLL

Served with Chips and Pickle

DINNER SPECIALS SERVED 7 DAYS FROM 11AM - 9PM

- SIRLOIN STEAK

YOUR CHOICE

9.95

With your choice of Fried Seafood (scallop, shrimp, clams) served with Potato or Pasta and a Garden Salad

- 1 POUND PRIME RIB DINNER

Comes with Potato or Pasta and a Garden Salad

ALL MAJOR CREDIT CARDS ACCEPTED • NO RESERVATIONS NEEDED

I Bet You Didn’t Know

By Frank George

Here’s a surprising fact… Two college football teams have gone to the Super Bowl even though they have never won a conference title. The University of the Pacific Tigers and the University of Delaware Blue Hens.

The Tigers had the best record in the Far West Conference in 1965 and 1966, qualifying the team for two bowl games. In the 1966 Laser Bowl, they lost, 13-10, to Kansas State. The following year, they lost to UCLA, 29-7, in the Sugar Bowl.

The Blue Hens had an even more impressive record in 1970. After finishing in first place in the Colonial Athletic Association, they entered the national rankings, finishing at No. 13. They played in both the Gator and Orange Bowls that season.

So, if you’re not a football fan, you may not have heard of these teams before. But now you know!...
CLUE #4
First came Woodman, with Mansard top,
then further west, the Emery block
and beneath the floor
of the one next door
is a port of prerecorded pop.

Late Starters? Turn to page 22