2-25-1993

Casco Bay Weekly : 25 February 1993

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Mary and Tim Follo never imagined that renovating their Victorian house in Portland would endanger their one-year-old, Emily. Tim knew the painted surfaces in his house contained lead, and took safety precautions. So when their pediatrician told the Follos that Emily's blood lead level was dangerously high, they were shocked. "You read stories about a housing project in the dark corners of the city where paint chips off like potato chips, and we never considered Portland a lead poisoning epicenter," said Tim. "We had never heard of middle-class people suffering from lead poisoning, so consequently, it didn't exist for us."

In March of 1990, the Environmental Defense Fund estimated that 12 percent of the children between six months and five years old in Portland have dangerously high blood lead levels. Depending on the condition of your house, your child may be at risk. It wasn't until 1977 that the Consumer Product Safety Administration prohibited the use of lead-based house paint. And 89 percent of Portland's houses were built before 1977, according to the Portland Council of Governments.

In April of 1992, Maine's Legislature passed a revised version of the 1973 Lead Poisoning Control Act. But key components of the bill were axed during the legislative process. And passing more stringent legislation has been hampered by widely held misperceptions that lead poisoning affects only low-income families, according to Portland City Nurse MaryAnn Amrish.

In fact, middle- and upper-class children whose parents renovate older houses may be most at risk. Sanding and stripping paint release toxic lead dust, which children inhale. Furthermore, Amrish said these kids are less likely to be screened for lead poisoning because their living environments are not perceived to be high-risk. But lower-income children, who perform poorly in public health programs, are regularly screened. And the places they live may be safer, according to the U.S. Environmental Protection Agency.

"We have been very conservative in our lead poisoning screening," said Amrish. "If we had to screen all these kids, we wouldn't be able to do any other public health programs." But the Portland Health Department is trying to make the screening process more efficient. And the legislature recently passed a law requiring all children to be screened before entering school. But the Follos are still waiting for the government to take action. "We would like to see some regulation," said Tim. "We would like to see some standards."
A conversation with Judith Faust

I finished through a large deck of craft cards, perusing at the ones that appealed to me, pulling them out of the deck, laying them out in a line.

Tell me about the deck. Each card was designed and created in a different style. Some were harmonious and beautiful; others were grim and strikingly non-predictive.

Judith Faust is an Old Orchard Beach tarot card reader, had told me that I would be inclined toward some cards but not toward others.

Like other tarot card readers, Faust believes that each person has access to all of the knowledge available to us if we know how to access the with the tarot.

What makes anyone come to a tarot card reading for the first time? Curiosity. Entertainment. It had also been said that when the inquirer is ready, the teacher appears.

Do you have some special gift? My only gift is small Watson. I have been trained to interpret the tarot, I can speak it. It is like a foreign language and you can learn to speak it.

Do people come to you because they're in trouble? A lot of times.

What if you are something ominous is on that card? Otherwise, I am telling them something that they already knew. The reading of tarot cards gives them to their thoughts. If I point out to you that you have some probable head refining scary, then you can take time to brainstorm or to change the situation by a word, by an action or a deed.

What do you say to skeptics? The way one goes to the library and reads about it.

You look quite different than I thought you would. I expected you to look more other-worldly.

I hope you're not disappointed.

Judith Faust: "Is it consciousness that you were down to that card? It represents what you are."
Bay Club can offer you a healthy lifestyle to last a lifetime.

At Bay Club you can meet Donna our Fitness Director, she’s been at the gym since 1985 and is a great source of knowledge. Donna loves the animals, she’s an avid animal lover and her passion for animals is evident in the doggy day care programs at the Portland West Club. She is a great source of knowledge and is always looking for ways to improve the health and well-being of her clients.

Bay Club selected as the ‘Best of Portland’ by Casco Bay Weekly.

Stop by Bay Club and meet the people that make this a special place to workout and discover why Bay Club was selected as the ‘Best of Portland’ by Casco Bay Weekly.

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PSO FRENCH ORCHESTRA
PORTLAND SYMPHONY ORCHESTRA
Concerts at Merrill Auditorium

MAINE'S LARGEST SELECTION OF PERSIAN AND TRIBAL RUGS

Discover...

The Madison Source of Oriental Rugs

MAINE'S LARGEST SELECTION OF PERSIAN AND TRIBAL RUGS

Oriental Rugs in unbeatable prices

Since 1976

MAINE'S LARGEST SELECTION OF PERSIAN AND TRIBAL RUGS

HARD CIDER FARM

Eastern Maine's only hard cider farm

Hooligan

Grapes

Getting the lead out

Trees

Trees

Trees

Trees

Trees

Trees

Trees
Landlords sue for fatal fire

Telephones of 124 Congress St. — and possibly the city of Portland — are acting fumously from the source of a fire that killed several people who died in a fire at the old Klein Building.

Mary Packard, whose husband, Joseph, fell to his death after helping his wife and their two daughters out of the burning building, is set to sue the building's landlord in Cumberland County Superior Court for $200,000. The suit charges that the building's owner and management company were negligent and caused Joseph Packard's "well-intentioned" death because they failed to repair or replace smoke detectors in the interval after the fire.

The suit alleges that Joseph Packard, 41, a life-long Portland resident, was a former employee of Richard Bertrand, a manager of the building. Bertrand and Latise of Northern Falls P. N. S. were notified by a tenant and the Portland Fire Department that smoke detectors weren't working prior to the Dec. 3 blaze that killed four people.

Ken Merck, a Portland attorney, said the building's tenants wasn't functioning properly at the time of the fire. An attorney representing Kenion.

**Landlords sue for fatal fire**

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**Last call at Ralph's**

The Portland City Council continued to consider how to refuse to renew the liquor license of Ralph's on Middle Street.

Councilors cited Ralph's most recent problems of 24/7 against running the store. Portland police have responded to fights at Ralph's over the last four years. The bar also owns the city more than half of the physical liquor license.

Councilors who supported Ralph's re-election for Friday, 773-6906.

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GET THE LEAD OUT

Continued from page 4

"How do you know if your kid was supposed to have an I.Q. of 120 and they end up with one of 10? You want your kid to have the I.Q. they were meant to have."

Nancy Schmid

Emily Folio, shown with parents Mary and Tim, was poisoned by lead when her parents renovated their home.

"We're talking about the rest of a kid's life and their ability to learn."
THE BREVARD TIMES

March 13, 8 p.m.
Big Sounds From All Over

Single Professionals
You are invited to join WCZ
96.9 The Part and Casso Bay
Weekly every Thursday from
1 to 7 p.m. for our Personal
Connection Happy Hour only at
The Seamos Club in the Old
Port. Meet new people and
register for prizes in a fun
environment.

GET THE LEAD OUT
CecilHomePage.

Keep the lead out

According to Portland City Nurse
Mary Ann Amrish, a child doesn’t have
to go far to get lead in his system.
Even running around the house,
possibly eating items off lead paint
or something that he’s rubbed on,
will cause him to absorb some lead.

In some rare cases, lead in the
air can cause a problem.

1. Lead-based paint,

2. Dust around old paint,

3. Brick dust or plaster

4. Lead in the soil

5. Lead in drinking

6. Lead in the water

7. Lead in food

8. Lead in detergent

9. Lead in imported food

10. Lead in the food service
dishes and utensils.

You need to be careful where
you go with your child.

The City of Portland has a
strict recycling policy on
paint.

One ton of lead is recycled
at the great cost of $15

But if the city doesn’t get
the ton of lead for free,
then it has to be paid
by some organization
in the city.

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Make lead testing mandatory for housing

The nation's campaign against lead poisoning in children has been controversial, fraught with obstacles, and ultimately undermined by its own success. A new approach is needed.

More action is still needed, particularly to protect infants. Unlike a parent who lives, learns, and plays in the environment, a child can be harmed by lead poisoning when living conditions are just not up to par.

The problem is that most of the lead in children's bodies comes from dust in the air, which can be found in houses, schools, and other buildings. This dust can contain levels of lead that are high enough to cause serious health problems.

The good news is that the time is ripe for meaningful campaign finance reforms. Critics have been clamoring for change, and it's time we start to listen.

The nation's campaign against lead poisoning in children has been -

...
Hi, I'm Dr. Kimberly Johnson, D.C.

PROFESSIONAL QUALIFICATIONS
Did you know that becoming a chiropractic physician requires a minimum of six years of highly specialized college and graduate school training?

Today's Doctor of Chiropractic must complete 4,485 hours of classroom instruction and must pass rigid chiropractic board examinations before earning a license. In most states, continuing educational seminars must be completed for annual license renewal.

PERSONAL BACKGROUND
In addition, I have completed courses in sports injury and work-related rehabilitation, nutrition and acupuncture certification. I received my bachelor's degree at St. Joseph's College in Windham, and my Doctor of Chiropractic degree from Logan College of Chiropractic in St. Louis. During my training I served as Vice President to the Student American Chiropractic Association. Additionally, I have visited a number of other chiropractic clinics to study their methods and procedures.

This is the kind of training and professionalism I offer you. Call us and let us help you.

FREE EXAMINATION DURING FEBRUARY
This examination normally costs $60.00 or more. I will include orthopedic tests, neurological tests, a blood pressure test, spinal alignment check, an examination for structural or functional motion in the spine, muscle strength evaluations and a complete comparative consultation to discuss the results.

76 Main Street
Yarmouth
846-6100

Dr. KIMBERLY JOHNSON
JOHNSON CHIROPRACTIC
(formerly Abelson Chiropractic)

Evening and Emergency Appointments Available
Silver Screen


What's Where

Despite a scheduling change after CCM needed space, movie fans are again able to travel times with favorites.

General Cinemas

Hills, 1600 Congress St., Portland. 777-1077.

Downtown

Down in Portland's Old Port, the Portland Stage & Cinema Company has embarked on a new venture to bring live theater to a wider audience.

The Company Show "The Boardwalk Melody Hour Murders" at The Plaza, 515 Congress St., Portland. Tel: 776-0076. Tickets $17.50. 775-3458.

The Oakhurst Boys, lead singer and mandolin player, Monroe McCracking, has been playing bluegrass for the past two years in the small North Dakota town unaware that a veteran who grew up in the area, now a renowned filmmaker, is looking to bring his first full-length feature film, "Good Night, Sleep Tight," to the screen. The film, written and directed by Ron Howard, will be released in theaters nationwide later this year.

The Oakhurst Boys approach the music differently, letting the high-bred sound that stems from England and McCracking, they make a long-term stand for keeping the genre alive and promoting young, up-and-coming talent. They believe that carrying on the bluegrass tradition is a vital part of preserving America's musical heritage.

In a small North Dakota town, the Oakhurst Boys and their friends are Inadvertently torn apart when a. small town villain, the hillbillies, comes to town. The band, which has been playing together for years, must now come together to face this new threat.

The Oakhurst Boys are a four-piece band from the small village of Oakhurst, North Dakota. The band consists of lead singer and mandolin player Monroe McCracking, guitarist and vocalist George Blau, bass player and vocalist Peter Murphy, and drummer and vocalist Brooke Adams.

The band's music is a blend of traditional bluegrass and contemporary rock, with influences from the likes of The Marshall Tucker Band and The Oak Ridge Boys. Their songs often deal with themes of love, life, and the struggles of living in a small town.

Specially Priced CD's

Dolly Parton

Dolly Parton's "Silver Screen" is a collection of some of her greatest hits, including songs from her hit movies like "9 to 5" and "Steel Magnolias.

Dubstep Cinema

Dubstep Cinema is a new and exciting genre of filmmaking that combines elements of traditional cinema with cutting-edge digital technology. This genre is characterized by its fast-paced, urgent storytelling style and its use of a variety of visual effects and soundscapes.

Durian Duran

Durian Duran is a band that has gained a lot of attention for their unique sound and style. They are known for their high-energy live performances and their ability to mix different musical genres together.

Naughty By Nature

Naughty By Nature is a group that has been a fixture on the hip-hop scene for over two decades. They are known for their catchy hooks and their ability to mix different styles of music together.

Edits Murphy

Edits Murphy is a DJ and record producer who has worked with some of the biggest names in the industry. He is known for his ability to create unique soundscapes that are perfect for any setting.

Kentucky Headhunters

Kentucky Headhunters is a band that has been around for over 30 years. They are known for their soulful sound and their ability to bring people together through music.

Dolly Parton (Silver Screen)
Harvey, Robert Diamante, Judy Clibtram and Hillary French. Be there for the fun and the free admission. 246-4700.

Prove It! Find out what scientific research tells us about the origins of homosexuality, when Dr. Diana laundry, videotapes and discussions by artists featured in “On the Edge.” The talks will be held consecutively Thursdays in the auditorium of the museum, located on 7 Congress Square. They’re free with museum admission ($3.50 adults, $2.50 seniors and students with ID, kids 6-18 $1; free twice a year). See Art Around Town for further details.

The group, which focuses on the artistic traditions of women, will also give a workshop tomorrow from 1:30-3 p.m. Participants will learn signs and mads drawn from various cultures. For more information call 878-1282, or faculty and seniors, $5 students. The performance is free for members of the exhibit, and the event is sponsored by Alzheimer’s and the American Foundation for Suicide Prevention.

On the 25 Congress Square, they’re free with museum admission ($3.50 adults, $2.50 seniors and students with ID, kids 6-18 $1; free twice a year). See Art Around Town for further details.

Linda Clark’s current production of Charles Ladi’s “The Mystery of Louis Vuitton,” which runs March 2-3, and explores the life and times of the world-famous fashion designer, is played by two actors: Michael Santo as the romantic, Laurence David as the successful businessman. Money goes to kick every hole known to man and woman and all is well in the life of John Seidman, Davis Hall directs. The play runs March 2-3 at 8 p.m. and March 4 at 2 p.m. Call 897-8035 for a reservation. The talk addresses reconstruction at the time of menstruation, breast surgery, breast lift and augmentation, treatment of inverted nipples and reconstructions for congenital irregularities. It’s part of the hospital’s women series “A Time for You,” which aims to help women before undertaking the physiology of their bodies.

All the actions are free, but space is limited, call 774-6720 for a reservation.

It’s a parody of Victorian melodrama and Hollywood horror films, a misunderstood Egyptian mummy springs to life. Attending to ensure theSuccess of the event has been connected, a host of cultural characters from England and back in quest of clues.

Dr. Michael Diamant, a professor of psychology, will discuss his research on the origins of homosexuality, when Dr. Diana laundry, videotapes and discussions by artists featured in “On the Edge.” The talks will be held consecutively Thursdays in the auditorium of the museum, located on 7 Congress Square. They’re free with museum admission ($3.50 adults, $2.50 seniors and students with ID, kids 6-18 $1; free twice a year). See Art Around Town for further details.

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HANG IT AGAIN, SAM

"On the Edge" hangs again, this time from the rafters of PMA

By Margot James McManus

The Portland Museum of Art is absolutely stuffed with contemporary Maine art at the moment. The Cow's hall is filled with and are all of the fine galleries, where there's so much at this hall, it's going up to the ceiling, from the rafters. Down the hall it continues, past the museum shop, and around to the main lobby and salt.

"On the Edge, Forty Years of Maine Painting, 1952-1992" is an exhibition of contemporary Maine painting that was presented last summer by the Maine Coast Artists (MCA). Curated by Thomas F. Weld, former executive for the Christian Science Monitor, it is the most comprehensive overview of Maine art to be presented in one venue in the state. The exhibition featured 20 artists and 175 paintings, including works by Alexander Liberman, George McNeice, and Robert Lazzarini, among others.

The exhibition has drawn significant attention by the public and critics alike. Since its opening in June, more than 12,000 people have visited the show, and its popularity has led to its being extended through March 26.

"On the Edge" features a wide range of works by artists from across the state, including John H. Brown, Jr., Donald C. Clipruise, and Mary Ziegler. The exhibition is divided into three sections: "The New World," "The New Worlds in the Arts," and "The New Worlds in the Politics of Art." Each section highlights different aspects of contemporary Maine art.

"The New World" focuses on the work of early 20th-century artists who were influenced by the post-World War I art movement. "The New Worlds in the Arts" looks at the impact of the modernist movement on contemporary Maine art, while "The New Worlds in the Politics of Art" examines the role of the government and the public in shaping the art world.

The exhibition also features a number of special exhibitions, including "Donna Downes: A Retrospective," "Haven," and "The Community of Artists in Maine." These exhibitions showcase the diverse range of artists working in Maine today.

The Portland Museum of Art is committed to showcasing the best of contemporary Maine art, and "On the Edge" is a testament to the quality and diversity of the work being produced in the state. If you haven't had a chance to see it yet, make sure to check it out before it closes on March 26.
Our Full Menu served from 11am to Midnight
Best Steamed in Town
Mixed Good People
Good Food and Good Drinks for 15 Years.
5 Portland Pier
772-4828
Full Menu from 11am - midnight

Almost every day in February you will have a chance to try our Free Oysters! Rest assured, our steamed in town selection is packed with flavor and pairs perfectly with a glass of our favorite wine. Enjoy the spirit of Winter while you sip on some of the best oysters Maine has to offer.

J's Oyster
FREE OYSTERS!

Tuesday, March 2
Full Moon

Join us for the full moon at J's Oyster. Enjoy the stunning views of the harbor and our delicious menu under the light of the moon.

Wellness

Good Living Report
Dr. Mark J. Bittman, the author of "What to Eat," will be in Portland on February 22 for a special lecture and book signing. Dr. Bittman is a leading voice in the field of nutrition and will discuss his new book, which offers practical advice on how to improve your diet and overall health.

Family

We offer a warm and welcoming environment for families to enjoy their meals together. Our menu is designed to cater to all tastes and preferences, and we pride ourselves on using fresh, local ingredients. Whether you're looking for a quick lunch or a cozy dinner with the family, J's Oyster has got you covered.

#6 Best Pizza (PPR)

Maybe on March 11 we'll be #1, maybe we'll be #6. Why not come try the delicious pizza today and let us know what you think!

ANNOUNCER!

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I suppress the urge to open the door and order a couple of take-out dishes. Instead, I decide to do it myself. Delicious, homemade Falmouth West restaurant offers a menu that includes Mexican food, Casco Street, and more. I can hear the lively chatter and the creak of the floorboards from the old wooden floor. The aroma of freshly made food fills the room. It's late and the restaurant is nearly empty, except for one couple in the corner who seem to be deep in conversation.

I order a plate of enchiladas and a glass of water. As I wait for my food, I take a glance at the menu. There's something about the description of the enchiladas that speaks to me. 'Freshly made, filled with the finest ingredients, and served with a side of rice and beans.' I think to myself, 'This is it. This is what I've been searching for.'

The waiter brings my order. It's hot and delicious. The enchiladas are perfectly seasoned, and the rice and beans are a perfect accompaniment. I savour every bite, savoring the flavor and texture. This is the sort of meal that makes you feel alive and grateful for the simple pleasures in life. I'm grateful to be here, to have this moment, to taste this food. It's a small victory, but one that I'll carry with me for the rest of the day.
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