Maine Indian activists say local New Agers are making an industry of Indian spirituality

By Bob Young

When Maine Indian activists staged their first protest against local New Agers two weeks ago, they joined a national movement to stop pseudo-medicine men from exploiting Indian spirituality.

Local activists launched their campaign on Feb. 28 - the 20th anniversary of the Indian occupation of Wounded Knee, S.D. - by protesting a New Age "talking circle" in Windham. The activists claimed that only Indians can teach or practice Indian spiritual rites, such as talking circles, and that Indian spirituality cannot be sold, bartered or exchanged for money.

"We're highly resentful of the fact that for hundreds of years, Native American spirituality has been oppressed. Now, all of a sudden it's acceptable because it's a money-making scam for a lot of these people," said Rene Attean, a Penobscot elder, who strode into the gathering in Windham and demanded that the talking circle be broken.

"It's devaluing and demeaning," added her daughter-in-law, Esther Attean. "It's like someone going into a synagogue or a Catholic church, paying $50 and then saying they're qualified to teach the Jewish or Catholic religions.

For the Indian activists, the protest was the start of a campaign to reclaim their culture. Six New Age practitioners and teachers with ties to the Greater Portland area have been targeted for future monitoring and protests if ongoing concerns about the sale of spirituality aren't addressed.

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From Maine, Since 1845

A conversation with LaForest Saulsbury

LaForest Saulsbury, 88, may be the country's oldest practicing patent attorney. Born in Brewer, Maine, Saulsbury has worked in the field for 60 years, including nearly 30 years in an office just off Times Square in New York.

Saulsbury moved to Portland in 1972. From his office in the Mechanics Hall on Congress Street, he maintains the largest private archive of United States patents in the world — more than 4 million — and also writes patent applications.

How did you acquire this collection?

I made a habit of collecting patents. Most people throw 'em away, but I collected truckloads of 'em. I also barter and exchange with companies, like DuPont. Now I've got most of them from number one to number 5 million-plus.

Do you have patent number one?

Number one. Let me show you. It happens to have been a Maine man, you know. There was a U.S. senator named John Ruggles and he had a lot to do with the patent system. His patent had to do with the Mount Washington cog railroad. Here it is. It wasn't really the first patent. In 1836, they built a patent office in Washington and set up the system, but there had been patents before. Massachusetts had a patent office in 1630; the British issued them.

What does it take to be a patent attorney?

I'm a graduate engineer and a graduate of law. You have got to be mechanically minded to do this. General lawyers can't do it. They're philosophically minded, maybe, but not mechanically minded.

How do you keep fit?

Well, people won't believe it, but I don't exercise. It's the athletes who die young. No, it's keeping your mind occupied. Most people are their own worst enemies — they talk nonsense all the time. I'm not saying I'm any different.

Why do you keep practicing when most people retire?

I don't know any better. Well, I do it 'cause I got to live. Why shouldn't I do it? There's more pleasure running a business than touring all over the world. This is my life, this is my freedom. I don't know any better.

By Paul Kean, photo by Tame Herbert

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Talk

On March 11, 1993
Maine should spend more on bases, bikes and sidewalks, says Portland and Casco Bay Metropolitan Planning Organization (MPO) chair. The group has recommended to the Maine Department of Transportation (MDOT) that the state spend more money on alternatives to automobile transportation in the Portland area.

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Portland West funding goes south

Welcome to wherever you are

politics & other mistakes

habbo

Portland West funding goes south
While Care V. News reported the sad news of the Civic Center's continuing political battle with the Portland City Council, the Portland West fund surplus was in the news too. The council denied funding for Portland West's housing program, which included 70 units, for the next five years. The decision came after months of debate and public input, with some councilors arguing that the funding was needed to address the city's housing crisis, while others argued that the project was not a priority and should be cut to fund other pressing needs.

Portland West didn't have enough money to lobby against the cut, and went down in a 6-2 vote, with only Peter O'Donnell and John McDonough voting in favor. Other councilors maintained that Portland West was no longer disaster in the city housing, and that the city was already providing funding for other housing projects.

Oregon maintained that the council's view was evidence that the city wanted to provide "social housing" by denying services to the poor. "This isn't an issue of right or wrong members that produce low-income people. It's an issue of who gets to go home," Oregon said. "It's not going to go well for that pattern!" Allen said Oregon's charge was "absolute nonsense.

"I would have liked that and I don't believe it," Allen added. "This is an opportunity for an exercise of public support for their organization and support for low-income people. But in my mind, that's not the issue."

Tough love
The real issue, according to Allen and other councilors, was how to address the city's housing crisis. The city was struggling to provide affordable housing to all residents, and the council had been criticized for its lack of action. The real issue, according to Allen and other councilors, was how to address the city's housing crisis. The city was struggling to provide affordable housing to all residents, and the council had been criticized for its lack of action.

Wining power?
Raising $20,000 for a political campaign is a small amount of money, but in the current climate, it could be the difference between winning or losing. Oliver maintained that some of these concerns衍生 from a more benign essay on the Portland Press Herald about Portland West's difficulties in getting the council's support, and that the council was really about looking for an excuse to stop the project, which is what the city wanted. But Pringle said the council was not on the right end with Portland West, and the group needed to improve its public relations and make the council see the project as "an entitlement, that is money to the community, the people that vote here.

"It's not a scaryontology, but my theory on that pattern!"

Allen said Oliver's charge was "like McKernan's standard quote on the old right bill that he was not a necessary roll in the last gubernatorial election."

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There's a certain irony in the referendum, Raff's present a inventive change from ordinary fast food: vegetables and cheese with spicy Mexican fajitas! It's natural, that lasts for years. Full Bodied. Fisher...
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Religious and Indigenous Traditions. John LaValle, the group's volunteer executive director and a member of the Passamaquoddy tribe of Maine, said that "we refer to ourselves as Indians," and not "Native Americans," which is a term used only by politically correct white people.

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I 10 C4sro Boy

achieve harmony. They basically call attention to conduct any Indian spiritual ceremony. And he how to become an Indian classes are not about native spirituality, but are about seen the finished ad before it went to press.

The Husfelts of Cape CELTICS

WIN to borrow from useful traditions of the past. And still others defended their right to borrow from useful traditions of the past. They know how that goes. Nightwalker went on to say that they did not have to have trained in what she called "Indian spirituality. She said she had her own "opposite" to the idea of Indian spirituality, organized people like Nightwalker and put her in a "Spider Moon Lodge" big time.

Like Nightwalker, Sherry and Jim Husfelt of Cape CELTICS' said they agreed with activists that Indian spirituality is being explored by New Ageists. "A lot of their practices are done in complete contrast to what they're trying to promote," said Sherry Husfelt. And the Husfelts said they do not charge for conducting Indian rituals. Participants in Black Elk's sweat lodge paid to attend the conference they have gone on to challenge Northstar's claim that she has no control over the dust jacket of her book, even though she is "an author," she said. "People know damn well what they're doing when they say they're sharing Indian spirituality for good intentions."

One of those who sees the problem with the Native American Spiritual Awareness Program is the cultural director of the Casco Bay tribe. He sees the problem as the Native American Spiritual Awareness Program as the "Circle," as he sees it. He said he's not telling anyone what he talks about living just a circle," he said. "They know damn well what they're doing." He said. "They know damn well what they're doing. They're saying they're teaching sacred rituals. And still others defended their practices in several different ways from New Mexico.夜之鷹在她的專訪中承認，他們的活動是不合法的，因為他們並沒有得到印度精神領袖的正式授權。而且，她指出，她在紐約的活動是不合法的，因為她的活動沒有得到當地社區的批准。
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“It was the best of times, it was the worst of times.”

Walking to work the other morning, we happened to look up and admire the replica of City Hall, proud as a peacock fanning its feathers in the morning sun. In the distance we could see the fig tree at the Children’s Home - now “shop-chasing” a gentle reminder that a narrow-gauge railroad might soon man into Portland, its cars laden with prosperity for the waterfront.

If you're looking for a place to get off the beaten path and experience some of the city's unique offerings, you might want to check out the Portland Head Light. This historic lighthouse is located on the easternmost point of the United States and offers stunning views of the ocean and surrounding islands.

It has been a tradition for many years to visit the Portland Head Light during the Fourth of July weekend, when a fireworks display lights up the sky. But even if you're not a fan of fireworks, there's still plenty to see and do at the lighthouse.

Some of the highlights include the lighthouse itself, which dates back to 1776; the museum, which features exhibits on the history of lighthouses; and the gift shop, where you can purchase souvenirs and gifts to remember your visit.

And if you're feeling adventurous, you can even take a boat tour around the bay and explore some of the nearby islands.

Whether you're a history buff or just looking for a picturesque place to spend the day, the Portland Head Light is definitely worth a visit.
Maine artist's spring for life

Visual AIDS Art Auction mobilizes entire community

Maine's artists are once again springing for life. More than 180 artists have contributed more than 200 works to "Spring for Life," the Visual AIDS Art Auction. All proceeds benefit The AIDS Project, Maine's largest AIDS service organization. "The entire community gets into it and goes with incredible generosity — artists, volunteers, restaurateurs, curators — everyone you can think of," said Kelly Mills, development coordinator of the auction. "The whole event just generates an enormous amount of energy."

Continued on page 17
Many of the contributing artists also work in other realms in Portland Museum of Art's current exhibition, "On the Edge." They include Joel Bartsch, Donna Bell, Benn Bigelow, Alan Bigly, AlvedBeauharnais, Dwight Hendrix, Larry Hendrix, Charlie Hendrix, Ely Hendrix,Brenda Hendrix, Michael Lewis, Frankine Lynch, Alan Magee, Marilyn Moore, David Osterman, Carol Perry, Katherine Porter, Marigenta Rodgers, Alice Spencer, Anna Steinhauer, Gregory Walsh, Maxe Walsh and Nancy Winstead-Wright. Collectors have also contributed two Winslow Homers, a Todd Waddell and a Neil Welliver.

Last year's Visual AIDS Auction was the largest and most successful fundraising event in Portland," said Mills. "One of the key reasons for this is that the AIDS Project has mobilized the resources of the current exhibition, " SPRING FOR LIFE," to raise a substantial amount of money. For this reason, we believe that the visual AIDS Auction will be even more successful this year."

In addition to the auction, the visual AIDS Auction will also feature a special program on May 10th. This program will begin at 7:00 p.m. at the Sonesta Hotel at 157 High Street in Portland. Admission to the auction and the program is $5. The silent auction will run from 7:00 p.m. to 8:00 p.m.

The AIDS Project's goal is to raise $18,000 through the visual AIDS Auction. This money is going to be used to support the Visual AIDS Project's work in the Portland area. The Visual AIDS Project is a non-profit organization that provides a variety of services to people living with HIV/AIDS. These services include case management, support groups, and advocacy. The Visual AIDS Project is also working to raise awareness about HIV/AIDS and to reduce the stigma associated with the disease.

In addition to the visual AIDS Auction, the Visual AIDS Project will also be holding a special program on May 10th. This program will begin at 7:00 p.m. at the Sonesta Hotel at 157 High Street in Portland. Admission to the program is $5. The program will include a special presentation by a Visual AIDS Project staff member, as well as a discussion with a local artist who has been affected by HIV/AIDS. This artist will share their story and discuss the impact of HIV/AIDS on their life and work.

The visual AIDS Auction and the special program on May 10th are part of the Visual AIDS Project's efforts to raise funds to support their work in Portland. The Visual AIDS Project is an important resource for people living with HIV/AIDS in the Portland area. They are dedicated to helping people live full, productive lives, and to reducing the stigma associated with HIV/AIDS. The visual AIDS Auction and the special program on May 10th are important events that will help the Visual AIDS Project continue to provide vital services to people living with HIV/AIDS in the Portland area.
Thursday 11

Two ways to "March Thru" - two programs, which will be held at the same time at the Portland Civic Center Theatre. The comedy teams are Libby and Tabby and Parody and Politics. Libby and Tabby portray the seven sins, women, dogs and other inhabitants of the South, Texas, a little town in the middle of nowhere. "If you get a real country feel from the sound of country swing music," said Libby, who with Tim Purcell perform piano, vocals, drums, percussion, sax and guitar. Libby and Tabby are a father-son team who sell tickets from the "Craziest Times" plus try to get on the show in southern Maine as dinner theater, but for now you can see 2 It Oak at tickets are $10 adults, $5 kids and seniors. Contact 2 It Oak at 773-0662 or www.2it.com.

Friday 12

LEONARD, former Portland Ballet Company member, will perform a personal program of dance, including choreography by Adolphe Brunner. Leonard has been featured in "Carnival of the Animals," a program of works of the master, Camille Saint-Saëns and choreographed by Porsche Espinosa, 775-9673.

Saturday 13

Terry Young, Magician, the folks of Terry Lawrence and Greg, have a lot of musical background - including drums, guitar and piano. They bring contemporary tunes from the '70s and '80s. Magician, Terry Young, offers opening act at f.p.m. Magician, Terry Young, has a little Portland's Lutken Berryman Auditorium. The show is free, advance, 430 at the door.

Sunday 14

It's a show in your kid's room! An enchanting fairy, Windham Center Stage Theatre's production of "The Enchanted and the Shoemaker." A shoemaker and his wife get into deep trouble when he breaks his arm and can't make shoes. He's forced to close shop. Then one evening, a beggarwoman comes to the shop and he takes pity on her and gives her a pair of shoes. She in turn turns out to be a fairy princess, who sends elves with a lot of soul to do the man's work, so they can reopen. "The brothers' search leads them to many simple pleasures, including one beggarwoman who comes to the door and but also the last morsels of their food (which must've made his wife very uncomfortable)."

Wednesday 17

Marky Beesness-Greaney, former Portland Ballet Company member, will perform a personal program of dance, including choreography by Adolphe Brunner. Leonard has been featured in "Carnival of the Animals," a program of works of the master, Camille Saint-Saëns and choreographed by Porsche Espinosa, 775-9673.

Friday 19

"Sure goes log and wrestle." Simple line is the third feature from Long Island independent filmmaker Peter Sefton, "Carnival of the Enchanted and the Shoemaker." Two brothers - one a hoodlum and the other a beggarwoman, are able to create a beautiful, white-colored stage - the concept of magic at a three-dimensional level, the concept of magic in the concept of magic in the concept of magic. The brothers' search leads them to many simple pleasures, including one beggarwoman who comes to the door and but also the last morsels of their food (which must've made his wife very uncomfortable)."
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ON ALL

A musical lean to the left
Charlie Haden orchestrates the sound of freedom

On the album jacket of Charles Cohen’s classic, Hall McGee, “This Is Our Music,” violinist Charlie Haden could point for an ion League student. Of the four musicians parsed — Cohen, Don Cherry, Ed Blackwell and Haden, he is the one coming down the names. Self-possessed in his role and jazz voice, he says “I can tell I'm in the most wonderful musical situation.”

At the time, Haden, 25, was already riling the back of music so that the ensuing years marked it as one of the last great hurdles in jazz’s evolution. Under Coleman’s direction, the quartet reproached, recharged, refocused the musical essay and capped the just establishment in the face just as Gillespie did Parkett had a generation before. Haden’s shadowed stare and more about solitude than any other band had in a decade.

The last to this day Haden dominates the world of that musical ephemera. He’s been gone to an embryo social and political challenges as well. As for the others who have passed away (Blackwell), Aldous Huxley,Haden and Bley have reconnoitered, the sources of their recent compositions.

But clearly, the sound of freedom is a call to arms. Charlie Haden orchestrates the sound of freedom.

music
Charlie Haden and The Liberation Music Orchestra perform Sat., March 13, at 8 p.m. at Portland’s First Parish Church, 625 Congress St. Tickets $17.75.

A new album.

A musical lean to the left
Charlie Haden orchestrates the sound of freedom
By Jim Polidlo
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Music: BOP (harvey) performs Thursday-Thurs., 7-11 p.m. Granny Kline’s Industrial Brunch ’n’ Market, 4-6 p.m. (10 New England School of Broadcasting, 207-947-6683)

**ROCK THE KENNEBEC RIVER ESTUARY**

The Kennebec River, where it flows into Monkey Pointing Bay, was once legendary for the richness and diversity of its fish life. But, a fifth of Maine’s waters are in a water quality category that the federal government considers to be “impaired.”

The Kennebec Coalition has proposed that a new forty-year plan (called for by the federal government) should make cleaning up the river’s waters a top priority. There’s no plan for how to do it.

The Coalition is trying to change that. It has just launched a campaign to rally public support for a plan to clean up the river.

They have put together a list of people who have signed on to support the plan. The list includes people like you and me.

We can help by sending in a check or by making a donation on our website. The money will go toward hiring a team of experts who will work on cleaning up the river.

Please consider making a donation today. Every little bit helps.

Thank you for your support!

The Kennebec Coalition
The organic sound of Dawn Upshaw
The world class soprano sings like a natural woman

By Jim Polifko

Dawn Upshaw doesn't overwhelm with technique. Though she is a star soprano in the full range of classical music, listening to her is as deeply satisfying as eating a bowl of one's favorite ice cream. There is a naturalness in her voice that) suggests to her that she is no longer the inner artist, as she was able to garner all the emotion that come to mind about dawn.

For a classical singer technique is the foundation from which a performance is built. Just as this, to deliver the right intonation, the right speed and to a single composer's works, requires hours and hours of training. "I want the color a hand to express a certain mood, but don't think about the technique," said Upshaw. "I try to get the message across the music." In the eight years since she first met in the music world, it is this approach that has catapulted her to the top of her field. The networks the world a master class of Upshaw's students that is a phenomenon that is common with all classical music. She has won two Grammy Awards for her recordings and works on this country's classical music charts and has made her name, often on England's top chart (that includes rock, jazz, and blues) and Euro. On the surface these little inflexions, the way Upshaw delivers a symphony is an overwhelming pop song. In her interpretation, the text is magic. There is little room for the writer's score here, for the second movement's words. But there lies the apparent key. Upshaw's voice is where the music is. There is no harshness in the upper range. Her voice is as sweet as an ice cream. The voice is like that of a man. Only then does the person on one side of the emotional spectrum. As a friend is merely grieved, "Wow, that's a very soft voice."

Top ten singers dispose of words. There are choices with a singer's marks. In jazz we hear the Betty Carters and Bobby McFerrins who demonstrate their vocal agility. The same is true in classical music. If we are dazzled by the voice, what the words are often an important aspect of the performance.
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Sustainable Development

by Donnala Meadows

"The future, to be viable at all, must be one of changing back, eating down and healing. There are limits to growth, but there are no limits to development."

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PHOTO/COLIN MALAKIE

Who put the great in Greater Portland? David Cedrone... Bob Elliot... Peter O'Donnell... Betty Sholl... Herb Adams... Jeff Waterman... Shelley Dunn... The Porthole... Street & Co...... Eddie Costales... Bookland... Stephanie Anderson... Mike Chitwood... Raoul's... Edward Albee Charlie Estebach... Pluck Theatre... PMA... Robin Morse... Maine Bank & Trust... Jim Jarrumsch...

FINDING PORTLAND'S BEST

Welcome to the BEST OF PORTLAND '93!

If you've ever wondered where Portlanders like to eat, shop, drink and frolic, we've got the answers.

We received more than 300 ballots this year, nominating nearly 5,000 different candidates for 53 categories. Frankly, the ballot results didn't hold many surprises. Portlanders may embrace political candidates from well outside the mainstream, but when it comes to personal issues, they're conservative. They voted for what they know best — Gritty's, Pepperclub, Raoul's and Lenc worry's.

One trend distinguished this year's results: Simple is better in the lean '90s. Home Plate for breakfast. Amato's for lunch. Pepperclub for dinner. And for that special binge, Ben and Jerry's for dessert. Being Sholl's poems are tasteful.

DePew's short stories spare. Even Jeff Waterman, Portland's favorite mechanic, embraces a minimalist philosophy: Practice preventive maintenance, he says. We winced upon discovering a few of your favorite places, like Blackwirth Island for hiking and Fort Williams for hanging out. After all, this is where we like to go, and we'd just as soon see fewer people there. But we've taken an oath of journalistic honesty. And, we decided, it wouldn't have been credible to list the Maine Mall as the best place for an afternoon hike.

Those with exceptional memories will note that we made a few changes this year. We dropped the ethnic food categories, for instance, because they just didn't make sense. Not only was the competition limited in most categories — Best Romanian Food? — but we decided that great food is great food, regardless of ethnic origin. Besides, if you live and work in downtown Portland, most leaf is probably more exotic to you than pad thai. And though it may be technically correct, we had some philosophical problems when people cited Village Cafe fare as ethnic food.

Throughout the issue, you'll also see a seal marking "Editor's Choice." We apologize.

CBW's impresario and middling editorial staff would not be silenced. As you might imagine, CBW took unusual precautions this year in tabulating the results. When the ballots came in, we immediately placed them in a sealed room. We changed the locks daily. We sealed for cigarette smoke each time we entered the room.

So rest assured. What follows is truly the best that Portland has to offer.
Equal Protection Portland

Casson Bay recently pledged to announce that Equal Protection Portland (EPP) was overwhelmingly favored to be our readers' best citizen group. In an ideal world, of course, EPP wouldn't exist. Portland's progressive human rights ordinance, which banned discrimination based on sexual orientation, would have been unremarkable. But it didn't. And we're grateful Portland Citizens Challenged its attack to repeal the ordinance. EPP's quick to meet the challenge.

The group's work and focus nearly failed to impress me. Just days after the repeal drive was announced, EPP was up and running, to volunteers already distributing fliers explaining the new ordinance. It passed a similar human rights ordinance last year and now faces a referendum challenge from conservative opponents.

We at Casson Bay were glad to thank EPP for making Portland a better place to live. This group not only defended a long overdue ordinance, but also cultivated a sense of community involvement among gays and straight alike.

EPP was very empowering for a lot of people on the fence about any particular lifestyle. And EPP worked hard to keep Portland's future gay community united long enough to defeat the referendum.

Among the most effective tactics EPP strongly advocated a narrow focus and stuck to it, ensuring that its message left no room for doubt. A no vote was a vote against discrimination. And EPP refused to draw in to side debates, leaving the issues to argue among themselves.

Mary MacLean, a member of EPP's 15-person steering committee, said what stuck her about the campaign was that "we weren’t talking to those who opposed the ordinance, but to those who didn’t even know what it was about."

MacLean is quick to credit EPP's success to its focus. They stayed the phone banks right after the vote, called the sidewalk handing out fliers, made phone calls and dealt with community groups about their experience with discrimination, putting a personal face on an otherwise abstract issue.

"EPP’s work was to serve as many gay and lesbian people simple and gave them the opportunity to examine their attitudes," said Rita Koss, one of the organizers. "I think the issue of discrimination in a context everyone in Portland could understand — the bottom line was that this was a fight against discrimination, and not one for any particular lifestyle."

EPP's success in making the referendum on discrimination another no vote was visible in the election results: 55 percent voted to let the ordinance stand. This victory for human rights since human rights has become a model for other communities around the state, particularly Lewiston, which passed a similar human rights ordinance last year and now faces a referendum challenge from conservative opponents.

We at Casson Bay are glad to thank EPP for making Portland a better place to live. This group not only defended a long overdue ordinance, but also cultivated a sense of community involvement among gays and straight alike.

EPP was very empowering for a lot of people in the gay and lesbian community who never thought of themselves as political, said EPP member Chris Reed. "I know that being political doesn’t make you different person. It’s a set of skills and action, like phone banking. All you have to do is to start doing it, and you’ll save the world. " (MP)
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Bay Club features:
- Cardio equipment
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- Group fitness classes
- Personal training
- Spa services
- Indoor pool
- Outdoor pool
- Sauna and steam room
- Fitness center
- Gift shop
- Onsite restaurant

At Bay Club, we believe in helping our members achieve their fitness goals and providing a great experience. Whether you're looking to lose weight, tone up, or improve your overall health, Bay Club can help you reach your goals.

Stop by Bay Club and meet the people that make this a special place to work out and discover why Bay Club was selected as the 'Best of Portland' by Cassco Bay Weekly.

Special offer:
Try Bay Club for 6 weeks at $59.00 (Reg. $107.99)

"Helping members achieve their fitness goals gives me great satisfaction."

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Bay Club has a special offer for new members: Try Bay Club for 6 weeks at $59.00 (Reg. $107.99). Stop by today to discover why Bay Club was selected as the 'Best of Portland' by Cassco Bay Weekly.

DON'T MISS ALPHA - CON Comic Book Convention
Sunday April 4th - 10 - 4pm
Holiday Inn West
Exit 8 off the Maine Turnpike

Meet over a dozen comic book professional writers & artists!

Special guest of honor:
Joe Stanton (artist of D.C. Comics & Guy Gardner, co-creator of E-Man)

Admission $3.00

For more information call: Casablanca Comics at 892-3056
Dealer tickets are still available.

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Worship: 10am Sunday
Basic Yoga, Tai Chi
Children provided Magical Music

PORTLAND'S BEST POTTERY JUST GOT BETTER
Find Out Why!

Portland Museum of Art, clearly distinguished as an art gallery. Photo: Tyler Harlow

Best art gallery: Portland Museum of Art

Now, we're the first to admit that the Portland Museum of Art has a fine permanent collection. And we mean mailing-box-size ranges to largeblack, Oscar-winning art pieces. (Check out the art museum's parking garage installation.) But—how can we say this nicely?—a museum just obey the same rules as a gallery. This is the line we draw—Curator's list (only the line to Art). On this line, we hope, and we will be sure to take the matter on our hands.

Best places for a meal: Green Mountain Coffee Roasters

The Granville Street-based coffee shop has a unique atmosphere, a wide selection of coffees, and a great selection of baked goods. It's the perfect place to relax and enjoy a cup of coffee and a slice of cake. The shop also offers a variety of sandwiches and soups, and the prices are reasonable.

Best places for a business meeting: Homister's

Homister's is a cozy and charming place to host a business meeting. The restaurant has a warm and inviting atmosphere, with comfortable seating and a well-stocked bar. The menu is diverse, with options for vegetarians and vegans, and the service is friendly and attentive.

Best movie theater: nickelodeon

The nickelodeon is a charming and intimate movie theater located in downtown Portland. The theater has a retro feel and offers a variety of film screenings, including indie films and classic movies. The theater also has a bar and a selection of snacks available for purchase.

Best local bands: Nickelodeon

Nickelodeon is a local band that has been making waves on the Portland music scene. The band is known for their unique sound and their energetic live performances. They have released several albums and have been featured in local music publications.

Best use of taxpayer money: Education

Education is one of the most important areas of government spending. It is crucial for the future of our country and the well-being of our citizens. The education system in Portland is considered to be one of the best in the state, providing students with a high-quality education and preparing them for success in the workforce.

Best places for women to be: Portland Museum of Art

The Portland Museum of Art is a great place for women to be. It offers a wide range of exhibits and events, including talks, workshops, and classes. The museum is also home to a variety of art collections, including works by women artists.
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2018 Ford F-150 XLT
- 2015 Audi Q7
- 2015 Ford Flex
- 2016 Audi RS 7

2001 Chrysler Pacifica
- 2002 Audi A4
- 2008 Audi A3
- 2001 Chrysler Sebring

1998 Ford Taurus
- 1998 Mazda 626
- 1998 Toyota Camry
- 1998 Honda Civic

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men

A few are married, but not looking. Some are gay, some are bi. All are into fast fun, with the occasional exception. Let's get together, and have a good time, the usual.

styles

Table of Contents

personals

Call 1-800-370-2041 to respond to any CBW personal.

women

man

How to place your personal ad:

To place a FREE ad, view our sample personals ad on our website at www.cbw.com/personals. To place an ad with a call-back number, call 1-800-370-2041 or 1-207-775-1615.

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- age
- height
- weight
- build
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- smoking
- drinking
- smoking
- skills
- driving
- other

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- All responses to be phoned or written.

- Canadian residents: 1-900-370-2041
- Local (Maine): 1-312-660-0400
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