3-12-1998

Casco Bay Weekly : 12 March 1998

Follow this and additional works at: http://digitalcommons.portlandlibrary.com/cbw_1998

Recommended Citation for This Issue

This Newspaper is brought to you for free and open access by the Casco Bay Weekly at Portland Public Library Digital Commons. It has been accepted for inclusion in Casco Bay Weekly (1998) by an authorized administrator of Portland Public Library Digital Commons. For more information, please contact campbell@portland.lib.me.us.
Learning for Life
Noncredit courses and seminars offered this spring

ART
- Beginning Watercolors • Photography of the Maine Coast
HISTORY
- Goldsmiths as Narrators History • Civil War Portland: Turning Points
- The Fort of Virginia: Lands and Maine People • The Stanley-Monroe House Queen Victoria to Queen Elizabeth II
LANGUAGE
- German • Polish
ANTIQUES
- No haggle, no hassle leasing

HARMON'S BARTON'S
108 Congress St., Portland 207-775-7198
Free Parking

Very Special Flower...
827 Forest Ave., Portland 207-775-3431

Road Runner, Time Warner Cable's high speed, digital cable modem, you can surf the internet at blazing speeds — up to 100 times faster than your typical modem.

Do you have any breaks during your work schedule? Kevin: No. I wish there was a lunch break. Sometimes it gets really impossible. I do recognize real hard. At 6:10 12 minutes before I start again.

What is the secret for being on time? Richard: Always looking at the watch. We have time-points, performing all transfers. I'd rather see a full bus than a half-empty one. The Metro is also trying to educate Portland's youth to ride the buses. Then maybe they'll see tried, like dropping the fare down to 50¢ and eliminating all transfers. I'd rather see a full bus than a half-empty one. The Metro is also trying to educate Portland's youth to ride the buses. Then maybe they'll see tried, like dropping the fare down to 50¢ and eliminating all transfers.

No security deposit required

36-month lease, $143 due at signing

$117/MONTH

36-month lease, $143 due at signing

No security deposit required

Browses our entire inventory of used cars and trucks at www.saturnmaine.com

A DIFFERENT KIND OF COMPANY. A DIFFERENT KIND OF CAR.

Perryman by Pierre Flavien, photo by Coli Middle
Public Notice

Store Closing

The Warehouse that served our Portland store was recently sold. Not being able to find a suitable alternative, we, regretfully, have decided to close.

It has been our pleasure to serve the Portland area for 8 years. Efforts are under way to find a new location, and we may reopen sometime in the near future.

Prices have been drastically reduced to expedite the immediate liquidation of all inventory by April 30.

We urge you not to miss this rare opportunity to buy at the finest in classic and contemporary furnishings at a fraction of their original price.

Sincerely,

Richard Baker

---

The end is the beginning is the end

Virtual insanity

Does it seem to you that this year's political spectrum has attracted a lot of wall, oom - we don't want to call them radicals, really - but ... how about violent perfomgers? Any new Bush Republicans like Longley and Harry aby, Democrats like, say, Bill Clinton and Pat Langan have little to report. If they're not being taken seriously, they should be. But that's where they're coming from.

We urge you not to miss this rare opportunity to buy the finest in classic and contemporary furnishings at a fraction of their original price.

Sincerely,

Richard Baker

---

Why Chiropractic?

Are my friends use chiropractic medicine on a regular basis, but frankly, I don't understand why. I should go see a chiropractor versus seeing my regular doctor. Sure I have minor in ear pain, but who doesn't, I can live with them, or just take Advil.

Kirk Duffy
PORTLAND, ME

Dear Dr. Pedersen

The aches and pains around the area of daily life can range from minor annoyances to severely debilitating pain. Headaches, joint pains, muscle strains, and stiffness or unique sensations are all common complaints that unfortunately, people often assume they just have to live with. The worse your Chiropractor is your best resource. By calling different doctors and not just any, your Chiropractor is specially trained to realign the body for normal joint movement and remove pain.

Chiropractic effectively removes the pain of the pain accompanying those conditions and allows the body to effectively meet the demands of daily life without becoming weakened by around damage. You can choose to live with pain, but you don't have to.

Dr. Molly Pedersen, D.C.

---

Dr. Pedersen practices at 4 W Bank, Portland, ME 04101

For appointment or complimentary consultation with

Dr. Pedersen call 772-7955

Please send questions to the address above.
Welcome to the doghouse

Lately, I stayed to eat at my friend Tanya's at the Five Stone Taverna to wish her a happy birthday. (It isn't her birthday, but still something special.) As I walked through the door, the gentlest dog was announcing his own arrival, and I looked around. "Well, if it isn't Penny. The dog-lover." Penny, my favorite dog at Tanya's, is a small, black, and white terrier. She is the dog who always sits in my lap when I visit. Penny is one of the most well-behaved dogs I know. She never jumps on me, she never barks at me, and she always sits politely. I love Penny because she is so easy to deal with.

Most people would not take on a dog as a pet, but I think we have established here that I am a most peculiar person. I am not alone in this sentiment. I have found that many people share my love for dogs. When I visit Tanya's, I always bring a toy or some treats for Penny. She is always happy to see me.

But not everyone feels the same way. Some people are not so fond of dogs. They find them to be too noisy, too smelly, or too aggressive. I have heard stories of people who have been bitten by dogs. In one case, a man was attacked by a dog while walking his own dog. He was hospitalised with serious injuries. It is a sad story, but it is not uncommon.

I do not understand why people feel this way. Dogs are not evil creatures. They can be loyal friends and companions. I have known many dogs who have been very good companions. They have been there for me when I needed them. They have been my loyal friends.

However, I do understand that some people are not as fond of dogs as I am. Some people find them too much trouble. They do not have the time or the money to care for a dog properly. They do not have the space to keep a dog. They do not have the patience to deal with a dog's behavior.

But I do not share their view. I believe that dogs are valuable companions. They can bring joy and love into our lives. They can help us to feel better. They can be our friends. I believe that we should not judge dogs or their owners based on our beliefs.

Some people might think that I am too fond of dogs. But I do not mind. I love my dogs. I love the companionship they bring. I love the joy they bring. I love the way they make me feel.

So, to my dog-loving friends, I say: "Welcome to the doghouse."
The BEST OF PORTLAND '98
Portland's chosen few

There are a lot of things to like about Portland, and our readers are very opinionated about their preferences. This year we were moved under nearly 1,000 ballots casting the final position of everything from the mundane to the sublime. Perhaps even more important than the winners are the hundreds of establishments and people that placed either on or just outside the top 10. Read on, and you will see what they think and why.

What follows is a list of the top nominees, but there were many ballots out for Portland's underdogs. They will appeal to those who love them.

Best person in Portland: Mike Chitwood

We're starting to think some people may have taken this category seriously. How else could the ex-Police Chief Mike Chitwood have won this honor two years in a row? Mike's philosophy of "doing the right thing" is getting to be an endangered species. We're starting to think some voters may have forgotten. Elliot finished second, just four points behind Mike. The electorate is feeling a little alienated.

Top tip and that's all folks: Portland Police Chief Mike Chitwood.

Best TV personality: Kim Black

Ask Black what she did at the Maine Hospital Association must have put off WGME TV anchor Kim Black enough to help make the election easier for some of the people she was covering so she could cover the election. "I was always able to get a good story," said Black. "Their names were mentioned often in the media, so I was able to use that as a source of information." She also noted that the candidates were very active this year and that she enjoyed covering the campaign.

Best people

Mark Persky - Champion of the public's right to know

Mark Persky of WBLM has proved over the years that he is a champion of the public's right to know. When the Portland Police Department wouldn't release information about a shooting, Mark Persky proved the public's right to know by writing a story that made the front page of the Portland Press Herald. Mark Persky has been a fierce advocate for the people's right to know ever since he started working for WBLM.

Best local artist: Rafferty

Rafferty and WPXT's Joe Palmieri were the highest vote-getters in this category. Rafferty is a well-known Portland artist who has been a fixture in the city's art scene for many years. He has been the subject of many exhibitions and has won numerous awards for his work. Rafferty's art is known for its bold colors and dynamic shapes, and he is a popular figure in the Portland art world.

Best restauranteur: Santoros

Santoros continues to be a favorite of Portland's restaurant scene. "My observations are pretty simple," he said. "I love being a chef and I love cooking for people." Santoros is known for his creative and eclectic dishes, and he is a popular destination for food lovers in Portland.

Best cheerleader: Frannie Peabody

Frannie Peabody moved up a notch from last year's vote-getters to the top of the list this year. "I'm happy to be here," said Peabody. "I love being a cheerleader and I love being a part of the community." Peabody is known for her energetic and enthusiastic performances, and she is a popular figure in the Portland cheerleading scene.

Best place for a romantic dinner: The Roma

The Roma is a popular Portland restaurant known for its romantic atmosphere. "It's a great place for a romantic dinner," said one voter. "The lighting is soft and the music is soothing. The food is delicious and the service is impeccable. We had a wonderful time here." The Roma is known for its Italian dishes, and it is a popular destination for couples looking for a special dining experience.

Best place for a romantic brunch: Cafe Uffa

Cafe Uffa is a popular Portland restaurant known for its breakfast and brunch offerings. "The food is fantastic and the service is excellent," said one voter. "It's a great place to start the day, and the atmosphere is very romantic. We had a wonderful time here." Cafe Uffa is known for its pasta dishes, and it is a popular destination for couples looking for a romantic breakfast or brunch.

Best place for a romantic dinner: The Porthole

The Porthole is a popular Portland restaurant known for its romantic atmosphere. "The food is fantastic and the service is excellent," said one voter. "It's a great place for a romantic dinner, and the atmosphere is very romantic. We had a wonderful time here." The Porthole is known for its seafood dishes, and it is a popular destination for couples looking for a romantic dinner.
Best free eats at happy hour:
Stone Coat Brewing Company

Last year, the Tomato Soup Company was the station, offering "3 T," best free eats during happy hour. This year, the White Trash Saloon has taken over. With a $5 cover charge, the Station has defined its stage against the Station's usual offerings like the $2.50 cheeseburger. However, the Station was still able to retain the status of best free eat. But the pressure to defend the Station got to them. "There's always a lot of good competition," one Soup Station patron said. The food was what made the Station stand out. The Station has a variety of hot and cold appetizers, such as the $2.50 cheeseburger and $1.50 tater tots. The Station's chicken wings are a popular order, but the employees were quick to point out that they are "the best in the city." The Station also offers a variety of beer and wine.

Best coffee spot: Koko's

If you're looking for a little something sweet, Koko's has you covered. They offer a variety of pastries, cakes, and donuts. The service is quick and friendly, and the prices are reasonable. A popular spot for locals and visitors alike.

Best sidewalk food cart:
Mark's

When you're in the mood for something quick and delicious, Mark's is the place to go. They offer a variety of food options, including hot dogs, hamburgers, and fries. The food is fresh and the service is fast. Mark's is a popular choice among locals and tourists.

Best pizza:
Ricetta's

With a focus on fresh ingredients and a commitment to quality, Ricetta's is known for its delicious pizzas. The crust is perfectly crisp, and the toppings are fresh and flavorful. The restaurant is located in the heart of Portland.

Best Italian sandwich:
Amato's

For a classic Italian sandwich, Amato's is the place to go. They offer a variety of options, including the Italian hero and the torta. The sandwiches are fresh and made to order.

Best burger:
Rosie's

Rosie's is known for its burgers, which are made with fresh, locally sourced ingredients. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fried clams:
Newick's

Newick's is known for its fried clams, which are crispy and delicious. The restaurant is located in the heart of Portland.

Best fried spuds that built an empire:
Silly's

Silly's is known for its fried spuds, which are crispy and delicious. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best doughnuts:
Port Bakehouse

Port Bakehouse is known for its delicious doughnuts, which are fresh and made to order. The restaurant is located in the heart of Portland.

Best fried steaks at the happy hour:
Stone Coast Brewing Company

Stone Coast Brewing Company is known for its delicious fried steaks, which are served during happy hour. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fish:
Lost Bear

Lost Bear is known for its fresh fish, which is prepared to order. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fried chicken:
Amato's

Amato's is known for its fried chicken, which is crispy and delicious. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fried clams:
Silly's

Silly's is known for its fried clams, which are crispy and delicious. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fried spuds that built an empire:
Silly's

Silly's is known for its fried spuds, which are crispy and delicious. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best doughnuts:
Port Bakehouse

Port Bakehouse is known for its delicious doughnuts, which are fresh and made to order. The restaurant is located in the heart of Portland.

Best fried steaks at the happy hour:
Stone Coast Brewing Company

Stone Coast Brewing Company is known for its delicious fried steaks, which are served during happy hour. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fish:
Lost Bear

Lost Bear is known for its fresh fish, which is prepared to order. The restaurant has a casual atmosphere and is located in the heart of Portland.

Best fried chicken:
Amato's

Amato's is known for its fried chicken, which is crispy and delicious. The restaurant has a casual atmosphere and is located in the heart of Portland.
**CHOI’S SCHOOL OF SELF DEFENSE**

is proudly celebrating our

**20th Anniversary**

1978 • ANNIVERSARY • 1998

20 Years of Champions and Excellence

Best music venue:

**Stone Coast**

They’ve upgraded the sound system. They’ve improved the acoustics. They’ve hired a sound engineer. They’ve added a new DJ. The music is better. It’s a place you can dance. They’ve expanded their hours to include Fridays and Saturdays. The food is good. The atmosphere is relaxed.

Best radio station: **WCYY**

If you believe the ratings, WMJ’s classic rock station has the highest ratings in the country. However, if you listen to the station, you’ll hear a lot of hits, but not much variety. WCYY has a lot of hits, but not much depth. It’s a station that’s great for driving, but not great for listening.

Best bookstore: **Borders**

Borders is a chain bookstore that has a large selection of books. However, they don’t have a lot of unique or local titles. They also don’t have a lot of used books.

Best place to dance: **Zoots**

Zoots is a popular dance club in Portland. It has a great atmosphere and a large dance floor. However, it can get crowded on weekends.

Best place to play darts: **Old Port Tavern Billiards**

Old Port Tavern Billiards is one of the best places to play darts in Portland. It has a great atmosphere and a large selection of darts. However, they don’t have a lot of dart boards.

Best place to play pool: **Old Port Tavern Billiards**

Old Port Tavern Billiards is one of the best places to play pool in Portland. It has a great atmosphere and a large selection of pool tables. However, they don’t have a lot of pool balls.

* Portland’s Best Natural Food Store*

Is Now Even Better!!!

Monday, March 16th: new store opening on Portland’s Marginal Way

(Due to the move the Whole Grocer will permanently close the Munjoy Hill store on Friday, March 13th and will be closed for business through Sunday, March 15th.

127 Marginal Way, Portland

(between Franklin St. and Forest Ave.)

OPEN 7 DAYS A WEEK (starting March 16th)

*okay, so we’re Portland’s only natural food store... but we’re still the best!"
What do you think Helen Hunt is doing when you’re watching her show?
(She’s probably doing at the CO-OP making a custom color print.)
Shouldn’t you be?
Don’t miss our Artists’ Reception for the Plastic Camera Show 3/12, 5 - 7 pm or call for reservations to our FREE WORKSHOP OPEN HOUSE 3/21, 10 - noon & 1 - 3 pm
What is surprising is the race for second place. Borders, which carries everything from the five-cent paperback to the highbrow novel or the latest in computer software, had to catch a ferry. “We ran a special promotion,” said Borders’ marketing director, “and at least one staff member who not only could smell the customer, but also knew what he was talking about.”

Best place for a free date:
Portland Museum of Art
Since 1997, readers have been unanimously consistent about this beloved question. Once a week, the museum presents a free admission for adults—though there is a suggested donation. But the most rewarding visitor is the student, who can enter the museum free of charge by showing his or her Friday college ID. It’s entirely due to the existence of the Frequent Visitor Card, which makes it easier to visit the museum often. “I feel more confident...that I can be myself.” —CATHERINE McAULEY
Maine College Preparatory School for Young Women
Sponsored by the Sisters of Mercy

Best weirdness:
Portland Sea Dogs
It is not often that a city has a baseball team that makes its home in a stadium that was once the site of a tobacco mill. But the Sea Dogs have managed to make it their own, and have become a favorite of Portlanders. They are particularly popular among the city’s hipsters, who love the team’s quirky personality and the fact that it is the only professional sports franchise in Maine. The Sea Dogs also have a great mascot, Slugger, who has become a beloved fixture in the city. He is often seen running around the stadium, cheering on the players and entertaining the fans. The team has also become a symbol of Portland’s downtown revitalization, and is one of the city’s most beloved institutions.

Best tape/CD store:
Bull Moose
Bull Moose has every album in existence and at least one staff member who not only is intimately familiar with the CD you’re looking for, but can also recommend the next best thing. “No thought goes into what we recommend,” said Bull Moose. “It’s all about making the customer happy.”

Best movie theater:
Keystone Theater Cafe
There’s more to Keystone’s surprise victory over the giant chains than just the fact that the theater plays the latest films. The theater also offers a variety of other entertainment options, including live music and comedy shows. The theater has a cozy atmosphere, with comfortable seats and a large screen. The quality of the projection is excellent, and the sound system is top-notch. The theater also offers a variety of food and drink options, including a full bar and a selection of snacks. The theater is located in a quiet neighborhood, which makes it a great place to catch a movie on a date or a night out.

Best ski area:
Sunday River
Les Otten’s Sunday River just edged Les Otten’s Sugarloaf to retain the title of best ski area. The resort has a variety of terrain, from beginner slopes to expert runs, and offers a wide variety of activities, including snowboarding, cross-country skiing, and snowmobiling. The resort also has a great base area, with plenty of food and drink options, as well as a variety of shops.

Best place for a free date:
Portland Museum of Art
Since 1997, readers have been unanimously consistent about this beloved question. Once a week, the museum presents a free admission for adults—though there is a suggested donation. But the most rewarding visitor is the student, who can enter the museum free of charge by showing his or her Friday college ID. It’s entirely due to the existence of the Frequent Visitor Card, which makes it easier to visit the museum often. “I feel more confident...that I can be myself.” —CATHERINE McAULEY
Maine College Preparatory School for Young Women
Sponsored by the Sisters of Mercy

Best weirdness:
Portland Sea Dogs
It is not often that a city has a baseball team that makes its home in a stadium that was once the site of a tobacco mill. But the Sea Dogs have managed to make it their own, and have become a favorite of Portlanders. They are particularly popular among the city’s hipsters, who love the team’s quirky personality and the fact that it is the only professional sports franchise in Maine. The Sea Dogs also have a great mascot, Slugger, who has become a beloved fixture in the city. He is often seen running around the stadium, cheering on the players and entertaining the fans. The team has also become a symbol of Portland’s downtown revitalization, and is one of the city’s most beloved institutions.

Best tape/CD store:
Bull Moose
Bull Moose has every album in existence and at least one staff member who not only is intimately familiar with the CD you’re looking for, but can also recommend the next best thing. “No thought goes into what we recommend,” said Bull Moose. “It’s all about making the customer happy.”

Best movie theater:
Keystone Theater Cafe
There’s more to Keystone’s surprise victory over the giant chains than just the fact that the theater plays the latest films. The theater also offers a variety of other entertainment options, including live music and comedy shows. The theater has a cozy atmosphere, with comfortable seats and a large screen. The quality of the projection is excellent, and the sound system is top-notch. The theater also offers a variety of food and drink options, including a full bar and a selection of snacks. The theater is located in a quiet neighborhood, which makes it a great place to catch a movie on a date or a night out.
KARDIO KICKBOX

the kicks of Tae Kwon Do

KARDIO KICKBOX

will give you the results you've always wanted, while also learning to defend yourself in any situation. From

AEROBICS CLASS

is for everyone - from those who want to get in shape to those looking for the ultimate workout.

TO ALL WOMEN IN THE COMMUNITY. LIMITED TIME ONLY ·

Safe, affordable and easy, emergency contraception is effective at preventing pregnancy within 72 hours of unprotected sex.

It's not too late - this is the best insurance you can buy!

CALL 774-3478 TODAY

FEES: $35 for those with

KARDIO KICKBOX

is for everyone - from those who want to get in shape to those looking for the ultimate workout.

FREE AEROBICS CLASS

CALL 774-3478 TODAY

Fournier's Olympic Karate

CALL 774-3478 (FIST)

hours • Open 7 days • 26 Free St. • Portland • 775-1004

The store for Endurance Athletes

Let's Run! Running! Running! Running!

Spring Styles Arriving All The Time.

MARCH 12, 1998

19
Full Pub and Dinner menu, featuring fresh Maine seafood until 8pm 7 days a week

Burgers, Ribs, Steaks, Pasta, Chicken and Vegetarian - children’s menu

Home of the Narrow Gauge Brewing Co.

23 Pleasant St. Farmington, ME 207-779-0710

This winter...
UPCOMING WORKSHOP
Opening Reception, Thursday, March 9-6-8
UPCOMING SCULPTURE CLASSES
April 22nd CASCO BAY WEEKLY
UPCOMING SCULPTURE CLASSES
begin March 23
22nd CASC~ BAY WEEKLY

Best places: Scarborough Beach
Beach, by a vote of half-staffing
Scarborough Beach once again ranked
ties to representing the eastern

Best service: Portland Museum of Art
As we approach the end of the 21st
of Maine's leading eating
labor and study

days, while calmer weather draws young

Best day care: University of
Southern Maine Child Care Services
Providing good day care in all
about obsessing with

Best station: Union Oil on Commercial Street
Every car uses Union Oil on
شد the new ledge, this gleaming
within reason, make of

Best local website: Portland Newspapers
Last year the web world opened a
now we have a very high success rate at

Best temp agency to work for:
Best company to work for:

Best places: Portland's best day care providers
The generous leave of absence

Best state: Maine
was the 19th state to split
the entire northeastern territory. Whatever the answer, there

Best buildings: Portland's best buildings
were also drawn to the landmark.

Best service: Portland's best services
To engage the town's
to represent the needs

Best day care: University of
Southern Maine Child Care Services
Providing good day care in all
about obsessing with

Best station: Union Oil on Commercial Street
Every car uses Union Oil on
شد the new ledge, this gleaming
within reason, make of

Best local website: Portland Newspapers
Last year the web world opened a
now we have a very high success rate at

Best temp agency to work for:
Best company to work for:

Best places: Portland's best day care providers
The generous leave of absence

Best state: Maine
was the 19th state to split
the entire northeastern territory. Whatever the answer, there

Best buildings: Portland's best buildings
were also drawn to the landmark.

Best service: Portland's best services
To engage the town's
to represent the needs
Hoop dreams

I spent most of the last weekend watching basketball. Not the big college games or professional matches, but the little high school games. I bought my ticket for “March Madness” on Craigslist, HRN, I stuck with the local stuff - the Class A West high school championship games at the Civic Center. For most of the nights of March 9 and 10, I belted myself home alone along with thousands of other fans as I watched Mount Ararat, Cheyenne, Brunswick, Bonny Eagle, Westbrook and Lewiston battle it out for the chance to play for the state championship March 14. It was fun at first, but I soon realized that we’re all living in the world of Maine women Black Bears squeaked out a victory over the Orange Crush. They made it to the playoffs that year, but didn’t get far, which made me sad - I thought I could be a basket of people, long-lashed kids playing a game.

The latest outrage is Laura Conaway’s atavistic perspective on the matter? Got a sense of humor about the whole issue? a compromise, a mid-level structure that allows more ships to pass underneath, a fixed span?

I am reluctant to complain about advertisements. This kind of oppressive message does damage to us as women. The exhibit was great - I hope more people will visit it.

I was surprised when I started watching them — drawn in at first, but I’m not sure if the content of the Kyle and Efram show is that of deriding the efforts of Kyle and Efram. It is an alternative weekly.

I got around to going to a high school game again. I took the end of the season hard. I missed the cheap hot dogs and the 50-50 raffles. It was a welcome break from the endless rotation of pep band standards. The Bonny Eagle cheerleaders, in their fetching green- and white uniforms, took top honors in their category, slipping and tumbling, their feppy elves with wild abandon. Their routine was simple, their established order was to step every beat in the massed division. (Confidential to Mount Ararat fans: that is looking like a '3rd. 4rth)

a compromise, a mid-level structure that allows more ships to pass underneath, a fixed span?

I am reluctant to complain about advertisements. This kind of oppressive message does damage to us as women. The exhibit was great - I hope more people will visit it.

I was surprised when I started watching them — drawn in at first, but I’m not sure if the content of the Kyle and Efram show is that of deriding the efforts of Kyle and Efram. It is an alternative weekly.

I got around to going to a high school game again. I took the end of the season hard. I missed the cheap hot dogs and the 50-50 raffles. It was a welcome break from the endless rotation of pep band standards. The Bonny Eagle cheerleaders, in their fetching green- and white uniforms, took top honors in their category, slipping and tumbling, their feppy elves with wild abandon. Their routine was simple, their established order was to step every beat in the massed division. (Confidential to Mount Ararat fans: that is looking like a '3rd. 4rth)

...
Armadillo comes to Scarborough

Traditional verse gets first-class treatment at a transferred Florida couple's small press and poetry journal

Pats and small-time publishers Carl and Robin Heffey

Armadillo Press

Sturbridge, Mass.

The Heffey's had vacationed in the Portland area during their childhood, but that's about it. Rankin and Potelle opened the deftly with a shot of Rankin wiping his rear.

Undaunted, Rankin and Potelle continue had no lawful way to intervene. The shit article, man," said one caller on March 4. "so fucking easy to sit back and say something .. .. .. : sucks," said another.

Gentle fellows, we're always looking for freelance writers.

This means, if you have an inauspicious news, 'We're closed.' Owners

In conversation, Carl constantly went for cover? Er, I'm sorry, go ahead to explore the state and go native,' when

As for the heavy workload, "This is not a jock job," says Robin. "This is what we do."

The Cramps represented the most innocent and trust­

ing side of punk, the side that just wanted to get

madly as we watched the divinely dissipated lead

actor, Lydia Lunch, "I was hangin' around, mindin' my ownjWatch the girls dance, watchin'

back down to the scorching, surf-style guitar licks


Bar

Joyce's

36

PORTLAND'S BEST NEW JAZZ & BLUES CLUB

SAT.

MARCH 13TH

BeBop Jazz Ensemble

HIGH ENERGY JAZZ

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 14TH

PORTLAND'S BEST NEW JAZZ &

BLUES CLUB

SAT.

MARCH 13TH

BeBop Jazz Ensemble

HIGH ENERGY JAZZ

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.

MARCH 14TH

The Cramps will play Asylum, 121 Center St.,

March 15 at 9 p.m. The Amazing Royal

FRI

MARCH 20TH

Tom Kennedy Blues, Folk &

CLASSIC ROCK

SAT.
Cfhe 7

Marrying the thumping styles of Louis Jordan with the soulful expressions of Al Green, Boston's has even opened for soul and blues heavies Ray Charles and James Brown. March 13 at Raoul's, noon-4 pm; 512/510 advance tickets.

The Undergrovl

Zoilo

and Jackie live (9 pm/00 COYer)

Ben
d JohnnOo (10 pm/00 COYer)

Johnson BO) (10 pm/00 COYer)

The Bitter End 448

Connercll 5_ NI

81_ St

865 Wharf St. Portland, 772-1983.

865 Forest Ave. Portland, 772-8274.

865 Wharf St. Portland, 772-1983.

865 Forest Ave. Portland, 772-8274.

Colby College, Waterville, ME 04972; 207.775.3331

Central Maine Civic Center, Waterville, ME 04901; 207.775.3331

Squirrel Nut Zippers

Cathy College

Waterhouse, Waterville, ME 04901

Tickets Available Now

http://www.carsecaveweekly.com

Pavilion

1st Annual Cigar Dinner

Thursday March 26th 6 - 12pm

Hosted by the Pavilion

The Boston Cigar Club

Morrison and Bowman

Guest Speakers:

Mike Walker - Boston Cigar Club

Troy Kavanaugh - White Rock Distributors

Single Malt Whiskeys

$75.00 per person

Four course dinner, an assortment of cigars, single malt whiskeys and an evening of great speakers

207.773.6422

188 Middle St., Portland's Old Port

The Big Night Out

April 13

The Pavillon 4

The Big Night Out

April 13

The Pavillon 4

The Big Night Out

April 13

The Pavillon 4

The Big Night Out

April 13

The Pavillon 4
Thursday 12

"THE PLASTIC CAMERA SHOW"

Challenging the notion that an egg sized device with a cheap, disposable lens can replicate the sophisticated tools of the trade, ten photographers have replaced the sophisticated tools of their art with toy cameras. The result is "The Plastic Camera Show," an exhibition of snapshots taken - literally - through the lens of childhood. Join the artists April 12. Hours: Tues.-Sun. 10 a.m.-5 p.m. The Kissell Foundation, 100 Oak St., Portland. 772-5400.

Friday 13

"THE EFFECTS OF GAMMA RAYS..."

"The Effects of Gamma Rays... on the Moon Marigolds" is the story of Tillie, a girl whose identity is for the most part submerged beneath her study of atoms. Is, until, her study of atoms leads her down a path of hope and discovery. At Russell Hall, USM, Gotham Theatre Company, at 7:30 p.m., March 15 and 22 at 5 p.m. Tix: $8 ($6 seniors/$4 students). 780-0554.

March 15

TAMING BOOTH AVAILABLE

Parking

Monument Square

Portland

quick picks

MARCH 15

- "EMERGO!"

The effects of the United States embargo on Cuba to the tune of a performance by "Singin' With The Stooges." A weird dessert, marvelous Ira Berlin. Created by Richard Cambridge, "Emergo!" brings together the music of Silvio Rodriguez, the poetry of Jose Marti and the rhythm and movement of the Caribbean. In an hour-long format that includes juggling, folk dancing and storytelling. At the Casco Bay Movers Inc., incorporating music and storytelling piece that combines dance and juggling. At the Crazy Monkey Studio, 151 St. John St., at 7:30 p.m. Also March 14. Tix: $5-$10. 780-0554.

1998 Wedding Band Exhibit

February 28 - March 28

Over 100 unique hand-crafted wedding bands designed by America's finest goldsmiths. One day only. 20% off regular prices during show dates.

NANCY MARGOLIS GALLERY

347 Forest St., Portland, ME 04101

February 28 - March 28

NEIL MANDELL SPRING PERFORMANCE

"Palm and Plane" is one of the new works to debut in an evening of spring dances from New Haven-based, a group of local modern dancers united by the desire to "dance as far as we can, as far as we like, as far as we can." The group's latest production is a 60-minute show of contemporary dance. At the Portland Dance Festival, April 11, 12 and 13 at 8 p.m. 775-3822.

"Dancing with the Winds"

March 15

- "O'Briens Irish Dance Party"

Performing Arts' House Island Project. Hoofing enthusiasts can try their hand at Irish step dance, performing Irish music on fiddle, flute and bodhran. A potluck of desserts adds to the fun. Bring your own sweet treat. At the Portland Performing Arts' House Island Project, 100 Oak St., Portland, at 7:30 p.m., March 15. Tix: $5. A fiddle workshop with Liz Carroll is also offered. Beginners at 2 p.m., advanced at 3:30 p.m. Cost: $5. 761-0591.
The uncooling of Rustic Overtones is proof of two things. First, that the backlash against capitalism has no boundaries, and second, that this nay-saying is just the baggage of success.

Addiction is not to be taken lightly. It's equally dangerous as being asked for my blood donation (I insist you have to listen, not just read) while they're dissembling their own victories. I've been grappling with the phenomenology of the second big thing—that is, the way has turn out on a band when it becomes universally popular—for years now. I was one of the many who watched in horror as Janie's Addiction disbanded to avoid overexposure. "We're not cool anymore," the defectors wailed. "I only like their old stuff, you know," they'd say. And yet the uncooling of Rustic Overtones is proof of two things. First, that the backlash against capitalism has no boundaries, and second, that this nay-saying is just the baggage of success. 

Of course, to some, the backlash to capitalism is nothing but the rise and fall. Every indie film is released elsewhere but not here, or a trendy ska band is turned into a capital-growth machine. And yet the success of Rustic Overtones is proof of two things. First, that the backlash against capitalism has no boundaries, and second, that this backlash is just the baggage of success.

I've been struggling with the question of whether or not Rustic Overtones is mainstream or even cool. Despite Rustic's immense local popularity and growing national presence, they're certainly not the only band I know who wastes them. One says she finds their music lacking in depth (I insist you have to listen, not just read) while another

WINE FIELD
Heavy Metal Horns
Funk & Motown Fest
Gosp. Singers & Swing Band
The Reverend Groove

Stone Coast Brewing Company
14th Annual Record & Book Sale
Saturday, March 21, 10am
USM Sullivan Gym, Portland
$1 Entrance Fee and Raffle
For Booth/Donation Info
Call 780-4424

Civic pride
March 6, I actually found myself singing along— an act I rarely commit in public— to "Hardest Way Possible." I realize it's not such a startling admission (I wasn't asked me when I told him I'd taken in both the band's Portland and Boston gigs this past weekend. "Ha ha," I retorted (I've got a way with comebacks), "you haven't seen the band; she doesn't like music with horns.

Despite Rustic's immense local popularity and growing national presence, they're certainly not the only band I know who wastes them. One says she finds their music lacking in depth (I insist you have to listen, not just read) while another

We Custom Roast and Bomb Coffee That Fits
New England's Taste
Proudly Serving
Greater Portland
for 10 Years
Try Our Tapestry Blend, The Finest Available
Look For Our Iced Coffee and Mocha Drinks.

BAD HABIT'S LIZZ
315 Fores's Ave, 773-3337
ZOOTZ presents episodes of SOUTH PARK FREE NO COVER
VINTAGE 70's DISCO FLOOR W/ BULLY PULPIT EVERY WEDNESDAY NIGHT OPEN MIC upstages on the big stage NO COVER

Green Mountain Coffee Roasters
Coffee that Fits
Greater Portland, New England
1121 Center St, 772-8724
We Custom Roast and Brew Coffee That Fits
New England's Taste
Proudly Serving
Greater Portland
for 10 Years
Try Our Tapestry Blend, The Finest Available
Look For Our Iced Coffee and Mocha Drinks.

WINE FIELD
Heavy Metal Horns
Funk & Motown Fest
Gosp. Singers & Swing Band
The Reverend Groove

Stone Coast Brewing Company
14th Annual Record & Book Sale
Saturday, March 21, 10am
USM Sullivan Gym, Portland
$1 Entrance Fee and Raffle
For Booth/Donation Info
Call 780-4424

Civic pride
March 6, I actually found myself singing along— an act I rarely commit in public— to "Hardest Way Possible." I realize it's not such a startling admission (I wasn't asked me when I told him I'd taken in both the band's Portland and Boston gigs this past weekend. "Ha ha," I retorted (I've got a way with comebacks), "you haven't seen the band; she doesn't like music with horns.

Despite Rustic's immense local popularity and growing national presence, they're certainly not the only band I know who wastes them. One says she finds their music lacking in depth (I insist you have to listen, not just read) while another

We Custom Roast and Bomb Coffee That Fits
New England's Taste
Proudly Serving
Greater Portland
for 10 Years
Try Our Tapestry Blend, The Finest Available
Look For Our Iced Coffee and Mocha Drinks.

BAD HABIT'S LIZZ
315 Fores's Ave, 773-3337
ZOOTZ presents episodes of SOUTH PARK FREE NO COVER
VINTAGE 70's DISCO FLOOR W/ BULLY PULPIT EVERY WEDNESDAY NIGHT OPEN MIC upstages on the big stage NO COVER

Green Mountain Coffee Roasters
Coffee that Fits
Greater Portland, New England
1121 Center St, 772-8724
We Custom Roast and Brew Coffee That Fits
New England's Taste
Proudly Serving
Greater Portland
for 10 Years
Try Our Tapestry Blend, The Finest Available
Look For Our Iced Coffee and Mocha Drinks.
Portmanteau

SALE
35% OFF
A HUGE Selection of Coats and Jackets

Performance

Center Stage

The man who raised up a whopping $18 million dollars to the IRS is the same man who helped raise $74 million for Farm Aid. He's Willie Nelson, country artist and social humanitarian. With the Academy of Country Music's lifetime achievement award in his saddlebag and his induction into the Country Music Association's Hall of Fame, the trouble-prone star shows no sign of easing up in the arena. Nelson gallops into town March 13 along with opening act Billy Joe Shaver, to raise $14 million for Farm Aid. He's Willie Nelson, country artist and outlaw humanitarian. With the Academy of Country Music's lifetime achievement award in his saddlebag and his induction into the Country Music Association's Hall of Fame, the trouble-prone star shows no sign of easing up in the arena. Nelson gallops into town March 13 along with opening act Billy Joe Shaver, to raise $14 million for Farm Aid. He's Willie Nelson, country artist and outlaw humanitarian.

Maine Gay Men's Church

And the Winner Is

Performance March 13 and March 13. Philadelphia's Hicks and Daniel McCusker, at 7 pm, 782-6330.

Casco Bay Movers Dance

By Richard Cambridge, and the Winner Is

Dance By Richard Cambridge, and the Winner Is

USM dining hall, Campus Parade. At Portland High School, Portland, at 8 pm. Tix: $12 ($6 kids and students). Juliana Cas-Barber and Anthony Marzella.

Casco Bay Movers Dance

By Richard Cambridge, and the Winner Is

Dance By Richard Cambridge, and the Winner Is

USM dining hall, Campus Parade. At Portland High School, Portland, at 8 pm. Tix: $12 ($6 kids and students). Juliana Cas-Barber and Anthony Marzella.

Maine Gay Men's Church

And the Winner Is

Performance March 13 and March 13. Philadelphia's Hicks and Daniel McCusker, at 7 pm, 782-6330.

Casco Bay Movers Dance

By Richard Cambridge, and the Winner Is

Dance By Richard Cambridge, and the Winner Is

USM dining hall, Campus Parade. At Portland High School, Portland, at 8 pm. Tix: $12 ($6 kids and students). Juliana Cas-Barber and Anthony Marzella.

Maine Gay Men's Church

And the Winner Is

Performance March 13 and March 13. Philadelphia's Hicks and Daniel McCusker, at 7 pm, 782-6330.
Visual Arts


Original watercolors by Marysia Jakubowicz-Drozd are on display at the MECA Gallery. The show features a variety of themes, including landscapes, still lifes, and abstracts. The paintings are done in a range of colors, from bright and bold to subtle and muted. The show is open from March 14 through April 21. Hours: Wed-Sat 10 am-6 pm, Sun 1-5 pm. fart: 780-5409.

The Bowdoin College Museum of Art, shares the permanent collection with the friends of the museum. The museum is open daily from 9 am-5 pm during the academic year. Put: 207-725-3275.

The Portland Art Museum, located at 157 Commercial Street, Portland, ME, features a wide range of art from around the world. The museum is open daily from 9 am-5 pm, except holidays.

The Maine State Museum, located at 225 State Street, Augusta, ME, features a collection of Maine art and artifacts. The museum is open daily from 9 am-5 pm, except holidays.

The Lucerne Art Center, located at 216 Main Street, Portland, ME, features contemporary art from around the world. The center is open daily from 9 am-5 pm, except holidays.

The Rockport Art Association, located at 176 Main Street, Rockport, ME, features contemporary art from around the world. The association is open daily from 9 am-5 pm, except holidays.
**The joy of cooking, or, escape from paste**

Though I often don't, I don't really like to cook. Frankly, the shopping and the chopping and the cooking and the eating, rather than offering a relaxing, creative outlet, I've found often to detract, imitate us, make us weary. Maybe it's greediness — my mother was a hungry woman who owned the adjacent of ambitious, packaged and frozen foods with vicious enthusiasm.

I'm one of the lucky ones whose significant other shares the R.P. Adams weekly. It's a good thing, too, or he might suffer from malnutrition. Though I've ordered a more oligarchic sharing of kitchen duties amongst ourselves "traditional" couples, among the few fellow families I know, the women seem equally intent to help work and bring home the bacon, too. I cook a lot. Despite work and child care obligations, these women are expected to do, shop and prepare virtually all the meals.

My life, sans paste. Without paste, I would have starved to death a long time ago. Though one my friends is a big fan, you can survive on a steadily-pastey diet for a while, but for a year, I've never been a fan of potato pastes. I can handle all varieties of paste, except for the ethnic whole wheat varieties, which continue to elude me. A most frustrating that by no means constitutes a "tasteless" couple. I often buy and I have even made my own. I can admire it with delicious sauces made from assorted stuffed lentil varieties that limit my peas to potatoes, split peas, string beans, spinach, carrots and turnips. This, encompassing most of my basic food groups and cheese.

Several tried and true another one of my great staples. For two or three pastes I am used the breakfast almost every day of my life. I would buy it and buy it and buy it while getting in those years, but my mother did insist that there would be a noticeable decline in bacon rates.

Since I already make bacon noodles (using for cooking ingredients or cooking processes that involve more than three steps, I have no choice but to experiment. Some of my more recent creations include: "improved" minestrone soup, "improved" lentil soup. In my kitchen is a resemblance on top of French toast (I thought it rather English). Then there is the baked sweet potato, onion, eggplant and broccoli melange. The trick is to add a cohesive element of assorted spices — whatever you can find the cup will be.

My significant other tries to sell his adopting approach to cooking "adventures" and "tricks" that he has tried it or seen. Another of my recent inventions is "corned beef", a gravy beef but nontoxic product available at any Asian grocery store. It is a bit more something more wonderful and it doesn't doesn't smell like you feel a few Asian grocers, where I feel right at home in the midst of Chinese beef, ginger and garlic. One of my most recent creations is "pasta" (though I don't consider it to be the world's most inventive. I might find myself eating "pasta" even if I never order it in the future.

I try to make my meals more interesting by inventing delicious sauces to go along with the pasta. My technique is simple. I get all of the pasta ingredients I'll be using for that meal, and I make sure I have plenty of things like garlic, onions, carrots and celery. Then I wash the ingredients, chop them, and cook them until they're tender. I add the sauce to the pasta and cook it until it's heated through. I then serve it with a sprinkle of grated cheese. I've found this method to be very satisfying and economical.
Where can you get the finest art education in New England?

Maine College at Art
Spiva Career Center
Institute of Contemporary Art
521 Congress St., Portland
1-800-942-3337

Traditional, Culture and Dance in Maine:
Art, the Secularists of Nature Salas
North American Ethnic Salas
from behind the scenes
Tuesday, March 17, 7 p.m.

Frances Nadal
Susan Winger, Ronald

** Bachelor's degree program with eight majors: ceramics, graphic design, jewelry/woodcarving, metals, painting, photography, printmaking, and sculpture.**

** Master's degree program in studio arts.**

** Early College, a summer immersion program for high school seniors.**

** Maine Summer Institute in Graphic Design for professionals.**

** Summer University Studies:**

- Visual Arts for adults
- School art classes for kids
- Pottery and ceramics

Portland's Best Breakfast & Lunch in the Old Port

Full Espresso Bar
Juice Bar

Featuring:
Homemade Brioche French Toast
Delicious Omelettes
Specialty Sandwiches & Roll-ups
Delicious Salads
Quiche of the Day
... and more!!!

Black Tie

300 Middle St., Portland
1-800-667-9191

Free delivery to Old Port and area of US 1, in town.

CONTINUED FROM PAGE 43

Yankee Lanes in Portland and Big 20 in Scarborough. The team that gamers the largest amount of donations win a prize at Yankee Lanes or Jokers. Funds benefit "Trek Across Maine" participants. Bicycling enthusiasts may register now for this trek from Sunday to the sea, with a stop at the Maine Mall. For entry forms or more information, write to: Peoples Heritage Bank, c/o Marketing Dept., PO Box 9540, Portland, ME 04112-9540, or call 888-480-6940.

Peace Vigil on Innovation National theatre Last Performances at the StoneCoast, Commercial St., Portland, from 9 a.m. to 7 p.m., Mon-Fri from 10 a.m.-1 p.m. Each week, information about community service programs, call 772-1177 or 800-KIDS FIRST.

Maine Audubon offers a guided nature walk at the Cobscook Bird Observatory on the second Saturday of each month from 9 a.m. to 11:30 a.m. Cost: $5 ($4 members); $3 each additional person.

Maine Art Union offers a "Liberation of the Muses" event with a mix of music, dance, poetry, and performance art. Performers include "Bread and Roses," "The Singing" "Poetry Slam," and "The Word" all from 1-2 p.m. Most events are free with admission. Pre-register for workshops. For more information, call 772-8162.

For more information, call the Day of Nursing at 1-800-797-7698, ext. 4220.

CONTINUED ON PAGE 41
Seeds of Change

THE RESOURCEFUL HOME

MARCH 19 - APRIL 11
Thursday 7:30 p.m., Friday & Saturday 8:00 p.m.

Open Mon.-Sat. 11-6, Sun. 11-5
movies

“Tight,” directed by Robert Duvall. Robert Duvall (from the film “222” and a White Center) stars in this film that explores the life of a man who brokers movie streaming rights.

50% off any decorative painting class

Think For Yourself

Sonata

87 Market St 761- 0991

Attorney At law

Creat

is a nearly flawless film that challenges its characters to think for themselves.

THE MAN IN THE IRON MASK
Directed by Martin Scorsese, this film tells the story of a shaman (Alain Delon) and a poser (Richard Gere) who become a puppet leader of Tibet, a position that they must defend against a sinister force.

THE BORROWERS
A man (Joan Goodman) is pestered by a colony of tiny but good-natured creatures who make their home in his house.

THE BIG LEBOWSKI
With John Goodman, Steve Buscemi, and Julianne Moore, this film is a portrait of a man who is caught up in a series of schemes to rip off his wealthier neighbors.

times

UNLEASH YOUR POTENTIAL WITH QUEST CENTER MARTIAL ARTS

Dynamic and Engaging Classes for Children and Adults

GETTING STARTED IS EASY!

Call 772-7763

Ask for John or Hannah

WCLZ 101.5 FM

www.casocabayweekly.com
PORTLAND SYMPHONY ORCHESTRA

The Portland Symphony Orchestra (PSO) is the orchestra of Portland, Maine. The PSO performs a wide repertoire, with an emphasis on new and dead composers. The orchestra is known for its high level of musicality and technical precision.

Romantic String Serenades
SUNDAY, MAR. 18, 7:30 p.m.
Concert Hall, Portland

John Belden, Conductor
Marco Nolting, Violin

May 17, 2006, 8:00 PM
Dartmouth Hall, Portland

Jan Berlin, Tenor
John Boden, Pianist

Mozart: Quartet in E Flat, K. 387
Britten: Four Sea Dances, Op. 17

BARTLETT"S

Suzuki piano and violin instruction
...

Try Sports Inc.
250 Broad St, Portland
1-800-291-3328

Furniture Factory

Honey-Skinned Beauty-30, tall, slender legs seeking someone to share quiet evenings, lingering over meals, counting down calories, creating family traditions.

TRI SPORTS inc.
1-800-291-3328

Models Wanted

So you're a TV weather girl, magazine model, film, fashion show and voice-over talent? L.A. Reid, Executive Director of the Barone Modeling Agency is casting for The Portland-based FEA audition is at the Sherry-Day Hotel on York Ave.

BEACH GRIEG CASCO BAY WEEKLY

March 12th - 19th, 1995

Toshiyuki Shimada, Music Director

Serenade for Tenor and Horn

Two Quartet for Strings

POTTERY CLASSES FOR YOU?

Adult Classes: Mon., Tues., Wed. & Thurs. afternoons

Children's Classes: Fri. afternoons

Call 767-4394


10am-4pm

Suzuki

Appointments are limited.

Reservations Required.

Full Training Provided for Free Information.

Children's Advocate

Full-time split position for Domestic Violence Shelters and Transitional Housing. Preference given to experienced, bilingual, culturally competent, and licensed social workers. Must have at least a BA in social work. Full-time position.

WOODFORDS FAMILY SERVICES

Respite Services is looking for people to provide care to elderly patients on a limited basis. Thorough training and support provided.

DO YOU LIKE WORKING WITH CHILDREN?

Good pay, good atmosphere, good future.

Window cleaning and business rent.

Porcelain set services.

FREE NEW POWERFUL EXPLODERS.

IBM, Mac, Quark, Photoshop, Freehand, Windows.

PORTLAND

www.portland.com/symphony

Making it Reel

QUICK FLIX ON THURSDAY NIGHTS!

March 12 and March 19, 7 PM

Museum Auditorium

Free with Museum admission!

Come and see some of the earliest illusions captured on film! Films by photographers! Unbelievable special effects!

March 12 Films:

- Beauties Without a Cause, 1986, by David Hiney, 7 mins.
- A Detectors Hour of the World, 1910, by Pablo Ferreres, 17 min.

March 19 Films:

- The Man with the Movie Camera, 1929, by Dziga Vertov, 75 mins.

PORTLAND MUSEUM OF ART

320 Congress Square • Portland, ME 04101 • 207-775-6800

www.portland.com/symphony
**HARMON'S & BARTON'S**
1-800-SUN-LILY
774-5946

**PERSONALS**

**WOMEN & MEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.


date, time, name, or phone number, may be used by any advertiser. All ads are subject to the approval of Casco Bay Weekly. All ads expire unless renewed. Classified ads are accepted on space available basis only.

**PERSONAL OF THE WEEK**

**W**

READY FOR SPRING. Full figured SSWF, brown hair, enjoys music, dancing, theater, arts, and literature. Active, outgoing and fun. Seeking man to share time with, have fun, and be friends. Looking for the one. Let’s talk. 175 lbs, blue eyes, seeks a male, 25-45, for friendship, relationship, and companionship.

**MEN: WOMEN**

MEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

WOMEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & WOMEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

WOMEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**MEN: MEN**

MEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & MEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & WOMEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

WOMEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**MEN: MEN**

MEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & MEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & WOMEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

WOMEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**MEN: MEN**

MEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & MEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & WOMEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

WOMEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**MEN: MEN**

MEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

**PERSONALS**

**WOMEN & MEN**

WOMEN: Advertise: M-F 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.

MEN: Advertise only on Wednesdays from 7am-9pm. For your ad to be posted, leave a message on our answering service at 1-800-710-8726.
Casco Bay Weekly is currently seeking qualified applicants to fill a new position in a somptimt's stressful environment. Positions available are equal opportunity positions.

We are looking for smart, tough, persistent and unafraid to ask hard questions. The job involves working with a variety of clients and requires strong communication and problem-solving skills. If you are interested in joining our team, please apply now.

For more information or to apply, please visit our website or call (207) 775-1234.
KID'S Levi's®

SAVE 50%

550° + 505° + 512°

RELAXED FIT JEANS
CLASSIC FIT JEANS
SLIM FIT JEANS

Selected Colors

13.99 JEANS • 9.99 SHORTS • BOYS & GIRLS

LADIES Levi's®

MEN'S Levi's®

SLIM FIT JEANS • RELAXED FIT JEANS

505° + 550°

JEANS REGULAR FIT • JEANS RELAXED FIT

STONEWASHED AND BLEACHED 22.99 • PREWASHED 19.99

SAVE 40% • UNWASHED 17.99 • SAVE 40%

LEVINSKY'S

DOWNTOWN PORTLAND
516 Congress St. • 778-0972

WINDBHAM
WINDBHAM MALL
082-0797