WMPG radio is a vital part of Southern Maine's media landscape. What makes the station so unique is its exceptional representation of our community's diversity — virtually anyone can and does participate. In honor of WMPG's 30th anniversary, CBW takes a closer look at our favorite local voice.

Local Boy Makes Good
Young Portland sixth-grader wins Challenger Learning Center Contest

Local Color
A photoshoot on Portland Symphony Orchestra's Designer Showcase

Local Legend
Jimmy The Sweeper makes his mark at Hadlock Field
Cracked Up Glossary Of Common Gym Terms

by Nick Nitsche

"What do you mean by that type of bar?"

"I don't know."

"Then why did you use it during the last few reps of last week?"

"I'm not sure."

"Are you sure you're not cheating?"

"No, I'm not cheating."

"The bar was on the floor."

"Yes, it's on the floor.

"No, it's not.

"What exactly do you mean by that?

"I mean, it's not on the floor.

"Then why did you move it?

"I didn't move it.

"Then why did you put it on the floor?

"I didn't put it on the floor.

"Then why did you take it off the floor?

"I didn't take it off.

"Then why did you put it on the floor again?

"I didn't put it on again.

"Then why did you take it off again?

"I didn't take it off again.

"Then why did you put it on the floor for the last few reps?

"I don't know."

"Then why did you use it during the last few reps of last week?"

"I'm not sure."
June 5: Something for Everyone!

From lakes, to beaches to mountains to walkable cities, there's reason Maine is called Vacationland. Our marauding state has it all options for every taste. In this issue, CBW checks out the fun in our own backyard.

June 12: Coming Home for Father's Day

The war is over and soldiers and sailors are coming home. CBW brings you a personal story from the father of a sailor returning from war abroad the USS Lincoln to his homeland Maine. To their home of Bath, read about how this sailor grew and how the experience changed his life forever. Isn't that time to try your advertisement before Father's Day?

For more information, contact Roxane Mango-Morgenson at 775-5601 or email cbw@maine.com, Spain is a must!
PORTLAND BIKES ROUTES CELEBRATED

PORTLAND—Portland is a city that will become even more bicycle-friendly with the coming of Portland’s new bike routes in Wednesday, May 21, which will celebrate the opening of the city’s first bike routes. The biking community is expected to gather to celebrate the new bike routes, which are part of a larger effort to make Portland a more bicycle-friendly city.

With the opening of the new bike routes, Portland officials hope to encourage more people to bike to work, school, and for leisure, in turn reducing traffic congestion and promoting a healthier lifestyle.

The bike routes are part of a larger initiative to promote bicycling in Portland, which has seen a significant increase in the number of people biking to work. The city’s commitment to a more livable, healthy Portland is also reflected in its efforts to promote cycling as a means of transportation.

In addition to the new bike routes, Portland also offers a variety of resources and services to support bicyclists, including bike share programs, biking infrastructure, and education initiatives.

The celebration on Wednesday will feature speeches, music, and a bike parade, with the aim of raising awareness about the benefits of cycling and encouraging more people to join the biking community.

The event is expected to bring together bike enthusiasts, city officials, and community members in celebration of Portland’s ongoing commitment to making the city more bike-friendly and livable.

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*Note: This is a fictional piece of text generated for the purpose of the task.*
COMMUNITY VOICES

WMPG radio is a vital part of Southern Maine’s media landscape. What makes the station so unique is its exceptional representation of our community’s diversity—virtually anyone can and does participate, in honor of WMPG’s 30th anniversary. CBW takes a closer look at your favorite local voice. PHOTO BY DAVID WARD

A Brief History of WMPG

For almost 30 years now WMPG, the University of Southern Maine’s community and campus-based radio station, has been broadcasting diverse, cutting-edge music and public affairs programming, earning accolades and praise, while connecting with the communities it serves. As the station approaches its 30th Anniversary, it seems fitting to look back on the creation and development of WMPG.

From its beginnings as WGOR in 1971, WMPG has been a focus for broadcasting at USM. The first public reference to the station, from the October 4th, 1971 edition of the Observer (a precursor to the Free Press), mentions that the station “operates with new concepts in student programming.” Those involved in the creation of WMPG stated early on, in this case in an Observer article dated February 28th, 1972, that “as a non-commercial, educational FM station, we have the opportunity to broadcast a wide range of programs to serve the needs and interests of the student body and the community.” WMPG has never strayed from this goal, consistently attracting those members of the student body and the surrounding communities who thrive on extending alternatives to commercial radio.

A Little Night Music

On a spring day in 1971, while the rest of America was waltzing with political and social turmoil, University of Maine student Howard Allen discovered a tiny FM wireless transmitter for sale at the Portland Shopping Center. That evening, hooking up this one-dollar piece of equipment via tuition fees. Against the will of some staff members, WMPG’s first programming director, Howard Allen, began the tradition of seeking out specialists in certain genres of music, whether students or professors, to add variety to the station’s programming. This non-traditional and educational model of diversity in the greater Portland campus has also come to serve as something of a model of diversity in the greater Portland area. Since the late 1970s, Southern Maine’s multi-ethnic and second- or third-generation populations have forged a sense of community, much like that found in other radio stations around the country.

For almost 30 years now WMPG, the University of Southern Maine’s community and campus-based radio station, has been broadcasting diverse, cutting-edge music and public affairs programming, earning accolades and praise, while connecting with the communities it serves. As the station approaches its 30th Anniversary, it seems fitting to look back on the creation and development of WMPG.

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There's a new hot spot on the west side of Portland. It's called the Chase of a Lifetime. Falmouth Middle School, Falmouth; Brenda Laliberte's Science Center in South Portland; Memorial Middle School in South Portland; and the Learning Center in Portland have all collaborated to create this unique program. When the Chase of a Lifetime opened in October 2002 with the idea that the learning experience would be more than just lessons in the classroom and that students would be encouraged to think outside the box, it was a tremendous success. The Chase of a Lifetime program has already started to achieve its goal of giving students a chance to learn beyond the traditional classroom setting.

The Chase of a Lifetime program is a collaborative effort among four local schools in the Portland area. The program aims to provide students with a unique learning experience that goes beyond the traditional classroom setting. Students from each school are paired with a mentor from a different school, and they work together on a project that combines academic and real-world experience. The program is designed to help students develop critical thinking skills, collaboration, and a deeper understanding of the world around them.

Falmouth Middle School students are paired with a mentor from Brenda Laliberte's Science Center in South Portland. The mentor is a teacher or scientist who can help the student explore a topic of interest in a hands-on, real-world context. This partnership allows students to gain a deeper understanding of the topic and to apply their knowledge in a practical way.

Memorial Middle School students are paired with a mentor from the Learning Center in Portland. The mentor is a teacher or professional who can help the student explore a topic of interest in a hands-on, practical way. This partnership allows students to gain a deeper understanding of the topic and to apply their knowledge in a practical way.

Learning Center students are paired with a mentor from Memorial Middle School. The mentor is a teacher or professional who can help the student explore a topic of interest in a hands-on, practical way. This partnership allows students to gain a deeper understanding of the topic and to apply their knowledge in a practical way.

The Learning Center students are paired with a mentor from Falmouth Middle School. The mentor is a teacher or professional who can help the student explore a topic of interest in a hands-on, practical way. This partnership allows students to gain a deeper understanding of the topic and to apply their knowledge in a practical way.

In addition to providing a unique learning experience, the Chase of a Lifetime program also helps to build relationships between students and mentors from different schools. This can be especially beneficial for students who may not have access to the same resources or opportunities in their own schools.

Overall, the Chase of a Lifetime program is a great example of how collaboration among schools and educators can lead to innovative and effective learning experiences for students. By combining academic knowledge with real-world experience, students are able to develop skills that will be valuable to them in the future.
shortage of debate over extent of or the need for
ship of then-manager Rob Rosenthal implemented

as a constraint way of scheduling in the world of community radio and has been very well received
by WMCP's listeners.

Take a SIP of WMCP
Just in time to help celebrate WMCP's twenty-

fifth anniversary, the station undertook the Signal
Improvement Project. The first phase of the SIP
involves the replacement of a translator on Mount
Ocean, was completed in September 1998 and now provides
listeners in the Portland area an alternative fre-
quency at 91.3. The success of the SIP is in no small part to
WMCP listeners throughout the greater Portland area.

The Future Is Now
In the five years since the SIP, WMCP has con-

tinued to grow and evolve under the leadership of
Station Manager Jim Rand. The station's paid staff has
increased from 2 full-time and one part-time
employees to three full-time and two full-time po-

sitions and the volunteer staff has grown from 135
to more than 250. Reflecting this growth, the sta-
tion's revenue from listener donations has greatly
doubled in the past five years. WMCP's growth has
also been made possible through its use of tech­
ology. Taking full advantage of the reach of the

WMCP also serves as a radio as a dynamic medium for community dialogue, introspection, and expression.

WMCP seeks to give citizens and community groups avenues to speak to share their interests, concerns, and values by

- providing listener-driven broadcast programming regardless of race, religion, sex, sexual orientation, lifestyle, or physical ability;
- encouraging the participation of community members with diverse backgrounds and life experiences;
- encouraging community members to participate in management and on-air programming;
- encouraging two-way communication between the station and citizens, which enhances the understanding of the differences between broadcaster and listener and encourages active listener participation in all aspects of media, such as letters, phone calls, community events, studio visits, and performances.

WMCP's purpose is to provide a high-

quality, community-oriented broadcast service to the people of Southern Maine.

A Conversation with WMCP's Program Director, Dave Bunker

Do you pick the programs?
Most of our programs are created by

volunteers. They choose that they want to
-
do—there is a lot of freedom. We have

some certain times of the day where we try to
-have the same genre of shows. For exam-
ple, we have a folk show Monday through Fri-
day from 6 to 10 PM, the morning rush with a
different host or idea of folk music.

Presently we have a show which has been on
da long time called the Forum. We

have a talk show every Monday through Thurs-

day from 9 PM to 1 AM, the Saturday night show with a

different host each night, each with his or her

own ideas of what to do.

Balanced and diverse?

The idea is to make it so listeners will find

something for whatever it is they are ex-
pecting. We are going on the theory that

they do so responsibly and with consideration for

their communities. This fact is what makes

us unique. We don't do just one show,

we have a lot of freedom. We have

some shows that are about one and the

same genre of shows. For exam-
ple, we have a new music show, fol-

lowed by a children's show.

Don't think you could get more variety

than that.

How do you become a DJ?
People don't just show up to talk on

the radio. There are skills to be learned.

First you have to be able to come

find one of those nights, called the

 registration. When a volunteer is

involved there, their lives change

and they stay for years and years

and for years and years you will

be able to sit down and talk about

the news. But on the other

side, we have a huge variety of

shows. Look at Sunday morning for ex-
ample, we have a Lakers Christian show

in the early morning followed by a regu-

lar show, followed by a Youthpro-

together with their children's show.

This is what we can get away with.

One thing that has happened here, that

has been very interesting and important to

us as a station, is we recently went through

a long period of deciding to add a nation-

ally produced program to our schedule.

This was a huge step for the station.

The show we added is called Democracy Now!

Democracy Now! is a daily hour of non-

mainstream media coverage. Adding it

was a very long and careful decision making

process. It took about seven months in

which we repeatedly gave the program

the opportunity to comment on the school

issues and the idea of adding the program.

They clearly decided in early April by a vote of the

station's board of directors that the show on

Monday thru Friday, noon to one. To

accommodate Democracy Now's schedule,

some shows were shortened by a half-hour

for it to be a part of the show.

More than a radio station?
Part of our mission is to be a part of the

community. We use a community radio sta-

tion, we use almost entirely made up of

people from the community and we try to

promote equal and groups in the com-

munity as much as possible by sponsoring

even and having guests on talk shows.

For me personally that is what radio is all

about, all about the personal connection to a

local community. That's interesting and

exciting.

Upcoming events! Anything to add?
I think it's important to point out that we

have a very strong commitment to

afro-centric programming. We have pro-

grams each week in seven different lan-

guages besides English. French, Spanish,

Russian, Vietnamese, Cambodian, and

Somali, Pacifica is also a Pacifica

affiliated station.

This is a testament to the support of

WMPG volunteers in our volunteer sta-

tion, the volunteers and the listeners,

we have a very strong commitment to

live people. Who would want to come in

and do this show? We have students involved in every

area of the station. A part of our planning

comes from the University of Southern

Maine student body for we are con-

stantly recruiting students and looking for

ways to have them involved at the sta-

tion. When a community volunteer gets a

show, generally they are pretty settled in

their positions and stay for years and years and

do the show. When students get shows,

they graduate; their lives change and they

know. Even if they stay to continue to do the show,

they are not students anymore. You

can see one time that the radio service is

not. We are increasing our paid staff and also hoping to increase our listeners with listening without sight.

You are always looking for ways to increase our presence and im-

port the community.

Web on WMCP page 18.
High School Poetry Slam

by Matt Joyce and Jon Carlsen

Call it a light at the end of the tunnel or any other metaphor you’d like, but there’s been a small resurgence of poetry readings and open-mics lately in York County as a school that sometimes escapades the radar of most people. There’s also been a number of poetry readings, coffeehouses, etc. going on at a few high schools in York County, but since the years don’t usually make it off school campuses and a lot of kids just clean up around anyone else, the word doesn’t get out.

Our version of the open-mic at Mountaonica High School (MHS) tries to be the exception to that. We, Ian Carlsen and Matt Joyce, like to refer to ourselves as “the houses,” and have been running this poetry, music and comedy club for six or seven months now, with the help of our Creative Writing teacher James Siegel (affectionately known as “Sieg!”). The idea for the open-mic started when Ian had come back from the New England Young Writers Conference, having participated in a “poetry slam” there – last but not least. He came back hoping to start something similar and settled a poetry slam at the end of the last school year, and then as a Senior, he started a series of open-mics to encourage the trend, with the help of Matt Joyce, winner of the 2001 MHS Poetry Slam and the true backbone of the open-mics. From there we spread the word to a few bordering high schools, started putting fliers up in a few of them, and then actually managed to get quite a following. Our largest crowd has been fifty people from Maine and New Hampshire. In March, Siegel suggested to us the idea of turning the open-mic into more of a poetry reading by asking published poets to come and read, and then giving all the proceeds to the Robert Frost House in Franconia, NH, where he would end up bequeathing poetry as a whole. We were thrilled with the idea of getting into a much more poetic fold with the open-mics as well. Siegel contacted the Frost House and then went to Brain Weimar, our poet laureate, for suggestions on who to ask. Weimar is co-director of the Frost Place, and via his MHS annually. He suggested Siegel contact local poet Peter Sholl, as well as Trinity Dente Carter, Poet Mascall and Jay Davis who, anonymously agreed to show up at our high school.

Betty Sholl has lived in Portland, Maine, since 1983.

Would you like to see your child’s school profiled? Want to get the word out about what your school has to offer? GWB welcomes submissions and suggestions from Maine learning institutions at all levels. Just send your stuff to: CBW, 11 Forest Ave., Portland ME 04104, or email: ThisEmailIsVisibleToReaders.com.

Preventing Hate Violence: The Unity Project

By Peter Taylor

Program Officer

Maine Community Foundation

Across Maine, as communities grow more diverse, schools are increasingly struggling with problems of prejudice and harassment. In Lewiston, over the past year, many Somali families have settled in the city causing a significant change in the composition of the student body at the high school. While many Lewiston High students were welcoming, some have felt ostracized by the new arrivals.

In 1993, then Deputy Attorney General Wessler recognized that the perpetrators of hate crimes generally witness students using derogatory language and racial slurs. The Maine Community Foundation has been an important partner for the Center since it was founded in 1990. No other center has provided the continuity of support for the work of the Center more than MCF,” said汽ometer Hunder. “Seed funding has helped launch new projects and demonstrated visibility, which is key to attracting other funders.”

The relationship between the Maine Community Foundation and Stephen Wessler goes back a full decade. In 1991, then Deputy Attorney General Wessler was in the midst of establishing the Civil Rights Unit of the Maine Attorney General’s Office. Early on in his work he recognized that the perpetrators of hate crimes were often young people. Given this fact, he felt early intervention and preventing programming to the schools was essential for creating safer Maine communities.

For more information on the upcoming poetry reading please contact Ian Carlsen at iancarlsen@hotmail.com.

The Unity Project is a school-wide effort to build greater awareness among students, faculty and staff of the issue of verbal harassment. The project also provides them with tangible skills for how to intervene in key-ways when they witness students using derogatory language and racial slurs.

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WMPC: A Community's Voice

WMPC has come a long way since its inception in a dorm room at Gorham College. The same passion for independence and unique programming is, was, and will continue to be the driving force behind Greater Portland's community radio station. WMPC's connection to the University of Southern Maine (formerly Gorham College) has allowed the station to grow in an atmosphere charged with the energy inherent on college campuses, with strong and supportive support from the Student Senate and administration. That WMPC is a hybrid college/community radio station is a further indication of its standing as a media outlet unlike those available in most cities.

The WMPC mission is clear: to provide radio programming that is as diverse as the community it serves and, as the diversity of Southern Maine has grown, WMPC has become an ever-evolving reflection of the cultures and contributions of all who are Greater Portland. Programming now includes Somali, Frisian, Eastern European, Russian, Vietnamese, Cambodian, Irish, and every stripe of American music from country and blues to hip-hop and rock n' roll. There literally is something for everyone on WMPC's schedule. And, as regular listeners discover, it is rare to see or hear the same CD two times in a row. There is so much more good music available these days than most people realize. The trick is finding it behind the billboards in marketing muscle and miners that have caught an leg bands and ad breaks. Why? Because the passion and knowledge of WMPC's corps of volunteer DJs comes from hours devoted every week by volun ters guaranteeing the listener that the DJ is there because he loves the music and has spent a week preparing for his show. There is no clock-bound program manager at WMPC. DJs plug whatever they want with absolutely ZERO limitations placed by station management apart from FCC-mandated regulations.

WMPC is about much more than great music. The public affairs programs can be listened to on the schedule, with events produced on location by volunteers, including Blunt Chains pop up every day. There is so much more good music available these days than most people realize. The trick is finding it behind the billboards in marketing muscle and miners that have caught an leg bands and ad breaks. Why? Because the passion and knowledge of WMPC's corps of volunteer DJs comes from hours devoted every week by volun ters guaranteeing the listener that the DJ is there because he loves the music and has spent a week preparing for his show. There is no clock-bound program manager at WMPC. DJs plug whatever they want with absolutely ZERO limitations placed by station management apart from FCC-mandated regulations.

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The MECA Connection
Intuitive Design's Joshua Walton and Jared Gahn are succeeding just steps down Congress Street

by Frank Equity

J ust as the school's campus begins to come alive for the fall semester, graduates are busy working and making names for themselves in the real world.

"Most college students can't wait to find out what the real world is like," says Walton. "They want to see the theory in action, but the reality is often a surprise. It's not always fun and games, but it's something you have to experience to understand.

Walton and Gahn began working together on Capitol Street in 2005. They opened a design studio, Intuitive Design, in 2007. Since then, they have expanded their business to include a retail store, where they sell their own designs and other local products.

"We started out wanting to do exceptional design work and build a business from the ground up," Gahn says. "We knew we couldn't hang out with the big guys. After all, these artists/entrepreneurs say that's what they do for a living."

To date, their biggest project has been setting up a new office in the heart of Portland's downtown district. They have also expanded their services to include branding and marketing strategies.

"We're succeeding just steps down from where these students walked," says Walton. "We're fulfilling a dream that many of them have had since they were young. We're helping them turn that dream into a reality."

Walton and Gahn have hired a few other MECA-trained designers and visual artists in their seven-person firm. But they both say that the experience of working with students and others who are just starting out has been rewarding.

"It's great to see the passion and drive that these young people have," says Walton. "They're always coming up with new ideas and are not afraid to take risks. It's refreshing to see.

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Yellow Daffodils, installation and live art, MUSE, discussion/network gathering for creatives, with guest creative Tori Morrill, 4-6pm, room Astronomy, 2pm, Maine Discovery Museum, 74 Main St., Woodfords St., 773-1545.

Astronomy, 2pm, Maine Discovery Museum, 74 Main St., Woodfords St., 773-1545.

The Schaible Family Ocean, 2pm, Massachusetts Museum, 74 Main St., Woodfords St., 773-1545.

Open GIS Seminar, 772-1177 or annej@kgsc.org. 5pm, Tuesday, May 27. 772-1177 or annej@kgsc.org.

Women in Black Vigils, 7-9pm, Wednesday of the month at Temple and 7-9pm, Town Hall, Portland. 828-1223 or womeninblackvictoria.com. 774-2801.

Women's Writing Group - Women from all walks of life writing poetry, fiction, or memoir, sharing their work. Every 2nd and 4th Monday of the month, 6:30-8pm, Women's Writing Group, 772-1177 or annej@kgsc.org.

The Greater Church of Christ's Urban Association (GCCUA) is a 501(c)(3) nonprofit organization. 562 Middle Street, Portland, 774-2038.

Women writing group, open to all writers, 10:30am, Monday, May 27. 772-1177 or annej@kgsc.org.

Women from all walks of life are encouraged to attend the free Round the World in 80 Days VI Writing Workshop. Every 2nd and 4th Monday of the month, 6:30-8pm, www.mainewriters.org.

Women talk and women-centred clubs, 7:15-9pm, Wednesday, 10th of the month at the Portland Women's Center, 772-1177 or annej@kgsc.org.

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Working Women's Empowerment Luncheons, 10:30am, every 2nd Wednesday of the month at the Portland Women's Center, 772-1177 or annej@kgsc.org.

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Thursday, May 22
Tars/The Fear
International Cinema: Tars/The Fear (Shaw and Reichert, 2002) Afghanistan. The jour­
nalist visual work details the struggles of two Afghan/U.S. immigrants, 7:30pm, Center for Cul­
tural Exchange, 761-1545.

Friday, May 23
Lyric Music Theater
Announcing an evening of romantic music featuring violinist Ashley Liberty with pianist
Theraoies for Saturday, May 24
The theme of the International Repertoire for Maine at Farmington.
The leaves be green: Western
Civil War era weapons, clothing, medical equipment, Junks, Grand Army of the
Repulsive swords and more at the Casco Masonic Lodge, 662 St., Yarmouth. 1-4pm, 846-8989

Saturday, May 24
Bobcat Goldthwait
As a stand-up comic, he has been compared to everyone from Lenny Bruce to a Warner
Brother's cartoon character on the verge of a nervous breakdown. Whether audiences consider him
Buck 65
Performing, 9pm, at Space, 518 Congress St., Portland, 828-5600.

Dr. Sally Shaywitz
Author of Overcoming Dyslexia: The New and Complete Science-Based
Program for Reading Problems at Any Level.

Sunday, May 25
The Midcoast Woodwind Quintet
A chamber group made up of the principal woodwinds of the Midcoast Symphony Orches­
tea, will play a variety of selected and light classical pieces, 7:30pm, St. Lawrence Performing
Arts Centre, Congress St., Portland.

Civil War Open House
See Civil War era weapons, clothing, medical equipment, Junks, Grand Army of the
Repulsive swords and more at the Casco Masonic Lodge, 662 St., Yarmouth. 1-4pm, 846-8989

Monday, May 26
Artscape: Rockets!
5:30pm, Maine Discovery Museum, 74 Main St., Bangor, 562-7300.
Portland Symphony Orchestra
Showhouse 2003
Photography by Abbie Ostrem

The West Mansion

Casco Bay Weekly

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Great gifts for so many occasions.
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EF 17-40mm f/4L USM
A new and affordable ultra-wide-angle lens that's ideal for both film and digital SLR. Processing on close to 1 inch. Optics weather-resistant construction similar to other high-end L series lens.

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One of the finest telephoto zoom lenses in the EF line, comparable to a single focal length lens. Constant f/2.8 maximum aperture and superb sharpness equal to none of the most popular professional SLR lenses in the world.

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Final cost $1299

GET CASH BACK!
Get $149 rebate when you purchase the following Canon products:

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Letters and numbers in red are the original letters and numbers. If any letters or numbers are different, they are the result of OCR errors.
Cresco Boy Weekly

Theatrical/Claude

Abolition of the Land of 1st & 2nd, presented by the Forty Girls Purdy Show. A matinee show for all ages every Saturday morning in May. Hays, 11am and 12 noon. St. Lawrence Arts

and Community Center, 54 Congress St., Portland, 775-2044.

Decades: about a chance girl who misses her train. They manage to stop a girl and prevent her from being evicted along with another000 chance girl. May 9—June. Fri & Sat
3pm. The Portland Players, 400 Cottage Rd., South Portland. 798-7307.

Comedy Connection, 14 Commerce Wharf, Portland. 776-2044

May 22, Comedy Showcase hosted by Jim Darn, 6:30pm.

May 20, Jimmy Dunn with Jim Collins and Mike Cole, 8:30pm.

May 24, Mike Goldstein, 9pm. 8:30pm. 10:30pm.

May 30, Shane Kinney's Comedy Showcase, 8:30pm.

Stage Door

Music for a Sunday Evening in Spring

The McMenamin McTolm's, a chamber group made up of the principal wind players of the McMenamins McTolm Orchestra, will be held new ground at the St. Lawrence Performing Arts Center in Portland when they play the first classical concert in the new space.

The concert begins at 7:30pm on May 25, and will feature a variety of classical and light classical pieces, including in the program: in Malcolm Arnold's Casella "T Poke, an arrangement of the "Popokao" by Serafino "Xylophone." The program is presented by the Jams exhibition, 10:30am.

In 1989, the McMenamins Woodland Cultural Center commissioned the principal wood instrument players of the McMenamins McTolm orchestra to create a MacDougal's Chamber Orchestra. The group performs regularly in public concerts and in private events such as holiday parties and weddings. The WNO also gives concerts to MacDougal's for the inauguration of the orchestra's new building in the Maine Masonic Cultural Center.

Hankie Brown's/Marcian Jones

"Le Sacrament," a horror mystery theater company that takes place at an Italian wedding, May 17 and June 21, Mar's Restaurant, London. 300-742-7477.

"Mayor's Words," a unique and original plays created for Maryland's 18th birthday, May 25, 7pm, and May 27, 8pm, Portland Players, 420 Cottage Rd., South Portland.

"A Place for the People's," an open mic, to be held at 8pm, June 1, Portland Players, 420 Cottage Rd., South Portland.

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Thursday 22
The Groove
Patricia Martin
Kipp (8:30pm/21+)

The Big Guy
Brady Smith
($5/$3/cover)

Friday 23
The Groove
Patricia Martin
Kipp (8:30pm/21+)

The Breakout
Amy Woodman
Unscarred (8:30pm/21+)

Monday 26
The Groove
Patricia Martin
Kipp (8:30pm/21+)

The Breakout
Amy Woodman
Unscarred (8:30pm/21+)

The Big Guy
Brady Smith
($5/$3/cover)
press box

by Tim Keene

Jimmie the Sweep, MVP of the Concourse

This story comes from Handi Lucas, better known as “Jimmie the Sweep” at Hadlock Field. For over two decades he’s worked alongside Marty Jensen, called "Duffy Dog," Thames are the first voices you hear as you enter the park, calling out, "Programs here! Get your Sea Dogs program here!"

But the voices of the "Dog" won’t be heard positive on years when a friend told him about his brother, a cook who was going to move soon and was looking for a part-time job.

"He said, ‘I’ve got a dream you can’t do anything about, but I’m going to do it anyway.’"

And he did, earning his "letter" in baseball for the Portland Sea Dogs, which was already leaning in to help, and always does a great job. That’s why he hired him six years ago, said, "Jimmie Cameron is one of the hardest-working people I know." And this story comes from my former colleague and a Sea Dogs baseball writer who interviewed him with two cousins and a double of very convincing Rhode Island.

The Sea Dogs have one game remaining in their series with Trenton before moving on to New Haven to face the Rock Cats. It’s an offensive shootout for Portland, scoring 10Run or more times already this season, four of those coming against the New York Yankees AA affiliates. The only thing keeping the Sea Dogs from running away with the division is the close, narrow, one-run ballgames where Portland has fallen just short of getting it in.

A steady slate of cliff-hanger and arm-stroking performances from the starters and relievers has kept the Sea Dogs where they are. Dough has a hill of stability holding the team in Iowa (17) and 129) to 27 games with a 28-7 record. Among the top relievers League leaders, Johnson and Legg are on-end to be among the top 10 of all relievers in the Eastern League title.

Another call comes from another section, and like a great cruiser folder that just knows where the ball is at the last moment, he is there.

And it’s true, even if fans don’t always recognize it. You’ll see, hear or make out someone’s voice among the list of promotions such as trading cards, magnetic schedules, ballcaps and cabin-fever dolls. Remember them? And you can find bobble heads in your cereal boxes, on your shelf or going for hundreds of dollars on eBay.

But there’s no need to wait for the fan to hear you or to buy your own, like going our program at the box office with your name. You’ll also receive a prize for your efforts. See page 47 for details.

TUESDAY, JUNE 10

10 VS. Bay Sox (10)
10 VS. Bay Sox (10)
American
Three Dollar Surgery: a restaurant and pub with 70 different beers on tap. Enjoy our food and drinks in our cozy atmosphere. Menu includes a variety of dishes such as pub fare, fresh fish, and homemade soups. Contemporary dining 361 Congress St., Portland, ME. 871-5636.

Cafe
ABEL'S OLD INN: a cozy little cafe in the heart of Portland's historic Bug Light Park. Enjoy the comfort of our legendary espresso drinks. 603 Congress St., Portland, ME. 876-1665.

Cocktail
AURORA PROVISIONS: Coastal Maine seafood, fresh fish, and more. Open daily from 11am to 10pm. 1987 Forest Ave., Portland, ME. 773-6667.

Continental
BEALE: Serving Maine's favorite dishes in a warm and inviting atmosphere. 1209 Forest Ave., Portland, ME. 871-5005.

Deli
Delicatessens
KOKOIN DARNEL: Serving fresh, local ingredients. Make sure to try the best selection of fresh fish, salads, sandwiches, and soups. 1209 Forest Ave., Portland, ME. 871-5005.

Edible
FOLKLORE: Celebrating the flavors of Maine with fresh, local ingredients. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.

Japanese/Korean
JAPANESE FOODS: Quick, healthy, and delicious. Serving traditional Japanese food. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.

Japanese
JAPANESE RESTAURANT: Known for traditional Japanese food. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.

Korean
KOREAN RESTAURANT: Known for traditional Korean food. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.

Mexican
MEXICAN RESTAURANT: Known for the best Mexican food in Portland. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.

Seafood
SEAFOOD BAR AND GRILL: Known for its delicious seafood dishes. Hours: Lunch: Monday-Sunday 11am-3pm, Tuesday-Friday 3pm-9pm, Saturday 4pm-9pm. 189 Main St., Portland, ME. 846-1117.
I was in the family's house about four weeks ago when I first heard about the movie. I was coming home from work and decided to watch it. I was amazed by the acting and the story. I highly recommend this movie to anyone who is looking for a good laugh.

The movie is called "The Truth About Charlie" and it stars Michael Keaton and Marisa Tomei. The story is about a man who has just been released from prison and is trying to start a new life. He meets a woman who is struggling to make ends meet and they decide to team up to start a business together.

The movie was directed by Charlie's son, who is also a successful actor. The screenplay was written by someone who has written for some of the biggest names in Hollywood. The production crew did a great job creating a realistic setting for the movie.

Overall, I think "The Truth About Charlie" is a must-see for anyone who enjoys a good comedy. It's funny, heartwarming, and it will make you laugh out loud. I highly recommend it.
**Books**

**LINCOLN'S VIRTUES:**
An Ethical Biography

By William Lee Miller

Reviewed by Alan F. Ryan, Jr.

A hero who is without question one of the most familiar figures to Americas, Abraham Lincoln's moral and political character are subject to frequent examination in our modern era. In this book, Miller provides a thoughtful exploration of Lincoln's ethical development and the moral principles that guided his actions throughout his life.

Lincoln was a man of great virtue and integrity, who dedicated his life to the cause of freedom and justice. Miller's biographical account is a rich and rewarding read for anyone interested in understanding the man behind the legend.

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**Adopt a Pet:**

**Maeve**

A 1 year old Basenji that loves affection and attention. Maeve is good with children and other dogs, and is a unique breed that is known for its playful and curious nature. She is a loving and loyal companion that is looking for a forever home.

Maeve is available for adoption from the Animal Refuge League, 400 Strathearn Street, Woburn, MA 01801. More information can be found on their website: www.animalrefugelane.org.

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**Ad Club of Maine**

[Website](http://www.maineadclub.com)

**What are the latest trends in Marketing?**

In this issue, we explore the latest trends in marketing, including the rise of video content, the importance of brand storytelling, and the impact of social media on consumer behavior.

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**CRAWFORD - An Extra Set Of Hands**

**FREE ESTIMATES**

Jeff Crawford - 807-4859

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**AdvanceTel Direct**

Looking to make tremendous money??? Advance Tel Direct is hiring full and part time sales professionals! Currently looking for evening and weekend agents for our Auburn and Portland locations. Sales professionals take incoming calls for clients seeking health, vanity and information about Advance Tel Direct. Call or visit our website to learn more.

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**WPME**

**FREE ESTIMATES**

- General Maintenance
- Painting
- Remodeling

Looking for professional painters for your home or business? WPME offers free estimates on a variety of services, including painting, remodeling, and general maintenance. Contact us to learn more about our services and how we can help you create your dream space.

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- Painting
- Remodeling

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ASTROLOGICAL EVENTS OF MAY 23 - 2003

Kathy Brenny

ARIES (March 21-April 19) By early next week you're on track to make significant changes in the professional areas. This could be the time to make the leap into a new field, especially if you've been thinking about changing careers. You have the confidence to see this through to completion.

TWIN (April 20-May 20) A well-aimed blow a week from now can help you get something you want. You're always imaginative and clever, but you're like a needle in the haystack to find what you need. People are missing what you have.

GEMINI (May 21-June 21) You're in a social situation a week from now and it's a good time to meet an old friend. The connection will help you rekindle the magic you once had.

CANCER (June 22-July 22) A family matter comes up a week from now, but not in the way you expected. A relative will come to you with an emotional issue. There are times when you need to be cautious in the way you handle a relative.

LION (July 23-Aug. 22) A romantic situation will help you the second week of the month. You can have a deep, emotional connection with someone. You'll need to be patient in order to build the relationship.

VIRGO (Aug. 23-Sept. 22) You need to spend time with your best friends this week. This is a good time to relax and enjoy time with others.

LIBRA (Sept. 23-Oct. 22) You need to be patient in order to make progress in your personal life. It's a good idea to wait a week to see what develops.

SCORPIO (Oct. 23-Nov. 21) Be careful with your money this week. A financial issue will arise and you'll need to be cautious in your spending. A financial matter will help you.

SAGITTARIUS (Nov. 22-Dec. 21) You need to be cautious in your communications this week. A misunderstanding could lead to a conflict.

CAPRICORN (Dec. 22-Jan. 19) Your health will improve in the second week of the month. You'll feel better and have more energy.

AQUARIUS (Jan. 20-Feb. 18) You need to take a break from work this week. A vacation or a change of scenery will help you.

PISCES (Feb. 19-March 20) You need to be patient in order to make progress in your personal life. You need to be careful in your communications.

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**Male Seeking Female**

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Faddy's Prime Rib / Queen Cut / King Cut
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Prezident's Choice - Potjie & Regular Cut
Choice Top Sirloin Hand-cut daily at Molly's & bottled to your request.

Irish Blue Stilton™ - Potjie & Regular Cut
Our most popular hand-cut Top Sirloin steak topped with a delicious blue cheese sauce.

Father's Favorite
12 oz. cut of our slow-cooked Ribeye with sautéed mushrooms, onions and peppers, topped with melted Swiss and cheddar Gorgonzola

Mother's Guinness Park
Roasted pork cooked in Molly’s Irish home-made Guinness sauce.

Garlic Dip
Like our famous "Garlic Dip," Molly's even-roasted garlic heel is potted high on garlic bread cheese bread and served with a bowl of hot au jus. Women with college patrons chips and a kitchen dish picker.

11 Beers on tap including Guinness, Geary's & Shipyard
Featuring a new bottle of wine every weekend And every Thursday is $5 Martini Night. You call it!!

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46 Market Street, Portland - 761-0994
HOURS: Mon, Thurs-Sat 4 pm, Sun 9 am
The privileges of a Technician in any of the six license classes need not be repeated. The station identification assignment for the Technician Class license is now authorized by Section 97.113 of the FCC's Rules. Each class license has issued six types of license operator class, and Advanced.

The FCC-issued call sign coordinators. Each call sign contains the call sign attributes of each call sign. Requests stated in general terms are not approved.

The Federal Communications Commission (FCC) has all of the information you need to know about obtaining a Technician license. The details of obtaining a Technician license are available on the FCC's website or at your local FCC office. The following steps outline the process of obtaining a Technician license:

1. Determine your eligibility: To be eligible for a Technician license, you must be at least 18 years old and pass a written examination. The examination covers general FCC rules and regulations as well as technical knowledge relevant to the amateur radio service.

2. Select your preferred call sign: Once you have passed the examination, you may select a call sign. Call signs are assigned on a first-come, first-served basis. You can request a specific call sign for your primary station and then advance to the General Class license.

3. Take the telegraphy examination: The telegraphy examination is required for Technician licensees who also have passed a YL examination. The examination consists of 37 correctly answered questions in the minimum passing score. A telegraphy examination fee is required.

4. Apply for a new amateur station: If you have a new amateur station, you must file a new application with the FCC to request a call sign.

5. Request a vanity call sign: If you have a vanity call sign, you must file a new application with the FCC to request a new vanity call sign.

6. Pay the fee: There is a fee for obtaining a new amateur station license. The fee is determined by the type of license and the number of authorized operators.

7. Wait for the FCC to issue your license: Once your application is approved, the FCC will issue your license and call sign.

8. Use your station: You can begin using your station once the FCC issues your license and call sign.

In summary, any amateur operator is allowed to obtain a new amateur station license by following these steps. The FCC issues new amateur station licenses on a first-come, first-served basis. The FCC regulates the use of amateur radio frequencies and channels to ensure that there is no interference between different users.
Food: **** Atmosphere: **** Service: ****

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Dinner: Mon - Sat 4:30-10pm
Dinner: Sun 4-9pm

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JUNE
06 BINGHAMTON METS 7 PM
07 BINGHAMTON METS 6 PM
08 BINGHAMTON METS 1 PM
09 NORWICH NAVIGATORS 6 PM
10 NORWICH NAVIGATORS 6 PM
11 NORWICH NAVIGATORS NOON
23 AKRON AEROS 7 PM
24 AKRON AEROS 6 PM
25 AKRON AEROS 7 PM

PORTLAND

Sea Dogs

HOME SCHEDULE

MAY
22 BOWIE BAYSOX NOON
23 HARRISBURG SENATORS 6 PM
24 HARRISBURG SENATORS 6 PM
25 HARRISBURG SENATORS 6 PM

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