Now that Congress Street has become Fleet Street...
In search of a real Maine bank

During the 1980s, developers convinced Maine Savings Bank that luxury condo and expensive vacation homes were just what Great Diamond Island — and just about any other spot with a view of Casco Bay — needed. MBAs on Congress Street figured the rich would get richer if Maine National Bank sold itself to the then-bankrupt Bank of New England; and “experts” convinced Augusta policymakers that it would be just fine if Maine banks go wild.

The result of all this is that I am now an involuntary customer of Fleet Bank of Providence, Rhode Island. Call it sentimentality or naivete, call it foolishness in this era of leveraged buyouts and billion-dollar bailouts, call it stupidity in a state where guys sitting in the boardrooms of distant paper companies and brokerage houses determine Maine’s economic future — but I put my money in Maine National Bank and Maine Savings Bank because I wanted to invest in my community. Now they’ve taken the “Maine” off my bank statements and turned my money over to Fleet.

But I am determined to keep my money in a Maine financial institution, even if I have to start my own bank to do it. And I think I’ve figured out how.

The natural history of Portland began centuries before it became known as the Forest City.

A land born of fire and ice

With careful observation, an afternoon’s drive to North Conway or a short ferry trip to Peaks Island can take you millions of years back in time.

The Casco Bay bioregion was born of fire and ice. This is a land pushed aloft by thunderous collisions between continents, ground down by a mile-high pack of ice and eroded by the million-year journey of five rivers trending toward the bay.

Thousands of years ago, native people came here to hunt and fish on the wooded peninsulas and islands. Within the last 500 years, European people came, and most of the native animals and people were killed.

The region as we know it today is largely a place covered over: with paper mills, power plants and high-tension lines, with condos and car dealers, with asphalt and airplanes. It’s no longer possible to stand on one rise on land and see Back Cove, Peaks Island and Mount Washington at the same time.

But it was. And if you look carefully as you wind your way through the strip malls and parking lots — there’s a few billion years of natural history to see.

Continued on page 10
**Weekly Newsbriefs**


**Mobile Home Dealers: Portland adopts $148.6M city budget**

Portland adopts a $148.6 million city budget, which includes a tax hike and a proposed spending cuts of $516 million.

**ADK to move into Blue Cross building**

ADK Environmental Services Inc. signed an agreement with Blue Cross and Blue Shield of Maine on May 22 to move into the Blue Cross building on Free Street, opening downtown Portland as expected within one of the 290 jobs. Adk is planning to move into the Blue Cross building on Free Street, opening downtown Portland as expected within one of the 290 jobs.

**USM students to fight for rent rebate**

Two University of Southern Maine students are refusing to pay their rent in protest against the administration's decision to raise tuition by 34 percent. The students say that the increase is unfair and不合理 and that the university should be held accountable for its actions.

**McKennan proposes new taxes**

McKennan has proposed a new tax to help cover the state budget shortfall. The tax would be levied on commercial, Congress and Main streets. The tax would be 2.9 percent on sales and 1.3 percent on business licenses.

**Police and firefighters get pay hikes**

Police and firefighters will receive pay hikes of 7 percent, which is expected to cost the state $516 million. The pay hikes are expected to take effect on July 1.

**Fireworks display in Casco Bay**

A fireworks display will be held on Casco Bay on July 3, 1991. The display will be sponsored by the Portland Police Department and the Casco Bay region.

**Newspaper publishers urged to consider electronic publishing**

Newspaper publishers are being urged to consider electronic publishing as a way to reduce costs and increase revenue. The publishers are being urged to consider electronic publishing as a way to reduce costs and increase revenue.
Economists take front seat in turnpike widening fight

The economists on the Maine Turnpike Authority would increase the fee for rush-hour drivers instead of going ahead with a $10 billion project to widen 30 miles of the toll road.

The economists from the University of Maine, Colby College, and Bowdoin College had issued a statementSYNC as an alternative to the $143 million project, which was approved by the board in March.

The economists contended that imposing higher tolls would provide more revenue for use in the turnpikes to fund other projects when they aren't as crowded, thereby reducing traffic jams and possibly eliminating the need for the turnpike.

A "system of congestion tolls would be more equitable and would provide much faster flow for drivers as expansion of the turnpike is necessary," said Thomas H. Therborn, one of the economists.

The economists also agreed that those who use the turnpike more should pay more. They cited a study by economists at the University of Maine, Colby College, and Bowdoin College showing that a "system of congestion tolls would be more equitable and would provide much faster flow for drivers as expansion of the turnpike is necessary," said Thomas H. Therborn, one of the economists.

A group of opponents, known as the Campaign for Sensible Transportation, has succeeded in placing a referendum on the November election ballot. The referendum would ask voters if they want to see the widening plan and it never moving a transportation policy favoring highways and buses over alternatives such as mass transit.

The Futon Store
753 Forest Avenue, Portland, Maine 04109
Mon - Fri 10-9, Sat 10-8, Sun 12-6
A group of opponents, known as the Campaign for Sensible Transportation, has succeeded in placing a referendum on the November election ballot. The referendum would ask voters if they want to see the widening plan and it never moving a transportation policy favoring highways and buses over alternatives such as mass transit.

Southern Yellow Pine
Our standard hardwood futons are simple to assemble, and easily transported — even UPS-air! Available in twin, full and queen sizes, all in stock. Allow about 2 weeks for king sizes. Optional underbed storage drawer may be included in package price.

We want to help you prevent a health crisis.

We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis. We want to help you prevent a health crisis.
**AllSpeed Bicycles**
- Complete repair shop offering reasonable, competitively priced and guaranteed repairs on all makes.
- Bicycle price 36/32 speed bike not in a modern hybrid/cross style bike. Call for details.
- Pick-up, delivery and service calls available.
- 1962 Washington Avenue, Portland, Maine, 878-8702.

**Spring & Summer Physicals**
Weekend for summer sports or camp. What about school registration? We make it easy:
- Complete history & Physical exam
- Laboratory testing
- Cross style bike. Call for details.
- Martin's Point Healthcare Center
331 VERANDA ST.
Pediatrics Department
By Appointment Only
Mon-Sat, 8 AM-4:30
PM
1-800-322-0280

**BuckDancer's Choice Music Company**
Union Station Plaza - Exit 1A off I-206
270 St. John Street - Portland • 774-2219
BUNDAY • SELL • TRADE • REPAIR • LESSONS
Open Mon-Fri 10-8, Sat 10-5
Martin & Gibson Warranty Station

**Summer Fun Begins June 3**
Portland Pottery & Studio
132
4-8 Hour Classes plus $8 hours practice classes plus tools, clay, glazes 888 complete
Children's classes and workshops available
128 Washington Ave. Portland

**BIW gets decision on drug tests**
Bath Iron Works stepped legal bounds in two areas but otherwise acted within its rights when it drug tested employees five years ago, the National Labor Relations Board has ruled.

**KADATHIN**
Kadathin is a new restaurant held from the outside of what was once the Rivendell Lounge! It is owned by Clements Hart and Dan Hansen, two men who have spent the past 10 years making one of Maine's favorite restaurants.
We have dreamed of opening a place like this for years. A restaurant that is comfortable, has good food, and where one can really have a good time and meet new people.

**The Krazy**
The true story that shocked the world.

**The Katadin**
$169.35
Your Choice

**Weird News**
- Critics who dub Portland Police Chief Michael Chitwood "Media Mike" because of his high profile in the local media ranged on May 16, when Chitwood appeared on their screens in a national television program. CBS TV's "Top Cops" re-structured a 1970s police show, "Chitwood" in the top police positions, while he

**Summer awaits you at...**
- Portland
- Summer Physicals
- Martin's Point
- Healthcare Center
- 871-1588

**A View from the Bridge**
Arthur Miller's Classic of American Theater
Casby Bay Weekly Reader's Poll
- Best Director - Michael Rabice
- Best Theater Company - Mad Horse
Mad Horse
May 30 through June 23
Thurs., Fri., Sat. at 8:00, Sunday at 7:00 Mad Horse Theatre Company, 903 Forest Ave. 797-3356 for reservations.

**Weaterbed Sale!**
- Waterbeds & Mattress Co. 1493 Fore St. Portland, Maine 773-5762
- Formerly at Carter Brook Mall.
A REAL MAINE BANK

One day last week, I opened the morning paper and found on page A1: "You've got a chance to make a difference in the lives of others. Join me in making the opening of the new Portland Regional Credit Union a reality," wrote her majesty, Joan Benoit Samuelson. I called for details.

The day before, I had been at the State House to support a bill that would allow people to use electronic bank statements as evidence in court. This is a big deal. People would no longer need to worry about saving all their old checks, which is a hassle. Plus, it's more environmentally friendly.

But the most exciting part of the bill is that it would give people the power to make a difference in their communities. Imagine being able to decide which bank gets your money so that it can help support programs that matter to you. It's like having a say in where your money goes.

There are many banks in Maine, but Portland Regional Credit Union is one of the best. They've got a great track record of supporting local businesses and organizations. They've even got a branch on Forest Avenue! I would love to see more banks like this in our state.

So if you're in Portland, please consider joining Portland Regional Credit Union. You can trusts them to do good work and make a difference in our community. It's the kind of banking I can get behind.

And remember, you don't have to be in Portland to join. Portland Regional Credit Union has branches all over the state. So whether you live in Portland or somewhere else, you can still be a part of something special.

Join Portland Regional Credit Union today and together we can make a difference in Maine. It's the kind of banking I can get behind.
Drifts of ice and snow are common. Sometimes the tidal current will force ice and snow up the river, even to the Mills. The snow and ice will pile up against the riverbank, creating a natural dam. Over time, the dam will become a permanent feature of the coastline. As these natural dams continue to grow, they can eventually lead to the formation of estuaries or bays.

Before colonization, the Portland peninsula and river drainages were thickly forested with groves of straight, tall trees. As we stand atop the rising Munjoy Hill, the presence of these trees can be felt in the cool, moist air. The forest provided a habitat for many animals, including bobcats, which were a common sight in the area.

The marshy pond where that bobcat might have taken refuge is now covered by buildings. The sound of the city below can be heard above the howling wind. The bobcat would have been a symbol of the changing landscape, a reminder of the past.

As we look out over the city, we can see the remains of the past. The rivers and bays that flowed through the area are now channels of sewage and wastewater. The Native American tribes who lived here in the past have left behind artifacts and stories that are still remembered today.

New England Before the Landscape

The forests and rivers of New England were home to many Native American tribes. The Pigwackets were one of these tribes, living in what is now the state of Maine. They occupied the coastline from Casco Bay to the Saco River, including the area around Portland.

The Pigwackets lived in small villages, often near rivers or estuaries. They hunted and fished in the area, and their diet included fish, game, and shellfish. They also grew crops, including corn, beans, and squash.

The Pigwackets were skilled hunters, and their weapons included bows, arrows, and spears. They were also skilled in crafting tools and clothing, using materials such as wood, bone, and hide.

The Pigwackets had a strong connection to the land and its resources. They understood the importance of maintaining a balance between human activity and the natural world. Their way of life was shaped by the rhythms of nature, and they lived in harmony with the environment.

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Money is like manure

In the bountiful state of Texas, where the art of bad banking was honed to perfection, is a popular politician named Jim Hightower who’s fond of saying “Money is like manure—you have to spread it around.”

He’s right. And when it’s not spread around well enough, it tends to pile up in one place (or on a large bank) and create problems. The fact is that a local bank or credit union is in a better position to spread local money around.

But we think that even Portland’s home-grown financial institutions could do better. Don’t know about starting your own bank, but a little innovation, local banks could do a lot of good for Greater Portland.

Here are a few of the lending policies we’d consider if we were handling the pitching for local money like Peoples Heritage Bank or the Portland Regional Credit Union.

First and foremost: no secret deals. Any manufacturer or developer applying for a substantial commercial loan would be asked to file a “Neighborhood Impact Statement,” which would consider how the proposed project might affect the community.

There are situations under which we might loan against the wishes of some neighbors, but we would never finance a large project without being sure those who would be affected by it were aware of what we were doing.

When granting home mortgages, priority would be given to energy-efficient homes located near public transportation routes rather than power-hungry houses that gobble up space, require towns to raise taxes in order to build new roads and force their occupants into automobile-dependent lifestyles.

Likewise, historic rehabilitation would be favored over new construction. And we would ask Central Maine Power to put up the capped for home improvement loans to owners who want to retrofit for energy efficiency—the power companies will save millions by not having to bring additional capacity on line.

When making car loans, we would charge an extra percentage point to each borrower buying a vehicle that averages less than 20 miles per gallon (lackluster vehicles exempted). At the same time, borrowers who buy cars that get more than 40 m.p.g. would get a half-point discount on their loans. And people willing to experiment by buying one of the several models of electric vehicles now available would be granted loans at a full percentage point below the going rate.

And finally, there are some things we just wouldn’t loan money for, such as go-go-guys. If you want to buy a nonovable, but we would never finance a large project without being sure those who would be affected by it were aware of what we were doing.

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You know who he is, but who’s the woman with the long, stringy hair? Come to the Beach, Sunday, May 27.

23 HOURS

• Fully every week, The Charlie Kabanet Quintet, a top-notch jazz group, will perform two sets of 9:30 and 11:30, tonight and tomorrow night at the Killen’s. If you haven’t heard the Killen’s, you haven’t heard the truth. There’s Jazz Thursday, Fridays, and Saturdays.

• A Second Choral Dancing in a celebration, a revivification of the group experience for the groups and a participant in the national annual spring benefit concert for AIDS.

• Today’s best selling - Catholic Weekly, the world’s best selling Catholic magazine.

• Home is where the wind blows, Fort, a Maine-based band, will present its sixth album, "Going Home," at the Killen’s. Fort will be the thrill of tonight’s concert. (After which, of course, you will be invited to go home.) The concert will also feature singers/xylophoneists Brenda Meier and creation Al Poite, both of whom will perform many diverse styles of music, including folk, bluegrass, and Hawaiian. The concert will be a feast for the eyes and ears.

25 SUNDAY

• A Benefit for Portland’s Homeless.

• It’s a benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

26 MONDAY

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

28 WEDNESDAY

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

30 FRIDAY

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.

• A Benefit for Portland’s Homeless.
Body Boards Are Here!

AREA'S LARGEST SELECTION

Boards by Money Boogie, BZ, and Sentinel
Plus accessories galore
A large selection of surfboards

Chimney fire only $4.45

$29.95

Tommy's

31 Congress St, Portland

Open Mon-Sat. 8 am-5 pm, Thur. 10 pm

CDs & Jewelers

10 Exchange St, Portland

773-5110

Music: VHS 1.25, LaserDisc 1.50, CD 2.00

Entertainment Weekly

WHAT'S WHERE

General Cinema

Main Mall Rd, Portland

626-2600

First Run Films

50 Exchange St, Portland

622-4627

Cliffs Cinemas

200 Casco Bay Blvd, Portland

622-4627

Silver Screen

457 Spring St, Portland

622-4627

The Park

194 Kennedy Way, Portland

622-4627

The Landing

135 Commercial St, Portland

622-4627

The Best of the West

100 Commercial St, Portland

622-4627

The Movies

535 Congress St, Portland

622-4627

Stage

535 Congress St, Portland

622-4627

Sweet Dreams

405 Main St, Portland

622-4627

City Lights

54 Congress St, Portland

622-4627

Embassy

54 Congress St, Portland

622-4627

Arbor

54 Congress St, Portland

622-4627

Crescendo

54 Congress St, Portland

622-4627

Portland Center for the Performing Arts

522 Congress St, Portland

622-4627

Portland Symphony Orchestra

522 Congress St, Portland

622-4627

MEMORIAL WEEKEND MAY 24-27

Cotton Twill Pants

$19.00

Cotton Sweaters

30% Off

Additional In-Store Savings!

50% Off of Sports Wear

50% Off of Men's Sports Wear

50% Off of Women's Sports Wear

The Delights of Gift Giving!
Richard Estes: Urban Landscapes
Portland Museum of Art
3 Congress Square
Through July 21

The work that Estes always notes, as are opposing ends of the spectrum in the world of "modern" art. There was, on one end, "abstract" art, and on the other, the more more modernly called "Realist." Then Realist went on being, for a while, a transmitter of truth. But the sort of twilight zone feeling of coming upon a house where you find yourself, and reflected in that is a scene that isn't even in the defined. He captures the mood, the essence, of the American desert. Through May. Hours: Mon-Fri, 9 am-4 pm; Sat, 10:30 am-5 pm; Sun, 12 noon-5 pm. 774-1465.

The pinnacle of abstract painting. To this quest she referred to as mannerism. The style. Showing is "repeatedly met her mind." Works of Marnie Souza in the museum's permanent collection. Works of Marnie Souza in the lobby. Through June 9. Hours: Mon-Sat, 9 am-5 pm. 371 Main St., Port­land. 799-1720.

Accordions That Shock the World II
Five hot squeezebox masters from Louisiana, Colombia, Bulgaria, Finland and Quebec.
Saturday, September 21

String Trio of New York
The pinnacle of collective jazz creativity.
Friday, July 26

KATIE WEBSTER
The acrobatic klezmer and her two-fisted piano blues.
Saturday, October 5

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For information.
797-9546.

The Richard Thompson Band with Shawn Colvin
Britain's folk-rock legend meets America's newest singer-songwriter.
Friday, July 5. First Parish Church.

The Booze:
B.B. KING
Memorial Day Blues Bash
Monday, May 27
Portland City Hall

3 MUSTAPHAS 3
The best world music band on earth.
Friday, June 14

The Richard Thompson Band with Shawn Colvin
Britain's folk-rock legend meets America's newest singer-songwriter.
Friday, July 5. First Parish Church.

STRONG TRIO OF NEW YORK
The pinnacle of collective jazz creativity.
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The acrobatic klezmer and her two-fisted piano blues.
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For information.
797-9546.
Canoes - Kayaks
Sales - Repair - Instruction - Accessories
Casco Bay Kayak Rents
Saco River Outfitters
175 Marginal Way, Portland, ME 04101
Open 7 days

Kurdish Life: Photographs and Artifacts
to benefit the Maine Kurdish Relief Fund
Dena Veninga Gallery, May 15 - June 2, 1986
551 Center St., Portland, ME 04102
The exhibition is made possible with support from the Maine Humanities Council

Showing the World the Scope of Kurdish Life

Spring Point Cafe
175 Pickard St., Portland, ME 04101

May 22 & 24

Friday, May 15

April 30, May 1, May 2

Kidd Rose

Original member of connection & prog rock!

Terra Firma Books

350 Congress St., Portland, ME 04101

May 29 - July 10

Hobe Sound Galleries North

Relevant Fiction Competition

May 29 to

Send your manuscript by snail mail

Casco Bay Weekly
May 29 to

Casco Bay Monthly

Relevant Fiction Competition

May 29 to

Send your manuscript by snail mail

Casco Bay Weekly

Relevant Fiction Competition

May 29 to

Send your manuscript by snail mail

Casco Bay Weekly

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May 29 to

Send your manuscript by snail mail

Casco Bay Weekly

Relevant Fiction Competition

May 29 to

Send your manuscript by snail mail
issues and behaviors are common in attachment and personality disorders. Test parents what to do and what not to do. Individual and group therapy. Written by Sue Cleaver, a divorce lawyer who has a private practice in Portland, and hosts "Midday," WMPG, 90.9 FM. For more information, call 645-4751.

Another show, for refugees, Greg Diaz, sponsored a band that performed in an hour recording box. Greg appeared to be much better at recording music than playing it. Both sessions were recorded on tape. Greg's music was more experimental, while the band's music was more commercial. The band's music was more mainstream, while Greg's music was more experimental. The band's music was more commercial, while Greg's music was more experimental.

Neighborhood heroes

Three of the best in the neighborhood, Ted Williams and Ed South, were long-time residents in Portland, and hosts Chiropractic Family Wellness Center, 23-255 Main St., Portland, Maine 04101.

Children Are People, Too! Portland's Family Friendly Guide.

For more information, call 774-3550.

For All Important Occasions

A Unique Selection of Gifts and Decorative Accessories

For more information, call 774-3550.

Country Potpourri

Selections of Hand-Crafted Folk Art

For more information, call 774-4780
PERSONAL

OF THE WEEK

Walter reviews two best-selling novels complements of Maine Mail Central

GF 40, Attractive professional seeks women to explore ideas with, have fun and appreciate life. Honesty and integrity are essential. CBW Box 663.

If you have placed an ad in the Casco Bay Weekly previously, your ad is automatically entered in the PERSONAL OF THE WEEK category. Include your mailing address and we will mail your response. All ads are non-refundable. Credit card accepted. TO ORDER: $5.00 per line. 10 lines minimum.

HOW TO USE PERSONAL CALL*

PERSONAL CALL is a FREE service for Casco Bay Weekly advertisers. Ask for PERSONAL CALL service when you place your Casco Bay Weekly personal ad. Then, you'll receive your own PERSONAL CALL number, so you can order up to 500 minutes to record your one-minute greeting message. Be creative! You can change your message as often as you like to satisfy the whims of the moment.

PERSONAL CALL service is available to you for the remainder of your 28 day ad cycle. We do suggest that you enter your own name and ask the people responding to leave their telephone numbers and brief times for a call to be made. Do not leave your last name, telephone number or address.

When you call the 800 number and enter your PERSONAL CALL number and your private access code, the system will immediately tell you how many new responses you have. From there, you can follow the easy prompts. You'll press 1 to record your greeting or press 2 to hear your responses.

RESPONDING TO A CASCO BAY WEEKLY PERSONAL AD WITH PERSONAL CALL SERVICE

Using PERSONAL CALL, you can answer your Casco Bay Weekly personal ad in a fast and fun way. Leave your favorite music through the Casco Bay Weekly personal column and answer the ad that interests you. Your personal ad will remain active for three weeks after the ad appears in Casco Bay Weekly, so check the dates of the paper you're reading.

You can instantly respond to an ad by calling 1-800-877-5301. When the system answers, follow the easy instructions. Enter the four-digit number of the ad that interests you. You will then hear that personal ad reading aloud. You can voice your greeting and leave information for the person in the ad. If your response is longer then one minute, you can leave another message.

The number of new messages is charged to your Personal Call account. You will be billed at the end of each month based on the amount of time you use. If you wish to continue using Personal Call, you must pay for the service. To do so, you can call in your Personal Call account to your local phone company or call 1-800-877-5301.

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NORTHERN EXPOSURE
A journal dedicated to the enjoyment, preservation and restoration of the Gulf of Maine bioregion.
Welcome to the premier issue of NORTHERN EXPOSURE

The idea for this publication arose from a series of sporadic discussions over the past couple of years, sometimes late in the evening, sometimes over beer. Our basic feeling at each of these informal sessions came back to the notion: there was no single source of environmental and outdoor news for the places we liked best: Maine, the Gulf of Maine bioregion, and elsewhere in the northeastern U.S.

We decided it was about time someone stepped over the borders and started looking at these areas together. What happened to the environment in one part of a bioregion affects the environmental future for all of us. It made sense to take a look at the Gulf of Maine bioregion as a "natural area," something interesting traditional political boundaries.

Besides, this is the region where we like to spend our time hiking, canoeing, biking, and sea kayaking. Anything gets to get out of the office. This first issue was put out by Casey Bay Wind's idea with help from a few others. We'll publish a second issue in November. Look for expanded coverage of the Penobscot River.

Our next hope is to produce more issues. It all depends on your response. Be in touch. Let us know the stories we've missed, plans we should go and listings we should include. We're especially in need of a Canadian correspondent to keep us current on events in that end of the bioregion. And please let us know of any people who should be advertising in us. With all advertisers, make this publication possible.

By the way, we're not named after the television show. We come up with the same name...see Wood, Our lawyers are looking into this if you come up with a better name. drop us a line. Just in case.

Wayne Curtis
Editor

Mount Pleasant
Publisher

On the cover: the powerful Penobscot

The cover photography shows the West Branch of the Penobscot River below Clinton Rapids, with Mt. Katahdin in the distance. Jeff Hernandez shot it in 1985 for the Penobscot River Trust. He used a Nikon camera to take the 8 x 10 inch black and white image and mounted it vertically. The light was fading just as the trust was forming to fight the proposed dam at Hig Antwerp Locks on the river. It showed the river for a Maine Audubon poster, with the profits going to help the trust's legal expenses.

"When visiting the site, I was determined to oppose the dam," says Jeff. "I am a dedicated opponent of nuclear power. I fear against nuclear power, air pollution, and hydroelectric power, and that's why I was determined to capture the essential truths of a pristine harbor as a reminder to my own lifestyle."

I visited the river. I took a short trip through sweeping gorge, Little Eddy, the Confederate Rapids, Big Eddy, and Big Antwerp Locks. The river's power transcends my memory. I considered that we might find another solution to our power needs, that this unique, spectacular stretch of forest deserves to be saved.

Certain voices renewed the concern. The Penobscot River Trust, a group of environmental and recreational organizations, was formed. Its purpose is to protect the river for the Penobscot River Trust. Its mission is to protect the river.

The Penobscot River Trust was formed in 1985. It was founded by Great Northern Paper Co. (now Georgia-Pacific), and we set up the loan from the river's lands to develop the area. But the Penobscot's success transcends these issues. There is promise, beauty and mystery in the photograph, a glimpse of the west and magnificent features of the Earth in time.

NORTHERN EXPOSURE

Editor: Wayne Curtis
Contributors: Eric Krusen, Paul Aron, David DeBot,会 Norwegian actor, Jen Devesen, Jennifer Stoffel, Tom & Charlotte Farley, etc.

Advertising: Mary Haskins, Nancy Gowen, Larry Cloyt, Gary Shimer

Advertising & Circulation Manager: Wayne Curtis
Office Manager: Ridley James

Publisher: Monte Paulsen

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NORTHERN EXPOSURE

The exposed slabs of rock along the back shore of Peaks Island offer the most authoritative history of the local bioregion.

Getting to know the Casco Bay bioregion

A field trip through the ecological community in search of links between here and there

By Paul Kim

Welcome to the Gulf of Maine bioregion. The next stop, Peaks Island.

Well, you could call a bioregion a made-in-the-man, and often arbitrary for many sea-dwelling organisms from the upper drainages of those bioregions, each strand in the gulf food web put together by natural processes. For example, the Casco Bay bioregion is a smaller, more defined area than the Maine bioregion, which includes Casco Bay as well as the surrounding sounds and bays. The Gulf of Maine bioregion extends from the Penobscot River in the north to the Saco River in the south, and includes all of the Gulf of Maine.

The Casco Bay bioregion is one of a series of bioregions that make up the Gulf of Maine. These bioregions are defined by their unique combinations of physical and biological characteristics. The Casco Bay bioregion is characterized by its unique combination of physical and biological characteristics, including its unique collection of marine species and ecosystems.

Getting there: From Portland, drive south on Route 1 to Peaks Island. Peaks Island is accessible by ferry from Portland or from Cape Elizabeth. The ferry runs year-round and operates approximately every 15 minutes.

The White Mountains define the western edge of the Gulf of Maine, and are one of the most biologically diverse areas of the state. The White Mountains are home to many rare and endangered plant and animal species, including the white-tailed deer, the bobcat, and the American marten.

Getting there: From Manchester, drive north on I-93 to the White Mountain National Forest. The White Mountain National Forest is accessible by several highways, including Route 302, which leads to the summit of Mount Washington, and the Appalachian Trail, which passes through the forest.

The Casco Bay bioregion is home to some of the most unique and diverse marine life in the world, including many species of whales, sea turtles, and sea birds. The Casco Bay bioregion is also home to many species of fish, including striped bass, salmon, and cod. The Casco Bay bioregion is also home to many species of crustaceans, including crabs, lobsters, and shrimp. The Casco Bay bioregion is also home to many species of mollusks, including clams, mussels, and oysters.

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A pioneering federal program blazes a new way to protect the North Woods against development—but would still permit industrial logging

By Wayne Castle

Something peculiar is happening in the North Maine Woods. The federal government has launched a pilot program designed to slow the development of the northern forests in Maine and other New England states by acquiring parcels of land for preservation. Though development rights in the program’s emphasis will be on formal names for these lands just yet, but these lands would soon be parceled up as hiking, canoeing, hunting—and, of acres of Maine’s undeveloped forest environment, “he says.

Another backdoor attempt to get their lands,” says Mike Klein of the U.S. Forest Service. "We do not want it to be taken away from the public. The landowner could receive only land from his property. The landowner produces to provide the trees, then harvested after they died. Because the landowner owned all rights except those specified in the easement, the landowner could receive only land from his property. The landowner produced to provide the trees, then harvested after they died.

Some timber-harvesting methods used in the U.S. Forest Service—such as pit blasting and hydraulic recirculation—are used to clear-cut forests and leave them open to citizen suits, particularly if simply acquiring development rights will be a sufficient measure. Forest management still at issue. Even if the Forest Legacy Program lacks a place to start, environmentalists say that it is a well-established program. But concerns on the ground, no matter how appealing it may sound at face value, will be sifted out. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests. It is to be expected that the concept of protecting forest lands with small and medium-sized timber harvests will be expected. Among them is the possibility of protecting forest lands with small and medium-sized timber harvests.
Day One in the Life of a River Rat

By Sammy Lockwood

It's a lovely May day on the West Branch of the Penobscot River in northern Maine. A red-sprout blossoms bloom through the trees and the snow gently falls under the warm afternoon sun. We are at Unicorn, the training base of Northern Exposure, which is a non-profit training program for whiteswater rafting guides.

The ride to Unicorn was smooth, as was the river behind us. The guide trainees have just departed the bus and are now standing in the river, waiting for the next raft to arrive. The air is crisp and the sun is shining. It's a perfect day to be on the water.

The river is flowing gently, and the trainees are learning to navigate the river by observing the guide. They are learning how to use the ropes and stakes to anchor the rafts, and how to communicate with each other.

A good place to check out is Mt. Katahdin, in the shadow of McCarst, the northernmost peak of the Appalachian Mountains. The training will include some survival training, including how to build a shelter and start a fire.

The training program generally pays off. Last year, all trainees passed the Penobscot exam, and all but one the Kennebec exam. Although Kim was able to bark at the wolves, her training in rafting management was not as successful.

The river is beautiful, with clear blue water and green trees along the banks. It's a great place to be on this May day.

Namiv-Jeji is a good place to check out during the summer. It's a Montagnais reserve on the south shore of James Bay. The river here is cold and swift, and the water is clear and refreshing.

The Penobscot River is a great place to be, with clear blue water and green trees along the banks. It's a great place to be on this May day.

We are getting ready to head back to Unicorn, where the trainees will continue their training. They are learning how to use the ropes and stakes to anchor the rafts, and how to communicate with each other.

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NEWS & NOTES FROM AROUND THE BIOREGION:

Lake Umbagog Refuge to straddle two states

One place where the birds of the bioregion have more than usual to contend with is Lake Umbagog, where federal and state agencies are working with timber companies and other private landholders in both Maine and New Hampshire to create a new 32,000-acre national wildlife refuge. If successful, the refuge would provide some of the finest waterfowl habitat in the Northeast and secure miles of corridor habitat against second-home development.

About half the proposed refuge in New Hampshire would be located on eight 1,200-acre tracts. Some would remain in private hands, but would remain habitat for waterfowl and other species. For example, the White Mountain National Forest has agreed to purchase land on the southern portion of the refuge.

Protecting piping plovers

A plover sighting in Popham Beach State Park was flying a kite at water’s edge last summer. An invasive enough activity! But the kite, minimizing the motion of a hawk, caused a piping plover—a delicate, sand-colored shorebird—to abandon its nest. In order to attract the "prey" species, attention toward a distance signal, the plover "came out and did a little leg wag song" says Maine wildlife biologist Mark McDaniel.

Thus, on one potentially disastrous day, a plover could be flown away from the nest, its eggs laid bare to heat, or not. Happily, the old use for the end of the piping plover, which both Maine and federal wildlife agencies consider an endagered species. In the last century, thousands of piping plovers were killed along the Atlantic seaboard. Today only 778 are known to exist in Maine, 177 pairs nest along the beaches and uplands.

Other threats to plover nests include hungry dogs, inquisitive children, birds, bears, cows, and abnormally high tides, which can wash lines to nests. To address these issues, the state has established a 1,400-foot protective zone around both nests and reduced. The state also has agreed to put conservation easements on 90 percent of the remaining habitat. Maine is one of the few states that has an area in a national refuge.

Saco River shakedown

In 1988 the Maine waterway service obtained something of a surprise when a "treetrunk" on the Saco River,200 miles away, and 100 miles from where it originates. A concentrated effort to conserve protected and non-wilderness areas, Maine's other federal wilderness area in the Piscataquis Valley, is being important to try to keep the 25 miles of river that runs through the town, a major concern of the Forest Service. Maine is one of the few states that has an area in a national refuge.

Evans Notch kept wild

Maine got its second federal wilderness area last September with the creation of the Caribou-Speckled Mountain Wilderness Area in the Evans Notch region of the White Mountains. The area includes 28,000 acres of wilderness, including 70 percent of the two peaks of the notch, the most prominent being the notch itself.

The state claimed the riverblocks as a non-wilderness area. In at least one case, that claim was held by the US Fish and Wildlife Service under the terms of an agreement with the US Forest Service. As a result, the riverblocks are now considered to be a wilderness area.

Hikers find lost trails

A number of the region's wilder areas are not part of the federal wilderness areas, but are protected in other ways. Maine's other federal wilderness area in the Piscataquis Valley, is being protected by the state, which is considering using the enforcement of state laws to protect the area. Maine's other federal wilderness area in the Piscataquis Valley, is being protected by the state, which is considering using the enforcement of state laws to protect the area.

Maine Woods as you imagine them

You may have heard about the North Woods. They may be a place you've never been, or one you've only heard about. They are the home of many of Maine's wildlife. Maine's other federal wilderness areas in the Piscataquis Valley, are non-wilderness areas. They are not part of the federal wilderness areas. Maine's other federal wilderness areas in the Piscataquis Valley, are non-wilderness areas. They are not part of the federal wilderness areas.

NORTHERN EXPOSURE page 12

29,850 pounds of trash

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OUTSIDE INSIGHTS LISTINGS

Get acquainted with the outdoors in Maine by using this outside listings section. It offers a variety of outdoor activities including canoeing trips, hiking, camping, photography, and more. We've listed the most popular weekends and campgrounds run by the Appalachian Mountain Club (AMC), which offers a wide variety of other activities such as rock climbing, bird watching, and photography.

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GETTING STARTED:

Backpacking
Backpacking has been a part of my life for more than 10 years. Now, in national parks, about 500,000 people took on 900,000 backcountry trips last year. Many like it because it provides a wide variety of activities including hiking, backpacking, and camping. There are also opportunities for viewing wildlife, fishing, and photography. Some trips are self-sustained, while others are supported by rangers or guides. Backcountry camping permits are required for most trips.

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BACKPACKING

The Appalachian Trail is a 2,100-mile footpath that runs through 14 states. The trail can be divided into two sections: the northern section, which runs from Springer Mountain in Georgia to Mount Katahdin in Maine, and the southern section, which runs from Mount Katahdin in Maine to Springer Mountain in Georgia.

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INSIGHT
continued from page 11

Topographic quadrangle maps are sold at Aeronautical Navigation Bureau, 800 Veterans Memorial Drive, South Portland, ME 04106. (207) 878-8741.

Women and the Wilderness, a group of 30 women, with support from the Audubon Society, has added to their collection of maps and charts of hiking trails in the White Mountains. They are offering them to any woman or group of women for use during the summer. The 10 maps are $5 for $6.00, and include trails from the East Branch to the West Branch.
GETTING STARTED:

Mountain biking

The world's first mountain bike school opened in Maine last year—on the mud flats at York. This was truly pioneering. 10 years later, we're still at it. Why? Because we believe that mountain biking is the best way to see the world.

How to learn? Don't bother with classes. The only thing that can help you is a bike and a trail. Beginning with simple trails and working up to the more complex. You don't have to drop $300 on a bike right away, start by using a second-hand bike in the White Mountains. You needn't ride it on a daily basis—just save up for one. And buy a helmet.

Over the years we've found that the best way to learn is by doing. Our instructors start you off on simple trails and work up to the more complex. All you need is a bike and a helmet. Even if you've never ridden a bike before, you can learn in a few weeks.

For more information, call (603) 224-9909. Information is also available on our website: www.mtb.org.

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DAY HIKING

Alpine Flower Walks Guided tours offered by the AMC at the Eastern Presidentials and Crawford Notch, including the Indian Usage and Wildflower Walks and the Wildflower Walks of Crawford Notch. The tours are led by local naturalists and botanists. For reservations, call (603) 356-5433.

The Hiking Project, published by AMC, offers a wide variety of information, including the AMC Guide to Freshwater Fishing in the White Mountain area. Hikes, day hikes, and backpacking trips are offered by AMC with an emphasis on conservation and leadership. All programs are designed for beginners (except "hardcore" hiking sessions). Class is held at the Farm Inn in Franconia, NH. Arrive by tram, May 6 and 20; June 3 and 17; July 1 and 15; August 5 and 19. For more information, write to AMC, 100 Waterfalls Rd., North Conway, NH 03860.

Whitewater canoeing

On summer weekends, a canoe launch up to Enfield, NH, and the headwaters of the Androscoggin River. There’s nice white water beneath the Route 24 bridge, offering standing waves and an inviting rock garden. Paddling through should be a real no-brainer. The first 2 miles of the run are Class III. Hitting the second mile, you'll find yourself in the Class IV world of the Androscoggin. This is a 50 river miles from the put-in. The bridge also offers a good, dry vantage point to learn a bit about technique. After the short train ride up to Enfield, you'll find yourself in the Class V world a bit further down the river. This is a river where you need to know to get started as an angler. Difficult in practice. You'll have plenty of opportunity to practice your technique, so you can do so under the watchful eye of the peanut gallery.

Intrayn Road Fishing School, Ltd., offers classes for one day to two weeks. One-day classes are offered on the Androscoggin River and the Saco River. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Maine Guide Fly Shop and Guide Service offers fly fishing on Mammoth Lake as well as pond and stream fishing. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Pamphlete Fishing is the largest fly fishing school in Maine, specializing in fly casting. They offer a four-day fly casting course and a one-day fly casting course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Crawford Notch Climbing School offers a wide variety of climbing programs, from easy to difficult. They offer a three-day climbing course, a one-day climbing course, and a one-day introduction to climbing course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Rock climbing

Eastern Mountains Sports-Climbing School offers a wide variety of programs, from easy to difficult. They offer a three-day climbing course, a one-day climbing course, and a one-day introduction to climbing course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Maine's Make-It-yourself Climbing School offers a wide variety of programs, from easy to difficult. They offer a three-day climbing course, a one-day climbing course, and a one-day introduction to climbing course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Hiking School offers a wide variety of programs, from easy to difficult. They offer a three-day climbing course, a one-day climbing course, and a one-day introduction to climbing course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Rock climbing

Mountains and Closets Alliance offers courses designed for beginners (except "hardcore" hiking sessions). Class is held at the Farm Inn in Franconia, NH. Arrive by tram, May 6 and 20; June 3 and 17; July 1 and 15; August 5 and 19. For more information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

Sailing

Maine Made-Gifts offers a wide variety of programs, from easy to difficult. They offer a three-day climbing course, a one-day climbing course, and a one-day introduction to climbing course. For further information, contact the school, 1478 Main St., Croyden, NH 03869. Tel. 720-8838.

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GETTING STARTED:

Sea kayaking

Learning the basic techniques of sea kayaking takes about a day. You sit in the boat, put on the spray skirt, grab the double-ended paddle, and set off. But learning to read the weather, navigate in fog, and maneuver controllable conditions, well, that takes the better part of a lifetime.

To start, rent one of the noble, stable kayaks available in several shops along the Maine Coast (see listings, then drop in as you well prepared or on a small boat. Help is at your elbow to make sure you're comfortable steering out undercurrents. Well get a short spin, hugging the shoreline. Take a look at our seals to adapt, suggesting yourself by playing your paddles like a rowing and learning on the go.

Ready for the open sea? Wear, Steve. Take it easy. You've bet the best bet having on your first few times with someone experienced. If you don't know how to kayak, try the new ISO/IO Sea Kayaking Training Center, located near the Kennebunk Bridge, offshore valley islands in the maine. They offer two-hour tours and classes on coastal kayaking all summer long. Morning classes focus on the paddling basics; afternoon sessions are advanced, with instruction on navigation, turns, and conditions. Each session costs $1, including all equipment. Call 207-594-8280.

Northern Exposure

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MAINE TIMES

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NORTHERN EXPOSURE

WINTER ISSUE

LOOKING FOR A SUMMER RENTAL IN MAINE?

TO HEAR OWNERS DESCRIBE COTTAGES

INSIGHT

CONTINUED FROM PAGE 21

the days. $125; for two-night $165; for three-night $225. Rates vary. Call 207-623-9820.

Spring Point Sailing School offers basic and advanced instruction (207) 596-2333; refresher courses $250; basic courses $200. Classes available at various locations. Contact Maine Maritime Association for training locations. June 1-10; August 1-10, October 1-20. Also offers guided canoe and kayak trips in the islands north of Castine.

FISHING

Northern Exposure Cookbooks

Ocean Star, a new 38-foot training vessel, was launched earlier this year and is scheduled to be on the water throughout this summer. Ocean Star will offer six-week courses for different classes. Ranges from 2-4 hours. Contact Dan Healy, Maine Maritime, 287 Main St., Rockland, ME 04841, tel. (207) 594-8280.


In their 10th year, Jean, June & Sept., 1991. Each issue has full color. $15 per year. $10 for 6 issues. Also available at the Maine Maritime Museum in Portland.

Ocean Kayak packages available:

The coastal region of Maine is a haven for wildlife enthusiasts. The region's diversity of habitats attracts millions of visitors each year. Whether you're looking for a cove on the ocean, a lake in a woods, or a river in a mountains, you'll find a great view of Maine's wildlife.

MAINE TIMES

THE GREAT BONDI MULL

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The cry of a tern, loon breaks the silence as the sun sets over Moosehead Lake. Tomorrow can be restful or exciting, exploring secluded beaches, enjoy nature close-up, photograph wildlife, fish, canoe, or experience the resort. Maine has it all. Call to book your stay today.

White Water Rafting

Go White water rafting!!! It’s a thousand amusement rides rolled into one. Hear the roar of the rapids. Your heart pounds, the water crashes as you slip through “The Cribworks” or disappear over Magic Falls. It’s Wilde-ness Rafting in Northern Maine on the Kennebec, Penobscot and Dead Rivers.

We offer fun for the whole family. Hike, mountain climb, swim, sail, water slide, slide, white water raft, canoe.

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