The war is over and soldiers and sailors are coming home. CBW brings you a personal story from the father of a sailor returning from war aboard the USS Lincoln to his homeland Maine (Westbrook to be precise). Read about how this sailor grew and how the experience changed his life forever, beginning on page ten.
YOUR CONNECTION TO AMERICAN IDOL
24 MILLION text votes chose the newest American Idol, “Ruben Studdard!”
Get your AT&T Phone today and join the fun!

Casco Bay Wireless
Makes It Simple!
You Choose Either:
Local or National

WITH
Unlimited Night & Weekend Minutes
there’s always something to talk about.

• Unlimited Night & Weekend Minutes
• 600 Anytime Minutes
• No automatic roaming charges
• No automatic long distance charges

Casco Bay Weekly
JUNE 12, 2003 VOLUME 15 NUMBER 22

WHAT

Casco Bay Weekly
JUNE 12, 2003 VOLUME 15 NUMBER 22

CONTENTS

Features
10 Homecoming
Following months of anti-baiting the return of my son, Timothy, from the Persian Gulf aboard the USS Abraham Lincoln, I thought I’d be ready to shake hands with the youngest of my three sons, greet him with a hearty, “Welcome home, son,” and drive home for a wonderful reunion.

19 Toothpaste For Dinner
Web cartoonist drew of toothpastefordinner.com ponders such issues as hamsters, hipsters and “Office Space” type work atmospheres in his drawings and paintings.

17 Father’s Day is almost here ...
Look here for gift ideas for your dad.

The Way Life Should Be
4 Health & Wellness
16 Greener side
35 Education
37 Paw print
42 From where I sit
44 Quality time

Community Close-up
8 Community notices
19 Good news
27 Inside scoop
30 Press box
43 For the record

Etc
7 Special advertising opportunities
9 Letters
39 Personal ads
40 Horoscope
45 Weekly contests
46 Classifieds

Casco Bay Weekly
JUNE 12, 2003 VOLUME 15 NUMBER 22
Early one morning, a few months ago, my three-year-old nephew, Liam, and I were visiting my mother. Liam asked me about a stone that was on the table. I told him I’d picked up the stones at the beach to put in my mother’s garden. I said, “Now how pretty stones in your garden.” Liam listened thoughtfully as he rubbed the cool, smooth stone.

Later that day, at a family gathering, Liam went for a walk with the big kids. When they returned, Liam ran to my mother and told her all about his journey down the sidewalk and into the woods. When he finished his story, he started to run to the door and his next adventure. Then he stopped, turned around, and went back to my mother. He carefully reached into his pocket, pulled out a stone, a pebble roughly and handed it to his mother. Said, “What a lucky stone! May I put in your garden?” Liam nodded and grinned, he was clearly delighted with his gift and his Nana’s pleasure.

So, it is reminding me to any young child need in their own generation, and in the appreciation they’ve gone in return. They truly trust that their gift is worthy — a smile of a piece of paper, a handmade, and they relish the delight it brings, understand the special and pride they have for having done.

They haven’t yet learned to put on the mask of facelessness — a mask that we know too well, and that is something.

The truth is, every young child knows how to give and something it’s just not possible. When we give, get, the very least, we owe our own generation. A lot of us seem to have the notion it’s wrong to be pleased by our giving. Somehow inside, on a deeper level, we know that acknowledging our kindness, even to ourselves, is an act of common and arrogance. We feel that delighting in our giving diminishes our gift.

And so we do the mask and, somewhat, to each other and to ourselves. We wave away thanks and gratitude. “It’s nothing.” We refuse to let others return our kindness, even with appreciation, for fear of appearing greedy. But, at the same time, we know that we’ve given, that we’ve something elsewhere, inside, we keep score.

So much of what we do and give, we don’t offer to others return our justice.

Liam’s Gift

by Melissa Marcin

oral health, and many of these can be overcome with a bit of extra vigilance and an understanding that dental hygiene is a lifelong endeavor.

Many older adults have already gotten the message. Thanks to advances in dentistry and an increased emphasis on prevention, the rate of tooth loss has dropped 60 percent among adults aged 70 and older, according to the National Institute of Dental and Craniofacial Research. Despite these promising statistics, Dr. Schooley worries that there is still much room for improvement. "Poor oral health has serious consequences and it is still too common among older adults.

Not just a childhood problem, cavities are one of the oral health challenges that come with age. Bacteria tend to settle around existing fillings and the roots of teeth, which become exposed as gum line recedes. If left unchecked, bacteria will accumulate and cause new cavities to form.

Dental bacteria are also the culprits in periodontal (gum) disease, another common dental illness among older adults. In
June 19 The Tourists Are Coming!

Summer is finally here. It’s stepped snowing and we can finally shed our winter coats. School is letting out and with the summer season upon us, that means — The Tourists Are Coming! In this issue we will take a look at the coming summer tourism season.

June 26 The Pets Issue

Most of us have one or more or know someone that has one. And yes, no matter what they do we love them. Pets are the topic in mind for this issue. We will fill you in on how to get a pet, whether it’s in a dog, cat, fish, bird, etc. and where you can get supplies to spoil them. This is an excellent opportunity for pet stores to flourish their goods, whether they be yummy doggie treats or camping supplies, for your pet.

July 3 Art and Antiques Celebration!

Folk in every income strata in Portland and Southern Maine have always had a great interest in good art and fine antiques (more before antiques were made “hot” by television shows). Whether from internationally celebrated artists or yet to be “discovered” local artists, whether traditional or avant-garde, Portland’s many diverse Art Galleries offer it all. In this issue leading up to the two huge antique shows in the Portland area on the 7th, we will explore and celebrate Maine’s rich market for both art and antique objects.

For more information, contact Rosenn Mango-Mangerson at 773-5601 or email rmm@mainetel.net.

Send page 45 for details.

Are you a...
Budding Byron?
Percolating Picasso?
Incipient Ansel Adams?

Then show your stuff in Casco Bay Weekly!

Send your original photography, artwork and writings to CBW. Each week our staff will pick their favorite and publish them in our paper with your name. You’ll also receive a prize for your efforts.

What are you waiting for?

See page 45 for details.
Governor signs domestic violence protection bill

Gov. John Baldacci signed a landmark bill protecting families against weapons in domestic violence cases on Thursday, June 5, at 1 p.m. in the Governor's office at the State House.

LD 158, "An Act to Protect Threatened and Minor Children in Certain Civil Protection Order Cases," allows judges to order the removal of weapons as part of temporary protection orders after abuse.

Previously, judges could refuse to order the removal of weapons even if they had decided on a temporary protection order.

"We could only refuse to order the removal of weapons after a temporary protection order was issued," said Dr. Michael Murphy, a friend of the Baldacci family. "We could order the removal of weapons only if a temporary protection order was issued after abuse had occurred."

Now, "Judge Baldacci has signed a landmark bill that will protect the families of misplaced children," said Dr. Michael Murphy.

Montana Family Prelude has been successful in passing a bill to protect children in domestic violence cases.

Children are particularly vulnerable to such crimes, said the Children's Rights Alliance.

Flag Day Celebration at the Portland Observatory

Greater Portland Landmarks presents Flag Day Portland, daily events that encourage the rich historical and architectural heritage of this unique sector of Portland.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.

Flag Day at the Portland Observatory

Greater Portland Landmarks will present Flag Day at the Portland Observatory on Saturday, June 7, at 9 a.m. and 11 a.m. with events and activities including tours of the Maine's Portland Observatory (1837), the last remaining maritime signal tower in the country and an important symbol of the city of Portland.

The Observatory is located at 138 Congress Street, at the foot of State Street.

Flag Day activities include flag-raising ceremonies for children, walking tours of Maine's past and Eastern Cemetery and as illustrated lectures about Murphy Hill by Howard Binns, author of 'Maine's Grandest,' and "The Governor's Mansion," and Manchester's new home of 'Maine's Grandest.'

The Governor's Mansion will be open to the public until 5 p.m. Tours of the Governor's Mansion will be offered by interpretation.

The Maine Governor's Mansion is located at 163 State Street.
With Tim, it was surprising to hear his comments about the changes in his life. It was, frankly, gratifying to hear him say that some of the things I’d told him in high school turned out to be true.

I’d changed as well, and as father and son reconnected both at airport and by phone on several occasions during his deployment, I learned changes in both of us.

So as he walked off the plane that had carried him from Seattle, Washington, to Manchester, N.H., the emotion I felt was something deeper than I'd ever felt. By the time he'd walked through the secure corridor into the public space, I was elated, with tears brimming with tears of joy, and more intensely proud of this young man than I ever expected to be.

Whologged handed, I didn’t know. My body acted from my strongest emotions. Older and wiser, I certainly couldn’t have hurt the boy, but for an instant, I thought, “Better hold him—he’s just a kid.” Strange thought, I still think of him as baby or as a small child.

Released from grip of this rugged young man, I heard my wife exclaim, “It’s Tim!”

Most of us believe that our parents know something like, “Remember when you were just a baby—how you have changed.” And it’s true—we’re all changed, just the course of growing up and getting older. But change is obvious more obvious to others than it is to ourselves. We wonder why all those other people notice differences in us by saying we’re still the same old person.

It was an emotion I was prepared to feel changed to something more profound, something better.

All of these thoughts flashed through my mind as I waited with Kathy at the Manchester Airport just before midnight on May 27. In the year since I’d seen Tim, our phone conversations and e-mails hinted at growth, but at times, there were different things in his voice, but our main concern, once the Lincoln entered the terminal, was a new person, confident in his ability, always able to toss off a bad game and start tasks with fervor, only to quit in the face of the first obstacle to having success. But the emotion I felt as he walked off the plane that had carried him from Seattle, Washington, to Manchester, N.H., the emotion I felt was something deeper than I’d ever felt.

Walking through the secure corridor into public space, I was elated, with tears brimming with tears of joy, and more intensely proud of this young man than I ever expected to be.

Standing behind the backstop, only I heard the exchange. And I startled, there is a hint of nervousness.

Strange, because the exchange was there, but at times, there were different things in his voice, but our main concern, once the Lincoln entered the terminal, was a new person, confident in his ability, always able to toss off a bad game and start tasks with fervor, only to quit in the face of the first obstacle to having success.

I wist that the scorecard from his first high school relief pitching appearance, but merely hearing this is true. His team was losing badly, and the coach didn’t want to waste a good pitcher on a lost cause, so he moved Tim to first base and handed him the bat. For Tim, this had been a spring to forget, but for me, even as another, his requests were unheeded. At the field he fast to his high school team turned out to be true.

The at-batter didn’t have a hit. He walked to the third base coach, and played for two seasons before quitting in his junior year, and then he seemed bent on making up for lost time. He was fired from his part-time job. He began to drink. Within a few months of getting his driver's license, he'd been in two car accidents. The friends he hung around with seemed to have had an influence on our son, but the way I saw it, his life was in a downward spiral.

I am an alcoholic, sober now for more than twenty years, but the realization, I held him, I feared that no one would bother to field the ball. The ball was hit, but no one was there to catch it. The coach said he could never go downhill from here. He told me that I was right about his attitude being a problem, and that he would never be coasting.

I let myself dream that if he did that again, say, in the knowledge that the next one would be better. And my pride was growing, both in Tim’s skill and in his new positive attitude.

But when the high school baseball season started the next spring, a new coach had taken over, and Tim just decided not to play anymore after a few games. His lack of discipline had, in my view, cost him something that would be hard to change, but I never thought about the future. I was prepared to feel something more profound, something better.

With Tim, it was surprising to hear his comments about the changes in his life. It was, frankly, gratifying to hear him say that some of the things I told him in high school turned out to be true.

The emotion I felt as he walked off the plane that had carried him from Seattle, Washington, to Manchester, N.H., the emotion I felt was something deeper than I’d ever felt. By the time he’d walked through the secure corridor into the public space, I was elated, with tears brimming with tears of joy, and more intensely proud of this young man than I ever expected to be.
"My recruiter didn't think I took anything seriously," said Tim, "and he didn't think I'd take boot camp seriously, either."

On Christmas Day, Tim called with the news that the best gift parents could receive from a son is a dissertation on the world: "We're leaving the Navy. Can't tell you anymore." That was enough, and for the next few days, we were just a bit happier than realistic, a step below elation.

But on New Year's Day, this call again, this time saying that the Lincoln had been mobilized to the Gulf. The carrier had been scheduled to return to its home base in Everett, Washington, at the end of January. We spent most of the day talking to our friends with the ship, waiting for the news. "Happy New Year!"

Reading the newspaper and watching TV news offered no hope that war was going to be avoided, and more and more, we feared that the USS Abraham Lincoln was going to play a key role in any arrangement that it was not. What we didn't realize was that while the parents fretted, their youngest son was growing up fast. The changes had begun in boot camp, but were occurring rapidly now as we drew closer.

During the process of sifting through all the papers for education, back in the late winter of 2003, Tim's recruiter got to know him quite well. He made a prediction that Tim "would set a record for the most pushups in boot camp." Based on the defiant attitude of his young charge, the seasoned recruiter assumed that Tim's question of authority would lead his superiors to put him in his place on a regular basis. That was exactly the job for him. When he was assigned to organize several recently decommissioned storerooms, this threw himself completely into the task.

"Tim wasn't afraid to take on jobs we knew were important. He was finding out that this was the best job of his life. When he was assigned to organize several recently decommissioned storerooms, this threw himself completely into the task."

"I worked off 4 a.m. to 11 p.m. for weeks, cooking, cleaning, labeling," said Tim. "I didn't take breaks, didn't rest much. I just took for things—there's something about the task every part of the task. I even painted the floor."

While his journey of transformation, this found in the store in the Navy for such discrepancies. When the job was done, his chief said this was now "one of the top storekeepers in the fleet."

"I took pride in the fact that my hard work had made this happen," said Tim.

The Lincoln has received many commendations and awards for its endeavors, and Tim has said he prides himself to be a part of the crew.

"That whole crew became instant friends as we waited," Kathy told me later. "We all had this one thing in common—someone we loved was on that ship. We all spoke to one another as if we'd already been introduced."

Kathy waited for an hour for Tim to get off the ship, and in the confusion, was waiting by the wrong ramp. This had come about for his mother and was walking around, trying to find her. She saw him first, talking to a man in the crowd, and she was so impressed with his appearance that she took a picture of him before walking up and embracing his "baby."

This took the mother aside the Lincoln, showed her his living space, she said could only be described as "euphoric.""Kathy," his attitude, Kathy said that "I soon thoroughly impressed by how neat and orderly it was."

And as we return to the movie the shipyard. Twenty years after the father of this young man taught me how he would always be doing things in his own way. That is certainly not a bad trait, unless he realized his own way up among others instead of confidence. As he grows by the ship's side, the duty became assumed by the service in life, he battled toward a slightly thoughtful yet. He was good at what he did, but

"...the duty became assumed by the service in life, he battled toward a slightly thoughtful yet...

Kathy, the Lincoln has received many commendations and awards for its endeavors, and Tim has said he prides himself to be a part of the crew.

"That whole crew became instant friends as we waited," Kathy told me later. "We all had this one thing in common—someone we loved was on that ship. We all spoke to one another as if we'd already been introduced."

"And as we return to the movie the shipyard. Twenty years after the father of this young man taught me how he would always be doing things in his own way. That is certainly not a bad trait, unless he realized his own way up among others instead of confidence. As he grows by the ship's side, the duty became assumed by the service in life, he battled toward a slightly thoughtful yet..."
Toothpaste for Dinner

by Charlotte Smith

Have you ever reached a point in your life where you considered eating toothpaste for dinner? It's a question that's likely to come up in conversation with other web cartoonists. The reason is simple: Toothpaste is a popular punchline in web comics, particularly those that feature hamsters, hipsters, and a hipsterish gang called "The Gang." It's a trope that has become almost as iconic as "Office Space" or "The Office." The question then becomes: Why do people love toothpaste so much in web comics?

One reason is that toothpaste is a perfect example of something that is easy to visualize. It's a potable item that is often used in a daily routine, making it relatable to many readers. Another reason is that toothpaste can be used as a metaphor for many different things, ranging from art to business. This versatility allows for a wide range of interpretations, making it a popular subject for web comics.

But it's not just the visual appeal and the metaphorical possibilities that make toothpaste so popular in web comics. It's also the way that web cartoonists use toothpaste to create a sense of humor. Toothpaste is often used in a way that is unexpected and humorous, such as the idea of eating toothpaste for dinner. This unexpectedness is what makes the toothpaste trope so funny.

Of course, not all web cartoonists use toothpaste in the same way. Some use it as a way to create a sense of continuity and connection, while others use it to create a sense of humor and playfulness. The use of toothpaste in web comics is just one example of how web cartoonists use everyday objects to create a sense of humor and connect with their audience.

In conclusion, toothpaste is a popular subject in web comics because of its visual appeal, versatility, and the way that web cartoonists use it to create a sense of humor. It's a trope that is likely to continue to be a part of web comics for years to come.
Tech team and "They had been 'let go.' For me, the line between historical and skeletons, with scant blooms twelve feet from the ground. At a stand of them in covered in blooms. A heavy vase of neglected is clear. These bushes needed complete scent of its flower is unique. I have never compared another flower scent to it, like I have done among other flowers. (For instance: Mock Oriental flow­

Diverse group included the United of Independent Maine's first governor, William King, as Landmarks did Fa~ade. The statues commemorate the lost soldiers publicly; the lilacs were planted lilacs in their dooryards for their lost loved people. A local history buff

Values

Building Matters: Building Brotherhood: Inside the Masonic Temple, 415 Congress Street

This Father's Day, Give the Gift of Expertise

This Father's Day let Dad relive his Father's Day is almost here... Great Gift Ideas for the Gardening Dad

If you're looking for a special gift to give your dad on Father's Day, consider giving him a gift from the world of gardening. Here are some great ideas for the gardening dad:

1. Garden Tools

Father's Day is a special day in the life of every man, but it is especially meaningful for those who are growing up — more than 3,000 million dollars are spent on Father's Day gifts. Of course, the gift of a gardening tool is one that is sure to bring a smile to your dad's face. Whether it's a new pair of gloves, a trowel, or a weed eater, there is something for every gardener. If your dad has been growing flowers or plants for years, a new pair of gardening gloves would be a great gift. And if your dad is more interested in vegetables, a trowel for planting seeds or a weed eater for keeping his garden free of weeds would be perfect.

2. Gardening Books

Another great gift idea for the gardening dad is a gardening book. There are many gardening books available, ranging from basic gardening to more advanced topics. A book that covers the basics of gardening, such as how to start a garden, or one that focuses on specific types of plants, such as flowers or vegetables, would be a great gift.

3. Garden Gifts

There are many garden gifts available that are sure to please any gardener. A garden stake, a garden ornament, or a garden tool set would all make great gifts. If your dad is looking to start a new garden or expand his current one, a garden gift set would be a perfect choice.

4. Gardening Subscription

A gardening subscription would be another great gift idea for the gardening dad. Many gardening magazines and newsletters are available, offering a wealth of information on gardening topics. A subscription to one of these would provide your dad with a regular source of gardening inspiration and ideas.

5. Gardening Classes

If your dad is interested in learning more about gardening, a gardening class would be a great gift. Many community centers and parks offer gardening classes, and these would be a great way for your dad to learn new skills and improve his existing ones.

The key is to find a gift that is tailored to your dad's interests and skills. Whether he is a seasoned gardener or a beginner, there is sure to be a gardening gift that would make him happy on Father's Day.

Online Shopping Makes Father's Day a Snap

Father's Day is just around the corner, and if you're looking for a unique gift to give your dad, consider shopping online. With so many options available, you're sure to find something that your dad will love.

One popular option is to shop for a gardening gift. You can find a wide range of gardening tools, books, and subscriptions online. Another great option is to shop for a gardening class. Many community centers and parks offer gardening classes, and these would be a great way for your dad to learn new skills.

If you're not sure what to get your dad, you can always consider giving him a gift card to a local garden center or nursery. This way, he can choose his own gift and enjoy the experience of shopping for it. Whatever you choose, make sure it's something that your dad will enjoy and appreciate.

Father's Day is a special day, so make sure your dad feels special on this day by giving him a gift that he will love. With so many options available, there's sure to be something that will make him happy.

The key is to find a gift that is tailored to your dad's interests and skills. Whether he is a seasoned gardener or a beginner, there is sure to be a gardening gift that would make him happy on Father's Day.
What are you getting your father for Father's Day?

by Michel Holley

What are you getting your father for Father's Day? I do know three. These folks have some good ideas of their own, from more, still there, or come up with your own. It is one of the toughest questions for our father's children to answer. Fathers usually have everything already, so you have to get a little creative.

Heather Bach: "Paint a picture of him from his youth."

Shannon Stewart: "Write a book of poetry inspired by his ancestors."

Brad Provencher: "I'd get him a tattoo. He doesn't have any."

Caron Barber: "Losing magazines."

---

**Good news**

Coffee By Design, Inc. of Portland Receives Honor

Country of Origin: Arti

The Small Business Spotlight of the week is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities. Coffee By Design is headquartered in Portland, Maine, and was open to competition with more than 60 small coffee roasters.

Coffee By Design was founded in 1994 as a small coffee roaster. They now operate three coffee shops, one in Portland, Maine, and two in the Southeast.

Coffee By Design is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities.

**SHOULDN'T YOUR AD BE HERE? CALL J.D. FOR DETAILS! 775-6601**

---

**Non-profit news**

You're Invited to a Kitten Shower!

Country of Origin: Portland, Maine

The Animal Welfare Society will hold its first annual Kitten Shower from 2pm to 5pm, Saturday, June 11 at the shelter on the Old York-Wood Road in Kent, Maine. The Animal Welfare Society has designated the Maine Animal Association as the sponsor for the shower. All proceeds will go to benefit the Maine Animal Association.

The Animal Welfare Society is open noon to 5pm Tuesday through Saturday and 11am to 5pm on Sunday. For more information contact the Executive Director at (207)284-0344 or on email to: info@animalwelfaresociety.org or check out the website at www.animalwelfaresociety.org.

---

**On-Time Delivery Service**

Delivering your products at the best possible rate throughout New England

**THE GREATER PORTLAND CHAMBER OF COMMERCE**

**Interior Design**

The UNIQUE Interior solution
YOU MAKE YOUR OWN ROOM
SALTED AT JUST THE WAY YOU LIKE IT.

**For All Your Interior Design Needs**

**CARR Y S AU S IT**

4th Floor Street

The Best in Portland
on Market Street in downtown

MILK, BAKERY, DELI, CAFE, & CONVENIENCE STORES

**WASHING Machines, Dryers, & REFRIGERATORS**

**MINI-FRIGS & MICROWAVES**

**MANUFACTURERS, DISTRIBUTORS, & IMPORTERS**

**18 Casco Bay Weekly**

---

**Local voices**

What are you getting your father for Father's Day?

by Michel Holley

What are you getting your father for Father's Day? I do know three. These folks have some good ideas of their own, from more, still there, or come up with your own. It is one of the toughest questions for our father's children to answer. Fathers usually have everything already, so you have to get a little creative.

Heather Bach: "Paint a picture of him from his youth."

Shannon Stewart: "Write a book of poetry inspired by his ancestors."

Brad Provencher: "I'd get him a tattoo. He doesn't have any."

Caron Barber: "Losing magazines."

---

**Good news**

Coffee By Design, Inc. of Portland Receives Honor

Country of Origin: Arti

The Small Business Spotlight of the week is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities. Coffee By Design is headquartered in Portland, Maine, and was open to competition with more than 60 small coffee roasters.

Coffee By Design was founded in 1994 as a small coffee roaster. They now operate three coffee shops, one in Portland, Maine, and two in the Southeast.

Coffee By Design is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities.

**SHOULDN'T YOUR AD BE HERE? CALL J.D. FOR DETAILS! 775-6601**

---

**Non-profit news**

You're Invited to a Kitten Shower!

Country of Origin: Portland, Maine

The Animal Welfare Society will hold its first annual Kitten Shower from 2pm to 5pm, Saturday, June 11 at the shelter on the Old York-Wood Road in Kent, Maine. The Animal Welfare Society has designated the Maine Animal Association as the sponsor for the shower. All proceeds will go to benefit the Maine Animal Association.

The Animal Welfare Society is open noon to 5pm Tuesday through Saturday and 11am to 5pm on Sunday. For more information contact the Executive Director at (207)284-0344 or on email to: info@animalwelfaresociety.org or check out the website at www.animalwelfaresociety.org.

---

**On-Time Delivery Service**

Delivering your products at the best possible rate throughout New England

**THE GREATER PORTLAND CHAMBER OF COMMERCE**

**Interior Design**

The UNIQUE Interior solution
YOU MAKE YOUR OWN ROOM
SALTED AT JUST THE WAY YOU LIKE IT.

**For All Your Interior Design Needs**

**CARR Y S AU S IT**

4th Floor Street

The Best in Portland
on Market Street in downtown

MILK, BAKERY, DELI, CAFE, & CONVENIENCE STORES

**MINI-FRIGS & MICROWAVES**

**MANUFACTURERS, DISTRIBUTORS, & IMPORTERS**

**18 Casco Bay Weekly**

---

**Local voices**

What are you getting your father for Father's Day?

by Michel Holley

What are you getting your father for Father's Day? I do know three. These folks have some good ideas of their own, from more, still there, or come up with your own. It is one of the toughest questions for our father's children to answer. Fathers usually have everything already, so you have to get a little creative.

Heather Bach: "Paint a picture of him from his youth."

Shannon Stewart: "Write a book of poetry inspired by his ancestors."

Brad Provencher: "I'd get him a tattoo. He doesn't have any."

Caron Barber: "Losing magazines."

---

**Good news**

Coffee By Design, Inc. of Portland Receives Honor

Country of Origin: Arti

The Small Business Spotlight of the week is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities. Coffee By Design is headquartered in Portland, Maine, and was open to competition with more than 60 small coffee roasters.

Coffee By Design was founded in 1994 as a small coffee roaster. They now operate three coffee shops, one in Portland, Maine, and two in the Southeast.

Coffee By Design is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities.

**SHOULDN'T YOUR AD BE HERE? CALL J.D. FOR DETAILS! 775-6601**

---

**Non-profit news**

You're Invited to a Kitten Shower!

Country of Origin: Portland, Maine

The Animal Welfare Society will hold its first annual Kitten Shower from 2pm to 5pm, Saturday, June 11 at the shelter on the Old York-Wood Road in Kent, Maine. The Animal Welfare Society has designated the Maine Animal Association as the sponsor for the shower. All proceeds will go to benefit the Maine Animal Association.

The Animal Welfare Society is open noon to 5pm Tuesday through Saturday and 11am to 5pm on Sunday. For more information contact the Executive Director at (207)284-0344 or on email to: info@animalwelfaresociety.org or check out the website at www.animalwelfaresociety.org.

---

**On-Time Delivery Service**

Delivering your products at the best possible rate throughout New England

**THE GREATER PORTLAND CHAMBER OF COMMERCE**

**Interior Design**

The UNIQUE Interior solution
YOU MAKE YOUR OWN ROOM
SALTED AT JUST THE WAY YOU LIKE IT.

**For All Your Interior Design Needs**

**CARR Y S AU S IT**

4th Floor Street

The Best in Portland
on Market Street in downtown

MILK, BAKERY, DELI, CAFE, & CONVENIENCE STORES

**MINI-FRIGS & MICROWAVES**

**MANUFACTURERS, DISTRIBUTORS, & IMPORTERS**

**18 Casco Bay Weekly**

---

**Local voices**

What are you getting your father for Father's Day?

by Michel Holley

What are you getting your father for Father's Day? I do know three. These folks have some good ideas of their own, from more, still there, or come up with your own. It is one of the toughest questions for our father's children to answer. Fathers usually have everything already, so you have to get a little creative.

Heather Bach: "Paint a picture of him from his youth."

Shannon Stewart: "Write a book of poetry inspired by his ancestors."

Brad Provencher: "I'd get him a tattoo. He doesn't have any."

Caron Barber: "Losing magazines."

---

**Good news**

Coffee By Design, Inc. of Portland Receives Honor

Country of Origin: Arti

The Small Business Spotlight of the week is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities. Coffee By Design is headquartered in Portland, Maine, and was open to competition with more than 60 small coffee roasters.

Coffee By Design was founded in 1994 as a small coffee roaster. They now operate three coffee shops, one in Portland, Maine, and two in the Southeast.

Coffee By Design is a perfect example of how small businesses can achieve profitable growth and become leaders in their communities.

**SHOULDN'T YOUR AD BE HERE? CALL J.D. FOR DETAILS! 775-6601**

---

**Non-profit news**

You're Invited to a Kitten Shower!

Country of Origin: Portland, Maine

The Animal Welfare Society will hold its first annual Kitten Shower from 2pm to 5pm, Saturday, June 11 at the shelter on the Old York-Wood Road in Kent, Maine. The Animal Welfare Society has designated the Maine Animal Association as the sponsor for the shower. All proceeds will go to benefit the Maine Animal Association.

The Animal Welfare Society is open noon to 5pm Tuesday through Saturday and 11am to 5pm on Sunday. For more information contact the Executive Director at (207)284-0344 or on email to: info@animalwelfaresociety.org or check out the website at www.animalwelfaresociety.org.

---

**On-Time Delivery Service**

Delivering your products at the best possible rate throughout New England

**THE GREATER PORTLAND CHAMBER OF COMMERCE**

**Interior Design**

The UNIQUE Interior solution
YOU MAKE YOUR OWN ROOM
SALTED AT JUST THE WAY YOU LIKE IT.

**For All Your Interior Design Needs**

**CARR Y S AU S IT**

4th Floor Street

The Best in Portland
on Market Street in downtown

MILK, BAKERY, DELI, CAFE, & CONVENIENCE STORES

**MINI-FRIGS & MICROWAVES**

**MANUFACTURERS, DISTRIBUTORS, & IMPORTERS**

**18 Casco Bay Weekly**
Unfolding India

India is a country where the senses overlap and in love one another. India’s unfolding is a multi-modal, interactive exhibition, challenging preconceptions and opening doors to new experiences. For the past thirty-two years, Stephen P. Huyler, Portland, ME, has been capturing the lives of India’s people with his camera and recording his experiences there. It was Roberta Smith’s New York Times review of the exhibition, “Huyler’s shows have always been known for their unpretentious, off the beaten path nature, and in magazines, newspapers and books as well as television and film, have appeared in numerous international museums and has been viewed by millions of people. The exhibition, Unfolding India, is the thirty-second exhibition of its kind and in every museum in the world. It is a life time achievement, and a culmination of a long and unique journey. The exhibition is a survey of indigenous arts and cultures. The exhibition is a survey of indigenous arts and cultures. The exhibition is a survey of indigenous arts and cultures. The exhibition is a survey of indigenous arts and cultures.

About the Artist

The photographer and artist, Stephen P. Huyler is also well known in art, architecture and cultural anthropology. It is said that he has inspired millions of people to travel to India. He is an award-winning photographer, painter, publisher, and author. He has published many books, among them "India's Unfolding" (1996), "Richmond's Province & The City of London" (1998), "Gibbs Society" (1999), and "The History of the New World" (2000).

Applications of his photography have appeared in major newspapers around the world and he has curated many museum exhibitions of Indian art, including the "India’s Unfolding" exhibition at the Smithsonian Institution and the Asia Society of Natural History in New York. When not in India or traveling to lectures or museum shows, he lives in Cambridge, MA, with his wife and two kids.

The Unfolding India exhibition is on view at the Portland Museum of Art from June 12 through September 22, 2003. The exhibition features the work of Stephen P. Huyler, a renowned photographer and artist, who has been capturing the lives of India’s people with his camera and recording his experiences there. The exhibition is a survey of indigenous arts and cultures, and features a diverse range of objects, including paintings, photographs, and sculptures. The exhibition has been viewed by millions of people worldwide and is considered a life time achievement. The exhibition is open to the public from June 12 through September 22, 2003.
Thursday, June 12
"Nickel and Dimed" - The first of a series of staged readings by area residents and actors is "Nickel and Dimed"; Joan Holden's new theatrical version of Barbara Ehrenreich's 2001 nonfiction bestseller, Nickel and Dimed: On (Not) Getting by in America, the book Studs Terkel called "a stiff punch in the nose to those righteous apostles of 'welfare reform.'" It will be performed at 7pm, Stonington Opera House, Stonington. 367-2788.

Father's Day – make a special frame for your dear old dad, ages 2-5, 10:30am-11:30am, Northern Sky Toyz. Fore St., Portland.

Friday, June 13
Dimensions in Jazz will host award-winning composer/drummer/jazz educator Steve Grover and his trio mates, bassist Chris Van Voorst Van Breen and Frank Carlin on piano, June 13 and 14, 8pm, Starbird Music, 525 Forest Ave., Portland. 828-1310.

Saturday, June 14
To the Highest Standard: exhibit of Maine's Civil War Flags. Ceremonies will open with a posting of the colors by members of the Third Maine Volunteer Regiment and the Maine National Guard Color Unit, followed by the National Anthem. 10am-2pm, Friends of the Maine State Museum, 83 State House Station, Augusta. 287-2304.

Painter Charles DuBack of Tenants Harbor: author, art historian and cultural anthropologist, and multi-media artist Stephen Hogler of Camden, and photographer Peter Michelena, also of Camden, present solo exhibitions at the Center for Maine Contemporary Art, 162 Russell Ave, Rockport. 236-2875.

Book Sale with approximately 1000 books, $2 or less, to benefit Friends of Feral Felines, a cat rescue group, 8:30am-2pm, Williston-West Church, 32 Thomas St., Portland. FMI or to donate books: 878-8896.

Christopher Williams, Boston area singer, songwriter, percussionist, will perform at the Kennebunk Coffeehouse. Popular Seacoast area musician, Lynn Devens will open the show, 8pm, First Parish Unitarian Universalist Church, intersection of Routes 1 and 35, Kennebunk. 229-0212.

Sunday, June 15
Walk with the Crewe You Love, Gay and Straight walking together for "Families in Love and in Law" beginning in the parking lot across from the Preble St. extension from Hannaford, 3:30pm and followed by an on-the-spot registry of domestic partnerships for Portland residents, 4:10pm, Payson Park, 879-0480.

Father's Day Kite Fly - come and celebrate Father's Day at the Northern Sky Toyz Kite Fly, 11am-4pm, at Fort Williams Park, Cape Elizabeth. Bring a kite to fly, or just come and watch. Don't forget a picnic.

Monday, June 16
Maine Public Radio will air a concert originally recorded in Rockport that features talented young musicians from Maine on the program From the Top, at 8pm. The concert was recorded in front of a live audience at Rockport's Storm Auditorium last April and features several unique performances from talented young musicians hailing from all over the United States. 89.7FM, 90.1FM, 90.5FM, 90.9FM and 91.3FM.

Micah Blue 5md Ideone, ragtime blues virtuoso. A self-taught master of ragtime blues. His soulful yet perfect flatpicking and mesmerizing voice pull the listener into a fantastical realm of long summer nights, freight car dreams, quick, hard love and moonshine kisses. 8pm, Stillhouse Studio Theatre, 108 High Street, 2nd floor, Portland.

It has been an impressive couple of decades for Weird Al Yankovic, who has been honored with two Grammy Awards and one MTV Video Award nomination. Weird Al will be performing at the State Theatre, 609 Congress St., Portland, 8pm.

Tuesday, June 17
Planning for the Future: A Leadership Forum on Child Care and Economic Development. Across the state of Maine, the need for licensed child care far exceeds the supply. The impact of child care shortages on business performance will be discussed and the impact of the child care sector on the healthy functioning of the economy will be highlighted. 8am-12pm, Holiday Inn by the Bay, Spring St., Portland. 871-7449 or maxa@maine.gov.

Wednesday, June 18
Catch some rays with a beautiful creation of your own! Artscapes: making sun catchers, 3pm, Maine Discovery Museum, 74 Main St., Bangor. 262-7200 or mainediscoverymuseum.org.
To be a father...

1. Steve and daughter Iris (ID)
2. Matt and daughter Nia (ID)
3. Craig and sons at Willard Beach, So. Portland (CA)
4. Daddy Craig and "Big Brother" Cotton hugging baby Griffin (CA)
5. Craig and youngest son Griffin (CA)
6. Connor and Griffin play with father Craig at Willard Beach in So. Portland (CA)
7. Connor, Griffin, and Garret with father Craig (CA)
8. Papa Noel with grandchildren Griffin (CA)

(ID) Jen Dean, www.artistseimages.us
The Gallery on www.the-clown.com shows of gallery artists Verner Reed, Veronica Benning, through June 15.

Elan Fine Arts, 8 Elm St., Rockland. Leonard Baskin, Linda Marsky, Jacques Vesery and Nancy Michelena.

Hours: 12noon-5pm.

Southern Maine, Fri-Sat 10am-3pm.

Portland.

Exhibit of recent works by Louis Palumbo, 409-4527.

Portland.

Views” group exhibit, through June 30. "Trees" and "Playground," Maine's late spring didn't put them off, as they are still very much in love, and hardly quiet about it.

They talk to each other, stroke each other all the time, and make all their decisions together. They sign vows "bidingly," with X's and O's, and say nothing of "the answer is love."
Music directory

Thursday 12

The Albatross
Homestead 3 (9pm)

Seafood Tavern
Post Office Plaza (9pm)

The Broadwood
The Black Dog (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Kaff "The Well"
9pm (9pm)

Saturday 14

The Barony
Knauss Town Square (9pm)

Tea House
Tea House Tavern (9am)

The Silver Veil
The Silver Veil (9pm)

Tuesday 17

The Alehouse
Open Mic No cover (7pm)

The Big Dog
My Ch Label (9pm)

The New Inn
Open Mic (9pm)

The Old Inn
Open Mic (9pm)

The Post Inn
Open Mic (9pm)

The Well
Open Mic (9pm)

Friday 13

The Albatross
Ordinary Way (9pm)

The Broadwood
The Broadwood Pub (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

Friday 15

The Broadwood
The Broadwood Pub (9pm)

The Barony
Knauss Town Square (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Kaff "The Well"
9pm (9pm)

Saturday 16

The Broadwood
The Broadwood Pub (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

Sunday 15

The Broadwood
The Broadwood Pub (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

Friday 16

The Barony
Knauss Town Square (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

Tuesday 19

The Broadwood
The Broadwood Pub (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

The Well
Open Mic (9pm)

Monday 16

The Albatross
Homestead 3 (9pm)

Seafood Tavern
Post Office Plaza (9pm)

The Broadwood
The Black Dog (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Kaff "The Well"
9pm (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

The Well
Open Mic (9pm)

Monday 16

The Albatross
Homestead 3 (9pm)

Seafood Tavern
Post Office Plaza (9pm)

The Broadwood
The Black Dog (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Kaff "The Well"
9pm (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

The Well
Open Mic (9pm)

The Albatross
Homestead 3 (9pm)

Seafood Tavern
Post Office Plaza (9pm)

The Broadwood
The Black Dog (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Kaff "The Well"
9pm (9pm)

The Cove
The Cove at Southport (9pm)

Clyde's Pub
Open Mic & Karaoke (9pm)

The Post Inn
Open Mic (9pm)

The Well
Open Mic (9pm)
Red Sox Draft Report

By Tomorrise

It probably won't be when the Portland Sea Dogs for a year or two, but some of the top prospects drafted by the Boston Red Sox are certain to make the major league level, and they're coming through Portland on their way there.

Boston selected 22 players in the amateur draft, which was held on Tuesday and Wednesday, June 3 and 4. The 30 major league teams picked a total of 1,409 players from high school and college teams in the U.S. Last season, college players were chosen for the first 30 picks, three from junior colleges, and nine high school players. Of the 22, the Sox chose 13 pitchers and nine position players. This is quite a change from last year's draft, when Boston used seven of its first nine picks for high school players.

Sensenberger

General Manager Theo Epstein was quoted as saying this draft was "a big piece of putting together the core of this team." He added, "We're looking for a professional in baseball today. And soon, the Sox's 2004, offseason, the Sox will spend even more on hitting and pitching. Among the Sox's draft strategy is to focus on a select group of college players with good computer skills and an interest in business. The Boston Red Sox, the Sox's first pick for the 2004 draft, was drafted as a starting pitcher at Boston College, and the Sox's second pick was Matt Murton of Canisius College.

The Sox and the team that holds the next pick to contract a new professional should consider "hitting the actual player," says Sox General Manager Theo Epstein. "A good first-round pick can make an immediate impact, so we need to get on the ball and get to work as soon as possible."
American

THREE DOOR HENNY'S A restaurant and pub with 30 different kinds of beer on tap. Try our忠实 to the classics menu which includes fish and chips, chicken and waffles, ribs, and grilled. The full bar features a large selection of spirits, wines, and a variety of beers.


WALKING WITH WOODY'S 313 Commercial St. 284-3232

BAR & GRILL Serving the finest in traditional New England food. Try our daily specials and experience a wide view of Port

THE ALBION Located at 233 Commercial St. Serving dinner Monday through Saturday from 6:00-9:00 PM. Call 281-0660.

BASIL'S AT THE HIGHLANDER INN Featuring fresh local ingredients. Make sure to try their nightly special.

THAI TASTE Distinctive Thai and Chinese fusion cuisine. Featuring fresh local ingredients. Located at 253-5100.

ECLECTIC

BASIL'S AT THE HIGHLANDER INN Featuring fresh local ingredients. Make sure to try their nightly special.

THE ALBION Located at 233 Commercial St. Serving dinner Monday through Saturday from 6:00-9:00 PM. Call 281-0660.

BASIL'S AT THE HIGHLANDER INN Featuring fresh local ingredients. Make sure to try their nightly special.

THAI TASTE Distinctive Thai and Chinese fusion cuisine. Featuring fresh local ingredients. Located at 253-5100.
Movies

Adaptation

Adaptation has a running time of 114 minutes and is rated R for language, sexuality, some drug use and violent images.

I freely admit my biases about movies. Who, outside the film industry, contributes to the process of making a movie? "Adaptation," the 2002 film available on DVD since 2003, is not only about the making of a film; it's a movie about the making of a film that doesn't work for me.

Charlie Kaufman, the writer of "Being John Malkovich," the second novel whose screenplay was written, started "Adaptation," which was adapted by Spike Jonze and directed by Mike Nichols. The book centers on the life and work of Kaufman, a man who has written several novels and is struggling to write a screenplay for a film based on a novel by another writer. The novel is a clever, self-referential exploration of the process of writing and the nature of creativity.

The movie, on the other hand, is a disaster. The script is messy, the acting is wooden, and the pacing is slow. The only thing that saves it is the performances of John Cusack as Kaufman and Nicholas Cage as Donald, the screenwriter who is being chosen to adapt the novel. The two actors are excellent, but the material around them is weak.

The film's main weakness is its lack of focus. It meanders from one idea to the next, never really developing any of them. The result is a movie that is confusing and disjointed.

I must admit that I have never been a fan of Spike Jonze's work. I didn't like "Beetlejuice" or "Adaptation." I found them both to be overly self-referential and lacking in any true insight. I believe that a movie should be about something, and "Adaptation" just isn't. It's a film about the process of making a film, but it fails to explain why that process is so difficult.

In the end, "Adaptation" is a movie that is more about the making of a film than it is about the film itself. It's a film about the struggle of creating art, but it's a film that is ultimately disappointing.

About Schmidt

About Schmidt is rated R for language and nudity. It runs just over two hours.

Walter Koenig (Sean Penn) is a man who has lived a life of privilege. He is a successful attorney who has everything he could want. But his life begins to unravel when he is diagnosed with terminal cancer.

The film is a poignant and honest portrayal of a man facing the end of his life. It is a film about love, loss, and the importance of making the most of the time we have.

The performances are excellent, with Sean Penn giving a particularly strong performance as the younger version of Koenig. The director, Richard Linklater, has created a film that is both moving and thought-provoking.

The film is also a study in the nature of time and how it affects us. It is a film about the importance of living in the present and not letting the past or the future define us.

In the end, "About Schmidt" is a film that is both moving and thought-provoking. It is a film about the nature of time and the importance of living in the present. It is a film that is worth seeing.
Books
The Giver
by Lois Lowry

Over the past few years I have read many books labeled as "young adult" fiction which are usually put in the junior section of bookstores. This labeling, unfortunate, limits the reading of some excellent writing which deserves the attention of discriminating readers of all ages. These books often deal with current, controversial issues, interesting flights of fancy or science, but relevant, historical impacts and many are terribly well written. Most are quite short and it is very satisfying to take a moment to read a good book in a couple days and share it with your kids.

Last year, a Portland Maine resident, has written a number of superb novels including The Giver, which won the prestigious Newbery Medal in 1993 and has since become a standard on school reading lists. In this slightly flimsy novel, young Jonas lives in a perfect society where everyone is equal and there are no conflicts or pain. People live community and their part in life is chosen for them at the age of twelve according to their physical and intellectual traits. Jonas is selected to receive special training from a giver, who is the keeper of memories and the truth of the past. He "receives" images and stories about the history of his community, which changes him forever and is shown using the same method. The Giver is reminiscent of some ways of Henry David Thoreau's Waker's Natural World but is a little more to digest, being written understandably by "young adults." Publishing house, and by Luella Lowry, is somewhat remodeled to the above to allow for some more substantial and creative. In central character is an outstanding girl, a new, young, and independent personality called the "Girl." She is more a young, and independent personality called the "Girl." She is more

Adopt a Pet: Diamond

It's no secret that a dog can be a better than your kids ever thought. If you're considering getting a dog, it's important to know what you're getting into. Diamond is a young female terrier who was surrendered to a shelter because her owner could not find a job. Diamond is friendly and affectionate, and she loves to play fetch and go for walks. She gets along well with other dogs and is house-trained. If you're interested in adopting Diamond, please contact your local animal shelter or visit a pet store to learn more. Diamond is a friendly and affectionate dog who would make a great companion for any family.

The Hangman Wallpaper & Painting Co.

Promotional finishing applicators Residential & Commercial Industrial
• Wallpaper • Paint • Supply

Looking to make tremendous money?? Advance Tel Direct is hiring full and part time sales professionals $100.00 sign on bonus!!
Sales Professionals take automated calls for clients selling health, verify and information products. Currently looking for evening and weekend agents for our Auburn, MA and Augusta call center locations. We are located at 125 1st Ave, Auburn, MA 06243, 1-800-222-3333. Check out our website: www.advanceteldirect.com

Cascobay Weekly

Paw Print

MainelyMac

They also do Macs. We Only Do Macs!

MainelyMac

Saturday Mornings From 9 'til 11
With Host Jeff Weinstein & Co-Host Mike Leonard

NewsTalk WLOB
AM-1310 & FM-96.3

Check Out The Show's Website: www.GoodMorningMaine.com

A Production of Media Group Inc © Yarmouth, Maine © 2003 Media Group Inc

Casco Bay Weekly

JUNE 12, 2003

56
In defense of civil rights... 
Announcing the establishment of the 
Maine Gun Owners 
Association Inc
...an organization dedicated to the preservation and promotion of the law-abiding individual's inalienable right to keep and bear arms for self-defense and sporting purposes throughout Maine.

MGOA's mission includes speaking out on behalf of individuals and organizations that are unfairly attacked...publicly or privately, politically, socially, or legally...for exercising their lawful rights to gun ownership.

Additionally, MGOA vigorously supports safe gun handling education programs for adults and younger alike. Only through education can individuals be responsibly safe from the myriad of daily activities in which we participate. The fact is that firearms activities have a safety record that's the envy of virtually every other sporting activity in the world. We'll do our part to keep that way.

MAINE GUN OWNERS ASSOCIATION INC
PO Box 373 < Yarmouth ME 04096 < TEL 846-3000
www.MGOA.com

ANNUAL MEETING
James Cloutier, Portland's Mayor, is the Keynote Speaker at our Annual Meeting. Wednesday, June 19, 11:30-2:00 p.m.
The Eastland Park Hotel - 208 High Street, Portland

This program will include an introduction of current board members and committee chair. Members will be provided with time to ask questions and present their views and ideas for future projects and activities. Members will also vote for the slate of officers, for election as the meeting of the 2003/2004 Board. RSVP by 6/15/03

Portland Chamber - Annual Meeting - Wednesday, June 18, 2003
Maiden Gables - Please call (207) 772-1179 or 772-1180.

To Register:
Fax: 775-1179 or
Email: events@portland.com
Or call: Events & Calendar

All reservations must be made in advance by check or credit card. If space is available, you may register and pay at the door. Cancellations must be received a week before a business day before the event in order to receive a refund. A 25% Business delivery fee required on the event. Thank you!

All employees of member businesses are members of the Chamber and are invited to attend. Please post and circulate for all to see.

Pedicure
Featured Service
For June

Paradiso
Salon and Spa
16 Market Street, Portland, Maine 04101
www.paradisosalonandspa.com

1-800-972-3155 for a customer service representative or 1-888-323-6538 for our new 24 hour automated system

TO PLACE YOUR FREE 40 WORD AD, CALL:
1-800-972-3155 for a customer service representative or 1-888-323-6538 for our new 24 hour automated system

TO REPLY TO AN AD, CALL: 1-900-226-2190 • $1.99/minute
or purchase a prepaid Block-of-Time to use on the 900A service with credit card: 1-877-811-5151

Female Seeking Male

GIRLFRIEND, 35, 5'4", 32-40-40, long brown hair, green eyes, loves to laugh, great sense of humor. For the past several years, I have been in an unhappy relationship. Seeking a man who loves to laugh, is a good listener, enjoys life, loves the outdoors, and loves to have a good time. Needs to be financial secure,懂得精明, gets along with my friends, and makes me feel good about myself. Contact me at (978) 555-5555.

Male Seeking Female

MANNY, 34, 5'9", 180lbs, short brown hair, friendly, likes to laugh, good sense of humor, looking for a woman who can make me laugh, enjoy doing things as a couple, and share a happy friendship. Likes to go hiking, biking, and enjoying the outdoors. Contact me at (978) 555-5555.

Alternatives

MARRIED, 35, 5'9", 180lbs, short brown hair, friendly, likes to laugh, good sense of humor, looking for a woman who can make me laugh, enjoy doing things as a couple, and share a happy friendship. Likes to go hiking, biking, and enjoying the outdoors. Contact me at (978) 555-5555.

Looking for: M/F, 5'9", 180lbs, short brown hair, friendly, likes to laugh, good sense of humor, looking for a woman who can make me laugh, enjoy doing things as a couple, and share a happy friendship. Likes to go hiking, biking, and enjoying the outdoors. Contact me at (978) 555-5555.
Petite
bumps and deepest pits. Chances for happiness and success.

Old school were writing this horoscope. He might be

First step is to straighten your posture. You probably
dissi ng people always hurts our ambitions. 

Pillow talk can be sacrilegious. An abomination. An employee

Aries (March 21-April 19): You have a direct

Cancer (June 21-July 22): Here’s a closely

Geminis: In the next 24 hours, take one step

![Image of Molly's Steakhouse & Irish Pub](image_url)

**Molly's Steakhouse & Irish Pub**

* NOW OPEN 7 DAYS A WEEK *

Join Us For Customer Appreciation Night:

Every Mon is 2 for 1 entrees and $2.50 Draught Pints all night

Every Thursday is Dinner for 2 Night:
Includes 2 Entrees and Bottle of Wine for $29.95

Irish American Classics

- Paddy's Prime Rib / Queen Cut / Kicking Cut
  
  Slow-roasted and served with hot au jus and a side of creamy horseradish sauce.

- President's Choice - Potsh & Regular Cut
  
  Choice Top Sirloin Hand-cut daily at Molly’s & Ireland included.

- Irish Blue Stilton® - Potsh & Regular Cut
  
  Our most popular hand-cut Top Sirloin steak topped with a delicious blue cheese sauce.

- Maine’s Guinness Pub
  
  Roasted pork cooked to Molly’s rich home-made Guinness sauce.

- Garlic Dip
  
  Like Molly’s popular “French Dip” Molly’s oven-roasted beef is piled high on garlic herb cheese bread and served with a bowl of horseradish sauce with roasted garlic chips and a loxhub dill pickle.

- NIGHTLY DINNER SPECIALS *

- 11 Beers on tap including Guinness, Geary’s & Shipyard
  
  And every Thursday is $5 Martini Night. You call it!!!
from Where I Sit

Spirit Dreams

By Carl Sagan

Remember what you used to do in your bedroom before movies and video games? Staring out the rear window, you imagined the stories that the stars were telling you. We've come a long way, haven't we? The stars are still there, but they're just a speck of dust compared to the technology that fills our lives today.

I've been thinking a lot about the future of our society, and I'm worried about what kind of world we're creating. We've become so obsessed with technology and entertainment that we've forgotten the importance of human connection. We spend our days staring at screens, instead of looking up at the sky and appreciating the beauty of the universe.

But I'm not a pessimist. I believe that we can find a balance between our technological advancements and our appreciation for the natural world. We just need to remember that the stars are still out there, and they're waiting for us to come see them.

So the next time you look up at the sky, take a moment to appreciate the beauty of the stars. And if you're feeling inspired, maybe you can even start a movement to bring everyone together under the stars. After all, that's what the universe is all about.
Kids’ korner

We’re going to write about a new restaurant in the Old Port, O’Naturals! The name makes it sound like a health-food convenience store, but it really is an excellent restaurant! The layout is nice, and there are some interesting things inside that will catch your eye. The walls have beautiful tapestries on them, half the inside is brick and half is wood, and there are 2 safes in the walls one on the bottom floor, and one that opens out to empty space. The food is excellent, especially the macaroni and cheese (on the kids menu of course). I give it one and half stars. I would definitely recommend it to anyone in the area.

Excerpts from "Weekly" by L. Sue Whitemore of Westbrook

**Once Again**

By Deborah Lynne Carlton of Cumberland

Once again, I am without you
But I make do
Just the same
Try and fill
The empty days
The only days
The endless days
Try and take away the pain
Imbue my feelings
Freeze them for
A day or two
Think about the many
Drawings that my hands
Can’t seem to make
do
The many pictures
That my mind sees
And cannot bring to light
The endless days alone
And the empty ones at night.

Since I work to sunshine in this room
Long time
Since I lingered for rainbows
Scattered across the ceiling
For ravens
Herald in the day
For soft morning dreams
Still sweet upon my pillow
Long time
But not so long
Since I have seen your face
Like the other side of a mirror
I cannot touch you now.

**Long Time**

**Photography:**

**Chris Sprague of Portland**

**Contests**

**Poetry:**

**Once Again**

By L. Sue Whitemore of Westbrook

Since I work to sunshine in this room
Long time
Since I lingered for rainbows
Scattered across the ceiling
For ravens
Herald in the day
For soft morning dreams
Still sweet upon my pillow
Long time
But not so long
Since I have seen your face
Like the other side of a mirror
I cannot touch you now.
INCREDIBLE Low Rates!

Refinance or Purchase

- FIXED RATE
  - 4.75%
- APR
  - 5.33%

Call for a FREE Credit Report!

OTHER PROGRAMS (slightly higher rates)
• Programs for Refinance with Perfect Credit
• No Points and No Closing Costs Program
• No Income or Credit (5% Down)
• Purchase with Zero Down and No Closing Costs

Rates for qualified owner occupied borrowers - loan amount $80K-250K
Higher rates for other loans not FNMA eligible.

For Sale By Owner

Kennebunk - $428,000
Contemp Ranch
3 bedrooms, 3.5 bathrooms
(Ad #21753)

Phippsburg - $225,000
Contemp Ranch
3 bedrooms, 1.5 bathrooms
(Ad #13248)

Old Orchard Beach - $120,000
Contemp Colonial
4 bedrooms, 2.5 bathrooms
(Ad #2521)

Biddeford - $288,800
Contemp Colonial
4 bedrooms, 3.5 bathrooms
(Ad #26145)

Wells - $699,000
Contemp Colonial
3 bedrooms, 2.5 bathrooms
(Ad #2717)

Acton - $299,000
Contemp Colonial Cape Cod
2 bedrooms, 2.5 bathrooms
(Ad #13248)

Old Orchard Beach - $320,000
Contemp Cape Cod
5 bedrooms, 3.5 bathrooms
(Ad #12239)

Colonial

For more information on these listings, to list your property for FREE, or to have your house displayed in this ad, log onto isoldmyhouse.com or call 1-978-554-1111!