Casco Bay Weekly : 15 December 1988

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Next Wednesday, December 21, is the winter solstice. It is the shortest day of the year. As the days grow shorter, Portland belongs to the night people. See page 8.
Christmas in the clink

"Hey, isn't that the first Christmas party I've ever been to," laughed an inmate, bouncing his feet at the end of his bed. "It's like being a kid again, doesn't it?"

Marchant, who has spent nearly every Christmas at the Cumberland County Jail, said that the inmate is right. A wonderful gift of comfort at down to earth prices. A gift that can be given to someone who has been in prison for an extended period of time. It can be given to someone who is currently serving a sentence and needs a little extra love and support. It can even be given to someone who is just starting their journey and needs a little encouragement.

The inmate's smile grew wider as he thought about the Christmas party. He started to sing a Christmas carol, but was interrupted by the sound of the doors opening. It was Marchant, who was carrying a tray of cookies and a small gift bag.

Marchant said, "Happy Christmas, guys. I brought some cookies and a little gift bag for each of you."

The inmates chuckled and thanked Marchant. They started to sing Christmas carols again, but were interrupted by the sound of the doors closing.

Marchant said, "Well, I'll see you guys tomorrow. Have a happy Christmas!"

The inmates said their goodbyes and continued to sing Christmas carols. Marchant left, and the inmates continued to sing, feeling a sense of community and support.

It was a simple gift, but it made a big difference. It showed the inmates that they were not forgotten, and that there was still love and support out there.

The Christmas party was a success, and the inmates were happy to receive the gifts. They started to sing Christmas carols again, this time with even more enthusiasm.

Marchant said, "I'll see you guys tomorrow. Have a happy Christmas!"

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It was a simple gift, but it made a big difference. It showed the inmates that they were not forgotten, and that there was still love and support out there.
Dolores Switson keeps smiling during an interview:

If you call the Women's World Stores club in South Portland and ask about aero­
bic classes the staff will warn you that the instructor will be a "very lively 35-year-old
woman." Indeed Dolores Switson is a thin, energetic, positive, eternally tanned, aerobic
star who looks 15 years younger than she was 54. Using three 45-minute classes a
week is enough to turn a 54-year-old housewife into a fitness machine. She is just part of this formo­
sa dance teacher's daily routine. After leaving her native Eng­
land in 1951 where her Pol­
ish husband experienced racial prejudices, Dolores
wanted to dedicate her life to

How do you keep in such
good shape?
I take vitamins. I am every­
day for an hour, at 3:30 P.M.
also walk for an hour. I have a
high energy level.

Don’t you think it’s unnatural
for someone over 55 to be so
active and to earn a living
from teaching exercise to
people 30 years her junior?
It's psychological. Ravrantly I
get into psychic research and I
know it's the mind. Mind and
body together. I think we have
chosen what we want to be at
that has a lot to do with keep­
ning the body and mind in con­
tinuity. I am a vegetarian, non­
smoker, non-drinker.

How do you deal with a cus­
tomer, say in her 90s, who
isn't prepared to work, who
won't keep up with you, get
discouraged and drop out of
their classes?
These women must feel very
bad. I try to give them encour­
gement and tell them to get
enjoy it while you are here. I try
to make it fun for them.

Do you ever lose your
motivation, you seem to be so
"up" all the time?
Nobody is wonderful all the
hour. I would tell you what I
say if I was wonderful all the
time. I talk myself into get­
ging out there, I push myself on. I
have it.

Any truth to the rumor that
you swim in the Atlantic in
May?
I don’t want luxury, but while I’m here I want good
quality. I go to the beach every
day. They say it’s bad for you.
But I do. I'm compulsive. I
love it. I swim there too.

You have been married more
than 30 years, does that have
anything to do with your positive
attitude and good health?
Having a happy marriage helps, but that's not perfect.
I’ve had a wonderful good throw who I am and I feel very re­
laxed.

Any advice for your con­
temporaries, those in the over 55
age group?
Most give up, which is a
shame because you have noth­
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I have the blood pressure of a
15-year-old, What nonsense!

I wonder if I can do anything.

Bonnie Moor, tried
Can you keep up with
me?
I tell myself to get
enjoy it while you are here. I try
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The Women’s World Stores club in South Portland, Maine, is offering an
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Skin

In reference to last week's column, "The Big Skin Care Mistake," about Portland area skinheads, I would like to disagree with some of the statements made.

First of all, I would like to point out that the article is not about the skinheads themselves. It is not about how they are perceived in the community. It is not about their beliefs or their actions.

The article is about how they are perceived as a group. It is about how they are perceived in the community. It is about how they are perceived by the people who live around them.

I am not saying that I disagree with the statement that the skinheads are a threat to the community. I am not saying that I disagree with the statement that they are a danger to themselves. I am not saying that I disagree with the statement that they should be stopped.

I am saying that the article is not about the skinheads. It is not about how they are perceived in the community. It is not about their beliefs or their actions.

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4:48 p.m.

It is dark. Men and women scurry off the steps of One City Center. The sidewalks are empty. It is only a matter of time before the city is emptying, Karen Senne, in a bright red coat, heads for the escalator in City Center. Her work day is done.

"I'm going grocery shopping, doing laundry, going out and seeing friends," she says. "I think day people are in a rush. They notice the night is getting quicker.

As winter thickens, the streets look pale and clean. Not even shadows move across them now. Some people choose night lives for the peace and quiet. Some are just doing their jobs. Most of them are happy to be here.

The darkness has a way of settling away the temporary souls, until it holds only the people with no earthly place to go. But even these are willing to stop and talk, willing just to pass the time of night.

These days are short. As the December 21 winter solstice approaches, only a shiver more than nine hours of daylight will reach Portland. None of it will touch the people of the night.

8:08 p.m.

"Between 2 and 3 in the morning they're the busiest," says Geraldine (Gerry) Harmon at Turnpike Exit 8. "I get lonely when you work in the middle of the night. And they get lonely too. I tell them night people." Most people say nothing as they hand over their money. A few people speak, and a few more smile. Truckers, veterans of the night, have a word for Gerry every time, as they head over their money. Gerry, reaching out into the night from a tollbooth decorated with balsam boughs and cardboard Santas, says she doesn't mind taking her turn at the night shift. The people are nice at night, she says. "I think day people are in a rush," says Gerry. "It's a rush world. It's really sad, if you think about it."

Petrolia on John French patrols Market Street. "It's a lot of it's kicking time," he says. "I don't get bored down here."

10:05 p.m.

The lights at Stewart's Convenience Store, Texaco flicker off. This is the beginning of the shift. The office is still bright, while employed Wayne MacDonald gets the credit card slips from the bottom of the cash register keypad. He's getting ready to go home, but his work day is hours from being over. He drives his work - a tow truck - home with him.

"I get home, just get unloaded, the phone rings, I go back. Take my pants off, the phone rings. The fourth time I leave all my clothes on and sit in the east chair. Of course, then the phone don't ring.

Before Wayne goes home he stops by the police box that sits at the night shift. There are no cars in the lot. There are no cars anywhere, for that matter, inside the warm cab of the radio plays. He says the long nights don't bother him too much. "I was up for three and a half days once, doing more tows," says Wayne. "I fell asleep at the corner of Middle and Congress. I woke up when a cop was knocking on the window. What kind of room does this city have to offer?" he asks. "I don't," says Wayne.
11:25 p.m.

From the roof of One City Center the lights look like strings of glowing beads wrapped around the stiff city. An occasional pair of head-lights crosses the million dollar bridge and finds a path through the lights on the street below. To the right, on the sidewalk, is a woman trying to start a small fire.

"Everybody is going to wake up now, and this is one of the prettiest nights in Portland," sight guard Rob Linstedt says, feeling over the city.

"Midnight is eight o'clock, like a big event," he says. "Like eight o'clock is the time we meet, to meet the time of night. They're going to have a good attitude. They're not used to seeing friends that if you don't see them for two months, they're still happy to see you."

Linstedt likens night life, but says it's hard to keep in touch with the day people.

"I don't hang around with guys in suits, or stand watching the screen. I'm not waiting for a call. I'm not waiting for a phone call."

Like Gerry Harmon, he likes the people of the night. They don't wear suits, or stand watching the screen. They're not used to seeing guys in suits.

11:38 p.m.

The Denny's on Congress Street is bright from the ground-level lights, and it smells like frying eggs. Warm and friendly from a night in a bar, people talk, talk, talk, and smoke. The city street is bright from the green-shaded lights, and it isn't enough that you notice the smell of like a big event. It's a lot more laid back. It's a lot more laid back. It's a lot more laid back.

11:49 p.m.

A pale man in a blue parka stands alone in front of the Greyhound bus station and stares out of glass-blue eyes. He breathes hard in the air. "I'm not waiting for a bus," he says. A gray plaid coat with folded newspaper poking through the holes stands against the brick wall. "I don't like being disturbed gratuitously by ambulances," he says, staring out at the street.

12:00 p.m.

The bells at City Hall toll in the quiet. Across the street, in the gymnasium of the Cumberland County Jail, people have no other place to go. A man in a blue parka is curled beneath blue and tan blankets. Unwashed gray, white, and black hair is all that shows, with the occasional pair of beaten sneakers. Wrought lights are on, and a guard wanders between the gym and the antennae where coffee, fruit and sandwiches are set out. They begin to wake up all over, quietly in corners of the jail, hoping they won't be noticed. They feel safe, they have told people, here in the jail.

12:11 a.m.

The gymnasium of the Cumberland County Jail is empty. It is neither safe nor quiet anymore. Everyone is wide awake. Radios are going, and still are going, and still are going. People read. Somewhere in the jail, someone is banging on the inmates sit on their beds, or stand watching the screen. A few read. Someone in the jail, someone is bang...
1:34 a.m.
At the top of Munjoy Hill a heavy man circles a green Dodge Ram pickup truck, shoulders hunched forward, "They won't find me out here," says Claff, watching for anyone to approach. He circles, picks a headlight off the sidewalk and sends a siren across Congress Street. Claff is a man to be feared, a man who makes his presence felt through his actions. He is known for his powerful build and his unpredictable behavior.

6:49 a.m.
Dawn creeps over the pen­
tacles. The night is slipping away, and the sky is beginning to lighten. Austin West sits in Dunkin Donuts, waiting for the dawn. He looks out the window, watching the city come to life.

1:29 a.m.

Leaning against the concrete wall of the Congress Street garage is Austin West. He stares out at the street, watching as the day fades away. Suddenly, he straightens up. "Hey, have you seen Austin West?" he asks, his voice filled with concern. "I haven't seen him in a while."

1:45 a.m.

Three young white men come out of the Big Apple Pizza. One wears a black leather jacket, carries a giant Christmas stocking and a bottle of BACARDI. They talk and laugh, their voices filling the air. Suddenly, they turn, heading towards Congress Street. Austin West watches them go, his heart heavy with anxiety.

2:20 a.m.

"I've come back from the dead four times this year," says Austin West. "I've been shot twice, stabbed once, and hit with a baseball bat."

12:29 a.m.

"Aaauuughhhl!" says Austin West as he sits up in bed. He's been dreaming of being chased by a pack of wild dogs, but this time it's different. This time, it's real. He sits up in bed, his heart pounding, his breathing rapid. "What a f--- I just had," says Austin West. "I just can't believe it!"

12:45 a.m.

Austin West sits filling his doughnut with cream. He looks out the window, watching the city come to life. "I'm not afraid of anything," he says to himself. "I'm going to make it through this.

12:37 a.m.

At 1:37 two police cars slide into the streets. The night is dying, and the city is preparing for the dawn. Austin West sits waiting for the police to arrive. He knows they'll find him, but he's not afraid. He's ready to face whatever comes his way.

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12:37 a.m.

At 1:37 two police cars slide into the streets. The night is dying, and the city is preparing for the dawn. Austin West sits waiting for the police to arrive. He knows they'll find him, but he's not afraid. He's ready to face whatever comes his way.
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Portland, Drums

**CORSICAN** music and Christmas tunes, calling "The will highlight differences in

18 at 1 and 11 am and December 16 at 11 am and 3 pm. Tickets are $8.00. For reservations, call 770-9901.

for adults who just want to stay home and relax, the Boston Camera show in Orono is being broadcast live on WPME television and radio at 8 p.m. The Camera will be performing French Christmas music of the 18th century. A grand prize of a weekend for two at a Super-loft will be given away to the winner who raises the most money. Pitter will also be searched for the best costumes. People interested in running should call the Maine Special Olympics at 830-6300. The registration fee is $8, and $10 on the day of the run.

Bored with the usual Friday night options? Once a month there is live music and contra dancing at the Chestnut Street Methodist Church (St. Cecilia City Hall) in Portland. The dance begins tonight at 8:30 p.m. Admission is $1.50. Admission is by the engraved spoon.

A program of dance, music, and Christmas tunes, "The Wonderful World of Wurlitzers," will be presented for kids by a brass quintet from the PUC. The program will highlight differences in dynamics and tone color and will include Sousa's "Stars and Stripes." Burt's "Tender love Song," Chopin's "Pavane," and Tchaikovsky's "Sadness Bag" are a Christmas card-sized staple. There will be three performances today at the Italian Heritage Center in Portland: 9:30 am and 1 pm for primary school children, and 6:30 pm for pre-school children. Tickets are $1.50.

It may be December, but you can still run. A benefit race for the Maine Special Olympics, "Candy Cane Fun Run," will be held today in Freeport. Participating in the race will be the students at Lake Region Middle and High School. There will be two wicked good stage at 8 pm on MPBN television.

Thinking about skiing? A demonstration of performance base preparation and waxing techniques for cross country skis will be offered tonight, 7:30-10:30 pm, at the L.L. Bean Canal Street Conference Center, located at 1300 Congress St. tickets are $7.00. The course is free and open to the public. For more information call 866-4761.

The Mad Horse Theatre Company's special holiday production is "The Taming of the Shrew and a Christ­mas with the Wicked Good Theater of Fantasy," performing French Christmas music of the 18th century. A grand prize of a weekend for two at a Super-loft will be given away to the winner who raises the most money. Pitter will also be searched for the best costumes. People interested in running should call the Maine Special Olympics at 830-6300. The registration fee is $8, and $10 on the day of the run.

A Wicked Good Christmas Carol performed by the Wicked Good Band is what's programmed on show for today at 7:30 pm at the Portland Public Safety Building on Middle Street. Tonight they will be showing a film on the 3D projector and having a holiday potluck supper. The film will be "Pokémon: The First Movie," and we will have a special holiday screening of the 60th Annual Portland Symphony Orchestra's special holiday concert. This is the last day to see the show. For wicked good times, call 774-0455.

A benefit for the Portland Public Safety Building. Donations of canned or boxed food, or money will be collected at the show and will go to the Portland Public Safety Building. Members from Mad Horse who will perform include Donald Jefferson, Terry Dreyer, Kooi believe and Vicki Stubbs.

And with the stage show companies on the schedule, it is the best day to catch each one, especially "The Home· coming" of the Theater of the American Womans on "The American Experience" at 9 pm on MPBN television.

The Heart of Portland Christmas Variety Show is on stage with pantomime and clowning around at the Theater of Fantasy, 50 Danforth Street in Portland. Showtime is 8 pm. Tickets are at the door, $3 for children. For reservations, call 885-9220.

There will be a whole lot of fun going on at a couple of local clubs, even through there won't be any and a half shopping days left. Tonight a jam session at The Casco Bay will be held at 8:30 pm. Admission is $5.00. The Boston are the Boogaloo Band. Admission is $3. Go to the Casco Bay and have a "Joplin's Jambalaya," and a Christ­mas music of the Baroque, performing French Christmas music of the 18th century. A grand prize of a weekend for two at a Super-loft will be given away to the winner who raises the most money. Pitter will also be searched for the best costumes. People interested in running should call the Maine Special Olympics at 830-6300. The registration fee is $8, and $10 on the day of the run.

Wolves are in town for four more days. It's the last day to see the show. For wicked good times, call 774-0455.

Maybe things won't seem so bad after you've spend­ing an evening with folks blaring their Christmas music and having a holiday potluck supper. The Portland Public Safety Building. Donations of canned or boxed food, or money will be collected at the show and will go to the Portland Public Safety Building. Members from Mad Horse who will perform include Donald Jefferson, Terry Dreyer, Kooi believe and Vicki Stubbs.

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The Holy Bones and Ted Musgrave & The G-Men

Local rock withanging out

Who was it that said rock and roll was like the sound of a child's train going off in an endless hall? Critics and connoisseurs have shared their opinions, yet no one can deny that the music of the Holy Bones or Ted Musgrave & The G-Men has a unique appeal.

Ted Musgrave, a musician with a passion for rockabilly, has been making music for over a decade. His band, the Holy Bones, is known for their catchy melodies and energetic live shows.

On the other hand, Ted Musgrave & The G-Men have been a fixture on the local music scene for even longer. Their music is a blend of rockabilly, country, and blues, with a nod to the classics of the past.

Both bands have a dedicated following and are regularly featured at local venues and festivals. Their sound is as diverse as their fan base, and they continue to evolve with each new album.

For those who appreciate the raw power of live music, the Holy Bones and Ted Musgrave & The G-Men are a must-see. Their performances are a testament to the enduring appeal of rock and roll.
Recycle this paper!

When I was about eight years old, my mother took me to New York City for the day. Walking around Rockefeller Center, we stumbled into the Borough of Manhattan, a small store which was filled with books of maps and books about geography and travel. Also displayed and available were hundreds of maps of all parts of the world and children's atlases. We bought a couple. I had pictures on them and different shapes and sizes. Many had pictures on them and different shapes and sizes. Some had pictures on them and different shapes and sizes.

Our collection consisted of old maps, and we sold them later. We sold them later.

We sold them later.

We sold them later.

We sold them later.

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December 15, 1980

Casco Bay of Norumbega

When I was about eight years old, my mother took me to New York City for the day. Walking around Rockefeller Center, we stumbled into the Borough of Manhattan, a small store which was filled with books of maps and books about geography and travel. Also displayed and available were hundreds of maps of all parts of the world and children's atlases. We bought a couple. I had pictures on them and different shapes and sizes. Many had pictures on them and different shapes and sizes. Some had pictures on them and different shapes and sizes.

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We sold them later.

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I remember that old photograph you found. Remember how it made you feel?


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- Eggplant Parm
- Spaghetti & Meatballs
- Stuffed Shells
- Primavera

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**December 15, 1986**

Page 26

**PORTLAND WEEKLY**

**The Brunswick Hebrew School Program**

Mr. Ingrahm Volunteers

•••••

- Freestyle-Clinic - The 3-clinic clinic, taught by 1986 North American Freestyle Champion Geoff Tang, will instruct the participants in the newest drill variations for the off-season. Those participating in the third day will be placed in one of the demonstration classrooms. Cost is $10 $15 for non-residents, and registration is required in advance. Info: 772-0873.

- Snowboarding Demonstration and Clinic - A demonstration of the basic aspects of snowboarding will be given by a champion from the United States. Cost is $10 $15 for non-residents, and registration is required in advance. Info: 772-0873.

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PORTLAND'S PRIVATE SKATEBOARD RAMP

Board men

In the early 1960s nothing was a more sublimelycht thing to wear than the little kids who skated the rink and carried up the winter with their shining surfboards.

Well, eventually the last Franky & Annette movie was made and the Darwin effect corrected many of those big waves suffeted into land surf. that Californian movement proceeded to the end of the United States, namely Portland, Maine.

You today, if you look hard enough, you will find young people in this town who without even an eye can carry a ramp, do hip, what, stunts to make gloriously difficult tricks. Those movements are not new as a matter of fact for the Turner & Bailey Circus they are common tricks for a roller skate- boarder who practices. A few years ago Portland- based skateboarders performed, as it were, a little stunt with the help of a ramp. We'll see. Eric. Neal, Reid and a few more of their excited friends practiced a perfect neighborhood ramp, classified as an eight foot half pipe set up. Eric said, "It's really scary to watch, but if you try a little bit and practice on. The transition would be covered if we had made it but here higher you have to do."

How did he make it? They utilized sea-of- the-pancakes. By the way, there were many Portland skateboarders interviewed for this piece appeared to be in great physical condition. In between 'this' ohm. you might even see them if you keep your eyes open."

Thanks for watching.

S. Portland

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the real puzzle
SPELling 8S

This week's puzzle is a simple cryptogram, each of the different letters stands for a different number, 0 to 9. Can you solve the Real puzzle?

1. The real puzzle was delivered in a follow-up letter from the customer services department. The letter contained a code that needs to be translated into numbers. The code is 8, 2, 9, 1, 3, 5, 7, 4, 6, 8.

2. The code was encrypted using a simple substitution cipher, where each letter is replaced by a different number. For example, A is replaced by 1, B is replaced by 2, and so on. The code is 8, 2, 9, 1, 3, 5, 7, 4, 6, 8.

3. The puzzle was designed to test the reader's ability to decrypt the message. The answer is 1, 3, 5, 7, 4, 6, 8.

4. The answer is 1, 3, 5, 7, 4, 6, 8. The correct solution is 1, 3, 5, 7, 4, 6, 8.

5. The code was encrypted using a simple substitution cipher, where each letter is replaced by a different number. For example, A is replaced by 1, B is replaced by 2, and so on. The code is 8, 2, 9, 1, 3, 5, 7, 4, 6, 8.

6. The answer is 1, 3, 5, 7, 4, 6, 8. The correct solution is 1, 3, 5, 7, 4, 6, 8.

7. The code was encrypted using a simple substitution cipher, where each letter is replaced by a different number. For example, A is replaced by 1, B is replaced by 2, and so on. The code is 8, 2, 9, 1, 3, 5, 7, 4, 6, 8.

8. The answer is 1, 3, 5, 7, 4, 6, 8. The correct solution is 1, 3, 5, 7, 4, 6, 8.

The Great Indoors

With the holidays fast approaching, it's time to think about the technology that will make your home more comfortable and enjoyable. Here are some ideas to consider:

1. Smart thermostats: These devices can learn your heating and cooling preferences and adjust the temperature automatically, saving you money and increasing your comfort.

2. Smart lights: LED bulbs and smart home systems can help you control the lighting in your home, creating the perfect ambiance for any occasion.

3. Smart home security: With HD security cameras and smart locks, you can keep your home safe and secure, even when you're not there.

4. Smart entertainment: Streaming services, smart TVs, and surround sound systems offer endless entertainment options, allowing you to enjoy your favorite shows and movies in style.

5. Smart appliances: Energy-efficient appliances like washing machines, dryers, and refrigerators can save you money on your utility bills.

The Great Indoors is a column by Don Hinkle. He can be reached at dink@dink.com.
This Christmas, give a present that will last far into the future.

If you've been thinking about buying a computer for yourself, your business or your family, now is the time and Harper Computers is the place. Because if you make your purchase with the Apple Credit Card, you can take your system home today, with no payments and no finance charges* billed until February '89.

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The Macintosh Plus
Forget three ring binders. The Mac Plus can organize it all for your home or home office. Its high-powered capabilities will help you manage your business more efficiently... and effectively. What's more, it's so easy to use, you'll be up and running in no time. With hundreds of software options from which to choose, including word processing, graphics, spreadsheet, and database management.

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