Casco Bay Weekly

Halo, a bull terrier (top), socializes on Congress Street with an unidentified companion. Photo/Colin Malakie.

YOU CAN LEARN A LOT FROM CBW'S ON CAMPUS GUIDE. SEE PAGES 35-36.
To barbecue or not to barbecue?

THE RESOURCFFUL HOME

To learn more about the advantages of a Citibank mortgage there is no application fee, and no credit report fee.

North Yarmouth, Did you know?

LENDER

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Does Firewalking come from a particular tradition?

There are several Vedic ceremonies in India that do so in a matter of course. There is also a European tradition of firewalking. I haven't done much research. I think in the United States, firewalking has how to do with following a particular tradition that with people looking for ways to make transformational changes in their lives.

The Citibank mortgage loan is less like a firewalk than a journey. Nobody waited. Is that unusual?

During the fire walk, I want to, our women actually rolled back and forth across the coal with her whole body, and a lot of other people walked quietly. I'm not sure what happened in Casco. I think the fire that night was really intense because of the planetary influences. People weren't really charged to just move through the experience as quickly as possible. It's a different experience for everybody.

What do you think about when you're standing on the edge of the fire?

I mean, I think that's the big thing.

You mean with the feeling of the moment. You don't think.

What do the coals feel like under your feet?

I like hot coals.

By Mark Notterman; photos by Eliza Young

A conversation with Rob Harvie

Portland Bob Harvie drives an ice cream truck in Casco and Old Orchard Beach two days a week. The rest of the time he works as a truck driver, doing manual labor, civil work and painting. When I spoke to him on the phone, he was in Aries. The fire was so hot it turned shades of blue. People crossed the hot coals in bare feet. Nobody whimpered into the dark.

Why walk on hot coals?

To me it's about challenging the programming and belief systems that we take in without question. As a child, you're told not to play with fire or you'll get burned. With firewalking, there is probably some physical explanation for why you don't get burned, but there is nevertheless something powerful and transformational about doing it. One big thing is to face your fear.

Is firewalking a particular tradition?

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The main hotel was the only one of several new projects that opened this year that didn't enjoy a permanent home. Contact the Boston Council at (617) 713-0964 for more information.

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**Introduction**

Topics to be covered include working with a mouse, using windows, and inserting and formatting text. A basic course designed to introduce users to Microcomputers using the Medical Manager 5.3.

**Back to School at Soccer Mainea**

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**politics & other mistakes**

by Al Corrigan

Monster mask

In the movie The Fly, there's a machine that converts main in a human to insect form. The Maine Republican Party needs one of those: the machines, lesson, not the lesson.

If the GOP came up with such a device it would probably advance Judy Penn, Pam Cahill and Tamar Smithers in the race. Whatever causes might not work out so well, but it would be a shock to try to grab the Republican gubernatorial nomination next time around.

And it wouldn't have been a chance to win the Senate in November 1994. Would it be time more than she can ride new for any other actual or potential GOP hopefuls?

We're going to be watching the development of potential Republican candidates, those in the current crop of candidates that is not only not in their way, there's an interesting theme here: they're in their 20s and in their own words, that the easiest way for the 

CITIES
company of '94. They've also checked out the same chainsaw murderer that the easiest way for the 

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candidate to get back to Maine and too undecided about what to do if 

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time. Collins. The creature might be too broke to win. The weakness of the 

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to raise money, the personality to campaign of '94.

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The RUFF LIFE

Cimino da Vinci

I listened to the dogcatcher when I was dog-sitting a little while back. He squawked through the plexiglass of my house and low growl frustrably “Ruff!” as if angrily manure-rufous for his owners. I listened to their ringing call to his neighborhood and thumping notes, so perfectly tuned to regular to hear that they just found another burning carcass with a new color. I put in a message to the dog guy they called the dogcatcher in Westminster. The guy just put me to the garbage truck with this wildly on board. Nothing else ever went around the room until the drumstick popped.

Although many people have seen him, no one has seen him in action or has seen a dogcatcher actually on the run. It’s too dangerous to watch — there’s no way to know what he’s going to do. He’s been known to throw stones at passing cars and to throw sticks at passing dogs. He’s been known to refuse to come when called.

While he clears the streets, he takes them to refuges, where they may live out the remainder of their lives. A registration tag not lost is such a reminder that there are trails.

In his study to the creativity of Portlanders, all is not sedate and peaceful. There are exciting bags of garbage dumped along the roads. There’s the malodorous water for swimming. There’s a happy hour buffet of stray potato chips and dead crabs. And there’s the smell of a beagle.

The officer is a sucker for a wily little beagle. He squeaked through the pickets of my fence and was gone. Frantically rehearsing the dogcatcher’s job, he brought the boys to East End Beach for a morning run. He joined the boys for a morning run.

By the way, there’s a Tequila, two Hooches, one Molson and a basset hound. There are 11 Brandys, Caseys, Gingers and Mollys and a dozen Abbys as well. There’s the malodorous water for swimming. There’s a happy hour buffet of stray potato chips and dead crabs. And there’s the smell of a beagle.

By way of food, there’s an oatmeal, a rice, a Cabo, a number of Chicken and Cooked, some Mussels, some dish, two Peanuts, a Peach and an Orange Pekoe Tea.

Rover’s Rolodex

Animal Control Officer Portland
874-8875
7a.m. to 3 p.m.
Dust, Monday, Friday, Saturday
3a.m. to 10 p.m.
Tuesday, Wednesday, Thursday
Animal Emergency Clinic 353
Veterinarian, Portland 870-5126
8 a.m. to 5 p.m.
Monday through Friday
24 hours on weekends.
Animal Refuge League 469
24 hours on weekends.
Animal Control 874-9771
5 a.m. to 10 p.m.
Monday through Friday
24 hours on weekends.

Avant-Garde Pet Care and Training 301-1801
Aberdeen: 850-8388
Sterling James, Cope Elizabeth, South Portland and Goffin.
The Ciao Fund, 773-6221: Averages low-cost spaying and neutering.
WYOD, 773-8191: Will assist in a description of your pet's dog or cat.

Buffy's beach guide

Though it be a car equipped or not beaches, we're comin' East End Beach is the exception, where the abundance of unchained children combined with busy pop-squawking compliance, is a crying problem.

Croissant Beach: No dogs anytime from Memorial Day in Labor Day. Off season, dogs are welcome at your own risk.

Kettle Cove: Dogs welcome of your own risk.

End East Beach: Beach has now eliminated during daytime hours from Memorial Day to Labor Day.

Higgins Beach: Fairly nice June 15 to Sept 1. dogs are allowed from 9 a.m. to 3 p.m.

Ferry Beach: Same as Higgins.
We serve our full menu all day and every day, and we’re open late!

Get the scoop on your favorite teams! The Animal Refuge League, your local humane society, offers covers for every sport and event. If you want to join the fun, they offer special events at the main campus or the barns every Saturday. The league offers sports betting every Saturday, so you can bet on your favorite team and win big money!

Adopting a dog from the shelter may seem like a hit or a headache, but we’re here to help! The Animal Refuge League offers sports betting every Saturday, so you can bet on your favorite team and win big money!

Getting the facts... and the nets... and the rackets... and the
G e t th e scoop on your favorite teams!

For more information, visit our website or call us today.

The Portland Pier
75 Portland Pier
772-4828
We serve our full menu all day and every day.

The Animal Refuge League is one of the
most exciting places in the minds of Portland dog owners. We
serve our full menu all day and every day, and we’re open
late!

The Portland Pier is the only facility north of Boston that offers specialized treatment for veterans, elderly, and other system disorders.

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Yo, Maine: Let's do the time warp
Being with my dog

The cruel myth persists that Maine's long winters, the darkest nights of the year, are there to sever in long, bright summerness. But here it is, just beyond August, and I am already complaining about how quickly this season's end is coming. In so doing, I allow a little sunlight on the winter for winter's sake.

I love Maine. I love the woods, the flowers, the lakes and the beaches. And I love being with my dog. Those of us who live in the middle of winter, the time when Maine's sun is lowest in the sky, know that there is a magic of renewal that occurs in the middle of winter. That means for all our sunlight in the morning, with the sky changing from dark dawn to deep twilight, the sun also raises the height, whole shape of his body, and existence. His presence adds great beauty to my life.

Changing time zones would reunite our communities with our Canadian neighbors to the north. Maine's economic future is more and more tied to its ability to think regionally, and with those with whom we trade. Our economy would be enhanced if we were to join the International Standards Time, which, inevitably, is a half-hour ahead of Atlantic Standard Time.

Vlad the Hungarian pointer has a perfect Vizsla in height, color, shape of his body, and existence. His presence adds great beauty to my life.

Seeking a balance between community and rights

By Will W. Dickey

While conservatives have long foreseen the International Standards Time zone, many now see it as an ideal way to foster economic growth.

Conservatives see the time zone change as an opportunity to enhance Maine's economy. Many have argued that the state's geographic location, with its long distances and cold climate, makes the International Standards Time zone a perfect fit.

The change would allow Maine to align its economic interests with those of Canada and New England, while also reducing the cost of doing business with other regions. In addition, the change would provide a stronger platform for Maine to promote its natural resources, which are a significant part of the state's economy.

On the other hand, some argue that the change would be costly and disruptive, and that it would not necessarily lead to the economic benefits that are often cited.

Supporting this view is the concern that the change would disrupt the lives of many Mainers, who have become accustomed to their current time zone. Some have argued that the change would create confusion and frustration, as people would need to adjust their schedules and routines.

Overall, it is clear that the debate over the time zone change will continue, with advocates on both sides making their case. The final decision will likely depend on a careful weighing of the pros and cons, as well as on the needs of Maine's diverse communities.

Vlad gives me all the usual things that a dog owner expects: constant companionship, affectionate, loyal and long­

As stated in the article, the entire metro area of Portland, which consists of the city, the suburbs, and the adjacent islands, makes sense. With the "Island Peaks" of Cape Elizabeth, Fort Williams, and Peaks Island, there is a natural division of the area that fits comfortably.

We love our dog, Vlad, a Hungarian pointer. Vlad was a perfect fit for us, and has brought a joy to our lives that is hard to describe.

When we first met Vlad, he was a small and energetic puppy. We were immediately drawn to him and knew he was the right fit for us.

Vlad is a perfect partner for our outdoor activities. He loves to run, hike, and explore the natural beauty of Maine. He is an excellent companion on long walks, and his energy is contagious.

Vlad has also brought a sense of peace and calm to our lives. His presence is soothing and comforting, and he has helped us to relax and enjoy our surroundings.

Overall, Vlad has been a wonderful addition to our family, and we are grateful for the joy and happiness he brings.

We love Maine, and we will always be a part of this beautiful state. Thank you for allowing us to share our story.

By John pointer

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We love Maine, and we will always be a part of this beautiful state. Thank you for allowing us to share our story.

By John pointer

We love our dog, Vlad, a Hungarian pointer. Vlad was a perfect fit for us, and has brought a joy to our lives that is hard to describe.

When we first met Vlad, he was a small and energetic puppy. We were immediately drawn to him and knew he was the right fit for us.

Vlad is a perfect partner for our outdoor activities. He loves to run, hike, and explore the natural beauty of Maine. He is an excellent companion on long walks, and his energy is contagious.

Vlad has also brought a sense of peace and calm to our lives. His presence is soothing and comforting, and he has helped us to relax and enjoy our surroundings.

Overall, Vlad has been a wonderful addition to our family, and we are grateful for the joy and happiness he brings.

We love Maine, and we will always be a part of this beautiful state. Thank you for allowing us to share our story.

By John pointer
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BULL MOOSE MUSIC

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One's gotta be right for you.
Dance Portland was founded in 1998 by Artistic Director Mikiko Sierra, and Executive Director Phyllis Taday. The company was conceived as a way to build on the city's dance culture. The initial project was created and said to revolve around a series of three dance performances. The company's founders believe that the city's rich dance history can be preserved through new performances and educational programs for all ages.

Their latest hope is that this new dance can be performed on the streets of Portland, with a group of young dancers performing various styles. This performance will be part of a series of free outdoor performances held on the streets of Portland.

Recent performances include "The Dance Festival," which featured a variety of styles, and "The Dance Festival II," which featured a mix of classical and modern works.

The company is currently working on a new production called "The Dance Festival III," which will feature works by a variety of choreographers. The production will be performed at various locations throughout the city, including parks, plazas, and public spaces.

For more information on Dance Portland and their upcoming performances, visit their website at www.danceportland.org or call 503-555-5555.
### Calendar

**Thursday, September 21**
- **Maine State Ballet**
  - Spring Gala preview: A Little Night Music. The gala will be at 7:30 p.m. at the Portland Opera House, 104 Cumberland St., Portland. Tickets are $42-$65.

**Saturday, September 23**
- **Ole Opry**
  - Performances at the Old Port Sea Dogs Park, 135 Commercial St., Portland. Shows are at 8 and 10 p.m. for $20.

**Monday, September 25**
- **Maine State Ballet**
  - Fall Gala preview: Saint-Saëns’s “Carnival of the Animals.” The gala will be at 7:30 p.m. at the Portland Opera House, 104 Cumberland St., Portland. Tickets are $42-$65.

### Other Events

**Friday, September 22**
- **Portland School of Ballet**
  - Free open class at the Portland School of Ballet, 341 Cumberland Ave., Portland. Join 8 p.m. in Room 201 for a class with professional teachers. For more information, call 772-9671.
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Irish Eyes aren't always smiling

"joyriders" brings the pathos of Ulster home

By Proctor

"joyriders" has always had dice thrown with Ireland, even after the city's tight-fisted political establishment has blown up by construction projects, the city's Irish culture ended in a perfect fit of Chanticleer's 1st. Most Portlanders don't really like that connection very much anymore, except perhaps when we hear a news report about the latest violence in Northern Ireland.

Localulers will get a glimpse inside that embattled region Aug. 16 when the two-act play "joyriders" comes to the Lyric Theater in South Portland for a staged reading. Written by poet-winner Bellatrix playwright Christian Reid for an Irish acting company in 1986, the play will be performed by members of the all-Irish New South Theatre in Boston.

"joyriders" opens with Irish-American youth watching a snippet of Irish-dramaturgian Sean O'Cean's song-play "Shamrock of a Summer," a bit of satire and socializing.

We soon discover the kids are part of a public works project housed in a former school. The program pulls young people off the streets and attempts to teach them skills like auto repair, sewing and cooking — anything, really, to give them an escape of hope in their embattled economic conditions. The kids have been assigned to the police as punishment for crimes — sometimes, simply because they're unemployable.

There's a streetwise Sandra, whose sharp tongue girl gets by through the grit that younger brother sells to bullies to tutoring, Arthur, ever hopeful despite a tragedy, Twinti, whose toughness and suburban parentage get called an earlier produce of the streets and, Maureen, who lacks the savvy to survive it all and dreams of escaping them.

"They're very young," says Director Nora Flannery, a former Gray student who directed the play in 1986 at Northern Ireland in Zoos seven years ago and did the work for The Theatre Project in Brunswick before moving to the city. "Though they're very poor, they have a great sense of humor about them.

These down-and-out kids are still connected with a 36-member social worker named Karen, who's charged with the kids' survival. Karen is an Irish Catholic, and it is Karen who begins to see the constant desperation of the kids' lives. Like the savvy social workers here in the United States, she's learning that a lot of their kids' trouble grows whenever she reflects on her own life with little hope for a better future.

And what is it like for these kids — most of them Catholic — living in the violent environment of Portland, Maine? Hennessy thinks for a moment, then forever, an epilogue from her line gripping in the Portland area.

She says it would be like having a group of inner-city African-Americans with the same Irish backdrop, and, "It's almost like having a group of inner-city African-Americans with the same Irish backdrop.

"It's very similar in how they're really taking on the wrong end of society, a lot of the time in ways that are wrong in society, and they're being called on to pay for the things that we've done."

"It's very similar in how they're really taking on the wrong end of society, a lot of the time in ways that are wrong in society, and they're being called on to pay for the things that we've done."

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Good Cookin' at Kataldi's
Tuesday night our friend Leo come by to show off the results of his birthday hsypon and mentioned to us that his beautiful daughter Angela was at home with a bad sore throat and fever.

"What a shame!" So, we sent him on his new found spot with a big bowl of Gritchen's Crispy cream ice cream and our best wishes for a speedy recovery. Leo and behand, that was all it took. She finished the ice cream within minutes was completely well. Now, ramines are flyin as that we savour Gritchen's ice cream is magical healing power. Oh yes, maybe, if the restaurant business goes south she can begin a new career as a witch doctor.

The summer crowds have finally died. Tables can be hard to come by on weekends and during the prime dinner hours. Don't despair, it's still very easy to get in here at Kataldi's early in the evening. If you are pressed for time give us a call before you come over, we can let you know if there will be a wait. If there should be a short time until your table is ready, remember, Gloria & Michelle still make Portland's best, coldest, richest.

We need to thank Ms & Aunt Bandh for all of the beautiful new napkins. They have been busy all summer making four or so a week so we can replace ours which have become kind of thread bare. What would we do without you?

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MON - THURS 3PM - 10PM • FRID AND SAT 5PM - 11PM
Tearing up tradition
Barb Truex explores the myth of the humble dulcimer

The story goes that, for many years, nobody has really known much about the dulcimer. It was a forgotten instrument, tucked away in the corner of the music world, just waiting to be rediscovered.

But Barb Truex, a musician from Portland, Maine, decided to do just that. She started playing the dulcimer, and as she did, she discovered something unexpected: the dulcimer was far more than just a forgotten instrument. It was a powerful and versatile tool for creating beautiful music.

Truex first encountered the dulcimer in the mid-70s, when she was a singer-songwriter. She had been playing the guitar for a while, and was looking for something new. She came across a dulcimer in a store and decided to try it out. She was immediately drawn to it, and before long, she was playing it every day.

As Truex played the dulcimer, she discovered that it was much easier to play than she had thought. She was also surprised to find that the dulcimer was able to produce a wide range of sounds, from delicate and soft to full and powerful.

The dulcimer is aDate: August 21, 2001
Location: Portland, Maine

Barb Truex is a musician from Portland, Maine, who has been playing the dulcimer for many years. She is well-known for her unique style and her ability to explore the instrument's many possibilities.

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The dulcimer is a very versatile instrument, and Truex has discovered many ways to use it. She often combines it with other instruments, such as the guitar, to create a unique sound.

Truex's music is often described as a blend of folk, country, and pop. She has released several albums, and her music has received critical acclaim.

Truex is a very dedicated musician, and she has been playing the dulcimer for many years. She is always looking for new ways to use the instrument, and she is always experimenting with new sounds and styles.

So if you're looking for a musician who is passionate about the dulcimer, look no further than Barb Truex. She is a wonderful performer, and she is sure to impress with her unique style and her ability to explore the instrument's many possibilities.

For more information about Barb Truex, visit her website at www.barbtruex.com.
Kris Clark would like to invite all of ZOOTZ's loyal patrons, lovers of progressive dance music, supporters of original alternative rock, jazz, rave, world beat, hardrock, industrial, hip-hop, zydeco, gothic, ska music and all open-minded, fun-loving people of the world, to the ZOOTZ SIXTH anniversary Party! 9-3? Multiple DJs playing a history of all the dance music ZOOTZ introduced to Portland. NO COVER: $1 ILOD DINNER specials all night long! THANK YOU ALL FOR YOUR SUPPORT! 11:30-2:30 Benefit for ACT-UP Portland - All Aged With BLENDERHEAD & DR. SPOCK'S BACKUP BAND, DJ's Spencer & Larry, and MICHELLE THE DYKE COMICS. Only $3, 8:00pm Fri 8/25 "HEAVY AS HELL" all ages show with SOUL KISS, ROTORS TO RUST & NEW EYES FOR OLD. $6, 9pm. Sat 8/26 micromaia Celebrate spirituality through technology. With DJ's DALE CHAVEZ, OVERLAND, BAREN, SIONE, ED PRZYBYLOV & Guests. 9pm-7AM 7752 Forest Ave At ZOOTZ, 31 Forest Ave, Portland ME (207) 773-8878 for more info.
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In a World ...

Soul continued from page 27

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In a World ...

Soul continued from page 27

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Are you tired of paying rent? Are you curious about owning a home? Are you looking for a way to build equity and potentially save thousands of dollars in the long run? Here are some important tips to consider:

1. Understand the Basics of Homeownership: Before you start the process of buying a home, it's essential to understand the basics of homeownership. This includes understanding the different types of loans available, the importance of credit scores, and the role of down payments.

2. Find the Right Home: Once you have an idea of what you can afford, start looking for the right home. Consider factors such as location, size, and features that are important to you. You may want to consult with a real estate agent to help you find the perfect home.

3. Get Pre-Approved for a Loan: Before you start house hunting, it's important to get pre-approved for a loan. This will give you a clear idea of how much you can afford and will make the process of buying a home much smoother.

4. Understand the Closing Costs: Closing costs can add up quickly, so it's important to understand what they are and how they affect your bottom line. Be sure to ask your lender about the various costs associated with buying a home.

5. Consider the Benefits of Homeownership: Owning a home can bring many benefits, including building equity, saving money on rent, and having control over your living space. Consider these benefits when making the decision to buy a home.

If you're ready to take the next step towards homeownership, consider these tips and start your journey today!
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