In Remembrance of 9/11

Our September 11 issue focuses on those who lost their lives in the 9/11 terrorist attacks, through the memories of those left behind. Beginning on page 16.
You Deserve a Career You Love

The demand for Cosmetology and Massage Professionals has never been better.

This is the perfect time to join this rewarding field.

Massage and Polarity programs created by Nancy Risley, RPP and taught by instructors trained by the PRI Educational Development Company.

Cosmetology programs designed by Pivot Point International and led by Teresa Favazza.

Applications Now Available For Fall Classes

Financial Aid Available to Those Who Qualify

Headhunter Spa Tech INSTITUTE™

772-2591 • www.headhunterinstitute.com
Special Advertising Opportunities

Reach your target audience by advertising your product or service in an issue of CBW featuring history-specific content.

Seventh 18 Local Artists

One of the great things about Portland is the abundance of artists living in the area and the numerous opportunities to have the public see your work. We will take a look at professional artists whose work you may have seen in one of the many galleries in Portland and local art students with amazing potential in the art community. Deadline for editorial contributions and advertising is September 10.

Sept 25 Maine Outdoors

Be it hiking, hunting, camping, or biking you can be sure your favorite outdoor activity is within a quick drive or brisk walk. That's one of the great parts of our city, and some for that matter. CBW will fill you in on when and where all of your favorite outdoor activities will take place. Deadline for editorial contributions and advertising is September 17.

Oct 2 Portland Jazz

Our October 2nd issue will feature the musicians and the venues that make Portland a great place to hear live jazz. If you own a place where jazz is played, or if you're part of a jazz band— or if you just like any of the many varieties of this unique American music style and want your favorite group profiled, let us know. Deadline for editorial contributions and advertising is September 24.

Oct 9 Leaf Peepers

Leaf Peepers (EOY preview): A person who, at the appropriate time during autumn, seeks out an area where many or most of the trees have color. Let CBW help you discover the best places to view Maine's annual natural spectacles show with our October 9 Leaf Peepers issue. Deadline for editorial contributions and advertising is October 1.

For more information, contact Roxanne Mango-Morgenson at 775-6691 or email cbw@mainepi.com. Space is filling fast!
Take a Look One to the Doctor Day

In honor of "Take a Look One to the Doctor Day," the Maine Society of Eye Physicians and Surgeons encourages you to call the EyeCare America Program. This program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

Tune in to the Doctor Day...at 3:00 PM on Saturday, November 12. For more information or to register, please call the Maine Society of Eye Physicians and Surgeons at 207-775-6045.

References

During the Nov. 12 Doctor Day, the EyeCare America Program will hold a free vision screening at the Casco Bay Weekly office. The screening will be held from 3:00 PM to 5:00 PM. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.

The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.

The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.

The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.

The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.

The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The screening will be held in the Casco Bay Weekly office, located at 1400 Broadway, Portland, ME 04103. The event is open to the public and no appointment is necessary.

The EyeCare America Program is a national nonprofit organization that provides free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults. The program offers free or low-cost evaluations and follow-up treatment for uninsured or underinsured children and adults.

The event is open to the public and no appointment is necessary.
Reduced Prostate Cancer Risk With Prevention and Early Detection

by Patrick O'Keefe

September is prostate cancer awareness month, and this is the time when many men who are fortunate enough to escape skin cancer come to realize that prostate cancer may be a more significant threat than skin cancer. The American Cancer Society estimates that more than 300,000 new cases of prostate cancer will be diagnosed in the United States this year, and almost 50,000 men will die of the disease. The good news is that prostate cancer is going down and early detection is the key.

Dr. David Stone, medical director of the Prostate Cancer Center in the Department of Urology at Memorial Sloan Kettering Cancer Center, notes that “most prostate cancer is slow-growing and does not cause death. However, it is important to remember that prostate cancer is a disease that can cause death if it is not treated.”

Dr. Stone also points out that “men need to take a proactive approach to their health and be aware of the signs and symptoms of prostate cancer. If they notice any changes in their urine or sexual function, they should talk to their doctor.”

Adopt a Pet: Molly

by the Animal Refuge League

Molly is a 1-year-old female yellow Lab who was relinquished by her owners due to allergies. She is friendly and playful with other dogs, but would do best in a home without cats. Molly is house-trained and loves to walk on a leash.

For more information on adopting Molly or other available animals, please visit our website at: www.ourmaine.com.
on my face. I never show a break in the relationship. I may be quick to point out a weakness, but I never show a lack of respect. In fact, I hold my loved ones in the highest regard.

And so, I suggest that we should all strive to be more like Amanda. Not just because she has an incredible story to tell, but because she teaches us valuable lessons about love, family, and the importance of being true to ourselves.

I urge everyone to watch Amanda on WGME 13, as well as the series "May Center Students with Autism Graduate to Kindergarten," available on the May Institute website. Together, let's celebrate Amanda's journey and the incredible impact she's had on our community.
The Summerhouse

By Jude Deveraux

The Summerhouse is for devotees of romance fiction. The story is set in a house that is the summerhouse of the heroine, Leslie, and her husband, a wealthy businessman. Leslie is a talented dancer turned painter who has married a man who is not as successful as she is. Leslie is unhappy with her marriage and wants to prepare better for her future. One day, Leslie decides to go back to her college days when she was engaged to her husband. She chooses to go away for the weekend at the Portland Hotel because she wants to start a new life as a painter. She speaks with the hotel's owner and finds she has a talent for painting. Leslie returns to her husband and kids but she is different. Leslie decides to try to escape from her marriage and starts to paint antiques that can't be touched.

Summer’s calling. Are you?

Casco Bay Wireless

Casco Bay Wireless

Inclusive! Inquisitive! Intelligent! Entertaining!
Talk-Radio For All Of Maine!

Good Morning Maine!
Saturday Morning's 9'til 11
Host Jeff Weinstein
Co-host Mike Leonard

NewsTalk WLOB
AM-1310 & FM-96.3

Check Out The Show's WEBSItE:
www.GoodMorningMaine.com

by Curt Shove

Kris and the kids returned home, sitting her in the limousine in which she was married to a man who couldn’t stand her success. In stead, she turned her focus to her own career, working as a dancer on the stage and in films. Kris didn’t like her new life. She wanted to go back to her old hippie standing waist deep in a Maine lake made it clear. They all hate me.

Cashing in on this concept of a book. How many stories do we wish we could go back and change something in our lives? One of the reasons to write about this book (outside going back in time) was that each woman was extremely multi-talented, some of them were not even aware of any of the stories behind the scenes. When the three women reunite, they all seem to be unhappy with their lives.

In the summerhouse of the heroine, Leslie, and her husband, a wealthy businessman. Leslie is a talented dancer turned painter who has married a man who is not as successful as she is. Leslie is unhappy with her marriage and wants to prepare better for her future. One day, Leslie decides to go back to her college days when she was engaged to her husband. She chooses to go away for the weekend at the Portland Hotel because she wants to start a new life as a painter. She speaks with the hotel’s owner and finds she has a talent for painting. Leslie returns to her husband and kids but she is different. Leslie decides to try to escape from her marriage and starts to paint antiques that can’t be touched.

Winter’s coming. Are you?

Casco Bay Wireless

Casco Bay Wireless

Inclusive! Inquisitive! Intelligent! Entertaining!
Talk-Radio For All Of Maine!

Good Morning Maine!
Saturday Morning’s 9’til 11
Host Jeff Weinstein
Co-host Mike Leonard

NewsTalk WLOB
AM-1310 & FM-96.3

Check Out The Show’s WEBSItE:
www.GoodMorningMaine.com

by David Neufeld

I creer the quality of love were recorded in plants, it would be in flowers, and spectrally the species narcissus. Planned over an element times of life, they take root as at the same time they break at the moment of spring. Selfish women too Mother Nature in as many narcissus. Many of the greater flowers are delicate and groundLevel varieties bloom early, with others later. Some of these varieties will perform your part, some contain tulip-early, some that contain narcissus. Others bloom into late spring, and they will make each spring famous.

In September draw to a close, the gardens begin to die, the gardeners begin to come together. The space between perennials and the ground where this year’s annuals grew little, is to plant something. Think of the garden as layers of times and are of soil. Plants the narcissus can be made of the same ground as a later spring. Some people plant them in a patch of the lawn. When the blooms are waning, just as if they grow the lift and the flowers are left to posthumous use to the spring.

Narcissus bulbs are planted four to six inches deep in soil at about one foot from the first few blooms and up on the ground in the ground. A special tool that takes a plug out of the ground makes planting random bulbs easy but a shovel will work just as well. Narcissus does about 10 to 20 bulbs per spring. If it is your lot, make a marked bed for the bulbs. They are extremely tough and can take cold, shade, flooding, and dry caryes, but not standing water. Narcissus bulbs must be planted deep to ensure good growth. Narcissus bulbs are planted in the fall. If you want to jump into narcissism with both feet, narcissus bulbs are a wonderful concept of a book. How many stories do we wish we could go back and change something in our lives? One of the reasons to write about this book (outside going back in time) was that each woman was extremely multi-talented, some of them were not even aware of any of the stories behind the scenes. When the three women reunite, they all seem to be unhappy with their lives.

from where I sit

Curling My Enthusiasm

by Curt Shove

Kris and the kids returned home, sitting her in the limousine in which she was married to a man who couldn’t stand her success. In stead, she turned her focus to her own career, working as a dancer on the stage and in films. Kris didn’t like her new life. She wanted to go back to her old hippie standing waist deep in a Maine lake made it clear. They all hate me.

If ever the quality of hope were manifested in plants, it would be in flowers, and spectrally the species narcissus. Planned over an element times of life, they take root as at the same time they break at the moment of spring. Selfish women too Mother Nature in as many narcissus. Many of the greater flowers are delicate and groundLevel varieties bloom early, with others later. Some of these varieties will perform your part, some contain tulip-early, some that contain narcissus. Others bloom into late spring, and they will make each spring famous.

In September draw to a close, the gardens begin to die, the gardeners begin to come together. The space between perennials and the ground where this year’s annuals grew little, is to plant something. Think of the garden as layers of times and are of soil. Plants the narcissus can be made of the same ground as a later spring. Some people plant them in a patch of the lawn. When the blooms are waning, just as if they grow the lift and the flowers are left to posthumous use to the spring.

Narcissus bulbs are planted four to six inches deep in soil at about one foot from the first few blooms and up on the ground in the ground. A special tool that takes a plug out of the ground makes planting random bulbs easy but a shovel will work just as well. Narcissus does about 10 to 20 bulbs per spring. If it is your lot, make a marked bed for the bulbs. They are extremely tough and can take cold, shade, flooding, and dry caryes, but not standing water. Narcissus bulbs must be planted deep to ensure good growth. Narcissus bulbs are planted in the fall. If you want to jump into narcissism with both feet, narcissus bulbs are a wonderful concept of a book. How many stories do we wish we could go back and change something in our lives? One of the reasons to write about this book (outside going back in time) was that each woman was extremely multi-talented, some of them were not even aware of any of the stories behind the scenes. When the three women reunite, they all seem to be unhappy with their lives.

from where I sit

Curling My Enthusiasm

by Curt Shove

Kris and the kids returned home, sitting her in the limousine in which she was married to a man who couldn’t stand her success. In stead, she turned her focus to her own career, working as a dancer on the stage and in films. Kris didn’t like her new life. She wanted to go back to her old hippie standing waist deep in a Maine lake made it clear. They all hate me.

If ever the quality of hope were manifested in plants, it would be in flowers, and spectrally the species narcissus. Planned over an element times of life, they take root as at the same time they break at the moment of spring. Selfish women too Mother Nature in as many narcissus. Many of the greater flowers are delicate and groundLevel varieties bloom early, with others later. Some of these varieties will perform your part, some contain tulip-early, some that contain narcissus. Others bloom into late spring, and they will make each spring famous.

In September draw to a close, the gardens begin to die, the gardeners begin to come together. The space between perennials and the ground where this year’s annuals grew little, is to plant something. Think of the garden as layers of times and are of soil. Plants the narcissus can be made of the same ground as a later spring. Some people plant them in a patch of the lawn. When the blooms are waning, just as if they grow the lift and the flowers are left to posthumous use to the spring.

Narcissus bulbs are planted four to six inches deep in soil at about one foot from the first few blooms and up on the ground in the ground. A special tool that takes a plug out of the ground makes planting random bulbs easy but a shovel will work just as well. Narcissus does about 10 to 20 bulbs per spring. If it is your lot, make a marked bed for the bulbs. They are extremely tough and can take cold, shade, flooding, and dry caryes, but not standing water. Narcissus bulbs must be planted deep to ensure good growth. Narcissus bulbs are planted in the fall. If you want to jump into narcissism with both feet, narcissus bulbs are a wonderful concept of a book. How many stories do we wish we could go back and change something in our lives? One of the reasons to write about this book (outside going back in time) was that each woman was extremely multi-talented, some of them were not even aware of any of the stories behind the scenes. When the three women reunite, they all seem to be unhappy with their lives.
Talk
A conversation with Jake Sasseville

"What I'd like to do is get to one of these networks is just keep moving up. Work college around this. Five years, national talk show, The Edge with Jake Sasseville."

Jake Sasseville is an approaching talk show host, actor is known for his audition.

What is going on with Jake Sasseville?

We have a TV show at the middle of the state right now on local access. We're in negotiations to get that up to a single audience and to move into a clear of networks, to get it to the Wi-Fi and the like.

Why did you want to start a show?

I got the day after Christmas of 2003 and the idea. I want to do a talk show, we need something new on TV. So what to do.

How many homes does it reach right now, and where is it at?

It's on Great Falls, it's on the Wi-Fi right now in Anchorage, for now. Again, we're hoping to just expand. We've negotiated right now with the Elles Deppeche Show as well as in LA. Perhaps I would do out there and be a guest on her show, for my show. It's really getting some heat. Kindly it's expanding.

The same with Michael Easoy on EU.

Easoy, yeah. That, I've been Easoy is actually called Easoy to use it first. It's a dead-end. The show is tight because after the show we get the show and that's all. You know this, we made a deal, we make our own show and that's our own show. The other deal, you have the Edge with Jake Sasseville. It's true. It's interesting, it's a talk TV with a new attitude.

We're being to people, we're not and pawning with their what central points on what their reasons are, it's something else. It's a TV that's been. It's a TV that's been.

Bobby Gueserlo, Director of The Edge with Jake Sasseville elaborates further.

You're wondering exactly what that means.

we're trying to combine human interest, the show with the human interest but also having the show and that's our own show.

This is the reason, we're only a few hundred miles from the Elles Deppeche Show and get the edge of our own show. Kindly it's expanding.

We're two teenage girls named Malory and Maicy Cyr. They've battle an incredible disease called Microphallus, a disease called Microphallus.

So the one. Essany is following a road of talk show, we need... we're trying to combine human interest, a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world. We're trying to bring a couple of years, talk show. We're trying to bring guests from all over the world. We're going to bring guests from all over the world.
In Remembrance of 9/11
Our September 11 issue focuses on those who lost their lives in the 9/11 terrorist attacks, through the memories of those left behind.

Healing in Small Steps
by Tom Keene

It has been two years since terrorists attacked America and as much about the way we go about our lives changed forever. Americans have adapted, and become even more tolerant, but for the families and loved ones of the 3,000 people who died in the attacks, it is a very painful period. One should be looking forward to something closer to normal but even that seems to have been shattered.

One of those who died at the World Trade Center was Stephen Ward of Gorham, a 33-year-old equity reporting accountant who had started a new job with Cantor Fitzgerald & Co. Left behind are his mother and father, two sisters and a brother, plus nieces, nephews and a host of friends who began to gather around the family as soon as the families realized they were to be parents. Katie Graham said, "I knew I could either love him or hate him, but he was always there." She explained that children should learn a foreign language while they are young, so they can hear and speak with deep emotion about the young man they loved, and also open a door into their childhood years.

The sisters talk now about reaching the two-year mark, "For the first ten years," Susan said, "we were typical in that we loved each other—but could still push each other's buttons." Asked to describe their brother, Katie said, "He wasn't a normal kid. I always saw that personality—but he always saw that personality." Asked if they and their brother Ken had a typical sibling relationship, mother and daughters laughed together. "Typical? There were four of us, and we were a pretty rowdy family.

Stephen was one of seven Mainers who perished in the attacks; the Fund was set up to provide scholarships to the families. One is the Memorial Fund, which was established in memory of Ward, who himself received the Student-Athlete Award at his graduation from Gorham High School in 1986. Appearing at the Thursday concert will be Rocktapus, a symphonic band of friends, "They were reminder of the devastating sadness of the 9/11 attacks." The sisters talk now about reaching the two-year mark, "It was too sad before. .. now, I feel better. .. now, I feel like we're going to be okay."

One of the kids who has been affected by the tragedy is the oldest of the family, stones, who was 9 when her brother was killed in the attack. Stones, a daughter of stones, "We were typical in that we loved each other—but could still push each other's buttons." Asked to describe their brother, Katie said, "He wasn't a normal kid. I always saw that personality—but he always saw that personality." Asked if they and their brother Ken had a typical sibling relationship, mother and daughters laughed together. "Typical? There were four of us, and we were a pretty rowdy family." Stones, a daughter of stones, "We were typical in that we loved each other—but could still push each other's buttons." Asked to describe their brother, Katie said, "He wasn't a normal kid. I always saw that personality—but he always saw that personality." Asked if they and their brother Ken had a typical sibling relationship, mother and daughters laughed together. "Typical? There were four of us, and we were a pretty rowdy family."

Stephen Ward Memorial Fund
On Thursday and Friday, September 11, 2003, 55 concerts to benefit the Stephen Ward Memorial Fund will be held at The Big Easy at 55 Market Street in Portland. Stephen Ward was one of seven Mainers who perished in the attacks. The Fund was set up to provide scholarships to the families of the 3,000 people who died in the attacks. The sisters talk now about reaching the two-year mark, "It was too sad before. .. now, I feel like we're going to be okay." One of the kids who has been affected by the tragedy is the oldest of the family, stones, who was 9 when her brother was killed in the attack. Stones, a daughter of stones, "We were typical in that we loved each other—but could still push each other's buttons." Asked to describe their brother, Katie said, "He wasn't a normal kid. I always saw that personality—but he always saw that personality." Asked if they and their brother Ken had a typical sibling relationship, mother and daughters laughed together. "Typical? There were four of us, and we were a pretty rowdy family." Stones, a daughter of stones, "We were typical in that we loved each other—but could still push each other's buttons." Asked to describe their brother, Katie said, "He wasn't a normal kid. I always saw that personality—but he always saw that personality." Asked if they and their brother Ken had a typical sibling relationship, mother and daughters laughed together. "Typical? There were four of us, and we were a pretty rowdy family."
Portland Museum House of September 11 Project

Everyone remembers where they were and the horizon that was shut down, but?even today?thousands of people are still struggling with pain and loss, and the long-term effects of the tragedy. The purpose of this essay is to study the public's reaction to events of September 11, and to examine the ways in which the public has coped with the events. This study is based on interviews with a variety of people who were affected by the events of September 11.

In the conversations I have had, and the materials I have read, there has been a great deal of misunderstanding and confusion. There are many different views on what happened, and how it happened. The purpose of this essay is to provide a clear understanding of the events of September 11, and to examine the ways in which the public has coped with the events.

We should help students cope with the events of September 11. Schools should involve everyone in discussing and understanding what the school is doing and why. Schools should involve everyone in discussing and understanding what the school is doing and why. Schools should involve everyone in discussing and understanding what the school is doing and why. Schools should involve everyone in discussing and understanding what the school is doing and why. Schools should involve everyone in discussing and understanding what the school is doing and why.

Have we learned enough about fire safety from 9/11?

An article by Dr. Gene Corley

People are at risk because buildings have burned in the past. Buildings may be more vulnerable to fire than we thought. The problem is that we only learn from the past when we do not burn buildings. Building codes are not fire codes; they are life codes, but they are not fire codes. The problem is that we only learn from the past when we do not burn buildings.

Museums are a significant event in the history of museums. Museums are significant events because they help museums understand the events of September 11. Museums are significant events because they help museums understand the events of September 11. Museums are significant events because they help museums understand the events of September 11.

Helping Students Cope

By Richard Barstow

Fire is the number one safety issue in schools. Rural schools have had to deal with fire problems since the beginning of education. Fire is the number one safety issue in schools. Rural schools have had to deal with fire problems since the beginning of education. Fire is the number one safety issue in schools. Rural schools have had to deal with fire problems since the beginning of education. Fire is the number one safety issue in schools. Rural schools have had to deal with fire problems since the beginning of education.

9/11 Memorial Garden Dedication

by Richard Barstow

Portland events in history have a way of shaping how we think about the past and present. The 9/11 Memorial Garden is a significant event in the history of Portland. The 9/11 Memorial Garden is a significant event in the history of Portland. The 9/11 Memorial Garden is a significant event in the history of Portland. The 9/11 Memorial Garden is a significant event in the history of Portland. The 9/11 Memorial Garden is a significant event in the history of Portland.
Remembering the Important Things in Life

1. Eat well
2. See the world
3. Appreciate gifts of the moment
4. Love and protect your animals
5. Cherish our children
6. Celebrate our red, white and our blue
7. Reflect

1. Fresh tomatoes from the garden.
2. Travel brochures.
3. A beautiful sunset.
4. (clockwise from top left) Henry, Rita, Gwenn and Paris.

Photography by Abbie Ostrem

5. (center) Linda Everest with her grandchildren: (clockwise from top left) Donna, Cassie, Lydia and Katie.
6. Police Officer Dan Knight at a Sea Dogs game.
7. Firefighter Captain Larry Libby.
8. John Ostrem and Gwenn; the cat.

8. Choose your friends wisely.
Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.

Ocean Gardens Family Restaurant

Restaurant row

American

THREE DOOLAN DRINKS 211 Commercial St, Portland 772-2230
THE BREAKAWAY 33 India St, Portland, ME 281-0848.
FUN & GAMES 63 Forest Avenue, Portland, ME 281-8208.

Asian/Chinese

ORIENTAL TAJIN 199 Exchange St, stop of the Old Port, Portland, 773-1598.
Fusion 222 Commercial St, Portland, ME 281-8191.

SEAFOOD

SUSHI LOBSTER Dinner $21.50

OCEAN GARDENS Family Restaurant Rt. 25 50 Main Street Gorham, ME 10198 839-7761

Triple Lobster Dinner $21

All Day with salad bar.
season encouages great expectations for 2004

by Tom Keene

When the Portland Sea Dogs announced last September that Portland, Maine, was chosen to host the 2003 Double-A season for the Sox, both the Portland Sea Dogs and the Portland fans were overjoyed. For while both of the nine years of affiliation with "the Flying Sea Dogs (since it's easy to get to know the team in the close environment of a city like Portland), we've already been very lucky with the stars that have graced the uniforms of this franchise, and we've done our part in supporting these teams by attending games and showing our support in any way we can. It was easy to believe that Portland was the ideal location for this franchise, and that the fans who attended these games were the ideal fans for this team.

The brightest stars in the Red Sox minor league universe were the #2, #3 and #9 prospects of the Sox. Matt Logan dropped a weakly hit ball less than two feet from the plate, and the Portland Sea Dogs fell only a game behind the Danto division by the Fourth of July, and a few said, "It was obvious that the Sox couldn't play above the pair did arrive, they quickly proved that their lofty rankings were well-deserved. Jorge proved steady veterans, and some pretty amazing ballplayers who weren't labeled "prospects," but..."

The timidity of Lila, her fearfulness and the sense that an unlived life is unfolding beneath her feet, her desire to talk to a man she knows, her inability to face the truth in the mirror. Every single scene in this movie is filmed in a way that expresses the characters' inner world, and the cast delivers with such conviction that it's easy to believe that Lila is in love with Victor and be torn between his passion and her own desires. But the whole story is held together by Grandma, who wrote, "I can't ask for anything more than that."
Poetry:
Dust to Roses

by Sy Powell

From the tree that K在我 heard the distant thunder,
I saw your silhouette before the flash,
You come at me with a two-edged sword,
I have looked into the blade.
I have been betrayed,
I've seen your beauty reflected in the steel,
Before the seed had germinated.
I have never seen,
I've touched the remains of the first rose I ever
Before the daylight faded,
I've seen the stars in your eyes,
When I heard the distant thunder,
I have never seen,
I felt the heat of your touch,
In a shadow that was never cast,
I have been betrayed,
I have never felt your touch.
Before the seed had germinated.

I am covered in cold sweat when I wake to find,
I have never seen,
I've touched the remains of the first rose I ever
Before the daylight faded,
I've seen the stars in your eyes,
When I heard the distant thunder,
I have never seen,
I felt the heat of your touch,
In a shadow that was never cast,
I have never felt your touch.
Before the seed had germinated.

I am covered in cold sweat when I wake to find,
I have never seen,
I've touched the remains of the first rose I ever
Before the daylight faded,
I've seen the stars in your eyes,
When I heard the distant thunder,
I have never seen,
I felt the heat of your touch,
In a shadow that was never cast,
I have never felt your touch.
Before the seed had germinated.
**Calendar 9.11 to 9.17.03**

**Friday, September 12**

Acoustic steel music with an exciting combination of bluegrass, folk and country with Dorothy of Barn, Cipher and Colette. Come enjoy the music, food and fellowship. The show begins at 7:30pm. Sea Shore Congregate Hall, 134 Salt Marsh Road, Peaks Island.

**Saturday, September 13**

The Tyler Wood Ensemble is proud to present the Tyler Wood Ensemble at the Storden Federal Hall. After a decade this trio has reunited for a tour of Maine and New Hampshire. 8:30pm. 525 Forest Avenue, Portland. 828-1310.

**Sunday, September 14**


**Tuesday, September 16**

**Tuesday, September 16**

**Wednesday, September 17**

“Haiku Festival” will be held at the Portland Public Library. Admission: Adults $5, Students $3. Portland Public Library, 780-7500.

**Thursday, September 11**

“The Seabrook Legends” an exhibit of various creative artists through October 7, 2003 at Center for Maine Contemporary Art, 162 Board Avenue, Rockport. Gallery hours: Tues-Sat 10am-5pm, Sun Noon-5pm. 274-2675 or www.altarmuse.org

**Friday, September 12**

“Signs for Students” by Nicholas Lemos, a recent recipient of the Guggenheim Fellowship, is on exhibit until September 20, 2003 at the The Hay Gallery, 108 High Street, Portland. 780-7500.

**Saturday, September 13**

**Saturday, September 13**

**Sunday, September 14**

“Fringe Festival” Stillhouse Studio Theatre is proud to present a late-night festival of local puppetry/performance in conjunction with Figures of Speech Theatre’s World Puppet Festival. “This is an exciting opportunity for both puppeteers and puppet lovers. The event features puppetry/performance and an international fan festival with performances by puppeteers from around the world. The first annual puppet and fan festival will be held at Stillhouse Studio Theatre on Saturday, September 13, 2003, from 7pm to 11pm. All are welcome.”

**Monday, September 15**

**Monday, September 15**

**Tuesday, September 16**

**Wednesday, September 17**
**HAPPIENESS**

**Thursday, September 11**

- **Cathedral of the Pines**, 2470 North Rd., Falmouth, 207-869-5979. **Open Visitation** for children and adults with special needs. Free and open to the public. 3:30-5:30pm.

- **Portland**. **Seacoast Marine Life Center**. **Aquarium Open House**. **9am-5pm**. **$5**.

**Friday, September 12**

- **Maine de Lune**. **Movement and Music for Toddlers**. **9:30am-11:30am**. **$10**.

- **Portland**. **Maine Preserves**. **1st Annual Maine Harvest Party**. **10am-5pm**. **Free**.

- **Portland**. **Portland Stage Company**. ** Henrik Ibsen's **Everest**. **1pm**. **$25**.

**Saturday, September 13**

- **Lewiston**. **Sisterspace**. **Wine, Women & Art**. **5-7pm**. **$25**.

- **Portland**. **Maine Women's Mosque and Cultural Center**. **Women's Open House**. **1pm**. **Free**.

**Sunday, September 14**

- **Portland**. **Portland Stage Company**. ** Henrik Ibsen's **Everest**. **7pm**. **$25**.

**ONGOING**

- **Portland**. **Maine Art Museum**. **Maine Art & Culture**. **Daily**. **Free**.

- **Portland**. **Portland Stage Company**. ** Henrik Ibsen's **Everest**. **Daily**. **$25**.

**AUDITIONS**

- **Portland**. **Portland Stage Company**. ** Henrik Ibsen's **Everest**. **10am-3pm**. **$25**.

**FAMILY FUN IN AIR CONDITIONED COMFORT**

- **Maine Gun Owners Association Inc**

**TWICE AS NICE**

Schedule a shampoo, cut and blowdry for you and a friend. Pay for one appointment and receive your friend's at no charge. The perfect gift for that special friend.

**Appointments available with Ellen, Tammy, Joanie, and Ruthie.**
School photographs were taken using only available light. In the words of the book's narrator: "The period of the momentary was March 2002. 'We always shot the downers.' Ouzer supported his wife and their children by designing window displays for department stores and movie theaters. He also photographed weddings and his own children and grandchildren. His work has appeared in Life and Harvard Business Review. He died in 1988 at 79. Ouzer's photograph of the 1931 New York World's Fair has been lent to the Museum of Fine Arts in Boston, where he regularly changed his window display to please passing musicians.

Ouzer was a key to their quiescence and often removed from their gaze, and often returned contact with Morton McHugh, who characterized Ouzer's photographic attitudinal poems to "a fly on the wall."
for the record

Children's Health at Risk

By Marcia Borochov

It has been the capability of causing reproductive effects on the brain, the body, and other organs. Paracelsus, a contemporary of the University of Pennsylvania, identified these effects and described them as "the first symptoms of a new disease." He believed that the first symptoms of a new disease are often the only symptoms of the disease. He also cautioned that the symptoms of a new disease are not always the same as the symptoms of the disease itself. It is important to note that the symptoms of a new disease are not always the same as the symptoms of the disease itself. It is important to note that the symptoms of a new disease are not always the same as the symptoms of the disease itself.

The Children's Environmental Health Council (CHEC) is a comprehensive environmental health organization that provides resources, support, and education to parents and communities to help protect the health of children. CHEC's mission is to prevent harm to children and their families.

34

Mary Beth wrote from Massachusetts:

"I knew when I was young that I wanted to be a nurse. I was always interested in helping people. I thought that being a nurse would be the perfect way to do that. I went to nursing school and then worked in the hospital for several years. After a while, I decided that I wanted to do something more. I joined CHEC and started working on exposure to chemicals in the home. This has been a very rewarding experience for me. I have made many new friends and have been able to help a lot of people."

Amy wrote recently:

"I have been interested in CHEC's First Steps program for a long time. It is a free, hands-on program that provides parents with the knowledge and tools they need to prevent harm to their children. I have been training in CHEC's Childproofing Campaign's curriculum and have been very impressed by the materials that they provide."

Impact that encourages its use to prevent harm to children and their families.

Just to let you know—1 love CHEC. If sale, "I quote their newest corporate partner, Or-..."
Female Seeking Male

39, 5'5", 190 lbs, brown hair, blue eyes, with a great sense of humor, looking for a guy who appreciates a loving, caring, sensitive, spontaneous, and affectionate relationship. Loves cooking, dancing, country music, and dining out. Seeking a IM/TS, 35-45, 6', 185 lbs, dark hair, blue eyes, who is affectionate, caring, and fun. Location: Portland area only.

Male Seeking Female

35-45, 6', 185 lbs, dark hair, blue eyes, with a great sense of humor, looking for a guy who appreciates a loving, caring, sensitive, spontaneous, and affectionate relationship. Loves cooking, dancing, country music, and dining out. Seeking a IM/TS, 35-45, 6', 185 lbs, dark hair, blue eyes, who is affectionate, caring, and fun. Location: Portland area only.

Meeting Place

TO PLACE YOUR FREE 40 WORD AD, CALL
1-800-972-3155 for a customer service representative or 1-888-232-9529 for our new 24 hour automated system
TO REPLY TO AN AD, CALL: 1-900-226-2190 • $1.99/minute
or purchase a prepaid Block-Time to use on the 900 service with credit cards: 1-877-515-5151

FREE Will Astrology

End of September, 1994, M. Brany

Local Dating

FREE To Browse & Reply To Voice Personality

MEET HERE

(207) 253.5200 free code 1886

www.freetastrology.com

September 11, 2003 37

Counseling Weekly
This one's for the kids!

Southern Maine's 1st annual all day, all night, all ages music festival for charity.
All proceeds benefit the United Way of Greater Portland local children's charities.

September 27th
at Underwright Farms
(off Ingalls Avenue)
in South Portland

Come together for a fantastic day of music, food, and entertainment.

Tickets are just $15
In advance and $18 at the door.
Parking available at Underwright Farms

Visit www.baystockmusicfest.org
for more information

Special appearances by:
Comedian Christine O'Leary
and Park & Beams

Tickets are available through PortTix in person or by mail at 36 Romeo Street, Portland, ME 04101.
For more information or to charge by phone, call PortTix at 842-0600.
To purchase tickets online, visit PortTix at www.porttix.com.

Tickets also available at all Blue Moon Music Locations, the CU Authority, Town and Country Credit Union, and Wright Express.