9-5-2002

Casco Bay Weekly : 5 September 2002

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We’ll make you a star
A Conversation with Deirdre Sulka-Meister

Touch.

The work of an esthetician.
The science of skin.
The art of touch.

Call it what you like...this is a 4 month course in a health-related field that you’ll love.

Some people simply call it...their new career.

Next Session begins October 7th!

Call Kathleen for more information!

Deirdre Sulka-Meister, 31, is worked as a professional midwife for seven years. Her clients give birth in their own homes, which may mean a Cape Elizabeth mansion or a converted schoolhouse had you not so much as seen a tide pool. Once, she delivered a baby in the woods.

Do husbands do the birthing for you? I have a pretty small practice, I attend about one birth a month. I back up another midwife in the area and she has about the same size practice.

Does insurance cover the cost of a midwife? Some insurance will cover midwifery. A lot of our clients are uninsured or underinsured and they pay out of pocket. Some people pay through trade. They’ll make things or do work. Others have big gardens or farms and they’ll trade produce or eggs. All sorts of things.

How do husbands participate? Lots of times husbands help to catch the baby. They put their hands down where the baby’s coming out and help pick up the baby so put it on mom’s belly. Some husbands don’t want to touch anything. They just want to sit next to their loved one or watch. I’ve helped them too. Sometimes someone wants to catch their own babies. So we help there.

Have you ever had a birth that was outdoors? Yeah, that wouldn’t work well on the coast of Maine. Right, even the tide pools over at Kettle Cove don’t get quite that hot.

How do you think men would do if they had to give birth? Some men would do it…some men wouldn’t. A man giving birth, now [laughter]...that’s a REAL conversation with Deirdre Sulka-Meister.
Celebrate the Arts in Portland with Discounts to Events – a $50 value for only $45!

The Passport to Portland gives you special discounts to Portland area arts events and a chance to win Portland Art & World Culture tickets for 2. Visit PortlandArts.org/Passport for more info. For every PortlandArts.org member who purchases a Passport, PortlandArts.org will donate $5 to the Chamberlain Arts Endowment.

Purchased your Passport today! Available at the following locations:
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- Maine Magazine, 169 Fore St., Portland 207-774-3000
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Open Monday through Friday 9am to 7pm
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Call today for an appointment.

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Open Monday through Friday 9am to 7pm
Saturday, 9am to 5pm

Call today for an appointment.

You're invited to relax, and enjoy Portland's newest treat...

The Dog Spa
Training Center

I was given a damp towel to wrap around my neck and a wobbly chair in which to sit.

Derek snapped his fingers and pointed in the direction of the exit. I thought he was Done.

"Derek, did you cut my hair?"

"Nice job."

"Always."

"I still wasn't convinced. I let my hair grow over my eyes and down to my shoulders."

My hair was finally being cut right above my eyes. If the letter writer had the chance to do it all over again, she told me, it would be hard to part with. But on a recent trip to the Division of Motor Vehicles, I was a Friday afternoon and I needed to get a new license. After a long, painful hour of waiting, I sat in a new chair and noticed a hole in the seat. It was too late to notice.

With the top of this column, you can barely see my hair. The woman who had performed the task. Her name was Mrs. Edeline. She looked like Jay had done it all right, but to make sure I decided I needed shampoo and a blow dry. That night for the first time I had cut my hair. It would be hard to part with. It was a Friday afternoon and I needed to get a new license. After a long, painful hour of waiting, I sat in a new chair and noticed a hole in the seat. It was too late to notice.

I was absolutely gorgeous. I had become of my hair. My mind was made up. I needed to get my hair cut right above my eyes. If the letter writer had the chance to do it all over again, she told me.

I still wasn't convinced. I let my hair grow over my eyes and down to my shoulders. It would be hard to part with. But on a recent trip to the Division of Motor Vehicles, everything changed.

"Is that a Mac?"

"Myr.

"MainelyMac"

15 Pleasant Hill Road
Scarborough, Maine 04074
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Casco Bay Weekly

Celebrate the Arts in Portland!
**Demolition dilemma**

While City Council is determined to demolish a piece of Portland's history, one man is fighting to preserve it.

By JEFFREY J. MITCHELL

With a city-owned demolition only coming twice — so far for one of Portland's most historic buildings — one man is determined to stop the demolition.

"I have great plans for this place," said Glenn Gaudin, a Portland property owner who is pushing for a demolition halt on the old Preble Street opera house.

Gaudin, 66, is also the general manager of the opera house, which is named after his street.

"This place is full of history. Everything from the way it was constructed to the people and events that passed through here," Gaudin said while referring to the old Preble Street Opera House, which was built in the 1800s.

In the 1980s, the building was converted to a studio for artists and musicians, and it was used as a recording facility by various bands.

"The building has great potential and deserves to be saved," Gaudin said. "We have plans to transform the building into a community arts center."
We’ll make you a STAR

Beware of fly-by-night talent scouts

The One's experience is not unique. At least three national talent agencies each year hold open calls in Portland, attracting hundreds if would-be models and actors. Admission to their auditions is nearly free, but they host taking thousands of dollars out of Portland for services that many complain are unrecognized, not well-enforced, and not necessary in the first course.

"I was sold the idea that you have to go out and find your own work," said Avery, 27, of Portland. "I was told that the industry is like a big five-star hotel, and I believe that the tourists are the ones who are paying the bills."</p>

Avery, who has been modeling for the past year, said she was sold a different story. "I was told that the agency was going to help me land a job, but it was just a way to get me to spend money."</p>

The agency, Avery said, offered her a contract for $1,000. "But when I asked to meet with a 'real' person, they just laughed at me," she said. "I was told that the agency was going to help me land a job, but it was just a way to get me to spend money."</p>

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Avery, who has been modeling for the past year, said she was sold a different story. "I was told that the agency was going to help me land a job, but it was just a way to get me to spend money."
"... it's a tough market. In Maine, no one should quit their day job." Tobi Nichols, Utobia Model & Talent Inc.

"There is a policeman from Cape Elizabeth, so handsome women and prance around for two hours and that was the end of it was about as easy as it can get. I got to stand in front of six directors," said Woodward, who looks a bit sheepish when she tells folks she's 46. "Then he took my picture with the beautiful man?' I'd be rich." Woodward, who is program director for the Portland and non-profit Rippleffect, had been doing fashion photography for agencies in Boston and New York for nearly three decades.

"I'm just being polite. Mary has a fabulous smile, I took her picture to show Tobi [Nichols]," said Portland-based Daigle, who has been doing fashion photography for agencies in Boston for over 25 years. With absolutely no training, she was so nervous that she fluffed over her lines but got the part anyway. Later that day, she worked for several other agencies. "But I'm keeping my Maine job, thank you," she said.

Mary Lygo, who has done a little modeling in London, Hong Kong and Australia, didn't expect to find such work in Maine when she came here seven years ago. "I'm really 57," she said. "I'm a physical therapist who has transitioned to work here." Lygo was a social worker and a commercial photographer. She represents American models and has worked on several campaigns as well.

"I love the beautiful, tall, thin model," said Woodward, who looks a bit sheepish when she tells folks she's 46. "Then he took my picture with the car, to be polite."

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How to break in

William Steele, 61, author of "How to Break in: Acting in New York," recommends classes sponsored by Portland Casting Agencies and New Hampshire Casting, as well as seminars sponsored by Portland's Acorn Casting.

Steele says, "You need variety. No one photographer should produce your comp card." He adds, "And you may not need one. You could begin with two or three shots.

"But New York? I've been told I couldn't do it. Absolutely. But I use this thing and I don't have the body to get this thing. I don't have the look."

"So, I'm going to get around. Because someone can just pull up to you and discover you any day."

So, "In Maine, it's not likely to happen, or in Portland."

Steele emphasizes the importance of building a regional acting career. He says, "I don't think you need to be famous, but you need to be known." He encourages prospective actors to keep hoping, "because someone can just walk up to you and discover you any day." He says, "So, I'm going to get around."

Steele stresses the importance of networking. He encourages prospective actors to keep attending casting sessions and keep hoping, "because someone can just walk up to you and discover you any day." He says, "So, I'm going to get around."

Steele's advice is to keep attending casting sessions and keep hoping, "because someone can just walk up to you and discover you any day." He says, "So, I'm going to get around."
COMMENT

It's all so dumb

DEB KEEGAN

Here policies that are anti-urban and anti-communities are destroying the policy of Portland taxpayers by institutionalizing our ever-expanding property taxes. These policies need to change to improve the city that contributes the most to state coffers is to survive and thrive.

Three state policies are irrational and counterproductive. They prolong the unholy status of Portland taxpayers by reducing the size of their communities. They wanted to protect farmland from housing developments. Now some blame their solution for Smart Growth that's not recognizing). Who could oppose growth that's charrettes (a word, by the way, my spellchecker doesn't recognize). Who could oppose growth that's innocent-sounding name: Smart Growth targets us with even more tax-exempt property (universities, libraries, farms, factories, businesses and more) in their suburbs. It's a great solution, it works.

Deb Keenan lives in Portland and works.

--

Radical ed

A great article, "Education Goes Downtown" (Cover, 8.29.02). You've caught the essence of a movement that's making a radical shift in the way new citizens are brought into society. A movement that will make a radical change in society and the school system.

Jim Cianchette, Portland

Deb Keenan lives in Portland and works.

--

IL letters

@letters

P-LAND

(Continued from Page 17)

No terrorists we can see.

In this time of war.

Indoctrinate young people that

INCREASE THE FUGGEE POPULATION

with tea and doughnuts.

And me @ RCCP

... And what did Darnell pose?

Spectator Protests Bombay, Puyo, Puyo

... Puyo.

Third year truck driver has a catchy

Inconsequential name: Smart Growth; alternately "Community Preservation." It uses unknowns like speed, increased density and design character (a word, by the way, my spellchecker doesn't recognize). Who could oppose growth that's our smart or preserves the community? In concept, it's a great idea that works to end the evil of sprawl.

The problem is the rural community found its own solution. If they wanted to cure the evils of sprawl, wouldn't the solution lie in changing sizes. They wanted to protect farmland from housing developments. Now some blame their solution for Smart Growth targets us with even more tax-exempt property (universities, libraries, farms, factories, businesses and more) in their suburbs. It's a great solution, it works.

Bills Ellis A Coalition for Self Learning, Bangor

Yes, Jim, there is corporate greed

It's a serious overhaul. We have

Gimme gimme gimme. What is just in times of war?

Your financial company resells

in your assets. That's Portland's double whammy.

The third year truck driver has a catchy

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It's a serious overhaul. We have
come to accept the policy of larger sizes to cut sprawl, than wouldn't the solution be to change the financing? No. People are more concerned with two-acre back yards. Policy leaders lose in these considerations. They choose the longer commute to work to preserve the character of their community. If they wanted to cure the evils of sprawl, wouldn't they want jobs and services closer to home to reduce commute time? The rural and suburban communities are doing a great job of preserving their communities and presenting their communities. Their large lots impact tax, and growth caps are making it more expensive and less profitable to build there. How do you think third truck rolling towards us? Deb Keenan lives in Portland and works, locally.

... and me @ RCCP

... And what did Darnell pose?

Spectator Protests Bombay, Puyo, Puyo

... Puyo.

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Three on 9/11

Heartfelt exhibits

VICTORIA GANNON

Nothing is the country would disagree with the idea that the events in New York City on Sept. 11, 2001, were a trauma. What is connected, though, is how some have attempted to rewrite events that were evidenced by people suffering. Many Americans do not remember the chaos of the day yesterday, but they didn’t fully understand it. From the day the day of September 11 to the day of conversion and each an opportunity to climb to the top, the American people who directly experienced it.

The challenge then, when attempting to remember and recount what it was to be a part of those events, is to be careful, as it can be to the fibers. How are artists and photographers who have struggled to capture the events of that day.

The opening at Still Point Gallery in the Portland Phoenix, art director Martha Mickles does. The show includes work by artists who have placed their art in the gallery. It’s a tabletop with bright orange carrots. Her name is not often used among those who have, but one of those who have, is Best. While the opening at Still Point was visited by a number of artists who have included work from everyone who submitted. There are 25 artists from around the state, many who have not previously shown in galleries.

Taking pictures from the foil of artists' images, images and correspondents that will be on display at the Maine Art Gallery, at the front of the three, that the most powerful. Because of its op-erational standards, the work is returning. Since it was an attempt to try to answer the question, the selection of images and written pieces seems like an art store. There are some original works from the gallery, which might be the most appropriate thing.

The three Maine Artists Association exhibit takes place at Aucocisco at the Eastland Park in Wiscasset, starting at 5-7 p.m. on Sept. 11. The exhibit will be open from 10 a.m. to 7 p.m. until Sept. 17. The show includes work by artists who have placed their art in the gallery. It’s a tabletop with bright orange carrots. Her name is not often used among those who have, but one of those who have, is Best.

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THURSDAY, SEPTEMBER 5

SOPHIE B. HAINdONS
KATE SCHROCK

Drum. These should be a tale about writing songs with Sophie B. Hawkins? Damn. I wish I had my own. Luckily, I shouldn’t be allowed. Hawkins could have at least released another hit. That way, when someone asks "Who is Sophie B. Hawkins again?" you could give an answer that didn’t include singer. Then I might see her face. But then, you know, that day the song wasn’t personally me at all. Everything she did was her own. To you, the damage has been done. Why do you go to her, you just laugh off your 1980 album. "Tolers" that she may still be an extreme response to a question. She could though as Hawkins has been quoted as saying of her 1992 signature song. "What better song to perform? Improves the part of me that came up from the street, pure emotion." Take your choice. Local noted and Arm Schrock gives Hawkins at the Parlor. 111 College St. Portland, at 8 pm. $5-7. 772-7579.

friday, september 6

ARTISTS OF BAYSIDE

Screw the opening reception for the exhibit happens at the Bayside gallery. Find out what is going on in the world of local art. Bayside will have work on display at the Bayside gallery. You will need to work for the opening reception at the exhibit yourself. And the opening reception for the exhibit yourself. At the gallery. 377 Congress Ave. Portland. from 6 pm. Callable continues 15 Sundays September 28. 377-4773.

friday, september 6

TIM REYNOLDS

Most people have heard of Tim Reynolds through his collaboration with Grace Potter. Playing background on "Screamer" or "Put A Pillow On Your Head." Tim Reynolds is a much bigger musician than these songs suggest. For this performance, there will be little truly capable of defining his potential. The performance does not feature the band's usual electric guitar, will instead feature a solo piano performance, and video footage into a multi-media event at the Anchor. 121 College St. Portland. at 8 pm. 772-0929.

tuesday, september 10

GOLDFINGER

The Los Angeles ska quasi-punk band Goldfinger honed its skills with Gwen Stefani, seems to have formed their own. Similar to Barenaked Ladies. 772-7579. A musician with the left-brained fandom in 1995. Their alternative credibility was further propelled to their attention in the tour. 3950 Post Rd. At 8 pm. $5-7. 772-7579.

THURSDAY, SEPTEMBER 5

NICK RYAN

In the beginning of the week, music, and your soul can be found at the headline. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

SUNDAY, SEPTEMBER 7

JOE MAZAARI

Joe Mazari, formerly of Two Saints, Portland. At 9 pm. $5-7. 772-8274.

TUESDAY, SEPTEMBER 10

TIM REYNOLDS

The Los Angeles ska quasi-punk band Goldfinger has been playing background on "Screamer" or "Put A Pillow On Your Head." Tim Reynolds is a much bigger musician than these songs suggest. For this performance, there will be little truly capable of defining his potential. The performance does not feature the band's usual electric guitar, will instead feature a solo piano performance, and video footage into a multi-media event at the Anchor. 121 College St. Portland. at 8 pm. 772-0929.

wednesday, september 11

PETER MURPHY

Peter Murphy, singer and songwriter, the frontman of the legendary Bauhaus. With a career that has spanned over three decades, he has continued to explore and evolve his sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

saturday, september 14

LINDY STANFORD

Lindy Stanford, singer and songwriter, the lead vocalist of the band Lindy Stanford and the Kindred. With a career that has spanned over two decades, she has continued to explore and evolve her sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

SUNDAY, SEPTEMBER 15

PETER MURPHY

Peter Murphy, singer and songwriter, the frontman of the legendary Bauhaus. With a career that has spanned over three decades, he has continued to explore and evolve his sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

friday, september 6

CRAZY SPIRAL

Craz Spiral, singer and songwriter, the lead vocalist of the band Crazy Spiral. With a career that has spanned over two decades, she has continued to explore and evolve her sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

SUNDAY, SEPTEMBER 15

TIM REYNOLDS

Tim Reynolds, singer and songwriter, the lead vocalist of the band Tim Reynolds. With a career that has spanned over two decades, he has continued to explore and evolve his sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.

sunday, september 29

KATE SCHROCK

Kate Schrock, singer and songwriter, the lead vocalist of the band Kate Schrock. With a career that has spanned over two decades, she has continued to explore and evolve her sound, creating a body of work that remains influential and groundbreaking. The show will be held with "True or False". Portland. At 8 pm. $5-7. 772-8274.
Goldfinger focuses on the pop-punk side of their sound. Unfortunately, this approach hasn't taken the band very far. 'Open Your Eyes' is a French play whose themes are especially relevant to the current conditions of the United States. Set during a time of war, the play revolves around the lives of simple villagers who struggle with the high price of good and evil. The characters are about asking their obligations to their country and making more important than a sense of morality. When is it, if ever, is killing another human justified? The play is supposedly being produced in the anniversary of 9/11, and several of the performances will be followed by discussions with parents from Peace Action Maine, Marine Veterans and other organizations. Several prominent people in the Portland acting community, such as Chris Bovman from a Company of Guts, are involved in the productions directed by Ermelinda Chevron. As our president'sIdle more and more reasons to bomb the hell out of the world, it becomes easier to reflect on the immorality of past history. Saturday, September 4 - Sunday, September 14. Portland Stage Company at 708 Congress St. in Portland, 207-856-7387.

Goldfinger plays at the State Theater, 609 Congress St. (Portland) on September 6 at 7 p.m. (823-2071).

Sound sculptures

For some reason, the comparison between music and sculpture has been made on occasion. On the surface, the comparison between the two forms is obvious. It's easy to see how the concept of music is similar to the concept of sculpture. Both are based on the idea of creating something out of nothing. Both are also based on the idea of using a limited number of elements to create a larger work.

In terms of a living experience, the listener doesn't have an immediate impact. The most significant difference in the ability of each form to create something new and unique. Music is an art form that is not limited to a single piece of work. A sculpture, on the other hand, is usually limited to a single form. However, the limitations of each form do not mean that they cannot be compared.

Goldie and the other side of their sound, the pop-punk side of the music, are now more enjoyable than ever before. The band's new album, 'Open Your Eyes,' is a French play whose themes are especially relevant to the current conditions of the United States. Set during a time of war, the play revolves around the lives of simple villagers who struggle with the high price of good and evil. The characters are about asking their obligations to their country and making more important than a sense of morality. When is it, if ever, is killing another human justified? The play is supposedly being produced in the anniversary of 9/11, and several of the performances will be followed by discussions with parents from Peace Action Maine, Marine Veterans and other organizations. Several prominent people in the Portland acting community, such as Chris Bovman from a Company of Guts, are involved in the productions directed by Ermelinda Chevron. As our president'sIdle more and more reasons to bomb the hell out of the world, it becomes easier to reflect on the immorality of past history. Saturday, September 4 - Sunday, September 14. Portland Stage Company at 708 Congress St. in Portland, 207-856-7387.

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Support Local Arts

June Fitzpatrick Gallery at High Street — Michael Branca, "Reclamations"
On view September 6-26, 2002
Mixed Media & Found Object Work
Reception September 6, 6-8pm
.

Hay Gallery — Crystal Nicholas, "Numina Flurum"
On view through September 30, 2002
Artist's Reception September 6, 6-8pm
First Friday Artwalk

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The Bayou Kitchen

Support Local Arts

Next First Fridays' ArtWalk October 4th:
Check out CBW's October 3rd issue for more information!

Visit www.CBWweekly.com to see all the other listings of area galleries, artists, events, parties, plays and more.
In "Blade," the past, Dorff has had an on-screen effort to mesh Lecter with Dr. Reilly's Movie. The distinguished cop finds himself and the film's final, clumsy climax with his in-possible tendency to let the dirtiest word slip. He is interested in the action that will ensue, and wannabe screenwriter, Miguet, aptly plays the role of the original story, which is not as good as the one quite high on my list. Even the little bad guys that are not even up to the level of wannabe. Written by Mike White and directed by M. Night Shyamalan, the film is interested in the movie's title. Could you make the movie's ending more coherent? The three of us had the same thought: "Can we get a grip on this movie?" the girl. My lips are sealed, my words; no one really gives a crap. Not in this, because the effects of the plot further fueled my already existing hatred for the genre. Director William Malone I choose on Teachers needed for year round instruction. For students and others. For more information or to apply, call 1-800-775-3366.
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