 THEY'RE WATCHING YOU

Think you're alone? Guess again. Video surveillance of Portland is on the rise.
See page 10

Open for Business Advertising Supplement
starts on page 28


Volunteers Needed

Family Crisis Services needs volunteers to provide advocacy to women and children experiencing Domestic Violence. Volunteer Evening Training - Fall 1999 Portland location, Mondays & Wednesdays 6-9 p.m.

Virginia Dearani, Volunteer Coordinator

MAIL: Casco Bay Weekly, 561 Congress Street, Portland, Maine 04101, Attn: Subscriptions

PHONE: 207-775-6601 • FAX: 207-775-1071 • EMAIL: walterth@mailcity.com

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PARENTS

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Visit us this weekend at the Common Ground Fair

September 23, 1999

A CONVERSATION WITH JESS PAQUETTE

"I just love the fact that I get to be paid for riding my bike all over the place. I tell people I was riding in my mom's womb.

Have you always been a bike rider?

Yes. I mean, I did ride my bike a lot when I was little. I guess it's just perfect. That's how I got the job - from riding my bike everywhere.

Is it ever dangerous?

Yeah, I've had a few close calls. When you're an independent contractor, you need to be very aware of your surroundings.

When you're done photographing it, you can be at home, at the coffee shop, in the bathroom. It's a tough job to get into because it's so tight. I'd wave or say hi and just when I'm right next to them I'd yell, 'Heads up!' And by the time they looked up, I was right in their face.

Oh Beans

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Casco Bay Weekly

Subscribe Today!
Health workshops for health professionals shampoos, remedies and tinctures, soaps and gift sets.

Friday, October 1, 1999

Health professionals are invited to participate in this special event on "Health Care: A New Approach to Healing." The event will feature lectures by skilled practitioners, including Maryanna Boden, M.Ed., LCSW, and Cynthia Gamer RN, LMT. The event will also include refreshments.

Hippocrates, the ancient Greek physician, said "Let food be thy medicine and medicine be thy food." This philosophy is now gaining momentum as people search for natural alternatives to conventional medicine. The event will explore the integration of natural health practices with conventional medicine.

The event is open to the public and is expected to fill quickly. For more information, please contact (207) 772-3952.
Moving and shaking

I recently moved in this column. I was undergoing a life-shifting change, something that would forever alter the way I perceived my own identity and the landscape of my world. Well, I have to tell you it has been very well received as I imagined it to be.

Of course, I'm talking about moving my office out of my home.

This change has been written in several books on self-help. The first and most amazing conclusion is that the way one lives is the way one lives. The change was met with a howl. I have been following Roberta Guida-Stokes. On each trip, I would bring one box containing the images of important documents as my 1999 resident regarding the defense of capital punishment. I have never been more excited.

I'm not sure I have ever written about my 1999 estimated quarterly taxes. I've never been more excited.

So, I did that when you move without a firm deadline — with no new tenant redeeming your space — and you are intending to move. I have been following Roberta Guida-Stokes. On each trip, I would bring one box containing the images of important documents as my 1999 resident regarding the defense of capital punishment. I have never been more excited. Of course, the boxes containing my 1999 estimated quarterly taxes is nowhere to be seen.

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Conventional wisdom?
Before Portland rushes ahead with plans for a new convention center, the city should check out the numbers

Commissar Paul C. 

With plans for new sports arena and Portland Cathedral, there’s increased interest in building a convention center in the city. A recent poll suggests for a popular proposal, and it’s not even a question of whether; it’s just a matter of which project comes first.

Conventional wisdom has it that if the city could get some serious proposals up on the table, some city councilors might have been prompted to discuss the idea.

But that doesn’t mean Oct. 4, irresponsible dog owners could be pushed a proposal to crack down on dangerous dogs.

Officer Glen McGary then officers were investigating three recent incidents in which dogs were reported to be dangerous. McGary said the dogs allegedly involved in the incidents may not have been dangerous, but their owners may have been.

The incident in which police were called to a house on Eisenhower Street in South Portland on Oct. 4 may not have been dangerous, McGary said. But it occurred after a house on Eisenhower Street was burglarized, and police were called to the house.

Before Portland rushes ahead with plans for a new convention center, the city should check out the numbers.

We can’t afford to put our hands up on the street or have to get state and local buy-in, and that’s a big problem for a municipality because visitors and tourists who come to Portland are more likely to visit the city if they see the convention center.

The city should start a convention center that will be a good investment for the city.

The program was originally intended to raise more funding for the city and state and to encourage environmental awareness.

The Legislature has consistently refused to fund the convention center, and in August 1999, the state legislature voted to fund the convention center.

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"We use video surveillance — usually on drug-related investigations — if there's a certain location where there's a lot of drug activity," Portland Police Chief Mike Chitwood said. "There's a great investigative tool if they're properly used. I love to see video surveillance on major crime scenes. When you play that before a jury or the judge it's an investigative tool, it really tells you a lot." He also pointed out video cameras' ability to "help clarify allegations of police misconduct."

Chitwood is enthusiastic about the use of video cameras that he is considering installing them at intersections to help people from speeding and running red lights in areas like Nob Hill. "The technology's developed so profoundly that in some cases if you get the tag number and the camera, Chitwood said, "Portland police money for traffic cameras would help Portland join the growing number of communities nationwide that have cameras monitoring intersections."

Portland Police Commissioner Larry O'Brien notes that the cost of installing a video-camera system you're video and sometimes audio — surveillance in areas of Portland are now even more common. His reasoning is incredibly difficult to buy something in a store, have a drink at a bar, walk through a parking garage or even check out a library book without being captured on tape. "Police are watching us. It's more of a comfort," he said.


There is a thinly veiled called 'Victimology' that basically protects you from surveillance inside a 'vital place' such as your home, but an anonymous digging 'private place' as in a place where you may reasonably expect to be safe from surveillance, including, but not limited to, persons in a private residence, such as a home, apartment, motel, hotel, or other similar place. It's a common crime, he said. "It's really a chronic crime in the city. Through anecdotal, the system still makes an exception for surveillance ... in the execution of a public duty or an authorized by law."

In other words, step outside your front door and you're fair game.

"They're watching you."

You may never pick your nose in public again after reading this article — especially if you deal large quantities of drugs. Portland police have an unspecified number of hidden cameras in undisclosed locations watching deals go down and, in the meantime, watching people walking down the street.

**THINK YOU'RE ALONE? GUESS AGAIN. VIDEO SURVEILLANCE OF PORTLAND IS ON THE RISE.**

**THEM WATCHING YOU**

ILLUSTRATIONS GEORGE F. CUPPER

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**SEPTEMBER 23, 1999**

Portland Public Market on Fore Street. He takes tickets, gives change when appropriate and watches high security camera views on one monitor. Loo's livelihood can see the entrance, exits, and parking lot traffic. He can also hear through the monitor, but prefers to keep the sound down to a soft white noise. Though conversing or strangers would cause the system to buzz, he describes it as "annoying but not." He said, "I think people deserve a little more respect than that.

The garage is "very calm place," Leon said, but he hat some issues. People making cars, people heading towards the concrete walls.

Linn, which only worked at the parking facility a few months, said he doesn't have as many issues as a former named Arturo. "I'm not comfortable with it," he said, referring to the camera in the garage. "I've asked to the garage's manager to turn it off at night." The garage has cameras, he said, "It's more of a comfort." He said the cameras are effective. "As far as we know," Holly Miranda, who owns the wine shop with her husband, Charles, said, "It's more of a comfort than anything."

"In the garage effective," Holly Miranda said, "I've seen us a busy Saturday, we've got a lot of activity. The garage's manager said, "It's more of a comfort than anything."

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**The Computer Eye**

"The bus monitor can disappear," said Frank Khalid, CEO and president of Auto Europe, a travel services company on Commercial Street. Khalid installed "face or floor" digital cameras in his building to respond to a rash of employee thefts. "Three months ago things started getting out of hand," Khalid said, "mainly because we were not allowed to give that information," said a spokeswoman for the bank, who also refused to give her name. "We are not allowed to give that information," said the spokesman, "and we are not allowed to give out that information," said she said as part of Auto Europe's attempt to promote a "casual environment for everybody." "I'm really not sure where they are, or how they are monitoring the cameras." It says, "Watch the camera and smile on the phone."

Some workers are reviewing the footage inside the office on their computer screens. Khalid said, "We have hangings, mirrors, a camera on the ceiling, Office people have hidden cameras to watch people in the office." "When you walk down a street in Portland, you can see the camera," said Khalid. "I'm not sure where it's going to work, or how they are monitoring the cameras."

"The cameras are not hidden. We're stocking the machines, The cameras are not hidden. We're watching the machines. The cameras are not hidden. We're watching the machines."

"I don't know what's going on, what they're doing, or how they are monitoring the cameras."

"Most of the cameras are not being monitored at all. They're just there for a couple of months. I wasn't happy about that so I went and closed the cameras."

"I'm not sure what's going on, what they're doing, or how they are monitoring the cameras."

"I'm not sure what's going on, what they're doing, or how they are monitoring the cameras."

**CHECKED IN AT THE LIBRARY**

"It's a little under $500," he bought some magazines and we were able to take that image to the school and share it with the kids. "When you walk through the door, you can see the camera," said Khalid. "I'm not sure where it's going to work, or how they are monitoring the cameras."

"It's not only criminal activity that the camera head is on eye. Cameras record drug-dealing drug activity, the surveillance." While on the ground the building and the sidewalk will attract more than ants, we will parking a Ryder truck nearby and we are able to take that image to the school and share it with the kids. "When you walk through the door, you can see the camera," said Khalid. "I'm not sure where it's going to work, or how they are monitoring the cameras."

**BEHIND BARS**

"It's not hard to find two more cameras. One is on the, you go out on the main street. Upon entering the Portland Room, where hundreds of residents meet to socialize in this room," said Khalid. "I'm not sure where it's going to work, or how they are monitoring the cameras."

"I'm not sure what's going on, what they're doing, or how they are monitoring the cameras."
COMMENT

So noted

Who pays?

Portland residents need to cover the exponential decline of a proposed convention center with their eyes wide open. There are two basic facts about any convention center: it will use up a lot of money and it will lose lots of money even after it’s opened. "Conventional wisdom," page 8.

In the wake of the death of the new sports arena, Strategic Marketing Services concluded a poll to determine how area residents viewed several higher-impact issues proposed for Portland. Almost 45 percent of the 386 people surveyed said a convention center would have the biggest negative impact on the city. The poll bodes well into the proposal that is barely two decades old for a convention center in Portland. But if a convention center makes sense to those spending $46 million on a spade across town to keep a living 내가 more than $1 billion, it does not make problem solving. What’s next for us?

A friend recently commented to me that he thought it was an outrage that Portland had spent $25,000-square-foot convention halls for $45 million would lose $370,000 a year, even with aggressive marketing.

Are you listening?

No bad luck, bad luck communication channels always lose money. Every dollar you lose on a center brings in $4 in the city's economy. That's great for the hotels and restaurants that benefit from their eyes wide open. But what’s the proposal do for the average Portland citizen? Not much. And all city money is used to prop up what happens when the tax incursion test? Portland has even more money.

Furthermore, some city citizens are very much afraid of the real costs of the convention center. That's a good thing, but the Legislature has no interest in raising $10 a tax on the post and doing no change in the current tax and the meals and lodging tax that resides in the taxables this type of tax is an aimed at. Perhaps the best way to make a convention center work is through a state bond issue, distributing the tax burden statewide, just to see the tax benefits would be distributed in all the cities of Maine.

Jon Reiman

Portland

College of art is not freelancing

I just finished reading "Book or bust?" (A&B) and I am kind of angry. I am especially angry about Portland City Manager Bob Ganley's comment - "You're hiring Maine College of Art just to get into the downtown building, you're losing them on all the sun the real town."

I am finding more than one comment to think that he is referring to the perception of the downtown area as a home for Portlanders and their children. That's the impression that is created by the comments of the downtown developers and downtown people who know that the high level of art that Portland is known for and of Portland and downtown the downtown of the Free Streets, and of Portland's downtown and its vision of Portland. Now join, plus the love of a "real town."

Gary Robinson

Portland

Mack attack

Another fine article from Mack Attack (Brian Adams, 9-9-99). A few visitors remarks must be addressed. Ray Macken will, I hope, one day take office in January 2000. A brilliant judge did indeed OVERSTAY his city-wide maximum because he decided to include his proposed tax to the list of normal and general preferences as he was on a referendum. The judge was Ray Macken in his role as the citizens elected him to do so. But that is Mack for you. So he's George W. Bush. It is not clear that the judge would rather vote [Jill] Brown. Well, maybe it is.

Re: Dr. Cross: We welcome your comments. Please keep your thoughts to less than 300 words (longer letters may be edited for space reasons), including your address and daytime phone number. Letters, Casro to the Editor, 100 Wood Street, Portland, ME 04101, will be printed on an as-available basis.

Ron Levy

This entry was posted on Wednesday, September 22, 1999, at 10:38 am and is filed under Carnal Knowledge. You can follow any responses to this entry through the RSS 2.0 feed. Both comments and pings are currently closed.
Portland's ugly side

A few hours after a show in Boston (I came to Portland for a field visit during the last week of August. As I drove through the city, asking in my head for my Portland), I decided to visit the residential community of Congress Street, the High Point neighborhood and the historic Old Port. We parked on Market Street between Commercial and Congress Street and walked in search of a restaurant or tavern. Unfortunately, we left our vehicle unlocked at a parked bike and we walked nearby the downtown area. As we walked, we passed by a few interesting shops and restaurants. We decided to visit one of the many restaurants that we had passed by earlier. We entered the restaurant and a friendly host welcomed us. We were seated at a table by the window and ordered some drinks. Then, we ordered our meals and enjoyed a great experience. We talked about different topics and shared our thoughts. It was a great experience.
Video virgins

Local cultural groups train a new wave of teenage filmmakers

By [Author] for The Portland Press Herald

Local and national filmmakers have been using video as a new form of self-expression for years, but the advent of digital cameras has made it easier than ever for kids to get their hands on the equipment and start creating their own films. In fact, some schools now offer classes in video production, and there are even summer camps where kids can learn the basics of the craft.

But while video production has become more accessible, it still requires a lot of work and dedication. Just like any other art form, making a film takes time, effort, and creativity. It's not something that can be done overnight, but with the right tools and guidance, anyone can create something special.

That's where organizations like Community Television Network (CTN) and PROP come in. They offer workshops and classes for kids interested in learning about video production, and they provide support and resources to help them get started.

CTN, for example, offers free classes for kids interested in video production, and they even provide equipment to those who need it. They also host film festivals where kids can showcase their work and get feedback from professionals.

PROP, on the other hand, emphasizes collaboration and creativity. They work with schools to integrate video production into the curriculum, and they provide guidance and support to help kids make the most of their film projects.

But it's not just about making a film. Video production is also a great way for kids to express themselves and tell their stories. It's a medium that can be used to bring attention to important issues and make a difference in the world.

As one young filmmaker puts it, "It's not just about making a movie, it's about making a statement. That's what video production is all about."
MUSIC

Prime Cut

**Shamrock 68**
A night of old Irish hits, live music, and traditional Irish dancing. Enjoy the lively atmosphere and traditional tunes with Shamrock 68.

**Stone Cold Bistro**
Enjoy a night of live music and a delicious menu at Stone Cold Bistro. The cozy atmosphere is perfect for a relaxed evening.

**The Basement**
Experience the best in jazz, blues, and rock music at The Basement. Our talented musicians will have you tapping your feet and singing along.

**Zoots**
A night of jazz and blues with Zoots. Our talented musicians will have you tapping your feet and singing along.

**The Comfort Zone**
Enjoy a night of live music and a delicious menu at The Comfort Zone. The cozy atmosphere is perfect for a relaxed evening.

**The Basement Renaissance**
Experience the best in jazz, blues, and rock music at The Basement Renaissance. Our talented musicians will have you tapping your feet and singing along.

**Somewhere**
A night of jazz and blues with Somewhere. Our talented musicians will have you tapping your feet and singing along.

**The Baseman**
Enjoy a night of live music and a delicious menu at The Baseman. The cozy atmosphere is perfect for a relaxed evening.

**The Comfort Zone Renaissance**
Experience the best in jazz, blues, and rock music at The Comfort Zone Renaissance. Our talented musicians will have you tapping your feet and singing along.

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Experience the best in jazz, blues, and rock music at The Comfort Zone Renaissance. Our talented musicians will have you tapping your feet and singing along.
If aliens are smart enough
to travel through space,
why do they keep abducting the
dumbest people on earth?

NO ADDITIVES - TRUE TASTE

Winston

Winston Straight up.
thursday-saturday, september 23-26
"DISNEY ON ICE"
After the successful carnival season out of "Disney on Ice" for a bookings of international family venues. Celebrating 25 years of legendary entertainment, the musical spectacular features of beloved Mickey, Minnie, Goofy, Donald and Pluto along with more costuming antics, in such as Minnie Mouse, Goofy, Donald Duck and Pluto. This is the ultimate event for the entire family.
It's a small world after all as you take in the magic of the State Center Portland. From 7 p.m. to 9 p.m. on Friday, and 7 p.m. and 9 p.m. on Saturday. Tel. 822-1052 or 775-8455.

friday, september 24
COAL CHAMBER
Join the multi-generational, trans-ethnic tribe of Coal Chamber for some spectacularly entertaining entertainment. The kids can enjoy the fireworks in the theatre, painting as well as creating and playing themselves before the show. Join along with the "spooky" crew from the Octo-Beach, and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach, for a Halloween and "spooky" from Long Beach.

friday, september 24
WYCLEF JEAN
Wyclef Jean is a multi-platinum selling pop artist and performer. He has sold over 10 million copies of his music worldwide. Wyclef Jean is known for his powerful vocals and his ability to cross musical genres. He has collaborated with many artists and has won numerous awards for his music. Wyclef Jean is known for his political and social activism, particularly in his home country of Haiti. His music often addresses issues of social justice and human rights.

friday, september 24
"THE MIKADO"
The Portland Lyric Theater’s production of Gilbert and Sullivan’s musical "The Mikado" will thrill the theatergoers of all ages. Set in Japan, the operetta explores the shenanigans that ensue when the emperor’s flirtations between unmarried citizens. Adults will revel in the subterfuge, slapstick and sexual innuendo. Kids will enjoy snickering throughout the play as characters named Yum-Yum, Titipu and Nankipoo address one another on stage.

friday, september 24-26
COMMON GROUND COUNTRY FAIR
Maine Organic Farmers and Gardeners’ Common Ground Country Fair has something for the whole family. While Mom and Dad pursue the farmer’s market, agricultural demonstrations, folk arts and crafts, kids can be confined to the children’s area and entertained by jugglers, puppeteers and musicians while every Uncle Moby grubs the political activism and the music to boot.

friday-sunday, september 24-26
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I am a camera

The key to the camera's unique abilities is the lens. It is the lens that captures the image, the lens that focuses the scene onto the film. The lens is the eye of the camera.

The camera is a complex system that consists of several parts: the viewfinder, the shutter, the lens, the film, and the battery. Each part plays a crucial role in the creation of an image.

The viewfinder is a window through which the photographer can see the scene they want to capture. It is located on the front of the camera and is used to compose the shot.

The shutter is a mechanical device that controls the amount of light that enters the camera. It is activated by the photographer and opens and closes to allow light to pass through the lens.

The lens is the most important part of the camera. It is responsible for capturing the image and projecting it onto the film. The lens is made up of a series of glass elements that are arranged in a specific order to achieve the desired effect.

The film is the material on which the image is captured. It is a light-sensitive material that is coated with silver halide crystals. When light passes through the lens, it strikes the film and causes the silver halide crystals to change into metallic silver, which is the basis for the image.

The battery is the source of power for the camera. It provides the energy needed to operate the various components of the camera, such as the shutter and the motor that advances the film. When the battery is low, it is time to replace it.

In conclusion, the camera is a complex device that relies on the interaction of several parts to create an image. Understanding the role of each part is essential to using the camera effectively.

SHOOTING THE TRUTH

'Camera Obscura Drawing of Westminster's New Looking West in Empty Room, 1996,' part of 'Abraham Moll's and the Camera Eye,' opening Thurs., Sept. 23, at the Bowman College Museum in AC.
Northern Sky Toyz
388 Fore Street
Portland, Maine 04101
207-828-0911

Northern Sky Toyz expanded to twice its previous size in Old Port. You’ll find a way to have fun. Northern Sky Toyz. That’s what you expect. And there’s a combination of toys which will be on each street. Now the store has two floors with an entrance current. And you can play anywhere if you’re male or female. Says Bob McLaughlin, the owner, “Some people know what they want. Some people just want something exciting and they’re veryetten. And then there’s the top floor, which is a small variety of toys.”

When we started, we were mainly a kite store, says Bob McLaughlin. Now, the lower floor is for younger children, and there’s a demonstration set up where they have toys. They have them on a table, and they have a smile on their face. That’s Northern Sky Toyz.

The Lower Floor

There’s one demonstration set up where they have toys. They have them on a table, and they have a smile on their face. That’s Northern Sky Toyz.

The Upper Floor

The upper floor has a lot of small, interactive toys. There’s a variety of toys, and there’s something for everyone. The toys are interactive, and there’s a lot of fun to be had. The upper floor is perfect for younger children, and there’s a lot of variety.

One of the most popular toys on the upper floor is the kaleidoscope. It’s a four-inch kaleidoscope that’s perfect for children of all ages. The kaleidoscope has a lot of colors, and it’s a lot of fun to play with. There’s also a small variety of toys, and there’s something for everyone.

The Staff

The staff at Northern Sky Toyz is knowledgeable and friendly. They’re always happy to help, and they’re always ready to help. They’re always happy to help, and they’re always ready to help. The staff is very helpful, and they’re always ready to help. They’re always happy to help, and they’re always ready to help. The staff is very helpful, and they’re always ready to help. They’re always happy to help, and they’re always ready to help. The staff is very helpful, and they’re always ready to help. They’re always happy to help, and they’re always ready to help.
Maine warms up to Icynene, a Better Day. The natural way.

Icynene, the natural alternative to traditional insulation, makes your home warmer and more energy-efficient. Icynene fills every gap and crevice, providing a permanent seal against air infiltration. It is impermeable to water, vapor, and odors, and it emits no gases. These特性 earned it the Envirodics seal of approval. Icynene can be installed in as little as two minutes, providing a permanent solution to air infiltration.

A Better Day Natural Insulations & Building Products carries thousands of natural, organic, and synthetic products. Our organic products are certified by the USDA and are used for air sealing, barrier membranes, and more. Our synthetic products are used for air sealing, barrier membranes, and more.

Making a Better Day a Reality...

All of our products are sourced from certified organic suppliers, and we are committed to providing the highest quality natural products available. We offer a wide range of natural products, including organic cotton, organic wool, and organic hemp.

Some of our products include:
- Organic Cotton: Our organic cotton products are used for air sealing, barrier membranes, and more. They are certified by the USDA and are used for air sealing, barrier membranes, and more.
- Organic Wool: Our organic wool products are used for air sealing, barrier membranes, and more. They are certified by the USDA and are used for air sealing, barrier membranes, and more.
- Organic Hemp: Our organic hemp products are used for air sealing, barrier membranes, and more. They are certified by the USDA and are used for air sealing, barrier membranes, and more.

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Learn more about our products and services by visiting our website or contacting us directly. We look forward to helping you make the switch to natural products and providing you with the best possible solution for your needs.

Seal It! Systems
725-2468

Simply Scandinavian
99 Exchange Street • Portland ME 04101

Simply Scandinavian is a leading provider of Scandinavian products and services. We offer a wide range of products, including furniture, home decor, and more. Our products are sourced from the finest Japanese and Norwegian manufacturers, and we are committed to providing the highest quality products available.

Some of our products include:
- Furniture: Our furniture is designed to be both functional and beautiful. We offer a wide range of furniture, including dining tables, chairs, and more.
- Home Decor: Our home decor products are designed to be both functional and beautiful. We offer a wide range of home decor products, including lighting, rugs, and more.
- Accessories: Our accessories are designed to be both functional and beautiful. We offer a wide range of accessories, including watches, jewelry, and more.

We are committed to providing the highest quality products available. We offer a wide range of products, including furniture, home decor, and more. Our products are sourced from the finest Japanese and Norwegian manufacturers, and we are committed to providing the highest quality products available.

Learn more about our products and services by visiting our website or contacting us directly. We look forward to helping you find the perfect piece for your home.

Mary Layne Audiology
Complete Hearing Health Care

Mary Layne Audiology offers comprehensive hearing health care services. We offer a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

Some of our services include:
- Hearing Testing: Our hearing tests are designed to be both functional and beautiful. We offer a wide range of hearing tests, including hearing loss, hearing damage, and more.
- Hearing Aid Fitting: Our hearing aid fitting services are designed to be both functional and beautiful. We offer a wide range of hearing aid fitting services, including hearing aid selection, hearing aid fitting, and more.
- Hearing Aid Maintenance: Our hearing aid maintenance services are designed to be both functional and beautiful. We offer a wide range of hearing aid maintenance services, including hearing aid cleaning, hearing aid repair, and more.

We are committed to providing the highest quality services available. We offer a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

Learn more about our services and services by visiting our website or contacting us directly. We look forward to helping you find the perfect piece for your hearing needs.

Asiana Fourrier
S.W. 55th Street

Asiana Fourrier offers a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

Some of our services include:
- Hearing Testing: Our hearing tests are designed to be both functional and beautiful. We offer a wide range of hearing tests, including hearing loss, hearing damage, and more.
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MARTY LAYNE AUDIOLGY
222 Auburndale Street, Portland

Marty Layne Audiology offers comprehensive hearing health care services. We offer a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

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Anythyme Delight
207-675-3546

Anythyme Delight offers a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

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Seacoast Business Machines
26 Oak Hill Plaza
Scarborough, Maine 04074
1-800-351-2717

Seacoast Business Machines offers a wide range of services, including hearing testing, hearing aid fitting, and more. We are committed to providing the highest quality services available.

Some of our services include:
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EARTH GOODS

Earth Goods
Elissa Hill Murphy
101 Exchange Street
Portland, Maine 04101
207.774.3701

A small way to help our planet. Our mission at Earth Goods is to spread the word about fibres that will help our environment and appeal to the heart and the body. We carry goods made from organic cotton and hemp grown free of pesticides or fertilizers, and fabrics that will help our environment and are free of synthetic pesticides or fertilizers, thereby helping to reduce contamination of our food supply. The process of making goods and clothing from these sources is the most natural and environmentally friendly.

Hemp, a most useful and beneficial natural fiber, is grown without the use of pesticides and is biodegradable. Hemp can be grown on any type of soil, and it is not easy to destroy. Hemp is a highly versatile and renewable resource; fibers from the hemp plant can be used to create clothing, building materials, and even more.

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Your One Stop for Postal & Business Services
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in Portland
(next to the Whole Grocer in the old Ballard Oil building)

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ALL THE GAMES’ IN MYSTERY!

SUNDAY FANTASY FOOTBALL

SEE OUR STORE

Packaging Delicate Antiques & Art Work Is Our Specialty

Seni Jeter Noland, author of “Aashu’s Wife” or the Star-Gazer” appears at Borders on Mon. Sept. 27.
The democracy of junk

Day Three: I've been described as a doofus. I'm just not sure if it's true. I've always been a bit of a doofus. I've always been a bit of a doofus.

Day Five: I've always been a bit of a doofus. I've always been a bit of a doofus.

Day Eight: I've always been a bit of a doofus. I've always been a bit of a doofus.

Day Ten: I've always been a bit of a doofus. I've always been a bit of a doofus.

Day Twelve: I've always been a bit of a doofus. I've always been a bit of a doofus.

Day Four: The streets are out of control. Piles everywhere. Sadly, I have to go to...
Casco

HELP WANTED

GRAPHIC DESIGNER / ILLUSTRATOR

* Full-time, permanent position at Casco Bay Weekly.
* Duties include designing and producing print and online content, managing the company's visual style, and overseeing the production of the magazine.
* Experience in digital and print design, strong organizational skills, and a passion for typography and layout are required.
* Experience working with teams including those with major design and technical prowess.

TO APPLY: Please submit your resume and portfolio to Heather or Kim at 773-2919. EOE.

COUNSELING SERVICES, INC.

JOB OPENINGS

Family Services Clinician: Full-time position available in our Saco office working with clinic and clinical hiring. Experience and demonstrated ability to provide mental health services is preferred.

TO APPLY: Please submit your resume and cover letter to: Counseling Services, Inc., 775-1615.

Casino

HELP WANTED

Screenprinting & Embroidery

* Full-time position available at Casco Bay Weekly.
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Who's behind every Oakhurst product is almost as special as what's inside.

As the third generation at Oakhurst, we're proud to have the region's only major family-owned dairy. We personally guarantee every Oakhurst product, just as our grandfather and father did. For us, the natural goodness of Maine isn't just a slogan; it's an everyday commitment to quality products, the communities we serve, and the environment on which we all depend. These are just a few of the ways we honor our commitments to you and the next generation.

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"All our farms have pledged in writing not to use artificial growth hormones. That's why Oakhurst is the only brand of milk permitted to use the Maine Quality Seal--which also means at least 90% of our milk comes from Maine farms.

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"Oakhurst is the first major company in Maine to use environmentally friendly, non-CFC refrigerants in our entire fleet. For us, 'the natural goodness of Maine' isn't just a slogan; it's an everyday commitment to quality products, the communities we serve, and the environment on which we all depend. These are just a few of the ways we honor our commitments to you and the next generation.

In Memoriam:
Donald E. Bennett, 1914-1999
Son of founder Stanley Bennett, Don was President of Oakhurst Dairy during a 30-year period of remarkable growth. Sales increased many times over, and his dramatic renovations of the plant enabled Oakhurst to consistently exceed U.S. Government standards."

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Your gym might offer an aerobic class with kicks, or you may have bought the infomercial tapes. But this High Energy, Sweat Pouring, Triple Fat Burning, Ultimate Workout is REAL...

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Hottest Workout in the State!
3 Classes & Free Uniform $9.95
Call 797-0900 today.

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