"If you go out with a doubt on your mind, you got the possibilities against you," says Robert Clark. "I still got things to live for."

The mentally handicapped are learning to live ON THEIR OWN.

Instead of locking people away in institutions, there has been an effort to place people in community residences and to provide them with the skills to be as independent and productive as they want to be. For some, this de-institutionalization has been disastrous. They walk the streets of Portland every day, lost and confused amidst Portland's growing homeless population.

But for another 300 Portlanders community placement means their own rooms in group homes, where they can live in a family-like setting. And about 35 of those have stepped out entirely - and are living on their own.

CONTINUED on page 6

Cover story by Greg Kesich
Photos by Tonee Harbert

Alvina McLean likes to window-shop. Steven Daniels prefers to watch the soaps. Robert Clark passes the time by talking on the telephone. When they are not relaxing, they go to work to pay the rent.

Two decades ago, these three adults would have been forced to spend their lives in the grim wards of state hospitals. Today they are among the three dozen or so Portland residents with mental retardation and developmental disabilities who are living on their own.

Since 1978 there has been a revolution in the kind of care that the State of Maine provides for the mentally handicapped.

Updated on page 2.

Racing pigs.
See page 4.

Mad Horse "Spouts."
See page 9.

YYNEX strike.
See page 2.

NYNEX strike.
See page 2.

NYNEX strike.
See page 2.
Lobstermen crawl to market

Carson Bay lobstermen hoped about a public relations move to help sell their lobsters on the East Coast. They are hoping that a "Seafood Road Show" might help them sell their lobsters from the New England region.

As they do to trips for the last few years, the lobstermen are planning to sell their lobsters to the Northeast region. They are hoping that a "Seafood Road Show" might help them sell their lobsters from the New England region.

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A conversation with Matthew Harmon

Matthew Harmon went to the Cumberland Fair to race his pig. Out of four pigs, his placed fourth. But it was a while before there was any buzz in Cumberland, where Matt and his pig live.

What does it say on your jacket? Winter, That's the right term.

What's your pig's name? Rocky. It's a naming pig.

How did the race go tonight? Not very well. He did not run in the place that he usually does, but Matt just doesn't want to do it. He's anxious about the area with all these people around.

Is this your first pig? No, he's had four. I've been raising pigs for seven years.

Do you live on a farm? Well sort of, we have a lot of pigs on our house. This year I have three hogs. One is a racing pig, one is a show pig and one is a market hog.

How do you raise a pig? Matt says all you have to know what you're doing. You have to go to the grain store and buy pig pellets. You have to grow things, they'll grow through about a hundred pounds of grain a week.

Do pigs like mud? Yeah, they do. They roll in the mud and roll in the mud. This summer when I was really busy and hot, Rocky would roll to keep cool and sit in the mud. So I had to keep rolling his mud.

Will Rocky be slaughtered? Yeah, in about six, seven months.

Time magazine has never said anything, but he uses someday in shipping and shows the market side.

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TALK

by Tania Nielson

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Irish Folk Legend
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Wake up Portland! This is a don't miss show!

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Oct. 21 – Ajay & Pepsi Young
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Ticket Info. 773-6000 • Entertainment Hotline 775-2494

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Lace

Breeze in for a growing Selection of Lingerie

Tennis of Maine

615 Forest Ave., Portland, ME 04103-2493

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CBW:

CASCO BAY WEEKLY
Volume 2, Number 30

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CASCO BAY WEEKLY's Guarantee
A Guarantee that applies only to the WHEELS and STUFF FOR SALE categories. To continue your ad, you must notify us by Monday noon of the fourth week. Missing this deadline voids the guarantee. Ads are limited to 30 words. No refunds. This guarantee is not applicable to businesses which derive regular income from the sale of items in these categories.

Switching to Compact Discs?

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A.A.N.

by Tania Nielson

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LACE

Some things never go out of style.
Steven Daniels: "I know it's a risk to live alone, but to me it's life."

CONTINUED from page one

Steven Daniels, Alvina McLean and Robert Clark are just three of the more than 30 Mentally Handicapped adults served by Pinedale in Portland who maintain their own homes according to their own standards. They hold down regular jobs. They have maintained their own homes according to their own standards. They hold down regular jobs. They have our own homes, "they say. "I moved into my own apartment two years ago. When their landlord told them they had to move. Steven thinks the landlord wanted to get rid of him because he was afraid of Steven's apartment. Steven moved into his own apartment, then got an apartment with his brother to round out his possessions. "I worked at the station for a couple of weeks. They had no folding, hand towels and sheets. It didn't look long because I didn't have the coordination that you need, and I wasn't that good at it."

Like many people, Steven finds making money easier than managing it. "One thing you've never to do in this line of work is my money. So says "The years had taught him over to MDHC (Maine Reh­" housing, the major independent life-support program in the region and work out a budget for the week. Steven lived with his parents until they passed away. Steven and Alvina McLean both have with his brother to entered the group home system, and then got an apartment with roommates two years ago. When their landlord told them they had to move. Steven thinks the landlord wanted to get rid of him because he was afraid of Steven's apartment. Steven moved into his own apartment, then got an apartment with his brother to round out his possessions. "I worked at the station for a couple of weeks. They had no folding, hand towels and sheets. It didn't look long because I didn't have the coordination that you need, and I wasn't that good at it."

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Every Wednesday Night is Ladies Night at the Red Light Revue - Ladies Admitted Free!

Mad Horse Theatre looks at homelessness in Portland's production "Squats".

When Actors' Director Michael Rafkin decided why Mad Horse Theatre doesn't light up, he pulled the plug on the "Squats" network.

Rafkin strongly says he feels that American society is a failure. "Where else but in this country, where else but in this city can one play where children commit to violence, drugs, and murder," Rafkin says. "This is the city where one can play where children commit to violence, drugs, and murder." Rafkin has always been a critic of homelessness and says he feels that Americans are not doing enough to help those in need.

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THE CASCO BAY WEEKLY CALENDAR: 10 DAYS AND MORE WAYS TO BE INFORMED, GET INVOLVED AND STAY AMUSED.

THE CASCO BAY WEEKLY CALENDAR: 10 DAYS AND MORE WAYS TO BE INFORMED, GET INVOLVED AND STAY AMUSED.
Casco Bay Weekly and Just Black & White present

A competition seeking contemporary black and white photography about modern life in Southern Maine.

CRITERIA
The judges will be looking for pictures that have something to say. Technical quality is important, but among equally excellent photographs the one with the strongest message will be chosen. Pictures that depict modern life in Southern Maine will do better than cliché shots of sailsboats, lighthouses, barns and such.

JUDGES
A panel of three judges will choose the winners. The judges are Bill Curtsinger, a Portland-based freelance photographer and regular contributor to National Geographic Magazine; Betsy Evans, founder of Portland's only photo gallery, the Evans Gallery on Pleasant Street; and Rose Marasco, photographer and photo instructor at University of Southern Maine. The decisions of the judges are final.

ELIGIBILITY
Anyone may enter except employees of Casco Bay Weekly and Just Black & White. Professional photographers may enter "personal work"—work which has not been made on assignment. Photos entered may not have been published elsewhere prior to this competition and photographers must be able to grant one-time publication rights to Casco Bay Weekly in order for their entry(s) to be eligible.

DEADLINE
Entries must be at Just Black and White, 54 York St., by 5 p.m. Wednesday, November 1.

ENTRIES
Entries may be any size up to 11x14" and must be mounted on 11x14 mat board. No oversized, undersized, or framed will be accepted. There is no entry fee, but entrants must limit themselves to two entries. The entrant's name, address, and phone number as well as the title of the work (if any) must appear on the back of the mounting board. (Any identification on the front of the board will disqualify the entry.)

Photographs not selected may be picked up at Just Black & White until the end of December, 1989. Although care will be taken with all entries, neither Casco Bay Weekly nor Just Black & White will be responsible for loss or damage of any entry.

AWARDS
Three winners will be chosen. The winning photos will be published in the November 22 issue of Casco Bay Weekly and will be on display at Just Black & White through the end of the year. Each winning photographer will receive $50 in processing from Just Black & White and $50 in cash.

QUESTIONS? Call Just Black & White at 761-5861
DEADLINE: Wednesday, November 1.