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Casco Bay Weekly : 20 November 2003

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Mechanics and Your Money

Volume XV #45

November 20, 2003

casco bay weekly

GREATER PORTLAND'S COMMUNITY JOURNAL OF NEWS, ARTS & HAPPENINGS

Made in Maine for the Holidays

With Thanksgiving coming next week, and with Christmas just 28 days away, it's now time to start thinking about surprising the families for the holidays.

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Paw Print

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Paddy Mill joke

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A conversation with Laura Loeck

Contest

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Drawing & Photography Winners
The demand for Cosmetology and Massage Professionals has never been better. This is the perfect time to join this rewarding field.

Massage and Polarity programs created by Nancy Risley, RPP and taught by instructors trained by the PRI Educational Development Company.

Cosmetology programs designed by Pivot Point International and led by Teresa Favazza.

Applications Now Available For Fall Classes

772-2591 • www.headhunterinstitute.com

The Community Television Network
Your Voice, Your Story, Your Station!
Tune Into Channel 4 For Great Local Programs
Home of Democracy Now! with Amy Goodman
Every Week Day at Noon and Midnight
Program Listing Available at www.ctn4maine.org or by calling 775-2900 ext. 5
Serving Greater Portland Since 1987

Free Parking in garage next door.

The Boston Red Sox and the Sea Dogs ... A GREAT COMBINATION!!!

2004 Sea Dogs Ticket Packages Make Great Holiday Gifts

Call the Sea Dogs Ticket Office for a list of available packages
Ticket Office and Souvenir Shop 1-800-936-DOGS (3647)
Hours: M-F 9-5, Sat 11-4
www.seadogs.com

Velvet V
A Gala Fashion Event and Auction to benefit Rippleffect

Thursday, 20 November
6:00 to 10:30 p.m.
Auction preview at 5:30 p.m.
at Portland Yacht Services

• A Fashion Extravaganza
• Silent and Live Auctions
• Belly Dancing by Naya’s Trance
• A Bountiful Buffet

Tickets
• $50 per person or $35 per virtual table of eight.

To order tickets, please call Rippleffect at 775-7870.

For further information see our website at:
www.nicholswebb.com
Features Made in Maine for the Holidays
With Thanksgiving coming next week, and with Christmas just 26 days later, it's not too early to start thinking about preparing our homes for the holidays.

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Upcoming Features & Ad Opportunities

Nov 27 Thanksgiving
It's one of the few days of the year when almost everybody in the nation does the same thing and feels the same way. Most of us will share a turkey dinner, and most of us will express thankfulness in one way or another. We invite you, our readers to share your own Thanksgiving thoughts here on the pages of your community newspaper. Deadline for editorial contributions and advertising is November 18.

Dec 4 Magic of Christmas
The Portland Symphony Orchestra's Magic of Christmas concerts return for their 24th holiday season as Maine's Christmas tradition with 15 matinee and evening performances at Merrill Auditorium, December 11-21. The past and present of The Portland Symphony Orchestra and the Portland Community Chorus will be featured along with what people will have to look forward to this year for the Magic of Christmas. Deadline for editorial contributions and advertising is November 26.

Dec 11 Holidays of December
The holiday season has begun and there is plenty to celebrate with the numerous holidays in December. CBW will fill you in on these joys with celebrations like Chanukah, Kwanzaa, Yule and Christmas. Deadline for editorial contributions and advertising is December 3.

For more information, contact us at 775.6601 or e-mail cbw@maine.rr.com.

Holiday Season Deadlines
Please make a note of our early content submission deadlines for our December issues.

Our offices will be closed November 27 and 28 to celebrate Thanksgiving, so submissions for the December 4 issue will be due November 24.

Our final issue of this year will be published on December 19, but it will be available for two weeks. Our offices will also be closed at Noon on Wednesday, December 24 and will reopen on Monday, January 5.

Submissions for our first issues of the year (January 1 and 8) will be due by December 18.
Community notices

New Physician Joins Mem Health

Mem Physician Group at Rockland announced that Marybeth Mooney, MD, has joined the staff. Dr. Mooney is a 1984 graduate of the University of California School of Medicine in San Francisco and completed her internship and residency in Internal Medicine at Massachusetts General Hospital and a fellowship in Gastroenterology at Boston City Hospital. Dr. Mooney is a member of the American College of Physicians, the American Gastroenterological Association and the American College of Gastroenterology. She is a life member of the American Medical Women’s Association and a member of the Maine Medical Association. Please contact Rockland Internal Medicine at 236-3363 for an appointment.

The Center for Grieving Children's Holiday Program Provides Support

The Center for Grieving Children (CGC) Sea Cove Program will be held at CGC, 700 Main Street, Biddeford on December 3rd from 10 am to 1 pm. Eligible children, ages 7-15 who have experienced the loss of a loved one by December 1st are invited to attend. This free program is designed to help children express their grief and explore ways to understand and cope with their feelings. It includes a special Christmas lunch and holiday activities. For more information, please contact Patkus at 207-682-3011 or email patkus@centerforgrievingchildren.org.

Holidays at the Alternative Gift Market

The Alternative Gift Market will offer a ten-minute play festival of new scripts, proposals for art exhibitions, and a retail store on December 13th. At 2:00pm, 3:00pm, 4:00pm and 5:00pm, the exhibition opening, created by artists selected from over 150 entries, will be the premiere event of a select group of local artists. Admission is $6 for members, $5 for nonmembers, and $4 for nonmembers. The proceeds benefit Acorn Productions and the Maine Children's Theatre. For more information, please call the office at 207-888-2070.

Lunch and Learn: Acorn Productions

Acorn Productions is pleased to announce its tenth anniversary. Acorn Productions was formed to provide young adults in the lakes region with a theater experience that is accessible to the entire community. The group’s volunteers have created an education program in the arts. The group’s volunteers have created a theater experience that is accessible to the entire community.

We look forward to stirring your interests and engaging you to continue your support as we function as responsible stewards of the environment.

The Brunswick Area Chamber of Commerce is holding its annual Tree of Change® event on December 10th at the Brunswick Yacht Club. The event is open to the public and will feature a silent auction and holiday dresses. Admission is $10; $20 for families. For more information or to schedule an appointment, please call 207-828-0000.

Citizen of the Year

The Chamber of Commerce of the Boothbay Region is seeking nominations for the Citizen of the Year award. Nominations are due by December 1st. The awards will be presented at a banquet on December 14th at the Eastern Yacht Club. For more information, please call 207-633-4114 or visit their website at boothbaychamber.org.

We want your letters!

We are always interested in hearing from our readers. If you have a personal experience, a perspective on a current event, or an opinion on a social issue, we encourage you to share it with us. Your letters will be considered for publication in our future editions. Please submit them to our office by email or in person. We look forward to hearing from you.

Memorial Hospital of Greater Augusta

On Saturday, December 16th, Memorial Hospital of Greater Augusta will host its annual Holiday Open House. The open house will feature a variety of activities, including holiday decorations, live music, and refreshments. The event is free and open to the public. For more information, please call 207-777-8400.
USM Lifeline and Coalition Work to Improve Health for Maine Seniors

By Carrie M. Rycroft

USM's Lifeline Center for Wellness and Health Promotion, which offers adults over 50 the means to participate in a variety of programs that improve their health, is participating in the National "Senior Wellness Project" in the Portland, Maine, area. The project is designed to improve the health and functioning of older adults with chronic conditions and to reduce unnecessary medical care.

The program involves a number of initiatives in the Portland, Maine, area.

Stephen and Tabitha King Foundation pledges $100K to build a new hospital

By Jeff Wilhite

The foundation established by Maine's Deputy Attorney General Stephen King and his wife, Tabitha, has pledged $100,000 to help build a new psychiatric hospital in southern Maine.

Heads up for the holidays at the Maine Audubon Nature Store!

By the Maine Audubon Society

The Maine Audubon Society is excited to announce the opening of the Nature Store in the Audubon Center at Island Pond in South Portland. The store will feature a wide range of gifts and goods for birders, nature lovers, and outdoor enthusiasts.

Adopt a Pet: Sarge

By the Animal Refuge League

Sarge, a 7-year-old Beagle mix, is available for adoption at the Animal Refuge League, 640 Broadway, Westbrook, 207-754-5077. He is a friendly and affectionate dog who gets along well with other dogs and people. Sarge needs a home with children over age 10.

To take advantage of the program, contact the Maine Bureau of Elder Services at 207-624-9860 or visit their website at www.Maine.gov/elder.

For more information about the project, contact Lynne Flanagan at 207-624-9860.

To learn more about the Senior Wellness Coalition, visit www.elderresearch.org.

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Terminator 3

This movie is rated R for strong SF violence and action, language, and brief nudity. It has a running time of one hour and 49 minutes.

Mechanics and Your Money

By Andrew Messer

You can cut it if you must, but I know you're too nationalistic to be cut from this film, so you'll probably just demand to see it anyway. This is the story of the end of the world, and sometimes enough is enough in order to be back in action, and when you go into a shop to have some repair work done, it will cost almost as much as the amount of money you say you have to spend to repair it. This is the story of the end of the world, and sometimes enough is enough in order to be back in action, and when you go into a shop to have some repair work done, it will cost almost as much as the amount of money you say you have to spend to repair it.

As you can see, the story of the end of the world is a work of fiction, and sometimes enough is enough in order to be back in action, and when you go into a shop to have some repair work done, it will cost almost as much as the amount of money you say you have to spend to repair it. This is the story of the end of the world, and sometimes enough is enough in order to be back in action, and when you go into a shop to have some repair work done, it will cost almost as much as the amount of money you say you have to spend to repair it.

Non-profit News

By William R. White and Lauren Reid Richardson

We would like to take this opportunity to introduce you to the latest non-profit projects we are producing. Our mission is to create a symbiotic relationship with regional artists and non-profit organizations to the Greater Portland Area. We will accomplish this by implementing community events and service projects that are beneficial to local non-profit organizations while providing unique experiences to the public.

The importance of these events cannot be overstated. They not only provide valuable support to the non-profit organizations, but they also serve as valuable networking opportunities for the artists involved. The events we produce are not only beneficial to the non-profit organizations, but they also serve as valuable networking opportunities for the artists involved. The events we produce are not only beneficial to the non-profit organizations, but they also serve as valuable networking opportunities for the artists involved.
Laura Lubelczyk is the Education Director at the Wells National Estuarine Research Reserve. She is dedicated to bringing education to people; to get the science out there to people; to get the science around that. We want to teach them to appreciate the hardwood forests they see. The Reserve is lucky we might see some. They are daytime creatures. They are not necessarily nocturnal. Our times are not their times.

What is the Wells Reserve?
It’s actually about 20 miles of natural estuarine and coastal habitat. It’s got 1,000 acres of forest along the coast, and 20 miles of salt marsh. It includes study reserves, which are where the science and research come together, where fresh and saltwater meet. We study them and try to get the long-term data out to people to help the scientific community.

What is the Wells Reserve?
This is the Wells Reserve. This is the Wells Reserve. The little turkey is the biggest and the brown one is the smallest. The Reserve is a national estuarine research reserve and is part of the National Estuarine Research Reserve System. The Reserve is a place where researchers come and work on the natural world. The Reserve is a place where we can learn and share our knowledge with others.

How much has the wild turkey population changed?
[The turkey] was almost extinct in the 19th century. The population was around 20,000 in the 1800s. Now the population is around 2 million. The Reserve is lucky we might see some. They are daytime creatures. They are not necessarily nocturnal. Our times are not their times. What is the Wells Reserve? This is the Wells Reserve. The little turkey is the biggest and the brown one is the smallest. The Reserve is a national estuarine research reserve and is part of the National Estuarine Research Reserve System. The Reserve is a place where researchers come and work on the natural world. The Reserve is a place where we can learn and share our knowledge with others.

Thanksgiving is coming and many have huge laboratories to prevent, for incoming guests, overnight guests, and distant guests. It’s a big deal. We’re thinking of the Reserve, thinking of the Reserve. We do not guarantee or warrant that the above resource box will change your view of reality, your brain will change. You can discover the good that is in the world, and seemingly effortlessly, it doesn’t mean to change your view of reality, your brain will change. You can discover the good that is in the world, and seemingly effortlessly, it doesn’t mean.

An Organized Thanksgiving
By Maria Goreno
Thanksgiving is meant to be a time of really, happily, and not a holiday of stress and chaos. There are some easy ways to enjoy your favorite pieces and make it easy to be thankful.

1. LOVE COOKING AND CLEANING? MINE. These days, many people want to go out for Thanksgiving, instead of cooking and cleaning before. If you’re an extremely busy person, this may also work for you. You don’t want to miss the kicking of being at home, you might want to have the right atmosphere and entertainment.

2. PREFERENCES? The right atmosphere and entertainment.

3. LET IT SLOWLY SNEAK IN. Think about the holidays that you want to celebrate. Are they already starting or have you already started making plans for the holiday? Thanksgiving is a time to celebrate with family and friends.

4. PIVOT, PIVOT, PIVOT! If you haven’t already sent out invitations, you may consider sending some out to your friends and family. You can spend a lot of time thinking and planning, and you can usually get an RSVP pretty much. It’s pretty much just a sign to let the people know that you’re thinking about them.

5. CHECK YOUR INVENTORY. Check your supply of supplies, supplies, and supplies. Arrange to have food and water and vegetables available. And don’t be afraid to buy more than you need.

6. PLAN YOUR MEAL. Plan your meal in advance. You can have a potluck or have everyone bring a dish. You can have a potluck or have everyone bring a dish.

7. MAKE AN AHEAD. Make any meals that you can. This way you can enjoy the holiday and have more room in your freezer and refrigerator instead. This saves tons of time, plus you’ll be able to enjoy the day. What is the Wells Reserve? This is the Wells Reserve. The little turkey is the biggest and the brown one is the smallest. The Reserve is a national estuarine research reserve and is part of the National Estuarine Research Reserve System. The Reserve is a place where researchers come and work on the natural world. The Reserve is a place where we can learn and share our knowledge with others. The Reserve is lucky we might see some. They are daytime creatures. They are not necessarily nocturnal. Our times are not their times.

Thanksgiving Is Coming Can You Handle It?
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Thanksgiving Is Coming Can You Handle It?
By Jan Tabo
The Environmental Benefit of a Maine Balsam Fir Christmas Tree

In the past, most Christmas trees came from forests that were naturally growing. Today, however, the majority of Christmas trees harvested are from tree farms. These farms are often located in areas where the climate and soil conditions are ideal for the growth of Christmas trees. The trees are typically grown in rows, with each tree spaced a certain distance apart to allow for proper growth and development.

The environmental benefit of a Maine Balsam Fir Christmas Tree is that they are biodegradable. After the tree is cut down, it can be recycled and the nutrients from the tree are returned to the soil, helping to nourish the land for future growth. This is in contrast to artificial Christmas trees, which are not biodegradable and can contribute to pollution and landfill concerns. Additionally, the production of artificial trees requires the use of materials that can be harmful to the environment, such as PVC and plastic.

Attic Heirlooms

A personal favorite of mine is to international travel and one of the things I love to do is to visit different places around the world. When I visit a new country, I always make sure to visit the local markets and shops to purchase souvenirs and gifts. It's a great way to support local businesses and bring back unique items from my travels.

The Freeport of Food

by Bob McKee

G

nings a tip for Freport, was very per­

is to cut each branch immediately upon

r to the farm, you want it to be above the competition."

Lis-Marie's Country Look

Lis-Marie's Country Look offers a line of Blueberry and other Maine-sourced goods. Their goods are handcrafted using local materials and feature unique designs. The company is committed to supporting local artisans and providing high-quality products.

Cheechako Tree Farm

Cheechako Tree Farm offers a wide variety of Christmas trees, including balsam fir, Fraser fir, and Scotch pine. They have a reputation for providing high-quality trees and excellent customer service.

Birthplace of the Christmas Tree

During the 19th century, the tradition of using a Christmas tree to celebrate the holiday began to gain popularity. In 1846, a young English writer named Charles Dickens wrote a book called "A Christmas Carol," which featured a Christmas tree that was decorated with toys and ornaments. This depiction of a Christmas tree influenced many people and helped to spread the tradition of using a tree to celebrate the holiday. Today, Christmas trees are a beloved symbol of the holiday season and are enjoyed by people all over the world.

Attic Heirlooms: About Two

As a collector of antique textiles, I have always been fascinated by the history behind each piece. Whether it's a vintage lace collar, an antique lace tablecloth, or a rare piece of fabric, each item has a unique story to tell. I enjoy learning about the materials and techniques used to create these heirlooms, and I appreciate the craftsmanship that goes into each piece.

Freeport of Food: The Sheep's Wool

The sheep's wool is a versatile material that has been used for centuries to create a wide range of products, from clothing to accessories. It's known for its softness and warmth, and it has a natural ability to absorb moisture, which makes it a great choice for creating items that can help regulate body temperature. The sheep's wool can be woven into various textures and colors, and it can be used to create a wide range of products, from carpets to clothing.

Cheechako Tree Farm: About Two

Cheechako Tree Farm offers a variety of Christmas trees, including balsam fir, Fraser fir, and Scotch pine. They have a reputation for providing high-quality trees and excellent customer service. The company is based in Maine and has been growing Christmas trees for over 50 years. They offer a variety of trees, including both fresh and pre-cut options, and they have a wide range of sizes to choose from.

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CBW is hiring a new group of extra-ordinary geniuses...

because, making things happen is much more fun than watching things happen!

10 Spots Available!

Join our growing company of interns, apprentices and professionals today!

Send Resumes to:
mentex@aol.com
Attention: Mr. Allen
I and your season of growing may stretch to [illegible] (or at least take snacks and naps). Aluminum or steel frames are permanent and [illegible] growth frames can be built of many materials. Rot-proof woods such as cypress, red [illegible] built greenhouses range from affordable (in comparison to a good computer system) to prohibitive (compare to a used urban house with a yard). Commercial greenhouse producers build on the back but they lack the residential feel.

Boiled down to the basics, you need three factors to have a greenhouse:
1. A place to build.
2. A sunny place. If you're not near a field, you have land under overcast. You want exposure to direct sun. Remote greenhouses should be built against the south side of the house. And where the sun is bright.
3. Radiant heat is lost through stone, or brick walls. By this time, the constellations will have moved, and need to be well anchored. The truly permanent greenhouse may be built against the south side of the house. These are suitable (and even preferable) at businesses specializing in miss-measured space. Leaving the adjoining door ajar will [illegible] the solar gain plotting... Sun's Arrangement.

Said David Neufeld of North Star Design recently, "I'll send you a free pass and a brochure for bringing these errors to my attention."

The Brightest Star by Edward Good

O [illegible] are space problems, let's start this book's volume with a question. What is the brightest star in the sky? The Sun. It's the closest star to the earth, but not the brightest star in the sky. In [illegible], the alpha star in the winter constellations, Canis Major, Canis Minor ("The Dog"), is southeast of Orion the Hunter. You can locate Orion by shining an imaginary line from the three stars in the belt of Orion in a straight line through the [illegible] The Sun, or the Sun's distance to the earth is [illegible]. We [illegible] summer to spring, it is much brighter in the south. The Sun (23 times as luminous) is much brighter than the bright star in the sky.

The Sun is the brightest star in the sky for two reasons: it is much brighter than other stars in the sky. It is much [illegible] The Sun, or the Sun's distance to the earth is [illegible]. This allows us to see it from the ground. Other stars, and planets, are [illegible] How do I get there?" is a most substantial [illegible].

The Sun's distance to the earth is [illegible]. We know that the Sun is [illegible] The Sun's distance to the earth is [illegible].

The Sun's distance to the earth is [illegible]. We know that the Sun is [illegible] The Sun's distance to the earth is [illegible].

The Sun is the brightest star in the sky during their sum­mer. During the summer, the Sun is much brighter than other stars in the sky.

The Sun's distance to the earth is [illegible]. We know that the Sun is [illegible] The Sun's distance to the earth is [illegible].

The Sun is the brightest star in the sky during their sum­mer. During the summer, the Sun is much brighter than other stars in the sky.

The Sun's distance to the earth is [illegible]. We know that the Sun is [illegible] The Sun's distance to the earth is [illegible].
ASIAN/CHINESE

Barbecue

BEACH STREET BARBECUE IS A MUST IN WINDSOR, CT.

Entire Menu

Casco Bay

Still Choice of Three Items

Dine-In or Take-Out

Catering and Delivery

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Casco Bay

Open Daily •

92 Commercial

St. Portland

Restaurant row

Japanese/Korean

Japanese/Chinese

Thai Cuisine

Japanese/Korean

Entire Menu

Bình Thanh Thai Cuisine

Refined Taste of Thailand

New Location

Look for Big Green Sign

3-5 minutes from USM campus

One minute North of Rite-Aid Pharmacy

Lunch Special $6.50

Choice of Three Items Plus Appetizer

Private Parties & Events In House

Extensive Menu • Beer & Wine

Seating 10-50 Patrons

Dine-In or Take-Out

Catering and Delivery

Reopen for Dinner

5pm - 9pm Mon.-Sat.

774-0005

98 Portland St. Portland

Asparagus with Hollandaise Sauce

2 to 4 servings

"Silentios is the simple thing on the bar. And I like better than fancy asparagus dish
drizzled with homemade hollandaise sauce in poach water!"

1 pound fresh asparagus, trimmed

cup dry white wine

cup heavy cream

cup Organic fresh lemon juice

poach the asparagus (top toward center) in a small saucepan of 1 1/2" boiling water.

Add the wine and season with 1 tablespoon salt. Cover and microwave at 80% power for 5 minutes, stirring and rotating 1/2 way through.

If a small microwave sauce bowl, heat the butter at 80% power for 1 minute, stir, and repeat two more times.

In a medium bowl, whisk to combine the cream and lemon juice. Stir the asparagus and sauce together. Pour into a small bowl and drizzle over the asparagus.

Taste and adjust seasonings before serving.

Grown Sweet Potatoes

2 to 4 servings

"A Thanksgiving favorite in our home, these are now to be a hit in your house, too!"

I can (8 ounces) sweet potatoes or yams, peeled and cut into chunks

I can (8 ounces) pineapple chunks, drained

1 cup packed light brown sugar

1/2 cup packed dark brown sugar

1/2 teaspoon ground cinnamon

1/4 teaspoon salt

2 tablespoons white vinegar

3/4 cup water

1/4 teaspoon black pepper

Place the sweet potatoes in a microwave-safe 7" x 11" baking dish. Top with the pineapple chunks and sprinkle the surface with the brown sugar mixture at 70% power for 4 minutes.

Sprinkle the marshmallows over the top of the container that increases microwave at 70% power for 3 minutes, or until the marshmallows are melted.

FROZEN MYSTERY! Add before serving. Sprinkle the top with granulated sugar or coarse sugar for extra rich flavor and crunchiness.

Roasted Asparagus Squash

6 to 8 servings

"Don't wait until the season starts changing to enjoy this favorite treat! It's a matter of what you can bring home for a delightful part with hearty side dish."

2 medium asparagus

1/4 cup softened butter

1/2 teaspoon salt

1/2 teaspoon garlic powder

1/4 teaspoon ground black pepper

1/4 teaspoon ground cumin

1/4 teaspoon ground lemon pepper

Preheat the squash for 5 minutes and place the squash in a roasting dish. Drizzle with 8 tablespoons of oil and sprinkle with more spices and seasonings before serving.

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Granulated sugar or coarse sugar

Grown Baby Carrots

4 to 6 servings

"We're just beginning to see our carrots pop up! Oh dear! There are so sweet and long, over the better carrots we've ever had!"

2 pound baby carrots

1/2 teaspoon salt

1/2 teaspoon black pepper

1/4 teaspoon cinnamon

1/2 cup water

1/2 cup olive oil

Drizzle the carrots with olive oil and season with more spices and seasonings before serving.

1/2 cup water

1/2 teaspoon salt

1/2 teaspoon black pepper

1/4 teaspoon cinnamon

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Parish

November was a great month in the music world, with Sarah McLachlan releasing her latest album "Fragile," which went gold within six months of its release. The album, which she recorded with Superunknown, has already sold over 7 million copies worldwide, making it one of her biggest successes to date. McLachlan's voice is as beautiful as ever, and the music is both melodic and emotionally resonant. Her ability to evoke deep feelings in listeners is what makes her such a successful artist. With tour dates already announced, fans can look forward to experiencing her live performances, which are known for their emotional depth and musical virtuosity. Overall, it's been an amazing month for McLachlan and her fans.
**Static Electricity!**

**November 22-4pm**

You may be able to convince your child to eat a non-Refined food next to the Cornucopias Museum's Swedeborn Generator.

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**Listings**

**Activities at the Children's Museum**

**November 20-26**

**Little Kids' Morning Out**

**November 20**

10am—Noon

Cool Science—Static Electricity!

**November 21**

2pm

The Children's Museum and Science Center of Bangor

Feed the Hungry Food Drive During Museum hours

Bring a non-refined food item and receive $0.25 off price of admission.

**Big Messy Art—Sippy Socks**

**November 23**

2–5pm

The Children's Museum and Science Center of Bangor

Craft Science—Static Electricity!

**November 24**

2:30pm

The Children's Museum and Science Center of Bangor

*Members' Monday*

9–11am

November 24

Art Adventures—Continued

**November 26**

2–6pm

The Children's Museum and Science Center of Bangor

Visit the Children's Museum and Science Center of Bangor

November 26–28

Visit the Children's Museum and Science Center of Bangor

**Listings**

**Happenings**

**Thursday, November 20**

**November 20**

**11am—2pm**

**Children's Museum of Maine**

*The Old Coast Guard Preservation Program Good Grief in Salvation 10am-2pm When in the Land of Our Great Grandparents, 10am-2pm Annual Fall Festival 11am-2pm Planet Day, 10am-2pm Christmas In District 10am-2pm* 10am-2pm

**Friday, November 21**

**Art Studios**

**Art Studios**

**December 18-20**

8:30am-4:30pm

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8:30am-4:30pm

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**December 18-20**

8:30am-4:30pm

**Art Studios**

**2003–2004**

**PORTLAND PIRATES**

**HOME SCHEDULE**

Cumberland County Civic Center

**December 1**

Saturday 7pm Norridgewock

9 Sunday 4pm Sanford

9 Sunday 4pm Sanford

10 Tuesday 7pm Portland

13 Thursday 7pm Portland

14 Friday 7pm Portland

17 Friday 7pm Portland

20 Monday 7pm Portland

20 Monday 7pm Portland

20 Monday 7pm Portland

20 Monday 7pm Portland

27 Thursday 7pm Portland

28 Friday 4pm Portland

**February 6**

6 Friday 7pm Portland

7 Saturday 7pm Portland

10 Monday 7pm Portland

10 Monday 7pm Portland

20 Friday 7pm Portland

27 Thursday 7pm Portland

28 Friday 4pm Portland

**March 3**

3 Wednesday 7pm Portland

5 Wednesday 7pm Portland

6 Saturday 7pm Portland

12 Friday 7pm Portland

14 Sunday 4pm Portland

**All Same Time Each Time**

Tickets are $19.50, $45.50 & $70. Child and senior tickets are $9. Groups of 15 or more can save $7 to $14 per ticket depending on group size. Call, contact the office (207) 775-8408 or Falmouth Visitor Center. For more information go to www.portlandpirates.com or call the Pirates at (207) 828-4865.
Funny bone

Riddles...
Cathy has six pairs of black gloves and six pairs of brown gloves in her drawer. In complete darkness, how many gloves must she take from the drawer in order to be sure to get a pair that match? Think carefully!!

Answer

Strange Facts
In the United States, a pound of potato chips costs two hundred times more than a pound of potatoes.

Half the foods eaten throughout the world today were developed by farmers in the Andes Mountains. Potatoes, maize, sweet potatoes, squash, all varieties of beans, peanuts, tomatoes (tomato?), papayas, strawberries, mulberries and many other foods were first grown in this region.

And Puns!

Annihilation or 'annih-lyze' - A cook that burns Arty's to work at McDonald's.

Available - 'al-ways' or 'al-ways' - A run of dice with no straight.

Baloney - 'bal-o-nee' - sung by our favorite deer.

The Sun... The Sun... The Sun... The Sun... The Sun... The Sun...

A big part of the way life should be is sharing time with others. Both choosing who we spend time with and participating in activities that bring us together.

In the next issue of our puzzle to help us all puzzle through the week...
FEMALE SEEKING MALE


MALE SEEKING FEMALE

Single, 38, 6', 190, brown/brown, athletic build. Likes travel, new experiences, dating, love. I am a fun-loving, attractive man who enjoys many activities. I am looking for a fun and exciting companion. Attractive, fit, attractive and open to new things. Send photo, resume, interests, wants. N/S. (503) 555-1234.
"I believe that this nation should commit itself to achieving the goal, before this decade is out, of landing a man on the moon and returning him safely to the Earth."


ONLY EIGHT YEARS LATER

"That's one small step for man—
one giant leap for mankind."

—Astronaut Neil Armstrong, July 20, 1969

If charity really "begins at home" and if, as former Massachusetts Senator Tip O'Neill said, "All politics are local," let's launch our own local action plan with deadlines and solutions for the challenges of our state and nation.

Forget the politics! Forget the "it won't work or how much will it cost?" attitudes of hopelessness. If we can land a man on a piece of rock over 200,000 miles from Earth, why can't we solve:

- Affordable Housing and Unemployment for all of Maine?
- Equity Opportunities for Small Business Employees?
- Dependence on Foreign Oil?
- Health Insurance for Everyone?
- Day Care?

Act Now! If you would like to participate in the planning of a statewide conference on how we all can make a difference NOW, e-mail Mr. Allen at mentex@aol.com.