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An innovative social service center rises at the foot of Munjoy Hill

JOHN WILLIAMSON

The new Portland building on the site of Congress Street and Washington Avenue was once a concrete construction site. On the entrance, there’s nothing to hint at the presence of Portlanders who played an integral role in turning it into something beautiful for the people of Maine. The site was converted into a multi-use complex for the community.

According to J. W. H. Johnson, president of the Portland Housing Authority (PHA), which was instrumental in securing funding for the center and will be a job-training program at the site, the Family Workshop is the first attempt to restructure and reorganize existing social services in one place. The building will be occupied by various agencies, including the PHA, Department of Human Services, and others.

The building will be open to the public starting in the spring. It will be located at 661 Congress St., between Waverly and Washington avenues.

The Family Workshop will offer services such as job training, career counseling, and access to health care.

The workshop will be open Monday through Friday, from 9 a.m. to 5 p.m.

The workshop will be run by a permanent coordinator, who will be responsible for overseeing the operation of the center.

The workshop is expected to start in June.
The Hannibal World Music Sampler, "The World Music Sampler," is available free to anyone worldwide with a working Internet connection. Feature articles, columns, interviews, and reviews of music and current events are published weekly. For more information, visit http://www.hannibalworldmusic.com.

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Life in the Peachy

It's my hour of darkness, when the legislature is in session, the world outside is a blur of sound and light... And here it is, the 189th Legislature of Maine. For the second straight year, there is unusually high tide in Maine. The next two years are going to be even more difficult for the Legislature, as it tries to come to grips with the economic challenges it faces.

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The author carries on an amorous quarrel with cross-country skiing while dallying with a new attraction — snowboarding. A tale of skinny skis, heartache and snowy love. Continued on next page.

CONTINUED ON NEXT PAGE

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winter issue

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BY AL DAIMON

Little girls who plan to wear Man's thigh-length leggings through the winter and women who want to encourage double-digits increases in body temperatures may take heart. If the water temperature drops below 20 degrees, some people can rise to the occasion and enjoy caloric expenditures that would be considered abnormal in summer months. Using a layer of bread crumbs, bake the remains in a pie dish and serve it as a dessert. 

Just get fat.

Our society has become obsessed with fitness as the key to health. We've been led to believe that happens to thin people during times of famine. We have no idea what it means to be content with ourselves and our bodies during times of plenty. Some of us, forced to live during hard times and in place, have been led to believe that overeating is a form ofVG

10

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13

Skiing in Vail.

This, they believe, is because God is off

Our society has become obsessed

with fitness as the key to health.

What's that smell in the

kitchen?

Here's a sample diet for a chilly

weekend.

Lunch: two burritos (712 calories),

two shots of Jagermeister (300 calories),

pint of beer (350 calories)

Nightcap: five beers (1050 calories),

two shots of Jagermeister (300 calories),

beer, orange juice (particularly if it's

moldy), two shots of Jagermeister (300 calories)

Dessert: ice cream (920 calories),

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Shedding a little light on the problem

Laura Conaway

Throughout much of the winter, people in Greater Portland make do with as little as nine hours of sunlight per day. Depression takes on an environmental toll, especially in northern climates like Maine. Studies show only 1 percent of Floridians get winter-related depression (known as seasonal affective disorder, or SAD), whereas 10 percent of Alaskans do. Zahn DeVall, executive director of Portland's Coalition for the Psychologically Labelled, says it's finding ways to live with SAD and get through the long winter's night. "Eat bananas," she says, because they help your body regulate its hormones. "Be patient with your seasonal affective disorder ."

What's the worst time of winter for you?

February. It just seems like the darkest month. December was a clumsy march for everybody because of Christmas. I don't think it's SAD-related; I think it just sucks for everybody. But in February, I'm just thinking, "Why can't it be March?"

What exactly do you do when you get depressed?

When the days start getting shorter, it gets harder for me. My sleep pattern gets disturbed. It's harder for me to wake up and be awake.

I feel a lack of energy. I feel a sense of despondency and blackness. It's almost too low for expression. It certainly hits anyone at that point. This is never going to get better; that's what I'm thinking. Doesn't even feel like a depressional sort.

You told me once the Coalition was going to take a trip to Ski Doo's Skidoo House. Is it a way to get the winter's grip out of there, to get where it's warmer and get the greens. For me, it's about ridding myself of light. Ease getting out and walking for five or 10 minutes a day really makes a difference.

I try to have the window open to light. The walls in my apartment are painted white—letting the sunlight shine. You can buy full-spectrum light bulbs at a store.

Pet stores: People who keep rabbits and reptiles have found the reptiles need full-spectrum light. It lengthens their life span. They're called "Vividlight.

I have a fluorescent fixture over my kitchen sink, so I slipper a "Vividlight" in there. When I'm standing there doing dishes, it's onboard. If you're a mom with kids, you'll be doing enough dishes to get some benefit. Paris when you are, if you need the newspaper in the same place every day, put it there.

Do you think people show down naturally in winter?

It's a simple period. People need to be more introspective. Everything slows down. You eat more baked potatoes, more soups, more potatoes. What you do think people show down naturally is the holidays.

SAD situation

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What you look like during the five months of cold weather is probably a lot truer to the real you than your glamorous summer persona. If someone falls for you in this state, you know there's more between you than a mutual attraction for tanned skin.

Which raises another important point. Some of us just don't tan. We may try to be by donning a bikini and dashing on the DCF, but when it comes down to it, we're better off in the shade. Sunscreen fills us with a sense of dread. We have looked around the sun-kissed, bronze gods and goddesses and try to console ourselves with thoughts of how nice it will be in the year 2020.

What was happening in the history of the underwear? Clothing is one of our greater blessings. The most beautiful you are — the higher the mystery quotient. Think of it: if you were to fall in love with someone in the winter, you are guaranteed at least two layers of clothing to pull off before you can discover the flesh beneath. It's like covering yourself with thoughts of how wrinkly it comes down to it, we're better off in the year 2020.

And taut bare midriff I thank God, because if I see another tan too cold to show any skin anyway. And

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Walkabout
Thank you very much

Bay, we are thankful. Portland is a great place to live, and we love her. We can get pretty sentimental about it if we let ourselves contemplate all the things we're thankful for. And getting sentimental is kind of fun. So here's this year's Thanksgiving, rudimentary, utterly sentimental list of things we're thankful for:

1. We have more dollars than they do in northern Maine.
2. That Portland is small enough to run into people you know on the street.
3. Law and order in the Four Season Tavern.
4. The view from the garage next to the Northwest Portland Food Co-op.
5. Blues managing editor at Wild Rumpus.
6. The defense attorney board at Joe's Bar.
7. The IKEA Mega-Regent building on Island Avenue.
8. The sense of the little white car that outside the drive-in.
9. The gaggle of geese over the Oxford Building.
10. The clock tower on Deering Oaks.
11. The Portland Pioneers.
12. The French market in the southeast corner.
13. That there are two places to buy nuts in the West End.

Internet access at the Portland Public Library.
The Sea Dogs.
The collection of Godzilla movies at Videopine.
The annual Christmas show at the First Art Theatre.
Cerulean Sky.

Drinking men dancing to Greek music from a boombox in Congress Square.
2 at 3 in the afternoon.
Shooting Thieves.
Impending Boundary at Material Objects.
Sun Oriental Market.
Bear claw at Shop 'n Save.

Beer at the corner of Cumberland and Mellen.
On t ape at Portland Courthouse.
Cigarettes from Brickhouse.
Biscuits at Katahdin.

Sun Oriental Market.
The gorgeous police decoy prostitutes in Parkside.
The garbage at the corner of Cumberland and Mellen.

Not in April, ready to show off my tan lines, I dig the way our town looks and the way it feels, I groove on its people and its places and, most especially, on its little moments.

Oh, mercy me, there are appointments to be kept. Say, seek psychiatric help. After your session, pass the bill on to Medicare.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.

You say you're all afraid to leave. You can get time off from work. You've got obligations, responsibilities. Oh, rest easy, there is someone to keep you up.

Do you mean to say that, given a choice, there isn't one of you who wouldn't give up a vapid bottle of wine to go to Portland any day? I don't think so.

Motel to motel, I'mPortland, and I'll be back in April, ready to show off my tan lines.

But I dig it. I enjoy it. I go to the movies. I like to go to the museums. I go to the parks. It's not as if it gives me any impetus to get out of the house and go to the gym.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.

And just how can any of us, when I sit in my lava-lamp-illuminated living room on a completely different tune.

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You say you can't take it anymore. You can't get time off from work. You've got obligations, responsibilities. Oh, rest easy, there is someone to keep you up.

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Motel to motel, I'mPortland, and I'll be back in April, ready to show off my tan lines.

But I dig it. I enjoy it. I go to the movies. I like to go to the museums. I go to the parks. It's not as if it gives me any impetus to get out of the house and go to the gym.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.

Since I decided to flee, however, my perspective on Portland has changed. Each falling leaf does not herald my departure.
My singletrack, myself
How long before development gobbles the last of the trails?

\* LUCA COMARRA
Fifteen minutes north by bike from my house in downtown Portland, site of my job, my lab, my favorite bike trails, is the Cape Elizabeth trail. I go to get my mind shook.

The trail is the kind of singletrack that's about to become rare in Greater Portland. It isn't long — maybe two miles through the woods from end to end, with just enough switchbacks to keep things interesting, and one single difficult climb that will always make me smile.

I think it's great that they're getting ready to build a "green belt" trail from the Kennebunk area to Cape Elizabeth, where old paths would be preserved for public use and conservation access. I say "yes" to any of those plans that I see. It's always nice to see some access for the public.

"Imagine earning Holiday Bucks for a pinprick at Portland Biologicals..."

Fifteen minutes north of my job by bike, the last remnants of what used to be a Spider Mountain-style singletrack remain. It's not far from downtown Portland, site of my job, my lab, my house, my favorite bike trails. It's about three miles, a quick ride, with a few good climbs and switchbacks. I always smile when I see it.

I think it's great that they're getting ready to build a "green belt" trail from the Kennebunk area to Cape Elizabeth, where old paths would be preserved for public use and conservation access. I say "yes" to any of those plans that I see. It's always nice to see some access for the public.

Imagine earning Holiday Bucks for a pinprick at Portland Biologicals...
Prime cut
A long time ago, the obviously-maturedSAGE MOUNTAIN 1976s return to our fair city. While music is
certainly the best genre to describe the band's sound, the Sage Mountian Boys are no exception, with
audible, well-written songs. The band's previous work, "Massachusetts," has been a hit CD,
with its guitar-driven, melodic sound and early Cowboy Junkies. Dec 8.

The Rec-Room, 31 Forest Ave, Portland.
772-1983.

Tues.

Brewing Company, 155 Riverside St, Portland.
773-6187.

Motor Booty Affair (funk), 157 High St, Portland.
774-1114.

Open Mic with Dan and Cindy Tabor, 31 Forest Ave, Portland.
773-7791.

Red Light Revue, 128 Free St, Portland.
773-6886.

Stone Coast Liberty, 145 Kennebec St, Portland.
775-5411.

The Underground Sisters bob Marley, 6 Custom House Wharf, Portland.
773-5131.

Dance Music until 1 am), T-Birds, Geno's Suspenders, 865 Forest Ave, Portland.
774-187.

Funeral (Goth/Industrial Dance), 155 Riverside St, Portland.
774-1114.

Dance Music until 1 am), T-Birds, Geno's Suspenders, 865 Forest Ave, Portland.
774-187.

Bill Shimamura, Sheraton Tara Tower, 37 Smokes, 13 Brown St, Portland.
770-0141.

Bill Eastem, Sheraton Tara Tower, 37 Smokes, 13 Brown St, Portland.
770-0141.

Jenni Woodman (rock), Top of the East, 1 Forest Ave, Portland.
774-1114.

Top 01 the East, 1 Forest Ave, Portland.
774-1114.

Larry Hamm's Comedy Connection, Rickey's Roadhouse, 128 Free St, Portland.
772-1983.

Blue Moon (full band), 416 Fore St, Portland.
774-1114.

Most Revolutionary, 11 Moulton St, Portland.
773-6886.

Jazz Band (jazz), 700 Main St, Portland.
773-2337.

Jazz Brunch with Lex & Joe, 14 York St, Portland.
773-2337.

Be Bop Jazz, 396 Fore St, Portland.
774-0444.

Greg Powers, 11 Moulton St, Portland.
773-6886.

Norman, 11 Moulton St, Portland.
773-2337.

Jazz Brunch with Lex & Joe, 14 York St, Portland.
773-2337.

Jenny Woodman (rock), Top 01 the East, 1 Forest Ave, Portland.
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**Casco Bay Weekly**

**Listings**

**Theatre**

- **Concerts**
  
  **Mondays**
  
  - **10/29**
    - **Kathleen Potts**
    - At Oak Street Theatre; 92 Oak St, Portland, 7 pm

  **Tuesdays**
  
  - **11/5**
    - **Here's Love**
    - The Portland Lyric Theater presents a musical remake of "Miracle on 34th Street" with music by Meredith Willson. At Portland Lyric Theatre, 1421 Congress St, Portland. 6:30, 8, 10 pm. Tix: $25 ($35 opening night), 780-5483.

  **Wednesdays**
  
  - **11/6**
    - **Holiday Festival of Music**
    - The Portland Museum of Art Chorale and Chamber Singers performs a program of holiday music featuring husband and wife team of Kathleen Potts and John Williams, plus the Velta, the Windham Chamber Singers, the Magic of Christmas, and the Portland Civic Chorus at noon, Small School Chorus at 7 pm and Casco Bay HS Chorus at 7:30, Dec 5. at the PMA, 7 Congress Sq, Portland. Free. 775-6148.

  - **11/12**
    - **Lonely Planet**
    - Mad Horse Theatre Company presents the world premiere of "Lonely Planet" based on the story of four sisters, written by Kathleen Potts and directed by John Williams. At Mad Horse, 90 Exchange St, Portland. Thu 7:30, Fri & Sat 8 pm, Sun 2 pm. Tix: Fn & Sat $12 ($8 seniors/students), Sun $10 ($6 seniors/$4 students). 773-8191.

  - **11/19**
    - **Here's Love**
    - The Portland Lyric Theater presents a musical remake of "Miracle on 34th Street" with music by Meredith Willson. At Portland Lyric Theatre, 1421 Congress St, Portland. 6:30, 8, 10 pm. Tix: $25 ($35 opening night), 780-5483.

  - **11/20**
    - **Bar Band Boogie**
    - Portland Players presents the Bar band boogie. At Portland Players, 420 Forest Ave, Portland. 7:30, Dec 7 at 9 pm, Dec 8 at 7:30 pm. Tix: $18 ($16 students), 775-4981.

  - **11/26**
    - **Here's Love**
    - The Portland Lyric Theater presents a musical remake of "Miracle on 34th Street" with music by Meredith Willson. At Portland Lyric Theatre, 1421 Congress St, Portland. 6:30, 8, 10 pm. Tix: $25 ($35 opening night), 780-5483.

  - **11/27**
    - **Bar Band Boogie**
    - Portland Players presents the Bar band boogie. At Portland Players, 420 Forest Ave, Portland. 7:30, Dec 7 at 9 pm, Dec 8 at 7:30 pm. Tix: $18 ($16 students), 775-4981.

  - **11/28**
    - **Here's Love**
    - The Portland Lyric Theater presents a musical remake of "Miracle on 34th Street" with music by Meredith Willson. At Portland Lyric Theatre, 1421 Congress St, Portland. 6:30, 8, 10 pm. Tix: $25 ($35 opening night), 780-5483.

  - **11/29**
    - **Bar Band Boogie**
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  - **11/30**
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  - **12/1**
    - **Bar Band Boogie**
    - Portland Players presents the Bar band boogie. At Portland Players, 420 Forest Ave, Portland. 7:30, Dec 7 at 9 pm, Dec 8 at 7:30 pm. Tix: $18 ($16 students), 775-4981.
We’d Like to Get You Between The Sheets

**The RESOURCESFUL HOME**
Harbor Hills, Housewares, Personal Care
112 Commercial St, Portland/Freeport

**Vivien Holiday Portland**
Presented by Portland's leading hotel, the Holiday Portland, a four-star accommodation located in the heart of Portland's Old Port District. This winter, let us pamper you with our luxurious amenities and exceptional service.

**24 like the thrill of a little chill come bedtime of our all natural English flannel sheets; we've got duvet covers to fit all sizes.**

**already gotten into your drawers)**

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**HARDWARE, HOUSEWARES, PERSONAL CARE**

**NGE S T REE T.**

**cfibula**

**j e w e lry**

**and passengers rides,**

**Museum of Art hosts a family festival with music, lighting of the Copper Beech Tree. At PMA, 7th Street Mall, Portland. Opening reception for Holiday Miniatures Exhibition, featuring works on paper by Lavendier, Dec 4 from 5-7 pm.**

**shows in the upstairs gallery also through Nov 28.**

**Duane Paluska, Claire Seidl and Alice Steinhardt show featuring Barbare's Kitchen 2 Cottage Lane, Cape Elizabeth. Kindra Murphy Dec 20. 767-6313.**

**memory and personal connectedness with the world Mon-Sun 2-5 pm. 725-3275.**

**Public free of charge. Hours: Tues-Sat 10 am-5 pm, Fri-Sat 7 am-7 pm. 772-6828.**

**Reception with the artist Dec 1-3-5. 11 am-4 pm. 772-6828.**

**Holiday and first anniversary show, featuring works by Rockwell Kent and Andrew Wyeth. Hours: Mon-Thurs 10 am-5 pm, Fri-Sat 7 am-7 pm. 781-4931.**

**Maine Audubon Society Gilson Farm Environmental Center, 118 U.S. Route One, Bowdoinham.**

**trading with the Americas, as well as contemporary objects from installation of Assyrian, Egyptian, Cypriot, Greek, Roman and Islamic art.**

**• "The Paintings of Eric Hopkins" By appointment. 767-7113.**

**"Art & Life in the Ancient Mediterranean" An exhibition of works by Archaic Greek and Roman artists. Hours: Mon-Thurs 10 am-5 pm, Fri-Sat 7 am-7 pm. 767-7113.**

**"Nearly Eden" A selection of early English and Dutch etchings. Hours: Mon-Thurs 10 am-5 pm, Fri-Sat 7 am-7 pm. 767-7113.**

**"Hannah and George Bellows, Rockwell Kent and Andrew Wyeth: Portraits by Will Faller of residents of 'Magic Valley'," home to more than 700,000 of America's poorest U.S. residents. Hours: Mon-Fri 9 am-6 pm, open Fri until 8 pm. 761-7007.**

**"The Scott M. Black Collection" A sampling from the Friends of the Collection," including works by Rockwell Kent, Marsden Hartley, Andy Warhol, Basquiat, and others. Hours: Mon-Fri 9 am-6 pm, open Fri until 8 pm. 761-7007.**

**Maine Potters Market 376 Fore St, Portland.**

**Paintings by Kate Merrick. Ongoing. Hours: Sun-Thu 11 am-4 pm.**

** McCormack Gallery St #304, Portland. Opening reception for 'Full Star', quality of some of America's favorite actors.**

**Portsmouth Music Hall 22 Market St, Portsmouth. Hours: Mon-Thurs 10 am-5 pm, Fri-Sat 7 am-7 pm. 767-7113.**

**The Holiday Sale starts Friday, November 29, on selected men's & women's outerwear, sportswear, skiwear, accessories.**

**Save up to 60%**

**Save up to 50%**

**Freeport 5 Bow Street 207-865-0300**

All percentage off savings are from suggested retail. Intermediate price reductions have been taken. Quantities limited to stock on hand. Shop early to assure selection. More on sale than advertised.
Holiday CD Sale! $3 Save

also On Sale This Week:
LDs - 99 49
The Beatles - 1199 99
The Police - 1199 99
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1225 Maine Ave.

OPEN TO THE PUBLIC MON. - SAT. 10-6 SUNDAY 12-5 Always A Hit!
FREE PARKING FREE ADMISSION

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Beginners Woodworking Class $49
Create Christmas Gifts - Call to Enroll Today

Saturday, November 30
9 - 4 pm

FREE CANDY PACKETS - OPEN TO THE PUBLIC

Society of Southern Maine Craftsmen Thanksgiving Harvest Of Crafts

Saturdays
November 16 & 23
10 - 5 pm

OPEN TO THE PUBLIC

FREE PARKING FREE ADMISSION

HONEY-SKINNED BEAUTY - 30" tall tapered legs w/leaking seams to share quilted morning's lingering roses! CANDY BOXES & CANDY BRUSHES

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Off-Season's Corner, Eastern Avenue
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1225 Maine Ave.

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FREE PARKING FREE ADMISSION

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CALENDAR

THURSDAY 28

Invisible Aisle Studio presents "The Real Show" at the University of Maine's Black Box Theater. Featuring performances by local musicians and poets. Free admission. For more information, call 780-9935.

FRIDAY 29

Portland Symphony Orchestra presents "A Christmas Carol," featuring the Portland Tri-City Youth Orchestra. Tickets available at the box office or by calling 772-8888.

SATURDAY 30

Opera Maine presents "The Magic Flute" at the Maine State Music Theatre. For tickets and more information, visit www.operamaine.com or call 775-7777.

SUNDAY 31

Maine Chamber Music Festival presents "Music of America" at the Portland Symphony Orchestra Hall. For more information, visit www.mcmf.org or call 775-7777.
Holiday Spots
Monday - Wednesday 10 - 3
Thursday - Sunday 10 - 6
8 Congress St, Portland
781-9682, Portland 799-0012

Save Mooelah...
Save 15% on every piece of furniture, you name it! Buy our gift for yourself. You've earned it!

PLUS SPECIAL THIS WEEK
(while supplies last)
Take 25% Off all Holiday Santas, Statues
and Decorations!

HELP KIDS...
Every time you visit a BASKET BARN of $10.00 or more, you will donate $1.00 to the Make-A-Wish Foundation of Maine, helping families who have children with life-threatening illnesses.

WIN BIG!
Every time you visit a BASKET BARN, you are entered to win a $100 shopping spree. Win a trip to any destination in the world, just buy the BASKET BARN's gift certificates. Your dream becomes a reality. One winner per month to be drawn 31 December 1996.

America Loves Us Best At Home!

BASKET BARN
WICKER FURNITURE - FLOORING & GIFTS
OPEN DAILY

Follow Santa to Basket Barn Before December 6

Save Mooelah...
Save 15% on every piece of furniture, you name it! Buy our gift for yourself. You've earned it!

PLUS SPECIAL THIS WEEK
(while supplies last)
Take 25% Off all Holiday Santas, Statues
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America Loves Us Best At Home!
Plastic Surgery Center of Maine...Complementing Nature.

Dr. Eric Liebenguth, Plastic Surgeon

Henry E. Newman & Noyes

Tummy Tuck. Fat Suction, Arm Lift Surgery...

RESERVE EARLY! 774-8465

Falmouth. No experience necessary. 828-780.

Environmental Center 118 U.S. Route 1, Falmouth. Offers classes, programs, and events for people of all skill levels. 799-5312.

Norumbega Outfitters 58 Fore St, Bldg 11, Portland, ME 04101. Offers a variety of outdoor adventure and sports programs. 774-8793.

Maine Writers and Publishers Alliance at 12 55 Fore St, Portland, ME 04102. Offers writing workshops, readings, and other literary events. 774-6304.

For more information, call 774-6304.

Nov. 30: The grand hotel right at the lifts and in the village. Enjoy our 120 deluxe rooms and luxurious suites. The area's finest spa, offering a full range of treatments, is available to guests as well.

Contact: 1-800-527-9879 or visit www.sugarloaf.com.

SUGARLOAF/USA

The Sugarloaf Mountain Hotel

The grand hotel right at the lifts and in the village. Enjoy our 120 deluxe rooms and luxurious suites. The area's finest spa, offering a full range of treatments, is available to guests as well.

Contact: 1-800-527-9879 or visit www.sugarloaf.com.

It's a no brainer!

Forget-Mc-Nuts!

On top of it all at Sugarloaf/USA

The Sugarloaf Mountain Hotel

The grand hotel right at the lifts and in the village. Enjoy our 120 deluxe rooms and luxurious suites, fine dining and private spa. Our pool opens mid-July and our ski packages start at $79 per person double occupancy for overnight lodging and skiing.

For reservations or information, call U.S. and Canada 1-800-527-9879 or visit www.sugarloaf.com.

November 28, 1996
Don't look in the basement

Boy wants girl, girl rejects boy, boy kidnaps girl: CBW reviews the premiere of "Reindeer Games"

A decade of a dream she has that reminds her of her time as a teen, but he's even renouncing, it's written off the boy's perspective. It's a bleak, unrelenting outlook, but his idea isn't marked by any particular fear or ennui.

It's unclear, in fact, just what's motivating Alec, aside from some urges to control and manipulation. Alec's behaviour is a case study in mental health, but questions about his motivations aren't raised. We're never told what Alec's thoughts are. He hangs a baby monitor on the baby's crib, and despite being lashed to her chair.

The film is markedly better than "Dorm," as the most experienced filmmakers, or for them to put on The Advocates Group, private investigators.

Making Gotham's deadly mixture more of Kate's world, Alec keeps Kate tied to a chair in the boy's perspective, would make the film more surprising.

Director Worcester's lack of a political job of filming is clear, but his idea isn't marked by any particular fear or ennui.

For a low-budget independent film to be successful, it helps to have at least one or two things: a compelling story, an interesting way of telling that story, and some degree of originality. The most experienced filmmakers, or for them to put on The Advocates Group, private investigators.

The latest version of the film was released on November 28, 1996, with the release of "Reindeer Games."
AFTER 5 SPECIALS
21 YORK ST. 772-9469
LIMITED RADIUS DELIVERY 11AM-2PM M-F
RESTAURANT PIZZA DELI"
THE ARTIFICIAL AND WOODWORKED ORIGINAL ART, PAPERBACKS, AND A NEW BOOKS 25% DISCOUNT ALWAYS ADORNED WITH A TENDER-HEARTED PICTURE, STARLING GLENN CLOSE, MICHAEL J. FOX, CHRISTOPHER WEBER, AND A BRITISH ARISTOCRAT'S WIFE IRISH ICON WHO BUILT THE I.R.A. AND ADOPTED A BUNCH OF Dalmatian PUPS THAT CRUELLA WANTS TO MAKE INTO A LUXURIOUS DOWN COAT. THE SPLENDOR OF VICTORIAN ORNAMENTS COMES TO THE HISTORIC VICTORIA MANSION THIS DECEMBER. CALL 207-772-4841 FOR DETAILS. "THE SPLENDOR OF VICTORIAN ORNAMENTS" COMES TO THE HISTORIC VICTORIA MANSION THIS HOLIDAY SEASON FROM NOVEMBER 30 THROUGH DECEMBER 18. VICTORIA MANSION IS LOCATED AT 109 DANFORTH STREET, PORTLAND, ME. CALL 207-772-4841 FOR DETAILS ON THE FESTIVITIES.

movie times

JINGLE ALL THE WAY (PG)
1:45, 4:25, 7:15, 9:40

SPACE JAM (PG)
12:50, 1:15, 3:10, 5:15, 7:15, 9:30

STAR TREK: FIRST CONTACT (PG-13)
7:15, 9:50 (NOV 22-26 ONLY)

TIGHT USB AVAILABLE WHEN CBX NIGHT TO PRESS
The Mop Top, 33 Exchange St., Portland, 774-1022.
SYNTHETIC PLEASURES
MON-FRI 1-3, 4-6, 4-6, 7-9
LUNE (STAR) (PG)
MON-FRI 1-3, 4-6, 4-6, 7-9
MADAME HUNGRY (R)
MON-FRI 1-3, 4-6, 4-6, 7-9
SEQUELLE (R)
MON-FRI 1-3, 4-6, 4-6, 7-9
MONTREAL
WED & THURS ONLY
TIGHT USB AVAILABLE WHEN CBX NIGHT TO PRESS
THE ENGLISH PATIENT (R)
MON-FRI 12:30, 2:15, 4:30, 6:30, 8:30
9:35

TIMES GOOD NOV 27 THROUGH DEC 5

MOVIES}

TRAVELERS (PG-13)
MON-FRI 12:30, 2:15, 4:30, 6:30, 8:30
9:35

Wлас BORIS NOV 27 THRU DEC 5
1:30, 3:45, 6:15, 8:15

THE WIDER WORLD (PG)
MON-FRI 12:30, 2:15, 4:30, 6:30, 8:30
9:35

SYNTHETIC PLEASURES
841 MAIN, 741-1888

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FROM 10-6:00

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or online: www.cm.org/stcambius

Holiday Gift Guide
for the leisurely shopper
special advertising supplement

Christmas at Victoria Mansion
(built 1858)

"The Splendor of Victorian Ornaments" comes to the historic Victoria Mansion this holiday season from November 30 through December 18. Victoria Mansion is located at 109 Danforth Street, Portland, ME. Call 207-772-4841 for details on the festivities.
The 12 Videos of Christmas

In search of David Bailey
Not too many years ago, everyone knew the story of the big three television networks, which ensured that we all watched the same variety specials and kids' cartoons every December. Now you design your own holiday TV season by going to the video store, where most of the classics are both for rent and for sale. Check out, also, the second chance -- the On Demand options, on the Discovery Channel. For instance, you can enjoy the 1966 animation, A Charlie Brown Christmas, at 962-7060. It features several rock details.

The following holiday TV specials are not concerning ourselves with movies. "It's A Wonderful Life" is available on video. But don't forget to curl up with a blanket and your own on your own. Stuff like "A Very Brady 1950's" episode borrows from O. Henry's Choice Video, at (800) 367-7765. It

The Old Port's best kept secret -- Gallery 7 is its exclusive gifts. Owned by local craftsmen. Between Christmas and New Year's, we will be featuring a special exhibit of traditional and modern decorative arts, including pottery, glass, prints, and other crafts. The opening reception will be on December 12th from 4-7 pm. The exhibit will run through January 7th.

Gallery 7
511 Congress St., Portland, ME 207-773-3353
Open M-F 9-5:30 Sat 12-5:30

Join us for an afternoon of fascinating facts about Maine's own Civil War hero Joshua Chamberlain. Local author Sis Deans reads from and signs her latest book High Ho! The battle of Gettysburg and how Chamberlain's leadership at the crucial moment was a wise one. Also, you'll learn about the "Blue Gray Waltz", a special battle at the Charles Upham, a second cousin to Winfield Scott Hancock, with his own description of the Christmas decorations and gifts, and it is enriched by receiving many other colorful stories, including those of his own. Desjardins as he reads from and sings about the soldier's song, "Yankee Doodle Dandy," accompanied by Chamberlain. Mr. Desjardins is a member of the Maine Historical Society and a former officer of the Maine National Guard. He is a native of New Hampshire and has lived for many years in Maine. His love for the state is evident in his engaging and informative presentations.

Meet Sis Deans
Saturday November 30
4:30 PM
642 Congress St., Portland, ME 04101
(207) 773-0997

Enjoy a journey into the world of art with "Bordello" at the Maine Museum of Art. This special exhibit features the works of more than 30 artists from around the world, including paintings, sculptures, and photographs. The exhibit runs through January 19, 2007, and is open to the public Thursday through Sunday from 10 am to 5 pm. For more information, please call the museum at (207) 773-0997 or visit the website at www.maineartmuseum.org.

Meet Mike Desjardins
Saturday November 30
7:00 PM
BORDER'S
430 Gorham Rd. * AT THE MAINE MALL * (207) 775-6110

Due to the expected holiday "crunch" we have expanded our hours for this most busy shopping weekend. Borders will open an hour early at 8 AM as opposed to our normal opening time of 9 AM.

What's up at Borders?

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Multicultural Holiday Dinner

by Margi Snyder and Suzanne Amerin

As Christmas and Hanukkah join the season with a few fast famous holidays and fresh new versions of old favorites, it's time to make merry. In this issue, we've included dishes from around the world. Here's a few we're counting on for cooks all over town.

Tortellini with Asiago Cream Sauce: 1-1/2 lb. uncooked tortellini, 1/2 c. grated Asiago cheese, 1/2 c. heavy cream, 1/4 tsp. freshly ground nutmeg. Make tortellini according to package directions. Make cream sauce by melting butter in saucepan, add cream and cheese and stir until smooth. Season with nutmeg. Serve over tortellini.

Caribbean Seafood Fritters: 1/2 lb. uncooked seafood, 1/2 c. flour, 1/2 tsp. baking powder, 1/2 tsp. cayenne, 1/2 tsp. salt, 2 c. finely minced celery, 1/2 onion, 2 tbs. lime juice, 2-1/4 tbs. jalapenos, finely chopped. Mix all ingredients together and chill. Drop by tablespoonfuls into hot oil. Fry until golden brown. Drain on paper towels.

English Yorkshire Pudding: 1 c. flour, 1/2 tsp. baking powder, 1/2 tsp. salt, 2 eggs. Thirty minutes before rib roast is to be served, mix above ingredients until smooth. Heat an 11 x 7 pan or oil to measure to 2 tbs. Return beef to heated pan. Pour batter on top. Place in oven. Reduce temperature to 350 degrees. Continue baking until golden brown, about 20 minutes. Serve with beef.

Cranberry Salsa: 1 c. fresh cranberries, 1/2 c. thinly sliced sugar, 6 oz. apricot preserves, 2 tbs. lemon juice. Place apricot preserves into a small saucepan, add sugar and enough water to make a stiff mixture. Bring to bubbling. Remove from heat and cool. Add cranberries and lemon juice and stir into carrot mixture. Serve immediately. Serves 8 - 10.

Apple Mincemeat Tart Pastry: 1 1/3 c. flour, 1 c. solid shortening, 2 tbs. sugar, 6 tbs. butter, 2 tbs. solid shortening. Make firm, smooth pastry. Dough should not be sticky.

Tart shell with this mixture and press down lightly. Cover with apple slices arranged in an overlapping circular pattern. Sprinkle lightly with sugar. Bake at 375 degrees for 30 - 40 minutes or until apples are soft and begin to thicken. Cool slightly and strain, if necessary. Make a flour and water crust with sugar. Baste with apricot preserves. Bake at 350 degrees until golden brown. Serves 6.

Give the Gift of Theatre This Holiday Season

OAK STREET THEATRE IS PLEASED TO OFFER A SPECIAL HOLIDAY DISCOUNT "SX PICK CARD" • SIX EVENTS FOR ONLY $45!

Partial list of upcoming events:

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Jan. 9 - 20

"Lettuce & Loveage" by Peter Schlyer
Feb. 16 - Mar. 16

"Tiny Alice" by Edward Albee
Mar. 23 - Apr. 16

"Frogs" by Alejandro musical adaptation by Fionnuala O'Sullivan
May 27 - June 16

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The event will be much-anticipated. Yes, in an ideal world, governed by the laws of logic and reason, the celebrations would go off flawlessly. But we all know better. The only question is: Can you handle the chaos of the holiday party? The answer is yes, if you keep your wits about you and follow these tips for survival:

Keep Your Cool

1. Don't go overboard with the alcohol. It's true that the holidays are a time to celebrate, but too much alcohol can lead to unwise decisions and regrettable actions.
2. Stay in control. Be mindful of your drinking and avoid overindulging. It's easy to let loose at a holiday party, but remember that your actions could have consequences.
3. Know your limits. Set a limit for yourself on how much alcohol you're willing to consume, and stick to it.

Mix it Up

1. Make new friends. Strike up conversations with people you don't know. You never know who you might meet or what interesting stories you might hear.
2. Join a group. If there's a group you're interested in, try to join them. It's a great way to connect with others and have a good time.
3. Ask for help. If you're feeling overwhelmed, don't be afraid to ask for help. Someone might be able to guide you or help you stay on track.

Surviving The Office Party

By Nicole L. Benoist

The tides are coming in and you're not sure what to expect. Your office has decided to have a holiday party and you're not sure what to do. Here are some tips to help you survive:

1. Dress appropriately. You don't want to stand out, but you also don't want to blend in. Find a balance that feels comfortable and appropriate for the event.
2. Be friendly. Make small talk with those around you. You never know who you might meet or what interesting stories you might hear.
3. Don't drink too much. It's easy to let loose at a holiday party, but remember that your actions could have consequences.
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The 32 Greatest Songs of Christmas
On the day for each day of December, with an extra song thrown in for the New Year.
1) Darlene Love “Christmas (Baby Please Come Home)”
2) The O’Jays “Winter Wonderland”
3) Elvis Presley “Santa Claus Is Back In Town”
4) Steve Martin “A Flag for Eggnog”
5) Barbra Streisand “Jingle Bell Rock”
6) Buddy Greco “Mistletoe and Wine”
7) Fields of Grass “The Day After Christmas”
8) Michael Buble “Santa Baby”
9) David Murray “It’s the Most Wonderful Time of the Year”
10) Elton John “Have Yourself A Merry Little Christmas”
11) Shirley Bassey “The First Noel”
12) Bing Crosby “White Christmas”
13) Nat King Cole “Christmas (Baby Please Come Home)”
14) Eartha Kitt “Santa Baby”
15) Bobby Vinton “It’s Beginning to Look a Lot Like Christmas”
16) Al Green “Christmas (Baby Please Come Home)”
17) Buddy Greco “Baby, It’s Cold Outside”
18) The Platters “The Christmas Song”
19) Bucky Pizzarelli “Christmas in the Air”
20) The Williams Brothers “The Christmas Song”
21) The Righteous Brothers “Silent Night”
22) Louis Armstrong “What a Wonderful World”
23) Louis Armstrong “Zat You Santa Claus?”
24) Louis Armstrong “Christmas in the Air”
25) Ella Fitzgerald “Santa Claus Got Stuck in My Chimney”
26) The Top 10 “Santa Baby”
27) The Osmonds “O Holy Night”
28) The Sonics “Santa Claus”
29) The Jackson Trio “Jingle Bell Hop”
30) The Orioles “What Are You Doing New Year’s Eve”
31) The Orioles “Mary, Mary”
32) The Orioles “What Are You Doing New Year’s Eve”

For a native Mainer, living away can feel like EXILE. (Aynk.)
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