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Is Legalization The Answer?
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Greater Portland's news and arts weekly
December 7, 1989 Free

Absurdity. See page 13
Lost weekend. See page 21
Ships & Skiis. See page 22
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UPDATES

The State Theater, November 1929: a "very doable" resurrection.

Porch new Year to bring new life to State

The State Theater on Congress Street will soon be screening its first motion film and may be on its way to regaining its former glory. The theater, which opened in 1929, is 20 years old and is being leased by Associated Theatrical Management, Inc., for five years. The company is responsible for bringing such celluloid masterpieces as "Black Mass" to the State, and they have announced plans to restore the theater to its former glory.

Public vs. private restoration

Lola Paulin, daughter of Joseph and Tania Paulin, who owns the Congress Theater and the State, will release the theater to the public. She said recently, "We're looking at the public in mind when we're making these decisions."

Consumer behavior in a theater context is a term used to describe the way people behave when they go to see a show. It is important to understand consumer behavior in order to create successful marketing strategies.

Chancy venture?

Some have criticized the State's move into the commercial world. "I think it's a mistake," said one critic. "The State is a public facility, and it should be run as such."

Public and charitable donors

The theater will be managed by a professional management team. The team will include some of the State's previous tenants, who have a lot of experience in the theater business. The team will also include some of the State's former employees, who have a lot of experience in the theater business.

Public service announcement

We're looking for volunteers to help us restore the State. If you're interested, please call us at 777-LOCOS.

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The Week in Brief:

Angie's liquor license taken away

Angie's Tap Room went against a liquor license for Angie's, a Commercial Street bar, in the fall of last year. The bar received the license, but it was withdrawn after a hearing in April and October. The matter was then brought before the state liquor commission in December. O'Donnell, who would be requesting the license, was then put to the test. He said, "You don't have to like a particular bar or restaurant, but if the state is to be respected, then the liquor license is to be respected."

Chiltonwood loses latest gunfire

Portland and Michael Chiltonwood's latest gun reform proposal was shot down by lawmakers in Augusta, but a major gun reform package is expected to clear the Senate by the end of the year. The proposal, which would require gun owners to have a license, was defeated in the Senate by a vote of 21-19. Chiltonwood said he was "very disappointed" with the result, but he added, "We're not giving up."

Plomb to resign

Plomb said he would resign after he was caught using a gun in a bar in Portland. He said, "I made a mistake and I'm sorry." He added, "I didn't mean to put the bar in danger."
A conversation with
Marla Sax

Experiencing mood swings? Muscle tension? Fatigue? Marla Sax is a registered nurse and specialist in "personalized relaxation and imaging." When people suffer from physical symptoms of psychological problems, she says, they have worked with dying patients in hospital settings to ease their pain and now has her own practice where she helps people deal with everyday stress.

What are symptoms of stress?
When you’re under stress and you’re drinking, you’re heating up; you’re getting headaches and brain troubles, your muscles tighten up — your gut becomes tense. When you’re under stress you have lower tolerance for stress, difficulties sleeping, some is psychological. It is heart disease, mobility trouble, things like that. Your system doesn’t relax. It doesn’t work so you’re more likely to go through a long line.

What is the key to reducing stress?
Relaxation is connected with your breath. It is a matter of stopping what you are doing and getting your body to put out some heat, about your breath and allowing your breath to play a soft, soft call to relax you. The breath is a key ancient technique of therapy, the human body and we have gone far away from this and the importance of our breath and being mindful of what our bodies need.

Is there a relationship between stress and coffee?
Stress helps people create oceanic, spiritual moments. Stress helps people create something. Stress helps people give away all that. But maybe altering what kind of gift-giving you do this year that you’re going to do about 25 minutes just relaxing them using therelaxing techniques and having them go through a whole body relaxation process. Then I spend about 30 minutes of the season guiding them through a visualization.

A visualization:
I tell people to sit down in a place. A lot of people create sensory scenes, but people don’t know how to do it. Whatever place you’re in, you let yourself be comfortable. Afterward encourage people to breathe and place that visualization in their minds as they go about their daily lives, when they work themselves.

Do you think the holiday season causes stress?
There are general pressures. Money only goes so far. Everyone is talking about the holiday season because of how much money it can cause. Sometimes I give people some think-time about how they would like to create a holiday season differently, how they can prepare. Make calendars with your children and give the cookies as a gift. Teach your children a lot about their bodies and being mindful of how your bodies feel as a result of your breathing and being mindful of stress.

What if others expect differently?
Let people go to the gym. Do what you want to do. At least some people create sensory scenes, and die down scenes. Whatever place you’re in, you let yourself be comfortable. Afterward encourage people to breathe and place that new mental image in their minds as they go about their daily lives, when they work themselves.

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CELEBRATE CHRISTMAS WITH SOUND ALTERNATIVES order by Dec. 5 for these great deals

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(see inside)

in the eyes of

weekly

Guns and money

intimidate and kill their rivals and whomever

that illicit substances fetch high prices - call it a

thing, high prices mean addicts will have to do

whatever it takes to support their habit. Sec­
narcotics laws create an evil worse than the

a drug case, it sent a pretty clear message: drug

Rats are a lot like people. Because the intrud-

bing into homes and breaking in, they demand

that addicts do not properly test diseased blood

don’t cause today’s alarm­

public policy resource

stated, it seems, the primary goal of the War On

AIDS. As the number of AIDS cases continues to

that interdiction is all that stands between them

and a drug case, it sent a pretty clear message: drug

It's failure derives from the perversion

That means that our government will

on crime, you can’t appear soft on drugs . And

their wads of money , become envied role

progressively collapsed under the weight of

'has-declared war on the Russians . After

arms procurement scandals and the potentially

By the millions, farmers around the develop­

crops are effectively

in reverse for most of the decade, and unem­

tance "

means to finance it. That’s one of the most im­

have had to borrow heavily from Western

The coca dollars is actually getting worse.

industries , whose products kill far more people

that illicit substances fetch high prices - call it a

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Health or criminal problem?

The fifth President Bush has promised to

promised to

With the legal status of cocaine, the subject will take

drug use - and with it the millions of drug users -

the distinctions among users, and to have many drug pushers

should be arrested. But the Borden and the Borden

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### LEGALIZATION

**continued from page 8**

Unlike marijuana, which makes the user suffer the effects of other drugs, marijuana is a mental stimulant. It creates little mental and physical dependency.

In conclusion, it can be said that marijuana is a safe and enjoyable drug, one that should be legalized for everyone's benefit. It is time for the government to end its pro-drug policy and start focusing on other issues, such as education and health care.

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### Losing ground:

Percentage of Americans who say drugs are the most important problem facing the U.S.: 27
Federal funds allocated for new national drug strategy in 1990: $7.9 billion.

### Drug arrests by Portland Police this year:

238

Number of times COSEL seized in Portland drug raids this year:

100

Doses or "hits" of LSD seized in Portland this year:

3,122,818

Street value of marijuana seized in Portland this year:

$64,000

Street value of cocaine seized in Portland this year:

$50,000

### Number of Americans who use cocaine regularly: 6 million.

Total U.S. population: 250 million

### Number of jobs in Bolivia tied to cocaine: one in every 3 or 4

### Rank of cocaine as source of foreign exchange earnings in Colombia: 1

### Rank in value of marijuana among all U.S. crops: 1

### Number of Americans who smoke marijuana regularly: 18 to 50 million

### Number of U.S. states that have decriminalized marijuana for personal use: 18

### Number of plots of marijuana destroyed in Maine last year:

13,061

### Street value of those plots:

$26,000,000

### Sales value of hard liquor sold in Maine stores last year:

$75,626,827

### Gallons of hard liquor sold in Maine last year:

2,166,055

### Rank of sales of vodka, whisky, and brandy among all hard liquor sold:

1.23

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**Whiskey & Collectibles**

**BOOKS & MAGAZINES**

**Gloves, Jewelry, Scarves, and Belts**
LEGALIZATION

Continued from page 33

support. Government isn't supposed to be 'Big Brother.' Until 'Deaths of Anarchist' and 'The Tragedy of the Commons' gained some serious, however, we should prepare for personal liberty's dark days.

Ponzi schemes are finding their way. During the last several decades, Ponzi schemes repeatedly called for the sufferers of drug addiction. We should do the same. It might resemble that with the Constitution's guarantee of religious freedom, the government replies, 'I don't know the answer to that. I'm not here...'

In the rhetoric of the post-September 11 era. Any too many Americans are ready to trade in their rights for safety alone. We must not let this be used to legitimize the standard modal parted by the Bush administration. In the end, if you are promoting your house without a warrant of administrative law - the very perk forth demanding that you make yourself available for an unauthorized search.

Legalization's dark side

For all the promise of reduced crime and increased civil rights, legalization has its drawbacks.

Propositions of legalization haven't precluded law and order neatly defined drugs will do anything but correct the poor to every further drug-defined degradation. 'Legalization' says Newswest writer Tom Meneghini, "is an inevitable trade-off based on a failure for empathy for society's victims all those who do not use drugs gain the benefits of reduced crime, while all those addicted would be rendered to a herd without thought of them.

Even legalization advocates Friedman notes slightly different incentives for the plight of the poor. 'Virtues of drugs fall into two classes: those who choose to use drugs and remain opiate resistant. The number of self-chosen victims might increase. In the second class, the innocent victims surely have a large claim on our sympathy than the self-chosen victims. It is clear that there is a large number of regular Friedman notes that has been made of all communities. Friedman notes further that one who aids in terms of legalizing drugs is setting in the death sentences for people in the lower socio-economic classes.

Laws vary in their effect on individuals, 'says Galt,' a homeless addict who has had similar experiences. Friedman notes, according to Schwartz, would be rendered not only the public health system, but also the poor communities who use different drug voices - namely coldness, senselessness and suffering.

The War On Drugs has proven to be a fertile field for the poor. As the numbers of law enforcement increase, more and more people are being arrested, "With the number of police agencies and the number of police officers on the street increasing, it is a way of life for the poor, and the law is against them to the extent that they are being arrested," says Friedman, in announcing our society. 'We all take drugs' acknowledges Friedman. 'It's a perpetually sarcastic or humorous tone: people have no choices, or are doing something wrong.

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The Portland Symphony Orchestra's annual performance of "The Magic of Christmas" takes place at the Portland Civic Auditorium. Victor Walker joins the Bay Singers of Maine and the Magic of Christmas Chorus in a program of Christmas music. Performances are at 3 p.m., Dec. 1 - 23 at 7:30 p.m. and Dec. 17-22 at 2 p.m. Tickets are $22, $18 and $13 and may be purchased Monday-Saturday, 9 a.m.-5 p.m. or by phone at 773-8191.

"Jingle bells" will be heard in a holiday stage adaptation of Charles Dickens' "A Christmas Carol," which opens tonight at the Stage Project, 14 School St., Brunswick. Two performances were on Dec. 16, Thursday-Saturday, 7:30 p.m. and Sunday, 2 p.m. For more information, call 729-3330.

For everyone who enjoys a holiday stroll and a hot chocolate, some local music and a visit to the movies, the Portland Parks and Recreation will be open tomorrow and Sunday, 11 a.m.-7 p.m. Admission is $3 for adults and $2 for children under 12. For more information, call 727-4841.

The Portland Orches- tera will be open tomorrow and Sunday, 11 a.m.-7 p.m. and the Portland Symphony Orchestra will perform in Portland in a concert featuring music by Chopin, Brahms, and Stravinsky. For more information, call 773-6886.

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Filming a bear's eye view

Cinematographer Claude Renoir didn't suggest the idea of filming a bear's eye view, but that's what happened. As the bear focused his vision, they found a place to put a viewfinder over his eye and make a film of what he was seeing. This process was not without its challenges, as the bear did not always cooperate. However, the resulting footage was remarkable and provided a unique perspective on the natural world. The bear's eye view seemed to offer a depth of detail that was not possible with traditional camera angles. It was a fascinating experiment that opened up new possibilities for filmmakers and photographers alike.
SUNDAY 12.10
Maxwell Free in concert, 7:30 p.m., Russell Hall, University of Maine, Orono. Tickets are $12. $9 for students. For more information, call 874-2351.

SATURDAY 12.16
Lost Boarders Blues Band, at 8:30 p.m., B.B. King's, 208 Congress St., Portland. Tickets are $20. $15 for students. For more information, call 774-9770.

WEDNESDAY 12.14
Fog, at 9 p.m., House of Blues, 532 Congress St., Portland. Tickets are $15. $13 for students. For more information, call 774-0444.

Fridays will feature a Jazz and Swing Series at Portland's Latest Dance Club. For more information, call 793-0622.

THE NEATS
Friday, December 8 $6
THE TREE CAFE
Salazar donates paintings for alternative art space

The Cathedral Garden Gallery of Portland is celebrating its twenty-fifth birthday this month with the show "Winds of Praise" by twelve painters or groups, through December 31. The work has been donated by the Painters and Theaters of the Church. The show will benefit the gallery and very special art.

The Cathedral Garden Gallery, which calls itself an alternative space, has its eyes on the future and the future is an exciting one. The paintings are being exhibited for the first time in the country and the show is the first of its kind in the United States.

The show will be open to the public from 10 a.m. to 5 p.m. daily, except Sundays, when it will be open from 11 a.m. to 3 p.m.

Tickets for admission are $5 for adults and $2 for students. All proceeds will benefit the Cathedral Garden Gallery.

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