Our correspondent prepares to feed her worms, which lurk beneath her kitchen sink.

Get rid of those Thanksgiving food scraps without adding to the waste stream

By Hannah Holmes
Photos by Tonee Harbert

My boyfriend gave me worms. Not tapeworms, not ringworms — not what it sounds like. They live in my kitchen cabinet. They eat my tea bags and cantaloupe seeds. Still sound gross? It’s not. It’s one of the most elegant solutions to the urban food-waste problem that I’ve ever seen. And, as a contributing editor of a magazine called Garbage I’ve seen a few.

I can’t throw food scraps away. They’re just too good — packed with earthy nutrients and solar energy — to send off to the incinerator. In the eventuality that both the compost bin and the worms are overfed and I do guiltily slip a coffee filter into the garbage, the same boyfriend quietly retrieves it.

While many urbanites like me want a place to dump potato peels and last month’s oranges, we don’t want to do composting with a capital C. We don’t know where to come up with dry leaves and other essential ingredients. We don’t want to get artistic about layering, and turning compost is a certified pain in the butt. We probably don’t want compost odors to annoy the neighbors, and it’s a sure bet we don’t want to attract herds of rats. We just want a place to dump and forget.

All of this is what makes worms my heroes. They’re silent. They’re shy. They eat like pigs, but they’re odorless and require just a fraction of the space. Worms are adorable creatures in their simplicity. Each one is both male and female, eliminating messy sexual politics and speeding up the business of reproduction — you won’t find slow dancing in a worm bin.

What worms do best is eat. Half their weight a day, in fact. And if you get the right breed, you’ll find they happily eat everything that makes you queasy: things crusty and moldy, sour and slimy, bitter and dusty, any color, any condition, any time. And while this describes my dog, too, my faithful worms never need to go for a walk, and they don’t chew slippers. They don’t need water, they don’t need shots. They don’t bark at the mailman.

My worms just sit under the counter, in the dark, out of the way, and they eat.
Grandmother Bait.

Take advantage of your grandmother's emotions and her let a customized calendar with pictures and notes of your, your kids, your pets or maybe the vintage patterns of Christmas 1964 when she got your grandfather his brand new pair of woolen pants for his biking trip in Canada. It'll keep her busy, and it's a great way to keep your favorite photos.

Win A Year of FREE HAIRCUTS! and help someone living in Maine with AIDS

HOLIDAY COLLECTION

Featuring:
Cut metal candle holders, plant stands, angel and reindeer sculptures by Peter Strong

NANCY MARGOLIS GALLERY
187 Libby St. Portland, Me. 04101
775-9120

Janice Parkinson-Tucker: "I remember saying to my husband when I first started, 'My dream is to see a dog I don't know walking down the street in a Mrs. Bones collar.'

A conversation with Janice Parkinson-Tucker

Janice Parkinson-Tucker is a retired music teacher who is better known as Mrs. Bones. She is a one-person company. Mrs. Bone's Designer Pet Collars, keeps her busy up to Christmas week wearing dog and cat collars in a kit over the garage of her South Portland home. Her collars sell for between $10 and $20 and are available by mail order and at pet shops throughout the Greater Portland area.

What makes your collars different?
I make my collars by hand. I make each one from scratch. There are no ready-made collars. Every part of the collar is the best I can buy. And all of Mrs. Bones' collars are lined.

Why Studio?
Because if you're on the dog's neck. This man I know said to me: 'It's a waste of time and money to put the lining in.' And I said: 'Thank you very much. If it's my retirement, and Mrs. Bones' collars are fine.' I saw a decorative trim on one side of the collar and a line in a coordinating color on the other side.

What are some of your trims?
I have 700 different trims. I have Christmas trims — houndstooth, candy cane, ghillies, taffeta, lining, snowflakes. Mrs. Bones has 56 different plaids, including 18 tartans, I have what I call "preppy stripes" and I call it "teenage revival." Teenage boys will look through the whole swatch book and always choose the leopard spots or red tiger stripes, and a teenage girl will always choose the pink and purple.

Now in the animal division we have pigs, rabbits, Teenage boys will look through the whole swatch book and always choose the leopard spots or red tiger stripes, and a teenage girl will always choose the pink and purple. We have whales and the fox jumping through the hounds and sea lions, bobbies and the cats and plenty of tiny bulls.

We have apples, cherries, rhubarb and bacon baskets and other trims of daffodils, daisies, flax, flax and paper, marigolds, tulips, roses, ferns, ferns, oak leaves and several patriotic and nautical trims.

Where did the name "Mrs. Bones" come from?
When we first moved here I was the only retired lady on the block and I would take five dogs from around the neighborhood into the woods for a walk every morning, and I would cook beef bones slowly in a pot and make bird food. Then we would all have bones around the neighborhood. It was littered with them. Behind my back the neighbors were calling me Mrs. Bones. A three-year-old let it slip. My husband is alternately amused and embarrassed by the whole thing. But last year when income taxes came in, he said, 'I think you're going to make a lot.' And I said, 'You bet your buttons, buster.'

By Wendy Eaton, photo by John Stappenbeer
A housing development proposed for Long Island is contingent on a successful plan to clean up the town's old salt lake. The Massachusetts-based Minyard Publishing Northwest, which owns the island, has promised to pay for the cleanup, and the city of Portland has agreed to cover the costs. The city's Department of Environmental Protection has not approved the development because the plan for cleaning up the salt lake has not been completed. Portland Mayor George Mitchell said that if the city approves the plan, it will be the first time that the city has been able to clean up a salt lake.
politics & other mistakes

by reid \c\ \cil

Dangerous

Republicans seeking a candidate to challenge Democrat Jo District Attorney Andrew should consider nominating inner Michael Jackson. Jackson isn't the quality the the candidate's position. He’s thin like Linda Bean; his campaign is shaped by a warm do-nothing attitude. And he’s destroying the base of the. GOP leadership might have sold the search for the Goved One, because their homegrown political project partly failed. The only announced candidate in York County Sheriff Michael "Mike Marn, I'm free from Maine" Brown. Brown was ejected by a Blake and has spent most of his short career trying to overturn the impression he’s greatly unqualified for the job. Southborough state Sen. Charles Summers, Vermont state Rep. Judy Fitch and Hartford state Rep. Carol Hlick both declined out of their chance to take on Andrews. So influential Republicans have been trying to convince party chairman Kurtz Berg on Fox, John McCarthy’s ad Ally Holdings to run. Neither appears to be a likely victor. Republicans are particularly exasperated with their candidate because the traditional political assessment is that Andrews is vulnerable. He’s based in Ogunquit, Me., this town full of gun nuts, fundamentalists and people like Michael Brown, whom the current congressman is totally out of touch. Apparently, the only excuse voters haven’t turned Andrews out already is they're afraid of the GOP keeps nominating candidates even extreme hard line. They’re mistakes. In the unlikely event he woke up in the right side of the Moonwalk Kid will be hard to convince party chairman Kevin Andrews has done a masterful job of convincing this crowd without alienating extremest kooks can’t support. voter is neither rural nor ideologically yuppies hold the balance of power in the Democratic mafia will almost certainly the view that Maine is a rural, conserva­ tionist for the job. Andrews has no sooner finished the race—GOP. Andrews seeks a candidate to make a knee-jerk move and announce he’d mind. By criticizing organized labor’s locked-out Fog banks of generalities, voting last week on NAFTA is an attempt to work for you and we 35% of it came from the right. Another anec­ the Democratic will almost certainly lock-step liberal his entire career. There was no way he was going to vote for NAFTA, or worse still, retrench that they’re mistakes. The only specific Barringer doesn’t mention is free to spend its 200 grand on the right. Then he walks away, right. Another anec­ Barringer promises to give women at least the in his cabinet, much of National Security Corps college scholarship dollar for dollar, establish a the Democratic will almost certainly the view that Maine is a rural, conserva­ if he’s probably had it, is dead, at least. He's the Democratic media will almost certainly the view that Maine is a rural, conserva­ the Democratic will almost certainly the view that Maine is a rural, conserva­ the Democratic will almost certainly the view that Maine is a rural, conserva­ the Democratic will almost certainly the view that Maine is a rural, conserva­ the Democratic will almost certainly the view that Maine is a rural, conserva­ the Democratic will almost certainly the view that Maine is a rural, conserva­

ARE YOUR COMPUTERS DRIVING YOU NUTS?!

Make your computers work for you, instead of working for them! By using the right software, and getting networked, you can give your productivity a major boost. Whether you just need a software package for home or business, we can help you select the right products, set them up, and get you moving at full speed for a very reasonable price. Stop in or give us a call

ADVANTAGE CONSULTING GROUP

• Computers & Accessories
• Software • Networking
• Software Development
• Information Services

We are available to our clients 24 hours a day. Free initial consultation. 480 Congress Street, Suite 205, Portland 828-4975

This ad is worth 10% off and a free MOUSE!
**Worms eat my garbage!**

**continued from your page**

My little location live in a 13-inch by-18-inch Rubbermaid box. This bin is stored in a lower cabinet in my kitchen. When my compost is full, I slide the worm bin out of the cabinet, dump the corpses, pour in new food and slide it back in (Worms cannot climb out of boxes, so if you need to, you could stop swimming).

A worm bin this size will accommodate enough wormage to clean up after two people. Lessening speaking, a square foot of area will provide disposal for a pound of food a week, so a family of four would want a 24-inch by-24-inch bin. The box should be 12 inches by 18 inches deep. Shallower means wetter, which is a problem with my bin. Any deeper, and the weight will sag the sides out of the lower layer, which the worms won’t like.

As you choose a bin, set on the tampering side. The worms will adjust their surface area to how much food you provide, and the extra size will help with the cleanliness factor.

Pauline Wall, 120 Seabury St., 773-2515: I treat my wood chips and sawdust with a large worm casserole. They can breathe. Moisture that condenses in a closed cabinet, I don’t use the cover. Even with holes in it, the plastic keeps the bin too damp anyway. Because my bin is in a dark, closed cabinet, I don’t see the worms. Even with holes in it, the plastic keeps the bin too damp anyway. Because you have to keep them moist, you’ll need to provide them with a deep soil bed to avoid drying out at the top of the bin. You’ll also need bedding to avoid flooding the bin. If your worms get a little too dry, they’ll curl up into a ball. There are many indicators that the bin is too dry. The pile, keeping away from the worms are also heating elements indicating that the bin is too dry.

My worms came from a thriving composter at work who passed away. He was a great and very good teacher. He had a huge compost bin. The worms are not numerous enough to keep up the production. If you want them neither eating poisonous substances nor excreting them. Because they do eat their linens, unlike you, my worms leave the buffet and sprint to dine. One of my worms is out of the box, and it’s eating a small grape. I'll continue to dump an occasional bucket of food. The problem is that, like all like worms, vegetables are largely waste. They decay, water is released. If it isn’t balanced with oxygen, vegetable scraps become malodorous and produce a gas that burns the presence with a musty mustiness that is difficult to ignore. Dry newspaper or outgoing newspaper won’t do, but once your worms are well established and thriving, they’ll love man and fish and flies.

When you first get your worms, keep them in a cool, dark place. In order to acclimate them to your conditions, I highly recommend purifying the food and setting it aside for a couple weeks. If the worms aren’t active after a week, then you have a problem with the food. If your bin has a moisture problem, then I recommend laying a sheet of dark-colored newspaper over the bin. Worms need a little bit of sunlight to help them adjust their temperature. You might also want to consider using a fish crate or a Rubbermaid bin to adapt a composting system for your kitchen.

I have a big problem with odor. My compost bin is extremely stinky. I have a problem with odor because I keep my compost bin too warm. The worms eat their bedding in time gone by. I won’t need refrigerating anymore as soon as I find them. Because they do not like their voices, I’ll continue to dump an occasional bucket of food. If you want them neither eating poisonous substances nor excreting them, they’ll love man and fish and flies. The bin is now a large rubber box with a large rubber bag. It’s not much better service.

Item: Elsenl's &gels/...
Verne Weisberg, M.D. · Stephen P. Fox, M.D.  
- Facial Rejuvenation and Cosmetic Surgery, Eyelids, Ears, Cheeks  
- Breast Augmentation, Breast Reduction, Breast Reconstruction  
- Body Shaping, Liposuction  
- Dermabrasion, Social Peel, Microdermabrasion  
- Surgery of the Hand and Wrist  
- Facial Rejuvenation System, Sialod and Jackson Surgery  
- Surgical Care of Post-Burns, Sclerotherapy

Make it a Haven's Occasion!

Haven's

This week's feature: Fudge. $2.50/lb.  Mention this ad for a sample of your favorite chocolate.  

Haven's Candies continues at Clark's 722-2077  
417 Commercial Street  
722-0791. ask especially about the 1 lb. movie ticket.

PLASTIC, COSMETIC & HAND SURGERY, CHARTERED  
We build confidence with exceptional service. 
Meticulous attention to perfection and excellence in technique.

1-800-686-9133  
775-1933 / 985-5567  
VISA, Mastercard  
Alternative Financing Available

252 St. John Street, Suite 321, Portland  
28 Portland Road, Post Road Center, Kennebunk, Maine

Worms eat my garbage!  
continues from page 9

Worms in the cupboard aren’t your cup of tea, but there are outdoor composting methods that saves energy, reduces waste, and chemicals hard-core composters practice their art. "Garbage composting," method, in which carbon-rich (manure or other waste) and nitrogen-rich (manure or other waste) are mixed in precise combination. The produce (the compost) is then incorporated into your soil, providing a rich source of nutrients and organic matter.

If you have a garden, the compost enriches your plants and greatly moves them into the system. If you don’t have a garden, then you can use the compost as a soil amendment. Each watering will undo a meal down to the roots. You have no choice, you load a barren bed and you’ll have to package your savings in plastic bags, wrap them in pretty paper and give them to friends at Christmas.

To harvest your castings, wait for a point when most of the feeding has disappeared. (From now on day to harvest day might be about four months.) Then you can either set aside the layers that are worth-reducing and discontinue the system, or try the closer bamy method: punch the contents of the bin on one end, fill the other with fresh, damp bedding and food, and wait for the hungry bugs to ingress. If you want to dump the whole thing onto an outdoor compost pile in the spring, you can round worms up in the fall and start again. Even in the dead of winter, most of your worms, a few survivors can ripen the lime. If you become a vermicompost, or catchable, you are free to compost all of your castings from your garden. You can use them to improve your soil. Like a well-managed forest or a great vineyard, worms are self-perpetuating.

Harmon Hildenbrandt will be open on Saturday at the Portland Friendship.

Facing hemophilophobia  
Free-range worms

If worms in the cupboard aren’t your cup of tea, but there are outdoor composting methods that saves energy, reduces waste, and chemicals hard-core composters practice their art. "Garbage composting," method, in which carbon-rich (manure or other waste) and nitrogen-rich (manure or other waste) are mixed in precise combination. The produce (the compost) is then incorporated into your soil, providing a rich source of nutrients and organic matter.

When the bucket is full, you pop off the top half, shovel over the bottom and start over. It looks a little odd but is much neater than most alternatives.

Call Jennifer Clark at Harman Brothers, 885-3213. She’ll ship one to your local shop for $25.

"I see and hear your ads everywhere.

"I finally decided to stop in.

"I can’t believe the selection.

“These are the best prices we’ve seen anywhere.”

These are just a few of the remarks we hear from customers. If you’re thinking about using an organic ing and haven’t been to Hard Cider Farm, give yourself an idea and come discover and try.

“We made an order of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100.

Hard Cider Farm  
1008 Career Road, Kalamazoo, MI 49002

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100

"The Maine Source of Oriental Rugs... and hand hooked rugs, and hand braided rugs, too.”

All are unbeatable prices.  
Flowerfield Enterprises, Dept. 206, 1008 Career Road, Kalamazoo, MI 49002. (269) 387-0100
Welfare for welders is better than arms exports

If you want to know why it is so tough to get arms manufacturers to start making things that don’t harm the environment, look no further than a recent survey of defense-industry executives and professionals. The survey showed that there are nearly 10 times as many welding jobs in the United States as there are armament jobs. What does this mean for the future of our economy? It means that we can’t afford to ignore the importance of investing in alternative forms of employment.

In the wake of recent revelations about the environmental impact of arms production, it is clear that we need to develop new strategies for creating jobs that are more sustainable. One approach is to focus on promoting alternative forms of employment, such as welding and other forms of construction. These jobs are not only more environmentally friendly, but they also provide better wages and benefits for workers.

Without the support of the defense industry, we will continue to see a steady decline in the number of jobs available in the United States. This is a tragedy for our economy and for our future. We need to take action now to ensure that our nation remains strong and resilient in the face of this challenge.
Casco Bay Weekly

SAT 27TH
THURS
FA: 26TH
Swinging Steaks
previously unannounced swingfest with the new Capricorn Artists
SAT 27TH
Islandside
Reggae on the roof
THR DEC 2ND
BIG HAT
w/ Opium Den from Boston
an evening of candlelight experimental percussion fusion
FRI 3RD
the Toasters
Ska day tonight?

SAT 4TH
PLUCK THEATRE
SAT 5TH
THE BARNES
w/ the Rosicrucians
FRI 10TH
THUMPER & FRIENDS
FRI 10TH
SHOCKRA
SAT 11TH
FROM GOOD HOMES

NEW NEW NEW NEW
Try the infamous 1/2 yard of any of our draft beers (KBC included)!
Join the Yard Card Club for member discounts.

1/2 YARDS

GRANNYTIME HAPPY HOUR
Granny Strikes Back! Thurs/Fri 7-9pm.
featuring Tito’s Burritos, etc.

Michael Bolton
- The One Thing

Tom Petty & The Heartbreakers
-Greatest Hits
CD $12.97, Tapes $7.97

TDL
SA-90
12-Packs
$16.98

These and all Top 25 releases...
CD’s $11.97 - Tapes $7.97
Although Bull Moose will always have the lowest prices in this area,
these specials will be good through Thursday November 28th.

SPILLERS

Michael Bolton
"The One Thing"

STONE FREE
& Tribute to JIMI HENDRIX

Michael Bolton
"The One Thing"

STONE FREE
& Tribute to JIMI HENDRIX

The One Thing

Included are members of this Radio and Tito Petty.

Trying to Guess: Sun, Stars, The Car, and Other Tales

Having all Shapes, Sun, Stars, The Car, and Other Tales

Run the Overtones, Paul Collins Band

Lowest Prices. Great Service. No Attitude.

151 Main Street, Brunswick ME 725-1289
Route 207, Shaw’s Plaza, N. Windham ME 893-1303
OPEN: Mon.-Sat. 11-9pm, Sun. 12-9pm

 Retrospective perspectives
The paintings of Theophil Groell capture the drama of the human condition

"Whistle" (oil, 28" x 28", 1978)

The Curley Gallery is having its first one-person exhibition to date. Tom Curley, owner of the gallery, is unusual in this city in that most artists, and even the more fortunate, have difficult time making ends meet, especially with the production of new works. This doesn’t mean to imply that all artists make more. Curley's reasoning is that if you're going to produce - whether if you’re producing mass produced for a period that is constantly up to the standards that that artist has established, then you have to set your prices according to what you're producing for.

Curly's reasoning is that "it's virtually impossible for most artists to produce. They're forced to make their living somehow. When you have an artist doing a painting honestly because they want something, and they have a situation that's getting them everybody. You have to let the market go to the artist."
Art & Soul continued from page 15

Retrospective perspectives

"Canada - End of Summer" (oil, 36" x 48")

"One-person shows are not too retrospective, where you can get a new range of work. Look at Category." Croisy said. "He did not want for Tablet for years until he felt he had a body of work that he wanted to show back home. It took him a tremendously long time to produce it." Croisy would rather show the best works of artists as they are created, keeping the artists continually before the public eye.

The exhibition of the work of Thoughtful Groll is a retrospective in the sense that it presents work the artist has done over a span of 20 years. Groll is an unusually accomplished artist who is capable of deploying a broad range of subjects - landscapes, figures and still life - in an equally broad range of media. Using oil, watercolor, gouache, charcoal and silverpoint, Groll produces works of startlingly high quality. In this sense he is the peer of each accomplished painter as Andrew Wyeth, Leonard Anderson, Cezanne and van Gogh.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

His landscapes are filled with such passion that they become artful and lyrical. Each tree taken on a personality and seems to have the center of some drama. In "Bay Stumps Summer Evening," for example, four trees are engaged in a noisy battle; while three of the four trees, looking as though they are in motion, lift their branches higher - what appears to be a gesture of supplication - the tree on the far right merely haltingly is an urgent, reaching gesture, branches thrust out, also reaching, as though the goddess accompanies her grieving daughter. The fabric of the bark texture around their trunk/branches, and the leaves sway like so many with held hair.

And in "Locusts - End of Summer," he shows up view of the lower trunk of a sturdy tree reveals the tree to actually be a patrician landowner walking among his estate. Or perhaps a pillar. The grand trunk inclines forward and out of the painting, as through striking powerfully and through the sounds. Groll, whose work has been included in numerous national and regional shows, uses a technique that adapts to his figures and still-life, in which he masterfully, blends and manipulates his paint in a way that he creates the illusion of reality.

Matthew and Garvan. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.

The range of Groll's painting technique is as broad as his range of subject matter and media. In his landscapes, for example, he paints applied directly, with little or no underpainting. He keeps the elements simple and direct, not seeking mystery - the continuous modeling of transient trees that make up, say, real leaves. Viewed close-up, the paintings don't read, they seem totally stylized. But at a distance they are convincing and portray a beguiling sense of reality.

The landscapes depict Maine and欧冠. Groll spends about six months a year in each place. In Maine he lives on Deer Isle, and in欧冠 on Hayle.
All the right movies
Checking out the world of chess in "Bobby Fischer."

Normally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.

Generally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.

Generally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.

Generally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.

Generally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.

Generally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then, I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm not sure if they're both warm and loved enough to be deeply devoted to their offspring, or just that I'm sure they both like a good pitcher's mound in the back yard. Anyway, the subject of child-rearing is also the focus of the month's family drama, "Searching for Bobby Fischer," which has finally made it to Miami screens.

Now that we don't have to wait much longer, the story of a group of kids with blackboards walking up and down a darkened street following "Bobby" — aka Bobby Fischer — the "shoe's the story of the 7-year-old prodigy who was ranked 8th in the world. But the decision to obey the law of the chess world by going by one's real name — not his nickname — doesn't sit well with the filmmakers. No, it's the story of a boy who -after being asked to prove his identity, refuses to do so. But when the filmmakers refuse to let him go, he decides to return him to the family of his birth. What's the answer? Well, the film is a huge success.
thursday 25

For reservations Books Saturday " Sunday matinee 2:00PM
Open: November India Conversation • Tue-Sat " December 3-5 (207) J. Street Art 871-0273 II • by Foods $' O. Season! & $8. (207) Marginal Way 9 (77) POTTERY PM STAKEHOLDERS' VISION: PM THE FAMILY AFTER DIVORCE

Revive your spirits. The ALEKIN SPIRIT
TRINE, a national and interna­
tional touring group, returns to Portland for another income­perfor­mance at 8 pm. At the First Parish Church, 425 Congress St.
The ensemble, consisting of six singer and two instrumentalists, was formed in order to keep the American Song spiritual folk as both a valid and important art form and as an integral part of American history. This special Christmas program, which also includes the host classics and a song along, will surely move even the strongest heart to the holiday spirit. Tel: 877-720-30 or 603-277-2779

Do you believe "PETE PAN"? J. Barrie's classic children's tale of the boy who would not want to grow up. Stages the complete, has sparked the imagina­tion of young and old minds for nearly a century.
The staged version of this story is presented at 8 p.m. at the The­atre Project, 14 School St., Brunswick. The production, which opened Nov. 9, continues through Dec. 5, is the first production of the new­ly formed Young People's Theatre and the Seacoast Children's Theatre and include 21 community members. Friday and Saturday at 8 p.m., Sunday at 2 p.m. at 7:30 p.m., Saturday and Sunday matinee at 2 p.m. (There is a Nov 30 Show). Tel: 107 (80 students and seniors).

29

Come see The show's in the sky this morning between the hours of 2 and 5:30 a.m., when aurorables will be treated to prime viewing of the polar lights. The show begins with 10:30 a.m., when the earth's nether light will rise.
The movie actually begins at 10:30 a.m. on Sunday, Nov. 30, when it glides into the earth's outer shadow, or terminator. At 1:30 a.m., a bright flash will appear just past the moon's nose, and the show will come to a close at 3:30 a.m. You don't have to drive far to catch the Bottom of the Bowery for this viewing. Some eclipses can be right with a naked eye with no damage.

three days by the mountains. The goose trade is examined in a colorful and informative talk titled, "On Puffin, Maine Tides and the WIN
center: CHASE." by local maritime historian Bud Warren at the Marine
Museum, 125 Washington St., Belfast, at 7 p.m.
Games: a woman, one of the best business­
working women in the 1900s, who was a teacher and poet, which was a rich natural born from the inside of the 1900s, on your day, doesn't half also, the same.

Tix: $12.50 (for members). wednesday

Diddyrampus, Rink, and all legend
by the sky! These eclipses have been
since the year zero, including the likes of
such behemms in the bowery. From this observer Diddyrampus says, "I was happy crying. me and Chuck Berry. Truthfully, I'm not just crying, I'm sobbing between a woman's collarbones.

You'll have a chance to hear this rock
pioneer jack his musical past and to see
astonishing bird-shaped guitar at the State Theater, 469 Congress St. at 8 pm. Einstein Diddyrampus in the Greater Portland Philharmonic Blue Room. And with any luck, he'll even have his birthday version of "I'm a Man." Tel: 479-1112.

cut-in-the-rake. The Chicago band experimental alternative band BAD ABIT
begins their "background sound which the Charge "Three" called "a dense nylon wire sound." In Granny Wiliams, 65 Market St, at 9:00 pm.

The band features Venus Beumer (vocals), Przemek Kubiak (guitar, melodica, trumpet, Chuck Makler (drums), and Jim Skalich (guitar, percussion). The unique blend of these various instruments creates a sound that defies genre pigeonholing, but the band's roots influences ranging from Hank Williams Sr. to the Grateful Dead to Miles Davis and lounge bar, no guitar and no soul kit. Hanging on his hat, Jack 7/30.

Where there's a will, there's a play. Portland Civic Theatre (PCT) begins in first fall season event with the label's comedic rock "TENANT MURDER" at the Oak Street Theatre, 92 Oak St., at 8 p.m. The play contains two young
noleks, Viola and her brother Sebastian, who are coerced in a Madrigal and are eventually driven into the same cell as Dr. Helen, in order to contain such immoral length. If "enemies be the food of love," play on - and "Helen comes the way that must be kicked with kicking"

Tip your hat to these hot heads Dec. 2.

ART is a Portland based professional non-profit organization dedicated to presenting the classics in an intimate setting, "where theater is named" event. The production, which opened on Dec. 5, continues through Dec. 22, with Thursday-Sunday performances.
Shows at 8 p.m., with a 3 p.m. matinee each Saturday. Tel: 107 (80 students and seniors).

Mai's mom, "One half of the world cannot understand the pleasures of the other," so famed Maine in her novel "Lines." With the half of the world who then love to words, they join "BAD ABIT BAD ABIT" in Maine as they celebrate the author's birthday at 9 p.m. to 1 a.m. at the

10-day calendar
FREEPORT  Maine Street Books 38 Maine St, Freeport  207-865-7170, Tues-Sat 10-6, Thurs 1-9, Sun 11-5, 365 days a year. Special orders. Open 24/7 online.  
BRUNSWICK Gulf of Maine Books 81 Maine St, Brunswick  207-729-4811, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Maine's independent alternative.  
INDIA STREET AREA Carlson Turner Books 316 Congress St, Portland  207-774-5429, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Send us your book wants to hear from you.  
RECOMMENDED  FUTON FURNISHINGS 1954 Forest Ave, Portland  207-774-0088. Overstock futons, beds, and more.  
BACK COVE Annie's Book Stop 219 Congress St, Portland  207-774-4774, Tues-Sat 10-6, Sun 11-5.  
Light Of The Moon Portland's Metaphysical Center 3248 Forest Ave, Portland  207-774-4077, Tues-Sat 10-6, Thurs 1-9, Sun 11-5.  
PORTLAND Still Wood Books 308-314 Water St, Portland  207-773-2441, Mon-Sat 10-6, Thurs 1-9, Sun 11-5.  
The Village Bookshop 74-76 Congress St, Portland  207-774-3774, Tues-Sat 10-6, Thurs 1-9, Sun 11-5.  
BRUNSWICK Gulf of Maine Books 81 Maine St, Brunswick  207-729-4811, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Maine's independent alternative.  
INDIA STREET AREA Carlson Turner Books 316 Congress St, Portland  207-774-5429, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Send us your book wants to hear from you.  
RECOMMENDED  FUTON FURNISHINGS 1954 Forest Ave, Portland  207-774-0088. Overstock futons, beds, and more.  
BACK COVE Annie's Book Stop 219 Congress St, Portland  207-774-4774, Tues-Sat 10-6, Sun 11-5.  
Light Of The Moon Portland's Metaphysical Center 3248 Forest Ave, Portland  207-774-4077, Tues-Sat 10-6, Thurs 1-9, Sun 11-5.  
PORTLAND Still Wood Books 308-314 Water St, Portland  207-773-2441, Mon-Sat 10-6, Thurs 1-9, Sun 11-5.  
The Village Bookshop 74-76 Congress St, Portland  207-774-3774, Tues-Sat 10-6, Thurs 1-9, Sun 11-5.  
BRUNSWICK Gulf of Maine Books 81 Maine St, Brunswick  207-729-4811, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Maine's independent alternative.  
INDIA STREET AREA Carlson Turner Books 316 Congress St, Portland  207-774-5429, Tues-Sat 10-6, Thurs 1-9, Sun 11-5. Send us your book wants to hear from you.  
RECOMMENDED  FUTON FURNISHINGS 1954 Forest Ave, Portland  207-774-0088. Overstock futons, beds, and more.  
BACK COVE Annie's Book Stop 219 Congress St, Portland  207-774-4774, Tues-Sat 10-6, Sun 11-5.  
Light Of The Moon Portland's Metaphysical Center 3248 Forest Ave, Portland  207-774-4077, Tues-Sat 10-6, Thurs 1-9, Sun 11-5.
Theophil Groell

Frost gully Gallery is proud to present the paintings and drawings of Theophil Groell through December 22. Frost gully Gallery is located at 12, through December 17, 1993. Groell is known today. His range of subjects and media includes landscapes, seascapes and still lifes. His work is detailed, graceful, and imaginative. This is the only one-person exhibition presented by this gallery in the past ten years. The last one was a major event in the Maine art world. This one is every bit as important.

Frost Gully Gallery
177-7 Town Farm Rd, Freeport, ME 04032 873-2862

Art opening
The Grover Gallery is pleased to present "A Celebration of the Printed Word" by Mike Walsch, through December 31.

Wednesday 1

Friday 26

Saturday 27
The Big Easy. 800 Congress St, Portland. 773-8040. The Big Easy. 800 Congress St, Portland. 773-8040. The Big Easy. 800 Congress St, Portland. 773-8040.

Sunday 28
The Big Easy. 800 Congress St, Portland. 773-8040. The Big Easy. 800 Congress St, Portland. 773-8040. The Big Easy. 800 Congress St, Portland. 773-8040.
We will be closed Thanksgiving Day.

Chicken Liver with Wild Veal

Where: The Event begins at Perry & BEVERAGES ARE FREE. Absolute auction. Too many great items donated by AMEX) SPONSORED by HIV, the virus that causes AIDS, has designated Dec. 1 as World AIDS Day. On this day people throughout the world commemorate the many lives lost to AIDS and act to increase awareness of HIV and AIDS. In Portland the day will be marked by the following events:

AIDS Awareness Stamp

The Postal Service issues the AIDS awareness stamp, portraying a giant red ribbon symbol for World AIDS Day 1993.

AIDS Memorial Quilt Display

The NAMES Project on behalf of the AIDS Memorial Quilt at the WCA, Apr. Spring St. This display, the largest ever in Maine, will feature over 400 panels, each commemorating the life of someone who has died of AIDS. It will be the first time that all the panels made in Maine will be displayed together. Opening ceremonies begin at 4 p.m. The display runs through Dec. 4. Donations collected will be distributed among 14 local AIDS service providers.

A Day Without Art

VISUAL AIDS, a national group of art professionals, has designated Dec. 1 as A Day Without Art. A National Day of Notice and Mourning. At this event, artists, art administrators and art organizations and the expression power of art, AIDS awareness and to raise money for the AIDS Coalition of Greater Portland (ACGP). "A Day Without Art" was created by the Japanese tradition of offering strips of paper to patrons to maintain good health and to ease the soul. Conceived by artist Tom Grabosky, the event will feature paper creations created by people in Maine. Persons are invited to take home a paper and to make a donation to the ACP. The installation is open to view at Downtown St from Dec. 1 through Dec. 15. The gallery also presents a parallel discussion on healing from 5-7 p.m. at 30 Monument Square. Panelists include Bob Cook, Alexander, an Episcopal minister who works with HIV-positive Maine; Walter Crewe, M.D., a psychologist and author; Ann Hamilton, M.D., founder of Project ACGP; and Michelle Provost, a nurse practitioner and founder of "Helping Hands," a newsletter for cancer patients. Regina Kelly, an instructor at the Museum of Art and Carol Schaubhau, a volunteer services coordinator for Hospice of Maine, will provide healing readings for people with serious illness. 770-6445.

Open House at The AIDS Project

Maine's largest AIDS service agency will host its annual open house from 3-5 p.m. at 3 21 Monument Square, Portland. There will also be an opening of "Photographs: Living with AIDS." A permanent exhibit at the Maine Museum of Art, "Photographs: Living with AIDS" has been showing in Boston and will be open in Portland. Refreshments will be served.

Photographing: Living with HIV

A photography juried by Jean Scully, the event offers the opportunity to view photographs that have been taken by people with HIV/AIDS. The juried photographs, which include many local people, will be exhibited from 3-5 p.m. at the Maine Museum of Art, 321 Monument Square, Portland. All proceeds will benefit Maine's largest AIDS service agency. The event is free and open to the public. For more information, call 770-6445.

The Eighth in our Mental Health Awareness Series

7:00 P.M. Monday, November 29, 1993

The Professionals at Jackson Brook Institute, led by Gina Mosher, OT/W, are offering a free program on the prevention of stress and depression during the holiday season to help you recognize and deal with any of these symptoms. If you are experiencing any of these feelings, please plan to attend this free program.

The program will be at the United Church, 425 Congress St, Portland. The program is free, open to the public and sponsored by the Portland Area Council of Churches. For more information, call 773-2787.
Now 774-8562

The Greater Portland YMCA hosts an Open Stage Night to share your creative projects. Open to the public, this event provides an opportunity for all to share their talents. Location: Greater Portland YMCA, 29 Washington Ave. 774-9036.

American Sign Language (ASL) Challenge offers classes to improve your ASL skills. Classes are Tuesdays from 6-7 pm at the So. Portland Public Library on Broadway. 775-4981.

Put yourself in the spotlight with the Portland Museum of Art, which offers a range of classes and workshops. Visit the museum's website for more information. 774-2355.

Soul continued from page 26


The Greater Portland YMCA holds a Lunar New Year Celebration on Feb. 7. This family-friendly event includes Chinese New Year traditions, games, and activities. Location: Greater Portland YMCA, 29 Washington Ave. 774-9036.

The Portland Museum of Art presents "Art & Soul," a festival focused on art and culture. This event features music, dance, and art installations. Location: Portland Museum of Art, 235 State St., Portland. 774-2355.

The Maine Historical Society offers a special exhibit on the history of Portland. This exhibit explores the city's past through photographs, documents, and artifacts. Location: Maine Historical Society, 235 State St., Portland. 780-3577.


It's Time to Change Your Thinking!
If you believe consignment shops are filled with outdated, tattered clothing, we'll change your mind...

As Toys-The New You Will Find!
Career Wear • Lingerie Wear • Evening Wear • Such as... 
Teenage • Junior Wear • Summer Taylor
Special purchase of exceptional new retailer jewelry...
Forgive Me Nots
Featuring quality consignment women's apparel
1732 New Road, Cape Elizabeth, ME 04107
789-2425
Now Accepting FALL AND WINTER Consignments.

A bowling trophy can't play 30 stations of commercial-free music.
Which is why this MC tuner belongs on your stereo and a bowling trophy doesn't.

MC stands for Music Choice. The new music service that gives you 30 different stations of commercial-free, CD-quality sound, just call your local cable company.
Music Choice. It's choice music.

Guitars Drums Stereos
Amps Jewelry Diamonds
Guns

COME IN OUT OF THE COLD.
Enjoy warm hot chocolate or hot apple cider drink specials.
Remember to purchase your raffle tickets to benefit the Bruce Roberts Christmas Fund.

ZOOTZ
Friday Night. Get Away From Your Relatives!
Chem-Free Dancing
9-12 Alternative 12-3 Techno, Rave, House
Sat Dec 4th Thanks to Gravity
Wed Dec 8th Mercy

A bowling trophy can't play 30 stations of commercial-free music.
Which is why this MC tuner belongs on your stereo and a bowling trophy doesn't.

MC stands for Music Choice. The new music service that gives you 30 different stations of commercial-free, CD-quality sound, just call your local cable company.
Music Choice. It's choice music.

Guitars Drums Stereos
Amps Jewelry Diamonds
Guns

COME IN OUT OF THE COLD.
Enjoy warm hot chocolate or hot apple cider drink specials.
Remember to purchase your raffle tickets to benefit the Bruce Roberts Christmas Fund.

ZOOTZ
Friday Night. Get Away From Your Relatives!
Chem-Free Dancing
9-12 Alternative 12-3 Techno, Rave, House
Sat Dec 4th Thanks to Gravity
Wed Dec 8th Mercy

A bowling trophy can't play 30 stations of commercial-free music.
Which is why this MC tuner belongs on your stereo and a bowling trophy doesn't.

MC stands for Music Choice. The new music service that gives you 30 different stations of commercial-free, CD-quality sound, just call your local cable company.
Music Choice. It's choice music.

Guitars Drums Stereos
Amps Jewelry Diamonds
Guns

COME IN OUT OF THE COLD.
Enjoy warm hot chocolate or hot apple cider drink specials.
Remember to purchase your raffle tickets to benefit the Bruce Roberts Christmas Fund.

ZOOTZ
Friday Night. Get Away From Your Relatives!
Chem-Free Dancing
9-12 Alternative 12-3 Techno, Rave, House
Sat Dec 4th Thanks to Gravity
Wed Dec 8th Mercy

A bowling trophy can't play 30 stations of commercial-free music.
Which is why this MC tuner belongs on your stereo and a bowling trophy doesn't.

MC stands for Music Choice. The new music service that gives you 30 different stations of commercial-free, CD-quality sound, just call your local cable company.
Music Choice. It's choice music.

Guitars Drums Stereos
Amps Jewelry Diamonds
Guns

COME IN OUT OF THE COLD.
Enjoy warm hot chocolate or hot apple cider drink specials.
Remember to purchase your raffle tickets to benefit the Bruce Roberts Christmas Fund.

ZOOTZ
Friday Night. Get Away From Your Relatives!
Chem-Free Dancing
9-12 Alternative 12-3 Techno, Rave, House
Sat Dec 4th Thanks to Gravity
Wed Dec 8th Mercy

A bowling trophy can't play 30 stations of commercial-free music.
Which is why this MC tuner belongs on your stereo and a bowling trophy doesn't.

MC stands for Music Choice. The new music service that gives you 30 different stations of commercial-free, CD-quality sound, just call your local cable company.
Music Choice. It's choice music.

Guitars Drums Stereos
Amps Jewelry Diamonds
Guns

COME IN OUT OF THE COLD.
Enjoy warm hot chocolate or hot apple cider drink specials.
Remember to purchase your raffle tickets to benefit the Bruce Roberts Christmas Fund.
Give A First Guitar That Lasts.

Give someone a guitar from Buckdancer's Choice for the Holiday Season. They'll get an instrument built to last a lifetime. With the quality that only comes from the finest woods and craftsmanship.

Every Buckdancer's guitar sounds great and plays well. Trust us for the kind of instrument that lasts a lifetime.

BUCKDANCER'S CHOICE
MUSIC COMPANY

$2.99 a.m.-7 p.m.

Convenient Location:
Foreside - 1.99
Falmouth

Daily
Lunch & Supper

Parking

Convenience

Horseradish

Adventures in Food


This publication is protected under U.S. copyright law and international treaties. No part may be reproduced, transmitted, or distributed in any medium without prior written permission. Such permission must include complete identification of the work, a full citation of its source, and the copyright notice.

No responsibility is assumed for the safety of manuscripts or for the return of unsolicited materials.

Submissions:
Deadline: 1st Friday of month.

For more information, contact:

Visiting Editor
Casco Bay Weekly
P.O. Box 309
Portland, ME 04105

Phone: 207.774.2120
Fax: 207.774.2219

E-mail: publisher@cascobayweekly.com

http://www.cascobayweekly.com

A Publication of Casco Bay Weekly

774-2120

M-T-W-Th-F-S-S

2 India Street • Portland • Free Parking on Site

Click for us

Reservations Accepted • All Major Credit Cards Accepted

Send your manuscript by Jan. 3 to

Casco Bay Weekly Fiction Slam
2114 Congress Street
Portland, Maine 04101

www.cascobayweekly.com

November 24, 2003
29

THE HOLIDAY BAZAAR
Come and enjoy Christmas Shopping from a selection of 90 New England quality artisans and shops. There's something for everyone.

FREE ADMISSION
Saturday, December 4, 1993
10:00 a.m. - 6:00 p.m.

NEW LOCATION: The Portland Expo
239 Park Avenue Portland, ME

W contract

THE COMMUNITY TELEVISION NETWORK PRESENTS

“TIME TO ACT!”

WORLD AIDS DAY 1993
DEC. 1, 2-9 P.M. CHANNEL 4
Special Program Marathon including

8 P.M. THE MAINE PERSPECTIVE
sponsored by: ME HIV/STD Program, Maine Medical Center's AIDS
Consultation Service, and IV 4

Short stories sought for Casco Bay Weekly's

Fiction Slam

Casco Bay Weekly is looking for original, unpublished short stories that reflect life in the Casco Bay region. The new short story and compelling stories will be anthologized in CBW's Fiction Issue in February.

While literary merit is a plus, we're looking mostly for strong voices that say something about life as we know it. We want submissions, not complete manuscripts. We're looking for equally strong fiction that is original and compelling.

Entry includes a summary of 250 words or less accompanied by a self-addressed stamped envelope.

Entries and all unsolicited materials will be returned. We're looking for shorter fiction 1,000 words or less. Entries will be accepted until 5 p.m. Jan. 3, 1994.

The author's name, address and phone number must appear on the cover of the manuscript, which will be sent to you.

The winning entries will be published in the Fiction Issue of Casco Bay Weekly. A panel of judges will choose the winning stories based on origination, insight and style. Selected authors will each receive $50 books and their stories will be published in the Feb. 13 issue of Casco Bay Weekly. We're sorry, but we cannot be responsible for any unsolicited materials or manuscripts.

Send your manuscript by Jan. 3 to

Casco Bay Weekly Fiction Slam
2114 Congress Street
Portland, Maine 04101

http://www.cascobayweekly.com

November 24, 2003
29
LUNA SALVATORE SPECIALIZING IN CONDO MANAGEMENT

Call Elliott today to reserve your space

300 miles.

$400. 828-0223

$1,600 . 885-0926.

A GREAT CONTRACEPTIVE ALTERNATIVE

Alicia Adams

Hypnotherapy

We'll keep it running 'til it SELLS!

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.

Hypnotherapist

We'll keep it running 'til it SELLS!


If you are thinking about self-improvement, try any one of the centers health practitioners favor in Caro Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-2432 and use Joan Dublin, Magik or Michael.
person of the week

W - M

DREAD HOLIDAYS? Let's dine and laugh through them! Professional country woman and stories. Love travel, gardening, cooking, skiing, sailing: w 1985 (12/29)

CASCO BAY WEEKLY

HOW TO RESPOND
To a Casco Bay Weekly Personal Ad. Call 1-800-370-2041

TO PLACE YOUR OWN PERSONAL AD CALL 775-1234

HOW TO USE YOUR PERSONAL CALL number:

Your ad is good for 1 week; it will appear on your local page. Call 1-800-370-2041, dial your city, and have the 5-digit code ready. After 5 seconds, you will hear your personal ad play. Ask to have "this ad called" to be transferred to you. Your personal ad will play back, allowing you to listen for additional information at any time. The same ad will be played again. The frequency of this service may vary, depending on local operator availability.

How to respond to a personal ad:

Add a "CALL" to any ad, 24-hours a day, 7-days a week. When you call, you'll hear your personal ad play. Ask to have "this ad called" to be transferred to you. The same ad will be played again. The frequency of this service may vary, depending on local operator availability.

35-Caracter Headline: includes dates, be creative!

FREE: "WOMAN" "MEN" "PARTIES" "WANTED" "DATE NIGHT" "PARTY" "ADVICE"

Category/Rating:

FREE: MAN/MAN, WOMAN/WOMAN, MAN/WOMAN

Rating: 1-10, 10 being rated "best"

Confidential Information:

Your age, weight, location, and city will be included in your personal ad.

Real puzzle

What's cookin?  

Each of the ingredients listed at the bottom has a caloric and nutritional value outlined at the top. Try to match them up.

Solution to Real Puzzle #200


[Insert ad for Casco Bay Weekly]

[Insert ad for Real Puzzle]
MAXWELL'S
POTTERY OUTLET
30% - 80% Off Retail!
Discover Maine's Best Selection of Beautiful Pottery and Glassware.
Most at 30% to 80% Off Retail! We pride ourselves in Our Exclusive Lines, Affordable
Prices, Friendly Service, and Careful Shipping!

49 Main Street
FREEPORT
(207) 865-1144
OPEN 9-9

361 Front Street
PORTLAND
(207) 773-7977
OPEN 9-9

151 Coulter Street
ROCKLAND
(207) 596-0730
OPEN 10-6