

1-2013

Peaks Island Star : January 2013, Vol. 33, Issue 1

Service Agencies of the Island

Follow this and additional works at: http://digitalcommons.portlandlibrary.com/peaks_pisn_2013

Recommended Citation

Service Agencies of the Island, "Peaks Island Star : January 2013, Vol. 33, Issue 1" (2013). *Peaks Island Star*, 2013. 12.
http://digitalcommons.portlandlibrary.com/peaks_pisn_2013/12

This Book is brought to you for free and open access by the Peaks Island Star at Portland Public Library Digital Commons. It has been accepted for inclusion in Peaks Island Star, 2013 by an authorized administrator of Portland Public Library Digital Commons. For more information, please contact campbell@portland.lib.me.us.

SENIOR LUNCHEON NEWS

The Seniors and guests enjoyed a wonderful luncheon in December and want to thank the Lions Club for their donation of the turkey for our meal. The many dishes that were offered to accompany our turkey were delicious. Before lunch we were entertained by the preschoolers from the Children's Workshop.

There will not be a Potluck Luncheon in January. We will resume our monthly luncheons on the second Monday in February.

Peaks Island Elementary School

December is always an exciting month at an elementary school, and ours was no exception. On the 12th, our students performed in our Winter Concert. This annual event always draws a crowd in our gymnasium. We want to express our sincere thank you to families and friends for being in attendance. Our students worked diligently all fall in Chorus practices and in our music classes to learn and hone their ability to perform their pieces.

Our chorus was expanded this year to include second graders. The forty-five minute chorus practices start at 7:45 A.M. every Thursday. Jan Thomas, our chorus teacher, selected beautiful songs that challenged the group and delighted the audience.

Our music teacher, Paul McGovern, prepared our classes to be ready to perform a variety of songs that ranged from the Star Spangled Banner to Jingle Bells! Though he could not be with us on the evening of the concert, our teachers proved worthy substitute directors.

Our month ended where our winter break began. The Lions Club helped send our students off in a wonderful mood, despite the strong wind and rainstorm raging outside our school on Friday, the 21st. Every year the Lions Club brings decorations and Santa to our school to provide a gift for every island child. When our school day ends, the Lions Club party begins. Volunteers organize the event beautifully, and every child experiences the warmth of Peaks Island's community spirit. Thank you to all who made this event so wonderful!

Peaks Island Community Emergency Response Team (CERT)

The New Year is a good time to check alarm detectors for fire and carbon monoxide and replace those old batteries.

Also, our Portland Fire Department has great suggestions at www.portlandmaine.gov/fireprevention/residentialsmokecoalarmrequirements.pdf

And our Peaks Island CERT needs more volunteers! For more information, call Albert Bleau at 766-0007 or 781-962-2662.

###

Portland Family Medicine
at the
PEAKS ISLAND HEALTH CENTER
87 Central Avenue

Winter Hours: November through April: **Monday and Thursday**
8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.

Please call either: **766-2929**, or **874-2466** for an appointment.

Since reopening the doors at the Peaks Island Health Center in October, Maine Medical Partners/Portland Family Medicine/Maine Medical Partners Leadership and the Health Center Board have been actively working together to create an island care facility that meets a maximum of our patient needs.

There have been myriad details to smooth the transition, conform to professional demands and provide for requests and requirements from our unique community. Your feedback has been essential and the response from Maine Med, while demanding time and patience, has been remarkable for such a large and complicated organization. We are truly fortunate to have such responsive committed medical collaborators.

If you already receive your medical care through the Maine Medical system, or if you would like to use the Peaks Island Health Center for your primary care, please stop by the office on a Monday or Thursday to ensure that you are properly enrolled.

In making your decision whether or not to switch to the Peaks Island Health Center for your primary care, you may want to consider the fact that, as part of the Maine Medical Center (MMC) "family", you can be seen by Kitty or another practitioner, at MMC's Family Practice Clinic on the weekdays our Health Center is closed. That clinic, located at 272 Congress St. on the corner of Congress and India Sts., is convenient to the boat. It is open daily as well as most evenings and Saturdays, by appointment. Your electronic health record can be accessed there, as well as at MMC hospital.

Peaks Island Council Budget Meetings

The PIC will hold an additional meeting in January to address the 2013 budget. The Council will hold a public Work Shop at 5:00 PM, Wednesday Jan. 9 followed by a Budget PIC Meeting at 6:30 PM. The Council will meet again on Wednesday Jan. 23 with a public Budget Workshop at 5:00 PM followed by a PIC Meeting at 6:30 PM. The meetings will all be held at the Community Center.

LORETTA VOYER FUND

The Loretta Voyer Board would like to wish all islanders a happy and healthy New Year. We would like to thank the Loretta Voyer Craft Fair artisans for their monetary generosity and for advertising the Fund's cause.

As always, we are grateful to all who continue their support of our mission. This Fund provides transportation needs for islanders who are undergoing therapy for cancer or other life limiting diseases. Please call a board member for further information: Judy Piawlock, Jerry Garman, Melissa Conrad, Kathy McCarthy, Jan Thomas, or Suellen Roberts, 354 Seashore Avenue, 766-2161, sbwatersedge@earthlink.net

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Time seemed to fly by in December and here we are in January of 2013. The winter months are a great time to plan activities to get us all out of the house. Our Loaf and Ladle Dinners will continue through June. Our January Loaf and Ladle will feature PASTA, PASTA AND MORE: spaghetti, lasagne, penne and macaroni recipes. Salad, antipasto, and dessert will round out the meal. Our wonderful cooks will be making their favorite pasta dishes. Please join us on Saturday evening, Saturday, January 13th from 5:00 to 7:00 p.m. at Peaks Island Baptist Church. The price is \$7 for adults and \$2.50 for children. The proceeds will go to Energy or Tax Assistance.

We are already planning dinners for February March, April, May and June. Our recipe books will get used and we will be some searching on the internet for recipes. We can guarantee that the food will be delicious and that Charles Burr will be making his famous desserts. Meet and greet neighbors and friends and let us do the cooking for you.

Our Committee would like to invite Islanders to join our committee. We try to meet once a month for an hour. Basically we discuss fundraising ideas and plan our dinners. We would love to welcome you to our Committee.

Right now our accounts can meet the demand for energy assistance. Our participation in the Market America not-for-profit program has meant all the difference in the world to us. Every \$300 check we receive can pay for one applicant's fuel. But, we need to have other sources for income. We seek new ideas for fundraising this year.

Ralph Ashmore, Aviva Golan, Heather Kanninen, John O'Brien, Cynthia Pedlikin, Howard Pedlikin, Charlie Schull, and Teresa Schull Ad-Hoc members Michelle Boyle and Charles Burr

Don't forget to enjoy the "best chowder on the island" contest!!! Where? American Legion. When? Saturday, January 19, from 5 PM until all chowder is gone. Cost? \$7.50. Have fun as we support our scholarship and other special needs funds. To enter your chowder, call Lisa or Ellen at the Café: 766-2600.

St. Christopher's Catholic Church

Rector: Father Louis Phillips 773-7746

Sunday Mass Schedule: Regular Sunday Mass at 10 AM followed by fellowship in the Parish House. All are invited and details are on-line at www.cluster21portland.org.

Information: Baptism, Reconciliation & Marriage: Call Father Lou.

###

Brackett Memorial United Methodist Church

Open Hearts, Open Doors, Open Minds

We are a Welcoming, Inclusive, Reconciling Congregation

9 Church Ave., Peaks Island, ME

Pastor: Rev. Angela Tarbox; 207-766-5013; www.brackettmumc.org



Worship

Sunday Morning Worship at 10am, Multigenerational services. Worship is followed by an informal fellowship gathering in the church hall.

Mission, Education & Outreach

Scripture Study Tuesdays (Resuming January 8); 8:30-10am at the home of Beth Childs. All are welcome!

Prayer Shawl Ministry Tuesdays (Resuming January 8), 12:30-2:30 pm at the Parsonage. All are welcome!

Peaks Island Food Pantry at Brackett Church Mondays, 3:30-5p; Thursdays, 9:30-11a.

Youth Programs: AftaSchool for grades 4-7, Mondays and Thursdays, 2:30-6pm. Tweens, January 11 & 25, 6:30-9pm. Call Jeannie Ashmore (766-2982) for info.

Girl Scouts 3:45-5:15pm, January 1, 15, & 29. Call Diane Ricciotti (766-5183) for info.

Children's Choir has room for children who love to sing. Contact Mavourneen Thompson for info.

Special Event for January:

If you are interested in helping with any of our mission, Christian education or outreach programs (including our fairs, community suppers and rummage sales), please come to our all-church meeting on Saturday, January 26 from 9:30-noon. We are taking a new approach to the way we do things and would love to have your input.

DEADLINE FOR NEXT MONTH'S STAR: Friday, January 25, by 6pm. Bring articles, copy ready, to the library. You may put them under the door or in the Book Return when the library is closed.

Thank you to an anonymous donation to the printing of the Star this month.

JANUARY ACTIVITIES on PEAKS ISLAND
Sponsored by Portland Recreation and Facilities Management

To reserve space and equipment in the community building, you must contact Denise at least two days in advance. Contact Denise at d1m@portlandmaine.gov or leave a message at 766-2970. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays. Denise is not on the island on holidays; please check calendar on bulletin board as you enter the community building for Denise's schedule. If you leave a phone message and don't get a return, please try again. Thanks!

THANKS to all who made this year's Tree Lighting event a success; Santa & friends enjoyed it despite the cold! If you took photos, Denise would like to see them (d1m@portlandmaine.gov) Also, share ideas for other community-wide events.

KNIT/CHAT/LUNCH THURSDAYS (com. rm.)

Thursdays, January 3, 10, 17, 24, 31 10:45am-12:45pm
Join the fun as we knit/crochet hats/scarves to donate. All welcome (easy projects for beginners). Materials available; yarn, knitting needles & crochet hooks always appreciated.

**175 KNITTED HATS and SCARVES DONATED!
THANKS TO ALL WHO CONTRIBUTED!**

Hand-made hats and scarves were donated to local charities – a great way to share the holiday spirit! Thanks to all who donated time, talent and materials to make this a success. We will continue this project for the third year – see above info.

1st MONDAY FUN - PRESCHOOLERS/ADULTS

Monday, January 7 11:00am – 12 noon (com. rm.)
Bring your little ones for crafts, music and fun. Pre-registration not required. Drop in any time from 11am to 12 noon

GARDEN SERIES with JUSTIN PALMER

... Celebrating Hot Soup Month

Monday, January 7 1:00 – 2:00 pm (com. room)
Join Master Gardener Justin Palmer as we celebrate Hot Soup Month! Taste a variety of soups. Bring a favorite of your own to share (or at least the recipe!).
Co-sponsored by Portland Recreation and PI Com. Garden.

BINGO FUN

Monday, January 14 1:00 – 2:00 pm
Have fun & lots of laughs while playing BINGO for "great" prizes. If you'd like, you may bring some "prizes" (re-gifts?!)

BEAT CABIN FEVER THURSDAYS (com. rm.)

Thursdays, January 3, 10, 17, 24, 31 1:00 - 2:00pm
Socializing can help beat the winter blues! FML, see island bulletin boards. All are welcome – bring your own ideas.
January 3 – "Clutter Club" – bring project to work on
January 10 – Learn a new craft (instructors needed)
January 17 – "Mystery" Tea; pre-registration required.
January 24 – National Belly Laugh Day – let's have fun!
January 31 – Scrabble and other word games

GATHERING at PEAKS CAFE

Monday, January 28 Pre-registration appreciated
Meet at the cafe - 11am for breakfast or 11:30 am for lunch

SHOWING OF DOCUMENTARY *HARDWATER*

Friday, February 1 2:15 – 3:30 pm (com. room)
This documentary, shot entirely in Maine over the course of three winters, chronicles the quirky, insular ice fishing community in Maine. This film sold out at the Camden International Film Festival this fall! Meet one of the people behind this film – Ryan Brod, now a winter resident of PI.

On-going exercise programs for Adults
FML, please leave a message for Denise (766-2970)
Walking Program (or indoor stretching):
Mondays and Thursdays – meet at 8:30 in the com. rm.
Low-Impact Aerobics w/ Weights:
Mondays and Thursdays – 9:30 to 10:30 am (com. rm.)
Ping Pong:
Tuesday afternoons – 2:00 pm in the community room
Wednesday mornings – 10:00 am in the community room
Adult Basketball (\$2 pp/per night):
Tuesday-evenings - 6:00 to 8:00 pm at PI School Gym



Saturday Night Movies in January



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

Jan	6 PM	Jan	8 PM
5	<i>Adventures of Shark Boy and Lava Girl</i> (2005) PG, 93 min	5	<i>Adaptation</i> (2002) R, 114 min
12	<i>Paranorman</i> (2012) PG, 92 min	12	<i>Follow the Fleet</i> (1936) NR, 110 min
19	<i>Beasts of the Southern Wild</i> (2012) PG-13, 93 min	19	<i>Shop Around the Corner</i> (1940) NR, 98 min
26	<i>Zathura: a Space Adventure</i> (2005) PG, 102 min	26	<i>Amelie</i> (2001) R, 122 min

Children must be accompanied by an adult.