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Peaks Island Star

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Service Agencies of the Island

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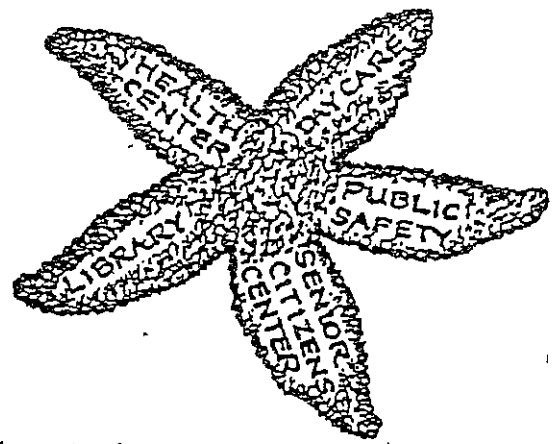
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

January 2014

Volume 34

Issue 1



Peaks Island Land Preserve
FOREVER WILD

HELP SAVE THE PEAKS ISLAND ICE POND!

The Ice Pond quietly came on the market this fall, a reminder that this stunning vista, open space, and beloved skating pond is privately owned and could be developed at any time. Fortunately, a generous abutter approached Peaks Island Land Preserve and has offered the Peaks community an option to purchase the pond and most of the surrounding land. But we need to raise \$85,000 in six months.

Please visit www.peaksislandlandpreserve.org for a short video and more details about preserving this outstanding property forever.

Now is the time to help. An opportunity to preserve such an iconic piece of Peaks Island has not presented itself since the Battery Steele purchase in 1995. A lead donor has already offered up to \$10,000 to match any donations received before the end of the year, doubling the impact of your gift. Few things we do in life will have this kind of lasting impact.

Donations can be made online or by sending them to PILP, P.O. Box 99, Peaks Island, ME 04108. Any specific questions can be sent to Curtis Rindlaub at pilp@mainecoastguide.com or by calling 766-5665. Thank you!

PEAKS ISLAND LAND PRESERVE
P.O. Box 99, Peaks Island, ME 04108
PeaksIslandLandPreserve.org

Brackett Memorial United Methodist Church

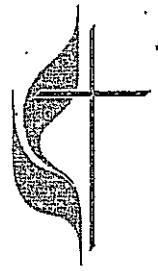
Open Hearts, Open Doors, Open Minds

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave., Peaks Island, ME 04108

Rev. Angela Tarbox, Pastor

207-766-5013; www.brackettmumc.org; brackettmumc@yahoo.com



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

After School Bible School – Wednesdays, 12:30-2:30 at Brackett church. A Vacation Bible School style curriculum for kids in grades K-5. We have snacks, games, videos and activities that help us to learn more about God and to experience God's love in our lives. January 8, 15, 22, and 29.

Tween Nites – Every other Friday, 6:30-9pm (generously co-sponsored by the Peaks Island Fund). For youth in grades 6-8. January 10 & 24.

Adult Scripture Study Tuesdays, 9-10:30am at Beth Childs' home.

Prayer Shawl Ministry Fridays 10:30am – 12:30pm at the parsonage.

Peaks Island Food Pantry at Brackett Church Mondays, 3:30-5p; Thursdays, 9:30-11a. If you would like to donate non-perishable food, there are drop-off locations at the Community Center and Brackett Church.

SPECIAL EVENTS IN JANUARY:

Sunday, January 5: Worship in our Pajamas! You are invited to wear your warm, comfy pajamas, bring your slippers (and maybe even a robe!) as we celebrate Epiphany together at our "Home Church." We will explore what it means to come to Christ "Just As You Are."

Thursday, January 9: Community Chat Group at the Parsonage on 9 Church Ave, 6:30pm. This is an open mutual support group. We do not have any particular agenda other than to be present for one another in a confidential setting. There is not a defined religious component to the group, though spirituality and faith often become topics of conversation when dealing with difficult times. We hope you will join us.

St. Christopher's Catholic Church

Rector: Father Louis Phillips 773-7746

Sunday Mass is at 10 AM followed by fellowship in the Parish House. All are invited and details are at www.cluster21portland.org.

For questions concerning Baptism, Reconciliation & Marriage, please contact Father Lou.

Share Scripture with Islanders each Thursday in the Parish House from 9:30 to 11 AM.

Cancer Support Group meets from 7 to 8 PM on Tuesday, January 21st in the Parish House.

AA meets Wednesdays from 6:30-7:30 PM in the Parish House.

New Year's Day Mass will be at 10 AM and all are welcome.

Happy New Year!

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January at the Peaks Island Branch Library

in the Community Building

766-5540

email peaks@portland.lib.me.us

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Middle School Library Book Club: 6th, 7th, and 8th graders come to the library, get a punch card, and check out a book. Starting Saturday, January 4th, and until Saturday, February 15th, Read 6 Books and the library will host a pizza party just for you!

Valentine Poetry Read: After skipping a year in 2013, Suzanne Parrott and Jesse Mantsch are working together on plans for the Sometime Annual Valentine Poetry Read for this February 2014. Tentative date is Wednesday, February 12. If you have ideas or would like to help, please contact Suzanne or Jesse or the library. People are needed to help decorate and to bring decadent desserts and of course poets, readers of poetry, musicians, and an appreciative audience will be needed as well.

First Tuesdays Book Discussion: *Olive Kitteridge* by Elizabeth Strout is the book for the first discussion of the new year, Tuesday, January 7, at 7 pm in the Community Room. The group will switch to nonfiction for the meeting on February 4, *My Beloved World* by Supreme Court Justice Sonia Sotomayor. In March, The fourth and fifth grades from Peaks Island School, along with their teachers, Mrs. Nilsen and Mrs. Walden, will join us for a discussion of *Wonder* by R. J. Palacio. That book, which is being read by adults as well as older children, tells of *ten-year-old Auggie Pullman, who was born with extreme facial abnormalities and was not expected to survive, goes from being home-schooled to entering fifth grade at a private middle school in Manhattan, which entails enduring the taunting and fear of his classmates as he struggles to be seen as just another student.* EVERYONE is welcome at any Book Discussion. Contact the library if you would like to reserve a copy of any of the books. Please come to any discussion that appeals to you - and bring a friend.

Nursery-Rhyme Time: for infants and toddlers, Wednesdays at 10:15

Preschool Storytime: Fridays at 10:15

PEAKS ISLAND COUNCIL (PIC)

Peaks Island Council Workshop – January 8, 2014, 6:30 PM at the Community Center.

This is a special workshop for the councilors to set the agenda for the coming year and look at committee assignments.

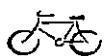
The public is invited, however, there will be no input from the public at this meeting.

Scheduled PIC meetings are held the 4th Wednesday of each month at the Community Center.

Next scheduled meeting is January 22 at 6:30 PM. For more information please contact any of the council members: Cheryl Miner Chair; Marjorie Phyfe Co Chair; Mary Anne Mitchel, Jean Tim Lisa

Need Based Ferry Tickets

Tickets available at The Baptist Church, Brackett Church, Food Pantry, Peaks Island Health Center, Peaks Island Children's Workshop, St. Christopher's Church and the Peaks Island Senior Center.



Bike Tickets for Island Residents This program will resume in the spring.

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Time seemed to fly by in December and we had some storms as well. Here we are in January of 2014. The winter months are a great time to plan activities and get us all out of the house. Our January Loaf and Ladle will feature BREAKFAST for SUPPER - *eggs, pancakes or waffles, potatoes, sausage, pastries, and fruit*. There will be some surprises as well. Please join us on **SUNDAY** evening, January 19th from 5:00 to 7:00 p.m. at Peaks Island Baptist Church. The price is \$7 for adults and \$2.50 for children. The proceeds will go to Energy Assistance.

We are already planning dinners for February March, April, May and June. We are always looking through recipe books and searching on the internet for recipes. We can guarantee that the food will be delicious. Of course. Charles Burr will be making his famous desserts. Meet and greet neighbor and friends at our Loaf and Ladle Dinners and let us do the cooking for you. Of course we are always looking for new committee members. We invite you to join us. We usually meet once a month for an hour. Our agendas include sharing fundraising ideas and planning our dinners..

Right now our accounts can meet the demand for energy assistance. Our participation in the Market America not-for-profit program has meant all the difference in the world to us. Every \$300 check we receive can pay for one applicant's fuel. But, we need to have other sources for income and we are always looking for new fundraising ideas.

Ralph Ashmore, Linda Capone-Newton, Aviva Golan, Heather Kanninen, Sandy Lucas, John O'Brien, Cynthia Pedlikin, Howard Pedlikin, Val Simoneau, Ad-Hoc members Michelle Boyle and Charles Burr

Peaks Island Community Emergency Response Team (CERT)

Although our Portland Fire Department continues to work with the Island CERT, we still need more volunteers!

Please come to our regular monthly meeting at the Community Center at 6:15 PM on Monday, January 13th to learn more about how you can help Islanders during a disaster.

For more information, call Al Bleau at 766-0007 or 781-962-2662.

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Saturday Night Movies in January



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

Jan	6 PM	Jan	8 PM
4	<i>Brave</i> (2012) PG, 93 min.	4	<i>Ted</i> (2012) R, 114 min
11	<i>Kung Fu Panda – Legends of Awesomeness</i> (2013) G, Animated TV series, 25 min episodes	11	<i>Sunday Bloody Sunday</i> (1971) R, 110 min
18	<i>Tangled</i> (2010) PG, 100 min	18	<i>Amour</i> (2012) PG-13, 127 min
25	<i>Ratatouille</i> (2007) G, 111 min	25	<i>Searching for Sugar Man</i> (2012) PG-13, 86 min

Children must be accompanied by an adult.

The Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is truly a community effort, with donations and support provided by many different individuals and organizations from Peaks Island. As part of the Peaks Island Council initiative to provide boat tickets to year-round residents in need, the Food Pantry now has a few senior, child and adult boat tickets available for distribution.

We are located at the Brackett Memorial Church and our opening hours are:

Mondays — 3:30 — 5pm

Thursdays — 9:30 — 11am

The Peaks Island Food Pantry would like to thank Lisa Lynch and the staff at the Peaks Island Café for continuing their tree-lighting ceremony tradition in support of the Food Pantry, and to everyone who donated food items or money at the café. Lisa generously donates hot cocoa and cookies after the community tree-lighting and solicits donations to the food pantry in lieu of payment. Thank you, Lisa!

We are extremely grateful for any donations of non-perishable food and toiletry items (no out of date food items, please). We have a collection box located in the Douglas MacVane Community Center — aka the library—or bring donations directly to the food pantry during opening hours. Our current needs are: Peanut butter, grape jelly, instant coffee, canned ham or chicken breast, canned fruit or vegetables, boxes of flavored rice mixes, pasta, pasta sauce, toilet paper.

Cash donations are especially helpful as it allows us to provide clients with \$20 Hannigan's vouchers for fresh fruit, vegetables, bakery, dairy and meat items. You can now make checks out directly to: Peaks Island Food Pantry. People who wish to make tax-deductible donations should make checks out to Brackett Memorial Church and write "FOOD PANTRY" in the memo line. Please call Susan Hanley, 766-2735, for more information, to request food drop off, or to arrange donation pick up.

PEAKS ENVIRONMENTAL ACTION TEAM

7 PM Monday, January 13th
in the Community Room

Efficiency Maine's Dana Fisher
Will Give an Overview of
Residential Energy Efficiency Programs and Incentives

Well over one hundred Peaks Island homes were weatherized last spring and this fall, as neighbors took advantage of Efficiency Maine's residential air sealing program and the skills of Mark Poirier's Heat Doctor crew. This initiative was organized PEAT and the Island Institute.

Now PEAT invites you to consider next steps. Come learn about all the ways Efficiency Maine can assist you as you work to make your residence more energy efficient. Learn about the latest in lighting and heat pump technology. Find out about the incentives available for the purchase of water heaters, ductless heat pumps, insulation and more.

Peaks Island Elementary School

Happy New Year to all from the staff and students at Peaks Island Elementary School! We finished up the week before winter vacation with a flurry of activity. The PTO sponsored a gift-making fair; students made bottle cap necklaces, ornaments, scarves and other crafts to give to loved ones. Mrs. Dilger's class had fun with their study of holidays around the world. Mr. Marengi's class produced some outstanding persuasive writing, and Mrs. Nilsen & Mrs. Walden's class wrapped up their Native American Studies unit. Fourth and fifth graders wrote research reports, created Powerpoint presentations, and made crafts that they shared with their classmates. The 4th & 5th graders also had a visit from Barbara Hoppin, who prepared them for a trip to the Portland Museum of Art to see the "Piece Work" exhibit. Last, but not least, right after school on December 20th, Santa stopped by bearing gifts, balloons, and goodies to eat. Thank you Santa!

If you go for a walk near Battery Steele, you may notice that some of the trees have numbered labels on them. This is part of an on-going project involving Oceanside Conservation Trust, the school, Peaks Island Land Preserve, the Peaks Island Fund, and a number of volunteers from the community. The students are marking 100 trees along the road near Battery Steele. They will collect information about the types of trees, their location, and whether there are any invasive plant species growing nearby. Steve Bushey, our local map-making expert, will help the students to create a detailed map of the area and develop an action plan for dealing with the invasive plants.

Finally, working with Island Fellow Maggie Small, Peaks Island School's 4th & 5th graders kept track of weather and by-catch data during the month of October 2013. They created line graphs and pie charts to display the data. On Monday, December 16th, the students' graphs and charts were used as part of a presentation to scientists who were gathered at the University of Maine at Orono for a conference on invasive green crabs.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854
www.picw.org



**The PICW will be closed
Monday, January 20th in observance of
Martin Luther King Jr. day.**

The PICW is accepting applications for our WAIT-LIST.
Contact Celeste at celeste@picw.org for applications

The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Gerry Ney at gerryney3@gmail.com

DEADLINE FOR NEXT MONTH'S STAR: Saturday, January 25, by 6 pm. When the library is closed, you may put articles in the Book Return or under the door. Thank you to all who have supported the STAR by writing your organization's articles, by volunteering to do paste-up, photocopying and stapling, and distribution. Thank you also to those who have made donations to underwrite the cost. 2014 will be the STAR's 34th year of publication. Happy New Year to All!

Peaks Island Health Center

87 Central Ave.

Hours: Monday and Thursday: 8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.

Please call either 766-2929 or 874-2466 for an appointment.

Now that winter is upon us, and traveling to Portland when we are sick is even more of an inconvenience, we thought it would be helpful to remind Peaks Islanders of the following service the Health Center offers:

* The Health Center can provide acute care (short-term treatment of an injury or illness) to patients who have Primary Care Physicians in other practices.

* If you wish to have the option of using the Health Center and are not affiliated with MMC, please check with your insurer before an incident arises, to avoid any coverage issues. As a rule, Medicare patients may see whom they wish.

* Patients who have no insurance coverage are also welcome to use the Health Center. The Peaks Island staff can give you information regarding contacts at Maine Med./Partners who can assist you with payment options. And they will be glad to answer any questions you may have. Stop in when the Center is open.

As we look forward to 2014, we are grateful for the commitment of such a dedicated professional staff and for the solid resources of Maine Medical Center in support of our Health Center on Peaks Island. And we would like to take this opportunity to thank Peaks Islanders: those who use the Health Center, and those who have responded to our Annual Fund request. Island support is vital to our continued success.

LORETTA VOYER FUND

THE LORETTA VOYER FUND (LVF) CONTINUES AS A LIVING MEMORIAL TO LORETTA VOYER. THE LVF'S MISSION INCLUDES ASSISTING THOSE PEAKS ISLANDERS REQUIRING CHEMOTHERAPY AND RADIATION TREATMENT FOR CANCER AS WELL AS THOSE RECEIVING TREATMENT FOR OTHER LIFE LIMITING DISEASES. CIRCUMSTANCES CAN BE SUBJECT TO INDIVIDUAL REVIEW.

WE OFFER FERRY TICKETS FOR A VEHICLE WITH PASSENGER, AND IF A DRIVER/CAR IS NEEDED, THE BOARD MEMBERS WILL FIND A VOLUNTEER TO HELP YOU. OUR GOAL IS TO PROVIDE A QUIET AND LESS TAXING BOAT RIDE DURING THIS STRESSFUL TIME.

WE DO HOPE ISLANDERS WILL AVAIL THEMSELVES OF THIS OPPORTUNITY. LORETTA WOULD WANT ANYONE WHO FOUND THEMSELVES IN CIRCUMSTANCES SIMILAR TO HER OWN TO HAVE THIS OPTION. IT CAN MITIGATE THE ACTUAL MEDICAL EXPERIENCE AS WELL AS HELP FAMILY MEMBERS.

WE WISH TO THANK THE ARTISANS OF THE RECENT LORETTA VOYER HOLIDAY CRAFT FAIR FOR THEIR VERY GENEROUS DONATION, ALSO A BIG THANK YOU FOR ALL THE DONATIONS FROM ISLANDERS AND FRIENDS WHO HELPED SUPPORT US THIS YEAR.

THE FOLLOWING MEMBERS OF THE LVF BOARD MAY BE CONTACTED FOR MORE INFORMATION, DONATIONS AND/OR TICKETS: JUDY PIAWLOCK (766-2109), MELISSA CONRAD, JERRY GARMAN, KATHY MCCARTHY, JAN THOMAS OR SUELLEN ROBERTS, (354 SEASHORE AVENUE, 766-2161, SBWATERSEDGE@EARTHLINK.NET).

WE WISH TO THANK ALL WHO HAVE DONATED TO LORETTA'S FUND AND WE LOOK FORWARD TO THE ISLAND'S CONTINUED SUPPORT.

3 4 5

JANUARY ACTIVITIES on PEAKS ISLAND
Sponsored by Portland Recreation and Facilities Management

To reserve space and equipment in the community building, you must contact Denise at least two days in advance. Contact Denise at DLM@portlandmaine.gov or leave a message at 766-2970. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays. Denise is not on the island on holidays; please check calendar on bulletin board as you enter the community building for Denise's schedule. Check availability (<http://www.portlandmaine.gov/rec/peaksislandcc.asp>) but you still must contact Denise to reserve space. If you leave a message and you don't get a reply, please try again (messages may get lost).

THANKS to all the islanders (and friends) who make Peaks Island very special!
Without community-wide support, the following programs would not have been successful:

TREE LIGHTING – Many thanks to Santa, the musicians leading the singing and those playing at the Café, PI Café and the “elves” who made the delicious goodies, those who made tree decorations AND those who stood out in the cold to enjoy this annual event. If you have photos, please send them along to DLM@portlandmaine.gov

KNITTING for CHARITY – Over 400 hand-made items (hats, scarves, mittens, dish/wash cloths) were donated to charity. Thanks to all the knitters & to those who bought items. Much needed gloves & socks were purchased/donated. Have ideas/suggestion for future community-wide events? Let Denise know (DLM@portlandmaine.gov) / 766-2970

**WEEKLY THURSDAY GET-TOGETHERS:
KNIT/CROCHET, CHAT and LUNCH (com. rm.)**

Thursdays, January 9, 16, 23, 30 10:45am-12:30pm
We start our 4th year knitting for charity. Hats, scarves, mittens and dishcloths are needed. All welcome. We accept donations of yarn, knitting needles and crochet hooks.

RESOLUTIONS: Sharing AND Starting

Thursday, January 9 1:00-2:00pm (com. room)
Let 2014 be the year that you lose weight, get organized or get fit! Share your resolutions, learn from others and do it!

CELEBRATE SOUP MONTH at PEAKS CAFE

Monday, January 13 Meet at Café at 11 or 11:30am
Enjoy good food (soup and more!) with friends (new & old). Meet at the café at 11am for breakfast or 11:30 am for lunch.

CELEBRATE NAT'L PIE DAY with BINGO FUN

Thursday, January 23 1:00 pm – community room
Have fun with BINGO (prizes will be “regifts” – feel free to bring some along!) while sharing your favorite pie recipes. Samples of your favorite pies would be most welcomed!

AFTERNOON MOVIE:

SLUMDOG MILLIONAIRE

Monday, January 27 1:00 – 2:45 pm in com. rm.
This movie tells the story of Jamal Malik, an 18 year old from the slums of Mumbai who appears on the Indian version of *Who Wants to be a Millionaire?* He exceeds people's expectations, thereby arousing the suspicions of cheating. Jamal recounts in flashback how he knows the answer to each question, each one linked to a key event in his life. This movie was set and filmed in India.

Wii SPORTS – TRY SOMETHING FUN/NEW

Thursday, January 30 1:00 pm at Fay Garman House
Get some exercise and have lots of fun with bowling, tennis or golf. Join us even if you don't want to participate – see what it's all about. Pre-registration appreciated.

On-going exercise programs for Adults
FMI, please leave a message for Denise (766-2970)

Low-Impact Aerobics w/ Weights:
Mondays and Thursdays – 9:30 to 10:30 am (com. rm.)

Adult Basketball (\$2 pp/per night):
Tuesday evenings - 6:00 to 8:00 pm at PI School Gym

SENIOR NEWS - NO LUNCHEON IN JANUARY

The Seniors and guests enjoyed a wonderful luncheon in December and want to thank the Lions Club for their donation of the turkey for our meal. The side dishes were delicious. The desserts were plentiful and fantastic! After lunch we were entertained by the preschoolers from the Children's Workshop.

There will not be a Potluck Luncheon in January. We will resume our monthly luncheons on the second Monday in February.