

1-5-1995

## Casco Bay Weekly : 5 January 1995

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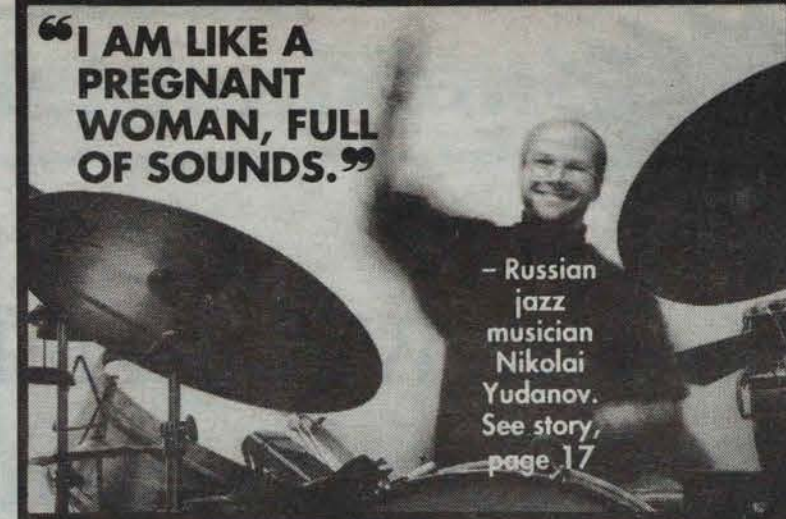
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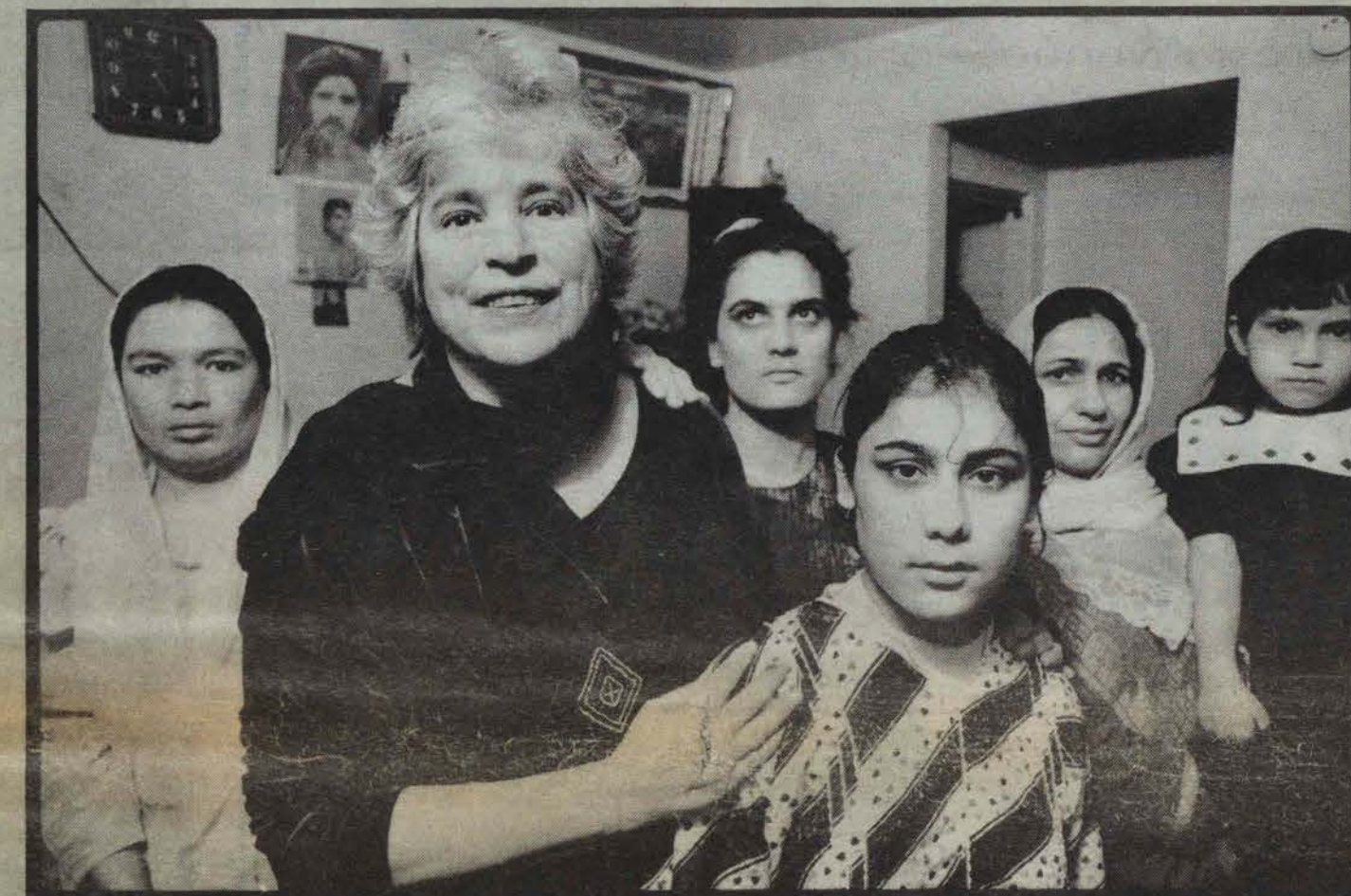
# Casco Bay Weekly



**WORLD WIDE WEB FEVER**  
THE STATE OF MAINE CATCHES IT.  
SEE BYTE ME PAGE 25

JAN 5, 1995

## PUT YOUR HANDS TO WORK



Volunteer Camilla Sewall, second from left, created a project for the Refugee Resettlement Program that encourages Afghan women to embroider textiles that are now sold through Portland-area galleries.  
Photo/Colin Malakie

### CBW's guide to doing good in Portland

Got the idea that volunteering is all work and no play, that it's the domain of sanctimonious event-organizing, envelope-stuffing, charity-ball-going, civic-minded do-gooders?

Well, **GET OVER IT.**

Because it takes all kinds to make a better Portland. And dozens of Portland-area organizations need your help, whether your expertise is in your head or in your hands.

All that tight-smile holiday good cheer is behind us now, and your New Year's resolutions are just a dim and distant memory. **GOOD.** Because it's time to seriously do something for your community. Not an easy-to-forget resolution. Not a half-baked effort to lend a hand. But a genuine commitment to help. This is the year you're going to stop thinking about getting involved and actually do it.

**RIGHT?**

*continued on page 7*

IT'S THAT TIME... BEST OF PORTLAND BALLOT, PAGE 15

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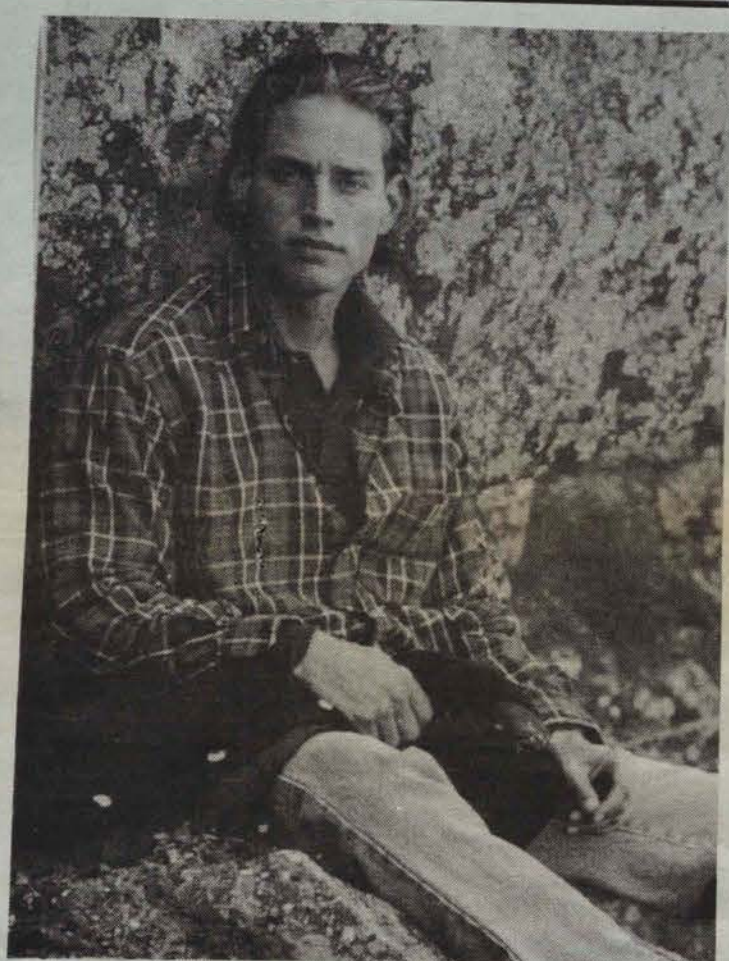
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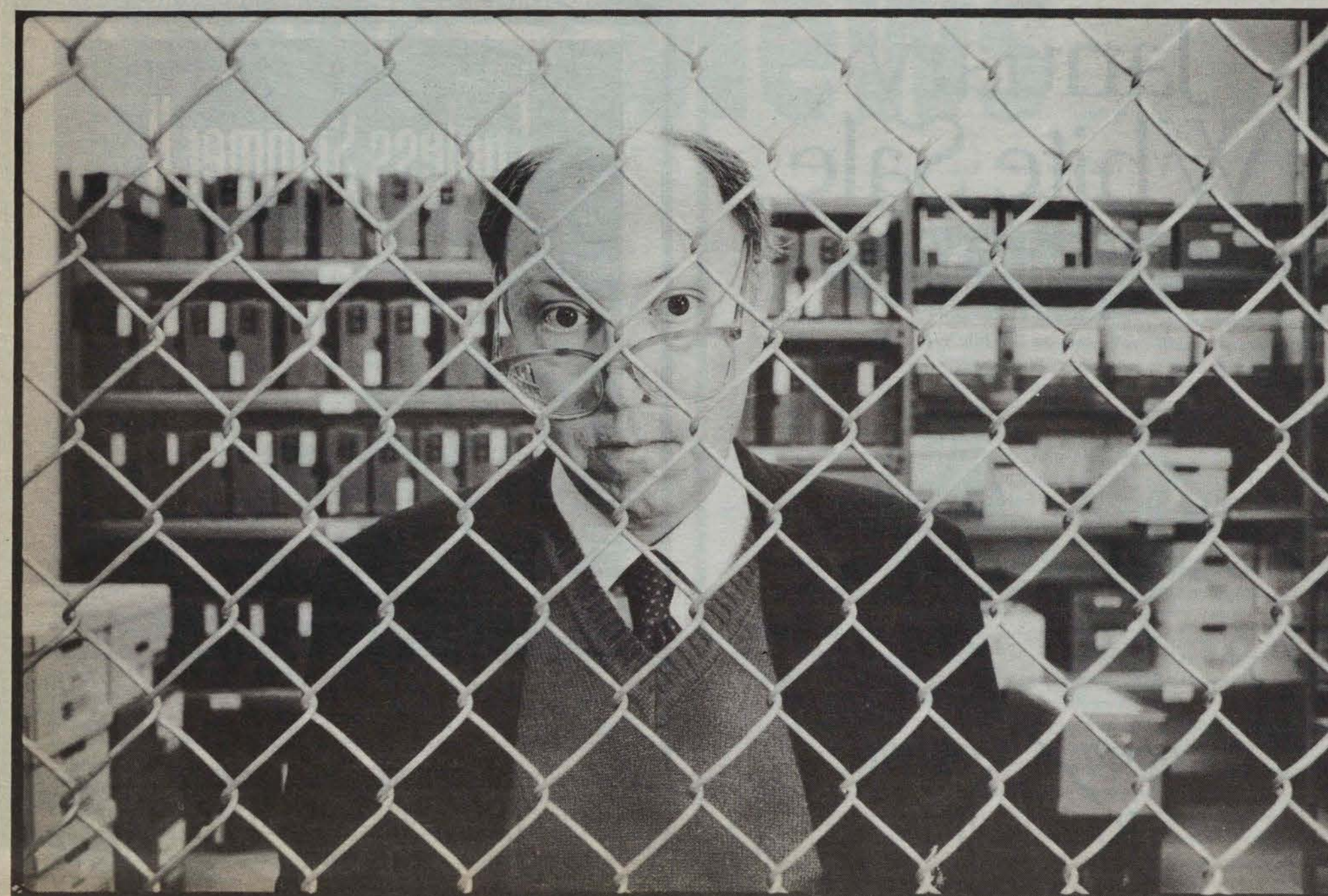
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## A conversation with Keith Heldenbrand



Keith Heldenbrand: "I could tell you all sorts of interesting things about our clients and what they bring here, but it's all confidential. Sorry."

Keith Heldenbrand runs Shhh-Confidential Records Center in the old Allen Storage and Moving building on Cumberland Avenue. All the electronic records are kept in a climate-controlled room, while paper records are stored in

cardboard boxes stacked on huge shelves spread throughout the eight-story building. Heldenbrand also runs Confidential Destruction, a records destruction business. The slogan of both companies is "Maine's Best Kept Secrets." Heldenbrand is fairly close-mouthed when discussing business.

### How did you get started in the storage business?

My family has run a recycling company in Westbrook since 1972. In the early '80s, a bank told us they had lots of records they wanted to get rid of but they were of a sensitive nature. We told them we'd

take care of them, so we started Confidential Destruction. Then we noticed many of our clients had poor record management systems, so we started Shhh-Confidential.

### How do you destroy confidential records?

We put the papers in a hammer mill that chops them into pieces smaller than a half-inch, making the pieces too small for anyone to read or tape back together.

### So who are your clients?

That's confidential.

### Well, how many clients do you have?

That's confidential.

### How many boxes of files do you store here?

That's confidential.

### How many employees do you have?

That's confidential.

### Do people store anything here other than files?

That's confidential.

### Oh come on...

Well, a company keeps its Christmas decorations with us. One time we found a box marked "files," but there were shoes in it. Another time we found some files infested with little crawling things. We put the box in one of the vaults and lit off a flea bomb. The last thing we want are insects eating the files.

### Anything else?

I could tell you all sorts of interesting things about our clients and what they bring here, but it's all confidential. Sorry.

By Christopher Barry; photo by Colin Malakie

<p><b>State Theatre</b> 609 Congress Street, Portland 879-1112</p> <p>24 Hour Concert Hotline 878-1111 For Tickets 879-1112</p> <p>Box Office M-F 9:30am - 5pm Sat 10am - 4pm</p> <p>• Discount Parking at WCSH lot &amp; Gateway Garage (Seniors &amp; Veterans) • Smoke free environment • Cabaret Dining &amp; Full Beverage Service</p>	<p>Changes: Explorations in Jazz "3 by Three"</p> <p><b>Saturday, January 7</b></p> <p>Tickets: \$12 for adults/Cabaret \$10 General Admission \$8 Seniors &amp; Students (\$10.50 optional dinner ticket available in cabaret) Doors open 6pm / Showtime 8pm</p> <p>Most tickets available at these outlets: Record Rendez-vous • Kennebec 935-3870, Play It Again • Yarmouth 846-4711</p>	<p><b>EPIC MOVIES RETURN TO THE STATE</b></p> <p><b>"GONE WITH THE WIND"</b></p> <p>January 6, 8, 9, 10, 11</p> <p>Jan 6 Dinner show 6 pm (movie starts at 7 pm) Jan 11 Seniors lunch show 11 am • Tickets \$5.00 (plus \$10.50 for dinner show / \$8.50 for seniors movie &amp; lunch)</p> <p><b>SPIKE &amp; MIKE'S am</b> <b>Sick and Twisted</b></p> <p><b>FESTIVAL OF ANIMATION</b> January 12 - 19</p> <p>No One Under 18 admitted, Bring ID</p>	<p><b>Live Theatre Brunch Series Premier</b></p> <p>Live theatre and the best brunch in town!</p> <p><b>"Not A Chance of A Ghost"</b> A Musical Comedy By Hank Beebe</p> <p>This event will provide State Theatre patrons the opportunity to enjoy the classic New England tradition of Sunday Brunch with full menu along with a first quality live theatre production by the Embassy Players. Brunch Served From 11:45 a.m. to 1:15 p.m. / Performance starts at 1:30 p.m. \$17.95 Adults • \$14.95 Seniors &amp; Children 12 and under • \$5.00 for children 11 and under</p>	<p><b>THE ROCKY HORROR PICTURE SHOW</b> a different sort of fun.</p> <p><b>ROCKY HORROR PICTURE SHOW</b> Never Before Shown Scenes!!! W/Pistol Pete &amp; His Transyl-Maine-ians Saturday, January 21st Shows at 9:00 P.m. and 12 Midnight/ Tickets \$5.00</p>
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TURN TO PAGE 15 FOR THE OFFICIAL BALLOT.



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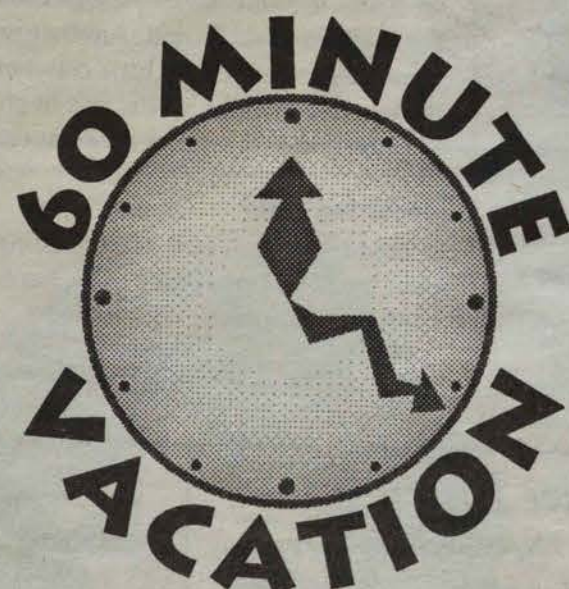
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## newsreal

A review of the top news stories  
affecting Greater Portland  
December 28 through January 3

**The King cabinet has connections.** Governor-elect Angus King announced most of his cabinet nominees on Jan. 3, many with ties to powerful interest groups or politicians.

King's choice for conservation commissioner, Ronald Lovaglio, is a manager at International Paper Co. Lovaglio may face protests from environmentalists, who objected when outgoing Gov. John McKernan chose Scott Paper official Robert LaBonta for the conservation post in 1986.

The new director of the Maine Waste Management Agency, John Williams, may also be controversial. Williams headed Maine and New York's low-level radioactive waste dump site searches, jobs that made him unpopular.

Also returning to Maine is human services appointee Kevin Concannon, who served as commissioner of mental health under former governor Joe Brennan, before departing to head Oregon's social services programs.

For mental health commissioner, King picked Melodie Peet, who worked for another independent governor, Lowell Weicker of Connecticut. Edward Sullivan is King's choice to head the Department of Environmental Protection. Sullivan was a deputy commissioner in New York.

Old Orchard Beach town councilor Valerie Landry will take over the Department of Labor. Evan Richert, president of a South Portland research firm, will head the State Planning Office. John Melrose, a former Maine Municipal Association official, is set for the commissioner of transportation job. Assistant Secretary of State Janet Waldron takes over the Department of Finance and Administration.

The new education czar will be Wayne Mowatt, superintendent of schools in the Van Buren area and a proponent of school consolidation. Robin Alden, publisher of *Commercial Fisheries News*, will be the first woman to head the marine resources department. Catherine Palevsky Longley will run the Department of Professional and Financial Regulation. Longley, a partner at the Verrill and Dana law firm, is married to Congressman Jim Longley Jr.'s second cousin.

Four cabinet jobs — agriculture, defense and veterans affairs, corrections and economic and community development — have not yet been filled.

### George Mitchell joins a lobbying firm

with giant corporate clients and old ties to the Democratic party. Mitchell revealed Dec. 30 that he was going to work as "special counsel" for Verner, Liipfert, Bernhard, McPherson and Hand, a 150-lawyer Washington, D.C., firm whose list of past clients reads like a Who's Who of corporate America: ARCO, Bell Atlantic, Continental Airlines, General Dynamics, Merrill Lynch, NBC, NYNEX, TRW and Upjohn. The *Washington Post* reported that Mitchell's new employer is likely to capitalize on his corporate and international contacts.

The firm became an issue during Maine's 1994 gubernatorial campaign because Democratic candidate Joe Brennan worked at Verner, Liipfert in the early 1990s but refused to say during the campaign who his clients were.

**A doc is offering a \$10,000 reward** for information about a bullet that was shot into the offices where he provided abortions. Dr. Gregory Luck, who stopped offering abortions after his Falmouth clinic was targeted by pro-life protesters, is in the news again. Luck announced Dec. 30 he'd pay a \$10,000 reward for information leading to the conviction of whoever shot into his waiting room last January. Luck's announcement came after a New Hampshire gunman killed two women at abortion clinics outside Boston.

Luck said a mailed death threat, postmarked in Bangor, came with the shot into his waiting room. But state investigators have closed the case. Luck, who has not practiced medicine in recent months because he's suffering from what he called "profound depression," wasn't surprised by the Boston incident. "Picketers have turned the right to free speech into the right to incite murder. That's why all this is going to continue," Luck said.

Katie Fullam, spokesperson for Planned Parenthood of Northern New England, also said she wasn't surprised by the Boston shootings. "While heads of anti-choice groups condemn the shootings, they are clearly creating a climate where these people come out of," Fullam added. "We can no longer accept their rhetoric."

Fullam said a vigil will be held Jan. 21 at 3 p.m. in Monument Square "in memory of those who died or have been injured in this war."

**The Maine Progressive was killed** by its board of directors because the newspaper was losing money. "We were staring into the abyss, and decided to bail out while we still could," said John Rensenbrink, a board member. "We couldn't maintain a quality newspaper with the money we had."

The paper's board of directors pulled the plug at its December meeting, then informed editor Jay Davis. "I had hoped that within a year the paper would have been self-sufficient," said Davis, who was widely praised for his work. "But I don't blame them, the paper is a business."

Rising costs for printing and salaries, coupled with the lack of advertisers led to the board's decision to make the January issue of the statewide monthly the last. Founded in 1986, the paper has struggled financially since its inception and underwent a major format change six months ago. But the *Progressive* lacked a solid business plan. Circulation hovered around 2,000, about half from subscriptions, but not enough to keep the newspaper afloat.

Board members plan on regrouping, according to Rensenbrink, and hope to form a new paper, with a new name, within the next year.

**Bill Diamond is a hack**, charged Carolyn Cosby, leader of Concerned Maine Families (CMF). Cosby is complaining that the Secretary of State is taking too long to certify signatures on CMF's petitions to place an anti-gay rights referendum on the November ballot.

"Official political hacks like Bill Diamond are attempting to turn Maine's referendum process into nothing but a stacked deck," Cosby griped. She claimed Diamond is stalling to help gay rights activists who aim to challenge signatures on CMF's petitions.

Maine Won't Discriminate (MWD), a statewide coalition set up to fight CMF's referendum, is raising money to pay for computers, copiers and legal expenses incurred while double-checking the legality of signatures on CMF's petitions. "If we can knock out just one name in five, we will have defeated the referendum before it starts," says a MWD letter.

But Cosby isn't worried about a signature challenge. "We collected 70,000 signatures, but we only turned in 67,000. Over 62,000 of those were verified by town and city clerks," Cosby said.

The secretary of state's office said verifying the signatures was held up because of the November elections, but that they would be completed before the Jan. 27 deadline.

**Pot smokers can't vote** on legalizing marijuana in 1995 because the Maine Vocals didn't gather the 51,127 signatures needed to get the question on the November ballot. Don Christen, head of the Maine Vocals, said his group has about 25,000 signatures, and will try to get the referendum question on the 1996 ballot. People are afraid to sign the petition, Christen said, because they don't want their name on a list favoring legal marijuana.

Two other petition drives — one to repeal Maine's auto emissions law, the other to cap property taxes — are both very close to submitting the required number of signatures, according to their organizers.

**The King will rock** the night away with 6,000 of his closest friends on Jan. 7 in an airplane hangar at Brunswick Naval Air Station. For the cost of a \$10 ticket, King fans can dance all night, plus eat as many fish hors d'oeuvres as they can shove down their gullets. The shindig will cost over \$60,000, according to Dennis Bailey, lead singer for the Van Gogh Gos, one of the three bands playing the gig. Bailey, who moonlights as spokesman for Maine's new governor, said his band will play gratis to keep the cost of the event down. This will be the Van Gogh Gos final show.

"It'll be a real thrill playing for the King," said Matt Robbins, guitarist for the Memphis Mafia, another one of the bands scheduled to appear. "Elvis is our hero."

**weird news** Greek Cypriot George Koutsoukolas, 24, was arrested and jailed for three days when he strayed across the U.N.-patrolled buffer zone in divided Cyprus into the Turkish Cypriot side while trying to deliver a pizza to a U.N. post in eastern Nicosia. Authorities explained that he was allowed to cross by Greek Cypriot guards who mistook his white-painted van for a U.N. vehicle.

Reported by Chris Barry, Al Diamond, Roland Sweet and Bob Young;  
illustrated by Steve Kurth.





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### Robert Gordon



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Sat, 1-21: \$15  
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### Tickets available for these upcoming shows:

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2/3 Greg Piccolo & Heavy Juice, 2/4 Lonnie Shields,  
2/9 Bill Wharton & the Ingredients, 2/10 Holmes Brothers,  
2/11 Sandra Wright, 2/12 Steve Riley & The Mamou Playboys,  
2/18 Johnny Copeland, 2/19 Terrance Simien, 2/24 Kenny Neal,  
3/3 Little Anthony & The Loco-Motives, 4/28 Bobby Radcliffe

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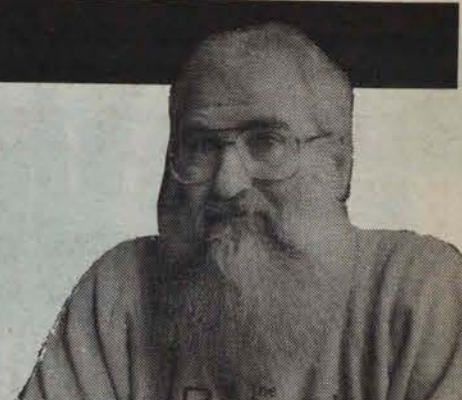


PHOTO BY DAVID A. RODGERS

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## politics & other mistakes

■ By Al Diamond



### Fortune teller

Careful analysis of data leaked by sources at the Jasper Wyman Institute for Advanced Economic Projections and Prayerful Coin Flipping, has made it possible to predict the events of the next year with the same divine certainty that guided Mark Fink's gubernatorial campaign. Here's what's in store.

January 9. Gov. Angus King admits his promise to balance the budget without gimmicks was a result of calculations done on a computer with a defective Pentium chip. But King says he'll still be able to put the state in the black by selling the Blaine House to the Maine Turnpike Authority and selling the turnpike to Irving Oil.

January 13. State Department of Environmental Protection officials, seeking ways to meet federal clean air mandates, come across studies indicating the average person emits a gallon of methane gas each day. The DEP immediately announces it will set up human emission testing centers near the sites of baked bean suppers.

February 2. Maine Supreme Court Justice Howard Dana says he's seeking a new clerk to replace convicted drug smuggler Harvey Prager. Among the finalists are Mafia chieftain John Gotti, former Clinton pal Webster Hubbell and ex-dictator Manuel Noriega.

February 24. Gov. King announces state income tax refunds will be paid in coupons good for discounts on Aegis destroyers at Bath Iron Works. "In this way, all Maine citizens will be able to help support one of our most important industries," King says, "while also receiving an excellent price on a world class home security system equipped with tactical nuclear weapons."

March 7. Due to a shortage of space in the nation's capital, the Republican House leadership votes to move Democrat John Baldacci's office to North Korea.

March 15. GOP Rep. Jim Longley begins his first speech on the House floor, detailing the history of payroll deduction taxes.

March 23. King announces he'll balance the state budget by pre-empting all public television programming for a telethon. He's also buying a lot of lottery tickets.

April 1. Congressman Longley wraps up his first speech on the history of payroll deduction taxes.

April 2. Just kidding. He's only up to January, 1923.

May 5. Maine Supreme Court Justice Howard Dana yields to public pressure and changes his policy of hiring convicted felons as clerks. He's now leaning toward either former Agriculture Secretary Mike Espy or Oliver North. "North's convictions were all overturned," says Dana, "and Espy hasn't been found guilty of anything yet."

May 30. King offers state workers a free month of HBO instead of paychecks. When this proposal is met with angry protests, King amends it to

include a free soda with the purchase of a double burger and fries combo at the State House cafeteria. The governor says unless public employees accept this concession, it will be impossible to balance the budget without gimmicks.

June 19. Rep. Longley tells the *Washington Post* his speech is "just getting to the good parts." He begins discussing payroll taxes during the New Deal.

July 30. Former governor Joe Brennan announces he's trying to interest Irving Oil in buying the town of Brunswick. The deal collapses when Irving balks at Brennan's demand that all the residents, including Angus King, be relocated to Canada.

August 10. Former Senate Majority Leader George Mitchell, tired of waiting for the baseball strike to end, accepts his second choice for a new job. "I'm sure I'll find it extremely gratifying," says Mitchell, "to be giving away large sums of money on national television with such a distinguished personality as Ed McMahon."

September 11. As Congress returns from its summer recess, Longley has nearly concluded his examination of the post-war years.

September 19. Former gubernatorial candidate Susan Collins, now head of a small business program at Husson College, announces her first success in luring a new enterprise to Maine. A "Hooters" franchise will open near Mark's Showplace in Portland.

October 22. Sen. Olympia Snowe says her top priority for the current session of Congress is, "to find a real job for what's his name, my husband."

October 23. Supreme Court Justice Dana says his choices for a new clerk have been narrowed to either former governor John McKernan or one of the waitresses at Hooters.

November 29. Former congressman Tom Andrews says his new job will allow him "to help improve the economy of one of Maine's poorest regions, while improving my image in northern Maine." He'll work as a greeter at the Passamaquoddy Tribe's new casino in Calais.

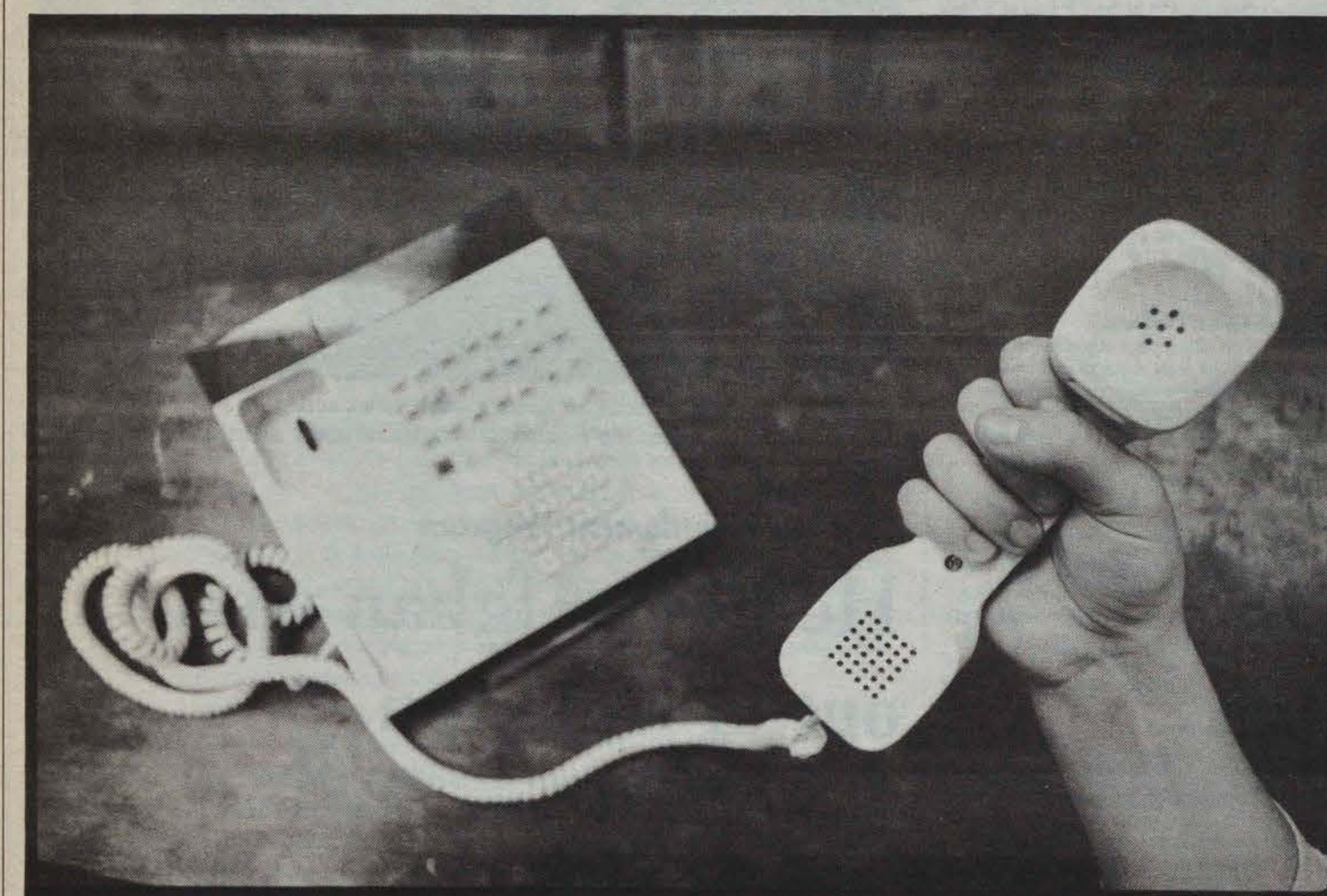
December 12. Sen. William Cohen denies any knowledge of the masked intruder who snuck into the House chamber and chloroformed Rep. Longley. Longley's last words before the attack were, "And that brings us to the early 1970s...."

December 25. Gov. King admits to some misgivings over the \$400-million gift he got from Santa because, "St. Nick looked a lot like the president of Irving Oil and Aroostook County is missing."

No two snowflakes are exactly alike, but political flakes are all pretty similar. Crystalize your thoughts by writing to this column, care of Casco Bay Weekly, 561 Congress St., Portland, ME 04101. Or call 775-6601 and contribute to our information slush fund.

# HANDS TO WORK

continued from front cover



It's for you.... Quit thinking about volunteering and just make the commitment to do it. Photos/Colin Malakie

■ By Claire Holman

It's a good bet that George Bush set back the spirit of volunteerism a decade or two when he touted his "1,000 points of light" during his tenure. Because the urge to lend a hand doesn't come as a mandate from the top down. (Bush sought to encourage volunteerism, but people were put off by the program's sanctimonious formality.) The urge to volunteer rises from below, from people who decide, for one reason or another, to lend a helping hand.

While there are those for whom the drive to volunteer is purely altruistic, volunteering isn't something you do just for others. There are a number of self-serving reasons to volunteer—from tackling new challenges and spicing up a mundane existence, to meeting new people and building a résumé. You shouldn't be ashamed if these motives drive your search. (Everyone knows that the *real* reason Che Guevara went to Cuba with Castro is because he was sick of the tango and wanted to rumba.) Things work out. The Lord works in mysterious ways.

The basic concept is simple—offer your time and services free of charge—but the specifics are varied. For the traditional look, you can ladle out food at a homeless shelter. Or you might put your creative energies to work by establishing adoption bulletin boards for the local animal shelter. Behind-the-scenes types can share their computer or technical know-

how at just about any nonprofit organization under the sun. Those who crave a chance to make decisions can serve on boards of directors or fund-raising committees.

For your efforts you can expect some very traditional rewards—it feels good to help set right your own corner of the world. What's more, getting your mind off your own problems can be a sublime relief. More practically, volunteer jobs offer a chance to acquire new skills and find out what makes other people tick. Some volunteer jobs can be family affairs, like joining environmental cleanup efforts or helping out at arts festivals.

Most organizations in the business of doing good are strapped for cash. This fact gives rise to opportunities and some bargaining power for volunteers. Because many organizations are so delighted to see volunteers come through the door, they are willing to be flexible on scheduling and even offer free training to anyone with a genuine commitment to help out. When training is offered, a minimum time commitment may be involved. For those who have trouble with commitment, there are lots of seasonal and one-shot deals, like helping serve dinner on holidays at a soup kitchen.

And volunteers don't even have to enjoy the company of fellow humans to help out. There are jobs with animals and jobs you can do alone at home.

For some tales of the volunteer life, read on.

## LOW- INCOME

### Project FEED

202 Woodford St., Portland  
Project FEED operates a food pantry that distributes groceries and U.S. Department of Agriculture foods every week to those in need. They welcome volunteers to help with grocery pickup and bagging. Contact Barbara Craig at 761-3920.

### Greater Portland Habitat for Humanity

P.O. Box 10505, Portland  
This is part of a nonprofit international organization that build homes in partnership with low-income people who apply for no-interest mortgages. They need volunteers to help with office work and carpentry, painting and installing insulation onsite. Call 772-2151.

### Preble St. Resource Center

331 Cumberland Ave., Portland  
The center provides case management and services of a home to the homeless and people with low incomes. Volunteers are needed to help serve meals mornings and evenings, sort out clothes and clean the center in the afternoon. Call 874-6560.

### The Salvation Army

30 Warren St., Portland  
The Salvation Army has Portland roots that go back to the late 19th century. Their adult rehabilitation center is supported entirely by profits from their five thrift stores throughout southern Maine. They need volunteers to hang clothes and do other tasks at their two Portland thrift stores (on Warren Avenue and Preble Street) between 9 am and 6 pm. Call 878-8555.

### Wayside Evening Soup Kitchen

156 High St., Portland  
This soup kitchen provides evening meals every day, seven days a week. Volunteers are needed to help prepare, serve and clean up between the hours of 4-8 pm. Volunteers are especially needed between 5:30-7:30 pm. They ask that volunteers make a minimum two-hour-per-month commitment. Contact Tom Vacca at 775-4939.

## HEALTH & HEALING

### Adult Rehabilitation Center, Salvation Army

88 Preble St., Portland  
This program houses up to 52 men in a 180-day rehabilitation program. They need an LPN, RN and/or MD to perform regular checkups at the center. They also need a piano player to play at chapel services from 10-11 am on Sundays and on Wednesdays from 5:30-6:30. Also need volunteers to help with the literacy campaign. Contact Captain Greenaway at 774-7818.

### American Red Cross

524 Forest Ave., Portland  
The Portland Red Cross (which is about 98 percent volunteer-run) teaches health and safety courses in the community and responds to disasters in the Cumberland County area. They need volunteers to serve as disaster instructors, family caseworkers, emergency action team members, and health and safety instructors. Training is provided for all positions. Contact Tracy Armitage at 874-1192.

### Birthingline, Catholic Charities Maine

87 High St., Portland  
Birthingline is a crisis pregnancy service for women and young families dealing with unplanned pregnancies. The program provides emotional support and helps families get the medical and financial services they need. Volunteers who go through a 14-hour training session work directly with mothers and families. They also need volunteers to help sort through their inventories of clothes and baby supplies and prepare bundles for clients. Contact Sharon Michaud at 871-7464.

### The Center for Therapeutic Recreation, Inc.

17 Chestnut St., Portland  
The center offers a range of activities from bowling to gardening to horseback riding for people with disabling conditions. The primary focus is aquatics. The center needs volunteers to assist instructors and participants. Contact Sharon Pratt at 772-0504.

### Evodia House, Catholic Charities Maine

79 Allen Ave., Portland  
Evodia is a halfway house for women recovering from drug and alcohol addiction. Catholic Charities volunteers staff the office, check in residents and help with emotional counseling and other activities. Call 878-5251.

continued on next page



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continued from previous page

**Family Crisis Shelter**  
P.O. Box 704, Portland  
Volunteers who undergo a 32-hour training session work directly with victims of domestic violence on the 24-hour hotline or person-to-person as peer and outreach counselors. Volunteers also serve as watch dogs in the shelter's courtwatch program for domestic violence cases. Contact Barbara Hester at 874-1196.

**Friends of Maine Medical Center**  
22 Bramhall St., Portland  
Maine Medical Center uses volunteers in more than 60 areas of the hospital. They visit patients with books and crafts, work in reception, provide comfort in the emergency room and much more. All volunteers undergo a minimum four-hour orientation; further training is given for some positions. Call volunteer services at 871-2205.

**Hospice of Maine**  
175 Lancaster St., Portland  
The hospice is an all-volunteer organization aiding the terminally ill with their practical and emotional needs. Volunteers are needed to aid terminally ill patients with transportation and emotional support. They offer a 30-hour training session for those willing to commit four hours per week to a patient and his/her family. Call 774-4417.

**Ingraham**  
237 Oxford St., Portland  
Ingraham volunteers operate a 24-hour crisis intervention hotline and information and referral line. They prepare volunteers through a 40-hour training program. The next training program will be in February and March. Call 874-1055.

**Mercy Hospital**  
144 State St., Portland  
Volunteers at Mercy fit no particular mold. Their services include providing company, sharing a talent, doing paperwork, escorting patients, working in the gift shop and knitting goods for young patients. Volunteer placements are by appointment and interview. All volunteers are trained. Contact Jennifer Fitzpatrick at 879-3286.

**New England Rehabilitation Hospital**  
13 Charles St., Portland  
The hospital needs volunteers for reading and assisting with crafts work, as well as helping receive and transfer patients. Help also needed with patient events, entertainment, game playing, office work and assistance with horseback riding (summers). Contact Cindy Harrington at 828-5631.

**Parents Anonymous**  
Fort Williams Park,  
P.O. Box 284, Cape Elizabeth  
The program provides support and encouragement for parents dealing with the stress of parenting. They train volunteers to work on their hotline from home or office. There are no overnight shifts. Training will take place in February. Call (800) 249-5506.

**People with AIDS Coalition of Maine**  
377 Cumberland Ave., Portland  
PWA offers meals, a food pantry and a drop-in center for people infected with the HIV virus. Volunteers help prepare and donate meals or help serve evening meals for 10-15 people. Contact Tom Lyons at 773-8500.

**Rape Crisis Center**  
P.O. Box 1371, Portland 04104  
The center offers workshops, support groups and a 24-hour hotline for people dealing directly or indirectly with sexual assault. The center needs volunteers to answer hotline calls. They provide a 40-hour training session twice a year. (The next session will be offered this fall.) The center also needs volunteers to serve on their board of directors and perform other administrative duties. Call 774-3613.

**YWCA**  
87 Spring St., Portland  
The YWCA needs volunteers in their women's residence and child services programs, and teen parent services. Volunteers lead activities with children and adult residents, tutor teen parents and speak to women residents about career opportunities. Call 874-1130.

## EDUCATION

**"Good Neighbors," Portland West**  
155 Brackett St., Portland  
This newspaper is published by Portland West to promote community spirit in the West End. They need volunteers to write articles and help with production. Call 775-0105.

**Literacy Volunteers**  
This organization works to alleviate adult illiteracy. They prepare tutors through an 18-hour training program and then assign advisors to assist tutors in their work. Volunteers are asked to commit to one hour a week for one year. Contact Judi Moore at 878-3907.

**Portland Adult Education**  
57 Douglass St., Portland  
PAE uses tutors in reading, English, writing, GED, grammar and sciences. They also are looking for someone to serve as a library coordinator at the Cumberland County Jail. Contact Judy Storer at 874-8155.



Camilla Sewall spends about 30 hours a week volunteering for a Catholic Charities Maine program she founded that helps refugees make and market textiles.

#### Refugee Resettlement Program

## Helping Afghan women out of isolation

Camilla Sewall is not a woman of half-measures. In 1992 she arrived at the Refugee Resettlement Program — run by Catholic Charities Maine — to do an internship and ended up founding an innovative micro-enterprise project to help Afghan women break out of their isolation and into the market economy.

Sewall came to Portland looking for an outlet for ideas and skills she already had. After extensive experience working with immigrants in France and England, she returned to the United States where her interest in cross-cultural social work led her to a master's degree program at the School for International Training in Brattleboro, Vt. (She also has a degree in social work from Columbia University.) Since she had a home in Maine, she looked for an internship here and landed at the Refugee Resettlement Program.

Once there, she languished for several months doing odds and ends around the office until she was asked to work with Afghan refugee women. Then the true Camilla Sewall emerged. Her goal was to enhance the women's self-esteem through community and mutual self-help, an idea she had been nurturing for decades. What she found out was that the Afghan women weren't taking advantage of social, employment or educational services, and that while their children and husbands were getting schooling and jobs, the women ended up isolated at home. Sewall's solution was to blend work and socializing.

"In my mind I was thinking of something equivalent to quilting bees, where women got together and sewed and maybe sold things together."

With the help of two other volunteers — a local therapist and a bilingual Afghan refugee — Sewall launched the program with no funding. The idea was for the women to combine traditional sewing skills with some new training and ideas for marketable items. So far the idea has paid off. The women make children's clothes (velvet fabric with embroidery) and Victorian-style embroidered linens and sequined scarves. The group had a booth at last summer's Maine Festival, and currently its handmade items are for sale at the Jameson Gallery and Milk Street Antiques.

The program has helped seven of the women get jobs outside the home, and in June the Maine Women's Fund donated \$7,000 to the project. The money goes to translators, a sewing teacher and fees for expenses like the Maine Festival booth.

#### Portland Housing Authority/ Riverton Study Center

14 Baxter Blvd., Portland  
This center provides a quiet study area for students who live at Riverton Park. They need tutors to help students with homework and to act as mentors. Contact Mike Wilson at 797-8975.

#### Portland Resource Center

865 Forest Ave., Portland  
This center provides individual support and training for disadvantaged people looking for work. They need volunteers to help in training sessions and one-on-one counseling. They also welcome office help. Call 799-5025.

#### Refugee Resettlement Program, Catholic Charities Maine

562 Congress St., Portland  
This program welcomes 150 to 200 refugees from around the world to Portland each year. The program needs both one-time and long-term volunteers to work one-on-one with families and individuals. Work can include tutoring in English, being an "American friend," running workshops and helping with the program's newsletter. The program provides training for all services. A volunteers training session is scheduled May 19th from 6 to 9 pm and May 20 from 9 am to 4 pm at the Congress Street address. Contact Stephanie Cox at 871-7437.

## ELDERLY

#### Barron Center

1145 Brighton Ave., Portland  
The Barron Center, located near Exit 8 of the Maine Turnpike, offers long-term care for elderly and chronically ill people. Volunteers are needed to help with activities such as cards, beano and arts and crafts with the patients. They're also looking for volunteers to manicure the patients. Contact Tonya Heskett at 774-2623.

#### Cedar's Nursing Care Center

630 Ocean Ave., Portland  
This is a home and activity center for senior citizens. The center needs volunteers to help in their recreation department arranging and assisting with activities like arts and crafts and outings, such as ice cream rides. They also need people to escort residents to medical appointments and to help run the center's gift shop. Contact Elaine Miller at 772-5456.

#### The Enriched Golden Age Center, Salvation Army

297 Cumberland Ave., Portland  
This is a club for senior citizens from the Greater Portland region. They need volunteers to help arrange parties and to lead field trips. Contact Barbara Crimmon at 774-6304.

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#### Teen hotline

## A voice on the line

Sixteen-year-old Jen Ellis says that seven months ago she didn't know anything about listening, really listening. But for the last seven months, she has been spending three hours a week as a volunteer for the teen hotline at Ingraham. She got involved when two friends, who had worked the hotline themselves, separately suggested Ellis would be good at it.

Ingraham's teen hotline began 10 years ago when the agency, which specializes in crisis intervention and also runs a more adult-oriented suicide hotline, realized the need to do more to reach teens. 774-TALK is staffed entirely by young people who receive 27 hours of training, which Ellis describes as "awesome."

"I learned so much about people and how to relate to them," she says. "I learned how to talk to people and understand them better, and how to help them."

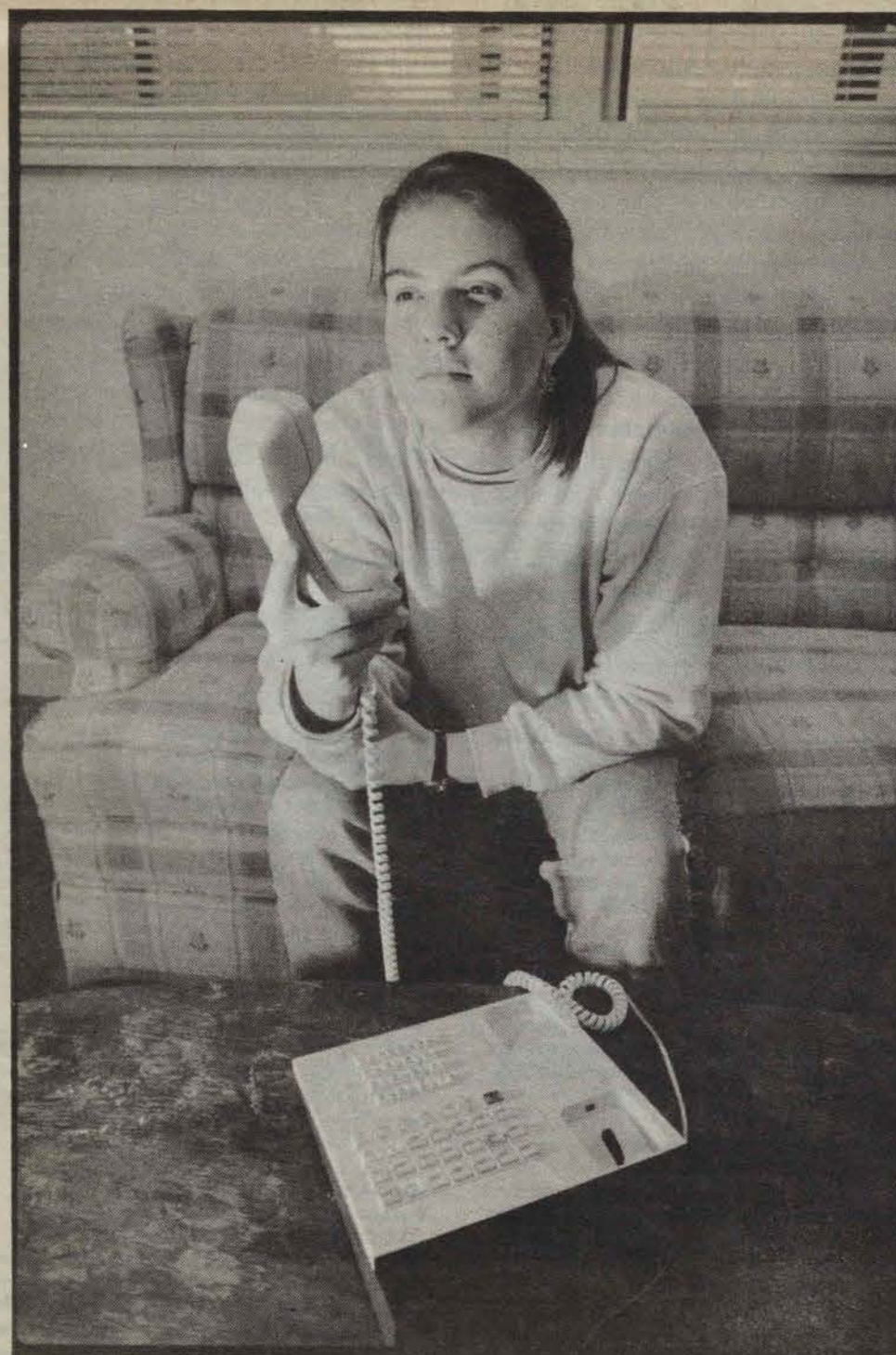
On average, the teen hotline gets about three to five calls per shift. (There are two shifts per day, 2:30-5 p.m. and 5-8 p.m., Monday through Thursday, and 2:30-5 p.m. on Friday.) Though there is always a professional on hand to provide backup help, the teen volunteers handle all the calls by themselves, some of which can be very tough. For example, one day Ellis answered a call from a girl who had been molested, had other family problems, felt badly about being overweight and was developing suicidal feelings. Ellis was at first overwhelmed by the girl's numerous problems, but chose to focus on one. "We ended up finding the most immediate problem, and I asked her... what were her options, what she could do to make things better for her right away, and then once things got a little better... what she could do to solve the bigger problems, the issues that were pulling her down. It turned out to be really good."

For Ellis, helping other people find solutions to personal problems has sparked interest in a possible career in psychology. And though she's well aware that working at the hotline "looks good on a college application," she says that has almost nothing to do with her motivation. Most rewarding is the impact her work on the hotline has had on her own life. Learning to talk to people has changed her perspective on others.

"I no longer shy away from talking to people who aren't like me," she says. She now finds herself having conversations with people she wouldn't normally talk to.

Ellis is so enthusiastic about the hotline, she spends time making presentations so other kids will know about it. She's even missed school so she could spread the word. Although Ingraham only requires a six-month commitment, she's already been with the hotline seven months, and she plans to stay on until college, where she might look for another hotline to join.

Young people interested in volunteering should call 774-TALK.



Jen Ellis fields calls from confused and frightened teens through Ingraham's teen hotline. "I learned so much about people and how to relate to them," she says.

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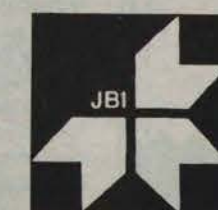
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continued from page 8

## St. Joseph's Manor

1133 Washington Ave., Portland  
Volunteers are needed to come in and spend time  
with the elderly both one-on-one and in a group.  
Activities include arts and crafts, and trips to the mall.  
Contact Mrs. Silva at 797-0600.

## Southern Maine Area Agency on Aging

237 Oxford St., Portland  
This program provides resources to senior citizens to  
help them remain independent. Volunteers are needed  
to offer clients transportation for daily errands, and to  
help with yard work and home repair. Contact  
Heather Brown at 775-6503 or (800) 427-7411.

## Springbrook Nursing Care Center

300 Spring St., Westbrook  
This is a 24-hour center for elderly and infirm adults.  
They need volunteers for one-on-one visiting, read-  
ing, reminiscing, games, arts and crafts, bingo,  
bowling, cards, group programs and parties. Con-  
tact Trish Flynn or Libby Herrick at 856-1230.

## YOUTH

## Big Brothers/Big Sisters

P.O. Box 7338, D.T.S., Portland  
Greater Portland's Big Brothers/Big Sisters fell victim  
to the recession and folded under in 1992, but they're  
working on a comeback. The group is fundraising  
now to hire an executive director with a social work  
license. They hope to be collecting the names of  
potential big brother and sister names soon, and to  
begin linking by spring. In the meantime volunteers  
are needed to help with fundraising. Call 829-6173.

## The Center for Grieving Children

95 Darling Ave., South Portland  
The center helps children ages 3-18 deal with the loss  
of a loved one. They offer a 20-hour training session  
for volunteer support group facilitators three times  
each year. The next session will be held in January.  
The center needs more volunteers to serve on their  
board of directors and on fundraising committees. A  
monthly orientation is held on the first Saturday of  
each month to talk about volunteer opportunities. Call  
799-1112.

## Child Development, PROP

510 Cumberland Ave., Portland  
This center develops programs for children with  
disabilities or special needs. Volunteers serve as  
tutors, supporters and friends to the children in their  
programs. Contact Glen Richards at 874-1141 ext.  
358.

## Community Employment Project,

Portland West  
181 Brackett St., Portland  
CEP is a vocational education program for low-  
income and at-risk youths focusing on construction  
and conservation work. They need tutors in math and  
English, and people with boat skills (or with an interest  
in boats) to help with their restoration of an old launch.  
Contact Neil Talento at 879-8710.

## Cumberland County Child Abuse

and Neglect Center  
211 Cumberland Ave., Portland  
The center works with young victims of abuse and  
neglect. Volunteers are needed periodically (about 8  
to 10 times per year) to work on community events  
and fundraising projects. Call 874-1120 to get on  
the on-call volunteer list.

## East End Children's Workshop

10 Mayo St and 48 Moody St., Portland  
The workshop runs publicly-funded child care centers  
for both preschool and school-age children. They  
need volunteers to work directly with kids on a regular  
basis. They also welcome people with special talents  
(including music, sports, computers, art) to lead  
children's activities. They also need volunteers to help  
with the restoration of their building. Contact Sue  
Webster at 772-5467.

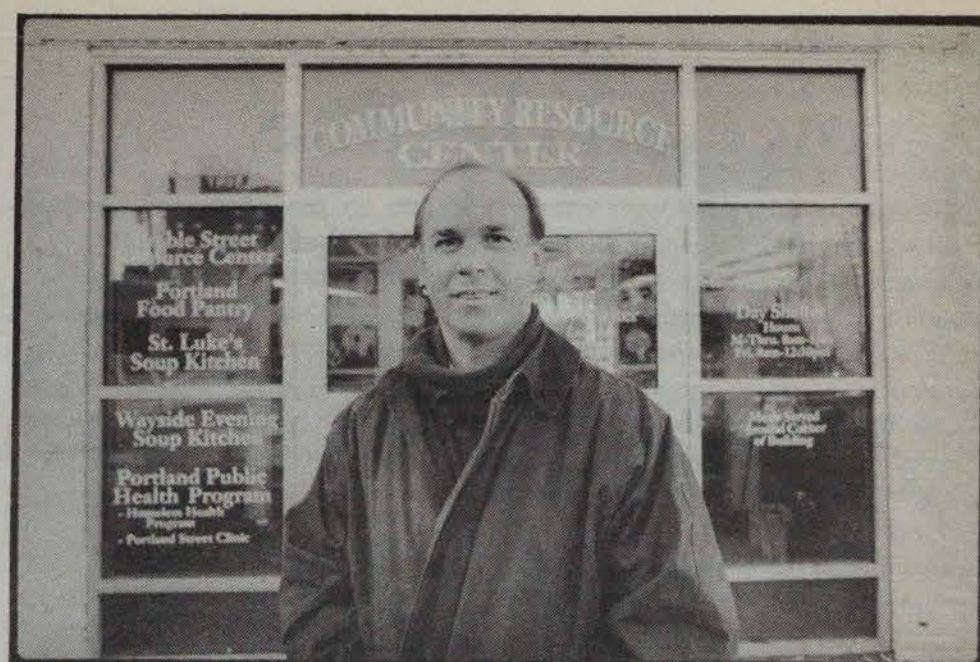
## The Foster Grandparent Program, PROP

510 Cumberland Ave., Portland  
This program develops one-on-one supportive rela-  
tionships between foster grandparents and children  
with special needs in hospitals, learning centers and  
homes. They provide a small stipend for those who  
commit 20 hours per week in service. A two-week  
volunteer orientation starts May 23. Contact Glen  
Richards at 874-1141 ext. 358.

## Judge Baker Children's Center

295 Forest Ave., Portland  
The center provides mentors to adolescents in state  
foster care who are making the transition to indepen-  
dent living. They need adults to serve as a friend and  
role model to young adults ages 16-21. Contact  
Marty Zanghi or Sophie Fayson at 774-4581 or  
800-482-7520.

## Kennebec Girl Scout Council

138 Gannett Drive, South Portland  
The local Girl Scouts has over 50 different jobs for  
volunteers, including troop leaders and people to  
serve on task groups and committees. Applicants are  
screened and trained. Contact Laurie McCammon at  
772-1177 or 1-800-660-1072.Andy Dixon learned about the Community Resource Center in the course of his  
work in real estate, and has since joined the board. "There's never the 'right'  
time to do it. It's just like anything, you just have to make the time," he says.Opening horizons and  
opening eyesNot so long ago, 36-year-old Andy Dixon thought volunteers "were older  
people who were retired and wanted to keep active." But when he started volun-  
teering at Maine Medical Center, he found all age groups were involved. That was  
the first stereotype he corrected.Two years ago, Dixon helped the Preble Street Resource Center purchase a new  
building — not as a volunteer — but on a professional basis. Dealing with the  
agency was an eye opener. He liked the people and was impressed by Preble  
Street's commitment to doing "work that no one else wants to do." So about eight  
months ago, he asked to be on the board of directors. He was accepted, and now  
he serves on the building committee, where he is able to contribute his  
professional real estate knowledge. The time commitment comes to two meetings  
per month, but Dixon tries to help out at most Preble Street events. Recently he  
joined the staff and some clients at their hot cider and cookie sale at the city's tree  
lighting celebration.Volunteering for Preble Street suits Dixon partly because he agrees with the  
agency's approach to helping people. The Preble Street Resource Center is a "no  
barrier" support agency, which means they "give support without having to  
categorize people." And in meeting the clients at Preble Street, Dixon learned  
something about not categorizing people himself. He used to hold the usual  
stereotypes about homeless people — that they are "taking advantage of the  
system" or "mentally handicapped."Now his outlook is different. He sees the homeless as "people who for one  
reason or another are going through very tough times.""[Volunteering] makes you more open," he says. "Probably the basic thing is  
you're not as judgmental." Dixon has also been able to discard his preconceived  
notions about the grim work of charity. He's found donating his time is actually  
fun. And he adds that while "some people might think volunteering is just giving,  
giving, giving, you get a lot back." And it's not hard to get involved. His advice is  
to just do it, and to not put it off."There's never the 'right' time to do it," he says. "It's just like anything, you  
just have to make the time." And since the organizations really need the help,  
they'll usually accommodate your schedule.Dixon has no plans for stopping. His next planned step is to start helping with  
the Preble Street meals, and his goal for when he gets "more gutsy" is to volunteer  
relaying information to family members in the emergency room at Maine Medical  
Center. Eventually.

## Maine Summer Campership, Portland West

155 Brackett St., Portland  
This program helps locate summer camps for children  
from low-income families in Portland. Volunteers help  
recruit camps to take part in the program. They also  
help kids get outfitted for camp, and help provide  
transportation. Call 775-0105.

## Maine Youth Center

675 Westbrook St., South Portland  
This rehabilitation center for young offenders needs  
Mentor/Big Sister volunteers to meet once a week  
with a teenage girl and serve as a positive role model  
and friend. They also need tutors in English and math,  
and volunteers with professional library experience.  
Contact Linda Johnson at 822-0050.

## Pine Tree Boy Scout Council

125 Auburn St., Portland  
The Boy Scout volunteers lead boy scout troops and  
cub scout packs. They welcome people with experi-  
ence or knowledge in camping, environment and  
fundraising to serve on committees and help plan  
events. Contact Jeff Stanley at 797-5252.

## Preble Chapel Child Care,

Portland Ministry-at-Large  
331 Cumberland Ave., Portland  
This center offers quality affordable child care for  
infants and toddlers of teen parents and lower-  
income families in school, work or job-training.  
Volunteers are needed to work with infants and  
toddlers. They also need help preparing lunches for  
the children at the center. Contact Amy Seidel at 874-  
1073.

## The Root Cellar

94 Washington Ave., Portland  
The Root Cellar needs volunteers to spend time with  
children in their K-6 grade afterschool program and  
with teens in their drop-in center. They also welcome  
help with food distributions in the Munjoy Hill commu-  
nity. Contact Pat Irimia at 774-3197.

## Teen Adventure Program,

Portland Ministry-at-Large  
331 Cumberland Ave., Portland  
This summer program for children and teenagers 11-  
20 includes whitewater rafting trips, high ropes  
courses and hikes. The program welcomes people  
with knowledge or experience in the outdoors or  
environmental issues to act as leaders and guides.  
Contact Shawn Tadin or Ann Coleman at 874-  
2371.

## Teen Center, Portland Ministry-at-Large

331 Cumberland Ave., Portland  
This is a 6 to 9 p.m. drop-in center for homeless or  
at-risk teenagers. They need volunteers to spend time  
with teenagers and act as mentors at the center.  
Volunteers are trained. Contact Sharon Timberlake  
at 874-2370.

## YMCA

70 Forest Ave., Portland  
The YMCA needs volunteers in their children's care  
and athletic programs. Call the United Way at 874-  
1000.

## Youth Alternatives, Inc.

175 Lancaster St., Portland  
Youth Alternatives provides medication assistance to  
families in conflict, and centers and shelters for boys  
ages 7-17. Volunteers work directly with young  
people at the ROADS group home on Munjoy Hill  
and at the Boys Emergency Shelter in South Portland.  
Volunteers are also trained to work as conflict  
resolution mediators in the Family Mediation Pro-  
gram. In addition, the program needs volunteers to  
help with clerical work. Contact Peggy Seagull at  
874-1175.

## Amity Center, Alliance for Mentally Ill

of Greater Portland  
12 Cedar St., Portland  
This is a social club for adults with mental illnesses.  
Volunteers will help in activities ranging from theater  
to arts and crafts to hockey games to symphonies in  
Boston. Dick Ward is organizing the volunteer  
program. Contact him at 772-1248.

## Gaia and Noyes Boarding Homes

89 Sawyer St and 48 High St., South  
Portland  
Gaia and Noyes are residential homes for develop-  
mentally delayed adults. They encourage volun-  
teers to visit with one or more of the residents to  
provide companionship. Contact Dennis Lawly at  
799-2237.

## Group Main Stream

205 Ludlow St., Portland  
This group runs five residential centers that house  
more than 20 people with mild to profound mental  
retardation. They need volunteers to help their  
residents train for this winter's Special Olympics.  
Call Ann-Marie Haglund at 775-0824.

## Holy Innocents

66 State St., Portland  
Holy Innocents offers case management services for  
adults with psychiatric disabilities. They need volun-  
teers to provide companionship and socialization  
for people who find it difficult to initiate activities on  
their own. ASL-fluent volunteers are especially needed  
to spend time with deaf mentally ill clients. Contact  
Catherine McConnell at 871-7431.

## Maine Center for the Blind and

Visually Impaired  
189 Park Ave., Portland  
The center sponsors evening and weekend pro-  
grams for the blind and visually impaired. They need  
volunteers to undertake a two-hour guide lesson  
(offered monthly) and guide participants through  
activities like Back Cove walks, bowling, baseball  
games, miniature golf and movies. Contact Nancy  
Bennet at 774-6273.

## Maine Special Olympics

28 School St., Gorham  
This Jan. 24-31 Winter Games will be held at  
Sugarloaf, and volunteers are needed to provide  
housing. The summer games will be held this June at  
the University of Maine in Orono; call and ask to be  
put on the mailing list. Call 839-6030 or 1-800-639-  
2401.

## Northeast Hearing and Speech Center

43 Baxter Blvd., Portland  
This community center for hearing and speech-  
impaired people needs volunteers to help run  
children's language groups — social groups em-  
phasizing communication. The United Way coordi-  
nates volunteers. Call the United Way at 874-1000.

## Project for Supported Living

76 Elm St., Portland  
The project works with developmentally disabled  
people. Volunteers are needed to support all pro-  
grams, including community integration through  
outings at parks, theaters and museums; activities at  
their recreational center; weekly lunches and din-  
ners; the distribution of donated food; and fundraising.  
Call 799-2237.

## Resources for the Developmentally

Disabled (RDD)  
15 Woodmont St., Westbrook  
17 Bishop St., Portland  
RDD's group home for the developmentally disabled  
in Westbrook welcomes volunteers to play games,  
join in sports and assist on outings with the residents.  
Contact Laura Wehry at 854-8652.RDD's Portland program offers job training for the  
developmentally disabled. Volunteers take residents  
to look at job opportunities and help out in the  
classroom. Call 797-7921.

## Transportation Services, PROP

This service offers transportation to those in need for  
medical appointments, family visits or child care.  
Volunteers use their own vehicles and are reim-  
bursed per mile in expenses. Contact Glen Richards  
at 874-1141 ext. 358.

## ART

## The Children's Museum of Maine

142 Free St., Portland  
The Children's Museum needs volunteers to serve as  
floor monitors to supervise exhibits, answer questions  
and offer creative ideas. The museum especially  
welcomes teen volunteers. Contact Alix Sawyer at  
828-1234.

## Portland Museum of Art

7 Congress Square, Portland  
The art museum needs volunteers to assist in their  
museum shop and offices, and to work as guides.  
Contact Jean Kelly at 775-6148.

## Mad Horse Theatre

955 Forest Ave., Portland  
The theater needs volunteers for ushering shows,  
assisting with mailings, helping with set construction  
(if skilled), answering phones and distributing posters  
(they offer free tickets in exchange). They also need  
backstage assistance. Call Connie Carlson at 797-  
3338.

## Maine Arts

582 Congress St., Portland  
Maine Arts especially needs volunteers for its two  
biggest events — the Maine Festival and New  
Year's/Portland. But it also needs help with the  
Congress Square Festival, Fall for Arts and other  
community arts events. Tasks include stage  
management, technical assistance, office work,  
food service, outreach, data input and posterage.  
Call 772-9012.

## Oak Street Productions and

Vintage Rep Theatre  
92 Oak St., Portland  
Volunteers are needed for poster distribution (if you  
post ten posters they will give you free tickets to the  
show). Theaters can also use help in building sets,  
sewing costumes and managing the box office.  
Contact Jane Bergeron at 828-4654.

## Portland Stage Company

25A Forest Ave., Portland  
The Stage Company needs volunteers at the begin-  
ning of each run to help distribute posters around  
town. This is usually a one-day task. Contact Mary  
Callahan at 774-1043.ENVIRON-  
MENT

## Gorham Trails, Inc. and Gorham Land Trust

188 Narragansett Road, Gorham  
Gorham Trails and Land Trust maintains over 90  
acres of land in the Gorham area for hikers, cross-  
country skiers, horseback riders, mountain bikers  
and snowmobilers. They need volunteers to help  
maintain trails, trail signs, bridges, to produce maps,  
lead trips and more. Gorham Trails also welcomes  
new members (\$10 per year membership fee).  
Contact Bob Frazier at 839-8000 (daytime) and  
839-4644 (evening).

## Maine Audubon Society

Route 1, Falmouth  
Audubon Society volunteers serve as nature guides,  
artists, letter writers, sanctuary monitors, office assis-  
tants, field assistants and more. Training is provided  
for all positions. Call 781-2330.

## The Nature Conservancy

14 Maine St. #401, Brunswick  
The Nature Conservancy has an ongoing need for  
volunteers for building and maintaining hiking trails;  
marking and maintaining preserve boundaries; as-  
sisting with boardwalk repair and construction; and  
helping out around the office. Contact Susan Drew at  
729-5181.

## ALSO...

## Retired Senior Volunteer Program

P.O. Box 10480, Portland  
RSVP seeks out people 55 and older who would like  
to help others and places them in appropriate  
volunteer positions. Contact Dianne Sinclair at 775-  
6503.

## The United Way

233 Oxford St., Portland  
The United Way supports many community service  
programs in Greater Portland through funding and  
volunteer support. They also print a booklet, "Let's  
Help" which describes volunteer opportunities in the  
area. If you haven't found a volunteer niche by the  
time you've read this far, call 874-1000 to ask for a  
free copy of "Let's Help" and to learn about new  
volunteer needs.

## It's a New Year in the

Thank you to everyone who made our New Year's Eve  
Grand Opening a great success. We hope you enjoyed  
our after hours breakfast and Sunday Brunch.  
You can count on these every Friday, Saturday and Sunday

Wed, Jan. 11: be here for Cabaret starring

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from BostonASHLEY DAIGLE  
from Portland

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a little bit of "Ramrod" in Portland. Beefy GoGo Boys Dance &amp; Sweat for your pleasure

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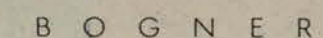
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865-0462After inventory clearance on  
Ladies Fall Sportswear  
865-133133% off all Winter &  
Holiday Dresses  
865-6223

865-0610

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 to come back for more.



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Annie Eagan frets that her job gets in the way of her volunteering. "Something so little as taking [the dogs] for a walk, and you feel so appreciated," she says.

## A volunteer goes to the dogs

Annie Eagan falls in love every week at her volunteer job — mostly with dogs. "Look at this face," she says of the sad-eyed face of Duncan, a shepherd-greyhound mix who's been at the shelter a few days. "That's why I do it."

Eagan has been volunteering at the Animal Refuge League shelter in Westbrook for two years. She estimates that she averages eight to 15 hours per week at the shelter, but during her last vacation she donated 30 hours.

It all started when a friend told her the League needed help. She initially expected to spend a couple of hours on Saturdays walking dogs. But the hours stretched out because Eagan wouldn't leave until all the dogs had been walked. And then there were the cats, who needed to be held and loved.

But it's not all kitty-cuddling and pooch-smooching. "I do a lot of laundry, a lot of dishes, a lot of cleaning kennels, whatever." And handling strays can be tricky. When dogs are scared they can be aggressive, and some dogs are just the "bite first, then ask questions type." But over time Eagan says she's learned how to handle most dogs with advice from the staff.

It's not easy to do what Eagan does. The shelter always needs volunteers, but free access to the animals only comes to those who've worked their way up. Kennel cough and other diseases are easily spread, and the animals can be dangerous. Shelter Director Joan Douglas says long-term volunteers are given free rabies vaccinations.

The problem now is to avoid getting too attached. She owned one dog when she started volunteering. She now has three cats and two dogs, and taking more pets home is out of the question. The Animal Refuge League places no time limit on an animal's stay, and only terminally ill or incurably vicious pets are ever put to sleep. Eagan says it's hardest when people are forced by circumstances to give up their pet, such as when an elderly person enters a nursing home. In those cases the shelter may make a special attempt to get the pet adopted. In one case like that an older lap dog was brought in and the shelter put him where he could easily be seen. (An older couple adopted it before long.) It's this dedication to the unique relationship between animals and humans that makes Eagan especially fond of the shelter's staff.

"They put in the extra effort to get a dog a home, and then they could report to the person that they found it a nice home, and make them feel much better."

Eagan's experience in the animal welfare business has prompted some thought about a career change. But the 30-something bank telemarketer says she likes her regular job. If she could, though, she'd become a "professional volunteer." For now she says she can't imagine not working at the shelter.

"Something so little as taking [the dogs] for a walk, and you feel so appreciated. And they remember you, they know you. It's just great. It really is."

Claire Holman is a freelance writer based in South Portland.

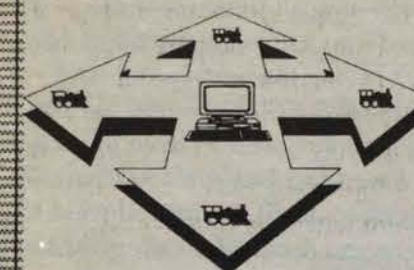


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as an artist you're going to have to face a jury at some time in your career. To find out how to prepare for submitting work to be judged for an exhibition, a publication, a retail or wholesale show, or a gallery

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 PO Box 228  
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## A New Year's "Thanks" from the Bennett Family at Oakhurst Dairy



Left to right: Stanley T. Bennett II, President; Althea Bennett Allen,  
 Customer Service Manager; William P. Bennett, Vice President, Operations

*"As the family that owns and manages the only independent  
 dairy still serving the length and breadth of Maine..."*

...we feel a special responsibility to you, our customers; to the family farms that supply our milk;  
 and to the first two generations of Bennetts, who have set high standards for quality since 1921.

*"We look back with pride on another great year."*

For the fifth year running, no other dairy in the Northeast has beat our quality rating from the  
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 of Maine,' from Aroostook County to New Hampshire. And you again preferred  
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*"We thank all of you who, in 1994, again chose Oakhurst..."*

...Dairy products for your kitchen or restaurant, corner store or supermarket, from Allagash  
 to Eastport to York. And we wish you all the bounties of Maine in 1995."



The natural goodness of Maine...since 1921



## editorial

### Dumb and dumber

With the New Year's Day bowl games behind us, it seems an apt time to examine an even more peculiar rite of competition that's growing in popularity in southern Maine: The Jobs Bowl.

The game is played like this: Let's say you own a business. You figure you're paying too much in taxes or rent, so you opt to shop around and look for a better deal in nearby towns. The community next door is eager to pocket your property tax, and they offer you a tax break or cheap rent on an empty building. So you go back to the original community — which is now nervous about losing jobs — and request a counteroffer, which is forthcoming. You stay put, you cut your expenses, you have the town's smaller taxpayer subsidize some of your profit. You win.

Most recently, Brunswick and Bath engaged in a cliffhanger Jobs Bowl. Last month the neighboring towns went head-to-head over a small firm called Brunswick Technologies Inc. (BTI), which makes fiberglass fabric and employs 53 workers.

BTI had outgrown its quarters at Fort Andross in Brunswick. It fished around in the neighboring towns of Topsham and Bath in search of a better deal. Bath delivered, offering to put BTI in its new industrial park for \$3.50 per square foot. But in the final minutes Brunswick rallied with a counteroffer that dissuaded the firm from leaving. Brunswick will now borrow \$1.5 million to build a new building, which it will then lease it to BTI for \$3 per square foot. Incidentally, BTI pays just \$30,000 per year to the town in property taxes.

CBW has chronicled this sort of competition for some time. We've seen Portland scramble to devise tax breaks to prevent firms from defecting to South Portland, and South Portland scramble to prevent defections elsewhere.

We don't blame the companies. It's in their nature to push for the best possible deal. But we do fault the cities and towns for engaging in this fruitless squabbling over corporate spoils. Why should they waste the time and energy fighting one another when they should be banding together to lure investment from outside Maine or the U.S.?

Perhaps the most discouraging aspect of the most recent tussle is the rancor and ill-will that's now festering within the two communities, particularly in Bath, which believes that Brunswick was underhanded and sneaky. Regional cooperation now seems more distant than ever.

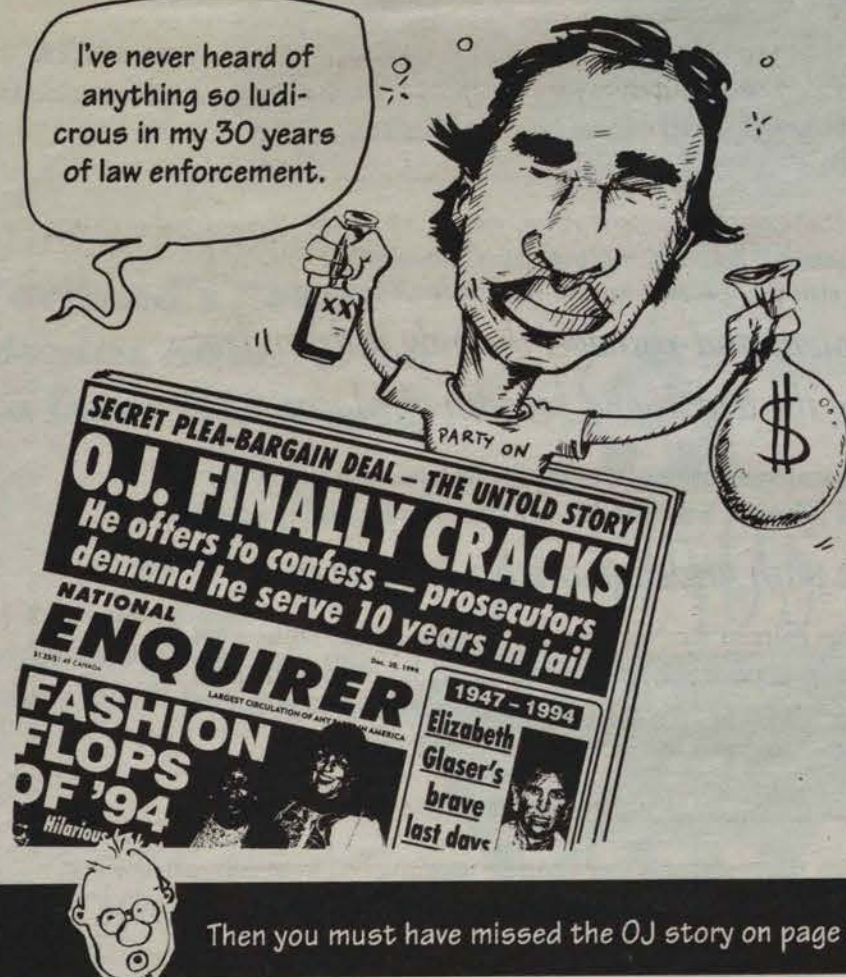
The Jobs Bowl isn't worth the price of admission. The state and Maine communities should use their creativity not to vanquish their neighbors, but to find ways to cooperate for the good of all. (WC)

## overheard

by Kurth

The case of Joe Green, the Windham motorist who was awarded \$75,000 for being forcibly stopped while driving drunk, made the National Enquirer Dec 20. Windham top cop Richard Lewsen on the case:

I've never heard of anything so ludicrous in my 30 years of law enforcement.



## It's a start

### Me, me, benevolent me

■ By Elizabeth Peavey

When I first volunteered at the Preble Street Resource Center (PRC) in the fall of 1992, I must confess I had something of homeless snobbery. I had recently returned to my native Portland after two years in San Francisco, where I literally had to step over bodies to get to work, and where I was pleaded with, cajoled, harassed and assaulted on a daily basis. The

## citizen

homeless were as much a part of my daily landscape as the Golden Gate Bridge and the TransAmerica Building. And this, after all, was only dinky Portland. How bad could it be?

Just before the doors opened on that first morning, as we cheerfully sliced bagels and mixed orange juice, I welled up with the milk of human kindness and wore my noblesse oblige on my sleeve. I was part of the great hand reaching out to those less fortunate. I envisioned a scattering of elderly men in frayed and rumpled clothing, mothers with babies slung on their hips and perhaps an Oliver Twist-ish waif cupping an oatmeal bowl in his tiny hands beneath my ever-lovin' ladle.

What I did not envision was the wall of people we faced at 8:01 when the doors opened. A tray of pastries was polished off before it could be placed on the table; empty juice and milk containers waved in the air; cereal scattered like confetti; coffee slopped as people elbowed their way forward. And I, The Great Benevolent One, wiped up spills, fetched paper bags and loaves of bread and washed piles of dishes in the dingy little kitchen. When the breakfast was over, I strode out into the morning, awash in my own white light, feeling as self-satisfied as though I had voted, flossed my teeth and recycled my newspapers all in one fell swoop.

In moving back to Portland, I looked forward to getting involved in my community again. After living in large cities, I was optimistic about being able to do something of significance in a smaller one. What I did not count on, however, was my inability to find work. With no job — living out of my car, sleeping in spare rooms, pulling up to the extra place at the table — I, for a time, slipped out of the loop.

I was lucky during those days. I had plenty of family and friends to mooch from. I always had a place to stay and enough to eat, but without a daily sense of purpose I felt was drifting out of society. Uselessness is an insidious and self-perpetuating condition. What those five months proved to me is how fragile our lives are: It doesn't take much to upset the balance. A company can close, a shift in management can occur, as can

death, illness or fire. And none of this takes into account the horrific percentages of mentally ill, substance abusers, victims of domestic violence — people who have fallen through the cracks, been pushed out of the system and onto the street. What happens when people's support dries up? What happens when they don't have any support to start with?

They go to the PRC and ask for a loaf of bread to tide them through the weekend, they stuff their pockets with slightly stale Zingers and Hostess Fruit Pies, they complain about the lumpy oatmeal and the weak coffee, and they wait.

Once I got my life back on track, I was able to resume my plan. I became a Friday morning regular volunteer at the PRC. I became inured to the constant odor of stale alcohol and cigarette smoke. Along with the rest of the Friday team, I got to know the faces: "Betty" and her purple high tops, "Benny" and his lost family fortune, the stoners who'd show up when "the old lady was too hungover to make breakfast," the kid sent in by his parents (or whomever) to fill shopping bags with whatever he could grab. We listened to the stories, fended off the come-on lines, tended the oatmeal, refilled and restocked and cleaned up.

It didn't take long for the initial ebullience to die down. I soon found myself casting judgments: I wanted humility and gratitude, not the constant complaining and grabbing; I wanted to believe in their need, I didn't want to think any of these people were milking the system. Then I began to wonder what good was my one day per week at a soup kitchen was doing. I wasn't helping solve the problem. I was serving it Raisin Bran.

In the end, all those emotions merged into, at best, resignation. No, I wasn't saving the world. And no, perhaps all the clients weren't saints; some, perhaps, weren't even particularly deserving. But you can scrutinize anything to death. Either you want to help, or you don't. My feelings had no relation to the fact that there are people who are needy, who are hungry, who are out of the loop, who are sinking — both in large cities and small.

Owing to a change in my schedule, I had to give up my Friday mornings at the PRC. I walk Congress Street now and know many of the faces, know many of the stories and know Portland's homeless, not as a population, but as individuals. And I also know no one is going to solve the problem by slicing bagels or mixing orange juice.

But it's a start.

Elizabeth Peavey is Casco Bay Weekly's Arts Editor.

## BEST OF PORTLAND

### OFFICIAL BALLOT

#### BEST PEOPLE

Best unsung hero \_\_\_\_\_  
Best TV personality \_\_\_\_\_  
Best radio DJ \_\_\_\_\_  
Best bartender \_\_\_\_\_  
Best writer \_\_\_\_\_  
Best visual artist \_\_\_\_\_  
Best local pro athlete \_\_\_\_\_  
Local politician you trust most \_\_\_\_\_  
Local personality with most interesting hair \_\_\_\_\_  
Most effective citizen group \_\_\_\_\_

#### BEST FOOD AND DRINK

Best breakfast joint \_\_\_\_\_  
Best lunch for \$5 or less \_\_\_\_\_  
Best dinner restaurant if you're down to your last \$10 \_\_\_\_\_  
Best dinner restaurant if money's no object \_\_\_\_\_  
Best new restaurant (opened after 1/1/94) \_\_\_\_\_  
Best free eats at happy hour \_\_\_\_\_  
Best coffee \_\_\_\_\_  
Best Maine microbrew \_\_\_\_\_  
Best pasta \_\_\_\_\_  
Best produce \_\_\_\_\_  
Best pizza \_\_\_\_\_  
Best burger \_\_\_\_\_  
Best fries \_\_\_\_\_  
Best nachos \_\_\_\_\_  
Best fried clams \_\_\_\_\_  
Best bagel \_\_\_\_\_  
Best pad thai \_\_\_\_\_  
Best pies \_\_\_\_\_

#### BEST ENTERTAINMENT

Best event of 1994 \_\_\_\_\_  
Best Old Port bar \_\_\_\_\_  
Best neighborhood bar \_\_\_\_\_  
Best local band \_\_\_\_\_  
Best radio station \_\_\_\_\_  
Best place to rent a video \_\_\_\_\_  
Most daring theatrical production \_\_\_\_\_  
Best place to hear live music \_\_\_\_\_  
Best place to play pool \_\_\_\_\_  
Best place to dance \_\_\_\_\_  
Best used bookstore \_\_\_\_\_  
Best tape/CD store \_\_\_\_\_  
Best movie theater \_\_\_\_\_  
Best place for a free date \_\_\_\_\_  
Best street corner \_\_\_\_\_  
Best jukebox \_\_\_\_\_

## Put the great in Greater Portland!

It's that time again. Time for you to let us know where you like to eat, drink, dance, caper and cavort in Greater Portland. Using the latest in modern technology, we'll compile the results and report on Portland's favorites in a special issue this March.

You don't need to be an expert to participate!

Here's what to do: Fill out all the categories you deem your self fit to judge. Keep your choices current and confined to people and places within our distribution area (roughly Brunswick to Windham to Old Orchard Beach). If you are compelled to expand on your selection, feel free to do so on a separate sheet of paper and attach it to your ballot. We'll incorporate the best comments into our summaries.

Mail the completed ballot to the address below, or put it through our convenient Congress Street mail slot. And, please, confine your enthusiasm to one ballot per person.

The deadline is 5 p.m., February 10.

#### BEST SERVICES

Best bank \_\_\_\_\_  
Best bicycle shop \_\_\_\_\_  
Best laundromat \_\_\_\_\_  
Best tailor \_\_\_\_\_  
Best fishmonger \_\_\_\_\_  
Best antique shop \_\_\_\_\_  
Best jeweler \_\_\_\_\_  
Best place to get a haircut \_\_\_\_\_  
Best corner store \_\_\_\_\_  
Best florist \_\_\_\_\_  
Most honest garage \_\_\_\_\_  
Worst abuse of taxpayers' money \_\_\_\_\_

#### BEST PLACES

Best place to meet people \_\_\_\_\_  
Hippest place to be seen \_\_\_\_\_  
Best health club \_\_\_\_\_  
Best historic building \_\_\_\_\_  
Best place for a romantic dinner \_\_\_\_\_  
Best place to kill an hour \_\_\_\_\_  
Best Portland neighborhood \_\_\_\_\_  
Best place for a weekend getaway \_\_\_\_\_  
Best beach \_\_\_\_\_  
Best place to get married \_\_\_\_\_  
Best place to send out-of-town guests \_\_\_\_\_  
Best outdoor place to nap \_\_\_\_\_  
Best company to work for \_\_\_\_\_

#### READER'S CHOICE

Did we leave out your favorite things about Portland? Create your own categories and answers here.

Name: \_\_\_\_\_

City/town: \_\_\_\_\_

Daytime phone number: (if we have any questions) \_\_\_\_\_

**Casco Bay Weekly**

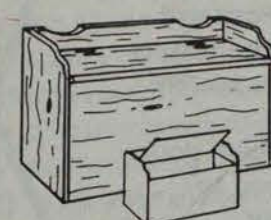
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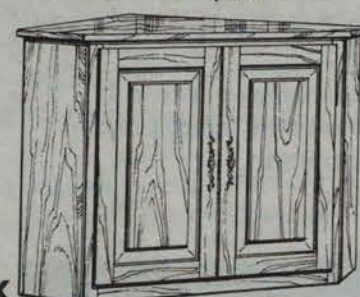
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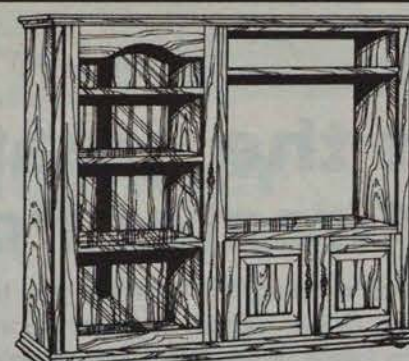
## CLARK'S Unfinished Furniture



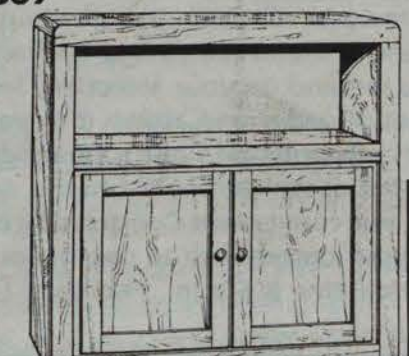
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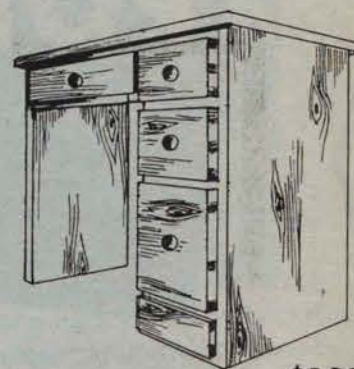
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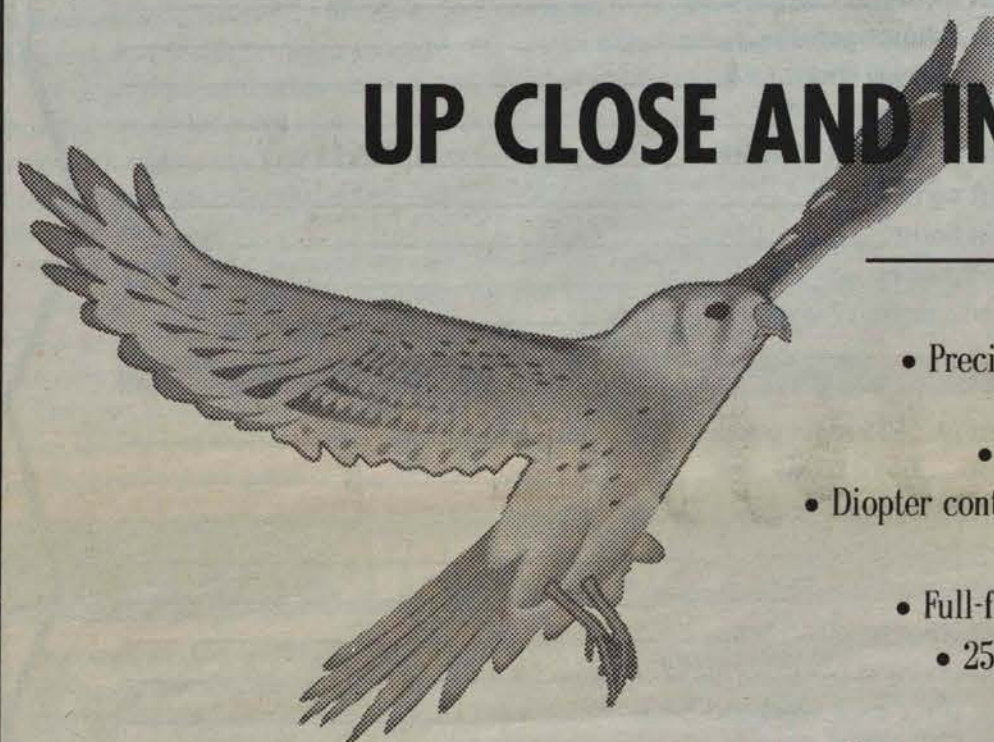
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# art&soul

silver screen 18  
calendar 22  
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photo/Tonee Harbert

Russian  
jazz  
percussionist  
Nikolai  
Yudanov  
has spent  
his life  
breaking  
boundaries

## Avant Russe

By Tanya Whiton

"Making music is like making soup," says Nikolai Yudanov, 35, attempting to describe the concepts that make for his highly original stew of homemade percussion and jazz stylings.

Yudanov's fascination with music in general, and jazz in particular, began at the tender age of 6. His older brother, then 16, found a way to tune in "Voice of America" on his tiny radio in their isolated hometown of Arhangelsk, Russia. The two would listen at the lowest audible volume to "Jazz Hour with Willis Conover," who played music by the likes of John Coltrane and Miles Davis, as they lay under the blankets, feigning sleep. They imagined the kind of place where you could play music of any kind, as loudly as you liked.

Of all the places he might have dreamed of, however, chances are slim Yudanov imagined he would one day find himself playing in a bar in Portland, Maine. Yet, Yudanov recently appeared with fellow Russian Leo Katz at Morganfield's on a stage modeled after Muddy Water's front porch. While seemingly incongruous — the notion of a Russian avant-garde jazz percussionist performing in a venue that primarily features acts that play roots music of the American South — Yudanov's personal history as a musician bears many similarities to the history of the blues: his devotion to music as a form of personal expression in spite of isolation, financial hardship and oppression. Early blues music was often banged out on homemade instruments, with a defining regional style and an outright disregard for conventional forms — all the ingredients that make Yudanov's music, and that of his former ensemble, "Jazz Group Arhangelsk," exciting. Ironically enough, during the most politically tense years of the Cold War, jazz shows at home were almost always predicated by an emcee reciting a party-line disclaimer about how playing jazz represented the plight of poor people struggling in capitalist countries. Hard-line communists were known to say "Play jazz today, sell the motherland tomorrow."

continued on page 17



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## Silver screen

**Café au Lait** Mathieu Kassovitz's barbed comedy about racism opens with Felix (a poverty stricken Jewish bike messenger immersed in American Black culture) and Jamal (a wealthy African law student and Muslim) meeting at girlfriend Lola's Paris flat. Lola, a West-Indian Catholic, is a light-hearted, open-minded young woman who is pregnant with either Felix's or Jamal's baby. She is delighted, they are not. The three set up housekeeping, and the two prospective dads behave like the Odd Couple. (In French).

**Calendar** A Canadian photographer and his bilingual wife travel to their ancestral homeland of Armenia, where he takes pictures of the past as the present unravels. He is displaced from his wife's and his own identity through the lens of the camera — she grows closer to her ethnic heritage (and to the native-speaking guide) as he slowly loses his sense of time and place. The film weaves in and out of the different levels of consciousness that inform the character's perceptions of their lives and their relationship. (In English and Armenian.)

**Disclosure** Demi Moore and Michael Douglas sell-out in this reversal of sexual harassment scenarios based on Michael Crichton's novel. Moore plays a duplicitous female exec who tries to run ex-lover Douglas out of the company for refusing her advances.

**Drop Zone** Wesley Snipes goes undercover as an exhibition skydiver to root out a notorious computer hacker, who is in cahoots with a terrorist band of renegade parachutists. Yancy Butler is featured as the lady captain of the jump team, as well as Gary Busey as Snipes' arch enemy — a good guy gone bad. Lots of stomach turning plane leaps.

**Dumb & Dumber** Jim Carrey and Jeff Daniels play two charming doofuses in the dumbest comedy of the season.

**Forrest Gump** In this apparent mating of "Being There" and "Zelig," Tom Hanks plays a lucky simpleton who becomes an all-American football player, a Vietnam hero and a shrimp magnate — all the while stumbling into major figures in American history. Through the use of old newsreels and high tech, Gump gets to interact with such notables as Presidents Johnson, Kennedy and Nixon. He also gets to teach Elvis how to dance. Sally Field plays his mother; Robin Wright, his love interest. Directed by Robert Zemeckis ("Back to the Future").

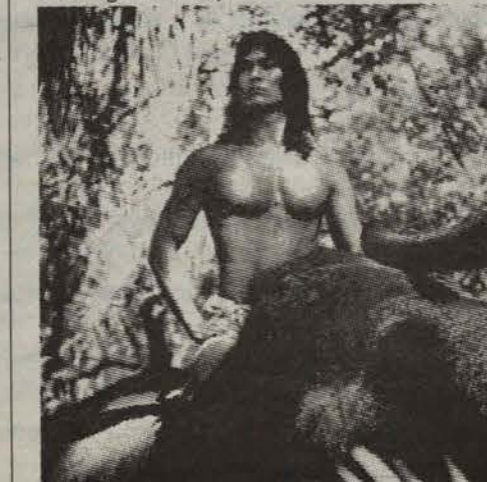
**Hoop Dreams** What began as a half-hour documentary about street basketball evolved into this five-year epic. The film follows the lives of two teenagers from South Side Chicago as they pursue their dream — to shoot hoops for the NBA. "One of the best films about American life I've ever seen," said Roger Ebert.

**House Guest** Sinbad is the man who came to dinner and never left.

**Interview With a Vampire** While living in modern-day New Orleans, the vampire Louis (Brad Pitt) tells a reporter (Christian Slater) of Lestat (Tom Cruise), the vampire who converted him, and their 200-year-old lives together. Based on the novel by Anne Rice. Also stars Antonio Banderas, Stephen Rea and Kirsten Dunst. Directed by Neil Jordan ("The Crying Game").



I.Q. Walter Mathau is Albert Einstein, inventor and... matchmaker. In order to hitch his niece (Meg Ryan) to the right guy — a low-brow mechanic played by Tim Robbins — he's got to pass Robbins off as a genius. From the director of "Roxanne," who obviously enjoys tinkering with history.



**Jungle Book** Disney brings back the Kipling classic about a young boy who is raised in the wild — this time with real people instead of toons. Jason Scott Lee stars as Mowgli.

**Junior** In a bizarre "gender-bender" comedy with Arnold Schwarzenegger and Danny DeVito together again, Schwarzenegger gives birth (yikes) to "Junior," in an extreme attempt to prove the efficacy of the fertility drug they have created. Emma Thompson stars as the foil to the mayhem. Directed by Ivan Reitman.

**The Lion King** Kitty rules in the Disney animated feature.



**Little Women** A film version of Louisa May Alcott's novel about four sisters coming of age during the civil war: responsible Meg, tomboy Jo, coy Amy and ailing Beth. Winona Ryder stars as Jo, the headstrong young woman who wants to be a writer, with Susan Sarandon featured in the role of Marmee, the matriarch of the clan.

**Mixed Nuts** Steve Martin is on the horn as holiday help at a suicide hotline. A feel-good Christmas comedy/drama.

**Nell** Jodie Foster plays the wise and transcendent "wild girl," Nell, who spends a lot of time joyously leaping into mountain streams when she is not transforming the lives of the doctor (Liam Neeson) and the psychology student (Natascha Richardson), who are engaged in studying her curious, self-created speech patterns.

**The Professional** Luc Besson initially wrote the script for Jean Reno ("La Femme Nikita") then decided to go ahead and direct it too. A hitman takes a career turnaround by sheltering a teenage girl (Natalie Portman) from the sleazy cop (Gary Oldman) who killed her family. Danny Aiello also stars.

**Pulp Fiction** Three intertwining stories about drugs and thugs set in the seedy, violent underground of L.A. The all-star cast includes Uma Thurman, John Travolta, Samuel L. Jackson, Bruce Willis, and Harvey Keitel. Directed by Quentin Tarantino ("Reservoir Dogs"). The film was awarded the Palme d'or at Cannes.

**Ready to Wear** A murder at Paris' most chic fashion symposium leads Julia Roberts and Tim Robbins into each others' well-worn arms, in a whirlwind of supermodels charging down the runway and cameos by famous folk like Lyle Lovett and Sophia Loren.

**Richie Rich** Macaulay Culkin stars as the richest (and most obnoxious) kid in the world, whose parents have been kidnapped by the villain Van Dough (John Larroquette).

**The River Wild** Meryl Streep stars as a muscled-up river guide trying to bond with her family on a rafting trip. She gets interrupted by a suave bad guy (Kevin Bacon) who kidnaps and forces them to help him escape down the river. All this action is directed by Curtis Hanson ("The Hand That Rocks the Cradle").

**Safe Passage** Susan Sarandon and Sam Shepard star in the story of a large family coming together, with the usual less-than-charming interrelational difficulties. The central dilemma, however, is the absence of one of the seven sons, who is missing following a terrorist attack in the Middle-Eastern nation in which he was stationed. Warm and fuzzy family values film.

**Speechless** Michael Keaton and Geena Davis star in this romantic comedy about two political speech writers on opposite sides of a senatorial campaign. The battle of the sexes ends in romance, with Christopher Reeves featured as Davis' fiancé. Based on the true-life romance between Republican flack Mary Matalin and serpent-headed Clinton strategist James Carville.

**Stargate** A strange monumental circle is unearthed near the Pyramids of Giza. Identifying it as "Stargate," an Egyptologist (James Spader) and a colonel leading a top secret team (Kurt Russell) realize its secret power, jump through it into the unknown and are transported to an alien hybrid of an ancient Egyptian civilization led by a gender-jumping ruler, Ra (Jaye Davidson). To return to their own time, the group must overturn Ra before the "Stargate" closes forever. Directed by Roland Emmerich ("Universal Soldier").

**Star Trek: Generations** The Enterprise guys are back in action, complete with awe inspiring, billion-dollar effects and featuring a union of Kirk and Picard, who join forces to cope with a time warp. Directed by David Carson (Leonard Nimoy wanted rewrites) and starring (you guessed it) William Shatner and Patrick Stewart.

**Streetfighter** A movie based on a video game, AARGH! Van Damme is a kickboxer trapped in a Thailand prison ward by Raul Julia. Flying feet and grunting abound.



**Streetfighter** A movie based on a video game, AARGH! Van Damme is a kickboxer trapped in a Thailand prison ward by Raul Julia. Flying feet and grunting abound.

## where

Owing to scheduling changes after CBW goes to press, moviegoers are advised to confirm times with theaters.

### General Cinemas

Maine Mall  
Maine Mall Road, S. Portland  
774-1022

Dates effective Jan 5-11

**Interview with a Vampire (R)**

1:30, 6:50 (through Jan 5 only)

**Junior (PG-13)**

4:05, 9:25 (through Jan 5 only)

**Star Trek Generations (PG)**

4:15, 6:50, 9:25

**Drop Zone (R)**

9:50

**Nell (PG-13)**

12:15, 2:35, 5, 7:25, 9:50

**Richie Rich (PG)**

12:45, 3, 5:15, 7:30

**Street Fighter (PG-13)**

12:30, 2:50, 5:10, 7:40, 10

**Ready To Wear (R)**

1:10, 4, 7, 9:50

**The Lion King (G)**

12:20, 2:20

**Safe Passage (PG-13)**

12:40, 2:55, 5:10, 7:25, 9:40

**House Guest (PG)**

12:15, 2:30, 4:50, 7:15, 9:40

**Hoyts Clark's Pond**

333 Clark's Rd., S. Portland  
879-1511

(WARNING: These movies might not be playing — current movie schedule unavailable at deadline. Call theater for an update on flicks and showtimes.)

**Pulp Fiction (R)**

**Disclosure (R)**

**Speechless (PG-13)**

**Dumb & Dumber (PG-13)**

**Jungle Book (PG)**

**I.Q. (PG)**

**Little Women (PG)**

**The Movies**

10 Exchange St, Portland  
772-9600

Matinees Sat & Sun

**Café au Lait**

Jan 4-10

Wed-Tues 5, 7, 9

Sat & Sun 3, 7

**Calendar**

Jan 7-10

Sat & Sun 1:15, 5, 9

Mon-Tues 7

**Hoop Dreams**

Jan 11-24

(First Week)

Wed-Thurs 4, 7:30 Fri 5, 8:30

Sat & Sun 1, 4:30, 8

Mon-Tues 4, 7:30

(Second Week)

Wed-Thurs 4, 7:30

Fri 5, 8:30

Sat & Sun 1, 7 Mon-Tues 7

**Nickelodeon**

Temple and Middle streets, Portland  
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Dates effective Jan 6-12 (for shows on Jan 5, call the theater)

**Forest Gump (PG-13)**

12:30 (Sat & Sun only), 3:30, 6:30, 9:20

**Stargate (PG-13)**

12:40 (Sat & Sun only), 3:40, 6:40, 9:10

**The River Wild (PG-13)**

1:10 (Sat & Sun only), 4:10, 7:10, 9:50

**The Professional (R)**

4:20, 10

**Interview with a Vampire (R)**

12:50 (Sat & Sun only), 3:50, 6:50, 9:30

**Junior (PG)**

1 (Sat & Sun only), 4, 7, 9:40

**Mixed Nuts (PG-13)**

1:20 (Sat & Sun only), 7:20

Continued from page 17

## Avant Russe

Yudanov challenges jazz perceptions in the same way Max Roach and his contemporaries did two generations ago in the '40s. He seems unafraid of combining disparate instrumentation, time signatures and rhythms, and his music constantly eludes expected patterns. It is eccentric, not swinging or sticking to a steady groove — although it is interspersed with snatches of traditional and free jazz drumming.

Yudanov began playing early, learning Beatles' and Stones' songs for underground dances. He says, "We were not allowed to sing in English, but the teachers would give us no explanation why." As he became more serious as a musician, he started to play drums in a '70s-style hard-rock fusion band à la Rush. His family was by this time fully aware of his desire to be a musician, and he was told by his father, "It is a difficult way, you have to reach the highest level or always be struggling." Yudanov agreed to go to technical school and emerged as an electrical technician. This detoured him into working in factories for three years, while playing weddings and dance clubs all around Arhangelsk. A contrast of industrial and organic sounds seeped through into his later work.

Then, in the late '70s, his brother (also a percussionist) and he became members of Jazz Group Arhangelsk (JGA), the six-piece group that Yudanov was to play with for nearly 20 years. It was not easy finding a place to play or even rehearse in Arhangelsk — particularly in the pre-'90s political climate of the Soviet Union — there were no public venues for performance, and any space for practicing was temporary at best. When asked about the effect politics had on his music, Yudanov becomes quiet for a moment, then replies, "You had to cancel yourself. It was very dangerous, sometimes — you had to become an underground person. Musicians were often targeted, because of their free expression. That is not something the government wanted."

Though often underground, Yudanov and friends were far more driven by the jazz muse than by the nebulous threat of the KGB. For Yudanov, not making music has never been a choice, for any reason — and the more unorthodox the music, the better. "I prefer to use unusual sounds," he says and explains that for years he has been making his own

percussion, experimenting with anything that makes noise — for example, drawing a violin bow across his cymbals or hitting a tin bucket with a soup spoon. "I am like a pregnant woman," he says, "full of sounds."

JGA was one of the first ensembles to successfully integrate Russian folk music with jazz, relentlessly spinning off the conventional forms to create a dense cacophony of sounds. The humor and ease of communication evident on the band's 1992 release, "Portrait," testifies to a long marriage of musical minds. The absurd and often black humor that informs the group's music makes for a soundscape of bizarre contrasts and sometimes disturbing combinations of instrumentation and percussion. In one segment of the long opening piece, a disjointed bass riff skids over what sounds like someone sweeping up broken glass, accompanied by a man grumbling in gibberish. Later, the music creates an uneven flow of mental pictures, jumping from the glib, goose-like honking of a saxophone to the rattle of strange percussion instruments, which creates an effect of frightened animals rustling in the ominous dark of an ice-covered forest.

The accents and effects Yudanov creates as a percussionist are "uniquely Russian," he says. "[My music] comes from deep within the Russian countryside, and is unlike any other music." Lovely melodies and comfortable rhythms collapse on themselves into dissonance and discord, reminiscent of the strangling of Russian folk culture by an oppressive government.

The first time Yudanov left Russia was about 10 years ago — JGA played their first International Jazz Festival in Poland, where Miles Davis made an appearance. After this landmark occasion, the band was booked by European managers to do festivals all over the continent — traveling to Hungary, Italy, Switzerland, Germany, and even to Australia and Japan. "Our best response was in Japan," he says. "In Japan you can make a musical story, they [the audiences] are patient. Our music has similar feeling — like Japanese classical forms, it is very abstract."

Coming to America for an extended visit and finally seeing the country he imagined as a child has given



Nikolai Yudanov at play

Yudanov much cause for self-reflection. He finds that in Portland, the opportunity to play many different kinds of music — as loudly as you like — is marred by musical conservatism. But he and fellow Russian Leo Katz brought their brand of musical madness to their performance at Morganfield's.

Yudanov and Katz met for the second time two months ago in Portland — their first meeting was a brief introduction 15 years ago at the St. Petersburg Jazz Festival, where Yudanov was performing. Katz was then studying to be a theater director in Leningrad. They had both summered as boys in the same town of Saratov, and they discovered they knew the same people and felt a similar sense of place. "It is strange [meeting Katz in the United States]," Yudanov says. "Russia is a huge country. It is rare to meet someone who has so much in common [with you]." While Katz has some classical background in music, the two men share "a similar sense of what goes on around them." Yudanov was delighted to find someone so far from home with whom he can communicate on stage "without even eye contact." They discovered this in the brief amount of time they had to experiment before their free performance at Morganfield's in December.

Katz and Yudanov created a stage show of wild transitions and music that alternated between a feeling of spookiness and hilarity. "It is very difficult playing this kind of music," confesses Yudanov. "You have to be careful, trying to improvise and build a construction of sound." There's the danger that the audience won't get it or will lose patience with listening to music that demands the full attention of ears and mind. "It is like walking through a jungle," he says, but adds, "If you doubt what you are doing, the audience senses it."

The small crowd at Morganfield's seemed to be receptive to the peculiar, tongue-in-cheek show, which opened with Katz playing "Chopsticks" on an organ, while Yudanov played a light jazz riff with brushes. They then progressed through a series of unlikely and often improvised numbers, with Yudanov thumping his kit with everything from sticks to mallets, and Katz going so far as to attach a breath control to the keyboards to create the sound of a demented accordion. What was amazing was the ease and polish of their communication as musicians. Despite the short amount of time they've had to play together, it seemed as though they had been collaborating for years. With each piece they created a different mood, digressing from any anticipated composition of melody, intonation or balance. Their music demanded a committed listener — and occasionally a patient one, as Katz's keyboards pounded out the head-splitting sound of a full brass ensemble to the glib thump of the drums.

Yudanov says, "Music is like a red line in my head, a buzzing that won't stop," and he hopes to find other instrumentalists willing to toss themselves off the improvisational cliff with him and Katz.

"In Russia," he concludes, "soup is always the main course." Hmm. Good stuff. CBW

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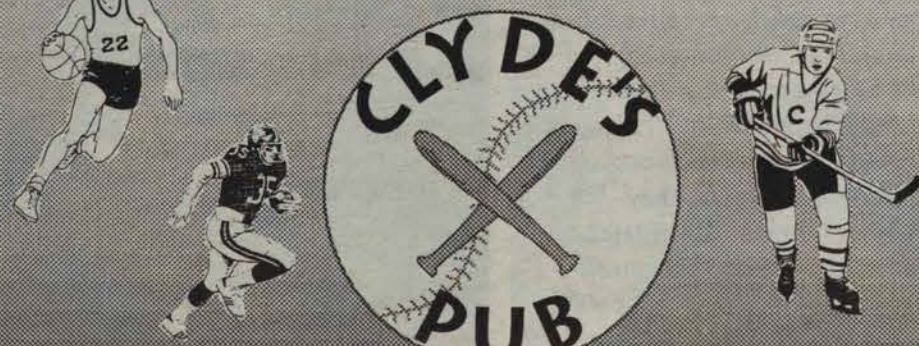
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Art & Soul continued from page 19

## stage

**"Amahl and the Night Visitors"** the Freeport Community Players present Gian-Carlo Menotti's Christmas story, Jan 6 at 7:30 pm, at St. Luke's Cathedral, 143 State St., Portland, and Jan 7 at 3 and 7:30 pm at the First Parish Congregational Church, Main St., Freeport. Tix: \$5 (\$3 students/seniors), 865-6041.

**"Eight Unseen"** Portland Stage Company's year opener is the tale of a world-renowned artist who discovers the compromises made for fame and fortune when he visits an old girlfriend. Previews Jan 8, 10 and 11 at 7:30 pm. Runs through Feb 4 with show times Tues-Thurs at 7:30 pm, Fri at 8 pm, Sat at 5 and 9 pm and Sun at 2 pm (Sun evening performances Jan 8 and 15 at 7:30 pm) — at Portland Stage, 25A Forest Ave., Portland. Tix: \$20-\$29 (Previews \$15). Rush seats are often available at half-price one hour prior to curtain, except Sat, 5 pm and Sun, 2 pm. 774-0465.

**"What a Cat!"** Children's Theatre of Maine presents the story of Felix, a cat whose ability to speak English leads him into the corporate world at Pet Fun, Inc. His meteoric rise to the top causes him to lose touch with his catly identity and his amour, Katrina Feline. Written by Sam Camer, winner of CTM's 1992 Young Playwrights Contest. Shows Jan 7-22, Fri at 7 pm, Sat at 10:30 am and 2 pm and Sun at 1 pm. Tix: \$5 (\$4 kids), 874-0371.

## auditions/etc

**American Renaissance Theater** holds auditions for "Julius Caesar" and for their next Alternative Stage presentation on Jan. 8 at the Center for Performance Studies (PPAC), 25A Forest Ave., from 6-8 pm. 865-4982.

**Community Little Theatre** in Lewiston/Auburn seeks volunteers to help clean out unusable costumes, Jan 7 from 9 am-12 pm. 777-7173.

**Community Orchestra of the Portland Symphony** invites string players to its Wed evening rehearsals. Locations vary. 883-2460.

**Public Theatre** in Lewiston/Auburn offers free tickets to volunteers who will poster for their upcoming production of "Lips Together, Teeth Apart." Call by Jan 6. 782-2211.



## concerts

### saturday 7

**Changes: Explorations in Jazz** (featuring Frank Carberg Trio & the Fringe) 8 pm at the State Theatre, 609 Congress St., Portland. Tix: general admission \$10; cabaret seats \$12 (plus \$10.50 dinner ticket). 879-1112.

### sunday 8

**Festival of Lessons and Carols** (Cathedral Chamber Singers and Choir) 4 pm, St. Luke's Cathedral, 143 State St., Portland. Admission by donation. 772-5434.

### tuesday 10

**Mozart Double Feature** (Portland Symphony Orchestra) 8 pm, City Hall Auditorium, 30 Myrtle St., Portland. Tix: \$10-\$35. 773-8191.

### upcoming

**Huon-Huon Tu: Throat Singers of Tuva** Jan 13 (amazing multi-tone singers) Big Sounds From All Over concert at the First Parish Church, 425 Congress St., Portland. Tix: \$15. 774-0465.

**Christopher O'Reilly** Jan 15 (classical solo pianist) presented by Portland Concert Association at City Hall Auditorium, 30 Myrtle St., Portland. Tix: \$20. 772-8630 or 800-639-2707.

**Gospel Extravaganza** Jan 15 at the Immanuel Baptist Church, 156 High St., Portland. Tix: \$5 (\$20 families of 5 or 6). 883-9764 or 773-3696.

## clubs

### thursday 5

**Infernos with the 3D Horns** (blues/R&B/soul) The Big Easy, 416 Fore St., Portland. 780-1207.

**George Hamm Comedy Showcase** The Comedy Connection, 434 Fore St., Portland. 774-5554.

**Son Vo** (mellow rock) Free Street Taverna, 128 Free St., Portland. 774-1114.

**DJ Landry** (bootleg originals) Geno's, 13 Brown St., Portland. 772-7891.

**Steve Holmes** (acoustic) Java Joe's, 13 Exchange St., Portland. 761-5637.

**Peter Finkle** (progressive rock) Khalidi's Creative Seafoods, 36 Market St., Portland. 871-1881.

**Wacky Thursday** (wild music) The Moon, 427 Fore St., Portland. 772-1983.

**Little Mike & the Tornadoes** (killer harp) Morganfield's, 121 Center St., Portland. 774-1245.

**Another World** (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**Happy Hour with Rockin' Vibration** (reggae) Raoul's, 865 Forest Avenue, Portland. 773-6886.

**Bamboo Taxi** (calypso) Seamen's Club, 1 Exchange St., Portland. 772-7311.

**Rocket Rusty** (karaoke) Spring Point Café, 175 Pickett St., Portland. 767-4627.

**Laser Karaoke with Greg Powers** Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161.

**Deejay Bob Look** (techno, tribal, trance/live karaoke in front room with Nick) The Underground, 3 Spring St., Portland. 773-3315.

**Acoustic Open Mic with Steve Bailey** The Wrong Brothers' Pub, 39 Forest Ave., Portland. 775-1944.

**Deejay Deb's Request Night** Zootz, 31 Forest Ave., Portland. 773-8187.

### friday 6

**Rene Randall Blues Band** The Big Easy, 416 Fore St., Portland. 780-1207.

**Chris Zito, Rick Jenkins, & Bob Sheehy** The Comedy Connection, 434 Fore St., Portland. 774-5554.

**Heave, Wet Pad Accident & the Hobbs** (high school band showcase — under 21, chem-free) Gecko's, 2 Industrial Way, Portland. 797-4588.

**Tantra** (hard rock) Geno's, 13 Brown St., Portland. 772-7891.

**Rustic Overtones, Tom Acousti & Mystery Guy** (ska/funk/pop) Granny Kiliam's, 55 Market St., Portland. 761-2787.

**Hay Mister** (progressive jazz) Khalidi's Creative Seafoods, 36 Market St., Portland. 871-1881.

**Bicycle Thieves** (alt-rock covers) Moose Alley, 46 Market St., Portland. 774-5246.

**Sleepy La Beef** (rockabilly hero) Morganfield's, 121 Center St., Portland. 774-1245.

**Eye to Eye** (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**Liquid Daydream & Curbside Prophets** (pop-rock) Raoul's, 865 Forest Avenue, Portland. 773-6886.

**Skeleton Crew** (dead covers) Seamen's Club, 1 Exchange St., Portland. 772-7311.

**Underrow** (rock) Spring Point Café, 175 Pickett St., Portland. 767-4627.

**Happy Hour with Brian Johnson** (easy-listening) Steamers, 700 Main St., S. Portland. 780-8434.

**Destroyer: "A Tribute to Kiss"** T-Birds, 126 N. Boyd St., Portland. 773-8040.

**Deejay Tim Stacey** (dance, dance, dance) The Underground, 3 Spring St., Portland. 773-3315.

**Tony Boffa** (lounge pop) Verillo's, 155 Riverside St., Portland. 775-6536.

**Brotherhood Dogs** (acoustic power rock) The Wrong Brothers' Pub, 39 Forest Avenue, Portland. 775-1944.

### saturday 7

**Barbeque Bob & the Rhythm Aces** (blues) The Big Easy, 416 Fore St., Portland. 780-1207.

**Chris Zito, Rick Jenkins, & Bob Sheehy** The Comedy Connection, 434 Fore St., Portland. 774-5554.

**Saturday Night Dance Party** (under 21, chem-free) Gecko's, 2 Industrial Way, Portland. 797-4588.

**Demi-Morens** (Psychovskys final farewell) Granny Kiliam's, 55 Market St., Portland. 761-2787.

**Hay Mister** (progressive jazz) Khalidi's Creative Seafoods, 36 Market St., Portland. 871-1881.

**Tantra** (hard rock) Geno's, 13 Brown St., Portland. 772-7891.

**Limerockets** (alt-rock covers) Moose Alley, 46 Market St., Portland. 774-5246.

**Eye to Eye** (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**Devonsquare** (folk-rock) Raoul's, 865 Forest Avenue, Portland. 773-6886.

**Last Call** (thirsty rock) Seamen's Club, 1 Exchange St., Portland. 772-7311.

**Underrow** (rock) Spring Point Café, 175 Pickett St., Portland. 767-4627.

**Cobalt 60, Rotors to Rust & Tripe** (hard rock) T-Birds, 126 N. Boyd St., Portland. 773-8040.

**Deejay Tim Stacey** (dance, dance, dance) The Underground, 3 Spring St., Portland. 773-3315.

**Tony Boffa** (lounge pop) Verillo's, 155 Riverside St., Portland. 775-6536.

**Brotherhood Dogs** (acoustic power rock) The Wrong Brothers' Pub, 39 Forest Avenue, Portland. 775-1944.

### sunday 8

**Open Mic** (bring your instruments and play) Geno's, 13 Brown St., Portland. 772-7891.

**Pam Baker** (blues-lounge trio) Gritty McDuff's, 396 Fore St., Portland. 772-2739.

**Gospel Brunch with Gospel Explosion** Morganfield's, 121 Center St., Portland. 774-1245.

**Karen & Tim** (acoustic) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**What's His Name & the Unforgettables with Nancy Bowker** (American music) The Porthole, Custom House Wharf, Portland. 772-9012.

**Laser Karaoke with Greg Powers** Raoul's, 865 Forest Avenue, Portland. 773-6886.

**National Headliner Comedy with Michael Sullivan-Irwin** T-Birds, 126 N. Boyd St., Portland. 773-8040.

**Deejay Mike Giller** (city sounds/live karaoke in front lounge) The Underground, 3 Spring St., Portland. 773-3315.

**Grin and Grime** (acoustic) Wharfs End, 52 Wharf St., Portland. 773-0093.

**Deejay Bob Look** (request night/no cover) Zootz, 31 Forest Ave., Portland. 773-8187.

### monday 9

**Laser Karaoke with Ray Dog** The Big Easy, 416 Fore St., Portland. 780-1207.

**Open Mic with Randall Morabitos** (blues) Morganfield's, 121 Center St., Portland. 774-1245.

**Comedy Open Mike with Pat "Boomer" Hicks** Raoul's, 865 Forest Avenue, Portland. 773-6886.

**Open Mic with Ken Grimsley** (acoustic) Wharfs End, 52 Wharf St., Portland. 773-0093.

### tuesday 10

**Open Blues Jam** (b.y.o. — drum set available) The Big Easy, 416 Fore St., Portland. 780-1207.

**Open Poetry Reading with Pangea** (jazz) Free Street Taverna, 128 Free St., Portland. 774-8767.

**Memphis Mafia** (rockabilly) Gritty McDuff's, 396 Fore St., Portland. 772-2739.

**Karen & Tim** (acoustic) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**Writers Open Mic with Anni Clark & guest Marianne Chatterton** Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

**Open Mic with Peter Gleason** (b.y.o. jam) Spring Point Café, 175 Pickett St., S. Portland. 767-4627.

**State Street Traditional Jazz Band** Steamers, 700 Main St., S. Portland. 780-8434.

**Open Mic with Ken Grimsley** (acoustic) Wharfs End, 52 Wharf St., Portland. 773-0093.

### wednesday 11

**Red Light Revue** (blues/R&B/soul) The Big Easy, 416 Fore St., Portland. 780-1207.

**Mosaic Theatre Company with Chocolate Oranda** (performance pieces/experimental) Elvis Room, 27 Forest Ave., Portland. 775-0474.

**Comedy Night with George Hamm** Free Street Taverna, 128 Free St., Portland. 774-1114.

**Duck Tape Wasabi** (progressive funk) Khalidi's Creative Seafoods, 36 Market St., Portland. 871-1881.

**Bob Jr. Unplugged** (pop) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

**Deejay Bob Look and strippers** (eclectic fun) The Underground, 3 Spring St., Portland. 773-3315.

**Electric Open Mic with 'Til It's Bone** (b.y.o. jam) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave., Portland. 775-1944.

**Deejay Bob Look and strippers** (eclectic fun) The Underground, 3 Spring St., Portland. 773-3315.

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## dance

**Ballroom Dance** The Gorham Dance Club hosts a ballroom party and social, Saturdays from 7:30-11 pm at the Center of Movement, 19 State St., Gorham. Free dance lesson at 7:30. Cost: \$5. Also, GDC holds a line-dance class, Jan 8 at 4:30 and 6 pm. 839-DANS.

**Casco Bay Movers** offer winter sessions of classes in jazz, tap, street funk, ballet, stretch and dance magic at 151 St. John St., Portland. Also, an African dance class is offered Jan 6 from 6-7:30 pm for \$11, and a Jitterbug/Swing workshop takes place Jan 8 from 2:30-4 pm, with beginner session from 12:30-3 pm. 871-1013.

**Contradance** with Crooked Stovepipe Band every third Fri at 8:30 pm at the Presumpscot Grange, 1844 Forest Ave., Portland (across from Tortilla Flat Restaurant). All dances taught. Singles always welcome. Cost: \$5. 774-3392.

**Contradance with Ellen & the Sea Slugs** the first Sat of each month at 7:30 pm at Saco River Grange Hall, Salmon Falls Road, Bar Mills. Cost: \$4, \$2 kids, \$10 family max. 929-6472.

**Contradance in Freeport** Every second Saturday of the month from 8 pm-12 midnight at the Harraeseket Grange Hall, Elm St., Freeport. Come single or with someone to twirl. Beginners will be taught. Cost: \$5. 865-6441.

**Friday Night Dance Party** Dance to ballroom, Latin, swing and contemporary music every Fri from 9 pm-12:30 am at 657 Congress St., Portland. Admission: \$5. 773-3558.

**Gotta Dance Classes** The Gotta Dance studio at 657 Congress St., Portland, offers several classes: "Ballroom," Wed, Thurs and Sun from 6:30-8:30 pm, "Gotta Move," Tues at 6:30 pm; "Argentine Tango,"



# 10-day calendar

Get Out & Stay Out

## thursday 5

Lait of the land: "Woody Allen meets Spike Lee in Paris" may sound like the topic of a scintillating *People* Magazine exposé, but is instead what the *Wall Street Journal* said about Mathieu Kassovitz's 1994 film, "CAFE AU LAIT," playing at The Movies, 10 Exchange St., Portland, at 5, 7 and 9 p.m.

Jamal, a wealthy Muslim law student, and Felix, a Jewish bike messenger, both love Lola. Lola loves them both; what's more, she's knocked up with one or the other's kid, but she cares not a sou whose. Zany Odd Couple-ish events ensue when the three set up house. Mon Dieu! (In French.) 772-9600.



These guys will throw you a curb ball on Jan. 6

## friday 6

Prophet margin: The on-the-rise, Boston-based CURBSIDE PROPHETS brings its artistic pop/rock (isn't that the junk that explodes in your mouth?) to Raoul's, 865 Forest Ave., at 9 p.m.

Curbside Prophets features musicians from the Berklee College of Music and is led by singer/guitarist Ben Swift's "terrific songwriting" (so says Carly Simon). The band has recently released its self-titled debut album, which has garnered praise around New England for its "inexhaustible

## saturday 7

Triple play: If you're out of step with who's hot and who's not on the Portland club scene these days, you can catch three wildly popular bands — COBALT 60, ROTORS TO RUST AND TRIPE — at T-Bird's, 126 N. Boyd St., Portland, at 9 p.m.

The Boston-based Cobalt 60 always packs the room with their radioactive funk; Rotors To Rust continues to grind out all that's metal; and Tripe is always tasty — whether served as a main dish or simply as a snack. Tix: \$5. 773-8040.

## sunday 8

Moment of enlightenment: The season's light continues to burn bright as the Cathedral Chamber Singers and the Cathedral Choir present an EPIPHANY FESTIVAL OF LESSONS AND CAROLS at St. Luke's Cathedral, 143 State St. at 4 p.m.

The program, which is directed by Henry Hokans and accompanied by Mark Dwyer, features music by Kastalsky, Randall Thompson, Felix Mendelssohn, Richard Dering, Thomas Tallis, Michael Praetorius, Gustav Holst and Hector Berlioz. Admission is by donation. 772-5434.

## monday 9

Scarlet fever: Sick of seeing great big epic movies crammed onto itty bitty TV and movie screens? Well, you can watch one of the biggest epics

energy." So don't curb those dogs, come prepared to stomp. Liquid Daydream shares the bill. Tix: \$4. 773-6886.

of all time, "GONE WITH THE WIND," in full 20-by-40 feet, Metrocolored, stereophonic splendor at the State Theatre, 609 Congress St.

Here's your chance to see the burning of Atlanta with the incendiary magnitude it deserves. Tara will sprawl, the war will be hell, Vivien Leigh will have dimples the size of potholes and Melly will be the biggest goose ever. But what the hell, tomorrow is another rental. Today features a seniors' movie and lunch (\$8.50) at 11 a.m. Additional shows: Jan. 6 (6 p.m. dinner show; tix: \$10.50) and Jan. 8-11 (tix: \$5). 761-1112.

## tuesday 10

Mass appeal: Take the chill off with the Portland Symphony Orchestra, the 75-voice Choral Art Society and three local soloists, as they team up for a MOZART DOUBLE FEATURE at Portland City Hall Auditorium, 30 Myrtle St., at 7:30 p.m.

The concert features two of Mozart's most popular pieces — the overture to his greatest operatic success, "The Magic Flute" (the overture was the last music he wrote for the stage, completed just two days before the opera's opening night), and the "Coronation Mass," the most esteemed of Mozart's 16 masses.

Works by Villa-Lobos and Mendelssohn complete the program. Tix: \$10-35. 773-8191 or 800-639-2309.

## wednesday 11

Portrait of the artist: Portland Stage Company forges into the new year with Donald Margulies' Obie Award-winning play, "SIGHT UNSEEN," at the Portland Performing Arts Center, 25A Forest Ave., at 7:30 p.m.

## thursday 12

You move too fast: Want to make the evening last? Then attend the Portland Museum of Art's FEELIN' GROOVY COFFEEHOUSE in the museum's lower ground floor

## friday 13

Easel street: Boston actress Robin Lane performs "ARTFUL LIVES," a one-woman dramatization of three famed female



Brush up on your knowledge of these three wise women on Jan. 11

and auditorium, 7 Congress Square, from 6 to 9 p.m.

The event celebrates the museum's exhibit "Fantasy in Fabric: Costumes by Seventeen Skowhegan Artists" and features jazz flute and guitar with Carl Dimow, a special 6:30 screening of The Beatles animated "Yellow Submarine" and poetry readings by Maine beatnik poets. (I caught me a trout, I killed me a deer, I told that damn tourist, You can't get there from here. Snap, snap, snap, snap, snap.) So don your best L.L. Bean beret and shimmy-shamble on over for a far-out evening. 773-2787.

painters, at the York Institute Museum, Maine Street, Saco, at 7:30 p.m.

Lane, who has gained a national reputation for her portraits of historical women, will portray the very different lives and works of Grandma Moses, Georgia O'Keeffe and Frida Kahlo. The performance is part of the museum's Sweetser Series. Tix: \$5 (\$8 day of the performance). 284-5859.

## saturday 14

Kitty corner: The Children's Theatre of Maine presents "WHAT A CAT!" — a colorful musical written by Falmouth's 16-year-old Sam Carner — at Deering High School Auditorium, 370 Stevens Ave., at 10:30 a.m. and 2 p.m.

The play features Mr. Felix, a talking cat who gets it all and gives it all up for love and honor (sort of like passing a spiritual hairball).

Carner, a CTM veteran, was the winner of the company's first Annual Young Playwright's Contest in 1992 and has appeared in a number of their productions. "What a Cat!" is directed by Mad Horse Theatre's Odelle Bowman, and musical direction is by Tom Myron. The play runs Jan. 7-22. Tix: \$4 kids, \$5 adults. 874-0371.

Submissions for Art & Soul must be received in writing on the Thursday prior to publication. Send your Calendar and Listings information to Elizabeth Peavey, Casco Bay Weekly, 561 Congress St., Portland, ME 04101.

## Spring Semester at USM.

Open registration begins on January 11.

Classes begin on January 17.

For more information or to obtain a course schedule, contact the Enrollment Services Center, 110 Payson Smith Hall on Falmouth Street, Portland, or call us at (207) 780-4040, 1-800-800-4876, ext. 4040, or TDD 780-5646.

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FRI. JAN 6 8:30 PM  
RUSTIC OVERTONES  
TOM ACOUSTI  
SAT. JAN 7 8:30 PM  
DEMI-MORONS  
(MEMBERS OF PSYCHOVSKY)  
THURS. JAN 12 8:30 PM  
HANGING FRANCIS  
FROM ATLANTA, GA  
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## The Beadin' Path 1st Annual After Christmas- Before counting inventory Bead Sale!

(have you ever tried to count thousands of beads?)  
30% off ALL BEADS!!  
Extended one week Jan. 9-15  
(also special sales on ready made jewelry - save up to 50%)  
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### Winter Classes Begin January 9th!



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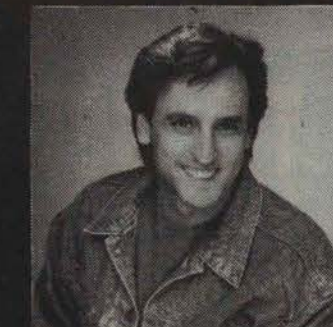
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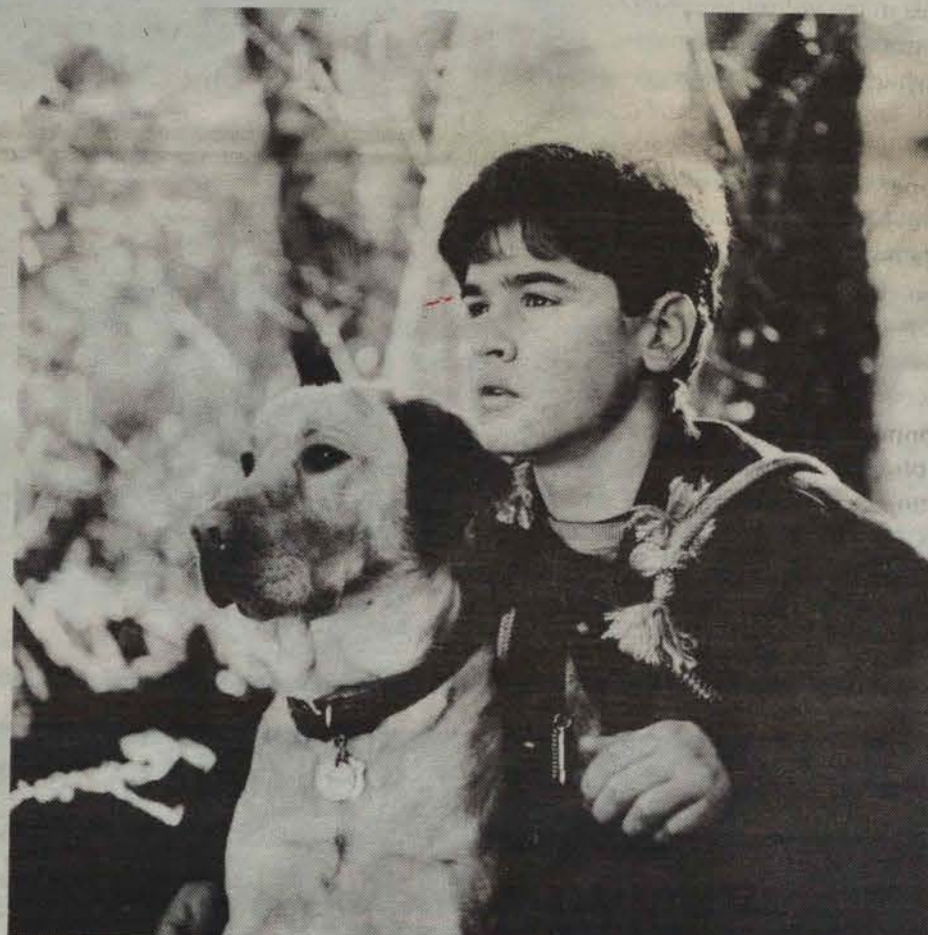
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Art & Soul continued from page 21

**Greenhut Gallery** 146 Middle St., Portland. Exhibition of gallery artists including Rhonda Wilson Erwin, George Lloyd, Deborah Putnol and Anne Gresinger shows through Jan. 31. Hours: Mon-Fri 10 am-5:30 pm, Sat 10 am-5 pm, 772-2693.

**Icon Contemporary Art** 19 Mason St., Brunswick. Group show with photos by Melanie Bennett and new work by Katherine Bradford, Toby Sovak, Ann Gresinger, Larry Hayden, Alice Spencer, Jim Cambrone, Frances Hodsden and Robert Andriulli shows through Jan. Hours: Mon-Fri 1-3 pm, Sat 1-4 pm, 725-8157.

**Jewelry Work** 30 Exchange St., third floor, Portland. Cooperative showroom of original, contemporary jewelry designs by nationally exhibited artists. Hours: 10-6 daily, 773-6824.

**Magick Art Gallery** 217-A Commercial St., Portland. Ongoing exhibit features art, design and metaphysics with sculptures by James Poliquin and hand painted silks by Elise Isabel Andersen. Hours: Wed-Sat 12-6 pm, 780-6544.

**Maine College of Art Student Gallery** Clapp House, 97 Spring St., Portland. "Desire Exists in the Absence of Pleasure," photos and poetry by Eliza Alys Young, shows through Jan. 17. Hours: Mon-Fri 9 am-5 pm, 775-3052.

**Maine History Gallery** 489 Congress St., Portland. "Maine People, Maine Stories," featuring art and artifacts from the permanent collection, shows through April 8. Hours: Wed-Sat 12-4 pm, 879-0427.

**Maine Potters Market** 376 Fore St., Portland. Hours: daily 10 am-6 pm, 774-1633.

**Meander Gallery** 40 Pleasant St., Portland. "Art of the Dreaming: Aboriginal Australia's Living Heritage" on exhibit through Feb. 15. Hours: 12-6 pm Tues-Sat and by appointment, 871-1078.

**Nancy Margolis Gallery** 367 Fore St., Portland. The third annual exhibit of Menorahs, featuring artists Zachary Orman, Piper Strong and Thomas Mann. Shows through Jan. 10. "An Exhibition of New Works in Wood," by Joel Gelfand, glass by Rebecca Stewart, metal by Piper Strong and new jewelry by John Casner and Lisa Jenks, shows through Jan. 31. Hours: Mon-Wed 10 am-6 pm, Thurs 10 am-8 pm, Fri-Sat 10 am-9 pm and Sun 11 am-6 pm, 775-3822.

**Naturally Maine** 5 1/2 Moulton St., Portland. Watercolors by William Denicco, earth visions by Andrew Ruel, photos by Christine Gallant and watercolor prints by John Dimillo currently showing. Hours: Sun-Thurs 10 am-6 pm, Fri-Sat 10-9, 774-0808.

**On Balance** 4 Milk St., Portland. "Remembering Doorways," pen & ink/watercolor mandalas by Susan Aripotch, shows through Feb. 1. Hours: Mon-Fri 9 am-5 pm, 772-9812.

**The Pine Tree Shop and Bayview Gallery** 75 Market St., Portland. Fine hand-carved ornaments, small sculpture and paintings by Robert Stebbins will be shown through Jan. Hours: 9:30-5:30 Mon-Sat, 773-3007.

**Portland Museum of Art** 7 Congress Square. Hours: Tues, Wed, Fri, Sat 10-5, Thurs 10-9, Sun 12-5. Admission: \$4 adults/\$3 students and seniors/\$1 youth 6-12 years. Museum admission is free 10-noon the first Saturday of the month and 5-9 every Thursday evening, 773-ARTS or 1-800-639-4067.

**\*The Scott M. Black Collection** A sampling from Scott Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec. Ongoing.

**\*19th- and 20th-Century European and American Art** Paintings, sculptures and works on paper by Monet, Renoir, Picasso, Matisse and other masters of the past two centuries. Ongoing.

**\*An Eye for Maine: Paintings From a Private Collection** 62 works, with the art of Maine as their focus, by various artists, including Louis Nevelson, Marsden Hartley and Fitz Hugh Lane. On display through Jan. 22.

**\*Fantasy in Fabric: Costumes by Seventeen Skowhegan Artists** 17 costumes designed by artists including Robert Indiana, Red Grooms and Abby Shahn. On display through Jan. 22.

**\*Hamilton Easter Field: Pioneering American Modernism** 53 works of artists who inspired and influenced Field's work as a teacher, painter, critic and art dealer. On display until Jan. 8.

**\*Vincent's Journey** A porcelain life mask sculpture by Paul Rodrigue commemorating the struggles of people living with AIDS. Ongoing.

**Portland Pottery** Ongoing show of unique and functional ceramics and jewelry by Lisa Bonarigo, teachers and students. Hours: Mon-Fri 9-6 pm, 772-4334.

**Renaissance Antiques** 221 Commercial St., Portland. Ongoing show of works by John Dehlinger, Wilder Oaks, Terry Wolf and other Maine artists. Hours: 10 am-7 pm daily, 879-0789.

**Robert Clements Framing** 10c Beach St., Portland. Ongoing exhibition of original drawings and paintings by various local artists. Hours: Mon-Fri 9-5, 775-2202.

**Salt Center For Documentary Field Studies** 17 Pine St., Portland. Student photo exhibit, shows through Jan. 20. Hours: Wed and Fri, 2-5 pm, 761-0660.

**Stillwood Books** 19 Pleasant St., Portland. "Angels of Lamentation," black and white photographs by Tom Marino currently on exhibit. Hours: Mon-Sat 10-6, 871-0490.

**Thomas Memorial Library** 6 Scott Dyer Road, Cape Elizabeth. Oil paintings and watercolors by Janet K. Hawkes, shows through Jan. 28. Hours: Mon, Wed, Fri, Sat 9 am-5 pm, Tues, Thurs 9 am-9 pm, 799-1720.

**Walter's Restaurant** 15 Exchange St., Portland. Black and white photography by Tom Marino now showing. Hours: Mon-Sat 11 am-10 pm, Sun 5-10 pm, 871-9258.

**Wolfe's Neck Stone House** Wolfe Neck Road, Freeport. Prints, paintings and drawings by Thomas Edwin Nunes show through Jan. Hours: Mon-Fri 9 am-5 pm, 865-3428.

## Byte ME: Dispatches from the electronic frontier

### The way Web sites should be?

Let's say you're a big time real estate developer. (Relax, this is pretend.) You've applied to fill a 20-acre wetland in your 60-lot subdivision, and you're wondering how your application to the state is faring. Being technologically adept, you fire up your computer and set off on the Internet to see what you can find.

And you're in luck. Well, sort of. There's a new Web site run by the state of Maine, and a month after it was launched it's starting to attract attention — if prematurely — from Internet cruisers. Maine's frontier outpost in cyberspace recorded 3,449 visits as of Dec. 30, with most of those hits in the past two weeks, when the state began posting its location on other Web sites.

Even hard-core Luddites who have yet to make the switch to newfangled ballpoint pens are still probably dimly aware of something called the World Wide Web (WWW). Hailed as Even Bigger Than Corn Flakes by media prognosticators and fueled by new, easy-to-use software, the Web has flown off the horizon and into homes and businesses with an almost alarming speed in the past six months or so.

The allure of the Web is this: It takes most of the tiresome technical tasks of Internet navigating and hides them neatly hidden behind simple point-and-click commands. Using one of several Web browser software programs (such as Mosaic, Netscape or MacWeb), users can bounce effortlessly through computers around the world, gleaning text, photos, sound and video clips at the click of a mouse.

The simplest way to understand the Web's potential is to muck around on a computer equipped with a CD-ROM drive. If you don't know anyone who's so equipped, stop by Lechmere, LearningSmith or Sears at the mall for a demonstration.

Let's say you're interested in the history of civil rights. On a multimedia encyclopedia, you can type in "Martin Luther King" and instantly get a screenful of biographical information and a portrait. Following the links by pointing and clicking, you can hear excerpts from King's "I Have a Dream" speech or view grainy clips of the March on Washington. Click on other names that appear in the text and you'll speed to biographies of other civil rights leaders.

Now imagine that, instead of following links on a single disk, you're navigating the contents of tens of thousands of networked computers around the globe. Sites on the Web vary in complexity and sophistication, but most include links to related sites, allowing endless explorations. (Warning: It's easy to get lulled into a "bear-went-over-the-mountain" stupor, mindlessly clicking to see what's on just one more screen. Hours and days can pass by without notice.)

Much of the Web's content is still long on looks and short on substance.

Like, for instance, the new Maine Web site. When you first connect you're confronted with a photo of Jock McKernan, who is also long on looks and short on substance. McKernan's image will soon be replaced by that of Angus King, but the techies were having trouble digging up an official photo of the Angus-elect last week.

Venture past McKernan and you'll come to a list of other Maine-related sites. For instance, click on "Sugarloaf" and you're carted off to another computer that offers up info on Maine's second most popular ski area. Hit DeLorme and learn about electronic mapping products. Go to Wooden Boat and learn about boat-building classes in Brooklin.

The potentially most powerful part of Maine's Web page are the links to state departments and agencies. Right now, Augusta-on-the-Net is a little lonely. Only five departments are listed, and none have much to offer. Click on the Department of Conservation and you'll find one melancholy message: "Drive carefully."

The exception so far is the Department of Environmental Protection (DEP). Among other things, net browsers can now find maps showing locations of district offices, or browse an inventory of lakes in the volunteer monitoring program.

Mike Blake, a programmer-analyst with DEP, said that net trollers will eventually be able to fish much deeper. For instance, you'll be able to dredge up to five year's worth of test data on each of the monitored lakes. A whole slew of DEP forms will also be available for downloading; after they've been filled out and submitted, developers (like you) will be able to monitor which bureaucrat has your application and how long it's been sitting on his or her desk.

One big surprise: There's no tourism information on the state's Web site. Given the high disposable income of the typical Internet user, one would think there would already be lots of information on lighthouses, lobster bakes and places to buy balsam fir pillows. Nothing yet.

CBW will be watching as the scaffolding comes down off of what amounts to the cyberspace version of the Kittery Bridge. Watch this space for updates and, as ever, constructive advice.

To check out the new Maine site, point your Web browser to: <http://www.state.maine.us/>

### Screen dumps

■ Cumberland-based Inforail — mentioned in this space two weeks ago as Greater Portland's least expensive e-mail provider — has established a South Portland number, allowing local-call access to more Greater Portland communities. Info: 829-3302.

■ CBW has switched Internet carriers and has a new e-mail address. Send your salacious cybergossip to [editor@cbw.maine.com](mailto:editor@cbw.maine.com)

— Wayne Curtis

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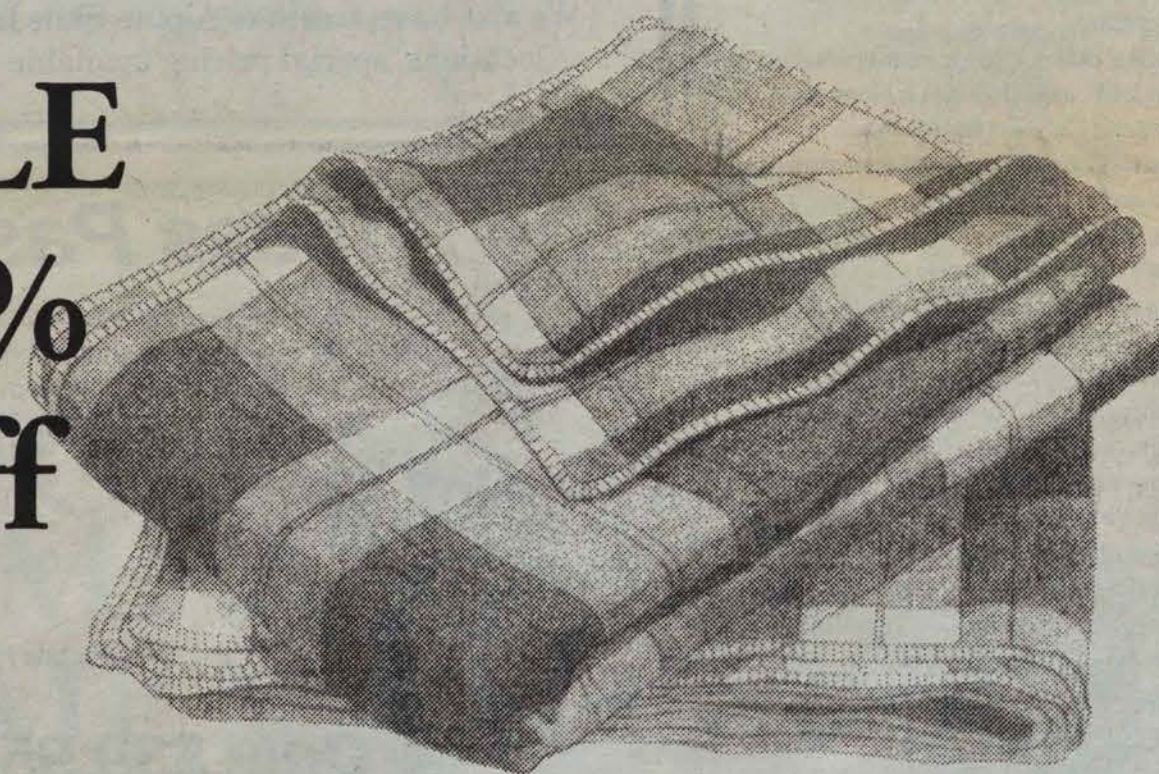
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Art & Soul continued from page 24

## other

**Artists Apply** The Portland Public Library, 5 Monument Square, invites artists to submit work for one-month exhibition in the Lewis gallery. 871-1758.

**Art Classes** at Southern Maine Technical College's continuing education division, Fort Road, S. Portland. Offerings include: "Paint Your Heart Out, I and II," "Drawing Dynamics I," "Problems and Solutions in Painting," "What's Art Got to do With It: Exploring Women's Issues Through Painting" and a one-day photography critique. Beginner to advanced accepted, starting Jan 14. Preregistration required. 767-9500.

**Art Educators** Artists, art educators and craftspeople are needed for an after school art program in the Saco-Biddeford area to begin Jan. Call Colleen at Coastal Arts Collaborative: 934-2728.

**Danforth Gallery** Now accepting exhibition proposals for 1995-96. Send SASE #10 for guidelines to 34 Danforth St., Portland, 04101.

**Open Slide Night** The Union of Maine Visual Artists invites artists, craftspeople and anyone interested to attend an open slide night the second Friday of each month at 7:30 pm at Jay York Affordable Photo, 58 Wilnot St., Portland. Bring slides for discussion/feedback. 773-3434.

**Portland Camera Club** meets Mon at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Monthly events include B&W, color print and color slide competition.

**Portland Chamber of Commerce** is looking for Maine artists to share their work. 772-2811, ext. 223.

## smarts

**Chinese/American Friendship Association** is offering a 12-week course in intermediate Chinese, Thursdays from 6:30-9:30 pm, beginning Jan 5. 781-2126.

**Computer Know-How** The Small Business Development Center at USM has two Lotus/IBM Learning centers available to help people in business learn how to use Lotus 123, One-Write Plus, and WordPerfect 5.1. Appointments available Mon-Fri. Free. 780-442.

**Computer Training Courses** offered at Technology Training Center, 39 Darling Ave., S. Portland. 780-6765.

**Intercultural Discussion Group** meets Mondays, 7 pm, at the Center for Intercultural Education, 565 Congress St., Portland. Volunteers are needed as well. 775-0547.

**Lending Library** USM's Portland Women's Center seeks donations of women's literature, both fiction and nonfiction, to stock their lending library. Donations may be made Mon-Fri from 8 am-2 pm at the center in Room 40, Payson Smith Library, Falmouth Street, Portland. 780-4396.

**Portland Laptop Users Group** meets Mondays at 7:15 am at the Clark Associates Building, 2331 Congress St., Portland. Reservations and a laptop required. 775-1140 or 772-8666.

**SCORE** 66 Pearl St., Portland, presents "How to Really Start Your Own Business," Jan 10 at 1 pm. Cost: \$20. 772-1147.

## outdoors

**Cross Country Ski** "Gold Card" pass to Maine cross-country ski areas offered to benefit the American Lung Association. For more information: 1-800-458-6472.

**Cross Country Skiing in Baxter Park** slide show with Mike Perry and Chris Wolfe, Jan 6 from 7:30-9 pm at the L.L. Bean Casco St. Conference Center, Freeport. 1-800-341-4341, x6666.

**Fly Tying School** L.L. Bean holds courses to cure cabin fever — learn how to tie the right fly for any occasion. Jan 11, 18 and 25 from 7-9 pm, cost: \$95, and Jan 14-15, 22-23 from 9 am-5 pm, cost: \$125. 1-800-341-4341, x6666.

**Gorham Trails** needs members to support its efforts to improve trails and historic ways in Greater Gorham. 839-4644.

**Indoor Archery Lessons** L.L. Bean can teach you how to shoot a bow and arrow, Jan 17 and 31. Preregistration is required, equipment is provided. Cost: \$20. 1-800-341-4341, x6666.

**Maine Outdoor Adventure Club** offers hiking, snowshoeing, winter camping, ice-climbing, cross-country and downhill skiing and other trips for people of all skill levels. Meetings are the first Wed of every month at 7 pm at the Unitarian Church, Allen Ave., Portland. 781-7454. TRIP HOTLINE: 825-0918.

**Portland Parks and Recreation** holds winter ski programs in Jan and Feb for youths at local ski areas. For registration information: 874-8793 or 874-8791.

**So. Me. Sea Kayaking Network** People of all skill levels are invited to join the network for some paddling. Call 874-2640 for updates and membership information.

**United States Coast Guard Auxiliary** holds courses in boating skills and seamanship beginning Jan 11 at SMTC. at 7 pm and Jan 18 at Biddeford High School at 6:30 pm. SMTC cost: \$27. 767-9524. BHS cost \$15. 283-0494. Advanced Coastal Navigation will be held at SMTC beginning Jan 10 at 7 pm. Cost: \$27. 934-2326.

**Winter Walks Program** at Maine Audubon Society, Gilsland Farm, 118 U.S. Route 1, needs volunteers to assist with guided tours focussing on winter ecology. Training for guides is offered Jan 9, 10, 11 and 13 from 9:30 am-12 pm. 781-2330.

Art & Soul continued on page 30



## Culture club

Five years ago, all those drum-wielding Iron John gents who'd been tramping through the pine duff seeking an ensemble interior experience that would supersede their exterior deterioration started searching for a soundtrack to their apparently hollow lives. Native American music was big, West African ritual music was big, but somehow the chanting of Tibet's Gyuto monks seemed to fill the bill. Everyone likes a good chant once in a while, right?

Making a hands-across-the-mountains gesture of good faith, legions of Johns purchased the monks' CDs to experience, what one friend charmingly described, "the ecstasy of other worlds." Though the hands didn't exactly reach other galaxies, there was talk of an inner calm attained by the listeners that was, if not fulfilling, at least distracting. And the men saw it was good.

Searching for some connection to another's culture is a late-20th-century phenomenon reflecting Western man's alienation from his own. In other parts of this world, we see the fading of other integrated cultures and we like to decry that "progress" as tragic, even as we love to usurp the signposts of those cultures without understanding the signs.

## music

When we attend performances that emerge from societies very different than our own, we mustn't dwell too long on the significance of the presentation. We don't have the full understanding required to appreciate the culture as a whole. The best we can do is utter a "golly," "amazing" or "incredible." The best we can do is be in awe.

When we see Huun-Huur Tu (and we most certainly must see them), we'll gulp the above exclamations and more. Their music is exotic. Kaigal-ool Khovalyg, the ensemble's leader, plays a two-stringed fiddle stuck in his boot. There are also three-stringed bowed instruments, guitars and rattles made of ankle bones and testicles. Yes. Exotic. But the hook for non-Tuvan audiences is the singing (Tuva is a tiny former Soviet republic located in Central Asia). Their singing style is called *khöömei* — meaning "throat" — and like the Tibetan monks, these men are capable of producing some particularly non-Western sounds. Though *khöömei* has been compared to 'Howlin' Wolf and sounds even closer to the South African growler Mahlatini, it is still way off the familiarity charts — even by those standards. Tuvans have had a long tradition of so-called "overtone" singing by manipulating the larynx, jaw, lips and tongue to produce not only one eerie drone but often two, and occasionally three, notes simultaneously. (You try it.) Though *khöömei* has been having something of a resurgence in southern Siberia of late — with electric guitars and drum as supporting instruments — Huun-Huur Tu has been generally sticking to the age-old styles that harken back to men singing on horseback as they worked.

Like the songs, the singing reflects the environment. Some sounds are like the *khomuz*, or jew's-harp, which has been an instrument for these plains people for generations; some sounds are like the horses that are central to their very existence; and some sounds — believe this — are like the wind.

An associate of the Big Sounds series asked in passing whether it would be possible to find an audience for this kind of exotica in Portland. Why would anyone want to see this? Months later I would answer that people should attend because, unlike so many ethnicity presentations of African dance or spectacular Chinese acrobats, there is an essential Sensurround truth buried in this *khöömei*. One essay called the singing "[the product] of a finely honed understanding of the place of human sound in the natural world." It's not the slide show of the hike, it's the hike that is meaningful. It's not the videotape of the birth, it's the birth that is significant. And it's not the signpost of the culture, it's the culture. If we can witness a part of the culture on its own terms, then we can learn.

And it will be good.

—Jim Pinfold

Big Sounds presents Huun-Huur Tu performs Jan. 13 at the First Parish Church, 425 Congress St., at 8 p.m. Tix: \$15. 774-0465.

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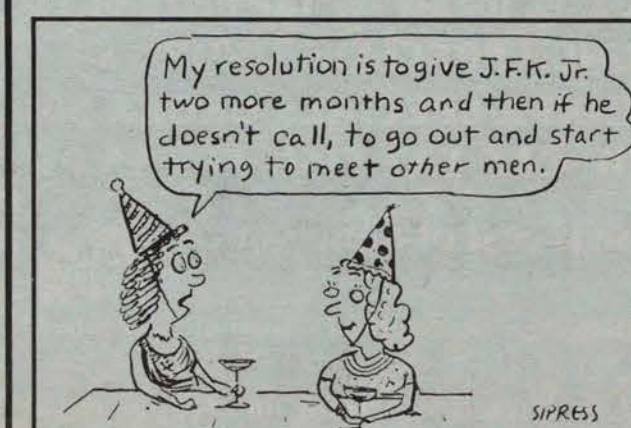
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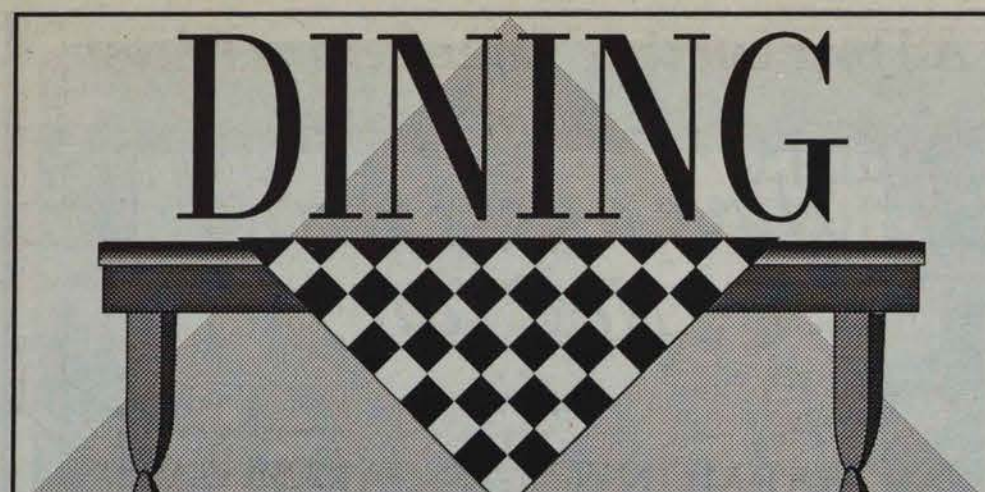


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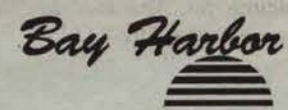


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**PORT BAKE HOUSE.** Take-out fresh baked pastries and great lunches. Summer seating on the deck. Soups with pizzaz, creative deli sandwiches and healthy salads. 205 Commercial St. Portland. 772-2177.

**WOODFORDS CAFE.** Home of Portland's Best Burgers. Lunch, dinner and drink. Specials daily. MC, Visa and personal checks welcome. Take out available. Sun., Tues.-Thurs. 11 a.m.-11 p.m., Fri., Sat. until 1 a.m. Closed Mondays. 129 Spring St., Portland. 772-1374.

## ITALIAN

**BELLA BELLA.** Rustic Italian Cooking. Robust. Uncomplicated. Pure and Simple. Come try us! In the heart of the Arts and Theatre District. MC and Visa accepted. 606 Congress St. Portland. 780-1260.

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## AMERICAN

**CONGRESS STREET DINER.** A traditional American diner. Fresh baked goods, homemade soups and daily specials. Breakfast served all day. Eat in or take out. Mon.-Fri. 6-3, Sat.-Sun. 7-3. 551 Congress St. Portland. 773-6957.

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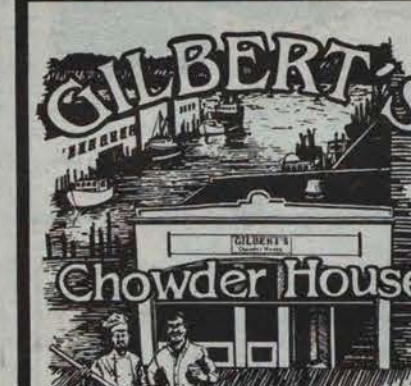
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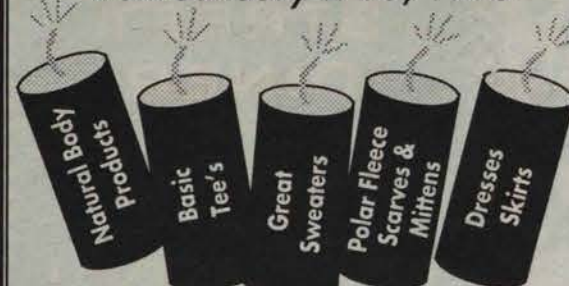


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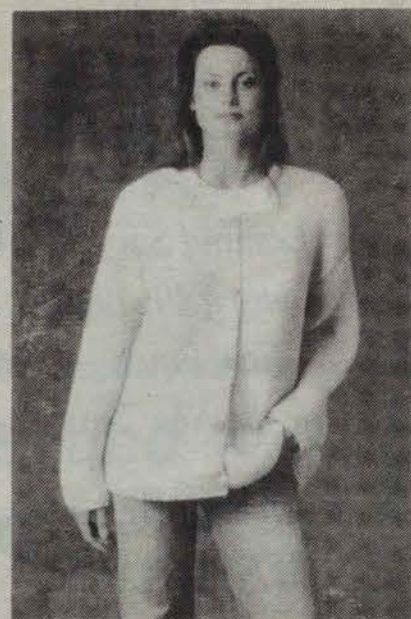
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An astounding and centuries-old form of overtone singing from Central Asia

Friday, January 13, 8:00 PM  
First Parish Church, 425 Congress Street, Portland

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Art & Soul continued from page 26

## community

**Alzheimer's Educational Workshop** at Holiday Inn by the Bay, 88 Spring St., Portland, Jan 11 from 8 am-5:30 pm, led by Naomi Fell. "Understanding and Assisting the Disoriented Older Person" is open to all those caring for people with Alzheimer's. 781-5775.

**Assist Fire Victims** The Salvation Army is accepting donations to benefit the fire victims of the apartment building on Washington Ave., Portland. Donations may be sent to The Salvation Army, Washington Ave. Fire, PO Box 3647, Portland, ME 04104. 774-6304.

**Building Materials Bank** a non-profit organization providing household fixtures and appliances for low-income homeowners, holds "yard sales" the first and third Saturdays of every month at 169 Lewiston Rd., Gray. The program also accepts donations of new or used items. 657-2957.

**Coffee Kids Fundraiser** Green Mountain Coffee Roasters donates the proceeds from all coffee beverage sales between 1 and 5 pm at 101 John Roberts Rd., S. Portland and Jan 7 between 1 and 3 pm, at 15 Temple St., Portland, to Coffee Kids, a non-profit organization promoting quality of life for children and families who harvest coffee. 773-3036 (S. Portland) and 773-4475 (Temple Street).

**Emergency Food Pantry** accepts donations of non-perishable food items at various congregations in S. Portland and Cape Elizabeth. For information: 799-3361.

**Family Opportunities Network** Provides services, including parent support group, life-skills workshops and free childcare during meetings to homeless and at-risk families. 772-5394.

**Lawyers for the Poor** The Hospitality House of Hinkley, Maine, is recruiting lawyers statewide to represent (without prior payment) low-income citizens who have been denied governmental assistance. 453-2986 or 1-800-438-3890.

**Preble Street Resource Center Activities** at 252 Oxford St., Portland, include community meetings Fri at 10 am; writers' group open to anyone Weds from 11-1 pm and art groups open to anyone feeling the urge for creative expression Tues at 11 am. 874-6560.

**Public Breakfast** Tuttle Road United Methodist Church in Cumberland holds an all you can eat breakfast Jan 7 from 7:30-9:30 am. Cost: \$3.50 (\$1.75 kids).

**RSVP** a program for people 55 and older, is accepting volunteers for community activities. 775-6503.

**SCORE** Service Corps of Retired Executives, a volunteer organization supporting small business, offers free 1 1/2-hour appointments daily for people who want a business of their own or who have a business and have problems. SCORE also offers regular workshops. Each seminar costs \$20. 772-1147.

## family

**Baxter Memorial Library** 71 South St., Gorham, holds "Toddler Time," a program for kids 18-36 months of age, Fridays from 10:15-10:45 am beginning Jan 6. 839-5031.

**Buzzing Bees Program** at Maine Audubon Society, Gilsland Farm Sanctuary, 118 Route 1 in Falmouth, features a guided nature walk, Jan 7 from 12:30 pm and an ongoing exhibit with interactive displays focused on Maine ecosystems in the "Discovery Room." Sat 10 am-4 pm, Sun 12-4 pm. 781-2330.

**Camp Fire Club** A program for kids grades kindergarten through high school. 883-8977.

**Children's Museum of Maine** offers exhibits and activities for children of all ages. "We Have a Dream" begins in Jan, with workshops centering on dreams and the imagination. Hours: Wed, Thurs, Sat 10 am-5 pm; Fri 10 am-8 pm; Sun 12-5 pm. 142 Free Street, Portland. Admission \$4, free to the public Fridays from 5-8 pm. Pre-registration and additional fees required for some activities. Call for specific dates and times. 828-1234.

**Creative Resource Center** The center at 1103 Forest Ave., Portland, hosts regular activities for kids. Cost: \$8. 797-9543.

**Dial-a-Story** The South Portland Public Library offers recorded stories, folk tales and poems, anytime day or night. Dial 767-8162.

**Family Night** The Greater Portland YMCA hosts a Family Night every Fri from 6:30-8:30 pm at 70 Forest Ave., Portland. Enjoy swimming, open gym, game room, weight room, volleyball, arts and crafts and refreshments. Cost: \$5 per family, free for YMCA members. Free child care the last Fri of each month from 6:30-8:30 pm for kids ages three to five. Registration required. 874-1111.

**Friday Night Special** Portland Recreation offers organized gym programs for adults and kids at Riverton Community Center, 1600 Forest Ave., Portland. 874-8455.

**Junior Achievement of Maine** seeks volunteers for their spring program for teaching young people about free enterprise, business and economics. 885-5521.

**Maine Parents for Gifted/Talented Youth** Publishes a monthly newsletter about gifted kids and their special academic needs, including a schedule of related events. 767-6121.

**Parent Hotline** Parents find care and support through the Parent Hotline. 767-5506 in Portland or 1-800-249-5506 outside of Portland.

**Portland Family Violence Collaborative** is a non-profit organization comprised of greater Portland agencies that provide services to victims of family violence. They will be conducting focus groups in two-hour meetings in Jan/Feb to determine how the community responds to these issues. 874-0640.

**Portland Public Library** 5 Monument Square, holds programs for kids: "Preschool Story Time," Jan 9 at 10:30 am, and "Finger Fun for Babies," Jan 11 at 9:30 am.

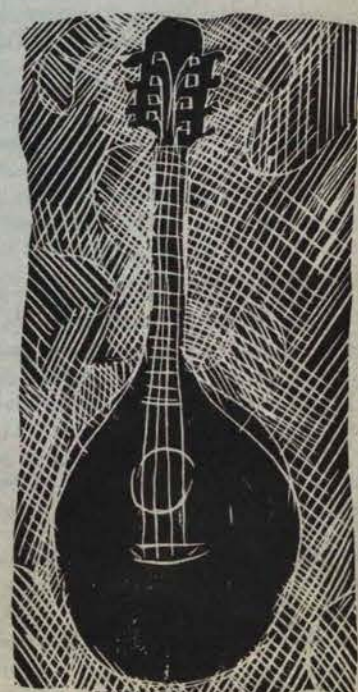
**Story Times** The Warren Memorial Library, 479 Main St., Westbrook, offers "Read Aloud Time" for preschoolers every Wed from 10:15-11 am and a story hour for kids 4 and up every Sat from 10:30-11:30 am. 854-5891.

**Volunteer Science Teachers Needed** The USM Southern Maine Partnership is looking for people with science backgrounds to teach programs in grades six through eight in the RESEED program. Call 780-5643.

**Young at Art** offers creative alternatives for kids in their winter class session: "Paper Maché Masks/Puppets and Play," Wed from 3:30-5 pm, "Painted Clay Faces and Figurines," Mon from 3:30-5 pm, and "Family Roots Part 1: Researching Your Family History," Mon nights. All classes held at S. Portland Recreation, 21 Nelson Rd., S. Portland. Pre-registration required. 767-7650.

**YWCA Child Care** Preschool, kindergarten and before and after school programs are available at the YWCA at 87 Spring St., Portland. Call Kelly Hoskins at 772-2912.

**YWCA Snow Camp** When Portland schools are closed due to inclement weather, the YWCA, 87 Spring St., Portland, is open from 7:30 am-5:30 pm for gym, swim, arts and crafts. 874-1130.



## health

**Adult Health Clinic** Jan 6 from 9:30-11 am, at Visiting Nurse Service, 15 Industrial Park Rd., Saco. Open to those 18 or older, offering blood pressure monitoring, blood sugars, urinalysis, hemocults, tuberculosis testing, tetanus vaccinations and routine foot care. Appointments requested. 284-4566.

**Adult Screening Clinic** on the last Wed of every month. Check blood pressure, sugar, anemia and cholesterol, from 11:30 am-1 pm, at the Peoples United Methodist Church, 310 Broadway, S. Portland. Fee charged. 780-8624.

**Aikido** A martial art used to increase flexibility, stamina and promote a sense of well-being. Mon 6-7 pm and 7-8 pm; Tues 6:30-7:30 pm; Fri 6:30-7:30 pm; Sat 2:30-3:45 pm. Portland Aikido, 120 Woodford St., Portland. 772-1524.

**Aquatics for Arthritis** The Arthritis Foundation offers aquatic classes in the Greater Portland area to increase flexibility and mobility in aching joints. Sheraton Tara Hotel, Maine Mall Road, South Portland; Tues, Thurs 3:30-4:15 pm, 874-9337. YWCA, 87 Spring St., Portland; Wed, Fri 1:15-2 pm, 874-1130.

**American Red Cross** offers courses in first aid, CPR and emergency response on a regular basis. Advance registration is required. 874-1192.

**Buddhist Meditation and Study Group** meets Mondays at 7:15. 772-3835.

**Children's Health Clinic** The Visiting Nurse Association and Hospice holds a Well Child Health Clinic the first Friday of every month at the First Congregational Church, 301 Cottage Road, South Portland, from 8:30 am-12 pm, and Jan 9 at 15 Industrial Park Rd., Saco. 767-3326 (S. Portland), 284-4566 (Saco).

**Concerned About Lead?** To learn about lead and the risk it poses to your family, request a lead fact sheet prepared by the U. Maine Cooperative Extension Service. 1-800-287-5471 or 780-4205. For information about childhood risk and screening, call 287-3259. Free to YMCA members, \$5 for others. Child care available on site for \$2.50. 874-1111.

**Confidential STD Clinic** The Portland Public Health Division sponsors a Sexually Transmitted Disease Clinic, offering confidential, low-cost screening and treatment on a walk-in basis Tues and Thurs from 3:30-6 pm at Portland City Hall, Room 303, 389 Congress St., Portland. Medicaid accepted. Anonymous and confidential HIV testing by appointment only. 874-8784.

**Diabetes Classes** offered by Visiting Nurse Service, 15 Industrial Park Rd., Saco, beginning Jan 10 from 6:30-8:30 pm. The six-session program covers the management of diabetes, medications, blood and urine testing and diet. 284-4566.

Art & Soul continued on page 32

## THE NATURAL WOMAN

(Formerly Going Places)

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Buy the first item at the regular price  
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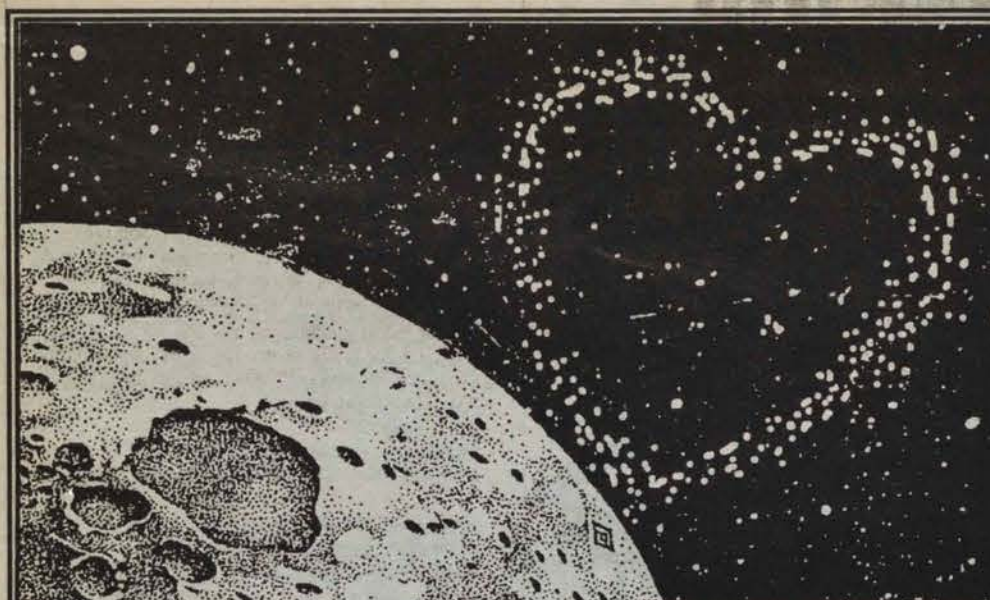
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Illustration: Gary Symington



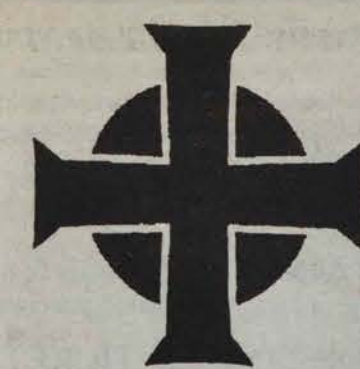
**Jean-Pierre Rampal**

Friday, January 27  
8:00 p.m. • City Hall Auditorium

Rampal, the superstar of flute comes to Portland for one-night-only. As a special treat Rampal's program will feature Bolling's Suite No. 1 for Flute and Jazz Piano Trio. His program will also include works by Bach, Schumann, Czerny and Poulenc. Don't miss the master of the flute in this very special performance.

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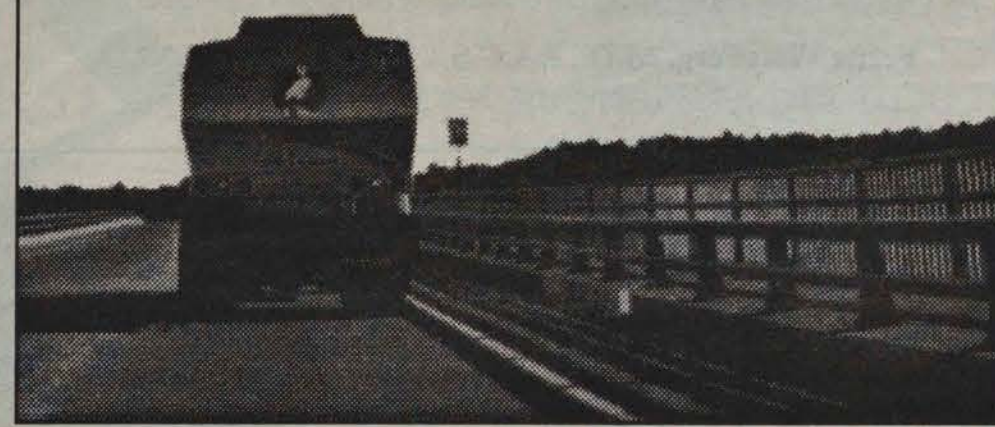


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Saturday, January 7, 1995  
Williston West Church, Portland  
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- Information Session
- Narrated demonstration class...all are invited to participate
- Refreshments & informal question/answer session
- Registration for Winter Session beginning January 14.

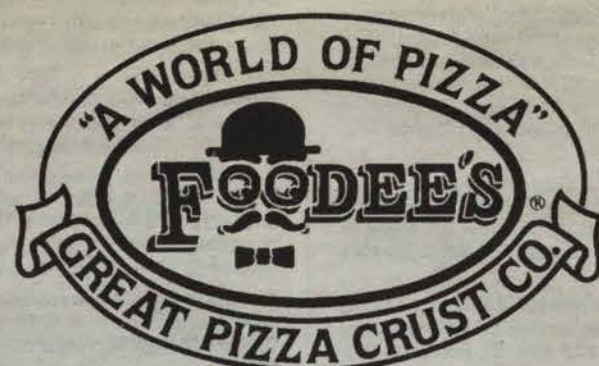
Call 854-2359 for details or to register your child for Winter classes.

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OPENING MID-JANUARY  
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Art & Soul continued from page 33

**Resolve of Maine** infertility support group meets the second Tues. of each month at 7 pm in the Dana Center, Maine Medical Center, 22 Bramhall St., Portland. 774-4411.

**Resources for Divorced Families** is offering programs to help divorced or divorcing parents. 761-2709.

**Seeing Differently** Support group for people facing health issues or emotional challenges meets Thurs 10 am-12 noon at Woodfords Congregational Church, 202 Woodford St., Portland. 797-0028.

**So, Maine Area Council on Aging** offers a trained advocate in Portland at 307 Cumberland Ave., Portland, every Friday from 10 am-1 pm to assist older residents and their family members and friends with questions about Medicare, Medicaid, insurance, housing, social services, consumer issues and others. Funding is available through the home-based care program for care management and other services to help older people remain living independently. 775-6503 or 800-427-7411.

**Sudden Infant Death** Support group for those bereaved by SIDS or unexpected infant death meets the second Tues. of each month at 7 pm in classroom #1 at the Dana Center, Maine Medical, Bramhall St., Portland. 871-4226.

**Survivors of Suicide** Support group for bereaved family members and close friends meets the second and fourth Mon. of each month at 7 pm in classroom #1 at the Dana Center, Maine Medical, Bramhall St., Portland. 871-4226.

**TransSupport** Group for crossdressers, transsexuals, their families and friends and other interested in gender dysphoria meets regularly in secure location to provide support, education and social activities. Write TransSupport, P.O. Box 17622, Portland, ME. 04101.

**TRUTH** Support group for families and friends with loved ones incarcerated in Maine's prison systems. For more info send your name, address and SASE to TRUTH, P.O. Box 2046, Windham, ME. 04092.

**United Voice** Low-income people unite for support and to act upon issues. Meeting are on the 2nd and 4th Friday of each month from 10-12:30 pm at the Congregational Church, 150 Congress Ave., Bath. On-site childcare is available. Wheelchair accessible. 729-2843 or 1-800-491-0089.

**Veterans' Support Services** provide vets with the opportunity to socialize and gather in relaxed setting. Dinner served Thurs nights, open to the public. 151 Newbury St., Portland. 871-0911.

**Widow/Widowers Support Group** meets the 2nd and 4th Wed. of each month from 7-9 pm at Woodfords Congregational Church, 202 Woodford St., Portland. 883-3596.

**Wishcraft/Teamworks support group** An organization who, by providing goal clarity, support and ideas, won't let you quit. This is not a recovery oriented group. FMI call 883-3891.

**Women in Nurturing Support Group** is a nonprofit organization providing support and encouragement to low-income single parents. Meetings are Mon 10 am-12 pm. WINGS is located at 152 Brackett St., Westbrook. 854-1008.

**Women's Center** at USM facilitates connections among women by providing a place where women students, staff and faculty can meet, validate and support one another personally, academically and professionally. Women's Center, 40 Payson Smith Road, Portland (780-4996) and Brook's Student Center, Gorham (780-5523).

**Women's Forum** serves as a resource and support center for women on the USM campus (Power's House, 86 Winslow St., Portland) and offers educational services emphasizing a feminist perspective as well as producing and sponsoring events. 874-6593.

**Women With Cancer** is an empowerment circle for women working with traditional and non-traditional cancer therapies who view themselves as their primary healer and illness as a journey to awareness. Call Ginny at 865-1677 or Gina at 773-7152 for location and information.

## etc

**Animal Rights Group** Portland-based animal rights organization forming. Call 773-1609.

**Casco Bay Culinary Association** meets the second Mon. of each month. 799-2234 or 774-4308.

**Circle of Hope** A prayer/worship group in the denomination of the Universal Fellowship of Metropolitan Community Churches, a primary ministry to gay and lesbian people, meets Sat. at 4 pm at 156 High St., Portland. 761-2543.

**Creating Opportunity Through Change** Women's group meets Thursday evenings from 6-7:30 at 854 Broadway, S. Portland. 767-1315.

**Enriched Golden Age Center** 297 Cumberland Ave., Portland, invites seniors to daily luncheons and various activities including line dancing, every Mon at 10 am. 774-6974.

**F.A.T.E.** Fight AIDS-Transform Education is a project sponsored by ACT UP/Portland whose purpose is to fight HIV, AIDS and homophobia in all Maine public schools by forming empowering groups for teens and quers. All welcome. Meet the first and third Friday of each month at 5:30 pm at the YWCA, 87 Spring St., Portland. Wheelchair accessible. For more information write ACT UP/Portland, PO Box 1931, Portland, 04104 or call/fax 828-0566.

**Fight Discrimination** The Maine Civil Liberties Union is interested in hearing from any Portland resident who feels that she or he has been illegally discriminated against in housing, employment or credit on the basis of sexual orientation. 774-5444.

**Friends of Feral Felines** A group helping stray cats needs volunteers and homes for orphan kittens. 772-3484.

**Gene Tracers** The Greater Portland Chapter of the Maine Genealogical Society meets the first Sat. of the month at the Cape Elizabeth Fire Station at 1 pm. Anyone interested in investigating their roots is welcome. 883-2546.

**Home Hair-Care** The Visiting Nurse Service of Southern Maine is offering shampoos, haircuts and permanents to men and women who are confined to their homes. Cost for a simple shampoo/cut is \$20. 284-4566 or 1-800-660-4867.

**Improve Your Public Speaking** Woodford's Toastmasters Club of Portland meets every Thurs at 7:30 pm at the West Falmouth Baptist Church, 18 Mountain Road, to work on public speaking and leadership skills. 797-4915.

**Leads Club** The Leads Club offers professional businesswomen an opportunity to meet weekly and network. 1-800-447-9356.

**Maine Gay Men's Chorus** is a volunteer community chorus bringing men together to enhance social tolerance and diversity in the Greater Portland area as well as affirming the gay/lesbian experience with creative musical entertainment. 839-4506.

**Maine Go Club** wants to teach you how to play "Go," a strategy game invented in ancient China. 780-1741 or 773-9732.

**The Maine Mineralogical & Geological Society** meets the last Fri. of each month at 7 pm in Room 41, Payson Smith Hall, USM Portland campus. 283-4778.

**Maine Tradeswomen Network** provides education and mentoring for the promotion of women in all trades. 797-4801.

**Men's Drumming Group** "Thor's Night," an ongoing male forum structured around percussion, with instruments provided. Thursdays 7:30 pm. Collective Works, 61 India St., Portland. 871-0273.

**"Money & the Meaning of Life"** A study and spiritual growth group based on the book of the same name, at the Swedenborgian Church, 302 Stevens Ave., Portland. 772-8277.

**Music Babble Open House** A free learning experience for kids 0-3 and their parents, sponsored by the Maine Center for Children's Musical Development, Jan 7 at Williston West Church, 32 Thomas St., Portland, from 10-11:30 am. 854-2359.

**Music Swaps** Portland Folk Club invites you to share a song or a story in a supportive atmosphere every first and third Tues. 7-9 pm at Swedenborgian Church, 302 Stevens Ave. Cost: \$1 donation. 773-9549.

**Names Project/AIDS Memorial Quilt** holds a panel-making workshop the first and third Sun. of each month. 871-1641.

**Portland Symphony Orchestra Women's Committee** hosts daily talks, demonstrations and activities associated with the home at the Woodlands, 39 Woods Road, Falmouth. 846-5096 or 846-3985.

**Portland West Neighborhood Planning Council** seeks your input and ideas. 775-0105.

**Puppy Raisers Wanted** The New England Assistance Dog Service seeks puppy raisers to open their homes to foster puppies in the assistance program. The organization trains and provides dogs to physically disabled people. 934-1963.

**Swedenborgian Theology** Find out more about the 18th-century mystic, Swedenborg—the first Sunday of every month at 12 pm, at 302 Stevens Ave., Portland. 773-2481.

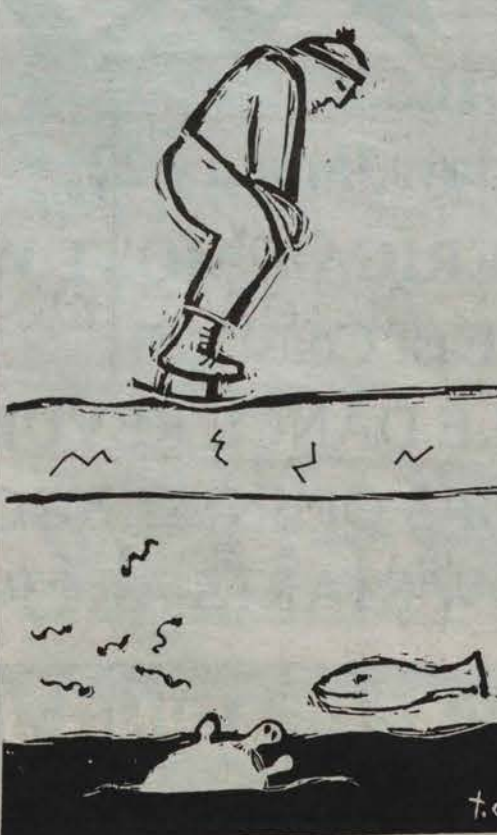
**Social Justice Group** seeks people who have utilized General Assistance, Welfare, Hospitality House, Inc., PO Box 82, Hinkle, ME 04944. 1-800-438-3890.

**Soul Salon** A group in Portland for people interested in stimulating conversation about issues and ideas from a progressive or liberal viewpoint to address the soul's need for community, meaning and fun is now forming. Call 283-1936.

**Southworth Planetarium** 97 Falmouth St., Portland, has a variety of astronomy and laser shows. Jan 6, "Life Beyond Earth" at 7 pm, and "Led Zeppelin" at 8:30 pm; Jan 7, "Little Star That Could" at 3 pm, "Tour of the Solar" at 7 pm and "Best of Pink Floyd" at 8:30 pm. 780-4249.

**Sublime & Divine** Be a part of the Swedenborgian spiritual family Wednesdays at 6 pm—meditation, inspiring worship for adults in an open, relaxed atmosphere, at 302 Stevens Ave., Portland. 772-8277.

**Trouble with the neighbors?** If noise, harassment or gossip are plaguing your building, try and resolve these dilemmas through mediation. Americorps provides free and confidential services, and a 24-hour mediation hotline. 773-6447. **CEW**



## This Winter...Warm Up To Continuing Education

UNE offers Continuing Education Courses and Workshops for Teachers, Social Workers, Health Providers, and Other Professionals.

Winter/Spring courses include:  
American Education ■ Foreign Language Methods ■ Teaching Reading ■ Elementary & Secondary Methods ■ Educational Psychology ■ Evaluation & Supervision ■ Health Law

PLUS, graduate Education courses through a distance learning format.

Workshops include:  
Making Portfolio Assessment Work ■ Brief Therapy for Substance Abuse Counseling ■ RN Refresher ■ Sixth Annual Conference on Geriatrics

Call 283-0171, ext. 2440 for Winter/Spring course and workshop catalogs and registration information.

**UNE**  
UNIVERSITY OF  
NEW ENGLAND  
College of Professional  
& Continuing Studies  
Hills Beach Road  
Biddeford, Maine 04005

## NEW YEAR'S RESOLUTIONS CAN WE HELP?

Remember how you began last year promising to do something about your phone lines? You wanted to ensure your customers calls would be answered promptly and courteously, no matter what!

Well another year has past and you have not set up a system to guarantee, no matter what mother nature sends, your phone calls will be answered.

Sentry telecommunications would like to help. We offer 24 hour coverage of your phone lines, digital and alpha numeric pagers, as well as order entry. Whatever specific needs your business or profession has, Sentry can design a system for you.

Please call for your free initial consultation.

**Sentry**  
Answering Service

821 Main Street  
Westbrook, Maine 04092  
856-6301  
800-856-6301



200  
Riverside  
Street  
•  
Portland,  
Maine

# MARK SHOW PLACE

(207)  
772-8033

1-800-  
992-0006

## COMING IN JANUARY

### January 16 NEW ENGLAND'S BIGGEST WET T-SHIRT CONTEST

Show off your sexy body!

**\$1,000 IN CASH & PRIZES**

**MON:** Open at 4 p.m. • **FREE BUFFET**  
**TUE:** TOPLESS WAITRESSES  
**WED:** BIRTHDAY NIGHT  
**THU:** Open at 4 p.m. • **FREE BUFFET**  
**FRI:** Open at noon • **FREE BUFFET**  
noon to 7 p.m.  
**SAT:** Open at 4 p.m. • **FREE BUFFET**  
**SUN:** Open at 3 p.m. • **TOPLESS**  
WAITRESSES

**VOTED AMONG  
AMERICA'S TOP 10  
ADULT ENTERTAINMENT  
CLUBS...FEATURING  
WORLD FAMOUS  
ENTERTAINERS!**



**LADIES...**  
**Sunday, January 22**  
**AMERICA'S MOST WANTED**  
The East Coast's #1  
**MALE DANCE REVUE.**  
**DOORS OPEN AT NOON**  
**SHOW STARTS AT 1 PM**

**FEATURE: NATALIE SMITH APPEARING JAN. 9 - 14!**

**Casco Bay  
Weekly**

# classifieds

775-1234

FAX: 775-1615

VISA/MC ACCEPTED

## bulletin board

ATTENTION Artisans & Home Related Crafts People. Be part of the 1995 "Spring & Summer" Portland HOME EXPO at the Cumberland County Civic Center, January 20, 21 & 22, 1995. There are a limited number of spaces available for sale to complement one of the region's largest home shows. Call for more information and reservations (603) 556-7750.

CABLE TV DESCRAMBLER, build your own. Under \$25, easy to do. (800) 881-6829, anytime.

CHILDREN'S BIRTHDAY PARTIES: 45 minute show w/ live doves, rabbits, free magic tricks. Call Vandini, The Children's Magician, 854-1743.

**Children's Birthday Parties**  
1/2 hr. show with live doves, rabbits & free magic tricks. Call Vandini at 854-1743  
"The Children's Magician"

**THE UPSETTERS**  
Dinner Dance  
January 21 - 6:30  
South Portland, Eagles  
\$22/per person  
Tickets must be purchased in advance  
Call Erin - 799-7957

**International Adoption Services Centre, Inc.**  
Licensed Agency Assistants:  
• Couples  
• Partners  
• Singles  
• 45+ & Disabled

**Immediate Home Study \$1200**  
6 month average placement after home study  
(207) 586-5058  
In compliance Law Title 22 Chapter 1153

**FREE CLASSIFIEDS!** That's right... Every purchase of three weeks of The Sure Sell Classifieds gets you the fourth week FREE! Call 775-1234 for more details.

**SLEIGH/HAY RIDES** Over-the-river and through-the-woods! Includes use of top cabin. Perfect for parties, romantic rides for two. Horseleathers Stable. 839-2243.

**TIERED OF THE COLD?** Two round-trip airline vouchers, Hawaii, Cancun, Florida, etc. \$650/pr. Call 657-5680.

**FREE CLASSIFIEDS!** That's right... Every purchase of three weeks of The Sure Sell Classifieds gets you the fourth week FREE! Call 775-1234 for more details.

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## BINGO

**\$1,400 State Limit & Winner Take All**

Proceeds to  
**ST. JUDE CHILDREN'S RESEARCH HOSPITAL**  
**CASH CORNER BINGO HALL**  
Ample Free Parking  
385 Main St., So. Portland, 773-1453

**EVERY**  
WEDNESDAY 6:30 PM  
FRIDAY (afternoon) 1:00 PM  
SATURDAY 1:00 PM  
SUNDAY 6:30 PM

**3 GAMES OF CHANCE**  
**SPECIAL EVERY WED. & FRI. AFT. & SUN. NIGHT**  
12-18 cards \$10 with 1 shotgun  
24 cards \$12 with 1 shotgun  
30-36 cards \$15 with 1 shotgun  
42-48 cards \$16 with 1 shotgun

**SUPER BINGO**  
Sunday, Jan. 8  
\$35 pkg 24 cards & 2 shotguns  
\$50 pkg 36 cards & 2 shotguns

**FREE CLASSIFIEDS!** That's right... Every purchase of three weeks of The Sure Sell Classifieds gets you the fourth week FREE! Call 775-1234 for more details.

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## help wanted

**CNA's**  
**Home Health Care Agency**  
Seeking CNA/HHA's who are on the Maine State Registry.  
Full time & Part time positions in Sagadahoc County.  
Please contact Nancy Landry, Human Resource  
**Better Health Care**  
772-7772

**56 WGAN & 970 WZAN**  
**Advertising Sales**  
Southern Maine's No. 1 News and Talk Radio station is seeking an individual who is aggressive, organized and believes in client service. If you have experience in marketing, media, or intangible sales and want to be part of an exciting sales team, mail your resume and cover letter to:  
**Sales Manager, WGAN/WZAN**  
420 Western Ave.  
So. Portland, ME 04106  
Great attitudes urged to apply.  
WGAN is an equal opportunity employer.

**\$1000/WEEKLY** stuffing envelopes at home. Easy work, excellent pay. Part-time/full-time. For free details, send S.A.S.E. to: P.O. Box 500-KL, Lima, PA 19037.

**CHILDREN'S LIBRARIAN**  
The McArthur Library has an immediate opening for a dynamic and creative Children's Librarian. This is a professional position with responsibility for collection development, planning and implementation of children's programs, and supervision of a staff of 2.3 FTE in the children's Library. Position also includes responsibility for maintaining a close working relationship with area teachers and school librarians.  
Minimum Requirements: MLS and 3 years of professional experience including 1 year of supervisory experience. Salary commensurate with qualifications and experience. Send resume or letter of inquiry to:  
Robert Filgate, Director  
McArthur Library  
P.O. Box 346  
Biddeford, ME 04005

**MANAGER TRAINEE**  
Person wanted to assist manager. Opportunity for \$300 per week to start and benefits. Call (207) 871-8618 EOE

**TELEMARKETERS WANTED** No sales. Full/part-time, day/evening hours, no experience necessary, casual atmosphere. Call (207) 871-8618.

**PROOFREADER**  
Casco Bay Weekly is looking for a part-time proofreader to work 4 to 6 hours per week on Tuesday afternoons. The ideal candidate will be attentive to detail, work well under pressure, be familiar with AP style and capable of concentrating in a hectic work environment. Starting pay: \$7 per hour.  
Send a letter outlining your experience to:  
Proofreader  
Casco Bay Weekly  
561 Congress St.  
Portland, ME 04101

**The Maine School of Science and Mathematics**  
**Anticipated Openings for 1995**

The Maine School of Science and Mathematics (MSSM) was established by the 116th Legislature to provide the best possible education to high achieving 11th and 12th graders. MSSM is a residential school in northern Maine. It is Maine's only public charter school.

**Faculty Positions Are Available In The Following Areas:**  
**Science: Chemical, Biological, Physical Sciences, Mathematics,**  
**Humanities: English, Social Science**  
**Foreign Languages (Asian Languages)**

The faculty at MSSM will be highly knowledgeable within their discipline, be dedicated to working with highly motivated Maine high school age students with an intense interest in mathematics and science. An advanced degree is required.

Successful Applicants Will  
Be Team Oriented,  
Have Strong Communication Skills,  
Be Able to Make the Curriculum Experience Based,  
Love A Challenge,  
Be Curriculum Developers,  
And Walk On Water.

Please Submit A Resume With  
Current References and Transcripts To:  
Faculty Search Committee  
Maine School of Science and Mathematics  
275 Main Street, Limestone, ME 04750  
207-325-3303 • 1-800-325-4484 (Maine Only)  
Application Deadline Will Be January 25, 1995  
The MSSM Is An EOE.

775-1234

FAX: 775-1615

VISA/MC ACCEPTED

## categories

- |   |  |
|---|--|
| <input type="checkbox"/> bulletin board         | <input type="checkbox"/> professional services |
| <input type="checkbox"/> lost & found (free)    | <input type="checkbox"/> financial             |
| <input type="checkbox"/> rideshare (free)       | <input type="checkbox"/> stuff for sale        |
| <input type="checkbox"/> help wanted            | <input type="checkbox"/> garage/yard sales     |
| <input type="checkbox"/> business opportunities | <input type="checkbox"/> antiques              |
| <input type="checkbox"/> positions wanted       | <input type="checkbox"/> give away (free)      |
| <input type="checkbox"/> child care             | <input type="checkbox"/> wanted                |
| <input type="checkbox"/> roommates              | <input type="checkbox"/> arts & crafts         |
| <input type="checkbox"/> apts/rent              | <input type="checkbox"/> holiday gifts         |
| <input type="checkbox"/> houses/rent            | <input type="checkbox"/> theatre arts          |
| <input type="checkbox"/> seasonal/rent          | <input type="checkbox"/> fairs & festivals     |
| <input type="checkbox"/> offices/rent           | <input type="checkbox"/> music                 |
| <input type="checkbox"/> art studios/rent       | <input type="checkbox"/> wheels                |
| <input type="checkbox"/> storage/rent           | <input type="checkbox"/> boats                 |
| <input type="checkbox"/> business rental        | <input type="checkbox"/> recreation            |
| <input type="checkbox"/> rentals wanted         | <input type="checkbox"/> campgrounds           |
| <input type="checkbox"/> real estate            | <input type="checkbox"/> summer camps          |
| <input type="checkbox"/> land for sale          | <input type="checkbox"/> bed & breakfasts      |
| <input type="checkbox"/> mobile homes           | <input type="checkbox"/> publications          |
| <input type="checkbox"/> auctions               | <input type="checkbox"/> animals               |
| <input type="checkbox"/> body & soul            | <input type="checkbox"/> legal notices         |
| <input type="checkbox"/> instruction            | <input type="checkbox"/> dating services       |
| <input type="checkbox"/> business services      |  |

## get it to us

**By Phone:** 775-1234; or for long distance 1-800-286-6601 (visa/mc)  
**By FAX:** 775-1615  
**By Mail:** The Sure Sell  
P.O. Box 1238  
Portland, ME 04104  
**By Hand:** 561 Congress St., Portland

## deadline

Monday, 3PM, pre-paid

**THE SURE SELL**  
**yes**

Place my ad in the hands of over 120,000 readers of Casco Bay Weekly, Maine Times, and PennySaver! Call 775-1234 to inquire about other zones and rates.

## fine print

Classified ads must be paid for in advance with cash, personal check, money order, Visa or Mastercard. Lost & Found items listed free. Classified ads are non-refundable. CBW shall not be liable for any typographical errors, omissions, or changes in the ad which do not affect the value or content or substantially change the meaning of the ad. Credit will be issued when viable error has been determined within one week of publication.

CBW

## your ad:

15  
25

**FIRST 15 WORDS:**  
Check One  
☐ Casco Bay Weekly - \$9/wk.  
Additional words @ 25¢ wd/wk: \$  
☐ The Sure Sell of Casco Bay Weekly, Maine Times, and PennySaver! - \$16/wk.  
Additional words @ 50¢ wd/wk: \$

☐ Buy 3 weeks, get the 4th week FREE: \$  
☐ Wheels Deal \$25/ run 'til it sells: \$ (15 words; vehicles only) (call for details)

Phone #: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
# \_\_\_\_\_  
☐ visa ☐ mc exp. date \_\_\_\_\_



## help wanted

# **LINCOLN** PULP AND PAPER CO., INC. COMPUTER PROGRAMMER

We are a progressive, medium size manufacturer located in rural central Maine. We are embarking on an aggressive development schedule for multiple sites, and have an exciting opportunity for a Programmer. This person will play a key role in the development and support of MIS projects, and will work closely with the management and staff to assist user needs.

The system is a network environment with multiple Unix machines that has up to 100 users on it. Applications involve all aspects of business from order entry to production planning and tracking, from quality control to financial.

The successful candidate will possess a Bachelor's degree (preferably in Computer Science), have 3-5 years programming experience, Unix experience and Relational Database experience would be a plus. He or she should have worked in an industrial or business environment and have been involved in the development of manufacturing and financial applications. The candidate will be an excellent communicator, a self starter, a team player, and will have the ability to train others. Enjoying the benefits of rural Maine is a must. Competitive salary and benefits package.

Please send resume to:  
**Personnel Director**  
 Lincoln Pulp and Paper Co., Inc.  
 50 Katahdin Ave.  
 Lincoln, ME 04457

# **THE AIDS PROJECT**

**HOUSING COORDINATOR**  
 Assist HIV+ clients in finding housing & support services. Work closely with HUD, other local agencies and with landlords. Draft forms, maintain records, conduct reviews.

Req'd: BA in social work or related field, 2 yrs. exper. working with people with housing problems and/or HIV+ clients. Experience with administration & finance, computer literate. Compassion and sensitivity to HIV+ people.

Salary: \$22,000 plus benefits. Start date 2/1/95. Send letter and resume by Jan. 11 to:

Search Committee  
 The AIDS Project  
 22 Monument Sq. 5th Fl.  
 Portland, ME 04101  
 Equal Opportunity Employer • NO CALLS PLEASE

# **business opps**

**HELP! I NEED A FEW** motivated people to help expand a million dollar international business. Low investment. Serious money potential. (207) 777-4603.

**RESTAURANT** - Ski country on busy tourist route in Bethel. Need ambitious person who loves to cook. Get in on the ground floor. (207) 836-2002.

# **child care**

**MATURE CARE-GIVER NEEDED** - For one 3yr. old in my home. 4-5 days/week, 2:30-midnight. References. 775-1167. Must drive.

# **HOUSING COORDINATOR**

Assist HIV+ clients in finding housing & support services. Work closely with HUD, other local agencies and with landlords. Draft forms, maintain records, conduct reviews.

Req'd: BA in social work or related field, 2 yrs. exper. working with people with housing problems and/or HIV+ clients. Experience with administration & finance, computer literate. Compassion and sensitivity to HIV+ people.

Salary: \$22,000 plus benefits. Start date 2/1/95. Send letter and resume by Jan. 11 to:

Search Committee  
 The AIDS Project  
 22 Monument Sq. 5th Fl.  
 Portland, ME 04101  
 Equal Opportunity Employer • NO CALLS PLEASE

# **roommates**

**BEAUTIFUL ROOM - N/S** in charming owner-occupied Westbrook Victorian. Private, quiet, full bath, parking. \$80/wk. utls. included. 856-2860.

**CAPE ELIZABETH** - House to share with non-smoker. Washer/dryer, parking. \$240/mo. + security. Includes all. 799-6813.

**EAST PROM - 30+** female seeks same. Share sunny, large, 2 1/2 BDR. \$280/mo. 1/2 utilities. Available Feb. 1st. 879-1817.

**M/F, N/S, PROFESSIONAL** to share 2 BDR. apartment, Eastern Prom area. \$250/mo. + 1/2 utilities. Kathy. 828-1785.

# **SALES EXECUTIVE**

Maine Times, Maine's most widely circulated weekly newspaper is seeking a self motivated individual to sell display advertising in a protected territory which includes Scarborough, Cape Elizabeth and a portion of South Portland. If you have a positive attitude, enjoy working hard, are organized and capable of working under strict deadlines, send your resume and cover letter to:

**Sales Manager, Maine Times**  
 P.O. Box 1238, Portland, ME 04104  
 Maine Times is an Equal Opportunity Employer

MAINE TIMES

# **roommates**

**MATURE CONSIDERATE ROOMMATE NEEDED** - Nice 2 BDR. E Prom apartment. \$225/mo. Low utilities, parking. 772-2236.

**MATURE NON-SMOKING M/F** to share house near Deering Oaks. Unusual yard, parking. \$225/mo. + utls. 772-9454.

**MUNJOY HILL** - Massage therapist needs room to share 2 BDR. apartment & office space. Sunny, large, hardwood floors, views. \$267.50 plus 1/2 utilities. + deposit. 203 Congress. 828-6573.

**ROOMY APARTMENT - GF** seeks responsible, reliable, roommate who appreciates cats. \$275/mo. includes H/W. Call 871-1562.

pass this paper  
 on to a friend

# TO PLACE YOUR AD: ☎ 775-1234 • DEADLINES MONDAY 3PM

# **apts/rent**

**COZY EFFICIENCY** Attached sun-deck, parking, quiet N/S. \$350/mo. heat & H/W included. 787-2844 or 780-4642.

**DEERING OAKS - 18DR.** apartment. \$475/mo. includes heat & H/W. Lease, no pets. 828-6842, leave message.

**DEERING STREET - 18DR.** Quiet building, owner occupied. Pets possible. Ample storage. Heat included. Call 774-8473.

**E PROM AREA - 1** cleanest rooms in Portland! Totally renovated. Huge kitchen, walk-in closet, deck, storage, parking, coin-op laundry, brand new oil heat. Owner-occupied building. \$700/mo. + utilities. 780-6781.

**MERCY AREA - 2BDR.** W/D, parking, locked storage. \$525/mo. + heat & utilities. 773-6076.

**ON SEBAGO LAKE IN WINDHAM** - Cozy, sunny, 1 BDR. apartment. Perfect for an individual wanting quiet beauty. No pets, heat & H/W included. \$475/mo. 761-1584 days, 892-4168 evenings.

**PEAKS ISLAND, NEW-SPACIOUS 18DR.** apartment. W/W carpeting, water view. \$600/mo. utilities included. 766-2508.

**TORRENT YOUR APARTMENT** - Fast and to the highest caliber tenants, call 775-1234, THE SURE SELL CLASSIFIEDS, and reach over 100,000 people throughout Greater Portland!

**WEST END - Dow Street** 3rd floor, semi-furnished, 1 BDR. \$395/mo. includes all utilities. 759-2439, leave message.

**WINDHAM - ON SEBAGO LAKE** 2 BDR. waterfront cottage with garage, dock, gardens. No pets \$550/mo. This is not a seasonal rental. Call 892-4168 (evenings) 761-1584 (days).

# **rooms/rent**

**FEMALE STUDENT PREFERRED** - USM area. Private home, safe neighborhood, furnished room. \$300/mo. + security. 773-9206.

# **houses/rent**

**PEAKS ISLAND - Cozy cottage** available mid-Jan. through mid-March. 18DR. near boat. Sunny rooms, piano, woodstove. Good for 1-3 people. \$300/mo. + utls. 766-4496.

# **seasonal rental**

**LIFE IS A BEACH!** Oceanfront home and condos from \$550/mo. Old Orchard/Pine Point area. Nancy Z. 934-3066.

# **offices/rent**

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 3 BDR. with oil heat  
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 Excellent condition  
 \$58,000  
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 \$44,000  
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 Ongoing Dreamgroups and Dreamshops  
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 Wed. 9:30am-11:30am  
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 All Groups Portland-based.

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 WED, JAN 4 • 5:30-7 PM  
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 Learn the basics of caring for your precious newborn.  
 Taught by Julie McCarron, R.N., M.S., I.B.C.L.C.  
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CADILLAC ELDOARDO, 1983- Red/white, Florida car, never seen winter. Excellent shape. Must see. \$6000. 773-3721.

CAMARO 1988- 327 engine, automatic, PS, PB, 60K miles. Ready for show. \$8,750. B.O. 799-9868.

JAGUAR XJ6, 1986- Black, tan leather, 46K. All factory options. This car is mint! \$9,995. 783-3336/783-3729.

JEEP CHEROKEE, 1986- 5-speed, passed emissions, new sticker, great engine, 122,000 miles. \$3,150. 883-3622.

LINCOLN CONTINENTAL, 1986- Fully loaded, 137K. Must see to appreciate. \$3,500/B.O. Call 797-0283, leave message.

MAZDA 626 GT, 1991- 74K, automatic, ABS, air, roof, loaded. Books- \$11,200. Sell- \$9,475. 236-2525.

MAZDA RX7 GXL, 1987- Loaded, excellent condition, 1 owner, 90K miles. \$4,200. 892-4055.

MERCEDES 240D, 1979- Brown/saddle, 4-speed, air, stereo. One owner, like new. \$2,995. 783-3336/783-3729. Car is mint!

MERCEDES 240D, 1980- Beige, leather/saddle, 150K, 4-dr. Clean and solid, have records. \$3,000. Call, 878-3310.

MERCEDES BENZ 380, 1984- One owner, silver, blue cloth interior. All factory options. \$8,495. 783-3336/783-3729.

MERCEDES BENZ 450-SLC, 1977- White, tan leather. All options, one owner, \$8,495. 783-3336/783-3729.

MERKUR XR4Ti, 1987- High performance turbo. Fully equipped, automatic, good condition. Needs seals. \$3,200. 799-4325.

MITSUBISHI/PLYMOUTH COLUMBIA, 1989- Great family/utility wagon, seats 7, automatic, A/C, 63K. \$4,999/B.O. 775-2159.

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CADILLAC ELDOARDO, 1983- Red/white, Florida car, never seen winter. Excellent shape. Must see. \$6000. 773-3721.

CADILLAC ELDOARDO, 1983- Red/white, Florida car, never seen winter. Excellent shape. Must see. \$6000. 773-3721.

CAMARO 1988- 327 engine, automatic, PS, PB, 60K miles. Ready for show. \$8,750. B.O. 799-9868.

JAGUAR XJ6, 1986- Black, tan leather, 46K. All factory options. This car is mint! \$9,995. 783-3336/783-3729.

JEEP CHEROKEE, 1986- 5-speed, passed emissions, new sticker, great engine, 122,000 miles. \$3,150. 883-3622.

LINCOLN CONTINENTAL, 1986- Fully loaded, 137K. Must see to appreciate. \$3,500/B.O. Call 797-0283, leave message.

MAZDA 626 GT, 1991- 74K, automatic, ABS, air, roof, loaded. Books- \$11,200. Sell- \$9,475. 236-2525.

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MERCEDES 240D, 1979- Brown/saddle, 4-speed, air, stereo. One owner, like new. \$2,995. 783-3336/783-3729. Car is mint!

MERCEDES 240D, 1980- Beige, leather/saddle, 150K, 4-dr. Clean and solid, have records. \$3,000. Call, 878-3310.

MERCEDES BENZ 380, 1984- One owner, silver, blue cloth interior. All factory options. \$8,495. 783-3336/783-3729.

MERCEDES BENZ 450-SLC, 1977- White, tan leather. All options, one owner, \$8,495. 783-3336/783-3729.

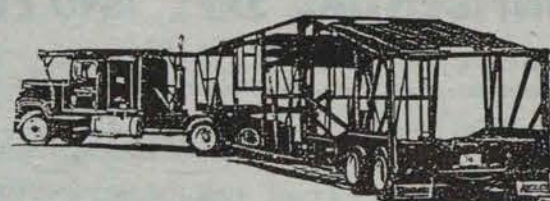
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NISSAN SENTRA 1991- 64K miles, 4-door, 5-speed. Good condition. Red. \$5,700/B.O. 767-0789.

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## boats

STARCRRAFT- 15' fiberglass, 50hp. Mercury outboard, tilt trailer. Best offer. Call 775-9544.

WOODEN BOAT- Rebuilt 19' w/cabin. Gray marine motor, 4-cyl. + trailer. \$1,500/B.O. 772-4835.

## adult services

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BISEXUAL GIRLS- WEDDING! 1-900-446-4999. 2.99/min. 18+.

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GINA'S EROTIC SEX LINE. She won't let you down! Steamy 1-on-1 1-800-252-2323.

MEET KINKY WOMEN!!! Loose Women! Submissive Women! Dominant Women! Even Bi Women! FREE 24 hour message! Don't Be Afraid! Call Now! 312-670-9696, Roxanne.

ONE BIG PICK OF THE DAY. Recorded Update Daily. Pro or College Games. 1-900-820-4141. Ext. 405. \$2/min. Tolls req'd. 18+. Avalon Comm. (205)525-0800.

WHEN IN DOUBT... Talk to a live Psychol! Get individual consultation. 1-800-820-0950. Ext. 995. 18+. \$2.99/min. 24hrs. Tolls Req'd. Avalon Comm. (305)525-0800.

## boats

\*\*SELL YOUR BOAT FOR ONLY \$25!!\*\* Sure, it's worth more than that! But, for only \$25 The Sure Sell will advertise your boat until you sell it! Call 775-1234 for more information. Visa/MC accepted.

BAYLINER 24' Volvo in/out, galvanized trailer. \$6,500. Trade 4WD truck, smaller boat, camper, etc. 773-9660.

BROADWATER- 31', 318 Chrysler motor, sleeps 6, full bath, w/trailer. \$2,000/B.O. 772-4835.

BUCCANEER, 27'- Diesel, wheel, VHF, flasher, 4 sails, trailer, electric anchor winch. Fully equipped, ready. \$10,900. (207)879-7678/ (207)767-2601.

CENTERBOARD SLOOP 16'- pine, cedar, mahogany over oak. Bronze fasteners. Good sails, 316SS centerboard, excellent condition. \$2,500/B.O. w/galvanized trailer. Dick, (207)363-4168.

CORSON WORK BOAT 20'- Great for Urchins. 150hp. Evenude. too many extras to list. \$6,400/B.O. 799-9823.

FIBERGLASS 21' WEEKENDER- Four sails, mooring, 6HP. O/B. VHF, storage stands, plus more. Priced reduced. \$4,500/B.O. 878-5744.

FOUR WINNS 1990-26 CRUISER, VQ, 70 HP. W. hours. All amenities. Consider trade. \$29,583. 893-0361.

PRIVATEER RUNABOUT 1986- 18', full canvas, 1988 90hp. Evinrude, Cox trailer. \$5,500/B.O. 883-8932, leave message.

QUICKSILVER INFLATABLE BOAT 1993- 12 1/2'. Excellent condition. 1993 8hp. Mariner outboard. Low hours, like new. \$1,900/B.O. (207)799-9823.

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# Casco Bay Weekly

## PERSONALS

### THE CONFIDENTIAL, SAFE, AND FUN WAY TO MEET SOMEONE SPECIAL!

#### women • men

1995 IS OUR BEGINNING: Attractive, 40, B/Br, DWF, looking for Mr. Right in '95. He's tall, dark, intelligent, romantic, creative and fun. Must be 30+ with career goals, desires and sense of self. No blue collars. **4242 (2/8)**

52, EYES OF BLUE. Could she be for you? Only if you enjoy the outdoors, motorcycling, walking on the beach, family, friends, skating, dancing, cross country skiing, antiques, flea markets, etc. **4204 (2/1)**

A CERTAIN SMILE: Attractive SWF, young early 60s, blue-eyed brunette, medium build, enjoys good music, candlelight, quiet walks, outside drives, seeks conversant, easy-going SWM companion. 50s-60s, N/S, Hancock County. **4207 (2/1)**

A LONGER AD WORKS WONDER! ON FAX FREE THURSDAYS you can have 45 words absolutely FREE! FAX is 775-1615.

A SWF, 37, SEEKS SM who is self-aware and has a spiritual outlook on life. I am tall, physically fit, and attractive. Inside I am independent, educated, creative, and sensitive. Ready to share life's adventures with a similar, unique, and humorous individual. **4243 (2/8)**

ARCHER AIMING HIGHER... for tall, intelligent, humorous, attractive, honest, sensitive, passionate and spiritual soul. Love the ocean, sailing, alpine skiing, traveling, exploring in-ferno/roster realms, laughing, good friends. I'm active, independent, voluptuous woman, 5'5", Br/Br. Please be 36-44. **4235 (2/8)**

ARE YOU KIND TO CHILDREN and small animals (excluding woodchucks)? Vivacious, sensitive woman with any (or is dog?) sense of humor, professional, secure, single mom, lit, N/S, enjoys dining, arts, a good sparring partner. 35-45, 6' tall. **4171 (2/9/95)**

ARE YOU TIRED OF HEAD GAMES? Full-figured SWF, 34, 5'9", seeks SWM 28-40, who enjoys dancing, dining, movies, playing pool, music, quiet evenings, good times, taking walks, romance, the outdoors, reading, quiet dinners, likes children, style, nature, spending time together, going to clubs and quiet conversations. **4205 (2/1)**

AW, COME ON, TAKE A CHANCE! Call this pretty, N/S, blonde DWF who enjoys movies, theatre, quiet times. If you're tall, N/S and over 45 call. **4108 (1/18/95)**

BIG BEAUTIFUL BLONDE, 39, tall, outgoing and honest, in search of a tall, 6', outgoing, handsome, honest male who knows what he likes. Call me! **4106 (1/18/95)**

BRAINS AND BEAUTY: Very good-looking, slim, shapely blonde, professional, 5'7", honest, intelligent, reliable, good communicator, sense of humor, considerate, affectionate, romantic, loves movies, performing arts, books, all music, stimulating conversation, new adventures, seeks similar qualities in self-confident man, young at heart, 45-60, N/S, 6'. **4239 (2/8)**

COUNTRY GIRL AT HEART: SWF, 49, 5'3", blue-eyed brunette, N/S, N/D, honest, caring, affectionate, enjoys camping, movies, travel, nature, walks, talks and quiet times. Seeking a one-woman man with similar qualities for possible relationship. **4240 (2/8)**

CREATIVE, COMPASSIONATE WOMAN: "Following her bliss", seeks a new male friend to share interests such as movies, great books and ideas, hikes, x-country skiing, dinners. Please be open to feelings, take good care of yourself and environment-and be open to fun! **4227 (2/8)**

DOWN TO EARTH DWF, 49, 5'2", 170#l, hazel eyes, full figure, old-fashioned values, N/S, N/D, seeking honest, affectionate gentleman with good humor. **4152 (1/25/95)**

DWF, 40, tall, blonde, smart, well-read, thoughtful, open, happy, seeks man with lines in his face from laughing freely, thinking hard, caring deeply. Personal Advertiser #542, P.O. Box 1238, Portland, ME 04104. **4191 (1/25/95)**

EASILY REED: I am a DWF, 1 am looking for a SWF, 38-50, enjoy reading, some sports, movies, bowling, walking, taking and dining out. I also enjoy spending time by myself. **4153 (1/25/95)**

ELIZABETH DUFF, 33, SWF writer who enjoys billiards, reading, travel and woods walks, seeks SWF educator, 34-43, who's into hiking, activism and skiing. **4203 (2/1)**

FRIENDSHIP, COMPANIONSHIP: DWF, 39, seeks SWM, 30-40, sunshine, romantic. Always a rainy day without you! Light the fire in me. **4151 (1/18/95)**

I LOVE LIFE! Intellectual, sensitive, well-educated, energetic, attractive University educator, 48, enjoys travel, has lived overseas, seeks someone who is intelligent, sensitive, caring and adventurous. **4107 (1/18/95)**

I'M EVERYTHING YOU NEED! Softer, bigger, blonder, smarter, sassier, better, beautiful, full-figured SWF, Santa's helper, 42, seeks dark, attractive, loving, fun, SBM, 30-50, to do my hair/chimney before Xmas. **4110 (1/18/95)**

I'M READY: ARE YOU? My activities for the season include x-country skiing, ice skating, movies and maybe something new. Let's make the most of winter. It doesn't have to be long and cold. I'm 44, SWF, N/S, fit. Let's meet. **4109 (1/18/95)**

I'M WAITING FOR YOU! Are you looking for friendship, honesty and romance? I'm blonde, tall, slim, funny and intelligent. I hope you are 40-48, sincere, intelligent, happy, kind, and ready to share what we have together. **4206 (2/1)**

INTERESTED IN A SINGLE PERSON, 50-60. No drugs, smoking, liquor. Like dancing, movies, dining out, and rides on Sunday. **4143 (1/25/95)**

IT'S NOT A MOTORCYCLE, it's a chopper. Baby, I love movies (Pulp Fiction), music, munchies, mangoes & Maine. Let's have fun! Call me. SWF, 28, **4238 (2/8)**

LET'S START 1995 OFF on the right foot! Are you tired of being lonely? Let's get together. Me: SWF, 35, full-figured, 5'8", Br/Br, enjoys playing pool, movies, walks, dining, dancing, movies and quiet evenings. You: SWM, 28-40, who has similar interests. **4146 (1/25/95)**

LIFE'S AN ADVENTURE: Ups and downs, mysteries and wonders, pleasures and delights in relationships, in family, in nature. If you are 45-55, educated and fit, emotionally open, spiritually aware yet down-to-earth, can compromise and share and grow, let's journey together awhile! **4150 (1/25/95)**

LOOKING FOR TWO GOOD MEN: My friend and I want to meet a couple of nice guys. Two SWFs, 30s, normal, happy, healthy. Looking to make new friends in 1995. **4246 (2/8)**

LOVE'S DIVINE MADNESS is what I seek! Desire real man, not Peter Pan, with well-plumbed depth and gentle hand. No Don Juans, can admit when you're wrong, direct, unafraid of intimacy, not on rebound. Beautiful, wise woman, 38, not seeking friend, seeking sparks and fearlessness. Portland. **4154 (1/25/95)**

LOVE'S DIVINE MADNESS is what I seek! Desire real man, not Peter Pan, with well-plumbed depth and gentle hand. No Don Juans, can admit when you're wrong, direct, unafraid of intimacy, not on rebound. Beautiful, wise woman, 38, not seeking friend, seeking sparks and fearlessness. Portland. **4154 (1/25/95)**

PEACE, LOVE, AND DIVERSITY: Thoughtful, college-minded, working diverse SWF enjoys traveling and local, underestimated talents from poetry to music (heavy-classical), seeks diverse non-judgmental man with many interests. "Love can perceive no lies in the eyes of it's source." I am 22, 5'11", 170#. **4149 (1/25/95)**

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**12 Roses delivered - \$15<sup>95</sup>**  
ROSES, ETC. 774-ROSE  
885 Forest Ave., Portland

**Personal Of The Week**  
ARRESTED ADOLESCENT- Child of the '60s, professional by day, techno beat dancer by night, loves alternative music. Friends "my age" say there's a cure for me. I hope they're wrong. Looking for a dancing, running, hiking, skiing or snowboarding partner. **4253 (2/8)**

Winners of PERSON OF THE WEEK receive a free bouquet of cut flowers courtesy of ROSES, ETC. All Personal Ads are entered. Send your personal ad to Casco Bay Weekly Personals, P.O. Box 1238, Portland, ME 04104.

**CALL 1-900-370-2041**  
TO RESPOND TO ANY CBW PERSONAL  
(Calls cost \$1.99/min. Must be 18 or over. Touch-tone phones only. Casco Bay Weekly 207-775-1234)

SECOND CHANCE can be a wonderful gift to ourselves. Young 50s, attractive, aware, open, spiritual, emotionally and physically healthy, enjoys outdoors. Seeking N/S gentleman, 50s-60s, who enjoys sharing, caring, sensitive, honest, for a best friend, possible relationship. **4154 (1/25/95)**

SENSUAL AND SPIRITUAL DWF, 33, 5'9", an earthy and attractive mother and musician seeks occasional partner with whom to dance to the rhythm of life. N/S, N/D. **4144 (1/25/95)**

SWF, 29, 5'9", full-figured, single parent. Like to play pool, music, and dancing. Seeking SM, 27-34, who's down to earth, honest, likes children. **4135 (1/18/95)**

SWF, 50-SOMETHING LADY- This lady seeks an honest, caring gentleman, 50-60, I have a variety of interests. Would like a genuine friendship with that special person. Let's get together. **4148 (1/25/95)**

THE WORLD IS WAITING for the sunrise, and I'm waiting to meet DWM, 46+, who is strong but gentle and will accept my eccentric ways. He must be good inside and love animals, elegance and gentler times. **4247 (2/8)**

THINKING MAN'S BLONDE: Sassy laugh, athletic, not obsessed, mid-30s, seeks intelligent, warm, well-read N/S man who can hang his own shelves, doesn't need therapy, and appreciates an eclectic world view. **4209 (2/1)**

TO LIVE HAPPILY EVER AFTER is to find someone, 36-46, 5'6"-6', who brings out the colors of life and whose presence offers tranquility, contentment, enrichment which makes me thankful for the opportunity to share. **4245 (2/8)**

WANTED: INTELLECTUAL MAN who has reached middle age in his mind and enjoys thinking about the meaning of life. DWF, 45, interested in Jungian psychology and dream interpretation. An ENTP, desirous of good conversation and companionship. Friends say I have beautiful eyes and a quick wit. **4112 (1/18/95)**

ATTRACTIVE, FIT, 6', dark eyes/hair, honest, educated, compassionate. Values honesty, humor. Seek's slim, attractive, like-minded lady, (23-32), to enjoy music, movies, dancing, movies, outdoors, etc. **4156 (1/25/95)**

AVID RECYCLER SAVES EARTH! Can't stand being inside during the winter. Want to 547? Maybe I'd be at Zoot? Elvis room? 10 Exchange? Higgins Beach? I'm 22, SWM. **4158 (1/25/95)**

CARING, GOOD, HONEST MALE, 35, engaged in living life, wants to share with woman of similar likeness. Physically oriented and connected to nature. World, very simple, healthy lifestyle. Values growth, friendship, acceptance, integrity and depth. **4157 (1/25/95)**

CHOD-CHOD! DWM, 46, tall, athletic, seeks caboose. Take a ride on the "A" train. Vandy interests, dance, etc. **4156 (1/25/95)**

CLIP AND SAVE! VALUABLE! Responding to this ad could entail an attractive SWF, 22-32, to an all-expense paid night on the town with a cute, fun-loving SWM. **4212 (2/1)**

DAY LOVER, NIGHT WORKER: Are you days free? Can you express feeling without words? SWM, 40, seeks relationship with passionate female. Height and weight proportionate please. **4147 (1/25/95)**

DID WE PASS IN THE STREET? I'm a good-natured, fun-loving, sincere, good-looking musician/teacher with a non-stop sense of humor. You're feminine, intelligent, curly, mid-20-30s. Will share if we never meet! **4214 (2/1)**

FREE PERSONAL AD WITH PERSONAL CALL

25-Character Headline: includes spaces, be creative!

Your Ad: first 25-words FREE with Personal Call

Category/Rates: \$25/first 25 words, 2 week ads, 0 others, 0 companions, 0 lost souls

Guidelines: Free Personal ads are available for single people seeking relationships. Others, Companions and Lost Souls require prepayment. Ads seeking to buy or sell sexual services will be refused. No full names, street addresses or phone numbers will be published. Ads containing explicit sexual or anatomical language will not be published. We reserve the right to edit, refuse or re-categorize any ad. Advertisers must be over 18 years of age.

YES, place my FREE Personal Ad in the Maine Times also!

CONFIDENTIAL INFORMATION: (We cannot print your ad without it.)

phone: name: address: city: state: zip:

First 25 words & headline with Personal Call: FREE

add'l words @ 50¢ each: Without Personal Call: all words @ \$1 each: CBW Box or P.O. Box (add \$10): Total:

exp. date: #

TO RESPOND TO ANY PERSONAL AD, CALL 1-900-370-2041 (\$1.99 per minute, must be 18+, T-Tone Phone)

#### men • women

ELUSIVE, QUALITY & AVAILABLE: Outgoing, communicative, energetic, secure, N/S, 40ish, nice guy, in decent shape, seeks same for dinner, theater, travel, Boston, romance, adventure, etc.. **4122 (1/18/95)**

FIRST TIMER AD: Me: SWM, 5'11", 175#, blond, 34, Beasmaster body, honest. Looking for SWF, 20-35, slim, light drinker. No yuppies please. **4217 (2/1)**

FOR MY DAD: SWM, he is a great father and provider, cook, romantic, passionate slow dancer, financially secure. Likes children, cards, fishing, hunting, gardening, needs lady in 40s, Waterville area. **4114 (1/18/95)**

GAMBLER who TAKES HIS CHANCES: What are the odds? This longshot seeks petite mare with ace up sleeve. Roll the dice and see if we can warm up this winter. **4126 (1/18/95)**

GREEN-MINDED, HONEST, 39, health-conscious, health professional, contra dance, long-haired, never bored. Rediscovered life 5 years ago. WOW! Come travel with me. Mid-coast to Portland. **4115 (1/18/95)**

GROUCHO CLONE, YOUTHFUL 42, spirited, seeks female companion for '90s edition of "You Bet Your Life". Categories include: fitness, music, children, the outdoors, things culinary. Secret word: "Togetherness". **4117 (1/18/95)**

HANDSOME, FIT, POSITIVE SWM, 6'1", 165#, Br/Br, young-looking, secure, clean-cut, runner, swimmer, All-American dad, 46. Seeking tall, slender, fit, radiant, sincere, self-reliant, younger lady for friendship. Children OK. **4165 (1/25/95)**

HANDSOME, HAPPY NERD, 29- Let's have coffee, move at Nick and do other cheap things. Also enjoy hiking, outdoors, movies, dancing, movies, outdoors, etc. **4159 (1/25/95)**

HARD-NOSED DREAMER, 39, crosses all cultural boundaries. Spontaneous, impulsive, passionate, great sense of humor. Seeks dynamic woman without preconceived expectations. Goals: Intellectual conversation and making each other laugh. **4255 (2/8)**

HEY, SISTER: Let's chill out... Whether with a partner, a winter hike, arguing about that fool Jonathan Carter, messing around. Sorry, no cigs. **4257 (2/8)**

I MARRIED A BLONDE ONCE! Now DWM, 35, no children, seeks companion to experience city art scene, each other. Have snowshoes, will travel. I'm intelligent and attractive, seeking engaging, independent woman. **4210 (2/1)**

I NEED A WIFE so you can please tell me where you are at! Age 30-35, blond, weight proportionate to height. **4121 (1/18/95)**

I NEED AND GIVE HOLIDAY CHEER! Looking for a low maintenance, intelligent, athletic and outgoing woman, 25-35, who is employed and not living at home. Winter hiking, cycling (obsessively), reading and a disgust of New are my pursuits. Need someone to spend time with. I'm 33, SWM. **4162 (1/18/95)**

I'M THE MAN YOU SHOULD CALL! Athletic, intelligent, professional business person, very active in the community who likes to play hard and work hard, seeking SWF, 27-37. **4215 (2/1)**

JOYFUL HEART: Fully-cooked WM seeks beautiful, voluptuous playmate for romps with the Oneness. Must have healthy sense of the absurd and be comfortable with the unknown. Ability to fly by seat of pants over long haul without baggage a plus. **4256 (2/8)**

LET'S MAKE BEAUTIFUL MUSIC! Attractive, intelligent, sensitive, emotionally stable, lonely Lesbian, 34, seeks friends and a very special woman to share. Howling at the moon, rolling in the hay, gathering moss, rosbuds in May. Different drumming, dirty dancing, and creating a life of harmony, honesty, romance, passion, and peace. **4130 (1/18/95)**

PSST- DOWN HERE- HEY YOU! SWF just out of a horrible relationship. Looking for someone to soothe my wounds. Maybe you have what I need. **4222 (2/1)**

ROMANTIC, SINCERE LESBIAN, 33, intelligent, sensitive, attractive, seeking romantic partner to enjoy life's simple pleasures with. Personal Advertiser #547, P.O. Box 1238, Portland, ME 04104. **4224 (2/1)**

VERY ATTRACTIVE WOMAN, petite, Br/Br, 100#, looking for a playmate. Call Me! **4261 (2/8)**

WOMEN • MEN

LET'S COME ALIVE in '95! DWM, 5'11", N/S, N/D, optimistic, monogamous artist, actor, writer, seeks attractive, petite, uncumbered, 46-56 counterpart, desirous of friendship/companionship, mild adventure and whatever else fate decrees. I enjoy travel, nature, music, dancing, laughing, togetherness. My heart and arms are open. How about you? Personal Advertiser #550, P.O. Box 1238, Portland, ME 04104. **4265 (2/8)**

LET'S TALK, WALK, HOLD HANDS: see a movie, picnicking, tenting, canoeing, fishing. This DWM, 45, is nurturing, honest, caring, rugged, balding, emotionally available, able to share feelings, alone but not lonely, tall, dark, handsome, seeking but not needing SWF, 36+, for friendship, maybe more. **4123 (1/18/95)**

LIFE'S AN ADVENTURE that needs to be experienced with that special someone. I'm 46, 5'8" and content with who I am. Call soon and enjoy your adventure. **4123 (2/1)**

LONGLY- WANTED: SWF, 18-30, who can impress me with her quality and is looking for friendship or possible relationship. Reward: One who enjoys outdoors, traveling, dining out. **4254 (2/8)**

MUSIC LOVER, AFFECTIONATE, outdoors enthusiast, successful professional, 180#, 6'1", N/S, handsome SWM, 42, who enjoys art, movies, sports, Portland, and being close. Seeking SWF or SAF, 30-40, to share life's pleasures and possibilities. Personal Advertiser #539, P.O. Box 1238, Portland, ME 04104. **4133 (1/18/95)**

ONE-WOMAN MAN still searching for that special one-man woman. I'm a single dad, early 40s, looking for relationship and companionship. Family and children important. **4248 (2/8)**

PROFESSIONAL, physically fit, young-looking, 41, SWM, open-minded, attractive, caring, affectionate, seeks N/S woman to share life's experiences, adventures, travel, dining out, quiet moments, communicating, sharing. **4194 (1/25/95)**

READ THIS AD! Handsome SWM, N/S, 24, whose mind, body & mouth run constantly! Seeks intelligent, adventurous, in-shape woman to share real romance, passion, monogamy. **4251 (2/8)**

SIDAD, 2ND SHIFT, BIDEFORD- 31, N/S, handsome, hardworking, easy-going, homebody. Enjoys quiet times, family activities (10s). Seeking lady, slim to medium build, without children, 25-40. Friends first, romance second? **4167 (1/25/95)**

SEARCHING FOR EXCELLENCE: 29, SWM, athletic, attractive, seeks bright, well-educated, attractive, athletic SWF, 25-30, who enjoys all types of activities. **4218 (2/1)**



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