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Service Agencies of the Island

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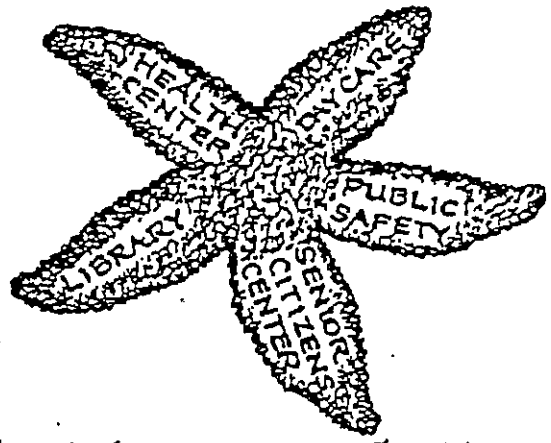
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

March 2015

Volume 35

Issue 3



Peaks Island Land Preserve
FOREVER WILD

PEAKS ISLAND LAND PRESERVE

~New Bird Blog Announcement~

PILP is very happy to announce a new community resource located on our website entitled: [Patty's Back Shore Bird Blog](#). Patty is one of PILP's volunteer stewards for the Back Shore area and takes great joy in observing, identifying, and learning more about the birds that live on Peaks Island and would like to share this joy with us. Patty considers herself more of a bird aficionado than a bird expert and writes beautifully and descriptively about the birds she sees while walking the Back Shore. The Blog will be posted monthly and contains amazing on-site bird photographs, carefully researched information on the fascinating lives of the birds she see on Peaks, and is guaranteed to make you want to grab your binoculars and head out to the Back Shore!

Patty is also creating bird species accounts for Peaks Island birds starting with Scoters and Northern Gannets and will be adding new species accounts every month.

So, if you're a birder and interested in birds, would simply like to know more about birds, or are just looking for another way to appreciate living on Peaks Island, please visit Patty's Back Shore Bird Blog and Bird Species Accounts (under Bird Varieties) both under the Resources tab at: <http://www.peaksislandlandpreserve.org>. Don't miss the up-close-and-personal Peaks Island bird photographs taken by Butch Sullins and the Peaks Island Community Bird Checklist also under the Resources tab to help test your own bird identification and field observation skills.

Any comments, suggestions, or additional bird sightings you have regarding the Blog or bird checklist can be sent to PILP's Volunteer Steward Coordinator, Michelle H. Brown, at brownmichh@aol.com. Enjoy!!

AMERICAN LEGION POST #142 LADIES AUXILIARY PI DAY!!

Please join the Ladies Auxiliary for PI Day on Saturday, March 14th (3/14 – get it? PI is 3.1415....)!! We will gather at the Legion Hall for pies of all kinds – sweet, savory or pizza! Bring a pie, share a pie and eat some pie with your friends and neighbors! Some gluten free options will be available as well. The PI fun will begin at 5:00 and last until the pies are gone. We hope to see you there!

St. Christopher's Catholic Church
Rector: Father Michael Seavey at 773-7746

Sunday Mass is at 10 AM followed by fellowship in the Parish House. All are welcome. Details for other Masses at <http://www.portlandcatholic.org/>

For questions/registration for First Communion and Confirmation, please contact Mary Anderson, St. Christopher's Faith Formation Coordinator, 766-0997 or maryparketanderson@yahoo.com

For questions concerning Baptism, Reconciliation & Marriage, please contact Father Mike.

Share Scripture with Islanders from 9:30 to 11 AM each Thursday in the Parish House.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

Cancer Support Group meets from 7 to 8 PM on Tuesday, March 17th in the Parish House.

AA meets Wednesdays from 6:30-7:30 PM in the Parish House.

Special Presentation March 26th Great Reformers: Pope Francis and The Jesuits

All Islanders are invited to a special presentation, "Pope Francis and The Jesuits", by Rev. William R. Campbell, SJ, the President of Cheverus High School. It will be at St. Christopher's Church on Thursday, March 26th.

Father Bill's talk will begin at 6:30 PM and the program will conclude with refreshments in the Parish House.

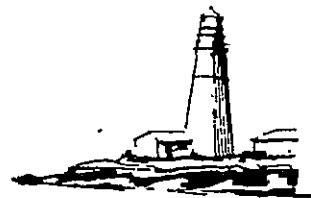
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Peaks Island Community Emergency Response Team (CERT)

**We need more volunteers to serve Islanders
in case of a disaster or emergency. For more information,
call Al Bleau at 766-0007 or 781-962-2662.**

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Casco Bay Island Development Association, Inc.
P.O. Box 7662
Portland, Maine 04112-7662



The CBIDA grant program provides grants of up to \$3000 to 501(c)3 non-profits whose activities benefit Casco Bay island communities and their residents. Last year's recipients included St. Christopher's Church, Rippleeffect, and the Casco Bay Invasive Species Network. The types of projects funded include those that address environmental, historical, educational, public safety and/or quality of life issues on the islands. Applications for this year's grants must be received by March 12 – email or snail mail. For more information or to request an application, please contact Kim MacIsaac, chair of the CBIDA grant committee, at 766-5514 or ramseyroost@maine.rr.com.

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

An After Oscar Party

Tired of the cold, snow, and shoveling the same path over and over again?
Then come to the P.I.T.E.A Loaf and Ladle Dinner March 8th.

We're shaking up the menu; it's all kinds of delicious hors d'oeuvres, sparkling cider, and finger food desserts. We're also decorating the venue and raffling off some wonderful "swag".

Join us on March 8th, 5-7PM, at the Baptist Church. Good food-good cause. Adults \$7- Children (under 13) \$2.50- raffle \$1 per ticket.

March is here and we hope the month will bring warmer temperatures and less snow. BUT this is Maine! So we still know there are some cold and snowy days ahead. We can look forward to mud season which will keep us all on our toes.

Our Energy Assistance is available year round. . We can provide up to \$300 for energy assistance. There are applications on the Library bulletin board. If you know an Islander who could use our assistance, please contact Pastor Beau Boyle, Pastor Angela Tarbox, or Retired Minister Ruth Williams who are very willing to help with the application process. Our clergy partners have been very so wonderful, helpful and effective.

Our snowed out Loaf and Ladle Dinner in February will be rescheduled for Sunday, March 23rd. We will be having two events in March on the 8th and 23rd. OSCAR NIGHT is on the 8th. On the 23rd, We will be honoring some very special friends of Tax and Energy Assistance. Our menu: Sloppy Joes, chili, cole slaw, chips, corn bread, and more. Of course, the desserts are always amazing. Our heartfelt thanks to Charles Burr who always has amazing recipes and ideas and who has quite a following for our dinners each month.. The price is rolled back to \$5 per adult and \$2 per child to say thank you to all who have attended our dinners and helped us over the years and especially to those who have attended our bigger fundraisers. Please join us at 5 pm. for a delicious meal and an evening of comraderie .

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854
www.picw.org



With winter still in full gear the children at PICW have been enjoying snow forts, painting the snow and sensory games of hot and cold. In March we are looking forward to starting some inside seedling projects to preparation of the eventual Spring. If anyone has old nylons that they are looking to get rid of, we are trying to do a growing project that uses them. Please drop off at PICW or call Katie in the office to arrange a pick up.

The PICW children have a new music enrichment class that they have been enjoying on Tuesday mornings. Musician and island resident Faith York has been coming to PICW and introducing the youngest members of our community to different instruments like bells, xylophones and, of course, her ukelele.

PICW is accepting applications for full time care on our WAIT-LIST. Part-time care is available. Contact Celeste at celeste@picw.org for applications

The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Melissa Conrad mconrad@backshore.net

Peaks Island Elementary School

We at PIES are in love with this winter! We have been fully exploring arts, theater and music along with snow sports. Thursday evening, February 26th, our entire student body preformed a multi disciplinary tableaux performance of dance, movement, art and French creativity in "J'Aime Peaks".

The Peaks Island Creative Coalition with funding from the Peaks Island Fund have worked all fall and into the winter to create their performance. A sensory experience like no other yet seen, at our school community has enthusiastically embraced our school.

The effort has been lead by Pamela Moulton. In her words, "My approach to art is to link our heritage to our contemporary society." Pamela and her team of dedicated parent volunteers will explore the love of Peaks Island Culture and the Under Sea world of Casco Bay through their original and unique performance.

On the Thursday before Winter Break we celebrated our monthly Community Luncheon. We enjoyed a lovely guitar performance by island resident and guitarist Jonathan Downs. The children shared hand made cards with our guest. Our guests were further treated to hand made cookies from our team of volunteer bakers. To all of you who came, performed, baked, set up and cleaned up. Thank you.

Collaboration is the key to great schools. We at PIES continue to strive to bring the best of what our community has to offer to our school and to share the best of who we are with our island community. We look forward to seeing you soon in our school.

**2014 TEIA Scholarship
For Island High School Seniors**

**Every year the TEIA grants a \$1000.
Scholarship to one Peaks Island High School Senior
who will be attending college in the fall.
Applications are available at the Peaks Library and on line by emailing
bahoppin@aol.com after March 15th.**

Applications are due on or before APRIL 15th.

**Please send or give to:
Barbara Hoppin
196 Seashore Ave.
Peaks Island, Maine 04108**

Peaks Island Fund Spring Breakfast

Peaks Island Fund Spring Breakfast will be held 9 a.m. – 11 a.m. on Saturday, March 21, at the Fay Garman House (senior center) on Central Avenue. The Peaks Island Fund advisors invite anyone who is interested in submitting a 2015 grant to attend. The grant deadline is June 1, 2015, please note this is earlier than years past. The breakfast will be a time to learn about the application process, to generate grant ideas and to collaborate with others. Sarah Curran of Planning Decisions will also present information based on her interviews with island organizations, which was a project funded by the Peaks Island Fund.

All grant recipients must be able to accept tax-deductible donations or have a fiscal agent. The breakfast would be a great time to learn how this works and then put your idea into action for the benefit of our island community. For example, Creative Portland serves as a fiscal agent for one project, so the collaboration can include Portland entities.

To learn more about the fund, visit the Maine Community Foundation web page at, <http://www.mainecef.org/peaksfund.aspx>. Grants made in 2014 ranged from \$788 to \$10,000.

If you have questions, contact Barbara Schlichtman at bschlichtman@mainecenterforelderlaw.com with PIF in subject line or call cell phone at 650-1314 (please don't text, I prefer to talk).

PEAKS ISLAND COUNCIL (PIC)

-March Meeting-

March 25, 2015 – This will be a regular meeting of the PIC and will be held at the Community Center beginning at 6:30 p.m.

(Regularly scheduled PIC meetings for 2015 will be held on the 4th Wednesday of every month, 6:30 p.m. at the Community Center. All are welcome and encouraged to attend)

March at the Peaks Island Branch Library

in the Community Building 766-5540 email peaks@portland.lib.me.us

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Please note: There is a description of the Russian Film Program, sponsored by the Friends of the Peaks Island Branch on Wednesday, March 18, at 5:15 pm, elsewhere in the STAR

Middle School Book Club: This month's meeting is Tuesday, March 17th at 5:45 pm which is also St. Patrick's Day. Join us as we talk about great books with great company. All 6th, 7th and 8th graders are welcome. Feel free to wear something green.

First Tuesdays Book Discussion: The April 7th book will be *East of the Mountains* by David Gutterson. On May 5th, the Peaks Island School fourth and fifth graders will join the group for a discussion of *The Boy on the Wooden Box, a Memoir* by Leon Leyson. If you are a parent who has a child in those classes, you may want to read the book and attend. On March 4, the book will be *Mr. Emerson's Wife* by Amy Belding Brown. To reserve a library copy of any of those books, come in, call or email the library. Meetings begin at 7 in the Community Room.

Nursery Rhyme Time: for infants and toddlers at 10:15 on Wednesdays.

PreSchool Story Time: Fridays at 10:15. All island children and visitors are welcome.

SENIOR LUNCHEON NEWS

We are pleased to announce that Sam Saltonstall will be entertaining us at our March Luncheon on Monday, the 9th, at the Fay Garman House.

Sam plays the piano by ear, and loves to play standards from the Great American Song Book composed by the likes of Gershwin, Rodgers and Porter. He had an uncle that "tickled the ivories" at family jam sessions and remembers the fun of making music together as a child. What Sam lacks in technique he makes up for with enthusiasm. He loves to take requests (if he knows them) and accompany folks who like to sing the "oldies". Join us on the 9th to sing along and hear more about Sam's journey with music through the years.

Let's enjoy the promise of spring! Please bring a dish to share and join us at noon.
All Seniors are welcome!

Friends of the Peaks Island Library Russian Film Program

The Friends of the Peaks Island Library will host a presentation of the film, RUSSIA'S OPEN BOOK: WRITING IN THE AGE OF PUTIN, on Wednesday, March 18th, at 5:15 in the Community Room.

Local Russian translator Lisa Hayden Espenschade will introduce the film and lead a post film discussion. The documentary was produced in Britain and aired in 2013 on PBS. Hosted by actor, author and activist Steven Fry, RUSSIA'S OPEN BOOK: WRITING IN THE AGE OF PUTIN focuses on six authors whose vibrant, idiosyncratic work continues to gain traction with a global audience. With contributions from their literary critics, publishers and peers, the film features extensive interviews with each author. Excerpts from their recent writing are brought to life with vivid animation sequences created exclusively for the film alongside Fry's dramatic readings of their works in English. The film is about an hour long.

Peaks Island Health Center
87 Central Ave. P.O. Box 52

Hours: Monday and Thursday: 8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.

Please call either **766-2929** or **874-2466** for an appointment.

Please note: Kitty will be away the first week in March but Tara Thomas, NP, will be seeing patients. The **hours** for that week only, will be:

Monday, March 2.....8:30 AM - 11 AM

Thursday, March 5.....8:30 AM - 11 AM

When is the right time to name someone to speak for you in case of serious illness?

- a) when you're in good health?
- b) when you're in a coma?

April 16th, the day after tax return day, is National Healthcare Decisions Day. Take a deep breath from completing taxes and do yourself and your loved ones a favor - spend time considering and discussing your wishes in the event of a medical crisis or disease that takes away your ability to communicate.

Advanced directives are written instructions about your future medical care. They come in two main forms. A "healthcare power of attorney" is given to a person you select to be your voice in healthcare decisions when you can't speak for yourself. A "living will" documents what kinds of medical treatments you would or would not want at the end of life. These directives can be an incredible gift for loved ones who must make very difficult decisions for you.

"Nothing in life is certain but death and taxes." Ben Franklin

MARCH ACTIVITIES on PEAKS ISLAND
Sponsored by Portland Recreation and Facilities Management

To reserve space and/or equipment in the community building, you must contact Denise at least two days in advance. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays. Best way to contact Denise is via email at DLM@portlandmaine.gov; you may also leave a message at 766-2970. Note: Denise will be out-of-town from March 20 – 28, returning to the island on Monday, March 30.

WEEKLY KNIT/CROCHET, CHAT and LUNCH

Thursdays, March 5, 12, and 19 10:45am-12:00 pm
Join us in the com. rm. as we continue making hats, scarves and dish cloths for charity. These hand-made articles are for sale: dish cloths for \$2; hats/scarves for \$7 (ask about bartering for these items). Proceeds will buy gloves, socks and personal items to donate. All are welcome. Donations of full skeins of yarn, knitting needles & crochet hooks accepted.

THURSDAY AFTERNOON MOVIES – Com. Rm.

Come to the com. room at 1:00 pm to enjoy an afternoon movie. Full descriptions on Denise's door/ bulletin board.

- March 5: *Innocent Interlude* (60 minutes)
- March 12: *Moonstruck* (1 hour and 42 minutes)
- March 19: *Waking Ned Devine* (91minutes)

SHOPPING TRIP: KOHL'S & PINE TREE CTR.

Friday, March 13 10:00 am boat/3:15 pm return
Browse for bargains at Kohl's (Shaw's is in same plaza) and also Pine Tree Shopping Center (Big Lots, Joanne's, CVS and Lowe's). Van fee is \$5; deadline to register is 3/12. Min is 6

LAUGHTER YOGA, BRAIN TEASERS,PUZZLES

Monday, March 16 – 10:45 am (community room)
Learn how to laugh at nothing at all and get all the benefits of laughing! We will also keep our minds sharp with some fun word games and brain teasers. All are welcome!


BINGO w/ PRIZES (bring some along!)

Monday, March 30 10:45 am – 12:00 pm (com. room)
Have fun playing BINGO. If you have any items you want to bring as prizes, now's your chance to do your Spring cleaning!

LUNCH at the COCKEYED GULL

Thursday, April 2 12:00 noon (meet at restaurant)
Treat yourself to lunch and enjoy the scenic view! This will be a relaxing time to visit with friends, new and old.

On-going exercise program for Adults
FMI, please leave a message for Denise (766-2970)
Low-Impact Aerobics with Weights:
Mondays and Thursdays – 9:30 to 10:30 am (com. rm.)
Adult Basketball
Tuesday evenings from 6:00 – 8:00 pm at school gym (\$2)

March Movies – Saturday Nights – FREE			
6PM 7	<i>Maleficent</i> , 2014, PG, 97 min	8PM 7	<i>The Giver</i> , 2014, PG-13, 97 min
14	<i>Gnomeo & Juliet</i> , 2011, G, 84 min	14	<i>A Very Long Engagement</i> , 2005, R, 133 min
21	<i>Back to the Future 2</i> , 1989, PG, 108 min	21	<i>Vanilla Sky</i> , 2002, R, 135 min
28	<i>The Book of Life</i> , 2014, PG, 96 min	28	<i>Run After Reading</i> , 2008, R, 98 min
 <p>Saturday Night Movies are a program of the Friends of the Peaks Island Library and are shown on a large screen in the Community Room by volunteers. Children must be accompanied by adults.</p>			

DEADLINE FOR NEXT MONTH'S STAR: Wednesday, March 25, by 6pm If the library is closed when you come, you may put your article in the Book Return outside, or slip it under the door.