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Service Agencies of the Island

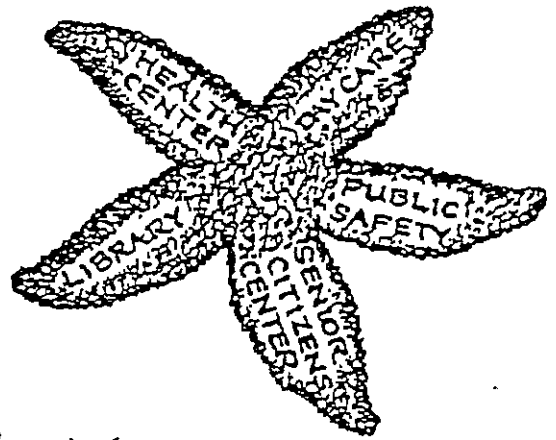
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

April 2015

Volume 35

Issue 4

Peaks Island Health Center

87 Central Ave. P.O. Box 52

Hours: Monday and Thursday: 8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.

Please call either 766-2929 or 874-2466 for an appointment.

Attention, adult Peaks Islanders of all ages:

To follow up on the information we presented in this space in last month's STAR, the Health Center Board is sponsoring:

TWO ADVANCE CARE PLANNING SESSIONS:

THURSDAY, APRIL 30

3:00 PM at the Fay Garman Senior Center, and

6:30 PM at the Community Center

A knowledgeable presenter from MaineHealth will help people understand why it's important to plan for medical emergencies. Informational materials will be available, and you will be given an opportunity to access free, individualized help with the process if you wish.

You may wonder, **why two sessions?** We are hoping that you younger folks who have kids and are working, and at the same time have aging parents and relatives, will take this opportunity to find out what you can do to prepare for the time that difficult medical decisions have to be made. It's time to start this conversation with your family and with your healthcare provider:

Please mark your calendars, and watch for posters with more information.

Peaks Island Community Emergency Response Team (CERT)

The Peaks Island CERT will meet Monday, April 20th at 6:15 PM in the Community Center. We need more volunteers to serve Islanders in case of a disaster or emergency. For more information, call Al Bleau at 766-0007 or 781-962-2662.

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St. Christopher's Catholic Church

Rector: Father Michael Seavey at 773-7746

Ecumenical Good Friday Stations of the Cross will take place this year at St. Christopher's at 3 PM on Friday, April 3rd. All are welcome.

Easter Sunday Mass is at 10 AM April 5th. Please join with us!

Sunday Mass is at 10 AM each week followed by fellowship in the Parish House. All are welcome. Details for other Masses in Portland are at <http://www.portlandcatholic.org/>

For questions concerning Baptism, Reconciliation & Marriage, please contact Father Mike.

Share Scripture with Islanders from 9:30 to 11 AM each Thursday in the Parish House on Central Avenue.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

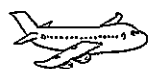
Cancer Support Group meets from 7 to 8 PM on Tuesday, April 21st in the Parish House.

AA meets Wednesdays from 6:30-7:30 PM in the Parish House.

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SENIOR LUNCHEON NEWS

Our next potluck luncheon will be Monday, April 13th, at the Fay Garman House. We would like to thank Sam Saltonstall for sharing his musical expertise at our March luncheon. We learned a lot and was able enjoy the music of great American composers like Gershwin, Rodgers, and Porter. Everyone enjoyed the sing-a-long of our favorite tunes that ended our luncheon on a very happy note! Please bring a dish to share on the 13th and join us at noon. All Seniors are welcome! If you don't consider yourself a Senior, come anyway!!



Portland International Jetport

Noise Advisory Committee

Peaks Island Community Center

April 15, 2015 - 6:30 PM

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave., Peaks Island, ME 04108

Rev. Angela Tarbox, Pastor

207-766-5013; www.brackettmumc.org; brackettmumc@yahoo.com



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Thursdays, 10-11:30am at the parsonage (9 Church Ave.).

Prayer Shawl Ministry Fridays 10:30am – 12:30pm at the parsonage (9 Church Ave.).

Peaks Island Food Pantry at Brackett Church Mondays, 3:30-5pm. If you would like to donate non-perishable food, there are drop-off locations at the Community Center and Brackett Church.

After School Bible School Wednesdays, 12:30-2:30pm. Children in grades K-5 are invited to join us for some fun, snacks, and games as we learn through the Bible how to recognize God in the world and to treat one another with love and compassion. No Bible School on April 22..

SPECIAL EVENTS IN APRIL:

Holy Week Happenings:

Maundy Thursday, April 2, 7pm: Interfaith Passover Seder. All are welcome to join us as Chaplain Jean Berman leads us in a Passover Seder. Stay for desserts and a time of Q & A with Jean and Pastor Angela.

Good Friday, April 3, 3pm: Stations of the Cross at St. Christopher's. We continue our time of reflection on Jesus' last days by meditating on the Stations and reading Scriptural accounts of Jesus' crucifixion.

Holy Saturday, April 4, 1pm-6pm: Brackett Church will be open for a Holy Saturday prayer vigil. Come in for a quiet time of prayer and reflection. Resources will be available for spiritual reading and guidance.

Easter Sunday:

6am – SonRise Service: Wake up early, wrap up warmly, and join us on Whaleback as we welcome a new day and celebrate the Resurrection of our Lord.

6:30am – Easter Breakfast: Tradition continues as the men of Brackett church make an amazing breakfast for all those who woke to see the Son Rise, or simply come and have breakfast with your neighbors!

10am – Easter Worship Service: A service of song and celebration.

11:30am – Easter Egg Hunt: Bring your basket (we will have a few extras just in case) and come find treasures hidden at the Brackett Church!

Friday, April 17, 6:30pm: Family Movie Night. Join us to watch a family oriented movie in our renovated and cozy Church Family Room. Bring your snacks (we'll have the popcorn) and your family for a fun, free, community night at Brackett Church. This month, we'll be watching **Night at the Museum: Secret of the Tomb** (Rated PG). In the third movie of this series, "Larry Daley (Ben Stiller) and his heroic friends embark on their greatest adventure yet as they travel to London in order to save the magic that brings the museum exhibits to life." All children must be accompanied by an adult. CVLI LICENSE# 503894391

Rummage Needed: Spring is here! Time to get cottages ready for summer guests and renters. As you are becoming organized and find items you no longer need or want please consider donating these castoffs to Brackett Church's spring rummage sale (Saturday, May 30). We are grateful for your donations which help us to help others on our beautiful island and beyond. To arrange a time to drop off items at the church please call Tookie: 518-9532 or Emily: 766-5545. Please remember: NO tv's, computers, or large heavy furniture.

Peaks Island Taxi News

Spring is finally here and Summer is just around the corner! The Island Transportation System would like to thank Peaks Islanders for their continued support of the Taxi through these cold winter months.

The Taxi operates 7 days and evenings a week from 7:45 a.m. to 8:45 p.m. If you need a ride outside these hours, please call (207) 518-0000 during our normal operating hours to make a reservation. Remember, it helps the Taxi drivers if you call in plenty of time for a pickup to the boat. We try to meet every boat when it arrives from Portland during our normal operating hours.

Here is a listing of our rates and services. These have been in place since the end of 2013. Also, this information, along with a printed Zone Map, is available in the Taxi.

We have divided the Island into two separate zones. The fare for **Zone One** is \$3.00 for the first passenger; \$1.00 for each additional passenger going to the same address; and \$1.00 each for a dog, filled grocery cart, large piece of luggage, etc. The fee for deliveries of grocery boxes from town, pizza or groceries from Hannigan's, take-out orders from restaurants, etc. are \$3.00 each. The fare for **Zone Two** is \$5.00 for the first passenger and \$1.00 for each additional person, dog, or item going to the same address. The fee for deliveries of grocery boxes from town, pizza or groceries from Hannigan's, take-out orders from restaurants, etc. to Zone Two is \$5.00 each. We also offer tours around the Island for \$10 per person.

Zone One covers all the "down front" areas and are 0.7 miles to or from the ferry landing to-

- NORTH from ferry landing to the end of Centennial (boat ramp) up City Point Road across Island Ave. and up to where it ends at 95 Pleasant Ave.
- Then along Elizabeth, Luther, Sterling, Ledgewood, Upper A, Willow and Epps Streets
- Up Central Ave to 55 Central Ave. Extension
- Up Brackett Ave. to the Four Corners at the Transfer Station
- SOUTH from ferry landing to New Island Ave, Whitehead St. and Seashore Ave. to 196 Seashore
- Also, Great Pond Road to Winding Way, up to Spruce St and back to New Island Ave.

Zone Two is "back shore" and the rest of the Island outside of Zone One.

The new Taxi uses less gas and, hopefully, has had an impact on reducing the carbon emissions and congestion down front on the Island. Please contact us at 518-0000 if we can assist you in any of your transportation needs. Remember the taxi will take you to the health center, the library, the store, the post office, or other places on the Island.

DEADLINE FOR NEXT MONTH'S STAR: Saturday, April 25, by 6 pm. If you bring it when the library is closed, you may put it in the Book Return or slip it under the library door.

April at the Peaks Island Branch Library

in the Community Building 766-5540 email peaks@portland.lib.me.us
Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

May Baskets With the Girl Scouts: Tuesday, April 28, from 3 to 4:30 pm, Islanders of all ages are invited to come make a May basket at the library. The island Girl Scouts will be here to help. If you've never made a May basket, now's your chance. We will have all the materials and some goodies to put in them. They make a delightful surprise for a neighbor or friend. Of course, you can keep them for yourselves.

Middle School Book Club: Middle School Book Club will meet on Tuesday, April 21st, at 5:45 pm. Kelley Blue, the new teen librarian at the Portland Public Library, will be visiting us. She orders teen books for the whole library, including the Peaks Branch, and would love to know what you'd like to see on the shelves. We'll be having pizza and hope everyone will be able to join us. Bring a list of your favorite series, books and authors if you have one and would like to share it.

First Tuesdays Book Discussion: The April 7th book will be *East of the Mountains* by David Gutterson. On May 5th, the Peaks Island School fourth and fifth graders will join the group for a discussion of *The Boy on the Wooden Box, a Memoir* by Leon Leyson. If you are a parent who has a child in those classes, you may want to read the book and attend. To reserve a library copy of either of those books, come in, call or email the library. Meetings begin at 7 pm in the Community Room.

Nursery Rhyme Time: for infants and toddlers at 10:15 on Wednesdays.

PreSchool Story Time: Fridays at 10:15. All island children and visitors are welcome.

FRIENDS OF TEIA

CAMPERSHIPS 2015

The summer of 2015 is just around the corner and it is not too early to be making plans for your children's summer activities. The FRIENDS of TEIA fully funded "campership" program gives your child the ability to learn new skills, advance previously learned skills and make new friends in the Sailing, Tennis, Kid's Camp and Preteen programs. In 2014 "46" island children attended these summer programs through the FRIENDS OF TEIA and we hope your child will apply for one of this summer's "camperships". The 2015 applications will be handed out in May at the school. If your child attends middle or high school please email Melissa at mconrad@backshore.net or Stephanie at sealights99@aol.com

Homestart

The next meeting of Homestart, the affordable housing organization on Peaks, will be on Thursday, April 16, at 9 am in the Casco Bay Ferry Terminal conference room (the old waiting room). All Peaks residents are welcome to attend.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854
www.picw.org



PICW will be closed Monday, April 20th in observance of Patriot's Day

The children of the Peaks Island Children's Workshop have been learning about birds. We have a giant child-sized nest in our room that we use for dramatic play and have been reading many bird books as well as playing bird games. We are hoping that Mother Nature will help us by warming up a little bit so we can go and do some bird watching.

As the snow disappears, our brand new tricycle track will reappear! We thank the Peaks Island Fund and Welch Charitable Fund for the grants to build our track and help our youngest community members in learning gross motor skills. To all islanders, please feel free to come use our trike track when PICW is out of session – weekdays after 5pm and weekends!

Tacos y Bingo Event: Jones Landing- Thursday, May 7th – 5pm – 6:30pm for dinner 6:30-7:30 for BINGO!

PICW is accepting applications for full time care on our WAIT-LIST. Part-time care is available. Contact Celeste at celeste@picw.org for applications

The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Melissa Conrad mconrad@backshore.net

Peaks Island Elementary School

March Madness indeed! 12 degrees? Really....even for our hearty kids it can be just a bit too much. However, the sun is shining and during recess you can see our kids running around wearing boots and snow pants and t-shirts!

This week we welcomed student volunteers from Baxter Academy. The k-1 and 2/3 shared Wednesday morning working side by side with our new High School friends. Brian Olsen, a teacher at Baxter and a Peaks Island Resident shares:"

"Baxter Academy is excited to partner with Peaks Island Elementary School on this cross-Casco Bay connection, establishing a communal culture of innovation and critical thinking together. Our 9th grade Advisory group has engaged in many team projects, and phenomenal personal learning plans, but no targeted task has seemed so mysterious and magical as this island alignment. Keep in mind our learners are coming from 54 different towns, so the islands and island students are literally a world away for their lens of learning. Regardless of distance, I know our STEM focus and truly wonderful kids will make for a great morning of knowledge sharing, and intentional outreach - aka service with a Baxter Academy."

April 10th will be our next Community Lunch! Please come and join our students and share some food and conversation. Look for the Landmark Bike Tour on May 1st!

PEAKS ISLAND TAX AND EXERGY ASSISTANCE

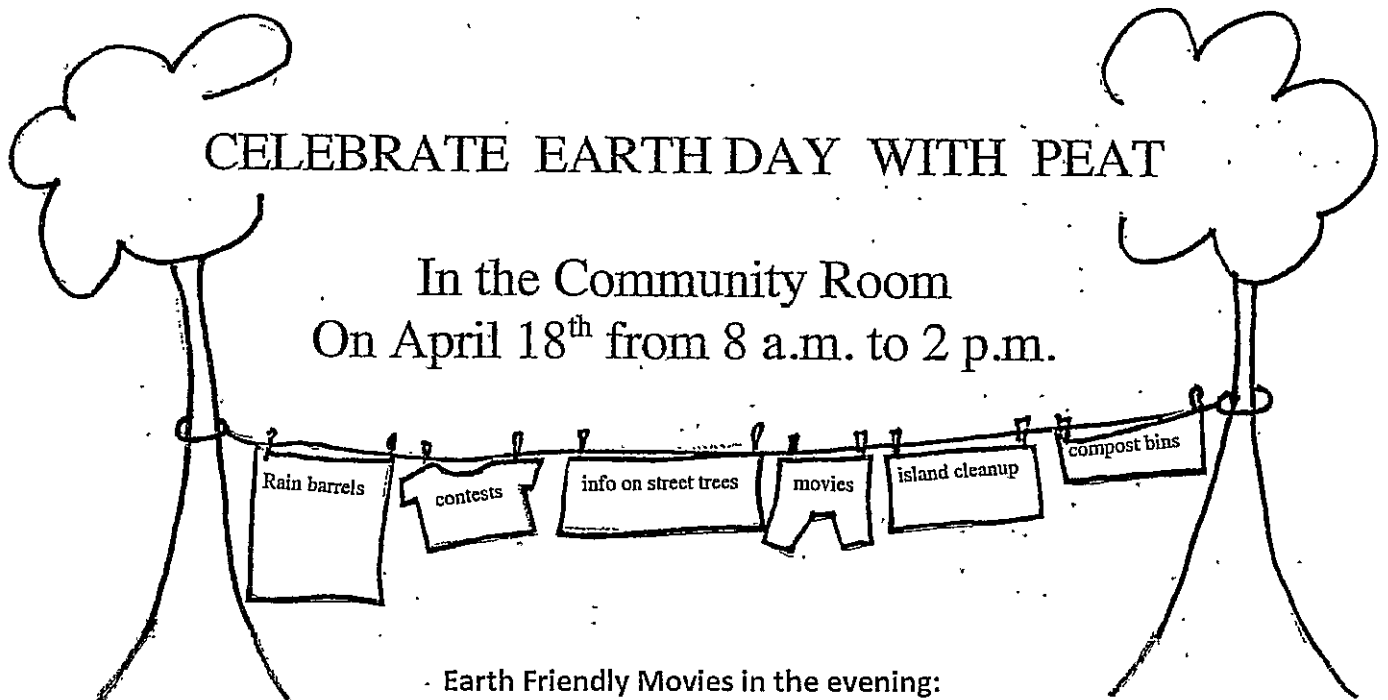
In May of 2005, the Peaks Island Committee for Fundraising for Property Tax Relief began a journey which continues today. None of us really thought the committee would be in existence in 2015 and still going strong. This spring we met the needs of the four families who applied for energy assistance! The assistance that we provide has made it possible for some of our friends and neighbors to remain in their homes even though taxes have increased and the price of energy continues to rise. Our tax assistance account named for our dear friend and neighbor, Sam McCain, provided almost \$3300 in property tax assistance for the tax season. Our energy assistance fund has assisted many more families and we will report on that next month when the season slows down. We have met the needs of every family that applied and we are most hopeful that people stayed warm over this very, very cold winter. As spring arrives we bid our long, cold, and expensive winter adieu.

Last month we put out a call for donations and a day later we received a donation of \$500. That was the very best present anyone could receive! Our March Dinner earned us \$4394 and we are able to help three families so you can see that donations are still needed. Our April Loaf and Ladle Dinner will be on Sunday, April 22nd from 5-7 p.m. at the Peaks Island Baptist Church Hall. The cost is \$7.50 for adults and \$2.50 for children. We are still working on the menu but chicken will be on the menu. The food will be delicious and plentiful. Our members provide all of the food and they are terrific cooks. All of the proceeds are deposited in our energy and tax accounts. We could not do our work without those who donate the food every month.

On behalf of PITEA members past and present we invite you to join our committee and we thank you for all your help!

Peaks Island Tax and Energy Assistance

Mary Arnold, Ralph Ashmore, Linda Capone Newton, Heather Kanniaien, Sandy Lucas, Linda Mpurphy, John O'Brien, Cynthia Pedlikin, Howard Pedlikin, and Val Simoneau



· Earth Friendly Movies in the evening:
6 pm, Song of the Sea; 8 pm, Man of Aran
With Earth-Friendly Refreshments

APRIL ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Recreation and Facilities Management

To reserve space and/or equipment in the community building, you must contact Denise at least two days in advance. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays. Best way to contact Denise is via email at DLM@portlandmaine.gov; you may also leave a message at 766-2970. **Special Note:** Denise will be out-of-town from April 14 – 21, returning to the island on Thursday, April 23. All reservations for the room must be made by Monday, April 13.

LUNCH at the COCKEYED GULL

Thursday, April 2 12:00 noon (meet at restaurant)
Treat yourself to lunch and enjoy the scenic view! This will be a relaxing time to visit with friends, new and old.

LAUGHTER YOGA CLUB

Monday, April 6 10:45 -11:15 am (community room)
Learn how to laugh at nothing at all and get all the benefits of laughing! Yoga portion includes deep and short breaths. All are welcome! All exercises are done either standing or sitting.

WEEKLY KNIT/CROCHET, CHAT and LUNCH

Thursdays, April 2, 9, and 23 10:45am-12:00 pm
Join us in the com. rm. as we continue making hats, scarves and dish cloths for charity. These items are for sale: \$2 for dish cloths; \$7 for hats/scarves (ask about bartering for these items). Proceeds buy gloves & socks for charity. Donations of full skeins of yarn and knitting needles accepted.

AFTERNOON MOVIES – 1:00 pm

Thursday, April 9 *Enchanted April* (95 min) Four women rent a chateau on a remote Italian island to try to come to grips with their lives and relationships. Beautiful scenery – like taking a trip to Italy

Friday, April 24 *The Lego Movie* (100 min) Enjoy the story of Emmett, an ordinary Lego construction worker who is thought to be the prophesized 'Special'. He is hopelessly and hilariously underprepared on his quest to stop an evil tyrant from gluing the Lego universe into eternal stasis.

ANNUAL EARTH WEEK CLEAN-UP

Thursday, April 23 1:00 pm – meet at com. bldg.
This annual event is open to all ages - from school children to the 62+ group. Young children should be accompanied by an adult. Please bring plastic bags and work gloves, if you have them. Pre-registration appreciated - in case of any changes.

OFF-ISLAND SHOPPING TRIP:

MAINE MALL

Monday, April 27 12:45 pm boat/4:30 pm return
Shop the many stores the Mall has to offer. The food court is always available too. Pre-registration/payment due by Friday, April 24. Transportation fee is \$5. Minimum is 7.

OFF-ISLAND SCENIC WALK:

DAFFODILS in SACO

Friday, May 1 8:15am/2:15pm return
Join the "in-town" seniors and enjoy the signs of Spring at the Laurel Hill Cemetery (Saco) where hopefully we'll see thousands of daffodils. We'll also make a lunch stop. Fee is \$5 (lunch extra). Register by April 23.

On-going exercise programs for Adults
FMI, please leave a message for Denise (766-2970)
Low-Impact Aerobics w/ Weights:
Mondays and Thursdays – 9:30 to 10:30 am (com. rm.)
Adult Basketball (\$2 pp/per night):
Tuesday evenings - 6:00 to 8:00 pm at PI School Gym

April Movies – Saturday Nights – FREE			
The movies on April 18 are chosen by the Peaks Island Environmental Action Team (PEAT) in honor of Earth Day. PEAT will provide earth-friendly refreshments! See you at the movies!			
6PM 4	<i>Percy Jackson: Sea of Monsters</i> , 2013, PG, 106 min	8PM 4	<i>Babette's Feast</i> , 1987, G, 103 min
11	<i>The Boxtrolls</i> , 2015, PG, 97 min	11	<i>Horns</i> , 2014, R, 120 min
18	EARTH DAY SPECIAL: <i>Song of the Sea</i> , 2014, PG, 93 min.	18	EARTH DAY SPECIAL: <i>Man of Aran</i> , 1934, 76 min
25	<i>Big Hero 6</i> , 2015, PG, 102 min	25	<i>Get Low</i> , 2009, PG-13, 103 min
Saturday Night Movies are a program of the Friends of the Peaks Island Library and are shown on a large screen in the Community Room by volunteers. Children must be accompanied by adults.			