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Peaks Island Star

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Peaks Island Star : June 2019, Vol. 39, Issue 6

Service Agencies of the Island

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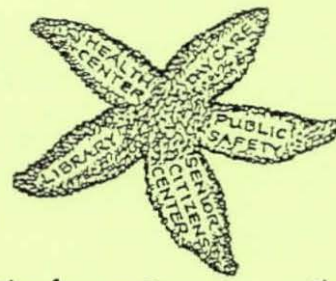
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

June 2019

Volume 38

Issue 6

The Peaks Island Historical Society

Hasten thee to the Community Center on **Saturday June 8 at 1:30 pm!** An enthusiastic group of islanders has established Peaks' first Historical Society. They'll be on hand to explain the whys and wherefores of the new Society. Come and share your ideas for historical activities and programs that the new Society could undertake. Volunteer your time and talents! Become a dues paying member! For this effort to succeed we need the support of the community at large. We invite you, your friends and neighbors to enjoy light refreshments while discovering Peaks Island's diverse past. FMI: peakshistory@gmail.com



*Island Hall
former community hall*

PeaksFest 2019

Friday to Sunday, June 21-23

It's our 18th year of PeaksFesting! Can you believe it? This wacky celebration of our unique community is BACK – and we've got LOTS o' things in store; some new and some familiar – all fun!

Join us again for a relaxing opening event on Friday night – our annual SCHMOOZEFEST at the beautiful FIFTH MAINE Museum; come drink, munch, sway, and hang with us! We'll have our fabulous new t-shirts, this year designed by Jamie Hogan (keeping it all in the family, ayuh!), live, toe-tappin' piano music by Wicked Good Band's funny Stephen Bither, and even a PHOTO BOOTH this year – woo hoo! So bring some finger food to share and BYOB for a wicked good time!

Then – we'll also have some boisterous BINGO playing, an EXTREMELY messy pie eating contest (with an ADULT version!), kids games, YUMMY strawberry shortcake, a smokin' COOKOUT at the Legion, the zany wheelie parade with the famous marching PI UKULELES, a peaceful beaver/nature trail walk, Dock Day with live music, all sorts of vendor specials, and the waggingly-witty Common Hound Fair including surprise guest judges. And the long-awaited return of that local favorite – the Ferry Home Companion! And so much more!

Hopefully, we've whetted your appetite. Join the PeaksFest FACEBOOK page to keep up with us. The schedules will be out before long – but there's still time for YOUR idea to be added to the mix – so let us know if you're GAME to jump in – the more the merrier! Contact Faith York at fyork@zol.com or 766-5763.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854

www.picw.org



PICW WILL BE CLOSED FRIDAY JUNE 21ST FOR AN IN-SERVICE DAY

We would like to say a very big thank you to everyone that came out and supported PICW at this year's Facos Y Bingo. A very special thank you goes to Robin at Jones Landing for providing us with such a beautiful venue, Hadley and Cheryl for being our amazing Bingo Callers, Celeste for being the best Vanna White ever, Chris for donating his time to man our raffle table and of course our Board of Directors and staff for tirelessly working this fun event.

On Thursday May 16th, we had our annual United Way Day of Action!!!! We were very fortunate to have 4 wonderful women from Maine Health come out to help us clean up our playground and prepare our garden beds for planting. We are very excited for this year's growing season and our students have already started to plant our peas, beets and carrots. In the next couple of weeks, we will be adding many more fruits and vegetables which we will hopefully add to our weekly meal menu throughout the summer and early fall.

SAVE THE DATE: PICW's summer fundraiser, Sunset on the Porch, is Sunday July 14th
6pm to 8:30pm at the 5th Maine

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Jennifer Eckel, at jgeckel1@gmail.com.



Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30-5pm. Our mission is to provide food assistance to our island neighbors in need, supported by many different individuals and organizations from Peaks Island.

If you would like to donate items to the food pantry, our needs this month are: tuna, canned ham, canned chicken breast, cooking oil, creamy peanut butter, grape jelly, cream of mushroom soup, canned pears and peaches in juice, dried fruit, toilet paper, laundry detergent, and dishwashing soap.

If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.

June at the Peaks Island Branch Library

129 Island Avenue 766-5540 email: peaks@portlandpubliclibrary.org

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Join us for a **family musical event** with Amanda Panda and Rob Duquette on **Saturday, June 22** from **10:30 – 11:30** in the Community Room as part of **Peaks Fest 2019**. Their music revolves around themes of mindfulness, compassion, family, friends, kindness and silliness! Join Amanda and Rob for their original songs in a fun and interactive family musical event.

Sign up starts **June 18** for our children's **Summer Reading Program!** This year's theme is **I ♥ Reading in Portland/Peaks Island: Camp Out!** The challenge for 5-12 year olds is to read or listen to at least 8 books in 8 weeks as well and complete 8 squares on an Adventure Map. We also have an early literacy activity log for children under 5. Studies also show that family participation in literacy activities greatly benefits children's learning. Make it your aim to read together this summer.

We are happy to have **Pat Crowley-Rockwell's Story Time and Craft** program kick off Summer Reading on **Tuesday, June 25** from **6:45-7:45** in the Community Room. Pat will be sharing stories and fun crafts every Tuesday evening until mid-August!

NEW! For astronomy enthusiasts and those interested in viewing the night sky, you can now borrow an **Orion StarBlast 4.5" ReflectorTabletop Telescope** at the Library. The telescope can be checked out for 1 week by a library card holder over the age of 18. Stop by the Library for more details!

Technology Tutoring will be continuing **June 12** and continuing the **2nd Wednesday morning of each month**. Tutoring sessions are for all levels of computer users for 30 minutes of free computer assistance. Whether you'd like help mastering the job search, downloading ebooks and audiobooks, or refreshing your basic computer skills, our half-hour tutoring sessions might be the place to turn. **Advance registration is required.** Call or stop in the Library for more information or to register for a session.

The **Peaks Knitting Group** continues in the library on the **2nd Tuesday** of every month from **6:30-7:30**. Bring your current project and join other knitters for conversation and inspiration! All are welcome, as are all skill levels.

First Tuesdays Book Discussion: For the meeting on **June 4**, we'll be discussing *Tragedy Plus Time* by Adam Cayton-Holland. The meeting is at 7pm, in the Community Room. Everyone is welcome. If you need a copy of the book, call or come into the library. This will be the last meeting until **September 3**, when we'll be reading *Frankenstein* by Mary Shelley.

Middle School Book Club will meet on **Tuesday, June 18** at **5:00 pm** (change of time for June) **in the Community Room, across from the library. If you are entering 6th grade in the fall join us. It is open to all 6, 7, & 8 graders.**

We will have fun, food, conversations about books and Summer Reading details and sign up.

Story Times will be winding down in mid-June for the summer. Please note the final dates until September:

Rhythm & Rhymes for babies & toddlers - **Wednesdays, June 5, 12, & 19 at 10:15**

Pre-School Story Time geared for 3-5 year olds - **Fridays, June 7 & 14 at 10:15**

SENIOR NEWS

The Senior Luncheon will be held on Monday, June 10th. Invite your senior friends and neighbors to join us at noon at the Fay Garman House. Come and enjoy the beautiful gardens that are blooming outside the community room. Bring a dish to share and join in the camaraderie. All Seniors are welcome!

Change to Chair Yoga

We are now offering **Chair Yoga** at the Fay Garman House every **Tuesday** and **Thursday** afternoons starting at 4 pm for about an hour. Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

NEWS FROM PEAKS ISLAND ELEMENTARY SCHOOL

What a bustling spring we have been having at Peaks Island Elementary School! Our Pre-K through grade four students and teachers have been working with Island Institute fellow Nell Houde and island "garden whisperer" Susan Hanley to grow seedlings and to prepare each class's garden bed as part of our Edible Schoolyard Project. Nell also has been leading a wonderful hands-on Afterschool Academy that supports this project.

Social justice is more than alive and well at PIES with students and staff working to make a difference in the classroom and beyond. We recently hosted a "Welcoming Library" that is traveling the state to bring awareness and promote inclusiveness of immigrant families to communities through children's picture books. Teachers read these beautiful books in class to build understandings and spark discussion. We hosted Island author/illustrator Annie O'Brien and Kirsten Cappy of Curious City for a fabulous evening of community reading and conversation on this critical issue that is impacting families across the country. Grades one through four classes also have been raising their voices to demand action on climate change. Our grade 1-2-3 multiage class, staff and parent chaperones, proudly hoisting their climate change action signs, participated in the global Climate Strike in Portland on May 24th. We are so proud that our students are becoming involved citizens and activists to make a difference for current and future generations.

Finally, the oldest section of Peaks Island Elementary School turns 150 years old this year! Our students and staff will be celebrating this milestone with project-based learning steeped in the arts, as well as a culminating community birthday party in the fall - so stay tuned islanders and fellow PIES alumni!

Warm Regards,
Kelly Hasson, Teacher Leader

Peaks Island Music Association 2019 Summer Concert Series

Even before our regular series begins, the PI Music Association would like to announce a SPECIAL concert: we're excited to invite you to join us on Saturday night, **June 29**, for the inspirational Maryland State Boychoir. The concert will be at and jointly sponsored by Brackett United Methodist. Norman Scribner, Artistic Dir. of Choral Arts of Washington DC says of them: *"Their ravishing tone quality, superb vocal production, and immaculate musicianship set them apart as one of the premier choirs of this or any area."* Now how can you miss such a thing on our little Peaks Island, eh?

Start time for this concert is in flux – but save the date (www.marylandstateboychoir.org). We'll be feeding them a potluck and putting them up for the night, so if you can help, PLEASE let me know!

NOW - onto the SUMMER!

Our Sumer Concert Series alternates Wednesday nights at the Fifth Maine through July and August. This year we begin **July 10** by welcoming the award-winning musicians of 240 Strings: the Portland Piano Trio. Bringing a wonderful concert to our shores will be pianist Anastasia Antonacos, violinist Tracey Jasas-Hardel, and cellist Wayne Smith. Stay tuned for more information on this program.

Then, our popular Annual Island Musicians concert will follow on **July 24** - a fun and diversified fundraiser for our Barbara Goelman Music Scholarship Fund.

August 7 will bring back a Peaks Island favorite: rockabilly sensation, fresh from Nashville: former Peaks Islander Sean Mencher and his Rhythm Kings!

Finally, the 25-voice Peaks Island Chorale, our community chorus, wraps up the season on **August 21** with a program offering diverse musical styles.

All SUMMER SERIES concerts are 8:00 pm (UNLESS THE BOAT SCHEDULE CHANGES – so STAY TUNED!) Suggested donation of \$5-\$10 per person. For more information, contact Faith York at 766-5763 or FYonPI@aol.com, or like our Facebook page to stay in touch!

Sunday Music at The Legion

Join other island musicians for song sharing, jamming, song swaps, etc. at the Peaks Island American Legion Post. All island musicians and visitors are welcome to join in. This is mostly acoustic, so don't bring amps or drum sets, just a love of music and fun.

Also, we take requests, and maybe somebody knows how to play the song. So come to listen as well!

Sundays from 4 to 6 PM. Join us!



LIONS CLUB ORGANIZATION GRANTS

Organizations that would like to be considered for a Lions Club Grant should contact Lions Club President, Edward Ezzard by telephone, mail or e-mail by October 15th. The grants will be awarded at the October 23rd Lions Club meeting. **Telephone: 756-4713; Address: P.O. Box 102, Peaks Island, ME 04108; e-mail: TheMaineJack@gmail.com**

LIONS CLUB SCHOLARSHIPS

To be eligible for a Lions Scholarship for the 2019-20 school year, Peaks Island residents and children of Peaks Island Lions members who are currently attending or expect to matriculate in a post graduate career school or college for the fall semester should submit a written scholarship request to:

**Chairman of the Scholarship Committee
Peaks Island Lions Club, P.O. Box 102
Peaks Island, ME 04108**

Your letter must be received by September 15th and should state your expected field of study and the school that you will be attending.

If you are reapplying for this scholarship, the reapplying applicant or family is expected to help the community with a minimum of eight (8) hours of service in the Lions or another Lions approved Peaks Island organization. The Peaks Island Club service activities include our good weather fundraising events (bakes, rentals from May - August), our community activities - Halloween Party (Oct 31st), Variety Show (Aug 5th & 6th), Christmas Party (Dec at the school), our sponsored Peaks Island Road Race (July 27th) and for grounds maintenance (May - Oct). We will send you our events calendar for you to sign up by emailing lionsclubrentals@gmail.com.

Please note that there is a five-year maximum for any individual to receive a Lions Club Scholarship.



Taxi News

call (207) 518-0000 for service

As summer rolls around, "The Taxi" has launched a campaign to inform summer visitors about the range of taxi services and encourage visitors to leave their vehicles in Portland. As part of the campaign, we have developed a one-page **Taxi Flyer** describing our taxi and tour services.

We ask all AirBnB, VRBO, and unaffiliated short-term rental hosts to share these **Flyers** with their guests. We can send you copies to include with any information packet that you give to your guests and we encourage you to link to our website www.peakstaxi.org in your advertising. The **Flyer** info will also be available there and your guests could learn before bringing their cars over that they could use the taxi instead.

For more information and/or copies of the **Taxi Flyer** contact us via email at news@peakstaxi.org or call Norm Proulx at [207-632-3194](tel:207-632-3194) or Nancy Arnold at [207-766-5179](tel:207-766-5179).

Peaks Environmental Action Team (PEAT) Activities for June

Monday, 3 June at 6:30 in the Community Room: Regular monthly meeting (always the first Monday of the month). All Welcome.

Wednesday 19 June at 7:00 in the Community Room: Concern about climate change is building across the country. Former Peaks resident **Sam Saltonstall** returns to our Island to give a presentation on the bipartisan *Energy Innovation and Carbon Dividend Act* (HR763). Sam's slide presentation explains what HR763 will accomplish and how.

The Act, already introduced in Congress with 38 cosponsors, will

- Cut U.S. greenhouse gas emissions 40% over the next 12 years,
- Create 2.1 million jobs, and
- Save 295,000 lives in the next 12 years due to cleaner air.

Fees collected would then be returned to American households as carbon dividends. This "carbon fee and dividend" concept is supported by major environmental organizations, climatologists, thousands of economists, many faith groups, four past Federal Reserve Chairmen, and an increasing number of businesses.

Sam is an active member of Citizens' Climate Lobby, which has eight chapters in Maine, one of them in Portland. He and 19 other Maine members have just returned from Washington, where they and other members from around the country met with Senators and Representatives to urge support for HR763.

FRIENDS OF TEIA CAMPERSHIPS 2019

Spring is at our doorstep and summer is just around the corner and soon our children will be out of school. **NOW** is the time for you to apply for a FRIENDS OF TEIA "campership" if your child /children are interested in attending this summer's educational programs at TEIA in sailing, tennis, kid's camp (afternoons) or the preteen/teen morning and evening programs.

In 2018 "46" year round island children attended TEIA's camp programs using one of the fully funded "camperships". If your child resides on Peaks Island and had completed kindergarten or attends middle or high school in town they are eligible. We look forward to seeing many of our children returning for another summer of fun and learning new skills and to especially welcoming our first time campers to TEIA.

Look for this year's application to come home from island school with your child. If you have an older child and want further information contact via email Stephanie at sealights99@aol.com
Or Gail Trefethen-Kelly at gtkot@hotmail.com

Peaks Island
**HEALTH
CENTER**

MAINE MEDICAL PARTNERS

Over 900 islanders receive high quality healthcare close to home!
Whether you are a visitor or a year-rounder, everyone is welcome.

87 Central Avenue, Peaks Island
Seeing patients Monday, Wednesday, and Friday 8:30 a.m –3:00 p.m.
Call (207) 766-2929 to schedule your appointment
peaksislandhealthcenter.org



JULY 4TH PEAKS ISLAND CLAMSHELL RELAY

SET-UP AND RAFFLE SALES: 9:00–10:00 A.M.

RACE TIME: 10:00 A.M.

COST: \$15 PER RELAY TEAM

LOCATION: THE ENTRANCE TO THE LION'S CLUB

This madcap relay has everything—strange and wonderful awards, tasty treats, and amazing raffle prizes.

The race starts at the entrance to the Lion's Club. BOOM! (That's the starting cannon.) One relay partner runs to the 5th Maine, picks up a clamshell and heads back to the starting line. The clamshell is given to the relay partner. (We call this the "hand off.") The second runner ambles down Island Avenue... past Hannigan's, past Brad's bike shop, down to Centennial Beach and returns to the starting line, which is now... the finish line. WHEW.

HAVE FUN AND HELP US RAISE MONEY TO TRAIN THE NEXT GENERATION OF ISLAND HEALTHCARE PROVIDERS!
All proceeds from the relay fund annual scholarships awarded to islanders studying for healthcare careers.



Peaks Island Land Preserve
FOREVER WILD

Peaks Island Land Preserve is committed to the acquisition, preservation, and stewardship in perpetuity of Peaks Island lands for the use and enjoyment of islanders and visitors.

As Summer Season is here and folks gather for picnics please keep in mind that access along the Backshore is for all and we ask that people do not reserve a space for use later in a day or limit access for all in any way. For outdoor fire information please contact the Portland Fire Department.

Yard Waste -- Compost waste yard materials at the Transfer Station, open Tu, Wed, Fri & Sat 7:30-11:50 and 12:40-2:45. Please do not dump brush, cuttings, or other yard waste on the shoreline or inland parcels, invasive plants such as bittersweet, knotweed & swallowwort can be easily spread. Thanks!

Help support PILP by becoming a member or renewing your membership, \$20 individual and \$30 family/household, see our website for more information. www.peaksislandlandpreserve.org



The Fifth Maine Museum

www.fifthmainemuseum.org, 207-766-3330

We have developed our 2019 season calendar of events and it is a wonderful combination of history, music, food and fun!! Some save the dates include:

- June 13th – Opening reception for “*Jealous of the Stars*” photography exhibit
- June 21st – *Peaks Island in the 1970s: Building a Community* exhibit opens
- June 23rd -- First pancake breakfast of the season
- July 25th – Party like it’s 1979 – our 70’s porch party – dig out your jumpsuits!

It takes a village to keep an architectural gem like the Fifth Maine Museum open. Be part of our village!! Members enjoy free admission to the museum and reduced rates for event rentals. Individual memberships are \$15, family memberships are \$30. Sign up forms are available on our website: www.fifthmainemuseum.org under the “About the Fifth Maine” tab or you can call Susan Hanley 207.332.2443 for forms and more info.

Follow our Facebook page for ongoing updates about the Fifth Maine Museum. We’ve been posting great pictures and having some lively discussions about life on Peaks Island in the 1970’s --- fun to hear everyone’s memories. Our Facebook page title is **Fifth Maine Museum**.

Trefethen-Evergreen Improvement Association (TEIA) June News (teiaclub.org)

The selected events posted here will be open to the public and will take place at the association clubhouse.

Scarf Marbling with Hot Pigeon LLC—Wednesday, June 26, 10:00 a.m.-4:00 p.m.

Join Anne Brady and Jenne Nitishin from Hot Pigeon LLC to create your own one-of-a-kind silk scarf through the magic of “floating ink” on water. The magic of marbling is mesmerizing. It will keep participants engaged while watching others create their own beautiful scarf designs. Every scarf is one of a kind because it’s hand made by you! Two lengths will be available: 36” or 45”. If interested, please register by June 21 with Chris Harper-Fahey – chrisharperfahey@gmail.com or call 617-512-3121. Cost is \$65.00 which includes a light lunch.

Coming up in July: More in our series of art events and public lectures.

Schooner Fare returns July 20 for its 34th consecutive Peaks Island concert. Call Jeff at 766-0066 or visit teiaclub.org for ticket information.

TEIA membership makes available a full range of programs and events. To find out how to join and take advantage of our member programs, including sailing, tennis, youth programs, social activities and much more, check us out at teiaclub.org.

TEIA has been a part of Peaks Island, and dedicated to improving life on the island, for more than 100 years.

**GET FREE PASSES WITH YOUR
PORTLAND PUBLIC LIBRARY CARD!**

MUSEUM PASSES

PORTLAND MUSEUM of ART – pass admits 2 adults and up to 6 children. One pass is issued per day at each Library location.

MAINE STATE MUSEUM – pass admits 4 people. No limit on number of passes issued each day.

PORTLAND OBSERVATORY- pass admits 1 person to the Observatory and/or the Guided Walking Tours of Portland. The Observatory is open Memorial Day – Columbus Day. Children under 6 are free. Two passes are issued per day at each Library location.

SOUTHWORTH PLANETARIUM (at the University of Southern Maine) - pass admits 6 people. One pass is issued per day at each Library location.

TATE HOUSE MUSEUM – pass admits up to 4 people for a free tour. One pass is issued per day at each Library location.

PARK PASSES

MAINE STATE PARK PASS – pass admits occupants of up to a 17- passenger vehicle to day-use facilities of select Maine State Parks and Historic Sites. Pass can be borrowed for up to 1 week and only once during Memorial Day to Labor Day.

Seeking CERT Volunteers

Our Peaks Island Community Emergency Response Team (CERT) needs more volunteers to assist the Portland Fire Department in disasters. For more info, call Jay Desmond at 766-2088.

DEADLINE FOR NEXT MONTH'S STAR: Tuesday, June 25. Bring articles copy ready to the Library. If you have an event that you'd like on the front page, please submit that on a separate sheet of paper. When the Library is closed, you may put them in the book return in the hallway or slip them under the Library door.

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave; 207-766-5013; brackettmumc@gmail.com; www.brackettmumc.org

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, 10:30-noon ON HOLD.

Prayer Shawl Ministry Fridays, 10:30-noon in the Church Family Room.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

SPECIAL EVENTS IN JUNE:

FAREWELL, REV. ANGELA! - We will be hosting a potluck to bid a fond farewell to Rev. Angela and her husband, Dan, as they move to a new congregation in Wayne, Maine. The party is being held in the Brackett Church Fellowship hall on **Saturday, June 8, from 5:30-7pm.** All our Peaks Island neighbors and community are welcome to join in the festivities!

SUMMER FAIR IS COMING! - Calling all artists, authors, collectors and neighbors! We are gratefully accepting donations of gifts and gift certificates (think babysitting, petsitting, yard work, house cleaning, cooking, tours, music) as well as concert or game tickets, fine furniture, special books, artwork, etc. Please call **Linda Capone-Newton 409-3848** if you have something you'd like to donate. Thank you for supporting our ministries on the island and beyond! Save the date (**July 13-14!**)

St. Christopher's Catholic Church

Rector: Father Greg Dube at 773-7746

Sunday Mass is at 10 AM each week followed by refreshments in the Parish House. For information about services on the mainland, check www.portlandcatholic.org. For information concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

Free Medical Equipment

Make sure everyone knows medical equipment such as wheelchairs, walkers, and crutches are available on loan temporarily from the Peaks Island Health Center and St. Christopher's. Stored at St. Christopher's, it is provided on a first come, first served basis at no charge. Borrowers are only asked when they will return it and also relieve the program of any liability.

For more information, contact Kay Taylor at 766-2811 or islapicos@maine.rr.com; or Chris Hoppin at 766-2593 or choppin@aol.com.

JUNE 2019 ACTIVITIES AT THE PEAKS ISLAND COMMUNITY CENTER

City of Portland Parks, Recreation and Facilities

Portland Parks & Recreation Programs are for Peaks Island and Portland residents and are held in the Peaks Island Community Center unless noted. The Peaks Community Center is available for a variety of events including birthday parties, corporate functions, training and education programs, retirement parties and even small weddings, etc. If you would like to reserve the Community Center, please contact Diane at 207-766-2970.

Peaks Annual Senior Luncheon at the Inn on Peaks

June 14, 11:45-2:30 p.m.

Join us for our Annual Senior Luncheon at the Inn on Peaks where we will enjoy a wonderful buffet luncheon including delicious pastas, chicken marbella, salads and apple crisp whipped cream dessert. The 62+ Program folks will be joining us. To register contact Diane, deadline is June 1st. The luncheon is \$20.

Assistive Listening Devices - ADA

Listen Technologies Assistive Listening devices are now available to bring clear personalized audio to persons attending programs in the Peaks Island Community Center. The equipment will be available at various meetings and programs in the Community Center. Contact Diane Ricciotti for more info.

Low Impact Aerobics With Weights

Mon. & Thurs. 9:30-10:30 a.m.

This program does a wide range of exercises to build strength with hand-held weights that are always available. It is a fun-filled hour of aerobics. The routine will make you smile and laugh. All are welcome. FREE!

Weekly Thursday's Knit. Chat & Etc.

Thursdays 10:45-11:45 a.m.

Please join us for our weekly Knit & Chat, Paint & ETC. Group. Bring your favorite craft project, easel or writing project. Come join our group. FREE!

Strength Training For Women

Tues. & Friday 7:15-8:15 a.m.

Each session starts with a 10-minute stretch and aerobic warm-up and moves into the use of hand-held and ankle weights for a full range of exercises and stretches. Exercises are guided with attendees in chairs or standing. Fee: \$60.00 or \$5.00 drop in fee per class.

Adult Strength Training

Tues. & Fridays 8:30-9:30 a.m.

Come in and try our Adult Strength Training Class. Instructor Devon Kraft, CPT starts each session with an aerobic warm-up and moves into stretches and exercises. The class is guided with attendees standing or in chairs and the use of hand-held and/or ankle weights. Fee: \$60.00 or \$5.00 drop in fee per class.

June Saturday Night Movies

Free in the Community Room



5:30

7:30



1 No Movie	1 The Man Who Knew Infinity 108 min 2016 PG13
8 Up 96 min 2009 PG	9 Catch-22 122 min 2016 PG
15 Pinocchio 88 min 1940 G	15 25th Hour 135 min 2002 R
22 No Movie	22 Peaksfest Weekend Film - TBA
29 The Three Lives of Thomasina 97 min 1963 G	29 Eighth Grade 93 min 2018 R

This film series is sponsored by Friends of the Peaks Island Library. If you are interested in becoming a volunteer projectionist, stop by the Library for more information!

Pick up a flyer in the library to find out more information about these films!