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Peaks Island Star : July 2017, Vol. 37, Issue 7

Service Agencies of the Island

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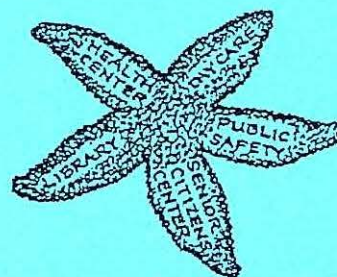
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

July 2017

Volume 37

Issue 7

Calendar of Events

July

- | | | |
|---------|--|--------------|
| 1 | St. Christopher's Annual Fair | 10am-2pm |
| | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 4 | Clam Shell Relay Race & Raffle, Benefits Health Center Scholarships, Greenwood Garden | 10 am |
| 5 | Cribbage Fun, All levels, All welcome. Brackett Church | 10:30-noon |
| | Summer Concert, George Lopez, PIMA, 5th Maine, \$5 suggested donation | 8 pm |
| 7 | "Color & Pages of Peaks" Art Show/Sale, Friends of PI Library & TEIA, at TEIA | 6-8 pm |
| 8 | Pancake Breakfast, "Color & Pages of Peaks" art show and sale continues at TEIA | 8-10:30 am |
| | Buttons & Origami Workshop, FREE, All materials provided, Library/Community Room | 10 am |
| | Family Film, 6 pm; No Feature Film at 8 pm, FREE, Community Room | 6 pm |
| 10 | Clean Energy Transition with ReVision Energy, PEAT, Community Room | 6:15-7:45 pm |
| 11 | Stories & Craft Program, children 5-8, Library/Community Room | 7 pm |
| | Lecture Series, "The View of Portland that we see from Peaks Island", Julie Larry, TEIA | 7-8 pm |
| 12 | Seniors Potluck Luncheon, Fay Garman House Community Room | 12 noon |
| | "A Glimpse Into North Korea", by Anne Sibley O'Brien, Friends of PI Library, Comm. Room | 7 pm |
| 15 | Brackett Church Annual Summer Fair, crafts, baked goods, silent auction, lunch | 10am-2pm |
| | Friends of Library Annual Book Sale & Membership Drive, Community Room | 8am-2:30 pm |
| | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |
| 16 | Ice Cream Social, Silent Auction continues, Brackett Church | 1-3 pm |
| 18 | TEIA Senior Community Luncheon at TEIA (rides call Mary Sora at 766-5772) | 12 noon-2pm |
| | Lecture Series, "World War II, stories of the Backshore", with Kim MacIsaac, TEIA | 7-8 pm |
| | Stories & Craft Program, children 5-8, Library/Community Room | 7 pm |
| | Middle School Book Club, welcome all 6th, 7th, & 8th Graders, Library/Community Room | 5:45 pm |
| 19 | Annual Island Musicians Concert, PIMA, Fifth Maine, \$5 suggested donation | 8 pm |
| 22 | Holy Trinity Episcopal Chapel Bake Sale, Community Room | 9-11 am |
| | Island House Tour, \$12 prepaid/\$15 at door, Lobster Roll Lunch, \$23, TEIA (766-5891) | 12-4 pm |
| | Schooner Fare Concert, tickets \$25/\$20, TEIA (603-289-9373) | 7 pm |
| 24 | Hand-Knits Sale, Portland Parks & Rec, Community Room | 11 am-2 pm |
| 25 | Peaks Island Land Preserve Annual Meeting, talk by Judy Richardson, 5th Maine | 6 pm |
| | Workshop by Henrik Drescher, bookmaker/artist/illustrator, limit 15-20, sign up at Library | 2-4 pm |
| | Stories & Craft Program, children 5-8, Library | 7 pm |
| | Lecture Series, "Exploring Bordeaux", Paul Hart, TEIA | 7 pm |
| 27 | Peaks Island writer Laima Vince, "This Is Not My Sky", Friends of PI Library, Comm. Room | 7 pm |
| 28 | 30th Annual Art Show & Sale, 8th Maine Porch | 5 pm |
| 28 - 30 | Play, "Vanya and Sonia and Masha and Spike" (8 Fri Sat; 4pm Sun) \$15/kids free, TEIA | 8 pm |
| 29 | Family Film, 6 pm; Feature Film, 8 pm, FREE, Community Room | 6, 8 pm |

August

- | | | |
|---|--|-------------|
| 1 | First Tuesday Book Discussion, "Destiny of the Republic" by Candice Miller, TEIA | 7 pm |
| 5 | TEIA Fair (Dinner-6 pm, tickets \$20/\$15, Stephanie Castle email sealights99@aol.com) | 10am-1:30pm |

July at Trefethen-Evergreen Improvement Association (TEIA)

(207) 766-2622 / <http://www.teiaclub.org> / infoteiaclub@gmail.com / 10 Trefethen Ave

TEIA Tuesday Lecture Series / 7-8 pm:

7/11 "The View of Portland that we see from Peaks Island: How is it Changing?" Julie Larry, Advocacy Director for Greater Portland Landmarks, will share stories about efforts to conserve the historic character of Portland as the city experiences a building boom.

7/18 "World War II, stories of the back shore with Kim MacIsaac. Kim grew up on Peaks Island hearing stories from her parents and others about life on the island during World War II.

7/ 25 "Exploring Bordeaux" with Paul Hart, CEO of Hart Davis Hart Wine Co. in Chicago. Paul will talk to us about the wines of Bordeaux and will even give us samples to taste. Come and learn.

July 7 & 8 / 6-8pm: TEIA "Color & Pages of Peaks" Art Show and Sale, Friends of PI Library & TEIA / TEIA Pancake Breakfast, 7/8 8-10:30am \$/\$, "Color & Pages of Peaks" continues.

July 18 12-2pm TEIA Senior Community Luncheon, TEIA Clubhouse, questions/rides Mary Sora at 766-5772.

July 18, Schooner Fare Concert at TEIA \$25/\$20, 7pm.

July 18, 29 & 30 TEIA Play, "Vanya and Sonia and Masha and Spike", directed by Liz Rollins. Shows on Friday and Saturday are at 8 pm; Sunday is at 4 pm. Tickets, \$15, children FREE.

TEIA House Tour and Lobster Salad Roll Luncheon July 22, 2017

We have been invited to tour five beautiful homes on Peaks Island. The tour will be from 12:00-4:00, July 22nd. Tour tickets are \$12 when purchased ahead of time, or \$15 (cash only) the day of the tour. Tickets can be purchased at Hannigan's Island Market Friday afternoon, July 14th and Saturday, July 15th. They can also be purchased at the TEIA clubhouse Friday afternoon, July 21st and Saturday, July 22nd at each house on the tour. Tickets are also available by contacting Monica Stevenson at monicas@maine.rr.com or 766-2010, or Jane Kaveney at jane.kaveney@gmail.com or 766-5891.

A delicious luncheon of grilled lobster salad roll, chips, pickle, homemade cookies and iced tea or lemonade will be served at the TEIA clubhouse from 11:30-1:00. Tickets are limited and are \$23. Reservations and pre-payment are required by July 18th. Please contact Stephanie Castle for tickets at sealights99@aol.com or 766-2254

TEIA Scholarship News

Every year the TEIA offers a \$1,000 scholarship to a graduating Peaks Island high school senior.

This year we are proud to announce that Jerzy Sylvester has received the scholarship. Jerzy will attend Bard College this fall.

We congratulate Jerzy and all the Peaks Island Graduates on their achievements and receiving their high school diplomas.

8th Maine Regiment Memorial Association, Inc. News
8thmaineregimentpeaksisland.com 207-749-1705

The 8th Maine Regiment Memorial Association enters its 126th year this summer. We continue to welcome guests and visitors from across the country. Please come by and visit.

The 8th Maine Regiment Memorial Association continues in its efforts to improve the physical appearance of the historic Lodge and Museum. All veranda porch rails have been replaced with new, clover paneled rail sections, which reflect the original design. The exterior clapboards on two sides of the building have been stained. Most of the rooms have been freshly painted and appointed. A new and attractive sign has been installed and a new garden has been made at the front entrance.

The Artists will be back, for the 30th consecutive year. Lynne Clarkin, Gayle Macklem, Wyn Foland, Priscilla Brown and Karyl Hayes will be here at the Lodge starting on Sunday, July 23. You might see them painting during the week on the backshore or at other island locations. They will present a show of their work on Friday, July 28, to be held on the building veranda porch beginning at 5 pm.

This year, the 8th Maine offered for the first time a \$500 scholarship contest for any island high school senior. Thanks to all who donated money to fund this contest. Arthur Thompson Johnson won with his entry about Civil War flag bearers and volunteerism. Congratulations Arthur! He will be attending Rochester (NY) Institute of Technology this fall.

History trivia. Did you know that William M. MacArthur, benefactor of the 8th Maine, and his brother, Arthur Jr, were the only Bowdoin graduates to fight on opposite sides of the Civil War? Find out more on our webpage.

Please check out our new website; 8thmaineregimentpeaksisland.com for more information about the Lodge and Museum. You may also call 207-749-1705 for more information.

Peaks Island Fund Annual Celebration

Join the community in celebrating life on Peaks Island and to award the annual grants from Peaks Island Fund. The celebration will be held at 6 p.m., Thursday, August 10 at the Fifth Maine. Everyone is invited.

DEADLINE FOR NEXT MONTH'S STAR: Tuesday, July 25, by 6 pm please. Bring articles copy-ready to the library. **If you would like your events listed in the July calendar, please list them on a separate piece of paper with Name of Event, Sponsoring Organization, Date, Time, and Cost if any.** You may put articles in the book return or slide them under the door when the library is closed.

Peaks Island Music Association 2017 Summer Concert Series

The PI Music Association 2017 Summer Concert series BEGINS the first Wednesday night of July, the 5th, and continues on alternating Wednesdays until August 16th at the Fifth Maine.

On July 5th we welcome back world-class pianist George Lopez on the Steinert grand piano. The Annual Island Musicians concert follows on July 19th (a fun and diversified fundraiser for the Barbara Goelman Music Scholarship Fund). Then, August 2nd will bring the brilliant and highly sought after soprano voice of Opera Roanoke's Amy Cofield. Ms. Cofield has performed to critical acclaim across the US and around the world. The final concert on August 16th brings the 25-voice community chorus, the Peaks Island Chorale, to wrap up the season with a program of diverse musical styles called:
Oh, Freedom!

All concerts are 8:00 pm with a suggested donation of \$5 per person. For more information, contact Faith York at 766-5763 or FYonPI@aol.com, or like our FaceBook page to stay in touch!

PEAKS ISLAND LAND PRESERVE ANNUAL MEMBER MEETING

~Tuesday, July 25, 6:00pm at the Fifth Maine~

Please join us for refreshments at 6:00 pm and a talk by Judy Richardson on the very interesting historical use and ownership of Peaks Island land at 7:00 pm, followed by yearly membership business and update.

New, old, and renewing members are invited and encouraged to attend!

Memberships dues are \$20 for an Individual and \$30 for a Family.

To learn more about PILP and how to become a member, please visit our website at:
<http://www.peaksislandlandpreserve.org/>

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854

www.picw.org



PICW WILL BE CLOSED ON JULY 4TH IN OBSERVANCE OF INDEPENDENCE DAY

Thank you to everyone that came out and supported our bake sale during PeaksFest.

Our annual Summer Soiree is August 13th; 6pm to 8pm at TEIA. Come celebrate summer with decadent desserts, cocktails, music, and activities, all overlooking a beautiful view of Casco Bay.

Silent auction will include beautiful baskets, amazing adventures, once-in-a-lifetime experiences, and more!

Tickets are \$25 each and there will be a donation bar. This is an adult only event.

For tickets email/text/call Samantha Duckworth at 207-318-2789 or samanthaduckworth@gmail.com.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Judy Nelson at kirshajak@maine.rr.com

July at the Peaks Island Branch Library

in the Community Building 766-5540 email: peaks@portlandpubliclibrary.org

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

The library is bustling with activity this summer. We hope ALL AGES will participate in the various Summer Reading Programs and in the programs offered by the library and the Friends group.

There are separate **Summer Reading Programs for Children, Teens, and Adults**: The children are invited to “Pedal Through the Pages” and teens to “Move Your Mind” for 8 weeks, June 18-August 12. Come into the library to sign up and get a voucher for a Sea Dogs game. Adults are called to take the Summer Reading Challenge. You can sign up online at the library’s website (portlandlibrary.com) and for those so inclined you can participate in a Facebook Summer Reading Group. You may also sign up at the library.

Saturday, July 8, at 10 am, **ALL AGES** are invited to a free **Buttons & Origami Workshop** at the library, in the community room. All materials will be provided.

There will be a **Stories and Craft Program** on Tuesday nights, July 11 – August 8, at 7pm in the community room. This program is geared toward 5-8 year-olds and encourages children to think of themselves as readers. All islanders and visitors are welcome. Parents or caregivers should accompany children.

Middle School Book Club will meet Tuesday, July 18 at 5:45 in the Community Room. We hope all recent 5th grade graduates will join us. If you are visiting Peaks Island during the summer and will be in 6, 7, or 8 grade in the fall please join us. We always like to hear what our friends from away are reading and you might leave with a new title or two. We have great conversations around books and food to share. Summer Reading sign up is going on, stop in the library and get a fun game board, this year's theme for middle school, Move Your Mind.

First Tuesdays Book Discussion: Next meeting will be August 1, 7pm at TEIA to discuss *Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President* by Candice Millard. ALL welcome.

Friends of the Peaks Island Branch Library Programs

On **Wednesday, July 12**, Peaks Island author Anne Sibley O’Brien will give “**A Glimpse Into North Korea**,” when she reads a selection from her newly released book for young readers, *In the Shadow of the Sun*, a political escape thriller for ages 10 and up, set in North Korea, and tells about her research for the novel. There will be Q&A, book signing, and refreshments at 7pm in the Community Room.

The Friends’ annual **Book Sale** will be **Saturday, July 15**, 8am to 2:30pm. Drop off your book donations on Friday, the 14th, and come back Saturday to replenish your supply of summer reads. You may even find gifts for friends. Signup sheets for helpers for both days are in the library. Jenn Weiser and Katelyn Virmalo, co-chairs for the sale, will welcome your help.

Bookmaker/artist/illustrator Henrik Drescher will conduct a hands-on workshop for teens/adults on Tuesday, July 25, 2-4pm in the Community Room. Attendance limited to 15-20. Sign up at the library.

Peaks Island writer **Laima Vince** will speak on **Thursday, July 27**, at 7pm in the Community Room. Vince will read a chapter from her new novel, *THIS IS NOT MY SKY*, which opens in post-World War II in the Lithuanian countryside, where school teachers, students, and farmers have formed a resistance against the Soviet Union. The novel spans twentieth century history from a woman's perspective. Vince teaches creative writing at USM.

Peaks Island Health Center
87 Central Ave. P.O. Box 52
www.peaksislandhealthcenter.org

Hours: Monday, Wednesday and Friday
8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.
Please call either **766-2929** or **874-2466** for an appointment.

Clamshell Relay Race and Raffle!

The 24th Clamshell Relay Race takes off July 4 at 10:00 AM at the entrance to the Lion's Club. Registration begins at 9:00. This is the first year that all proceeds from the race and the four-day raffle will benefit the new Peaks Island Health Center Scholarship. Our goal is to provide two Peaks Islanders with \$1,000 towards their education in a health-related field. This year we are pleased to give the award to two outstanding young women: Namdol Kalsang and Kelli Schuit. Congratulations to them both!

Interested in running the relay? This race has everything: Strange and wonderful awards, amazing raffle prizes, and an appreciative crowd which claps as loud for the last one over the line as the first. Here's how it works: The race starts at the entrance to the Lion's Club. Boom! (That's the starting cannon.) One relay partner runs to the Fifth Maine Regiment Museum, picks up a clamshell and heads back to the starting line. The first runner hands off the clamshell to their relay partner. The second runner sleep walks or runs down Island Avenue -- past Hannigan's Island Market, past Brad and Wyatt's bike shop, down to Centennial Beach -- dips the clamshell in the water, and returns to the starting line, which is now the finish line. Whew!

Be part of an island tradition -- participate in this zany relay and support the Peaks Island Health Center Scholarship. Raffle tickets will be sold in front of Hannigan's for three days before the race and also at Greenwood Garden the morning of the race.

Village People

Thank you to all who attended the June 22 program on Aging in Place. Drawing on the popular concept of creating a "village" to provide the support necessary to allow seniors to safely live out their years in their own home. The talk was a first step toward establishing such a network on Peaks.

SENIOR NEWS

Let's celebrate summer! The Senior Luncheon will be held on Monday, July 12th. Please invite your senior friends and neighbors to come at noon. Bring a dish to share and join in the fun!

Chair Yoga is offered at the Fay Garman House every Tuesday starting at 4 pm for about an hour. Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

NEWS FROM THE TAXI



Our capital campaign is off to a rigorous start, but there is a lot more to do. We need to raise \$3500 to meet the challenge grant of \$5000.

Additionally, "The Taxi" needs to raise \$10,000 more in private and corporate donations to purchase a more "Peaks Island Road Worthy" vehicle. So please donate at www.peakstaxi.org by clicking on the donate button or mail a check to:

Island Transportation System

PO Box 14

Peaks Island, Maine 04108

Remember that your donation will be matched if we meet the challenge grant of \$5000.

PEAT NEWS

Facts for the Future: Clean Energy Transition with ReVision Energy

Monday July 10th at 6:15-7:45pm in the Community Room

Have you ever wondered how you can transition into a clean energy future?

Join ReVision Energy for a presentation on energy efficiency. Come learn about the latest technology for solar electricity, efficient air source heat pumps, hot water systems, electric vehicle charging stations and more. The discussion will include current solar options and technology, including the Peaks Island community solar farms, Maine-Made inverters and storage options. Find out what makes your home a good site for solar power, how much these systems cost, and what you can expect for a return on investment.

This event is free and open to the public but kindly RSVP, as space is limited, with Brittany bangelo@revisionenergy.com or call Revision at 207-221-6342.

PEAT Tip of the Month: The Very Hungry Caterpillar on Peaks Island or Why are we concerned about Winter Months now?

This is the time of year that the Winter Moths do the most damage in their life cycles. The eggs have hatched and the tiny caterpillars have nestled in the buds of new leaves in our shrubs and trees. They have been feeding on the tender buds so when the bud opens you may see leaves already eaten in a lace design. Other newly hatched caterpillars will carry on the wind with silken threads to the new leaves and enjoy tender munching. They will be moving on to their next stage of their life cycle by the end of June.

A couple of years ago, there was a release of predatory flies at the city dock next to the CBL dock. Not a short term fix, but in the long term there have been good results. For more on that and how you can help diminish the infestation of Winter Moths go to:

http://www.maine.gov/.../forest_health/insects/winter_moth.htm

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave; 207-766-5013; brackettmumc@gmail.com; www.brackettmumc.org

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, **10:30-noon** in our Church Family Room.

Prayer Shawl Ministry Fridays, **10:30-noon** in our Church Family Room.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

SPECIAL EVENTS IN JULY:

Cribbage Fun – Join us on the first **Wednesday** of every month, (**July 5**) from **10:30-noon** at the Brackett Church for some cribbage fun. If you'd like a refresher or want to learn to play, we have folks who are willing to teach. Beginners and experts are all welcome for a morning of friendly games.

Summer Fair – **Saturday, July 15, 10am-2pm**. Island crafters, baked goods, treasures, jewelry, lunch, beverages, our famous **SILENT AUCTION**, a boutique of lovely fashions, and outdoor games for kids! **NEW THIS YEAR: Sunday, July 16, 1-3pm** we will be extending our Silent Auction and invite everyone to join us for an **ICE CREAM SOCIAL!**

Job Opportunity – We are seeking a “Sunday Nurturer” for our “indoor prayground” – an adult, 21 years of age or older who will engage and nurture the children whose parent(s)/caregivers are attending the church service. The position requires a background in early childhood education or equivalent experience and pays \$30 for an hour and one half on Sunday morning. If you are interested in knowing more about the position, please contact Rev. Angela Rotherham (see contact information above).

HOLY TRINITY EPISCOPAL CHAPEL

Holy Trinity Episcopal Summer Chapel will begin holding summer services on **Sunday, July 2, at St. Christopher’s Roman Catholic Church at 8:30 AM.**

The priests for July will be as follows:

July 2 Rev. Joy Mills from Paoli, PA and Peaks Island

July 9 Rev. Suzanne Roberts from Falmouth, ME

July 16 to 30 Rev. Robert Hooper III, from West Hartford, CT

Our annual sale will be held on **Saturday, July 22, 9 to 11 AM** at the

MacVane Community Room (P.I. Library}. We will have delicious baked goods, jams, jellies, sweets and savories etc. Raffle baskets will be on sale the week before in front of Hannigan’s. The raffle drawing for the winners will be held right after the bake sale.

This sale is our only fund raiser and helps us to support our island charities

For more information call Sarah Alechnowicz – (207) 712-4378

or Mary Haeger – 766-3376

All are welcome. Please join us for worship and fellowship.

St. Christopher's Catholic Church

Rector: Father Greg Dube at 773-7746

Annual Parish Fair Please join us Saturday, July 1st from 10 AM to 2 PM for lots of fun ! Bake Sale, Children's Games, Silent Auction, Raffles, Rummage, Barbecue and Lobster Rolls !

Sunday Mass is at 10 AM each week followed by fellowship in the Parish House. All are welcome. Details for other Masses in Portland are at <http://www.portlandcatholic.org/>

For questions concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Thursday in the Parish House on Central Avenue.

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HOMESTART

Homestart will hold a community meeting on Tuesday, July 20 from 6:30 to 8 pm at the Community Room to review four possible zoning changes in support of more affordable year round housing on Peaks. This follows up the community meeting held on February 28, seeking community input and reaction to 5 general areas of possible zoning changes as outlined by Mark Eyerman of Planning Decisions.

After that meeting, a 10 person Zoning Advisory Committee (ZAC) has been meeting this spring to carefully consider each area and draft specific zoning proposals, incorporating feedback from the February meeting. These drafts will be presented at the July 20 meeting, again seeking community discussion and input. We will take suggestions from the meeting to finalize the amendments. Our hope is to then take them to the City staff and Planning Board in the fall.

The four areas under consideration are accessory dwelling units, reconfiguration of large existing homes to create multiple units, adjustments to building requirements for lots of record, and reduction of parking requirements, all in line with affordable guidelines. The specific drafts will be on our website, peakshomestart.org as of July 1; copies will also be available at the July 20 meeting.

Please come and join in the process.

JULY ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Parks, Recreation and Facilities

To reserve space and/or equipment in the com. bldg., you must contact Denise (DLM@portlandmaine.gov or 766-2970) at least two days in advance. Please plan ahead as Denise works part-time on the island (Mon/Thurs/Fri). If you leave a message and don't get a call back, please call again as sometimes messages get lost. Check Denise's calendar on her door for her July schedule.

WALKING MONDAYS: LEISURELY and FUN

Monday, July 3, 10, 17, 24 and 31 8:30 – 9:15am
See beautiful island gardens & views while learning a bit about Peaks. All leisurely walkers welcome. Meet at com. building

LAUGHTER YOGA CLUB (com. room)

Monday, July 3 AND August 7 10:45 – 11:30 am
Learn to laugh at nothing at all and get all the health benefits that laughter offers. The Yoga part is short and deep breaths (no Yoga positions). All are welcome – no experience needed.

THURSDAYS KNIT/CROCHET/CHAT and SALE

Thursdays, July 6, 13, 20 and 27 10:45-11:45 am, com. rm.
We continue to make hats, scarves and dishcloths for charity. Stop by any Thursday to see the beautiful variety of items.

THURSDAYS at the GARDEN – BYO PICNIC

Thursdays, July 6, 13, 20 and 27 (approx. 12:15 – 1:15pm)
BYO picnic lunch & enjoy the beauty of the community garden at Trott-Littlejohn Park. Share your garden tips. All welcome!

“MYSTERY” TEA #1

Friday, July 14 10:00 am – Meet at community building
Enjoy an old-fashion summer outing at a “mystery” island location. Dress in your summer finest: summer dress or suit, “fancy” hat and even old-fashion gloves. Socialize and relax with friends, both new and old. Pre-registration required by July 10. Sign-up sheet on Denise's bulletin board.

MOVIE: YANKEE DOODLE DANDY

Monday, July 17 11:00 am – 1:15 pm Com. room
Celebrate the life of composer/singer/dancer George M. Cohan as well as America's birthday. Starring James Cagney, this musical will make you want to sing! All welcome. BYO lunch

SPECIAL SALE: HAND-KNIT ITEMS by PI Knitters

Monday, July 24 11:00am - 2:00 pm, in community rm
Avoid the rush and start buying your holiday gifts now! Stop by the community room to see a display of hand-knit scarves and hats in a variety of colors and styles (\$7 each) and colorful dishcloths (\$2 each). Items not sold will be donated to a variety of charities. Proceeds from items sold buy much needed gloves, socks, toiletries to donate, also to replenish yarn

“MYSTERY” TEA #2

Monday, July 31 1:00 pm – Meet at community building
Spend an hour socializing with others at an island “mystery” location. Pre-registration required by July 27. Sign-up sheet on Denise's bulletin board (on door as you enter com. building)

MONDAYS and THURSDAYS – Open to all adults

Low-Impact Aerobics w/ Weights
9:30 to 10:30 am (com. rm.)

Saturday Night Movies in July

Free in the Community Room – Sponsored by the Friends of the Peaks Island Library
Children should be accompanied by an adult

July	6 PM	July	8 PM
1	<i>Max</i> (2015) PG, 1hr, 51 min.	1	<i>Manchester by the Sea</i> (2017) PG-13, 137 min
8	<i>Star Wars, Episode VII, The Force Awakens</i> (2016) PG-13, 2 hrs, 16 min	8	No Movie at 8 pm this week
15	<i>Phantom Boy</i> (2016) PG, 85 min.	15	<i>Café Society</i> (2016) PG-13, 96 min.
22	No Movies this week	22	No Movies this week
29	<i>Moana</i> (2017) PG, 1 hr., 47 min.	29	<i>Blade Runner: The Final Cut</i> (2007) PG-13, 117 min