

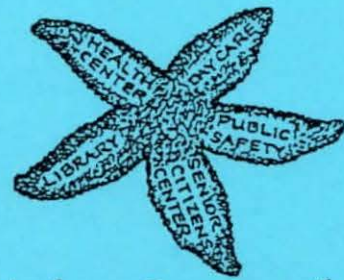
7-2019

Peaks Island Star : July 2019, Vol. 38, Issue 7

Service Agencies of the Island

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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

July 2019

Volume 38

Issue 7

Calendar of Events

<u>July</u>		
2	Stories & Craft by Mrs. Crowley-Rockwell, children 5-8, Library Community Room	6:45-7:45pm
3	Illustration Institute & Friends of PI Library present Katie Yamasaki, Library Community Room	6:30-7:30pm
	Scottish Tales by Bill Hinderer, 5th Maine, sugg. donation \$5	7 pm
4	Clamshell Relay Race & Raffle, Health Ctr. Scholarships, Greenwood Garden, \$15/team 2	9 am
6	St. Christopher's Annual Fair	10am-2pm
7	Welcome Rev. Will, Brackett Church, worship, fellowship, & reception (light lunch)	10am - noon
8	Senior's Potluck Luncheon, Fay Garman House Community Room	12 noon
	Show and Tell, Greenwood Gardens, Peaks Island Historical Society	7 pm
9	Lectures Series "Medical Imaging & What You Should Know", Dr. Fahey, TEIA Clubhouse	7 pm
	Stories & Craft by Mrs. Crowley-Rockwell, children 5-8, Library Community Room	6:45-7:45pm
10	Cooking for Children with Genevieve Johnson, Peaks Island Library, (adv. sign up)	10:30-11:30am
11	Peaks Island Land Preserve, Annual Membership Meeting, 5th Maine, Free to members	6-8 pm
12	"Color & Pages of Peaks" Art Show/Sale, Friends of TEIA, at TEIA Clubhouse	6-8 pm
13	"Color & Pages of Peaks" Art Show/Sale, Friends of TEIA, at TEIA Clubhouse	8 am-noon
	TEIA Pancake Breakfast, TEIA Clubhouse \$8 Adults, \$5 Children	8-10 am
	Brackett Church Annual Summer Fair	10am-2pm
14	Brackett Church Summer Fair Ice Cream Social & Close-out Silent Auction	1-3 pm
	Sunset on the Porch, Peaks Island Childrens Workshop, 5th Maine, \$10 adv, \$15 door	6-8:30 pm
16	Middle School Book Club, ALL middle schoolers, Library Community Room	5:30-6:30pm
	Lecture Series "It Wasn't in the Job Description", Bill Hall, TEIA Clubhouse	7 pm
	Stories & Craft by Mrs. Crowley-Rockwell, children 5-8, Library Community Room	6:45-7:45pm
17	The Rise of Island Tourism, talk by Keven Richardson, 5th Maine, Free	7 pm
	Friends of Peaks Island Library Annual Meeting, speaker Kennrth Gloss, Community Room	6:30 pm
20	Friends of Peaks Island Library Annual Book Sale, Library Community Room	8 am-3 pm
	PI TEA Raffle Sales (gas grill), in front of Hannagan's Market (drawing same day)	9am-3pm
	Schooner Fare Concert at TEIA	7 pm
23	Lecture Series "Making Ideas Come Alive: The Art of Illustration", Scott Nash, TEIA Clubhouse	7 pm
	Stories & Craft by Mrs. Crowley-Rockwell, children 5-8, Library Community Room	6:45-7:45pm
24	Fish Printing for Children, Peaks Island Library	10:30-11:30am
25	Party on the Porch, 5th Maine, 766-3330	7-9:30 pm
28	Pancake Breakfast, 5th Maine, \$10 Adult, \$6 Children	8-11 am
26 & 27	Peaks Island Players at TEIA "Summer Showcase 2019"	8 pm
27	Holy Trinity Episcopal Chapel Bake Sale, Community Room	9-11 am
28	Peaks Island Players at TEIA "Summer Showcase 2019"	4 pm
30	Stories & Craft by Mrs. Crowley-Rockwell, children 5-8, Library Community Room	6:45-7:45pm
31	Portraits: Early Peaks Islanders (1840-1900), talk by Judy Richardson, 5th Maine, Free	7 pm
<u>August</u>		
5 & 6	Lions Club Variety Show, Greenwood Gardens, \$5 Adult, \$2 Children	7 pm

St. Christopher Catholic Church

Rector: Father Greg Dube at 773-7746

Annual Parish Fair - Our Annual Parish Fair is on Saturday, July 6th from 10 AM to 2 PM. It includes a wide range of activities including Kids' Games, Barbecues and Lobster Rolls, Cake Walk, Rummage and Garden Sales plus Raffles with a special quilt. Lots of fun for everyone!

Sunday Mass is at 10 AM each week. For information about services on the mainland, check www.portlandcatholic.org. For information concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

Rosary: The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

AA meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

Share Scripture with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

Free Medical Equipment Available

Medical equipment such as wheelchairs, walkers, and crutches is available on loan temporarily from the Peaks Island Health Center and St. Christopher's. Stored at the Church's shed, it is provided on a first come, first served basis at no charge. Borrowers are only asked when they will return it and also relieve the program of any liability.

For more information, contact Kay Taylor at 766-2811 or islapicos@maine.rr.com; or Chris Hoppin at 766-2593 or choppin@aol.com.

CERT Volunteers Needed

Our Peaks Island Community Emergency Response Team (CERT) needs more volunteers to assist the Portland Fire Department in disasters. For more info, call Jay Desmond at 766-2088.

American Legion Post 142 News

Effective July 1st, the Peaks American Legion Post 142 is smoke free to conform to its new liquor license to serve the public.

On Sundays from 4 to 6 PM, join other island musicians for song sharing, jamming, song swaps, etc. All island musicians and visitors are welcome to join in. This is mostly acoustic, so don't bring amps or drum sets, just a love of music and fun!

HOLY TRINITY EPISCOPAL CHAPEL

Holy Trinity Episcopal Summer Chapel will begin holding summer services on Sunday, July 7, at St. Christopher's Roman Catholic Church at 8:30 AM.

The priests for July will be as follows:

July 7 Rev. Joy Mills from Peaks Island

July 14 Rev. Suzanne Roberts from Falmouth, ME

July 21 to 28 Rev. Robert Hooper III, from West Hartford, CT

Our annual sale will be held on Saturday, July 27, 9 to 11 AM at the

Community Room . We will have delicious baked goods, jams, jellies, sweets and savories etc. Raffle baskets will be on sale the week before in front of Hannigan's. The raffle drawing for the winners will be held right after the bake sale.

This sale is our only fund raiser and helps us to support our island charities

For more information call Sarah Alechnowicz – (207) 712-4378

or Mary Haeger – 766-3376

All are welcome. Please join us for worship and fellowship.

Brackett Memorial United Methodist Church

We are a Welcoming, Inclusive, Reconciling and Non-Conforming Congregation

9 Church Ave; 207-766-5013; brackettmumc@gmail.com; www.brackettmumc.org

Rev. Will Green, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, 10:30-noon ON HOLD.

Prayer Shawl Ministry Fridays, 10:30-noon in the Church Family Room.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

SPECIAL EVENTS IN JULY:

WELCOME, REV. WILL! - Brackett Memorial United Methodist Church wants to invite the Peaks Island community to join us for worship and fellowship on **July 7th**. We will be welcoming our new pastor, Will Green and his partner, Tyler Schwaller. The church service begins at **10:00 am** and a light luncheon and reception will follow. We are excited for you to meet Pastor Will and introduce him to our great community. The reception will be from **11:00-noon**.

SUMMER FAIR! - **July 13, 10am-2pm and July 14, 1pm-3pm.** Our summer fair Saturday once again includes our fabulous silent auction, handmade items by Peaks Island artisans, lots of treasures at Grandma's Attic, jewelry, Chic Boutique, outdoor games, a bouncy house for kids and lunch (lobster rolls, hotdogs, hamburgers and delicious baked goods and candies). On Sunday, there will be an ice cream social with the silent auction which will end at 3pm. Bring your friends and family and have some fun!

NEWS FROM PEAKS ISLAND ELEMENTARY SCHOOL

The last month of the school year was full of outdoor learning adventures, when we seized the sunniest days possible in between some otherwise soggy ones. Under clear blue skies, our first through fourth grade students did some field work with Captain Bridge on his boat The Sound. Taking small groups of intrepid seafarers aboard and around House Island, traps were hauled, lobsters were measured (alas, all tossed back), lobster genders identified and trash was removed. The day even included brave heroics - Lea Rosenberg's shoe was rescued when it floated far out with the tide!

Our PreK and kindergarten students explored tide pools using their trusty magnifying glasses as they lifted up seaweed and gently moved rocks to hunt for and identify elusive tide pool creatures during low tide at Hadlock Cove. One of their most plentiful finds were hermit crabs - surely seeking low rent waterfront vacancies!

All of us at Peaks Island Elementary School ended the school year feeling very grateful for the extraordinary community support that has been given to us throughout the year. I want to give a special thanks to our steadfast and loyal volunteers who donated their generous time each week in classrooms and beyond - Pete Anderson, Cheryl Higgins, Kathryn Moxhay, Chip Nelson, Kathy Newell and Rose Ann Walsh. We have so appreciated and valued their participation, and we welcome more island volunteers to join us for the 2019-2020 school year.

Enjoy a safe, healthy and happy summer here on Peaks!

Warm Regards,

Kelly Hasson, Teacher Leader



Taxi News

call (207) 518-0000 for service

50-50 Raffle: The "Taxi" Board of Directors is very grateful to the residents and visitors of Peaks Island for their generosity and support of the latest 50/50 raffle. Thanks to you, "The Taxi" raised \$889. One hundred dollars of this total was donated by the raffle winner and \$89 in direct donations. Again, thank you very much.

Taxi Flyer: We are still pursuing our campaign to inform summer visitors about the range of taxi services and encourage visitors to leave their vehicles in Portland. If you haven't seen a copy of our one-page **Taxi Flyer** describing our taxi and tour services, you can get copies to share with visitors by contacting Norm Proulx at [207-632-3194](tel:207-632-3194) or Nancy Arnold at [207-766-5179](tel:207-766-5179). The information will be particularly useful for AirBnB, VRBO, and unaffiliated short-term rental hosts; we encourage them to share these **Flyers** with their guests.



LIONS CLUB "69th ANNUAL VARIETY SHOW"

The 70th Annual "The Variety Show" will be held Monday August 5th and Tuesday August 6th beginning at 7 PM at the Greenwood Garden Playhouse. Cost is \$5 for adults and \$2 for children.

CALL FOR VARIETY SHOW PERFORMERS

Performers, singers, dancers, musicians, story tellers, lion tamers, magicians and crowd pleasers needed for the 70th Annual Lions' Club Variety Show. The show fills fast, acts are 1-5 minutes each. Performers should commit by July 15th. Tech rehearsal will be on Sunday August 4th. Tech and crew are also needed. Please contact Sharoan Cohen at sharoana@gmail.com 207.766.0025 or by cell 207.776.5066

Note: Details for applying for **Lions Club grants and scholarships** are posted monthly on the NextDoor Site & via the Eisenberg "PI List" emails. Alternatively you may contact the Club president Ed Ezzard at TheMaineJack@gmail.com or 207 756-4713 .

The Peaks Island Lions Club granted **\$17,000** to numerous community organizations in the fall of 2018. We also allocated **\$30,000** in scholarships for Peaks students attending higher education for the 2018 & early 2019 school year.

Eyeglasses: The Lions are still collecting used eyewear at the library, Cafe, Hannigan's, Health Center,, and St. Christopher's and Brackett churches. Over 350 pairs have already been collected. Great job for a small community!



Peaks Island Land Preserve
FOREVER WILD

Peaks Island Land Preserve is committed to the acquisition, preservation, and stewardship in perpetuity of Peaks Island lands for the use and enjoyment of islanders and visitors.

Our Annual Membership Meeting is Thursday July 11, 6-8pm at the Fifth Maine.

Please join us for refreshments on the porch, followed by the annual PILP business and activities update, and closing with a talk by Mike LaCombe -- "**Birding by Ear:** songs and calls of our most common birds, and where those songs may be heard and the birds seen". All new, old, and renewing members are invited and encouraged to attend!

As Summer Season is here and folks gather for picnics please keep in mind that access along the Backshore is for all and we ask that people do not reserve a space for use later in a day or limit access for all in any way. For outdoor fire information please contact the Portland Fire Department.

Help support PILP by becoming a member or renewing your membership, \$20 individual and \$30 family/household, see our website for more information. www.peaksislandlandpreserve.org

Trefethen-Evergreen Improvement Association (TEIA) July News (teiaclub.org)

These TEIA events take place at the TEIA clubhouse and are open to everyone.

Schooner Fare will make its 34th Appearance at TEIA on Saturday, July 20. Tickets are on sale now for the concert by the nationally celebrated folk duo. Information at teiaclub.org. Reserved table seats are \$25; general seating is \$20. Order tickets from Jeff at jeffamarks@comcast.net or 207-766-0066.

Color and Pages of Peaks Art Show Wine and Cheese Reception, Friday, July 12, 6-8 pm. The free show continues on Saturday, July 13, from 8 am-noon, with a **Pancake Breakfast** until 10:00 (Adults \$8, Children \$5). Proceeds support Kids Camperships provided by Friends of TEIA. Come and enjoy what has become a Peaks Island Tradition.

TEIA Lecture Series (Free Admission)

July 9, 7 pm, "Medical Imaging and What You Should Know about Radiation"

Frederic Fahey, Professor of Radiology at Harvard Medical School

Medical imaging provides your doctor with a wealth of very useful clinical information about what you look like inside and how your body is working. However, many of the approaches to medical imaging involve the use of radiation that may present a very small potential for health effects that could be harmful. Dr. Fahey will discuss the benefits and the possible risks of medical imaging and questions patients may want to ask their doctors when these tests are recommended.

July 16, 7 pm, "It Wasn't in the Job Description"

Bill Hall, Former Defense Attaché

What do you say when an armed US missile lands in a friendly country? How do you politely decline that full glass of vodka, offered by a Russian colonel, when you came just for a short visit to his embassy? Can you reach back to your training? The job description sometimes falls short. Bill Hall has stories to tell from his days as a defense attaché that illuminate the lesser known side of foreign relations, show that there is humor in surprising places, and still convey the serious work done by our military diplomats overseas.

July 23, 7 pm, "Making Ideas Come Alive: The Art of Illustration and Design"

Scott Nash, Artist and Illustrator

It is one thing to say, "I have an idea." and quite another to say, "I have a picture of an idea, a prototype of the vehicle and a map for getting there." Illustration and design provide focus, substance and breathe life into ideas. Whether it be a toy, a children's book, an app, or an arts organization with a residency on Peaks Island, Scott Nash uses drawing, sculpting, and tinkering as a way of making ideas come to fruition. Join Scott for a lively presentation in which he will talk about how these habits led him from Nickelodeon, PBS and Candlewick Press to the Illustration Institute.

July 26-28, Peaks Island Players at TEIA—"Summer Showcase 2019"

This theatrical event will be full of fun and surprises. It will feature Peaks Island actors and will be directed by Elizabeth Rollins. July 26 & 27 at 8 pm, July 28 at 4 pm. Tickets at the door. For more information, call Liz Rollins at 653-5325.

TEIA College Scholarship Outreach 2019

Calling all graduates! Again this year, TEIA is opening up the application process for scholarships to our Peaks Island resident, high school graduating class of 2019. Please contact Chris Vail at cvail2@maine.rr.com for more information and to apply for scholarship funds for your educational efforts in 2019/2020. Congratulations and best of luck to all our graduates in 2019 and beyond – Trefethen Evergreen Improvement Association.

Many other events, including exercise, tennis and sailing, kids' movies and karaoke, are open to members of TEIA. Membership information can be found at teiaclub.org.

July at the Peaks Island Branch Library

129 Island Avenue 766-5540 email: peaks@portlandpubliclibrary.org

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

Sign up is underway for our children's **Summer Reading Program!** This year's theme is **I ♥ Reading in Portland/Peaks Island: Camp Out!** The challenge for 5-12 year olds is to read or listen to at least 8 books in 8 weeks as well and complete 8 squares on an Adventure Map. We also have an early literacy activity log for children under 5. Studies also show that family participation in literacy activities greatly benefits children's learning. **Make it your aim to read together this summer.**

We are excited to have **Pat Crowley-Rockwell's Story Time and Craft** throughout July on **Tuesdays**, from **6:45-7:45** in the Community Room. This program is geared for 5-8 year olds. On **July 30**, she will host award winning author/illustrator **Barbara McClintock** for story time. Thank you to the **Illustration Institute** for this very special guest!

Summer Reading Events for children:

July 10 from 10:30-11:30, join chef & artist **Genevieve Johnson** to whip up a delicious strawberry treat with local ingredients. **Please sign-up in advance for this program due to limited space!**

July 24 from 10:30-11:30, we'll be using replicas of fish and other sea creatures to make fish prints. Use your creativity to make a unique piece of art!

Technology Tutoring will happen on **July 10**. Tutoring sessions are for all levels of computer users for 30 minutes of free computer assistance. **Advance registration is required.** Call or stop in the Library for more information or to register for a session.

The **Peaks Knitting Group** continues in the library on **July 9** from **6:30-7:30**. Bring your current project and join other knitters for conversation and inspiration! All are welcome, as are all skill levels.

Middle School Book Club will meet on **Tuesday, July 16** at **5:30** in the **Community Room**, across from the library.

SENIOR NEWS

Let's celebrate summer! The Senior Luncheon will be held on Monday, July 8th. Please invite your senior friends and neighbors to come at noon. Bring a dish to share and join in the fun!

Change to Chair Yoga

We are now offering **Chair Yoga** at the Fay Garman House every **Tuesday** and **Thursday** afternoons starting at 4 pm for about an hour. Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

Peaks Island
**HEALTH
CENTER**

MAINE MEDICAL PARTNERS

Over 900 islanders receive high quality healthcare close to home!
Whether you are a visitor or a year-rounder, everyone is welcome.

87 Central Avenue, Peaks Island
Seeing patients Monday, Wednesday, and Friday 8:30 a.m –3:00 p.m.
Call (207) 766-2929 to schedule your appointment
peaksislandhealthcenter.org



JULY 4TH PEAKS ISLAND CLAMSHELL RELAY

SIGN-UP AND RAFFLE SALES: 9:00–10:00 A.M.

RACE TIME: 10:00 A.M.

COST: \$15 PER RELAY TEAM

LOCATION: THE ENTRANCE TO THE LION'S CLUB

This madcap relay has everything—strange and wonderful awards, tasty treats, and amazing raffle prizes.

The race starts at the entrance to the Lion's Club. BOOM! (That's the starting cannon.) One relay partner runs to the 5th Maine, picks up a clamshell and heads back to the starting line. The clamshell is given to the relay partner. (We call this the "hand off.") The second runner ambles down Island Avenue... past Hannigan's, past Brad's bike shop, down to Centennial Beach and returns to the starting line, which is now... the finish line. WHEW.

HAVE FUN AND HELP US RAISE MONEY TO TRAIN THE NEXT GENERATION OF ISLAND HEALTHCARE PROVIDERS!
All proceeds from the relay fund annual scholarships awarded to islanders studying for healthcare careers.

UPCOMING PEAT EVENTS:

Monday, July 1st at 6:30: Monthly meeting at the Community Center. All are welcome.

Coming midmonth: Katrina Bussiere-Venhuizen will be coming out to the Community Center to speak about the simple reuse/recycling choices we make daily. Watch for announcements on Carol's list and Nextdoor for time and date.

Come and learn useful "Use this, not that" decisions that will save money, care for the environment, and help those around you.

- Learn what can and what cannot be recycled.
- Learn where your recycling and trash actually go after the transfer station.
- Watch a fascinating virtual tour of *ecoMaine's* recycling and trash-to-energy plants.
- Take home info to help you recycle at home like a pro! Take home some fun free stuff!

Bio: Katrina Bussiere-Venhuizen is the Senior Environmental Educator with *ecoMaine* who is responsible for educational and outreach programming. Her passion concerning waste diversion and contamination reduction goals inspires students and adults alike.

The Peaks Island Historical Society

The Society hosts a fun evening of *Show and Tell*. Many people have an item or two that means a great deal to them. Others have mystery items they know nothing about but would like to discover what they are. All are invited to bring no more than 2 items to Greenwood Garden on **Monday July 8** at 7 pm to share your personal treasures and the stories that surround them. Everyone is welcome to join in whether or not you have an item to share. Free admission but donations are gratefully accepted. Light refreshments will be available. For more information: peakshistory@gmail.com.



Friends of the Peaks Island Library News

On Wednesday, July 3 at 6:30 pm, join us for an evening with Brooklyn-based illustrator/muralist/children's book author **Katie Yamasaki** at the Community Room. This program is sponsored by the Friends and **Illustration Institute**. Katie uses both books and murals to tell stories. Mostly participatory projects, her murals are in schools and prisons, museums and hospitals around the world and work to provide a platform for dialogue and expression in communities whose stories are often under-told. In her books, Katie seeks to tell diverse stories that delve into the inner lives of children during moments great and small.

Katie will share a presentation of her work, including her processes for creating both books and murals answer questions and sign books.

On Wednesday, July 17 at 6:30 pm **Kenneth Gloss**, proprietor of the internationally known Brattle Book Shop will be the guest speaker at the **Friends' Annual Meeting** in the Community Room and will discuss the value of old and rare books. Ken is also a frequent guest appraiser on PBS' *Antiques Roadshow*, and will talk about and show some of his favorite finds and describe some of the joys of the "hunt," as well as explain what makes a book go up in value. He has many fascinating anecdotes to share as well as guidelines for what to look for when starting a collection. There is also a Q&A session before the conclusion of his talk. Following the talk and question-and-answer session, he will give free verbal appraisals of all books that attendees have brought with them or will do so at his shop in Boston. **Please join us! Refreshments will be served. You do not need to be a Friend to attend. All are welcome.**

Saturday, July 20 from 8am-3:00 pm is our **Annual Book Sale** in the Community Room! Books can be donated on Friday, July 19 between 10 –6 or call Katelyn at 317-6957 for pick up. We are also looking for volunteers to donate their time on Friday (10-6) or Saturday (8-4). You can sign-up at the Peak's Library desk.

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Summer has arrived and hopefully the sun will appear every day as well. PITEA will be working all summer assisting Islanders with their energy and property tax bills. A reminder that Energy Assistance will continue throughout July and August. All applications are on the bulletin board at the library.

PITEA will hold a raffle sale for a gas grill on Saturday July 20th from 9 - 3 p.m. in front of Hannigan's. The winning ticket will be drawn on the 20th as well. Watch for our notices on Carol's List and Next Door. We hope you will buy a ticket and take a chance to win this beautiful grill.

Our 4th Annual Clam Chowder and Lobster Roll Dinner is scheduled for August. We are watching Lobster prices closely and are waiting for a confirmation for our August date. We are looking forward to this wonderful dinner to serve corn or clam chowder, lobster or chicken roll, salads and yummy desserts.

Enjoy our summer days on Peaks. We hope to see you on July 20th to say hello and to thank you in person for your support of PITEA and our mission.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854
www.picw.org



PICW WILL BE CLOSED ON JULY 4TH IN OBSERVANCE OF INDEPENDENCE DAY

Thank you to everyone that came out and supported our bake sale during PeaksFest.

Our annual summer fundraiser, Sunset on the Porch, is July 14th, 6pm to 8:30pm, at the 5th Maine. Come spend some time with friends and family while enjoying a glass of wine or a light bite all in support of early childhood education. Silent auction will include beautiful baskets, amazing adventures, once-in-a-lifetime experiences, and more!

Tickets are \$10 in advance and \$15 at the door. **This is an adult only event.**

Also, back by popular demand, this event will also include a Whiskey Workshop hosted by our very own Chris Reed. Tickets are \$75, reservations required due to limited space, tasting starts at 6pm.

To purchase tickets or for any questions you can email/call Katie at 766-2854 or office@picw.org.

PICW is accepting applications for part/full time care on our WAIT-LIST. Contact Katie at office@picw.org for applications. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Jennifer Eckel, at jgeckell@gmail.com

DEADLINE FOR NEXT MONTH'S STAR: Thursday, July 25. Bring articles copy ready to the Library. **If you have an event that you'd like on the front page calendar, please submit the event name, date, time and venue on a separate sheet of paper. This is in addition to your article!** When the Library is closed, you may put them in the book return in the hallway or slip them under the Library door.



History. Legacy. Community.

The Fifth Maine Museum

www.fifthmainemuseum.org, 207-766-3330

This month's events include:

July 3rd – Scottish Tales by Bill Hinderer

July 17th – *The Rise of Island Tourism*, talk by Keven Richardson

July 25th – Party on the Porch

July 28th – Pancake Breakfast

July 31st – Portraits: Early Peaks Islanders (1840-1900), talk by Judy Richardson

Peaks Island in the 1970s: Building a Community

We're excited to announce that our new exhibit is open! Please be sure to stop by the museum for a visit. As always, members get in free. If you'd like to become a member, you can stop by the museum or download a membership form from our website.

Party like it's 1979!

We're throwing a porch party in celebration of our new 1970s exhibit. So blow out your hair, break out your suits – leisure, jump and otherwise – and get ready to boogie. There will be groovy music, a contest for the most righteous 1970s costume, nifty appetizers and a cash bar. If you didn't get to experience the 70s, now's your chance. If you did – show them how it's done! Be there or be square, dude!



Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30–5pm. Our mission is to provide food assistance to our island neighbors in need, supported by many different individuals and organizations from Peaks Island.

If you would like to donate items to the food pantry, our needs this month are: *canned chicken breast, canned ravioli, cooking oil, grape jelly, canned peaches or pears in juice, canned white potatoes, cream of mushroom soup, one pound bag of sugar, toilet paper, laundry detergent, and dishwashing soap.*

If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.

JULY 2019 ACTIVITIES AT THE PEAKS ISLAND COMMUNITY CENTER

City of Portland Parks, Recreation and Facilities

Portland Parks & Recreation Programs are for Peaks Island and Portland residents and are held in the Peaks Island Community Center unless noted. The Peaks Community Center is available for a variety of events including birthday parties, corporate functions, training and education programs, retirement parties and even small weddings, etc. If you would like to reserve the Community Center, please contact Diane at 207-766-2970.

Peaks & Play

Come join the fun as we provide art and crafts to kids of all ages. Peaks & Play is a drop-in/out program open to all and will be held at the Peaks Community Center or at the Parks & Rec Playground located next to the school (weather permitting). Children ages 7 & below are required to be accompanied by an adult. Youth 8 yrs+ do not need to be with an adult as it is a "drop-in/out" program.

July 2, 9, 16, 23 & 30 from 10:30am to 12:00 Noon

July 3, 17, & 31 from 2:00pm to 3:30pm

Low Impact Aerobics With Weights

Mon. & Thurs. 9:30-10:30 a.m.

This program does a wide range of exercises to build strength with hand-held weights that are always available. It is a fun-filled hour of aerobics. The routine will make you smile and laugh. All are welcome. FREE!

Adult Strength Training-No Summer Session

There will be no summer session of the Adult Strength Training Class that runs on Tuesdays & Fridays from 8:30-9:30 a.m. Instructor Devon Kraft will begin the next session on Sept. 26.

Assistive Listening Devices - ADA

Listen Technologies Assistive Listening devices are now available to bring clear personalized audio to persons attending programs in the Peaks Island Community Center. The equipment will be available at various meetings and programs in the Community Center. Contact Diane Ricciotti for more info.

Weekly Thursday's Knit, Chat & Etc.

Thursdays 10:45-11:45 a.m.

Join us for our weekly Knit & Chat, Paint & ETC. Group. Bring your favorite craft project, easel or writing project. Come join our group. FREE!

Strength Training For Women

Tues. & Friday 7:15-8:15 a.m.

Each session starts with a 10-minute stretch and aerobic warm-up and moves into the use of hand-held and ankle weights for a full range of exercises and stretches. Exercises are guided with attendees in chairs or standing. Fee: \$60.00 or \$5.00 drop in fee per class.

July Saturday Night Movies

Free in the Community Room

5:30

7:30

6 Blue Planet II 90 min 2018 (G)	6 Beasts of the Southern Wild 93 min 2012 (PG13)
13 The Parent Trap 129 min 1961 (G)	13 No Movie (long run time for 5:30 film)
20 No Movie	20 Portrait of a Lady 144 min 1996 (PG-13)
27 My Neighbor Totoro 86 min 1988 (G)	27 Paterson 119 min 2016 (R)

This film series is sponsored by Friends of the Peaks Island Library. If you are interested in becoming a volunteer projectionist, stop by the Library for more information!

Pick up a flyer in the library to find out more information about these films!