

7-7-1988

## Casco Bay Weekly : 7 July 1988

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DIM SUM ♦ VITAMINS ♦ BEACH 'BALL

# CASCO

W E E K L Y

FREE BAY FREE

Portland's  
news and  
arts weekly.

Thursday  
July 7, 1988

This garbage was left here at the Scarborough landfill last week. Someone paid \$16 to dump a ton of it.

This week you'll pay \$25 to dispose of the same stuff.

Most of the extra money will help pay for a new incinerator. But the incinerator is not burning anything yet.

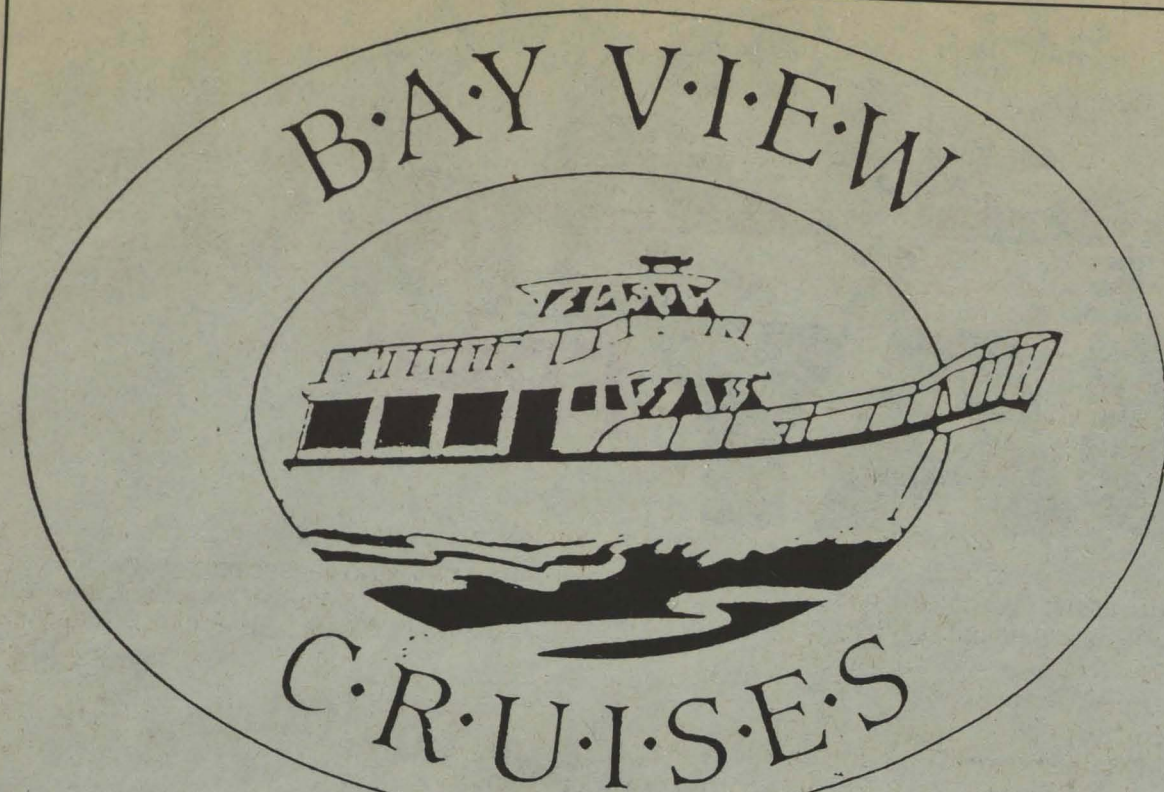
And this hole just keeps filling up.

See page 8.



JULY 7, 1988





Narrated  
Island & Harbor  
Cruises Aboard  
the "Lady Joan"  
Portland's **NEWEST**  
Excursion Boat

Wrap-Around Windows  
for Best Viewing

On-Board Snacks  
& Refreshments

Comfortable Upper Deck Seating

#### SCHEDULE

\$8 per person;  
\$7 children/senior citizens  
Group rates Available

10:00 — 11:30  
Casco Bay Cruise

12:10 — 12:50  
**Harbor Lunch Cruise**  
**ONLY \$3.00!**

Order hot or cold sandwiches  
from our snack bar,  
or bring your own lunch.  
Full beverage service.

1:15 — 2:45  
Island Cruise

3:15 — 4:45  
Harbor Cruise

7:00 — 9:00  
Sunset Cruise

Departures are  
from Fisherman's Wharf.  
Parking in several nearby lots  
and garages.

**\$1 OFF PER PERSON  
WITH THIS AD!**

**Fisherman's Wharf**  
**Commercial Street**  
**Portland, Maine**  
**(207) 883-5456**

#### CLAMBAKE

Our Popular  
Clambake On The Bay  
includes:

A Cup of Cap'n Rich's  
Homemade Fish Chowder

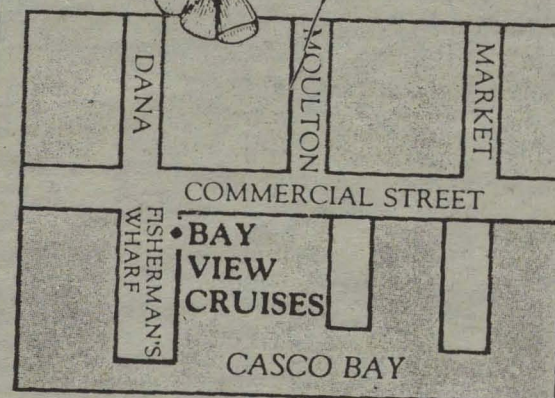
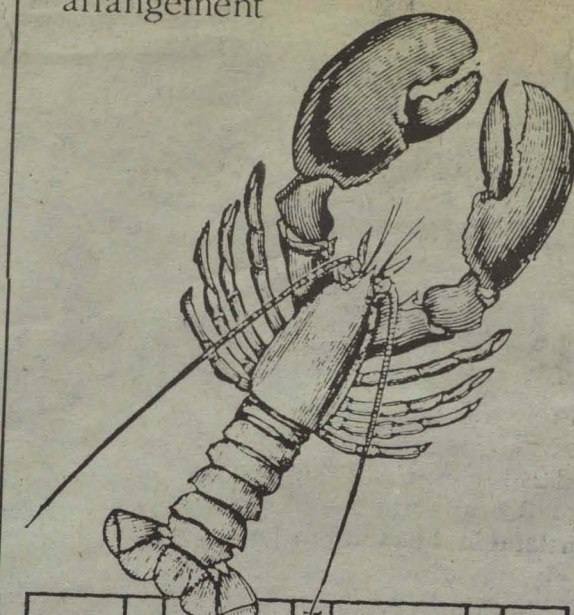
Hot Garlic Bread

Plate of Steamed  
Clams and Mussels  
served with broth  
and drawn butter

Boiled Lobster\*

Dessert

\*Chicken with baked potato  
may be substituted  
for lobster with prior  
arrangement



## UPDATES

### LEMMINGS RETREAT TO MASSACHUSETTS Turnpike to widen?

Even as 4,000 cars per hour poured into Vacationland last Saturday, members of the Maine Turnpike Authority board were contemplating whether to widen the state's dominant access route.

On July 14 they are scheduled to vote on a \$167 million proposal that recommends that the southern corridor of the Maine Turnpike, which extends from York to Scarborough, be widened from two to three lanes; bridges will be widened four lanes. Board members say that widening the highway will not only relieve congestion, but also allow more goods and services to flow into the state.

According to the study, 70 percent of the vehicles entering the turnpike at York are bound for Portland or further north.

A westerly connector has been proposed to allow Westbrook and Gorham residents easier access to the turnpike and to allow more east-to-west flow in the Greater Portland area. A report describing four alternatives for the location of this connector has been

issued by the Turnpike authority; public hearings will be held while the towns and cities involved decide whether to approve.

Last August, the board voted to delay making a decision on widening the highway until a second report could be completed. Board member Peter W. Danton opposed the wider road last August because he was concerned about the impact on Route 1, which runs parallel to the turnpike. He said, "I'm somewhat happier than last year when they tried to railroad this through." Danton wants to make sure that Route 1, which is a toll-free highway, remains accessible to Maine residents.

The July 14 meeting is open to the public. At least three board members must vote in favor of the proposal. Maine Department of Transportation Commissioner Dana F. Connors said, "I'm confident that it will receive a majority." If approved, construction would be completed by 1991. (B.Savadove)

### NO SUPER-SAVERS TO BEANTOWN Logan fees take off

An increased airplane landing fee at Logan International Airport in Boston has already driven one Maine airline out of the Bay State and has raised the ante to fly there for all Mainers.

"They're telling everyone to go to hell," said Dick Goodrich of Down East Flying Service. One Maine company, Business Express, has ended service from Augusta to Logan because it will no longer be profitable.

The new fees, which went into effect July 1, are intended to relieve congestion at Logan, according to Theresa McAlpine, deputy director of public affairs for Massport. The fee structure was upheld in U.S. District Court last week, despite objections from Maine charter airlines and the Aircraft Owners and Pilot Association (AOPA). "We've had just as many flights going," said Goodrich. "People are just paying the higher price and complaining."

Down East Flying Service transports organs and factory parts, among other cargo, to Logan for wider distribution.

"Many pilots have been protesting the fact that a city body is attempting to determine national aviation policy," said Ray Gibouleu, director of operations for Central Maine Aviation. "The problem is that this is going to set a precedent."

Gibouleu, who flew to Logan for many years for Eastern Express, said the problem lies with how the airport is run. He said that the flow could be improved by taking advantage of the higher maneuverability of the smaller planes and relaxing the strict rules. "They stick us behind a 747. We don't need that much room," he said. Before the rate change, Central Maine Aviation paid \$40 to land; now they pay \$160.

(B.Savadove)

### OUTLAW EQUESTRIAN ESCAPES Horsing around

An Appaloosa quarter horse dragging a 75-pound anchor took on a Dodge Diplomat on Route 1 in Rockport last Friday — and won.

Thumper — whose name rhymes with his mother's: "Bumper" — was hit by a sedan that was transporting a prisoner and two guards from Rockport to the Maine State Prison.

The car, made by the same company that brought you the Dodge Colt, sustained extensive damage, according to police. The horse struck the front of the car, hit the windshield, went over the top of the car, and came to rest on the trunk.

Perhaps fearing arrest and eventual imprisonment, Thumper then ran away.

The accident occurred across the street from the Penobscot Bay Medical Center. The prisoner and one of the guards were treated and released. Thumper was given some stitches by the vet.

The horse, which was tied to the anchor to keep it home, will not be visiting the glue factory anytime soon. "I think he's going to be all right," said owner Margaret Ashmore. The average Appaloosa weighs 1,100 pounds. A Dodge Diplomat gets 26 miles per gallon on the highway. (B.Savadove)

### NEIGHBORS SAY 'NAY' AIDS house opposed

AIDS Lodging House Inc. wants to establish the first residence house for people with AIDS in northern New England by August, but residents around the proposed house on 118 Brackett Street want no part of it.

"We know and understand they've got to have a place to live," said Yvonne Garrison, who helped organize a petition effort against the house. "We feel it should not be where there are a lot of children."

"The neighborhood is fairly united on this — that they don't want the facility here," said Carolyn Silvius, who occupies one of the apartments at 118 Brackett Street.

The residents' opposition to the house is based on the fear that neighborhood children will come in contact with blood from an AIDS patient, that AIDS is communicable, that residents of the house will be unable to find parking, and that residents will be disturbed by noise from

the nearby playground or harassed by drunk patrons of nearby bars.

"I think what they've done is blown it out of proportion," said Dr. Michael Bach, who treats AIDS patients. He conceded that AIDS could be contracted from blood, but said, "They've drawn the worst-case scenario, which I think is unrealistic. That kind of reaction is totally irrational... I think it's a reflection of the fact that people are scared. The word AIDS conjures up contagion."

Also, Bach said, the types of infections people with AIDS contract are from organisms already present in the environment. The weakened immune system of the AIDS victim fails to give protection. "They (people in the neighborhood) cannot become infected by an AIDS patient," he said.

"I'm somewhat disappointed to see the nature of expression of their fears," said Fred Rabadoux, president of AIDS Lodging House Inc. "These people

are really not knowledgeable about AIDS."

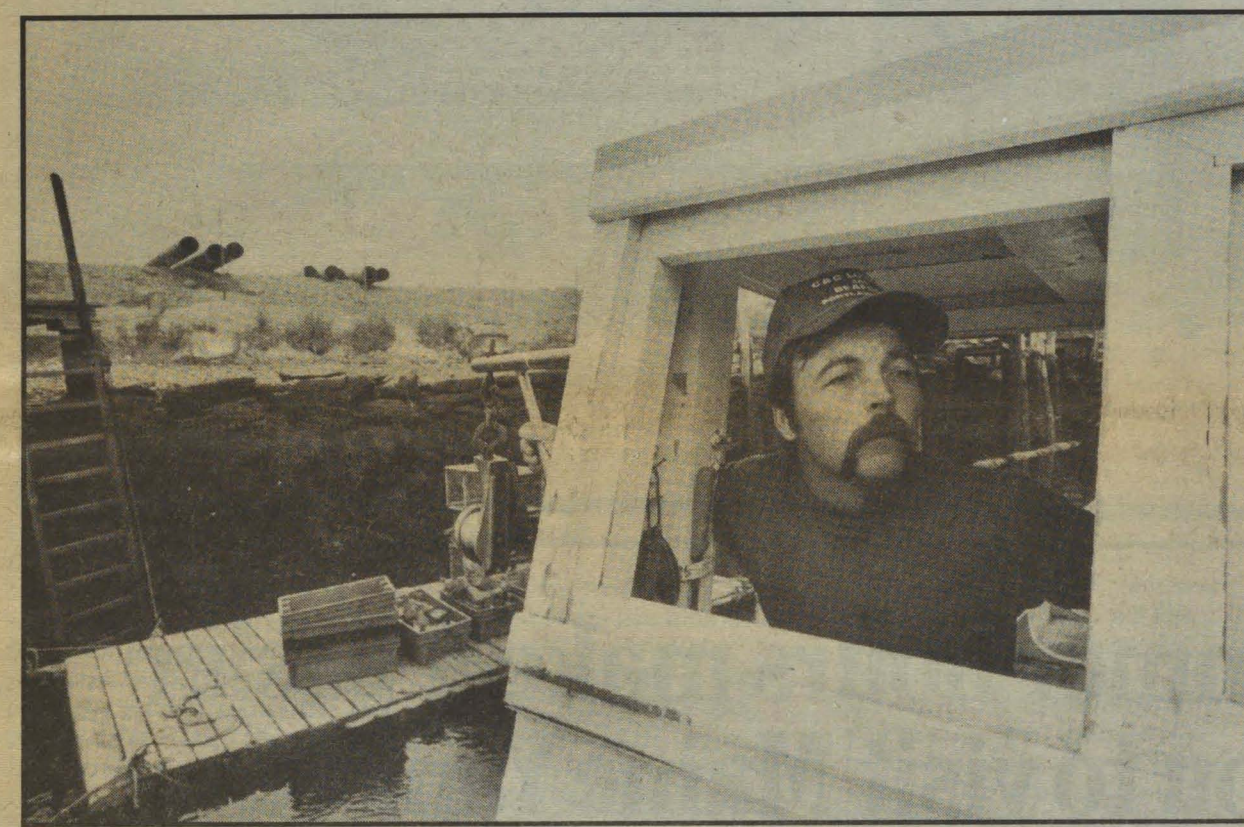
According to Rabadoux, a lease has been obtained for an apartment that will accommodate three residents. After the house is purchased, later in the summer, it will be possible to accommodate eight people.

Residents will pay a monthly rent of \$285. No services or medical care will be offered; residents will live independently. AIDS Lodging House Inc. will assist in coordinating medical and social services.

The location was chosen because of its proximity to two local hospitals: Mercy Hospital and Maine Medical Center. The house is also close to bus routes, and the downtown area.

"None of us have any prejudice against people with AIDS. In fact, there is as great deal of sympathy and sorrow," Silvius said.

A community meeting to discuss the house is planned for mid-July. (B. Savadove)



Rick Sullivan eases his boat away from Dyer's Wharf, now fenced off.

CBW/Monte Paulsen

### WAITING BY THE DOCK OF THE BAY Portland harbor filling up

The lack of berthing space for boat owners in Portland Harbor has reached the critical stage. "I haven't been able to find any dockage — every place I go is filled up," said Erhard Griffin, a fisherman who is being evicted from city-owned Dyer's Wharf. "I've been to every dock in Portland."

The problem for commercial fishermen is two-fold. Foremost, "Portland Harbor has become a very desirable place," said Erhard Goodwin, a member of the Board of Harbor Commissioners.

"The harbor was dormant for many years," said Commissioner Stephen Hasson. "With the sewerage treatment plant in the harbor is very, very clean. The recreational boaters are taking advantage of it." According to Goodwin, in recent years the number of pleasure boats alone has grown from 300 to 1500.

The second reason is the city

is building a 275-foot cargo pier at Dyer's Wharf, and "these vessels are going to have to move to make way for the contractors," said City Waterfront Director Tom Valteau.

The city has placed a fence around the pier, which won't be completed until spring, and in the meantime fishermen have been climbing over the fence to get to their boats. Ed Willette, who has been at the wharf for 10 years, said that he can't leave because he has no place to go. "There's DiMillo's, but that's for the elite," he said.

"I just don't think it's fair," said Rick Sullivan, who has searched unsuccessfully for a slip in Portland and South Portland. "I have a family to support. I do this for a living."

"We are certainly willing to give them any suggestions that we know of about the available berthing space on the waterfront," said Valteau. "We don't have anything up our sleeve that we can offer them."

Presently, Hasson said, there are 659 slips in South Portland and 290 in Portland. There are also 335 moorings in South Portland and 665 in Portland.

The board, which is responsible for the safety of the harbor, is considering instituting user fees for slips and moorings to generate revenue needed for increased patrols of the swelling number of vessels. The fees would also be used to make the harbor master position full time and for hiring a clerk to help with the workload.

"If they (the people who use the harbor) want a harbor that is well maintained, then they will have to pay for it," Hasson said.

After a public hearing July 14, a two-member committee will be appointed to study the proposal for three to four months before making a final recommendation to the commission. (B. Savadove)

# INSIDE

Casco Bay Weekly

Thursday, July 7, 1988  
Volume One, Number Six  
24 pages

No vacancies on the waterfront.  
Whose house is it, anyway?  
The rising cost of high-altitude commuting.

#### UPDATES

Meet Ben, Lars and Jake: they're 14, they skateboard, and they're not a threat to civilization as we know it.

#### TALK

The referendum: a hassle for government, a necessary safeguard for the people.

#### OP-ED



**No room at the dump**

Feeling Loon-y? Or clam-my? This week's for you.

#### CALENDAR

#### LISTINGS

New Age a Bad Tag for Paul Winter

#### CRITIQUE

Dim Sum dining: it's fun, not formal.

#### EATS

Do you think the world of vitamins? Think again.

#### WELLNESS

Beach volleyball: Short on rules, long on yuks

#### SPORT

Casco Bay Weekly is an independent newsweekly for the people of the cities and towns of the Portland area. Send us your event listings, your angry letters, your comments and especially your advertisements! We need to receive all that kind of stuff by the end of the Thursday prior to the issue in which you want to appear.

**775-6601**

**REAL PUZZLE  
NEW VIDEO**



## NEWS OF THE WEIRD

No, but really...

◆ According to Pentagon officials, since 1983 seven U.S. servicemen and their relatives have been killed and 39 wounded by soda machines that toppled over while being rocked in attempts to dislodge beverages or change.

◆ An Agriculture Ministry official in Thailand warned last November that the country's last herd of wild elephants is in danger of extinction from poachers because of Chinese demand for elephant penises, which are used to make aphrodisiacs by smoke-drying. According to the official, an average penis weighs 44 pounds and brings \$10 per pound.

◆ Trespass charges were filed against Mark Tipton, 24, who was found by rescue workers in a field near Peoria, Ill., last November with a steel animal trap clamped onto his thumb and penis. He claimed he was on a hunting trip and had fallen while urinating.

◆ In Akron, Ohio, Daisy Gladden, 20, was hospitalized in December for hypothermia after spending four days lying underneath a man who had died just after they had sex in the front seat of a car. Said Gladden, "I just thought he was a hard sleeper."

◆ An Anchorage, Alaska, jury last year convicted Edward P. Lowry of murdering his wife in the fireplace of their home. His version was that he had awakened from a nap to find her dead, had propped her body up next to the fireplace while he became nauseous over the death, and the body had accidentally toppled over into the flames.

Good sportsmanship...

◆ Angie Brimage, a senior on Brighton (Mass.) High's basketball team, scored 51 points in a game against Boston English, but her team lost, 55-51.

◆ Luigi Rossetti won Soragna, Italy's, "biggest nose" contest with measurements reported as 2.7 inches by 1 inch by 1.7 inches.

◆ A Texas high school basketball tournament game was halted at halftime in March after a local judge granted one team an injunction because of controversy about the legal residency of an opposing player.

◆ The Williamsport (Pa.) Bills minor league team announced it would retire the jersey of catcher Dave Bresnahan, a lifetime .143 hitter released last summer for "making a travesty" of the game when he tried to pick a runner off third base with a potato he had hidden in his uniform (thus fooling the runner and then tagging him out with the real ball). Asked why he had done it, Bresnahan said, "I always wanted to see what would happen."

◆ Basketball star Michael Jordan stormed out of a Chicago Bulls practice in October because he thought his coach was cheating on the score of a scrimmage.

## PORTLAND'S UNDISCOVERED SHOPPING STREET

1. THE PLAINS GALLERY  
28 EXCHANGE STREET  
207-774-7500  
Artists' represented work in a variety of media and offering alternative views of artistic expression derived from the raw innocence of the earth. The works deal with legend and cultural background or simply blend the elements of form and color as eloquent statements of past and present.

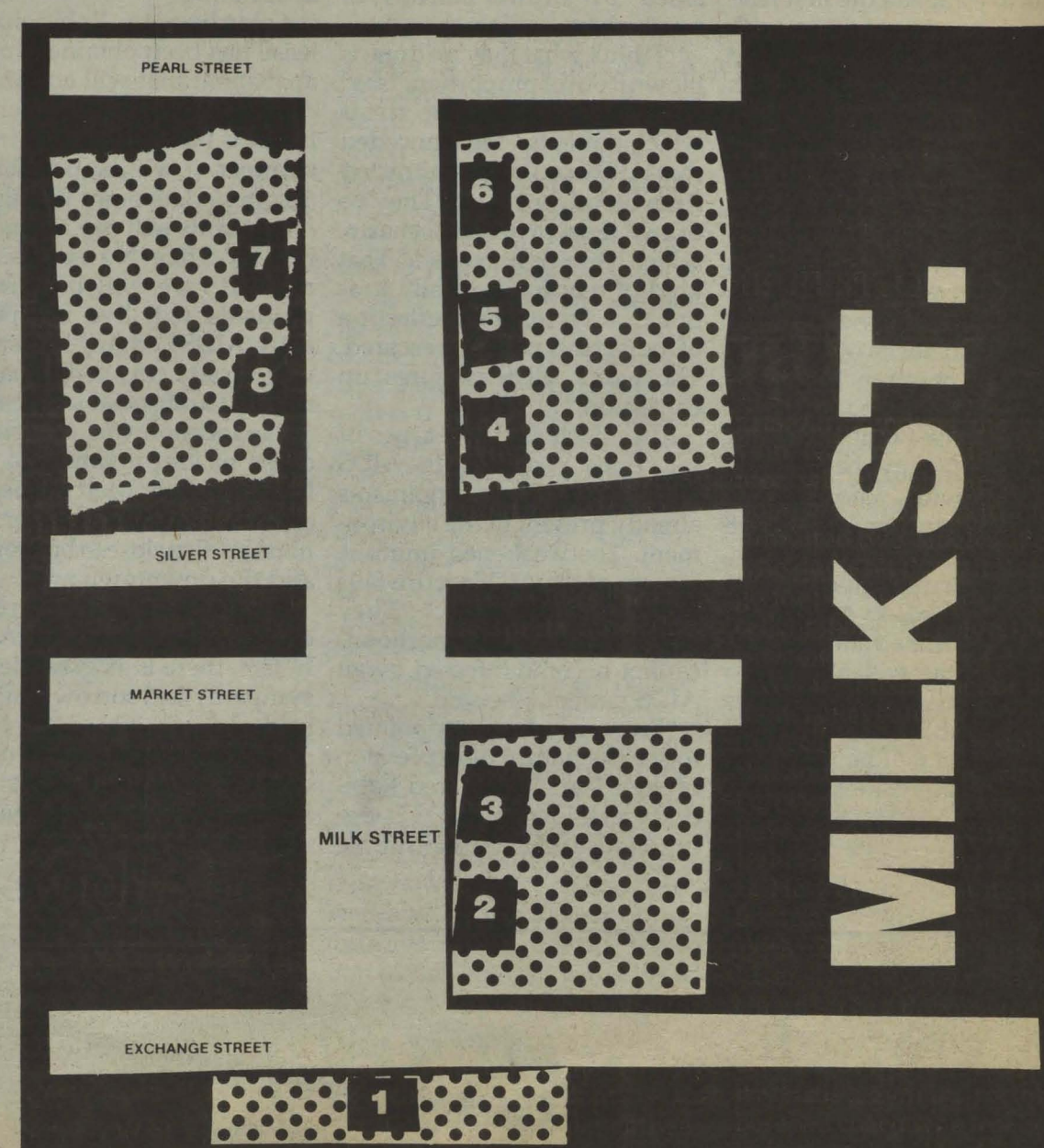
2. GERALDINE WOLF  
ANTIQUE AND ESTATE JEWELRY  
26 MILK STREET  
207-774-8994  
You are invited to view our extensive collection of fine antique and estate jewelry, plus a handpicked selection of contemporary jewelry, antiques and fine paintings. Look for the peach awning.

3. THE STEIN GALLERY / CONTEMPORARY GLASS  
20 MILK STREET  
207-772-9072  
The largest glass gallery in the northeast, features the works of thirty of the country's best known young and emerging glass artists, and includes functional, sculptural and decorative pieces, showcasing a variety of techniques, shapes and styles.

4. MILK STREET ANTIQUES  
8 MILK STREET  
207-773-8286  
Always buying and selling Fine Country and Formal Furniture, Paintings, Oriental Rugs, Textiles and Accessories. Open six days a week 10am-6pm or by appointment.

5. WELLIN GARDNER FINE ARTS  
4 1/2 MILK STREET  
207-774-1944  
Showing 18th and 19th Century Decorative prints, with an emphasis on architectural, botanical and sporting subjects.

6. CANDICE THORNTON INTERIORS  
2 MILK STREET  
207-761-2711  
Distinctive Interior Design and Fine Accessories for the Home.



7. HORE SOUND GALLERIES NORTH  
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207-773-2755  
Portland's Leading Presenter of Contemporary Art

8. THE CONSERVATORY  
5 MILK STREET  
207-744-3832  
This delightful store offers a blend of the whimsical, practical and sophisticated, for the ardent gardener or anyone who enjoys lovely things.

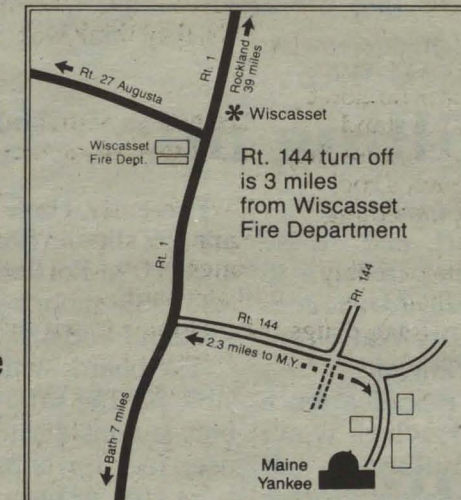
## Our summer hours make it easier for you to visit Maine Yankee.

The Energy Information Center at Maine Yankee is still open 7 days a week... but now with extended hours.

Monday thru Saturday from 10 a.m. to 5 p.m.; Sundays, noon to 5 p.m.

We're inviting you to join the more than 17,000 people who have visited the Center over the past year.

You'll discover interesting



and educational exhibits, view a film, our full scale control room simulator and equipment showing how Maine Yankee produces electricity.

For more information, call our toll free number: 1-800-458-0066.

Extended hours: Monday through Saturday, 10 a.m. to 5 p.m.; Sundays, noon to 5 p.m.

## Maine Yankee

RELIABLE ELECTRICITY FOR MAINE SINCE 1972

## HIGH BLOOD PRESSURE HAS SOME GREAT SIDE EFFECTS.

Like getting into shape, losing weight, looking better and feeling like a new person. All of which can happen when you follow your doctor's orders for keeping your blood pressure under control.



## A CONVERSATION WITH Ben, Jake and Lars



Ben Soreff's "high" is skateboarding. Lars Savage (rear) plans his maneuver.

CBW/Joe Kievit

When the city of Portland filled in the swimming pool on the Eastern Prom last December, it forced skateboarders who had been using the site to find new places to meet and perform. Now these road warriors have taken to the city streets of Portland. Ben Soreff, Lars Savage and Jake Lange, all 14 years old, are rebels just looking for a causeway.

Where do you guys skateboard?

Jake: Any flat surface with curves, or rising levels that you can do maneuvers onto. We skate downtown because there's more terrain to skate.

Ben: We try to find parking-lots that are closed on Sundays, but usually the security guards will come out and yell at us.

Lars: Usually, wherever we can find a place that has, like, a lot of cement or wooden obstacles, because we can do variations of different tricks off them.

Do you ever get in people's way?

Jake: No, we try not to. Ben: If we stay on the sidewalk, there usually aren't too many people there and it's easy to swerve in and out of them. Sometimes we don't notice cars coming, and they stop and get mad. More skaters hit other skaters than they do people.

Lars: Even though there aren't that many people on the sidewalks, the police still get mad at us. They are the only people that really bother us. Most pedestrians don't seem to mind.

What do you think people think of you?

Ben: Some people think that skateboards are like loud music. They say, "You annoy me, get out of the way." Other people say, "Hey, that's pretty cool, check that out."

Lars: A lot of tourists in the summertime watch us and say, "Wow, look at that." Others say, "Pesky little kids, wish they wouldn't get in our way."

Jake: We usually don't hear from the people that who don't like us. A lot of people stand around watching us because they enjoy it. People think it's cool that kids are doing something with their time.

Ben: I think parents probably would rather have their kids skateboarding, than doing drugs, and it isn't highly illegal or bad.

How come you guys don't do drugs?

Lars: It's bad, not just in the short run, but in the long run as well. Ben: It's stupid. It's illegal. It's horrible for your body. Some people get high on drugs, but we don't need to do drugs, so we can have our own fun. Jake: I've never been introduced to it. I think it's really stupid to waste your mind.

What do the police think of you?

Jake: They don't really like us skateboarding around here. They come up to us every time we're skateboarding and give us a big, long lecture about how we're not supposed to do it downtown. It's a different story every time they talk to us, too. One time they'll tell us, "You can't skate in the

street, you have to skate on the sidewalk." Then, next time they come up, they say, "You can't skate on the sidewalk, you have to skate in the street." It's like they enjoy giving us a hassle. Ben: If a cop yells at one kid for skating on the sidewalk, and you're skating on the sidewalk, he'll yell at you and say, "I just told you five minutes ago to get off the sidewalk." They don't know the difference between kids, they think we're all the same.

Are you guys making a statement towards society?

Jake: Yeah, it's a statement against the cops. We're making a statement against them by skateboarding.

Ben: I think that it's more or less a statement that says, "Do what you want, and if you're not going to get hurt doing it, then do it. Don't be intimidated by people who think bad things about you, because that's their problem."

Lars: Some people try to blow us out of proportion by saying we're anarchists and break all the laws. Ben: People think that we listen to really horrible music, and they think that everyone's on drugs, but those people are yuppies who are too keyed into their society to notice that not everyone is like that.

What kind of music do you guys listen to?

Lars: Well, Hardcore and Punk, which is loud and fast. I don't listen to it in public when it's really loud. Ben: I don't listen to Top 40 because it's the same stupid, old message. The Hardcore bands

and the Punk bands believe in their own things, and they're all different. None of them sound the same. Jake: It depends on what kind of mood you're in, but mostly I like to listen to Hardcore and Punk. Loud, fast music gets us psyched-up to go skating.

What's your five favorite Punk and Hardcore Bands?

Lars: The Circle Jerks, and Minor Threat, which is a really good group. Their message is, "Don't do drugs."

Ben: The Youth Brigade has a really positive message that says, "The youth are the future of the country, so don't rag on them."

Jake: I listen to the Sex Pistols and The Dead Kennedys, who have a more political message. They see a corrupt government that needs to be beat-up on.

What do your parents think of you?

Lars: My mom seems to like me skateboarding, but she doesn't like the way I dress, or the way I cut my hair.

Ben: Yeah, I don't have green hair or anything. I dress fine, and I act fine. My parents think that skateboarding is a sport just like soccer or something.

Jake: My parents are pretty cool, and they don't bug me, as long as I'm not doing drugs or drinking.

Robert St. John is doing clerical work at a law firm while on summer break from USM. He plans to attend a writing program at Salt magazine in

"DON'T BE INTIMIDATED BY PEOPLE WHO THINK BAD THINGS ABOUT YOU, BECAUSE THAT'S THEIR PROBLEM."



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July 7, 1988  
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...and a cast of  
thousands

Casco Bay Weekly  
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for community  
understanding.

This page is a canvas  
on which diverse opinions  
take form. Our views are  
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Your letter must be  
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Hi. We are from Portland,  
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It was fantastic! A nice look at  
the community, people and  
done with such feeling. We left  
feeling as if we knew a little  
about Portland and took some  
home with us. Thank you for  
making us feel so welcome and  
a part of you.

Mike & Donna  
Mike & Donna Stone  
The other Portland

Most of us just throw something away when we're done with  
it. Maybe we took an old couch to the dump once.

But now our dump is full. Not only here in Scarborough,  
but across the nation. The garbage barge "Morgo" became  
famous for its three months at sea. New York investment firms  
have even targeted the commercial resource recovery industry  
as a "hot spot."

But our dump is still full. We've spent \$80 million to  
set up a state-of-the-art incinerator that will generate enough  
electricity to pay its own way.

But our dump is still full. We'll spend millions more  
setting up a sophisticated recycling program. Maybe we'll sort  
our glass, plastic and paper at home and set it out on the curb  
in a half-dozen color-coated bags made of biodegradable  
cornstarch.

But our dump will still be full. Maybe we'll tax retailers  
who persist in selling heavily packaged goods. Maybe we'll  
regulate the packaging industry. Maybe we'll sink our worst  
waste in the ocean -- or blast it into space!

But the damned dump will still be full.  
And it will keep filling up until you and I quit sending  
stuff there, until you and I quit buying things that have to  
be sent there later, until we all quit buying up a  
manufactured world of useless trinkets.  
Start today. Recycle this paper.

Monte

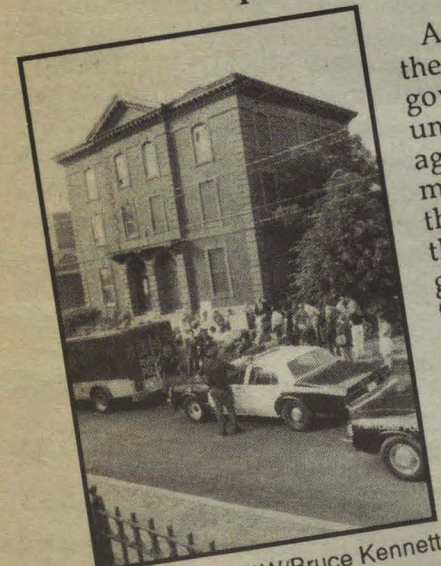


Demonstrations are good for attracting attention. Referendums are good for getting results.

## Referendums:

A POSITIVE CONTRIBUTION TO THE DEMOCRATIC PROCESS

Fourteen months ago, Portland voters made known their feelings on waterfront development through the referendum process. Currently, historic preservation is a subject of public debate. Might this issue, too, be most appropriately addressed through a referendum? Here, Kathy Caron explains the role of referendums in maintaining a truly democratic governing process.



Would a referendum have saved this building?

### Government by consent

Although reorganized into the council-manager form of government in 1923, it was not until approximately 10 years ago that the people of Portland made the decision to hand over the reins of their government to the "professionals." Within city government this coincided with the departure of the last native-born city manager. The new out-of-state manager implemented an extensive reorganization. Many long-time city employees left their positions. Different methods of governing were implemented, ranging from the creation of new departments and the elimination of others to up-to-date accounting methods and novel sources of revenue. A new or-

ganization was created -- one planned, organized, and controlled by the new city manager. At the same time, Portland experienced a burst of economic growth leading to rapid economic, social, and political change. Having lived through a period of economic stagnation and decline, city officials and citizens alike were more than willing to put the past behind and move forward to a bright, new future. The community gave its consent to professional management's control of local government. Our founding fathers in the Declaration of Independence wrote "...Government is instituted among men, depriving them of their just powers from the consent of the governed."

In 1987 in Portland, the public made the decision to exercise its right to the use of the initiative and referendum process. The Working Waterfront Referendum was the community's first step, in over 10 years, to regain control of the reins of their government. Much fear and quaking ran rampant through the ranks of public and private officials. The referendum process was seen as an intrusion into the established community decision-making process. In fact, more than a year after the successful referendum movement, committees and task forces continued to form whose purposes run from preventing future referendums to gaining control of the implementation of the one that was passed.

### The people speak

The initiative and referendum is a total tool designed to pro-

vide direct, individual participation in government decision-making. The referendum process ensures a one-man, one-vote equality in a community. Undue political influence by special interests, whether real-estate developers or advocates of social causes, are stymied by the referendum process. The well-laid plans of professional managers are thwarted. As such, the citizen referendum is a positive contribution to the democratic process. A community's decision to exercise the right to use initiative and referendum is a move in the direction of individual participation in local decision-making. It is not a sign of failure on the part of community leaders. Rather, it is a sign of the positive reaffirmation of the democratic process. The more democratic citizens have for opportunities in their government, the more knowledgeable they become of "how it all works." The results of direct participation are public officials who must be accountable to the public at large. Our government officials are public servants. They need citizen input in order to responsibly fulfill their purpose. Through the referendum process the people speak. Managers shudder. A cold chill runs down the collective spines of community leaders. Vested interests react with anger. And democracy lives.

Kathy Caron owns LedgeWood Consulting, a public policy consulting business, and is the author of "Inside City Hall, A Guide to City Government in Portland, Maine."



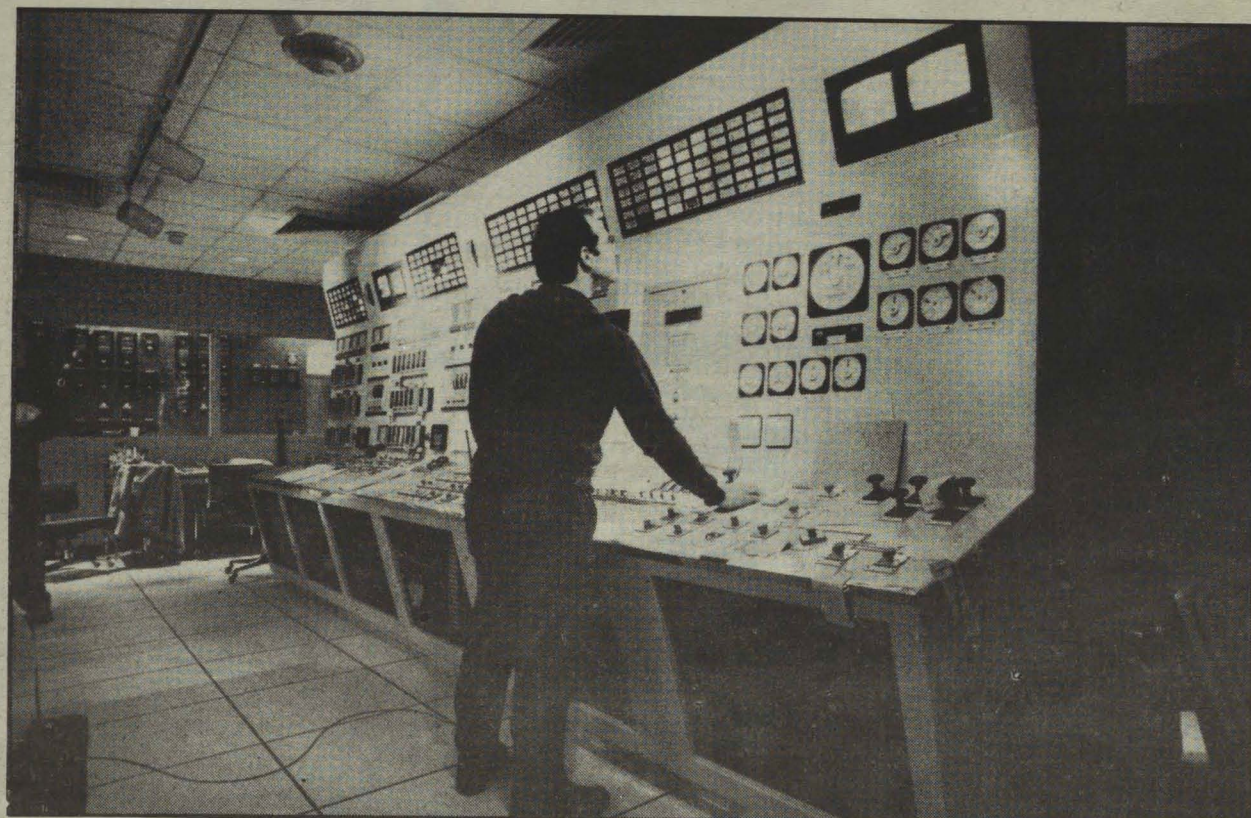
# COVER

by Monte Paulsen



CBW photos/Monte Paulsen

**T**his garbage was left here at the Scarborough dump last Thursday. Whoever dumped it paid \$16 a ton to do so. Two years ago, putting the same stuff in the same hole, they would have paid \$9 for the same ton. Today, it will cost you \$25 to leave the same stuff here. Most of that increase – which comes out of your property taxes – is going toward payments on Regional Waste System's new incinerator located off Congress Street, just the other side of the tollway. But the incinerator is not burning anything yet. Each day it waits, you lose \$25,000. And this hole just keeps filling up.



All sections of the \$45 million plant can be monitored from the control room.

## Squash and burn

There are two basic types of trash-burners: resource derived fuel (RDF) and mass burn plants.

RDF plants squash, shake, rattle and roll the incoming garbage through complicated sorting machinery in an attempt to weed out the trash that won't burn so well. The stuff that's left is ground into bite-sized pieces that are the resource derived fuel (the pretty burnable stuff that's left over).

The stuff that gets sorted out is garbage unfit even to be burned. Waste industry professionals call this stuff "pass-through." Woody Allen would probably call it "rejected."

Mass burn plants throw everything into a big heavy-duty incinerator. Since everything gets burned, there is somewhat more left over from a mass burn incinerator; but since there is no pass-through, the total amount of rejected stuff headed for the landfill is less than from an RDF plant. (MP)

**I**t seemed like a great idea at the time: build a machine to convert trash to cash.

As the '70s came to a close, the Portland Council of Governments (COG) and Regional Waste Systems (RWS) began to realize that the communities they represent were discarding far more garbage than they would ever find space to bury.

"It became clear that they were best served by a really reliable form of resource recovery," is the officialese explanation offered by Eric Root, then with COG and now deputy director of RWS.

Translated: they needed a heavy-duty, high-capacity garbage incinerator that "recovered" value from the waste by generating electricity as it burned the garbage. (Root, like most in the "resource recovery industry," has tossed out words like "garbage.")

Since "waste stream reduction" (taking less stuff to the dump) was the principal concern, RWS settled on a \$43 million mass burn design (see "Squash and burn," at left) and in March 1985 hired the Pittsburgh-based Dravo company to build it. The cost for the entire project – including emissions controls and landfill construction – has almost doubled since then.

The "waste stream" itself – the total amount of stuff being thrown out – has increased even more quickly. In 1978, RWS disposed of 48,000 tons. By 1982 the load was 101,000 tons and last year 132,000 tons of trash were put into the landfill.

This year, with several additional communities joining the company, RWS expects to receive 177,000 tons of trash. As regulatory delays and contractual disputes slow completion of the plant, the pile of trash continues to grow more quickly than the capacity of the machine being built to burn it.

**R**egional Waste Systems will lose about \$500 during the half-hour you spend reading this article.

The plant is ready to begin testing – and generating electricity. Central Maine Power will pay RWS as much as \$25,000 each day for that power, but the incinerator cannot light up so much as a dixie cup until the Maine Department of Environmental Protection (DEP) issues several "conditional compliance orders."

These permits – addressing hazardous waste, surface water runoff and ash toxicity – allow operation with certain stipulations. (see "The great dioxin debate," at right) Gerry Mirabile, a project analyst with the DEP who is coordinating the RWS permits, acknowledges that his department has had draft copies of these plans since the beginning of the year.

"These documents are each several hundred pages," Mirabile said, apologizing for the delay. "We can just barely handle the work we have. If these plans are adequate, then they'll get a conditional compliance order early next week."

Root was not expecting problems. "The paperwork is as much a problem as anything," he said. "They're (DEP) grossly understaffed."

But even as RWS awaits these permits, the cost of doing business keeps rising. Tipping fees – the price paid to dump a ton of garbage – have just gone up from \$16 to \$25 per ton for RWS communities and from \$28 to \$40 per ton for commercial waste haulers.

Even when the plant does go on line with Central Maine Power, ratepayers will pay slightly less than 12 cents per kilowatt hour for RWS generated power – while CMP's residential rates average about 8 cents per kilowatt hour. CMP pays almost 50 percent more for RWS's power because of a state program set in place to encourage cogeneration. If RWS is not on line by Oct. 1, the company will face stiff financial penalties.

Because Regional Waste Systems is a public entity, all of these expenses are simply passed on to the public by way of tipping fees. RWS simply adds its yearly costs and calculates a tipping fee structure to cover it.

**"T**his plant will cost Dravo more than it will RWS," said Peter Cap of Dravo Corp.

Though officials at Dravo headquarters in Pittsburgh would not comment on how much they were losing, the Wall Street Journal reported last year that the company was losing a combined \$20 million on this and a similar plant in Virginia.

Unlike Regional Waste Systems, Dravo cannot pass on its losses – but it is attempting to pass on the entire project. The company is seeking to get out of its contract to operate the plant.

Dravo, a public company listed on the New York Stock Exchange, has seen four company presidents come and go during the life of the RWS project. Several sources close to the project have referred to the company as the "executive of the month club" and have suggested that the company is dropping long-term projects in favor of quick payback ventures. According to company executives, Dravo has not bid on any more incineration projects.

"Their intention to withdraw from the business has had an adverse effect on events here," said Root.

At stake now is whether or not RWS will "accept" the plant that Dravo considers essentially complete. Once the plant is accepted, Dravo will become the paid operator and will receive payments from RWS equal to one-half of the money generated by the sale of power to CMP before September 30. Until acceptance, however, Dravo does not share in that revenue and must pay its own operating costs.

To be accepted the plant must be able to burn 500 tons per day, generate about 440 kilowatt hours per ton, reduce the volume of the waste by 90 percent and obtain all state licenses.

Dravo considers the plant finished. RWS does not.

During an interview, Root frequently spun around in his large office chair, grabbing huge 3-ring binders and overstuffed file folders as he explained his dissatisfactions with Dravo. Though he insists there seem to be no major problems, he is preparing a detailed list of deficiencies at the plant.

He said that he intends to be sure that Dravo lives up to every letter of the contract. He recently withheld a payment of \$2.2 million to Dravo because of differences over material specifications.

"The contract instructs me to withhold money when conditions are not met," he said. "I did it, and I'll keep doing it until things are made right."

**N**o matter how much Dravo may be losing, Regional Waste Systems is losing more as its ashfill/balefill fills up.

All the trash from the 20 communities that make up Regional Waste Systems continues to be baled and placed into the almost-full balefill in Scarborough.

When asked how much more the balefill can absorb, Root says, "not much." The area or "cell" currently being filled will be closed in a matter of weeks.

The entire site is 230 acres. Most of it has already been in use as a balefill for several years, but those sections may be completely filled and capped before the end of the year.

A new lined and drained section of 40 acres has been licensed as an ashfill. Ten acres awaiting it has already been prepared as the first cell – it will last about 20 months if it is being filled with ash, less if it needs to take on all bales. The total life of the facility is somewhat more than a dozen years, depending on the overall size of the waste stream.

At capacity, the incinerator will be able to burn in the ballpark of 180,000 tons per year, reducing that waste to a volume of one-tenth of what it started out as.

But RWS estimates that it will receive about 177,000 tons within the next year. Its incoming waste has grown by about

## The great Dioxin debate

Even the most sophisticated plant cannot escape one of the basic laws of physics: what goes in must come out. The Maine Department of Environmental Protection (DEP) has been trying to make sure that nothing escapes that shouldn't.

Dr. Frank Lawrence, acting medical director of Environmental Data, testified during licensing hearings several years ago that the risk is substantially less than one-in-a-million that someone who lived and breathed near the plant year-round for 70 years would develop cancer. The risk of developing cancer from cigarette smoking, Lawrence said for comparison, is one-in-one-thousand.

This has not comforted those who continue to fear unhealthy dioxin emissions. Other known pollutants in the stack are monitored constantly, but there is currently no technology to constantly monitor dioxin. It will be tested for twice annually, at a cost of about \$300,000 per year.

The plant is designed to burn at temperatures in excess of 1800 degrees F, at which point the dioxin-forming molecules are destroyed. But some observers fear that those molecules recombine in the smokestack as they cool.

"Those kinds of things are 20th-century hobgoblins," said Eric Root of Regional Waste Systems (RWS). "There's absolutely no evidence that that's happening."

Scott Mason, source compliance engineer at the DEP, was less certain. "There is a theory that as the gasses pass through a cooler zone – about 400 F – they recombine," he said.

Mason said, however, that in the case of plants such as the RWS incinerator, that recombination would occur in the "scrubber."

This device injects lime into the stack. The cooling chlorine clings readily to the lime and falls to the bottom where it is not readily able to react and form dioxin. The lime/chlorine particles go into an electrostatic precipitator and end up mixed in with the ash.

"The EPA (U.S. Environmental Protection Agency) is considering the dry scrubber as the control technology for dioxin," he said.

Whether or not the ash is hazardous also remains in question. The DEP considers the stuff hazardous until proven otherwise. Since there is no place to put hazardous waste in Maine, it is crucial that the ash fall below certain guidelines so that it can be disposed of here.

The lime precipitate from the scrubber is mixed in with the ash and RWS plans to put both into a lined cell at the Scarborough landfill. One of RWS's advantages over its commercial counterpart, Maine Energy Recovery Center in Biddeford, is that RWS owns disposal space for the ash.

Root says that the ash is more of a base, less of an acid that what would be present in a regular landfill. Because of that, he said, the ashfill will corrode metal less and thereby produce less toxic groundwater.

"What comes out of an ashfill is nasty stuff," said Root. "But what comes out of a convention landfill is worse." (MP)



It seemed like a great idea: convert the trash to cash.

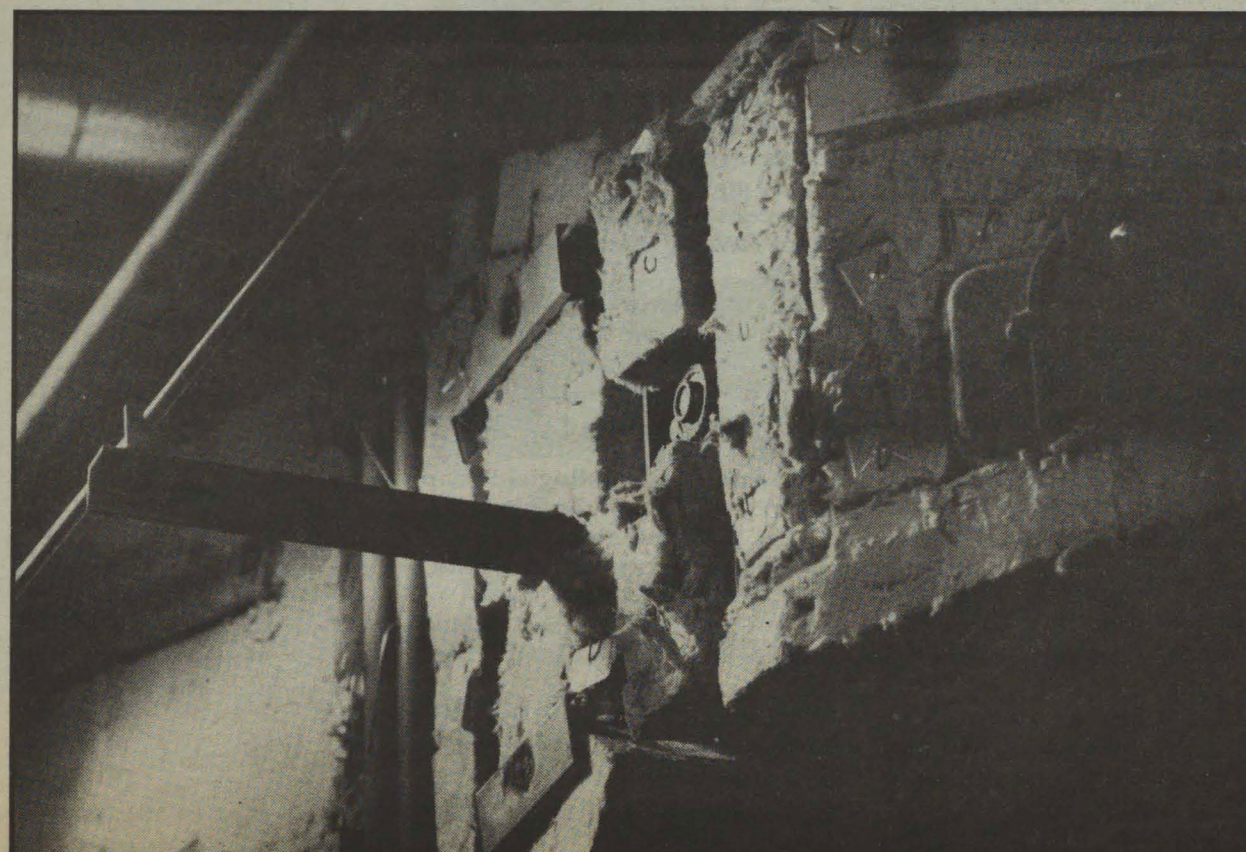
**Regional Waste Systems will lose about \$500 during the half-hour you spend reading this article. That's how much the power not being produced is worth.**



COVER  
more...

## "This plant will cost Dravo more than it will RWS."

- Dravo Project Manager  
Peter Cap



RWS claims this insulation inferior. Dravo disagrees.

eight percent each year for the last decade, and it will probably grow even faster in the decade to come as new and growing communities have joined the team. What garbage the incinerator cannot take must be sent to the same landfill baled, taking up the equivalent of 10 times its volume in burned trash.

**"T**he obvious thing to do is to find another place to put the stuff," said Root. But finding communities willing to have new dumps built gets harder every year.

And the costs of developing new landfills are staggering. The first cell of the new ashfill at RWS's Scarborough dump cost \$1.5 million to prepare—on land RWS already owned. Root estimates that capital costs to develop new fill areas will be well in excess of \$100 per ton by the time RWS needs them.

What has become painfully clear is that no single solution can sufficiently reduce the amount of stuff being thrown out in the Greater Portland area. "We have to manage this as a system," said Root. "We can't hang our hat on any one set of possibilities."

A demolition plant, a recycling program and composting are all within the range of options being considered by RWS. Recycling, long advocated by environmentalists, only now is becoming a financially viable option.

"It's a very finite market," said Root. "You have to find a buyer for the stuff. It doesn't make any sense for us to segregate and bale plastic, then end up putting it in a hole in ground."

That is exactly what happened to RWS last year. Root is determined not to let it happen again. "We're not going to do everything at once," he said. "We'll start on components where most reliable marketing arrangements can be made."

With aggressive recycling, Root guesses that 25 percent of the pre-incineration waste stream may be eliminated. That could, he said, extend the life of the landfill "by about the same factor."

But even with new landfills and recycling, the problem continues to grow faster than solutions can be found.

Off the record, after the interviews and official explanations, every single one of these professionals observed that if as much energy and creativity went into reducing the amount of stuff thrown out as is going in to figuring out what to do with it afterwards, then the problem could be solved—strong sentiments from men who have built their careers on these problems.

Dr. Frank Lawrence, who assessed the health risks of the plant during its licensing hearings, summed it up the best: "The problems are not ones generated by the burners, the problems are ones generated by society producing the waste."

Monte Paulsen, who wrote this story, is editor of Casco Bay Weekly. When you are done reading it, RECYCLE THIS PAPER!



The original sections of the Scarborough balefill are full and will be completely capped within a matter of weeks.

CBW photos/Monte Paulsen

**"The problems are not ones generated by the burners, the problems are ones generated by society producing the waste."**

- Dr. Frank Lawrence

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Alberta's, Garco's,  
Port Billards,  
Portland School  
of Art, City Hall,  
One City Center  
Newsstand, One  
City Center Food  
Court, Bookland,  
Brooks Donuts,  
Chroma, Paul's  
Food Store,  
Village Green  
Smoke Shop,  
Portland Public  
Library, Donna's  
Little Store, Zootz  
Duffy's Pancake  
Kitchen, Dyer's  
Variety Store,  
Rafferty's Cafe,  
Bookstore, Mudd  
Apple Cafe, The  
Magic Muffin,  
Holiday Inn  
By The Bay,  
Joe's Smoke Shop.

### OLD PORT:

Portland Regency,  
Videopark, Erik's,  
Port Rendezvous,  
Rose Cottage  
Shop, Books Etc.,  
Bob's Barber Shop,  
Canal Plaza  
Cafeteria,  
Green Mountain  
Coffee Roasters,  
Lowell's Exchange,  
Old Port Grocery,  
Casco Bay Lines  
Ferry Terminal,  
Anastasia's Books,  
Old Port General  
Store, Brooks  
Donuts, Bazar,  
Bad Habits,  
Mariners Church,  
Baker's 10 Exchange  
St. Building, Fore St.  
Deli, Quick Stop,  
Creighton's Country  
Store, Wharf St.  
Cafe, A's, Dos  
Locos, Ben & Jerry's,  
Hushang, Dry Dock  
Moose Alley, Public  
Safety Building,  
The Right Banque  
Jo's Oyster Bar.

### EAST END:

Amato's, Bragg's,  
Quattrucci's  
Superette, The  
Whole Grocer,  
Bruni's Market,  
Rene's Variety,  
Liliana's  
Laundromat,  
Squeaky Clean  
Laundromat,  
Levin's,  
D'Amico's, The  
Corner Store,  
Mr. T's, Paul's  
Food Store, Lookin'  
Good Laundromat  
WEST SIDE:  
Suterm, Good  
Egg Cafe, Good  
Day Market,  
The West Side  
Restaurant,  
Aunt Leon's,  
Soap Bubble  
Laundromat,  
Alberta's  
Cafe, Buono  
Market, Corsetti's,  
Maine Medical  
Center, Mercy  
Hospital, Girl's  
Handy Store,  
Vespucci's,  
Merdek's, Pine St.  
Variety, Teroni's,  
The Tree, Vaughan  
St. Variety, Vinny's  
Variety, The  
Washboard Laundry,  
Pater's Handy Store,  
Mellen St. Market,  
Mamma D's, Pap's,  
Coe's Corner Store,  
Woodlarks Cafe,  
Marble Bar,  
Longfellow  
Laundromat.

### OUTER:

Anania's Variety,  
Ramada Inn, Citgo  
Food Mart,  
Pratt-Abbott  
Laundromat,  
Shaw's,  
Union Station  
Fitness Center.

### BRIGHTON AVE:

Corsetti's,  
Osteopathic  
Hospital, USM  
Campus Center,  
Shaw's  
Patches Variety,  
Rosemont Market,  
Kira Mart.

### BATTAMBAW ASIAN

Market Place.

### FOREST AVE:

RSVP Discount  
Beverage, Aceto's  
Variety, Morano's  
Market, Papa's  
Place, Pratt-Abbott  
Laundromat,  
Green Gables  
Convenience  
Store, Amato's,  
Pier Imports,  
The Place,  
Shop 'n Save,  
Rasoul's, The Hall  
of Fame Oneies,  
Santa Harbor  
Lunch, Washus II,  
The Great Lost Bear.

### WASHINGTON AVE:

Amato's, Charlie's,  
Eddie's Variety,  
Quattrucci's Variety,  
LaRosa's Market,  
Green Gables  
Convenience Store,  
Shaw's,  
Bookland, Portland  
Dry Cleaning &  
Laundry Center.

### OCEAN AVE:

Pennywise Market,  
Ocean Ave. Variety,  
STEVEN AVE:  
Pompeo's Italian  
Villa, Quality Shop.

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McCarthy's Market,  
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# calendar

**7**  
THURSDAY

"Music for Dancers" is the subject of a lecture-demonstration being offered tonight as part of the Bates Dance Festival. Dance artist Martha Partridge and percussionist Tigger Ben-

ford (formerly of the Paul Winter Consort) are performing. It's a drive, but it's fun and it's free. Showtime is 7:30 at the Olin Arts Center, Bates College, Lewiston.



For those of you without a car, "Mr. Bojangles" himself, David Bromberg, is in town spinning yarns and singing songs at Raoul's, 865 Forest Ave. Tickets are \$11 in advance, \$12 at the door.

**8**  
FRIDAY

The paintings of Portland native John Swan are on view starting today at Gallery 127, Middle Street, Portland. His oils and watercolors depict realistic Maine landscapes, particularly of the Rangely area. There will be an opening reception for the artist from 5 - 8 pm. Free and open to the public.

**A Different Breed of Blues. David Bromberg plays Raoul's. Thursday.**

**10**  
SUNDAY

The Atlanta Virtuosi Chamber Music Ensemble starts its third summer season at Bates with a free, outdoor performance today at 4:30. Take a picnic and relax to this sampler of classical music. Olin Arts Center terrace.

**11**  
MONDAY

Back to work blues got you down? Los Latinos will lift you up with a Latin beat today at noon in Congress Square as part of the Intown Portland Exchange's Noontime Performance Series. Other highlights this

**9**  
SATURDAY

The Centennial Celebration of the Fifth Maine Regiment Community Center on Peaks Island kicks off today with a parade and fair. Parade begins at 9:30 am on Main Street and the fair continues through 2 pm. Celebration continues all month with concerts, dances and lectures. For more information, call 766-330.

You can't miss it. The Portland Rotary Club's 14th Annual Craft Festival is taking place today at Monument Square from 10 am - 4 pm. There will be all types of crafts - 150 participants are expected.

Tim Sample tell tales about Maine tonight at 8 at The Center for the Arts in Bath. This Downeast humorist promises fun for the whole family. Tickets are \$10.

week include In Transition at Canal Plaza on Tuesday, Jeff Aumuller at the Maine Savings Bank on Wednesday, the Melissa Hamilton Jazz Quartet in Monument Square on Thursday and Anni Clark performs Friday at Tommy's Park.

**12**  
TUESDAY

"The Struggles for Poland" is a nine-part series which begins tonight at 9 on MPBN. The series recounts the story of a people whose conflict and struggles have been central to the history of 20th-century Europe and draws on more than 100 filmed interviews, rare stills, and previously unseen archival film culled from around the world. Among those interviewed are former German Chancellor Willy Brandt, former Polish Foreign Minister Stefan Jedrychowski, Nobel Prize-winning poet Czeslaw Milosz, and Polish workers, peasants, soldiers, writers and dissidents. Tonight's program is titled, "Once Upon a Time."

**13**  
WEDNESDAY

Trouble in China. USM's summer lecture series on China continues tonight with a lecture given by Philip Kuhn, director of John Fairbank Center for East Asian Research at Harvard. Tonight's lecture, "China: Student or Prisoner of History," will be in the Amphitheater in the Campus Center, USM Portland, at 6:30. Free.

If it's too much effort to go out and think, stay in on the couch for an evening with Faulkner. Don't worry, we don't suggest you stay in and read the heavy prose. "The Long Hot Summer" with Orson Welles, Paul Newman and

Joanne Woodward is Channel 51's movie at 8 pm. The story is about a conflict between a Mississippi town boss and a tenant farmer. Worth taping if you refuse to stay in.

**14**  
THURSDAY

Admission's free tonight at the PMA. Curator of collections Martha Severans will give a gallery talk on the works in the current exhibition, "Five Years in One Hundred: The Portland Museum of Art Collection since 1983," which focuses on the museum's collecting philosophy. The Hamilton Easter Field Art Foundation Collection is out of mothballs for its annual appearance. All the artists represented in the collection were associated with Field's artists' colony in Ogunquit and include Stuart Davis, Walt Kuhn, Peggy Bacon, and Marsden Hartley.

**15**  
FRIDAY

The Portland Symphony Orchestra is at Fort Williams Park tonight for its "Royal Fireworks" concert.

The evening of baroque music will include the "Summer" movement from Vivaldi's "The Four Seasons," Handel's "Water Music" and "Royal Fireworks Music" and Bach's Suite No. 3. Showtime is 7:30 pm. Tickets are \$8. Although thunder and lightning might be an appropriate accompaniment to the Vivaldi, if it rains the concert will move to Portland City Hall.

If you prefer nothing between you and the elements, the Maine Audubon Society is offering an evening of astronomy titled "Moon, Mars and Magnitudes." Take a long look at the summer sky and view planets, stars and lunar features with astronomer Bernie Reim. Apparently, there is no better time to view Mars. Scarborough Marsh, Route 9, Scarborough, at 8 pm. Cheap fun. \$2.50.

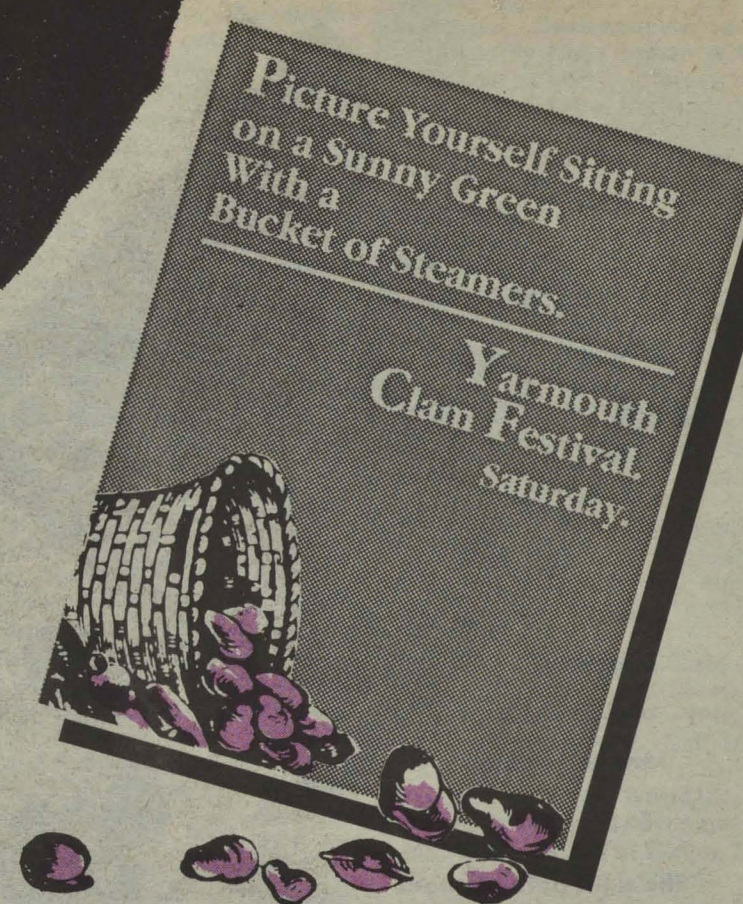
**16**  
SATURDAY

The Maine Audubon Society's Fourth Annual Loon Festival takes place today at Ellsworth High School from 10 am - 4 pm. There will be speakers discussing the Audubon Society's Loon Project, which is established to protect the loons' habitat and to operate as an outreach and educational vehicle for the public. On the lighter side, you'll find a loon calling contest, storytellers, loon carvers and a children's area.

Tickets are \$4 for adults and 50 cents for children. For more information, call 781-2330.

Clams will be everywhere in Yarmouth during the three-day Yarmouth Clam Festival. The opening parade will be marshalled by Bruins Coach Terry O'Reilly and begins at 6 Friday night on Main Street. There will be live entertainment on the North Yarmouth Academy lawn on Saturday and Sunday, a road race Saturday, a bike race Sunday and fireworks Saturday night at 9:15. The main attraction - the clam - can be found throughout the festival at the food booth on Memorial Green.

**Polish Up Your Loon-calling Skills. The Maine Audubon Society Celebrates the Loon. Saturday.**



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**Fatal Attraction**  
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"It's sexy, it's scary, it's some movie!"  
JULY 9-12  
SAT-SUN MAT 3:15  
SUN-TUES 7, 9:15  
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WED-SAT 7  
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## SILVER SCREEN

**Arthur II** Liza Minnelli and Dudley Moore are married. In case you have forgotten, in "Arthur" working class girl gets rich, drunken husband. Now the answer to the question we've all been asking, do they live happily ever after? (PG) At the Nickelodeon: 1:20, 4, 6:30, 9.

**Baby**—The Secret of the Lost Legend. Films for children at USM Portland, College Room, Campus Center: June 12, 7 pm.

**Big A** 12-year old wishes he were big and his dream comes true. Tom Hanks plays a boy set loose in a man's body, who takes the corporate toy world by storm. Also starring Elizabeth Perkins and Robert Loggia. (PG) At the Maine Mall Cinemas: 1, 3:10, 5:20, 7:30, 9:40.

**Big Business** Bette Midler and Lily Tomlin play two sets of identical twins. Mismatched at birth, one set of twins are country bumpkins, the other New York sophisticates. A comedy of errors which stars two of the funniest women in Hollywood. (PG) At the Maine Mall Cinemas: 1, 3, 5, 7, 9.

**Bull Durham** Baseball and sex. With Susan Sarandon and Kevin Costner. Costner plays a minor league catcher, helping out a rookie pitcher who will go far. Sarandon plays the seductress. (R) At the Nickelodeon: 1:10, 3:30, 7:20, 10 and at Cinema City: 7:15, 9:15 with weekend mats at 1:15, 3:15.

**Coming to America** Eddie Murphy plays a rich prince from a mythical kingdom who comes to Queens in search of a bride. Also starring Arsenio Hall. (R) At the Maine Mall Theaters: 1:30, 4, 7, 9:25.

Your expert trail to thrills and adventure.

To put your event on the right path, contact

Listings Editor

Ann Sitomer

at 187 Clark Street,

Portland, ME 04102.

You must reach Ann by

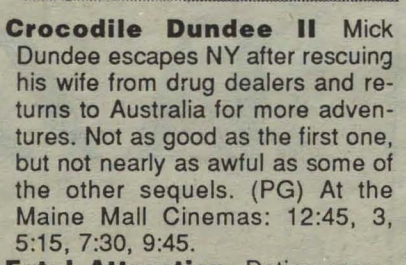
the Thursday prior to

the week in which you

want your listing

to appear.

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**Crocodile Dundee II** Mick Dundee escapes NY after rescuing his wife from drug dealers and returns to Australia for more adventures. Not as good as the first one, but not nearly as awful as some of the other sequels. (PG) At the Maine Mall Cinemas: 12:45, 3, 5:15, 7:30, 9:45.

**Fatal Attraction** Dating someone different this year? Take them to this to get his or her reaction. Last year's blockbuster about the dark side of extramarital affairs. Starring Glenn Close and Michael Douglas. (R) At The Movies: July 6-10 at 7, 9:15 with weekend mats at 1.

**Funny Farm** Yuppie city slickers escape to Vermont and find themselves in many misadventures with local townsfolk. With Chevy Chase and Madolyn Smith. (PG) At the Cinema City: 7:15, 9:15 with weekend mats at 1:15, 3:15 and at Prides Corner Drive-In: 8:40 daily.

**Great Outdoors** Dan Aykroyd and John Candy go on vacation. Badder than bad. Haven't we seen this one before? (PG-13) At the Maine Mall Cinemas: 1, 3, 5, 7, 9.

**Hail! Hail! Rock n Roll** A concert film made at Chuck Berry's 60th birthday celebration. With Chuck Berry, Eric Clapton, Keith Richards, Linda Ronstadt, Julian Lennon, Robert Cray and the great Etta James (PG) At The Movies: July 13-15 at 9:30; July 16 at 3:30, 9:30.

**Investigation of a Citizen Above Suspicion** This Italian thriller was a Cannes winner. It is about a murder committed by a citizen above suspicion—the police inspector. (R) At The Movies: July 9-10 at 3:15; July 11-12 at 7 and 9:15.

**La Bamba** The rise and fall of a great rock and roll song. (R) At the Prides Corner Drive-In: 10:25 daily.

**Lillian Gish: A Life Remembered** This film retrospective profiles the "first lady of the silent screen." First episode of "American Masters" on MPBN. July 11, 9 pm.

**License to Drive** What can a young man do when he has a hot date on a Saturday night and he has flunked his driving test? You got it. He borrows the parents car without permission and without a license. (PG 13) At the Maine Mall Cinemas: 1:15, 3:20, 5:25, 7:30, 9:35.

**Milagro Beanfield War** Robert Redford directed this film about the struggle over water rights in New Mexico between the Hispanic community and a group of powerful developers. Starring Ruben Blades, John Heard, Julie Carmen and Sonia Braga. (R) At the Evening Star: 7, 9:20.

**Phantasm II** Remember Phantasm? We don't, but according to Mick Martin and Marsha Porter's Video Movie Guide, Phantasm was the type of flick that, "If you like to jump out of your seat, watch this one alone with all the lights out." (R) At the Nickelodeon: 1:40, 4:15, 7:10, 9.

**Rambo III** Sly keeps on knocking them dead, this time in Afghanistan. How could Stallone have known about the change in political climate? (R) At the Cinema City, Westbrook: 7:15, 9:15 with weekend mats at 1, 3.

**Red Heat** Arnold Schwarzenegger and Jim Belushi in a wry comedy about a Soviet cop whose come to Chicago to extradite the U.S.S.R.'s most wanted criminal. The end of the Cold War? (R) At the Nickelodeon: 12:55, 3:15, 7:30, 9:50 and at Cinema City: 7, 9 with weekend mats at 1, 3.

**Romance on the High Seas** Doris Day. Lightweight musical about the meshing of romances on an overseas voyage. At the USM Gorham, Room 10, Bailey Hall: July 13, 7 pm.

**Round Midnight** Bertrand Tavernier's ("Mississippi Blues") great film about an American sax player in Paris in the late 50s. Dedicated to Dexter Gordon and with a great sound track, this film shouldn't be missed. (R) At the The Movies: July 13-15 at 7; July 16 at 1, 7.

**Short Circuit II** Light sci-fi for people who can't stomach the real stuff. (PG) At the Nickelodeon: 1:30, 3:50, 6:45, 9:15.

**Who Framed Roger Rabbit** Bob Hoskins plays the cheap detective hired to help Roger Rabbit find out who has really murdered the big man of Toon Town. Poor Roger's been framed. (PG) At the Maine Mall Cinemas: 12:45, 2:55, 5, 7:10, 9:20.

**Willow** Ron Howard and George Lucas's sword and sorcery movie. Kids will like it. (PG) At the Nickelodeon: 12:45, 3:40, 7, 9:40.

## WHAT'S WHERE

**Cinema City**, Westbrook Plaza, 854-9116.  
Presidio, Rambo III, Funny Farm, Bull Durham, Red Heat.

**Evening Star**, Tontine Mall, Main St., Brunswick, 729-5486.  
Milagro Beanfield War.

**Maine Mall Cinemas**, Maine Mall Rd., S Portland, 774-1022.  
Big Business, Crocodile Dundee II, License to Drive, Coming to America, Who Framed Roger Rabbit, Big, The Great Outdoors.

**Nickelodeon**, Temple and Middle, Portland, 772-9751.  
Bull Durham, Arthur II, Red Heat, Phantasm II, Short Circuit II, Willow.

**Prides Corner Drive-In**, Rt 302, Westbrook, 797-3154.  
Funny Farm, La Bamba.

**The Movies**, 10 Exchange, Portland, 772-9600.  
Fatal Attraction, Investigation of a Citizen Above Suspicion, Round Midnight, Hail! Hail! Rock n Roll.

## MUSIC

**Tree Cafe** 45 Danforth, Portland. July 8, the man of a thousand songs returns—Sleepy LaBeef. July 9, Camper Van Beethoven with pianist-satist D.J. Lebovitz. July 10, D.J. Lebovitz. July 13, from Chicago, the Slamin' Watusis. 774-1441.

**Geno's** 13 Brown, Portland. July 7, Sound Kings—roots rock reggae. July 8, The Two Saints and the Thrillhoppers. July 9, Things That Aren't Food and the Wild Hearts. July 10, Mark Fathom & Friends. July 14, Grateful Dead sounds with Rigamarole. 761-2506.

**Raoul's** 865 Forest, Portland. July 7, David Bromberg. July 8, The Broadcasters. July 9, I-Tones—reggae. July 10, more reggae with Andrew Tosh and the Peter Tosh Band. July 11, Blues Jam. July 13, Red Light Revue. July 14, Raoul's All Stars. 773-6886.

**Marble Bar** 51 York, Portland. July 7, Wild Turkey. July 8, Bishop Avenue Band. July 9, Force. July 10, '60s Oldies with the Invaders. July 14, Wild Turkey. July 15-16, Steve Howell and the Wolves. 773-5516.

**Dry Dock** 84 Commercial, Portland. July 8-9, the Jensens. 774-3550.

**Zootz** 31 Forest, Portland. Dancing. July 7, New Music. July 8-9, Eclectic Dance Mix. July 10, Ballroom Dancing—jitterbugging, cha cha, mambo, 5-6 pm instruction, 9 pm dancing. From 9 pm on, Request Night. July 11, Blue Monday—chem free dancing to funk, rap. July 12, benefit for Headcheese with Darian Brahms and the Moon-dogs. July 13, chem free dancing to New Wave. July 14, Guest DJ Bob W. from WWNH. 773-8187.

**Moose Alley** 46 Market, Portland. July 7-8, The Look. July 13, Show of Hands. July 14-16, R&B with the Persuaders. 774-1093.

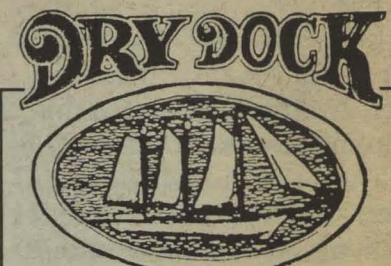
**Old Port Tavern** 11 Moulton, Portland. July 7-9, Panic Station. July 10-11, Fabulous Heavyweight. July 12-13, Cry Baby. July 14-16, Broadcasts. 774-0444.

**Horsethroats** 193 Middle, Portland. July 7, Travisphere. July 8-9, the Tone Boys. July 10, jazz in the afternoon with East End Quartet at 4:30. July 12, Rick Watson. July 13, Arthur Webster. July 14, Doug & Leah. 773-3501.

**Port Rendezvous** 9 Dana, Portland. July 7-9, '60s sounds with Gopher Broke. 772-0772.

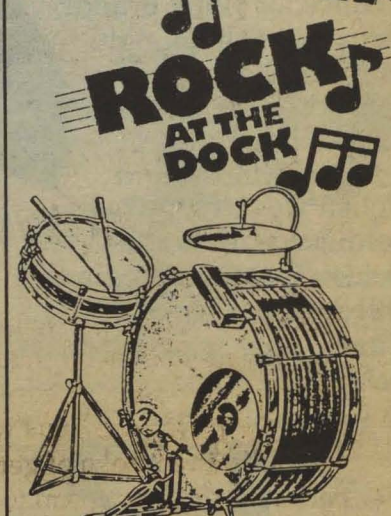
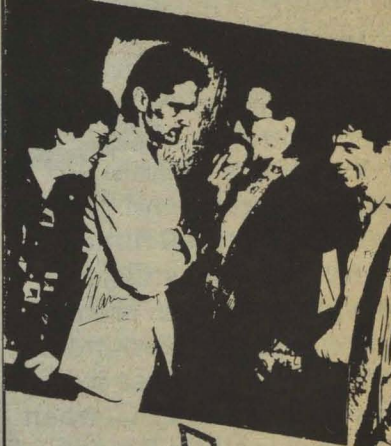
**LB's Pub** Rt 302, N Windham. July 8-9, Illusions. July 14, The Fitt. July 15-16, Stevie and the Black-outs. 892-8923.

**J.R. Flannagan's** 144 Main, Saco. July 7 and 14, DJ Greg Powers. 282-1617.



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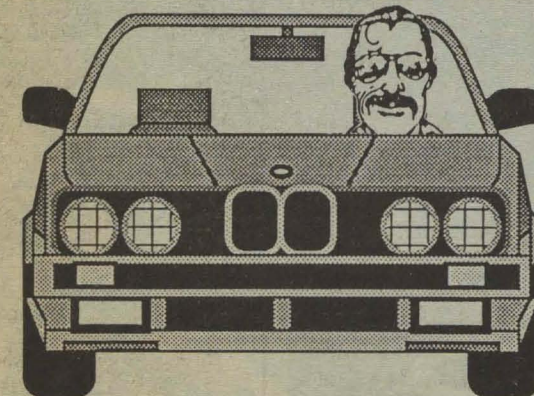
#### SUMMER SCHEDULE

MONDAY - Chem-free (House Mix) 8pm-1am  
TUESDAY - CLOSED  
WEDNESDAY - Chem-free (New Wave) 8pm-1am  
THURSDAY - Club Night (New Music) 8pm-1am  
FRIDAY - Dance Party 8pm-1am  
SATURDAY - Dance Party 8pm-1am  
SUNDAY  
5pm-9pm Ballroom Dancing  
9pm-1am Request Night

\*Tuesday July 12 Benefit for Headcheese

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PROVIDES FREE PARKING FOR DEADHEADS  
Raoul's solves traffic mess

Raoul's Roadside Attraction, 865 Forest Ave., opened its huge parking lot to thousands of Deadheads over the July 4 weekend, doing its part to help prevent the traffic mess that occurred during the Monsters of Rock shows the previous weekend.

Raoul's, in a stroke of genius, instituted a park-and-walk program to the Grateful Dead shows, providing free parking, free rest rooms and a free map showing the most scenic footpaths to Oxford Plains Speedway. Throughout the weekend thousands of tie-dyed shirts could be seen leaving Raoul's and hiking along the railroad tracks heading west.

"We're forever indebted to Raoul's," said one Deadhead, speaking for his friends. "And Oxford isn't as far as you think."

Most of the Deadheads made it to Oxford within four hours, half the time it would have taken them to reach Oxford by car, bus or limo.

The park-and-walk program was such a success that Raoul's plans to continue the program for all upcoming Civic Center and Old Orchard Beach concerts.

And, of course, Raoul's provides free parking and free rest rooms (maps are optional) for all its shows in July. You won't want to miss David Bromberg July 7, The Broadcasters July 8, the I-Tones July 9, Andrew Tosh and the Peter Tosh Band July 10, or the Broken Men July 15-16.

For ticket information, call 775-2494.

## GENO'S

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SATURDAY 7/9  
Things That Aren't Food  
Wild Hearts from Portland

THURSDAY 7/14  
Rigamarole

EVERY SUNDAY: Mark Fathom & Friends

13 BROWN ST., PORTLAND 761-2506

**Barnhouse Tavern** Rt 35, N Windham. July 7-9, Ramblin Dan Stevens. July 8-9, Robby Coffin. July 13-14, Laserjam. 892-2221.

**Brunswick** Old Orchard Beach. July 7-10, The Inspectors—progressive rock. Great dancing. July 12, Blockyard. July 13, Jam session. July 14-17, Cornerstone. 934-2209.

**Mr Goodbar** 8 W Grand, Old Orchard Beach. July 7-9, the Bobby Watson Band. July 10-11, Icemen. July 12-13, The Real Band. July 14-16, Kopertz. July 17-20, Rush. 934-9285.

**Check ♦ listings** for everything happening On Stage: plays, dance, concerts and other assorted diversions.

**Glasnost** presents performed by Paul Winter Consort with the Dimitri Pokrovsky Singers at Portland City Hall Auditorium, Congress St. July 7. Showtime is 8 pm. Tickets \$13. For more information, call 774-0465.

**Lil Abner** performed by the Maine State Music Theater through July 10 at Pickard Theater, Bowdoin College, Brunswick. Showtime is Tue-Sat, 8 pm; Wed, Fri and Sun mats at 2 pm. Tickets \$10-\$19. For more information, call 725-8789.

**The Nerd Comedy** written by Larry Shue, directed by Lee Paige. Through July 11 at Theater Project, 14 School, Brunswick. Showtime is Thu-Sun, 8 pm. Tickets \$6-\$8. For more information, call 729-8584.

**Bowdoin Summer Music** Festival Glenn Dicterow, violin; Karen Dryfus, Viola; Edward Auer, piano perform Bruch's Pieces for clarinet, viola and piano and Brahms's G minor Piano Quartet at the First Parish Church, Brunswick. July 7. Showtime is 8 pm. Tickets \$10. For more information, call 725-3895.

**The Magnolia Club** Russell Square Summer Theatre. Country music revue with musical arrangements by Jim Helms through July 17 at Russell Hall, USM Gorham. Showtime is Tue-Sun, 8 pm. Mats on July 10, 16-17. Tickets \$7-\$11. For more information, call 780-5483.

**Hold on Molly** performed by the Embassy Players. Musical adventure set in 18th-century Maine. July 6-Aug 6 at Schoolhouse Theater, Rt 144, Standish. Showtime is Wed-Sat 8 pm. Tickets \$10. For more information, call 642-3743 or 773-1648.

**Noontime Performance Series** Light Lunchtime Sounds. July 7, Anni Clark—Maine Nat'l. July 8, Occasional String Band—Chandler's. July 11, Les Latines—Congress Sq. July 12, In Transition—Canal Plaza. July 13, Jeff Amuller—Maine Savings. Showtime is 12-1:30 pm.

**Improvisational Jazz**, Modern and Post-Modern Dance performed by Bebe Miller, Danny Buraczski, Martha Partridge, Tigger Benford and Andrew Harwood. Part of the Bates Dance Festival Faculty. Schaeffer Theater, Bates College, Lewiston. July 8. Showtime is 8 pm. Tickets \$12/\$7. For more information, call 786-6161.

**Downeast Humor** performed by Tim Sample. Fun for everyone at the Center for The Arts, Chocolate Church, Bath. July 9. Showtime is 8 pm. Tickets \$10. For more information, call 442-8455.

**Two Gentlemen of Verona** Shakespeare's Comedy. July 9-10, 13, 15, 17. Showtime is 8 pm. Tickets \$7.50-\$12.50. For more information, call 933-9999.

**Atlanta Virtuosi** Chamber music. Preseason family concert on the lawn at Olin Arts Center Terrace, Bates College, Lewiston. July 10. Showtime is 4:30 pm. Free. For more information, call 786-6161.

**42nd Street** Performed by Maine State Music Theater July 12-July 31 at Pickard Theater, Bowdoin, Brunswick. Showtime is Tue-Sat at 8 pm; Wed, Fri and Sun at 2 pm. Tickets \$10-\$19. For more information, call 725-8769.

**Jazz Classics** performed by Bill Street Jazz Quintet. Old Standards—Basie and Monk—and original compositions. At Corthell Concert Hall, USM Gorham. July 12. Showtime is 8 pm. Free. For more information, call 839-5922.

**Rock and Roll Cornerstone**. It's loud, fast, simple and it's free. Outdoors in Deering Oaks Park, Portland. July 12. Showtime is 7 pm. For more information, call 775-5451 x300.

**Summer Organ Concerts** Friends of the Koltzschmar organ present a series of concerts: July 12, 19 and 26 at 8 pm, July 15, 22, 29 at noon. City Hall Auditorium, Portland. On July 12: Songs for soprano and organ by Ned Rorem, Vincent Bersichetti and Herman Koltzschmar, and Bach's "Piece d'Orgue," "Frank's" "Fantasy in A," Jean Langlais's "Te Deum" and "Louis Vierne's" Westminster Carillon. \$3 donation suggested.

**Devonsquare** Outdoor music at Mill Creek Park, S Portland. July 13. Showtime is 7 pm. Free. For more information, call 799-7996.

**Cantata in the Blues** performed by Brenda Bufalino. A one-woman tap concert by renowned rhythm tapper. At Schaeffer Theater, Bates College, Lewiston. July 13. Showtime is 8 pm. Tickets \$7. For more information, call 786-6161.

**Bowdoin Summer Music** Festival with the Oratorio Choral, Aeolian Chamber Players, Syoko Aki, violin, Michael Holzwil, French Horn, Paul Doktor and Sally Peck, violas. Mozart "Quintet for Horns and Strings," Bach "Cantata 34" and Schumann "First Piano Quartet" at the First Parish Church, Brunswick. July 14. Showtime is 8 pm. Tickets \$10. For more information, call 725-3895.

**Richard Marx** performs his hits at City Hall Auditorium, Congress, Portland. July 14. Showtime is 8 pm. Tickets available at Ticketron.

**Music and Mischief** performed by Randy Judkins and Bill Harley. Entertainment for the entire family at Phinney Bandstand, Municipal Center, Gorham. July 14. Showtime is 7 pm. Free. For more information, call 839-5144.

**Taking Steps** Written by Alan Ayckbourn. A contemporary British farce concerning six frantic characters each absorbed in his or her own problems, and as they try to resolves their difficulties everything gets worse. At the Theater at Monmouth, Rt 132, Monmouth. July 14 and 16. Showtime is 8 pm. Tickets \$7.50-\$12.50. For more information, call 933-9999.

**Chandler's Band** Nation's oldest community band. Every Thursday this summer in Fort Allen Park starting July 14. Showtime is 7:30 pm. Free. For more information, call 775-5451 x300.

**Jensons on the Bay**. Casco Bay Lines Booze Cruise. Rock and Roll under the stars. Sorry, no one under 21 allowed. Departs from Casco Bay Lines, Commercial, Portland. July 14. Showtime is 7-10:30 pm. Tickets \$8.

**Sam Shepard's** Cowboy Mouth performed by the Trapped in Portland Players at Zootz, 31 Forest, Portland. July 14. Showtime is 8 pm. Tickets \$5 at the door. For more information, call 773-8187.

**Handel's "Royal Fireworks Music"** accompany the fireworks as the Portland Symphony plays with Ray Shows, violin. Also, Summer from Vivaldi's "Four Seasons" and music by Bach, Handel and Pachelbel at Fort Williams Park, Cape Elizabeth. July 15. Showtime is 7:30. Tickets \$8. For more information, call 773-8191.

**Joshua Chamberlain** Impersonator Charles Plummer. Chamberlain was Maine's Civil War Hero, president of Bowdoin and governor of Maine. Maine Regiment Community Center, Peaks Island. July 15. Showtime is 8 pm. Tickets \$2. For more information, call 766-3330.

**Festival Finale** Bates Dance Festival students and faculty perform their own compositions and improvisations at Schaeffer Theater, Bates College, Lewiston. July 15. Showtime is 8 pm. Tickets \$2. For more information, call 786-6161.

**Eine Kleine Nachtmusik** performed by the Atlanta Virtuosi chamber music ensemble. Also Hayden's "Violin Concerto No. 1 in C Major," Schubert's "String Quartet No. 12," Schumann's "Piano Quintet in G Major." Preceded at

## ON THE WALL

Exhibits in museum, galleries and in a few other places you might not expect to find art. Check ♦ listings each week for art on the Wall all around Portland.

**Portland Museum of Art** Seven Congress Square, Portland. Five Years in One Hundred: the PMA collection since 1983, through Aug 14. Hamilton Easter Field Art Foundation Collection. Works by Stuart Davis, Walt Kuhn. Hours: Tue-Sat, 10-5; Sun, 12-5; Free on Thu, 5-9, 775-6148.

**Cranberry Isles Artists** and Curator's Choice. Wide variety of works by artists who have been inspired by the isles and other less-established artist being shown by the gallery for the first time at Maine Coast Artists, Rockport. Through July 24. Hours: Tue-Sun, 10-5. 236-2875.

**Teresa Sullivan** Paintings at Albert's. 27 Forest, Portland. Through Sep 9. Hours: Lunch and dinner. 774-5408.

**Bruce Pizzichillo** Multi-layered, innovative sculptures at the Stein Glass Gallery, 20 Milk, Portland. Opening July 6. Hours: Mon-Sat, 11-5:30. 772-9072.

**Ernie B.J. Abrahamson** Watercolors at The Artisan, 334 Forest, Portland. Through July. Hours: Mon-Thu, 9-6; Fri, 9-5; Sat, 9-3. 772-5522.

**James Charvotte**, Nikki Milanzi and Susan Pedersen show their work at the Hitchcock Art Dealers, 602 Congress, Portland. Through July 22. Hours: Thu, 5-9 pm; Sat, 12-5. 774-8919.

**John Swan** New paintings by the nationally known Maine artist at Gallery 127, 127 Middle, Portland. July 8-Aug 12. Hours: Mon-Sat, 10-6; Thu, 10-8. 773-3317.

**Pencil Drawings** by David Mack at Thomas Memorial Library, 6 Scott Oyer Rd, Cape Elizabeth, through July 22. 793-1720.

**Oceanic Sculptures** and drawings by Libby Lyman at the Portland Public Library, 5 Monument Square, Portland. July 5-Aug 18. 774-4761.

**The Floral Image** Paintings by Beverly Hallam at Hobe Sound Galleries North, One Milk, Portland, through July 23. Hours: Tue-Sat, 10-5:30. 773-2755.

**All-Maine Biennial** "Works on Paper." A juried show for artists working on paper at USM Gorham. July 10-Aug 11. Hours: Sun-Thu, 12-4 pm.

**Dahlov Ipcar** at Center for the Arts, 804 Washington, Bath, through July 16. Hours: Tue-Fri, 10-4; Sat, 12-4. 442-8455.

**Larry Hayden** Recent paintings at Dean Valentgas, 60 Hampshire, Portland, through July 10. Hours: Thu, 5-9 pm; Sat-Sun, 1-5 pm. 772-2042.

**Suzanne Stohlman** Black and white photography at Fretz & Young, City Center, Portland. Hours: Mon-Fri, 10-6; Sat, 10-5. 761-4550.

**Monsters and Angels**: An Isolated Vision, paintings by Michael Waterman at Gallery 127, 127 Middle, Portland, through July 6. Hours: Mon-Sat, 10-6; Thu, 10-8. 773-3317.

**Fresh Paint** Recent paintings by Dozier Bell, Camille Cole, Marsha Donahue, William Manning and Gregory Welch at Baxter Gallery, PSA, 619 Congree, Portland, through August 5. Hours: Mon-Fri, 10-4. 775-3052.



## MORE...

his work on the walls at Raffle's Cafe Bookstore, 555 Congress, Portland, through July 11. Open for lunch, Night Lights Works of mixed media by Sarah P. Hitchcock at Cafe Always, 47 Middle, Portland, through July 31. Open for dinner, 774-9399.

**Maine Historical Society** 485 Congress, Portland. Sketches of Portland from before the fire of 1886 by Charles Q. Goodhue (1835-1910). Hours: Tue-Fri, 9-5. Thu until 7, 774-1822.

**Nancy Margolis Gallery** 367 Fore, Portland. Jewelry, glass, furniture, and ceramics by several artists. Hours: Mon-Sat, 10-9; Sun, 11-5. 775-3822.

**Congress Square Gallery** 594 Congress, Portland. Maine Pictures by Michael H. Lewis, Robert Polien, Ted Groell, Philip Paratore, and Donald Duncan. Hours: Mon-Sat, 10-6. 774-3369.

**Barridoff Gallery** 26 Free, Portland. 19th & 20th century and contemporary paintings by Group Show. Hours: Mon-Fri, 10-5; Sat, 12-4. 772-5011.

**The Afternoon Gallery** 49 Dartmouth, Portland. Drawings and Paintings by Warren Spaulding. 871-9235.

## OFF THE WALL

Gallery openings, lectures on art, classes and art not found on a wall can be found Off the Wall each week in ♦ listings.

**Five Years in One Hundred** at the Portland Museum of Art, 7 Congress Square, Portland. Curator of collections Martha Severans will speak on the PMA collection since 1983. July 15, 12:30 pm. Also on July 14 at 5:15. Free. For more information, call 775-6148.

**Sculptor Carolyn Treat** Slide presentation and discussion of her work, sponsored by the Union of Maine Visual Artists on July 15, 7:30 pm at Maine Writer's Center, 19D Mason, Brunswick. Free. For more information, call 729-6333.

**Darkroom Technique** Learn to develop black and white film and make contact prints. At Arcadia Farm in Casco. July 16 at 10 am-4 pm. \$45. For more information, call 627-7106.

**Pieces in Place:** Two Hundred Years of Jigsaw Puzzles at the Olin Arts Center, Bates College, Lewiston. Jigsaw puzzle history, design and technology from the 18th century to the present. Open Tue-Sat, 10-4; Sun, 1-5. Free. For more information, call 786-6158.

**Maine Quilts '88** Wall Quilt Contest at Mt. Blue High School, Farmington. Theme of this year's contest is "Quilts: Baskets and Bouquets." No deadline indicated. July 28-30. For more information, call 778-3076.

**Maine Marine Crafts** Exhibit at the Maine Aquarium, US Rt. 1, Saco. Six Maine artisans will demonstrate their crafts using material from the sea on July 9, 10-4. For more information, call 284-4511.

**Maine Coastal Program's** exhibits "The Gulf of Maine" and "Plastic Debris in the Ocean" can be seen at the lobby of the Portland Public Library through July.

## GALA

**Festivals, fairs and special events** each week under Gala in ♦ listings.

**Maine Ice Cream Bowl** \$2 (\$1 for kids) for all you can eat ice cream. Ice cream donated by Barnes Family Ice Cream, Cody's Old Fashioned Ice Cream, Deering Ice Cream, Gifford's Famous Ice Cream and Shain's Ice Cream. Proceeds to benefit the Maine Special Olympics and the Merit agricultural program. July 9, 11-4. Deering Oaks Park in Portland.

**Strawberry Festival** at Trinity Episcopal Church, Coyle and Forest, Portland. Shortcake. July 9, 11-1:30. For more information, call 773-4803.

**Parade and Fair** on Main St, Peak's Island. Kick off for the month-long Centennial Celebration of the Fifth Maine Regiment Community Center. July 9, 9:30-2. Free. For more information, call 766-3330.

**Farmers' Markets** Wednesdays at Federal & Pearl, Portland, and Saturdays at Deering Oaks. 7 am-1 pm.

## SENSE

**Tired of mindlessness.** Read ♦ listings each week to see what lectures, meetings and other sensible things are happening in and around Portland.

**Mac Users** at USM Portland. Open to the public, first Thursday of every month. July 7 at 7 pm. Free for first-time visitors.

**Women Business Owners** of Greater Portland meet for the purpose of providing education, support and encouragement to women who own a business. July's meeting will focus on financial planning, recordkeeping and analysis. July 7 at 6 pm. For more information, call 761-0041.

**Caring Across Generations** at Moot Court Room, USM School of Law, Portland. July 7 at 7 pm. Free. For more information, call 780-4076.

**Music for Dancers** at the Olin Arts Center, Bates College, Lewiston. Lecture-demonstration with Martha Partridge and percussionist Tigger Benford. July 7 at 7:30 pm. Free.

**Manuscript Preparation** at Maine Writers' Center, 19D Mason, Brunswick. Workshop offered by Nessa Burns for writers of fiction and nonfiction will provide advice on how to present a manuscript to a publisher. July 9, 1988 at 1 pm. \$20 nonmembers, \$15 members. To reserve a place, 729-6333.

**Wilhelm Reich Museum**, Rt. 4, Rangely. Summer exhibit documents the Food and Drug Administration's attack on Reich. Hours: Tue-Sun, 1-5 pm. \$3. For more information, call 864-3443.

**Backroads Group** at Arcadia Farm, Casco. Seminar on the resources, land use and preservation of the region through mapping and geology. July 9, 1-4 pm. Donations accepted. For more information, call 627-7106.

**Allen Ginsberg** on MPBN radio. Beat poet reflects on fame and sacred speech. July 10 at 11:30 am.

**A Look at Modern Dance** at the Olin Arts Center, Bates College, Lewiston. A historical overview of the field of modern dance given by dance critic June Vail. July 10 at 7:30 pm. Free. For more information, call 786-6135.

**The World of Thought** in Ancient China on MPBN Radio. Speaker - Benjamin Schwartz, Professor Emeritus at Harvard University. July 11 at 12:30 pm.

**Struggles For Poland** First of nine-part series on MPBN. First episode "Once Upon a Time" on July 12 at 9 pm.

**Fire from the Mountain** on MPBN. Documentary based on the autobiography of Nicaraguan author Omar Cabezas following his political journey from student activist to guerrilla to government official. July 12 at 10 pm.

**Jazz Dance** at the Olin Arts Center, Bates College, Lewiston. Lecture-demonstration given by director of Jazzdance Danny Burackski. July 12 at 7:30 pm. Free. For more information, call 786-6135.

**China: Student or Prisoner of History** Lecture given by Philip Kuhn, director of John Fairbank Center for East Asian Research, Harvard University. At the Amphitheater, USM, Portland. July 13 at 6:30 pm. Free. For more information, call 780-4076.

**Coastal Growth Management: Who Needs It?** Lecture given by Michael Hamilton, USM professor of political science. At the Moot Court Room, USM School of Law, Portland. July 14 at 7 pm. Free. For more information, call 780-4076.

**Nan Robertson** on MPBN Radio. NY Times reporter is interviewed on "Fresh Air" July 14 at 7 pm.

**Local Civil War Hero** Joshua Chamberlain is impersonated at Fifth Regiment Community Center, Peak's Island. And now for something completely different. Joshua Chamberlain will be impersonated by Charles Plummer. July 15 at 8 pm. \$2. For more information, call 766-3330.

## ISSUES

**Find out** how to get involved with the Issues each week in ♦ listings.

**Cumberland County Child Abuse** and Neglect Council is looking for a volunteer activities coordinator for its July 23 fundraiser. Time commitment is 10 hours a week until July 23. Hours are 9 am - 2 pm any day of the week. For more information, call the Center for Voluntary Action 874-1015.

**Get Involved** United Way is looking for a volunteer to help update its computer records. Flexible schedule. Two hours a week. For more information, call the Center for Voluntary Action 874-1015.

**Maine Animal Sanctuary** Group is organizing fundraisers to raise money to build a shelter for stray animals. July 13. Meet on the second Wed of each month at 66 Glenwood, Portland. For more information, call 773-5054.

**Downtown Planning Forum** at Portland Public Library, Monument Sq. Discussions led by Joseph E. Gray, director of the Department of Planning and Urban Development. Next topic, Housing on July 14, 4-6 pm. For more information, call 775-5451, Room 211.

**Peace Vigil** every Wed at noon. Monument Square, Portland.

## BODY & SOUL

**Everything** for Body and Soul: exercising, meditation, workshops and lectures on health related topics. Each week in ♦ listings.

**Scuba Diving** Course offered by the Portland YMCA, 70 Forest, Portland. Session begins July 17. Classes for five Sundays at 6 pm. \$195. Advance registration is required. Call Joe Gallant at 797-6376 or Jackie at the YMCA at 874-1111.

**Love Your Back** Six week program for people with low back pain which includes low-level exercise routines and back education sessions. Tuesdays, 5-6:15 pm starting July 19. To register call Lifeline at 780-4170.

**Performance Art: Movement and Theater Skills** for Young Adults at Chase Hall Lounge, Bates College, Lewiston. Workshop conducted by Maine performance artists Paul Sarvis and Gretchen Berg for youths age 14-18 at 10 am. At 1 pm workshop will be offered for dance and theater educators. July 9. Free.

**The AIDS Project**, 48 Deering, Portland. Lists many support groups for PWAs and the lovers, caregivers and friends of PWAs around Portland. For more information, call 774-6877.

**Disaster and First Aid Training** American Red Cross, Portland. Volunteers needed to assist victims of natural and man-made disasters, help with shelters, and conduct damage surveys. Time requirement is two hours per week. Training provided. For more information, call the Center for Voluntary Action 874-1015.

**Danceworks Fitness** Classes in the Public Safety Building Gym, Portland. Classes include calisthenics, choreographed dance and body sculpting with free weights. Mon and Thu, 5:30-7 pm. \$4 per class. For more information, call 846-6030.

**Meditation for Women** every Mon at the Quaker Meeting House, Forest Ave, Portland. Guided meditation and ritual. For more information, contact the Feminist Spiritual Community at 773-2294.

**Psychic Development** Class at the Portland Spiritual Church, 180 Sawyer, S Portland. Every Friday at 7:30 pm. Free. For more information, call 926-4580.

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(OH, FORGET IT. JUST LISTEN.)

## The Winter of our content

Paul Winter is not at two with nature.

The composer/saxophonist and founder of the Paul Winter Consort has made a career of seeking out the voices of untrammeled wilderness (the Grand Canyon, wolves, whales, eagles) and incorporating them into the texture of his ensemble's serenely jazzlike music.

Winter's latest project, a new recording called "Earthbeat," brings together the Consort with the traditional Russian vocal music of the Dimitri Pokrovsky Singers, with whom he will perform at Portland City Hall Auditorium on Thursday, July 7, 8 pm.

"The first album of original music created by Americans and Russians together," is the Glasnostian hype assigned to this project, but Winter seems sincere in his commitment to forge new musical forms and geopoliticize the awareness of his listeners.

Born in Altoona, Pennsylvania in 1939, Winter was a precociously multi-instrumental child until settling on the saxophone at age 12. After winning an intercollegiate jazz competition in 1961 and a subsequent recording contract with Columbia Records, Winter went on to tour Latin America under the auspices of the State Department. Between 1962 and 1965, the Paul Winter Sextet recorded seven albums for Columbia.

Despite extensive touring and festival appearances, and the fact that the Sextet gave the first jazz concert ever held at the White House, Columbia dropped Winter from its roster. Winter responded by forming the Paul Winter Consort in 1967 in West Redding, Connecticut. Drawing on an eclectic musical spectrum ranging from Latin American and African to classical, rock, jazz and folk elements, the Consort re-

corded three albums for A&M Records between 1967 and 1971. The Consort's leader, however, felt that his fusion had failed and, despite the fact that the Beatles' producer, George Martin, considered Winter's 1972 LP "Icarus" "the finest album ever made," the composer dissolved the group.

Undaunted, Winter became involved in what he eventually termed "earth music," a music that came to reflect the ethos and musicality of wild places and wild things.

Over the next several years, Winter released a series of albums ("Common Ground," "Whales Alive," "Canyon") that put him in the forefront of world eco-music. "Canyon" reached fourth place on Billboard's jazz charts, and, in 1987, was nominated for a Grammy Award in the newly created "Best New Age Album" category. It is a category, however lucrative and ubiquitous, from which Winter distances himself.

"Labels can be a blessing or a curse," Winter said, "and I've seen so many of them come and go as people tried to describe our music. The main thing a musician wants is to have people come and listen. Duke Ellington forbade the use of the label 'jazz' to describe his music. I don't really mind what people call our music as long as they listen."

"But when you're advertising the music," he cautioned, "it's another thing. During this New Age fad in the past couple of years, a few people who have done their own publicity for our show have said, 'The Paul Winter Consort: An Evening of New Age Music.' And it has kind of turned my stomach, because New Age music has come to be associated with such a superficial kind of music - no

depth or tradition."

The Dimitri Pokrovsky Singers certainly have depth and tradition. As in hearing any unfamiliar music, there is a delight in the simple experience of hearing something new. The traditional Kursk, Cossack and Russian seasonal, wedding and celebratory songs are delivered by the 14-member group in a rough-edged, thrilling and restless vacillation between major and minor keys. The harmonies are not sweet - lots of parallel fifths and octaves rubbing shoulders - but their music is riveting and compelling, and I wish there were more of it.

"Earthbeat," however, falls short of its goal of bridging the gap between cultures. The promotional material makes an understandable hullabaloo about the fact of this musical summit meeting taking place, but, as in most summit meetings, the results are long on style and short on substance.

The Consort applies a non-committal varnish of pleasant incidental music over the Russian singers. The instrumental accompaniment sustains a monochromatic mood of relentlessly diatonic, buoyant enthusiasm broken only occasionally by a passing minor chord. All too often the Singers just begin to work up a head of steam with a highly rhythmic mantra-like drive only for the Consort to swoop in and play something... irrelevant! And suddenly the Singers have either disappeared or been mixed down to the threshold of audibility and the Consort is front and center, often with a Winter soprano saxophone solo.

Part of the problem with "Earthbeat" seems attributable to the fact that the two en-

sembles - the Singers and the Consort - recorded their parts separately. Winter travelled to Russia in March of 1987 to oversee the Singers' recording in the studios of Melodiya, the Soviet state recording company. He then returned to this country where the members of the Consort lived with and listened to the music before the recording their own retrospective accompaniment.

So, optimistically, the problem may have something to do with the translation. I'm still willing to bet my American dollars that their upcoming show in City Hall will be worth the price of admission. After all, it will be a little harder to musically bury a 14-voice Russian chorus live onstage than it was in the studio, and by the time they arrive the two groups will have had a series of live performances under their belts.

Michael Hughes lives and writes in Portland. He consorts frequently with musicians, rarely with wolves.



The Paul Winter Consort will appear with the Dimitri Pokrovsky Singers at Portland City Hall Auditorium on Thursday, July 7, 8 pm.



## MORE

**Aikido** at Cathedral of the Immaculate Conception, 307 Congress, Portland. Gain strength, flexibility, coordination, balance, relaxation and concentration. Come observe a class. Free trial class. Tue, Thu, and Sat. \$40/mth. For more information, call Lifeline at 780-4170.

## OUTSIDE

**Looking for something to do** Outside? Check ♦ listings for field trips, hikes, bicycle trips and classes.

**Woman Outdoors Bike Trip.** Bethel Area 25-30 miles, rolling terrain. July 10. \$1 for nonmembers. For more information, call 829-5392.

**Appalachian Mountain Club** is looking for volunteers for its 3rd Annual White Mountain Trail Day. Tools, training, leaders, patch, barbecue, evening program and free camping provided. July 16. For more information, call 603-466-2721.

**Hirundo Wildlife Refuge** in Alton. The Maine Chapter of the Sierra Club is planning a half-day trip through refuge. July 9. \$2 members, \$3 non-members. For more information, call 348-6971.

**Canoe Tours** at Scarborough Marsh, Rt 9, Scarborough. Discover the plants and wildlife of the Dunstan River. Throughout July, daytime and evening tours. No more than \$6. For more information, call 883-5100.

**Salt Marsh Adventure** at Scarborough Marsh, Rt 9, Scarborough. Walk for the whole family which includes many hands-on activities. July 9, 3-4:30; July 12, 9:30-11 am. \$2.50. For more information, call 883-5100.

**History of Dunstan Marshes** at Scarborough Marsh, Rt 9, Scarborough. Learn about local history, salt-water farming, and trade by ship and rail. \$2.50. For more information, call 883-5100.

**Garden Tour** of Ram Island Herb Farm. Car pool leaves from Falmouth Shopping Center sign. Tour presented by Maine Organic Farmers & Gardeners Association and hosted by Ric Marshall. Culinary, aromatic, ornamental and medicinal herbs. July 11. Car pool leaves 5 pm. Tour begins at 6 pm. Free. For more information, call 797-5434.

**Moon, Mars and Magnitudes** at Scarborough Marsh, Rt 9, Scarborough. Check out the stars and planets with an astronomer. July 15, 8-9:30 pm. \$2.50. For more information, call 883-5100.

**Sea Kayak Lesson** on the Royal River, Yarmouth. Basic paddling techniques for the new paddler. Saturdays through the summer. \$10. Offered by L.L. Bean. For more information, call 865-4761 x7800.

**Introductory Canoe Lesson** on the Royal River, Yarmouth. L.L. Bean offers a 2-hour session emphasizing basic canoeing techniques every Sunday through the summer. \$10. For more information, call 865-4761 x7800.

## SPORT

**Participation and spectator** Sports are listed each week in ♦ listings.

**Introductory Archery Lesson** at L.L. Bean, Freeport. For people who are new to archery. Wednesday evenings: July 13, 27, Aug 10 or 24. To register, call 865-4761x7800.

**15th Annual Oxford 250** Oxford Speedway, Rt 26, Oxford. July 10, gates open at 11 am. Tickets are \$25-\$30, \$10 for children under 12. To reserve tickets, call 539-4401.

**Maine Phillis** at the Ball Park, Old Orchard Beach. Phillis play the Columbus Clippers on July 7-8, Toledo Mud Hens on July 9-11, the Pawtucket Red Sox on July 14-15. 7:05 pm. \$4-5. For more information, call 1-800-292-4441.

**The 3rd Great Royall River 5-Mile Canoe Race.** Race begins at

the Town Landing, Royall River, Yarmouth. In conjunction with the Yarmouth Clam Festival and sponsored by Saco River Outfitters. July 16 at 12 noon. Registration fee \$8 in advance, \$10 day of the race. For more information, call 773-0910.

**Baseball Writer** Roger Angell is interviewed on "Fresh Air," MPBN, Radio. July 7 at 7 pm.

**Timed Auto Slalom** in the parking lot of Old Orchard Beach High School. Organized by the Cumberland Motor Club. Trophies. Beginners and spectators welcome. July 10. Registration from 10-11 am. \$9 CMC/PCA members, \$12 nonmembers. For more information, call Jim Harper 883-3293.

**Road Races** 2nd Annual Topsham 7 to 14-year-old Open Invitational Half-Mile and One Mile Race. Mt. Ararat High School, Topsham. July 9, 9 am. For information, contact Jack Mercer at 725-9731 or Rob Laskey at 729-4104. 2nd Annual Mt. Cranmore Hill Climb, North Conway, N.H. Race is 3 miles, 1200 ft up. July 10, 9:30 am. For more information, contact Jim Drummond at 603-356-9361 or 603-447-5261.

**Basketball** at Riverton Community Center, 1600 Forest, Portland. Drop in. Tue and Thu at 6 pm. Free. For more information, call 775-5451 x300.

**Volleyball** at Reiche Community Center, 166 Brackett, Portland. Drop in. Tue and Thu at 6 pm. Free. For more information, call 775-5451 x300.

## FOR KIDS

**Flicks, shows, art classes** and special happenings just for Kids each week in ♦ listings.

**Magician Ralph Greenwood** at Deering Oaks Park in Portland. July 7 at 12:30 pm. Free. For more information, call 775-5451x300.

**Civil Wars Stories** at Fifth Regiment Community Center, Peaks Island. Part of the Centennial Celebration of the center. July 7 at 10:30 am. Free. For more information, call 766-3330.

**Wreathmaking** Basics of herbal wreath design at USM Portland. July 7, 7-8:30 pm. \$10. For more information, call 780-4076.

**For older kids** Volunteer the time away. Camp Fire Day Care, the Children's Museum, Children's Resource Center, Big Brother/Big Sister, Maine Med, Scarborough Marsh and other organizations are looking for people to help out this summer. For more information, call the Center for Voluntary Action at 874-1015.

**East End Children's Workshop** in Portland is looking for volunteers to work with the full-time staff in an ongoing day-care program. Benefits include meals and experience in working with children. Hours: Mon-Fri 8-12 and 2-5. Your choice of days and shifts. For more information, call the Center for Voluntary Action 874-1051.

**Sun Designs** at Children's Resource Center, 741 Stevens Ave, Portland. Arts and crafts for children ages 3-5. July 8 at 10 am and 1 pm. Call to register, 797-0525.

**The Thirteen Clocks** at The Theater at Monmouth, Rt 132, Monmouth. Based on the story by James Thurber. July 10 and 17 at 2 pm, July 13, 20 and 27 at 10:30 am. \$4. For more information, call 933-9999.

**Lady and the Tramp** Disney's Classic at the S Portland Public Library, 482 Broadway, S Portland. July 11 at 1:30 and 6 pm. 50 cents. For more information, call 799-2204.

**That Darn Cat** Walt Disney's flick starring Hayley Mills at the Portland Public Library, Monument Square. July 11 at 10:30 am. Free. For more information, call 773-4761.

**Candy Making** at USM Portland. Fundamentals of candy making. July 12 at 7-8:30 pm. \$10. For more information, call 780-4076.

**Baby - The Secret of the Lost Legend** Flicks for Kids in

the College Room, Campus Center, USM Portland. July 12 at 7 pm. Free. For more information, call 780-4076.

**Funtimesometime** at the S Portland Public Library, 482 Broadway, S Portland. Movies, crafts, surprises every Tuesday, 2-3 pm. Free. For more information, call 799-2204.

**Paper Mache Sculpture** at Children's Resource Center, 741 Stevens, Portland. For Children Ages 5 and up. Tuesdays during July at 10 am. Call to register, 797-0525.

**Children's Workshops** at Children's Museum, 746 Stevens, Portland. Collage, texture, graphics, printing, sculpture in wood, puppet making, abstract painting, t-shirt design, kite making and origami. Weds in July and Aug. Preschoolers, 10-11 am. School age children, 2-3 pm. Reservations required, 797-5483.

**Stamp Collectors' Workshop** at the Fifth Regiment Community Center, Peaks Island. For young adults. July 13 at 2 pm. Free. For more information, call 766-3330.

**Fiddlers' Reach** at Chocolate Church, 804 Washington, Bath. Performance for children sponsored by the Center for the Arts, Patten Free Library and Bath Recreation. July 13 at 6:30 pm. Free. For more information, call 442-8455.

**Animal Pictures** at the Children's Resource Center, 741 Stevens, Portland. Workshops offered for children ages 3-5 on Weds and Thurs in July. July 13-14 at 10 am and 1 pm. To register call 797-0525.

**Randy Judkins & Bill Harvey** at Deering Oaks Park in Portland. Fun Singalongs and Storytelling. July 14 at 12:30 pm. Free. For more information, call 775-5451 x300.

**Dino Den** at Children's Museum, 746 Stevens, Portland. Hands-on learning about dinosaurs. For more information, call 797-5483.

**Stars and The Planetarium** at USM Portland. Introduction to the planet and the stars. July 19 and 26, 7-8:30 pm. \$10. For more information, call 780-5483.

**Land of Giants** at the Pine Tree Shopping Center, Brighton Ave, Portland. Children's Museum's dinosaur exhibit through Sept 11. Portland Recreation is offering several sporting programs this summer. See u SPORT. For more information, call 775-5451 x300.

**Star Gazing** for all ages at Southworth Planetarium, 96 Falmouth, Portland. Wed, Fri and Sun at 7:30 pm. Special shows for groups can be arranged. \$2.50 adult/\$1.50 child. For more information, call 780-4249.

**Flicks** at Portland Public Library, Monument Square. Every Sat at 10:30 am. Free. For more information, call 774-4761.

**Summer Film Program** at Falmouth Memorial Library, 5 Lunt Rd. Every Thu through Aug 4. Free. For more information, call 781-2351.

**Flicks in Gorham** at Baxter Memorial Library, South St., Gorham. Every Mon and Tue beginning June 27. Free. For more information, call 839-4653.

**Stories and Fun** at Prince Memorial Library in Cumberland. Wed for 2-3 year olds. Thu for 3-5 year olds. Free. For more information, call 829-3180.

**Preschool Story Hour** continues year-round at the Baxter Memorial Library in Gorham. Tue-Wed 10:30-11:30 am. Free. For more information, call 839-4635.

**PAL Program** at the S Portland Public Library, 482 Broadway. Picnic lunch and stories. Registration on June 21. Program starts June 28. Free. For more information, call 799-2204.

**Summer Reading Club** at Falmouth Memorial Library, 5 Lunt Rd. Children in kindergarten through grade 5 will read 12 books. Party Aug 17 for those completing the program. Free. For more information, call 781-2351.

**Paper Mache Sculpture** Workshop. For children ages five and up at the Children's Resource Center, 741 Stevens, Portland. Children will create animals, vehicles, creatures, and other imaginative sculptures from recycled materials. Tuesdays in July. 10-11:30 am. \$2. To register, call 797-0525. ♦



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# EATS

by Althea Kaye

WHAT PORTLAND IS MISSING —  
AND A FEW THINGS IT'S NOT.

## Dim Sum

It is lunch time. And I am in Toronto, Canada's largest city. The same Toronto where a few scant blocks away Reagan, under the guise of an Economic Summit, is really attending an early farewell-from-office party thrown by six of his surface-close, power-wielding foreign friends. While they are most likely lunching on some innocuous fare, I am chewing on, amongst other exotic, pig's stomach.

I am in a Chinese restaurant in Toronto's bustling Chinatown. (Tell me, why do all Chinatowns bustle?) The restaurant is far removed — in decor, menu and service — from the Chinese restaurants found on Exchange Street, in downtown Portland and at the Mall. In lieu of tablecloths are layer upon layer (I stopped counting at 50) of heavy white plastic. And instead of knife, fork and teaspoon, a small white porcelain bowl, earless Oriental tea cup, spoon and wooden chopsticks are placed before me.

There are no red- and gold-leaf wall designs, just a couple of watercolors showing peaceful Oriental scenes of cliffs and waterfalls. The restaurant is noisy and bright, and the floor is not carpeted. The language flowing around me is a cacophonous Chinese. (Tell me, why is the Chinese language always thought of as cacophonous? Because of the sing-song voices of the speakers or because of the different tones the language has?)

The waiter plunks down a pot of unordered tea, then wanders off. No menu was offered, nor did my guide and Chinese friend ask for one. I glanced at the other diners, all of them Chinese. Or, at least, Oriental. Some were reading a Chinese newspaper; others sat and looked around, searching for something. They all seem to be waiting. Expectantly and patiently. And like them, we too, waited.

I was being introduced to a "Yum Cha" lunch in a Chinese

tea house where the food served is known as "Dim Sum," or heart's delight. For those of you who have no inkling as to this manner of eating, "Dim Sum" is China's answer to Spain's "tapas." But instead of having plates of food spread out on a bar, "Dim Sum" is brought around to each table by women pushing carts and trolleys. If you like or want to try what she is offering, you take a dish.

Within minutes of our arrival an elderly Chinese woman comes by, pushing a double decker steel cart. As she passes our table, she mumbles something in Cantonese. My friend nods. Whereupon a plate of fried dumplings from the cart is set on the table.

As I dig into these bite-sized morsels, first dipping them in a soy-vinegar sauce, I mentally compare them with those I've eaten at Portland's supposedly best Chinese restaurant. These are far superior: the pastry is crisp and delicately thin; the meat filling is pungent and delicious.

Another cart has stopped. On it are several towers of round bamboo steamers. The woman calls out what she is offering — three kinds of steamed dumplings. We order one container of each. I go ga-ga over a whole shrimp wrapped in a translucent wheat starch dough made to look like a Quaker's bonnet. Next, I try a meat dumpling that resembles a fluted spark plug. Not as light as the shrimp, it is still wicked delicious, chock full of ground pork, sausage, water chestnuts and unknown Chinese spices. The third steamer proffered pork turnovers — a flat crescent stuffed with meat and vegetables that veritably melted in my mouth.

And thus we ate. Every few minutes my friend would accept something from a cart and I would eagerly wolf it down. We had crisp spring rolls filled with Chinese BBQ pork and dried shrimp. There was fried taro cake (gooey and good) and spareribs in black beans, so tender that I could swallow the chewed bones. I insisted on

trying, much against my friend's advice, a dish of what looked like a whitesponge. This rice pudding cake not only tasted like sweetened ironing starch, my tongue stuck to my palette.

I should have learned to trust my friend's judgment. But adventurers are not always sensible. When an interesting looking stew concoction came by I boldly asked for one. The two Chinese women — my friend and the server — looked at each other. The former shrugged. The latter giggled. What I had ordered was a stew of beef offal. Awful!

But I was lucky the third time: a plate of steamed tripe. The white banner-like strips floated on a clear, simple sauce. They were sweet and slightly chewy. A far cry to those I had tasted in Caen, France.

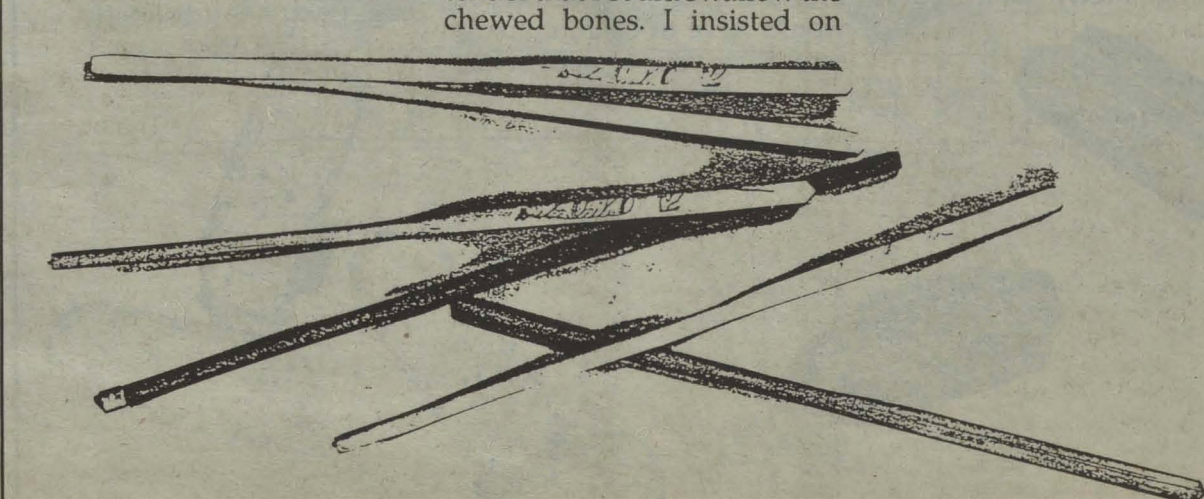
A "Dim Sum" lunch can last as short or as long as you wish. Businessmen concoct deals in-between mouthfuls, arriving just before noon and lingering over tea until the restaurant closes — usually around 3 pm. Housewives and office workers pop in to gossip and fill a growling stomach, staying only as long as their lunch hour allows.

And when everyone is sated and the bill is paid the waiter pushes everything to the center of the table, picks up the four corners of the plastic tablecloth and hauls the whole shebang away, hobo style! How's that for ingenuity?

My experience with Chinese food in Portland has been similar to that incorrect saying that all Chinese look alike: that all Chinese food tasted the same. This tea lunch in Toronto convinced me differently.

Not all Chinese look alike — and Chinese food is not all the same.

Althea Kaye lives in South Harpswell and eats better than the rest of us.





PISSING AWAY THE FAMILY BUDGET?

## Go easy on the vitamins

What we're talking about here is megadoses.

The vitamin and mineral supplements that many people pop like candy in the belief that if a little is good for you, more must be better, and lots must be great. Megadoses for mega-lifestyles.

Sorry, but it ain't necessarily so. At best, most of the megadose goes right on through. At worst, you can overdose your system and end up sicker than a dog.

Some nutritionists believe that we can get all the vitamins and minerals we need from our diet, and that any intake exceeding the federally recommended daily dietary allowance is too much. Others believe that a daily multivitamin supplement with minerals can be helpful as a sort of insurance policy. But many people are convinced they need huge amounts of vitamins, and enough minerals to stock a mineshaft.

Most vitamins are water soluble. That means the body takes what it needs and dumps the rest down the drain, which explains vitamin-rich urine. If that's not bad enough, megadoses can create a dependency.

Without your accustomed gigantic daily vitamin hit, you quickly develop a vitamin deficiency. Sound bizarre? Here's how it works, according to Larry Roberts, the chief clinical dietitian at the Adventist Hospital in Portland, Oregon: Say your body had gotten used to flushing as many as 4,000 to 5,000 milligrams of vitamin C daily, and you suddenly cut your intake cold turkey. You know that you're not tossing any more of the stuff down, but, because nobody's told your liver, your body still goes on merrily flushing itself out at its old rate. To do that, your system has to raid the vitamin C you've stored up in the tissues, and because it's a water-soluble vitamin, that doesn't take too long. Pretty soon you've

depleted your system, and before you know it, scurvy. Doctors call this a rebound scurvy.

A dependency on vitamins and a depletion of your bank account are not the only problems you can get by choking down megadoses. Granted, your body needs vitamins and minerals to function, just as your brain needs oxygen. But what happens when you hyperventilate? You get dizzy and fall into a ditch, that's what. The brain cells drown in oxygen. An over-saturation of vitamins or minerals is not likely to be as immediately dramatic, but it can be dangerous. At certain levels some vitamins and minerals become toxic, causing nausea, diarrhea, severe headaches, liver and nerve damage, and a host of other maladies, including general weakness.

Nobody with a glimmer of sense is going to take vitamins to get weak, but according to Roberts, it can be done. Thiamine, also known as vitamin B-1, can do the job nicely and give you insomnia to boot.

Although we need thiamine for the nervous system, 5 milligrams per day for four to five weeks is too much. Niacin, a B vitamin the body uses to metabolize carbohydrates, fats, and proteins, is another example of the sort of trouble you can get into. If you've ever taken a niacin tablet, you've probably experienced a flushed face and a burning sensation around the neck. Take enough of it — one reported case 750 milligrams per day for three months was enough — and you can experience all the joys of cardiac arrhythmia. One of which can be death from cardiac arrest.

Before you panic and throw away all the B vitamins in your cupboard, it is important to realize that most B-complex supplements contain well-balanced amounts of these vitamins, and you would have to work hard to overdose, plus they are water soluble. So you would have to be continually saturating your system before

they would do damage.

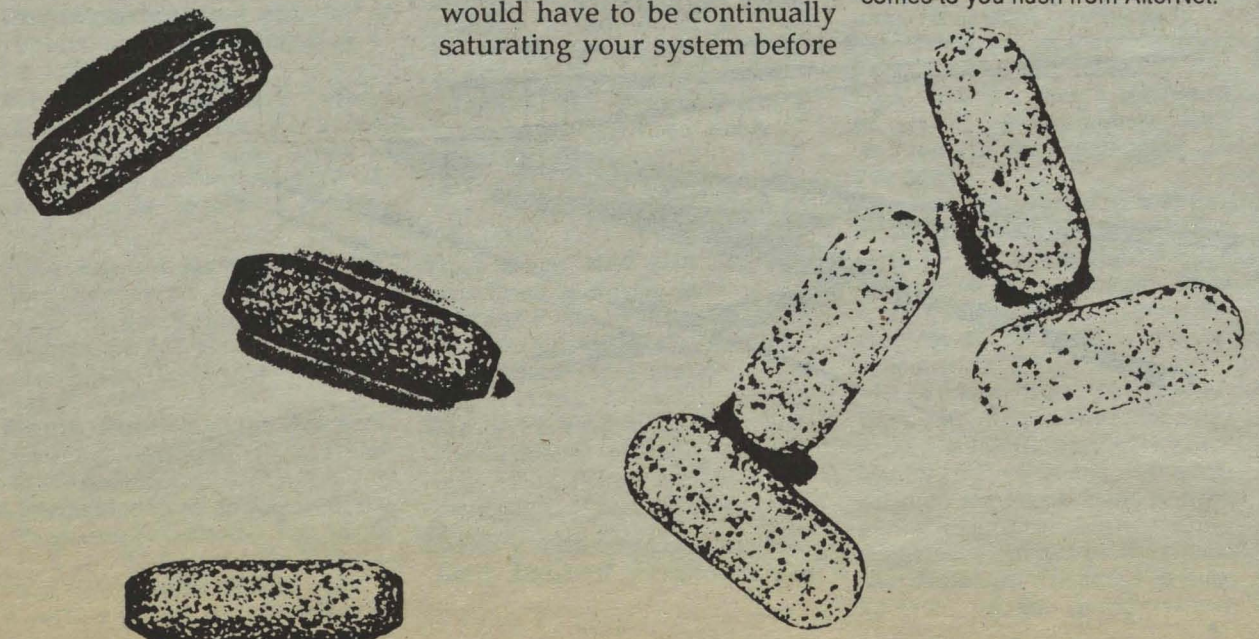
Some other vitamins, however, are fat soluble. Those vitamins — A, D, E, and K — will stick around in your body for a long time. That's because you store what you don't need at the time in fat cells. Your system will hang on to all the excess of these vitamins you want to throw into it. Or at least all the excess your body can handle before it gets even with you by collapsing.

All of that is bad enough, but it's not the only concern. Besides eating all those supplements because they want to live forever and have perfect bodies, people depend on them because they're just too lazy to eat. "I have a busy lifestyle," these people rationalize. "I'm too busy working and working out to worry about cooking." So what do they do? Eat megadoses and believe everything is fine. Well, it's not. One reason it's not is that supplements don't contain all the minerals the body needs.

According to Roberts, you need such things as arsenic. You don't need much, but you're not going to see any manufacturing company offering arsenic to people so they can eat the stuff. One slip-up and it's, "Sorry, judge, we didn't mean to put 200 times the usual amount in that bottle." Lawyers might love it if this would happen, but the rest of us should be thankful we can get the properly small amounts we need of this and other potentially toxic minerals from our diets.

That's the trick right there. The best place to get nutrients is right in your food, where they've been all along. Remember mom telling you to eat your vegetables? Did you think she was just kidding, or trying to be mean? She wasn't, she just didn't want you pissing away the family budget.

**Bill Redden** doubts that anyone's going to wax poetic about the sewers being paved with gold urine. His report comes to you flush from AllerNet.



July 7, 1988

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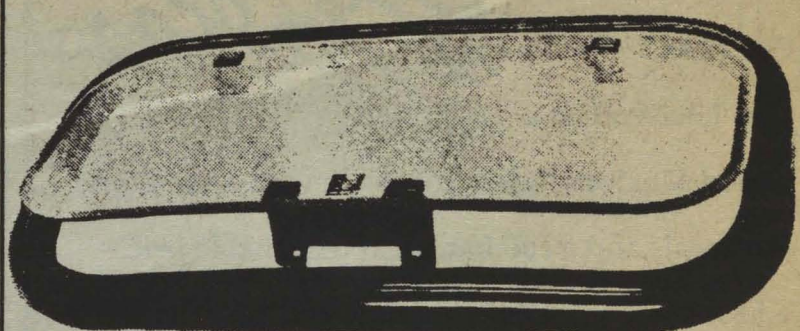
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July 7, 1988

21

## SPORT

by Mike Quinn

VOLLEYBALL FOR THE REST OF US

## Beach 'ball

You will never see this crowd in the Olympics. The word "athlete" is a misnomer for most of them. Gold medals, if they must be awarded, would be for Beer Belly Circumference Girth and Falling On One's Face Into Sand. Yes, sports fans, these unlikely heroes are none other than the Higgins Beach volleyball players.

The smartest of this lot set up the net at low tide allowing for the posts to stand and not float to Nova Scotia. Stakes are pounded into the warm sand with small rocks and then covered with huge Lazarus-like ones. The technology involved for this competition falls somewhere between Neanderthal and Bud Light. The one true advancement in the Higgins Beach physical plant is the bottle opener permanently attached to the outside wooden post. Drinking, however, is a sidelight. The people are the real story.

Let the games begin. Depending on attendance these contests usually are 6 on 6, or 9 on 9 — featuring men, women, children over 10, and an occasional golden retriever. The mentality of the average player goes back a few years to Sparta and basically is: go after everything, play till you drop or it

gets dark, and set the ball to your teammates. Hitting two nice sets prior to a winning point is tantamount to a home run after two singles. People who don't set the ball and only go for personal glory make excellent shark bait before the day is through.

We are talking about marathon volleyball here. You get the feeling that time is standing still and if only the game could be played forever, then somehow everything would be all right. Ask Chuck what time it is. He won't look at his watch because he's not wearing one. With complete confidence in his answer, he utters "Daytime, c'mon serve." Bobby Zreminds fans of the Rock of Gibraltar because of his size and mobility. He is a gym instructor and baseball coach who teaches his kids to be humble during the week. However he comes to Higgins Beach for his moments of glory. It makes no difference if he causes nine mistakes in a row. The tenth opportunity may well be his chance to shine — and that's why he's there.

As in any walk of real life Higgins Beach volleyball players have their own areas of expertise. Rare is the soul who can do it all, the franchise player, whose net worth is incalculable. Instead, you have Terry with a great serve, Mary with a perfect set, Ken with the unreturnable spike, Ted with the coldest beers. The talent here may be lacking but the dedica-

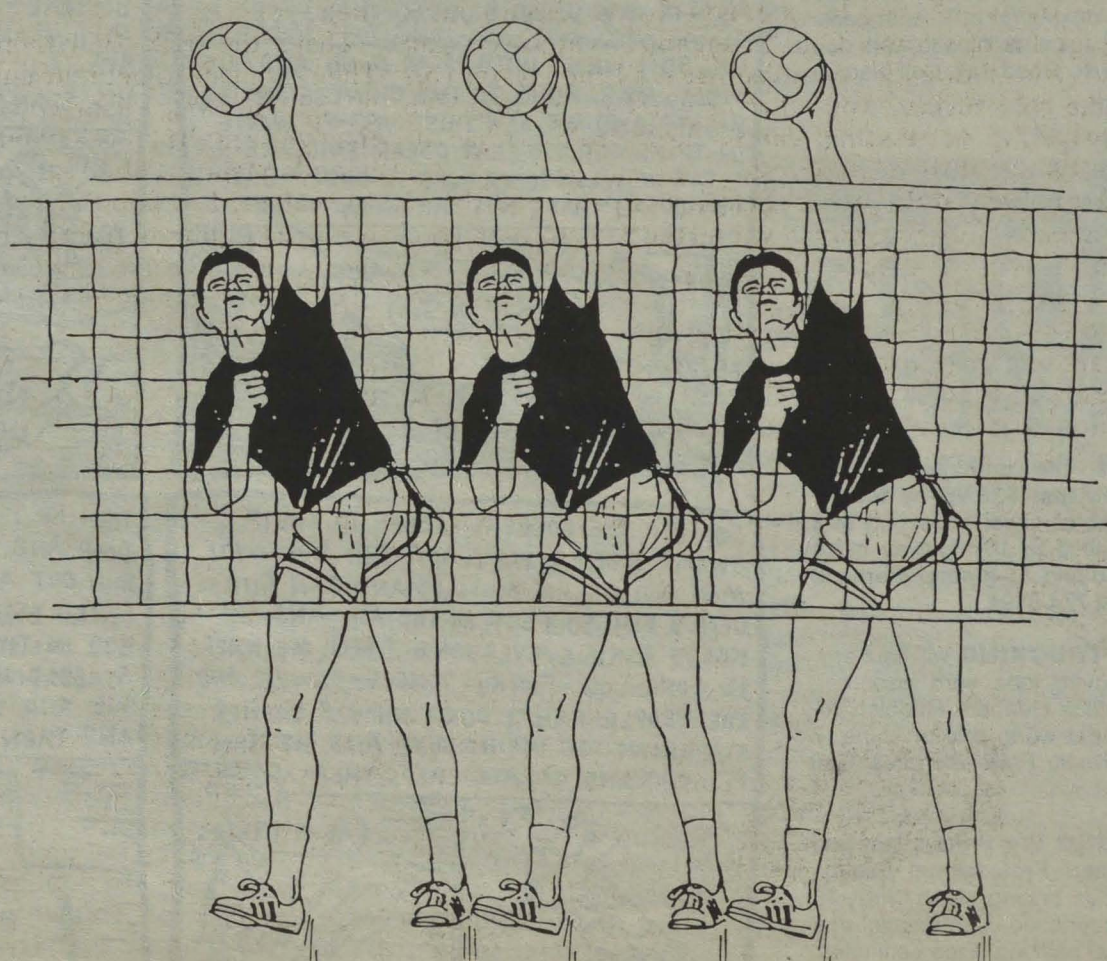
tion is enough to turn the tide. Beth missed a wedding recently because the volleyball was "too good." It takes all kinds and Higgins Beach has them every weekend, weather and tides permitting.

I suppose this kind of fanatical volleyball has religious overtones. It is often conducted on Sunday morning. Fishermen are close by and upon this rock and that rock the court is built. Overall the players espouse wholesome values and are devoted to helping their fellow man, especially if he happens to be on the same team.

The unofficial commissioner of the Higgins Beach Volleyball Association, Terence Cain, said, "When I've died and gone to heaven, I'll be right here at Higgins Beach with my friends. Playing volleyball all weekend is a reward for working hard all week, or at least staying out of trouble."

Just for the record, Higgins Beach is a half-mile stretch of sand in Scarborough off Route 77. It is a great place to go and relax and watch weekend folks who think they are world-class volleyball players. Better yet, show up and serve yourself. It doesn't get any better than this.

**Mike Quinn** lives and writes in Portland. He's been sand-stomping at Higgins since '74.





# CLASSIFIED

## JOBS FOR RENT AND RIDE BOARD

## PERSON TO PERSON

**SERVICES COORDINATOR**  
The Rape Crises Center, Inc. seeks a full-time services coordinator. Responsibilities include: providing short-term counseling and advocacy, training and supervising hotline advocates, facilitating support groups and assisting with prevention and in-service training programs. Applicants should have experience with crises intervention, supervising volunteers and knowledge of area social services. An understanding of sexual assault issues is required. College degree preferred. Position is available beginning August 22, 1988. Application deadline is July 8, 1988. Send resumes to Rape Crises Center, P.O. Box 1371, Portland, ME 04104.

**WEST END FAMILY** seeks loving, patient, non-smoking person for part-time infant care. 773-0330.

**SUMMER JOBS** Maine People's Alliance needs energetic, articulate people, interested in progressive politics. Work on Maine's toxic waste problem. \$170-\$230 per wk. Call Matt at 761-4400.

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Other classifieds are just \$3 for the first 30 words and 15c for each additional word. (Any group of letters and/or numbers surrounded by a space counts as a word.)

There are three ways to get your ad in Casco Bay Weekly: (1) drop it off or (2) mail it to our offices at 187 Clark Street, Portland, ME 04102; or (3) call our 24-Hour Classified Hotline at 772-6672.

Since our recording cannot answer questions (not yet, anyway), it helps if you write out your ad before calling.

Your ad and payment must reach us by 5 p.m. on Monday of the week you want your ad to appear. Payment for Hotline ads also must arrive by this deadline. Ads must be accompanied by your name and phone number for verification. No exceptions.

Your ad will be run for as many weeks as you pay for. Free classifieds may repeat. Second ad must be called in again for each issue.

Casco Bay Weekly reserves the right to categorize ads and to refuse or edit ads due to inappropriate content, etc. We will not print ads that seek to buy or sell sex for money or goods or ads that are sexually sexual in their intent.

We capitalize and bold the first one or two words only of each ad, and all that follows will be in regular text. Write your ad accordingly. No exceptions.

At Casco Bay Weekly we respect your privacy and want to make sure that others will as well. That's why we provide our Person to Person customers with a confidential mailbox service. When we print your ad we'll include a CBW mailbox number to which responses can be sent. All you have to do is pay us \$3 per week for this service and tell us whether you would like your mail forwarded to you or held at our office, where you may pick it up between 9 am-5 pm Monday-Friday. All correspondence will be treated confidentially.

Customers not using our mailbox service MUST provide their own BOX NUMBER to which responses can be sent. PHONE NUMBERS AND STREET ADDRESSES WILL NOT BE PRINTED.

**CALLING ALL HEROS** present or would be, Damsel in distress! Sweet innocent thing needs your help! Remember, as Aristotle wisely informs us, we become Truly ennobled when we take the opportunity to assist another. You can be my bodyguard, I can be your long lost pal. RSVP CBW # 105.

**SPRING ST. WAS THE PLACE** Mercy Hospital 9:30 am Monday. You were blonde, curly hair and cute. I was in a yellow bomb with NY plates. Remember? Care? CBW #102.

**LEGGY, SPIRITED** undomesticated brunette seeks friendship of father figure / kind philanthropic benefactor. Appearance and age unimportant. Generosity and beauty of spirit, sense of humor are attributes most prized by this rare, naive ingenue. Kindly respond to CBW # 105.

**RESPONSES** to CBW boxholders should bear a CBW box number and be addressed to us at: Classifieds Casco Bay Weekly 187 Clark St. Portland, ME 04102.

**CENTURY 21** First choice really. Independently owned and operated offices. Alex Greenwald, Realtor. 1385 Congress St. Portland, ME 04102. Business: 774-2526. Residence: 775-3567.

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**ONE OR TWO ROOMMATES** needed, beginning August 1. Large 3 BR apt. overlooking Deering Oaks. Students O.K. Male or female. \$165/month. Heat included. Call Marc at 773-1308.

**ROOM OR APT. WANTED** Middle aged male, neat, doesn't drink or smoke, desires to rent furnished room or apt. for \$50/wk. or will work in exchange. Excellent ref. P.O. Box 15011 Portland, ME 04101.

**APARTMENT MATE** wanted. Sunny, spacious Woodfords Corners, Portland. \$150/month. Prefer health conscious person. Call 871-7028.

**ROOMMATE WANTED** Independent sort. Intown unique apt. Students and artists O.K. No cats. \$150/month. Call 879-0511.

**ROOMMATE LOCATOR** Many different people and lifestyles to choose from. Call 774-1189.

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**HOUSE PORTRAITS** from photo or preferably on-site. Pencil, pen & ink. Call Richard 774-3369 days; 874-0387 eves. and wk-ends.

**HOST** an exchange student. Urgent need for host families for 88-89 school year. July 15 is deadline. Call Sharel at 775-0586.

**ERDIE POOK'S COMEDY** by Lynda Barry

**MOVIE REVIEW OF: SUPER KUNG-FU DUDE**  
AL TOLD BY DEWEY MUNOZ

OK. SO I WENT WITH OSCAR FUNG AND HIS MOM, MRS. FUNG, TO THE CHINESE MOVIES, RIGHT? AND WE SAW THIS KUNG-FU MOVIE IN TOTAL CHINESE THAT OSCAR SAID THE TITLE OF WAS "SUPER KUNG-FU DUDE" BUT OBVIOUSLY THAT'S NOT THE REAL NAME OF IT.

SO THEN THE ROBBERS ESCAPE TO THEIR SWAMP HIDE-A-WAY AND THE KUNG-FU MAN BUILDS HIS MUSCLES AND CAN SUD- DENLY FLY 50 FEET IN THE AIR AND HE KEEPS ASKING EVERYONE "TELL ME WHERE IS LONG-LOW-FUNKY-TONGUE-DOW!" AND THE PEOPLE SAY "I DON'T KNOW" SO HIS EYEBROWS GO UP IN FURY AND HE SHOUTS "LIAR!" AND KARATE CHOPS THEM.

THEN HE FINDS THEM AND OPENS THE DOOR AND THE GIRL PRISONERS IN BIKINIS RUN OUT AND HE GETS IN A MASSIVE SWORD FIGHT AND HE STABS THE DIABOLICAL GUY IN THE STOMACH BUT THEN HE GETS STABBED IN THE EYE BALL AND THEY BOTH DIE AND THEY PLAY CHINESE MUSIC AND THEN THE END.

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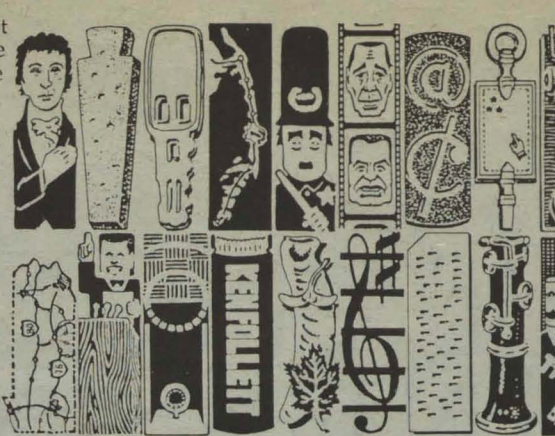
WCLZ FM 99

# THE REAL PUZZLE

by Don Rubin

July 7, 1988 23

Each of the illustrations at the right stands for a phrase that begins or ends with the word "key." We've scrambled the solution below. See if you can figure them out.



- 1) CESNKTRTISAYOFCE
- 2) SEYNEOKT
- 3) KNLVOKSEET
- 4) RKALSDFEIVO
- 5) SEEKTYOKPON
- 6) REGKAOVL
- 7) KRERYIEWYTTT
- 8) PYABKEIPHKAAPT
- 9) PAELRYHETGEK
- 10) ENTSEAYSOKTT
- 11) ENPYASOKKEKRT
- 12) LYASBEATLKEKB
- 13) ETBYCEEAOAKR
- 14) RYUEFKIT
- 15) ESRUYITEGAKN
- 16) NYDUCREHAPKC
- 17) KTRREALYINC
- 18) ICETEHOTKTY

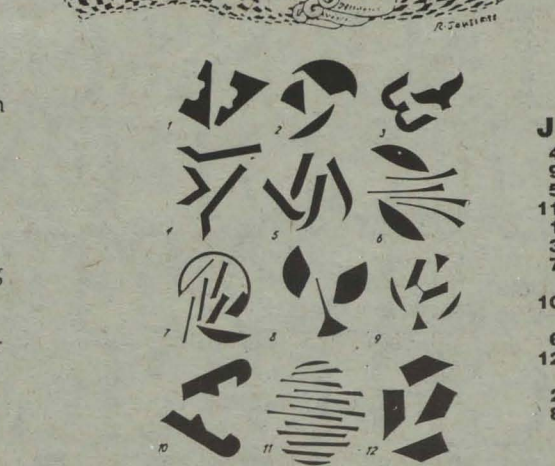


was a good week for combination efforts: Katharine Ayer and Lynne Roberts won the gift certificate at Alberta's and Susan Cummings-Lawrence and John Schreck won the tickets for the Longfellow cruise. Ah, teamwork.

All entries must be received by 5 p.m. Wednesday, July 13. The solution to this week's Real Puzzle will appear in the July 21 issue of Casco Bay Weekly. Send your best guess to:

The Real Puzzle #6  
CBW  
187 Clark St  
Portland, ME  
04102

Can you solve the Real Puzzle?  
If so, there could be a \$20 gift certificate at Alberta's in it for you (first prize). Or tickets for two for a cruise on the Longfellow Cruise Lines (second prize). If we receive more than one correct entry, prize winners will be selected from among the correct entries by a random drawing.  
We received 27 entries for the June 23 Real Puzzle, 26 of which were correct. It



## June 16 solution

- 4 Amtrak
- 9 Volkswagen
- 5 United Airlines
- 11 AT&T
- 1 Allied Van Lines
- 3 Hartford Whalers
- 7 Prudential Insurance Company
- 10 Burlington Northern Railroad
- 6 Continental Airlines
- 12 Chase Manhattan Bank
- 2 Eastern Airlines
- 8 Rockwell International

FADE TO RED

## Frankenstein & company

When it comes to horror films today, nothing much is left to the imagination. Arms are hacked off, heads explode, faces melt and monsters endure, even in comedies, by creating an outpouring of disgust and revulsion. It seems the "yuckier" the experience, the more teen and preteen dollars flood the box office.

More than half a century ago, a makeup man named Jack Pierce created a truly memorable screen monster who didn't just scare the daylight out of a more naive generation. This monster, in nightmarish black and white, was repulsive all right, but once the audience got over the initial shock, he was also sympathetic and strangely human.

Boris Karloff played the monster and almost destroyed his career in the process. Audiences of the 1930s and '40s indelibly linked Karloff's name to Frankenstein's monster.

It was an uncomfortable role to play—Pierce added 18 inches to Karloff's height, made him 65 pounds heavier, created the striking face mask and stiffened his legs with steel struts. The monster became one of the most memorable in screen history.

Now, MCA Home Video has released two-thirds of the vintage Frankenstein trilogy on both tape and laser video disc. If you can get the gaudy histrionics of Jason and Freddy out of your mind, Frankenstein's Monster will convincingly bring you into a more civilized and human Sci-fi landscape.

The original 1932, 71-minute "Frankenstein" has been fully restored, include scenes cut during its various theatrical and TV showings.

Karloff was a minor screen actor when he made the film, billed fourth to Colin Clive who played Dr. Frankenstein, Mae Clark, his fiancée, and John Boles, a friend who tried to talk Frankenstein into stopping his inhuman experiments. Director James Whale makes the most of both the poetic and horrific aspects of Mary Shelley's novel by way of stage and then screen adaptations.

Karloff's performance holds up beautifully and the restored scenes add a completeness to the film that will please those who only know the film through its mutilated television screenings. Replay scenes: the Monster brought to life, Fritz tormenting the Monster in the dungeon, the Monster's reaction to fire, the little girl encountering the Monster (beginning one of the most memorable sequences in horror film history) and the "death" of the Monster.

Karloff returned as the Monster in one of the most surprising pieces of Hollywood history—a sequel better than the original. The 1935, 75-minute "The Bride of Frankenstein" has all the excitement and gothic horror of the original with an added dose of the human (or in this case inhuman) comedy thrown in. Elsa Lancaster, with a coiffure that seems right in step with the 1980s, is unforgettable as the Bride who is frightened to death of her "husband." Whale again creates an unforgettable expressionistic set and the music by Franz Waxman is definitive.

Replay scenes: the marvelously inventive and surprising prologue with Lancaster as Mary Shelley; the blind hermit sequence, Frankenstein being lured into the laboratory, the "birth" of the she-monster, the rejection of the he-monster.

Unfortunately, those familiar with Mel Brooks' "Young Frankenstein" (CBS-Fox) a bril-

liant takeoff of these two films using much of the authentic set, might not be able to watch these originals with a straight face.

Karloff's last performance as the Monster came in 1939 in "Son of Frankenstein," but this 93-minute film hasn't been released to home video. Instead, we have "Frankenstein Meets the Wolf Man" (1943, 73 minutes, MCA tape and laser video disc). Bela Lugosi, who was as typecast playing the vampire Dracula as Karloff had become playing the Monster, this time plays Frankenstein's Monster with Lon Chaney Jr. reprising his role as the Wolf Man. This is a more violent, less complex film.

Both the classic 1931 "Dracula" and the 1942 "The Wolf Man" are available on MCA tapes and laser video discs. "Dracula," based on the Bram Stoker's familiar story, was directed by Todd Browning and it was a tremendous success although it may confuse modern audiences. Much of the horror takes place offscreen and the film, with the startling exception of Lugosi's definitive performance of the Transylvanian vampire, hasn't aged well.

Lugosi as Dracula and Chaney as Wolf Man returned with Glenn Strange as Frankenstein's Monster in the hilarious send-up "Abbott and Costello Meet Frankenstein" (1948, MCA tape and laser video disc). It is a fitting ending to a time when horror films scared audiences with black-and-white monsters who didn't have to rely on blood-soaked special effects and an inhuman catalogue of unspeakable acts.

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