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Service Agencies of the Island

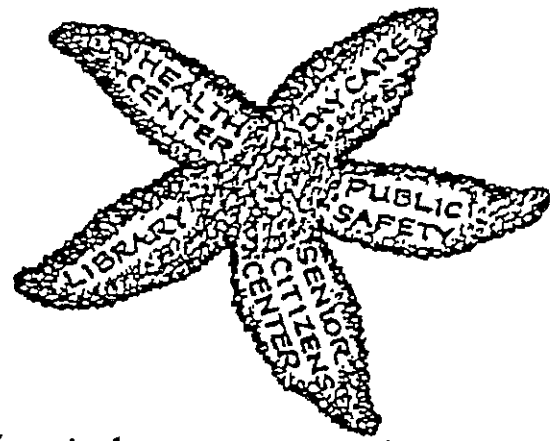
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

November 2014

Volume 34

Issue 11

PEAKS ISLAND TAXI NEWS

Fall can be a busy time of the year. In a few days Islanders will be going to the polls to vote for a number of positions up for election at the state, city, and island levels. The Taxi offers a **free ride** to and from the polls for all Islanders. On November 4th call the taxi at 518-0000 to schedule a time for your ride.

Congratulations to Norm Proulx who has been elected as the new President of the Island Transportation System. We want to thank Judy Piawlock for her tireless leadership of the Taxi for many years.

As we approach the winter season, we are offering the new Taxi "coupon" program upon request. The program gives Seniors on Peaks a 10 "free ride" punch card each month to use for a ride to the store, post office, library, boat, etc. or just take a ride around the Island. If you know of someone who would benefit from this service, please contact the taxi driver on duty with their name and phone number. The driver will pass the information on to Janice Wolkoff. Also, any interested person may contact her directly at 766-5053 for additional information and to sign up.

You can also purchase a prepaid Taxi card for 10 rides as a gift for family and friends. Cost is \$30 or \$50, depending on the zone where the person lives.

Thank you for your continued support and let's **"Keep the Wheels Rollin!"**

Daylight Saving Time ends at 2:00 AM on Sunday, November 2

Fire Safety Month at Peaks Island Elementary School

If you live on an island, even one as close to Portland as Peaks Island is, you must always remain aware of the serious dangers fire presents. We view Fire Safety Month as the perfect opportunity to teach our island students about the precariousness of island living with regard to fires. The island fire station boasts a ladder truck and an engine, as well as Fire Department lieutenants on rotating duties. All other personnel are gathered from a pool of volunteers, and their presence to help fight a fire is determined by their availability. In the case of a fire, the main difference between an island's vulnerability and a mainland location is that an island only has the equipment on hand. Additional people can be brought out to help fight the fire, but bringing additional equipment is not feasible. We always have to be very careful!

In addition to our regular fire drills this month, our students enjoyed tours of the Peaks Island Fire Station and the Portland Fire Department Fireboat led by Lieutenant Todd Zsiga. We also had the pleasure of attending a schoolwide assembly led by Lieutenant Justin Bragdon where he demonstrated fire safety precautions and actions to take if there were a fire present. Ms. Ryan-Humphrey and Mr. Marengi were great sports and participated alongside our students.

We are also excited to let you know that Peaks Island Elementary School has hired Ellen Mahoney as our new Community Coordinator. Ellen's primary responsibility will be recruiting and managing community volunteers in an effort to enhance student achievement by matching schools needs with our community resources. If you have been looking for ways to participate in our school, Ellen would love to hear your ideas and share your enthusiasm.

Peaks Island Community Emergency Response Team (CERT)

Our Meeting at 6:15 PM on Monday, November 17th with the Portland Fire Department will refresh our Medical and Triage training. All members, past and present, are encouraged to attend for updates.

Other Islanders who would like to know more about how to help respond to emergencies are also welcome.

For more information, call Al Bleau at 766-0007 or 781-962-2662.

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DEADLINE FOR NEXT MONTH'S STAR: Tuesday, November 26, by 6 pm.

Bring articles copy-ready to the library. You may put them in the Book Return or under the door if you bring them when the library is closed. Thank you to all the wonderful scribes for the many island organizations whose news is in the STAR.

Brackett Memorial United Methodist Church

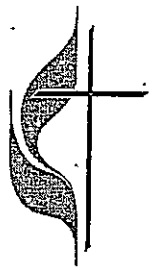
Open Hearts, Open Doors, Open Minds

We are a Welcoming, Inclusive, and Reconciling Congregation

9 Church Ave., Peaks Island, ME 04108

Rev. Angela Tarbox, Pastor

207-766-5013; www.brackettmumc.org; brackettmumc@yahoo.com



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

***Adult Scripture Study** Thursdays, 10-11:30am at Claire Dahl's home (13 Sunset). ***NEW DAY & TIME**

Prayer Shawl Ministry Fridays 10:30am – 12:30pm at the parsonage (9 Church Ave.).

Peaks Island Food Pantry at Brackett Church Mondays, 3:30-5pm. If you would like to donate non-perishable food, there are drop-off locations at the Community Center and Brackett Church.

SPECIAL EVENTS IN NOVEMBER:

Sunday, November 9: Special Worship Service and Prayer Shawl Blessing. Bring a prayer shawl to be blessed during worship or come with a request for someone who could use a prayer shawl to celebrate a special event or to offer comfort and peace during a tough time.

October 30 – November 10: Storm Window Project. See Sam Saltonstall if you would like to volunteer some of your time to help your neighbors save money on heating costs and make a difference for God's creation!

Beginning Wednesday, November 5: After School Bible School. Every Wednesday from 12:30 – 2:30 pm, children in grades K-5 are welcome and invited to join us for some fun, snacks, and games as we learn through the Bible how to recognize God in the world and to treat one another with love and compassion.

***Friday, November 21:** 6:30 – 8pm Movie Night. Bring your snacks, maybe a comfy cushion and your family for a fun, free, community movie night at Brackett Church. This month, we'll be watching **Wall•E** (Rated G). All children must be accompanied by an adult. CVLI LICENSE# 503894391 ***NEW DAY & TIME**

St. Christopher's Catholic Church

Rector: Father Michael Seavey at 773-7746

Sunday Mass is at 10 AM followed by fellowship in the Parish House. All are welcome. Details for other Masses at www.cluster21portland.org.

For questions concerning Baptism, Reconciliation & Marriage, please contact Father Mike.

Share Scripture with Islanders from 9:30 to 11 AM each Thursday in the Parish House.

Cancer Support Group meets from 7 to 8 PM on Tuesday, November 18th in the Parish House.

AA meets Wednesdays from 6:30-7:30 PM in the Parish House.

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PEAKS ISLAND TAX AND ENERGY ASSISTANCE
NEIGHBORS HELPING NEIGHBORS

Dear Friends.

Our October Loaf and Ladle was a culinary success. We made over \$500. We had some wonderful dishes made by Board members and some (very welcome) new "chefs." Our next dinner will be held in January 2015. Watch for news about this dinner.

The economic outlook has improved and that is great news for all of us. The cost of oil has come down just as we need to turn on that heat. PITEA is gearing up for another heating season. Energy Assistance applications are available on the Library bulletin board and we will pay up to \$300 to the energy supplier. Please make sure we get a copy of your bill. PITEA did raise over \$8000 and we are ready to assist with energy needs for both homeowners and renters. We will continue to fundraise. We are always appreciative of your donations. The generosity of our friends and neighbors is amazing. We encourage anyone who has a friend or neighbor who is keeping the thermostat below 60 to contact a member of the clergy or police to do a wellness check. It is not easy to ask for assistance but it is important that no one remain in a very cold home.

We are working to increase the size of our committee. If you like to cook, like to help your neighbors and friends, and wish to be more active on the Island please consider joining our committee. We do celebrate with our Loaf and Ladle Dinners nine months of the year. We also plan one fundraiser over the summer and meet for an hour each month. Please come and join us as we discuss menus, prepare and serve dinners, and we work on raising funds.

For more information please call Cynthia at 766-0067 or speak to a member.

PEAKS ISLAND TAX AND ENERGY ASSISTANCE

Mary Anderson, Ralph Ashmore, Linda Capone -Newton, Aviva Golan, Kathleen Hayward, Heather Kannianen, Sandy Lucas, Linda Murphy, John O'Brien, Cynthia Pedlikin, Howard Pedlikin, and Val Simoneau

What's Happening in Our Community?

To find out about upcoming community events on Peaks Island, please visit www.PeaksIsland.info. There you'll find an online Peaks Island community calendar, as well as information about various island meeting places, links to the websites of many Peaks Island organizations and a listing of Peaks Island businesses.

If your organization has a community event it would like listed, just fill out and submit the entry form on the website. Please note that events listed on the calendar are limited to Peaks Island community events, including those sponsored by on-island groups, benefit events, and general non-commercial meeting notices.

Peaks Island Music Association Holiday Concert

Save the date for the Peaks Island Music Association's Annual Holiday Concert on Sunday, December 14, at 3:00 pm & 7:00 pm at Brackett Memorial Church.

The Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is truly a community effort, with donations and support provided by many different individuals and organizations from Peaks Island. As part of the Peaks Island Council initiative to provide boat tickets to year-round residents in need, the Food Pantry now has a few senior, child and adult boat tickets available for distribution. **We are located at the Brackett Memorial Church and our NEW opening hours are: Mondays — 3:30 — 5pm.** Thanks to all Peaks Islanders who continue their generous support of the Food Pantry, where our numbers of people in need continue to grow.

We are having a food drive at Hannigan's Market during the month of November.

The Peaks Island Food Pantry is stocking the shelves for winter, and we are asking for your contributions to our "Buy two, donate one" food drive. When you need a non-perishable item at Hannigan's - consider buying 2 and donating one to the food pantry. There will be a box set up at Hannigan's to collect the donated items.

Items that are always required are: canned ham or chicken breast, canned tuna, macaroni and cheese, peanut butter, jelly, canned beans, toilet paper, pasta, pasta sauce, beef stew, soups, canned fruit, canned vegetables.

We also have a collection box located in the Douglas MacVane Community Center – aka the library—or bring donations directly to the food pantry during opening hours.

Cash donations are especially helpful as it allows us to provide clients with \$20 Hannigan's vouchers for fresh fruit, vegetables, bakery, dairy and meat items. **You can now make checks out directly to: Peaks Island Food Pantry.** People who wish to make tax-deductible donations should make checks out to Brackett Memorial Church and write "FOOD PANTRY" in the memo line. Please call Susan Hanley, 766-2735, for more information, to request food drop off, or to arrange donation pick up.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854

www.picw.org



PICW will be closed Tuesday, November 11th in observance of Veteran's Day and from November 26th at 1pm until the 28th for Thanksgiving

Our annual Stone Soup will be held on Wednesday, November 26th at noon. All are welcome. Please RSVP to the office at 766 2854 by the 24th if you will be joining us.

Thank you to all islanders who donate their bottle money at Hannigan's to the Workshop! This helps us cut down on our food costs and stay an affordable child care facility.

With all our little ones we have been focusing on family, fall and food. Cooking projects and fall walks are part of our curriculum right now.

PICW is accepting applications for full time care on our WAIT-LIST. Part-time care is available. Contact Celeste at celeste@picw.org for applications

The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Gerry Ney at gerryney3@gmail.com

SENIOR LUNCHEON NEWS

Fall has arrived and the temperature outside has dropped! The Seniors will have their next potluck luncheon on Monday, November 10th. Invite your senior friends and neighbors to join us at noon at the Fay Garman House Community Room. Please bring your favorite comfort food to share. **All Seniors are welcome!**

November at the Peaks Island Branch Library

**in the Community Building 766-5540 email peaks@portland.lib.me.us
Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12**

Planning for the Library/Community Building Renovation is proceeding apace, but there is still time for you to send additional feedback and comments. The comments received so far have been quite helpful. You can send them to the library director either in writing or by email: librarydirector@portland.lib.me.us To view the plans and notes, come into the library building or go to <http://www.portlandlibrary.com/peaks-island-renovation-plan-201415>

Middle School Book will meet Tuesday, November 18, at 5:45pm. Please join us for great company, book conversations and, this month, pizza. If you have not come yet, please do. We are a welcoming group and would love to see new faces. Do you remember your favorite picture book? The one that just captured you and made you love reading? Bring it with you, if you still have it, or come into the library and check out a copy. We welcome all 6th, 7th or 8th graders!

First Tuesdays Book Discussion: meets at 7 pm in the Community Room. For the October 7th meeting, the book will be *The Sandcastle Girls* by Chris Bohjalian. Books for the next five months are November 4, *Invention of Wings* by Sue Monk Kidd; December 2, *I Know Why the Caged Bird Sings* by Maya Angelou; January 6, *The Rosie Project* by Graeme Simsion; February 3, *Invisible Thread* by Laura Schroff; and March 3, *Mr. Emerson's Wife* by Amy Brown. Books are available through the library. All are welcome.

Young Children's Weekly Programs: Infants and Toddlers are welcome to join their friends from the Children's Workshop at the library for a program of nursery rhymes, songs, and board books on Wednesdays at 10:15. Story Time for Pre-Schoolers is on Fridays at 10:15. Island children, their guests, and island visitors are all welcome.

Bienvenue! French Story Time at the Main Branch

Looking for an outing with your preschooler? Marie-Gaelle Cassset-Ford will be leading a half hour program of French stories, songs and activities for 3-5 year-olds on Monday mornings at 10:30 at the Main Branch of the Portland Public Library. She is the director/teacher at La Petite Ecole, the only French preschool in Portland.

Peaks Island Fund

The Peaks Island Fund is designed to support organizations on Peaks Island that serve island residents. In August, the fund awarded \$49,203 to organizations such as the Health Center, the Fifth Maine, the Children's Workshop and Volunteers of America. The fund's mission is to respond to emerging needs on the island by providing financial support to non-profit organizations. Through gifts and memorial donations of all sizes, the fund's principal exceeds \$700,000. The fund is administered by the Maine Community Foundation

You can learn more about the Peaks Island Fund by picking up the annual report near the cash registers at Hannigan's, the Health Center or the Peaks Island Library. If you do not receive an annual appeal letter and would like information about making a donation, incorporating the fund into your estate plan or applying for a grant, contact the fund's Vice Chair Barbara Schlichtman at 207-650-1314 or barbarasue1@hotmail.com with PIF in the subject line. You can make donations by mailing gifts to the Peaks Island Fund c/o the Maine Community Foundation, One Monument Square, Portland, ME 04101 or an online donation at <http://www.mainecef.org/peaksfund.aspx>. The next deadline for grant applications is June 1, 2015.

Peaks Island Health Center 87 Central Ave.

Hours: Monday and Thursday: 8:30 AM to 3:00 PM

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.
Please call either **766-2929** or **874-2466** for an appointment.

The Health Center Board's Communication Committee is working with MMP Family Practice and the Southern Maine Area Council on Aging to plan a workshop on "Advanced Care Planning", open to the Peaks community. We hope to schedule the presentation in November or early December. Details will be forthcoming on Island email lists and posters, as soon as they are available.

We are happy to let the community know that our partnership with MMC is going very well, indeed, with more and more Islanders using the Health Center for their primary care, and many relying on it for their urgent medical needs. This is very important as we look to the future, hoping that this relationship will work for our community for many years to come.

Please note that winter hours have begun: the Health Center will be open two days a week: Mondays and Thursdays. As always, on days the Health Center is closed, Health Center patients may be seen at Maine Medical Partners Family Practice on Congress St. by calling the same number.

NOVEMBER ACTIVITIES on PEAKS ISLAND
Sponsored by Portland Recreation and Facilities Management

To reserve space and/or equipment in the community building, you must contact Denise at least two days in advance. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays (not on island on holidays). Best way to contact Denise is via email at djm@portlandmaine.gov; you may also leave a message at 766-2970.

COMMUNITY TREE LIGHTING – SATURDAY, DECEMBER 6

This annual community-wide event takes place at the living tree “down front” from 4:00 – 5:00 pm. Join in the fun as we decorate the tree, sing and then count down for the lighting of the tree. We will then gather at Peaks Café afterwards for refreshments. Please bring food or monetary donations for the Food Pantry. Check island bulletin boards in case of snow.

1st MONDAY: SANDWICH, SALE & BIRTHDAY FUN

Monday, November 3 10:45 am – 12:00 noon
Come to com. rm. to celebrate Sandwich Day (BYO) and November birthdays. Scarves, hats, dishcloths are for sale; proceeds to buy gloves/socks for charity. FMI: See below

THURSDAY KNITTING/CHATTING/LUNCH

Thursday, November 6 and 13 10:45 am - 12:30 pm
Knitting continues in the com. rm.; items will be donated in early December. Items for sale: hat/scarves are \$7 each; dish/wash cloths are \$2 each. BYO lunch (optional).

WORLD KINDNESS WEEK (com. rm.)

Monday, November 17 10:45am – 11:45 pm
Show someone you are thankful for their friendship/kindness by sending them a card. Note cards available. All welcome!

**SHOPPING OFF-ISLAND TRIP
RENY’S, MARDENS, \$ TREE**

Thursday, November 20 12:45 pm boat/5:35 pm
Travel to Saco/Biddeford for a pre-holiday shopping spree. Van fee from CBL is \$5 (minimum is 6). Register by 11/17

NAT’L GAME AND PUZZLE WEEK (com. rm.)

Monday, November 24 10:45am – 12:30 pm
Take some time out to relax and have fun with board games, word puzzles, optical illusions and more. All welcome! BYO lunch if you’d like to stay.

MAKING DECORATIONS and ORNAMENTS

Monday, December 1 Drop in from 10:45 am to 2:30 pm
Open to all ages. Stop by the com. room to make ornaments for the island “living tree”. Recycle cards will be used. Bring your creative ideas! Make decorations for home too.

On-going exercise programs for Adults:

Mondays and Thursdays:

Low-Impact Aerobics with Weights
9:30 to 10:30 am (community room)

Tuesdays:

Adult Basketball for those 18 years and older
6:00 – 8:00 pm (Peaks Island Elementary School gym).
\$2 res/\$3 non-res (per night)



November Movies – Saturday Nights – FREE

6PM 1	<i>The Lego Movie</i> , 2014, PG, 100 min	8PM 1	<i>Philomena</i> , 2014, PG-13, 98 min
8	<i>Ghostbusters</i> , 1984, PG, 105 min	8	<i>Me and You and Everyone We Know</i> , 2005, R, 92 min
15	<i>The Incredibles</i> , 2004, PG, 115 min	15	<i>Broadway Danny Rose</i> , 1984, PG, 85 min
22	<i>Jack and the Cuckoo-Clock Heart</i> , 2013, PG, 94 min	22	<i>Babel</i> , 2011, R, 143min
29	<i>Turtle’s Tale, Sammy’s Adventures</i> , NR, 2011, 86 min	29	<i>War of the Arrows</i> , 2012, R 122 min

Saturday Night Movies are a program of the Friends of the Peaks Island Library and are shown on a large screen in the Community Room by volunteers. Children must be accompanied by adults.