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# Peaks Island Star : December 2017, Vol. 37, Issue 12

Service Agencies of the Island

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# Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

December 2017

Volume 37

Issue 12

## Eighth Maine Memorial Association Scholarship

If you are a graduating High School senior who resides on Peaks and are planning on furthering your education, please apply for the Eighth Maine Memorial Association (\$500.00) Scholarship. Applications will be available at the Peaks Island Library as of December 1, 2017, and must be submitted by March 1, 2018. Questions? Contact Carol Knapp, email: [mainecamp@icloud.com](mailto:mainecamp@icloud.com)

## FRIENDS OF TEIA

The Friends of TEIA's annual appeal for your financial support has begun and continues through December. The Friends of TEIA provides all year round Peaks Island children with the opportunity to participate in the summer programs offered at TEIA with no cost to the families. Last summer 46 children received camperships in the tennis, sailing, kid's camp and pre teen programs. Drop by any summer day to see all the enthusiasm coming from all the children as they learn new skills and make friends from afar.

To make this all happen each summer we encourage you to think about Friends of TEIA and what it offers your children or your neighbor's children and support us as you can.

Your tax deductible contribution may be sent to FRIENDS OF TEIA PO Box 87 Peaks Island ME 04108. If you have any questions or would like more information on Friends of TEIA, contact Stephanie at [sealights99@aol.com](mailto:sealights99@aol.com).

Thank you for helping to make special summer memories and learning opportunities for our island children.

## Cancer Support Group

The Cancer Support Group will meet on Tuesday, December 19th in the St. Christopher's Meeting room from 7-8pm. If you or a friend are dealing with cancer or have ever been diagnosed with cancer or lost someone you love to cancer this is an opportunity to share your story or just rest, relax and remember with refreshments at this holiday season.

Any questions? Please contact Anne Marie O'Rourke 207 615-5825 or Barbara Hoppin 207 766-2593 or 207 232-6641.

Please Join Us for Peaks Island Music Association's 31<sup>th</sup> Annual



## Holiday Concert

On Sunday, December 10

3:00 & 7:00 pm



At Brackett Church  
Co-sponsored by Brackett UMC

This is a true community Holiday musical event, respecting and representing different traditions. Fun for young and older alike. Come sing, laugh, and share the joys of this season with your neighbors. *\$5.00/adult, \$2/child, under 5 free.*

### PEAKS ISLAND TAX AND ENERGY ASSISTANCE

The snowy weather will be here before we know it. The weather forecasters on Channel 6 are predicting a snowy winter and we will have some time to enjoy small moments of silence and beauty as we go about business. We know the snow brings colder weather and more difficult times for our friends and neighbors. Here on Peaks we are part of a community that cares about our neighbors and friends and no one needs to live in a cold home. We are watchful without being invasive and we try hard to be sure that everyone is safe and warm.

For the last eleven years PEAKS ISLAND TAX AND ENERGY ASSISTANCE has been able to help homeowners and renters with their energy costs. Applications may be found on the library bulletin board and then filed with a member of the clergy. Assistance of up to \$325 will be paid to the energy provider. If you believe a neighbor needs help but is not applying, please speak with a member of the clergy. He or she will look into the situation and make sure that assistance will be provided in a timely fashion. It is our intent that all help is given anonymously.

As part of our fundraising during the year, we do schedule Loaf and Ladle Dinners throughout the year. In July and August we will sponsor another Lobster Roll Dinner and a Old-fashioned Bean. All of our events are wonderful opportunities for friends and neighbors to get together to enjoy a delicious dinner while we do the cooking, the cleanup, etc. Our next dinner will be in January. The menus will be announced about a month before the dinner. We can promise you delicious meals, absolutely yummy desserts, and a wonderful evening of fun and friendship.

During this special season we wish you all peace, good health and happiness. We are truly honored that so many islanders have supported us throughout the years. We are truly "Neighbors Helping Neighbors. We would be remiss if we did not thank all of the Islanders who attend our Dinners, support our fundraising efforts and answer our requests for assistance. Thank you Maine Island Energy and Peaks Island Fuel for providing fuel and energy services all year long. To the Peaks Islanders who constantly contribute food, goods and services, prizes, and money to PITEA, we thank and honor you for your generosity and caring. Last, but certainly not least thank you to our Library Staff for publishing the Island STAR all year long. Together we are NEIGHBORS HELPING NEIGHBORS.

## ***Brackett Memorial United Methodist Church***

*We are a Welcoming, Inclusive, and Reconciling Congregation*

9 Church Ave; 207-766-5013; [brackettmumc@gmail.com](mailto:brackettmumc@gmail.com); [www.brackettmumc.org](http://www.brackettmumc.org)

Rev. Angela Rotherham, Pastor



Anyone is welcome to join any of our worship, fellowship, or mission opportunities.

Sunday Morning Worship at 10am. Followed by an informal time of food and fellowship in the church hall.

Adult Scripture Study Tuesdays, 10:30-noon in our Church Family Room.

Prayer Shawl Ministry Fridays, 10:30-noon in our Church Family Room.

Peaks Island Food Pantry at Brackett Church, Mondays, 3:30-5pm.

Weights with Rebecca Tuesdays and Fridays, 7-8:30am. To register contact Rebecca: 776-5547.

Tai Chi with David Wednesdays, 10:30am-noon. To register contact David: [dshandwerker@gmail.com](mailto:dshandwerker@gmail.com)

### **SPECIAL EVENTS IN DECEMBER:**

**Cribbage Fun** – Join us on December 14 from 10:30-noon in the Brackett Church fellowship hall for some cribbage fun. Beginners and experts are all welcome for a morning of friendly games. \*\*Note the change of date to accommodate the fair and other groups using the fellowship hall.\*\*

**Jingle Bell Fair** - Saturday, December 9 from 10am-2pm and Sunday, December 10 from 2-3pm, 6-7pm and during Holiday Concert intermissions. We will have our signature Grandma's Attic, Island Crafters, Baked Goods, Chic Boutique, Greenery Arrangements, Jewelry, Gourmet Lunch (eat-in or take-out) and of course, our Silent Auction. Find the perfect gifts for your family, friends and yourself!

**Blue Christmas** – Wednesday, December 20, 7-8pm. For many, the holiday season can be a time of grief and sadness. Often, those who have experienced the loss of a loved one find the holidays particularly difficult. There are those who are finding it difficult to celebrate with so much pain and turmoil in our world today. This service is for all of us who recognize that, even at the brightest of times, there is still darkness and we need to hear a message of hope. All are welcome.

### **St. Christopher's Catholic Church**

**Rector: Father Greg Dube at 773-7746**

**Wassail!** Join us to celebrate the Season of Advent with songs and hearty refreshments beginning at 6 PM on Wednesday, December 20th.

**Christmas Day Mass** will be at 10 AM - All are welcome !

**Sunday Mass** is at 10 AM each week throughout the month. Details for other Masses in Portland, including for Christmas Eve, are at <http://www.portlandcatholic.org/> For questions concerning Baptism, Reconciliation & Marriage, please contact Father Greg.

**Rosary:** The Scripture Studies Group invites all to pray the Rosary for special intentions and world peace at 9:30 AM before Mass each Sunday.

**AA** meets Wednesdays from 6:15 to 7:15 PM in the Parish House.

**Share Scripture** with Islanders from 9:30 to 11 AM each Wednesday in the Parish House on Central Avenue.

## Peaks Island Health Center

87 Central Ave. P.O. Box 52  
www.peaksislandhealthcenter.org

Hours\*      **Monday, Wednesday and Friday**  
**8:30 AM to 3:00 PM**

Kitty Gilbert, Family Nurse Practitioner, provides care for all ages.  
Please call either **766-2929** or **874-2466** for an appointment.



### Holiday Hours

Peaks Island Health Center will close at **noon Friday, December 15**, and will be closed all day **Monday, December 25**.

In this season of celebration, the Board of Directors of the Peaks Island Health Center recognizes with deep appreciation our many friends whose ongoing support makes the Center's year-round operation possible.

***LVF** Loretta Voyer Fund*

*Our mission is to provide transportation for Peaks Islanders who are receiving chemotherapy or radiation treatments for cancer or other life-limiting diseases.*

**BUY  
LOCAL.**

**Loretta Voyer Fund Holiday Arts and Craft Fair**  
**at JONES LANDING**  
**Saturday, December 2<sup>nd</sup>, 10am – 3pm**

Please join us at the Loretta Voyer Fund Holiday craft fair to find hundreds of **handmade gifts and lots of wonderful raffle prizes**. Support the Loretta Voyer Fund AND local artisans by doing your holiday shopping locally. Many thanks to Robin Clark at Jones Landing for providing us with a large, comfortable space – which means more artists and craftsmen and more money raised for the Loretta Voyer Fund. This year's fair is bigger than ever, with over 25 artisans!

The craft fair is our annual fundraiser, but donations are accepted any time. Please send donations to The Loretta Voyer Fund, c/o Melissa Conrad, 152 Brackett Avenue, Peaks Island, ME 04108. For more information about the Loretta Voyer Fund, please contact Melissa Conrad, 766-9736 or [mconrad@backshore.net](mailto:mconrad@backshore.net).

## Peaks Island Community Food Pantry

The Peaks Island Community Food Pantry is located in the Brackett Memorial Church and is open on Mondays at 3:30–5pm. Our mission is to provide food assistance to our island neighbors in need. We are grateful for the donations and support provided by many different individuals and organizations from Peaks Island.

A special thank you to the Lions Club for their generous cash donation and to the many individual islanders who support our program with cash donations.

Many thanks also go out to Bob Hannigan and all the staff at the store for their support of our annual “Buy two, give one” food drive. Thank you to Lisa and Ellen at the Peaks Island Café for housing our collection box, where donations can be dropped off whenever they are open. And, of course, thank you to the generous islanders who donate the food!!

Our ongoing needs are black beans, garbanzo beans, kidney beans, green beans, corn, peas, toilet paper, small jars of mayonnaise, peanut butter and jelly. We happen to have plenty of pasta, pasta sauce and soup right now, so that is not a need at the moment.

A reminder that you can send in cash donations using the Paypal donation button on our website, [www.peaksislandfoodpantry.org](http://www.peaksislandfoodpantry.org). We can also accept checks made out to “Peaks Island Food Pantry” – send to Susan Hanley, 108 Brackett Avenue, Peaks Island, ME 04108.

If you have any questions about the food pantry, or you would like to arrange a food drop off or a donation pick up, please contact Susan Hanley, 207-332-2443.



### The Fifth Maine Regiment Museum

[www.fifthmainemuseum.org](http://www.fifthmainemuseum.org), 207-766-3330

**THANK YOU for a great 2017 season.** We are hard at work behind the scenes on new projects and new initiatives for the 2018 season.

**Memberships are key to our financial stability.** Please consider becoming a friend of the Fifth Maine Regiment Museum with an annual membership. An

Individual membership is only \$15 and a family membership is just \$30. Forms are available on our website. Members enjoy reduced rental fees and help us keep this rare and beautiful building open for the entire community to enjoy!

**Are you interested in hosting an event at the Fifth Maine??** All event rental contracts signed before December 31, 2017 will be charged at 2017 rates, even if they are scheduled for dates in 2018. With its large wrap-around porch, spacious interior, and stunning ocean views make, the Fifth Maine is a perfect setting for weddings, private parties, professional workshops, and musical events and it is surprisingly affordable!! Contact our event coordinator at [fifthmainemuseum@gmail.com](mailto:fifthmainemuseum@gmail.com) or [207.838.0337](tel:207.838.0337) for rates and details.

**PEAKS ISLAND CHILDREN'S WORKSHOP:** 71 Herman Avenue: 766-2854  
[www.picw.org](http://www.picw.org)



**THE PEAKS ISLAND CHILDREN'S WORKSHOP WILL BE CLOSED  
DECEMBER 25<sup>TH</sup> THROUGH JANUARY 1<sup>ST</sup> FOR OUR WINTER BREAK**

We would like to say a very big thank you to everyone who came and enjoyed Stone Soup with us.

Last month, our Pre-K students had fun playing in their new family/home centers and discussing different things that they were thankful for which they then hung on our Thankful Tree in the Big Room. In the I/T Room, our littles loved learning about colors by getting messy while painting with brushes and fingers.

On Saturday December 2<sup>nd</sup>, PICW will be participating in this year's Loretta Voyer Craft Fair. Come visit us at Jones Landing between 10am and 3pm and pick up some yummy baked goods for you to enjoy during the holiday season.

Don't forget: if you are doing your holiday shopping online remember to use AmazonSmile. Same products at the same great price but a percentage of your purchase will be donated back to us. All you have to do is go to [smile.amazon.com](http://smile.amazon.com) and choose Peaks Island Children's Workshop as your charitable organization.

PICW has full and part-time openings. Contact Katie at [office@picw.org](mailto:office@picw.org) for an application. The Board of the PICW is always open to suggestions and communication from the community. Please contact us through Board Chair, Judy Nelson at [kirshajak@maine.rr.com](mailto:kirshajak@maine.rr.com)

## **SENIOR NEWS**

It's time for our Holiday Potluck Luncheon!! On Monday, December 11<sup>th</sup>, we will be dining on roast turkey, compliments of the Peaks Island Lions Club. Come join us at the Fay Garman House at 12 noon for this festive luncheon. Please bring a side dish or dessert to share that compliments the turkey. Also, the Seniors will receive a visit from the Children's Workshop prior to our lunch.

We also wanted to remind everyone that we offer Chair Yoga at the Fay Garman House every Tuesday starting at 4 pm for about an hour. Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair. There is no charge for these yoga sessions and are open to anyone who wants a quick way to stretch their body and relieve tensions.

## **December at the Peaks Island Branch Library**

766-5540 email: [peaks@portlandpubliclibrary.org](mailto:peaks@portlandpubliclibrary.org)

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

The Peaks Island Branch will be open all regular hours in December

**WHALEBACK PHOTO IN THE LIBRARY:** On May 19, 2017, Howie Motenko, a photographer from Seal Harbor, Maine (<https://acadiaphotosafari.com/>) came to Peaks Island to take a special photo of Whaleback as part of his artistic project called, Painting Islands (<http://paintingislands.com/>). In this community based project, Howie approached the residents of each of Maine's year-round islands to determine, by popular vote, the most important and visually distinctive location to photograph. Using a team of resident island volunteers with flashlights, he "painted" an iconic scene with light to create a long-exposure photograph. After Peaks voted on Whaleback as its location, Howie had to calculate the perfect tide and sunset time, since these conditions make a huge difference in the final shot, and May 19th at sunset was selected. **Over 70 Peaks Island residents gathered to shine their lights and create this amazing image,** and a big party at the 5th Maine Regiment Museum followed. This photo and the others from the project were displayed together to raise money for Maine Sea Coast Mission (<https://seacoastmission.org/>), and then the individual photos were sent home to their islands for display.

**First Tuesdays Book Discussion** will meet at St. Christopher's parish community room. All are welcome. Meetings start at 7pm. December 5 – *Tenderness of Wolves* by Stef Penney; January 9 – *Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice* by Bill Browder. If you need a copy of the books, call, email or come to the library.

**Middle School Book Club:** Hot Chocolate, holiday cookies and books all at the next Middle School Book Club meeting. We will meet at the Brackett Memorial Church Hall on Tuesday, December 19 at 5:45 pm. If you have a favorite holiday book or cookie that you would like to share, please bring it with you. Or you could bring along a middle school friend who hasn't attended yet. There will be plenty of treats and fun for everyone for our last meeting in 2017.

### **Weekly Children's Programs:**

Preschool Story Time, Wednesday at 10:15

Infants and Toddler Time, Friday at 10:15

### **Friends of the Peaks Island Branch Library**

If you're on Facebook, you can see library renovation construction pictures and keep up with Friends and other library related events and information on our Facebook page:

<https://www.facebook.com/FriendsofthePeaksIslandLibrary>

### **Free Magazines and Books**

**Check out the newly remodeled American Legion Post 142 on Welch Street. Now it's the temporary home for the Peaks Island exchange of free magazines and paperback books. They are located at the entrance to the Post, which is open from 4 PM until closing every day except Tuesdays.**  
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**DEADLINE FOR NEXT MONTH'S STAR:** Monday, December 25, by 6 pm. Please bring articles copy-ready to the library when it is open or put them in the Book Return if the library is closed. Since December 25 is Christmas Day, many of you will want to bring your articles **EARLY**. Please do not bring them late. It will be a tight turn-around.



## DECEMBER ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Parks, Recreation and Facilities

All programs for adults sponsored by Portland Parks, Recreation and Facilities are being held in the community room at St. Christopher's Church. Denise can be reached at [DLM@portlandmaine.gov](mailto:DLM@portlandmaine.gov) or you may leave a message at (207) 766-2970. Messages are checked on Mondays, Thursdays and Fridays (not on holidays). Please note: Denise will be off from December 22 to January 1; returning to Peaks Island on Thursday, January 4.

### COMMUNITY TREE LIGHTING: SATURDAY, DECEMBER 2 4:00 – 5:00 pm at "Living Tree"

Everyone is invited to attend this fun annual event. Enjoy decorating the tree, singing, counting down to the lighting and then refreshments at the Peaks Café. The ukulele ensemble will play for us in front of the Café. Donations accepted for Food Pantry.

### LAUGHTER YOGA CLUB

Monday, December 4 10:45 – 11:30 am

Learn to laugh at nothing at all and gain the health benefits that laughter has to offer. Laughter is most important at this time of year as it can reduce stress and strengthen our immune systems. Yoga portion is breathing and stretching exercises. No experience necessary. All adults welcome.

### THURSDAY KNITTING/CHATTING GROUP

Thursdays, December 7, 14 & 21 10:45-11:45am

We are completing our 7<sup>th</sup> year of knitting for charity and what a year this has been. Hundreds of hats, scarves and dishcloths have been distributed over the years. Join us!

### SCATTERGORIES and BRAIN TEASERS

Monday, December 18 10:45 – 11:45 am

Spend some time with friends (both old and new) as we play Scattergories and other word games and brain teasers. Bring your own lunch to enjoy afterwards. Open to all adults.

### END of YEAR PARTY: SHARING FAVORITES

Thursday, December 21 12:00 – 1:45 pm

Bring your own lunch to enjoy with friends while sharing your favorite holiday traditions, stories, movies, photos or other memories. Tea, hot chocolate and sweets available.

### On-going exercise programs for Adults

Mondays & Thursdays 9:30 – 10:30 am

LOW IMPACT AEROBICS with WEIGHTS



## RANDALL-MacVANE POST 142

P.O. Box 118, PEAKS ISLAND, MAINE

[legionpost142@gmail.com](mailto:legionpost142@gmail.com)

## NEW ENGLAND PATRIOTS LOUNGE EVENTS

The American Legion Post lounge will open at 1:00 PM rather than 4:00 PM on the following Sundays: December 3, 24 and 31. This will allow members and their guests to enjoy the football game together, as well as to enjoy some food that will be provided for a donation on each of those days

Come enjoy our lounge, some good food and Island comradery while rooting the Patriots on to more wins!!

*John O'Brien, Lounge Chair*