

10-9-2003

## Casco Bay Weekly : 9 October 2003

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OCT 9, 2003

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The Cord  
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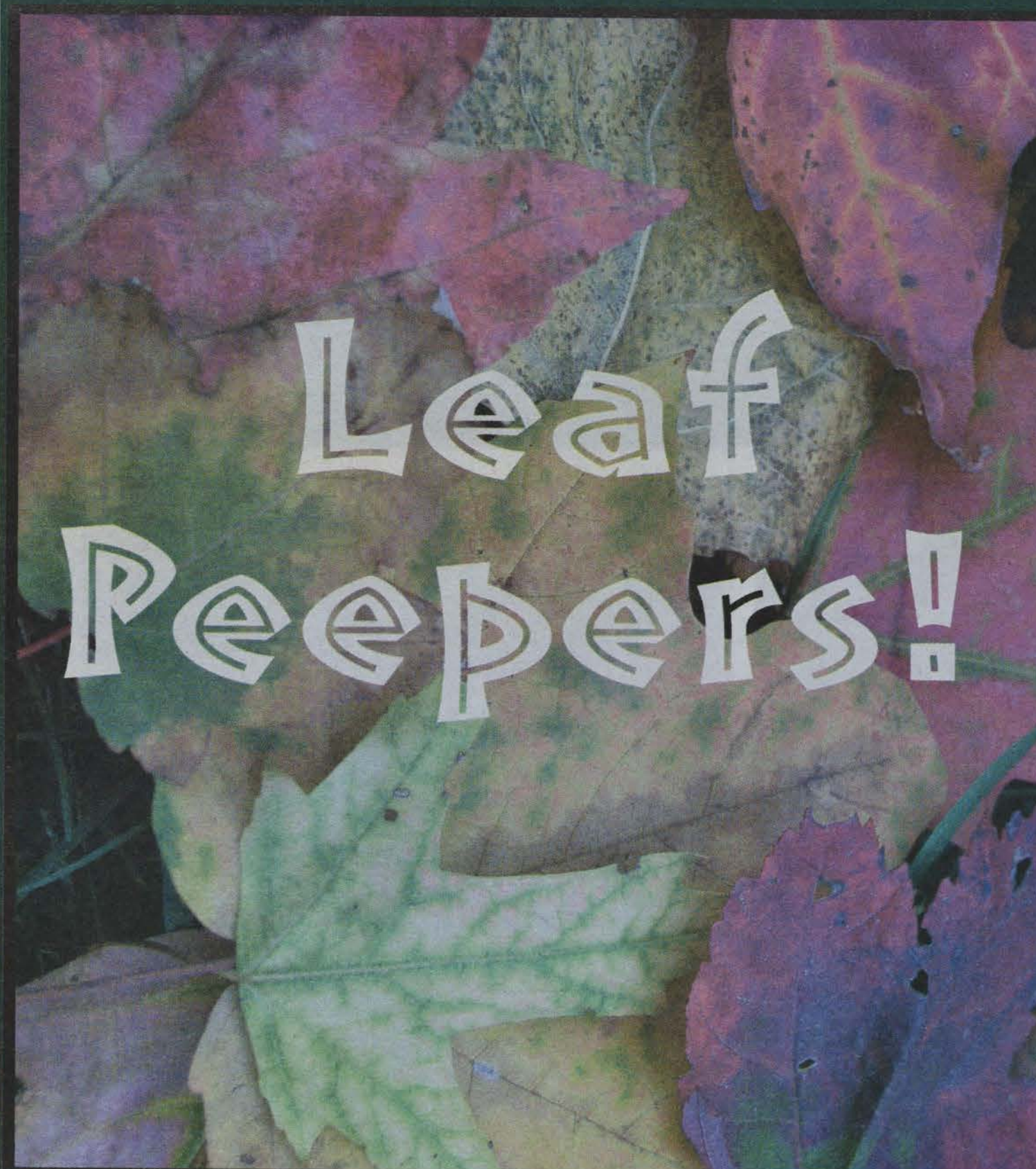
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Volume XV #39

casco bay weekly

October 9, 2003

GREATER PORTLAND'S COMMUNITY JOURNAL OF NEWS, ARTS & HAPPENINGS



Leaf Peepers (LEEF peep.ur) n. A person who, at the appropriate time during autumn, seeks out an area where many or most of the tree leaves have color. Look inside for the best places to view Maine's annual forest fireworks show.

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Talk

Conversation with Jeff Tarling



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Photo Essay

Views From Above



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Music Seen

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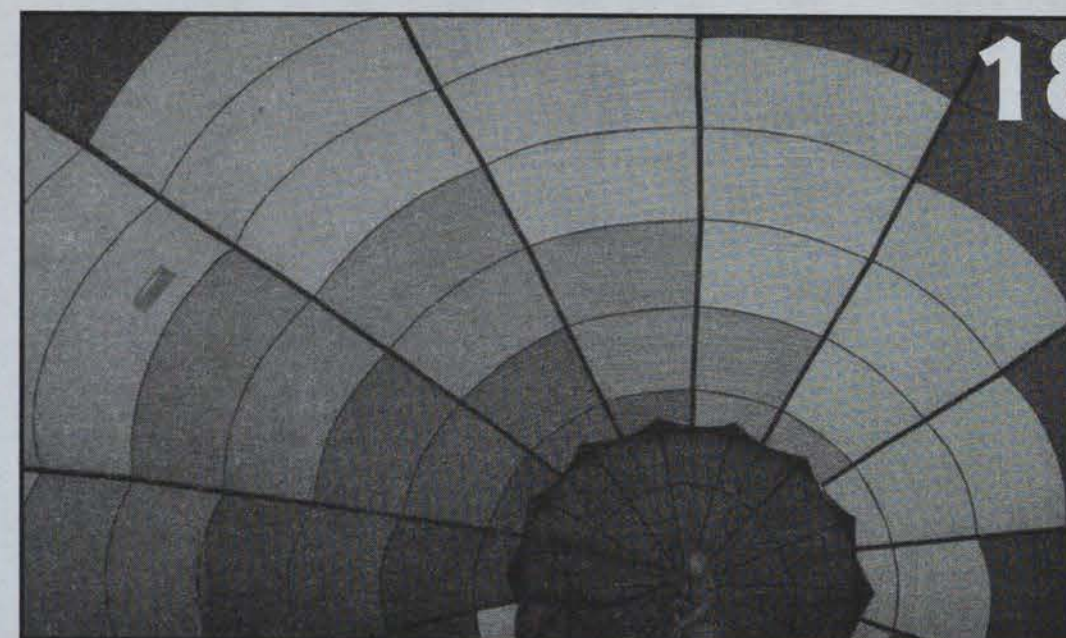
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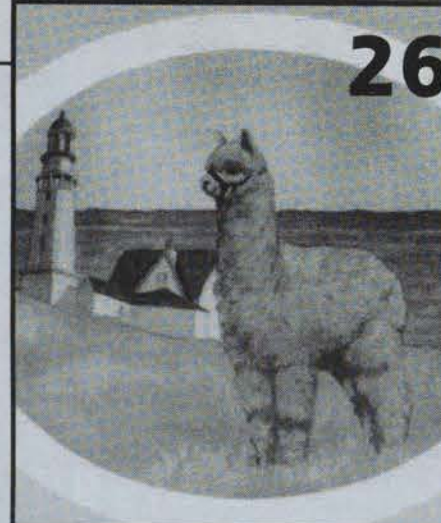
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## Upcoming Features & Ad Opportunities

Reach your target audience by advertising your product or service in an issue of CBW featuring industry-specific content!

### Oct 16 Theatre in Maine

The theatre is alive and well in and around Portland, Maine! From the Portland Players, Maine's oldest community theatre to the Schoolhouse Arts Center at Sebago Lake; from summer theatre at the Ogunquit Playhouse to the Children's Theatre on Stevens Avenue, Maine actors, actresses, singers and playwrights are producing superb entertainment. The October 16 issue of CBW will bring you up to date on the flourishing theatre scene in Greater Portland and beyond. **Deadline for editorial contributions and advertising is October 8.**

### Oct 23 Winterize Your Life

For some of us, the coming of winter means skiing, snowmobiling, hunting and a hundred other things you need cold weather and snow to enjoy. For others, winter means staying indoors and wishing for spring. But for everyone—winter people and summer folk alike—certain things have to be done in and around our homes to ensure a safe, warm and happy winter. Our October 23 issue will explore the world of winterizing our lives, from car to pool to clothing. **Deadline for editorial contributions and advertising is October 15.**

### Oct 30 Trick or Treat

Happy Halloween! In this issue, we will go beyond the candy and costumes and take a closer look at this spooky holiday. Share with us your favorite local ghost stories or a story of how you celebrate Halloween. **Deadline for editorial contributions and advertising is October 22.**

For more information, contact Roseann Mango-Morgenson at 775.6601 or e-mail [cbw@maine.rr.com](mailto:cbw@maine.rr.com). Space is filling fast!

## Inside This Issue

Fall is my favorite time of the year. We happen to live in an area that reflects the beauty of fall magnificently. You know we are the envy of many. We thought we would put together an issue that reflects the beauty that Maine has to offer. Hopefully, we will all take a minute and get out to take advantage of the rich colors and fresh crisp air.

For all you leaf peepers, we have information as to where to go and when in order to enjoy some breathtaking views. Leigh-Ann, one of our apprentices, had the pleasure of taking a balloon ride in order to interview a gentleman who gives balloon rides over the area and found it to be a terrific way to enjoy the foliage.

Other stories include an interview with a very popular Jazz singer as well as a story about a great idea to raise money to help build a new school in Lincolnville.

This is issue number 39. Wow! I can't believe how time flies. Presently we are printing 35,000 copies and are gearing up to print 50,000 to meet your requests for more. So please hang on, we will be in your area real soon. Keep those requests and ideas coming!

Roseann Mango-Morgenson  
Vice President, Maine Publishing Corp.



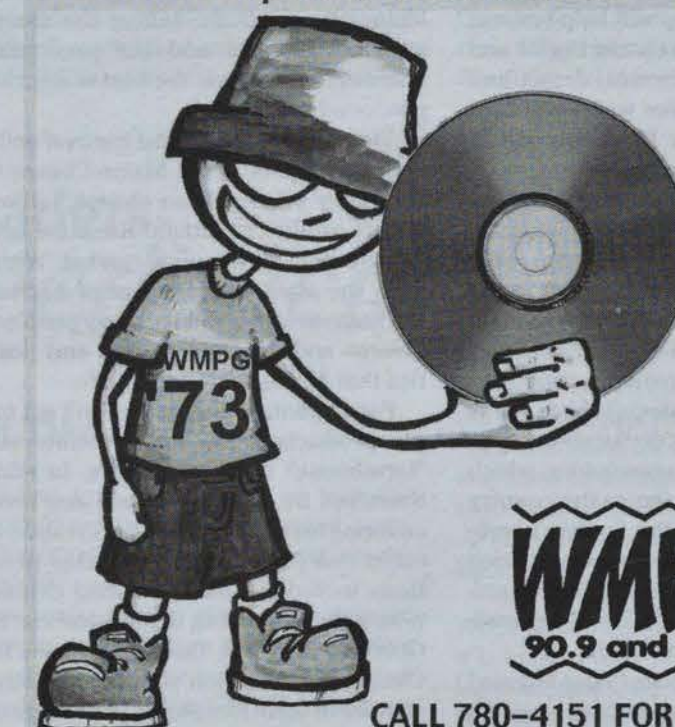
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# Community notices

## Making Strides Against Breast Cancer Walk Supports Breast Cancer Research, Programs and Services

Funds raised at the Making Strides Against Breast Cancer walks will be used locally and nationally to support ongoing breast cancer research, early detection outreach and awareness programs. They will help unravel the mystery of how breast cancer begins and to seek better ways to prevent, detect and treat the disease. The three walks will take place on Sunday, October 19, in Brunswick, Cape Elizabeth, and Damariscotta.

Some of the breast cancer programs here in Maine are: *Tell A Friend* (friends encouraging others to get mammograms), *Reach to Recovery* (a support program which pairs breast cancer survivors with newly diagnosed patients), and *Look Good...Feel Better* (a program which helps patients cope with cancer treatment's side effects). Also, funds help to support the Cancer Survivors Network, a unique "virtual" community, which connects cancer patients across the country and is accessed through the Society's website, [www.cancer.org](http://www.cancer.org), another service funded by the walk. Still another free information network is the Society's 800-ACS-2345 line, available 24 hours a day, 7 days a week.

"The American Cancer Society has invested over \$216 million for breast cancer research projects. Thousands of scientists have received support, including 32 who have earned the Nobel Prize," notes Donna Muto of the American Cancer Society. More grants are constantly being approved. Just this June a \$720,000 grant was awarded right here in the State of Maine at the Jackson Laboratory in Bar Harbor. Tatyana Golovkina, PhD, is currently working on a four-year research project entitled "Genetic Resistance to Mammary Tumors."

Volunteers who participate in Making Strides also help fund the Society's advocacy efforts, affecting many of the laws that govern what options are available to cancer patients. The awareness generated from Making Strides makes sure that cancer is a priority in the hearts and minds of our elected leaders.

To receive a registration packet or to become involved with a Making Strides event, either as a volunteer on the day of the walk or as a planning committee or team member, please call the American Cancer Society at 800-464-3102, press 3, 207-373-3703, or visit [www.cancer.org/stridesonline](http://www.cancer.org/stridesonline).

The American Cancer Society is the nation-wide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service.

## Maine Food Festival Will Feature Maine Artisan Dairy Goods

The Maine Organic Farmers and Gardeners Association (MOFGA) and the Maine Cheese Guild, will host the second annual Maine Food Festival on Sunday, October 12, at the MOFGA's Common Ground Education Center in Unity, Maine. The theme of this year's event will be cultured artisan dairy products, such as cheese, butter and yogurt, that are

produced here in Maine.

"The dairy industry has always been an important component of Maine Agriculture," said festival organizer Eric Rector, who also serves on MOFGA's Board of Directors. "Now many new and diversified uses for the liquid riches of Maine's farms are being created and marketed in Maine and beyond."

The June 2003 issue of *DownEast Magazine* profiles a number of the members of the Maine Cheese Guild, telling the story of a growing industry and the production of cheeses that "... rival the best of any cheeses produced in Europe."

This year's Maine Food Festival will highlight the efforts of the Maine Cheese Guild, and many other artisan cheese, butter, and yogurt producers around the State who are contributing to this new market. With help from the Maine Department of Agriculture, the Festival will introduce many people to the diverse and delicious flavors and possibilities that Maine dairy has to offer.

Participants in the festival will get to sample products from both commercial and "farmhouse" dairy producers. In addition, there will be demonstrations and seminars covering many aspects of the creation of cultured dairy products. Scheduled presentations include: a butter-making demonstration; a cheese-making demonstration; Sheep, Goat and Cow Milk Tasting; a "Goat's Milk to Cheese" presentation with opportunities for visitors to taste samples at each stage of production (this will be in the vein of a "Sheep to Shawl Demonstration"); The History of Cheese Making in Maine; Cooking with Cheese; and How to Become a Commercial Producer of Cultured Dairy Products. Other presentations include: The Homestead/Farmstead Dairy; Raising Goats for Milk & Cheese; Raising Sheep for Milk & Cheese; and Raising Cows for Milk & Cheese.

Vendors will be on site, giving festival-goers the opportunity to purchase cheese, butter and yogurt, as well as other foods that go well with cheeses and cultured dairy products. Activities will begin at 10:30am and conclude at 3pm. There is a fee for admission.

For more information about this and other educational programs and events at MOFGA, visit MOFGA's website at [www.mofga.org](http://www.mofga.org) or call 207-568-4142. For information about the Maine Cheese Guild, contact Caitlin Hunter of Appleton Creamery at 207-785-4431.

## Landscaping Workshop to Focus on Native Plants

A free workshop on restoring native landscapes through invasive plant management will be offered at the Wells Reserve at Loudholm Farm on Wednesday, October 15. Choose from two sessions: 3 to 5pm or 6 to 8pm, with an optional field component from 5 to 6pm. Reservations are requested. For more information, call the Wells Reserve at (207) 646-1555.

Speakers will include Ann Gibbs, State of Maine Horticulturist, Chris Mattick, Senior Conservation Program Manager at the New England Wild Flower Society, and Dale Pierson, owner of Pierson Nurseries.

They will talk about how to identify non-native invasive plants, the impacts of invasive species, local and state control efforts, planting ideas and resources, and how native

Casco Bay Weekly welcomes your community notices. Please keep your thoughts to less than 300 words (longer submissions may be edited for space reasons), and include your address and daytime phone number. Send to: Notices, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: [cbwdir@maine.rr.com](mailto:cbwdir@maine.rr.com)

species are used in the nursery industry. This workshop is ideal for citizens, land managers, conservation groups, horticulturists, and highway and public works department personnel.

Information packets and refreshments will be provided. Please bring a mug.

This workshop is sponsored by Rachel Carson National Wildlife Refuge and the Wells National Estuarine Research Reserve. Funding is provided by the National Fish and Wildlife Foundation.

The Wells Reserve is at 342 Loudholm Farm Road in Wells, just off Routes 1 and 9 near the Kennebunk line. Learn more at [www.wellsreserve.org](http://www.wellsreserve.org).

## Harvest Fund Now Accepting Grant Applications

The Harvest Fund at Maine Initiatives is now accepting applications for fall grant proposals. The fund provides short-term grants to projects promoting sustainable agriculture and food systems in Maine communities. The Harvest makes about \$25,000 in small grants each year.

The program has funded advocacy for sustainability, community gardens, school and youth-based programs, heirloom seed propagation, food co-ops, farm markets, educational publications, winter growing and other types of projects.

The application deadline is Wednesday, November 5. Grants ranging from \$500 to \$2,000 will support activities and projects that advance sustainable agriculture and food systems.

Maine Initiatives is a non-profit grantmaking foundation that funds groups cultivating economic, environmental, and social justice at the grassroots level in Maine communities. For a Harvest Fund grant application or information, contact Maine Initiatives, 207-622-6294, [meinit@gwi.net](mailto:meinit@gwi.net), or visit [www.maineinitiatives.org](http://www.maineinitiatives.org).


## Annual Harvest Festival Oct 11

If you enjoy sheep dog demonstrations, hayrides, pumpkin carving, old-fashioned children's games, blacksmith shop demonstrations as well as cooking, spinning and weaving, you will want to visit Narramissic, the historic Peabody-Fitch Farm in South Bridgton, on October 11 from 11am to 4pm.

This is the 3rd year for this very popular event, which appeals to all ages. There will be guided tours to Bear Trap, hot dogs, drinks, snacks and ice cream available, and the historic farmhouse will offer tours with guides in period dress. With the fall foliage at its height, the view from the farm is the best around.

Following a full day of events, a public supper will begin at 5pm in the barn featuring home baked turkeys with all the fixings—stuffing, gravy, corn, peas, squash, real potatoes, home-made bread, coffee, punch and of course home made pies. Two seatings of 100 each are planned this year, as the supper sold out last year.

Come and enjoy a day of fun as you remember and celebrate the heritage of this special farm located on Ingalls Road off of Route 107 in South Bridgton. Signs will be posted from Rtes 302 and 117. The Bridgton Historical Society sponsors this event as well



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as others throughout the season to commemorate the bequest of Mrs. Margaret Munroe who wished to keep alive the old traditions of our early settlers. Telephone 647-3699, or 647-9954, for more information.

## Compass Project Holds Open House

The Compass Project celebrates its second year by moving into a new home for its youth boatbuilding program with an Open House on October 16th from 4 to 7pm. The new space, located at 170 Anderson Street, has ample room for boatbuilding, a classroom/meeting room, boat storage and a small office. Items from the wish list include furniture, tools, a VCR, copier, computer equipment.

A variety of hands-on programs for youth will be available beginning in October including a 10-week group building an Optimist Dinghy, a 6-week program building a Six-Hour Canoe, and one and two day introductory boatbuilding programs. In February, adult classes in boatbuilding will be offered in evenings and on weekends.

The Compass Project is a recipient of a \$10,000 grant from the Davis Family Foundation awarded last week. The program was started a year ago with a grant from the Maine Community Foundation. During its first year, the program served 75 youth ages 13-18 in its boatbuilding programs and in its new Grand Banks Dory Rowing Program, which began last summer. Last May the Compass Project was given a Giraffe Award by the Maine Children's Alliance as an "Innovative Nonprofit Organization."

## Adams School Celebrates After-School Programs

Children's activities and a safety walk around Munjoy Hill will be among the featured events at a Lights On Afterschool Celebration that will take place Thursday, October 9, from 3:30 to 5:30pm, at Adams Elementary School in Portland. Area residents are invited to attend.

The event, sponsored by Project Safe and Smart and the Munjoy Hill Community Policing Center, is part of a national effort to raise awareness about the need for after-school programs that keep kids safe, help working families and improve academic achievement.

Students in the Project Safe and Smart after-school program at Adams are working with Mike Libby, a local artist, to make piñatas in the shape of lightbulbs. The piñatas will be broken at the celebration, beginning at 3:45pm.

The safety walk will take place at 4:30pm, followed by Chief Chitwood reading a story at 5pm. Those who attend will be given free light bulbs and ice cream will be served. Adams School is located at 48 Moody Street.

## 2nd Annual Maine Screenwriting Competition Announced

The Maine Film Office, in cooperation with the Maine International Film Festival, is pleased to announce the 2nd Annual Maine Screenwriting Competition.

Beginning October 15th, Maine residents are encouraged to submit their completed, feature-film screenplays to this competition. The top three winners will be awarded cash prizes during the 7th Annual Maine International Film Festival in Waterville in July, 2004.

"Maine has many talented writers whose work deserves attention and encouragement," said Lea Girardin, director of The

Maine Film Office. "This new competition should highlight that excellent work. We also hope that some of the winning scripts could become Maine-made films."

A team of judges will read and critique each screenplay. The writers of the top three scripts will receive a detailed analysis of the strengths and weaknesses of their work from production professionals.

To download information and an application form for the screenwriting competition, go to The Maine Film Office website at [www.filmmaine.com](http://www.filmmaine.com) and click on the "Maine Production News" section. Writers can also contact Sharon Thomas at The Maine Film Office at (207) 624-7483 for a printed version of the competition documents.

The Maine International Film Festival (MIFF) is a perfect venue for announcing the winners of the competition, said Girardin. MIFF and The Maine Film Office already collaborate on the annual Celebration of Maine Filmmakers Day, an event during the festival. The Celebration includes The Maine Student Film and Video Festival; The Maine Filmmakers' Forum (a screening of new works by artists age 19 and older); panel discussions; and a reception.

The Maine Film Office is a division of the Maine Office of Tourism and the Maine Department of Economic and Community Development. The mission of The Maine Film Office is to bring film, television, photographic and other media projects to Maine; to grow and improve Maine's local film industry; and to help all film and TV projects in Maine succeed.

## National Childhood Lead Poisoning Prevention Month

October is National Childhood Lead Poisoning Prevention Month, and the Maine Lead Action Project (MLAP) has announced that a press conference with Governor John Baldacci to address this issue is scheduled for Wednesday, October 15 at 10am at the Capitol Building in Augusta.

National Childhood Lead Poisoning Prevention Month was sponsored in Congress in 1999 by Senator Susan Collins, who has been invited to the press conference.

According to MLAP spokesperson Heather Curtis, "... a thousand kids are diagnosed with lead poisonings annually in Maine, but so many are not diagnosed."

The presence of those one thousand children will be demonstrated on the steps of the Capitol by one thousand pairs of children's shoes, which the Project is currently collecting by donation. For information, please call Ed Democracy or Heather Curtis at 775-0270; this is the Community Action Education office of MLAP. Susan Thornfield, who founded MLAP, can be reached at 871-7905 or by e-mail at [leadsafe@gwi.net](mailto:leadsafe@gwi.net).

Research is increasingly showing that even relatively low levels of lead exposure can threaten a child's ability to achieve his or her full potential by reducing IQ and attention span, or causing reading and learning disabilities, hyperactivity, and behavioral problems, according to MLAP.

The October 15 press conference is designed to heighten understanding as well as encourage homeowners, landlords, and contractors to utilize preventative measures to protect Maine's children from the dangers of lead-based paint.

Those who either need a ride to Augusta for the press conference or are able to provide a ride should contact MLAP by phone or e-mail: 775-0270 or [leadfree@maude.us](mailto:leadfree@maude.us). Fur-

ther information about the dangers of lead poisoning and the solutions to the problem can be found at the MLAP website: [www.maineleadaction.org](http://www.maineleadaction.org).

Heather Curtis of MLAP emphasizes that "early diagnosis is vital, because lead poisoning is easiest to treat when discovered early." She and the MLAP invite the public to call them, check out the website and to attend the press conference with Governor Baldacci on October 15.

## Ten Free Trees-Autumn Classics

Ten free trees, autumn classics will be given away to each person who joins The National Arbor Day Foundation during October 2003. The free trees are part of the non-profit Foun-

dation's Trees for America campaign. The ten trees are two Sugar Maples, Scarlet Oak, Sweetgum, Red Oak, Silver Maple, White Dogwood, Washington Hawthorn, and two Red Maples.

"These trees will produce vibrant red, orange, yellow, scarlet, and purple leaves in the fall," John Rosenow, the Foundation's president, said.

The trees will be shipped postpaid at the right time for planting between November 1 and December 10 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow, or they will be replaced free of charge. To receive the free trees, send \$10 membership contribution to Autumn Classic Trees, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by October 31, 2003.

structive road-building, logging, drilling, and mining. Though it is one of the most widely popular pieces of legislation ever created, the Bush administration has announced plans to gut the Roadless Rule by exempting Alaska's Tongass National Forest, the largest intact temperate rainforest left in the world, and giving governors the chance to opt out of enforcing the rule for forests in their own states. What does this mean for Maine? It means that we may soon be seeing one of our most precious outdoor areas destroyed, lost to us forever.

The consequences of a Roadless Rule rollback would be numerous:

First of all, we could lose access to the White Mountain National Forest, since, once it is handed over to logging, drilling, or mining companies, the public land will actually be closed off to the public.

Second, our drinking water could be contaminated. Eighty percent of clean drinking water across the country comes from national forests, and allowing vehicles into these areas can easily lead to water pollution and contamination.

Third, we could be paying for the destruction of the White Mountain National Forest out of our own pockets! Since building the access roads to allow the right vehicles into mountainous or dense national forests is prohibitively expensive for the individual companies to pay for, taxpayers will be forced to foot the bill.

We love our natural places and we love the possibilities for outdoor recreation that they provide. They are part of what Maine is known for and part of why we live here. The White Mountain National Forest is just one example of the many wild places we treasure, and it is atrocious that the Bush administration plans to steal it away.

Nora Ellertsen  
Field Organizer, US Public Interest Research Group (USPIRG)  
Portland

## We want your letters!

Submissions are the views of our contributors and do not necessarily represent those of CBW. Please send your submissions (no more than 300 words), to Letters, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: [cbwdir@maine.rr.com](mailto:cbwdir@maine.rr.com). Be sure to include your address and daytime phone number.



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## health & wellness

### Laid Off? Change Happens! In Uncertain Times, Go Ahead! Accomplish Your Dreams!

by Romanus Wolter

It seems as if all the uncertainty occurring in the world is making people afraid to move forward. This is especially true when it comes to pursuing dreams. "How can I go after my dream, when the world is in such chaos? I may fail or worse, lose my way of life."

To many, trying something new in uncertain times is a hurdle that they just can't attempt. We are taught that if we follow the rules of the world, we will achieve happiness. However, rules do not stimulate creativity or passion. Rather they demand conformity.

#### FEAR = ENERGY

Fear is an emotion that stops many of us in our tracks. However, its power sparks creativity. Start by giving a new definition to fear: "Fear is the energy that propels the impossible forward."

Creating your dream is an adventure. You don't know exactly where it will lead, but the act of taking a step brings you closer to success. So roll with changes by taking action and discover what works and what doesn't by:

1. Believing in yourself. Confidence greatly influences reality. Know that you will make the right decisions to make your dream a reality. Believe in your success and your energy will attract others to help you succeed. This is when the magic happens.

2. Writing down your goal. We've all known people who believe so much in an idea that they discover a unique way to accomplish it. Write down your passion and the benefit it provides. When your ultimate goals are clear, the steps to achieve your goals become more intuitive. Even as circumstances force you to shift directions, you will find a way to move forward.

3. Write down the "things" you fear. Write down anything that comes to mind. Do not judge or analyze them, just create a list. Ideas can range from "where will I find the time," "the economy may worsen," to "I will have to learn how to sell correctly."

4. Tear the list up. What you wrote down is of little significance because, as you work on your goal, you will discover ways to make it a reality. Realize that there is nothing on the list that will stop you. In fact, an item that you wrote down today will probably be gone tomorrow

because circumstances always change. Tear it up and free yourself for success.

5. "Dream Like a Child, Decide as an Adult." As a child, view the world through the eyes of possibility and ask for help when you need it. Then, as an adult, use your intuition and knowledge to decide on your next action step and take it. Stop worrying about what you should do and focus on simple activities that help you gain the knowledge you need.

6. Start doing your action items today. There is nothing you "need" except for your passion and your ability to ask others for help. Your imagination works wonders! Treat each step like a mini-reward. Thank yourself for accomplishing it, and take your next step.

If you continue to wait for things to calm down or to stop changing, you will never move forward. Stop worrying about uncertainty and revel in the unexpected opportunities it brings. Open yourself to exploration, fun, and the ultimate reward a life and career you love!

Romanus Wolter is known as "The Kick Start Guy." His book, *Kick Start Your Dream Business* (Ten Speed Press), provides proven action steps that close the gap between goals and success. As *Entrepreneur Magazine's* Success Coach Columnist he invigorates people's spirit and motivates them to achieve their dreams. To discover more about Romanus and his experience please visit [www.kickstartguy.com](http://www.kickstartguy.com) or write to him at [Romanus@kickstartguy.com](mailto:Romanus@kickstartguy.com).



ILLUSTRATION ART TODAY

## paw print Top Ten Reasons to Scoop the Poop

by Nancy Freedman-Smith

10. Give your neighbors something else and someone else to complain about. Be an ambassador of good dog goodwill.

9. Wouldn't you rather smell the roses?

8. It is really hard to remove from shoe treads. Your kids will be called stinky by the other kids in school when they come to school with poop on their shoes.

7. Face it, your dog is not going to master the toilet any time soon.

6. There are over 60 million dogs in the US. Do the math ... one dog pooping two times a day is 14 poops a week, or 56 poops a month. Multiply that by 60 million.

5. Owning a dog comes with responsibility.

4. Dog poop can host diseases and/or parasites, which can infect people and other dogs who come into contact with it. Reduce public concern about feces-borne illnesses.

3. A walk in your own yard should not mean "tip toe through the mine field."

2. Give a damn about a bad reputation. Owners not picking up is the number one complaint about dogs and their owners. Every time you don't pick up, you leave more "poop to hit the fan."

1. It is the law and you will be fined.

Trainers tip: Make the world a better place. Take extra bags and clean the orphan poop!

Nancy owns *Gooddogz Training* and like most responsible dog owners always has extra bags. Need one ... just ask. [Gooddogz1@aol.com](mailto:Gooddogz1@aol.com)



ILLUSTRATION ART TODAY

### CONTEST!

Do you have a funny story about your dog/dogs behaving really, really badly? Send it to us in 300 words or less. The top two stories will be published in the October 16th issue. Please include your dog's breed and age at the time of the incident.

1st place: \$25 gift certificate to [www.PlanetDog.com](http://www.PlanetDog.com)

2nd place: Free dog wash from Bark and Roll

Email preferred: [Gooddogz1@aol.com](mailto:Gooddogz1@aol.com). Please put Contest in the heading or snail mail to: **Bad Dog Contest** Casco Bay Weekly, 11 Forest Ave. Portland Maine 04101

Do not send stories where people or animals were hurt.

Deadline for submission is October 7th.

### Adopt a Pet: Otis

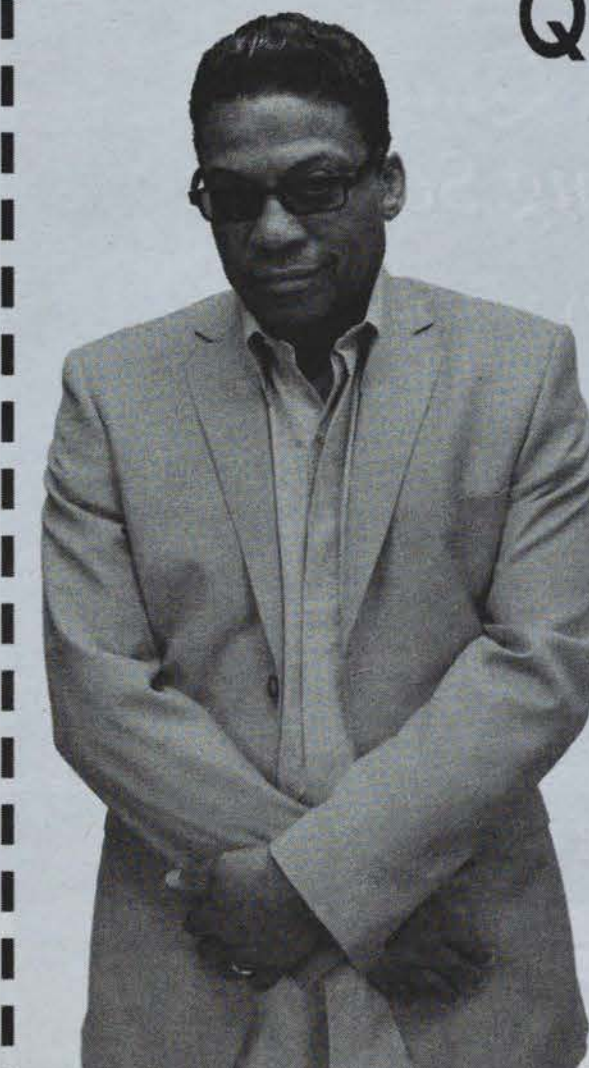
by the Animal Refuge League



Let the good times roll with Otis! This two-year-old lab/shepherd mix was transferred from an overcrowded shelter in Marion County, West Virginia. Otis had been in the shelter for a very long time, and was eager to hitch a ride north where he might have a better chance to be selected for adoption. Brash, confident and brimming with energy, Otis is desperate to finally have the opportunity to run, jump and play. Reported to be a huge fan of other dogs, Otis was kenneled with several while in the south. Otis has no manners to speak of, but with time, ample exercise, proper diet and the chance to have some canine companionship, Otis has the potential to be a fantastic dog! Otis takes great joy in chasing bugs, too! Sadly, because Otis has been in the shelter system for so long, he is going a bit "cage crazy" and can come across as a wild man. Please ask a staff member for an introduction to see his true charm and love of life. If your home has older children who will not mind muddy paws on their clothes, you have an active lifestyle that can happily accommodate a dog, are eager to make the time to attend a fun training class and work with Otis, and you have a great sense of humor, please ask to meet our boy! He will not disappoint! Otis is a transfer dog. His adoption fee is \$125.00 to defray the cost of vaccines and transportation for the shelter of origin.

Otis is available for adoption from the Animal Refuge League, 449 Shroudwater Street, Westbrook. (207) 854-9771 or [www.arlgp.org](http://www.arlgp.org).

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## Non-profit news

### Goodwill Industries Hits the Road With Advertising Message

by Paula Keeney

Goodwill Industries of Northern New England is taking its marketing and promotions effort "on the road"—literally. It's all part of a unique collaboration between one of the most recognizable names in non-profits and Mobile Marketing Solutions, a South Portland company. ("Good clothes, good price, good cause." "New selections arriving daily.")

If you live, work or travel anywhere in Maine and much of New Hampshire you've seen them on the road—Goodwill trucks emblazoned with the Goodwill marketing messages.

Until recently, the trucks were on the road day in and day out—traveling the region's most highly traveled roads and highways—you just didn't know it. Goodwill's transportation fleet carried only a small non-descript logo and no signage.

Jean DiPietro-Salce, the agency's director of marketing, was the first to regret the organization's plain white trucks. At a time when Goodwill, like most non-profits, was struggling, she knew the value of keeping the organization's name and message in the public's eye.

She also knew the greatest obstacle—money. "The cost to paint one truck was \$3,000," she says. "Do you know what \$3,000 means to our programs?"

Like most non-profit organizations working on tight budgets, there's little funding for advertising and promotion.

Enter Don Mackenzie, president of Mobile Marketing Solutions, who saw Goodwill's fleet of trucks as more than transportation. He saw them as "mobile billboards," carrying the marketing messages not just of Goodwill but of other companies as well.

What further interested Mackenzie about Goodwill was the fact that its trucks traveled throughout the region's most populous areas and did so seven days a week. "They are a perfect advertising medium."

He made DiPietro-Salce an offer. Mobile Marketing Solutions would rent the sides of Goodwill trucks for advertising from its growing list of clients and, at the same time, would provide free advertising for Goodwill.

The marketing manager immediately liked the idea. Not only would the agency get the visual marketing that she wanted, but it would also generate an additional source of revenue.

Since joining forces more than a year ago, says DiPietro-Salce, Goodwill's advertising message is being seen by more people than ever.

"We could never buy the kind of traditional advertising that would result in so many people seeing our message," she says. "Seven days a week, our message is being seen on roads and highways throughout our major markets of Greater Portland and Portsmouth, as well as Maine's midcoast area. Soon, we'll have our message on trucks in Bangor, Lewiston-Auburn and in Dover and Londonderry, NH."

Mackenzie is equally pleased with the arrangement. Quick to point out that the truckside advertising has been warmly received by his clients, he says the partnership with Goodwill has also been eye-opening.

"I had no idea of the enormity of Goodwill's mission," he says. "When you learn about its



PHOTO: GOODWILL INDUSTRIES

work—from employment and residential services to brain injury programs and services for the deaf—you can't help but be impressed, and grateful, that Goodwill is here."

Getting that message out, says DiPietro-Salce, is what advertising, like that arranged by Mackenzie's company, is all about.

"Goodwill Industries is more than 100 years old, but many—I might say most—people know very little about our programs and services designed to help people with disabilities become more self-sufficient," she says. "To most people, Goodwill is known for its retail stores."

Clearly, those stores—where donated clothes, household items, books and furniture are sold—are the lifeblood of Goodwill. Last year alone, the organization received some 18 million pounds of donated items in Maine and New Hampshire.

It's the revenue from those stores that fund the organization's programs. In addition, the stores (and sorting and distribution facilities serving them) offer training and employment to hundreds of local people.

Herein lies the dilemma that DiPietro-Salce wants to address with increased visibility. In the last two years, sales at retail outlets have declined.

DiPietro-Salce offers a number of explanations for the decline—leading with the after-effects of the September 11 tragedy two years ago and the poor state of the economy. Possibly every bit as plausible has been the fact that the number of Goodwill donation boxes—mainstays at shopping centers, strip malls and transfer stations—has been virtually cut in half in recent years.

"When some people began using them as dumping grounds for trash to avoid paying collection fees, we lost many locations," she explains. "When that happened, donations declined."

Whatever the cause, the result has been the same—"fewer dollars to support our many human services programs," says the marketing director.

With greater visibility—and that's where Don Mackenzie's Mobile Marketing Solutions comes into play—DiPietro-Salce is counting on greater public awareness boosting merchandise donations and, ultimately, sales.

The message, she says, is an easy one—"Good clothes, good prices, good cause, Goodwill."

## Good news

### Lincolnton's Grand Land Raffle: Great Odds for a Great Cause

by Amy M. Rollins

On November 16, 2003, one lucky person will land a grand piece of property in Lincolnton, Maine. This person could be you! Purchase a Grand Land Raffle ticket today, and you could win a charming, 2.3-acre wooded lot on scenic High Street. The land is located just outside Lincolnton Center and is appraised at \$34,500.

With a maximum of 1000 tickets being sold, the Grand Land Raffle provides all ticket holders with attractive odds for becoming a Lincolnton landowner. At a price of \$100 per ticket, the winner's return on investment could be hard to beat. But perhaps most appealing is the fact that all ticket purchasers are supporting a very worthwhile cause: the construction of a new K-8 school for Lincolnton, a town that is currently without a school.

Lincolnton Central School was permanently closed in April 2000 due to widespread mold and bacterial contamination. Since that time, Lincolnton has been leasing a "temporary" school built by credit card company MBNA in the neighboring town of Northport.

The Grand Land Raffle is the single most ambitious fundraising event to date in the multi-year campaign to bring Lincolnton Central School back to its community. The raffle plan was launched this past June when long-time Lincolnton resident Barbara Tarantino donated a parcel of her family's land to be used as a school fundraising tool. As a former Lincolnton student, the daughter of a life-long Lincolnton teacher, a retired teacher herself, and a current member of the Lincolnton Central School building committee, Tarantino has a vested interest in education and the town's school. If all goes as planned, Tarantino's generous gift will bring the Lincolnton Central School Capital Campaign \$100,000 closer to its \$1 million fundraising goal.

The land up for grabs has 268 feet of wooded frontage on High Street, a tranquil, tree-lined road that occasionally opens up to a field or

front yard exposing impressive views of the Camden Hills. The private, 2.3-acre lot is bordered by stone walls on two and a half sides and offers views of Levenseller Mountain and potential views of the Camden Hills. Scenic hiking trails, wildlife, and a nearby pond for swimming and non-motorized recreation are just a few of the rural neighborhood's offerings.

This land has been in Tarantino's family for three generations. To protect the character of the neighborhood, Tarantino has placed three covenants on the property that the winner must observe. The covenants prohibit subdivision of the property, prohibit a mobile home from being placed on the property, and prohibit commercial development of the property.

Located in the beautiful mid-coast region of Maine between Camden and Belfast, the town of Lincolnton (pop. 2,004) boasts access to Penobscot Bay and the Camden Hills. From the rocky shoreline to the rugged mountains, the tranquil ponds and quiet trails, Lincolnton's natural beauty is both enviable and enjoyable with every changing season. Purchase your Grand Land Raffle ticket today, and you might just find yourself owning a piece of Lincolnton paradise this November!

As of September 26, 500 raffle tickets have been sold! Through the ease of online purchasing, ticket sales are coming in from all over the country, supplementing the local supporters who already know and love Lincolnton. Grand Land Raffle tickets are \$100 each and available for purchase online at [www.VillageSoup.com](http://www.VillageSoup.com) (Click Tx); or you may contact Stephanie Thostenson, Raffle Manager, via telephone: 207-763-4710 or email: [sthostenson@yahoo.com](mailto:sthostenson@yahoo.com). You must be at least 16 years of age to purchase a ticket.

The winner's name will be drawn on Sunday, November 16 at 5pm at the Youngtown Inn in Lincolnton. Attendance is not necessary to win. Don't wait until it's too late! Buy your Grand Land Raffle ticket today, and help Lincolnton Central School make the most of this unique fundraising opportunity.



One of the spectacular views that the winner might enjoy from their property.

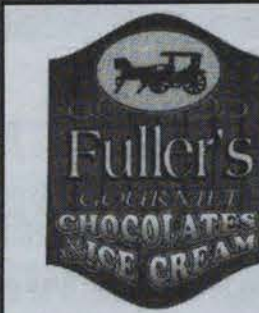
PHOTO: GRAND LAND RAFFLE

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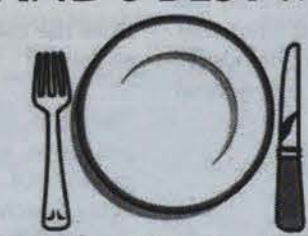
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# Talk A conversation with Jeff Tarling

Some of the great places in Portland to see foliage, of course, right here at Evergreen Cemetery. Not only is it a cemetery, but it's also designed to be an important open space, sort of like a park.

by Michael Poliskey

Jeff Tarling has been the City of Portland's Arborist since 1989. He loves trees on and off the job.

Is this your favorite time of year?

Absolutely. It's my favorite time of year. I'd say September, October. And then I have to say once the leaves fall off the trees you have this gray time 'till snow hits and you can go seeing. I think we're lucky here on the coast and the greater Portland area is that we have two foliage seasons. We have the one that's starting now. If on a weekend trip you wanted to go to western Maine up to either Rangley or to the White Mountains area you can see the foliage start to turn, so you can enjoy that. In a few weeks their foliage season will have gone by and we'll still have the coastal foliage period here along the coast.

Is every tree on a different schedule, as far as when they lose their leaves?

There is kind of a succession. Red Maples are probably the first tree to turn here on the coast. There's a Sugar Maple out front that turned already. Sometimes trees under stress will turn earlier than trees that are normal and healthy.

What kind of stress?

I think that the fact that their growing season is shorter because they have some decline going on. So the trees under stress will turn earlier. Late August, early September you'll see branches will start to turn, it's really a

sign that something is going on with the tree. Some of it has to do with the leaves are clogged up, they're getting tired, they have chemical changes going on.

What are the best places locally to view foliage?

Some of the great places in Portland to see foliage, of course, right here at Evergreen Cemetery. Not only is it a cemetery, but it's also designed to be an important open space, sort of like a park. There are some great tours as far as the walkways and the gravel roadways. Then there are the hundred acres out back you can access. The Red Maples will turn red with maybe a little green in it. The majority of trees here are Sugar Maples, and that's probably one of the nicer of the fall foliage trees, because it has that orange and red. Fore River Sanctuary which is right here in Portland. There is a mix in there. Oaks, Red Maples, kind of an assortment. The nice part about that is you have the marsh grass that is turning this time of year. They have kind of the yellow.

Does the cold play a factor in the changing of colors?

The night, the duration of light, the night temperatures, and how much moisture is in the ground. Of course the cold temperatures. Ferry Beach State Park has a stand of Black Tupelos which is a rare tree in Maine.

Where are Black Tupelos mostly found?

In Southeast United States. So the northern



Jeff Tarling admiring a rare Ginkgo Tree whose origins go all the way to China. PHOTO MICHAEL POLISKEY

part of that tree range is here in Maine. More coastal, you see it on the coast, but there is not many stands of Tupelos.

What exactly is a stand?

It means a whole group of them together. They're [Tupelos] a tree that grows in a kind of wetland area. So you think about Ferry Beach State Park and along the beach, there is an inland section that has nature trails that goes along a pond, and in that area there are boardwalks. It's a 15 minute drive from Portland. It's a nice place to spend on a Sunday afternoon.

How do you like to view the foliage?

I like to get out in the car and go hike. I prefer to drive someplace and get out and hike and

walk around somewhere for a whole afternoon, or a whole day. I think white water rafting and hot air balloon rides are some of the new ways to see foliage. Instead of white water rafting you can go canoeing as well. Great places to canoe are the Presumpscot River up near Sebago Lake, the Royal River which comes out in Yarmouth, the Saco River.

Can I point out a tree and have you tell me what kind it is?

Yeah.

Do you know every tree in Portland?

No, but I know after I look at them I can pretty much figure it out.

## greener side Better Late

by David Neufeld

Some plants make you wait until the last minute before they show the best color. The trees are obvious. Shrubs and perennials that make a showing this late are:

Eoumymous alata compactus, or dwarf burning bush, is well known for its flaming red leaves. Euonymus is available in a non-compact or small tree variety. Un-sheared, they grow into graceful open shrubs that will thrive even in broken shade. Their branches, with the four characteristic ridges that make the wood appear square, hold snow well and accentuate their form.

Viburnum leaves tend to turn russet before they fall. If this deep rust color is set against a contrasting background (deep shadow, white wall, evergreens) it is even better. Viburnums also carry their berries until the birds have stripped them, usually after snowfall.

Larch is a deciduous needle tree that is now being sold in a short weeping form and in a creep-along-the-ground form. After frost, the needles turn golden. When they drop, the ground beneath them lights up and needs no raking.

European and American Beech is a tree that can be pruned to hedge standards. Beech trees have the ability to hold their leaves throughout the winter. Both the colors (even ochre leaves look good in January) and the sound of the leaves rustling on light breeze give

this tree a unique place in the garden.

Ginnala maples or Flame Amur can give you the red maple-like display of color if you don't have a full-size red or sugar maple in your neighborhood.

Willows have no remarkable fall color. They do however hold their leaves (particularly weeping willow) very late.

Aster blooms appear the latest of flowering perennials. Flower colors range from white through deep purple. The rest of the season they can be mistaken for a weed.

Autumn Joy Sedum is well named because its pink flowers appear late in the summer and last through winter if you count the stiffness of the flower stalk that can support a lot of snow.

Lambs Ear has a flower in late June but to me it seems most showy because its furry leaves appear frosted before the frost and they hold frost late into the morning.

Autumn clematis is closest in habit to its wild cousin, Virgin's Bower, because the vine holds the blooms high off the ground the leaves and flowers last far into the fall.

The Rudebekia family, which includes black-eyed susans, continues to bloom until frozen and their yellow petals give some variety to the predominantly pink to purple range of many other fall bloomers.

Rugosa Roses will bloom well past frost. The advantage for roses in this small window of bloom time is that the Japanese bee-



Lambs Ear and Frost

PHOTO DAVID NEUFELD

ties are gone.

Fall mums of course are everywhere. They provide a chance for plug-and-play color. If you tuck the pots into a dense perennial bed you may convince yourself that they've been there all year.

For fanatics, Colchicum is a fall blooming crocus. Bulbs are expensive but that seldom is an obstacle to fanatics.

This is not a complete list. That can be found by cruising the streets. Whatever has color now in someone else's garden can have color in your's next fall.

David Neufeld is owner of North Star Garden Design and North Star Stoneworks.

## Inside scoop World Affairs Council of Maine

by World Affairs Council

The World Affairs Council of Maine was founded in 1977 as the only public forum where any Maine citizen could hear foreign problems addressed with impartiality and perceptiveness and participate in the discussion. It was born to promote statewide understanding of world events and issues, foreign policy, international trade, other countries and cultures.

Continuing its mission, the Council is holding an October 16 Town Meeting on the "Status of Homeland Security in Maine," from 6-7:30pm at the University of Southern Maine's Luther Bonney Auditorium on the Portland Campus. It is free and open to the public. The Town Meeting will be moderated by William Schneider, U.S. Anti-Terrorism Coordinator for the District of Maine.

On October 22, "A Report on Arab and Muslim Attitudes toward the U.S." will be the topic at a breakfast at the Marriott Hotel. Harold Pachios will comment on the October 1 report of Secretary Colin Powell's fact-finding group on Arab and Muslim attitudes. Harold was a member of this commission and is a Maine lawyer at the firm of Preti Flaherty Beliveau Pachios & Haley. Reservations may be made to Rob Triffin at 780-5383 or e-mail triffin@wacmaine.org. Pre-registered student groups may attend the lecture part free.

For more than 25 years, the World Affairs Council of Maine has played a very important role in the development of Maine people's understanding of foreign affairs. Its history involves Beatrice Chapman, who in 1962 developed a community retreat in the Casco Bay Islands for United Nations diplomats, correspondents and their families. Governor Ken Curtis and Senator Ed Muskie supported this project. In 1971, Governor Curtis presented the concept at a meeting with UN Secretary General U. Thant, but even with the support of such prominent figures, the idea of the old Battery Steele as a place where research, education, conferences and retreats could occur, would be abandoned. However, the Peaks Island Conference Center idea became the genesis for the World Affairs

Council of Maine, which has connected Maine and the world. In the 1980s, the Council conducted statewide Great Decisions discussions and established luncheon and business breakfast programs. It also focused on schools, when Council speakers started visiting local schools and students became members. The Council's early office on Commercial Street in Portland moved to Westbrook College (now the University of New England) in 1983, where it remained for four years before moving to the USM Portland campus.

In the late 1980s and early 1990s, after the collapse of Soviet Communism, the Council became known as the predictor of world events with its speakers often addressing the public just as or before major international events occurred. Robert Gallucci addressed his work on the United Nations Commission to "Locate and Destroy Iraq's Nuclear, Biological and Chemical Weapons." Several speakers from Poland talked about Poland's relationships to the East and to the West. Two different Ambassadors from the Peoples Republic of China spoke of their perceptions of China and the world. There were speakers from all over the globe talking about issues that would affect us all.

In 1993 the Council established a standing education committee to assist teachers and their students in preparing for their roles as world citizens. Initiatives such as the International Student Reception, Volunteers for International Education with Schools, and the placement of guest speakers in schools took root.

International Dinners in private homes became popular as an opportunity for informal discussion with speakers and other guests. Breakfast programs served not only senior level management, but also up-and-coming business and community leaders.

Thanks to talented and dedicated board, committee members and staff, the Council is able to continue to offer programs desired by the community. Visit the World Affairs Council of Maine website at [www.wacmaine.org](http://www.wacmaine.org) for a further look at the Council.

## Use Your Noodle! Ninth Annual Chefs' Competition to Feature Pasta and Lobster Creations

by Susan Barber

Pasta and Lobster. They're both versatile. They both taste great. They're both good for you. In fact, all the wonderful things you can say about one are true about the other. Now they're going to be deliciously and imaginatively paired for the ninth annual *Great Taste of Maine Lobster Governor's Tasting and Culinary Competition*—and just in time to celebrate both National Pasta and National Seafood Months.

This year's event—featuring the theme "Use Your Noodle!"—is set for October 15, 2003 at Augusta's Blaine House and is organized and sponsored by the Maine Lobster Promotion Council (MLPC), which represents the lobster industry statewide.

Every spring, chefs throughout Maine are invited to submit an application for the *Great Taste of Maine Lobster Competition*, and the creators of the top eight are announced in July. The finalists are then invited to participate in the actual event—this year to be held in October—and to view for the gold, silver and bronze medals, accompanying prizes and prestige. One chef also receives the People's Choice Award. Cash prizes will be awarded to the winners by lobster companies:

- Gold Medallist, Cozy Harbor Seafood, \$1,000
- People's Choice Award, Maine Import Export Lobster Dealers Association, \$750
- Silver Medallist, McAleney's New Meadows Lobster, \$500
- Bronze Medallist, Weatherlane Seafoods, \$250

On the day of the event, the eight finalists arrive with everything they need, from cooking utensils to mouth-watering ingredients, then spend the afternoon working side by side in the

Blaine House kitchen, hoping theirs will be the winning entry.

"This contest is a great opportunity for the chefs and the restaurants," says Christopher Russell, owner of Christopher's Boat House in Boothbay Harbor and a past competition winner and judge. "Most of our guests know when the event is coming up and that I've participated in the past. That's great advertising for us."

According to Russell, there are other benefits to entering the contest as well. "There's a lot of camaraderie between the chefs. We can relate to each other, and it's a good opportunity to network. And, winning the first year of the contest is what gave me the motivation to open my own restaurant."

According to MLPC Executive Director Susan Barber, the *Great Taste of Maine Lobster Culinary Competition* was conceived to celebrate the Maine lobster industry and its connection to the Maine hospitality industry.

Dick Groton, President of the Maine Restaurant Association, believes the event hits the mark. "The Governor's Tasting is a fabulous showcase for Maine lobster and the creativity of Maine chefs," he says. "The competition is a treat and a worthwhile event for both industries."

Russell agrees. "The contest is a great match between the lobster and restaurant industries. A lot of people come to Maine to eat lobster, and that means they're also coming to Maine's hotels and restaurants."

Governor John Baldacci and First Lady Karen Baldacci have graciously agreed to host the ninth *Great Taste of Maine Lobster Governor's Tasting and Culinary Competition*.

For more information about this year's *Great Taste of Maine Lobster Culinary Competition*, the "Use of the Noodle" theme, or to receive an application to compete, please contact the MLPC at 207-947-2966 or by e-mail at [info@mainelobsterpromo.com](mailto:info@mainelobsterpromo.com).

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## Skyline From The Southworth Planetarium

### Perseus and Andromeda: A Two Act Celestial Opera

by Edward Gleason

Stargazers rejoice! This is certainly a splendid time of year to lie back and observe the sky. The nights are longer, but the ground does not yet feel like cold iron. In addition, this evening one can watch the characters in an ancient night-sky opera, involving the beguiling Andromeda and the ever-so-muscular Perseus.

We will spend two weeks observing the characters and following the story.

#### Cast of Characters

("Dramatis Personae" for those who prefer Latin to English)

- Characters who are also constellations:*
- Andromeda, Ethiopian princess:** Lovely, kind, but destined to be chained to the rocks, anyway.
- Perseus, Greek hero:** Member of the first generation of Greek mythological heroes. God-like in both physique (0.5% body fat) and temperament (95% violent).
- Cassiopeia (Ethiopian Queen):** Also lovely. Quite proud of her beauty and that of her daughter, Andromeda. This pride, incidentally, would ultimately cause a great deal of trouble.
- Cepheus, Ethiopian King:** Cassiopeia's woe-begone husband. Spends most of his time shaking his head and sighing.
- Cetus, Sea Monster:** Fashioned out of sea-foam by the irate Sea God Poseidon. Typical monster—large, stupid and driven by an insatiable hunger. Partial to large fish and helpless Ethiopian princesses.
- Medusa, Beheaded Gorgon:** Has no speaking role because Perseus beheaded her before the story began. She has those petrifying eyes and the hissing serpent hair-do. Death did not significantly improve her appearance.
- Pegasus, Flying Horse:** The only character to be seen at local gas stations. Pegasus was born out of Medusa's blood and was sensible enough to be elsewhere during this drama.
- Peripheral Characters who are not constellations:*
- Apollo, God of Sun, Poetry, Prophecy and scantily clad blondes:** Not in the story per se, but, the oracle appears in it.
- Athena, Goddess of War and Wisdom:** Also not in the story. She furnished Perseus with Mercury's winged sandals and highly reflective shield.
- Mercury, Messenger of the Gods:** ... named for first planet from the Sun. Again, not in the story. Too busy angrily searching for his sandals.
- Poseidon, God of the Sea:** Is an integral part of the story. Warning: This God has no sense of humor.

#### The Royal Couple

Let us begin in the northeastern evening sky. Here an observer will find Cassiopeia and Cepheus. Both constellations are circumpolar, meaning that neither will set at this latitude. Instead, like Ursa Major (Big Dipper), Cepheus

and Cassiopeia describe wide circles in the northern sky.

Cassiopeia resembles a large "w" in the sky. By 9:00 p.m. this evening, Cassiopeia will be high in the northeast. By midnight, this "w" queen will be nearly as high above the northern horizon as possible.

Many faint stars comprise the Cepheus pattern. This constellation resembles a child's drawing of a house: a triangle attached to a square. Use the Cassiopeia stars to find Cepheus: Envision three lines extending out of Cassiopeia's W. Two of these imaginary lines will pass through Cepheus' upper triangle.

#### Royal Foot Inserted in Royal Mouth

Cassiopeia was a haughty, arrogant queen. She openly bragged about her wealth, status and beauty. She regarded herself and her daughter Andromeda as the two most beautiful women in the world. So enamored was Cassiopeia with her daughter that she once proclaimed that Andromeda was lovelier than the Sea Nymphs of Poseidon.

#### Guess who's coming to Dinner?

Unfortunately, Poseidon learned of Cassiopeia's boast. Outraged at Cassiopeia's audacity, Poseidon fashioned a big, dumb, vicious sea monster to ravage Cassiopeia's village. (A big, smart sea monster may have questioned the logic of the enterprise.) Cetus arose onto the Ethiopian shore and promptly destroyed houses, ate hapless citizens, and made a horrible nuisance of himself.

Cetus is a faint constellation consisting of two star circlets: one marking the head; the other marking the body. Cetus is low in the southeastern evening sky. The best way to find Cetus is by tracing a southeastern line from the Great Square of Pegasus: a four star square that will be high in the eastern evening sky by 10:00 p.m.

#### The Impossible Choice

Cassiopeia and Cetus watched helpless and horrified as Cetus tore through their village. They quickly consulted Apollo's Oracle at Delphi. The Oracle told them that Poseidon sent Cetus as a punishment for Cassiopeia's boast. The Oracle told the couple that the only way to stop Cetus was to sacrifice their daughter to him. They were to chain Andromeda to the shore. Cetus would certainly devour her, but he would then leave, never to return.

They had no choice. The wretched couple ordered their soldiers, who were having no luck fighting Cetus, to tie Andromeda to the shore as a present for the ravaging monster.

The obedient soldiers followed the command. Cepheus and Cassiopeia stared in terror as Cetus suddenly turned away from the village and toward the chained Andromeda. The ravenous creature moved swiftly toward the helpless princess as her parents looked on.

Tune in next week for the next exciting episode in this ancient celestial drama.

## MacBerserker's Scurrilous Computing

### A Wolf In The Hen House

by Marc L. Rubinstein

No, really. I meant to stop Microsoft bashing. I even promised the wife: this week would be just pro-Mac, not anti-Windows.

But, please, read on. You'll understand.

It seems Microsoft allowing Windows to be the world's most virus-plagued operating system (because of inattention to holes it knows are there but doesn't think worth fixing) wasn't enough.

September 3rd, 2003—a day to live on in computer infamy, when Microsoft bought the technology of Romanian developer GeCAD Software in what appears an attempt to monopolize the PC anti-virus business. So, it won't be available until bundled with the next version of Windows, scheduled to appear in 2005. But talk about conflict of interests! Now they have excellent reason to leave holes in their OS ... they can sell the fix instead of provide polished software in the first place.

Expect Microsoft to sell subscriptions to this software, providing virus updates to those who pay, just like products from Symantec and Network Associates do today. Why not ask that nice wolf to guard that cute pig trio with those funny little houses.

It's Microsoft's fault for vulnerabilities in Windows, Office, Explorer, et al in the first place. Were holes patched before shipping, who'd need anti-virus software in the first place? Some vulnerabilities were pointed out 12 years ago! How long does it take to make a fix? Did they really think no enterprising Cracker would bite? (By the way, Hackers are those who develop cool patches and applications, or hacks; Crackers break things.)

No one believes bundling anti-virus software into Windows will lead to anti-trust suits, no matter how warranted. But Symantec CEO John W. Thompson wonders, "... will they (Microsoft) play fairly or will they abuse their monopoly position?" Anti-virus software maker Trend Micro's CEO, Steve Chang, notes, "When Microsoft enters an industry and includes the software in Windows, the



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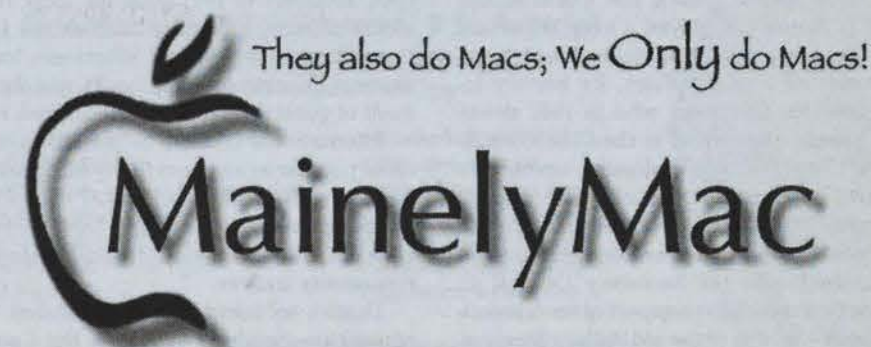
sector disappears." Not a good sign for those deeply ensconced in the current anti-virus market.

It seems too ludicrous. They sell something broken, whether through laziness, stupidity, sneakiness or what-have-you, then get another chance to fleece the hapless public, charging for a fix to what never should have been sold broken in the first place. What other business could get away with such tactics?

The public may just buy it. If it's in Windows, they don't have to buy it separately and install it ... maybe they'll actually use it. Despite Windows virus epidemics, it's estimated over 63 percent of home-based PC users either don't use any anti-virus software or utilize obsolete products.

But Redmond's reputation's swiftly slipping in the business market with feeble attempts at virus protection and security. Gene Munster, a senior research analyst with U. S. Bancorp Piper Jaffray, quips: "The general response in the corporate world is no one trusts Microsoft security." I couldn't have said it better.

Marc L. Rubinstein, as President of MainlyMac in Gray, helps thousands enjoy their Macs and take pride in doing so. Andy Gore, an ex-student, old friend and one-time Editor-in-Chief of Macworld for five years, called him in print while still editor of MacUser, "a frothing-at-the-mouth, speaking-in-tongue evangelist for the Macintosh platform." Although frothing less and using only one tongue nowadays, he still advocates for the Mac and loves doing so.



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## Leaf Peeping

Leaf Peeper (LEEF peep.ur) n. A person who, at the appropriate time during autumn, seeks out an area where many or most of the tree leaves have color.

## Maine's Autumn Glory

by Maine Office of Tourism

From its northern timberland to its southern beaches, autumn is Maine's season of crisp, clear days. Resplendent with color, aromatic with apples and cut hay, it's the time to know the more intimate side of the state.

Whether it's hiking, biking or casual touring you prefer, plan a trip to one of Maine's State Parks—www.maine.gov/doc/parks. From Aroostook State Park, an ideal starting point for discovering the North Maine Woods and miles of winding rivers, to Ferry Beach State Park's sweeping view of miles of white sand beaches between the Saco River and Pine Point, travelers will find spectacular leaf-peeping opportunities.

Leaf time is also harvest time, the setting for Maine's agricultural falls. Harvest time means apple time, too, and many orchards offer pick-your-own deals. The Maine Department of Agriculture's Web site, www.getrealmaine.com, provides a list

of Maine's orchards, as well as farmer's markets displaying autumn's bounty.

While Maine's leaves can begin turning in August, peak foliage can be anywhere from early to mid-October. But don't guess. Before you plan your trip, drop by www.maineinfo.com, or call 888-MAINE45 for up-to-date reports, a photo gallery and leaf-peeping tips.

Plan to explore Maine this the fall as Mother Nature is hard at work revealing the blazing scarlet of maple, the orange of sumac and oak and the brilliant yellow of beech, poplar, ash and birch. Summer may be lush and green, but autumn's the time that the state's glory, warmth, beauty and down-home hospitality emerge.

For more information on traveling in Maine, visit the Maine Office of Tourism Web site at www.visitmaine.com.

## Foliage Nearing Peak Color in Northern, Western Maine

by Kevin Gove

In the Department of Conservation's current fall foliage report, Maine Forest Service rangers note high to peak leaf color in extreme northern Maine and northwest portions of the state.

Overall, rangers are reporting high, or close to 70 percent, color change in the three foliage tracking zones covering Aroostook County, northern

Piscataquis County, Franklin County and northern Oxford

County. Ranger Lance

Martin expects this weekend to be the perfect time for a leaf-peeping trip to central Aroostook County.

"The northern part of the state will be at peak condition with low leaf drop extending into the middle part of next week," Martin said. "Hedgehog Mountain along Route 11 south of Winterville is displaying some spectacular red and yellow foliage."

Moderate, or close to 50 percent, color change is being reported in foliage zones for central and southwest portions of

the state, Downeast, and northeastern Maine from Houlton to Calais. Leaf drop in eastern Aroostook

County is moderate, while trees in the rest of the state have shed a minimal number of leaves.

Visit www.maineinfo.com for foliage news and facts, or call Maine's toll-free foliage hotline at 1-888-MAINE-45. For more information on fall touring opportunities, visit the Maine Office of Tourism's Web site at www.visitmaine.com.

## Everything You Want to Know About Leaves

Where are Maine's forests? They are everywhere: not only in the great North Woods lying beyond our towns and cities, but between our communities, alongside our highways, and in many of our backyards.

#### Maine's forests are:

- A home to more than 50,000 species of wildlife
- A purifier of our air and the reservoir of most of our water
- An economic resource that produces more than 500 products and directly employs almost 25,000 Maine workers.
- A huge recreational area, with mountains, lakes and streams that hundreds of thousands of people visit each year.
- A green landscape for our homes and communities.
- A self-renewing energy resource with dozens of hydroelectric dams and wood-burning, electricity-generating plants.
- Almost evenly split with 58 percent of the forest softwoods or conifers and the remaining 42 hardwoods or deciduous trees.

#### How Maine Was Named "The Pine Tree State?"

The abundance and value of eastern white pine, *Pinus strobus* L., in Maine has caused it to be known as the Pine Tree State. This was approved February 1, 1895, declaring the Pine Cone and Tassel is the floral emblem for Maine in the National Garland of Flowers. Fifty years later on July 21, 1945, the white pine tree was designated the official tree of the State of Maine.

#### King's Pine

The availability and high quality of white pine lumber played an important part in the development and economy of Maine since 1605, when Captain George Weymouth of the British Royal Navy collected samples here and brought them back to England for display. Shortage of ship masts in Europe led to England's Broad Arrow Policy in 1691, whereby pines 24 inches or more in diameter within three miles of water were blazed with the mark of the broad arrow; such trees were to be reserved for use in the Royal Navy. The term *King's Pine* originated from this policy. Most of the accessible virgin pine was cut by 1850. Lumber production reached its peak in 1909 but white pine is still a principal lumber species and continues to contribute greatly to the economy of the state.

#### Forest Products Industry: Deep Roots in the Maine Economy

One of the first industries in Maine, beginning in the early 1600s, was the sawing of white pine lumber. Since that time, nearly every tree species found in the state has been used for wide variety of wood and paper products, and the forest products industry has been a very important part of Maine's economy.

#### Sources:

*The Maine Forest, Maine Forest Service Fact Sheet, April 2000*  
*Forest Trees of Maine, Department of Conservation's Maine Forest Service, 1995*

*The Forests of Maine, University of Maine's Water Resources Program, May 1994*

#### Maine's 14 Native Conifers Are:

- Cedar: Atlantic White, Eastern Red and Northern White
- Fir: Balsam
- Hemlock: Eastern
- Juniper: Common
- Larch: Tamarack
- Pine: Eastern White
- Jack (Gray)
- Pitch
- Red (Norway)
- Spruce: Black, Red and White (Cat)

#### Maine's 52 Native Broadleaf Trees Are:

- Ash: Black, Green and White
- Aspen (Poplar): Balsam, Bigtooth, and Quaking
- Basswood: American
- Beech: American
- Birch: Blueleaf, Gray, Mountain Paper, Paper (White), Sweet, and Yellow
- Butternut
- Cherry: Black and Pin (Fire)
- Chestnut: American
- Dogwood: Alternate-Leaf and Flowering
- Elm: American and Slippy
- Hawthorn: (Thorn-Apple)

- Hickory: Shagbark and Bitternut
- Hop-Hornbeam: Eastern
- Hornbeam: American
- Maple: Black, Mountain, Red (Swamp), Silver (Soft), Striped (Moosewood) and Sugar (Hard or Rock)
- Mountain-Ash: American and Showy
- Nannyberry
- Oak: Black (Yellow), Bur, Chestnut, Northern Red, Scarlet, Swamp White, and White
- Plum: Canada (Red)
- Sassafras
- Serviceberry: Downy (Shad Bush) and Allegheny
- Sumac: Staghorn
- Sycamore: American Buttonwood
- Tupelo: Black (Blackgum)
- Willow: Black
- Witch-Hazel

#### Where should I go if I'm coming to Maine during the week of:

##### October 5-11

Best week for Peak Color in western and southern Maine. This is one of the peak weeks for leaf peeping as peak conditions are coloring Maine hillsides. Visit Fryeburg, Bethel, Rangeley, Mt. Blue, Skowhegan, Farmington, Rumford, north of Portland, and the Greater Augusta area.

##### October 12-18

Best week for Peak Color in southern and coastal Maine. Find peak color south of Portland, Sebago Lake region, Bridgton, Limerick, Waterboro, Kennebunk, Kennebunkport, Wells, and York.

#### Can I get more information about Maine trees?

We can mail you a packet of information about Maine trees. Please e-mail your request to [judy.tyler@state.me.us](mailto:judy.tyler@state.me.us)

#### Why do leaves change color in the fall?

Each spring leaves contain green, red, orange and yellow pigments. Throughout the summer, the green is dominant due to chlorophyll production.



## Day length, rainfall and sugar

Many factors influence autumn coloration, the most important being day length, followed by rainfall, sugar accumulations in the leaves, wind, and prolonged periods of cool, bright, sunny autumn weather without a killing frost. The brighter the light during this period, the greater the production of these pigments.

### Cool autumn days

When the days of autumn are sunny and cool, the nights chilly but not freezing, the brightest colorations usually develop. This is when the production of chlorophyll, which is created by sunlight during photosynthesis, slows down.

Autumn colors. As sunlight hours decrease, the green starts to disappear and the other pigments—red, orange, yellow, scarlet and purple—come alive!

### Getting ready for winter

Meanwhile, the tree produces a waxy substance to protect itself from the elements once a leaf separates from the branch. That's why leaves can withstand strong wind and rain during the summer, but come down so easily during a fall rainstorm. The key is to get a picture of your favorite tree when you see it: don't wait!

## What colors do Maine trees display in the fall?

Here's a guide to the species of trees and the color they produce during autumn:

### Yellow

Green and black ash, basswood, beech, birches, butternut, and elm. In the maple species - boxelder, mountain, silver, striped and sugar. And don't forget mountain ash, poplar, serviceberry, willow, and witch hazel.

### Red and Scarlet

Red, mountain, and sugar maples; black, red, scarlet and white oak; hornbeam, sumac and tupelo.

### Brown

White and black oak

### Purple

White ash and witch hazel.

## How do I take great fall foliage pictures?

Here are a few tips for those of you who are taking photos with point-and-shoot cameras.

**Use 400-speed color print film.** The lenses of most point-and-shoots are fairly slow. A fast film helps you on those less-than-bright days and the quality and sharpness of modern 400-speed print films is outstanding. Don't worry about using it when the sun is bright. Print films have broad exposure latitudes and at worse, your automatic camera will be using its fastest shutter speeds (cutting down on camera shake) and its smallest lens openings (improving depth of focus).

**Add Depth.** Add a sense of depth to your landscapes: When shooting the distant hills of color, include a closer tree, or other object in the foreground.

**Scale.** Occasionally include an object for a sense of scale to visually depict how large a landmark is in real life. This way, when you're home looking at your vacation photographs, you can point to how high you were on top of Mt. Battie in Camden, for instance. You can include a man-made object or another person to achieve a sense of scale.

**Think Macro!** Don't forget the macro setting on your camera. Most point-and-shoot cameras have a close-up or macro setting (many times indicated by a tulip symbol on the controls). Bringing your camera as "up close and personal" as its minimum focusing distance will allow, can give you a whole different type of foliage photo to enhance the large landscapes.

**Cloudy Skies?** Don't Despair! If the sun isn't out, sometimes the best foliage shots are possible. As long as you're not insistent on having blue sky in your photos, the light available from overcast or even rainy days can give you a host of colors with a nice even contrast. On especially dark days, one of the new 800 or 1000-speed films might be advisable.

## How do I preserve leaves?

There are different ways to preserve leaves. Our suggestion:

Make a solution of one part glycerine and two parts boiling water. Place the stems in the solution while it's still hot. Keep the leaves in the solution overnight. Remove and dry the next day.

To press leaves, place them between sheets of newspaper and place them under something heavy, like a stack of books. You can also press leaves with a warm iron. Place leaves between tissue or wax paper first. The color will last longer if you keep leaves out of direct sunlight and away from the air.

## Where to see foliage?

When planning a fall foliage trip, please allow time to leisurely leaf peep. Many of the roads you'll travel are two lanes and wind along our countryside through quaint inland and coastal towns. Take photographs from rest stops, stroll through the great Maine woods, and enjoy our beautiful fall experience.

### NORTHERN MAINE

#### Foliage Trip Tip

Peak Week: Last week in September

#### Driving Tours

- Tourism Driving Tour: Museums, Parks & Peaks
- Get started in Bangor and head north into Baxter State Park and views of Mt. Katahdin.

- Tourism Driving Tour: The County Circuit
- This tour begins in Houlton and loops around northernmost Maine, through Caribou, the Acadian Village, Fort Kent, and Presque Isle, and includes Aroostook State Park.

#### Featured State Parks

- Hiking trails at Aroostook State Park in Presque Isle provide popular foliage viewing from Quaggy Joe Mountain.
- Eagle Lake Management Unit located on Route 11 (a designated scenic highway) in Eagle Lake boasts colorful views of fall foliage as well as views of Squa Pan and Mt. Katahdin.
- Check out the Squaw Public Reserved Lands Management Unit, including Little Squaw and Big Squaw Mountains viewed from Route 15 in Greenville. Big Squaw Mountain hiking trails offer a workout for the more seasoned hiker.

- Wassataquoik Management Unit is located in T3 R7 WELS in Penobscot County. The unit is reached by traveling along a scenic gravel road over private land from Route 11 to Whetstone Falls on the East Branch of the Penobscot River, then travel northerly to the unit and Wassataquoik Stream. There are roadside views of the river and stream with rolling topography in the background.

### WESTERN MAINE

Peak Week: First Week in October

#### Driving Tours

- Tourism Driving Tour: Maples & Mountains
- This tour begins in Naples, passes through Sebago Lake State Park, north to Grafton Notch State Park, down into the White Mountain National Forest, and through Lovell and Fryeburg.

- Tourism Driving Tour: Franklin Heritage Loop
- This tour begins in Livermore Falls, heads north along the Carrabasset River all the way to Eustis, then curves west to Rangeley Lake State Park and south to Mount Blue State Park.

#### Featured State Parks

- Grafton Notch State Park has roadside turnouts, picnic areas and trails offer excellent views of the Mahoosuc Mountains and the Presidential Range. Trails lead to popular lookouts, such as the Eyebrow and Table Rock, and trails and lookouts on the Bureau of Parks and Lands' Mahoosuc Management Unit.
- Views of the Richardson Lake Management Unit with the White Mountains are spectacular! Find these popular viewing lookouts along Route 17, including the "Height of Land" in Township D.
- The Bigelow Preserve can be viewed from several locations: Route 27/16 in Carrabasset Valley; Cathedral Pines

Rest Area in Eustis; the lookout on Eustis Ridge; and from several Bigelow Preserve hiking trails.

- Mt. Blue State Park in Weld provides a panoramic view of Webb Lake and the surrounding mountains. The Center Hill picnic area and trails offer spectacular views of the Tumbledown Mountain Range. Follow signs to Center Hill from Route 156 in Weld Village.

### CENTRAL MAINE

Peak Week: First Week in October

#### Driving Tours

- Tourism Driving Tour: Apples & Arts
- Start in Augusta and head through Hallowell to Lewiston/Auburn, on through Mechanic Falls to Gray, then back north through Winthrop to Belgrade Lakes and Waterville.

- Tourism Driving Tour: Lakes & Leaves
- This tour begins in Skowhegan and goes north through Peaks-Kenny State Park and Moosehead Lake, then west to Jackman, and south along the tree-lined Kennebec River.

### MID-COAST and EASTERN MAINE

Peak Week: Second Week in October

#### Driving Tours

- Tourism Driving Tour: Windjammers & Water Views
- Start in Brunswick and head north along the coast to Camden, then inland to Unity and south through Union and Damariscotta State Park.

- Tourism Driving Tour: Acadia Harbors & Heights
- This tour begins in Bangor and then along the coast from Acadia National Park south, with many scenic lighthouse, water, and wildlife viewing opportunities.

- Tourism Driving Tour: Downeast Villages & Vistas
- This tour begins in Ellsworth and takes you up the coast all the way to Quoddy Head State Park and the eastern-most point in the country. Then circle back inland to Ellsworth.

#### Events

- Annual Fall Foliage Festival in Boothbay Harbor, October 11-12
- Two-day craft fair with music and food.

#### Featured State Parks

- Camden Hills State Park provides spectacular views of fall foliage are available from the auto road to the top of Mt. Battie, as well as from hiking trails on Mt. Megunticook and Bald Rock Mountain.
- The Donnell Pond Management Unit in Townships 9 & 10 SD in Hancock County near Sullivan and Franklin offer hiking trails up Schoodic and Black Mountains that provide vistas on surrounding woodland, lakes and Acadia National Park across Frenchman's Bay.

### SOUTHERN MAINE

Peak Week: Second week in October

#### Driving Tours

- Tourism Driving Tour: Antiques & Boutiques in Southern Maine

This tour circles from Kittery up the coast to Portland, then west through the Sebago Lakes Region, and south again to Kittery.

#### Featured State Parks

- The North Loop Trail at Wolfe's Neck Woods State Park in Freeport presents an exceptionally bright yellow display that normally peaks in mid-October.
- Bradbury Mountain State Park in Pownal provides views of surrounding forests and Casco Bay's Calendar Islands. The foliage color peaks usually occur in late September to mid-October. The park is a popular place to observe migrating hawks in September.
- The park trails at Ferry Beach State Park in Saco offer a view of the park's tupelo or blackgum trees which are uncommon in Maine. The tupelo trees turn a bright crimson and normally reach peak coloration in late September or early October.

## A Sheep, a Duck, and a Rooster...

by Leigh-ann Smith

What do you get when you send a sheep, a duck, and a rooster up in a hot air balloon? You get the first passengers in a hot air balloon launched by the Montgolfier brothers, Joseph and Etienne on September 19, 1783.

Those animals may have not enjoyed their voyage but things were different for Tom Hancock. The first time he went up in a hot air balloon he thought, "I have to get one of these." And that is exactly what he did. For the last 24 years Hancock has been giving hot air balloon rides as well as teaching others how to pilot the balloons. "I used to teach a lot but I've reduced the amount of people I teach. The money really isn't in teaching but if someone wanted to learn, I'd be willing to teach them in the winter."

To get a pilot's license, "there are certain things you need to do. The FAA regulates the process. You have certain number of hours needed with an instructor for training. Then you take a written exam and check ride, which is when the instructor inspects to see if you do everything properly," says Hancock.

Balloon maintenance is also another important part of flying. "Balloons are inspected every 1000 hours or every year, whichever comes first. The balloons are thoroughly taken apart and to make sure everything functioning properly." He currently has six balloons that he uses. "One of the baskets I have can hold up to eight people, whereas the average is usually four people, including the pilot."

The process of setting up for a ride is quite involved. First, before the balloon is even pulled out of its sack, a helium balloon is sent up into the air. This is done to check the wind direction. "You can listen to all the forecasts in the world but sending up a helium balloon is what tells you what's really going on up there," explains Hancock.

After the test balloon is sent up, Hancock and his balloon chaser, Bill, look for a place to set up and take off. The "balloon chaser" has the job of finding the balloon or "chasing" the balloon and picking up the pilot and passengers after the balloon has landed.

"The most important factor in ballooning is the winds. You usually have light winds in New England during the morning and evenings so I fly during those times. I take two flights a day, one at 6 am and one at 6 pm," stated Hancock.

The basic components of the balloon are quite simple. The balloon itself is made of either nylon or polyester. "This balloon is about 90,000 cubic feet and made of polyester," Hancock points out. "Some of the first balloons to go up were made out of silk because at that time it was the lightest woven fabric available. But now either polyester or nylon are the fabrics typically used." Other components include the basket, crown, parachute valve, (which controls the amount of hot air in the balloon), skirt, burner, and propane tanks.

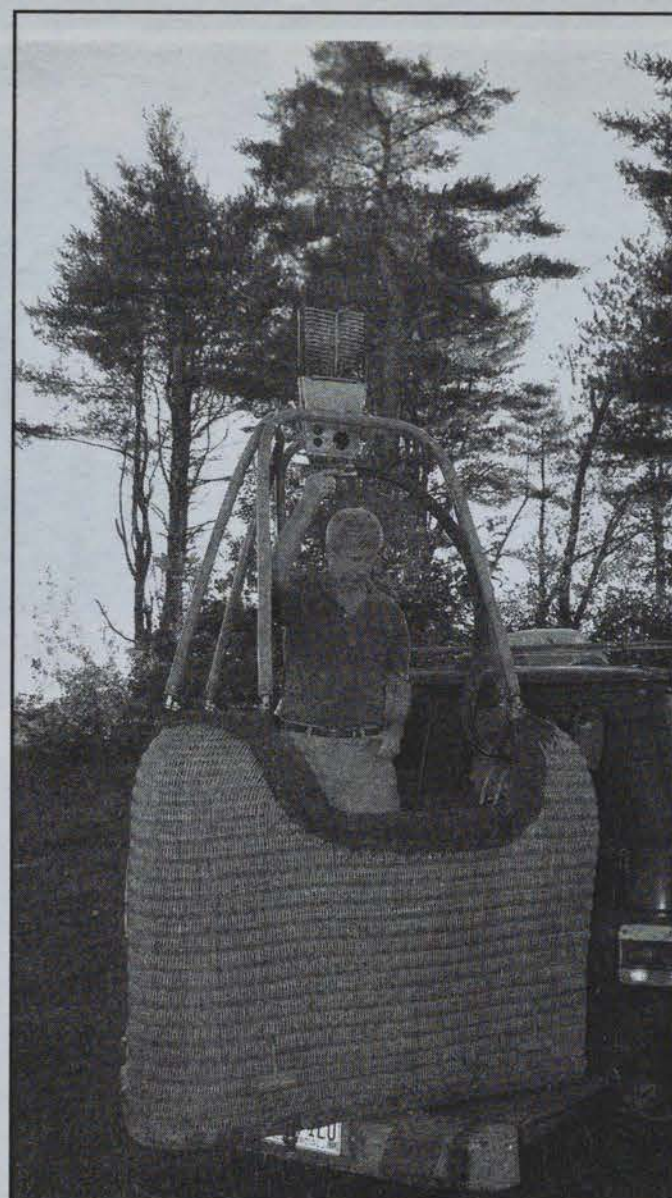
After the balloon is out of its sack and spread out, a fan is placed at the mouth of the balloon and begins to fill the balloon with air. In a short amount of time the balloon begins to get bigger as it fills with air.

"We use propane to heat the air. The hot air then causes the balloon to lift." Hancock then checks to make sure the balloon looks okay and everything is functioning properly. The balloon is tied to the van until the last possible moment, until Hancock and the passengers are safely in the basket. Once Hancock is content with the balloon and the passengers are in the basket, the balloon is untied from the van. Lift-off is quite quick. The balloon reaches higher elevations as more propane is used to heat the air.

Once in the air, Hancock lets the wind take over. "One of critical parts of ballooning is having a line of sight, since you can't steer. So at the end of the flight you can pick a friendly field and land," jokes Hancock.

A 'friendly field' is one that does not have power lines, or bodies of water near it. The time spent in the air usually lasts about an hour. It is calm and serene. The only sound to be heard, besides the occasional barking dog off in the distance, is the hiss of the propane as it is released into the balloon, taking the balloon higher and higher.

Hancock has had some unusual experiences while in the hot air balloon. "Once I went to land the balloon and brushed up against some trees. I didn't notice that a power line was hidden in the trees. Power lines are probably your worst en-



Hancock performs pre-flight preparations PHOTOS MICHAEL ERIC BERUBE



## A Brief Balloon History

2,000 years ago: Ancient Grecian mathematician Archimedes figured out the principle of buoyancy, which simply stated is air pressure-gravity equals buoyancy.

13<sup>th</sup> Century: English scientist Roger Bacon and German philosopher Magnus propose hypothetical flying machines based on these principles.

1783: Montgolfier brothers send up a sheep, duck, and a chicken for a eight-minute flight in France. Used straw, manure and other material to power their balloon.

Two months after the animals flew, Pilatre de Rozier, and Marquis Francois d'Arlandes become the first humans to fly.

1800: Hot air balloons are overshadowed by the popularity of gas balloons. One reason for decline in popularity is the death of Pilatre de Rozier, resulting from his attempted flight over the English Channel.

Dirigibles also came into fashion since they were able to be steered and had longer flight times.

1800s: Smoke balloons also became popular. These balloons were lifted by fire on the ground and did not have an attached heat source. Mainly seen at fairs in the United States through the early 1900s.

1960s: Balloons received a renaissance due to the work of Ed Yost and Raven Industries. The company designed hot air balloons for Office of Naval Research. The ONR wanted balloons for transportation of small loads. Yost added the propane burner system, material for balloon, new inflation system, and safety features but kept the basic design of the Montgolfier brothers.

Yost began selling balloons as sporting equipment. Other companies joined in the sport, and started selling balloons.

Now there are events such as balloon festivals and races held that attract worldwide audiences.

Information courtesy of HowStuffWorks.com

emy in this kind of situation. Another time I had to land in a swamp due to technical difficulties. I had to get all the people out before the balloon started to drape over a power line." But these occurrences rarely happen.

"The process of landing is probably the best part for me. It tends to be the most exciting part—especially if there are kids aboard. They get really excited," says Hancock. Landing is accomplished when the pilot releases the parachute valve, letting all the air out. "Once I've located a place where I want to land, I use tree-tops to slow me down." The passengers in the basket are instructed, "to hold on to the ropes and keep knees bent while we skid to a stop."

After Hancock is sure that the landing place is suitable, he lets the passengers out. After everyone is out of the balloon, the air is let out of the balloon and it's stuffed back into its sack.

With the balloon back in its sack and the basket loaded on the back of the van, Hancock opens a bottle of champagne for everyone to enjoy. According to hot air balloon lore, "After the Montgolfier brothers landed in the French countryside, the farmers, who were illiterate, did not understand what the hot air balloon was. They thought it was from the devil so they tore it apart. On their next flight they brought a bottle of champagne along with them to give to whoever was there when they landed." As a thank you and keeping with tradition, if Hancock lands in someone's back yard he leaves a bottle of champagne for them.

Hancock flies most of the year, with foliage being his busiest time. "I had couples married in the balloon but more common are proposals. I haven't had any refusals yet," he says with a smile.

It is evident that Hancock really enjoys what he does. He is very knowledgeable and makes his passengers feel at ease. Hancock says, "The best part of ballooning is that each flight is a different adventure. You never know where you'll end up."

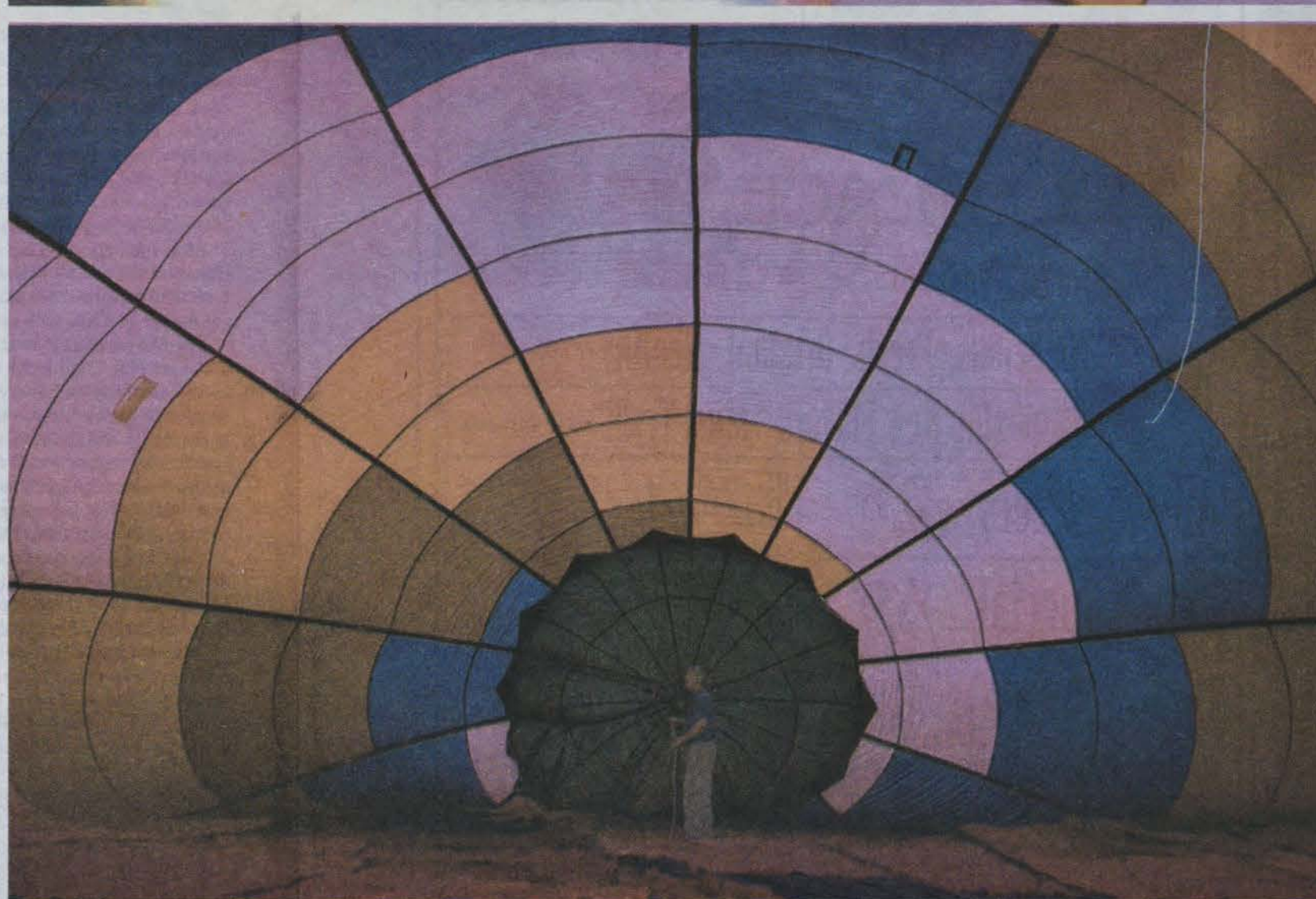
Getting ready for liftoff. The balloon is full of hot-air and full of people. The basket has a maximum of four people.





Views From Above  
Balloon Ride Over Greater Portland

Photos by Leigh-ann Smith and Michael Eric Dérubé







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## Restaurant row

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The photo and quote above are an example of how Italian communicate without speaking a single word using body language. Reproduced from the book Italian Without Words with permission from Meadowbrook Press.  
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# THE Daily GRIND

## Don't Step on the Cord

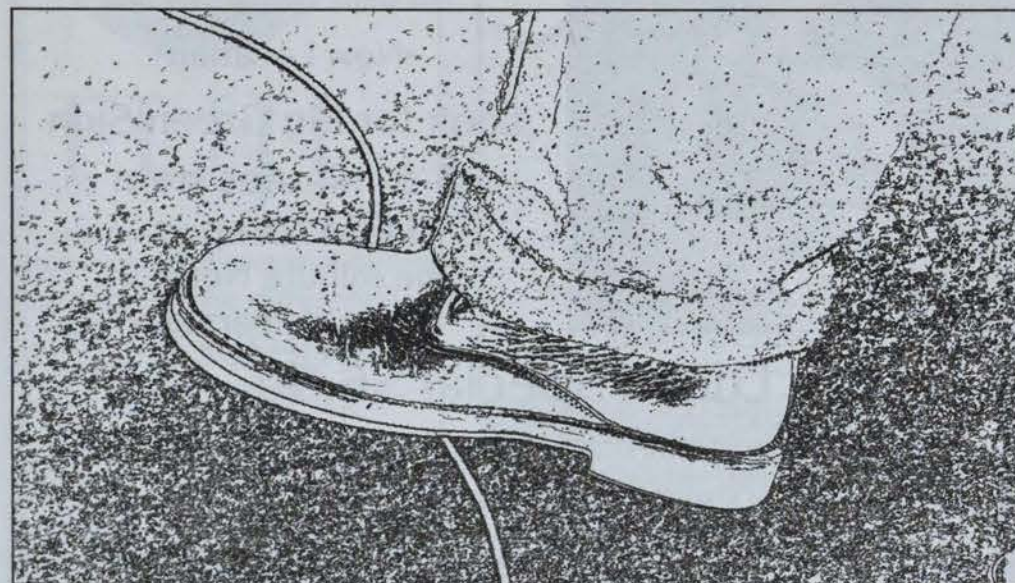


ILLUSTRATION MICHAEL POLISKEY

by Martin James

There are as many ways of doing things as there are people in the world. Not all of them are right, but even the wrong ways work at times. But there are only a handful of logical ways of doing things. Trouble arises in the household I share with my dear wife when her idea of the right way clashes with my idea of the logical way. A case in point involves the cord from her computer to the phone jack she uses to connect to the Internet.

The phone jack is in the kitchen and my wife has set up her computer in the dining room, next to the kitchen. Having the kitchen next to the dining room is a logical setup for preparing and serving food. But in order to connect to the Internet, my wife must run the cord from the dining room to the kitchen. This cord lies on the floor, directly in the path of those traveling from the front door to the living room, bathroom, bedroom, or my study. You can see the problem this creates. Actually, neither you nor I can see the problem—which is the problem.

"Pick up your feet, my dear," my wife will say whenever I am in the house and she is on the Internet. "Don't trip on the cord."

True, the cord is always in the same place, and it's only a fraction of an inch off the floor. But since she usually uses the Internet early in the morning, and my feet—heavy like the rest of my body—move more slowly in the morning, lifting them over even a thin wire just an eighth of an inch off the floor is difficult.

For me to clear the cord at 6 a.m., to avoid disconnecting my dear wife from her electronic lifeline, would be like the late, large Jackie Gleason attempting a pole vault at that hour. Not that he could have done it in the evening, but at 6 a.m., such a feat would be out of the question. Heavy persons need a few hours to prepare their muscles for the task of lifting fat feet and lugging large bellies around.

Logic dictates several solutions, the most sensible being the installation of a phone jack next to the computer. But logic loses when confronted by frugality. "Do you have any idea how much it would cost to run a phone line over here," she asked in a way that indi-

cated she knew the answer. "Hundreds of dollars," she said, answering her own question. I suspected that she created that estimate out of thin air, but being ignorant of such things, I wisely remained mute, but only for a moment. That is usually a mistake, but I'm prone to mistakes early in the morning.

"Couldn't we save a bundle by putting in the line ourselves? I'll go over to the Mall this afternoon and get the wires and stuff—and a book on wiring phones," I offered.

But all my dear wife really wanted to do was get me to lift my feet when I wandered around the house. My offer to imitate a handyman reminded her of my last ill-advised foray into the world of tools. She smiled slyly as she jogged my memory with a question. "Do you remember the laundry chute?"

Indeed, I remembered my brilliant idea to save time and energy by cutting a hole in the bedroom floor so we could drop the day's worn clothing directly into the laundry room in the basement. After the carpenter repaired the hole and the electrician replaced a few severed wires—who knew all wiring isn't in walls—I promised her I would never do anything like that again.

"My dear husband," she said. "I know how hard it is for you to get moving in the morning, and I understand that it's hard for heavier people to lift their feet."

This isn't going well. My feelings have been hurt and I sense that I'm about to be put on a diet—again.

My dear wife continued, even as I was thinking about giving up my favorite foods—again.

"I know one way to keep you from tripping over the cord and cutting me off the Internet," she said, as I kissed French fries and potato chips goodbye—again. "Here's a logical plan. I'll run the phone line up over the kitchen cabinets—we'll have to take out your new spice rack—then along the ceiling into the dining room and down the wall to my computer," she suggested as though it was already done. "Or—if you lost a bit of weight, you could lift your feet up and you could keep the new spice rack."

I am now on an exercise program that includes hi-stepping through an obstacle course in the yard, as well as a low-fat, low-salt, no-flavor diet of cucumbers and water.

## press box

### The Puck Drops Here

The Portland Pirates' season begins October 10

by Jana Spaulding

Portland Pirates Head Coach Tim Army has been counting the days until the start of the 2003-04 season. Ever since the team's exit in the 2003 Calder Cup Playoffs, he has been plotting and planning for the upcoming year. For Army, it couldn't have come soon enough.

"There have been many sleepless nights since the series with Manitoba," he said. "It's time to get back to doing the things we want to do, and that's prepare our team for a very competitive season, to build off some of the positives we had last year. The idea is to have our team playing deep into the springtime."

Pirates fans expect nothing less and have kept a close eye on the changes that have taken place on and off the ice since the 2003 Calder Cup Playoffs. The start of the 2003-04 season will bring a mix of some old fan favorites and several new faces as the team begins its 11th season in the American Hockey League.

Returning to the team will be several familiar names including defenseman Chris Hajt, Dwayne Zinger and Maine native Matt Libby, forwards Graham Mink, Roman Tridon, Colin Forbes, Brad Parsons, Garrett Stroshein and fan favorite Mel Angelstad, and goaltenders Maxime Ouellet and Rastislav Stana.

**"The most exciting part of coaching is to plan over the summer, to anticipate the players you'll have."**

Gone are the Ferraro twins, Peter and Chris, who signed with the Phoenix Coyotes during the off-season and will likely see action with the Springfield Falcons, and former team captain Todd Rohloff who signed with the Columbus Blue Jackets and was recently assigned to their AHL affiliate, the Syracuse Crunch.

Among the new additions battling for spots are several faces familiar to Maine hockey fans. Among them are a trio of former Maine college stars, UMaine's Scott Pellerin and Brian White and Bowdoin College's Sean Starke, and a pair of former rivals, defenseman Mike Pudlick and center Darcy Verot.

A solid offensive defenseman, Pudlick contributed 7 goals and 17 assists for the Manchester Monarchs last season, his third AHL season. A training camp invitee, at 6-feet, 3-inch and 190 pounds, the 25-year-old Minnesota native could add experience and size to the Pirates' blueline.

An off-season acquisition by the Washington Capitals, Darcy Verot, 27, made his name known to Pirates fans last year with his intense, in-your-face style while playing for the Saint John Flames. The Pirates struggled against the last place Flames, due in great part to the play of Verot. Widely credited

with single-handedly taking the Pirates' top scorers off their games, he has a reputation as a player you love to have on your team and hate to play against and adds an element that many felt was missing from the team chemistry last season.

Also battling for ice time will be a collection of recent Washington Capitals' draft picks and young training camp invitees looking for contracts. The first of the young Capitals' prospect to be assigned to Portland, Owen Fussey, 20, joins the Pirates after a four-year career in the WHL with the Moose Jaw Warriors and Calgary Hitmen. Fussey was the Capitals' 3rd round selection in the 2001 NHL Entry Draft.

"We'll have new faces here in Portland, which I find very exciting," Army said. "I like the mixture of players we are going to have. I like our personalities. We're going to have a really positive unit, a real togetherness about our club, and I'm very excited about that."

The Pirates will have a solid base to build off, with several key members expected to return to the squad. Most notably, the goaltending tandem of Ouellet and Stana is expected to remain intact. Coming off an All-Star season in which he shattered numerous Pirates' records, Ouellet, 22, will be the key to a solid defense.

The Beauport, PQ native took home more than his share of hardware in 2002-03 including the Pirates' MVP, Jack Button Award (Washington Capitals' top prospect), HG Insurance Man of the Year Award and Allied Home Mortgage Three Star Award. Ouellet. He started for the Canadian AHL All-Star team at the 2003 Dodge AHL All-Star Classic in Portland and was also named the AHL post-season All-Star squad. He set new single season Pirates' marks for the highest save percentage (.929), most shutouts (7) and the longest shutout streak (193:42). His 22 wins and 2.40 GAA were also career-highs for the 1999 first-round draft pick.

"It certainly is nice to have those two guys coming back in the nets," Army said of Ouellet and Stana. "From the net to the defensive corps, I think we will be very, very solid to build upon the defensive game we established last year. We broke a couple of club records last year, and we want to maintain that identity."

The pre-season is often the busiest time of year for coaches and players. Players are learning systems, and coaches are creating line combinations. But the regular season waits for no one and when it begins, Army will be ready.

"The most exciting part of coaching is to plan over the summer, to anticipate the players you'll have," Army said. "Then you're actually here and you begin practicing and playing exhibition games. Before you blink, you're in Lowell playing on opening night. It's a very exciting proposition."

The Pirates will open the 2003-04 regular season in Lowell on Friday, October 10. The team will face the Hartford Wolf Pack in its home opener at the Civic Center on Friday, October 17 at 7:05pm. Full and partial season ticket packages are on sale now through the Pirates. Individual game tickets are also on sale at the Civic Center box office.

## Movies

Father Knows Best, Son Knows Better



by Tom Keene (father)

### Lost In Translation

This film is rated R for profanity, mature themes and brief nudity. It has a running time of one hour and 42 minutes.

\*\*\*\*\*

by Andy Keene (son)

The wonderful thing about *Lost In Translation* is the way its filmmakers and cast create a believable world and an attractive group of characters and then simply observe them. There doesn't appear to be any manipulation of its characters into an obligatory plot, just a few moments in a few days of a few lives.

The movie is written and directed by Sofia Coppola and stars Bill Murray as Bob and Scarlett Johansson as Charlotte. These are all artists who have done great work in the past, but it is likely that I will always remember them first for this movie. Coppola, the director of *The Virgin Suicides*, seems almost absent as a writer in *Lost In Translation*, since the action moves forward so naturally that I can't believe it was ever scripted. The actors don't ever appear to be delivering lines, but just speaking as their characters. As a director, Coppola takes the role of an observer, as opposed to a manipulator. The cinematography, by Lance Acord, is like a hybrid of slick fashion photography and the cinema verite of documentarians such as Frederick Wiseman and the Maysles brothers.

Bill Murray plays an American action movie star making a whiskey commercial in Japan. Finally, Murray has a leading role as interesting as any of the great supporting characters he's played in movies such as *Rushmore* and *The Royal Tenenbaums*. *Lost In Translation* is not a typical comic vehicle for Murray—it's more akin to Jack Nicholson's performance in *About Schmidt* in the way it takes only the best elements of its lead actor's comic persona and creates the rest from scratch. Murray is, after all, like Nicholson, an actor.

Scarlett Johansson, from *Ghost World* and *The Horse Whisperer*, plays the wife of a workaholic photographer who mostly stays in their Tokyo hotel room while her husband (Giovanni Ribisi) is out working. Now and then, she wanders the crowded streets and subways, but finds that even more depressing than being alone. Charlotte's loneliness and vulnerability is lost on her husband—the only time he notices her is when she leaves a smoldering cigarette in an ashtray.

Due to mutual insomnia, Bob and Charlotte meet in the hotel bar late at night. I'm not sure why they felt compelled to introduce themselves. Perhaps because they're the only two characters in the movie. Or because they're the only two not having any fun. But when Bob looks up, Charlotte is the only one there. For the rest of their time together—only a few days—they will be the only people who make sense to each other. They spend their time partying, drunkenly singing karaoke, getting into adventures, sitting and talking, or just enjoying silence.

Kurt Vonnegut once wrote, "I have had some experiences with love... although the ones I have liked best could easily be described as 'common decency.'" *Lost In Translation* isn't so much a love story as a story of common decency. Bob and Charlotte never fall in movie-love—they don't feel an uncontrollable, all-consuming, overwhelming passion and have wildly unlikely sex. Both Bob and Charlotte are married to other people, and there is a twenty-five year age difference to consider. They wisely keep their relationship platonic.

I rate *Lost In Translation* with five out of five stars. It is a sweet and very funny movie about two vulnerable characters who have some fun and share a little common decency.

**Lost In Translation isn't so much a love story as a story of common decency.**

On DVD

### Duplex

This movie runs an hour and a half and is rated PG-13 for sexual content, language, and some violence. How much I can recommend it depends on the viewer's personal taste for dark humor, but I have a strong stomach and a predilection for the morbid.

\*\*\*\*\*

by Andy Keene

*Duplex* is a reworking of themes from many of director Danny DeVito's other movies. It is about the obscene lengths that normal, decent people are willing to go in certain, however unlikely circumstances. As in *Throw Momma from the Train*, *The War of the Roses*, and *Death to Smoochy*, the circumstances lead to (attempted) murder.

*Duplex* stars Ben Stiller and Drew Barrymore as Alex Rose and Nancy Kendricks, a young couple about to buy their first home. Their real estate agent, played by Harvey Fierstein, shows them a beautiful house with a surprisingly small price tag. The only hitch is that the home is a duplex, and there's a sweet old lady who lives upstairs in a rent-controlled apartment. That sweet old lady is Mrs. Connelly, played with delightful comic malevolence by Eileen Essel.

Mrs. Connelly is an impossibly elderly Irish Catholic who lives with her macaw, "Little Dick" (named after her late husband, "Big Dick"). On the surface, she's as sweet and pleasant as can be, but she begins to annoy Alex and Nancy. She plays her television loud late at night, she asks Alex to do little chores that end up taking all day, and she practices with her brass band when Alex and Nancy are trying to sleep late, and so on. Soon, Mrs. Connelly's poisonous influence has touched every corner of the poor couple's personal, social, and professional lives, with tragic consequences. It becomes obvious that the old lady must die.

That is the set-up for a very funny string of murder attempts and complications that reduce Alex and Nancy to ruin, while Mrs. Connelly remains healthy and disarmingly polite. For me, the laughs kept on coming until almost the end. But I've been known to have a somewhat dark sense of humor, so don't take my word for it.

If you don't think murder, depravity, and desperation can be funny, you won't like *Duplex*. But if you thought that *Very Bad Things* was a delightful romp, that *Caligula* was absolutely hilarious, and that Lloyd Kaufman is as much a genius as Luis Bunuel, then *Duplex* is kid's stuff.

My only complaints are about the last few scenes. Part of the fun of the movie was wondering about Mrs. Connelly's intentions towards Alex and Nancy. Is she a malicious hell-raiser hoping to ruin her tenants' lives so she can have her house to herself again, or is she just a nice lady who unwittingly causes havoc wherever she goes? In my opinion, this question is better left unanswered. But the movie answers it. Oh well.

And I don't feel I'm giving away too much when I complain about the final scene of the movie. Is it required for all movies about the wacky adventures of struggling writers to end with the character hitting the bestseller list when he turns the events of the movie into a novel? This is not only recycled from countless other movies, but from one, *Throw Momma from the Train*, by the same director!

I rate *Duplex* with three out of five stars. If, like me, you believe that anything is permissible in the name of irony, you'll probably enjoy the movie quite a bit.

Ben Stiller and Drew Barrymore with Eileen Essel.





# quality time

## Funny bone

Jokes & Riddles

Some British Slang to Throw Around ....

**Apple and Pears** : (Noun) Stairs.

**Ay-up!** : (Exclam.) A greeting, hello.

**Bell** : (Verb) To telephone (someone).

**Boat Race** : (Noun) Face.

**Cheap as Chips!** : (Phrs.) Extremely cheap. Chips, referring to French Fries, and from the period when they were considered an inexpensive meal.

**I Should Cocoa** : (Exclam.) I should say so! A London expression used with irony and often jocularly by those from outside the city. The *cocoa* or *coco* is rhyming slang for say so.

**Daft** : (Noun) Silly, foolish.

**Dog and Bone** : (Noun) Telephone.

**Giggle** : (Noun) A good time, a lark.

**Jammy** : (Adj.) Fortunate, lucky.

**Keen as Mustard** : (Phrs.) Very enthusiastic, eager.

**Lemon Squeezy** : (Adj.) Easy, simple. Either from the rhyming slang or the juvenile rhyme - *easy peasy, lemon squeezy*.

**Old Bean** : (Noun) A form of address. E.g. "Hello old bean, how are you today?"

**Prezzie** : (Noun.) A present, a gift.

**Pukka** : (Adj.) Excellent.

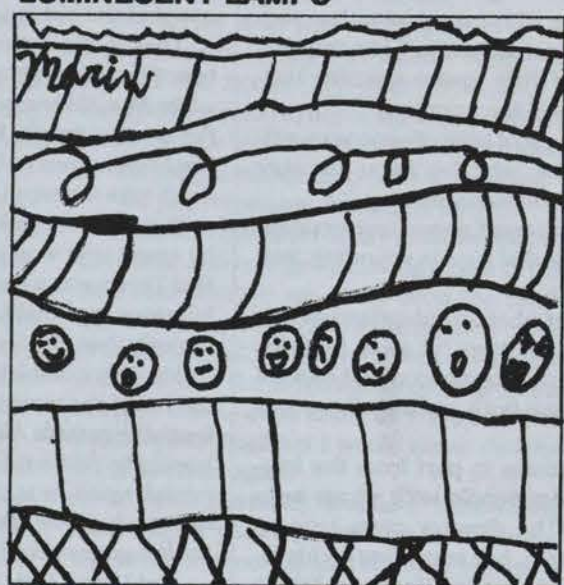
**Tal** : (Exclam.) Thank you!

Want to share your jokes?  
Please send contributions to  
cbw@maine.rr.com or FunnyBone CBW  
11 Forest Avenue, Portland, ME 04101



ILLUSTRATIONS: ARTTODAY

### LUMINESCENT LAMPS

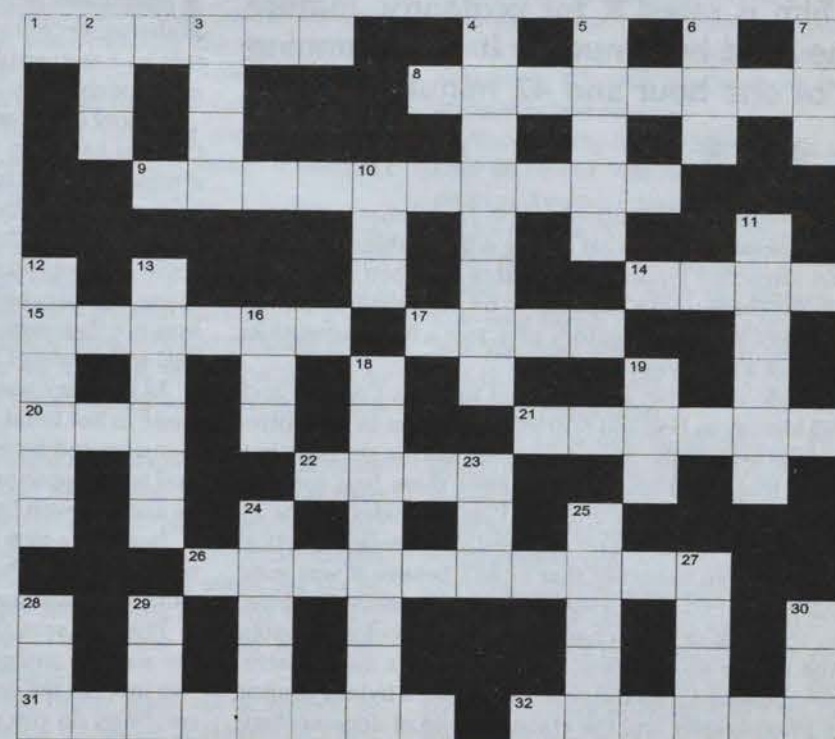


Scientists find the  
unmistakable "comedian  
layer!!"

Trees

A big part of the way life should be is sharing time with others. Kids discussing what's up at school with their parents, co-workers sharing a joke, chatting with a stranger in the checkout line—that's building community, one moment at a time. Towards that end, we devote a page every issue to humor & puzzles for all ages. We hope you'll share them with whoever's sitting across from you as you read this—whether it's your son or daughter or the guy at the bus stop.

## Crossword



ACROSS

- 1 Leaves of these turn \_\_\_\_: white ash and witch hazel
- 8 AKA Witch Hazel
- 9 AKA Jesuit's balsam; Peruvian mastic tree
- 14 Surrounded by
- 15 Gummy, thorny shrub in warm climates
- 17 Mostly unseen part of tree
- 20 Baseball bat tree
- 21 Leaves of these turn \_\_\_\_: some maples, birches, ash
- 22 Burlap fiber
- 26 North American poplar
- 31 Prickly shrub
- 32 He-Huckleberry

DOWN

- 2 French Article
- 3 ME State tree
- 4 All needle-leave trees
- 5 Goussé Genus
- 6 Coniferous tree red fruits; highly poisonous
- 7 Medical Rescue abbr.
- 10 Hard wood shade tree; Portland once had many
- 11 Tearful tree
- 12 AKA pawpaw
- 13 Related to the mango; aka acajou
- 16 Noun suffix, for glaze-doer, for example
- 18 Deciduous tree; stale joke; reddish-brown horse
- 19 Law degree
- 23 To secure
- 24 Zambia city
- 25 From genus illex; popular in December
- 27 NC city, home of William Lee Airborne Museum
- 28 Eucalyptus, Liquidambar and Nyssa produce this
- 29 In printing: a space equal to half the width of an em
- 30 A large, extinct, flightless bird similar to emu



Answers to last week's puzzle

**cbw**  
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## Contests

Send your original photography, artwork and writings (articles, poetry, stories, etc.) along with your name, address, telephone number and a simple letter authorizing CBW to publish your submission. Each week, our staff will pick their favorite and we will publish it in our paper with your name! You'll also receive a prize for your efforts. Send your submission to: Contest Department, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 (please include a SASE if you want your submissions returned) or e-mail to: cbw@maine.rr.com.



PHOTO  
BY:  
**DUSKA PERRY**  
OF  
**PORTLAND**

### Who Is There?

By Jeff Elliot of Portland

Fading lights to blurry sights  
Heavy sighs join closing eyes

T.V. echos droning deep  
Slipping off to remming sleep

Lights form up to dreams on stage  
Scripts unfold page after page

Some people known, but only now  
I know them well, but don't know how.

So scenes change so quickly pass  
Doorbell rings like breaking glass

Startle now my falling head  
Who would yank me from my bed

Groping pants draped on the floor  
Shuffling off to reach the door

Shadows cast on house front stand  
Who is there, I'll now demand.

### On Human Folly and Human Waste

By Douglas Woodsum of Waterville

That lens through which you viewed  
the world  
Has found its black hole not on high  
Nor in the center of your eye  
But down the drain's unforgiving  
whorl.

Do not lament; what's lost is lost.  
Let not your mood be tempest tossed.  
One clear eye holds to guide your



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# calendar 10.09 to 10.15.03

Submissions to the calendar must be received in writing by the Thursday two weeks prior to publication. Send your listings to: Calendar, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, or e-mail: listings@maine.rr.com.

## Thursday, October 9

**Donna the Buffalo at Space** Listen to a unique blend of reggae, rock, country, zydeco, cajun, and folk traditions. Enjoy the dual vocals of Tara Nevins and Jeb Puryear provide a hypnotic quality to the melody, adding to the band's unusual instrumentation and original sound. Doors open at 8pm. Space, 538 Congress Street, Portland. (207) 828-5600. www.space538.org.

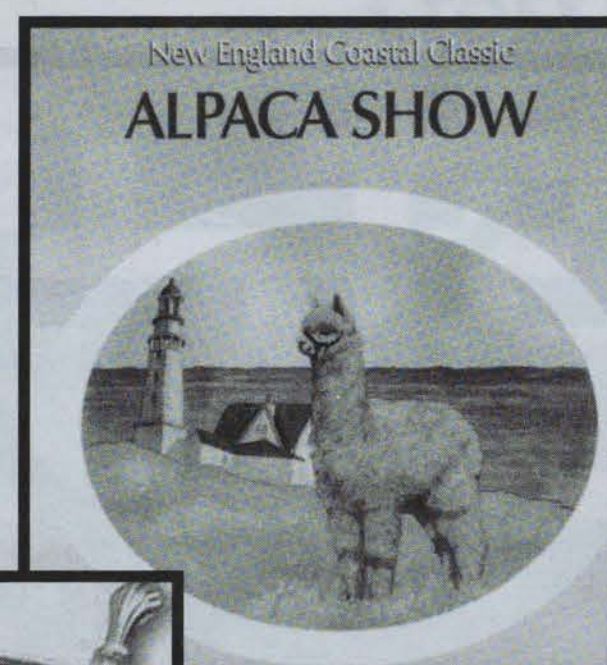
**Fall Scholarship Book Sale** Proceeds to benefit a Westbrook High School graduating student. Event will be held Thursday, October 9 and Friday, October 10 from 10am to 4pm. Friends of Walker Memorial Library, 800 Main Street, Westbrook. 854-0630.

## Friday, October 10

**Benefit Concert by Rockin' George Leh and His Band** Come and enjoy "A Night of Blues" to benefit the programs of Maine Handicapped Skiing and the Iris Network. Doors open at 6:30pm. First Parish Church in Portland, 425 Congress Street, Portland. 800-639-7770 or 207-774-6273.

**"Work of the Hand" Crafts Show & Sale** More than fifty of Maine's finest contemporary artisans will present their work for sale. The sale will be held October 10 through October 19. Center for Maine Contemporary Art, 162 Russell Avenue, Rockport. 236-2875. www.artsmaine.org.

**The Legend of Sleepy Hollow** The Children's Theatre of Maine will kick off the 2003-2004 season with The Legend of Sleepy Hollow, being performed October 10 - November 2, Fridays at 7pm, Saturdays at 2pm and 7pm, and Sundays at 2pm. The Children's Theatre of Maine, 317 Marginal Way, Portland. 828-0617.



Alpaca Show will be held at the Portland Expo on Saturday, October 11 and Sunday, October 12.



Acadia's Oktoberfest will be held in Southwest Harbor on Saturday, October 11.

## Saturday, October 11

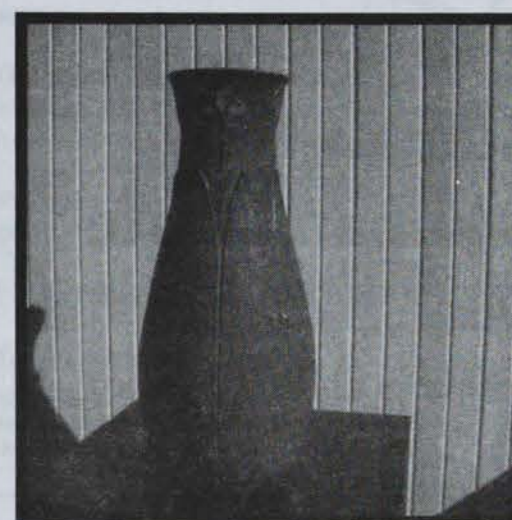
**"Bambolini Story - A Spaghetti Western"** Presented by the Hurdy-Gurdy Puppet Show. What, you've never seen marionettes working marionettes? Ats matta for you? When these Sicilian puppeteers took their show on the road it was a great day in Bambolini history. But life had not always been just a bowl of rigatoni. See how the Bambolins get off the assembly line at La Factoria Tortellone to find freedom and excitement in the Wild West. Shows are at 10am, 11am and Noon. St. Lawrence Arts Center, 76 Congress Street, Portland. 775-2004.

**Apple Fair** All crafts, gift items, food and baked goods will have an apple theme. Lunch served from 11am to 1pm, and will include clam and corn chowder, sandwiches, chips, cider, coffee, and an "apple" dessert. First Lutheran Church, 132 Auburn Street, Portland. 883-2645.

**Gardensmart: Planting Bulbs** October is a great time to plan your garden for next spring, not to mention the best time to plant bulbs. Join Maine Audubon's Margi Huber as she explains the basics of planting and selecting fall bulbs that will produce a variety of color and depth in your garden next spring. This program is perfect for gardeners of all abilities, and will include an indoor and outdoor component, so dress appropriately. Program is from 9-11am. Gilsland Farm Audubon Center, 20 Gilsland Farm Road, Falmouth. 781-2330 x 215.

**Portland Pottery Show** Students and professionals from Portland Pottery will display and sell pottery, jewelry and sculpture, and demonstrate pottery making. This is a great chance to jumpstart holiday shopping and support local artists. The show is from 10am-4pm on Saturday, October 11 and Sunday, October 12. Gilsland Farm Audubon Center, 20 Gilsland Farm Road, Falmouth. 781-2330 x 215.

**Acadia's Oktoberfest** The festival features all Maine made items from the 20 brewers and their 78 flavors, the Blacksmith Winery with several types of quality wines to the food tent with a range of items from downeast cooking to BBQ ribs and beans, German offerings, kettle corn, Thai foods, crab cakes, Fajitas and Quesadillas along with the favorites of hot dogs and lobster. There will also be artisan and craft booths of Maine products and a variety of entertainment of German music, country music and contemporary music. Three giant tents housing the beverage area, the food, entertainment and craft areas will insure a great day, rain or shine. The festival will be from Noon to 6pm. Smuggler's Den Campground, Route 102, Southwest Harbor. 1-800-423-9264



"Work of the Hand" Crafts Show & Sale will be held at the Center for Maine Contemporary Art in Rockport.

## Sunday, October 12

**Gov't Mule Live at the State Theatre** Gov't Mule's incessant nature along with its visceral blues and jazz-based attack has garnered one of rock's most loyal followings. There will be special guests Chris Robinson and New Earth Mud. Show begins at 7:30pm. State Theatre, 609 Congress Street, Portland. www.liveatthetheatre.com.

**Maine Foods Festival** The Maine Organic Farmers and Gardeners Association (MOFGA) and the Maine Cheese Guild, will host the second annual Maine Food Festival. The theme of this year's event will be cultured artisan dairy products, such as cheese, butter and yogurt, that are produced here in Maine. Common Ground Education Center, Unity. 568-4142. www.mofga.org/www.mainecheeseguild.org.

**Alpaca Show** For the second time, Portland, will be hosting a fully certified alpaca show. Over 250 of New England's finest quality alpacas and their breeders will be exhibiting and showing their luxurious fiber bearing animals during this event which will be open to the public. The event will be held Saturday, October 11 and Sunday, October 12 from 10am-4pm. Portland Expo, Portland. www.neocoastalclassic.com.



"Work of the Hand" Crafts Show & Sale will be held October 10 through October 19 featuring more than fifty Maine Artisans.

## Monday, October 13

**Random Works of Mixed Media** Works by local artist Drew Wilen will be on display now through the holidays. Katahdin Restaurant, 106 High Street, Portland. Tuesday through Saturday after 5pm. 774-1740.

## Tuesday, October 14

**Tales from the Border** Hear Kyle Hipsley, Deputy Commissioner of the International Boundary, discusses Commission's history and its role in maintaining U.S. boundaries. This lecture will be at noon and open to the public. Maine Historical Society, 489 Congress Street, Portland. 774-1822.

## Wednesday, October 15

**Techniques for Photographing the Natural Landscape** Photographer Murad Sayen will present a brief slideshow of images from his new book, "Maine, the Home Place," and then discuss his particular approach to photographing Maine and the natural world. Gilsland Farm Audubon Center, 20 Gilsland Farm Road, Falmouth. 781-2330 x 215.

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## Activities at the Children's Museum of Maine



October 9-15  
FMI: Call 828-1234 ext. 221

### "One & Under" Playgroup Begins October 9 9-10am

Join us for a new playgroup designed for parents and their babies 12 months and younger on Thursday mornings.

### Little Kids' Morning Out 10am-11am Music, movement & more with Kathy Carr.

### Meet a Maine Animal Friend with Sparks Ark October 10 11am-12pm

### American Girls Club: Kenya

October 12  
1:30-2:30pm

Celebrate Kaya and the Nez Perce people and their language, crafts and lifestyle. Explore Native American constellations in a star show, make a shell hair tie, design a parfleche, a special Nez Perce envelope to hold your treasures and enjoy your traditional Native American dish.

### Big Messy Art - Ice Cream Sundae Creations 2:30-3:30pm

Paint it with "chocolate syrup" and decorate with multi-colored "sprinkles" to make a delicious looking creation.

### Mural of the Sea Art Project October 14 3:30pm

General Admission: \$6.00 per person (under age 1 free) (Admission is free with museum membership.)  
Group Rate  
\$3.00 per person - groups of ten or more with reservations - call 828-1234, x234 FMI  
Camera Obscura only: \$3.00

The Children's Museum of Maine is located at 142 Free Street in Portland, Maine, next to the Portland Museum of Art.

# listings

## Happenings Thursday, October 9

**Fall Scholarship Book Sale** 10am-4pm. Walker Memorial Library, Westbrook. 854-0630.  
**National Depression Screening Day** 10am-4pm, Community Counseling Center, 343 Forest Avenue, Portland. 874-1030.  
**Sringara** 7pm, traditional dances of southern India, performed by Keerthi Sugamara and friends. Wish Theater, Bowdoin. 725-3375.  
**How to Finance Small Business**, noon-1pm, Resource Hub, 441 Congress Street, Portland, 756-8180.

## Friday, October 10

**Dance** 7-11pm, at Portland Elks, Congress St., Portland. Music by Vintage.  
**Building Your Triple Bottom Line** Fall Conference, Maine Businesses for Social Responsibility, Hutchinson Center, Belfast. 338-8908.  
**14th Annual Work of the Hand** crafts show & sale daily, through October 19. Center for Contemporary Art, 162 Center Street, Rockport. 236-2875.  
**Accessible Fall Foliage Weekend** Pine Tree Camp, Pontoons Cruises, kayaking around North Pond, and lots more adventures. 443-3341.

## Saturday, October 11

**The Maine Narrow Gauge Railroad** 11am-4pm, historic steam locomotives run on the hour. 58 Fore Street, Portland. 828-0814.  
**Apple Fair** 10am-2pm. First Lutheran Church, 132 Auburn St., Portland.  
**Mainiac Swing Dance Society** dance for all swing dancers, music by the Big Chief. 8pm-midnight. All ages, all welcome! Bring clean, soft-soled shoes for dancing. Governor Baxter Gym, Mackworth Island, Falmouth. 774-9671.  
**Baked Bean Supper** 5-6pm. Westbrook-Warren Congregational Church, 810 Maine Street, Westbrook. 854-9157.  
**The New England Coastal Classic Alpaca Show** 10am to 4pm. Expo Center, Portland. 268-3143.  
**Gardensmart: Planting Bulbs** 9-11am. Gisland Farm Audubon Center, 20 Gisland Farm Road, Falmouth. 781-2330.  
**Portland Pottery Show** 10am-4pm. Student and professional from Portland Pottery will be on display and sell pottery. Gisland Farm Audubon Center, 20 Gisland Farm Road, Falmouth. 781-2330.  
**Acadia's Oktoberfest & Food Festival** Noon-6pm. Smuggler's Den, Rte. 102, Southwest Harbor. 800-425-9264.  
**Surf Movie Nights** *The Endless Summer*, 6pm, The Saco Museum, 371 Maine Street, Saco. 283-3861.  
**14th Annual Work of the Hand** crafts show & sale daily, through October 19. Center for Contemporary Art, 162 Center Street, Rockport. 236-2875.  
**Coming into Winter: Herbs for the Immune System** 4pm, Deb Soule, Herbalist. Fare Share Commons, 447 Main Street, Norway. 743-0165.

## Sunday, October 12

**The Maine Narrow Gauge Railroad** 11am-4pm, historic steam locomotives run on the hour. 58 Fore Street, Portland. 828-0814.  
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**14th Annual Work of the Hand** crafts show & sale daily, through October 19. Center for Contemporary Art, 162 Center Street, Rockport. 236-2875.  
**Maine Food Festival** 10:30am-3:30pm. Common Ground Education Center, Unity. Sponsored by MOFGA and Maine Cheese Guild. 568-4142.  
**Chamber Music All Stars** 2:30pm. Rockport Opera House, Rockport. 236-2823.

## Monday, October 13

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**The Maine Narrow Gauge Railroad** 11am-4pm, historic steam locomotives run on the hour. 58 Fore Street, Portland. 828-0814.

## Tuesday, October 14

**14th Annual Work of the Hand** crafts show & sale daily, through October 19. Center for Contemporary Art, 162 Center Street, Rockport. 236-2875.  
**Tales from the Border**, noon-1pm. Lecture Series at Maine Historical Society with Kyle Hipsley. Maine Historical Society, Portland. 774-1822.

## Wednesday, October 15

**When Cave Men Painted** 7pm, multi-media work by James Walsh. Southworth Planetarium, Portland. 780-5009.  
**Brown Bag Lunch Series** Authoramy Sutherland, discusses *Cookoff: Recipe Fever In America*. Noon-1pm. Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. 871-1710.  
**14th Annual Work of the Hand** crafts show & sale daily, through October 19. Center for Contemporary Art, 162 Center Street, Rockport. 236-2875.  
**Open House** 4-6pm, Score, 100 Middle Street, 2nd Floor, East Tower, Portland. 772-1147.  
**Southern Maine Volkssport Association** meeting, 7pm, General Assembly Room, Walker Memorial Library, 800 Main St., Westbrook. 985-4196.

## Ongoing

**Amnesty International** meets the second Tuesday of the Month at Casco Bay Ferry Terminal's Conference Room, Commercial Street, Portland, at 7:30pm. 874-6928.  
**Art of Maine Classes** each Friday, study 4 Maine artists and their art form, children ages 10 and up, 12:30pm-2pm, Craft room, Warren Memorial Library, 479 Main St., Westbrook. 854-5891.  
**The Night Out** open bead night. Wednesday evenings, 6-9pm, 352 Cottage Road, South Portland. 799-5154.  
**The Brain Tumor Support Group of Maine** 7-9pm, second Tuesday of each month, Maine Medical Center's Charles A. Dana Health Education Center, room #1, 22 Bramhall St., Portland. 871-4527 or [portlandmaine.org](http://portlandmaine.org).  
**Books and Babies** for babies 6-24 months old and their caregivers, Tuesdays, 9:30am. Tales for Tots for toddlers 2-3 years old and their caregivers, Tuesdays, 10:30am. Read-Aloud Time for children 3-5 years old (preschoolers) and caregivers, Wednesdays, Warren Memorial Library, 479 Main Street, Westbrook. 854-5891.  
**Buddhism in Portland** meditation and to study the Dharma, 7-9pm, every Wednesday. 774-1545.  
**Child Safety** workshops to help educate parents, and about proper/legal car seats for children, and about the new laws in effect, 6pm, every second Tuesday, Babies-R-Us in South Portland.  
**The City of Portland's Downtown Portland Corporation** meets 4pm, third Thursday of every month. 874-6883.  
**Co-Dependents Anonymous** a 12-step fellowship of people whose common purpose is to develop healthy relationships, meets 6-7:30pm, Tuesdays, Brighton Memorial Center, 3rd floor, small conference room. 878-6632.  
**Computer Access** open to the public, 6-8pm, Wednesdays & Thursdays, Portland West, 181 Brackett St., Portland. 775-0105 x27.  
**Debtors Anonymous** is a recovery program for people with chronic debt based on the 12 steps of Alcoholics Anonymous, meets 7pm, Tuesdays, Woodlands Congregational Church, 202 Woodluffs St., Portland. 774-4357.  
**Divorce Support Group** The Greater Portland Spiritual Separated and Divorced Support Group meets 7pm, Tuesdays, Cathedral of the Immaculate Conception Rectory, 307 Congress St., Portland. 856-6431.  
**Dual Recovery Anonymous (DRA)** self-help recovery program for those recovering from addiction and emotional problems meets 3:15pm, Mondays, McGeechey Hall, 215 Vaughan St., 1st floor group room AND 1pm, Tuesdays, Breakfast Room at Community Resource Center, 774-HELP.  
**The "Father's Heart"** worship and praise ministry, hosted by Prophetic Destiny Ministries, 3-5:30pm, every third Sunday of every month, Sky-Hy conference center, 32 Sky-Hy Drive, Topsham. 725-7577.  
**Feminist Spiritual Community** for rituals celebrating the divine feminine, ourselves, and for healing. All women are welcome to our non-hierarchical all volunteer group which uses circle process and shared leadership, meets every Monday, 7-9pm. 774-2830.  
**Food Addicts in Recovery** is a 12-step program for individuals recovering from addictive eating. Meeting will be held at Larabee Village, 30 Liza Harmon Drive, Westbrook from 7-8:30pm.  
**Food Not Bombs** The group distributes free food to the masses, 2-4:20pm, Sundays, Monument Square, Portland. 774-2801.  
**Free School** event where artists, craftspeople, dancers, and teachers of all kinds offer workshops to the public, 7pm, every first Monday of the month, Portland West, 181 Brackett St.  
**Gay and Lesbians Adopting** a new support group and resource exchange for LGBT foster and adoptive families in Maine, meets the third Friday of each month. 773-3025 or [maingal@hotmail.com](mailto:maingal@hotmail.com).  
**Geographic Information Systems Clinic** open to anyone with a GIS questions, research, problem, or ideas, or general interest, 9:30-11:30am, Wednesdays, and Open GIS Seminar, noon-1pm, every Wednesday, Room 302, Bailey Hall, USM Gorham. 780-5063.  
**Getting Started** workshop providing an important overview to historic home ownership and preservation, 9am-4pm, Saturdays, Walker Memorial Library,

Main St., Westbrook.  
**The Greater Portland Maine Genealogical Society** meets 1pm, the first Saturday of each month, Cape Elizabeth at Thomas Memorial Library. 797-7927.  
**The Greater Portland Parkinson Support Group** all those with Parkinson's, as well as their families and friends are welcome, 2pm, the fourth Sunday of each month, Falmouth Congregational Hall, 267 Falmouth Road, Falmouth. 797-8927 or 774-3312.  
**Inner Light Spiritualist Church** Healing Service 6pm, Main Service 6:30pm, Sundays, Memorial Chapel, 2nd floor, Williston Tower of Christ, 32 Thomas Street, Portland. 831-0702, 788-4401 or [glorylight@midmaine.com](http://glorylight@midmaine.com).  
**Kids First Center** a non-profit organization that offers programs with the purpose of providing practical information and suggestions to help separating or divorcing parents focus on the needs of their children. For program dates and additional information: 761-2709, [kidsfirsthills.net](http://kidsfirsthills.net), or write: 222 St. John St. Suite 101, Portland, ME 04102.  
**The League of United Latin American Citizens** meets 6pm, fourth Thursday of each month, Reich School, 166 Brackett St., Portland. 767-3642.  
**Look Good, Feel Better**, sessions for women with appearance-related side effects from cancer treatment, 1-3pm, 2nd Monday of each month & 5:30-7:30pm, 4th Monday of each month, Cancer Community Center, Route 1, South Portland. 774-2200.  
**The Maine Breast and Cervical Health Program** provides free mammograms and pap tests to women 40-64 that are uninsured or have high deductibles on their insurance. 874-1140 x324.  
**Maine Writers and Publishers Alliance** presents informal writers' jam sessions open to all genres, 7pm, second Thursday of each month, Mr. Paperback Café, Lewiston. 729-6333 or [sarah@mainewriters.org](http://sarah@mainewriters.org).  
**Maine Writers and Publishers Alliance** presents "drink art & open mic" open to all genres, 7pm, second Monday of each month, Local 188, Longfellow Square, Portland. 729-6333 or [www.mainewriters.org](http://www.mainewriters.org).  
**Man to Man** Monthly discussion group meets first Thursday of the month to discuss issues pertaining to men's lives. All men over the age of 18 are welcome. At The Center for Cultural Exchange, 1 Longfellow Square, Portland, from 7-9pm. Free. 865-2048.  
**Mon to Mon Meetings** held 4th Wednesday of each month. For mothers who have altered their lifestyles in order to raise their children. Dana Center, Maine Medical Center, Portland. 282-1160 or 797-6384.  
**MUSE** discussion/network for creatives meets 4-6pm in room #240 at 222 St. John Street, Portland. 657-5329.  
**NAMI CHOICES** support group for family and friends of people with mental illness meets 7pm, second and fourth Monday of each month, the Dana Center, Maine Med. 775-5242.  
**Peer critique** Artists are encouraged to bring works of art, either in progress or complete, to share with others. A "peer critique" offers encouraging and supportive comment from fellow artists, as well as suggestions for change and improvement, hosted on the second Tuesday of each month, Center for Maine Contemporary Art. 236-2875.  
**People's Free Space** where people can connect to their community, share resources and ideas through food, information, art and events, 7pm, every 1st and 3rd Wednesday of each month, Portland West, 181 Brackett St., Portland.

# Stage Door

**The Bambolini Story-A Spaghetti Western** at 10 am, 11 am, and noon. Presented by the Hurdy Gurdy Puppet Show. St. Lawrence Arts Center, 76 Congress Street, Portland. 775-2004.  
**The Legend of Sleepy Hollow** Children's Theatre of Maine, 317 Marginal Way, Portland. Playing weekends October 10-November 2.  
**A Red Light Rooster!** A Family Fun Event, with dancer/storyteller Louis Gervais. The East End Children's Workshop, 10 Mayo St., Portland. October 11 at 11 am and 1 pm.  
**Red Herring** by Michael Hollinger. Part Mystery: Part Romance. All screwball comedy. October 10-19, The Public Theatre, Auburn. 782-3200.  
**The Effects of Gamma Rays on the Man-In-The-Moon Marigolds** by Paul Zindel. Friday October 3-12 at 7:30 pm, Main Stage, Russell Hall, USM Gorham Campus 780-5151.  
**West Side Story** the classic love story at the Lyric Music Theater. 176 Sawyer Street, South Portland. 799-1421. Runs on weekends through October 12.  
**Baby** a musical by Sybille Pearson, David Shire and Richard Malby, Jr. is about three couples dealing with having a baby. September 25-October 19. Good Theater, St. Lawrence Arts & Community Center, Portland. 885-5883.  
**Comedy of Errors** by William Shakespeare. September 23-October 19. Portland Stage Company, 25A Forest Ave, Portland. 774-0465.

# visual arts

## Openings Friday, October 10

**Encaustic Paintings** by Sara Crisp. June Fitzpatrick Gallery, 112 High Street, Portland. Opening reception, 5-7pm.

## Saturday, October 11

**Rural Artists with Urban Sensibilities**. C.W. White Gallery, 656 Congress St., Portland. 871-7282 or [info@cw-white-gallery.com](http://info@cw-white-gallery.com). Opening reception, 3-6pm.

## Galleries

**A Gallery** Harpswell Neck Road, West Harpswell. 833-6544.  
\*Exhibit by Joan Dickens, ongoing  
**Area Gallery** USM Woodbury Campus Center, Portland. Hours: Mon-Thurs 8am-4:30pm. Fri 8am-4:30pm. Sat 9am-3pm. 780-5009.  
\*Selections from *Visiting Artists-in-Residence Collection*, featuring work in a variety of media from the VAIR program established in 1986.  
**Art Gallery** USM, Gorham. Hours: Tues-Fri 11am-4pm. Sat 1-4pm. 780-5460.  
**Art Gallery at the University of New England**, Westbrook College Campus, 716 Stevens Ave., Westbrook. Hours: Wed, Fri, Sat and Sun 1-4pm. Thurs 1-7pm. 797-7261 x4499 or [www.une.edu/art](http://www.une.edu/art).  
**Atrium Gallery** USM, Lewiston-Auburn Campus, 51 Westminster Street, Lewiston. Hours: Mon-Thurs, 8am-8pm; Fri 8am-4:30pm; and Sat, 9am-3pm. 753-6500.  
\*The *Figured Revealed*, juried exhibition of life-drawings, through October 18.  
**Aucocisco Galleries** 615A Congress St., Portland. 775-2227.  
\*Riders and Refugees by Richard Brown Lethem, through October 25.  
**Center for Maine Contemporary Art** 162 Russell Ave, Rockport. Tues-Sat 10am-5pm.  
**C.W. White Gallery** 656 Congress St., Portland. 871-7282.  
\*Rural Artists with Urban Sensibilities, various artists, through November 1.  
**Coolidge Center for the Arts**, Wentworth-Coolidge Mansion, 375 Little Harbor Rd., Portsmouth, NH. Hours: Wed-Sat 10am-4pm. Sun 1-5pm or by appointment. 603-436-6907.  
**Drake Farm Gallery** 148 Lafayette Rd., North Hampton, NH. Hours: Mon-Sat 10am-6pm. Sun noon-6pm.  
\*Seacoast scenes in watercolor by Maddi Alana, through October 31.  
**Du'e 81 Market St.**, Portland. 879-1869, 773-7730 or [www.duegallery.com](http://www.duegallery.com).  
Works by Ian Factor and Stephen Lanzalotta, ongoing.  
**Elan Fine Arts** 8 Elm St., Rockland. Hours: Mon-Sat 10am-6pm. Sun 1-5pm. 596-9933.  
\*John Dehlinger, Peter Achorn, Karen Becker, Majo Keshian and works from the estates of Leonard Baskin and Daniel Hodermarsky, through October 19.  
\*Mary Frank, paintings, sculptures, and works on paper, through October 17.  
**Elizabeth & Main Gallery** Art 238 Main St. Gorham. Hours: Wed-Fri 10am-6pm. Sat-Sun 10am-4pm. 671-8237.  
**Emporium Framing and Gallery**, 261 Main Street, South Berwick. 384-5963.  
\*Small Tapestries *TuNE* 2003, through October 31.  
**Filament Gallery** 181 Congress St., Portland. 221-2061. Hours: Thurs-Sat 11-6pm or by appointment.  
\*Alter, new works by eight contemporary artists, through October 11.  
**The Firehouse Gallery** Damariscotta. Hours: Mon-Sat 10am-5pm. Sun 11am-4pm. 563-7299.  
\*Jean Jack, Daniel Feldman, Sam Shaw, and Ralph Moxey now showing through October 14.  
**Galerie Fine Art** 240 US Route 1, Falmouth. Hours: Sat 10am-4pm. Mon-Fri 10am-6pm. 781-3555.  
\*Music in Available Light by Louis Ouzer, through October 11.  
**The Gallery at Casco Bay Frames** 295 Forest Ave., Hanford Plaza, Portland. Hours: Mon-Fri 10am-6pm. Sat 10am-5pm. 774-1260.  
\*Celebrating Autumn in Maine. Watercolors and Pastels by Margaret Mayer, through October 31.  
**Gallery at the Clow** 123 Middle St., Portland. 756-7399 or [www.the-clow.com](http://www.the-clow.com).  
\*Recent Landscapes, Differing Approaches by James O'Neil and Kathleen Robbins, through October 29.

**Gallery at Grapheteria**, 141 Preble Street, Portland. 772-3709.  
\*Red Rock: Photographs of Utah's Canyonlands by Castonia, through October 31.  
**Gallery 302** 38 Main St., Bridgton. 674-2389.  
\*Original work by Bridgton Art Guild members, ongoing.  
**Gallery At Widgeon Cove** 31 Widgeon Cove Lane, Harpswell. Hours: Thurs-Sat and Mon 11am-5pm. Sun 1-5pm or by appointment. 833-4081.  
\*Jewelry, thoughts of Tuscany by Condon Kuhl, through October 30.  
**Gallery Seven** 49 Exchange St., Portland. Hours: Mon-Thurs 10am-6pm. Fri-Sat 10am-9pm. Sun Noon-6pm. 761-7007.  
\*Exhibit of work by American craft artists in all media, ongoing.  
**George Marshall Store Gallery** 140 Lindsay Rd., York. Hours: Tues-Sat noon-5pm. Sun 1-5pm. 351-1083 or [www.wildyork.org](http://www.wildyork.org).  
**Gleason Fine Art** 31 Townsend Ave., Boothbay Harbor. Hours: Tues-Sat 10am-5pm. 633-0876 or [www.gleasonfineart.com](http://www.gleasonfineart.com).  
\*Strong Values by James Fitzgerald, through October 21.  
**Graffius/Coffin Gallery**, 79 Oak St., Portland. Hours: Tues 12-5pm, Wed 5-9pm, Thurs 12-5pm, Fri 5-9pm or by appointment. [acoffin@maine.rr.com](mailto:acoffin@maine.rr.com).  
\*Artwork Group Show, Local Artists, ongoing.  
**Greenhut Galleries** 146 Middle Street, Portland. 772-2693. Hours: Mon-Fri 10am-5:30pm, Sat 10am-5, Closed Sunday.  
\*Colorful New Pursuits by Tom Palemont, through November 1.  
**Heartwood College of Art** 123 York St., Kennebunk. 985-0985.  
\*New art exhibits every four to six weeks all year round.  
**Hole in the Wall Studioworks** Rt. 302, Raymond. Mon-Sun 9:30am-5:30pm. 655-4952.  
**The Hay Gallery** 594 Congress St., Portland. 773-2513 or [haygallery@earthlink.net](http://haygallery@earthlink.net).  
\*Fetish Garden by Jack Montgomery, through October 26.  
**Harpwell Art & Craft Guild Gallery** 123 Harpswell Neck, Hours: Sat 10am-5pm. 833-6081 or 833-6544.  
\*Works of six guild members.  
**ICA at MECA** Porteous Building, Congress St., Portland. 775-3052.  
**Jameson Gallery** 305 Commercial St., Portland. Hours: Mon-Sat 10am-6pm. 772-55220.  
\*Of Earth and Sky, by Thomas Paquette, through October 11.  
**June Fitzpatrick Gallery** 112 High St., Portland. Hours: Noon-5pm Tues-Sat and by appointment. 772-1961.  
\*Encaustic Paintings by Sara Crisp, through October 31.  
**June Fitzpatrick Gallery @ Maine College of Art** 522 Congress St., Portland. Hours: Tues-Sun Noon-5pm. 879-5742 x283.  
\*New Work by Noriko Sakanishi, through October 31.  
**Lajos Matolcsy Art Center** 480 Maine Street, Norway. Hours: Sat-Sun 11am-4pm. 598-2497.  
\*Works by over 30 artists through October.  
**Little Sebago Gallery & Frame** 765 Roosevelt Trail, Windham. Hours: Mon-Fri 9:30am-5pm. Sat 9:30-4pm. 892-8086 or [info@littlesbagoart.com](http://info@littlesbagoart.com).  
**Local 188 Gallery** 188 State St., Portland.  
\*New Paintings by Broadbent and Dahlquist, ongoing.  
**Long Hall Gallery** Maine College of Art, Porteous Building, Portland.  
\*Adventures in Art Student Exhibition.  
**Lyn Snow Gallery** 87 Market St., Portland. Hours: Sun-Thurs 10am-6pm. Fri-Sat 10am-7pm. 773-5252.  
\*Works by Lyn Snow, ongoing.  
**Mainely Frames & Gallery** 534 Congress St., Portland. Hours: Mon-Wed 10am-6pm. Thurs-Fri 10am-8pm. Sat 10am-5pm. Sun noon-5pm. 828-0031.  
\*Pen-and-ink cityscapes by William C. Harrison and other work by gallery artists, ongoing.  
**Meyer Studio Gallery** 51 Oak St., Portland. Hours: Wed-Fri 4-6pm. Sat-Sun Noon-4pm. 879-1323.  
\*Recent Photographs by John Monroe.  
**Ocean Street Arts**, 520 Ocean St., South Portland. Hours: Wed-Sat 11am-5pm. 767-7773.  
\*Fall show featuring Spindletworks artists, and new works by Adam Earley and Dee Adams, through October 30.  
**Plum Gallery** 142 High St., Suite 217, Portland. Hours: Tues-Fri 11am-4pm.  
\*DOTT.DOTT.DOTT! The simplest of elements exploited by artists in a multitude of ways, ongoing.  
**Portland Coalition Art Gallery** 688 Congress St., Portland. Call ahead for hours. 772-2208.  
\*Exhibit of mixed-media works by artists associated with the Portland Coalition for the Psychiatrically Labeled, ongoing. 772-2208.

**Portland Glassblowing Studio** 24 Rosasco Lane, Portland. Hours: Fri-Sun 10am-6pm. 409-4527.  
\*Glassblowing demonstrations and exhibit of contemporary glassware designed and made by studio owner Ben Coombs, ongoing.  
**Radiant Light Gallery** Suite 409, 615 Congress St., Portland. 252-7278. Hours: Saturday from Noon-7pm or by appointment.  
**Red Dot Gallery** Via Group, 34 Danforth St., Portland. Hours by appointment. 761-0288.  
**Salt Gallery** 110 Exchange St., Portland. Hours: Tues-Sat 11:30am-4:30pm.  
\*Aucocisco Radio, audio production by Rob Rosenthal and Stephanie Philbrick, photography by Kate Philbrick, through December 6.  
**The Scott Potter Gallery**, 142A High Street, Portland. 775-3630.  
\*O' The Beauty of Water by David E. Schmutz, through November 1.  
**Silver Image Resource Gallery** 500 Congress St., rear studio, Portland. Hours by appointment or chance. 5-8pm first Fridays. 767-0711.  
\*Photography by Donna Lee Rollins, and Dennis Stein, hand-colored photographs, "Holga" prints, and digital images, ongoing.  
**Space Gallery** 538 Congress St., Portland. Hours: Thurs-Sat 11:30am-6pm. 828-5600.  
\*Original paintings and mixed media by Doretteamell. The art of Angela Alderete, Mitch Pfeiffer, Kimberly DeVries, and Kelly Weingart, through October.  
**The Spindletworks Gallery** 7 Lincoln Street, Brunswick Mon-Fri 9-5.  
\*The works of Nancy Bassett, Helen Warren, Lloyd Whitcomb, Jeannette Baribeau, and Pat Pettengill through October 31.  
**The Stein Gallery** 195 Middle St., Portland. 772-9072 or 871-3922. [www.steinglass.com](http://www.steinglass.com).  
**Studio 656** 656 Congress St., Portland. Hours: Thurs-Fri 10am-6pm. 775-2513.  
\*Works by John Driscoll, ongoing. 871-3922.  
**Thomas Moser Cabinetmakers** 149 Main St., Freeport. Hours: Mon-Sat 10am-5pm. Sun 11am-5pm. 865-4519.  
**Toby Rosenberg Gallery** 293 Read St., Portland. Hours: Mon-Sun noon-6pm. 878-4590.  
\*Handbags, clothing, cloth dolls, pottery, contemporary American crafts, sculpture and Judaica, ongoing.  
**Thomas Spencer Gallery** 360 Main St., Yarmouth. Hours: Tues-Fri 10am-5pm. Sat 10am-4pm or by appointment. 846-3643 or [www.thomasspencergallery.com](http://www.thomasspencergallery.com).  
**Yarmouth Historical Society Gallery** Hours: Tues-Fri 1-5pm. Sat 10am-5pm. 846-6259.  
\*Home Sweet Yarmouth Home.  
**Wiscasset Bay Gallery** Wiscasset. Hours: Sun-Fri 10am-6pm. Sat 10am-8pm. 882-7682.

## Museums

**Abbe Museum** Bar Harbor. Hours: Sun-Sat 10am-5pm. Thurs-Sat 10am-5pm. 288-3519.  
\*The Basket Room: The Anne Molloy Houelle Collection, ongoing.  
\*Layers of Time: 75 Years of Archaeology at the Abbe Museum, ongoing.  
\*Wapohnaki Student Art Show: Beyond the Mountain: Modern Views of Traditional Ideas, ongoing.  
\*Soaring Free, ongoing.  
\*The Search for John Snow, through December.  
\*Dr. Abbe's "Stone Age Museum", through October 19.  
**Bowdoin College Museum of Art** 940 College Station, Brunswick. Hours: Tues-Sat 10am-5pm. Sun 2-5pm. 725-3275.  
\*The Disembodied Spirit, through December 7.  
**Colby College Museum of Art** Waterville.  
\*Cherished Possessions: A New England Legacy, through October 27. 872-3228.  
**Currier Museum** 201 Myrtle Way, Manchester, NH. Hours: Mon, Wed, Fri & Sun 11am-5pm. Thurs 11am-8pm. Sat 10am-5pm. 669-6144.  
\*Jan Mense Molenaar: Painter of the Dutch Golden Age, ongoing.  
**Davistown Museum** Main St., Liberty. Hours: Sat & Sun 10am-5pm. 589-4900.  
**The Fifth Maine Regiment Museum** Peaks Island. 766-3330.  
\*New exhibit, *Celebrating Community*.  
**Maine Maritime Museum** 243 Washington St., Bath. Hours: Mon-Sun 9:30am-5pm. 443-1316.  
\*Percy and Small Shipyard exhibit.  
**Portland Harbor Museum** Fort Rd., South Portland. 733-6337 or [director@portlandharbormuseum.org](http://director@portlandharbormuseum.org).  
\*A Day in the Life of Portland Harbor, ongoing.  
**Portland Museum of Art** 7 Congress Square, Portland. Hours: 10am-5pm Tues, Wed, Thurs, Sat & Sun.

Fri OpenMondays 10am-5pm. 775-6148 or (800) 639-4067.  
\*A Solitude of Space: The Paintings of Thomas Crotty, through January 4.  
\*Contemporary Art From the Permanent Collection, featuring the diversity of subject matter and style that have come to dominate the post-world war art scene, ongoing.  
\*Edward Weston: Life Work, through October 19.  
\*1831-1903: Painting Portland's Legacy, an exhibit of the work of Charles Frederick Kimball, founder of the Portland Society of Art, through December 7.  
**The Saco Museum** 371 Main St., Saco. Hours: Sun and Thurs-Fri noon-4pm. Thurs noon-8pm. 283-3861.  
\*Surfing in Maine, by surfer and photographer Eugene Cole.  
**The Shaker Museum** Sabbathday Lake Shaker Village, Route 26, New Gloucester. Hours: Mon-Sat 10am-4:30pm. 926-4597.  
\*The Rhythm of Life: Sabbathday Lake in 1903, through Columbus Day.  
**Willowbrook at Newfield 19th Century Country Village Museum** Newfield. Hours: Sun-Sat 10am-5pm. 793-2784 or [www.willowbrookmuseum.org](http://www.willowbrookmuseum.org).

## Other Venues

**Café Crème** Front and Centre St., Bath. Hours: Mon-Sat 7:30am-8:30pm. Sun 8am-1:00pm.  
**Coffee by Design** 620 Congress St., Portland. Hours: Mon-Thurs 6:30am-8pm. Fri 6:30am-9pm. Sat 7am-5pm. Sun 7am-7pm.  
**Coffee by Design** 24 Monument Square, Portland. Hours: Mon-Fri 7am-5:30pm.  
\*The Spindletworks Sanka Show, through October 18.  
**Coffee by Design** 67 India St., Portland. Mon-Fri 6:30am-7pm. Sat-Sun 7am-6pm.  
\*The Spindletworks Sanka Show, through October 18.  
**Diamond's Edge Restaurant** Grand Diamond Island. Hours: Sun-Sat Noon-8pm or by appointment. 766-5850.  
**Falmouth Memorial Library** 5 Lunt Road, Falmouth. 781-2351.  
**Freeport Community Library** 10 Library Dr. Freeport. Hours: Mon and Wed 11:30am-8pm. Tues and Thurs 9:30am-5pm. Fri 11:30am-5pm. 865-3307.  
**Green Design Furniture** 267 Commercial St., Portland. Hours: Mon-Sat Noon-8pm or by appointment. 775-4234.  
\*Wood constructions and mirrors by Richard Rockford, through October 15.  
**Hilltop Coffee Shop** 99 Congress St., Portland. 780-0025.  
**Katadlin Restaurant** 106 High St., Portland. Hours: Tues-Sat after 5pm. 774-1740.  
\*Random Works of Mixed Media by Drew Wilten, through the holidays.  
**The Kitchen** 593 Congress St., Portland. Hours: 8am-5pm.  
\*A Child's World, featuring kid's art by Nicki & Zach Titus, through November 1.  
**Massage Medicine** Eastland Park Hotel, 157 High St., Portland. 866-287-8681 or [www.massagemedicine.com](http://www.massagemedicine.com).  
\*Body casts from the "Iam Project" viewing by appointment only.  
**Norway Savings Bank** Rt. 1, Scarborough.  
\*Rotating exhibit of expressive seascape paintings and woodcuts by Elizabeth Fraser, ongoing through December.  
**The Osher Map Library** USM's Glickmand Family Library, 314 Forest Ave., Portland. 780-4850.  
\*Mapping the Republic: Conflicting Concepts of Territory and Character of the USA, 1790-1900, through January



## October is National Childhood Lead Poisoning Prevention Month

We Need **1000 Pairs** of your children's used shoes for the Maine State Capitol steps representing **1000 Maine Children** Diagnosed with lead poisoning each year.

We Want You to join us for a Press Conference with Governor John Baldacci  
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Capitol Building • Augusta

To Get a Ride Please Call Us.

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To donate children's shoes please contact  
**The Maine Lead Action Project**

PO Box 1218 • Portland, Me 04104  
www.maineleadaction.org  
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Community Action Education Ed Democracy or Heather  
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## music seen

### Erdasa

by Michael Poliskey

**E**rdasa is a smooth jazz trio that has been playing together for only eight months. Sara Goldenthal and David Clarke have been playing for two years, but when bassist Eric Davis heard the two play at The Custom House in Rockland he asked if he could bring his instrument in. "It was a really nice fit, so he kept coming."

The ethereal sounding band name, Erdasa, which is pronounced Er-day-sah, is not really a word at all. It's a combination of the first two letters of each band members name. That would be Eric Davis, David Clarke, and Sara Goldenthal. "None of us are hugely into naming bands," asserts Goldenthal. "So actually Dave came up with that clever name. It has a nice, kind of, off the tongue kind of sound."

Erdasa's demo CD features seven popular jazz standards including Jimmy Van Heusen's *It Could Happen to You*, Burt Bacharach's, *The Look of Love* and Cole Porter's *All or Nothing At All*. The first few haunting chords of Richard Rogers' *My Funny Valentine* will make the hairs on the back of your neck stand up. That's even before Goldenthal starts to sing. The songs and performances imbue the spirit of jazz and can take you to a darkened nightclub with soft, subtle lighting and the sound of martinis being shaken, not stirred.

The aforementioned haunting chords are played by David Clark. He dances through all seven songs nimbly like the musician he is, which is an excellent one. His playing greatly compliments Goldenthal's silky singing. Clark's lead guitar breaks dance their way in and out of each songs complex jazz chord progression so Goldenthal can knock you out over and over again. Upright bass player Eric Davis keeps the bottom end thumping and supports his bandmates in Erdasa safe and secure.

Sara Goldenthal's voice sounds like it has been polished through years of performing, which can't be more true. As a child, Goldenthal found influences, ironically enough, from '70s television variety musical shows.

Sara Goldenthal and Eric Davis jazz it up at The Market on Main in Rockland. PHOTO REBECCA GOLDENTHAL



Ironically because she doesn't even own a TV. *Zoom*, *Brady Bunch*, and *Free To Be You and Me* were the beginning musical inspiration was to be found.

"I've been singing since I can remember. I use to sing at family parties; I have a twin sister, and we would make up little skits and act. I have an extended cast of siblings, but I grew up with two boys and another girl, and we used to fancy ourselves like the Brady Bunch." Marcia Brady has nothing on Goldenthal's pipes.

Inspiration comes from all around, and Goldenthal found a community where there was no choice but to be inspired. "When I was 15 I moved to Freedom, Maine. It's really a pocket of artists, teachers and musicians. Waldo County is really like a mecca, as far as I'm concerned, of incredibly talented people. Also because it's really rural. People have to rely on themselves to be entertained. Everybody I knew played an instrument."

Goldenthal, who has a degree in Philosophy and Comparative Religion from The University of Maine, found inspiration again from her surroundings. "Along the way to getting that degree, I took this great History of Jazz class with Jay Bregman, who is this unbelievable character. I was really into beat literature in my early 20s: Kerouac, Ginsberg, Gregory Corso, and he [Bregman] was a huge beat fan. He actually had known Alan Ginsberg [and] Kerouac; grew up in Brooklyn, was a New York intellectual jazz guy. I took his class and was really enamored by jazz, and also the connection with jazz and beat literature."

The demo was recorded by Bob Colwell in Hallowell in only a few hours. The bane of all recording is to be sick on recording day. The sore throat and headache that Goldenthal had did not lessen the quality of the demo at all. "I like this demo because it's really relaxed. We're really happy with it."

The three members of Erdasa have found a niche in life that suits them — lucky for us. To hear Erdasa you can go to their website at [www.erdasa.com](http://www.erdasa.com). There you will be able to listen to their music and get all of their up-dated dates for their gigs.

## Music directory

**Acoustic Coffee** 32 Danforth St, Portland. 774-0404.  
**The Alehouse** 30 Market St, Portland. 253-5100.  
**American Legion Post #62** 17 Dunn St, Westbrook. 856-7152.  
**Amigo's** 9 Dana St, Portland. 772-0772.  
**Asylum** 121 Center St, Portland. 772-8274.  
**Barbara's Kitchen & Cafe** 388 Cottage Road, So. Portland. 767-6313.  
**The Big Easy** 55 Market St, Portland. 871-8817.  
**The Big Kahuna Cafe** 142 Main St, Bridgton 647-9031.  
**Bowdoin College Chapel** Brunswick. 725-3321.  
**Bramhall Pub** 769 Congress St, Portland. 773-9873.  
**Breakaway** 35 India St, Portland. 541-4804.  
**Bridgeway Restaurant** 71 Ocean St, South Portland. 799-5418.  
**Brian Boru** 57 Center St, Portland. 780-1506.  
**Brooks Student Center** Univ. of Southern Maine, Gorham. 780-5003.  
**Bull Feeney's** 375 Fore St, Portland. 773-7210.  
**Casco Bay Lines** 56 Commercial St, Portland. 774-7871.  
**Cathedral Church of St. Luke** 143 State St, Portland. 772-5434.  
**Cathedral of the Immaculate Conception** 307 Congress St, Portland. 773-7746.  
**Center for Cultural Exchange** 1 Longfellow Sq., Portland. 761-1545.  
**Chocolate Church Arts Center** 798 Washington St, Bath. 442-8455.  
**C.J. Thirsty's** 726 Forest Ave, Portland. 775-6681.  
**Civic Center** Between Spring and Free streets, Portland. 775-3458.  
**Clyde's Pub** 173 Ocean St, South Portland. 799-4135.  
**Commercial Street Pub** 129 Commercial St, Portland. 761-9970.  
**Corthell Concert Hall** 37 College Ave, University of Southern Maine, Gorham campus. 780-5555.  
**Crocker Theater** Brunswick High School, Maquoit Road, Brunswick. 725-3895.  
**David's Restaurant** 22 Monument Square, Portland. 773-4340.  
**Deertrees Theatre & Cultural Centre** Deertrees Road, Harrison. 583-6747.  
**Digger's** 440 Fore St, Portland. 774-9595.  
**Discovery Park L.L.** Bean, Main Street, Freeport. (800) 559-0747 X37222.  
**Downeast Restaurant** 705 Route 1, Yarmouth. 846-5161.  
**First Parish Church of Portland** 425 Congress St, Portland. 773-5747.  
**The Flatbread Company** 72 Commercial St, Portland. 772-8777.  
**Free Street Taverna** 128 Free St, Portland. 772-5483.  
**Geno's** 13 Brown St, Portland. 772-7891.  
**Granny's Burritos** 420 Fore St, Portland. 828-1579.  
**Gritty McDuff's** 396 Fore St, Portland. 772-2739.  
**Happy Cooking** 78 Island Ave, Peaks Island. 766-5578.  
**Headliners** 35 Wharf St, Portland. 773-1570.  
**The Igwana** 52 Wharf St, Portland. 871-5886.  
**The Industry** 50 Wharf St, Portland. 879-0865.  
**Jonathan's Restaurant** 92 Bourne Lane, Ogunquit. 646-4777.  
**Kennebunk Coffeehouse** Routes 1 and 35, Kennebunk. 229-0212.  
**Kresge Auditorium** Bowdoin College, Brunswick. 725-3321.  
**Liquid Blue** 446 Fore St, Portland. 774-9595.  
**Local 188** 188 State St, Portland. 761-7909.  
**Ludvik Auditorium** UNE, 716 Stevens Ave, Portland. 797-7261.  
**Mast Cove Galleries** Mast Cove Lane, Kennebunkport. 967-3453.  
**Mathew's Lounge** 133 Free St, Portland. 253-1812.  
**The Mercury** 416 Fore St, Portland. 879-4007.  
**Merrill Auditorium** 20 Myrtle St, Portland. 842-0800.  
**Moose Crossing Steakhouse** 270 U.S. Rt. 1, Falmouth. 781-4771.  
**The Music Hall** 28 Chestnut St, Portsmouth, NH. (603) 433-3100.  
**Norway Coffeehouse** 479 Main St., Norway.  
**Old Orchard Beach Pavilion** 17 Prospect St, Old Orchard Beach. 934-2024.  
**Old Port Tavern** 11 Moulton St, Portland. 774-0444.  
**Olin Arts Center** 75 Russell St, Bates College, Lewiston. 786-6252.  
**O'Rourke's Landing** 175 West Benjamin Pickett St, So. Portland. 767-3611.  
**The Pavilion** 188 Middle St, Portland. 773-6422.  
**Plush** 54 Wharf St, Portland. 774-9595.  
**Portland Conservatory of Music** 116 Free St, Portland. 775-3356.  
**Portland Museum of Art** 7 Congress Square, Portland. 775-6148.  
**Portland Public Market** 25 Preble St, Portland. 228-2000.  
**Pub 21 (Fifties Pub)** 223 Congress St, Portland. 771-5382.  
**Red Hook Brewery** 35 Corporate Drive, Portsmouth, NH. (603) 430-8600.  
**Rick's** 100 Congress St, Portland. 775-7772.  
**RiRa** 72 Commercial St, Portland. 761-4446.  
**The River Tree Center for the Arts** 35 Western Ave., Kennebunk. 967-9120.  
**The Roost** Chicopee Road, Buxton. 642-2148.  
**St. Lawrence Arts & Community Center** 76 Congress St, Portland. 775-5568.  
**Saco River Grange Hall** Salmon Falls Road, Bar Mills. 929-6472.  
**Sierra's Bar & Grill** Routes 25 and 114, Gorham. 839-3500.  
**Silly's Restaurant** 40 Washington Ave., Portland. 772-0360.  
**Silver House Tavern** 340 Fore St, Portland. 772-9885.  
**Sisters** 45 Danforth St, Portland. 774-1505.  
**Slates** 169 Water Street, Hallowell. 622-9575.  
**Sky Bar** 188 Middle St, Portland. 773-6422.  
**Somewhere** 117 Spring St, Portland. 871-9169.  
**South Freeport Church** 98 South Freeport St, Freeport. 865-4012.  
**The Space** 538 Congress St., Portland. 828-5600.  
**Starbird Rectal Hall** 525 Forest Ave, Portland. 775-2733.  
**State Street Church** 159 State St, Portland. 774-6396.  
**State Theatre** 609 Congress St, Portland. 775-3331.  
**The Station** 272 St. John St, Portland. 773-3466.  
**Three Dollar Dewey's** 241 Commercial St, Portland. 772-3310.  
**Top of the East** 157 High St., Portland. 775-5411.  
**Una** 505 Fore St, Portland. 828-0300.  
**The Underground** 3 Spring St, Portland. 773-3315.  
**Wizard's** Main St., Presque Isle. 764-0144.

### Thursday 9

**Acoustic Coffee**  
Open Mic Night (7:30pm)  
**The Alehouse**  
Blue Collar Product w/Unscarrred (9pm/21+)  
**Barnhouse Tavern**  
DJ Jim Casey (9pm)  
**Bates College (Lewiston)**  
Indiegrl  
**The Bramhall Pub**  
The Jerks of Grass (bluegrass/9:30pm/21+)  
**Brian Boru**  
Stream (Reggae/9pm/21+)  
**Bull Feeney's**  
Angela Clark (8pm/21+)  
**Free Street Taverna**  
Incident at Midnight (9:30pm/21+)  
**The Grand (Eliworth)**  
Holly Near and Cris Williamson/The Peace&Love Tour (8pm)  
**Headliners**  
DJ Baby J (9pm/21+)  
**McGillcuddy's (Brunswick)**  
Ken Grimsey and Dave Dodge (acoustic)  
**Mr. Goodbar (OOB)**  
Riot Act (9:30/21+)  
**Old Port Tavern**  
Karaoke w/DJ Mike C (9:30pm/21+)  
**The Space**  
Donna the Buffalo (8pm/21+)  
**The Station**  
DJ Cougar/Karaoke (9:30pm/21+)  
**Three Dollar Dewey's**  
Derrick Semler Trio (6pm)

### Friday 10

**Acoustic Coffee**  
Poetry Slam (7:30pm)  
**The Alehouse**  
Oak Street Jam Band (Groove Rock/9pm/21+)  
**The Breakaway**  
Jenny Woodman (9:30pm/21+)  
**Bridgeway Restaurant**  
Bobby Laine (Piano/6pm)  
**Brian Boru**  
Pneuma (9pm)  
**Bull Feeney's**  
Bailey's Mistake (9:30pm)  
**First Parish Church**  
"A Night of Blues" Benefit Concert (7:30pm)  
**Free Street Taverna**  
Raisin Hill (9:30pm/21+)  
**Geno's**  
The Points w/The Quasimen & Biopop (9pm/21+)  
**Granny Burritos**  
Muddy Marsh Ramblers (Bluegrass/9pm)  
**Headliners**  
DJ Seanne (9pm/21+)  
**Inn on the Blues (York Beach)**  
Bill Perry  
**The Mercury**  
12inch Zombies-Laree Love/Moshe/Nicotine w/Richard Sin (9pm/21+)  
**Mr. Goodbar (OOB)**  
Emptyhead (9:30pm/21+)  
**Nate's Seafood & BBQ (Casco)**  
David Angel & The Memories  
**Old Port Tavern**  
Blind Sight (9pm/21+)  
**RiRa**  
Soul Shakedown Party (6pm/21+)  
**Riverfront Pub (Old Town)**  
Grumps (9:30pm/21+)  
**Sisters**  
Top 40's DJ(8:30pm/21+)

**Skips (Buxton)**  
Living Large (9:30)  
**The Station**  
Dance DJs (9:30pm/21+)  
**Una**  
DJ Mike Said (9pm/21+)

### Saturday 11

**Acoustic Coffee**  
Extended Play Open Mic Night (7:30pm)  
**The Alehouse**  
Stream(Reggae/9pm/21+)  
**Asylum**  
DJ Jon/DJ Fred (8pm/21+)  
**Azure Italian Cafe (Freeport)**  
Just Friends (5:30pm)  
**The Bramhall Pub**  
Pat Foley (10pm/21+)  
**Bridgeway Restaurant**  
Bobby Laine (Piano/6-10pm)  
**Bull Feeney's**  
Bailey's Mistake (up)/ Jason Spooner Trio (down) (9:30pm)  
**Center for Cultural Exchange**  
Small Dance Party (8pm)  
**Clyde's Pub (South Portland)**  
David Angel & The Memories  
**Donahue's (Bar Harbor)**  
Grumps (9:30pm)  
**Fare Share Commons (Norway)**  
Freakwitch (7:30pm)  
**Free Street Taverna**  
Mystery Fest (Jazz/9:30pm/21+)  
**Geno's**  
DTK w/The Modern Machines (7:30pm/21+)  
**Headliners**  
DJ Baby J (9pm/21+)  
**Inn on the Blues (York Beach)**  
The Racky Thomas Band  
**Mr. Goodbar (OOB)**  
Emptyhead (9:30pm/21+)  
**Old Port Tavern**  
Blind Sight (9pm/21+)  
**RiRa**  
Sly Chi (9pm/21+)  
**Saco River Grange Hall (Bar Mills)**  
The Casco Bay Tumblers (7:30pm)  
**Skips (Buxton)**  
Living Large (9:30)  
**The Sky Bar**  
Metro Saturdays w/Scott Morrill (9pm/21+)  
**The Space**  
The Coming Grass & Raycharles Lamontagne (8:30pm/21+)  
**Sisters**  
Top 40's DJ(8:30pm/21+)  
**Una**  
DJ Marcus Cain  
**Yosaku**  
The Marc Chilleml Quartet (Jazz/8:30pm)

### Sunday 12

**The Alehouse**  
A Band Beyond Description (9pm/21+)  
**Big Easy**  
DJ Jay (10pm/21+)  
**Brian Boru**  
Irish session music (3-7pm)  
**David's Restaurant**  
Jenny Woodman Acoustic Duo (6pm)  
**Free Street Taverna**  
Open Mic w/Tyler of Sly Chi (9pm/21+)  
**Jones Landing**  
Zion Train (reggae/1pm)  
**Little White Church (Eaton,NH)**  
Benefit Concert for Alana (1pm)  
**Old Port Tavern**  
Karaoke w/DJ Mike C.

## listening posts

**RiRa**  
Live Jazz Brunch w/Sly Chi(11am)  
**The Space**  
The Lost Film Festival (7pm/21+)  
**The State Theatre**  
Gov't Mule w/ Chris Robinson & New Earth Mud (7:30pm)  
**The Station**  
DJ Cougar/Karaoke (9:30pm)  
**Three Dollar Dewey's**  
Tom Kennedy (4pm)

### Monday 13

**Acoustic Coffee**  
Soapbox Night (7:30pm)  
**The Big Easy**  
Ryan McCalmon (10pm/21+)  
**Free Street Taverna**  
Hip Hop Open Mic w/BoonDox (9:30pm)  
**Old Port Tavern**  
Karaoke w/DJ Sid (9:30pm/21+)  
**The Station**  
DJ Cougar/Karaoke (9:30pm)

### Tuesday 14

**The Alehouse**  
Open Mic Night (21+)  
**The Big Easy**  
Sly Chi (funk/10pm/21+)  
**Bridgeway Restaurant**  
Al Doane Jazz Jam (7-10pm)  
**Bull Feeney's**  
Open Mic (8pm)  
**Free Street Taverna**  
DJ Spun Reggae w/Geofferson (reggae/9:30pm/21+)  
**The Mercury**  
The Lesson w/ Moshe/DJ Mota/ Kid Ray (10pm/21+)  
**Old Port Tavern**  
Karaoke w/DJ Sid (9:30/21+)  
**RiRa**  
Pub Quiz (8pm/21+)  
**Three Dollar Dewey's**  
Pub Quiz (6pm)  
**Una**  
DJ Marcus Cain  
**University of Maine-Farmington**  
Indiegrl

### Wednesday 15

**The Alehouse**  
A Band Beyond Description (jam band/9:30pm/21+)  
**Barbara's Kitchen**  
Marc Chilleml and SoPo Trio (Jazz/8pm)  
**The Big Easy**  
Zion Train (reggae/10pm/21+)  
**Breakaway**  
The Maine Songwriters Showcase (8pm/21+)  
**Geno's**  
Greystar w/Demyze & Loco (7:30pm/21+)  
**Mr. Goodbar (OOB)**  
DJ Don Corman/Karaoke (9:30/21+)  
**Old Port Tavern**  
Karaoke w/DJ Mike C. (9:30/21+)  
**RiRa**  
Mike O'Brien (Irish/6pm)  
**St. Lawrence Center**  
Indiegrl  
**Three Dollar Dewey's**  
Shanna & Hawk (6pm)





# meeting place

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## Female Seeking Male

**31-YEAR-OLD, PETITE SWF**, blonde/blue, like playing cards, dancing, music, very honest and caring, love to laugh. Looking for N/S, attractive SM to share interests and future LTR. #85160

**ATTRACTIVE, PETITE, WELL-EDUCATED**, retired professional, N/S, social drinker, early 60s. I am a jazz devotee. Reading and walking are my interests and hopefully yours, too. You are an interesting Gentlemen capable of sharing special moments. #85129

**ATTRACTIVE, PROFESSIONAL, FUN-LOVING**, kind SWF, 34, 5'5", blonde/brown, enjoy running, golfing, skiing, outdoor activities, playing music, friends and festivities. Seek same in Male counterpart for fun and companionship. The sky's the limit, so drop me a line. #85133

**BEEN A GREAT** summer. Met some nice Men but I'm still looking for you. Someone ready to welcome new love and the glorious days of autumn. To share the gifts of laughter and joys of life. Sound like you? #85189

**DWF, 39, 5'5"**, full-figured, brown/brown. Mother of a 12-year-old. Work full-time. Enjoy music, dancing, outdoors, go to the gym daily. Honest, caring, loyal. Looking for honest, caring, open Man. Looking for a monogamous relationship. #85027

**DWF, 5'2", EYES** of blue, attractive, full-figured, shining attributes. Waiting to share life with Single, unattached Male, 37-52, N/S, L/D, financially secure, who enjoys dining out, movies, traveling, family, friends, animals and spending time with the one you love. #85020

**DWF, 62, ENJOY** dancing, country music, dining out, cooking, movies, spending time with family, staying home relaxing ISO SWM, good-natured, honest, caring. I'm N/S, social drinker, not into head games. #85190

**ENCHANTED SOULFUL LOVE**. 37-year-old, 5'4", attractive DWF. We are N/S, spiritually, emotionally and physically fit, centered and spontaneous. We love laughter, joyous living now, magic moments, pets. We orbit to each other, are ready for it all... slowly. Find me now. #85094

**GRACEFUL, ATTRACTIVE, SMART**, trim, affectionate French Widow. Enjoys travel, dancing, swimming, cooking, cuddling and laughter. ISO N/S, respectable, romantic, sincere, secure, retired Widower, 65-80, to share interests, love and life. Portland vicinity, please. #85127

**LIFE'S BEAUTIFUL... MORE** so shared. Petite, attractive, energetic SWF, older, wiser, 62. Desirous of cultivating friendship, possible committed relationship. Interests: home, health, quiet country living, books, music, theater, gardening, hiking, cross-country skiing, Jungian psychology, evolutionary spirituality, nature mysticism. #85098

**LOOKING FOR FRIEND** this fall. Thoughtful, nice, attractive, full-figured, intelligent, educated, independent, well-rounded, spirit-filled African-American DF, 43, 5'7", childhood, enjoys cooking healthy, shopping, moonlit walks, the lake. Seeking honest, secure, humorous Gentleman. Race open. Companionship, possible LTR. (LA) #85099

**SUNDAY KINDA LOVE!** Know that tune? If you like to read the New York Times in the mornings, cuddle the afternoon away and have a lovely intimate dinner in the evening, call me! I'm a shapely, mid-50s professional Woman looking for a Man, 50-65, with wisdom, humor and intelligence, who is looking for a love that lasts. #85126

**SWF, 5'8", ATTRACTIVE**, blonde/green, late 40s, professional. Seeking tall, self-assured, honest, intelligent, N/S Male to enjoy dining, dancing, good conversation and just relaxing. #85137

**SWF, 51, NONSMOKER**, social drinker, physically fit,

emotionally ready for exploring the future. Enjoy gardens, family and new experiences. Green on most issues. Men, 47-61, call to test our chemistry. #85016

## Male Seeking Female

**24-YEAR-OLD, HANDSOME, RETIRED** Army Guy who loves the outdoors, movies, "Bad Girls". I'm a night-club APB DJ executive. I'm seeking a wonderful Woman, 25-32, for a possible relationship. #85047

**37-YEAR-OLD, VERY NICE**, handsome, intelligent, athletic and financially secure. Enjoys skiing, golfing, sports, fitness and being with friends. Seeks slender, sexy, intelligent, fun, 25- to 37-year-old SWF with similar interests, for dating, possible LTR. #85013

**ATTRACTIVE MAN**, 54, artistic, energetic, adventuresome, financially secure, n/s, n/d, seeks Female partner to travel, coparent our children (9, 10 and 15). Further develop our potential. #85030

**ATTRACTIVE, EASYGOING SM**, Widower, 46, good sense of humor, open-minded, outgoing, zest and passion for life. Looking for Lady with same. Enjoy long rides, music, walks on beach, mountains. Looking for Lady who's also sensual, passionate and romantic (as I am). #85175

**AUTUMN ADVENTURES**. 49-YEAR-OLD Widower would like to meet similar age Female who enjoys New England in the fall, hiking, cycling, casual walks in the woods. Companionship and friendship first. #85134

**BRUNSWICK AREA WM**, 40s, steady boyfriend/marital, seeks happy, sincere, preop TS girlfriend for monogamous relationship. A thoughtful Woman who enjoys the outdoors, creative pursuits, good communications, has spirit, spunk, a nice laugh, great sense of humor. Any race appreciated. #85010

**CARING, HANDSOME, ADVENTUROUS SBPM**, 47, well-traveled, funny, well-educated. Seeking WF for friendship and relationship. (CT) #85057

**DWM, 35, LIGHT** brown/blue, likes sports, camping, outdoor activities, having a good time. Looking for SF for dating, maybe LTR. Must have good sense of humor and love to have fun. Age and race unimportant. Kids ok. #85042

**EASYGOING DWM, 44, 5'10"**, 180 lbs, N/S, L/D, financially secure, enjoy doing almost anything outdoors (biking, motorcycling, hiking, kayaking, camping, softball, basketball), beaches, movies, music and variety of other things. If this interests you, give me a call! #85038

**EASYGOING SWM, 40s**, young-looking, healthy, average build, brown/blue, seeking friendship, dating with easygoing, average- or good-looking Female in the Portland area, who can cope with someone who works afternoons and weekends. N/S. Social drinker ok. #85021

**ENERGETIC OUTDOORS TYPE**. SWM, 61, 195 lbs, tall, slender, average, self-employed, n/s, passionate, understanding. Seeking a warm, friendly, romantic Lady, 40-45. You are active, into sports and outdoors, creative, homemaker, country type who's natural, with a love of life. Ready to build an involved relationship. Getting to know each other can be fun and interesting hard work, along with a sincere effort. Friendship first, then building memories and a lasting relationship. There's a place for you (and your children) at my country home. #85108

**GREAT QUALITY TIME** and great benefits. Are you absolutely positively looking for someone? Are you 40-60, N/S, N/Drugs, light drinker? Are you fit, decent, honest, loyal, dependable, open, flexible, outgoing, communicative and romantic? I'm all of that... plus. It's your move. #85003

**HONEST, ROMANTIC SWM**, 47, never-married, no

children, looking to meet easygoing, romantic, reasonably in-shape SWF, 35-45, with a romantic side. I enjoy sports, movies, dancing, dining, going to the beach, concerts and life. If interested, call Hope to hear from you. #85000

**NEED A FRIEND**. 39-year-old, nice, respectful, kind, gentle, easygoing, shy BM, N/S, N/D, looking for a Woman with similar qualities, who would like to attend movies, nice dinners and long drives with me. Race and age unimportant. #85086

**ROSES, CARROT CAKE**. SWM, 6'1", grayish hair and beard, light blue eyes, physically, emotionally and spiritually fit, SOH, romanticist. Seeking attractive SWF, 49-55, who is also seeking a partner and knows she deserves love and nothing less. #85154

**SEEKING IRISH LADY** gardener, preferably blonde, who enjoys birds and films like "Winged Migration." A Woman centered in Celtic spirituality, who can forgive and understand the blessing of an imperfect life. Let's meet for dinner and more conversation. #85131

**SM, 48, 5'10"**, 175 lbs, vegetarian, N/S, looking for yogi soulmate. Other interests: international music, fiddle, cinema, hiking, camping, woods, mountains, plain living, high thinking, reading, beaching, leftist politics and love. #85162

**SM, 5'11", 175 lbs**, brown/blue, excellent shape, easygoing. I enjoy being outdoors, hiking, picnics, the beach and being active. #85035

**VERY HANDSOME MAN**, 45 (look 30s), 6'4", 195 lbs, nice build, funny, intelligent, caring, very successful, outdoors person. Looking for pretty Lady with beautiful eyes, slender, outdoorsy, intelligent and sweet. #85040

**VERY POSITIVE PERSON**. SWM, 40, full of life, SOH, big heart, self-employed, nice smile, lotsa fun, sports, travel, romantic evenings. Seeks soulmate for the finer things in life. #85009

## Alternatives

### M Seeking M

**50-YEAR-OLD MARRIED BWM**, 5'9", 200 lbs, clean and discreet, L/D, N/Drugs. Seeking Men, 40 or over, who are well-endowed, who would like to be relieved. Must be clean, neat, discreet and willing to meet me in Norway. #85039

**BRUNSWICK AREA, HUMOROUS**, young-looking GWM, 52, 5'6", 165 lbs, brown/brown, ISO honest, sincere, loving SM, 45-55, N/S, N/D. Call me and let's get together. All calls will be returned. #85152

**CREATIVE AND ADVENTUROUS** Male, 50, healthy. Searching for daytime bottom excitement in York County. I'm a very giving person. Drug-free and healthy... you be, too. #85138

**GENEROUS AND GIVING**, very perceptive GM, 43, 5'8", dark brown/blue, in good shape, searching for adventure, fun and a long-lasting friend and relationship. Desires another Male, 20-38, 5'11"+, for companionship and togetherness. #85078

**GM SEEKING SINCERE** GM with similar interests: dinners, walks, movies, camping, boating, perhaps sharing a house. Possible longterm. Let's talk over coffee. I'm a N/S, social drinker, not into bar scene, early 50s, N/Drugs. Interested? Call with number and best time. #85001

**HANDSOME GWPW**, 43, 5'8", 175 lbs, blonde/blue, N/S, easygoing, laid-back, good sense of humor... enjoying life! Interests: theatre, movies, music, outdoors, quiet home nights. ISO handsome GWPW, mid-30s to early 50s, N/S, H/W/P, good values, similar interests, emotionally available. Dating, relationship. #85130

**LIFE. NOT A rehearsal**. What if I did or didn't do this or

that? So I'm doing this. If we meet and it's worth the meeting, bravo! I'm middle-aged Man looking for realistic romantic to help solve the riddle called life. #85132

**MALE SEEKING MALE**. 38 years young, HIV+, healthy, 5'10", 160 lbs, smooth, brown/hazel-brown, romantic, honest, sincere, caring. Seeking a good Guy, 25-45, who is also real, H/W/P and who is not into the bar scene. #85041

**MAN TO MAN**. Mature Male, 5'11", hazel eyes, fun, quality, creative, personable, seeks spontaneous, decisive Male, 48-61, humorous, genuine, for various cuisine, dining out, enjoying romantic evenings, long drives and terrific communication. (FL) #85141

**NO GAMES, TIRED** of all the head games? So am I. I'm a slender, 5'6", 39-year-old WM with black hair and hazel eyes. Looking for friendship and Mr. Right. #85115

**WM, 39, NO** experience, seeking similar WM to explore mutual first-time experiences. Prefer similar age or younger, clean-cut, not excessively overweight, who is also honest, caring, sensitive and emotionally available. I am healthy, drug-free and discreet. You be, too. #85135

### F Seeking F

**ATTRACTIVE REAL LESBIAN**, 39 years old, interested in dating, romance and spending time with the right Woman, possible LTR. Passions consist of the ocean, Acadia National Park, dining in and out, movies, walks, talks and long drives exploring. #85103

### Wild Side

**38-YEAR-OLD MALE LOOKING** for a 25- to 50-year-old TV who likes to have fun. That would be my pleasure. #85033

**50-YEAR-OLD, HEALTHY MALE** searching for fun and adventure with Couples or Singles, York County area. I'm very comfortable with my body and talents. Would like to share them. I'm a giving and caring person. Drug-free. You be, too. #85139

**ADVENTUROUS, IMAGINATIVE, SEXY**, fun SWF, 50s, 5'4", slender, variety of interests (indoors and out). Seeks friendship with busty, 40- to 60-year-old Lady for sensual fantasy fulfillment. May join for threesome with my well-equipped Male friend. Southern Maine. #85014

**ALMOST VIRGIN! 45-YEAR-OLD** White Male ISO older, dominant Woman to teach me to please a Woman and discipline me. I'm 5'8", 230 lbs, gray/brown, healthy, drug-free and N/S. You be, also. Race and looks unimportant. #85097

**ATTENTION, NUDISTS**. 38-YEAR-OLD PM, 6'1", 190 lbs, seeking other attractive Males or Females under 45, who enjoy nudity indoors or out. Gay, Bi or straight. Let's have some fun under the sun this summer. No weirdos. #85028

**BI WHITE MALE**, 45, 6', 190 lbs, into cross-dressing, seeking others who are also into cross-dressing. #85161

**BI-CURIOUS FEMALE, MID-30S**, N/S, N/D, seeking another bi-curious Female, 21-42, N/S, race open. If this sounds good, drop me a line! Cumberland County. #85121

**BI-CURIOUS MALE, MARRIED** White Couple seeking BiWM, 30-50, to add spice to our relationship. We are healthy and ask for the same. Looking for discreet adult fun. We're into adult toys, movies and dressing up. #85163

**BIMWM, 50s, 5'6"**, 170 lbs, seeking other Males for discreet no-strings relationship. Must be healthy. #85023

**BIWM, ATTRACTIVE, 44**, totally submissive, seeking dominant Males, Females or Couple. Will totally submit to your pleasure. (NH) #85031

**CROSS-DRESSER FANTASY**. I am looking for a personable Woman who can put makeup on me and dress me up so I can experience cross-dressing. One-time

only. Just want to try it. #85104

**HEALTHY, ATTRACTIVE AND successful** Man, 36, seeks a Woman of any age, up to 175 lbs, who enjoys role-playing, receiving the black kiss, long-lasting massages and foot rubs. A Woman who wants to be worshipped and adored on a regular basis. #85140

**HOT REDHEAD, 39, 6'2"**, 185 lbs, hazel eyes, long red hair, goatee, looking for mutual satisfaction from hot Bi, straight or Gay Males. Portland and southern Maine area. Massages available. #85183

**HOT-BLOODED MALE SEEKS** the same for daytime encounters. I am 34, 6'2", 190 lbs, healthy and clean-cut. Looking for a Guy comfortable with himself and open to pleasure. #85044

**LOOKING FOR TWO BIM** to entertain my wife for an evening. Must be 21-50. #85017

**MALE, 41, LOOKING** for a Female who would like to experience erotic times, nudism under the sun and discreet fun in the afternoon. Call me. #85026

**MARRIED WHITE COUPLE**. He's 48, 5'6", 180 lbs, straight. She's 39, 5', 100 lbs, possibly bisexual. Seeking BM, Disease-free, drug-free. You be, too. Wife wants to be your sex toy, also interested in Black Male bachelor party. No strings, just fun. #85008

**MVC ISO N/S**, healthy, friendly Female for wife's three-some fantasy. We are not models, you don't need to be either. Race, age unimportant. Large breasts a plus but not necessary. Select Couples also welcome. #85064

**OLD BUT HEALTHY**, good-looking, clean BM ISO Male experienced in giving oral service. You must be clean, no drugs or diseases, clean-shaven and know what you are doing. Days at my place. No reciprocation. Bi, Gay or Married ok. #85004

**PORTLAND AREA BIMWM** looking for BIMWM. Me: 35, 6'2", 145 lbs, very discreet, inexperienced, easygoing, looking to talk with average Guy, 35-55, who is also very discreet. #85124

**PREOP TRANSEXUAL, TALL** and pretty, 38 years old, looking for a boyfriend, someone who's decent-looking, who has a job and is looking for a relationship. #85006

**SBIMW, 41, ISO** Bi Couple, Female or a SBIM for discreet encounters. I'm very oral. Please be well-endowed and able to host. Discretion a must. Please, no over-

weights. Blacks very welcome. If this is what you're looking for, please call. #85048

**SBM, 36, PROFESSIONAL**, swinger from Florida to Maine, special, open to communications, creative, active, well-endowed. Seeking WF's, heavyset and White Couples who want to experience with a BM. Interests: stay overs, getaways, nights out. Please be decent, healthy. Prefer heavyset Women. #85092

**SEXUALLY DIVERSE WM**, 49, 160 lbs, 5'11", no hair anywhere, physically fit, erotic, sensual, passionate, N/S, N/D, N/Drugs, clean and disease-free. Seeking sexually diverse White Male or Female, 35-65, with similar qualities, for get-togethers and mutual growth. #85012

**SM INTO NUDISM**, looking for people to get together and be friends with. Interests are nudism, movies and dining out. #85005

**STANDISH, SEBAGO AREA**. Me: slim, discreet GWM, 50, ISO slim, sexy, discreet GM for hot times together. Winter is coming... just the two of us! Call. #85051

**TALL, ATHLETIC, PERSONABLE**, 50s Male would like to meet a Couple or Single for fun, games or perhaps a sensuous massage. I'm healthy, with a variety of interests. Open to suggestions. #85036

**YOU ARE A** good-looking Guy, a bit on the macho side and your friends don't know you like to get off by the pizza delivery Guy. Let me deliver for you. #85136

### I Saw You

**FIDDLING ON BRIDGE**. Sunday, August 10, 10 a.m. You fiddled while the bridge was up. I was utterly charmed in the car behind you. You were in a silver Dodge Caravan. Any chance of a repeat performance? #85125



# free will astrology

Week of October 9 • ©2003 Rob Breznys

**ARIES (March 21-April 19)**: "I've been practicing radical authenticity lately," my Aries friend Steve told me. "I'm revealing the blunt truth about unmentionable subjects to everyone I know. It's been pretty hellish—no one likes having the social masks stripped away—but it's been ultimately rewarding." I thought a minute, then said, "I admire your boldness in naming the currents flowing beneath the surface, but I'm curious as to why you imply they're all negative. To practice radical authenticity, shouldn't you also express the raw truth about what's right, good, and beautiful? Shouldn't you unleash the praise and gratitude that normally go unspoken?" Steve sneered. He thought my version of radical authenticity was wimpy. I hope you don't, Aries. You have an astrological mandate to be honest in both ways.

**TAURUS (April 20-May 20)**: One of my favorite obscure holidays is International Moment of Frustration Scream Day. Observed every October 12, it's meant to release pent-up tension resulting from the gap between what we have and what we think we want. Given the fact that your gap is particularly gaping right now, you Tauruses would especially benefit from throwing yourself into this fierce enjoyment with all your angst unfurled. The holiday's founders, Thomas and Ruth Roy, suggest that everyone should go outside sometime during the day and yell for 30 seconds. I hope the sound of you bellowing Bulls will be heard around the world.

**GEMINI (May 21-June 20)**: It looks like you're poised to put the finishing touches on something that will last a very long time—an expression or creation that will be a defining monument to your essential self. If I'm right and you're really ready, let me offer a suggestion. This masterpiece should not only reflect what's excellent and successful about you; it should also acknowledge the role that your failures have played in growing your beauty.

**CANCER (June 21-July 22)**: This is one of those rare moments when laziness can be an asset. Fate is conspiring to rejuvenate you, and all you have to do is make sure you don't get in the way. I suggest, therefore, that you follow the advice of the Zen master who said, "Don't just do something, sit there!" I mean it, Cancer. Empty yourself of ambitions. Burn your to-do list. Tell your monkey mind you're taking a sabbatical from its obsessive leaping and shrieking. Feel absolutely no guilt as you practice the art of making yourself a tabula rasa.

**LEO (July 23-Aug. 22)**: According to author Colin Wilson, synchronicities are meaningful coincidences that are created by the unconscious mind to jar the conscious mind into a keener state of perception. They imbue us with a powerful sense that there are hidden meanings beneath the surface of everyday life; they lead us to suspect that a huge, benevolent intelligence is always working behind the scenes, weaving connections that are invisible to us in our normal state of awareness. I predict that you will be awash in synchronicities in the coming week, Leo. You will get concrete proof that everything is far more intertwined than you've ever dared to imagine.

**VIRGO (Aug. 23-Sept. 22)**: If you want to place yourself in alignment with the current cosmic trends, you will seek out more than the usual amount and quality of your favorite physical sensations. My advice is to compose a list of your top five, then write out a proposed plan for getting those needs met and met and met. For instance, if you normally have a massage every once in a while, arrange to have at least two in the coming week, and make sure you enlist the services of the very best masseuse or masseur you know. Use the same approach to sex, food, sleep, aromas, beautiful sights, and any other experience that thrills your body.

**LIBRA (Sept. 23-Oct. 22)**: "There is only one thing in the world worse than being talked about," wrote Libran Oscar Wilde, "and that is not being talked about." You won't have to worry about the latter problem in the next two weeks. The number of discussions about your character and behavior will probably exceed that of any other 14-day period in the past five years. Fortunately, the astrological indicators suggest that a rela-

tively high percentage of the gossip flying around will be benevolent and even flattering. It will be a good time, therefore, for a marketing campaign or networking blitz.

**SCORPIO (Oct. 23-Nov. 21)**: You are potentially a genius. Maybe not in the same way that Einstein and Beethoven were, but still: You possess some capacity or set of skills that is exquisitely unique. You are a work of art unlike any other that has ever lived. Furthermore, the precise instructions you need to ripen into that glorious state have always been with you, even from before you were born. In the words of psychologist James Hillman, you have a soul's code. You might also call it the master plan of your heart's deepest desire; the special mission that the Divine Wov sent you here to carry out: the blueprint that contains the secret of how to be perfectly, gracefully, unpredictably yourself. Now here's the really good news, Scorpio: You're at a turning point when you have extraordinary power to tune in to and activate untapped areas of your soul's code.

**SAGITTARIUS (Nov. 22-Dec. 21)**: Every year the Color Marketing Group (CMG) at [www.colormarketing.org](http://www.colormarketing.org) issues a report that identifies the new colors coming into fashion, as well as their symbolic meaning. From their long list, I have selected the specific hues you should surround yourself with if you'd like to be in harmony with cosmic forces during the rest of 2003. 1. Lemon Meringue. "Silver flirts with gold in this zesty confection reminiscent of vintage roadsters," says CMG. 2. Shimmer. "A shimmer, a shake, a lustrous flake, this pearlized metallic adds a savvy crackle to your communications." 3. Iron Ore-ange. "The influence of copper on orange creates a sophisticated background with primal undertones." 4. Exploring Khaki. "This safari green recalls rain forest moss and buried treasure."

**CAPRICORN (Dec. 22-Jan. 19)**: Given how fresh and strong you've been feeling lately, you may not be in the mood to initiate a showdown with The Problem That Refused to Die. Why risk getting demoralized by that boring old energy drain when you're so peppy? I'll tell you why: You now have a new and unprecedented advantage over The Problem That Refused to Die. You may not be able to kill it off completely, but then again you might. And you will at least be able to dramatically limit its power to mess with you.

**AQUARIUS (Jan. 20-Feb. 18)**: "No work is more worthwhile than to be a sign of divine joy and a fountain of divine love." So says mystic and scholar Andrew Harvey, and I fervently agree. Not everyone is cut out for such an exacting career, of course. The pay isn't great, the hours are long, and the heroes who make it their main gig rarely get the appreciation they deserve. It's best to try it out for a while on the side without quitting your day job. Having provided those caveats, Aquarius, I'm pleased to inform you that this is the best time in years for you to work hard at being a sign of divine joy and a fountain of divine love.

**PISCES (Feb. 19-March 20)**: Your flavor of the week will be ginger peach or vanilla clove or some other blend of piquant spiciness and smooth sweetness. The kitchen accessory that best symbolizes your special skills will be a thick sponge that has an abrasive surface on one side for scrubbing dirty pots. The recurring dream you're most likely to dream for the last time, triumphing forever over the past trauma that originally spawned it, is the nightmare in which you feel like a cornered animal. Your haiku of power will be "melodious struggle where the soul turns crap into fertilizer."

## Homework:

What image best symbolizes the love you want in your life all the time? Put that image in a prominent place in your home. [www.freewillastrology.com](http://www.freewillastrology.com)

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