

11-30-1995

## Casco Bay Weekly : 30 November 1995

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# LOST IN

## Casco Bay Weekly

# TRANSLATION

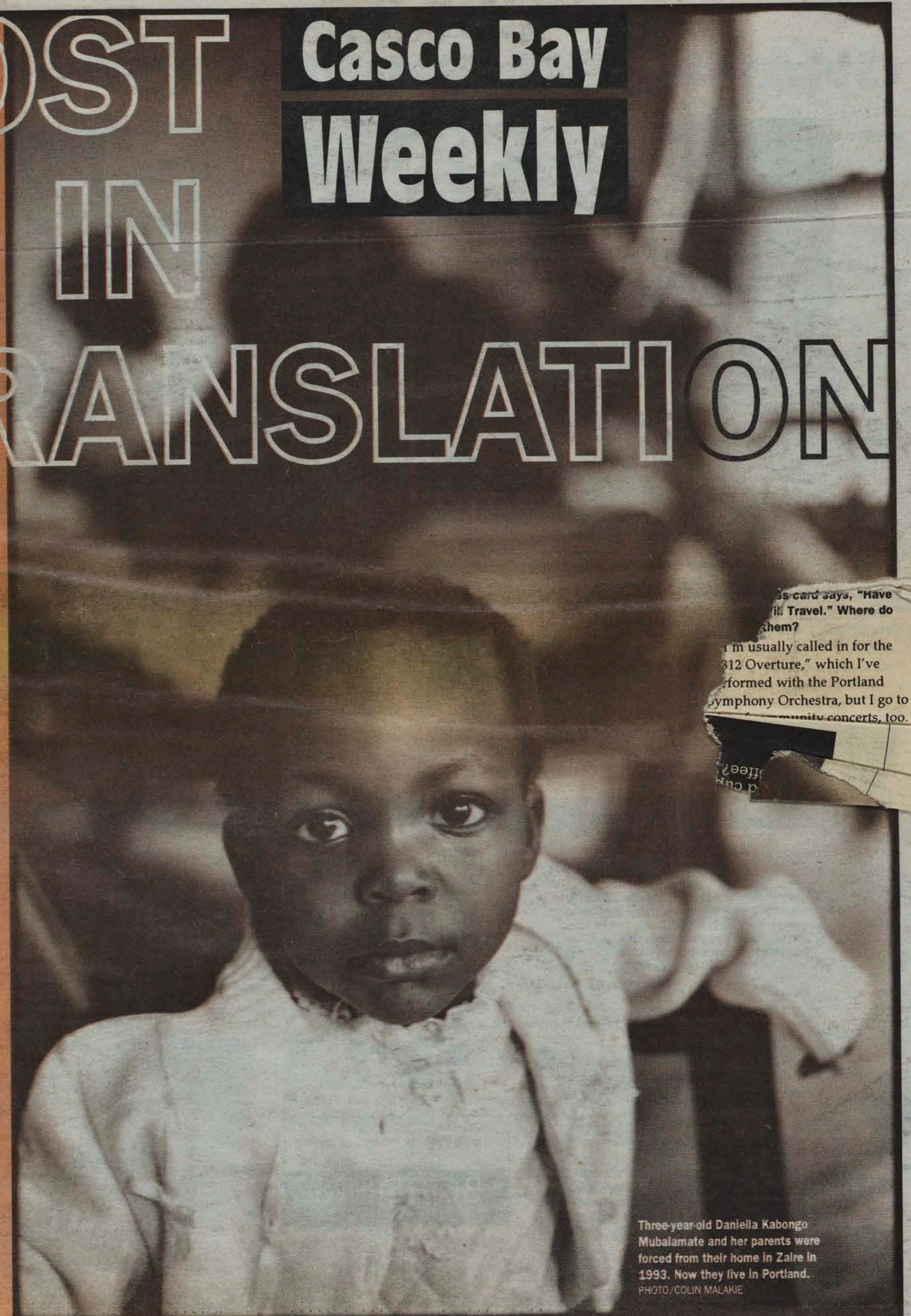
Portland's  
refugees  
need a  
decent place  
to live, they  
need to learn  
English and  
they want  
to work. Are  
they getting  
the help they  
deserve?  
Page 8

Bombs  
away  
3

Elective  
surgery  
4

Finding  
refuge  
14

A painter's  
eye  
16



Three-year-old Daniella Kabongo Mubalamate and her parents were forced from their home in Zaire in 1993. Now they live in Portland.  
PHOTO/COLIN MALAKIE

se card says, "Have  
ill Travel." Where do  
them?  
I'm usually called in for the  
312 Overture," which I've  
formed with the Portland  
Symphony Orchestra, but I go to  
community concerts, too.

Nov 30, 1995



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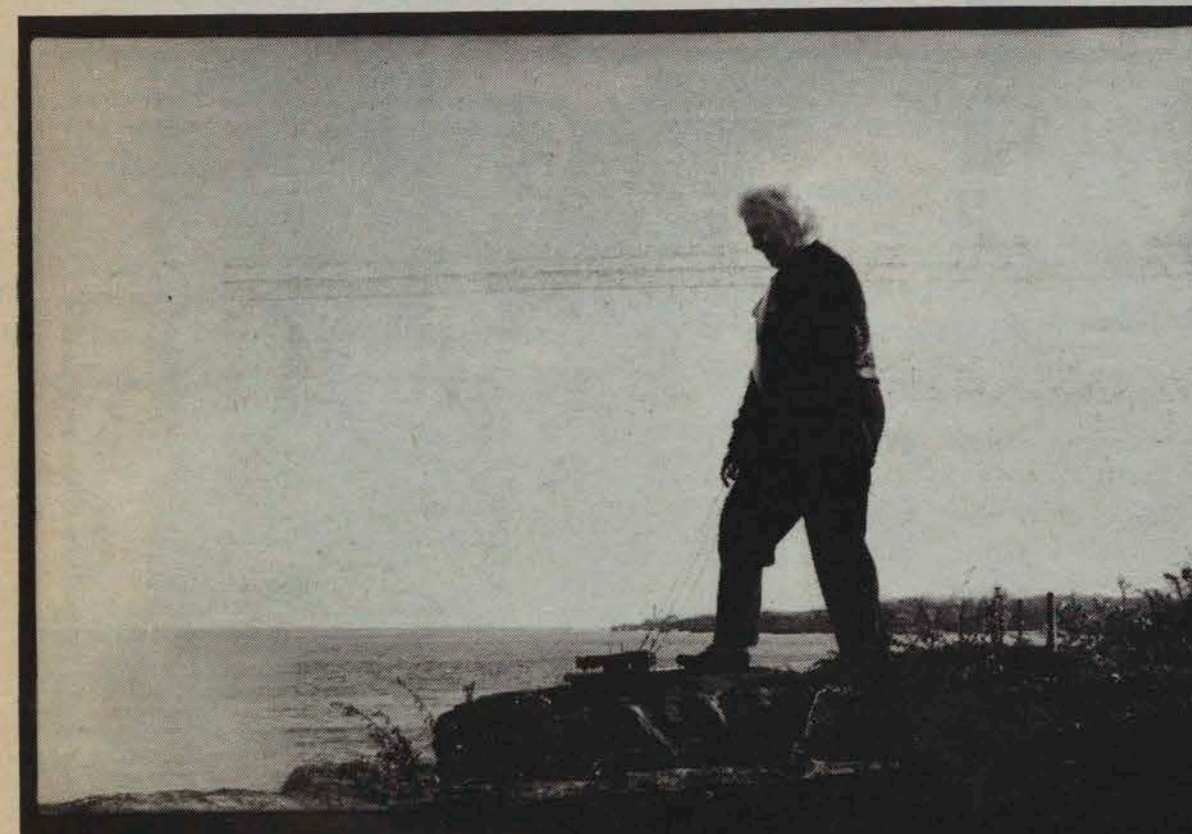
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# TALK

## A CONVERSATION WITH ANNE HELDENBRAND



**"I CAN'T THINK THAT TOO MANY WOMEN HAVE HAD AN HONOR SALUTE FROM THE CREW OF AN AEGIS DESTROYER."**

For more than 20 years, the pop and smoke of a genuine cannon salute have greeted certain ships passing along the South Portland coastline. With the help of binoculars, sailors may make out the figure of their unusual honor guard as she stands and waves from the lawn of her seaside home. She is Anne Heldenbrand, 71, a Pennsylvania native known as "Black Powder Annie" to her friends in the maritime community.

**When did you get your first cannon?**

My husband bought me my first one shortly after we moved here, in 1970. I was pretty familiar with guns, so it wasn't hard for me to learn to use it. And it seemed like a neat thing to do, living right on the channel here with all the ships going by. He presented me with my fourth cannon last year, and I told him that's enough, thank you.

**What kind of ammunition do you use?**

No cannonballs, sorry. I use 12-gauge blanks. You still get a pretty big "BA-WOOM!" out of them, though, and some smoke and fire.

**What do the neighbors think?**

They love it. Of course, I'm very careful about what time it is. I try to never shoot the cannons before 8 a.m., espe-

cially on the weekends. I don't salute every ship, like the freighters and tankers, for example, because I'd be out there firing all the time.

**Do the ships ever answer?**

A British submarine sent up a big red flare, once ... and when the [aircraft carrier] U.S.S. John F. Kennedy came through, a helicopter came right off the ship and flew over our house. When the [Aegis destroyer] John S. McCain came down from Bath, the crew lined up at the rail to salute me — that was a pretty impressive sight — and they did again as they were leaving.

**Your business card says, "Have Cannons Will Travel." Where do you take them?**

I'm usually called in for the "1812 Overture," which I've performed with the Portland Symphony Orchestra, but I go to a lot of community concerts, too. I wouldn't think of charging for it. I enjoy myself too much.

**What are the highlights of your résumé besides your cannonry?**

I once baked an apple pie for President Carter when he came to visit our neighbors, and I can drive a forklift and a bucket loader. My first motorcycle ride isn't on there yet because that was just two years ago.

Interview by J.L. Johnson;  
photos by Toney Harbert



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**T**he Heat is taking some heat on several fronts. First, William Fruth, a Bowdoin College official, has sued the Portland Police Department, charging the cops used excessive force in September while arresting him for drunk driving. The incident occurred at a roadblock on Franklin Arterial, and Fruth sought hospital treatment for his injuries. Other than that, neither side is revealing much about what happened until they meet in court on Dec. 7.

Meanwhile, Portland's finest have been keeping busy writing letters to anyone suspected of driving around the Western Prom. According to Chief Mike Chitwood, gay cruising is on the increase along the prom, and is "destroying the quality of life out there."

Officers write down the license numbers of cars believed to be cruising, and send the

owners a letter warning them to "take whatever steps are necessary ... to recapture the tranquility" of the area. The Maine Civil Liberties Union blasted the postal policing,

saying the cops should arrest people who commit crimes and leave everybody else alone.

The fuzz have also been writing letters to the Portland Press Herald complaining about a column written by Portland patrolman Andrew Michaelson. The Nov. 15 piece called the Maine Criminal Justice Academy "abysmal" and "stupid." Michaelson said cops studying at the school displayed racist and homophobic attitudes that "would make Mark Fuhrman blush." Predictably, police officials, police union leaders and lots of cops have launched a campaign to discredit Michaelson. Equally predictably, none of them has bothered to address the issues he raised.

Portland's fireboat wasn't available to fight a Nov. 27 fire on Cliff Island that destroyed the island's largest employer and threatened to wipe out several homes. The boat was in Boothbay Harbor for maintenance work. But fire officials said even though the blaze was right on the waterfront, the vessel wouldn't have been much help anyway. That's because it takes the fireboat 75 minutes to reach Cliff, which probably leaves fearful islanders wondering why they're paying taxes to support it.

Cumberland County Jail officials thought it odd when the father of accused drug dealer Nathan Wade Conley showed up Nov. 9 to bail his son out using a bag containing \$35,000 in small bills. The elder Conley said he got the money from an unidentified friend, but deputies, suspecting the cash came from criminal activity, seized it. A judge ruled the seizure was legal, but Conley's lawyer has appealed to the state supreme court. Even if Conley gets the money back, he may have trouble returning it to his mysterious friend. Among those claiming a share of the proceeds are state drug agency officials and the Department of Human Services, which says Nathan Conley owes \$11,000 in back child support. CBW

## CITY



Will Portland's long tradition of figurehead mayors ever come to an end? PHOTO/TONEE HARBERT

## Mayoral confusion

**Portland City Councilors are having trouble sorting out all their options for creating a full-time elected mayor. That could mean they won't be creating anything at all.**

■ AL DIAMON

If the Portland City Council could take a straight up-or-down vote today on whether Portland should have an elected mayor, there's no doubt about how the issue would be decided. At least six of the nine councilors favor some form of full-time leader for the city.

The problem is those words "some form." The only councilors who agree on exactly what sort of elected mayor the city should have are Cheryl Leeman, Orlando Delogu and Richard Paulson, and they think the best elected mayor would be none at all. The rest of the council supports anything from a slightly-more-glorified-than-at-present figurehead to a powerful administrator with control of city appointments and a veto over council actions.

Even though most of the debate at the public hearing scheduled for Dec. 4 will focus on the issue of whether there should be an elected mayor and how strong the position should be, councilors won't get a chance to vote on those issues. Instead, the

council is being asked to ask voters whether the city ought to create a charter commission, which could, but couldn't be required to, propose to voters that they approve the creation of a new leadership position for the city. Get it? Don't worry, neither do most councilors.

Portland currently has a mayor in name only. The person chosen to chair city council meetings is given the honorary title, but no real power. City policy is set by the councilors, and day-to-day operations are overseen by the city manager. Critics of the current system say it makes it difficult to hold anyone responsible for poor decisions. Supporters of the council-manager form of government say it separates politics from normal city functions, thereby reducing chances for corruption. In other words, if you think things are going pretty well, you oppose an elected mayor. If you think the city's screwed up, you favor it.

The current system has endured since 1923, in spite of repeated attempts to eliminate it. Voters refused to support an elected

mayor in referenda in 1970 and 1975. In 1986, a charter commission shot down the idea. In 1993, the council wouldn't buy it. Nevertheless, mayoral supporters keep trying.

The latest effort is the brainchild of Councilor Tom Kane. Kane is sponsoring the proposal to create a charter commission composed of six elected members and three members appointed by the city council. The commission would have a year to decide what changes should be made in Portland's basic laws. Any alterations approved by the commission would then go back to voters for ratification.

"It's like a constitutional convention," said Kane. "You can't limit debate to just the mayor issue. That's scary to some people." (Among the proposals a commission would likely consider are one to have all councilors elected at-large, another to institute council term limits and a third to slap a cap on city tax collections. None of these ideas gets a warm reception from most councilors.)

Kane favors a strong mayor with lots more power than the current position, but he's never detailed exactly how much authority he thinks should be shifted to the office. That transfer of power is the key issue for many councilors who fear creating a strong mayor with increased authority over city operations will cause City Manager Bob Ganley to make good on his threat to quit. That's another crucial point, since a majority of the council would oppose any plan that might cost the city Ganley's services.

"There's a delicate balance with the city manager," said Councilor Peter Rickett. "Because of that, right now, we have a weak mayor, like Prince Charles going to ribbon cuttings. I'd prefer to see a stronger mayor who's elected with the responsibility and authority to get his or her vision for the city carried out."

Other councilors favor a mayor who operates only in areas where Ganley is reluctant to tread. "The city manager has never been comfortable lobbying the Legislature or trying to build political alliances with other municipalities," said City Councilor George Campbell. "That's not a job for Bob Ganley. We need a stronger mayor who can represent us externally."

Current Mayor Jack Dawson agreed with the city's need for a full-time lobbyist. "We are weak in our representation in Augusta and Washington," Dawson said. "Neither I nor my predecessors have had time to get a grip on that. We need to give an individual the time to represent the city the way it needs to be represented."

Council opposition to an elected mayor is fueled by a fear the expanded office might become so politically influential, it would eclipse the regular councilors. "Right now, I'm accountable to my constituents," said Councilor Leeman. "I'm not accountable to the mayor or the city manager. [An

**If you think things are going pretty well, you oppose an elected mayor. If you think the city's screwed up, you favor it.**

elected mayor] actually takes power away from the people. It brings back good-old-boy, back-room politics."

"It doesn't give us any certainty we're going to find better leadership or better policies," said Councilor Delogu. "We're better off with the diverse perspectives nine councilors bring."

Such concerns get the brush-off from supporters of a strong mayor, such as Councilor Charlie Harlow. "The worst thing that could happen if we approve a charter commission is the people will vote on changes they think are needed in the city of Portland," Harlow said. "It's ridiculous [councilors] would not at least be open to a vote."

Ridiculous or not, the council is split several ways on the issue. Leeman, Delogu and Paulson are firmly opposed to taking

any action. Kane and Harlow are willing to buy almost any scheme to strengthen the mayor's office. McDonough and Rickett will vote for the charter commission, but have reservations about how much power the mayor should have. Dawson has similar problems, but will vote the opposite way. As for Councilor George Campbell, "I'd tend to support it, but I'm not going to buy a pig in a poke." If that means "yes," the charter commission will be approved 5-4. If it means "no," it goes down by the same vote.

With a council composed of more factions than Bosnia, Kane may be having second thoughts. After a council workshop on Nov. 27, he said he's considering delaying the vote on the charter commission until there's more consensus and less confusion.

Might be a long wait.

## weirds

If things seem dull in Portland, maybe it's because we don't have an elected mayor. In Maracay, Venezuela, mayoral candidate Pedro Mosqueda announced he'd prove he was "capable of dying for Maracay" by bungee-jumping out of a helicopter flying at 60 miles per hour. Mosqueda, the leader of a political party called the "Justice Patrol," said the stunt would make him the first candidate in the world to bungee-jump from a helicopter, and would show he had the intestinal fortitude necessary to be mayor. Are you listening, Mayor Dawson?

Portland police recorded their first potato gun incident on Nov. 26. James Piper of Mechanic Falls was arrested and charged with terrorizing after he allegedly fired a homemade potato gun off a balcony on Riverside Street. The gun, consisting of a plastic pipe loaded with a spud, was described by police as "dangerous." No casualties were reported.

Police in Eagle Lake, Fla., population 1,900, arrested city council candidate Walter Allen Young, 65, and accused him of trying to bug city offices to gather dirt on city leaders and hiring a prostitute to seduce the mayor so he could take over the position. To help with the scheme, Young and a colleague reportedly recruited an officer they thought was crooked, offering to make him chief of police. Instead, the officer told the police chief. "It's bizarre in any scale of politics," said Mayor Marty Kellner, "but it becomes even more so because this is such a small city."

Battling for the Democratic nomination in the race to succeed Sen. Bob Packwood, R-Ore., Rep. Peter DeFazio accused an opponent, Rep. Ron Wyden, of running over a dog 20 years ago. Wyden acknowledged the deed, explaining, "I felt really bad about it and still remember it to this day." He added: "It's kind of hard to see what this has to do with running for the U.S. Senate."

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**Some of what the Production Department listened to while getting this week's paper out:**

Donna Summer, "On the Radio"  
Ymox, "Twist of Shadows"  
Pizzicato Five, "Made in USA"  
Crystal Waters, "Storyteller"  
Happy Rhodes, "Warpaint"

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## Jagged little pill

Maine Won't Discriminate (MWD) is having a tough time swallowing its own campaign rhetoric. MWD defeated Concerned Maine Families' anti-gay initiative earlier this month by convincing conservative voters the measure would reduce local control by forbidding cities and towns from enacting civil rights ordinances. That poison pill is now causing severe gastric distress among the folks who created it.

Most MWD members support passing a statewide law making sexual orientation part of the Maine Human Rights Act. It could be argued that such a law reduces local control

### politics and other mistakes



■ AL DIAMON

by forcing municipalities to stop discriminating, even if, as in Lewiston, the population has voted overwhelmingly to keep right on doing so. It could also be argued that for MWD to push hard for a state law smacks of hypocrisy and

weakens the organization's chances of using the local control argument against any future referendum assaults by the religious right. Of course, there's also a deeper issue at stake. Gay men and lesbians face discrimination every day, and outside of Portland and Long Island, the two municipalities with local ordinances, it's perfectly legal. People can be fired from their jobs, kicked out of their apartments and refused entry to shops or access to services on the mere suspicion they're homosexual. "There's a principle here," said an MWD activist, "that a minority that's facing bigotry should be protected by legislative action."

There's also a political reality here. An anti-discrimination bill probably can't pass right now. While such a measure enjoys overwhelming support in the state Senate, it appears to be losing ground in the House. And unlike 1992, when effective lobbying turned more than a dozen state representatives around to support the bill, the opposition is now more entrenched. "Gay rights groups have a big problem in the House," said state Senate President Jeff Butland. "That's a very conservative group over there, and local control will be a big issue for them, where it hasn't been in the past."

In a Nov. 16 memo to board members of the Maine Lesbian Gay Political Alliance, the group's president, Karen Geraghty, takes a similar view. "There is no way we can get a bill passed in the Legislature this year," Geraghty writes. "We have lost some very important votes for our bill based on the mess [sic] of local control and govt. interference."

Even if the bill should survive the House, be signed by the governor and find itself on the brink of becoming law, its political health

would be a grave concern. The Christian Civic League is prepared to launch a petition drive to collect the 52,000 signatures needed to force the measure out to referendum. MWD insiders know what their polling and focus group data show would happen if such a vote were held today: They'd lose by a margin of at least 20 percentage points. Such a loss would eliminate for at least a decade any chance the Legislature would consider a civil rights bill.

All of which leaves gay rights forces in an unusual position. They won the referendum. The religious right is in disarray. They have solid support from the Senate and the governor. And they can't capitalize on the situation. Pass the aspirin.

That medication must be having a numbing effect on their brains, because there's a clear path out of this quagmire. The only problem is, it'll be almost as difficult as the just-concluded campaign. The obvious next step is to launch an all-out effort to pass local gay rights laws in as many cities and towns as possible.

This strategy has a lot of advantages. It shoves the local control issue right down the throats of the religious right. Since each municipality would decide the issue for itself, this campaign would be entirely consistent with the message put forward by MWD.

It helps dispel the illusion that gay rights is a "Portland problem." If a dozen towns across the state had anti-discrimination laws, the Christian Civic League and Concerned Maine Families wouldn't be able to claim the issue was a matter of big city immorality.

It builds real grassroots support for a state law. If lots of towns around Maine endorse civil rights, it will eventually make it easier to convince the Legislature. It will also make it a lot more likely a state law would survive a referendum to repeal it.

It puts the religious right on the defensive. As many commentators have pointed out, MWD won this election, but didn't actually accomplish anything that improved the lives of gay men and lesbians. That's the trouble with playing defense. By proposing local ordinances, the pressure to maintain the status quo would be transferred to the opposition.

There are lots of municipalities where support for gay rights is strong enough to pass a civil rights ordinance and defeat repeal efforts. The mid-coast area, the Augusta suburbs, the western Maine hippie belt and several college towns are all likely prospects.

In spite of all these advantages, MWD is unlikely to agree to such a prescription. "I'd never advocate for that," said a member of the group's board. "Local ordinances are too draining on the [gay] community. Anyway, that's a tactic of the religious right."

Talk about tough going down.

If your elected officials are pills, grab your tablet, put your comments in capsule form and send them to this column, care of Casco Bay Weekly, 561 Congress St., Portland, ME 04101. Or give us a dose of reality by calling the pharmaceutical phone at 775-6601.

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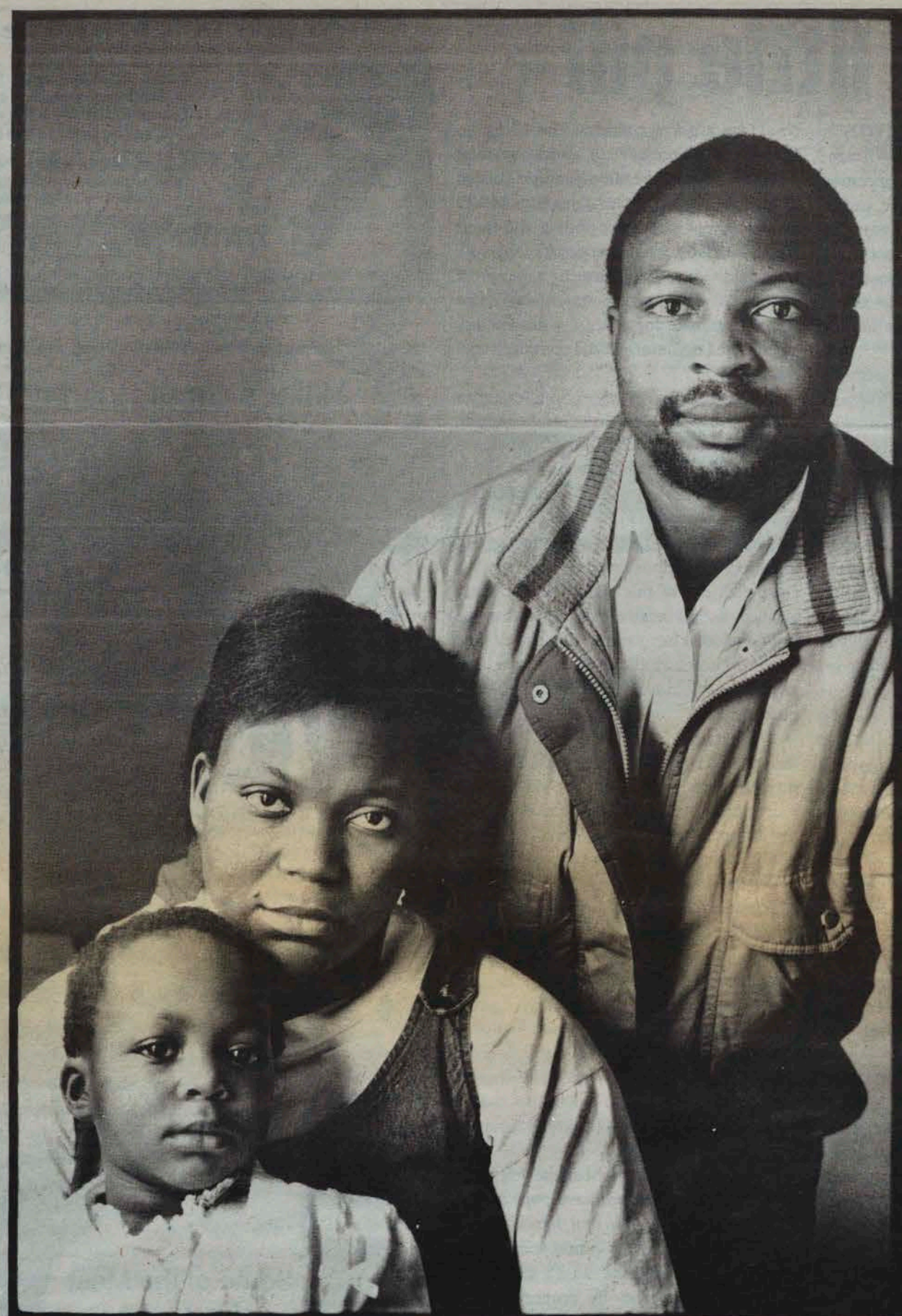
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For Georges Kabongo, the separation from his wife, Antoinette, and daughter, Daniella, was terrifying. "I was feeling dead when I first arrived in the camp," Georges says.

PHOTOS/  
COLIN MALAKIE

## LOST IN TRANSLATION

■ CHRISTOPHER BARRY

Georges Kabongo Mubalamate, his wife, Antoinette, and his three-year-old daughter, Daniella, came to the United States four months ago.

The Kabongos never dreamed they'd be living on Sherman Street in Portland's Parkside neighborhood. Born and raised in Zaire, Georges studied medicine at the University of Lubumbashi while Antoinette was enrolled in nursing school. But early in 1993, eight months before he was to graduate, he discovered his government intended to kill him. So he fled his homeland. Almost three years later, after living in several

refugee camps, Georges works cleaning offices at various UNUM buildings around Greater Portland. His dream of becoming a doctor seems very far away.

The Refugee Resettlement Program (RRP) brought the Kabongos to Portland from a camp in Zambia. "We settle refugees selected by the U.S. government," explains RRP director David Agan. "We assist them ... by providing caseworker services for six months." Refugees, many of whom can't speak English, are on their own after six months.

Since 1975, almost 4,000 refugees have come to Portland via the RRP, a program run by Catholic Charities Maine. Portland's

refugees come from all over the globe. They are fleeing civil wars, genocide and persecution—both religious and political. In the '70s came the Vietnamese and Cambodians. Afghans, Africans, Middle Easterners and Eastern Europeans followed in the '80s and '90s. All told, refugees from 25 nations have been resettled in Maine, one of the whitest, most homogenous states in the nation.

The United Nations defines a refugee as someone forced to leave his or her homeland due to a well-founded fear of persecution. Worldwide, 20 million people qualify as refugees. That doesn't include

those fleeing natural disasters and those displaced within their own countries.

Between October of 1994 and October 1995, 227 refugees came to Portland. In just six months, from April to September of this year, 170 refugees arrived. Since 1975, an average of 200 refugees were resettled each year. RRP estimates that 178 refugees will come to Portland in 1996. Approximately 120 more refugees are expected to follow in 1997.

This year's refugees come from the nations in yesterday's headlines: Rwanda, the former Soviet Union, Bosnia, Somalia, Cuba and Sudan, to name a few. Many are former political prisoners or victims of

torture. Refugees like the Kabongos fled to the United States not knowing if other family members were alive or dead. These people aren't just moving to a new city, they're starting their lives over—sometimes after surviving events the average American can barely imagine.

### First, you work

Portland can be a hard place for refugees. Many live in substandard housing in the city's worst neighborhoods. For most, life in Portland is strange, the people peculiar and the climate unfriendly. Some have untreated medical problems, both physical and psychological. Very few speak English when they arrive, and while RRP refers refugees to area English classes, many of them don't make it to school. That's because they're busy working—often at low-paying, temporary jobs. Most are employed soon after they move to Portland. That's RRP's mandate.

"A lot of our work is around job development and promoting early economic self-sufficiency," explains RRP director Agan. Back in the refugee camps, he says, people agree to take a job soon after arrival. That's one condition of being admitted to the U.S.

But many refugees interviewed for this story say they were promised both language and job training. And they didn't realize they would be pushed into employment so quickly. Within six months of arriving in Portland, 83 percent of Portland's employable refugees have jobs. (While that may seem high, it's several points lower than the national average for Catholic resettlement agencies.) Agan admits most are placed in temp jobs at first, but he defends the average refugee wage—\$5.44 an hour. "It's more than they would get on welfare," he says.

Refugees arrive in Portland penniless. Then, within a few months of arrival, they must repay the government for their airfare to the U.S. To help get them on their feet, new arrivals are eligible for eight months' worth of Refugee Cash Assistance (RCA). The federally funded refugee equivalent of Aid to Families with Dependent Children (AFDC), RCA is administered locally by Maine's Department of Human Services (DHS). When refugees get jobs, their RCA is stopped. The RRP notifies DHS and refugees are removed from benefits programs, though they can still receive food stamps if they qualify.

Understandably, new arrivals sometimes don't fully understand the alphabet soup of benefit programs. One Iranian man, for instance, was laid off by a temp agency. He didn't realize he needed to reapply for benefits—no one at the temp agency told him. So when his rent came due, he was nearly evicted from his apartment because he didn't have any money.

And while the RRP understands benefit programs, others who service refugees sometimes don't. Portland's director of human services, Bob Duranleau, wrote a memo to his staff stating refugees were eligible for benefits for a year. Others interviewed for this story thought benefits lasted for only four months.

Some refugees participate in a program that pays more money, but for a shorter time, than RCA. The RRP offers "match grants" to refugees with "fewer barriers to employment," Agan says, meaning young, healthy refugees, either single or those with small families. After four months, if a match grant recipient is still jobless, monthly payments revert to lower RCA levels. After eight months, if a refugee is still unemployed, federal aid stops. Then refugees are forced to apply for general assistance from the city.

The precarious nature of refugee benefits is one reason Agan believes in finding refugees jobs early on. "We don't live in a country that's very positive about immigrants," he says. "And [we're] not very positive about spending money on the welfare of anybody." The sooner refugees are employed, Agan contends, the fewer taxpayer dollars are spent on assistance. That means more refugees and the continued viability of resettlement programs like RRP.

Mary Stamatel sees it differently. "People need to be able to receive benefits for a longer period," she says. Stamatel teaches English as a Second Language (ESL) at Portland Adult Ed and USM. Back in the '70s, refugees were eligible for up to three years of financial assistance, but during the Reagan and Bush administrations, funding was cut to provide only eight months of assistance. That's not long enough, she contends.

At first, refugees are happy to be alive and to have escaped to America. "When you're dealing with refugees and culture shock, frequently you'll find people in euphoria for nine months," Stamatel says. Then reality sets in—poverty, substandard housing in bad neighborhoods and awful jobs. If people could make full use of their benefits, rather than entering the job market so quickly, Stamatel says, they might learn English faster. As it is, new arrivals are forced to squeeze ESL classes around job and family. "Language meshes with culture," she says. When ESL students learn the two together, they become members of the community faster.

It's the same for refugee children. In Carol Dayn's 3rd- and 4th-grade ESL class at the Reiche School, language and life skills are combined. On a recent Friday, the class baked bread as part of a lesson about Thanksgiving. They had read a story about a boy coming to America for "wheat bread and butter." So they made wheat bread and ate it warm from the oven just before lunch.

"Food is universal," Dayn explains, and it helps her students learn the lesson. "That's how we cross barriers."

Many barriers exist. Dayn remembers a little Afghan girl who tried to take her chair and books home. "Where she came from," Dayn says, "that's probably what they had to do." Refugees, both children and adults, have much to deal with besides adjusting to the culture and language. When the school recently had a fire drill, a little girl from war-torn Bosnia shook and cried uncontrollably. Dayn held her for minutes until she calmed down. "Many of them left violence and war in their

country," she says. "It's hard enough for them just to deal with what they're escaping."

### Flight from Zaire

Zaire's strong-arm dictator, President Mobutu Sese Seko, has ruled the central African country since 1965. Until 1990, Mobutu's ruling party was Zaire's lone political party. Mobutu doesn't understand democracy. That's what Georges Kabongo says, and other Zaireans agree.

But now many other groups are active politically, and most accuse Mobutu of attempting to thwart the democratic process. Before he fled his country, Georges and some of his compatriots tried to explain democracy to Zairean villagers. The ruling party was expected to bribe villagers for votes, as it had done in the past. "We told people," Georges says, "If the government came with their money, take the money because you are poor. But you are not obligated to vote for them ... because the ones who corrupt you are not the right people as leaders." (In December 1993, elections were suspended by Mobutu's chief of staff.)

**"Refugees come with these wonderful expectations that this is the land of milk and honey, and that they're going have good education, good jobs and wonderful places to live. That's not reality."**

— Gloria Dugan,  
executive director,  
Catholic Charities  
Maine

The government targeted Georges specifically because he penned a pro-democracy booklet called "Light on Our Elections." The government's action was a surprise because he had received permission to publish his work from Mobutu's censors. Then soldiers came to his house.

"I ran away from my country," he says. He was forced to leave his wife and month-old daughter behind. "I couldn't take them with me," he says. "I lost my family and my manuscript, but I kept my life."

Georges escaped to Lusaka, the capital of bordering Zambia, and explained his situation to the United Nations High Commissioner for Refugees (UNHCR). The UNHCR conducted an investigation. A month later they told him his safety could not be guaranteed in Lusaka. Many Zaireans—who might try to kill him—lived in the capital. He was sent to a refugee camp in the Zambian bush.

Meanwhile, back in Zaire, the governor of Shaba, the Kabongos' province, sent soldiers after Georges' manuscript—and Antoinette and Daniella. The mother and

daughter went into hiding, far away from their home. "It was a very bad life," Antoinette remembers. "[The soldiers] were looking for me when they didn't find him. I was obliged to run away."

For Georges, the separation from his wife and baby was terrifying. "I was feeling dead when I first arrived in the camp," Georges says. He missed his family, his medical school, his political work and his homeland. His state of mind worsened with the poor camp conditions. But Georges was trained as a doctor and put his skills to use. He developed a sanitary program for the refugees and presented it to a camp official. The understaffed camp welcomed his help. Acting as a camp medical officer, Georges began treating the refugees, mostly Mozambicans, for malaria and other tropical diseases. "I felt I was living again," he says.

The next couple of years were tough. The first camp closed a year after Georges' arrival when the Mozambicans were repatriated. Then he was sent to another camp in Zambia, populated mostly by Angolans who'd been living as refugees for almost 20 years. He continued his role as a medical officer, delivering children and treating illnesses. Six months later, Antoinette arrived in Zambia and the Kabongos were joyfully reunited. They were moved to another camp within Zambia. In March 1995, Georges was called to meet with immigration officials from the U.S. embassy in Zambia.

"That day was a very good day for us," he says. Concerns for his safety had led to the Kabongos being identified as one of only five families from the camp eligible for resettlement in the United States. While refugees can express preference for countries, they have no say in what region or city. "We were told we were going to Portland, Maine," he says.

After filling out reams of paperwork and waiting several months, the Kabongos boarded a plane in Lusaka. Via South Africa and Amsterdam, they flew across the Atlantic for New York.

On the evening of July 10, 1995, the Kabongos arrived at the Portland Jetport. "We were very tired," Georges says. They spent their first night in America at the Coastline Inn by the Maine Mall. After flying halfway across the world to a new life, the Kabongos were alone, nervous and confused. Everything, from food to clothing, was very different. They didn't know what to make of their first meal—microwave TV dinners. But they were safe, and they hoped for the best.

### Landing in Portland

The agency that the Kabongos looked to for help has been having some problems dealing with the unexpected numbers of refugees and reduced funding. In early November, director David Agan took a 10-day leave of absence while Catholic Charities Maine completed a review of the RRP. Refugees and their advocates complained the RRP wasn't handling housing, jobs and education for refugees properly. The investigation is complete and Agan is

CONTINUED ON NEXT PAGE



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## Self-help for refugees

*Life is hard for refugees, but they want to make a difference for each other*

Seven Sudanese refugees live in a three-bedroom apartment on Wilmot Street. The building isn't great, and neither is the apartment. The family — a mother, her five children and her teenage brother — came to Portland from a refugee camp in Kenya seven months ago. They fled Sudan two years earlier.

The American media rarely mentions the situation in Sudan, Africa's largest nation. But for several years, civil war between the fundamentalist Muslim government and Christian rebels has ripped the country. Government forces have had the upper hand, forcing hundreds of thousands of people to seek refuge in Kenya and Uganda.

The father of the Wilmot Street family — a customs officer — never made it to America. He was killed by government soldiers. The mother was thrown from a truck four times by soldiers, injuring her back and leg seriously enough to warrant surgery at Maine Medical Center. But her injuries didn't stop her from leading her children and brother to safety, walking hundreds of miles over the course of a year to escape the horrors of war.

Now, with all the kids in school except the youngest, the family is trying to adapt to life in Portland. The mother speaks a little English (she learned it back in Sudan). The older kids speak English slowly but well. They're not looking forward to the winter, they say. They've never seen snow, and on a recent mild November day, the kids were bundled in jackets, sweaters and hats. The family needs more winter clothing. And blankets. And bikes for the kids.

Because of her injuries, the mother will probably never become part of the work force here. She'd like to learn more English, but she's recovering from surgery and can't make it to class. During the day, she takes care of her daughter. Once school gets out, she has to deal with the other kids and prepare dinner.

Money is very tight for this family. Rent for the apartment is \$650 a month plus utilities. The family receives about \$829 a month in Refugee Cash Assistance (RCA) plus food stamps. And that makes for a lean budget. After paying rent and utilities, the family has a little over \$100 to spend on seven people each month. Laundry, toiletries and bus fare take a big chunk out of the monthly budget.

Stories like this one make refugee advocates like Reza Jalali angry. "We have families going for days with very little food after their food stamps run out," he says. "Refugees don't understand they can get help. It hasn't been made clear to them."

Jalali, an Iranian Kurd who came here in 1985, and other refugees who have adapted to life in Portland want to help families like this one. (For Jalali's story, see page 14.)

"After the 'Diversity March' and 'One World Day' earlier this year, several members of the minority community decided to get together," Jalali says. "We talked about what was happening in the refugee community." And the Ethnic Minority Coalition (EMC) was born.

"Call us crazy, call us dreamers," he says, "but we want to do something to change the way refugees are [resettled]." The EMC has been meeting about twice a month. They're applying for non-profit status. They've drafted goals and a fundraising plan that calls for seeking support from the city, private businesses and local colleges.

By June of 1996, the EMC wants to open a consumer-oriented, community-based outreach program, similar to what the Preble Street Resource Center offers to Portland's homeless and poor. In addition to explaining benefits, helping with housing and providing job placement, the EMC plans to offer therapy for torture victims and those traumatized by war and violence. The EMC also wants to start something similar to "The Center For Victims of Torture" in Minneapolis. At the Minnesota clinic, refugees receive general medical exams and undergo therapy, both psychological and physiological, for little or no cost. No such services are available in Portland now.

"Refugees need dignity, not charity, after the horrors of war," Jalali contends.

And refugees need cultural readjustment to become part of the community. The EMC is planning a program that would have volunteers help refugees set up bank accounts, learn how the post office works and take driving lessons and tests, among other things. Translation services, job training and English as a Second Language tutoring are also part of the plan. Refugees would learn how to deal with confusing American traditions, and how to avoid being victimized by unscrupulous people. Postal scams and 1-900-number contests, for example, find an easy target in refugees.

The EMC wants to act as a clearinghouse, ensuring that the programs refugees need are available and that services are not duplicated. Refugee Resettlement Program (RRP) caseworkers aren't social workers, Jalali says, and are overworked and overly concerned with placing refugees in jobs.

Eventually, Jalali thinks the EMC could replace RRP as the primary provider of refugee services. RRP director David Agan had no comment.

"There's mistrust between care providers and the refugees," Jalali says. "There needs to be a relationship. We're importing cheap labor, only to channel refugees into food-processing jobs and cleaning offices. We're not taking care of their other needs."

CHRISTOPHER BARRY



Slobodan and Ljubica Forkapic (back, l-r) fled Sarajevo in 1992 with their children, Sonja and Vladimir. They left with nothing but their lives.

## LOST IN TRANSLATION

CONTINUED FROM PAGE 9

back at work. His boss, Gloria Dugan, executive director of Catholic Charities Maine, says leaves of absence are standard for directors while the agency conducts reviews of their programs.

What did Catholic Charities discover? "I think the community expects RRP to do a lot more," Dugan says. "The community and refugees come with these wonderful expectations that this is the land of milk and honey and that they're going to have good education, good jobs and wonderful places to live. That's not reality."

Instead, reality for refugees is running around the city with their caseworkers, filling out benefit forms in a language they can't read. And seeing things they've never seen before, like Shop 'n Save. But because of the recent influx of people from Africa and Asia, some things are familiar. Shop 'n Save now stocks foodstuffs from around the world. Georges was glad to find vegetables he recognized. Now he and his family could eat.

After 20 days at the Coastline Inn, the family moved into their present apartment on Sherman Street, which RRP helped them find. The neighborhood, where drug dealers and prostitutes are not uncommon, isn't the best place to live. Still, Agan defends such placements. "All the housing meets city code," he says. Refugees have limited cash and these apartments are all they can afford, Agan says. And, he adds, compared to inner cities across the nation, Sherman Street is pretty great.

Refugees are also taken to see a public health nurse for a medical screening; those with medical problems get appointments

at Maine Med's International Clinic, where translating services are available. A couple of days after the Kabongos arrival, Daniella became ill. They took her to the emergency room and she was admitted to the hospital. After some blood tests, doctors diagnosed a viral infection. Georges, who has lots of experience with tropical diseases, disagreed. He suspected malaria. More tests proved he was right.

**"One of the things refugees have to face is being poor in the United States."**

**— David Agan, director, Refugee Resettlement Program**

With his medical background, Georges could become an asset to Portland's refugee and medical community. If he worked in a hospital, rather than cleaning offices, he'd learn about American medicine and get practical experience. He wouldn't be a doctor, but it would help him if he goes back to school. He recently spoke with a dean from the University of New England's medical school. When his English gets better, he was told, he might be able to attend.

But Georges has only attended four ESL classes in the four months he's been here. That's because, within a month of his arrival, Georges became part of the

workforce. Like most refugees, his first job came through a temp agency. After his caseworker dropped him off at Springborn Staffing Services, he filled out an application with help from a clerk. He was abandoned by the RRP, he feels, and he didn't understand the process. He was hired to work on the assembly line at IDEXX, a Westbrook biotech firm. Six weeks later, he was laid off. Disappointed and frantic — a second baby is due in December — he went out and looked for work on his own. He was successful. A local janitorial company hired him to clean UNUM offices.

While he's glad to have a job and praises his bosses, he isn't satisfied. But a better job will only come with better language skills. He works nights and tends Daniella while Antoinette attends morning ESL classes. She is learning English so she can become a nurse. So Georges makes time to teach himself English from a book.

Two things would make their lives easier: If Georges had the time to take ESL classes and if the family had a car. Buses don't run late at night and if Georges can't hitch a ride with a co-worker, he's forced to take a taxi to work. Cab fare is \$8. He earns \$6 an hour.

"One of the things refugees have to face is being poor in the United States," Agan says. He admits language is a major obstacle to getting a good job. "Just for starters that makes it tough on them. It's unfortunate." But he still believes in promoting employment first and foremost.

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**Self-help for refugees**

*Life is hard for refugees, but they want to make a difference for each other*

Seven Sudanese refugees live in a three-bedroom apartment on Wilmot Street. The building isn't great, and neither is the apartment. The family — a mother, her five children and her teenage brother — came to Portland from a refugee camp in Kenya seven months ago. They fled Sudan two years earlier.

The American media rarely mentions the situation in Sudan, Africa's largest nation. But for several years, civil war between the fundamentalist Muslim government and Christian rebels has ripped the country. Government forces have had the upper hand, forcing hundreds of thousands of people to seek refuge in Kenya and Uganda.

The father of the Wilmot Street family — a customs officer — never made it to America. He was killed by government soldiers. The mother was thrown from a truck four times by soldiers, injuring her back and leg seriously enough to warrant surgery at Maine Medical Center. But her injuries didn't stop her from leading her children and brother to safety, walking hundreds of miles over the course of a year to escape the horrors of war.

Now, with all the kids in school except the youngest, the family is trying to adapt to life in Portland. The mother speaks a little English (she learned it back in Sudan). The older kids speak English slowly but well. They're not looking forward to the winter, they say. They've never seen snow, and on a recent mild November day, the kids were bundled in jackets, sweaters and hats. The family needs more winter clothing. And blankets. And bikes for the kids.

Because of her injuries, the mother will probably never become part of the work force here. She'd like to learn more English, but she's recovering from surgery and can't make it to class. During the day, she takes care of her daughter. Once school gets out, she has to deal with the other kids and prepare dinner.

Money is very tight for this family. Rent for the apartment is \$650 a month plus utilities. The family receives about \$829 a month in Refugee Cash Assistance (RCA) plus food stamps. And that makes for a lean budget. After paying rent and utilities, the family has a little over \$100 to spend on seven people each month. Laundry, toiletries and bus fare take a big chunk out of the monthly budget.

Stories like this one make refugee advocates like Reza Jalali angry. "We have families going for days with very little food after their food stamps run out," he says. "Refugees don't understand they can get help. It hasn't been made clear to them."

Jalali, an Iranian Kurd who came here in 1985, and other refugees who have adapted to life in Portland want to help families like this one. (For Jalali's story, see page 14.)

CHRISTOPHER BARRY

"After the 'Diversity March' and 'One World Day' earlier this year, several members of the minority community decided to get together," Jalali says. "We talked about what was happening in the refugee community." And the Ethnic Minority Coalition (EMC) was born.

"Call us crazy, call us dreamers," he says, "but we want to do something to change the way refugees are [resettled]." The EMC has been meeting about twice a month. They're applying for non-profit status. They've drafted goals and a fundraising plan that calls for seeking support from the city, private businesses and local colleges.

By June of 1996, the EMC wants to open a consumer-oriented, community-based outreach program, similar to what the Preble Street Resource Center offers to Portland's homeless and poor. In addition to explaining benefits, helping with housing and providing job placement, the EMC plans to offer therapy for torture victims and those traumatized by war and violence. The EMC also wants to start something similar to "The Center For Victims of Torture" in Minneapolis. At the Minnesota clinic, refugees receive general medical exams and undergo therapy, both psychological and physiological, for little or no cost. No such services are available in Portland now.

"Refugees need dignity, not charity, after the horrors of war," Jalali contends.

And refugees need cultural readjustment to become part of the community. The EMC is planning a program that would have volunteers help refugees set up bank accounts, learn how the post office works and take driving lessons and tests, among other things. Translation services, job training and English as a Second Language tutoring are also part of the plan. Refugees would learn how to deal with confusing American traditions, and how to avoid being victimized by unscrupulous people. Postal scams and 1-900-number contests, for example, find an easy target in refugees.

The EMC wants to act as a clearing-house, ensuring that the programs refugees need are available and that services are not duplicated. Refugee Resettlement Program (RRP) caseworkers aren't social workers, Jalali says, and are overworked and overly concerned with placing refugees in jobs.

Eventually, Jalali thinks the EMC could replace RRP as the primary provider of refugee services. RRP director David Agan had no comment.

"There's mistrust between care providers and the refugees," Jalali says. "There needs to be a relationship. We're importing cheap labor, only to channel refugees into food-processing jobs and cleaning offices. We're not taking care of their other needs."



Slobodan and Ljubica Forkapic (back, l-r) fled Sarajevo in 1992 with their children, Sonja and Vladimir. They left with nothing but their lives.

**LOST IN TRANSLATION**

CONTINUED FROM PAGE 9

back at work. His boss, Gloria Dugan, executive director of Catholic Charities Maine, says leaves of absence are standard for directors while the agency conducts reviews of their programs.

What did Catholic Charities discover? "I think the community expects RRP to do a lot more," Dugan says. "The community and refugees come with these wonderful expectations that this is the land of milk and honey and that they're going to have good education, good jobs and wonderful places to live. That's not reality."

Instead, reality for refugees is running around the city with their caseworkers, filling out benefit forms in a language they can't read. And seeing things they've never seen before, like Shop 'n Save. But because of the recent influx of people from Africa and Asia, some things are familiar. Shop 'n Save now stocks foodstuffs from around the world. Georges was glad to find vegetables he recognized. Now he and his family could eat.

After 20 days at the Coastline Inn, the family moved into their present apartment on Sherman Street, which RRP helped them find. The neighborhood, where drug dealers and prostitutes are not uncommon, isn't the best place to live. Still, Agan defends such placements. "All the housing meets city code," he says. Refugees have limited cash and these apartments are all they can afford, Agan says. And, he adds, compared to inner cities across the nation, Sherman Street is pretty great.

Refugees are also taken to see a public health nurse for a medical screening; those with medical problems get appointments

at Maine Med's International Clinic, where translating services are available. A couple of days after the Kabongos arrival, Daniella became ill. They took her to the emergency room and she was admitted to the hospital. After some blood tests, doctors diagnosed a viral infection. Georges, who has lots of experience with tropical diseases, disagreed. He suspected malaria. More tests proved he was right.

**"One of the things refugees have to face is being poor in the United States."**

**— David Agan, director, Refugee Resettlement Program**

With his medical background, Georges could become an asset to Portland's refugee and medical community. If he worked in a hospital, rather than cleaning offices, he'd learn about American medicine and get practical experience. He wouldn't be a doctor, but it would help him if he goes back to school. He recently spoke with a dean from the University of New England's medical school. When his English gets better, he was told, he might be able to attend.

But Georges has only attended four ESL classes in the four months he's been here. That's because, within a month of his arrival, Georges became part of the

workforce. Like most refugees, his first job came through a temp agency. After his caseworker dropped him off at Springborn Staffing Services, he filled out an application with help from a clerk. He was abandoned by the RRP, he feels, and he didn't understand the process. He was hired to work on the assembly line at IDEXX, a Westbrook biotech firm. Six weeks later, he was laid off. Disappointed and frantic — a second baby is due in December — he went out and looked for work on his own. He was successful. A local janitorial company hired him to clean UNUM offices.

While he's glad to have a job and praises his bosses, he isn't satisfied. But a better job will only come with better language skills. He works nights and tends Daniella while Antoinette attends morning ESL classes. She is learning English so she can become a nurse. So Georges makes time to teach himself English from a book.

Two things would make their lives easier: If Georges had the time to take ESL classes and if the family had a car. Buses don't run late at night and if Georges can't hitch a ride with a co-worker, he's forced to take a taxi to work. Cab fare is \$8. He earns \$6 an hour.

"One of the things refugees have to face is being poor in the United States," Agan says. He admits language is a major obstacle to getting a good job. "Just for starters that makes it tough on them. It's unfortunate." But he still believes in promoting employment first and foremost.

CONTINUED ON NEXT PAGE

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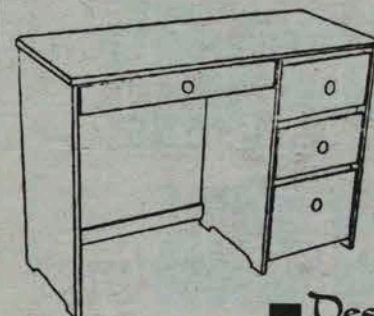


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## LOST IN TRANSLATION

CONTINUED FROM PREVIOUS PAGE

### Casualties of war

Since 1993, almost 100 Bosnians have come to Portland. The Forkapic family, who live on Munjoy Hill, arrived in October 1994. Ljubica was a teacher in Sarajevo and now works as a language facilitator at Portland High School. Her husband, Slobodan, who was an architect and city planner in Sarajevo, works on the production line at Barber Foods.

In May 1992 fierce fighting broke out in the streets of Sarajevo. Ljubica and her two children, Sonja and Vladimir, were away from the city visiting friends. They haven't been home since. They lost everything. "Even my wedding ring," Ljubica says. "We had a nice life in Sarajevo [before the war]. It's just important that we saved our lives."

When the fighting started, Slobodan was still in Sarajevo. "It was hell," he remembers. He was thrown in jail for 20 days and beaten daily. He was one of the lucky ones. Just in time to catch the last bus out of Sarajevo, he was freed in a prisoner exchange.

Six months later, the family was reunited in Belgrade. "We lived poor for two years," Ljubica remembers.

They've adapted to Portland fairly well. Ljubica has a good job now, though she did work on the line at Barber Foods for eight months. Sonja is taking ESL classes at USM and plans to attend Casco Bay College next year. Vladimir is a freshman at Maine Maritime Academy.

Slobodan is glad he has a job, but he doesn't like working at Barber Foods. "But for me," he says slowly, "it's important that the children are in college and that my wife has a better job."

Like other refugees, Slobodan feels he was forced to take a job too soon. Within the first couple of months, he was hired as a temp at Barber Foods, making \$5 an hour. After three months, he became full time. Now he is paid \$7.50 an hour. He's hoping for a better job soon.

"It's very hard work," he says. "But I don't mind working." He just wishes he had more time to learn English. Rudimentary ESL classes are offered at Barber Foods, but the workplace is not conducive to conversational practice. "You can't hear anything because of the noise," he says.

The Forkapic and Kabongo stories and complaints were echoed by other refugees from Bosnia, Iraqi, Iran and Sudan.

### Making It in America

"Many immigrants are able to do very well here," Agan says. "Especially if there are two or three breadwinners in the family. That's not the norm, but some people have been able to do it."

Dugan, the director of Catholic Charities, admits some aspects of the RRP, such as the cultural orientation program, could be improved. And Agan wishes the RRP could offer more services. But staff and funding cuts limit what the agency can do, he says.

The flow of refugees will slow over the next couple of years. RRP estimates 178 new arrivals in 1996 and 120 more in 1997, as the U.S. reduces the number of refugees granted admittance.

And for the RRP to stay alive in Newt's America, job placement remains a priority. The political atmosphere has resettlement agencies fighting over refugees — and the scarce federal dollars they represent. "If the program and the refugees together aren't successful in becoming economically self-sufficient early on," Agan says, "eventually...[some] refugees won't come to Portland anymore. We were told by the U.S. Catholic Conference [which oversees Catholic resettlement programs] that there will be heavier and heavier competition," he says. "The main thing they look at is employment placement."

And the RRP, despite its emphasis on jobs over all else, isn't faring well in that department. Its 83 percent six-month job placement rate is several points lower than the national average for Catholic resettlement groups. And most of those placements are temporary, at least at first.

Some refugees and advocates charge the RRP's focus on jobs over language and cultural training is misguided. The Ethnic Minority Coalition (EMC) is developing plans to provide refugee services they believe the RRP should provide, but doesn't. The EMC eventually hopes to assume the role of primary agency for refugees. (See sidebar, page 10.)

Meanwhile, at the Kabongo home, they're getting ready for the birth of their second child. They haven't been in contact with their relatives in Zaire in over two years. Those back home don't know the family made it to America, let alone that Antoinette is pregnant again.

Like other Portland refugees, Georges can't say how long the family will stay in America. He can't go back to Zaire as long as Mobutu remains in power. Until then, he'll continue to grapple with English and clean offices, hoping to return to school and the medical field. Antoinette will continue her ESL classes until the baby is born. And maybe, after a couple of years, she'll become a nurse. The Kabongos will become part of the community, like many other refugees, with the potential to make valuable contributions to Portland.

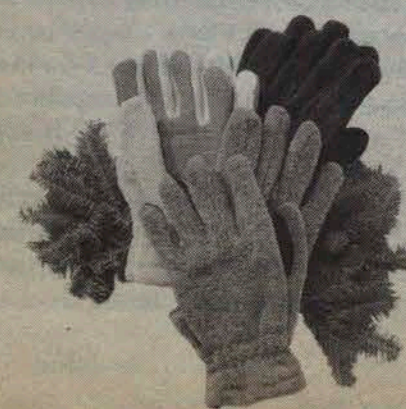
Daniella is already picking up a little English, though French will be spoken at home. Just before her family is photographed by CBW, Daniella jabbars and talks, blurring English and French pieces of words together. She's a beautiful, innocent and graceful little girl who squeals and laughs with a lilting African accent as she dances and twirls around the living room in her family's Parkside apartment.

Daniella doesn't remember Zaire, Georges says. She probably doesn't even remember the camps. Depending on how long the family stays in Portland, she might grow up speaking English like an American.

Christopher Barry is CBW's reporter.

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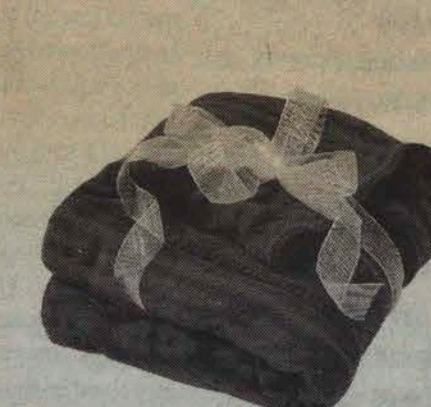
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## OUT OF CONTEXT

Portland's refugees exist at the edge of the city's consciousness. Most of us interact only rarely with the people who have come here from around the world to find shelter.

We might encounter people from Somalia or Bosnia standing in line in the supermarket, the American variation on the ancient institution of the marketplace, where people from all walks of life come together. Indeed, the supermarket has responded to the refugees' presence: The Back Cove Shop 'n Save now stocks Nile

tilefish and lemon grass, among other staples that provide a familiar flavor to people who have traveled half a world to escape war and persecution.

But are the refugees' deeper needs being addressed? Most of them come from places the well-fed, peace-glutted American citizen can't begin to fathom. Some have been tortured or imprisoned. Some have lost their families. All have lost their homes.

Most importantly, the refugees have lost the framework for their identity. In their homelands, they knew who they were: architects, teachers, doctors, farmers, landowners, patriarchs. Then they had their identities snatched away. Here in Portland they have no status. They are out of context.

While the Refugee Resettlement Program of Catholic Charities Maine provides the bare bones of services the refugees need, certain vital elements are missing. The refugees themselves say so. In the past several months, a grassroots coalition of refugees, the Ethnic Minority Coalition (EMC), has formed to demand more. They have some excellent ideas, and the city should listen up.

Underpinning all efforts to help refugees is language. The refugees must have more access to English classes before they go to work full-time. And a coordinated network of translators is essential.

As it is, when a refugee is a victim of a crime or is accused of a crime, the police have no set procedure for finding a translator. It would be futile to try to teach officers the refugees' languages — there are too many. Instead, a protocol to help them locate appropriate translators quickly should be established. And police officers should be required to complete sensitivity training, so they can better handle cases involving people from vastly different cultures.

The city is moving to establish such protocols. But it should be careful not to decide on a plan without consulting the refugees themselves. To do so would be arrogant, and would compound the alienation that is too often felt by new arrivals. The EMC would be a good place to go for advice.

Portland's refugees have contributed immensely to the city's growing sophistication and vitality. We should honor them by listening to them with respect, and letting them know they are of value here, as they were in the homes they were forced to leave.

SARAH GOODYEAR

# comment

## The story of one refugee

### Although he has found success in the U.S., exile still hurts

■ REZA JALALI

I came to America in 1985 as a refugee from Iran via India. My journey to Portland, which had started years ago in a dusty border town in Iran, was filled with needless suffering and bitter sorrow. As a young Kurdish man, I had been forced to leave my homeland for India. From the relative safety of life in exile, I had heard of the destruction of my town during the Iran-Iraq War.

Before I came to the United States, I was jailed in India at the request of the Iranian government for my peaceful political beliefs. In prison, I was chained to the stone wall of my solitary cell, with a small window as my only contact with the outside world for seven months. Through this window I watched the noisy birds. I was envious of their freedom to fly. By pulling myself toward the window, I could see the flowering jacaranda and part of a perfect blue sky. During the monsoon, when it rained for days, I would breathe the earth smell, dreaming of an ordinary life outside of those stone walls.

**Despite having two different college degrees from a well-known university in English-speaking India, my first job was in a restaurant cutting onions.**

I arrived here in Portland during Memorial Day weekend. I still remember being surprised by all the flags on display. Although I had lived in four other countries, I had never encountered such veneration for a nation's flag. I felt lonely during my first few weeks here. Some nights, I would wander around my neighborhood, feeling sad that I did not know a soul in this city. During these walks I would sing familiar songs from my lost childhood to myself in my language, Kurdish.

I also remember being cold all the time. Though everyone in the city was in summer clothing, enjoying the warm month of June, I was wearing thick sweaters. Compared to India, where I had lived for years as a student, June in Portland was too cold for me. I guess walking around in sweaters in June was enough to get stared at. My "Arab" looks did not help either. I used to wonder whether community-wide awareness on who refugees were and why they were here could have changed the stares, making them less hostile.

But I decided to ignore the hostility. I had more to worry about than a few mean stares. I needed a place to live and a paycheck to pay the rent and put food on the table. Back in India, I had worked as a caseworker for the United Nations High Commissioner for Refugees, and I knew too well how dysfunctional some of the U.S. resettlement programs were. I had heard horror stories and I knew some were true. Unlike many other countries, where the resettlement program is done by the government of the host nation, in this country the task is left to private agencies. In many cases, such agencies are attracted, and addicted, to the huge federal and private moneys more than a desire to help refugees to rebuild their lives.

For me the real difficulty was the painful transition from being someone with an established identity and a place in the world to

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wondering where to find the most basic things — food and shelter. In my case, despite having two different college degrees from a well-known university in English-speaking India, my first job was in a restaurant cutting onions. My next job was to go door-to-door selling vacuum cleaners in impoverished rural Maine. My promising career in sales came to an end, however, when a drunk man pulled a gun at me, yelling that I should go back to Russia. The poor man thought that I was from Russia. I made no attempt to correct his assumption by telling him that I was from Iran instead.

A few years later, I found a graveyard-shift position at a factory in South Portland, attending classes at University of Southern Maine during the day. No job developer from a resettlement program ever sat with me to ask me a few relevant questions on my past work history. According to the local refugee program I had been successfully "resettled" because I had found some kind of work.

These days, I feel like an average person living an ordinary life. Not only did I survive my experience, I have attained success by American standards. I have a good job, a wife and a 4-and-a-half-month-old son. I attend graduate school in New Hampshire. I am a citizen of the U.S. now; I've been a guest at the White House. I've even appeared on "The Oprah Winfrey Show."

My only regret is my physical separation from my folks back in Iran. My memories of the old country are a collection of some out-of-focus and faded pictures of lost cities and times. Sometimes the pain of life in permanent self-exile is greater than the joy of a life in freedom.

*Reza Jalali serves on the board of Amnesty International and is a care provider at Ingham, an agency that serves people with mental health and substance abuse issues.*

## ACTIVIST NOTEBOOK

**HELP PORTLAND'S REFUGEES.** As you know if you've read this week's cover story, some of Portland's newest residents could use help getting settled in America. If you want to lend a hand, call the following groups:

Refugee Resettlement Program: Ask for Sister Jean Little. The RRP needs volunteers. They also need kitchen tables, chairs, TVs, dishes and silverware. Donated goods should be in good condition. 871-7437.

Ethnic Minority Coalition: Although the EMC is just gearing up, they could use some help. 874-1055.

Portland Adult Ed: Nazareh Conway is the volunteer coordinator. "We have something for everyone," says Ron Wood, program director. People are needed to help with basic reading, citizenship training, preparation for college and math tutors. 874-8155.

Maine Med's International Clinic: The clinic doesn't have a volunteer program, but you can call the hospital's volunteer department at 871-2205.

Portland schools' multilingual program: Individual schools handle volunteers. Call the Cummings School, Reiche School, Hall School, King Middle School or Portland High School.

**WITH LIBERTY AND JUSTICE FOR ALL** Join the members of Amnesty International Group 174 in celebrating Human Rights Day on Dec. 10 at 5:30 p.m. in Monument Square. They'll be commemorating the life and tragic death of human rights and environmental activist Ken Saro-Wiwa and remembering the continued detention of Jigme Sangpo in Tibet. Bring your candles, bring your conscience, bring your cronies to this important event. See you there, kids.

Send Activist Notebook announcements three weeks in advance to Colleen Sumner, CBW, 561 Congress St., Portland, ME 04101.

## LETTERS



Casco Bay Weekly welcomes your letters. Please keep your thoughts to less than 300 words (longer letters may be edited for space reasons), and include your address and daytime phone number. Letters, Casco Bay Weekly, 561 Congress St., Portland, ME 04101 or via e-mail: editor@cbw.maine.com

### Defensive president

I am writing in regard to the recent letter from Mark McClure, president of the Portland Mountain Cats basketball team (CBW, 11.16.95). McClure was obviously angered at the recent media attention that brought to light that prevailing opinion around town that the Portland Mountain Cats have about as much chance of making it in Portland as the Celtics have of winning the NBA Championship this year.

McClure's disagreement with this position was not surprising, what was surprising was the way he decided to respond in his letter. I found it distasteful to read any supposedly up-and-coming businessperson referring to people as "idiots" and "monsters."

Mike Clark  
Portland

### Ramblin' Rick

In re Rick MacPherson's latest rambling polemic ("What Victory?" CBW, 11.16.95):

True, Question 1 was not the only war nor the last battle, but so what? Homophobia has been around for a very long time — as with all evils, constant vigilance will probably always be necessary. This is not a reason to be morose when we win one of the battles. By MacPherson's own explanation of the origin of the term "Pyrrhic victory," the defeat of Question 1 was in no sense Pyrrhic. The gay community has been strengthened by the effort, not irrevocably damaged by it. And the notion that a 6 percent margin of victory isn't reason to celebrate just doesn't take into account recent election history — for example, Carter won against Ford by

about 2 percent, Clinton won big by 6.9 percent, and the recent Quebec sovereignty referendum was defeated by a fraction of a percent. Furthermore, we shouldn't accept MacPherson's "hateful portrait of Maine's people." I suspect that only a tiny minority of yes voters did so out of hate. Many more genuinely believed they were doing the right thing, which is simply proof that more education is needed.

And what's your point in lashing out at your fellow gay men and lesbians, Rick? Not every gay person can or should arrive at the same decision at the same moment in their lives about how to come to grips with their own gayness or how to help others do so. Personal development is just that — personal. As for all the verbiage about Ogunquit, Camden, Bar Harbor, the bars, visibility, etc., why don't you just live your life and let others live theirs? That, after all, is what the fight against Question 1 was all about.

David Cook  
Portland

### Let's be open

Thanks for exposing the Channel 13 kidnapping entrapment scheme (CBW, 11.16.95). I believe they used it to get ratings, but it backfired. This was an outrageous act and both the station and the mother should be ashamed of themselves. What if they had succeeded? The school secretary (the likely scapegoat) could have lost a job, and the teacher would have been in trouble along with the principal. If we need training programs on school procedures, fine, but be open about it.

When station licensing comes up, I hope citizens contact the FCC and give them a piece of their minds on this entrapment issue. The fact that editors at the *Portland Press Herald* didn't cover this story was a direct result of the same owner involved in my opinion, and shows us what we can expect from both news entities.

Rod Weaver  
Lloyd Weaver  
Topsham

### Social obliteration

I'm not sure what Chris Barry had in mind when he published his social obliteration of Michael Naylor (11.9.95), but

he gave little thought to the devastating power of his words. As someone who has been a student of Naylor's for a year, I feel compelled to help him tell his side.

As a senior editor for a national publication (*Custom Builder* magazine), I have worked as a reporter, a journalism instructor and adviser for a college newspaper. I recognize the temptation of a "juicy" story about something as titillating as sexual abuse of a child. As the father of a 2-year old, I find no crime more chilling. But when you set out to point the withering finger at a "pedophile," you had better hear all the facts of any case, not just the "official statements." If nothing else, basic tenets of good journalism should be considered. Naylor is certainly not a public official, and it's a stretch to treat him as a public figure simply because he teaches a few classes in Portland. CBW has given the man a lynching, not a hearing.

Of course, there is the misdemeanor conviction. That can't be ignored. But Naylor entered a plea of nolo contendere (no contest), as a way to save his daughter from more months of interrogation, invasive therapy and mental anguish. This allowed the state to "win" a conviction while Naylor literally sacrificed himself so that his daughter could return to something resembling a normal life.

I don't claim to have all of the facts in Naylor's case. But I have interviewed Naylor and pieced together his side of the story, the side that should have been investigated in conjunction with the official line. (Since when does CBW offer the official viewpoint and no other?)

Naylor fits none of the stereotypes of pedophiles. In fact, he has endured embarrassing, expensive, painful procedures to prove his innocence. Twice, he has taken something called a polythymograph test, in which sensors were attached to his penis and he was bombarded with images intended to arouse sexual interest. Both tests showed that he is a heterosexual with no attraction to children.

It seems naive to point out that our justice system has some problems. Would your writer as easily accept O.J. Simpson's innocence as he did Naylor's guilt? I know Naylor as a gentle, caring man. When my daughter's a little older, I expect she and he will become good friends.

Matthew Power  
Cumberland

### Makes me wonder

What kind of journalism are you cultivating at your paper? I refer to the yellow piece on Michael Naylor (CBW, 11.9.95) from the rip-roaring cowboy pen of Christopher Barry. I find it extremely unsettling that you allow your staff to play cut and paste with the facts. Children should be encouraged to be creative, but this piece is noteworthy for its liberties with respect to matters of public record and sworn testimony. It makes me wonder if other CBW articles, ones I have otherwise admired, are similarly laced with author fantasies, myth and hearsay. Zippy the Pinhead could have done a better job of getting this story straight. I'm truly saddened that the last bastion of good journalism in this town has slipped so far.

Martha Fenton  
Portland



**Where is the mysterious Exit 18 on I-95 between Yarmouth and Freeport? There's an Exit 17 and an Exit 19, but no Exit 18.**

That's right, there is no Exit 18. When the road was built, according to Steve Hunnewell at the Maine Department of Transportation, planners left room in between 17 and 19 for future exits, just in case people had an overwhelming need to leave the highway in South Freeport. Exit 23, between Brunswick and Topsham, and Exit 29, between Gardiner and Augusta, are also in the void.

Got a burning question about life in Greater Portland? Let CBW's crack investigative squad sort it out for you. Those whose questions are selected for publication will receive a complimentary SPAM® refrigerator magnet. CBW Q, 561 Congress St., Portland, ME 04101, or by fax: 775-1615.

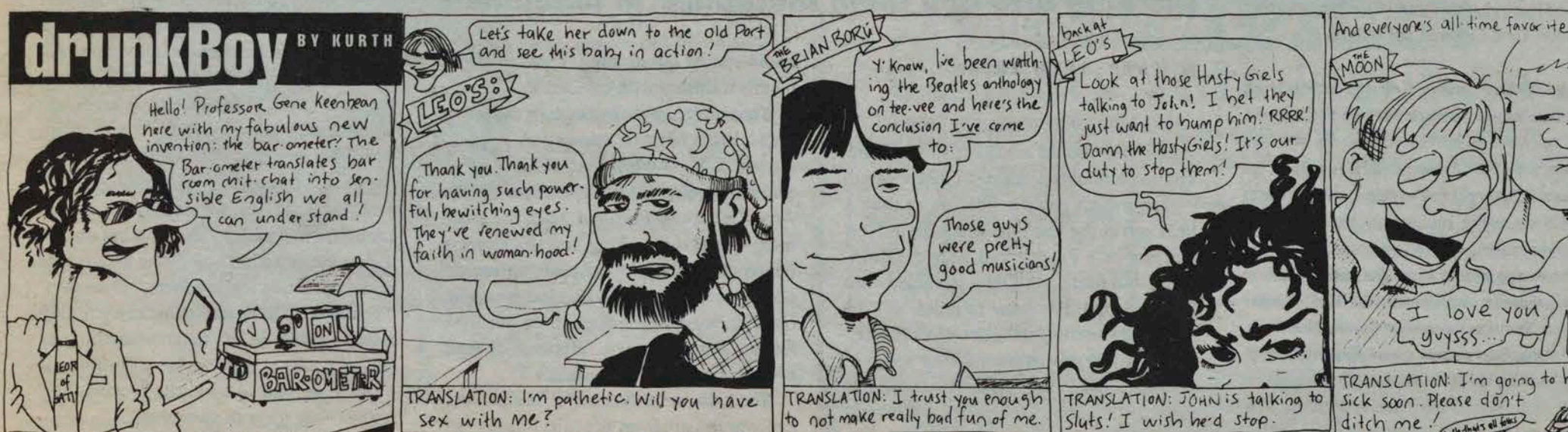




Photo bravura: MECA alum **Melanie Bennett** copped two first-place awards in the print competition at the prestigious Ernst Haas Awards, held recently in New York City. Bennett, a 1991 MECA grad and a resident of Gorham, won best color photograph with her entry "Grammy Tucker's April Shower Dance," as well as best humor photograph with "The boys experiencing what it would be like to have cleavage." Both photos are part of her current exhibit in MECA's photo gallery, located in the Baxter Building at 619 Congress St. The show runs through Dec. 15.

Branching out: Passersby didn't know what to make of the objects that suddenly appeared in the trees in **Tommy's Park**, at the corner of Middle and Exchange Streets, last week.

Various brightly colored papier-mâché animals, along with a gaggle of wire-and-paper orbs suggesting piñatas, were tucked into the trees' crotches or hung from branches, prompting at least one viewer to

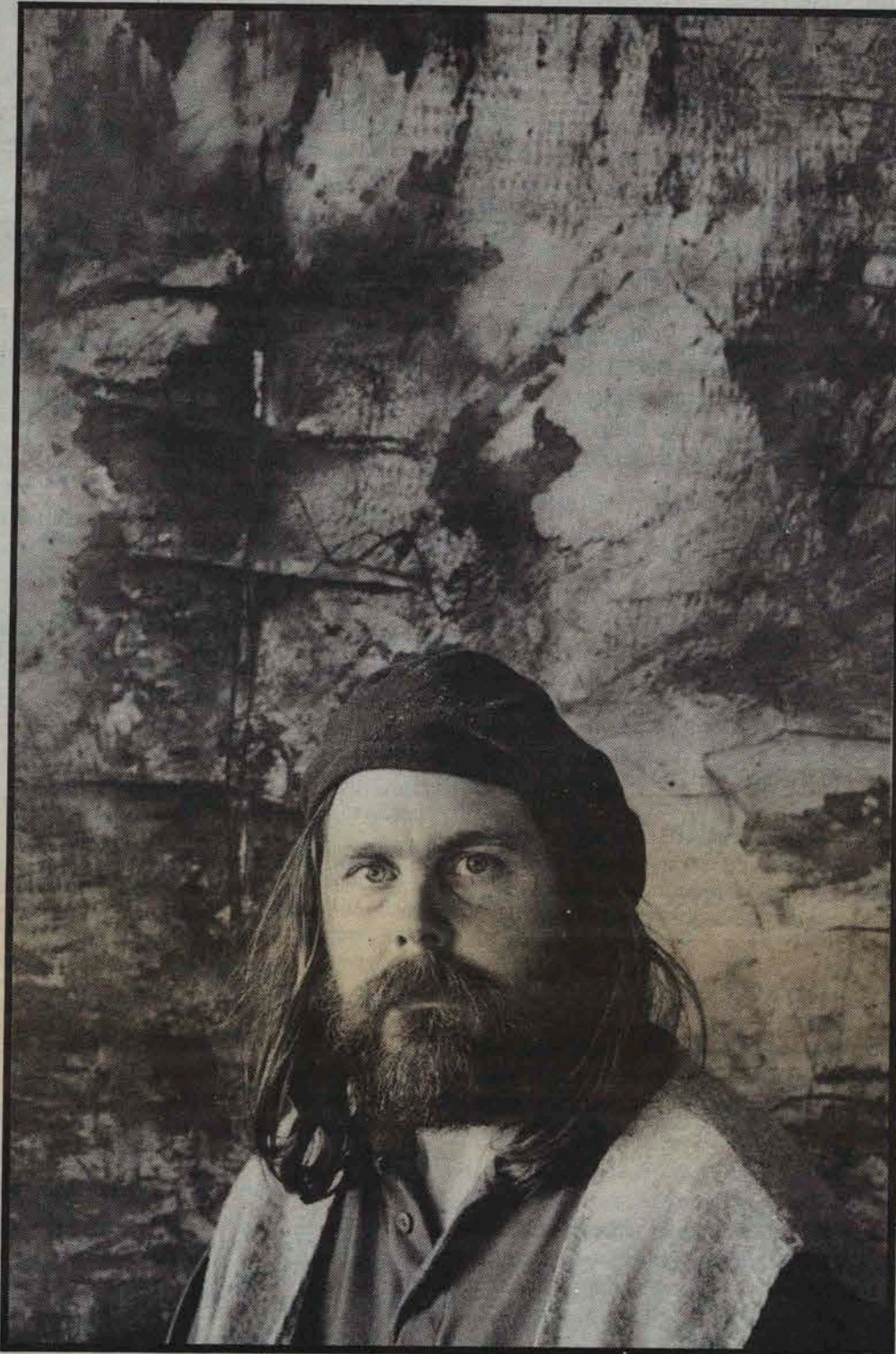
compare the tree-borne exhibit to the aftermath of a bad flood. Mike Richard, owner of The Box Lunch on Exchange Street, says there's "definitely been a lot of response both ways" on the decorated trees. Critics soften, however, Richard says, when they find out that the animals/orbs were made by multilingual students at the Reiche School, who teamed up with Scarborough sculptor Nantz Comyns-Toohy to create the exhibit. Susan Cooper of Portland's Downtown District, which is sponsoring the show, says she's had "great feedback" on the decorations. Richard, for one, is a fan. "This time of year the park can look pretty stark, with all the leaves down," he says. "The decorations put some light in here. They make it feel like Christmas."

Gallery update: **Davidson and Daughters Contemporary Art**, a new gallery space located at 148 High St., opens its doors Dec. 6. The gallery will be run by Nancy Davidson and her daughters, Karen and Lisa Silverman. Davidson's various art biz experience in Portland includes a stint as gallery director at Barridoff Gallery, owner of Art for Offices and sales at Bayview Gallery. She was also gallery manager at Cry of the Loon in South Casco. Davidson's latest venture will open with a show she's calling "On the Light Side," featuring paintings, prints, sculpture, furniture, ceramics and jewelry by artists from Maine, Massachusetts, New York, California and New Mexico.

Anywhere but here: A recent *Press Herald* real estate listing for a **Park Street** condo read, "You will think you're in another city when you see this 1900 SF townhouse..." Intrigued, we called Century 21 Balfour agent John Hatcher to find out which city, exactly, the townhouse might make us think we're in. "It's a very interesting interior space that doesn't conform to properties usually found in Portland," Hatcher said. "It makes me think of Boston, New York, Atlanta, Georgetown, places like that." Which means that for \$135,000 and a little imagination, you can have your very own West Village pied-à-terre, Portland. It's what you make it. CBW

## edge

SKANKIN' RIDDIM...SYNTHESIZER SAGA...  
KUSTOMIZED KOOL...ME & YOU & KEELY & DU...  
NUTS OVER NUTCRACKERS...LOTION MOTION



Pave it and paint it: Michael Libby in his Congress Street studio. PHOTO/COLIN MALAKIE

## An intimacy with asphalt

Portland artist Michael Libby cozies up to parking lots and finds metaphor in macadam

■ MARY BETH LAPIN

Michael Libby wanted to paint the invisible. He sought a subject so mundane and so obvious that it almost disappeared. Inspiration came a little more than a year ago at the end of a long hike in New Hampshire's Presidential Range. Disoriented and foot-sore, Libby stumbled onto a paved road. His sense of relief, as if he had found an oasis in the desert, was unsettling. "I felt this overwhelming sense of comfort. I didn't want to feel that way," he says. "What about nature? That's when I

really started questioning. I was troubled by this intimacy with asphalt."

That intimacy prompted him to zero in on asphalt's ultimate expression — parking lots. Libby's work, featured in his first solo show (running Dec. 2-Jan. 5) at USM's Area Gallery in Portland, uses the common image of parking lots to express universal notions of isolation, urbanization and emptiness. "Parking lots are under our feet, we drive through them, we look for our spot," he says. "Because of their everyday use they are invisible."

The show, suitably titled "Parking Lots," evolved in part from despair. Shortly be-

fore his revelatory hike in the Presidentials, Libby's younger brother, Stephen, a local comedian slated for a shot at "The Tonight Show With Jay Leno," died of an apparent drug overdose at 33; a childhood photograph in Libby's fifth-floor Congress Street studio shows the two brothers in matching pajamas, grinning on Christmas morning. For solace, Libby walked. He paced the perimeters of parking lots — Wal-Mart, Assembly of God, Kennebec Mental Health Center, the Maine Historical Society — counting footsteps and scribbling the dimensions in a sketchbook. "I don't think I really intended to paint them at the time," he says. "It was just a way to document my grief."

So far, he's produced eight 6-foot-square canvases, aerial views in a limited range of yellows, browns, reds and black that outline the geometric shape of each lot, uncluttered by cars or people. Libby uses his hands, and sometimes his entire body, to coat a canvas with acrylic, gesso, a linseed oil and charcoal glaze, even modeling paste and tar. Then he scrapes, sands, rubs, even scratches the surface with sticks, to create texture and reveal layers. The effect is bold and primitive, suggestive of pictographs and cave paintings.

Local gallery owners told Libby his work was exciting, but too abstract and too big to show. A trip to New York elicited a similar response. Libby pursued alternative venues to show his work and earlier this fall exhibited a series of smaller parking lot paintings at Tabitha Jean's — in part because the restaurant is located beneath a parking garage. He also hosted a showing/happening last month at Battery Steele (a former artillery emplacement on Peaks Island) that drew about 90 people for music, food, dancing and a look at Libby's large paintings and sculpture. The battery's concrete chambers, strewn with graffiti and trash and lit by a full moon and torchlight, were the perfect backdrop for his work.

Karen Kitchen, director of art galleries at USM, met Libby this fall when he showed up at her office with flyers for Battery Steele. Kitchen says Libby suits the Area Gallery's emphasis on new work by up-and-coming young artists. "This is the first body of work that can put him on the map," she says. Kitchen was also impressed by Libby's ability to speak frankly about his motivation. "He's extremely articulate about what's going on in his work, which to me is a sign that what can be produced out of that openness is very strong."

Artist Bob Dyer, whose studio is next to Libby's, mocks Libby's subject but not his technique or dedication. "The details that make a painting live are there," Dyer says. "You need to have soul to make a painting work. I think he has taken something as ridiculous as a parking lot and driven it into the ground. And in the process, he's really come up with something."

The oldest of five children, Libby, 37, has a sense of his Maine roots that stretches back further than his childhood in Waterville. He feels more connected to seafaring ancestors who settled Richmond Island (off Crescent Beach) in 1637 than to his immediate family. He prefers to talk about Capt. John Libby, and other ancestors who worked as Portland streetsweepers and greengrocers. He acknowledges part of his family history in his painting "Bill's Pizza," which depicts the Commercial Street parking lot that now occupies the

**"I thought I'd given it up, but in eight years I learned art is often more what you see and how you live," says Libby. "It was liberating to realize I didn't have to produce art to be an artist."**

site where his great-grandfather founded Portland Fruit and Produce.

The family inclination toward manual labor is strong in Libby. He paints houses in the summer, sometimes tying the ladders to the roof of his white '64 Ford Falcon wagon. Libby once planned to be

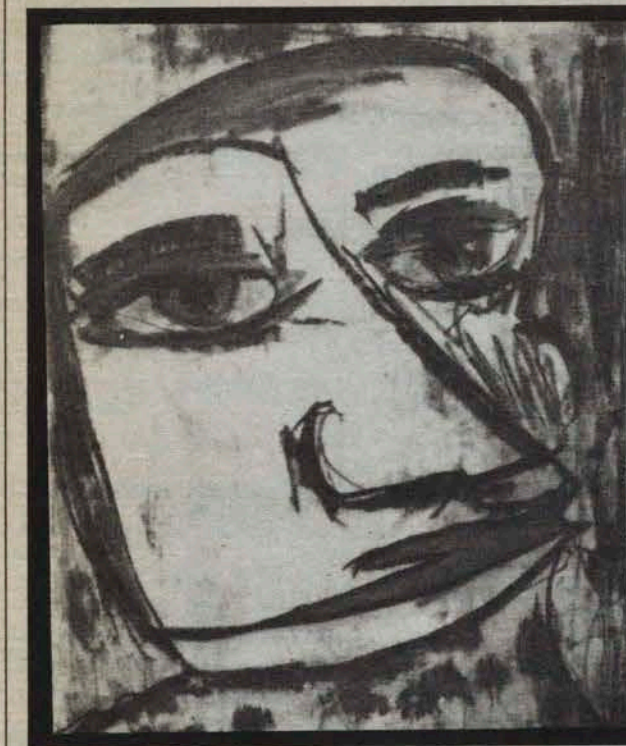
an engineer, but never finished his math and science studies at Roger Williams College in Rhode Island. He studied art for two years at the University of Maine-Augusta, but found the program too competitive and production-oriented. In 1979 he moved to Texas and painted nothing but houses for eight years. "I thought I'd given it up, but in eight years I learned art is often more what you see and how you live," he says. "It was liberating to realize I didn't have to produce art to be an artist." Although he completed his degree at USM in 1992, it was another two years before he returned to the studio.

At the moment, art — and its creation — is foremost for Libby, which is why he sidesteps the pave-for-progress-or-preserve-for-posterity debate over parking lots and open space. "I'd rather be neutral and call myself an artist than be an activist," he says. "Whatever [people's] reaction to it, it's in their lives."

For all his seriousness about the nature of asphalt, Libby still maintains a sense of humor about the whole thing. This summer, on his application for a two-week artist's grant to work on Monhegan Island, Libby wrote that he wanted to build a parking lot there, to consider the significance of paving where it had no use. He didn't get the grant, or even an audience with the selection committee. "I can't take it too seriously, because it's so mundane," he says about his asphalt fixation. "These are parking lots." CBW

## Art in the open

The Old Molasses Building on Danforth Street throws open its doors this weekend for its "Open Studios" event, hosted by the Danforth Gallery. The event will include studio tours, a new exhibit



"Prigogine" (mixed media on paper, 1995), by Salazar

new exhibit, "On Building Community," a collection of experimental collaborations between Old Molasses Building artists and businesses, running through Dec. 22.

at the Danforth Gallery, refreshments, a holiday tree and a chance to soak up a few creative vibes.

Participating artists include landscape painter Tom Hall, jewelry maker Fran Shanley, ceramic artist Alex Pope, potters Lee Auchincloss and Lacey Goodrich and painter Salazar. Yes Books, J. Glatzer Books, Nanci Westin and Casco Bay Wool Works, as well as Pleasant Street hot spots Zuni and Suitsmi, will also participate. While you're in the neighborhood, check out the Danforth Gallery's

■ SCOTT SUTHERLAND

"Open Studios" takes place Dec. 2, 11 a.m.-4 p.m., and Dec. 3, noon-4 p.m., at the Old Molasses Building, 20-36 Danforth St. Free. 775-6245.

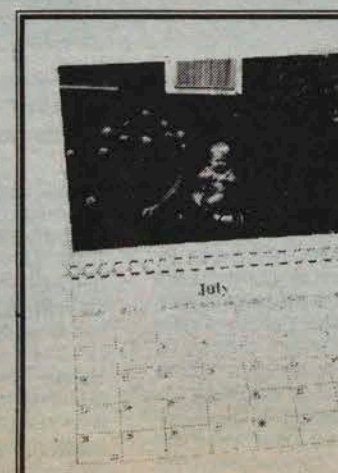
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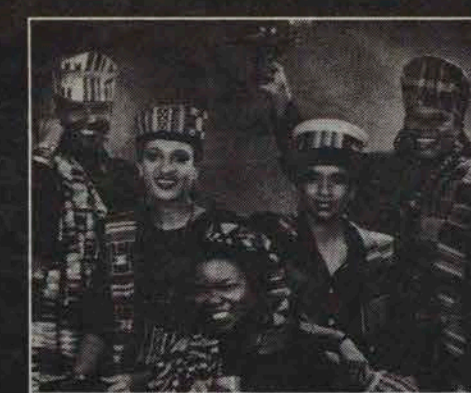
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## movies



Starring as themselves in Disney's **TOY STORY** are Slinky Dog, Bo Peep, Mr. Potato Head, Woody, Hamm the piggy bank and Rex the dinosaur.

**ACEVENTURA 2: WHEN NATURE CALLS** For all of you who can't get enough of Mr. Slinky Dog (a.k.a. Jim Carrey), here's a sequel to the film that broke him on the big screen. This time around Ace travels to the dark continent and saves Africa's benevolent beasts from mean and nasty poachers. Even if Carrey's monopoly on comedy has got you annoyed, he's so bizarre you just have to laugh at him.

**AMERICAN PRESIDENT** A Rob "Look what Meathead's doing now" Reiner film about a fictional commander-in-chief (Michael Douglas) and his affair with an environmental lobbyist (Annette Bening). Oh, the conflict! Also starring Morgan Freeman and Michael J. Fox.

**BABE THE PIG** It's not enough for an enterprising porker to eat slop and roll in the mud. This is the tale of a young pig in search of gainful employment; he tries everything, even rounding up the sheep, during his adventures on the farm.

**CASINO** Scorsese. De Niro. Pesci. Stone. Gambling. Need we say more?

**COPYCAT** Holly Hunter and Sigourney Weaver team up against a serial killer who is mimicking the murder style of the nation's most notorious monsters: Dahmer, Bundy, Berkowitz. Hunter is her feisty self, and Weaver plays a criminal psychologist who hasn't been able to leave the house since being stalked by a particularly sicko client.

**GET SHORTY** John Travolta and Danny DeVito star opposite each other in this comedy based on Elmore Leonard's novel. Travolta plays a mob thug turned producer and DeVito plays a short movie star.

**GOLDENEYE** Action, espionage, cold war politics — James Bond is back. Pierce Brosnan plays the martini-swilling babe-magnet for this installment. Bond's mission: battling a band of Russians peddling high-tech weapons. Izabella Scorupco gives a good showing as the beautiful, Russian girl-genius who swaps sides to help Bond. Then there's the stogie-smoking Famke Janssen to fill the evil seductress quota. On James, how do you do it?

**HOME FOR THE HOLIDAYS** Jodie Foster directs an all-star cast in an intimate look at family relationships during the holiday season. Charles Durning and Anne Bancroft play mom and dad, Holly Hunter, Robert Downey Jr. and Cynthia Stevenson are the kids and Geraldine Chaplin gives a ditsy performance as the senile aunt. Thanksgiving is coming. Call your therapist.

**HOW TO MAKE AN AMERICAN QUILT** Can you forgive Winona Ryder for butchering the character Jo in "Little Women"? CBW can't. In this warm and fuzzy drama, she portrays (woodenly, no doubt) a young woman who leaves her fiancée to live with her grandmother and great-aunt for the summer. In the midst of watching her grandmother and company sewing together a quilt, Winona travels back and forth in time, learning much about the pain and joys of love and

marriage. Sappy but good. Especially with elder stateswomen like Anne Bancroft, Maya Angelou and Alfre Woodard.

**IT TAKES TWO** A comedy starring the sickeningly sweet Olsen twins, who share the role of Michelle on TV's "Full House." Picture Disney's "Parent Trap" and you have the right idea. Something tells me this is for younger audiences.

**MIGHTY APHRODITE** Woody Allen plays out his ever-more-sickening personal psychodrama in a film about a middle-aged man who throws over his aging wife, Helena Bonham Carter (hello? aging?) for a young prostitute. Supposed to be funny. Yeah, I'm laughing.

**MONEY TRAIN** Woody Harrisson and Wesley Snipes join hands again to play New York transit cops gone bad. Woody decides to seize a subway train full of cash instead of upholding the law. Wesley backs him up, reluctantly. More pithy dialogue on who can really jump.

**NICK OF TIME** Johnny Depp goes clean-cut — reminding viewers of his "21 Jump Street" days — as a nerdy accountant who is thrown into an unexpected high-speed drama. Depp's 6-year-old daughter is kidnapped by bandits posing as police officers (Christopher Walken and Roma Maffia) who demand that he murder an innocent public figure within 90 minutes or his daughter joins the house of many mansions. "Speed" without explosives.

**NOW AND THEN** Question: What could be worse than Demi Moore in a period piece based on a classic novel? Answer: Demi Moore as a child — played by 13-year-old wunderkind Gabby Hoffman. Also starring Melanie Griffith, Rosie O'Donnell and Rita Wilson and their teenage counterparts. The plot: them. Now, and then.

**POWDER** Sean Patrick Flanery plays a boy-genius raised in isolation. His albino-like complexion and social clumsiness disguise an incredibly wise, sensitive nature — and like all old souls he is tortured by his peers and ridiculed for being different.

**SEVEN** Hunk of the moment Brad Pitt stars with Morgan Freeman as two detectives in hot pursuit of a serial killer who somehow communicates each of the seven deadly sins through his murders. Gripping, disturbing and at times torturous to sit through, this film gives its viewers a feeling of disgust towards humanity. Moral of the story: bad things do happen to good people. Especially when they're a psychopath's objects of envy.

**THERMIN** The true story of the man who brought electronic music

into our lives, and set the stage for the synthesizer. Louis Theremin, born in Russia at the turn of the century, intended to live his life as a musician. His amazing creation, the "Theremin," a box that could produce sounds, originally led him to performing in front of huge audiences in New York City. In 1938, he found out how impossible it was to divorce himself from his homeland when the Soviet police captured him in Manhattan and brought back to Russia. Tragic, but exciting.

**TO DIE FOR** Gus Van Sant's inventive new flick won't rave at Cannes and stars Nicole Kidman as a murdered TV weatherwoman. (There's talk of a Best Actress nomination for Kidman.)

**TO WONG FOO, THANKS FOR EVERYTHING** Director Beeban Kidron ("Used People") has taken on a script that involves Wesley Snipes, Patrick Swayze and John Leguizamo as three prize-winning drag queens on a road trip. Sound familiar?

**TOY STORY** Big holiday fun is in store for all you animation fanatics. Academy Award-winning short director John Lasseter is the mastermind in charge of bringing these toys to life. Funny guys Tim Allen and Tom Hanks add their quirky voices to the mix. Bring the kids.

**UNZIPPED** In a world where fashion models make more in one week than schoolteachers make in a year, this glorification of designers and their muses comes as no surprise. Still, can anyone really take this business seriously? Director Douglas Keeve must have done something right — "Unzipped" won the audience award at the Sundance Film Festival. The film follows fashion dream-seamer Isaac Mizrahi through the creation and presentation of his 1994 fall line. "Super-models Naomi Campbell, Linda Evangelista and the over-exposed Cindy Crawford share the spotlight."

**USUAL SUSPECTS** Warning: testosterone flick. Male audience members may be overwhelmed with the desire to hold up the popcorn stand. Gabriel Byrne, Kevin Spacey, Stephen Baldwin, Kevin Pollack and Benicio Del Toro are a gang of notorious cons hired by a big-dog mobster to pull off a huge scam. Chazz Palminteri is the flatfoot who gives chase, sort of.

**WHITE MAN'S BURDEN** John Travolta and Harry Belafonte star opposite one another in this Desmond Nakano (author of "American Me") film about modern American race relations. Belafonte plays a wealthy businessman who becomes the target of a poor factory worker's (Travolta) racially-infused rage. As we know from his "Welcome Back Kotter" days, Travolta plays the part of the disadvantaged white male well.

## movie times

Owing to scheduling changes after CBW goes to press, moviegoers are advised to confirm times with theaters.

Dates effective DEC 1-7, UNLESS OTHERWISE NOTED

**General Cinemas**, Maine Mall, Maine Mall Road, S. Portland. 774-1022.

**CASINO (R)**  
12:45, 1, 4:25, 4:40, 8, 8:15  
**TOY STORY (G)**  
11:45 (FRI, SAT & SUN ONLY)  
12:30, 1:40, 2:30, 3:40, 4:45, 5:35, 7, 7:30, 9, 9:30  
**IT TAKES TWO (PG)**  
1, 3:15, 5:30, 7:40,  
**COPYCAT (R)**  
1:30, 4:10, 7:15, 9:45  
**POWDER (PG-13)**  
9:50  
**WHITE MAN'S BURDEN**  
1:10, 3:10, 5:10, 7:15, 9:20

**Hovts Clark's Pond**, 333 Clark's Rd., S. Portland. 879-1511.

**ACE VENTURA 2: WHEN NATURE CALLS (PG-13)**  
10:10, 10:30 (SAT & SUN ONLY), 12:15, 12:45, 2:35, 3:05, 5, 7:15, 9:45  
**AMERICAN PRESIDENT**  
10:45 (SAT & SUN ONLY), 1:30, 4, 6:45, 9:30  
**SEVEN (R)**  
6:30, 9:10  
**GET SHORTY (R)**  
10:15 (SAT & SUN ONLY), 12:30, 2:50, 7:30, 10  
**GOLDENEYE (PG-13)**  
10, 10:20 (SAT & SUN ONLY), 12:40, 1:10, 3:40, 4:10, 6:40, 7, 9:35, 9:55  
**NICK OF TIME (R)**  
10:15 (SAT & SUN ONLY), 12:30, 2:45, 4:55, 7:05, 9:15  
**MONEY TRAIN (R)**  
10:40 (SAT & SUN ONLY), 1:20, 4:05, 6:40, 9:25

**The Movies**, 10 Exchange St, Portland. 772-9600

**UNZIPPED (R)**  
Dec 1-5  
WED-TUES 5:15, 7, 8:30  
SAT-SUN 1:30, 3  
**THERMIN (PG)**  
DEC 6-12  
WED-SAT 5:15, 7, 9  
SAT-SUN 1:15  
SUN-TUES 5, 7

**Nickelodeon**, Temple and Middle streets, Portland. 772-9751

**NOW & THEN (PG-13)**  
1:10, 3:50, 7:10, 9:40  
**HOME FOR THE HOLIDAYS (PG-13)**  
1:20, 4:20, 7, 9:20  
**HOW TO MAKE AN AMERICAN QUILT (PG-13)**  
12:30, 3:40, 6:50, 9:30  
**BABE (G)**  
1, 4  
**MIGHTY APHRODITE (R)**  
7:20, 9:50  
**USUAL SUSPECTS (R)**  
12:40, 3:30, 6:40, 9:10  
**TO WONG FOO (PG-13)**  
12:50, 6:30,  
**TO DIE FOR (R)**  
4:10, 9

## clubs

### thursday 30

**The Big Easy** Jimmy & the Soul Cats (blues/R&B/soul), 416 Fore St, Portland. 780-1207.

**Clyde's Pub** Karaoke, 173 Ocean St. S. Portland. 799-4473.

**Free Street Taverna** Charcoal (rock), 128 Free St, Portland. 774-1114.

**Geno's** Open mic night, 13 Brown St, Portland. 772-7891.

**Grenny Kilham's** Belizebah (Phish's touring horn section), 55 Market St, Portland. 761-2787.

**Old Port Tavern** Bicycle Thieves (rock), 11 Moulton St, Portland. 774-0444.

**The Underground** DJ Bob Look (Big Bob's dance party), 3 Spring St, Portland. 773-3315.

**Will's Restaurant** Ken Cox (a guy and his guitar), 78 Island Ave, Peaks Island. 766-3322.

**Zootz** Bounce (fresh music spun by DJ Larro Love & guest stars), 31 Forest Ave, Portland. 773-8187.

### friday 1

**The Big Easy** Rick Russell & the Cadillac Horns (brassy blues), 416 Fore St, Portland. 780-1207.

**Geno's** Foxtrox Zulu (rock), 13 Brown St, Portland. 772-7891.

**Hedgehog Brewpub** Lisa Gallant Seal & The Brotherhood Dogs (rock), 35 India St, Portland. 871-6584.

**Java Joe's** (live jazz), 13 Exchange St, Portland. 761-5637.

**Morganfield's** Flywheel and the band formerly known as Memphis Mafia (bluegrass and rockabilly), 121 Center St, Portland. 774-5853.

**Old Port Tavern** Bicycle Thieves (rock), 11 Moulton St, Portland. 774-0444.

**T-Birds** Eight Track (polyester dance), 126 N. Boyd St, Portland. 773-8040.

**Hedgehog Brewpub** Ramblin' Dan Stevens (ramblin' rock), 35 India St, Portland. 871-6584.

**Morganfield's** Tracy Nelson (country & blues), 121 Center St, Portland. 774-5853.

**Old Port Tavern** Bicycle Thieves (rock), 11 Moulton St, Portland. 774-0444.

**Verillo's** Good Vibrations (top 40), 155 Riverside St, Portland. 775-6536.

### Prime cut

Love letters: New York City power quartet Lotion has been compared to R.E.M. for its vocals and obscure lyrics. Point taken. But the band's sound is very much its own. Described by guitarist Jim Ferguson as a bunch of love letters with a couple of dear Johns thrown in, the band's new album, "Nobody's Cool," follows the '70s tradition — the album is built to hold together, not crumble after you've listened to the single five times. Aside from their embarrassing haircuts, their ties to the '70s go no further than the album mentality. Lotion writes music that doesn't fall nicely into categories — the band even does a cover of Player's "Baby Come Back," inspired by sucky New York classic rock radio. Some people call them "wuss rock," others prefer "tragi-pop" — decide for yourself Dec 2 at 7 pm, at Zootz, 31 Forest Ave, Portland. 21+. Tix: \$3. 7 7 3 - 8 1 8 7



**Zootz** Polygod, Hatebreed and Molested senses (all ages 6 pm), Customized and Vision Thing (21+ 10 pm), 31 Forest Ave, Portland. 773-8187.

**T-Birds** Eight Track (polyester dance), 126 N. Boyd St, Portland. 773-8040.

**Tipperary Pub** Alan King Band, Sheraton Tara Hotel, 363 Maine Mall Rd, So. Portland. 775-6161.

**The Big Easy** Rick Russell & the Cadillac Horns (brassy blues), 416 Fore St, Portland. 780-1207.

**Clyde's Pub** Karaoke, 173 Ocean St. S. Portland. 799-4473.

**Geno's** The Gizmos, Big Meat Hammer, and Tupper Crust (metal), 13 Brown St, Portland. 772-7891.

**Hedgehog Brewpub** Ramblin' Dan Stevens (ramblin' rock), 35 India St, Portland. 871-6584.

**Morganfield's** Tracy Nelson (country & blues), 121 Center St, Portland. 774-5853.

**Old Port Tavern** Bicycle Thieves (rock), 11 Moulton St, Portland. 774-0444.

**Verillo's** Good Vibrations (top 40), 155 Riverside St, Portland. 775-6536.

**Morganfield's** Gospel Brunch (Hallelujah!), — doors open at noon, 121 Center St, Portland. 774-5853.

**T-Birds** Comedy Featuring Bob Goutreau, 126 N. Boyd St, Portland. 773-8040.

**The Underground** DJ Andy (karaoke with Nick Knowlton), 3 Spring St, Portland. 773-3315.

**Zootz** Lydia Lunch & Esene Cervenka (spoken word), 31 Forest Ave, Portland. 773-8187.

### monday 4

**The Big Easy** Laser Karaoke with Ray Dog, 416 Fore St, Portland. 780-1207.

**Free Street Taverna** Open Mic Night with the Watermen, 128 Free St, Portland. 774-1114.

**Morganfield's** Randall's House Party (open mic), 121 Center St, Portland. 774-1245.

### tuesday 5

**The Big Easy** Lee "Shot" Williams (solo blues mayhem), 416 Fore St, Portland. 780-1207.

**Free Street Taverna** Open Poetry Reading, 128 Free St, Portland. 774-1114.

**Gitty McDuff's** Flywheel (bluegrass), 396 Fore St, Portland. 772-2739.

**Morganfield's** Wayne Toups (zydeco), 121 Center St, Portland. 774-5853.

**Raoul's** Lowen & Navarro (acoustic rock), 865 Forest Ave, Portland. 773-6886.

**T-Birds** Eight Track (polyester dance), 126 N. Boyd St, Portland. 773-8040.

**Tipperary Pub** Alan King Band, Sheraton Tara Hotel, 363 Maine Mall Rd, So. Portland. 775-6161.

**The Big Easy** Red Light Revue (blues/R&B/soul), 416 Fore St, Portland. 780-1207.

**Clyde's Pub** Acoustic Pete Gleason & Friends, 173 Ocean St. S. Portland. 799-4473.

**Zootz** Lotion (NYC big boys), 31 Forest Ave, Portland. 773-8187.

**Geno's** Ladies night, 13 Brown St, Portland. 772-7891.

**Morganfield's** Old Blind Dogs presented by Portland Folk Club, 121 Center St, Portland. 774-5853.

**The Underground** Acoustic night (front lounge) & strippers (eclectic fun), 3 Spring St, Portland. 773-3315.

**Will's Restaurant** Open mic for musicians and poets, 78 Island Ave, Peaks Island. 766-3322.

## Spring Point Cafe

**Dec 1** The Swinging Blue Matadors 7 pm  
**Dec 2** Kahtones 9 pm  
**Dec 16** The Memphis Mafia 9 pm  
**Dec 22** Jimmy & The Soul Cats 9 pm  
**Dec 30** The Upsetters 9 pm

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# Listings

Casco Bay Weekly listings are a fun and free service to our readers. To have a listing considered for publication, send complete information (including dates, times, costs, complete address, a contact telephone number) by noon on Thursday prior to publication.

## stage

**"Babes in Toyland"** Portland Lyric Theater presents the classic children's musical. 176 Sawyer St. S. Portland presents a musical. Dec 1-3. Fri and Sat 8 pm, Sun 2:30 pm. Tix: (\$8 kids/seniors). 799-1421.

**"Banjo Dancing"** A one-man show starring musician/performer Stephen Wade, integrating storytelling and music into a tale of the American people and their spirit. Plays at the Portland Stage Company, 25A Forest Ave. Portland. Dec 3-23. Tues, Wed & Thurs 7:30 pm, Fri 8 pm, Sat 5 pm, Sun 2 pm (also pay-what-you-can-night Dec 23 at 9 pm). Tix: \$15-\$29. 774-0465.

**"Bits and Pieces"** An original collection of comic bits and eccentric character pieces performed by "stand-up juggler" Michael Miclon, at Oak Street Theatre, 92 Oak St. Portland. Dec 2 & 3, 9 & 10 at 2 pm. Tix: \$5 (\$15 family of four). 775-5103.

**"Keely and Du"** Mad Horse Theatre Company, 955 Forest Ave, Portland, presents Jane Martin's story of a young woman who is kidnapped outside an abortion clinic and forced to carry the baby to term. Nov 30-Dec 17. Thurs and Fri 8 pm, Sun 7 pm. Tix: \$18 (\$16 students/seniors). Preview tix: \$10 (Nov 30 and Dec 1). Pay what you can night Nov 3. 797-3338.

**"Marriage Can Be Murder"** a mystery comedy wedding, put on by the Maine Theater Ensemble, will play at the Radisson Eastland Hotel, 157 High St. Portland, every Sat until Dec 9. Tix: \$29.95 (dinner included). 775-1144

## Old, blind and peaty



Not a thrash-folker among them: Old Blind Dogs

The Portland Folk Club (PFC) appears to be emerging slowly into the 20th century — the club's decision to take a few risks with this season's concert bookings indicates that a truly enlightened approach may be lurking just around the turn of the millennium.

The PFC's schedule for the next five months is less adventurous than one might hope (no Shane MacGowan), but less predictable than in the past (nobody who's actually dead). English singer June Tabor's concert in March and the electro-Celtic New St. George in April can be expected to do considerable damage to PFC's customary let's-all-join-hands-and-sing-some-Peter-Paul-and-Mary-songs approach to folk.

Of more immediate interest is the Scottish quartet Old Blind Dogs. The band specializes in the traditional music of northeastern Scotland, and presents it, if recordings are any indication, in a fairly straightforward manner that should prove reassuring to old-fart folkies. There are peaty vocals, fiddles, recorders, mandolins and guitars, with just enough electric bass and congas to give the tunes some bite and drive, but not nearly enough to elicit comparisons with early Pogues — these guys are far too respectful of their material to flirt with thrash-folk. Fans of Silly Wizard, Dick Gaughan and even the original Fairport Convention will have no trouble spotting the Dogs' influences, but should be warned there's nobody here in a league with Richard Thompson or the Brothers Cunningham.

On the other hand, there's nothing to indicate the next selection might be "Kumbaya." For the PFC, that's a big step forward.

■ AL DIAMOND

Old Blind Dogs perform at Morganfield's, 121 Center St., Dec. 6 at 8 p.m. Tix: \$10 advance, \$12 at door. 774-5853.

**"The Miracle Worker"** Deering High School presents William Gibson's play about the amazing triumphs of Helen Keller at Deering High School, 370 Stevens Ave. Portland. Nov 30-Dec 1 at 7 pm, Dec 2 at 2 pm & 7 pm. Tix: \$6 (\$4 students). 874-8260.

**Original Student One-Acts** Two one-act plays by USM theatre student playwrights, Jennifer Boisland and Guy Dorchek, directed by Thomas Power and William Steele, will be presented in an evening of original work. Presented at The Lab Theatre, Russell Hall, Gorham. Dec 8 & 9 at 7:30 pm; Dec 10 at 5 pm. Tix: \$7 (\$6 seniors/\$4 students). 780-5483.

**"The Tempest"** American Renaissance Theater presents Shakespeare's last play about a man at the end of his life, presiding over his kingdom filled with magic and dealing with the questions of the human psyche. Nov 30-Dec 17, Thurs-Sat at 8 pm, Sun 5 pm at Oak Street Theatre, 92 Oak St. Portland. Tix: \$10 Thurs/Sun, \$12 Fri/Sat. 775-5103.

**"Ten Little Indians"** Portland Players, 420 Cottage Rd. S. Portland, presents Agatha Christie's murder mystery about ten friends on a weekend getaway. Dec 1-3, 8-9, Fri and Sat 8 pm, Sun 2:30 pm. Tix: \$10 opening night, \$13. 799-7337

## auditions/etc

**Acorn Productions** holds open auditions for "Safe Sex" and "Buried Child," Dec 9, beginning at 4 pm, at Oak Street Theatre, 92 Oak St. Portland. Call Michael Levine from 2-5 pm for an appointment. 775-5103.

**Cathedral Chamber Singers** A community choir based at St. Luke's Cathedral seeks new members. Auditions by appointment. 772-5434.

**Dark Water Theatre Company** seeks seven male actors, age 30-50, for roles in its production of "Glenngary Glen Ross" slated for January. Auditions conducted privately. 892-3728.

**High School Rock-off** High school bands from across the state are invited to compete in a series of events. Deadline for registration is Dec 1. 874-9002.

**Monmouth Community Players** seek 5 men and 3 women for "Black Comedy." Open auditions Dec 14 & 15, at Monmouth Academy, Academy Rd, Monmouth. 998-5378.

**Portland Lyric Theater**, 176 Sawyer St. So. Portland, holds auditions for "Crazy for You," Dec 3 & 4, at 6:30 pm. 799-1421.

**Young Men's Choir** holds ongoing auditions by appointment only. 854-0182.

**Young Playwright's Contest** Children's Theatre of Maine sponsors a contest for writers age 18 and younger. The deadline is Mar 1, 1996. 874-0371.

## concerts

### friday 1

**"Nowell Sing We"** (medieval Christmas music) 8 pm at Swedenborgian Church, 302 Stevens Ave. Portland. Tix: \$8 (\$5 students/seniors). 345-3085.

**Livingston Taylor** (solo acoustic) 8 pm at First Parish Church, 425 Congress St. Portland. Tix: \$15 (\$10 students). 427-0410.

**Four Jazz Combos** (directed by Bill Street, Scott Reeves and Broniek Suchanek) 8 pm at Corbett Concert Hall, USM campus, Gorham. Free. 780-5555.

**"Christmas at the Cathedral"** (holiday carols) 8 pm at the Cathedral of the Immaculate Conception, 307 Congress St. Portland. Tix: \$10-15. 828-0043.

### sunday 3

**"Christmas at the Cathedral"** (holiday carols) 2:30 & 8 pm at the Cathedral of the Immaculate Conception, 307 Congress St. Portland. Tix: \$10-15. 828-0043.

**"An Advent Festival of Lessons and Carols"** presented by the Portland Cathedral Chamber Singers at 3:30 pm, at the Cathedral Church of St. Luke, 143 State St. Portland. Free. 646-4030.

**"Songs of the Season"** The Boy Singers of Maine's 16th annual holiday concert. 4 pm at the Immanuel Baptist Church, 156 High St. Portland. Tix: \$8 (kids \$4/ senior \$6). 781-8269.

### monday 4

**"How much the same, how very different"** (percussion ensemble) Portland Symphony Orchestra's kinderkonzert for kids ages 3-7, at 9:30 am, 10:30 am & 12:45 pm, Catherine McAuley High School, 631 Stevens Ave. Portland. Tix: \$2. Reservations recommended. 829-5751.

### tuesday 5

**"How much the same, how very different"** (percussion ensemble) Portland Symphony Orchestra's kinderkonzert for kids ages 3-7, at 9:30 am, 10:30 am & 12:45 pm, Catherine McAuley High School, 631 Stevens Ave. Portland. Tix: \$2. Reservations recommended. 829-5751.

## upcoming

**Opera Workshop** Dec 3 (scenes from operas) directed by Ellen Chickering and accompanied by Irina Soukmanova, in Corbett Concert Hall, USM campus, Gorham, at 3 pm. Tix: \$4 (\$2 students/seniors). 780-5256.

**"Joyous Sounds For a Festive Season"** Dec 8 performed by USM's Choral and Chamber Singers at the Immanuel Baptist Church, 156 High St. Portland, at 8 pm. Tix: \$4 (\$2 students/seniors). 780-5256.

**WMPG Benefit Concert** Dec 8 with local bands Car, Charcoal and Rufford, at Zootz, 31 Forest Ave, Portland. Tix: 780-4598.

**Revue Franco-Américaine** Dec 9 at 2 pm & 8 pm, Dec 10 at 2 pm, at Olin Arts Center, Bates College Campus, Lewiston. A colorful potpourri of Franco-American culture in tribute to Lewiston's bicentennial year. Tix: \$6 (\$3 seniors/students).

**Combined Concert** Dec 9 (Mahler's Symphony #1). The USM Orchestra, the Community Orchestra of the Portland Symphony Orchestra and the University of New Hampshire Orchestra collaborate to perform at 8 pm, at the Gorham Performing Arts Center, Gorham High School, 41 Morrill Ave., Gorham. Tix: \$4 (\$2 students/seniors). 780-5256.

**"O Burning Light"** Dec 10 (period works by von Bingen and Monteverdi) performed by USM's Collegium Musicum at the Immanuel Baptist Church, 156 High St. Portland, at 7 pm. Tix: \$4 (\$2 students/seniors). 780-5256.

**USM Jazz Ensemble** Dec 10 (featuring student conductors) 3 pm at Corbett Concert Hall, USM campus, Gorham. Tix: \$4 (\$2 students/seniors). 780-5555.

**PHISH** Dec 11 (Grateful Dead wannabes) 7:30 pm at the Cumberland County Civic Center, One Civic Center Sq. Portland. Tix: sold out. 775-3458.

## dance

**Agape** 657 Congress St. Portland, hosts several dance classes and events. Dec 1: Samba enchanted evening. A workshop in basic Samba steps with Sheila Bellefeur of Casco Bay Movers at 7:30 pm. Free. Dec 2: Street Funk Dance. Ongoing course, meets at 9 pm. Cost: \$7. Dec 4: Creative Movement: Explorations in body language meets at 5:15 pm. Free. 780-1500.

**Ballroom Dance Social** The Gorham Dance Club hosts a ballroom party and social, Saturdays from 8-11 pm at the Center of Movement, 19 State St. Gorham. Potluck supper at 7 pm. Cost: \$5. 839-3267.

**Casco Bay Movers** offer a fall session of classes in jazz, tap, street funk, ballet, stretch and dance magic at 151 St. John St. Portland. Dec 2: "Street Funk Master Class" with Anne Kleo Armstrong of the Funky Girl Club in Boston. Adults 1-2 pm, teens 2-3 pm. Cost: \$12. Advance registration necessary. 871-1013.

**Contact Improvisation/Open Movement** Dance groups for people of all ages and abilities, Mondays from 7-10 pm at the Portland Performing Arts Center, 25A Forest Ave. Portland; Wednesdays from 6:30-9:30 pm at the United Methodist Church Dance Studio, corner of Elm and Chapel St. S. Portland. Cost: \$1 Mondays (\$4 Wednesdays). 775-4981.

**Contradance** with Crooked Stovepipe Band every third Fri at 8:30 pm at the Presumpscot Grange, 1844 Forest Ave. Portland (across from Tortilla Flat). All dances taught. Singles always welcome. Cost: \$5. 774-3392.

**Contradance** with Ellen & the Sea Slugs the first Sat of each month at 7:30 pm at Saco River Grange Hall, Salmon Falls Road, Bar Mills. Cost: \$4 (\$2 kids/ \$10 family max). 929-6472.

**Contradance** with Whirled Peas and John McIntyre the first Fri of every month at 8:30 pm at State Street Church, 159 State St. Portland. Cost: \$5. (All dances taught). 774-6396.

**Gotta Dance** The Gotta Dance studio, located at Scarborough Professional Center, 136 Rt 1, Scarborough, offers classes in Argentine Tango, Salsa, Ballroom and West Coast Swing. A new fall series introduces stretching, yoga and aerobic classes as well as a Friday Night Dance Party — dance to ballroom, Latin, swing and contemporary music every Fri from 9 pm-12:30 am. Cost: \$8 per person workshops (\$6 dance parties). 773-3558.

**Maine Ballroom Dance** 614A Congress St. Portland, offers classes in swing, foxtrot, waltz and Latin dance, as well as a dance party every Saturday night, from 8 pm-midnight. Dec 9: Christmas party and dance showcase, 8-12 pm. Cost: \$6. 773-0002.

**Maine State Ballet** 91 Forest St. Westbrook announces its 15-week apprentice program for area high school students. Send applications to Ciella Garrity. Program begins Jan 2. 856-1663.

**Mainiac Swing** (with Gotta Dance) hosts a jitterbug swing dance party the first Fri of every month from 9 pm-midnight, at the Presumpscot Grange Hall, on outer Forest Ave across from Tortilla Flats, Portland. Dec 1: Live boss-blues, swing with "The O-tones." Buffet. Cost: \$12 (\$10 members). 774-2718.

CONTINUED ON PAGE 22

# To the Citizens of the Greater Portland Area:

After serious consideration, we have decided not to pursue a marine terminal in Southern Maine.

Our intention was to build a first rate facility with which the community of South Portland would be pleased.

However, in the course of our efforts to establish a terminal, a number of significant issues were raised. As a result, decisions were made that make the continuation of our plans unfeasible.

We respect those decisions and the community's right to set the course for its future development.

We apologize to anyone who had concerns over our proposal, and thank all those who supported us.

While we were not successful with this project, we still believe that Southern Maine is an excellent place in which to invest and do business.

We are proud to do business in Maine and look forward to working with you in the future.

Signed,

Irving Oil Corporation





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CONTINUED FROM PAGE 20

**Male Performers Needed for Dance** Portland's production of Eduardo Mariscal's "From Inside, From Outside." Experience not necessary. 879-0480.

**Maplewood Dance Center** 383 Warren Ave., Portland, is open every night for dancing. Country dancing Thurs.-Mon. Swing dancing the third Tuesday of every month and Ballroom dancing Wed. 878-0584.

**The Nutcracker** Presented by the Maine State Ballet and the Maine State Ballet Orchestra at the State Theatre, 609 Congress St., Portland, Dec 1-3 & 8-10, Fri at 7:30 pm, Sat at 1:30 & 7:30 pm, and Sun at 1:30 pm. Tix: \$10-\$25. 856-1663.

**The Nutcracker** with guest artists from the Bolshoi Ballet, presented by the Portland Ballet Company at Portland High School Auditorium, 284 Cumberland Ave., Portland, Dec 1, 2, 3, 7-10, & 15-17. Thur at 6 pm, Fri at 7 pm, Sat at 1 & 7 pm, Sun at 1 pm, and a special showing Dec 17 at 6 pm.

**Street Funk Dance** A course in advanced fun at Gotta Dance, 657 Congress St., Portland, Saturdays at 10:30 am. 772-6351.

**Swedenborgian Confraternity** every fourth Saturday of the month at the Swedenborgian Church, 302 Stevens Ave., Portland, from 8:30-11:30 pm. Refreshments available, all dances taught. Cost: \$5. 772-4460.

**Swing Night** Morganfield's, 121 Center St., Portland, hosts the Swingin' Blue Matadors and dance instructor Ken Blonder, Tuesdays at 8 pm. Dance lessons at 7:30 pm. Cost: \$5.

## events

**Sesame Street Live** Nov 30-Dec 3. Elmo, Big Bird and the rest of the Sesame Street gang will perform "When I Grow Up," an exploration of career possibilities. At the Cumberland County Civic Center, 1 Civic Center Sq., Portland, Nov 30 & Dec 1 at 7 pm, Dec 2 & 3 at 4:30 pm. Tix: \$8-\$50 & \$10-\$50. 775-3458.

**Staying out of the Risky Zone** Nov 30. In honor of World AIDS day, Risky Zone Initiative, a non-profit educational organization, presents a highly innovative music and curriculum project with artists from Boston, New York and Portland. Show starts at 5:30 pm. First Parish Church, Congress St., Portland. Free. 761-6981.

**The Snow Lies White: A Victorian Christmas Gala** Dec 1. USM's fifth annual music scholarship fundraiser will take place from 7-11 pm at the Radisson Eastland Hotel, 157 High St., Portland. Reservation deadline Nov 27. Tix: \$75. 780-5256.

**Dead Space Gallery** 11 Avon St., Portland. In honor of "A Day Without Art" presents a salon, on Dec 1, with performances by Darien Brahms and Michael Wormwood. Food by Black Tie Catering. Twenties dress code is suggested. The night begins at 8 pm. Cost: \$4. 828-4637.

**A Day Without Art** Dec 1. The Portland Museum of Art will mark World AIDS Day by observing a day of action and mourning in response to the continuing AIDS crisis. The museum will hold a silent auction from 10 am-4 pm, with wreaths entered by individuals and local florists. Proceeds will benefit the Maine AIDS Coalition. Free. 773-ARTS.

**More Time** Dec 1 at the Danforth Gallery, 34 Danforth St., Portland. The gallery presents a film by Zimbabwean filmmaker Isaac Madhikwa, about an African girl's emergence into adolescence in the shadow of the AIDS crisis. Plays at 3, 5 & 7 pm. Donations accepted to benefit the AIDS Project. 775-6245.

**Tenth Annual Maine Women's Studies Conference** Dec 1 & 2 at USM's Gorman campus and the Ramada Inn, 1230 Congress St., Portland. This year's theme is "Women, education: the difference it makes." Blythe Clinchy, co-author of "Women's Ways of Knowing" will speak at the Ramada on Dec 1 at 7 pm. Conference begins Dec 1 at 2:30 pm and continues through Dec 2. Cost: \$20. 1-800-800-4876.

**"A Gala Evening of Storytelling"** Dec 2. Bet Ha'am, 81 Westbrook St., So. Portland, presents acclaimed Jewish storyteller and founder of the Jewish Storytelling Center in New York City, Peninnah Schram. The evening starts at 7:30 pm, including a Havdalah service, dessert and coffee and a signing of her tapes and books by Peninnah Schram. Tix: \$10 (2 for \$18).

**USM's Annual Children's Christmas Party** Dec 2. USM's department of commuter student services sponsors a children's party with music, entertainment, craft projects and a visit from Mr. and Mrs. Claus at Sullivan Gym, USM campus, Portland. Nonperishable food items will be collected for the needy. Free. 780-4090.

**Annual McLeilan House Christmas Tea** Dec 3 from 3-6 pm at the Portland Museum of Art, 7 Congress St., Portland. The event will include traditional "high tea" refreshments: fruits, finger sandwiches, tarts and rum punch; music by Harpist Dorothy Hansen; and a tour of the McLeilan House (which is a wing of the museum itself). A special lecture on "the history of the McLeilan House" will be given by Earle G. Shettleworth at 2 pm in the museum's auditorium. Tix: \$10 (\$25 for both the lecture and tea). Proceeds go toward the restoration of the house. Reservations requested. 775-6148.

## art openings

**Art Gallery at Six Deering Street** 6 Deering St., Portland, will have an open house, Dec 2, 11 am-5 pm, at the historic Harding House, featuring an exhibition of new paintings by Mary Levine and Milton Christianson. Shows through Dec 22. Hours: Tues-Sat 11 am-5 pm. 772-9605.

**Danforth Gallery** 34 Danforth St., Portland. Opening reception for "On Building Community," featuring artists and businesses in and around the Old Molasses building, Nov 30, 5-7 pm. Shows through Dec 22. Also, opening reception for "Paper Prayers," a collaborative exhibition focusing on AIDS awareness. Shows through Dec 10. Hours: Wed, Fri, Sat, 11 am-5 pm, Thurs 11 am-8 pm, Sun noon-5 pm. 775-6245.

**Dead Space Gallery** 11 Avon St., Portland. Opening reception for "Familiar Moments," color photographs by Jay York and Katie Fagan, Dec 10, 5-7 pm. Shows through Jan 8. Featuring live music with Shutdown 66. Hours: Sat-Mon noon-5 pm. 828-4637.

**June Fitzpatrick Gallery** 112 High St., Portland. Opening reception for "Open Forms," clay sculpture by Nancy Nevergole, Nov 30, 6-8 pm. Opening reception for Edward Mackenzie, "Piano Works Assemblage," Dec 7-8 pm. Both show through Dec 30. Hours: Tues-Sat noon-5 pm, Thurs noon-8 pm. 772-1961.

**Portland Museum of Art** 7 Congress Square, Portland. Lighting of the Copper Beech Tree. Holiday music by Bellamy Jazz Band, The Choral Arts Society and Freeport Middle School Choir. Art-making activities and holiday treats. Nov 30, 5:30-7 pm. Free. 773-ARTS.

**SALT Gallery** 17 Pine St., Portland. Opening reception for end of term exhibit featuring the work of SALT students, Dec 8, 5-7 pm. Shows through Feb 15. Hours: Wed & Fri 2-6 pm, Sat 10 am-1 pm. 761-0660.

**USM Art Gallery** USM campus, Portland. Opening reception for "Parking Lots" by painter Michael Libby, Dec 7, 5-7 pm. Shows through Jan 5. Hours: Mon-Thurs 7 am-10 pm, Fri 7 am-7 pm, Sat 9 am-5 pm. 780-5008.

## now showing

**African Imports and New England Arts** 28 Milk St., Portland. "Hidden Treasures," traditional African arts, rare carvings and works by modern artists from Nigeria to New England, ongoing. Hours: 10:30 am-9 pm Mon-Sat, 12-6 pm Sun. 772-9505.

**Agape Center** 657 Congress St., Portland. Large abstract gesture paintings by Reggie Osborn and latest works of eco-spiritualist painter Nancy Earle. Ongoing. Open by appointment. 774-2718.

**Bagelworks** 15 Temple St., Portland. Art work by Zoo Cain shows through Nov 30. Hours: Mon-Fri 7 am-5 pm, Sat 7 am-4 pm, Sun 7 am-3 pm. 879-2425.

**Baxter Gallery** 619 Congress St., Portland. "On Target: Do It Yourself" shows through Dec 10. Hours: Tues-Fri, 10 am-4 pm. 775-5152.

**Blintz's Cafe** 98 Portland St., Portland. Seascapes and still lifes by Caroline Norton, ongoing. Hours: Mon-Wed 6 am-3 pm, Thurs-Sat 6 am-9 pm, Sun 7 am-3 pm. 773-2096.

**Black Moon Gallery** 339 Fore St., Portland. "Holiday Show," collected works of the gallery artists. Hours: Tues-Sat 11 am-5 pm, Sun-Mon 11 am-6 pm. 774-4423.

**Bowdoin College Museum of Art Walker Art Building**, Brunswick. The museum is open to the public free of charge. Hours: Tues-Sat 10 am-5 pm, Mon-Sun 2-5 pm. 725-3275.

**"Art & Life in the Mediterranean"** An installation of Assyrian, Egyptian, Cypriot, Greek and Roman art, ongoing.

**"Miss Rumphius"** paintings by Barbara Cooney show Dec 5 through Jan 28.

**Christine's Dream** 41 Middle St., Portland. New works by painter James Comas Cole, Lori Austill and Andy Curran show until further notice. Hours: Tues-Fri 7 am-2 pm, Sat-Sun 9 am-2 pm. 774-2972.

**Coffee By Design** 620 Congress St., Portland. "Whimsical Relief Paintings" by David Cedrone show through Jan 7. Artist reception and holiday open house Nov 30 from 5-8 pm. Hours: Mon-Thurs, 7 am-8 pm, Fri 7 am-9 pm, Sat 8 am-9 pm, Sun 8 am-6 pm. 772-5533.

**Congress Street Diner** 551 Congress St., Portland. Permanent showing of wall murals by Anthony Taylor and Paul Brahms, featuring old-era Congress Street art. Hours: Mon-Sun 7 am-3 pm. 773-6957.

**Dead Space Gallery** 11 Avon St., Portland. Hours: Tues 12-5 pm or by appointment. 828-4637.

**Free Street Taverna** 128 Free St., Portland. Mixed media Greek collages by Richard Lee. Hours: Mon 11 am-4 pm, Tues-Sat 11 am-10 pm. 774-1114.

**Frost Gully Gallery** 411 Congress St., Portland. Paintings by Janet Conlon Manyan. Shows through Dec 2. Hours: Mon-Sat 12-6 pm. 773-2555.

CONTINUED ON PAGE 26

# SKI and SNOWBOARD CHRISTMAS SALE

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# calendar

Catch wordsmith Lydia Lunch...



Submissions for the calendar must be received in writing on the Thursday prior to publication. Send your calendar listings to Zoë Miller, Casco Bay Weekly, 561 Congress St., Portland, ME 04101.

## thursday 30

Body under fire: Amid the us vs. them feuding that has monopolized reproductive issues, it's easy to forget that nothing is black and white when it involves real people. Terms like pro-choice, pro-life, anti-abortion and anti-choice fool us into believing that there are two sides — and that you've got to choose. Mad Horse Theatre Company's presentation of **KEELY AND DU** forces both camps to confront each other. The story follows a young woman who is kidnapped outside an abortion clinic and forced to carry the pregnancy to term. While in captivity, she forges a relationship with her "caretaker" that challenges the demonization both sides rely on to characterize the other. The show runs through Dec. 17 at Mad Horse Theatre, 955 Forest Ave., Thursday-Saturday at 8 p.m., Sunday at 7 p.m. Tix: \$10 (Nov. 30 & Dec. 1 only); \$18 (\$16 students/seniors); Sat \$20 (\$18 students/seniors); "pay what you can night" Dec. 3. 797-3338.

## friday 1

Roots abound: Some musical genres just beg to be thrown into a blender and mixed on high speed. For example, Celtic, bluegrass, country, folk and jazz — five great tastes that taste great together. Pour them out onstage and *voilà* — you have **FLYWHEEL**, a local four-piece outfit that's been dishing up rocked-out bluegrass to audiences from Portland to New York City. Flywheel will perform with another local rootsy combo, the band formerly known as The Memphis Mafia, at Morganfield's, 121 Center St., at 9 p.m. Tix: \$5. 774-5853.

## saturday 2

Dueling nutcrackers: Some cities revel in the triumphs of their sports teams. Here in Portland we have ballet to get worked-up over, namely the annual head-to-head presentation of "The Nutcracker" by **THE MAINE STATE BALLET** and **THE PORTLAND BALLET COMPANY**. Maine State's production features a new gingerbread house, while Portland Ballet will bring in a pair of Bolshoi stars to dance the principal roles. Maine State Ballet will perform at the State Theatre, 609 Congress St., through Dec. 10. Times vary. Tix: \$10-\$25. 856-1663. Portland Ballet Company performs at the Portland High School Auditorium, 284 Cumberland Ave., through Dec. 17. Times vary. Tix: \$10 (\$18 for Dec. 3-17, \$14 kids/seniors). 772-9671.

## sunday 3

Poetic license: Portland isn't exactly known as the poetic Mecca of the north — if it's word spinning you crave, you've got only one open-mic night and the occasional slam. Enter **LYDIA LUNCH & EXENE CERVENKA**, New York City queens of the spoken word who've been using the power of their voices to communicate with the world for nearly 20 years. Together they use monologue, dialogue and call-and-response to create a show that leaves you picking your brain. Got a beef with a societal problem? Odds are they do too. Hear them rave at Zootz, 31 Forest Ave., at 7 p.m. Tix: \$8. 773-8187.

## monday 4

Percussion playland: For all the kiddies who like music but can't sit through another Raffi concert with Mom and Dad, here's a sparkling alternative. No, it's not Green Day, it's the Portland Symphony Orchestra kinderconcert "**HOW MUCH THE SAME, HOW VERY DIFFERENT**." The concert will feature PSO's percussion ensemble, slamming away at the drums — sure to put smiles on the faces of the 3-7 year-olds lucky enough to be there. The show goes on not once, not twice, but three times, at Catherine McAuley High School, 631 Stevens Ave., at 9:30 and 10:30 a.m. and 12:45 p.m. The show will also be performed at these times on Dec. 5. Tix: \$2. Reservations are a good idea. 829-5751.

## tuesday 5

The Big Easy: Yes, it's getting to be that time of year again. The air is nippy, the sidewalk puddles have frozen and the mall is already decked-out for Christmas. Unfortunately, most of us are still eating leftover turkey sandwiches for lunch. Just when you thought there was no escape from campy holiday cheer, the Victoria Mansion comes to the rescue with "**A 19TH-CENTURY NEW ORLEANS CHRISTMAS**." This way, when the Portland Jetport gets snowed in and you're forced to cancel your snow-free Christmas vacation in Barbados, you know you can find an upper-crust Louisiana Christmas right here in Portland. Reserve your place at the preview party, from 5-8 p.m., at the Victoria Mansion, 109 Danforth St. Tix: \$25. 772-4841.

## wednesday 6

Call me bugman: Leon Theremin, grandfather of the synthesizer, created his

strange-sounding device, the "Theremin," in Soviet-era Russia in the 1920's. Steven M. Martin's film "**THEREMIN — AN ELECTRONIC ODYSSEY**" chronicles the life of this musical genius. The story takes viewers on a journey through his rise to a concert-hall performer, his capture in 1938 by Soviet police in New York City, his imprisonment in a brutal slave labor camp and his subsequent invention of the eavesdropping device we know as the "bug." See this bizarre and fascinating tale at The Movies, 10 Exchange St. at 5:15, 7, and 9 p.m. Tix: \$2.50 (\$4 all other nights). 772-9600.

## thursday 7

Skankin' riddim: The more you simmer something, the more potent and flavorful it becomes. If that has any bearing on music, then 30 years in the pot together ought to make **THE SKATALITES** any ska fan's dream. Every member of this band was around in the late '50s when Jamaican music was spawning its unique sound. They were a core group that provided sound for greats such as Toots & The Maytals and Jimmy Cliff. Then they crumbled off the rock and began their own career. Here's your chance to catch some genuine Jamaican rhythm. Head over to Raoul's, 865 Forest Ave., for two shows — all ages from 6-9 p.m., and 21+ at 9 p.m. Tix: \$10. 773-6886.

## friday 8

Unknown legend: No career dilemmas for this guy. **JOHNNY ADAMS** has been married to the microphone since he sang in his hometown church choir as a teen. He's a legend on his home turf of Louisiana — and, interestingly, in Europe — and occasionally breaks away from his New Orleans roost to bestow a bit of rhythm on us northern types. Portland is fortunate enough to have "The Tan Canary" here on behalf of the Southern Maine Blues Society. His recent releases have been jazz-focused, but on stage he's a serious R&B belter. If you have any inkling of what the meaning of legendary really is, you'll want to find your way to Morganfield's, 121 Center St., at 9 p.m. Tix: \$12. 774-5853.

## saturday 9

Art out of the closet: Ever find yourself walking past the MECA building under construction on Congress Street and wondering where, pray tell, is the art? All this time we must have been thinking out loud, because lo and behold it's the **ANNUAL HOLIDAY SALE**. Students, alumni, faculty and staff of Portland's very own college of art will be peddling their work for all the world to buy. Looking for a unique Christmas gift? Here's your chance. Don't hesitate — get over to One City Center's lower level between 9 a.m. and 7 p.m. 775-3052.

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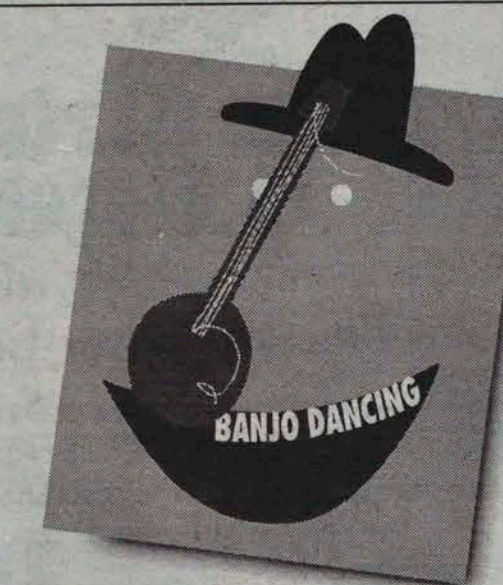
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CONTINUED FROM PAGE 22

**Greenhut Gallery** 146 Middle St. Portland. "Artists Care, Greenhut Cares" shows Dec 1 through Dec 30. Hours: Mon-Fri 10 am-5:30 pm, Sat 10 am-5 pm, Sun noon-4 pm. 772-2693.

**Icon Contemporary Art** 19 Mason St. Brunswick. Sculptures by Duncan Hewitt show through Nov 30. Hours: Mon-Fri 1-5 pm, Sat 1-4 pm. 725-8157.

**Jameson Gallery** 217 Commercial St. Portland. Recent oil paintings by W. Charles Nowell show through Dec 1. Hours: Mon-Sat 10 am-5:30 pm. 772-5522.

**Java Joe's** 13 Exchange St. Portland. Photographs by Richard Sandtler and Brian Hoye shows through mid-December. 761-5637.

**Jewelers Work** 30 Exchange St. third floor, Portland. Cooperative showroom of original, contemporary jewelry designs by nationally exhibited artists. Hours: 10 am-6 pm daily. 773-6824.

**June Fitzpatrick Gallery** 112 High St. Portland. New works by Noriko Sakanishi show through Dec 2. Hours: Tues-Sat noon-5 pm, Thurs noon-8 pm. 772-1961.

**Maine Potters Market** 376 Fore St. Portland. Hours: 10 am-6 pm daily. 774-1633.

**Meander Gallery** 40 Pleasant St. Portland. "Spirit of Earth: An Australian Aboriginal Vision" shows through Nov 30. Hours: 12-6 pm, Tues-Sat. 871-1078.

**Nancy Margolis Gallery** 367 Fore St. Portland. The "Fourth Annual Menorah Exhibit" shows through Jan 1. Hours: Mon-Wed 10 am-6 pm, Thurs 10 am-8 pm, Fri-Sat 10 am-9 pm and Sun 11 am-6 pm. 775-3822.

**On Balance** 4 Milk St. Portland. "Precious Moments," pictures and small stories by Debb Freedman, shows through Nov. Hours: Mon-Fri 9 am-4:30 pm. 772-9812.

**Perfetto's Restaurant** 28 Exchange St. Portland. "Almost Edible," paintings by Kate Merrick, ongoing. Hours: Mon-Sun 11 am-11 pm. 828-0001.

**Pilgrimage** 441 Congress St. Portland. Recent paintings and drawings by Joanne Hartford show through Dec 31. Hours: Mon-Fri 10 am-4 pm. 772-1508.

**Pine Tree Shop and Bayview Gallery** 75 Market St. Portland. Folk art sculpture by Robert Stebleton, shows through Dec 31. Public reception Dec 14 from 5:30-7:30 pm. Hours: Mon-Sat 9:30 am-5:30 pm. 773-3007.

**Portland Museum of Art** 7 Congress Square. Hours: Tues-Sat 10 am-5 pm, Thurs 10-9, Sun 12-5. Admission: \$6 adults/\$3 students and seniors/\$1 youth 6-12 years. Museum admission is free 10-years the first Saturday of the month and 5-9 every Thursday evening. 773-ARTS or 1-800-639-4057.

**Solestice Tree** A 15-foot tree decorated with objects created by notable artists, through Dec 31.

**"After Art: Rethinking 150 Years of Photography"** A collection of over 200 photos through Jan 14.

**The Scott M. Black Collection** A sampling from Scott Black's 19th- and 20th-century paintings and sculptures.

**19th- and 20th-Century European and American Art** Paintings, sculptures and works on paper by Monet, Renoir, Picasso, Matisse and other masters of the past two centuries. Ongoing.

**"The Artistry of Rockwell Kent: Graphics and Decorative Arts"** shows through Dec 3.

**"The Disonant Heart"** shows through Dec 10.

**Portland Pottery** 118 Washington Ave. Portland. Ongoing show of unique and functional ceramics and jewelry by Lisa Bonarigo, teachers and students. Hours: Mon-Fri 9-6 pm. 772-4334.

**Portland Public Library** 5 Monument Square, Portland. "The Shape of an Image Creates a Feeling" shows through Nov 30 in the Lewis Gallery. Also, Maine Civil War memorabilia will be on display in the Portland Room through Nov. "Winter's Angels," by Evelyn Winter shows through Dec 30 in the Lewis Gallery. Hours: Mon, Wed, Fri 9 am-6 pm, Tues & Thurs 12-9 pm, Sat 9 am-5 pm. 871-1758.

**Renaissance Antiques** 221 Commercial St. Portland. Ongoing show of works by John Dehlinger, Wilder Oaks, Terry Wolf and other Maine artists. Hours: 10 am-7 pm daily. 879-0789.

**Salt Gallery** 17-19 Pine St. Portland. "The American Circus Clown," photographs by Phyllis Rogers, shows through Dec 2. Hours: Wed and Fri, 2-6 pm, Sat 10 am-4 pm. 761-0660.

**Sawyer Street Studios** 131 Sawyer St. Portland. Works in clay shows through Dec 23. Hours: Thur 4-8 pm, Fri & Sat 10 am-6 pm, and by appointment. 767-7113.

**Thomas Memorial Library** 6 Scott Dyer Rd. Cape Elizabeth. "Electronic Images, Using the Computer to Create Art," a collection of works by Beatrice Gordon, shows through Dec 9. Hours: Mon, Wed, Fri, 9am-5pm; Tues, Thurs, 9am-9pm. 799-1720.

**Thos. Moser Gallery** 415 Cumberland Ave. Portland. Landscape Paintings by Phil Potter and early landscape plans for the City of Portland shows through Dec 9. Hours: Mon-Sat 9 am-5 pm. 774-3791.

**TP Perkins & Co.** 6 Free Street, Portland. Primitive folk art by Annette Lacroix, ongoing. Hours: Mon-Thurs & Sat, 10 am-6 pm, Fri from 10 am-9 pm and Sun from 12-5 pm. 871-8299.

**USM Art Gallery** 37 College Ave. Gorham. USM faculty art show, featuring current works from 19 art faculty members, shows through Dec 22. 780-5409.

**USM Osher Map Library** 314 Forest Ave. Portland. "A Celebration of 175 Years of Maine Statehood" shows through Jan 28. Hours: Wed 1-4:30 pm and 6-8 pm, Thurs & Sat from 9 am-12:30 pm. 780-4850.

**USM Stone House** Wolf Neck Rd, Freeport. Maine landscapes by Jeana Bearce and Larry Rakovan show through Dec 15. Hours: Mon-Thurs, 8 am-4:30 pm. 865-3428.

**Zuni Bar & Grill** 21 Pleasant St. Portland. Paintings by Steven J. Priestley and mixed media on paper by Deborah Newberg, ongoing. Hours: Tues-Sun, 5 pm-10 pm. 774-5260.

**Wallehan Library** St. Joseph's College campus, Standish. "Harvest Home," works on paper by Laurie Downey, shows through Dec 21. Open 7 days a week. Hours vary. 893-7722.

## other

**Artists Apply Portland Public Library, 5 Monument Square, Portland, invites artists to submit work for one-month exhibition in the Lewis gallery. 871-1758.**

**Art Contest** Women's Business Development Corporation is offering \$100 cash and a host of other prizes to the artist whose work is chosen for the cover of the 1996-97 Maine Women's Business Directory. Application deadline is Dec 1. 947-5990.

**Coffee By Design** 620 Congress St. Portland, holds a holiday open house and reception for David Cedrone's relief paintings. Nov 30, from 5-8 pm. 772-5533.

**Danforth Gallery** 34 Danforth St. Portland, seeks submissions for an outdoor wood sculpture multi-site exhibition slated for fall, 1996. Fee & expense allowance provided. Send slides, cover letter and resume by Dec 20. 775-6245.

**Maine Women's Lobby** calls for artists to submit original artwork for the 1996 women's history month poster. This year Maine Women's Lobby will honor the late U.S. Senator Margaret Chase Smith. Deadline for submissions is Jan 16, 622-0851.

**Maine College of Art** 97 Spring St. Portland. 775-3052.

**Valuing Artists Program** hosts photographer Jerome Leibling for a lecture at the Baxter Gallery, 619 Congress St. Portland, Nov 30 at 7 pm. Free. 772-5069.

**Open House Tours at MECA** 522 Congress St. Portland, Maine College of Art invites the public to come inside and see the how the new building is progressing. Dec 6 from 5-6 pm. 775-5098.

**Saturday School Show** Dec 9 at the Calderwood Building, 61 Pleasant St. Portland. Reception and exhibition of student work and works on fall 95 semester. 9-30 noon. 775-3052.

**Annual Holiday Sale** One City Center, Portland. Students, alumni, faculty and friends of MECA sell their art Dec 8, 5-8 pm, and Dec 9, 9 am-7 pm. 775-3052.

**Open Slide Night** The Union of Maine Visual Artists invites artists, craftspeople and anyone interested to attend an open slide night the second Friday of each month at 7:30 pm at Jay York Affordable Photo, 58 Wilmot St. Portland. Bring slides for discussion/feedback. 773-3434.

**Open Studios** at 20-36 Danforth Street, Dec 2 from 11 am-4 pm, and Dec 3 from noon-4 pm. This small community of artists and craftspeople, including Danforth Gallery and Casco Bay Wool Works, will open their studios to the public. 775-6245.

**Peregrine Press Studio** 70 Merrill St. Portland, a cooperative printmaking studio, holds its annual open house with art for sale. Dec 8, 5-8 pm, Dec 9, 10 am-4 pm. 839-3824.

**Portland Camera Club** holds weekly meeting, Mon at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Monthly events include B&W, color print and color slide competition. 854-3763.

**Portland Chamber of Commerce** is looking for Maine artists to share their work. 772-2811, ext. 223.

**Portland Museum of Art** 7 Congress Square, Portland, seeks art education volunteers to start the winter training course. No special art history background is required. Applications accepted through December. 775-6148.

**Pottery Classes** for kids and adults offered at Sawyer Street Studios, S. Portland. Costs and times vary. 767-4394.

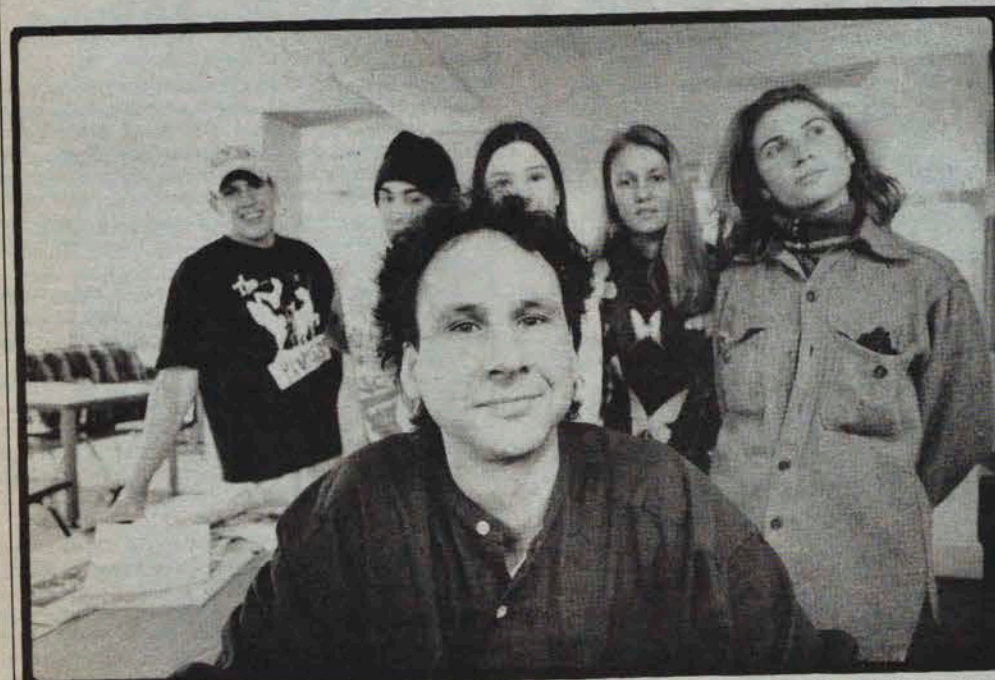
**USM Artist Lecture Series**, USM Gorham, Robey Andrews Hall. 780-5008.

**Very Special Arts Maine** needs volunteers to assist at their workshops for New Year's Eve Portland. Training sessions begin Nov 27. 761-3861.

**Young at Art** offers creative family art workshops. Dec 2: "Jewelry Making," 10 am-noon. Cost: \$10 (\$35/family of 4). 829-2208. Dec 7: "Through Your Hands and Heart," multi-cultural art. 6:30-8:30 pm. Free. 772-1959. Dec 8: "Inventive Gift Making," 10 am-noon. Cost: \$5. 892-4400. Call for locations. Register by Dec 1.

**Continued on page 28**

## Rhythm method



"Music is the vehicle": David Vaughan with Students for Safer Sexuality. PHOTO/COLIN MALAKIE

### Rapping, dubbing, crooning and other ways of talking to teenagers about sex

■ MARY BETH LAPIN

What's one way to get young people to tune in information about sexuality and HIV? Turn up the volume on "Staying Out of the Risky Zone," an educational/musical project by local teacher and musician David Vaughan.

The 16-song project deals with HIV prevention, abstinence, teen pregnancy, sexual orientation, peer pressure, condom use and date rape in a range of musical styles—rap, rock, rhythm and blues, hip-hop, funk and reggae. Vaughan, a 9th-grade biology teacher and HIV and sexuality educator at the Waynflete School, hopes songs like "Pause For Protection," "No Means No," "I'm Just Not Ready" and "If I Had Aids" will spark discussion and provide vital information. He hopes to have the CD project completed by the middle of January.

Several musicians who contributed to "Staying Out of the Risky Zone" will perform songs from the album on Nov. 30 at the First Parish Church on Congress Street. The event will also mark the eve of World AIDS Day with poetry, memorial readings and pictures of young people who have died from AIDS-related causes.

People ages 15-24, in fact, are the nation's fastest-growing subgroup for HIV infection. Currently, one-quarter of new HIV infections are among people under the age of 20. To reach them, Vaughan says, educators have to talk the talk. "Music is a vehicle young people connect to. It's their language," he says. "There's nothing particularly effective in an adult saying to a young

person, 'This is my advice to you.' This is about finding one more tool to raise awareness, perhaps even influence behavior change."

Vaughan knows about reaching young people. He has led workshops on peer education, HIV prevention and sexual-ity education in the classroom for students and teachers at national and regional conferences. At Waynflete, he helped start Students for Safer Sexuality, a peer counseling group for juniors and seniors. "Risky Zone" evolved from Vaughan's writing songs like "Muscle Rap" and "Digestive Blues" to jazz up biology lessons. When colleagues asked for recordings of his songs, Vaughan conceived Risky Zone Initiatives, a project combining music, information on sexuality and HIV prevention, and an activity-based curriculum.

Vaughan took a sabbatical last year to work with professional musicians and composers from Portland, Boston and New York to produce a recording slick enough for musically sophisticated teens. If they don't groove to all the songs, the streetwise lyrics should get them talking. "Wrap 'n' Roll," for instance, describes how to use a condom: "Now as you unroll it, leave room at the tip, by squeezing out the air with a pinch and twist, of the condom I mean, cuz the other would hurt, you don't want trapped air if Willy goes squirt."

Lyrics on the song "Risky Zone" advocate thinking twice before doing "the grin and glide": "Boyfriends, girlfriends, gay or straight, if you're thinking about sex please hesitate. Play it safe, you can choose to postpone, and keep yourself out of the risky zone."

Vaughan says the lyrics are no more graphic than anything students hear in most popular music. The difference is the educational message. On "Pause for Protection," a singer croons, "ooh baby, you stir me up inside, ooh, I want to take you for a ride..." while the chorus urges caution: "I may be in the throes of passion, but I'm into the latex fashion. So let's pause for protection if we make a love connection."

Waynflete senior Aaron Noon says students will giggle when they first hear "Wrap 'n' Roll," but that they'll also remember it. Noon, one of several students Vaughan asked to review selections from the CD, says while he doesn't like every song, "I could listen to them. I didn't have the gag approach. There were definitely a few that were cheesy, but it was more the style of the song." Noon adds that students prefer a song to a lecture. "It's a lot easier to approach kids with music rather than the facts," he says. "They tend to get bored when you ramble off, this is this, that's that. It's a lot less conservative way of teaching the information."

Sometimes, though, conservative is easier to market. Susan Tremblay, associate development director for The AIDS Project in Portland, says the vital messages contained in "Risky Zone" may be in a format too radical for some communities and public schools.

"Many schools we go to at their request don't want us to talk about condoms," she says. "They set restrictions about what we can or can't say. I can appreciate his project, but at the same time society does not embrace talking about drugs and sex, and those are two issues we must address in talking about HIV."

Vaughan recognizes that comfort levels vary, but that starting a discussion is what's most important. "Everyone wants the same outcomes—we don't want anyone to die, to get STDs, to experience an unwanted pregnancy," he says. "If people think we shouldn't address these things in the classroom, I respect that. But I also want to make sure we don't leave anyone out of the equation."

Music from "Staying Out of the Risky Zone" will be performed Nov. 30 at the First Parish Church, 425 Congress St., at 5:30 p.m. Donations will be accepted. For more information call 761-6981. CBW

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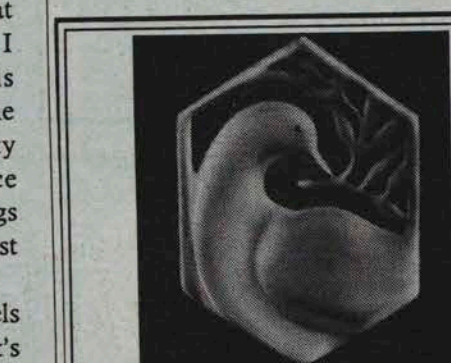


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CONTINUED FROM PAGE 26

**smarts**

**Agape Center for Soul, Community and the Arts** 657 Congress St., Portland, offers lectures and workshops on various topics. Nov 30: "Feng Shui: Space Therapy," a discussion on the art and science of the most beneficial placement of objects in the natural and built environments, 7:30 pm. Dec 6: "Personality, Nationally — How Much is Enough?" a discussion regarding voluntary simplicity, 7:30 pm. Free. 781-1500.

**Booksigning** at Greater Bookland Maine Mall Plaza, 220 Maine Mall Rd., S. Portland. Dec 9: Rick Charette, well-known children's singer and songwriter will sign copies of his new release, "Popcorn and Other Stories to Munch On," from 4:30-6 pm. Dec 10: Noted local children's author Alice Mead will sign copies of her latest book "Journey to Kosova," at 10 am. Dec 10: Jack and Diane Barnes will sign copies of their new book, "Maine Life at the Turn of the Century Through the Photography of Nettie Cummings Maxim," from 2-3 pm. 874-2300.

**Booksigning** at Greater Bookland & Cafe, Cooks Corner, Brunswick. Dec 2: Jack and Diane Barnes will sign copies of their new book, "Maine Life at the Turn of the Century Through the Photography of Nettie Cummings Maxim," from 10-11:30 am. Dec 2: Local author Kelly Paul Briggs will sign copies of "Island Alphabet: ABC of Maine Islands," from 2-3 pm. Dec 3: Local author Will Anderson will sign copies of "More Good Old Maine," from 2-3 pm. 725-2313.

**Booksigning** at Borders Books, 430 Gorham Rd., S. Portland. Charles G. Waugh and Eric-Jon Waugh, editors of the acclaimed "Stories from the Old Squire's Farm," will sign copies Dec 2, at 2 pm. 775-6110.

**Computer Know-How** The Small Business Development Center at USM has two Lotus/IBM Learning Centers available to help people in business learn how to use Lotus 123, One-Write Plus and WordPerfect 5.1. Appointments available Mon-Fri. Free. 780-4949.

**Computer Training Courses** offered at Technology Training Center, 39 Darling Ave., S. Portland. 780-6765.

**Conflict Management Skills for Women** A special one-day seminar for women only. Nov 30, at Verrillo's Convention Center, 155 Riverside St., Portland, from 9am-4 pm. Cost \$65. 1-800-873-7545.

**Intercultural Discussion Group** meets Mondays, 7 pm, at the Center for Intercultural Education, 565 Congress St., Portland. Volunteers are needed as well. 775-0547.

**Internet Training Classes** Internet Maine offers introductory and intermediate classes on how to use the net and HTML made easy every three weeks, at 449 Forest Ave., Portland. Cost: \$25. 780-0416.

**Language Exchange** 392 Fore St., Portland. Offers seminars and workshops on foreign languages. Dec 2: French grammar, 8:30 am-12:30 pm. Cost: \$40; Last International potluck of the season, 7 pm. Free. Dec 9: All day French immersion program, 8:30 am-4:30 pm. Cost: \$70. 772-0405.

**Lesbian Fiction Writing Workshop** beginning in January. Contact Joanne to join. 797-2856.

**Maine Writers and Publishers Alliance** 12 Pleasant St., Brunswick, will hold its 8th annual open house and book sale on Dec 2 from 10 am-3 pm. More than 50 Maine authors, poets and illustrators will be present to meet the public and sign books. The Alliance offers workshops on a regular basis. Pre-registration required. 729-6333.

**Matlovich Society** An educational organization of lesbians, gay men, bisexuals and friends meets every the second and fourth Thurs from of the month from 7:30-9 pm — at Holiday Inn by the Bay, 88 Spring St., Portland. 761-4380.

**Panel Discussion With Attendees of the International Women's Conference** A chance to hear opinions and observations from Maine women who went to Beijing this fall for the International Women's Conference. Dec 12, at 7 pm, at USM's Luther Bonney Auditorium, Portland. 874-1000.

**Portland Laptop Users Group** meets Mondays at 7:15 am at the Clark Associates Building, 2331 Congress St., Portland. Reservations and a laptop required. 775-1140 or 772-8666.

**Prose/creative Writing Workshop** to enhance self-awareness and creativity. Dec 1-3 at 360 Falmouth Rd., Falmouth. Led by certified teacher John Lee Hunter. 797-5887.

**SCORE 66** Pearl St., Portland, holds small business workshops on a regular basis. SCORE also offers free individual counseling appointments daily. Nominal fee. Dec 5: "The Business Plan and Cash Flow Projection," 1-4 pm. 772-1147.

**"Work Smart/Play Smart"** The Windows '95 informational tour will be at Staples, 443 Western Ave., S. Portland, Dec 6, from 11 am-7 pm, to offer consumers a chance to try Windows '95 themselves. 212-677-3070.

**outdoors**

**Cooking for the Outdoors** Dec 12. A live, hands-on demonstration with master chef Wilfred Beriau and his wife Gitana. Begins at 6:30 pm with potluck supper. Beriau's presentation will start at 7:30 pm, at the Lutheran Church, 132 Auburn St., Portland. 799-0094.

**H2 Outfitters** Nov 18: Kayak polo at Cape Elizabeth High School, Ocean House Rd., Cape Elizabeth. 833-5257.

**Maine Outdoor Adventure Club** Meetings are the first Wed of every month at 7 pm at the Unitarian Church, 524 Allen Ave., Portland. Dec 8-10: Ski Sugarloaf. 828-0918.

**Numbeaga Outfitters** offers a variety of paddling opportunities for people of all skill levels. Open pool classes Dec 2 and 16. Free. 773-0910.

**So. Me. Sea Kayaking Network** People of all skill levels are invited to join the network for some paddling. Call 874-2640 for updates and membership information.

**volunteer**

**AIFS Foundation** seeks host families for foreign exchange students. Ages 15-18, students have at least three years of English, and will stay for 5-10 months. 1-800-322-4678.

**Big Brother/Big Sister** seeks volunteers age 18 and up, to spend time as an adult friend to an at-risk child. Commitment is for at least one year. 773-5437.

**Building Materials Bank** A non-profit organization providing household fixtures and appliances for low-income homeowners seeks donations of reusable materials. "Yard sales" are held every Saturday of the month — at 169 Lewiston Rd., Gray. 657-2957.

**Cedars Nursing Care Center** seeks volunteers to read stories, play games, go on outings, share a pet and otherwise enrich the life quality of residents. 772-5456.

**CHOICES Program** seeks women to be mentors for girls between the ages of 10-18. The commitment involves one meeting per month plus individual time with a "mentee." 874-1183.

**Community Health Services** seeks volunteers to file, photocopy, type and do other jobs around their offices. 775-7231.

**Emergency Food Pantry** accepts donations of non-perishable food items at various congregations in S. Portland and Cape Elizabeth. 799-3361.

**Face the World** is currently seeking families to host foreign exchange students for the 1995-1996 academic year. Students are age 16-18 and from countries such as Japan, Denmark and Brazil. 773-0658.

**Family Opportunities Network** Provides services, including parent support groups, life-skills workshops and free childcare during meetings to homeless and at-risk families. 772-5394.

**Flag Disposal** Used, torn or faded American flags that are out of service can be donated to the Libby-Mitchell Post #76 of the American Legion in Scarborough. 883-7815.

**Free HIV/AIDS Presentations** available for community groups through the American Red Cross. 874-1192.

**Friends of the Maine Youth Center** meets the 3rd Wed of the month at 7 pm, at the Maine Youth Center, Westbrook St., S. Portland. 822-0050.

**Foster Grandparent Program** seeks adults aged 60 and over to offer support and guidance for young parents and children. Benefits including liability insurance, bi-weekly stipend and an annual physical are available for seniors who join. 773-0202.

**Help Stop Racial Violence** Anyone wishing to help the Sherrin family of Starks, victims of a hate crime that destroyed their home, can send donations to: Friends International, P.O. Box 8506, Portland, ME, 04104. 775-0547.

**Hospice of Maine** volunteers provide non-medical assistance and support to the terminally ill and their families. A comprehensive certification program for new volunteers begins Nov 2. 774-4417.

**Maine Audubon Society** seeks volunteers to fill several key positions at the Gilsland Farm Sanctuary. Cheerful, outgoing people who are available on weekends are needed. 781-2330.

**Maine Poison Center** is a preventative informational resource for families, staffed 24 hours a day for assistance. To receive an informational packet, including phone stickers, or get answers to questions about drugs or medications, call: 1-800-442-6305.

**Medicare Cuts** Seniors concerned about cuts in Medicare can call the Senior Coalition to get information about their options. 1-800-273-9009.

CONTINUED ON PAGE 30

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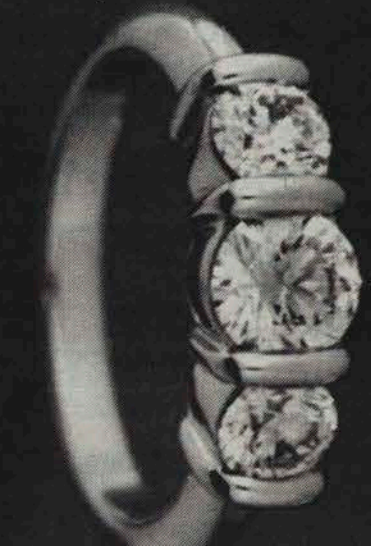
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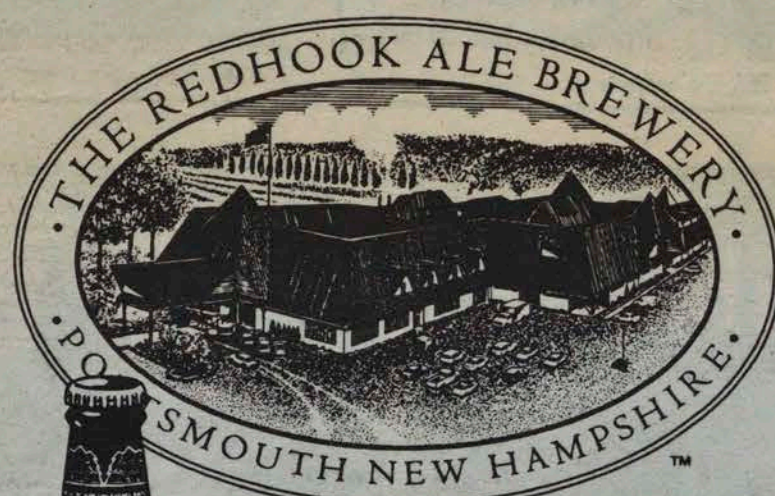
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**Public Street Resource Center Activities** at 252 Oxford St., Portland, include community meetings Fri at 10 am; writers' group open to anyone Weds from 11-1 pm and art groups open to anyone feeling the urge for creative expression Tues at 11 am. 874-5833.

**Racial Justice Committee** seeks to determine how it can be helpful in addressing justice issues in the community and find groups to collaborate with. Meetings are held the fourth Tuesday of each month at 5:30 pm, at YWCA, 87 Spring St., Portland. 781-3898.

**RDD Seeks Volunteers** Resources for the Developmentally Disabled, a supported training and employment program, seeks donations to meet their fundraising goals. Send to: RDD, 66 Pearl St., Suite 212, Portland, Maine, 04101. 780-9575.

**RSPV** seeks volunteers age 55 and older to act as tour guides for the State of the Art Theatre, help high school kids with computer graphics, make crafts with kids and collect data for a crime analysis unit. 775-6503.

**Salvation Army Coats For Kids Program** Drop off coats at Shaws supermarkets. 774-6304.

**Salvation Army Camp** seeks donations to meet their fundraising goals. Send to: Salvation Army, Camp Sebago, P.O. Box 3647, Portland, ME, 04104.

**Senior Companion Program** Residents aged 60 and older in Cumberland County can help other adults maximize their independence and get involved with people in unique and supportive ways. 780-4205.

**Sofa Safari** A unique fundraiser for Visiting Nurse Service's education fund—call for an invitation to an imaginary trip. 1-800-660-4867.

**Volunteers Needed** New England Rehabilitation Hospital seeks volunteers to assist with recreational activities for patients—play games, show movies, make craft projects and share your time with people in need. 775-4000, x622.

**Youth Build Portland** A community enrichment program designed to assist students obtain their G.E.D. and vocational training and provide low-income housing. seeks volunteers. Experience not necessary. 879-8710.

**Youth Exchange** seeks host families for cultural exchange students, ages 15-18, for a semester or a year. 1-800-848-2121.

**Baxter Memorial Library** 71 South St., Gorham, holds "Toddler Time," a program for kids 18-36 months of age, Fridays from 10:15-10:45 am and a sister program, "Parent Share," from 10:30-11:15 am. Book/film discussion program, 6:30-9 pm, Dec 7: "A Christmas Carol." Book discussion group, 10 am-noon, Nov 30: "Cliff Walk." Dec 14: "I Know Why the Caged Bird Sings." 839-5031.

**Breakwater School** has programs for kids in grades K-5, as well as developmental programs for four-year olds, an early childhood program for three-year olds and aftercare for school age kids from 11:30 am-6 pm daily. 772-8689.

**Child Care Connections** holds public referral hours Mon-Fri from 10 am-1 pm, with free information about day-care centers, family child care homes, nursery schools and camps. 871-7449.

**Children's Museum of Maine** 142 Free St., Portland, offers exhibits and activities for kids of all ages. Dec 2: Book signing with the author of "Mischievous Molly the Golden Retriever." 11 am-1 pm. Gingerbread house workshop 1-3 pm. Dec 3: "A Feast of Fables," 5:30-7:30 pm, \$7 (\$30 family of five). Dec 4: Museum closed, gift shop open. Hours: Wed-Sat 10 am-5 pm, Sun 12-5 pm. Admission: \$4 (free on Fridays from 5-8 pm). Pre-registration and additional fees required for some programs. 828-1234.

**Christmas Train** Maine Narrow gauge railroad and museum, 58 Fore St., Portland, offers train rides from 3 pm-7 pm Mon-Fri, 11 am-7 pm Sat-Sun, until New Year's Day. Cost: \$3 (\$2 kids/seniors). 828-0814.

**Create Your Own Comic Moonshadow** comics is sponsoring a contest for Maine kids ages 8-18. Prizes awarded in three age categories. Deadline for entries is Nov 30. 772-4605.

**Creative Resource Center** 1103 Forest Ave., Portland, hosts free art fun for kids age 3-5, most Thursdays at 11:15 am. Dec 6 & 13: "Night Sky Pictures," from 2:30-3 pm, kids age 3-5. Free. 797-9543.

**Dial-a-Story** South Portland Public Library offers recorded stories, folk tales and poems, anytime day or night. 767-8162.

**Divorce Perspectives** A support group for those in the divorce process holds small group discussion at Woodford's Congregational Church, 202 Woodford St., Portland, every Wed at 7:30 pm. Dec 6: "Getting on with your life after divorce." 774-HELP.

**Family Night** Greater Portland YMCA, 70 Forest Ave., hosts family night every Fri from 6:30-8:30 pm. Activities include swimming, open gym, game room, weight room, volleyball, arts and crafts and refreshments. Free child care the last Fri of each month for kids age 3-5. 874-1111.

**Family Resources Center** holds Kid's First, a support group/workshop for divorcing parents to focus on their kids' needs on an ongoing basis. Cost: \$40. For information about locations and dates, call. 780-5833.

**Free Parenting Support Group** at Mercy Hospital, 144 State St., Portland, the second Tues of every month from 6:30-8 pm. 879-3578.

**Friday Night Special** Portland Recreation offers organized gym programs for adults and kids at Riverton Community Center, 1600 Forest Ave., Portland. Also, the library holds kids programs: "Toddler Time," Wed from 9:30-10:30 am and Fri at 9:30 am; "Preschool Story Hour," Fri at 10:30 am and "Family Craft Program," the third Thurs of every month from 6:30-7:30 pm. 797-2915.

**International Support/Playgroup** for refugee, immigrant and all other moms and kids, age birth-5 years, who want to make friends from all over the world. Wed and Fri 9:30-11:30 am at Williston West Church, 32 Thomas St., Portland. Ongoing. 878-5196.

**Lincoln Middle School Parents Workshop** "Urban Threat—Real or Imagined?" Nov 30, at 7 pm, at the Stevens Ave Armory, 772 Stevens Ave., Portland. 874-8145.

**Maine Parents of Gifted/Talented Youth** publishes a monthly newsletter about gifted kids and their special academic needs, including a schedule of related events. 767-6121.

**Mainly Families** 73 Deering St., Portland, holds a parent support group for area parents. Wed from 7-9 pm, and Thurs from 10-11:30 am. 1-800-698-4959, ext 326.

**Parenting Support Group** at the Birthplace at Mercy Hospital, 144 State St., Portland, the second Tues of each month from 6:30-8 pm. Free. 879-3578.

**Parents Anonymous** provides services to parents and children in an effort to strengthen families through facilitated support groups. A parent talk line is in operation Sun-Thurs from 6 pm-midnight. 767-5506. Help line: 1-800-298-2515.

**Performing and Visual Arts for Kids** at the Reindeer Room, 547A Congress St., Portland. 874-9002.

**Portland Public Library** 5 Monument Square, Portland, hosts ongoing programs for kids. Dec 1: "Tales for Twos," at 10:30 am. Dec 2: "Joy Through the World," a cultural celebration through food, dance, song, games and costume, from 10 am-2 pm. Dec 4: "Preschool Story Time," for 3-5 year-olds, at 10:30 am. Dec 6: "Finger Fun For Babies," at 9:30 am. 871-1700.

**Preview for Parents** Maine Medical Center, 22 Bramhall St., Portland, offers tours of the Labor & Delivery Unit for expectant parents the fourth Tuesday of every month, leaving the Dana Center Lobby at 6:12 pm. 871-2205.

**Single Parent Support Group** at the YMCA, 70 Forest Ave., Portland, Wednesdays from 6:30-7:30 pm. 874-1111.

**S. Portland Public Library** 482 Broadway, S. Portland, hosts programs for kids: Video programs will be held Thurs and Fri at 10 am and storytimes will be held Fri at 10:30 am and 10:45 am. 775-1835.

**Swimming Lessons** at the Riverton Pool. Classes for infants/toddlers and pre-schoolers. Next session begins Saturday, Dec 2. 874-8456.

**YWCA Child Care Services** has openings in their toddler and preschool programs. Full and part-time slots available. 874-1136.

**Warren Memorial Library** 479 Main St., Westbrook, hosts programs for kids: "Books and Babies," Tues at 9:30 am, "Read Aloud Time," Weds at 10:15 am and "Tales for Tots" Tues at 10:30 am. Special holiday program, Dec 9 from 10 am-noon, Victorian Style ornament making. Tea and crumpets will be offered. 854-5891.

## health

**Adult Health Clinic** Visiting Nurse Service, 15 Industrial Park Rd., Saco, holds health clinics for adults on an ongoing basis. Screening includes blood pressure and blood sugar monitoring, hemocults, tuberculosis testing, tetanus vaccination and routine foot care. Open to those 18 and older. 284-4566.

**Adult Immunization Clinic** sponsored by the Visiting Nurse Service and Hospice, the third Tuesday of every month from 1-4 pm at 50 Foden Rd., S. Portland. Offering TB skin tests, hepatitis B vaccine, measles, mumps, and rubella vaccine, tetanus/diphtheria vaccine, flu vaccine (seasonal) and pneumonia vaccine to adults age 18 and older. 780-8624.

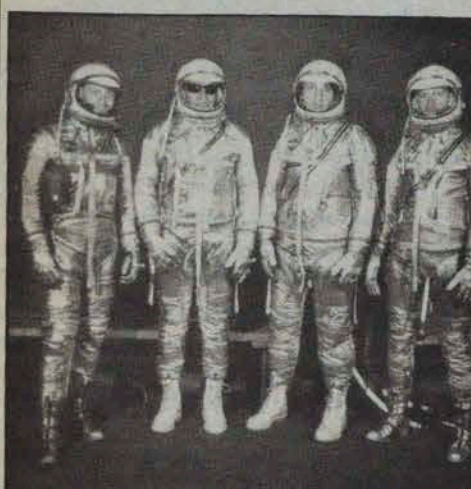
**Adult Screening Clinic** on the last Wed of every month. Check blood pressure, blood sugar and cholesterol, from 11:30 am-1 pm, given by the Visiting Nurse Association and Hospice at the Peoples United Methodist Church, 310 Broadway, S. Portland. Fee charged. 780-8624.

**Agape Center** for Soul, Community and the Arts, 657 Congress St., Portland, Dec 2: "Disease as Beginning the Healing Process," explore alternative healing processes from natural therapies to modalities, at 7:30 pm. 780-1500.

CONTINUED ON PAGE 34

## SHORT cuts

### Kustom kool



Kustomized performs with Vision Thing  
Dec. 1 at Zootz, 31 Forest Ave., at 9 p.m.  
Tix: \$6. 773-8187.

### Not-so-hidden motives

A longtime complaint among fans of local music has been the absence of homegrown talent on area commercial radio stations. However, this year has seen a handful of stations—WCYY, WBLM, WCLZ and, most importantly, WTOS—add local music to their playlists on at least a semiregular basis (though more often than not it's Twisted Roots). But the station that has consistently supported local music is WMPG (90.9), whose principal means of supporting the scene has been the weekly "Local Motives" show, which offers a full hour of local music, much of it live from the 'MPG studios.

Fortunately, a lot of local bands appreciate what the station is trying to do, and they'll return the favor with "Local Motives Live," a follow-up to last spring's "Local Motives Blowout." The show, a benefit for the station, has basically the same idea as the "Blowout": get a bunch of Portland's best bands together for a live-broadcast show. This time it'll happen over the course of two shows at Zootz on Dec. 8. The first is an all-ages punk-oriented gig at 7 p.m., featuring Big Meat Hammer, 3 Orange Whips and Ku Da Tah. The second show, 21 plus starting at 10 p.m., features three bands who each have a unique take on roots rock: Charcoal, Rumford and Car. Good cause, great bands—any questions?

"Local Motives Live" takes place at  
Zootz, 31 Forest Ave., Dec. 8. The all-ages show begins at 7 p.m., 21-plus at 10 p.m. Tix: \$4 each show. 773-8187.

### Tender MRC

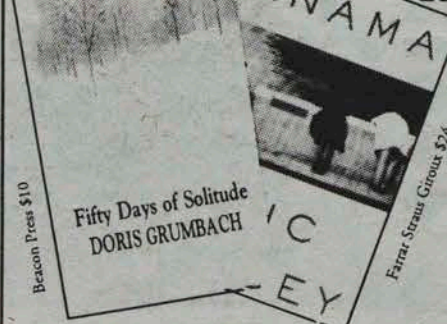
Portland's art rock kings, MRC, recently released "META/Morph," a follow-up to last year's excellent "01," on their new label, Young American. The recording is the band's first with its new members, keyboardist Gary Beckman and bassist Jeff Wilkinson. "META/Morph" finds MRC further defining its sound as the missing link between progressive rock and industrial, Pink Floyd and Ministry. It twists the conventions of rock into jagged grooves, shards of dissonant guitars and ethereal synthesizer sounds. "META/Morph" has the band taking steps toward both a harder-edged, "rocking" sound, with strong songs like "In Heaven As In Hell," "Jimi's Dead" and "Psychick Sidekick," as well as toward short, experimental "ambient" pieces. Despite going in two directions at once—or perhaps because of it—"META/Morph" is a coherent artistic statement. MRC presents a whole view that favors mystery and imagination over the innumerable and disassociated facts of the information super highway. It's art rock that skimps on neither the art nor the rock.

"META/Morph" (Young American) is available on CD for \$9.95 at Bull Moose Music and Bad Habits Records.

■ DAN SHORT

## BOOKS ETC

### Holiday Picks from Books Etc:



**Panama**—a suspenseful, brilliant first novel from Goddard College history professor, Eric Zencey.

**Fifty Days of Solitude**—A New York Times Book Review Notable Book of 1994 by Doris Grumbach, now in paperback.

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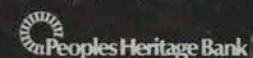
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## VIENNA CHOIR BOYS



### A Holiday Concert

December 12, 7:30 pm, at the State Theatre, \$28, 20



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**VICTORY DELI & BAKE SHOP.** Hearty breakfasts, mouth watering baked from scratch breads and pastries — freshly prepared soups, stews, salads, pasta and vegetarian specialties, delicious sandwiches. Beer & wine. Monument Square, 299 Forest Ave and One Portland Square, MC/VISA accepted. 772-7299, 772-3913, 772-8186.

**INDIAN**  
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**TORTILLA FLAT.** Seventeen years of serving fine Mexican cuisine. Just minutes from downtown Portland. A memorable Mexican experience you can afford anytime. Outdoor screened in deck. Parking. VISA, M/C, Discover. 187 Forest Ave. Portland. 797-8729.

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**ITALIAN**  
**ANTHONY'S AT THE FARM** (formerly Michel's). Italian-American cuisine. Menu prices ranging — Lunch 11am-4pm \$3.95 - \$5.95, Dinner 4pm-9pm (10pm Fri & Sat) \$7.95 - \$15.95. Smoke-Free environment. Panoramic view. An experience you'll truly remember.

**FRESH MARKET PASTA.** For the best home-made pastas and sauces in Portland. Open for lunch, dinner and late night dining. Italian wine and beers. Espresso. Cappuccino. Desserts. Bring the family! MC, Visa and Amex accepted. 43 Exchange St. 60 Market St. Portland. 773-7146.

**PERFETTO.** From the owners of Walter's Cafe. New Italian cuisine with a flair. Serving dinner every night. Lunch served Monday through Friday. Reservations accepted. 28 Exchange Street, Portland. 828-0001. VISA/MC/AMEX accepted.

**BAR-B-QUE**  
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**PUB**  
**BRAMHALL PUB.** Sit by the fireplace and enjoy homemade soups, chili, daily specials and great burgers. Lunch 11:30-2:00 M-F. Dinner 5:00-8:00 Mon-Sun. Daily drink and Beer specials. 769 Congress St., Portland. 773-9873.



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\*Doors open 45 minutes before performances

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CONTINUED FROM PAGE 30

**Aikido** A martial art used to increase flexibility, stamina and promote a sense of well-being. Class times and costs vary. Portland Aikido, 120 Woodford St., Portland, 772-1524.

**Alliance for Mentally Ill of Greater Portland** offers a support group for family members the second and fourth Wednesday of every month from 7-8:30 pm, at 66 State St., Portland. 772-5057 or 800-464-5767.

**Arthritis Foundation Aquatics Program** A warm-water gentle exercise program for increasing range of motion is held Mon and Wed from 3-3:45 pm, at Sheraton Tara Hotel, 363 Maine Mall Rd., S. Portland. Cost: \$35 for 11 classes. 828-2497. Also, Mon, Wed, Fri from 1:15-2:00 pm, at the YWCA, 87 Spring St., Portland. Cost: \$50 for 10 weeks. 874-1130.

**Arthritis Programs** Arthritis Foundation's Maine Chapter sponsors various programs including support groups, land exercise programs and warm-water aquatic exercise programs, as well as workshops for people with fibromyalgia. 773-0595.

**Birthing Pregnancy Services** 562 Congress St., Portland. Catholic Charities of Maine provides positive support to any woman and her family experiencing an untimely pregnancy. Services include: pregnancy testing, emotional support and post-abortion support. Free and confidential. 874-7464.

**Brain Tumor Support Group** meets the second and fourth Tuesday of each month at 7 pm at the Guild Hall of the Cathedral of the Immaculate Conception, 317 Congress St., Portland. 727-3556 or 934-0135.

**Breastfeeding Center of Maine** offers classes for moms at 101 State St., Portland, from 6:30-8 pm. 775-6455.

**Caring and Sharing** A cancer patients support group meets on the second and third Mondays of the month, from 9-11 am at Mercy Hospital, 144 State St., Portland. 879-3030.

**Children's Health Clinic** The Visiting Nurse Association and Hospice holds a Well Child Health Clinic the first Friday of every month at the South Portland Church of the Nazarene, 525 Highland Ave., S. Portland, from 8:30 am-12 pm. Next clinic: Dec 1, 767-3326.

**Chronic Pain Support Group** for persons experiencing life disruptions from long-term and persistent pain related to illness or injury, meets every other Thursday from 10-11:30 am at the United Methodist Church, Cape Elizabeth. 799-5881.

**Concerned About Lead?** To learn about lead and the risk it poses to your family, request a lead fact sheet prepared by the U Maine Cooperative Extension Service. 1-800-287-1471 or 780-4205. For information about childhood risk and screening, call 287-3259. Free to YMCA members, \$5 for others. Child care available on site for \$2.50. 874-1111.

**Confidential STD Clinic** The Portland Public Health Division sponsors a Sexually Transmitted Disease Clinic, offering confidential, low-cost screening and treatment on a walk-in basis. Tues and Thurs from 3:30-6 pm at Portland City Hall, Room 303, 389 Congress St., Portland. Medical appointment. Anonymous and confidential HIV testing by appointment only. 874-8784.

**Coping With Caregiving** A support group for those caring for chronically ill/disabled persons meets the second and fourth Fridays of each month at noon, at Mercy Hospital, 144 State St., Portland. 879-3486.

**Crohn's and Colitis Support Group** for adults at Maine Medical Center, Dana Center Classroom #1 & 5, Portland. Dec 14, 6-7 pm. Guest speaker: pediatric gastroenterologist Dr. Kenneth Lombard, 449-0324.

**Expressive Therapy Center** 150 St. John St., Portland, holds an all day retreat, "Authentic Movement," Dec 10, 10 am-4 pm. Cost: \$60. 871-8274.

**Free Family Therapy** for individuals and families affected by HIV disease. 773-6656, call 287-3259.

**Free Health Clinic** for testing of glaucoma, diabetes and blood pressure. Nov 18, 10 am-3 pm, at the Holy Cross Parish Christmas Fair, Holy Cross School, 444 Broadway, So. Portland. 780-8624.

**Free Weekly Meditations** held Sundays from 6-7:30 pm, at the Yoga Center, 137 Preble Street, Portland. Sessions are based on the teachings of Dhyanyogi and Anandi Ma—no experience necessary, open to the public. 799-4449.

**Golden School of Tai Chi Ch'uan** 616 Congress St., Portland, holds classes in this martial art emphasizing health, meditation and self-defense through the integration of mind, body and spirit. 772-9039.

**Guidance in Grieving** Visiting Nurse Association and Hospice & the American Cancer Society hold a support group the second Mon of every month at 7:15 pm — at the Methodist Church, Elm St., S. Portland. 780-8624.

**Hatha Yoga for People with AIDS** every Wed from 12:50-2 pm at 22 Monument Square, Portland. Cost: \$1, for those who can afford it. 797-5684.

**Healthy Heart Screening** sponsored by Healthy Neighbors Heart Disease Prevention Program, the first Friday of every month, from 3:30-5 pm at City Hall, 389 Congress St., Portland. Cost: \$5. 874-8784.

**Heartline Cardiac Rehabilitation Program** is designed for individuals who have had a heart attack, angioplasty, bypass surgery, angina or are at risk for heart disease. Classes are held Mondays at 7:30 am and 6 pm in the USM Sullivan Gym, 96 Falmouth St., Portland — with nurse-supervised exercise programs as well as nutrition, medication and risk factor information. Registration is ongoing, medical clearance required. 780-4170.

**HIV/AIDS Support Groups:** "People Living with HIV," meets Mon from 6:30-8 pm, Tues from 10:30 am-12 pm, Thurs from 3:30-7 pm. The AIDS Project, 22 Monument Square, 5th Floor, Portland. "Living Well," focusing on quality of life and empowerment, meets the second and fourth Tues of the month. Also, the Client Advisory Board, open to all clients of the AIDS Project, meets the second Thurs of the month at 1:30 pm, at the AIDS Project. 774-6877.

**Hospice of Maine** volunteers provide non-medical assistance and support to the terminally ill and their families. 774-4417.

**Hypothyroid Support Group** meets Mondays at 7 pm in Portland. 781-9562.

**Juvenile Diabetes Foundation** holds meetings the second Tuesday of every month at the Diabetes Center, 48 Gilman St., Portland, from 6:30-8:30 pm. 854-1810.

**Maharishi Vedic School** 575 Forest Ave., Portland, will host Jeffrey Fuson, M.D., to speak on the benefits of the transcendental meditation program, Dec 1 at 7:30 pm at the Holiday Inn by the Bay, 88 Spring St., Portland. 774-1108.

**Maine HIV Prevention Community Planning Group** A mixture of at-risk individuals and professionals makes recommendations to the Bureau of Health regarding requests for and spending of federal grant monies. They are currently seeking people not usually found on recommending committees to come forward. For applications and information, write to: Maine AIDS Plan, 112 State St., Augusta, ME, 04330. 622-2962.

**Maine Medical Center Support Groups** "Survivors of Suicide" meets the second and fourth Monday of every month; "Bereaved Parents" meets the second Thurs of every month and "SIDS Support Group" meets the second Tuesday of every month. All groups meet at 7 pm, at Maine Medical Center, 22 Bramhall St., Portland. 871-4226.

**Martin's Point Educational Center** 331 Veranda St., Portland, will offer "restorative yoga for easing stress," Dec 8, 13 & 20, from 6-7 pm. Cost \$15. 828-2497.

**Massage Workshop** Dec 5, from 6:30-9 pm, at USM Lifeline, in Payson Smith Hall, Room 1, Portland. Head, neck and shoulder massage workshop led by certified massage therapist, Marie King. Cost: \$21. Pre-registration required. 780-4170.

**Memorial Services** at Maine Medical Center, Dana Auditorium, at 7 pm, to help those who are grieving the loss of a loved one. Dec 7: For families who have experienced the death of an infant; Dec 11: For families who have experienced the death of a child or are survivors of a suicide. 871-4226.

**Merry Meeting AIDS Support Services** trains volunteers to work one-on-one with people with AIDS, their families, partners and caregivers. 725-4955.

**MMC Epilepsy Support Group** meets Nov 13 from 7-8:30 pm, at Maine Medical Center, 22 Bramhall St., Portland. 871-4814.

**Parenting Support Group** will hold its next meeting Dec 5, from 6:30-8 pm, at Mercy Hospital, 144 State St., Portland. Free. 879-3578.

**Parkinson's Support Group** meets at 2 pm the fourth Sunday of every month at the Falmouth Congregational Church Parish Hall, 287 Falmouth Road, Falmouth. All those with Parkinson's and their caregivers are welcome. 829-4070.

**People With Disabilities** A meeting with representatives from Departments of Public Works in both Portland and South Portland, addressing curb cuts and snow removal. At the Alpha One Office, 127 Main St., So. Portland. 767-2189.

**Planned Parenthood** offers HIV testing, annual exams, pregnancy testing, birth control information and supplies (free condoms), testing and treatment for STDs and infections, menopause services and more at its health center at 970 Forest Ave., Portland. Handicapped accessible, confidential and affordable. Medicaid is welcomed. 874-1095.

**Portland Public Health Adult Immunization** located at City Hall, 389 Congress St., Portland. Vaccines for measles, mumps, rubella, adult tetanus, hepatitis B, pneumococcal available, as well as rabies and tuberculosis testing. Also, Nov 16-17, flu shots are available. Cost: \$8. 874-8784.

**Portland Street Clinic** This clinic provides free comprehensive health care for adults at the Community Resource Center, 15 Portland St., Portland. The clinic is sponsored by Mercy Hospital and administered by the city of Portland Public Health Division and is open Mon-Thurs 5-9 pm. All services are free and are by appointment only. 874-8982.

**Portland Yoga Studio** 616 Congress St., Portland. Dec 8: Pranayama and meditation, 8:30-11:30 am. 797-5684.

**Portland Zen Meditation Center** An independent Zen group with a regular schedule of morning and evening practice sessions. Instruction offered weekly. 774-1789.

**Prostate Cancer Support Group** meets the second Tuesday of every month at Williston West Church, 32 Thomas St., Portland. 775-1670.

**Pulmonary Rehabilitation Program** offered through USM Lifeline, Tuesdays and Thursdays from 11:15-noon. Program includes progressive, nurse-supervised exercise and education, including respiratory hygiene, relaxation techniques and nutrition. Registration is ongoing, medical clearance is required. 780-4170.

**Recovery Group for Nervous People** Help for people suffering from symptoms caused by nervousness. Meets every Saturday at 10 am at Brighton Medical Center, 335 Brighton Ave., Portland. 892-9529.

**Roundtable Discussion about Breast Care** Dec 5 at 7 pm at the Marriott Hotel, 200 Sabie Oaks Dr., So. Portland. The input will help MMC design the Breast Care Center to meet women's needs and desires. 871-2196.

**Safer Sex for Men** An ongoing free discussion group for gay, bi and questioning men of all ages takes place Wednesdays from 7-9 pm. 774-6877.

**Senior Exercise Program** Westbrook Housing Authority invites seniors to try a free exercise and relaxation class. Beginning in January. 854-9779.

**Senior Fitness** A program for men and women age 65 and over takes place Mon, Wed and Fri from 10:30-11:15 am at the USM Sullivan Gym, 96 Falmouth St., Portland. 780-4170.

**Sexually Transmitted Disease Clinic** sponsored by Portland Public Health offers confidential screening and treatment at a walk-in clinic, Tues & Thurs from 3:30-6 pm at City Hall, 389 Congress St., room 303. Low cost. Medicaid accepted. Anonymous and confidential HIV testing by appointment only. 874-8784.

**Stress-free Holiday Health Fair** Dec 9 from 10 am-5 pm at 16 U.S. Route 1, Yarmouth. Massage, aromatherapy, yoga/meditation and discussions on having a fun stress-free holiday. 846-1141.

**Suffi Meditation** at the Expressive Therapy Center, 150 St. John St., Portland. Join the Portland Suffi Order for ongoing meditation sessions, no experience necessary. Donations accepted. 774-1203.

**Teen/Young Adult Clinic** is a place to go for health concerns, medical problems, sports/school physicals or birth control issues. Open Mondays from 4-8 pm to anyone 13-21, at Maine Medical Center, 22 Bramhall St., Portland. Walk-ins seen before 7 pm. 871-2763.

**Tours of The Birthplace** at Mercy Hospital, 144 State St., Portland, are free and available by arrangement. Next group tour: Dec 4 at 7 pm. Free. 879-3550.

**Transcendental Meditation Program** The Maharishi Ayur-Veda School, 575 Forest Ave., Portland, holds an introductory lecture, Nov 22 at 10 am. 774-1108.

**"Turning Kidney Failure into Successful Treatment"** On Dec 10 from 14:30-30 pm, the National Kidney Foundation of Maine will host an educational seminar for pre-dialysis patients and their families, at 1600 Congress St., Portland. Free. Reservations required. 1-800-639-7220.

**USM Lifeline** University of Southern Maine regularly offers fitness programs and courses in health care, at the Sullivan Gym, 96 Falmouth St., Portland. Dec 6: Public Cholesterol and blood pressure screenings, 7 am-1 pm & 4-8 pm. Cost: \$12. 780-4170.

**Visiting Nurse Service** 15 Industrial Park Rd., Saco, offers clinics for kids 0-18 years of age on an ongoing basis. Physicals, immunizations, lead testing, hematology, vision, hearing, nutrition and developmental guidance. Appointments requested. Walk-ins welcome — Medicaid and fee scale available. 244-4566.

**Well Child Clinic Community Health Services** offers physical exams, immunizations, lead/anemia testing and vision testing, the last Wednesday of every month at Westbrook-Warren Congregational Church, Main St., Westbrook, and the third Friday of every month at the Eight Corners School, Mussey Road, Scarborough. Medicaid clients welcome, sliding fee scale available. 893-1500 or 1-800-479-4331.

**Yoga for Families** at Larry Lando's Tai Chi Studio, 10 Exchange St., Portland, Tuesdays from 3:30-4:30 pm. Also, lunch hour yoga, Tuesdays from 12-1 pm. Cost: \$10 drop-ins (family cost varies). 646-2945.

**"Yoga Motion"** A class combining yoga warm-up, dancing to world beat music and meditation techniques. Thurs at 6 pm, at the Expressive Therapy Center, 150 St. John St., Portland. Cost: \$5-\$10 sliding scale per class. 780-1960.

**Zen Buddhist Meditation Group** Public sitting meditation meets from 10 am-11 am every Sunday. There are extended sittings on the first and last Sundays of each month. The Casco Bay Zen Group welcomes all. Small donation. 839-4897.

etc

**Abuse in Intimate Relationships** A support group for women who have previously or are presently experiencing abuse in their intimate relationships. Free and confidential, childcare provided. 874-1973.

**Accent Reduction Class** for speakers of English as a second language, as well as classes for neutralizing Maine and regional accents, with Jean Armstrong, certified speech and language pathologist. 879-1886.

**Agape** Center for soul, community and the arts holds a series of salon-style discussion groups. 780-1500.

**Casco Bay Culinary Association** meets the second Mon of each month. 799-2234 or 774-4308.

**Center for Maine History** 489 Congress St., Portland. "China: Exploring the Interior, 1903-1904," 20. "From Souchow Teas to Canton Silks: The Exotic China Trade in Everyday Maine, 1700-1900," shows through March 30. Hours: Wed-Sat 12-4 pm. Cost: \$2 (\$1 kids). 879-0427.

**Cerebral Palsy Center's Annual Christmas Tree & Wreath Sale** at 331 Veranda St., Portland. Open Mon-Fri noon-6 pm, Sat-Sun 9 am-6 pm. Balsam and Scotch nursery grown trees. 874-1125.

**Christmas Fair** Dec 3, from 9 am-3 pm, at the American Legion Hall, Route 100, Gray. Lunch counter. 657-3614.

**Christmas Fair at First Parish Dec 2**, from 10 am-2 pm at the First Parish Congregational Church, 1 Church St., Gorham. Traditional luncheon will be served. 839-6751.

**Christmas Ornament Workshop** at the South Portland Public Library, 482 Broadway, So. Portland. Dec 1: kids ages 6-8, 3:15-4:15 pm. Dec 8: kids ages 9-11, 3:15-4:15. Limited to 20. Sign up by Nov 27. Free. 767-7660.

**Christmas Tree Sale** The annual Rotary Club tree sale is on now, at Mill Creek Park in South Portland. Prices \$25-\$35. 893-7221.

**Community of Hope** A Christian group, which claims a primary ministry with gay and lesbian people and strives to be inclusive of all, meets Sats at 4 pm at 156 High St., Portland. 773-0119.

**A Course in Real Astrology** Six-week classes in the art of astrological interpretation and how to apply it to daily life. Cost: \$75. 772-6351.

**Creating Opportunity Through Change** Women's group meets Thursday evenings from 6:30-7:30 at 854 Broadway, S. Portland. 767-1315.

**Creative Productions Collaborative** A group for women survivors of sexual abuse who are interested in furthering their healing journeys through the process of creating and presenting a production in the form of books, videos or performance art. Confidential, facilitated meetings are Wednesdays from 6:30-8 pm. Cost: \$15 per session. 774-2403.

**COMP Meetings** Coalition of Original Maine Performers meets the first Monday of every month, at 6:30 pm at Raoul's, 865 Forest Ave., Portland. Open to all persons interested in original music and performing arts scene. 773-0476.

**COPE** Support group for divorcing fathers — explore alternatives to the current divorce process. 874-7448.

**Coping With Caregiving** A support group for people providing care to chronically/terminally ill or disabled persons meets the 2nd and 4th Fridays of each month at noon, at Mercy Hospital, 144 State St., Portland. 879-3486.

**Drumming Classes** Learn the rhythms and songs of Afro-Caribbean music with percussionist Michael Kingfield every Sunday at the Expressive Therapy Center, 150 St. John St., Portland. Newcomers warm up 6:30-7:30 pm, ongoing class 7:30-9:30 pm. Cost: \$15 per class. 780-0234.

**Enriched Golden Age Center** 297 Cumberland Ave., Portland, invites men and women over 60 to daily luncheons, with special activities featured every Wednesday and line dancing every Monday at 10 am. Dec 6: Special Christmas bazaar. Donation: \$2.50. 774-6974.

**Evening of Remembrance and Caring** on World AIDS Day, Dec 1, at the Unitarian-Universalist Church, 15 Pleasant St., Brunswick. Presented by Mymmeeting AIDS Support Services. Program begins at 7:30 pm. 725-4955.

**Family Craft Fair** Dec 2 from 10 am to 3 pm at Woodford's Congregational Church, 202 Woodford St., Portland. Proceeds benefit Maine Home Education Support Network. 883-9621.

**Family Crisis Shelter** a domestic abuse intervention project is looking for volunteers to offer support and information to victims of abuse/violence. 874-1196.

**F.A.T.E. Fight AIDS-Transform Education** is a project sponsored by ACT UP/Portland whose purpose is to fight HIV, AIDS and homophobia in all Maine public schools by forming empowering groups for teens and queers. All welcome. Meets the first and third Friday of each month at 5:30 pm at the YWCA, 87 Spring St., Portland. Wheelchair accessible. For more information write ACT UP/Portland, PO Box 1931, Portland, 04104 or call/fax 828-0566.

**Fight Discrimination** The Maine Civil Liberties Union is interested in hearing from any Portland resident who feels that she or he has been illegally discriminated against in housing, employment or credit on the basis of sexual orientation. 774-5444.

**Friends of Feral Felines** A group helping stray cats needs volunteers and homes for orphan kittens. 772-3484.

**Full-time Date Group** Weekly playgroups for at-home dads and their kids, and occasional dad's night. Call for location and time. 829-5260.

**Gay & Lesbian Rights Advocates** Womenspace Counseling Center offers an ongoing facilitated support group for those working to support civil rights for gays and lesbians, Thursdays from 7-8:30 pm at 236 Park Ave., Portland. 774-2403.

**Gay Men's Chorus** is a volunteer community chorus bringing men together to enhance social tolerance and diversity in the Greater Portland area — as well as affirming the gay/lesbian experience with creative musical entertainment. 839-4506.

**Cene Tracera** The Greater Portland Chapter of the Maine Genealogical Society meets the first Sat of the month at the Cape Elizabeth Fire Station at 1 pm. Anyone interested in investigating their roots is welcome. 883-2546.

CONTINUED ON PAGE 37

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Friday, December 8, 8:00  
Saturday, December 9, 8:00  
State Street Church, Portland

CONTINUED FROM PAGE 35

**Grandparents Support Group** Grandparents seeking custody or visitation rights meet for support and discussion the last Monday of every month. Meetings are at Burger King in Gorham from 7-9 pm. 772-1161.

**Greater Portland Mother's Club** meets Tues mornings from 9:30-11:30 am, at 301 Cottage Rd., Portland. Cost: \$2 (\$5 family max). 839-6399.

**Holiday Craft Show** Dec 9 from 10 am-5 pm & Dec 10 from 10 am-3 pm at the Cumberland County Civic Center, 1 Civic Center Sq., Portland and the USM Gym, Portland. Presented by the United Maine Craftsmen. 621-2818.

**Home Hair-Care** The Visiting Nurse Service of Southern Maine is offering shampoos, haircuts and permanents to men and women who are confined to their homes. Cost for a simple shampoo/cut is \$20. 284-4566 or 1-800-660-4867.

**Jui Jitsu** Classes forming now in a martial art used to develop realistic self-defense and promote a sense of well being. 799-5597.

**Life Relief Support Group** An opportunity to explore and share life experiences will be held Mondays from 1:30-3 pm. Call for location. 879-0816.

**Light of the Moon** 324 Fore St., Portland, offers classes in disciplines from astrology to crystal awareness. Costs vary. 828-1710.

**Maine Tradeswomen Network** provides education and mentoring for the promotion of women in all trades. 797-4801.

**Men's Group** recently formed in the greater Portland area. Meets every other Tues evening for personal growth, sharing and support. Interested men age 30 and over are welcome. 721-0617.

**Merry Christmas Fair** Dec 2 from 9 am-2 pm at the Immanuel Baptist Church, 156 High St., Portland. Luncheon at 11:30 am. Sponsored by the Woman's Federation. 797-5366.

**MOFGA** Maine Organic Farmers and Gardeners Association supports labeling genetically engineered foods and will provide information to those interested. 622-3118.

**Mother's Club** Greater Portland Mother's Club meets Tuesday mornings from 9:30-11:30 am, at 301 Cottage Rd., S. Portland. Childcare provided, program varies weekly. Cost: \$2 per person (\$5 family maximum). 839-6399.

**Names Project/AIDS Memorial Quilt** holds a panel-making workshop the first and third Sun of each month. 774-2198.

**Olympic Torch Carriers** Nominate a community hero who deserves to carry the torch. Torch bearers must be at least 12 years old and run 1 kilometer. Entry forms available at United Way, 2 Post Office Square, Portland. 874-1000.

**Papermaking, Marbling & Bookbinding Workshops** with artist Richard Lee at his Brunswick studio throughout the winter. Cost: \$40 (includes materials). 721-0678.

**Parenting Group** offers a place for parents to share, release and learn from each other. Meets Tuesdays 12:1-1:30 pm. Cost: \$5 per meeting. 871-1000.

**Piggy Bank Shop** a holiday fair for kids under 12, with most gifts priced under \$1, hosted by the Salvation Army, Dec 9 from 10 am-noon, at 87 Spring St., Portland. 874-1130.

**P-FLAG** Parents, Families and Friends of Lesbians and Gays a support and advocacy group meets the second Tuesday of every month from 7-9 pm, at Woodfords Congregational Church, 202 Woodford St., Portland. 766-5158.

**Polyamorous Life Support** Are you interested in creating/nurturing loving, multi-partner relationships? Do you love more than one person? A support group is forming just for you. 773-6132.

**Preble Street Resource Center** 252 Oxford St., Portland offers community programs for the public. Mon: Art group from 10-11 am. Video discussion from 12:30-2 pm. Wed: Writer's group from 10-11 am. Fri: Community meeting from 10-11 am. Cooking group from 11am-noon. 874-6560.

**Public Breakfast** Dec 2, from 7:30-9 am, at the Tuttle Road United Methodist Church, Cumberland. All you can eat. Cost: \$3.50 (\$1.75 kids). 829-3766.

**Puppy Raisers Wanted** The New England Assistance Dog Service seeks puppy raisers to open their homes to foster puppies in the assistance program. The organization trains and provides dogs to physically disabled people. 934-1963.

**Riding to the Top** Broadmoor Rd., Scarborough — a therapeutic horseback riding program for people with disabilities seeks volunteers. Horse experience is not necessary. 883-4171.

**Self Esteem Group** Feel better about yourself. Changing Perspectives, at 2 Custom House Wharf, Portland, holds ongoing self-esteem support groups, Tuesdays from 10-11:30 am and 6:30-8 pm. 879-0816.

**Sexual Assault Crisis Center** needs volunteer assistance to staff the center's 24-hour hotline and provide follow-up support for victims and their families. 784-5272.

**Sexual Assault Response Services** offers crisis intervention, advocacy and support groups for survivors of sexual assault and abuse. All services are free and confidential. 24-hour hotline: 774-3613.

**Sexual Assault Survivors** A 10-week support group for high school girls who are survivors of sexual assault begins in late Nov, at Community Counseling Service, 343 Forest Ave., Portland. 874-1030.

**SNAP** The Survivor's Network for those Abused by Priests holds a support group for men and women healing from sexual abuse by clergy the third Friday of every month. Meetings are non-denominational and confidential. 774-5025.

**Social Justice Group** seeks people who have utilized General Assistance, Worker's Hospital House, Inc., PO Box 62, Hinkley, ME 04944. 1-800-438-3890.

**Soul Salon** now forming in Portland area for people interested in stimulating conversation about issues and ideas from a progressive or liberal viewpoint. 878-8821.

**Southworth Planetarium** 96 Falmouth St., Portland, hosts laser shows and educational programs. Dec 1: "Seasons of Light" holiday astronomy show at 7 pm and "Think Pink" Pink Floyd Laser Show at 8:30 pm. Dec 2: "Sky Friends" at 3 pm, "Seasons of Light" holiday astronomy show at 7 pm and "Think Pink" Pink Floyd Laser Show at 8:30 pm. Dec 3: "Little Star That Could" family astro show at 3 pm. Cost: \$4 (\$3 kids). 780-4249.

**Storymakers Club** Bring your own stories — personal, traditional or otherwise to swap and establish a storytelling community in Portland, the second Sunday of every month from 2-4 pm, at Raffles Cafe Bookstore, 555 Congress St., Portland. Free. 780-5078.

**Sublime & Divine** Be a part of the Swedenborgian spiritual family Wednesdays at 6 pm — meditative, inspiring worship for adults in an open, relaxed atmosphere, at 302 Stevens Ave., Portland. 772-8277.

**Transsupport Group** for crossdressers, transsexuals, their families and friends meets in secure locations to provide support, education and social activities. Write to Transsupport, P.O. Box 17622, Portland, ME, 04112.

**Unemployed Professionals Group** Learn about networking and get support in your job search, Tuesdays from 8:30 am-noon at the USM campus center, on the Portland campus. 822-0141.

**USM's Wolfe's Neck Farm Open House** 10 Burnet Rd., Freeport. Every Fri, Sat & Sun Nov 24-Dec 23. Farm animals and bee exhibit. Free. 865-4469.

**Women's Connection Group** A support group for helping women identify needs, learn problem-solving and build the life skills to be more productive and self-reliant. Forming Jan 8. Mon 9-11 am. 773-5289.

**Woodford's Toastmasters Club of Greater Portland** A non-profit organization devoted to improving public speaking and leadership skills in friendly, supportive atmosphere meets at 7:15 pm every Thurs at the West Falmouth Baptist Church, 18 Mountain Rd., W. Falmouth. 799-2268. **CNW**

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*This screening is being provided free of charge.*  
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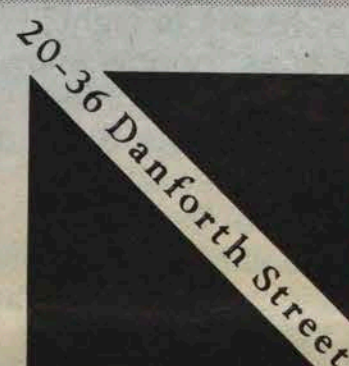
Saturday, December 2  
11-4  
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Casco Bay Wool Works  
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Marlyse Faroe  
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Visions  
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Danforth Street  
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53 Danforth Street  
Whitney Engineering  
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Zuni Bar & Grill  
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Danforth Gallery  
Exhibition:  
"On Building  
Community"

Free map of open  
studios and shops  
available at The  
Danforth Gallery.

Casco Bay  
Weekly



## Stressed Out

by the Holidays?  
Let Sentry help. Our complete  
telephone answering service  
can lighten the load.  
Now thru Dec. 31st, take \$25 off  
your first month's service and \$25  
off your set-up fee.  
Call us for more information.

**Sentry Telecommunications**  
COMPLETE TELEMESSAGING SERVICE CENTER  
IN WESTBROOK 856-6301  
IN LEWISTON 783-3700



## CBW-ON-THE-NET

Visit Casco Bay Weekly's new Web site on the Internet! We'll bring you the world through our Maine Newslinks, and coverage of the Portland scene through CBW's columns on music, politics and local computer culture. Stop by for a visit. There's more online every day.

<http://www.maine.com/cbw>

# classifieds

FAX: 775-1615

775-1234

VISA/MC ACCEPTED

### categories

bulletin board  
lost & found (free)  
rideshare  
help wanted  
career development  
business opportunities  
child care  
roommates  
apts./rent  
condos/rent  
rooms/rent  
houses/rent  
seasonal rental  
offices/rent  
art studios/rent  
storage/rent  
business rental  
rentals wanted  
housesitting  
real estate  
condos for sale  
land for sale  
mobile homes  
real estate wanted  
auctions  
body & soul  
fitness  
instruction  
education  
professional services  
business services  
computers  
financial  
items for sale  
yard sales  
antiques  
give away (free)  
wanted  
arts  
holiday gifts  
theatre arts  
bed & breakfasts  
getaways  
fairs & festivals  
music  
wheels  
motorcycles  
trucks/vans  
RV's  
boats  
recreation  
campgrounds  
summer camps  
publications  
animals  
legal notices  
dating services

### rates

First 15 words — \$9/wk.,  
additional wds @ 25¢ ea.  
CBW & Maine Times — \$12.50/wk.,  
additional wds @ \$50¢ ea.  
Buy 3 wks, get the 4th free  
Wholesale & Retail Deal — \$25/run 'til  
it sells (15 words; vehicles and boats  
only) Call for details.  
Internet Classifieds — as low as  
\$25/6 months for 50 words!  
Display Ad rates, Webvertising and  
frequency discount info available  
upon request.

### get it to us

Deadline: Mon, 3pm pre-paid  
Phone: 775-1234 or  
1-800-286-6601  
FAX: 775-1615  
Mail: Classifieds  
P.O. Box 1238  
Portland, ME 04104  
Hand: 561 Congress St.

### fine print

Classified ads must be paid for in advance  
with cash, personal check, money order,  
Visa or Mastercard. Lost & Found items  
listed free. Classified ads are non-  
refundable. CBW shall not be liable for any  
typographical errors, omissions, or changes  
in the ad which do not affect the value of  
the ad. Credit will be issued when viable  
error has been determined within one week  
of publication.

### bulletin board



## Grandmother Bait.

Take unfair advantage of your grandmother's emotions  
and buy her a custom-made calendar with twelve full-color photos  
of you, your kids, your pets or maybe a few vintage pictures  
of Christmas 1964 when she got your grandfather that brand new pair  
of wading pants for his fishing trip in Canada. You, that'll get her.  
Call 774-4455, or just stop in with your favorite photos.

**GENERATED IMAGE**  
184 Middle Street, Portland, Maine 04101 207-774-4455 © Nina Carter

### Children's Birthday Parties

1/2 hour show with live doves, rabbits  
& free magic tricks. Call Vandi at  
854-1743 or 1-800-826-8240.  
"The Children's Magician"

### THE UNIVERSALIST CHURCH OF WESTBROOK

719 Main St. Westbrook  
Worship Service:  
"The Grasshopper Missionary"  
Children's Programs & Services  
at 10:50 am Sunday  
Minister: Kathleen Allan  
FMI: 854-2497  
A Unitarian  
Universalist  
Congregation

CHILDREN'S BIRTHDAY PARTIES- 30  
minute show with live doves, rabbits, free  
magic tricks. Call Vandi, The Children's  
Magician, 854-1743/1-800-826-8240.

GROCERY COUPONS. 100% NO EXPIRA-  
TION DATE. Thousand name brand prod-  
ucts. Send SASE to: Marsalis Enterprises,  
680 North Lakeshore Dr., Suite 114, Chi-  
cago, IL 60611.

PENNSYLVANIA DUTCH STRAWBERRY  
CAKE RECIPE. Milk free. Send \$3.00 and  
SASE to: Bobby, P.O. Box 74, Jenera, Ohio  
45841.

POETRY CONTEST. \$24,000 IN PRIZES.  
Possible publication. Send one original  
poem, 20 lines or less to: National Library of  
Poetry, Box 704-12410, Owings Mills, MD,  
21117.

SAVE 20-50% ON NATIONAL BRAND  
NAME GROCERIES. Choose from over 1200  
products! For free information call 24 hrs.  
Downtown Enterprises, 1-800-466-8222,  
Ext. 3020.

UNIVERSAL MODEL SEARCH CHILDREN,  
MALES, FEMALES. All types & sizes includ-  
ing XXXL, all ages. For National magazines,  
T.V., catalogs & posters. No experience  
necessary. For information call 1-800-243-  
5103.

URBAN CATSITTERS- In-home care for  
city kitties while you're away. Insured. Mem-  
ber National Association of Professional  
Pet Sitters. Call 761-9651 for brochure.

VOLUNTEER ACTORS NEEDED! Amstad  
Mental Health Social Club & Drop-in Cen-  
ter. Call Stephanie Hughes, 773-1956.

### help wanted

### Home Typists

PC users needed. \$45,000  
income potential  
Call 1-800-513-4343 Ext. B-7002

**Sales Training**  
No Knocking on Doors!  
Qualified leads furnished daily  
No overhead/No investment  
Potential! \$300-\$800/wk.  
under Management Trainee Contract  
871-8618

**Part-Time \$9/hr.**  
Answer telephones.  
flexible hours/local area,  
no experience necessary  
Call 1-800-474-4291 ext 8132 int 1d

\$1,000 WEEKLY FOR MAILING 200 BRO-  
CHURES. Paid postage. No quotas. Free  
information. SASE to: Lams Ltd., 2668 Brice  
Rd., Suite 200, Reynoldsburg, Ohio 43068.

### help wanted



## WORKPLACE HEALTH

### Physician's Assistant/Nurse Practitioner

Become part of the Workplace Health team at Mid-Maine Medical Center, and you'll enjoy  
the challenge of expanding your skills and experience. If you have a knowledge of Maine  
W/C laws, licensure as a PA-C or NP in Maine and a desire to work in a dynamic office, we  
would like to hear from you.

The ideal candidate will have a min. of 5 years experience, 2 or more in an ER/Express  
Care setting or in a busy Family Practice office. Broad experience in Occupational Medi-  
cine and specific experience dealing with musculoskeletal problems is preferred.

This is a Monday-Friday, 8am-4:30pm position. We offer one of Maine's finest salary  
and benefits packages. Maine license or eligibility is required. For immediate consid-  
eration, please call: (207) 872-4666 or (800) 344-6662, or submit your resume, in  
confidence, to: Lisa Nutter, Recruitment Manager, Mid-Maine Medical Center,  
Waterville, ME 04901.

## mid-maine medical center

You'll Find It Right at the Center

EEO/AFFIRMATIVE ACTION EMPLOYER/ MEMBER VHA

Mid-Maine Medical Center, a 225 bed regional referral facility located  
in Waterville, ME, has the following position available:

## ONCOLOGY Social Worker

In this key position, you will spend 90% of your time in direct service with both inpatient and outpatient  
oncology patients served in our medical and radiation therapy programs. You will also be responsible for  
supervision of social workers in our medical/surgical areas.

The ideal candidate will have 3-5 years social work experience, a minimum of 2-3 in oncology.  
Supervisory experience and strong interpersonal skills required. Must have experience in hospital-  
based case management, running support groups and the ability to adapt to and help bring about  
change within the Social Work Dept., and the hospital industry.

We offer one of Maine's finest salary and benefits packages. Maine LCSW license or eligibility is  
required. For immediate consideration, please call: (207) 872-4666 or (800) 344-6662, or submit  
your resume, in confidence, to: Lisa Nutter, Recruitment Manager, Mid-Maine Medical Center,  
Waterville, ME 04901.

## mid-maine medical center

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EEO/AFFIRMATIVE ACTION EMPLOYER/ MEMBER VHA

\$1,000 WEEKLY stuffing envelopes at home.  
Guaranteed! Easy work, excellent pay! PT/  
FT available. HOMEWORKERS NEEDED  
NOW! FREE DETAILS! Send SASE: P.O.  
Box 500-KA, Lima, PA, 19037.

\$2256 MONTHLY FROM YOUR OWN  
HOME-BASED BUSINESS. Unlimited earn-  
ing potential. Free marketing kit. Guar-  
anteed income. 1-800-806-2296, Ext. 407.

\$281-\$690 WEEKLY MAILING LETTERS  
FROM HOME. Full or part time. No experi-  
ence necessary. Easy! Anytime! Call Clear-  
inghouse Publications, 1-313-458-6300, Ext.  
32, 24hrs.



# TO PLACE YOUR AD: ☎ 775-1234 • DEADLINES MONDAY 3PM

## help wanted

## Preventing, Curing, Restoring & Supporting.

**New Program**  
**Per Diem Physical Therapist \$25.00/hr**  
 We are looking for per diem Physical Therapists to work 16 hrs/wk in our acute and long term care facilities. Weekends ONLY. Physical Therapy licensed and 1 year experience required.

If interested, please fax resume or apply in person at:  
**Human Resources**  
**97 Campus Ave.,**  
**Lewiston, Me.**  
**Fax (207) 777-8783**  
*(No phone calls please!)*

**Sisters of Charity Health System**  
 Campus Avenue • P.O. Box 7391 • Lewiston, Maine 04243-7291  
*We are an equal opportunity employer.*

## OFFICE AUTOMATION SPECIALISTS

Many prestigious local firms hire their staff only through Norrell and are seeking highly skilled professionals for several immediate long term and temporary to hire positions! Norrell offers you the benefit of exploring your options and seeing if the job is right for you! **WE ALSO OFFER HOLIDAY PAY, VACATION PAY AND FREE SKILLS TRAINING!** Great opportunities are available for you if you type at least 60 wpm and have advanced skills and work experience in any of the following areas:

**MSWord 6 / Windows & EXCELL**  
**WP 5.1 / Dos & WP 6 / WINDOWS**  
*Call for immediate consideration!*  
**773-1771**

**Norrell**  
 SERVICES  
 500 SOUTHBOROUGH DRIVE  
 SOUTH PORTLAND, ME 04016  
*EOE/DFW/AAE*

## career development

### Career Information Seminar

Since 1875, The Prudential has been a leader in the field of insurance and financial services. Whether you're thinking about a career change or you're a seasoned sales professional, it may benefit you to learn about Prudential's career opportunities. Prudential's Portland Office is seeking men and women interested in marketing and servicing our portfolio. We offer:

- Compensation - Starting income plus commission and bonus plan.
- Benefits - Comprehensive benefits package.
- Continuing Education - Tuition reimbursement for job related courses.
- Name Recognition - The Rock is known throughout the United States.

If you possess an entrepreneurial drive, a concern for others, and the desire to make the commitment that success demands, call to reserve a seat and join us at our Portland Office.

**December 5 • 7:00pm, 207 Larrabee Rd (off Exit 8) Westbrook, Me**  
**Contact: Deb Richard 207 854-2583**

**Johnston Career Services**  
 20 Years 1975-1995  
 Resume Writing Services  
 Career Counseling & Testing  
 Job Search Strategy  
 Call Ernie Johnston  
**773-3921**

**CAREER PLANNING SERVICES**  
 James K. Elkins, M.S.  
 Career and educational planning  
 Resumes and cover letters  
 Career search consultation  
 Call (207) 885-0700

## Reduce • Reuse • Recycle

\$35,000/YR. INCOME potential. Reading books. Toll free (1) 800-898-9776 Ext. R-5496 for details.

\$40,000/YR. INCOME potential. Home Typist/PC users. Toll free (1) 800-898-9776 Ext. T-5496 for listings.

\$500 WEEKLY POSSIBLE! Work where you are most comfortable. Assembly, Crafts, Typing. Call now for FREE InfoPak. 1-800-242-1364.

AVON - ALL AREA! FLEXIBLE HOURS. \$200-\$2000 monthly possible. Great supplemental income. Age 18+. Hurry - Christmas customers need you now! Independent sale rep. 1-800-962-4998.

COMPUTER WORK! Steady work/excellent income! IBM compatible required. Ongoing personalized support provided. 1-800-889-6674.

EARN \$1,000-\$1,500 WEEKLY STUFFING ENVELOPES/your premises. Money never stops. Free supplies. Rush SASE. Lightening Quick Mail Distributors, P.O. Box 18027-NE, Philadelphia, PA 19147.

EXPERIENCED COSMETOLOGIST - Do you love doing hair, facials, waxing, and nail? Do you prefer to use only Aveda products? Would you like to create beauty and wellness? Call for an interview. 207-773-4457.

FITNESS ENTHUSIAST! Environmental/health company seeking outgoing, positive individuals for key entry level/management position. Attitude more important than experience. Part time and full time positions available. 780-1162 or 774-6671.

HOME EMPLOYMENT OPPORTUNITY - 1,000 envelopes = \$3,000. Receive \$3.00 for each envelope you process! Postage & supplies provided. Free information: 1-310-519-2850, Ext. A-47 (94hrs.).

LOOKING FOR A CHALLENGE? Located at the base of Sugarloaf Mountain in the Western Maine mountains, we offer a year-round, full-time position for an energetic person who would enjoy working with people in an academic and sports environment. Strong computer, writing, organizational, telephone and interpersonal skills needed. Ability to handle multiple responsibilities required. Experience with Microsoft Office preferred. Benefits. Send resume with cover letter to Carabassett Valley Academy, RD 1 Box 2240, Carabassett Valley, ME 04847.

MYSTERY SHOPPERS. EARN UP TO \$24/HOURLY. Free food and more in your spare time. Call 24hrs. 1-800-643-8256 Ext. 9022 or 1-800-684-8253 Ext. 3660.

MYSTERY SHOPPERS/ Earn up to \$24 hourly plus free food, free gas, free merchandise, etc. in your spare time. Free info 24 hrs. Call: 1-800-684-8253 X3660 or 1-800-643-8256 X9022.

NO EXPERIENCE NECESSARY! \$500-\$900 weekly/potential processing mortgage refunds. Own hours. Call 714-502-2123 Ext. 507.

PART-TIME NANNY NEEDED - Nanny wanted to care for boy 1 yr. & girl 2 1/2 in Scarborough, M.W.F. 7:30-3:30. Love, creativity & experience required. Call 883-1954 after 6pm.

PROFESSIONAL RESUMES result in employment interviews. Call Career Planning Services. (207) 885-0700.

SEEKING EDUCATORS AND PEOPLE in related fields to coordinate placement and/or host foreign exchange students for 3-5 month stays. Part time. Many rewards. 800-874-7042, 800-454-6736.

TAKE CHARGE. EARN WHAT YOU'RE WORTH! Rapidly expanding marketing company seeking qualified individuals. Full training. 773-5916 for appointment.

TELEMARKETERS WANTED - Have fun setting appointments. Call 871-8618.

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## body & soul

NURTURING COMMUNICATION GROUP. Practice honest, assertive, better boundaries, and listening with your heart. Every Tuesday at 6:30pm. 883-4373.

ON-GOING WOMENS HEALING GROUP SEEKING NEW MEMBERS. Discover a deeper, richer life. Co-lead, safe and supportive. 883-4597 or 787-3848.

POLARITY THERAPY FOR WOMEN. Body-mind-facilitating physical well-being and emotional balance. Jane Gair Prairie, 774-8633.

SELF CARE IS THE FOUNDATION OF PHYSICAL, emotional and spiritual wellness. Phone IN TOUCH Professional Massage Associates, 774-8676.

TAROT READINGS, DREAM WORK, guided imagery, gift certificates available. Make the holiday magical! Jeanne Florin, 799-8648.

TIERED OF EVERYDAY HUMDRUM... Feel the need to slip away... Massage! AH-H! Iona Silverman C.M.T. 871-1610.

WANTED - 10 people serious about losing weight, feeling healthier, having more energy. Call (800) 211-1202 x0321.

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## professional serv.

DAVID A. LOURIE  
 20 yrs. experience in municipal, zoning and local property tax abatement law.  
*Weekend or Evening Consultation by appointment*  
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## business services

C. BERRY  
 Owner  
**INTERIOR MASONRY**  
 Commercial - Residential  
 Masonry Concrete Tile  
 Fireplaces & Chimneys  
 References - Free est./ Full Insur.  
 (207) 727-4867 W. Buxton, Maine

RAIN GUTTERS CLEANED/REPAIRED, windows washed, minor home repairs, odd jobs inside/outside. 657-2948 or 761-4571, David.

RECYCLE TONER CARTRIDGES AND SAVE! Cartridges from \$45.00, including pickup and delivery. Guaranteed. Discounted toner for copiers available. We buy empties. 800-676-0749.

RESIDENTIAL AND COMMERCIAL CLEANING. Friendly quality service. Insured and bonded. Free estimates. 871-7150.

TIME TO TIGHTEN UP FOR THE WINTER! Windows repaired, door sweeps installed, pipes insulated, etc. 657-2948 or 761-4571 David.

A & A PROPERTY SERVICES. General contracting/maintenance. Remodeling, bathrooms, kitchens, finished basements, roofing, decks, additions, interior/exterior painting, vinyl siding, complete mobile home set-up & service. No job too big or small. Prompt, reliable service. Insured. 773-1908.

MIKE Z TREE & LANDSCAPING SERVICES. Repair damaged trees! Pruning, removal of dangerous limbs, tops, trees, feeding, stumpgrinding. Gutter cleaning, raking. Design/Installation of gardens, lawns, and fences. Certified Arborist/Landscaper, insured. 883-8746/799-0689.

EXPRESSIVE THERAPY "WHEN WORDS FAIL" Art, Writing, Sandtray, Drama, Puppets, etc. MA, LPC, Individuals, Groups and Workshops. 874-2103.

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# REAL ESTATE Marketplace

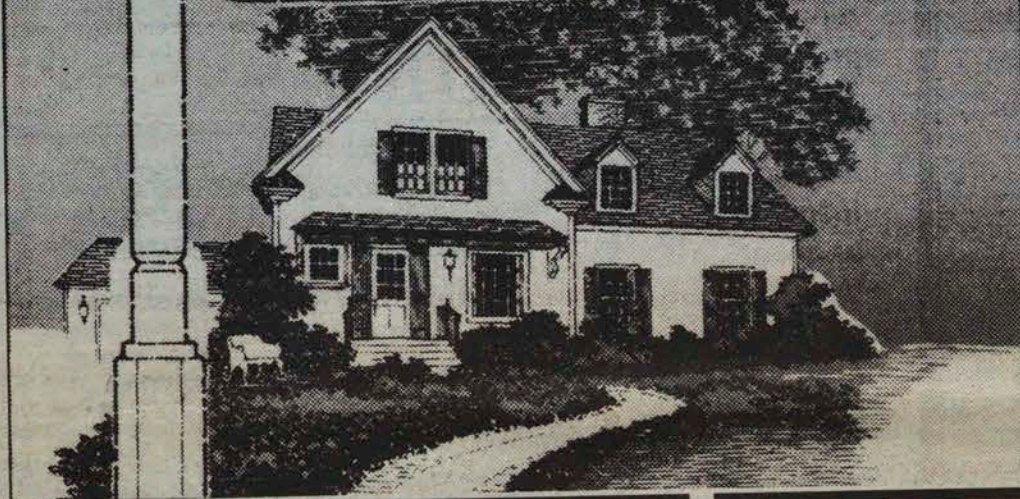
## INTRODUCING

### The REAL ESTATE MARKETPLACE

A weekly feature designed to offer our readers a peak behind the scenes of the Real Estate Marketplace. Written by Susan Shea, Real Estate Professional since the 1970's, this advertising special promises to be an effective vehicle for your real estate listings.

Call Pam today at 775-1234 to take advantage of the Special Introductory Discount of 25%

Deadline: Fridays at 5 pm.



## roommates

### ROOMMATES, ETC.

Need a roommate? Eliminate the search. All applicants screened. Roommates, etc. is a service for the discriminating person who wishes to share living experiences. 797-0776

DEERING - N/S male, share house, furnished 2-story duplex w/ professional man, H/W, floors. Quiet neighborhood. \$325/mo. includes H/W, laundry, N/pets. 772-4867.

EAST END ELEGANCE - N/S, M/F to share large, sunny, 2BR w/ basement and full yard. \$287.50/mo. plus 1/2 utilities. Free heat/laundry. 772-0308.

FIND A ROOMMATE IN THE CLASSIFIEDS - Call (207) 775-1234 now and place your 15-word ad for as little as \$6.75/week.

GENTLE SOUL to share year-round, 3BR Peaks Island house w/ 2 plus cat. Large yard w/ garden. Quiet location, brisk 10-minute walk to ferry. Please, N/S, w/ additional pets. \$175/mo. + 1/2 utilities, 1/2 phone. Call Jeff and Stefanie, 766-4425. Available 12/1.

GORHAM - Professional seeks responsible F/M, N/S for my home near USM. W/D, storage. \$300/mo. Available 12/1. 839-6746/evs.

HOUSEMATE TO SHARE home in Cape Elizabeth w/ 2GM. Waterfront, quiet neighborhood. \$300/mo. 799-9094.

JANUARY JEWEL - Professional female seeks same for HUGE Brighton apartment. Shared kitchen, bathroom, living room, meditation room, basement, porch, yard, parking. Own bedroom, sunporch, half bath. \$350 January 1. Call 761-9438.

M/F ROOMMATE WANTED TO SHARE spacious, sunny 2BR apartment with professional GM and cat. \$275/mo. plus 1/2 utilities, off-street parking. W/D, Pete, 761-0382, leave message.

WALK ROOMMATE FOR 2BR HOUSE in country. Home lover! Cheap rent in exchange for help. Tom, 787-3345.

MAGNIFICENT 5,000sq.ft., Portland West End Victorian. Share fabulous kitchen; great living room; full bath; clothes washer & dryer; spectacular rooftop deck; back yard; storage. \$350/mo. plus security. Includes utilities. (207) 761-5944.

OLD PORT - Seeking female to share nice 2BR, 2 bath apartment in safe, quiet building. H/W/M/C included. W/D in apartment. \$395/mo. plus 1/2. 774-7689. Sorry, N/pets.

PAYSON PARK AREA - Male to share 4BR house. 1.5 baths, W/D, with storage/parking. \$375/mo. includes everything! 772-6741.

PORTLAND - N/S female wanted ASAP. Unfurnished bedroom, share kitchen/bath. Must like cats. Off-street parking. \$237.50/mo. + 1/2 utilities. Call 773-7017.

S. PORTLAND - Seeking clean, responsible, M/F to share 2BR, apartment. H/W, parking, laundry. \$280/mo. +. Call Kevin, 874-9763 evenings.

SEEKING A ROOMMATE TO SHARE ON A SEARCH OF 2BR, apartment, Portland or S. Portland. 767-3061.

YARMOUTH, LITTLE JOHN ISLAND - N/S, M/F professional to share year-round 2BR cottage. Storage, large yard, fireplace, deck, ocean views. A real jewel for canoeists and kayakers! \$375/mo. + 1/2 utilities. 846-1590 (pm).

## apts/rent

AVAILABLE 12/14/95, USM AREA - Spacious, sunny, upstairs apt. at 415 Deering Avenue. \$950/mo. plus utilities & security deposit. References required. By appointment only. Call 775-6561.

INSTEAD OF AN APARTMENT, how about a quiet cozy 2BR, cottage? Year round, economical oil heat, fire place, lake access, and an easy commute to Portland. \$695/mo. plus utilities. 892-8206.

TO RENT YOUR APARTMENT FAST, and to the highest caliber tenants, call 775-1234. THE CLASSIFIEDS, and reach over 100,000 people throughout Greater Portland!

## seasonal rental

SUNDAY RIVER - Slope side condo, sleeps 6. Available weekly or weekends. Reasonable rates. Call 775-2484, 9-5 weekdays.

## offices/rent

BRIGHTON AVENUE - 632sq.ft. of newly renovated suite in professional building. Kitchen, private bath, plenty of parking. \$9/ sq. ft., 1/2 month rent FREE! Available 11/1. Call 773-3000. Leave message.

DOWNTOWN PORTLAND - 10x12 space includes kitchenette, conference area, ZEROFAX, bathroom. \$140/mo., utilities extra. Call 774-1769.

FURNISHED OFFICES with shared reception, kitchen and conference room in an attractive, professional suite. Excellent CBD location at 75 Market Street, Portland, \$375/mo. and up. Call 772-1112.

PORTLAND ARTS DISTRICT - 450sq.ft., tall ceilings, wood floor, lots of light! Great space for office or studio. \$260/mo. + utilities. Very efficient heat. (207) 761-5944.

TREATMENT ROOM FOR BODYWORK PROFESSIONAL and workshop/classroom space available at Holistic Health Center in Falmouth. Available daily, fully furnished. \$20/day. 781-3330.

## rentals wanted

PROFESSIONAL LESBIAN COUPLE seeks quiet 2BR, house, apartment or duplex in Portland area or North. Fully appointed, w/ yard and parking. Have 3 well trained small dogs and one cat. Have excellent references. 780-8775.

## housesitting

PROF. FEMALE TEACHER seeks live-in housesitting position within 30 mile radius of Portland. Will pay for utilities if necessary. General pet care also. Long-term position starting ASAP. Call (207) 774-8672 to discuss possibilities. References available.

## TWO THUMBS UP!

Do any of you readers have a house to sell that meets the following requirements? If so, please call. I have the perfect buyer:

Antique cape with working fireplaces in living room, every bedroom, and a beehive oven fireplace in the kitchen. Pumpkin pine floors. 2x6 construction for energy efficiency. Authentic 12 over 12 wood muntin windows, thermal pane, low-E design. Warm, sunny yard for play and gardening, but heavily wooded for utmost in privacy. Ideally, 40 acres but a minimum of 5 acres would work. Walking distance to schools, and in a little neighborhood, so the kids will have lots of nearby playmates and mom can go for nice walks pushing baby in the stroller. You should not be able to see any other house from any window or from the driveway coming in, which should be very long and very winding, preferably dirt.

If this sounds just a little schizophrenic, that shouldn't be surprising, since it's the wishes of two entirely different people. The only problem is, these two particular people are married to each other and have visions of buying their dream house, raising their family and growing old in rocking chairs on its front porch, together.

Hopeless? He's thinking of walking out his back door, hunting rifle in hand, to bag his buck on his own south forty, and she's envisioning morning coffee klatches with the kids out tearing up the sidewalk in their hot wheels.

Are you thinking that this couple needs to trade in their house-hunting appointment for one with a marriage counselor? Believe it or not, realtors see this couple all the time.

How does it work out? I've seen them end up with a brand new home (but with the pumpkin pine floors and one, maybe two fireplaces) on two wooded acres in a neighborhood. I've seen them buy an antique whose kitchen and baths have been gutted and replaced with 1990's versions, whose every old window (WARNING to antique home purists: Do not read the rest of this sentence, it's likely to make you cringe) has been replaced with vinyl-clad thermal-pane versions, and which has been expanded over the garage to incorporate a jacuzzi'd master suite.

So, go for it! Make your wish list. Don't worry about his (or hers). You'll look at six of one and a half-dozen of the other. And you really will find one that works for Siskel as well as Ebert. If not, we can always do another column entitled "Can This Marriage Be Saved?" (or is that title already taken?)

(Susan Shea is a real estate broker in the Greater Portland area. She will be commenting weekly on matters relating to buying or selling homes in Maine. If you have a real estate related question or observation, write Susan at: Real Estate Marketplace, P.O. Box 1238, Portland, ME 04104.

## real estate

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## ARCHITECTURAL DISTINCTION THROUGHOUT

In this exquisitely detailed home.  
4 BR, 3.5 Baths, with nanny/guest suite.  
3 car garage, set on almost 2 private acres.  
\$424,000

Offered by Susan Shea



207-773-2345 x205

2 FARMHOUSES: MILAN, NH. Modernized 3BR, 2 bath, 3.11 acres, views! \$89,900; Montville, ME. 4BR, 2 bath, 2 acres, barn, antique, ICCO #204960, DOTT 12369 800-343-4461. 914-855-3552.

77MOVING? NEW YORK EXPRESS. We'll do it for less. A tearup to a townhouse. Local, long distance, partial loads, cars, antique, ICCO #204960, DOTT 12369 800-343-4461. 914-855-3552.

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Old Orchard House \$42,900  
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## condos for sale

Portland Harbor/Waterfront  
40 Portland Pkwy. #3 (next to DiMillo's)  
South-Facing, 3br, 3 bath  
ULTRA CLEAN! IMMEDIATE OCCUPANCY!  
Reduced to \$142,000  
207-351-1158

## mobile homes

A BETTER DEAL... \$34,995 double wide 3BR, 2 bath with thermal windows, steel doors, oil furnace, gas water heater, dishwasher, garden soaker tub, walk-in closets, lovely snack bar, 2-door refri, gas range, venetian blinds, deluxe carpeting, house door, washer/dryer plumbing, AFR 8.9% variable. Daily 9-6, Sunday 10-5. 207-786-4016, LUV Homes (1 mile from Turnpike) 1049 Washington Street, Rt. 202, Auburn, ME.

BEAUTY OF THE COUNTRY IN CITY-STYLE COOMFORT. 12 rooms, 5 bedrooms, 5 baths, on 30 acres 5 miles from New England college town. Currently used as Bed & Breakfast, with many extras. \$275,000. Samble Realty 860-485-3881.

FORECLOSED GOVERNMENT HOMES & PROPERTIES! H/O, VA, RTO, Etc. Listings for your area. Financing available. Call toll free 1-800-378-4901 Ext. H-1057.

GOVT FORECLOSED homes for pennies on \$1. Delinquent Tax, Repo's, REO's. Your area. Toll free (1) 800-888-9778 Ext. H-5496 for current listing.

AFFORDABLE. \$17,995, or \$899 down 180 @ \$173. 3BR Fleetwood. Walk-in closets, lovely snack bar, 2-door refri, gas range, venetian blinds, deluxe carpeting, house door, washer/dryer plumbing, AFR 8.9% variable. Daily 9-6, Sunday 10-5. 207-786-4016, LUV Homes (1 mile from Turnpike) 1049 Washington Street, Rt. 202, Auburn, ME.

## wanted

WANTED - Ergometer, preferably Concept 2, model C or B. Call 766-5888 and leave message.

## arts & crafts

CRAFTERS SERIOUS ABOUT SELLING their merchandise call Leta at (207) 453-8089 for details.

J+P CRAFT GALLERY has stained glass supplies! Gift certificates for supplies and glass are available for Christmas stockings. Surprise your stained glass artist with J+P Craft Gallery's selection. 883-4556.

J+P CRAFT GALLERY has E.S.P.! This Christmas give Extra Special Presents made by professional craftspeople. Sign up for \$50 Gallery certificate - drawing Dec. 16th! Southgate, 426 Rt.1, Scarborough. Mon-Fri 9:30-6; Sat 10:30-3; Sun 12-4. 883-4556.

ART WORKS ON DISPLAY by Joanne Hartford during December at the Pilgrimage, 441 Congress Street.

## getaways

BAHAMAS CRUISE - 5 days/4 nights. Underbooked. Must sell \$279/couple. Limited tickets. Call 1-800-935-9999 ext 429. Monday through Saturday, 9am-5pm.

CRUISE THE CARIBBEAN, ALASKA, BER-MUDA, OR EUROPE at unbeatable discounts. Save as much as 50%. Call New England's largest cruise only agency & national award winners. NABA Cruise Consultants, Hamden, CT. Toll free 1-800-775-1884.

## music

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Romantic Gypsy Jazz  
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Promotes Live Music for All Occasions  
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Calling all artists & entertainers! PRIME real estate is the place to get it right! Clean, Secure Rental Rooms. Hourly to Yearly Leasing. Convenient hours. NOW UNDER CONSTRUCTION. 207-774-6500. Prime Artist Rental Studios. Thompson's Point, Box 27, Portland, ME 04112.

BAND SOUND SYSTEM - QTY. 4 McCauley 850 speakers, ATLAS AM800 stereo mixer board, Sony Receiver, ADCOM GF54, ADCOM GF535, High Power AMP. \$2,500 B.O. 773-7578, ask for Eric.

DRUMMER WANTED FOR DIXIELAND BAND. Must love old music and want to have fun! 856-2908.

GUITAR LESSONS - Reasonable rates, convenient location. Improve! Explore deeper spiritual connection to your instrument! 207-766-2495.

JAGUAR XJ6 1987 - Pearl white, sable interior. All factory options, 80K, \$9,995. 783-3336/783-3729.

JAGUAR XJ6 1986 - Maroon, tan leather interior. All original, all options. One owner. \$10,500. 783-3336/783-3729.

JAGUAR XJ7 1986 - Blue, gray leather. All options w/roof. Low miles, excellent condition. \$10,500. 783-3336/783-3729.

JAGUAR XJS 1988 - V-12, Red, tan leather interior. All options, 44K original miles. \$12,995. 783-3336/783-3729.

LINCOLN TOWN CAR, 1989 - Signature, loaded, dark gray w/black naptop, leather interior. Elegant! 88,000 well-maintained miles. Asking \$8,500. 772-2502.

LINCOLN TOWN CAR, 1985 - Loaded, mint condition, 85K miles. \$2,500/B.O. Please call 879-2687, leave message.

M.G. MGB GT 1974 - Completely refurbished, hard top. Very rare. \$2,995. 783-3336/783-3729.

MERCEDES 300E, 1991 - 2.6, 4-dr., 34K miles, pristine condition, excellent condition. \$3,500/B.O. Lou, 856-2183/eves/772-5411days.

## music

JAZZ VOICE LESSONS - Accepting students for hour long evening sessions. Learn jazz vocalizing skills, phrasing, improvisation, and performance techniques. \$20/hr. Call 767-7180, evenings.

## wheels

DON'T PAY MORE THAN \$25 to sell your vehicle! The Classifieds will keep your car, truck, bus, RV, or motorcycle running until it sells for only \$25! Call 775-1234 or FAX it to 775-1615. Visa/MC accepted.

1948 CHEVROLET COUPE - Clean, solid, stickered, with original running gear. \$10,000 invested. \$4,500/B.O. 883-6755.

ACURA INTEGRA RS, 1987 - 5-door hatch-back, metallic blue, auto, superbly maintained! 1-owner history, all service records, inspection valid through 7/96. 91K. \$3,500. 773-3546.

AUDI 80, 1990 - Automatic, 4-dr, black, sunroof, A/C, power windows/locks. \$4,600/B.O. 773-8011 days, 799-8090 evenings.

BMW 2002, 1974 - Rare find. Runs, looks terrific. One owner, Yakima Rack, other extras. \$4,300/B.O. (207) 666-5665.

CAPRICE CLASSIC, 1990 - Blue, Loaded. 82K. Good mileage, excellent condition! New exhaust. Below book. \$6,700/B.O. 883-1153/883-2305.

CARS AUCTIONED NATIONWIDE! Also, trucks, motorcycles, computers, boats, etc. Vehicles under \$200! Call toll free 1-800-783-4901 Ext. W-1075.

CAUGHT SPEEDING AGAIN! Gotta sell Sonja - 1988 RX7, \$6,500/B.O. You'll love her! (207) 348-5602.

CORVETTE CONVERTIBLE, 1963 - 400 small block, 4-speed, excellent shape 27K. Blue with white top. \$19,995. 783-3336/783-3729.

DATSUN MAXIMA 810, 1981 - 6-cyl, diesel, automatic, power everything, A/C. Excellent running condition. \$2,000/B.O. (207) 692-7150.

DODGE CARAVAN L.E., 1987 - 90,000/mi., 7-passenger, cloth interior, cruise, air, tinted windows, excellent shape. \$5,800. 766-5708.

DODGE COLT WAGON, 1988 - One owner, excellent condition, \$1,800/B.O. 781-3018.

DODGE DART - 75.4 door, automatic, 318, southern car. \$550. Leave name & number. 773-6765.

DODGE NEON, 1995 - Black with gray interior. Low mileage, Excellent condition. Asking \$7,500/B.O. 775-3596.

GRANDPRIX MODEL J, 1970 - 72K, 400-eng. Good shape, stored last two years. \$3,500/B.O. Call 772-3301.

HONDA ACCORD SE-I, 1985 - 4-door, fully loaded, 5-sp., AM/FM stereo, well-maintained, new battery, high miles. \$7,000. 774-6467.

HONDA CIVIC HATCHBACK, 1990 - Original owner! 67K, 5-sp, A/C, white. A great deal! \$5,950. 207-773-6764.

ISUZU TROOPER II, 1987 - Well-maintained, no rust. Excellent condition. 4WD, new tires, brakes, AM/FM/Cass. \$4,500/B.O. 775-1184.

JAGUAR XJ6 1987 - Pearl white, sable interior. All factory options, 80K, \$9,995. 783-3336/783-3729.

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## wheels

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Starting at \$9.95  
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MERCEDES BENZ 380 SE, 1984 - Leather, air bag, New Mercedes engine w/3,000 miles, \$12,000. 207-945-9968.

MERCEDES BENZ 380, 1984 - One owner, silver, blue cloth interior. All factory options. \$7,995. 783-3336/783-3729.

MERCEDES BENZ 450 SLC, 1977 - White, tan leather. All options, one owner, 79,995. 783-3336/783-3729.

OLD CUTLASS SUPREME, 1984 - Solid head, garage, locker, project status. \$2,900/B.O. 774-9774.

26' COLUMBIA, FULL KEEL, 3 sails, marine head, galley, locker, project status. \$2,900/B.O. 774-9774.

27' O'DAY - LORAN, new Standard sailing instruments (knot log, depth sounder, wind instrument). Alcohol stove, head, VHF. Ritchie compass, safety equipment. Good condition. Must sell! \$9,000. 854-1754.

BROADWATER 31', 318 Chrysler motor, sleeps 6, full bath, w/trailer. \$3,000/B.O. 772-4835.

C & C 30', 1974 - Atomic 4, main/jib 1989, well-equipped, well-maintained, \$2,000. 633-4675.

CLASSIC MAHOAGNY 1986 CHRIS CRAFT CUSTOM SPORTSMAN - Original 131 hp. Turnkey. Have original invoice. \$11,900. (207) 767-2980.

VOLVO 1800ES, 1973 - Unusual vehicle from Arizona. In excellent shape! \$5,000. 207-288-2249.

VOLVO 740GLE, 1985 - Silver/black leather. 4-cyl. AUTO, A/C, AM/FM/Cass. A1 condition! 128K. \$3,800. 774-2526, 774-9899-eves.

VOLVO P18 1973 - Sports wagon, 4 speed, w/D. 31K. \$6,995. 783-3336/783-3729.

VW CAMPERVAN, 1973 - Sleeps four, 97K, rebuilt engine, runs great, good shape. \$1,800. 725-6339.

VW RABBIT, 1984 - Diesel, 140K, 4-door, 4-sp, sunroof. Good extra car. \$600/B.O. 878-8144.



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Simple • Peaceful • Enjoyable  
For stress, aching joints & muscles,  
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Office & Home Visits Available  
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**NATHALIE H. SHERIFF**  
Certified Massage Therapist  
The Women's Wellness Centre  
595 Brighton Ave  
By Appointment  
(207) 774-8283  
Member A.M.T.A.

**Christmas Massage Special**  
- Give the gift of health -  
\$10 off a one hour or half hour appointment  
after 12/15/95  
Gift Certificates Available  
**Jim Litrocapas**  
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Located in Cottage Village Day Spa  
222 St. John St., Suite 311  
828-1771 or 781-0128

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Polarity Therapy**  
for Women  
**Jane Gair Prairie**  
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**WHEN EMOTIONAL TRAUMA  
CAUSES PHYSICAL PAIN...**  
Journneys through Bodywork  
for Women  
**Marie King, RN, CMT**  
BODYWORK THERAPIST  
775-5745

**A SOCIETY OF EQUALS**  
Saturday November 18 10am-6pm  
**Introduction to Meditation Intensive:**  
Practical techniques of breathing, mantra,  
concentration and visualization. No dogma. Each  
participant will leave with a personalized program  
to keep up a regular practice. \$50.  
  
Sunday November 19 10am-6pm  
**Meeting of Equals Intensive:**  
Learn to trust your own knowingness and  
individuality. Focus on your dream. Expand your  
consciousness beyond the structures and patterns  
that limit you. \$50.  
  
Facilitated by Benjamin Spector, who has been counseling individuals  
and groups on spiritual growth and awareness for over twenty years.  
For information and/or to register, call 774-6778

**GOLDEN SCHOOL OF  
TAI CHI CHUAN**  
**TAI CHI FORM** SELF-DEFENSE  
A meditative exercise with  
toning the body & calming the mind.  
Blending with  
opposing force in  
order to control it.  
  
**STRESS REDUCTION • LONGEVITY  
HEALTH • INTERNAL ENERGY FLOW**  
"A System Promoting Balance  
on a Physical and Spiritual Level"  
Gen. Golden  
616 Congress St. 3rd Floor • 772-9039

If you are thinking about self-improvement, try any one of the various health practitioners found in Casco Bay Weekly's Wellness Directory. If keeping your business healthy is your intent, then advertise in the Weekly Wellness Directory. Call 775-1234.

**When You're in a knot...  
Stressed Out...**  
**Knotts Alley Massage Therapy & Reflexology**  
\*\*Bring A Friend/60/min. ea. only \$55.00  
6 days • 9am - 8pm  
By appointment 774-0283 • Main St., South Portland

**YOGA FOR  
ORDINARY  
PEOPLE**  
**VERY GENTLE YOGA**  
REDUCE STRESS • INCREASE ENERGY  
Led by: Arlene Sandstrom  
in a full rounded body  
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**C.C.M. COUNSELING SERVICES**  
Substance Abuse and Mental Health Outpatient Services  
Sliding Scale Fee Available  
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**PORTLAND  
YOGA  
STUDIO**  
DEC. 9 Workshop  
**Pranayama  
Yoga Breathing  
& Meditation**  
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**Psychotherapy**  
**Michelle Bolen L.C.S.W.**  
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Take Charge of Your Life  
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**Light of the Moon**  
Portland's Metaphysical Center  
**TOOLS for HEALING the BODY, MIND and SPIRIT**  
Dec. 2 & 3 **Holiday Open House**  
over 20 giveaways including:  
Massage, Energy & Shamanic Work!  
Dec. 2 **3rd Annual McAuley  
Residents Fund Raiser**  
10% of sales donated to this charity  
Dec. 4 **Crystal Awareness**  
w/John Moulton  
6:30-8:30 pm • \$20.<sup>00</sup>  
- Reservations Required -

**Depression/Anxiety**  
(Solution-oriented Counseling)  
Sliding Scale Fee  
**Rhea Sherrins, MA, L.P.C.**  
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**LESBIAN  
THERAPY GROUP**  
Accepting new members.  
Dealing with a variety of issues.  
Tuesdays, 5:15-7:15 p.m.  
\$75/monthly  
Call 775-7927

**ILONA SILVERMAN**  
CERTIFIED MASSAGE THERAPIST  
871-1610  
Holiday Certificates Available

**WholeHeart  
Yoga**  
Full Moon Yoga for Women  
December 8  
Pam Jackson • 767-5607

**Counseling Groups  
for Women**  
• Large Women with Food Issues  
Thursday Evenings  
• Partners of People in  
Early Recovery  
Monday Evenings  
Both Groups Starting in November  
Individual & Couples Also Available  
Rachel Sager, L.S.A.C. • Call 775-1711

**Therapeutic Massage**  
Karen Austen, M.A., L.M.T.  
Licensed Massage Therapist  
7 Days A Week, All Holidays  
Same day appointments  
Gift Certificates available  
  
New Freeport Office  
By Appointment...865-0672

**THE FITNESS PROGRAMS  
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Dance / Step Classes  
on going  
For more information call  
1-800-525-8696

**Later Stage Recovery  
Group for Women**  
FMI: 761-9096  
Facilitators: Beth Trotta, LCSW  
Lucy Chudzki, LSAC, NCACII

**Mon-Sat 10-6, Sun. Noon-5**  
Books, Crystals, Tarot Cards and Much More!  
324 Fore Street • Portland, Maine • 207-828-1710 • Open Daily

**Make Cosmetic,  
Medicinal & Culinary  
preparations from  
herbs & other natural  
products in a  
Hands-On Workshop.**  
Sat. Dec. 2nd • 10am-3pm  
Bridgton, ME  
\$50 includes supplies  
For more info & registration call  
**CORINNE MARTIN**  
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**MEDITATIVE  
BELLY DANCE**  
MONDAYS  
6:30 PM  
JOSIE CONTE 828-6571

**HIGHER GUIDES-PAST LIVES**  
using imagery and hypnotherapy  
Espahbad Dodd, CCHT  
initial interview  
at no charge  
portland west end  
(800) 545-9919

**STREETFUNK  
Master Dance Class**  
December 2nd  
1-2 pm Adults  
2-3 pm Teens  
All levels welcome  
\$12.<sup>00</sup>  
Casco Bay Movers  
871-1013

**Carrie Peterson, M.A., M.S.**  
L.C.P.C. / L.M.F.T.  
23 West St.  
PORTLAND, ME 04102  
BY APPOINTMENT: 774-6779  
INDIVIDUALS • COUPLES • GROUPS

**Therapeutic Massage**  
**Healing Touch**  
**RACHEL DESLEY,**  
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**REDUCE HOLIDAY STRESS**  
\$10.00 OFF 1ST SESSION  
Over a decade experience in the Health Care Field

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Licensed Psychologist  
Practice Since 1970  
Insurance/Medicaid Reimbursable  
Sliding Fee Scale Available  
  
Anxiety, Depression, Grieving,  
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Brief or Depth Psychotherapy  
Individual, Couples, Groups  
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772-3176  
Men's Therapy Group Mon. 7-9 pm  
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**Thomas W. Myers**  
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Certified Advanced Rolfer®  
  
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WHEN YOU'RE READY FOR A DEEPER CHANGE...

**MEN'S THERAPY GROUP**  
Opening since 1983  
Has New Openings Monday 7-9 pm  
  
Improve Communication  
Understanding Emotions  
& Relationships  
Career & Mid-Life Changes  
Being a Better Father,  
Husband, Lover.  
Finding More Meaning in Life.  
  
STEPHEN ARONSON, Ph.D.  
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## adult services

**GAY CHAT**  
HOT GROUP ACTION  
CALL AND JOIN IN  
OR JUST EAVESDROP  
**1-900-745-2076**  
\$7.50-3.99/MIN • 18+ YEARS

**MEN WHO WANT MEN**  
LIVE TALK + DATALINE  
**1-900-435-6275**  
**1-800-605-2428**  
18+ \$2.50-3.99/min  
SCI 302-996-2787

**THE XXX COLLECTION = SATISFACTION**  
LISTEN/TALK 011-592-586-144  
PARTY GIRLS 1-809-474-7547  
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GAY! GAY! GAY! 1-809-474-7546  
VERY LOW LD FROM 69¢/MIN. 18+

**HOT XXX  
LOCAL GIRLS**  
1-800-269-1018  
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**NEVER BE LONELY AGAIN!**  
CALL 1-900-255-4242  
EXT.6906  
\$2.99/min MUST be 18 years  
Touch-tone phone required.  
Serv-U (619) 645-8434

**TALK DIRTY**  
1-ON-1 • 2-ON-1  
PARTY LINE • DATE LINE  
EXPLICIT FANTASIES  
**1-900-745-2396**  
\$2.50-4.99/MIN • 18+ YEARS

**SCREAMERS!! MOANERS!!  
LOUD NASTY GIRLS!!**  
**1-900-745-4213 or 1-800-684-4757**  
18+ \$2.60 /\$4.99 /min SCI 802-996-2787

**WANT TO GET LAID?**  
Call This Dataline!!  
**1-900-835-3283**  
18+ \$2.99 /min  
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**Horny BISEXUALS** - Looking for Play-  
mates! 18+, \$2.99/min. 1-900-745-7075.  
  
**HOT KINKY GIRLS** willing and waiting for  
your call, 1-900-435-1159, \$3.99/min. 18+.  
  
**HOT WOMEN 24 HOURS A DAY.** Call 1-  
809-474-6473 OR Live European College  
Girls 011-592-247-899 L/D rates.  
  
**LACE GARTER BELTS and sexy lingerie** is  
what I wear with cut-out bras and spiked  
heels. Call box #4359 for a free look. Not a  
pro. 1-900-745-3111.  
  
**LIVEPSYCHICS.** 1-ON-1. 1-900-255-0200,  
ext. #2382, \$3.99/min. 18 yrs+. Touch-  
tone phone. Serv-U (619) 645-8434.

## adult services

**SEXY EUROPEAN LADIES LIVE.** 1-ON-1.  
Call 1-800-834-6199. FREE live wild  
partyline, call, 1-801-234-HOTT (4688).  
  
**SWINGERS! BISEXUALS!** Get Portland  
names & home phone numbers. Try it,  
it works! 1-800-420-0420 Ext. 161, \$2.35/  
min. 18+ ZMC (702) 593-0303.

**REDUCE  
REUSE  
RECYCLE**

**DECEMBER'S TOP 10 HOTTEST ADS**  
**REAL ADS • REAL WOMEN • REAL SEX**  
Warning!!! These Personals are sexually explicit and may offend some  
people when heard in their entirety  
  
ELLEN: 36-25-37 Very oral and eager to please seeks afternoon lover I'm 27yrs..... BOX 2150  
JESSICA: 5'6 115lbs unbearably horny, very busty, smooth legs, soft wet lips..... BOX 1901  
ATHENA: My message may sound like a fantasy but trust me I'm truly sexual..... BOX 2328  
MANDY: Great nude body 2 body rubdown given by blond haired beauty 36D..... BOX 7731  
MADISON: If you love satin sheets and sex toys call this secretary for hot fun..... BOX 6728  
ROBIN: I'm sexy, single and free to share my body with hot guys into safe sex..... BOX 6413  
MELISSA: 22 yrs Very busty with hot tongue and guarantee a very good time..... BOX 6334  
CAROL: 48 yr old widow 5'6 115 lbs shapely body & legs into morning sex..... BOX 9078  
TERRI: I model underwear and bare skin. Pictures are available. Very Hot..... BOX 9173  
Black lingerie & silk stockings with high heels and red lips. Free to good man..... BOX 0013  
  
**TRUE CONNECTIONS**  
**1-900-435-6125 or Visa/MC 1-800-884-5347** 18+ 2.99 PER MIN.

**If you're looking to buy...**  
check out the  
**REAL ESTATE Marketplace**  
  
**If you're looking to sell...**  
check out the  
**REAL ESTATE Marketplace**



# Personals

## women & men

**AGE 60ISH, TALL, ATTRACTIVE** lady in Portland area who desires these ads but why not try? Is looking for a kind, successful gentleman for companionship and more who enjoys life. Grandchildren are a plus! Let's meet for a cup of coffee or a drink. #6541 (12/20)

**AIR FIRE EARTH WATER LOVE:** Are you aware of their power? Are you interested in peace, passion, non-physical energetic connections, conversations about puns, meditation, laughing? Under 43 and attractive? Communicate. #6429 (12/13)

**ARE YOU INTRIGUED BY** intelligent, independent woman? Attractive, N/S, SWF, 42, seeks secure, intelligent SM, 30s-40s, to share laughter, good conversation and outdoor fun. Enjoy skiing, hiking, traveling, theater and movies. #6509 (12/20)

**ASPIRE TO FIND SM** with energy to be adventurous and explore the inner dimensions of a friendship and possibly a long-term relationship. I am SWF, 38, 5'9", educated, fit and attractive with curiosity about life and desire to share it with a unique individual. You are intelligent, sensitive, aware, humorous and fit. #6432 (12/13)

**ATTRACTIVE, INTELLIGENT SWF**, 43, loves good literature, music, art, conversation, emotional intimacy with the right man. Looking for someone in my age bracket who is kind and has like interests and intelligence. I'm a smoker so please don't respond if you don't like it. Please answer if you're out there! Personal Advertiser #637, P.O. Box 1238, Portland, ME 04104.

**BEAUTIFUL SWF**, 26, petite, B/B, very down-to-earth, enjoys fitness, dining out, traveling, cooking, quality time with friends and having fun. Seeks handsome professional SWF, 25-34, easy-going, nice guy with a sense of humor. Call or send a letter with photo. Personal Advertiser #655, P.O. Box 1238, Portland, ME 04104. #6515 (12/20)

**BLOND, SEEMS TARZAN, NO APES**, for swingin' good times, no trees to climb, just fun-loving nights of passion, autumn night walks. Seeks SWF, 36-42, for a proportionate, intelligent, adventurous lady for a fruitful relationship. N/S. Only serious need apply. #6430 (12/13)

**HAPPILY MARRIED:** Have a strong sense of spirituality, humor, and self. Love travel, books, nature, and people. Am 41, N/S, N/Drugs. Friendship and humor required. #6523 (12/20)

**CAUGHT IN A PARADOX...** Ethereal Being "in the world but not of it". N/S, brown-eyed, golden-haired, high cheekboned, statuesque, full-figured artist of 41. Down to earth and stable but spiritual first. Into mysticism, laughter, astrology, sunsets, nature, metaphysics, healing, good books, soft music, long walks, deep talks. Seeking lasting companionship with 35-45, inwardly beautiful male. Confidence/humility a plus. We all just want to be understood. Is there anybody out there? Personal Advertiser #686, P.O. Box 1238, Portland, ME 04104. #6427 (12/13)

**CURIOSITY BECOMES HER-** 38, roots in Romanticism-Fauvism. Lovers for self-assured man with strong sense of affection, full of spirit and love of the outdoors. Good pair of hiking boots and dancing shoes for Fun, Whips, Chains and Penny-pinchers. Stay Home! Personal Advertiser #691, P.O. Box 1238, Portland, ME 04104. #6513 (12/20)

**DANCE PARTNER WANTED!** Whether you are giving or receiving this Portland area. If you are cutting a rug then put on your dancing shoes and call for details. #6434 (12/13)

**DO YOU BELIEVE IN...** God above, dew-kissed flowers, unending love, equality, moonlit strolls beside the sea, past the age of 33, swim, ski and choose to live life chemical free (but not due to recovery), are you secure financially? Then maybe you're the one for me. #6461 (12/13)

**FOXY LADY**, 58, seeks gentleman, financially secure, who likes to dance, take walks on beach and... Affectionate a must. Hancock County preferred. #6557 (12/30)

**GIFT WRAPPED** for the holidays! Classy lady, 39, pretty, brunette, professional, DWF, seeks intelligent, professional, handsome, sincere, N/S gentleman, 38-50, with a heart of gold, variety of interests for friendship, possibly more. Please open before Dec. 25th! #6510 (12/20)

**GOOD-NATURED, ELEGANT LADY** seeks financially secure, honest N/S professional with positive attitude, between 46-58, with sports interests, conversation and hugs. #6443 (12/20)

**HEY, GOOD-LOOKING!** Let's meet, dine and dance. In my 60s, B/B, N/Drugs, N/S, looking for New Year's Eve? #6538 (12/20)

**HIBERNOPHILE:** There was a young woman from Maine, she searched for an Irishman in vain; tho' she's not from Killarney, she promises no blarney... and hopes that he'll feel the same! #6555 (12/27)

**I'M A PERSONAL VIRGIN!** SWF, 26, smart, attractive, seeks professional SM, 25-35ish w/a great sense of humor who loves my cooking and my car. I'm a sucker for romance: flowers, wine, the works! If you are looking for the "one", I may be her! #6433 (12/13)

**NATURE LOVES A PARADOX!** Playful but committed, soft touch but firm opinion, stylish-sloppy, intense-easy-going, D/WF, 34, full-bodied as in a Vintage Port, seeks a gainfully employed, liberal, generous, kind, but not too sweet man for laughter, friendship. #6512 (12/20)

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**MY BIOLOGICAL CLOCK** is not ticking. I'm 32, 5'7", B/B, educated, professional and structurally sound. I like theatre, movies, dining out and taking my puppy for long walks. If you're secure, tall, educated and have a sense of humor, call #6460 (12/13)

**NATURE LOVES A PARADOX!** Playful but committed, soft touch but firm opinion, stylish-sloppy, intense-easy-going, D/WF, 34, full-bodied as in a Vintage Port, seeks a gainfully employed, liberal, generous, kind, but not too sweet man for laughter, friendship. #6512 (12/20)

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1-900-370-2041

(Calls cost \$1.99/min. Must be 18 or over. Touch-tone phones only. Casco Bay Weekly 207-775-1234)

**PASSION FOR OUTDOORS!** Nature-oriented, caring, communicative SF, 46, loves country living, animals, camping, canoeing, biking, hiking, X-C skiing, gardening, seeks progressive, connected partner of kind heart, intelligence, enthusiasm and humor. #6542 (12/20)

**SLEEPLESS IN PORTLAND!** SWF, 35, 5'9", H/B, I enjoy dining, dancing, sports, movies, music, quiet evenings and taking walks. Desires S/DWM, 28-40, for friendship/relationship. #6428 (12/13)

**SMART IS SEXY.** Armani, LL Bean, tramsu, apple pie, Lexus, Jeep, Vivaldi, Hootie, children, private weekends, 4-star hotels, state parks, beaches, mountains, intellect, great humor, flirtation, monogamy, adventure, relaxation, DWPF, 37, petite, city-bred nature-lover, seeks S/DWPM with same interests, attractive, confident, romantically inclined. #6596 (12/30)

**SMART, PRETTY WOMAN!** 36, seeks pretty smart man, 30-40, with books, boat and bicycle. 2 out of 3 okay! #6556 (12/27)

**TICKLE YOUR FANCY?** Massage your ego? Older woman do it better! DWPF, 50, 5'2", 45+, to share movies, music, dreams, faith, challenges. #6552 (12/27)

**UNIQUE, 45, PRETTY, SLIM, 5'9", H/B, elegant, casual, youthful, professional, sophisticated, well-traveled, artistic, athletic, visual, sweet, sincere, sensual, sense of self, seeks intelligent, athletic, handsome, trim, educated, confident, soulful, artistic, professional, capable, gregarious, irreverent, insightful, principled human being.** #6431 (12/13)

**WILD NIGHTS ON THE TOWN** or quiet times cuddling. Riding Harley's in the hot summer wind or x-country skiing through the woods. I'm 31, B/B, 5'9". If you're open-minded, independent, financially, emotionally secure, passionate, 30-45, tall and want to have fun, call #6459 (12/13)

**WILL YOU COME OUT TO PLAY?** We can go Skikakadancemilkhikcamplough-candelyak and all those other-ings, and lots of non-ings too! Warped, stable but not stagnant SWF seeks fit N/S SWF, 28-37, for positive attitude, sense of humor and adventure, to share these-ings with. #6553 (12/27)

**PHYSICIAN, 49, SWF, 6', 175#,** devoted father with teen-age sons. Fit, fun, friendly and affectionate with a calm presence. I enjoy hiking, singing, reading poetry, jogging, painting, the theater, x-c skiing, etc. Seeking a bright, caring, available woman for friendship and possible relationship. #6589 (12/27)

**POOR 'N' LONELY SWM, 28,** seeks buxom woman, 18-40, for companionship. Single parent, like pets, movies, sports and good cooks. #6604 (12/30)

**SBM, I AM LOOKING** to meet SWF, 27-35. I am very passionate, understanding and very aggressive. I'm told. If you're a good woman let's get together. #6563 (12/27)

**SEEKING FUN, exciting, physical lover** and friend. Emotional love can follow. Backwards? Me too! I'm also passionate, intelligent, friendly and obviously direct, also sincere, discriminating, aware of some of my neuroses and 39. Let's both take the gamble and enjoy what life has to offer. #6571 (12/27)

**SENSITIVE, CARING,** down-to-earth, gentle, man, 55, enjoys dining, dancing, relaxing and snuggling with neocentric lady, 35-48, with sense of humor. #6565 (12/27)

**SM, 40, would love** to meet someone to share things like good conversation and other important situations. Lets talk and get to know each other. #6500 (12/30)

**SWM, 32, big guy,** looking for a relationship, marriage. Love kids, reading, movies, music and dining. Age unimportant. Looking weight unimportant. Love to start a family. #6570 (12/27)

**WOULD LIKE TO HAVE YOUR attention:** You are a healthy, happy, preppy businessman, 30-40. I'm a SF, 30, nice-looking, smart, versatile. We both like old houses, the country and funky city things, too. #6511 (12/20)

**AFFECTIONATE AND CARING:** Very handsome, clean-cut, physically fit DWM with varied interests, seeks mature, attractive, S/DWF, 28-40, to share romance, laughter, warmth and spontaneity. Children welcome. #6569 (12/27)

**AMBITIOUS SWM, 30, 5'10", 155#,** clean-cut, professional, very friendly, honest, easy-going, understanding and fun-loving. Seeks SWF, 18-25, who's full of life, adventurous, outdoorsy, down-to-earth & not judgmental. Race unimportant. Kids welcome. Personal Advertiser #696, P.O. Box 1238, Portland, ME 04104. #6562 (12/27)

**AMIAVE, ATTRACTIVE, AVAILABLE:** Handsome, intelligent, honest, healthy, fit, fun-loving professional, 5'11", 170#, N/S, likes include music playing and listening, cooking, islands, golf, alpine skiing, sharing good times with someone special, seeks attractive, bright, professional woman, 40-50, for companionship and more; be happy, flexible, spontaneous, affectionate. #6605 (12/30)

**HIPSTER DUFFUS:** Outgoing SWF for Kamareque antics, romantic dinners, laughs, and uninhibited chocolate eating orgies. No close talkers. #6599 (12/30)

**INDIVIDUALIST, LITERARY SWM, 33, 5'11", 185#,** blond, attractive, devoted friend, pishik human, gentle, considerate, loves essays, criticism (Mancan, Steiner, TLS), British TV (Fleming), folk (McGarigle), rock (Clash), food (Indian), dogs (Shelties), US freedom in an unfree world w/ new friends. #6567 (12/27)

**IT'S NOT THE AGE, but the mileage.** My odometer's flipped, young? Young-looking, fit blond wigglers, seeks 40-ish independent woman for whatever happens or doesn't. #6561 (12/27)

**NOT FOR EVERYONE-** 6', 42, B/B, slim, attractive, witty and wise, deep intellectual, totally dumb, listening to the Stones, Alanis almost anyone, cruising on the West Coast Downeast, Spiritual free spirit seeks intelligent tips to share and explore the worlds without and within, the one. #6560 (12/27)

**LAID BACK FLOWER CHILD** who enjoys music, candles, cloyers, good ales and the alternative life. SWF, 18, petite, long curly brown hair, big brown eyes and excellent tips seeks SF to establish friendship that can bloom into something heavenly. I'm soft, sweet and gentle. Looks and age not significant. #6530 (12/20)

**LOVELY HEART, 24, trim, butch, likes bikes, movies, laughter, conversation, honesty, good times, kids o.k., True friends, possible relationship only.** 21-30, Biddeford/Saco area. #6450 (12/13)

**NO LEATHER WANTED:** Seeking feminine reader of erotica, 21-28, for steamy night reading with good smoke and wine. Love Goddess seeking same Goddess. #6608 (12/30)

**SEEKING KINDRED SPIRIT-** 50ish, attractive, fit, professional, nature lover, seeking similar woman to share cherished times. If openness, honesty and mutual respect appeal, please call. L/A area. #6462 (12/13)

**SHY REDHEAD, 31, tall, slender,** looking for honest, open, fun woman, 30+, to spend quality time with. Must like animals, outdoors and living. No games game! #6572 (12/27)

**SINCERE, NO GAMES, N/S, ND,** basic woman, 40s, looking to spend quality time in a genuine friendship, relationship in Augusta area. Will answer all calls. #6453 (12/13)

**VOLUNTUOUS AND FUN** is the woman SWF wishes to meet to share like interests: good smoke, drink and music to enjoy leisurely, sensuous friendship. #6451 (12/13)

**WINTER IS COLD** but my heart is warm, so take a chance and you'll see the one for you is real! #6576 (12/27)

## men & women

**BROKEN HEART NEEDS TLC-** Separated, 25, poet, artist, N/S, occasional drinker. Sugar Magnolia blossoms blooming heads all empty and I don't care. Friends first. Let's do coffee. #6598 (12/30)

**BROWN-EYED HANDSOME MAN:** New N/S, L/D, youthful 45, 70", 165#, flat, funny, tall, highly intelligent professional, reflective, romantic, irascible, Big appetite; Generous of Heart & Hand; Loyal & Highly affectionate. And soon the long, hot winter nites, quiet soulful days. They wait no more. It's really not very far away if we travel by Dragonfly. #6564 (12/27)

**COMPANIONSHIP AND MORE:** Progressive SWPM, 36, 5'10", 150#, N/S, enjoys the outdoors, walks, camping, biking, sailing, travel, alternative music, theater, NPR, along with talking, sharing, exploring and quiet times, seeking fit and active, confident, N/S, S/D, WPF with similar interests for companionship (at least to share conversations, adventures and more. #6566 (12/27)

**EVERY LONELY PLANET** needs a satellite. I am your Sputnik. #6557 (12/27)

**FINE ART PHOTOGRAPHER:** Augusta, SWM, 46, 5'7", interested in all the arts. Would like to meet intelligent, pretty, interesting lady. Age and race unimportant. #6622 (12/30)

**HANDSOME BEAR:** Intelligent, humorous DWM, 45, 6', 240#, dominating gentleman seeks loving lady curious about leather, fantasy, fetish for genuine, enduring, kind relationship of wonderfully fulfilling intensity. #6588 (12/27)

**HEART HUNTER:** Mid-40s+, attractive M/S M/cinician, 5'9", seeks attractive in the wilderness of soul & the wilderness of nature. #6503 (12/30)

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**TWO THUMBS UP?**  
See The Real Estate Marketplace  
page 42

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quickly also is he out of mind.  
Thomas A Kempis (1380-1471)  
Book I, Chapter 23

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J.

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