



# SALAD DAYS

Market St. Market

164 Middle St.

Portland

775-7262

Salads to take out or sit & enjoy

## Fresh Garden Salad

Mini \$1.65

Small \$2.50

Large \$3.50  
(if you dare!)

Chef's Salad \$3.75

Greek Salad 2.95

Antipasto 2.95

Tuna Salad 3.50

Dressings: French, Thousand Island, Italian  
Diet Italian, Creamy Italian  
Blue Cheese (20¢ extra)

Extras: Meat or Cheese - 50¢, Cottage cheese - 40¢

Fresh Fruit Cup \$1.65

Fresh Fruit Salad (w/cottage cheese) \$1.65

Yogurt \$.60

Try one of our refreshing protein drinks - a meal in itself!  
(many combinations, or make up your own)

Assorted Fresh Fruits . . . . . Bakery Corner

## Beverages:

Milk-white, 35¢  
Choc., skim

Coffee, Tea, 35¢ + 50¢  
Hot Choc.

Iced Tea

Poland Spring Water 50¢

Lemonade 50¢

Orange Juice 50¢

Fruit Drinks 45¢

CALL AHEAD! 775-7262

We'll have your order ready!

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JUL 1982

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