Casco Bay Weekly : 4 January 2001

Follow this and additional works at: http://digitalcommons.portlandlibrary.com/cbw_2001

Recommended Citation for This Issue
http://digitalcommons.portlandlibrary.com/cbw_2001/1

This Newspaper is brought to you for free and open access by the Casco Bay Weekly at Portland Public Library Digital Commons. It has been accepted for inclusion in Casco Bay Weekly (2001) by an authorized administrator of Portland Public Library Digital Commons. For more information, please contact campbell@portland.lib.me.us.
MURPHY'S LAW

John Murphy gets through to some tough kids at the Maine Youth Center by practicing respect and teaching responsibility. Greg Williams' story begins on page 8.

INSIDE
How Third-Party Candidates Can Win - page 5
Vote for the Best of Portland - page 19

Education Advertising Supplement, pages 10, 11, 14, 16-18
Prides Corner Billiards

In Business For Over 15 Years

For those of us craving a night out, there's no better place than Prides Corner Billiards. Located in Westbrook, this is the perfect location to unwind and enjoy a game of pool with friends or family. With over 100 years of experience, the professional staff ensures that your evening is enjoyable and memorable. They offer a variety of pool tables, ensuring that no one is left out. Whether you're a beginner or a seasoned player, you'll find the perfect table and the perfect game.

Westbrook Transmission

Joe Kittrell, Owner • Over 40 Years Of Experience

When it comes to transmission repair, few can match the skills of Joe Kittrell. With over 40 years of experience, he has earned a reputation for his expertise and attention to detail. His transmission repair shop is located in Westbrook, and he offers a wide range of services, from basic repairs to complete rebuilding.

Back Bay Tower Apartments

Amy Wilcox, Property Manager

Located in Portland, Back Bay Tower is a prime location for those looking for a new home. With a variety of amenities and a convenient location, it's easy to see why Back Bay Tower has become a popular choice for those looking for a new home. Whether you're looking for a one-bedroom apartment or a larger space, Back Bay Tower has something for everyone. 

Doctors Choice Medical Billing Specialists

Edna Rosine & Darlene Hansen, Owners • 30 Year Business

With over 30 years of experience in the medical billing field, Doctors Choice Medical Billing Specialists has built a reputation for excellence. They offer a range of services, from one-time billing to ongoing support, ensuring that your medical billing needs are always met.

PC-Answers

Matt Bryant & Don Work, Owners • Over 11 Years Of Experience

Providing a wide range of computer consulting services, PC-Answers is the go-to company for businesses in the area. They specialize in providing custom solutions that meet the needs of each individual business, ensuring that your technology needs are always met.

Premium shoes & boots at incredibly low prices available online at:
www.mainefootwear.com

BUSINESS REVIEW

Reader Ad In This Issue Prepared By Content Advertising Inc. © 2001. All Rights Reserved.

MasterCuts Carol Mitchell, Manager

A long-time staple in the community, MasterCuts has been providing quality haircuts for over 30 years. With a focus on customer satisfaction, they ensure that every customer leaves feeling great.

What types of problems do you see?

We see a variety of issues, but the most common are hair loss, dry scalp, and dandruff. We also see a lot of people looking for styling advice, especially those who have recently cut their hair.

What impact have you had on these kids?

We’ve had a positive effect on many children in the community. For instance, one child had a tough time with hair, but after coming to MasterCuts, they’ve had a lot more confidence and are now more comfortable in social situations.

St. Joseph's Parish School

Established 1818

St. Joseph’s Parish School is a unique institution that has been serving the local community for over 200 years. With a focus on providing a high-quality education, they ensure that each student receives the best possible education. They offer a range of programs, from early childhood education to secondary education, ensuring that students have the opportunity to excel.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.

Do you think the music in those shows is great?

Absolutely! The music is an integral part of the show, setting the mood and enhancing the overall experience for the audience.

What impact have you had on these kids?

We’ve had a positive impact on many of these kids, helping them develop important life skills and allowing them to pursue their passions.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.

What types of problems do you see?

We see a variety of issues, but the most common are hair loss, dry scalp, and dandruff. We also see a lot of people looking for styling advice, especially those who have recently cut their hair.

What impact have you had on these kids?

We’ve had a positive effect on many children in the community. For instance, one child had a tough time with hair, but after coming to MasterCuts, they’ve had a lot more confidence and are now more comfortable in social situations.

St. Joseph's Parish School

Established 1818

St. Joseph’s Parish School is a unique institution that has been serving the local community for over 200 years. With a focus on providing a high-quality education, they ensure that each student receives the best possible education. They offer a range of programs, from early childhood education to secondary education, ensuring that students have the opportunity to excel.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.

Do you think the music in those shows is great?

Absolutely! The music is an integral part of the show, setting the mood and enhancing the overall experience for the audience.

What impact have you had on these kids?

We’ve had a positive impact on many of these kids, helping them develop important life skills and allowing them to pursue their passions.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.

What types of problems do you see?

We see a variety of issues, but the most common are hair loss, dry scalp, and dandruff. We also see a lot of people looking for styling advice, especially those who have recently cut their hair.

What impact have you had on these kids?

We’ve had a positive effect on many children in the community. For instance, one child had a tough time with hair, but after coming to MasterCuts, they’ve had a lot more confidence and are now more comfortable in social situations.

St. Joseph's Parish School

Established 1818

St. Joseph’s Parish School is a unique institution that has been serving the local community for over 200 years. With a focus on providing a high-quality education, they ensure that each student receives the best possible education. They offer a range of programs, from early childhood education to secondary education, ensuring that students have the opportunity to excel.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.

Do you think the music in those shows is great?

Absolutely! The music is an integral part of the show, setting the mood and enhancing the overall experience for the audience.

What impact have you had on these kids?

We’ve had a positive impact on many of these kids, helping them develop important life skills and allowing them to pursue their passions.

What’s the story behind the Maine Billiards Association?

The Maine Billiards Association was founded in 1995 to promote the sport of billiards in the state of Maine. They offer a range of services, from organizing tournaments to providing resources for billiards players.
Second choice

As we enter the first two years of Gov. Janet Mills’s second term, it might be worthwhile to reflect on the unusual set of circumstances that allowed the underfunded Green Party candidate to win the House in 1992 and 1994. As good as it sounds, McCarthy won the presidency in ’92, even though most people won’t be on anybody else. This is a new law with a hidden name, one of IRV, which stands for Instant Runoff Voting. Under the IRV system, votes marked for those by the second choice of the voter are counted for the winner. If there is no honest choice — like the honest total votes out of more than 50,000 — he is engaging personally and low key may also be a surprising popular second rank among liberals. Some historian is looking for this shift. We have a vote for the next!! Al Gore won’t. When no candidate got a majority of the first-choice ballots, IRV helped to hand over the election. (Nationally, the IRV law was passed in the same way as the 2000 presidential race, presenting a constitutional crisis by making the Bush-Cheney the president.)

One strength of IRV is that it will enable the system to produce winners with majority support,” wrote Green Independent Party founder John Rensenbrink in a recent essay.

Using the IRV methodGov. Carter immediately heard that bombing on public lands, restricted districts for voting, the number on each ballot, a voter can rank all the candidates in order of preference. While Carter was almost no one’s first choice, his personality and low-key style made him a surprisingly popular second choice among conservatives. 

By the IRV system, voters marked their ballots by numbering the candidates in order of preference. While Carter was almost no one’s first choice, his personality and low-key style made him a surprisingly popular second choice among conservatives. And when a candidate falls short of a majority, all those votes are transferred to the next candidate. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic. 

On the surface, IRV seems incredibly simple, instead of simply checking one name on the ballot, a voter can rank all the candidates in order of preference. If no one wins a majority of the first-choice votes, the person who finishes last is eliminated and his or her votes are distributed to the second- or third-choice candidates. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic. And when a candidate falls short of a majority, all those votes are transferred to the next candidate. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic.

The system is designed to work in much the same way in the presidential race, preventing a candidate from winning even if he or she wins the most first-choice votes. Instead, the IRV system is designed to select the candidate who is most likely to win a majority of the votes on the first ballot. In that case, all those votes are transferred to the next candidate. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic.

As some disgruntled voters have complained, those results were not exactly their first choice. But the IRV system is designed to work in much the same way in the presidential race, preventing a candidate from winning even if he or she wins the most first-choice votes. Instead, the IRV system is designed to select the candidate who is most likely to win a majority of the votes on the first ballot. In that case, all those votes are transferred to the next candidate. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic. And when a candidate falls short of a majority, all those votes are transferred to the next candidate. The process continues until there is a winner. IRV will make Maine elections far more complicated than in the nation’s most populous states, but it also makes them far more democratic.
Bad move?
Portland wants to move the Scotia Prince to a new site. But critics say that will just transfer industrial blight to another part of the city.

"I think what people are concerned about is the fact that there's going to be a parking lot and all the land surrounding it that's going to be paved over and put a parking lot in, all the land surrounding it that's going to be paved over and put a parking lot in," said Mike Fournier, a resident of Old Port. He is concerned about the impact on the environment and the effect on traffic.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.

"I think we need to think about what we're doing. We need to think about the long-term effects of what we're doing," he said.

"I think it's going to be a lot worse than we think," said Fournier.
JOHN MURPHY GETS THROUGH SOME TOUGH KIDS AT THE MAINE YOUTH CENTER BY PRACTICING RESPECT AND TEACHING RESPONSIBILITY.

It was the week before Christmas and the basketball playoff season was in full swing at the Maine Youth Center in South Portland. A steady wind blew against the gymnastics' glass doors, while the dim orange light shone on the boys in blue and white jerseys running from basket to basket.

One player drove the ball far for an easy lay up. Another took a jam shot from the paint line. Murphy, who was called "Murph!" exclaimed one young boy.

The facility's stately administration building and brick dormitories, or "cottages," on the lawn look more like students venting frustrations than the original boys reform school. He said he does not see him.

迟到了。据美国连体人协会估计，虽然有数百名连体人存在，但实际数字可能更多。这其中，大部分连体人被 dubbed "joined at the hip." 这些连体人共享同一套系统，如大脑、心脏和肺，以及同一副骨骼和皮肤。一些连体人仅在腹部或腰部相连，而另一些则在胸部或头部相连。总的来说，连体人的情况各有不同，有些可以正常生活，而另一些则可能需要手术。
PORTLAND POTTERY

WINTER SESSION 8 week Classes beginning JANUARY 3
METALSMITHING & KID'S CLASSES STARTING NOW!

772-4334 • CALL SOON SPACE LIMITED
118 Washington Avenue • Portland, ME 04101

What it really boils down to, Murphy said, is creating friendships and taking responsibility for these friendships by being dependable and honest. "The rent is natural," he said. "It evolves by spending time together." That time is filled with playing ping pong or basketball, helping with homework or simply listening to the residents' most recent highlights or lows. When dealing with residents dreaming of flight, Murphy often draws on examples from the Bible to tamp down. "I try to explain to them the flight is not the work of great courage or of a great hero," he said. "Your every provision doesn't demand a violent response."

Jesus Christ, he tells them, faced many provocations in his life, but chose not to act violently. And he is "recognized as someone who changed the course of human history."

Of course, such an approach doesn't always work. The residents often lack self-control, he said, which is one reason why they are serving time in the first place. And sometimes, residents simply are not interested in what he has to say.

"It's frustrating, but you must be relentless," Murphy said. "Some days you are not on top of your game."

"Adult's greatest gift is his unconditional love," said Donna Antonowicz, a juvenile probation officer who works with Murphy during weekday Catholic services. "He has always time to help."

"It is the kids could be better," Murphy said. "Some days you are not on top of your game."

"Adult's greatest gift is his unconditional love," said Donna Antonowicz, a juvenile probation officer who works with Murphy during weekday Catholic services. "He has always time to help."

According to Murphy, the youth center has been making an effort to strengthen its rehabilitative services, such as those for mental illness, usually within the past year to 10 months. "It is the end of an era and the beginning of a new one," he said. "I am very encouraged. I think the state has made steady improvements."

All in all, Murphy said, the youth center staff is "doing a good job and looking to the future." The kids are marvelous, he told the residents. "More and more like a youth home.

But in response to public criticism, Murphy said, the youth center has been making an effort to strengthen its rehabilitative services, such as those for mental illness, usually within the past year to 10 months. "It is the end of an era and the beginning of a new one," he said. "I am very encouraged. I think the state has made steady improvements."

According to Elijah Brown, coordinator for volunteer services, Murphy is "treasured . . . if the kids could have him stay longer, I think the kids would be long . . . He is honest and sincere. He is not just feeding them a line."

Shirley Antoszewicz, a juvenile program specialist at the youth center, described Murphy as a fellow figure to the residents.

"He is an amazing person. He talks with them, shops for them, cooks huge meals," Antoszewicz said. "You don't find many people like him."

NEW DIRECTION

According to Murphy, the youth center is trying to reverse direction after two decades in which it became "more and more like a jail and less and less like a youth home."

But in response to public criticism, Murphy said, the youth center has been making an effort to strengthen its rehabilitative services, such as those for mental illness, usually within the past year to 10 months. "It is the end of an era and the beginning of a new one," he said. "I am very encouraged. I think the state has made steady improvements."

All in all, Murphy said, the youth center staff is "doing a good job and looking to the future."

Shirley Antoszewicz, a juvenile program specialist at the youth center, described Murphy as a fellow figure to the residents.

"He is an amazing person. He talks with them, shops for them, cooks huge meals," Antoszewicz said. "You don't find many people like him."

NEW DIRECTION

According to Murphy, the youth center is trying to reverse direction after two decades in which it became "more and more like a jail and less and less like a youth home."

But in response to public criticism, Murphy said, the youth center has been making an effort to strengthen its rehabilitative services, such as those for mental illness, usually within the past year to 10 months. "It is the end of an era and the beginning of a new one," he said. "I am very encouraged. I think the state has made steady improvements."

All in all, Murphy said, the youth center staff is "doing a good job and looking to the future." The kids are marvelous, "more and more like a youth home."

But in response to public criticism, Murphy said, the youth center has been making an effort to strengthen its rehabilitative services, such as those for mental illness, usually within the past year to 10 months. "It is the end of an era and the beginning of a new one," he said. "I am very encouraged. I think the state has made steady improvements."

All in all, Murphy said, the youth center staff is "doing a good job and looking to the future." The kids are marvelous, "more and more like a youth home."
**Volunteer Opportunities**

**Animals**
- **Pathways, Inc., Portland**
  - Animal Shelter volunteers help ensure the health and well-being of animals. Volunteers need to be at least 18 years old. Call 774-5618.

**Art**
- **Abbey Arts Center, Portland**
  - Volunteers needed for various tasks such as greeting visitors, helping with exhibitions, and more. Call 874-8768.

**Education**
- **Portland Public Library, Portland**
  - Volunteers needed to help with book returns, reading programs, and other tasks. Call 775-4310 or visit www.portlandpubliclibrary.org.

**Elderly**
- **Vista House, Portland**
  - Volunteers needed to help with transportation, escorting, and other services. Call 774-5737.

**Environment**
- **Friends of Casco Bay, Portland**
  - Volunteers needed for various tasks such as beach cleanups, trail maintenance, and more. Call 774-3253.

**Health**
- **Maine Medical Center, Portland**
  - Volunteers needed for various tasks such as greeting visitors, answering phones, and more. Call 774-5737.

**Volunteer Opportunities Across the State**
- **Maine Secures Mission, Portland**
  - Volunteers needed to help with various tasks such as event planning, fundraising, and more. Call 774-5737.

**Volunteer Opportunities in Your Area**
- **Volunteer Coordinator, Portland**
  - Volunteers needed to help with various tasks such as event planning, fundraising, and more. Call 774-5737.

**Volunteer Opportunities in Other Cities**
- **Volunteer Coordinator, Portland**
  - Volunteers needed to help with various tasks such as event planning, fundraising, and more. Call 774-5737.
Opportunity

Pierres
School of Cosmetology
319 Marginal Way, Portland
1-877-588-4181

"Creativity always means the doing of the unfamiliar, the breaking of new ground."
— Eleanor Roosevelt

Explore your creativity

Earn your Bachelor's Degree in the company of other adults in a supportive learning community.

- The Lady University Institute: Resident Option allows you to create independence study with one-day residency every six months.
- Deepen your coursework in subjects such as psychology, writing, business management, entrepreneurship, environmental studies, health, studies and women studies.
- "Teaching out" your learning to the company of the "elder adult learner" at a certified faculty at the beautiful Rolling Ridge Conference Center in South Sandwich, MA.
- Study at your own pace.
- Earn life experience credit.
- Financial aid available to qualified applicants.

OPEN HOUSE DATES:
March 31, 2001
April 21, 2001
April 28, 2001
May 19, 2001
October 27, 2001

RESIDENCY DATES:
March 3-5, 2001
April 21-23, 2001
April 27-29, 2001
September 29-October 1, 2001
October 26-28, 2001
November 2-4, 2001

Learn more about the Intensive Residential Option (IRO) Contact Program Coordinator Eric Shope: 617-343-4474 or e-mail: SHope@lesley.edu www.lesley.edu/adult

Volunteer Opportunities

LeClair's Ski and Race Team is accepting applications to help with the fundraising efforts for the Portland Trends.

The most creative and dedicated volunteer opportunity is available to those with a love for children. "Ferndale" is in need of a volunteer who is fluent in Spanish and English to assist with the Children's Health Clinic at the Portland Trends. Volunteers are needed to help with patient events, contact and information, games, and assistance with patients. For information, call Susan Hoover at 878-1199 or 1-800-668-5678.

The Portland Trends operates a Winter Games program including coaching and officiating at both local and national events. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.

The Portland Trends offers volunteer opportunities for short and long-term projects. Volunteers are needed for coaching, officiating, and administrative support. For information, contact Liz O'Keefe at 879-1140.
Take a class at USM

UNIVERSITY OF Southern Maine

EDUCATION

TAI CHI-CHI KUNG

The Power of Breath & Motion

Join the Portland Yoga School for our
seasonal program.

For More Information call
780-9581

SAVORY STREET STUDIOS

Adult & Children's
POtTERY CLASSES

Starting mid-January

Volunteer Opportunities

The University of Southern Maine is seeking volunteers to assist in a variety of areas on our Portland campus. Opportunities range from a few hours per week to a few hours per month. Volunteers are needed in areas such as academic support, student development, community engagement, and more. If you are interested in volunteering, please contact the Volunteer Office at 780-9581.

Serve Others

Volunteers needed to tutor children in reading, writing, and math. Please contact Linda Perry at 780-9581.

Food Pantry Volunteers

Volunteers are needed to sort and prepare food for the food pantry located on the Portland campus. Please contact Linda Perry at 780-9581.

Work Study Volunteers

Volunteers are needed to complete tasks that are part of the Federal Work-Study Program. Please contact Linda Perry at 780-9581.

Community Engagement

Volunteers are needed to assist with community engagement projects. Please contact Linda Perry at 780-9581.

Other Opportunities

Volunteers are needed to assist with various other opportunities throughout the year. Please contact Linda Perry at 780-9581.
So you've decided you want to go to Beauty School...

Cosmotech

SCHOOL OF COSMETOLOGY aims to redefine the standard of what a cosmetology school can offer its students. We offer advanced curriculum that is specially designed to equip them with the skills necessary to be successful in their chosen profession.

Check us out
Next Cosmetology Class Starts Jan 8-9
Everyday Cosmetology Class Starts Feb 12
Next Nail Technology Class Starts Feb 15
Financing Available

Cosmotech SCHOOL OF COSMETOLOGY
303 Forest Avenue, Portland, Maine 04103
797-9016

This is NOT your Father's Sunday School

The Workshop Rotation Model offers:
• Computer Lab
  • Audio/Visual Workshop
  • Bible Games & Skills
  • Drama
  • Creative Art
  • Music & MORE!

Workshops Tailored for Today's Children!

Our Current Rotation IS:
State Street Church
159 State Street, Portland • 274-6396
WWW.STATESTREETCHURCH.COM

Reader's choice

Did you think of something we overlooked? Tell us your choices and comments. CBW's editors will choose the best of them.

Hyde Education Character Family

Great Schools and Programs That Work!

• College preparatory, co-ed, grades 8-12
• Integrated character curriculum
• Dynamic family renewal program

Hyde School, Bath, ME: (207) 443-5584
Hyde School, Woodstock, CT: (860) 963-0906

http://www.hyde.edu

UNLEASH THE WARRIOR WITHIN

START YOUR NEW YEAR WITH THE HOTTEST WORKOUT IN AMERICA!

• BURN CALORIES!
• TONE!
• INCREASE FLEXIBILITY!
• REDUCE STRESS!

Fournier's Olympic Karate Ctr.
1053 Forest Ave. • 797-0900
FITNESS KICKBOXING
Don't count Dems out
In his Dec. 20 columns (Politics and Other Malarkey), Tom Kane refers to the Maine Democratic Party as "a political party with the economics of a rubber band."
Nothing, however, could be further from the truth. At least one liberal (me) and George W. Bush and Dick Cheney is Maine, to name but two of the numerous Demo­cratic members of Congress who were elected under the State House majority and the people of Maine indicated that the time had come to demand better policies. Let us not fall into the madness trap and say that those who oppose the two parties are the ones who care about the man or the woman. There are incidents in which the Portland police are using more force than the situation calls for. And those who feel they have been wrongfully treated find they cannot get satisfaction from the police department.

For a year, City Councilor Tom Kane has been trying, with no success, to establish a community review board that would have some power to hear complaints about the police. In 1999, when Kane first suggested the idea, he did not have City Council support for the proposal. Instead, Chief Chadwick created his own eight-member "advisory committee" that doesn't have any real power.

There's just one small problem with Chadwick's advisory committee. It's not set up to take complaints. When Portland residents are becoming more and more frustrated with city police, we think an advisory board that can't hear complaints is useless. In response, how about two options: take their complaints to the police department or go to a powerless committee.

In the meantime, new incidents keep happening in which Portland police are using too much or excessive force or questionable judgment. How many incidents is it going to take for us to get people to bring about changes? First, ask questions later.

Gwenihahn M. Phillips
Chair, Maine Democratic Party

Boycott Portland Stage
To the people of Portland: It's past time to stop supporting the Portland Stage Company.
They say it's only big city problems that require this kind of oversight. A small city such as Portland, however, is the most important to get right. Portland has been trying, with no success, to establish a community review board for the Portland Police Department.

In the meantime, new incidents keep happening in which Portland police are using too much or excessive force or questionable judgment. How many incidents is it going to take for us to get people to bring about changes? First, ask questions later.

Gwethalyn M. Phillips
Chair, Maine Democratic Party

SERIOUS Treatment for Your Skin

Our experienced dermatologists and advanced nurse practitioners offer the latest in advanced medical grade skin care. Skin protection is our top priority, and we offer a wide range of services to help keep your skin healthy and beautiful.

Call today for a free consultation or to schedule an appointment.

The Portland Stage is a social center and a legendary dance club. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras.

Our experienced dermatologists and advanced nurse practitioners offer the latest in advanced medical grade skin care. Skin protection is our top priority, and we offer a wide range of services to help keep your skin healthy and beautiful.

Call today for a free consultation or to schedule an appointment.

The Portland Stage is a social center and a legendary dance club. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras.

Our experienced dermatologists and advanced nurse practitioners offer the latest in advanced medical grade skin care. Skin protection is our top priority, and we offer a wide range of services to help keep your skin healthy and beautiful.

Call today for a free consultation or to schedule an appointment.

The Portland Stage is a social center and a legendary dance club. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras. It became the hub of Portland's arts district in the '90s, and is a little bit of both of those eras.

Our experienced dermatologists and advanced nurse practitioners offer the latest in advanced medical grade skin care. Skin protection is our top priority, and we offer a wide range of services to help keep your skin healthy and beautiful.

Call today for a free consultation or to schedule an appointment.
Thursday, January 4

"AGNES OF GOD"

1985. A brand new millennium. While not too many of us spend our time in supernatural, exploring with eerie, driving computers named Hall, the times are changing faster than we can keep up. Thus, it should come as no surprise that Massachusetts Productions is staging a blast from the past like "Agnes of God." The play revolves around a young nun who may or may not have committed a holocaust and actually did not kill a patient. However, her guilt is so great she leaves the convent. She then finds herself in a hospital, where she is confronted by a psychiatrist and the nun's level of anxiety. Find out why this continues to be relevant to the 21st century at the Keystone Theatre, 504 Congress St., Portland, at 7:30 p.m. Goodwin's through Jan. 29. (207) 368-6000, ext. 771.

Friday, January 5

GROUP SHOW AT AUCOCCISCO GALLERY

While we're on the subject of the arrival of the future, it might be a good idea to drop by the opening reception of the Aucocisco Gallery's new show, which takes place during the ultramodern peoples' experience on an air-haunted mode of transportation: First Friday Artwalk. Art lovers can view intriguingly named items like Joe Suky's "Rusting of the SMOKE-DOME," as well as digging 20th-century Plan Todd "Perfectia" and many others. Take a gander at Gamble during the opening reception of the Aucocisco, 205 Congress St., Portland, from 5-9 p.m. Shows through Feb. 29. (207) 874-2000.

Friday, January 5

EDWIN GAMBLE, "A MAINE MASTER"

Technology being what it is, you should be able to visit several art openings simultaneously, right? Well, you mean you can't divide and multiply! Then you just have to split your time between Aucocisco and the Institute of Contemporary Art, where the drawings and sculptures of artist/designer Edwin Gamble are on display. The exhibit of Maine artist's work continues through Feb. 29. (207) 874-2000.

Saturday, January 6

"FABULOUSLY FROZEN!"

In a fellow world, you can't keep secrets all the time. As the cold, and listen to some music while partying at the Portland Parks and Recreation's all-ages, freebie-fare tea party featuring free lessons by trained professionals at Portland Parks and Recreation presents. Portland Park, Portland, from 11 a.m.-1 p.m. Wesleyan Perpetual Preaching. Free: (207) 874-8973.

Sunday, January 7

THE COMEDY CONVIVIAL after "Straight Up with Chickie Stoner" has arrived as promised, so grab your funny bones and escape the pre-striptions in January! A professional dating service with our buyer's discount! Call (207) 377-5100. 17 Middle St. Portland, ME 04101. (207) 282-6800.

Tuesday, January 9

PORTLAND SYMPHONY ORCHESTRA's "Mysteries and Legends"

Contemporary Chinese-American composer Tan Dun has played a role in modern opera-making. His "Heaven Earth Mankind Threnody" was commissioned to commemorate the return of Hong Kong to China. The Portland Symphony Orchestra is performing a segment of "The House of the Sun" at Merrill Auditorium, 20 Myrtle St., Portland at 7:30 p.m. Call (207) 761-4700. 151 Middle St. Portland, ME 04101. (207) 282-6800.

"Hey! Earn Discounts with our Frequent Buyer's Card!"

Compositor Tar Dun's "Heaven Earth Mankind" gets the Portland Symphony Orchestra's treatment on Jan. 5.

Sound bites

"Hey! Earn Discounts with our Frequent Buyer's Card!"

"Hey! Earn Discounts with our Frequent Buyer's Card!"

"John Lennon and the Red Peacocks may not have been the same ring to the world. While the Beatles were a huge hit, the idea of group music was not quite so welcome. However, the Red Peacocks, led by Bob Dylan, were a hit in the 1960s, but the idea from the north of England and the later band's music was more relaxed and well on Sat., June 6 at the Chocolate Church Arts Center, 804 Washington St., Bath, at 7:30 p.m. (207) 882-2085.

"Help local high school rodeo boys the Teens celebrate the release of a new 10 CD "Roosters," on Sun., Jan. 13 at the University of Maine, 626 Congress St., Portland (5:30/6:15 ages)."

"Sadness bites"
We'll arrange for pick up and you may qualify for a tax deduction. Funds will be donated to the Kidney Machine Foundation.

**Portland Biggest Super Bowl Party**

Sun 1/14 Sammy Hagar **SNO CORE**
Sat 2/24 STRANGE FOLK

**State Theatre**
Portland's Newest Place to DANCE!
Saturday, January 13th, 18h,
**Dj Dance Night**

**Turn Your Car into a Kidney Machine**
Put some “Good” into the Goodbye

**National Kidney Foundation**

*Contact your tax advisor for details.*

Deduce your used car, boat, or property to the National Kidney Foundation of Maine. We'll arrange for pick up and you may qualify for a tax deduction. Funds will support programs for patients and families in Maine.

1-800-488-CARS (2277)

We Are Still Open (just a little different)

New Pool Tables!
New NTN Trivia!
New QB1 Games!

Meet us at the State Theatre for shows!

Karaoke is one of the few forms of performance art that require improvisation from the performers’ voices and for their audiences. Forget all the stuff about denouncing war, racism, and bad conduct. Karaoke is here to stay and we don’t care if here is wrong. The national karaoke circuit has found a new format at the Station, where he will host a 12-week karaoke contest, spotlighting the best of the best in this exciting medium. Watch as people from all walks of life strive to win. Can we meet in a high format? In hopes of reaching the magical million sale in the U.S. March 31. The warmest begins on Thurs, Jan 4 at the Station, 272 S. John St., Portland, at 8 pm in cover, 21st.

**Sunday, January 20th**

**Portland’s Biggest Super Bowl Party**

**Sun 1/14 Sammy Hagar**

**SNO CORE**

**Sat 2/24 STRANGE FOLK**

**State Theatre**
Portland's Newest Place to DANCE!
Saturday, January 13th, 18h,
**Dj Dance Night**

**Turn Your Car into a Kidney Machine**
Put some “Good” into the Goodbye

**National Kidney Foundation**

*Contact your tax advisor for details.*

Deduce your used car, boat, or property to the National Kidney Foundation of Maine. We'll arrange for pick up and you may qualify for a tax deduction. Funds will support programs for patients and families in Maine.

1-800-488-CARS (2277)


openings & events

Thurs., January 4

The Church's Art Gallery Opens: "Black & White: Master Paintings from the Renzo R. Pellicone Collection," 10 am-4 pm; The Church, 200 Church St., Portland. Free; 870-3147.

Fri., January 5

Artists' Market Opens: "Art in the Park," 10 am-5 pm; Augusta Civic Center, 100 Water St., Augusta. Free; 622-8421.

Sun., January 7

First Thursday Artwalk: 5-9 pm; shoots down State St., Portland. Free;

Fri., January 11

"The Whistler Cocktail Party" by Jane Slagle, 10 am-4 pm; Bangor Museum & Art Gallery, 138 Washington St., Bangor. Free; 944-3888.

Sun., January 13

Collectors' Museum Opens: "Tapping the Treasure: Guided Tours Through the Paragon Collection," 10 am-4 pm; Maine Historical Society, 168 State St., Portland. Admission: $5 students and seniors, $7 adults; 774-5561.

Fri., January 18

"The Language of the Ruins" by Nicole Prior, 10 am-4 pm; Bass Harbor Library, 250 Main St., Bass Harbor. Free; 288-2351.

Fri., January 18

"Art of the Bay" by Audrey M. Feltus, 10 am-4 pm; Maine Maritime Museum, Water Street, Castine. Free; 667-4700.

Sun., January 20

First Thursday Artwalk: 5-9 pm; shoots down State St., Portland. Free;

Fri., January 25

"Room to Create" by Karen Hoy, 10 am-4 pm; Appalachian Center for Craft, 119 High St., Bethel. $5; 726-7655.

Fri., January 25

"The Shadow Series" by Carole Charron, 10 am-4 pm; Friends of the Library Art Gallery, 20 Water St., Rockland. Free; 526-4350.

Fri., January 25

"Community Mosaic" by Ellen Katherine Reiss, 10 am-4 pm; Waterville Armory, 114 Main St., Waterville. Free; 873-3750.

Fri., January 25

"The Whistler Cocktail Party" by Jane Slagle, 10 am-4 pm; Bangor Museum & Art Gallery, 138 Washington St., Bangor. Free; 944-3888.

Sun., January 27

First Thursday Artwalk: 5-9 pm; shoots down State St., Portland. Free;

Fri., January 25

"The Shadow Series" by Carole Charron, 10 am-4 pm; Waterville Armory, 114 Main St., Waterville. Free; 873-3750.

Sat., January 26

"Room to Create" by Karen Hoy, 10 am-4 pm; Appalachian Center for Craft, 119 High St., Bethel. $5; 726-7655.

Sun., January 27

First Thursday Artwalk: 5-9 pm; shoots down State St., Portland. Free;

Fri., January 25

"The Shadow Series" by Carole Charron, 10 am-4 pm; Waterville Armory, 114 Main St., Waterville. Free; 873-3750.
Dining Guide

Mesa Verde
Authentic Mexican Restaurant and Lake for
HAPPY HOUR PITCHERS
- CHILIES RELLENOS
- HOMEMADE TAMALEs
CLOSED SUNDAYS & MONDAYS
611 Congress Street • Portland
Take Out • 774-6089

Seny Thai Cuisine
TINE DINING
Delivery • Take Out
• Catering
207 774-9697 • 207 774-1879
Fax 774-4576
205 St. John St. Portland
Opposite Union Station Plaza
Open 7 days • 11am-10pm
Seven Days Thai in Portland
A unique Thai atmosphere with a
lovely selection of Thai offerings.

American

Baking Home
Bakery & Cafe
57 Maine Ave • Portland
Open 7 days • 11am-9pm
Enjoy the home baked goods and
specialty cakes and pastries. Open
7 days a week. Meals and
dessert served.

Katahdin Toke & Bar
HAPPY HOUR PITCHERS
Brewed by the Portland Brewing Co.

Bay Weekly
1100 Congress St • Portland • 774-1977
Fax: 774-6062

The Cafe is Open!
NOTES FROM OUR GUESTBOOK

The Cafe is one of the best in the area.
The service is friendly and the food is
excellent.

The food is delicious and the
service is great.

The atmosphere is very pleasant.

The prices are reasonable.

The Cafe is a great place to
eat and enjoy good food.

The Cafe is a wonderful place to
visit and enjoy great food.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a fantastic place to
experience great food and
different flavors.

The Cafe is a great place to
enjoy delicious food and
excellent service.

The Cafe is a fantastic place to
try different cuisines and
enjoy friendly service.

The Cafe is a wonderful place to
experience great food and
different flavors.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a fantastic place to
enjoy delicious food and
excellent service.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
good service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy good service.

The Cafe is a wonderful place to
try unique dishes and
good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.

The Cafe is a must-visit for
anyone who loves good food.

The Cafe is a great place to
experience different cuisines
and enjoy friendly service.

The Cafe is a wonderful place to
try unique dishes and
enjoy good service.

The Cafe is a fantastic place to
enjoy different flavors and
friendly service.
FABULOUS PRIZES

THE BAY WEEKLY

The National Broadway Tour

13 2:00
12 8:00
8:00
10:45
12:00
1:00
4:00
775-6148 www.portlandmuseum.org

The face of the bass

Kevin O’Riley is the bassist in Kevin O’Riley & his Guitars, and the trio’s basic formula is bass and guitar. His CD “The View from Left Field” is available at local music stores.

After a month of holiday fluff on the stages of Portland theaters, there’s finally something we can sink our teeth into, the University of New England School of Social Work’s Center for the Arts and Social Transformation’s “The Kitchen and the Magical Whims of Tim” Thurs Jan 11. The troupe performs Stakeen, which explores the relationships between social-service professionals and the people whose suffering they try to ease. Heed the call for the amusement of diners. At Barbara’s Station, 878-7228.

Center

In a style has been done many times before, doesn’t mean everyone has heard it. Kevin O’Riley’s “The View from Left Field” contains nothing original, the trio does make an effort to step out of the typical metal mode.

Fahrenheit

Denied” that would seem like Free Rider, one quality Kevin O’Riley has is originality.

The face of the bass

Kevin O’Riley is the bassist in Kevin O’Riley & his Guitars, and the trio’s basic formula is bass and guitar. His CD “The View from Left Field” is available at local music stores.

On opening night, Wed, Jan 7 at 7:30 p.m. Tix: $5. Submissions for the performance section are due two weeks prior to publication.

The face of the bass

Kevin O’Riley is the bassist in Kevin O’Riley & his Guitars, and the trio’s basic formula is bass and guitar. His CD “The View from Left Field” is available at local music stores.
In the Old Post
46 Darke St
761-4018

molly's
Steakhouse &
Irish Pub

molly's Home News

January 12, 2001

LISTINGS

HAPPENINGS

Thursday, January 4

Terry Gross appears on a New Hampshire Stage. The public radio talk show host will talk about the new book, "The Fabulist: A Life," and what it was like working with the late Philip Roth. A reception will follow. 7:30 pm. $15. 775-3458.

Friday, January 5

Dana Hargraves, the author of "The Straight and Narrow Path," will sign copies of her book at the Free Street Taverna, 12B Monument Square, Portland, from 6-7 pm. Free. 464-3102 x210.

Saturday, January 6

Bradford S. Gray's variety show, "Phyzgig," features a dash of clowning, a dash of music, and a dash of levitation. At the Dana Center Auditorium, next to the Portland Stage Company through January 7. $14. 878-2774.

Happenings

Healing hands, hands, hands. A workshop for healing with the hands. In addition, learn how the hands are vital to our overall health and wellbeing. At the Stage Neck Inn, Ogunquit, from 11 am-1 pm. Free. 924-8739.

Fun and Games

Winter Sale 20% - 50% off. Weekly Sale Starting January 9th. Weekly sales, 10% off selected frames and accessories. Happy New Year! Come see the latest frame styles and accessories. At Eye Design Portland, 935 Congress St., Portland. 772-3535.

Artists - a media group made up of directors, comedians, emcees and musicians. The group meets the second and fourth Thursday of each month at 7 pm. Free. 754-0022.

January 7

"Straight and Narrow Path" presented by the Portland Stage Company. The play is based on the memoir of Brad Hargraves about growing up in a cult. At the Portland Stage Company, 1225 Congress St., Portland. 7:30 pm. $12, $10 for seniors and students, $8 for students and seniors. 726-8500.

January 8, 9

Ice Capades. For more info, contact Kerry Hervert at the St. John's Mall, 245 Main St., Portland. 778-8700.

January 10, 11

Ice Capades. For more info, contact Kerry Hervert at the St. John's Mall, 245 Main St., Portland. 778-8700.

January 12

Ice Capades. For more info, contact Kerry Hervert at the St. John's Mall, 245 Main St., Portland. 778-8700.
VOLUNTEERS NEEDED

Family Crisis Services

needs volunteer advocates for victims of Domestic Violence

Advocate Evening Training

Spring 2001 Portland location

Mondays & Wednesdays 6-9 pm, 8 weeks
Starting March 12th
Gina DeSantis, Volunteer Coordinator
874-2372
www.familycrisis.org

sportland

"It's never too late to learn"

From the woman in her 80s who couldn't stand to put her face in the water, or a merchant mariner who didn't like math, to a high school teacher looking to improve his poor water-sport skills and a married couple from India who never learned to swim.

"They came for a variety of reasons," says Ann Hoyt, site director for her office near the Portland YMCA's reception area, the time-saving checkpoint for all members and guests coming and going. "Some have been interviewed; some have just stopped swimming for a while; some want to work on their swimming a little more."

Every night to nine weeks, another small group of adults, ranging in age from the late teens to the 70s, begin a new class of swim lessons at the YMCA on Forest Avenue in Portland. Some of the adults have a minimal floating or swimming ability, but some also come to the classes as non-swimmers, sometimes with a long history of fear and bad experiences. They come looking to overcome that past prejudice, or, in the case of their instructor, to finally be able to say with confidence that they really know how to swim, or are at least comfortable in water.

"I've had adults who had a real hard time getting used to putting their face in the water," said Beth Lofman, a 32-year-old assistant aquatic director at the Y who teaches beginning adult swim classes and "just about everything else" do to with swimming. Several other YMCA swim instructors, including standard Dragon High School swim director P_recizer and YMCA aquatic director Matt Engstrom, also teach the existing classes. A new session begins Jan. 10.

A beginning adult class is like a children's swim class in some ways. "We usually start with some real basic stuff," said Hoyt, "getting used to the pool, walking around in the shallows only to get the feel of the water, moving one arm and leg through it, dipping our shoulders into the water. Pools can be a little claustrophobic for some people."

Privacy can be an important element to adult classes, and the beginning swim is about as private as one could get. Of getting used to one lesson. The once-a-week, 45-minute sessions that are held in the instructional pool, a no-fuss four-foot pool tested on the second floor of the rambling downtown facility. The instructional pool is the original YMCA pool.

The deep end is just a few seven feet deep.

"It's almost like getting private lessons," said Hoyt, the program administrator who registers people for the classes. The staff is the number of adults to make eight three classes to eight. "They're the only ones there, which is a good thing if someone is self-conscious," she said.

Lofman, who spends most of her time teaching in the Y's licensed youth swim programs, says working with non-swimming adults has unique aspects. "They know their limits better than kids," she said. "Sometimes they need more convincing, more motivation. It's a lot slower process. Adults also want to know exactly what's going on. They know the terminology you're using. But they are conscious," she said. "They're the only ones there, which is a good thing if someone is self-conscious."}

Hoyt, the program administrator who registers people for the classes, said that for the classes there is typically a small group of adults who make eight three classes to eight. "They're the only ones there, which is a good thing if someone is self-conscious," she said.

Lofman, who spends most of her time teaching in the Y's licensed youth swim programs, says working with non-swimming adults has unique aspects. "They know their limits better than kids," she said. "Sometimes they need more convincing, more motivation. It's a lot slower process. Adults also want to know exactly what's going on. They know the terminology you're using. But they are conscious," she said. "They're the only ones there, which is a good thing if someone is self-conscious."
PERSONALS

WOMEN/WOMEN

PERSONAL OF THE WEEK

JULIO SHOEMAKER, 35, psychotherapist, academic, patient $1.75. 5'7"/80 lb. Bureaucrat, passionate, likes to explore and individually oriented. Needs computer skills. 703-842-0408. 

HARMON'S BARTON'S
1-800 SUN-LILY 774 5946

WIN COOL STUFF & FIND A DATE...

Every two weeks, Casco Bay Weekly will be featuring a photograph of a couple. The photograph is of a featured couple, and is a prize personal which refers to the featured couple, and is a prize personal which refers to the featured couple, and 1-900-454-2195. 

The prize personal will also run for two weeks and have a word for a month. A word for a month will be a prize personal which refers to the featured couple, and is a prize personal which refers to the featured couple, and 1-900-454-2195. 

HERE'S THE NEXT COUPLE - Brian and George Bush

(And look in women to men)

Now, go find the prize personal that refers to this couple and give the box number a call, then sit back and wait for our January 1 issue where we will announce the winner.

Congratulations to Cassie, who won an 142 gift certificates to Saks Fifth Avenue for finding the prize personal last week.

BOSTON SINGLES

PERSONALS

WOMEN/WOMEN

PERSONAL OF THE WEEK

JULIO SHOEMAKER, 35, psychotherapist, academic, patient $1.75. 5'7"/80 lb. Bureaucrat, passionate, likes to explore and individually oriented. Needs computer skills. 703-842-0408. 

HARMON'S BARTON'S
1-800 SUN-LILY 774 5946

WIN COOL STUFF & FIND A DATE...

Every two weeks, Casco Bay Weekly will be featuring a photograph of a couple. The photograph is of a featured couple, and is a prize personal which refers to the featured couple, and 1-900-454-2195. 

The prize personal will also run for two weeks and have a word for a month. A word for a month will be a prize personal which refers to the featured couple, and is a prize personal which refers to the featured couple, and 1-900-454-2195. 

HERE'S THE NEXT COUPLE - Brian and George Bush

(And look in women to men)

Now, go find the prize personal that refers to this couple and give the box number a call, then sit back and wait for our January 1 issue where we will announce the winner.

Congratulations to Cassie, who won an 142 gift certificates to Saks Fifth Avenue for finding the prize personal last week.

BOSTON SINGLES
Now Enrolling for January:
Computer Graphics & Web Design
Linux/Unix
A+ Certification
HTML/Dreamweaver
Saturday Series: 3D Studio MAX, Flash, JavaScript, Flash Scripting, ColdFusion
Introductory Classes: Intro to PCs, Intro to the Internet

Bridge Education 90 Bridge Street Westbrook, ME 04092 www.BridgeMe.com 207-321-1111