
Service Agencies of the Island

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NEWS FROM THE HEALTH CENTER BOARD

The fundraising campaign for the Health Center was a magnificent success. Our mid-summer goal was to raise $15,000 by year end. Twenty-four volunteers pitched in to contact friends and neighbors for contributions.

The response was truly heart-warming. Gifts totalling $20,000 were received from 175 year-round and summer individuals and families. Most donors pledged the same amount for 1991 and 1992. Five gifts of $1,000 and eight of $400-600 will be especially recognized by a plaque placed in the Health Center. Our success demonstrates a collective pride in this unique community and the support and good will Islanders hold for the Health Center. The Board wishes to convey our great appreciation to the volunteers who gave so generously of their time and talents and to the contributors who have given on-going life to the continuation of health care on the island.

We recently received a $3,000 bequest from the Estate of Gertrude E. Beal. The Board is very grateful for her contribution. It will assist us in continuing the work she came to appreciate during her times on the island.

As you know, Dr. Anne Collins required surgery in August which prevented her continued practice on the island. She is recovering well but it is with deep regret that we share her decision, based on her current and future health, not to return to Peaks Island. Though we knew her but a short time, she has left her mark and been a special part of many of our lives. We will miss her and wish her well.

Cindy Putney-Mitchell and Karen Disco continue to serve as health care providers on Mondays and Wednesdays. Although they have been well received, there is continued concern about their inability to receive Medicare payments. Federal law requires that a physician be on site in order for nurse practitioners and physician assistants to receive Medicare payments unless that site is designated a Rural Health area. We are exploring the feasibility of having Peaks Island designated such an area. Karen Friedaman continues as nurse, staff, and main-stay in the Center. We recognize and appreciate her care and dedication particularly given these very trying times.

-Over-
Even before Dr. Collins' illness, the Board realized that we must do more to support a physician or health care provider if we want to keep the Center open. We are too small and too geographically isolated to financially support a medical practice. Since October, therefore, funds have been used to pay for utilities, medical supplies, and staff for the Health Center. We anticipate the need to continue this support in the future as we seek a permanent replacement for Dr. Collins. We continue to explore many options as we work to keep the Health Center a part of island life.

The next board meeting is February 7 at 7:30 in the Community Center. All are welcome.

NEIGHBORHOOD ASSOCIATION NEWS

A reminder to all Peaks Islanders:  
PINA Membership Meeting  
Thursday, Feb. 7, 7:30 pm.  
P.I. Community Building

If you haven't done so, please plan to join or renew your membership for one dollar, good until the July meeting (when all memberships must be renewed). Rick Knowland of the City Planning Department will attend the meeting to explain the proposed Zoning Code changes for Peaks, as well as other matters related to zoning and overall planning for Peaks. Our new Peaks Recreation Director, Denise Macaronis, will speak, as will Tom Cox, regarding Peaks and the Transit District. You'll get a City Services update and have a chance to learn about and bring up other Peaks concerns.

PINA and the Peaks Island police have become aware of several complaints recently regarding more and more dogs roaming free, sometimes in packs, killing people's small pets, threatening runners, walkers and leashed dogs, destroying trash bags and compost piles, and otherwise making nuisances of themselves. Peaks, as part of the City of Portland, does have a leash law. As a first step in solving this problem we are urging dog owners to keep their pets tied or under control at all times. Loose dogs may be impounded by the police. We'd like to recognize and give special thanks to Islanders who have given of their time and energies to our community: Sam McCain for clearing and marking the walking trail, Lorraine Spear for putting out the STAR month after month, and Pat Gardner for clearing and maintaining the ice at Trout Pond. These are just a few examples of the many who make our Peaks community such a great place.

February 1991

GIRL SCOUTS

Peaks Island Troop #139

The beginning of 1991 has been busy for our scouts. We have been canvassing the island the past few weeks taking cookie orders. Marcia Hart-Quinby is our Troop Cookie Manager. Thank you Marcia and thanks to our community for supporting our efforts by ordering girl scout cookies!

From some of the profits we receive we are hoping to purchase new flags for our troop. Our old flags have been around for awhile (the troop flag has stains and a yesteryear P.I. troop number and the U.S. Flag has 48 stars!!) We are working on a few try-it badges and hoping to plan outings and service projects before spring. We always welcome any community member to visit or participate in our meetings.

Meeting Time/Place: Fridays 2:45-3:45 at the Community Center.

Troop Leaders- Cynthia Sargent, Louise Capizzo, Cathy Hasson
Do you have the winter blues? Portland Recreation is planning programs to help you beat those blues. A very enthusiastic audience recently enjoyed the concert by the woodwind quintet of the U.S. Air Force Band. Portland Recreation and Portland Concert Association co-sponsored this event, along with the cooperation of Peaks Island School and the Lions Club. A true community effort!

Plans are underway to celebrate Valentine’s Day. Look for notices regarding Open Houses and special events. Children can enjoy school vacation, going to Mittenfest and skating activities. Parent volunteers are needed for these events. Youth Recreation activities (11 - 18 years old) continue on Tuesday and Thursday evenings through March.

Portland Recreation Senior Adult Program is looking for recipes to be put into our own cookbook. Please share your favorite family secrets with us.

Dates to remember: Tuesday, February 12, 1991
2:00
Travelog Slide Series
Community Room
Open to All

Thursday, February 14, 1991
Noontime
Luncheon Valentine’s Gathering
Senior Center (Bring your own sandwich)
Open to all Senior Adults 55+

For more information, please contact Denise Macaronas, Recreation Leader at 766-2970.
ST. CHRISTOPHER'S CATHOLIC CHURCH  
Rev. Donald Grady, Pastor  766-2585

Mass Schedule: Sat. 4 pm in the Upper Room of the Parish Hall  
Sun. 9 am in the Upper Room of the Parish Hall  
Wed. 4 pm in the Chapel of St. Joseph's Convent  
Thurs. 7:30 pm Chapel of St. Joseph's Convent

Lenten Services: Feb. 13 - Mass in the Upper Room of the Parish Hall; there will be  
distribution of ashes after the service. TIME TO BE ANNOUNCED

Activities: Coffee and donuts following Sunday mass in the Parish Hall  
Feb. 3 & March 3 - Blood pressure screenings provided by professional nurses to all islanders and visitors. No charge.

Wednesdays - 9-10 am Bible Study at the Senior Citizens Center  
Thursdays - No prayer group until Feb. 28

Please pray daily for the safety of our armed forces in the Persian Gulf and especially for the leaders of all countries that PEACE will soon reign over the world.

NEWS FROM THE PEAKS ISLAND LIBRARY  766-5340

OF NOTE:
* A new selection of videos is at the library for February & March
* Tax forms and mooring application forms are also available
* The library has a selection of large print books that we rotate from the main library. You may also request specific titles in large print.
* Anyone unable to get to the library who would like to borrow books, records, magazines, cassettes or videos, please call use & we will try to arrange delivery.

LIBRARY HOURS:
Tuesday, 2 pm - 8 pm
Wednesday, 10 am - 4 pm
Friday, 10 am - 2 pm
Saturday, 9 am - 1 pm

APETERSCHOOL MOVIES
Tuesday, 3:15 pm
PRESCHOOL STORY TIME  
Wednesdays, 10:15 am

NEW BOOKS*

FICTION
CORMAN, Prized Possessions
FREEMAN, Always and Forever
HILLERMAN, Jim Chee Mysteries
HOWARD, Light Years
KINGAID, Lucy
LE CARRE, Secret Pilgrim
McCORKLE, Ferris Beach
PUZO, Fourth K
WILSON, Bottle in the Smoke

NONFICTION
BERMAN, Adult Children of Divorce Speak Out
COLES, Spiritual Life of Children
DUNNIGAN, Dirty Little Secrets: Military Information You're Not Supposed to Know
FARRELL, Holding On To The Air
ISHIHARA, The Japan That Can Say No; Why Japan Will Be First Among Equals
STEINBERG, You and Your Adolescent

* A complete, annotated list of new books is available at the library. Ask for it if you do not see it.

CYNTHIA G. SARGENT, RN
THERAPEUTIC MASSAGE
By Appointment  
766-2135

I would like to announce the move of my practice on the island to the Moonshell Inn. I am wonderfully pleased with this new space which includes a waiting area in which to view the waterfront before or after the massage... A thank you to all my clients for supporting my massage practice throughout 1990 and enabling me to continue my work on Peaks.

Recent donations to the STAR were received from Sue Gallagher, Cynthia Sargent and Anon. I, II and III. Thank you very much.
Happiness is Being Healthy will be one of the major areas of curriculum this month in Kindergarten, along with many fun activities related to our hearts! We do need to start early! Of course, February is also a time for valentines and Presidents!

First graders will celebrate February with activities and stories re: Lincoln, Washington and Valentines Day. We will conclude our Science unit of moving things, continue Growing Healthy lessons, which teach about our senses of taste, touch, and smell. Social Studies topics will be rules, laws and choices.

In February, the second grade will be celebrating our 100th day of school for this year. We will also be learning more about Presidents Lincoln and Washington, in commemoration of their birthdays. Chinese New Year will give us an opportunity to learn more about Asian cultures, and of course we will have our annual Valentine exchange.

The third grade class is pleased to announce their rural community of "Sportsville" has elected a Mayor and City Councilors. In addition, we have our Police and Fire Chiefs. There is a good chance that the Mayor of Portland and a City Councilor will be visiting our community to tell us what they do in the city. We are still working on our multiplication tables. We will of course, be sending valentines to our service people in the Gulf, as well as celebrating Valentines Day in our classroom.

The fourth graders are in the throes of the Maine State Assessment Tests. The fifth graders will be studying Scott O'Dell's writings, beginning with "Sarah Bishop". In Science we are delving into the elements of the world.

We are excited that our library volunteers are hard at work again! Thank you to all who are helping!

Staff changes:

Since Otis Thompson assumed his new post in Bridgton, Janice Cambridge has handled most of Long and Cliff Island administrative duties. It has now been determined by the School Committee and School Administration that she will have direct responsibility for all three islands and will report directly to Richard Whitmore, Assistant Superintendent for Education. In order to allow her to carry out these duties, a half time teacher has been hired to assist in teaching the first graders. This teacher is Roberta Deane. She will work flexible hours, depending on the needs of all the islands and the various meetings which Mrs. Cambridge needs to attend.

Our art teacher, Christine Mehner, has found it necessary to resign, as her family has moved. We will inform you of a permanent replacement.

The Island Life Project is looking for glassed-in cabinets or display cases to house the children's collection of natural and human artifacts found on Peaks Island. If you have any ideas where we could buy, have or borrow some for our Children's Island Museum, please call Barbara Taylor (766-4486) or Mrs. McDermott at the Peaks Island School (766-2528).

Our Odyssey of the Mind group is in need of tennis balls for a project they are working on. They will be returned at the end of the project. Please call the school if you have some to share with us.
NEWS FROM THE SENIOR CITIZENS ASSOCIATION

The Seniors met at the Senior Center on January 16th -- each member brought a sandwich of their choice and Sister Ann Augusta furnished the rest of the meal. Coffee and tea was served. This was the observance of Sister Ann’s sixty fifth anniversary in the Notre Dame order. Congratulations. And we thank you. Sr. Ann had a gift for each person present, plus she had a ticket that each had a number for. The winner of the ticket was Helen Czaplicki -- who tries to tell us, she never wins. Lucky you Helen and hope your luck holds, so you might win the doll at the drawing. It was a time of good chatting and talking. Denise Macaronas, the new recreational director of recreation for all the island, was our guest of honor. She spoke on some of the ideas she had and asked for our ideas and suggestions. It looks like things are shaping up for the island -- also some plans were made for opening the senior center for drops ins daily (I did not hear what was planned but am sure Denise will be getting to you and will have a schedule when set up).

The next meeting will be February 20th at the Senior Center -- meeting at noon and pot luck luncheon to follow.

STAR OF THE SEA THEATER
AND DANCE CO.

THE DANCE PROGRAM STARTED THIS MONTH WITH MUCH ENTHUSIASM. "THE LEGEND OF TUMBLEWEED COUNTY" IN SONG AND DANCE IS THE THEME FOR JUNE.

OUR THEATER GROUP HAS STARTED REHERSALS FOR A SHORT PLAY WE HOPE TO PRESENT ON SUNDAY MARCH 17TH, ST. PATRICK'S DAY, WITH AN IRISH THEME, OF COURSE, "THE THREE WISHES". THIS EUCINICAL SOCIAL HOUR WILL BENEFIT BOTH BRACKETT MEMORIAL AND ST. CHRISTOPHERS CHURCHES. REFRESHMENTS WILL BE SERVED. DONATIONS $3.00 FOR ADULTS AND CHILDREN $1.50. TIMES 2.30pm. ST. CHRISTOPHERS PARISH HALL.

AEROBICS EVERY MONDAY AND THURSDAY, 10am and 6.15pm.

BOUTIQUE WILL BE OPEN SATURDAY 10am--5pm AND SUNDAYS 11.30am--5pm. WITH A BAKE SALE; TAKE OUT CHILI WITH A CORN MUFFIN.

OUR THEATER PLANS WILL START A CHILDRENS GROUP WITH SOME DELIGHTFUL PLAYS READY FOR PRODUCTION. THIS IS AN EXCELLENT WAY FOR OUR YOUNG PEOPLE TO EXPRESS THEIR FEELINGS AND AN OUTLET IN THIS TIME OF COPING WITH WORLDLY DRAMA OR FEARS. ANY YOUNG GIRLS OR BOYS INTERESTED IN PARTICIPATING IN THIS PROGRAM JUST STOP IN THE STUDIO OR CALL DOREEN 766-2727. WE APPRECIATE PARENTS ENCOURAGEMENT FOR THIS NEW PROGRAM.

OUR EXPANSION PROJECT, "STAR OF HOPE" AT THE RIVERTON COMMUNITY CENTER IS NOW IN ITS THIRD YEAR FOR THE DANCE PROGRAM. IN MARCH OF THIS YEAR, WE WILL BE STARTING OUR CHILDRENS THEATER GROUP, TO BE HELD ON MONDAYS IN THE RIVERTON COMMUNITY CENTER. WE HOPE THIS WILL ENCOURAGE OUR OWN ISLAND CHILDREN.

HAPPY VALENTINES DAY TO ALL
MUSICALLY YOURS
DOREEN MC CANN
Dear Casco Bay Garage Patrons,

On behalf of the Casco Bay Garage, The Portland Parking Association, and the Marine Corps Reserve, I would like to say thank you to those who gave donations to the Toys For Tots program this Christmas. Over 75 new toys were collected at Portland garages and distributed by the Marines to less fortunate children in Portland and throughout the state.

Special Winter Rates From now until April 1, 1991

*Who says nothing is free? At Casco Bay Garage, the first two hours of parking are free, gratis, on-the-house, you pay nada! There are no strings attached, no secret passwords, we simply want more people to know where CBG is.

*In addition, you may now park overnight for only $4.00 if you enter after 2 PM and leave by 10 AM. While it is still more economical for most islanders to pay for a monthly space, this overnight rate is a bargain for those who don't need to park on a regular basis.

*Wait! there is more. Our maximum daily rate has been reduced from $12 per day to $8 per day for a 24 hour period.

Please drive with extra caution in the garage when snow and ice are factors. You may skid on a patch of ice that has built up from wind drift or been carried in on other vehicles. Snow drifts tend to build up along the northern and easterly walls of the garage so that a pile of snow is sometimes left behind when a car leaves the space. Please avoid parking in these spaces until we have had a chance to clear them of snow.

We are starting to receive requests for reservation of monthly parking spaces for the spring and summer. As in the past, our policy continues to be that we will accept payment to reserve parking no sooner than 30 days in advance. In other words, if you wish to begin parking June 1 you may register, with payment, no sooner than May 1. To avoid the waiting list that starts about May, you may want to begin parking in March or April as we have no way of anticipating future demand.

We wish to remind you that checks for monthly parking payments should be addressed to: Casco Bay Garage, P.O. Box 7525, Portland, ME 04112. Please, please remember to put your parking card number on the check. If you have two cards please include both numbers. If you have any questions regarding billing please call 879-1671 between 8:30am and 4:30pm.

Remove radar detectors, CB radios, and any other tempting items from your vehicle when you park. If you see children in the garage that are not accompanied by adults or adults that are acting suspiciously, please alert the garage attendant immediately.

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News from Brackett Memorial United Methodist Church

Sunday Morning Worship 10a.m.
Sunday School 9:30a.m.
Wednesday Bible Study 9a.m. Peaks Island Sr. Citizens Center
United Methodist Women meeting Feb.12th at 12 noon at the home of Mary Dennison

Peaks Island Friends: Worship

Every Sunday at 11 am at Betty VanWycks home on Adams Street. For more information call 766-29...
February is here, and our sleds sit, parked in the hall, awaiting some snow. We did get out a few times to play in the snow, but are anxious for more. With snow in our thoughts, the schoolage group made a snow village in the schoolage area. Our science area has books about animals in the snow a winter/summer guessing game. Our cardboard tree on the back wall lost its leaves, but snowflakes now fall around it.

Sometimes it gets too cold to go outside and we keep busy with cooking projects...our favorites are peanut butter cookies, banana bread, muffins along with art activities, fingerpainting, water colors, collages and other inspirations. We have a well seasoned stone that has produced some tasty Stone Soup.

Our schoolagers are also putting together their own newspaper-editing, illustrating and reporting their own work.

We welcome Trent Quinby, Emma Friel and Molly Radis to our Preschool program; Ryan Guthrie to our Kindergarten program; and Adam Stout to our School Age program.

We're in the process of setting up our aquarium again, after a blight took the lives of our goldfish. We are looking for a new filter/pump if anyone has one to donate...we and our new fish would greatly appreciate it.

PLAYGROUP**Each Wednesday morning 10-11:15..a time for parents/caregivers/infants/toddlers to come and enjoy our playspace and the company of others. All are welcome...there is no charge.

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BOTTLE DRIVE
Thank you to all who have been donating their returns at Feeney's to the childcare center...we received $75 credit during the last three months. This is an ongoing bottle drive...when you return bottles just bring your slip to the register and ask to have it credited to the Childcare Center Account. THANKS!

GOOD NEWS!!!! We received news last week that the Child Development Center has been given a grant from the Maine Children's Trust Fund to provide a Parenting Series on the island. We will be sponsoring a STEP (Systemmatic Training for Effective Parenting) class which will begin on April 2 and run for nine weeks.

The Trust Fund is funded by taxpayer donations by checking the box marked Maine Children's Trust Fund on your state tax return. These donations are used to support Maine's children and families and with our Parenting group are well at work on Peaks Island...we were one of 29 from 81 applicants who were selected for funding...thank you to all who have donated to this fund! We urge you to consider a donation to this fund as you file your state tax return this year.

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COMMUNITY DINNER/FAMILY CONTRA DANCE***************

Coming up on SATURDAY March 9 - a joint fundraising event shared by the Elementary School PTO and the Childcare Center. Featuring a great spaghetti dinner along with Ellen and the SeaSlugs providing great dancing music! Watch for signs - guaranteed FUN!