4-2013

Island Times, Apr 2013

Kevin Attra

Follow this and additional works at: http://digitalcommons.portlandlibrary.com/itn_2013

Recommended Citation
http://digitalcommons.portlandlibrary.com/itn_2013/3

This Book is brought to you for free and open access by the Island Times Newspaper, 2002-2013 at Portland Public Library Digital Commons. It has been accepted for inclusion in Island Times Newspaper, 2013 by an authorized administrator of Portland Public Library Digital Commons. For more information, please contact campbell@portland.lib.me.us.
The Peaks Island Council will present its budget request of $40,000 for island transportation needs to the City Council at its budget meeting on Monday, April 2.

In meetings with City Councilors earlier last month, PIC Chair Mike Sylvester said he was told funding would be tight this year, and the Council will be reluctant fund the full amount without good cause.

The PIC is asking for $40,000 for bus ticket vouchers on a needs basis, student passes for children in Portland schools at the Peaks Island Academy, and a new vehicle for the island service.

Neighborhood Liaison Mike Murray advised the PIC that funds for the Peaks Island Academy may be a red flag item, and suggested that Pastor Beau Boyle, who operates the school, attend the meeting.

At the monthly PIC meeting, Wednesday, March 27 island councilor Ted Kelleher suggested forming several committees. One would discuss how the needs-based vouchers should be distributed, but owing to some disagreements about whether the council should be involved it was tabled.

Another committee was suggested to meet with the city arborist Jeff Tarling to discuss ways of dealing with invasive species on the island. Tarling is planning to come out on April 10 to survey the island.

In addition, the elementary school will be having students identify and remove invasives from the playground this month, and Island Fellow Maggie Small has received a grant to address the problem as well.

A third committee would study the needs of elderly people on the island to help them stay, Kelleher will chair that group and plans to meet with Marge Powers, president of the Health Center board of directors.

A final committee to address safety issues front will be held by Jimal Thundershield and Marjorie Phyfe. That group will also meet with the Portland Police Department to get a police officer to attend council meetings.

In other news, representatives in several community-wide committees were appointed, including a group to resolve the location issue of the Peaks Island skate park on PILP land. Hoppen issued community-

PIC to face tight City budget

by Kevin Atta

Sea level rise detected on Peaks Island

Not attributed to climate change

by Kevin Atta

The U. S. Geological Survey reported that in a study of tide fluctuations over the past 125 years the sea level in the vicinity of Peaks Island appears to be on the rise.

The preliminary findings, issued in mid-March, found that average level at mean high tide had risen nearly 0.5-inch. The researchers ruled out climate change as a factor because similar studies conducted throughout the Casco Bay region showed no such change.

"We've looked other factors and subsidence appears to be the most likely cause," said geologist Andrew Farnsworth, one of six members of the research team, which included climatologists and oceanographers.

"Islands, like the rest of Earth, are in constant flux," said Farnsworth. "The Earth's core is like a bubbling cauldron on which the crust of land we inhabit floats on, and is constantly being shifted."

"These shifts are normally imperceptible. The Earth is estimated to be 4.54 billion years old. The array of continental plates that make up the surface today are thought to have evolved over 250 million years.

"Which means there is a lot of shifting that goes on.

"Because the planet's core is liquid, land masses on the Earth can also bump up and down depending on changes in their mass.

"Volcanic eruptions have caused some islands in the Pacific to subside measurably because of the increased mass of lava on the surface.

On Peaks Island, no such event has occurred, but several geologists familiar with the region have postulated that the changes in population or land use on the island.

"In fact, I understand there are a lot more automobiles on the island than ever before," said Farnsworth.

"And the neighborhood has increased in size."

"There was no arguing. We went incredibly well."

"There was no arguing. We went incredibly well."

"There was no arguing. We went incredibly well."

"There was no arguing. We went incredibly well."

"There was no arguing. We went incredibly well.

---

Oceania Maine Datum

A new feature by TT engineer Dr. Pete Frankwicz investigates the salinity of the bay.

Fifth Maine

Events Calendar

Business Directory
**Oceania Maine Datum**  
Fun facts about the sea around us  
BY DR. PETE FRANKWICZ

"April showers bring May flowers", as well as a flood of freshwater from the spring thaw into Casco Bay. Our April Oceans Maine Data question is, does the spring runoff dilute the bay to any measurable degree?

An easy way to find out is to measure the salinity of the bay. I used the 2012 daily salinity measurements from the Bowdoin Bay in Lower Harpswell Sound to answer our question. A plot of the daily average salinity for each month, taken at a two-meter depth, shows a dramatic, 8 percent drop in salinity between April and May.

How can the North Atlantic Ocean get watered down so much in spring? Casco Bay is on the Northern Coastal Shelf of the Gulf of Maine, which is dominated by a current that flows southwesterly along the coast. The spring freshwater, which infiltrates the bay from numerous rivers along its 578-mile coastline, strengthens the current from April through June. The relatively fast moving, somewhat colder eastern portion of this current is largely deflected offshore at the mouth of Penobscot Bay.

The western coastal current, which runs through Casco Bay, reverses for a brief period every spring, sometimes weakly drifting offshore, sometimes strongly turning back up the coast.

Due to the shallow nature of the coastal shelf, the water column in this area is well mixed by tidal action. These factors combine with the large volume of fresh water from the spring freshwater to dilute the bay significantly.

Which highlights the importance of being environmentally conscious, using Earth-friendly lawn care products for example. Anything that can get washed into the rivers will end up in the bay, and from this analysis that’s a lot of stuff.

1 from the Gulf of Maine Census

---

**PEAKS ISLAND TAXI**

207-518-0000

DELIVERING YOU, GROCERIES AND TAKE-OUT---ISLAND TOURS AVAILABLE

9 A.M. TO 9 P.M. OR BY APPT. 7 DAYS

---

**WMPG**  
90.9 and 104.1 FM  www.WMPG.org

Community Radio for Southern Maine

Folk, Bluegrass and Americana Music on WMPG

Monday: 8:30 AM  South By Southwest with Lincoln - American country music recorded before 1976

10:30 AM  Barn Dance Radio with Larry - fiddles, fiddlers and more fiddles!

Tuesday: 8:30 AM  Exploding Jukebox with Katie Louise - No tired music allowed!

8:30 PM  Sound Contraposition with Eric - Americana and more

Wednesday: 8:30 AM  Blue Country - Bluegrass with Blizzard Bob

10:30 AM  Crossfudge - Around the world with musical tour guide Barb

Thursday: 8:30 AM  Wheedogies - Dale digs American music and talks to Mama.

10:30 AM  Kitchen Party with Ceci - The drive, twang & heartbreak of American music, lots of mando

Friday: 8:30 AM  Us Folk with Chris - Live national, regional and local musicians, in studio and on phone. Latest, releases, as well as the classics

Saturday: 3:00 PM  Get Hot or Go Home - Rockably with Matt: the wild and woolly host who defies description.

---

**QR Codes**

Staff Report

QR codes are the strange-looking blocks of shapes you see everywhere today. They stand for quick response, and smart phones like the iPhone can read them and take you to whatever site they represent. They’re a handy way to direct people to your Facebook page or website. The one shown here will take you to www.islandtimes.org. You can make your own QR code for free using Google.

Simply go to http://yu. co/ and type in your URL in the box that says “Shorten link.”

Your shortened URL will appear to the right. Simply copy and paste it into the address window at the top of your screen, and add “?l=0” to the end of the address. Press enter and viola! Your QR code will appear.

There are a number of YouTube instruction videos and apps available online to read and create QR codes. Check out the popular www.graff.co for starters.

---

Dr. Pete Frankwicz is a staff process engineer and data scientist at Texas Instruments, permanently in South Portland, Maine. He is an avid sailer on Casco Bay and is interested in the Geology of the Gulf of Maine.

---

**PEAKS ISLAND TAXI**

207-518-0000

DELIVERING YOU, GROCERIES AND TAKE-OUT---ISLAND TOURS AVAILABLE

9 A.M. TO 9 P.M. OR BY APPT. 7 DAYS

---

**WMPG**  
90.9 and 104.1 FM  www.WMPG.org

Community Radio for Southern Maine

Folk, Bluegrass and Americana Music on WMPG

Monday: 8:30 AM  South By Southwest with Lincoln - American country music recorded before 1976

10:30 AM  Barn Dance Radio with Larry - fiddles, fiddlers and more fiddles!

Tuesday: 8:30 AM  Exploding Jukebox with Katie Louise - No tired music allowed!

8:30 PM  Sound Contraposition with Eric - Americana and more

Wednesday: 8:30 AM  Blue Country - Bluegrass with Blizzard Bob

10:30 AM  Crossfudge - Around the world with musical tour guide Barb

Thursday: 8:30 AM  Wheedogies - Dale digs American music and talks to Mama.

10:30 AM  Kitchen Party with Ceci - The drive, twang & heartbreak of American music, lots of mando

Friday: 8:30 AM  Us Folk with Chris - Live national, regional and local musicians, in studio and on phone. Latest, releases, as well as the classics

Saturday: 3:00 PM  Get Hot or Go Home - Rockably with Matt: the wild and woolly host who defies description.

---

**QR Codes**

Staff Report

QR codes are the strange-looking blocks of shapes you see everywhere today. They stand for quick response, and smart phones like the iPhone can read them and take you to whatever site they represent. They’re a handy way to direct people to your Facebook page or website. The one shown here will take you to www.islandtimes.org. You can make your own QR code for free using Google.

Simply go to http://yu.co/ and type in your URL in the box that says “Shorten link.”

Your shortened URL will appear to the right. Simply copy and paste it into the address window at the top of your screen, and add “?l=0” to the end of the address. Press enter and viola! Your QR code will appear.

There are a number of YouTube instruction videos and apps available online to read and create QR codes. Check out the popular www.graff.co for starters.

---

Dr. Pete Frankwicz is a staff process engineer and data scientist at Texas Instruments, permanently in South Portland, Maine. He is an avid sailer on Casco Bay and is interested in the Geology of the Gulf of Maine.
The Telephone Game

BY MEGHAN CONLEY

The Casco Bay Island Transit District has posted notices at the terminal and on the vessels of a rate increase, but it does not effect ticket prices. It concerns a new reservation feature for vehicles traveling to Peaks, to begin this summer on a trial basis: for $25, drivers can reserve a spot on the car ferry on Friday, Saturday and Sunday.

The reservations are meant to address traffic congestion caused by the weekend rush when cottage rentals change over during the tourist season; however, it’s not yet known where cars with reservations on the island will be able to queue up.

As originally drafted by the board, the reservation policy would only apply to departures from Portland, but was revised to include the island when board members and residents pointed out that it was to relieve congestion on the island.

The board plans to hold a meeting on Peaks Island this month to discuss ways of staging reserved vehicles. Among consideration is using Plante’s barge for those passengers, but the cost, currently $450 per trip, may make it unfeasible.

In executive session at the board of directors meeting Thursday, March 28 a $10,000 bonus for General Manager Hank Berg was approved. A vote to reduce the bonus to $3,000 failed by one vote (6 to 5). The vote to give him the full amount passed by the same margin.

In his financial report, treasurer Bill Overlock said revenue at the Bay Lines was down for the fourth month in a row, which he attributed to the weather. He said that reservations to every island but Great Diamond had been low.

However, in light of recent profits over the last few years and a lack of outstanding debt this year the company has yet to tip into its credit line of roughly $900,000 available annually the Finance Committee is restructuring the Bay Lines policy on how to spend excess cash.

Overlock suggested it could be used on capital improvements, boat maintenance or to reduce ticket prices. The committee doesn’t plan to present its ideas for public comment, but the meetings are open to the public. It meets in the Bay Lines conference room on Wednesday, April 3.

Bar code scanning will be tested this month on departures from Portland. “Assuming it goes well, we plan to go live early May,” said Berg.

He said the short term goals are to provide online ticketing and to improve the amount and quality of data collected on ridership and operations of the vessels.

The ultimate goal is to be able to implement two-way ticketing, so that passengers will have to present tickets when departing the islands as well as Portland.

The terminal repair work began last month when Casbro removed the pontoon ramp at Gate 5 for evaluation and repair. Materials will be delivered this month for work on the pilings and docks.

According to Operations Manager Nicholas Mavrodine, Jr. work will begin in earnest at Gate 5 this month and continue around the pier towards Commercial Street over the next few months. The crew will spend three or four weeks at each gate, Mavrodine said.

He added that Casbro has still not received its order of green pilings needed for the project. It’s been reported that suppliers are giving priority to areas damaged by hurricane Sandy still in disarray.

The Mavrodine II is expected back by mid-April, but not immediately, a bar ferry out of Gate 4 until repairs to Gate 5 are finished.

Because of the possible inconvenience this may cause to passengers, board member Frank Peretti suggested waiting to go to summer rates until Mavrodine II could operate as a car ferry, but the board opposed it.

“If you delay the increase, winter residents will have to pay more to pick up the slack,” said Overlock.

---

Chairman and CEO of Facebook, Inc.

1 Chairman and CEO of Facebook, Inc.
POLICE LOG March 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Date</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:04</td>
<td>2</td>
<td>Peaks Island</td>
<td>911 Hang Up Calls</td>
</tr>
<tr>
<td>11:04</td>
<td>2</td>
<td>Peaks Island</td>
<td>911 Hang Up Calls</td>
</tr>
<tr>
<td>20:47</td>
<td>16</td>
<td>Central Ave</td>
<td>Rpt Of Shots Heard</td>
</tr>
<tr>
<td>20:49</td>
<td>16</td>
<td>Central Ave</td>
<td>Fireworks</td>
</tr>
<tr>
<td>21:48</td>
<td>16</td>
<td>Island Ave</td>
<td>Behavioral Health</td>
</tr>
<tr>
<td>11:57</td>
<td>22</td>
<td>Island Ave</td>
<td>Assist Fire Dept</td>
</tr>
<tr>
<td>09:15</td>
<td>23</td>
<td>City Point Rd</td>
<td>Animal Complaint</td>
</tr>
<tr>
<td>07:46</td>
<td>25</td>
<td>Island Ave</td>
<td>Violation Of Paperwork</td>
</tr>
<tr>
<td>09:47</td>
<td>27</td>
<td>Winding Way</td>
<td>Assist Other Agency</td>
</tr>
</tbody>
</table>

Count 14

Rec'd March 30

Poor as a Church Mouse

With a life span of only three years, it was my great, great, great, great, great, .... (we refer to him as great to the 50th power) grandfather who first moved us into the newly built Brantock Episcopal Church in 1860. This started our relationship with humans and Methodists. The church had no food storage facilities, so the only edibles were tallow candles. A switch to wax candles destroyed our food supply. Perhaps this is when the cliche started.

There was talk of returning to the meadow in 1955, when the Methodists built a new hall with a large kitchen. This date, April 14th, is still celebrated as our Alleluia Day, and is an annual holiday. As their congregation increased so did our food supply. The Sewing Circle met weekly with their delicate sandwiches, always leaving evidence of their presence. Crumbs of bread and some sweet liquid fell to the carpet during a very special service. But the best feasts always followed a sit-down meal. It was difficult to decide which end of the table to forage first. After each Sunday service they would gather and share food, always generously spilling something on the floor.

Girl Scouts and Tweens - who always seem to be hungry - made new combinations of food available: flavors and textures we had never before experienced. They even opened a Food Pantry for us.

It has become obvious now that we've grown sluggish and cannot fit into our usual hiding places. We certainly are not poor church mice but are starting to resemble our larger cousins, the rat. We are becoming fat as a church mouse.

BY JERRY GARMAN

On behalf of all island mice, I am tired of living with an untrue cliche. We are proud to be rodents and members of the genus Mus. Before we moved indoors we lived happily in a large meadow with bountiful food. We were never considered poor.

Therefore, we have issued an invitation to our cousins the deer mice and voles to share in this bounty of food, believing, as the Methodists do, that it is better to give than to receive. But that may be just another cliche.

2012 Island Directory

Covering 10 Casco Bay Islands

With updated listings and island friendly advertisers, large print, handy spiral binding, lots of "notes" pages for your often used numbers. Proven indispensable since 2001. Makes a great gift! Available at

CASCO BAY LINES
ANDY'S OLD PORT PUB
HANNIGAN'S ISLAND MARKET
THE BOAT HOUSE
and on-line at phonebookpublishing.com

For more information or wholesale opportunities call 766-5997

Peaks Island Experiences

Andrea Davis
10 Island Avenue
Peaks Island, Maine 04108
941.981.934 cell
peakabeads@gmail.com
www.peaksbeads.com

Carpenter For Hire
60 years in the trade

Macey Orme
765-5999

FELLA'S FOR FALLING

Peaks Island ExperienceS

Poor as a church mouse:

strong as an ox, cute as a burton,
correct as a fox.

Bald as an eagle, proud as a peacock,
ugly as a sin.

Thinn as a toothpick, white as a ghost,
fit as a fiddle, dumb as a post.

When people are talking
you know what they'll say
as soon as they start to
use a cliche.

-Bruce Landshyk
Finding community

Staff Report

On March 14 my friend, Kathryn, invited me to join her on a project to visit the Island Commons, a residential care facility on Chebeague. We were going to make potato candy with some of the residents.

"It's also National Potato Chip Day," Kathryn told me. So I packed up a bunch of chips - just in case.

Kathryn is a Museum Consultant based out of St. Louis, but she and I both live on Great Diamond. This potato-candy project is one of the many food-connected arts programs Kathryn proposed, and it was also one of the most amazing island adventures I'd ever experienced.

We set out for Chebeague on the ten o'clock Mail Boat run from Portland. When the deck hands saw us still on board as we pulled into the harbor, they gave us a hearty welcome. The conversation was so engaging that we barely noticed the boat pull into the dock.

When we got to the Island Commons, the staff was warmly welcomed and treated as a long-beautiful wooded roadways. The coming al the way out," she said.

"We're fine" Kathryn told them. "We've even opened the front door and adjacent to the dining room and living room is a large room leading off the front door and adjacent to the dining room. There is a large TV and a fireplace with comfortable furniture that makes you want to curl up and chat."

The staff had already set a table for us with a bunch of bowls, a food processor, and everything else anywhere everyone had ever needed to make potato candy.

Kathryn and I arranged the candy boards and discussed a game plan and found ourselves looking at each other. We'd only met once in this space at this point. Kathryn had a quarter to twelve and show time wasn't scheduled until after 10.

We made our way out to the kitchen and started a pot of potato candy. We could smell fresh herbs and spices.

"The others can get a little something, too," Linda said. Kathryn and I were both touched by Linda's attitude. "Nothing seemed to be a chore to Linda."

"Whenever the residents want to eat, it's their choice. This is their house. They tell us if they're hungry. We don't tell them," Linda said.

"If you're not hungry now, that's fine," Kathryn said.

"We're fine," Kathryn told them.

"We're fine" Kathryn told them.

"We're fine" Kathryn told them.

"The others can get a little something, too," Linda said. Kathryn and I were both touched by Linda's attitude. "Nothing seemed to be a chore to Linda."

"Whenever the residents want to eat, it's their choice. This is their house. They tell us if they're hungry. We don't tell them," Linda said.

"If you're not hungry now, that's fine," Kathryn said.

"We're fine," Kathryn told them.

"When the deck hands saw us still on board as we pulled into the harbor, they gave us a hearty welcome. The conversation was so engaging that we barely noticed the boat pull into the dock."

Kathryn and I felt guilty. We really should have offered something to the deck hands. Kathryn and I were invited to join everyone for lunch. I had a salad, Kathryn tried the turkey casserole. Both were excellent.

Linda was preparing lunch. We could smell fresh herbs and spices.

"The others can get a little something, too," Linda said. Kathryn and I were both touched by Linda's attitude. "Nothing seemed to be a chore to Linda."
In the article on Peaks Island Ukuleles, we mistakenly reported that Buckdance Choice music store in Portland offered a discount to members of the group. Unfortunately, that was a misunderstanding on our part. There is no such discount.

Letters
From Tax & Energy Assistance

In May 2005 the Peaks Island Committee for Fundraising for Property Tax Relief began a journey which continues today. None of us really thought the committee would be in existence in 2015. The assistance that we provide has made it possible for some of our friends and neighbors to remain in their homes even though taxes have increased and the price of energy continues to rise.

Our tax assistance account, named for our dear friend and neighbor Sam McCain, provided $4,100 in property tax assistance for the 2012-2013 tax season. Our energy assistance fund has assisted 23 families, or $7,000 since September 2012.

Of course, our energy assistance is available almost year-round. Many homes have their hot water tanks attached to their heating systems and we need hot water 12 months a year. As the committee starts to make plans for fundraising we wanted to report our earnings and expenditures for the last year.

As spring arrives we bid our long, cold, and expensive winter adieu. Energy prices continued to soar, food prices have increased because of the cost to transport food items, and even clothes, shoes and domestic items have had price increases.

Our property taxes did not go down and most of our salaries and pay for our retirees did not go up. Although the economy is starting to rebound the effect is just beginning to be felt. As a result Peaks Island Tax and Energy continues to have an increase in the number of applicants.

Our April Loaf and Ladle Dinner will be on Saturday, April 20 from 5-7 p.m. at the Peaks Island Baptist Church Hall. We are still working on the menu but you can be sure that the food will be delicious and plentiful. We are members of all of the proceeds are deposited in our energy and tax accounts. We could not do our work without those who donate the food every month.

Women: Consider yourself asked

I couldn't be prouder to serve with the largest group of women ever in the U.S. Congress. It pleases me to see women in positions of power at the State House in Augusta. And it's an honor to be from a state with a legacy of extraordinary women leaders.

But, for all these reasons to celebrate, it's not enough. At all levels of government local, state, and national - women still remain far behind in elected positions. Overall, the U.S. ranks 77th in the world for the percentage of elected offices held by women, 10 spots behind Saudi Arabia.

No offense meant to men out there, but this is a serious problem. With so many policy decisions being made that impact women specifically, and other issues that affect all of us, shouldn't women be represented in legislatures and city halls like they are in the ballpark of 50 percent share of the population?

What may be surprising is that when women run for office, they actually win far more often than men. The problem is that they just don't run.

Numerous studies have looked at why. One that came out last year, "Men Rule: The Continued Underrepresentation of Women in U.S. Politics," offered several reasons why women are much less likely to run than men.

Findings included that women perceive a bias against female candidates, are less likely than men to think they were qualified or had the necessary experience, and that women are less likely to think that their values and policies are supported. Women, and especially women of color, are less likely to think they were qualified or had the necessary experience.

Finally, they were less likely than men to be asked to run for office by anyone - elected leaders, parties, or their families.

What makes the study even more concerning is that its findings have changed very little since it was first done 10 years ago. More than anything, it highlights that we still have a long way to go to break down the arbitrary limits that our culture imposes on a woman's ambitions.

After 20 years in politics, I can attest that women are just as qualified, able, and effective in political settings as men, while bringing diverse perspectives that are dearly needed. But, for how far we've come, women still have trouble picturing themselves as elected leaders.

It's a complicated issue, but I'm happy to see one positive step we can take immediately: ask and encourage more women to run for office.

This was a vital step in my own entry into politics. I had served on my own town school board, but though I was too busy running a business and raising my kids to run for the legislature. It wasn't until several women I respected - including my then teenage daughter Hannah - asked me to run for an open State Senate seat that I seriously considered it. I couldn't be prouder that Hannah
Sewer project update

According to information provided by Portland Water District project manager Jay Hewitt, the first phase of sewer extensions and water main work on Peaks Island has been tentatively scheduled.

Because the island has relatively shallow soil over bedrock, a trench will have to be blasted into the rock in most areas of the project in order to maintain proper elevations for the sewers and depth for the water main.

Blasting is scheduled to start April 10 on Island Avenue, and continue until April 23, when blasting will start on Ocean Street and Sunset Road.

The blasting contractor will have to conduct a "pre-blast survey" of the area to document the condition of structures prior to the drilling and blasting process. The survey should continue through the summer when most property owners are expected to be on the island in order to include the area scheduled for demolition after Labor Day.

The Island Avenue sewer line will be laid starting April 17 for completion by May 7, with the new lines on Ocean and Sunset done by May 15. The lines will have to be tested once they are in place.

New water lines will also be installed, including service on City Point Road, starting May 20, and the entire project should be done by the end of June.

"Unless something unforeseen happens, I think it's a very realistic schedule," Hewitt said.

Area where blasting work will begin this on Peaks Island (dark lines). Work on the south side of the island will begin after Labor Day.

<table>
<thead>
<tr>
<th>Work Task</th>
<th>Target Start Date</th>
<th>Target Finish Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobilization</td>
<td>4/25/13</td>
<td>5/29/13</td>
</tr>
<tr>
<td>Pre-Blitz Survey</td>
<td>4/25/13</td>
<td>5/2/13</td>
</tr>
<tr>
<td>Temporary Water Main</td>
<td>4/1/13</td>
<td>4/8/13</td>
</tr>
<tr>
<td>Pavement Milling</td>
<td>4/1/13</td>
<td>4/8/13</td>
</tr>
<tr>
<td>Blasting - City Point Road</td>
<td>4/10/13</td>
<td>5/10/13</td>
</tr>
<tr>
<td>New Sewer - City Point Road</td>
<td>4/17/13</td>
<td>5/7/13</td>
</tr>
<tr>
<td>Blasting Island Avenue</td>
<td>4/12/13</td>
<td>4/23/13</td>
</tr>
<tr>
<td>New Sewer - Island Avenue</td>
<td>4/13/13</td>
<td>5/7/13</td>
</tr>
<tr>
<td>Blasting - Ocean Street</td>
<td>4/2/13</td>
<td>4/25/13</td>
</tr>
<tr>
<td>New Sewer - Sunset Road</td>
<td>4/25/13</td>
<td>5/10/13</td>
</tr>
<tr>
<td>New Sewer - Ocean Street</td>
<td>5/6/13</td>
<td>5/13/13</td>
</tr>
<tr>
<td>Testing - Sewer</td>
<td>5/16/13</td>
<td>5/24/13</td>
</tr>
<tr>
<td>New Water - Island Avenue</td>
<td>5/20/13</td>
<td>6/7/13</td>
</tr>
<tr>
<td>New Water - City Point Road</td>
<td>6/10/13</td>
<td>6/13/13</td>
</tr>
<tr>
<td>New Water - Ocean Street</td>
<td>6/1/13</td>
<td>6/13/13</td>
</tr>
<tr>
<td>New Water - Sunset Road</td>
<td>6/13/13</td>
<td>6/19/13</td>
</tr>
<tr>
<td>Testing - Water Main</td>
<td>6/19/13</td>
<td>6/27/13</td>
</tr>
<tr>
<td>Drainage work &amp; Repave Island Avenue</td>
<td>6/20/13</td>
<td>6/28/13</td>
</tr>
</tbody>
</table>

Making Potato Candy

All you need to potato candy are a few bowls, some sugar and spice, and friends to share it with.

**IRISH POTATO CANDY**

**Ingredients:**
- 1/4 cup softened butter
- 4 ounces cream cheese, softened
- 1 teaspoon vanilla extract
- 1 (16 ounce) package confectioners' sugar
- 7 ounces sweetened flaked coconut (1/2 cups)
- 1 tablespoon ground cinnamon

**NOTE:** Be sure to use regular cream cheese, not whipped or reduced fat type.

In a large bowl, cream together the butter and cream cheese. Add sugar and confectioners' sugar. Beat until mixture forms a ball. (We used a food processor)

Stir in coconut with a spoon. Roll the mixture into balls. Place in shallow dish and roll in cinnamon. Place the balls on a cookie sheet and chill for about an hour or until firm.

If you prefer "dirty potatoes," roll the candy a second in cinnamon or substitute powdered chocolate for Easter, dip in melted chocolate to create Easter eggs.

Love from the Rock

BY BETSEY REMAGE· HEALEY

Over 50 people gathered at Brackett Church on March 10 for a fundraiser to help Longfellow Books in Portland recover from extensive water damage courtesy of Hurricane Sandy. Organized by award-winning author Eleanor Morse, the event featured seven Peaks Island writers who read selections of their work, and raised more than $2,000 for the bookstore. One attendee summed it up, "I can't imagine a more wonderful way to spend a Sunday afternoon."

Besides Morse, the writers included Nicole D'Entremont, Jim Hayman, Jamie Hogan, Scott Nash, Anne Sibley O'Brien and Catherynne Valente.
ACROSS
1. Psych. cond. 71. Pivotal battle in 732 A.D.
5. Jazz singing technique 72. Oracle
9. Williamson, who played 73. Ice cream favorite
14. Relations of a sort
15. Paragon of "honesty"
16. Muse of erotic poetry
17. Allah's delegate
18. Shock
19. With 13 Down, theme of this puzzle
20. Where to buy quail eggs
23. Epidural steroid injection (in doc-speak)
24. Day or night beginning
25. Manifest
29. Nuclear treaty since 1991
31. Merit
34. Psych. cond.
35. "bin ein Berliner"
37. Word made famous by Hunter Thompson
40. !come novel of 1951
44. Homeless creature
45. Drop the ball
46. Language spoken in Vientiane
47. "Midget water buffalo"
49. Allied
53. Sound
56. Taken over by GE in 1986
58. chicago ins. co.
59. Nightmare preventive
62. Prefix meaning "ear"
63. Alleviated
66. Loss of people's identity
67. Love camera maker
70. Takeout

DOWN
1. Big cat groups
2. Most docile
3. Supreme Court Justice
4. Mother of Rumer, Scout, and Tallula
5. Strong fiber used to make cat-scratching posts
6. Angus, et al.
7. Fever and chills
8. Measure of love
9. Desert in Asia
10. Original "Aryans"
11. Stevens
12. Prefix meaning ear
13. Followed by 19 Across, town in Great Britain
21. With good hooks
22. Upper body?
26. Black in Senegal
27. First free public college in U.S. (abbr.)
28. U2 guitarist
30. Texas university
32. Supreme Court Justice
33. Meta World Peace's former first name
36. Greek goddess of witchcraft
38. Warning
39. Poseidon's sister
40. Location of San Berdoo
41. King or Ladd
42. Sound of horse's hooves in "The Highwayman"
43. Kurosawa epic film (1985)
46. Esoteric
50. Fish invented by Boston's Parker House
51. Vigor
52. Franchitti and Argento
54. Copperhead
55. Southern
57. Pamper (with to)
60. Aviators of note
61. Author of "Utopia"
62. Blanchett
63. Multihull, for short
64. Grande
65. Alternative to corn

SOLUTION TO LAST MONTH'S PUZZLE

Macavity & Growltigers- by Anna Tierney

WINNING CAPTION this month. Please see page 15 for next month's cartoon. Send caption ideas to kattra@islandtimes.org.
Star Gazing

April means “opening”, as many flowers do this month, though crocuses are up already. Chaucer said it also brings showers sweet to pierce the drought of March, but April is actually Marie’s third rainiest month, after October (second) and November (first).

Both our spring and fall rains are the result of Earth’s 23.5° tilt. In winter, the North Pole tilts away from the sun, and in summer it tilts toward the sun. This annual process creates a 47° change in orientation, causing warm and cold air masses to collide and condense the moisture within, forming raindrops that fall upon our heads.

When the clouds break and the sun sets, however, we’re treated to a dazzling display of planets, meteors and stars.

PLANETS

This month most of the planets are hidden by the glaring sun, though Mercury is visible in binoculars near the eastern horizon in the morning, and toward the end of the month Venus will raise her head above the western horizon at dusk. The real “stars” of the planetary show this month are the two gas giants, Jupiter and Saturn.

Jupiter, the largest planet in our solar system, is still bright and high in the western sky at sunset but is falling steadily with each passing day. It still sits above the V-shaped Hyades asterism in Taurus, with Aldebaran the red giant star most prominent.

Saturn rises in the east just after sunset, is highest after midnight and sets in the west just as the sun is rising. It reaches opposition to the sun on the 28th and is nicely positioned for Earth-based telescopic exploration.

Saturn is the second largest planet in our solar system, 8.5 times wider than Earth. Although it likely has a solid core surrounded by liquid hydrogen and helium, its bulk is comprised mostly of gas. The outermost gases are ammonia crystals which give Saturn its distinctive yellow hue. It does not have distinct cloud bands like Jupiter, but that may be because Saturn’s wind-speeds are the second highest in our solar system, and its axial tilt is about the same as Earth’s. Its North Pole is surrounded by an odd hexagonal band that scientists are currently at a loss to explain. The Cassini spacecraft still orbits Saturn, and you can go online for close-up photos.

Saturn is relatively light and has a weaker gravitational field than Earth in fact. Saturn would float in your bathtub were it big enough. Saturn has 62 moons, including Titan, the second largest moon in our solar system and the only one known to have a permanent atmosphere. Eight years ago, the Cassini spacecraft launched the small Huygens probe toward Titan, and as it descended through Titan’s atmosphere, it took photos through the pale orange light that looked eerily similar to Earth with its ice mountains, valleys and islands, and liquid methane lakes, rivers and oceans. Huygens landed at the edge of a lake, took another photo of its surroundings, and sent them all back to Earth – at 800 million miles away, it’s the furthest spacecraft landing we have ever witnessed.

Saturn spins rapidly, completing one revolution every 10.5 hours, which turns it into an oblate spheroid that is 10 percent wider than it is tall. Saturn takes 29.5 Earth-years to orbit the sun once. It also produces 2.5 times more energy than it receives from the sun and is nearly 12,000°C at the core. Most impressive, of course, is Saturn’s unique and beautiful ring system, comprised of dust, rock and ice, and shepherded by small moons that create gaps, braids and undulations in the rings. These rings may be the remnants of a moon that was hit by a comet, but they are now delicately thin and extraordinarily wide, like a sheet of paper stretching from Peaks to Portland. The rings are now tipped down, allowing us to see at least the large Cassini division in the middle of the rings, if not the smaller Encke division in the outer rings. If you have a telescope, Saturn is why.

STARS

The brightest star in our heavens is blue-white Sirius in Canis Major, now low in the southwest at dusk. It’s twice our sun’s size, but it’s much hotter and only 8.6 light years away. Procyon in Canis Minor is directly above it, which leads us next to Castor and Pollux, the Gemini twins. Overhead is the Beehive Cluster, which binoculars should give a close collection of multi-colored stars.

Further east is the sickle that forms the head of Leo the Lion, whose alpha star, Regulus, sits right on the ecliptic, the pathway across the sky of the sun, moon and planets. Further north are yellow Capella in Auriga, the Charioteer, and red-giant Achernar in Boötes, the Herdsman, to the east. High in the north is the Big Dipper, whose front edge points to Polaris, the North Star, to which our north pole currently points.

ALMANAC

April 1- Mercury is at its greatest elongation from the sun this cycle, but it’s still hard to see at dawn, given its angle of inclination.

April 3- Last-quarter moon is high at sunrise.

April 14- To the west over Portland this evening, Jupiter is to the right of the crescent moon.

April 15- The moon is at apogee, furthest from Earth this month, moderating tides.

April 18- First-quarter moon is high at sunset, signaling the start of the best week for telescopic exploration of the lunar craters and mountains that lie along the terminator line between light and dark, where shadows are long and contrast is high.

April 21- The Lyrid Meteor Shower peaks tonight, as dust from comet Thatcher hits Earth’s atmosphere. We could see one every three minutes, and some could be big fireballs. Thatcher orbits every 415 years and last passed this way in 1861 before the sun slingshot it back out to deep space from whence it came.

April 25- Saturn hovers above and left of the full “Fish” moon tonight.

April 27- The moon is at perigee, closest to Earth this month, enjoying its highest tides in the early afternoon, making this the best weekend for launching boats.

April 29- Partial lunar eclipse today, visible on the other side of Earth.
It’s a Living
Islanders at work and off the island

BY SUSAN HANLEY

Americans are an industrious lot, and Peaks Islanders are no exception. Some of us work on the island, some commute. Some of us have one job, some have three. Some of us have part time professions, some of us have full-time passions. But all of us have our own busy lives. Busy figuring out our host of inventive, resourceful ways to earn a living while enjoying island living.

One of my guilty pleasures is watching Parks & Recreation, not just on TV. On YouTube, Hulu, NBC.com, DVDs. I’m very guilty of this pleasure. There’s something about the show’s central character, Leslie Knope, that I just love. She is unstopably cheerful, intensely hardworking, and nonstop dedicated to the citizens of her town. Don’t get between Leslie and her programs—she’ll knock you out of the way with her unerring optimism.

Here on Peaks Island we have Denise Macaronas, who has spent the last 22 years bringing recreational programs to the people of Peaks Island. She is completely committed to providing a service to her constituents and she does so with creativity, enthusiasm and a smile. Denise knows she’s lucky to have a job that’s entire objective is having fun. I hear a hint of apology in her voice when she explains how much she enjoys her work. But being the community sparkplug is harder than it looks – and more important than people realize. A 2006 study by Duke University showed that 25 percent of all Americans said they have no one in whom they can confide. No one.

One quarter of our countrymen live in complete isolation.

In a world where fast-flung families, ubiquitous earphones and screen-based entertainment can leave people at risk of being isolated and lonely, Denise creates a wonderful variety of programs all based on one thing: fun! I also schedule the facility. So whenver someone wants to do a slide show or a knitting night, we talk, we laugh, we sing off key, but it’s OK. It’s a lot of fun.

On Thursday we have a knitting group from 10:45 to 12:45. We bring our own lunch and we knit and chat. We’re knitting items to donate to the Prble Street Resource Center and the city’s family shelter. It’s the project I’m most passionate about, and this is the third year that we’ve done it.

The first year it was Peaks Island’s Juvenile Detention. Originally I wanted to do the world’s longest scarf but the record is thirty-three and a half miles. So I decided to do Peaks Island’s longest scarf. And then the second year we added hats and we knit 184 items that year. This year we’ve added dishcloths and washcloths. I am very pleased because people come every Thursday. It’s a nice job and a public service. People don’t knit but they come with their lunch.

Do you ever go on field trips? We have been on off island trips. I have 15-passenger vehicle in town which we’ve used to go shopping, to museums, to the beach. There’s also a fee for those trips. And islanders can participate in the 55-plus program in town which does three or four trips a week. They’ll come and pick people up at Casco Bay Lines.

Do you have other responsibilities outside of developing programs?

I also schedule the facility. So whenever someone wants to use the community room it is their responsibility to come in and see how excited the kids get collecting trash.

“Find something you love to do and you’ll never have to work a day in your life.” - Harvey MacKay

What are your goals for your programs?

My goals are to provide an opportunity for islanders to get together, to have fun, to learn new things, to get to know new people, to share, to reminisce, to explore. The hard part is getting people involved, getting people to talk about different kinds of coming to one of the programs even if they’re afraid that they won’t know anyone. Part of my job is to bring together people and we have wonderful times whether people know each other or not. It definitely serves a great purpose, it’s important to be social, to have fun and to try something different.

Susan Hanley has been trying to figure out what to do for work ever since the arrival of her third child put her blossoming career at risk.

One day, while trying to sell slides and then slide films to a world-famous photography magazine, she hit on the idea of writing. Since then, she has published articles in various magazines, has written a play, and is currently working on her first novel. She has no idea where this will go.

Harvey MacKay
How we got there from here

BY KIM MACISAAC
FIFTH MAINE MUSEUM CURATOR

With the Machigonne IIin drydock for several weeks islanders must depend on Lionel Plante Associates to transport their vehicles. Islanders of yore weren't so lucky.

In 1822 Captain Seward Porter put the steamboat Kennebec in service. Nicknamed the "Horned Hog," she was a sad old craft with a less-than-reliable engine. Oftentimes the passengers had to tread the paddle wheels to get across the harbor. One creative islander wrote this tongue and cheek ditty about her:

"A fig for all your clumsy craft,
Your pleasure boats and packets;
The steamboat lands you safe and soon,
At Mansfields, Trot's or Brackett's.
And down below they keep the stuff,
And everything is handy;
My jolly boys, I'll tell you what,
That steamboat is a dandy."

It was several years before another attempt was made to run a steamboat to Peaks Island. In 1850 Horatio C. Cook built the Antelope. She, too, was a side-wheeler that accommodated 100 passengers. Within a few years he had added the larger sidewheelers Casco and Favorite to the fleet.

All three ran only during the warmer months. During the Civil War the Favorite was taken by the government to transport Union troops south.

Toward the end of the war Cook placed another sidewheeler, the Gazelle, in service. She carried up to 800 passengers, but was soon enlarged to carry up to 1,000 passengers and renamed the Forest City.

The Peaks Island Steamboat Company was established in 1871 to provide year round service on the steamer Express. She faced competition from C. H. Knowlton's Parisia and Minnehaha.

These three steamers along with the Forest City soon merged to become the Casco Bay Steamboat Company. By 1900 nearly a dozen steamboat lines were running on Casco Bay. Only one ran all year.

The Ascotia, Emilia, Machigonne, Steamboats, and Margaret are but a few steamboat names from that era. Eventually many of these steamboat companies disbanded. Through a series of mergers those that remained became one company that, in time, evolved into the Casco Bay Lines, now operated by the Casco Bay Island Transit District.

LEFT: Sidewheeler Gazelle circa 1865. BELOW: Casco Bay Steamboat Company pass around 1900. BOTTOM: Steamer Cadet circa 1900.

HELP PRESERVE WHAT'S SPECIAL ABOUT PEAKS.

 Peaks Island is a truly special place, its rocky shores, its woodlands and its wetlands. Your membership (only $15 individual/$25 family) and your donations are crucial in helping to maintain open spaces.

Join today. Help preserve what we love about Peaks.

OAK COTTAGE
DARBY COTTAGE
LINDSAY HOUSE
DENNIS HOUSE
ERVIN HOUSE

14 Wick's Street • Peaks Island • Maine, 04131
207-760-2004
info@portisland.com  •  www.portisland.com

PROTECTED TO THE ADDITIONAL
CONSERVATION ENACTED
OF PEAKS ISLAND LAND

PEAKS ISLAND
LAND PRESERVE
P.O. BOX 99, PEAKS ISLAND, ME 04131
A 12-acre property now open to the public for free recreation.

.Created and protected by the Peaks Island Land Preserve.
For Purposes of Illustration

BETSY REMAGE-HALEY ARTS EDITOR

Peaks is an island of illustrators, scratchboard illustrators, illustrators for children's books, through the eyes of collage.

This month we look at the place illustration bests for many people, in children's books, through the eyes of Peaks' artists Jamie Hogan and Anne Shay O'Brien.

JAMIE HOGAN

Because her parents doubted that she could earn a living as a photographer, Jamie Hogan headed to Rhode Island School of Design to study fashion — until she realized how much sewing was involved. A move to the Illustration Department led to a job at the Boston Globe and teaching editorial illustration at the Art Institute of Boston, before heading to the west coast.

In 1992 she returned to New England with her new husband, artist Marty Braun. Accidental connections led them to Peaks with its easy access to Portland and the same time that Jamie Hogan and her husband did. As she stepped off the ferry, having no money, without a job or place to live, O'Brien felt nevertheless as though she was coming home.

The inconvenience of the ferry? "We spent that much time looking for parking in San Francisco," said Hogan. "They've never thought of it as the different one, left me with a fascination with exploring differences and a passion for the truth that, across our differences, we are all one family.

ANNE O'BRIEN

In the 1980s she chose to settle on Peaks with her husband, O.B., about the same time that Jamie Hogan and her husband did. As she stepped off the ferry, having no money, without a job or place to live, O'Brien felt nevertheless as though she was coming home.

Close to Portland's vibrancy, the trees, rocks and shoreline of Peaks Island reminded her of Korea.

"My multicultural childhood in Korea, where the spotlight was always on me as the different one, left me with a fascination with exploring differences and a passion for the truth that, across our differences, we are all one family."

The inconvenience of the ferry? "We spent that much time looking for parking in San Francisco," said Hogan. "They've never thought of it as the different one, left me with a fascination with exploring differences and a passion for the truth that, across our differences, we are all one family."

Perhaps most exciting of all is the near completion of a novel 20 years in the making, and the Portland Public Library launch on May 25 of an I'm Your Neighbor Portland city wide read series on Portland immigrant communities. It will include her newest book about a Cambodian refugee family, Path of Stars.

O'Brien shares Hogan's concern for the state of publishing these days. "The bottom has dropped out of the children's book market," she said. "Publishers feel uncertain about the future, and so are reluctant to publish much of anything." Illustrators need to reinvent themselves, she concludes, and she would seem to be a case in point: she juggles 14 different projects, from young children's board books to several workshops to a proposal to help struggling readers.

"It's a high wire act for sure," she observes. "You need nerve and confidence.

And, she adds, the willingness to hustle up clients, something that doesn't come naturally to all artists. On her part, Hogan has broadened her client base to include magazines, theatrical posters, book covers, calendars, and commercial packaging.

The illustrator's job is not to paint a nice picture to go with the story, but to help tell the story and move it along visually, working with the art director of the publishing house (not with the writer). Publishing staff act as intermediaries.

According to Hogan, book illustrations are type of literacy, "reading without being conscious of it."

She loves doing programs in schools, seeing kids' creativity get tapped as they learn about the process of making a written story come alive with pictures.

"Cyber communication is a double edged sword, however, creating both opportunities and hurdles. Illustrators are almost always freelancers, meaning each job may be the last one unless a new opportunity arises."

The publishing industry is scrambling to compete with the cyber industry, "and a passion for truth that across our differences, we are all one family."

O'Brien said, "That's the core of my life's work.

She has now illustrated 30 books, including the seven-book Jamaica series by Jamaica. Hwang which addresses everyday conflicts of children across cultural lines. She is also known for her artwork for a number of cross cultural stories such as Africa Is Not A Country and Who Belongs Here? Her most recent works are geared to Maine immigrant communities.

O'Brien shares Hogan's concern for the state of publishing these days. "The bottom has dropped out of the children's book market," she said. "Publishers feel uncertain about the future, and so are reluctant to publish much of anything." Illustrators need to reinvent themselves, she concludes, and she would seem to be a case in point: she juggles 14 different projects, from young children's board books to several workshops to a proposal to help struggling readers.

Perhaps most exciting of all is the near completion of a novel 20 years in the making, and the Portland Public Library launch on May 25 of an I'm Your Neighbor Portland city wide read series on Portland immigrant communities. It will include her newest book about a Cambodian refugee family, Path of Stars.

"There is a misconception that because children's book are simple that they're easy to do," said O'Brien. "They're not easy at all."

The art has to make the story come alive to a child.

O'Brien said the business end of her work is a huge challenge. "I feel that the chance to illustrate children's literature is an incredible privilege."

"Children are always grinning to respond to visual images," she said, "My success is that I get to keep on doing it."

"As she settles into island living, Betty Remage-Haley loves learning about her creative neighbors and their work. If you know ideas or events to share, please contact her at remagehealey@gmail.com."
Recipes & Ramblings

by Sheila Reiser

Nixtamalization

Close your eyes for a minute and see if you can conjure up the warm, earthy smell of a fresh, handmade corn tortilla. You know the smell I mean, right? It can’t be put into words, but it’s distinct and delicious.

It turns out there is a bit of magic involved in producing that particular scene, using a 3,500-year-old recipe with an equally magical sounding Aztec name: nixtamalization.

More accurately, we Westerners stick to an English-language suffix on the Nahua word “nixtamal”, which literally translates to “ash corn”. It refers to the process of soaking whole, dry kernels in a highly alkaline solution—mixing ash with water is one way to create such a solution.

Soaking wood ash is the original way he was produced for use in making corn, but I never would have thought it'd have anything to do with my dinner. Until, that is, I attended a workshop with local chef David Levi.

Levi is particularly fascinated with ancient food traditions and preparations: pickling, fermenting, curing and cordling. He gained some intimate experience with the nixtamalization process while working in the test kitchen of Noma, a restaurant in Copenhagen that specializes in the application of ancient food traditions to modern cuisine.

At the workshop while his preparations bubbled away on the stove, Levi entertained participants with anecdotes from his time at Noma, bringing to the back packs full of certain types of seaweed to burn so he could use the ash for his trials.

It turns out the process is actually pretty simple, and you don’t even need the seaweed. Thanks to the marvels of modern chemistry, nixtamal is also known as pickling lime at a hardware or farm supply store.

It’s produced by burning limestone or dolomite, creating calcium hydroxide (Ca(OH)2), also known as pickling lime, at a hardware or farm supply store. It’s used for a variety of purposes including treating soil, but it can also be used in the kitchen.

Levi demonstrated how to use this powdered ash to prepare a mix of lime and water to make pickling lime, which is used to pickle vegetables, beans and meat.

Levi plans to continue hosting weekly workshops to share his knowledge of ancient food traditions.

Nourishing Traditions

In Nourishing Traditions Fallon points out the most prevalent food allergies are to milk products and grains, "precisely the two foods added to man’s diet when human civilization changed from a hunter-gatherer lifestyle to one of cultivation and domestication. We’re just not hardwired to eat those foods."

Fallon goes on to explain the benefits of nixtamalization, a process used to make hominy, and how it can enhance the flavor and texture of corn.

It’s produced by soaking corn kernels with water, then removing the corn, and then soaking the corn again with lye to create a dough-like substance that can be used to make tortillas. It’s also used to make masa harina, the nixtamalized corn flour commonly used to make tortillas.

Levi plans to continue hosting weekly workshops to share his knowledge of ancient food traditions.

Traditional Corn Tortillas

Mix 1 percent pickling lime by weight of the corn into enough water to cover the corn for 15-20 minutes. Add the lime water to the corn and bring to a boil.

Reduce heat and simmer about 30 minutes. The lime water and corn will thicken and help to thicken the skins partially dissolve and slough off, making the tortilla easier to work with.

Once the corn is cooked, it can be added to your diet in a variety of ways. It can be used to make tortillas, which are a staple food in many countries, or it can be used to make nixtamalized flour for use in cooking.

Levi plans to continue hosting weekly workshops to share his knowledge of ancient food traditions and how to prepare nixtamalized corn.
The Gem Gallery The Gem Gallery, located on Island Avenue on Peaks Island, is an art gallery featuring the work of cooperative of over 25 artists whose studio visits are open to the public. For more information contact curator Carolyn Gaudet at 207-766-2453.

Doddell Gallery SOMETHING BORROWED Other people's art, donated by art lovers throughout the community. For information contact curator Deborah Kness at 207-766-2453.

Addison Woolley Gallery

The Peacock’s Back will be showing "Pop-Up" shows. A success. We’re enjoying this new way of exhibiting and will announce a new show in a few weeks. In the mean time, Happy Spring from all of us at Addison Woolley. Dedicated to the fine photography, the Addison Woolley Gallery is currently without a permanent home. Works can be viewed online at www.addisonwoolley.com.

The gallery features works by artists as well as nationally and internationally recognized photographers.

Richard Bowl Gallery

THREE IN CONTEMPORARY AMERICAN ART A multi-media exhibition featuring paintings, sculpture, collage and print exploring social, political and cultural issues using subtle satire, protest and humor. Works are by Gordon Carlisle, Kenny Cole, Scott Mistry, Bill Swindell, and Betsy Stelling.

Nancy Benter and Jay Laliberte Open Friday, April 5, 2002. From 1:45-5:15 p.m. T. Richard Boyd Art Food Pantry Gallery is located on Peaks Island at the corner of Island Avenue and Epps Street, first building on the right, serving meals from 11:30 am to 1 pm. The main hall and the adjacent pottery and glass. An art studio producing handmade ceramics. All the art, the clay and pottery is located on the second floor.

Green Gables Gallery

HOURS: 10:00 am to 6:00 pm. Contact curator Pamela Williamson at 207-712-1097 or email at ggal@fordham.edu or visit www.green-gables.org.

The Fifth Maine The Fifth Maine is a non-profit museum and cultural center located in the 1888 Fifth Maine Regiment Memorial Hall, dedicated to the preservation of Civil War and local history. Membership is open to the public. The museum is currently closed for the season. For more information, please contact Kimberly Macnair at kim@fifthmaine.org or call 207-766-3189.

The Eighth Maine

The Eighth Maine is a living museum and lodge for one week as a summer retreat for the Civil War veterans. It features six guest rooms and an eatery, with full modern facilities, full dining, a modern kitchen, and an excellent restaurant. Near the historic town of Lincolnville. Rates begin at $95 per night.

Brackett Church

Open Hearts, Open Doors, Open Minds. We are a Welcoming, Inclusive, Reconciling Congregation. 32 Brackett Street, Peaks Island, Pastor: Angela Tartaglia, 207-766-5013. Services: Sunday) WORSHIP 10:30 a.m. with children and followed by informal fellowship gathering in the church hall. The Eighth Maine Lecture Series, "Sleigh Bells Rule," Wednesdays, 7:00 p.m. at the church; Scripture Study Wednesday, 6:30 p.m. for 6-8 weeks, 40 Hudson Ave., Room 106, Childcare at 766-2464 for info. All are welcome! FRAYER SHAWL MINISTRY Tuesdays, 12:15-1:15 pm, 40 Hudson Ave., for info.

PEAKS ISLAND FOOD PANTRY Monday 9:30-5:00 and Thursdays 9:30 to 1:00 pm. 485 PANTRY (207-766-4040) for info. GRACE ORphans Program for grades K-6, Mondays and Thursdays, 2:30-4:30 pm. TYPHOON ROAD 2970, Portland, 207-766-4040, call Lorraine (207-766-2970) for info. GIRL SCOUTS Troop 766, 2970, 766-5183 for info.

Thank you to all who helped make our first crop sale a success! We will be open the following day, April 6 from 9:00-1:00 pm.

Ashtanga Yoga Class

SUNDAY: 6:45 - 8:00. Monday and Thursday mornings 6:45-8:00, or contact Rebecca Stepheans at 207-554-5767 or stepheansr@gmail.com.

Yoga Classes

Weekly classes: Thursday evenings at 6:30 and Friday morning at 9:00. Contact Rebecca Stephens 776-5547 or rstepheans@gmail.com.

Weight Lifting
classes Tuesdays and Fridays, 7:30 to 8:30 p.m.

School Days

819 Main Street. While it can be a rigorous practice, it is always continuously modified for each student. Approximately 75 minutes. First class FREE; $12 per class thereafter. Questions? Call Antonio, 766-2428 or email astayshina@yahoo.com.

PEAKS ISLAND CERT CERTIFICATION EXAM May 2nd. New class in June. Contact Jimie Blais at 766-5007 or 781-296-2656.

MMA Scholarship Mainers Marine Association is proud to announce the beginning of an annual scholarship for any high school senior from Peaks or the Downeast area who is pursuing higher education, particularly in the field of marine science. Students must submit a 500-word essay to the MMA Scholarship Board which will award two $500 scholarships to two outstanding island students. For scholarship guidelines and more information about MMA Marine Association, please see our website at mainemarines.com or contact at mainemarines@gmail.com.

Portland Ranchor Recreation on Peaks Island

Diane Macaroni, Recreation Programmer. Contact Diane Macaroni or leave a message at 766-7502. Denis makes weekly visits to Peaks Island. Monday, Tuesday, Wednesday, Thursday, and Friday. For more information, please call Diane at 766-7502 or email dmacaroni@maine.rr.com or call Lauren Gann, 207-766-3980.

The Peaks Island Branch Library is located in the Mackenzie Center on Island Avenue.

The Peaks Island Branch Library is located in the Mackenzie Center on Island Avenue.

Portland High School Scholarships

Portland High School Scholarship Fund. Students must submit a 500-word essay to the Portland High School Scholarship Fund. Students must submit a 500-word essay to the Portland High School Scholarship Fund. Students must submit a 500-word essay to the Portland High School Scholarship Fund. Students must submit a 500-word essay to the Portland High School Scholarship Fund. For more information, please contact the main office at 766-5591.

PORTLAND ISLANDS CLUB

PORTLAND ISLANDS CLUB

PEAKS ISLANDS FOOD PANTRY Monday 9:30-5:00 and Thursdays 9:30 to 1:00 pm. 485 PANTRY (207-766-4040) for info. GRACE ORphans Program for grades K-6, Mondays and Thursdays, 2:30-4:30 pm. TYPHOON ROAD 2970, Portland, 207-766-4040, call Lorraine (207-766-2970) for info. GIRL SCOUTS Troop 766, 2970, 766-5183 for info.

Thank you to all who helped make our first crop sale a success! We will be open the following day, April 6 from 9:00-1:00 pm. PHB student-athletes turn their leaves toward the scene that light up our communities.

All photos for sale. Banners and husk of corn will be served. Bring your friends and family!
Thursday, Apr 4
KNIT, CHAT and Brio LUNCH Stop by the Peaks Island community room between 10:45 am and 12:45 pm to knit (or crochet), have fun and be creative. OPEN Forums to enjoy when you take a break. New this year - hand knit dishcloths will be sold for $2 with all proceeds going to buy much needed gloves for charity. Materials available; yarn donations always welcome. Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

SHARE YOUR CRAFTY IDEAS (BRING SAMPLES TOO!) 1:00 – 2:00 pm, in PI community room. Bring something you have made - inspire others to be crafty. Everyone welcome! Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

Sunday, Apr 7
COPING WITH OUR VIOLENT SOCIETY A forum led by Bruce St. Thomas, PhD and Peter Donnelly, PhD from 1:30 pm at the Brackett Church. Open to all, donations to go to the Peaks Island Food Pantry. Contact Jennie Amos, 766-2882 with any questions.

Monday, Apr 8
SENIOR POT LUCK LUNCHEON at noon at the Taj Ganam House. Please bring a dish to share and join us. All seniors are welcome. If you don’t consider yourself a senior, come anyway.

AUTHOR READING Award-winning author of over 60 books, L.L. Newman will talk about her writing process and read from her latest book, October Mourning, a cycle of poems about the murder of 21 year-old gay university student Matthew Shepard, 7 pm in the Community Room. This event is geared to adults and adolescents, ages 15 and older.

Thursday, Apr 11
KNIT, CHAT and Brio LUNCH Stop by the PI community room between 10:45 am and 12:45 pm to knit (or crochet) hats and scarves for charity. Have fun as we help others. Materials available, yarn donations always welcome. Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

CELEBRATE NATIONAL HUMOR WEEK 10:00 – 2:00 pm, in community room. Dress up in funny clothes, bring your sense of humor, bring your sense of humor, and you’ll come away with a good laugh – and some surprise. Pre-registration not required. Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

Thursday, Apr 18
KNIT, CHAT and Brio LUNCH 10:45 am and 12:45 pm — Bring your own lunch and knitting (or crocheting) to knit or help others knit. Bring your own yarn and gloves, please! Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

ANNUAL EARTH WEEK CLEAN UP AND WALK 10:00 pm – Meet at the community building; actual location of clean-up will be determined. All ages are invited to take a walk and help clean up the island. Bring your own work gloves and plastic bags, if available. Dress for the weather as this event will be rain or shine. As location to be announced. Pre-registration not required.

Co-sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970) and Peaks Island Girl Scout Troop #1997.

Friday, Apr 19
BUFFET with "SPRING CLEANING" PRIZES – ALL AGES 11:30 am to 12:30 pm, in community room. Everyone is invited to stop by to have fun playing BINGO and they may purchase "re-gift" items to be used as prizes. Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

ISLAND CLEAN UP CONTINUES 12:45 pm – Meet at the community building for assignments. Join other volunteers as we continue to clean up the island. Earth Week is every week! Pre-registration not required. Everyone invited. For more information, please email dlw@portlandmaine.gov or leave message (766-2970).

Saturday, Apr 20
LOAF & CANDLE DINNER to benefit Peaks Island Tax & Energy Assistance. From 5:00 to 7:00 p.m. at the Peaks Island Baptist Church. The food will be delicious and plentiful, provided by our volunteer members and they are terrific cooks.

FROM CONFLICT TO CONNECTION Keeping our communities and families strong by talking and listening in new ways. A skill-building workshop on interpersonal communication in relationships for groups, led by Peggy Smith (certified by the Center for Communication Awareness, 766-2970).

SHOPPING in SACO! DAFFODILS, 12:45 pm until no later than 3:35 pm. Enjoy some time browsing/shopping at Ray’s Department Store and Dollar Tree. If Mother Nature cooperates, we will enjoy thousands of daffodils in bloom. Pre-registration required. Deadline to register is Thursday, April 25. Transportation fee (round trip from CBI to Saco) is $8 based on 6 people. Sponsored by Portland Recreation (dlw@portlandmaine.gov or 766-2970).

Monday, Apr 22
EARTH DAY Several projects regarding invasive species are currently underway on Peaks Island. Please look out for further announcements about Earth Day activities related to invasives on Peaks Island. For more information, please contact our Peaks Island Council member.

Thursday, Apr 25
DEADLINE TO REGISTER - SACO SHOPPING! If interested in going shopping in Saco and to see the daffodils in bloom, please check out Thursday, May 2 for details. Please email Dorie or call Portland Recreation (dlw@portlandmaine.gov or 766-2970).

Tuesday, Apr 30
MAY BASKETS ANYONE? Come to the Peaks Island library to make May Baskets in time for May Day. Wednesday, May 1. May Baskets usually hold flowers or candy or some other small treat. Sometimes people leave them at a neighbor’s door, knock or ring the doorbell, and then run away so the neighbor does not know who left it! ALL AGES can participate in this fun program. The Peaks Island Girl Scouts will be here to help.

MONTHLY CAPTION CONTEST: Each month we offer a new Brio image having to do with flowers so that you can make one up. Below is next month’s cartoon. Send your ideas to events@islandtimes.org and we’ll publish the best. See page 16 for last month’s winner.

brio

by Palmer

ISLAND TIMES
Serving the Casco Bay Island community
Join us
Subscribe today

SUBSCRIPTION FORM
To subscribe to the Island Times, please fill out this form and send with a check for $25 to Island Times, 131 Central Ave, Peaks Island, ME, 04108

NAME:

ADDRESS:

CITY: STATE: ZIP CODE:

PHONE: E-MAIL:
VISIT OUR PEAKS ISLAND BRANCH!
33 Island Avenue, Peaks Island, ME 04108
766-2960 peoples.com

FIFTH,15t161,nt,5, Museum
45 Stallforth Place
P.O. Box 41
Peaks Island, Maine 04108
A Museum of Civil War & Peaks Island History
Open Memorial Day thru Columbus Day
director@fifthmainemuseum.org
207-766-3330

FEWY CONVENIENT
Island-baked pizza, great food to travel, and only steps away from the terminal.

ANDY'S
59 Commercial Street, Portland 207-873-1699

EXPLORSE SEA KAYAKING
Peaks Island, Casco Bay and Beyond!
Kayak Sales, Instruction & Trips for all abilities
766-2273 www.mainislandkayak.com

ROOM FOR RENT
PEAKS ISLAND
$100/NIGHT
Queen-size bed
Private bath
Reservations/FMI:
207-756-3450
bronda1@maine.rr.com

PREACSS ISLAND TAXI
207-518-0000
DELIVERING YOU, GROCERIES AND TAKE-OUT---ISLAND TOURS AVAILABLE
9 A.M. TO 9 P.M. OR BY APPT. 7 DAYS