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Service Agencies of the Island

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NEIGHBORHOOD ASSOCIATION NEWS

Among the many issues presented and discussed at the 2/7/91 meeting of the Peaks Island Neighborhood Association were:

Proposed regulations affecting subsurface wastewater on Peaks: Most of these were developed and recommended to the Planning Board by Peaks Islanders last spring; they were passed by the Planning Board last fall and are due to go before City Council early this spring. They will affect only those property owners NOT on public sewer. They will be triggered if: (1) property is transferred, unless it's within the family or the house is seasonal; (2) there is a 10% or more increase in the house area in a 10-yr. period; (3) a bathroom is added; (4) there is a 10% or more increase of inhabited space (ie: converting an attic to a bedroom) within ten years; (5) the house is converted to year-round use. If you experience any of the above, then you must submit (A) documentation that you have a subsurface wastewater disposal permit which meets the 1974 Plumbing Code, or (B) an HHE200 form, filled out by a state evaluator, documenting that a new system could be placed on your site, should your current working system fail.

Rick Knowland, a City Planner, answered many questions from the audience. Among points brought up were: 1. A cesspool is unacceptable to the State and must be replaced at transfer (unless it's within the family or seasonal). 2. Under current law, if your system fails, you must replace it. 3. The State is strongly interested in improving existing systems and will show flexibility in evaluating each site. Modern technology provides many options to the homeowner. A copy of the proposed amendments to the Portland City Plumbing and Zoning Codes may be found at the P.I. Library or at City Hall.

New Peaks Island Recreation Leader: Denise Macaronas explained that she will be working on Peaks 20 hours per week. She talked enthusiastically of her plans for many interesting activities for all age groups, but with emphasis on programs for seniors. You may call her (or her answering machine) at 766-2970.

Peaks Island and CBITD: Using effective wall charts, Tom Cox gave a clear and detailed report on CBITD, including where the various Directors are from, how income and expenses line up per Island, and what some of the most pressing current problems are. Peaks, with by far the largest ridership, is really paying the lion's share of CBITD expenses, and yet Peaks Islanders have been conspicuously absent from Board meetings where important financial decisions are made. Down-the-Bay folks, on the other hand, have turned out in large numbers and have been able to influence votes in their favor. Tom urged Peaks Islanders to attend Board Meetings and participate in these decisions which will directly affect our
Rockelbooks.

CirE:ctor will

All O, Tom, mentioned that one Peaks Director and one at-large Director will be up for election in the Spring; we must find interested candidates from Peaks. Both Tom and John Carroll offered to be contacts for anyone wishing to "organize" on these issues.

Parking: At the request of PINA Steering Committee, Jerry Garman has been contacting various City officials regarding our parking problems, including unregistered vehicles and the use and misuse of the parking lot. The ideas he presented to the Membership were favorably received; Steering Committee asked him to continue to work with them on a proposal which will be discussed and ironed out with the Membership, then sent on to the City as a formal request. Watch for notice of a special meeting.

Junk cars: A reminder: Call Kay Taylor (2811) or Fay Garman (5054) if you have a junker that you want hauled off. When there are several cars on the list, PINA will work with the City to have them removed as economically as possible.

Health Center: Fay Garman reported that even though $20,000 has been raised by Peaks Islanders to support the Health Center, more will be needed over the years to support a medical practice on Peaks. In an effort to have a constant income, sale of the Health Center building (currently owned by an Island non-profit corporation and run by a volunteer Board) to the City of Portland is being explored. The money would be invested and the interest used to cover ongoing expenses at the Health Center. Islanders will be kept informed of developments. Fay also reminded people of the need for Islanders to appear at City Council to lobby for Peaks Island's needs for HCD funding. This year, these include the Child Development Center, the Health Center, and a request by PINA for funds to mail a newsletter to Island residents. It would be great to see as many Peaks Islanders as possible in the Council Chambers of City Hall on Wednesday, March 6, at 7:30 pm. You may speak if you wish, but your presence in support of Peaks is equally valuable.

City Services: If all goes well with funding, a sidewalk should be built this spring on the Bay side of Island Ave., extending from Ruth Sargent's house to the school; another mile of Island Avenue should be paved.

Your State tax form: Jeanine Blatt, director of the Child Development Center, urged taxpayers to check the box on their State Income Tax forms marked "Maine Children's Trust Fund". Funding from this source has enabled the Center to offer a valuable Parenting course to Islanders.

Dogs: Because of several recent reports of unpleasant incidents involving free roaming dogs, Island dog owners were again urged to keep their pets under control at all times.

Karen Disco, Physician Assistant
Mondays 12:30 to 4:30 pm.

Cynde F. Mitchell, Nurse Practitioner
Wednesdays 1:pm to 5 pm.

March 13th from 1:pm to 5 pm, Cynde Mitchell, F.N.P., and Karen Friedman, i.N., will be checking blood pressures free of charge. We want to welcome all Island Residents to this Blood Pressure Clinic.

March 27th, the clinic will be closed.

The Islands Health Center
P.O. Box 35 Sterling Street, Peaks Island, Maine 04108
ATTENTION: Now available, private lessons in ballet, jazz and tap. Joan Lincoln, instructor. For information, call 766-4488 or 766-2727.
Also, the studio is looking for a music teacher. A piano is available in the studio. Please apply at the studio or call 766-2727.

We are very excited with the response to our children’s theater. About a dozen boys and girls have registered to start rehearsals on Tuesdays, 5 pm. Our first play will be "Pot of Gold," to be presented in the spring. On March 17, St. Patrick’s Day, we will present "The Three Wishes," in St. Christopher’s parish hall. Show time, 2:30 pm. Refreshments. Adults, $3, children, $1.50. Proceeds to benefit both Brackett Memorial and St. Christopher’s churches.

The boutique will be open on weekends only, weather permitting. Many new baskets and items for the Easter season.
Our annual dance show will be on Sunday, June 23, at 3 pm, at the Lions Club’s Greenwood Gardens Playhouse.
Hope to see you on St. Patrick’s Day.
Cead Mile Failte, Doreen McCann

PEAKS ISLAND SENIOR CITIZENS ASSOCIATION

The regular monthly meeting and pot luck luncheon was held on February 20, with five members in attendance.

There was a very short meeting. It was announced that there would be a trip to the Flower Show in Scarborough on March 22. If you are interested, you may contact Denise Macaronas at the Community Center -- 766-2970. Some also signed up to volunteer at the Senior Center -- to keep the Center open during the day, so you might have a place to drop in to rest and chat a bit.

The Bible Study Class is held each Wednesday morning at the Senior Center at 9 am. Everyone is welcome.

Starting soon, art classes or instruction. If you are interested, you may contact Sr. Ann Augusta -- she is anxious to get people back to painting.

Next meeting will be on March 20th -- meeting at noon and luncheon to follow. Mark your calendar and join us.

PEAKS ISLAND SCHOOL

The third grade class has had a busy month. We had a visit from the mayor of Portland. The children had many questions to ask him, as they have been studying local governments. They also had a tour of the CMP Power Plant, where they were given the chance by Dan Kamp, to start up the turbines and to generate power. This was a wonderful way for them to expand their knowledge of energy and machines, that they studied about in Science this month. In March, we are continuing our science lessons on energy, force, and machines. In social studies, we are going to study about Native Americans. We hope everybody has a wonderful spring.

Upcoming Events:

Mar. 5: Grades 2 - 5 will be attending the PSO Youth Concert of "Fiddler on the Roof"

Mar. 6: Early Dismissal Day. Staff will be taking the 12:30 boat to town for a School Improvement Meeting.

Mar. 15: No School - Teacher Inservice Day
When you're not getting through...what can you do? Join a **STEP discussion group** Systematic Training for Effective Parenting (STEP)

### Systematic Training for Effective Parenting (STEP)

The nine STEP sessions consider these topics:

1. Ways to build positive relationships with children: goals of misbehavior
2. Importance of routines and life style: the "good" parent
3. Encouragement; building the child's confidence
4. Communication: listening to the child
5. Exploring alternatives: expressing your ideas and feelings to children
6. Natural and logical consequences as an alternative to rewards and punishment
7. Application of natural and logical consequences to typical challenges posed by children
8. Ways to establish regular family meetings
9. Ways to develop your own confidence and potential

**OFFERED ON PEAKS ISLAND!!!**

Tuesdays...7:30-9 PM......April 2 - June 4
Peaks Island Child Development Center

**TRAINER:** Paulette Grouin-Cardillo  
Casco Bay Counseling Service

The series is sponsored by the Peaks Island Child Development Center and made possible through a grant from the Maine Children's Trust Fund.

There is no cost involved for the series. Childcare stipends are available for babysitter costs. There are also stipends available to help purchase the STEP Handbook.

We need a group of at least eight individuals in order to run the series...please register by March 22...maximum group size will be 20.....

To register, return bottom form to the Peaks Island Child Development Center, Central Ave (ST. Christopher's Parish Hall), PO Box 7....

CALL Janine Blatt at PJCDC for any further information...766-2854

**REGISTRATION for STEP Discussion Group April 2 - June 4**

Name(s)__________________________________________

Address__________________________________________

Phone__________________________________________

I would like a stipend for Childcare________________________

Handbook
Many programs are being planned to help you beat "cabin fever". A full calendar of events is on display in the Community Building and at Peckney's Market. For further information, please contact Denise Macaronis, Recreation Leader, at 766-2970 (I have an answering machine).

NOTE: The Senior Center will be open Monday through Friday. Please check the monthly schedule on the door of the Center for specific times and dates.

If you would like to reserve the Community Room or the Senior Center, please call Denise for more information.

Mark your calendars for the following activities:

**CHILDREN** - 7-11 years old

"Drop-In" Program
Every Tuesday in March
2:45 - 4:00
Community Room

**COMMUNITY** - Everyone!

IRELAND: Slides/music/dance
Tuesday, March 12, 1991
2:00 p.m.
Community Room

**Senior Adults** - 55 plus

Sr. Luncheons (bring your own sandwich)
March 6 and March 20
12:00 noon - Senior Center

**Flower Show**
Friday - March 22

**Maple Sugar Sunday**
Sunday - March 24

**Pre-registration required. Deadline March 14.**

Dear Casco Bay Garage Patrons,

We are starting to receive requests for reservation of monthly parking spaces for the spring and summer. As in the past, our policy continues to be that we will accept payment to reserve parking no sooner than 30 days in advance. In other words, if you wish to begin parking June 1 you may register, with payment, no sooner than May 1. To avoid the waiting list that starts about May, you may want to begin parking in March or April as we have no way of anticipating future demand.

We wish to remind you that checks for monthly parking payments should be addressed to: Casco Bay Garage, P.O. Box 7525, Portland, ME 04112. Please, please remember to put your parking card number on the check. If you have two cards, please include both numbers. If you have any questions regarding billing please call 879-1671 between 8:30am and 4:30pm.

Please remember that Casco Bay Garage is not responsible for theft from or damage to vehicles. The overwhelming majority of break-ins at parking lots and garages occur because high risk items are left in plain sight. A clever thief is nearly silent and usually knows when the garage staff is patrolling the garage. Remove radar detectors, CB radios, and any other tempting items from your vehicle when you park. If you see children in the garage that are not accompanied by adults or adults that are acting suspiciously, please alert the garage attendant immediately. Drive Safely!

D. Hogan
THE PEAKS ISLAND SOCIETY OF FRIENDS welcomes you to attend our quiet meetings. We gather in silence seeking God's guidance. One or more worshipers may break the silence to share a message of hope, helpfulness, thankfulness - or to express a pressing problem or concern.

We are often called "Quakers". We believe that each person has within them the Light of the Spirit, no matter what their background, behavior, or belief may be.

As Friends, for over 300 years, we have been known for our work for peace and against war; for work in prisons and mental hospitals; for work in education; and for work toward equal opportunity regardless of race, sex or creed.

Our Peaks Island Friends Meeting is under the care and oversight of the Portland Friends Meeting. For more information you may call Jon Kelso at 766-2619, or Betty Van Wyck at 766-2959, or Peggy Dunn at 773-3693.

We meet on the Island every Sunday morning at 11 am and every Sunday evening at 8 pm. The Meeting is held at Betty Van Wyck's home at 41 Adams Street. Coming straight up the hill from the ferry, Adams Street is the second street you come to. Turn right and the house is the second on the left, a blue house with a white picket fence.

Visitors from Portland Friends Meeting will join us on Sunday, March 10, at 8 pm to lead a discussion of "Who are the Friends?". We hope you will be with us.

NEWS FROM BRACKETT MEMORIAL UNITED METHODIST CHURCH

Service of Worship sundays at 10a.m.
Sunday School 9:30a.m.
Palm Sunday- March 24th
Maundy Thursday Agape Meal at 7p.m March 28th
Easter Sunrise Service at 6 a.m. Whaleback(backshore) Coffee and and sweet rolls to follow at Brackett Memorial Hall March 31st
Easter Service at 10a.m. Brackett Memorial United Methodist Church
Bible Study at the Sr. Citizens Center Wednesday at 9a.m.
For information call Rev. Ted Poland at 766-5013

ST. CHRISTOPHER'S CATHOLIC CHURCH

Mass Schedule: Sat. 4 pm in the Upper Room of the Parish Hall.
Sun. 9 am in the Parish Hall.
Wed. 7 pm in the Parish Hall with Penitential rite during Liturgy
Thur. 9:45 am Prayer Group
Thur. 7:30 pm St. Joseph Chapel
Fri. 7 pm with Stations of the Cross during Liturgy.
Sat. 9 am in the Rectory Chapel.

Due to Father Grady's vacation, mid week services will not be held until March 20th. Rev. Morarity will be conducting weekend services. Confessions may be heard by prior arrangement.
Palm Sunday will be celebrated in the church. Holy week services will be noted in the weekly bulletin.

Activities: Free blood pressure readings on the first Sunday of each month.
Sun. Mar 17th during coffee hour the drawing of the Eond and Loll. Are you the lucky winner? For more info contact Marje at 766-2266.
Sun. Mar. 17 at 2:30
Don't miss Doreens theater group presentation of The Three Wishes Sun. Mar. 17th at 2:30 in the Parish Hall. Donations at the door to benefit both churches.
Junior Storytellers’ Club

All story-tellers or would-be storytellers in grades 1-3 will have a chance again this year to meet at the library to polish your stories. Then those who want to may perform them for parents and friends.

Meet at the library on Tuesdays March 19 and 26 and April 2 from 7 to 7:15 pm. Mrs. Crowley-Rockwell will lead this group.

Those children, parents, and friends who participated last year may want to help spread the word. You do not need to attend Peaks Island School to participate. Those in parochial school, home school, or whatever else are welcome.

Letters may be sent to...

Many have asked for Peaks Island librarian Marianna Rowe’s address in Yap. It is: Outer Island High School
Ullithi Post Office
Yap FSM 96943
FSM stands for Federated States of Micronesia, and regular United States postage (29 cents) will do the job.

New Books*

Fiction

BARTH, Last voyage of somebody the sailor
DICKINSON, Rumor has it
GRIFFIN, Battleground
ISAACS, Magic hour
LUSTBAKER, Angel eyes
SPENCER, Forgiving
STEEL, Heartbeat
YORK, Admit to murder

Nonfiction

Dali Lama: a policy of kindness
BRAZELTON, Earliest relationship
HARRISON, Damned serious business
KISOR, What’s that pig outdoors?
MILLER, Things to do with toddlers & twos
Roth, Patrimony: a true story
SELIGMAN, Learned optimism
THWAITE, A.A. Milne: man behind Winnie-the-Pooh
WRIGHT, Above the river: complete poetry

*A complete, annotated list of new books is available at the library. Ask for it if you do not see it.

In March, think music

Music – records, cassettes for both adults and children – for the library is ordered three times a year.

During March, I will be putting together the music order and would welcome your requests, suggestions for music you would like to see in the Peaks Island Branch collection.

Library Hours
Tuesday, 2 pm - 8 pm
Wednesday, 10 am - 4 pm
Friday, 10 am - 2 pm
Saturday, 9 am - 1 pm

Afterschool Movies are on Tuesdays at 3:15 pm.
Story time for preschoolers is on Wednesdays at 10:15 am

SEWING CLASSES: for beginners and advanced, on Wednesdays, starting in March.
For information, call Kerri Flynn - 766-2330.

DOLL-MAKING WORKSHOP: make soft, cotton fleece, stuffed dolls; doll-house dolls; others. $25 covers all materials and instruction. If interested, call ManyNan Murphy - 766-5825.

Deadline for April issue of PEAKS ISLAND STAR is March 27.

Donations to this month's printing of the STAR were made by Helen Wallace and Anonymous I, II and III. Thank you.
**Spaghetti Dinner**

**WHAT:**

**WHERE:** Brackett Memorial Church

**WHEN:** Saturday, March 9th
5:00–7:00 PM

**HOW MUCH:**
Adults $4.50 – Kids $2.00 – Seniors $2.00
Family Rate $12.00
Dinner tickets available in advance at the school and child care center

and • or

**Contra Dance**

**WHAT:**

**WHERE:** Peaks Island School Gymnasium

**WHEN:** Saturday, March 9th
7:00–10:00 PM

**HOW MUCH:**
Adults with dinner $1.00—without dinner $3.00
Kids $1.00 – Seniors $1.00

Cosponsored by:
Peaks Island Child Development Center
Peaks Island Elementary School PTO
to support our community's children.