Teacher's resignation alarms parents

Many worried about high staff turnover at the school

BY KEVIN ATTRA

The resignation of teacher Maureen Cottr at the Peaks Island School has alarmed parents on the island who are frustrated with a high turnover of teachers and administrative staff.

The school has lost two principals and three teachers within the last three years.

"No other school in the whole system has gone through the proportional amount of transition that we've gone through," said parent Craig Davis.

News of Cottr's leaving leaked out in mid-May, and initiated a flurry of phone calls and letters to Portland Schools Superintendent James C. Morse Sr. demanding an explanation.

Some parents felt betrayed by them, said because he had assured them in a meeting at the school last year that he was committed to stabilizing the school staff and improving continuity at the school.

However, the last two years have been a shake up period for Portland Schools, with a large staff changeover throughout the district.

Dr. Morse has had to contend with a severely diminished school budget from the moment he became superintendent in 2009, and has whittled the teaching staff down across the board to cut costs.

"I don't feel there's really grounds for an argument unless they were keeping stability with the Portland School System," said Craig Davis' wife, Mandy. "I just don't think we deserve special treatment."

But Cottr's resignation is viewed by many as another apparent failure of Portland Schools to provide a stable learning environment for children at the Peaks Island School.

The reasons for Cottr's resignation are obscure, and school officials, including Dr. Morse, have been vague in discussing it.

"It doesn't make sense," said parent June Bergh. "It absolutely does not make sense for us to have such a good teacher and for there to be an ad in the newspaper for her job right now?"

Bergh circulated a petition that garnered over 70 signatures calling for a meeting with the superintendent to discuss stability and staff continuity issues.

Dr. Morse has agreed to meet with parents and will come to the school on Monday, June 13 at 6:30 p.m. He said he will not discuss Cottr's resignation, citing confidentiality laws.

A.com community newspaper covering the islands of Casco Bay
FREE

City approves PIC's $40K funding request

BY KEVIN ATTRA

Councilors Rob Melberg and Scott Kelley were the only ones able to attend the Peaks Island Council meeting Wednesday May 25, so they flipped a coin to see who would act as chair. Rob won the toss, so Scott got the job.

Kelley reported that the City Council approved the island's request for $40,000 for transportation and parking at its regular Monday meeting May 16 (actually $35,000 was approved, but the PIC also rolled in its $5,000 expense account - the councilors said the PIC never spends it.

The city's approval means all programs recommended by the PIC will be fully funded as designated at its meeting Tuesday, April 26. That means $2,500 will be given to fund transportation related to children's summer camps, both on and off the island.

Another $2,500 will be given to the island taxi service, FTS, to put towards a vehicle replacement fund, expected to be needed in three to five years.

The Children's Workshop, in critical need of support after losing state and municipal grants last year, will also receive $10,000 to provide scholarships for a number of families needing assistance with day care.

In other news, the PIC is urging people to write to Portland Public Schools Superintendent James C. Morse Sr. to complain about the layoff of Peaks Island School teacher Maureen Cottr.

"We're losing continuity yet again," said Kelley.

The council also sent a request to the superintendent's office in mid-May to meet with Dr. Morse, who has agreed to come to the school on June 13 (see top story).
Meters get wise

A technician subcontracted by Central Maine Power installs a new smart meter on a home on Peaks Island. He wears an arc mask to guard against sparks. "It's really not that dangerous," he said. "This is what OSHA wants." 

BY KEVIN ATTRA

An installation team contracted by the Central Maine Power Company came out to Peaks Island just before Memorial Day to replace analog meters with the controversial new "smart meters". They measure and record electric usage like the old ones, but additionally emit a low-power radio-frequency signal that communicates with CMP and other meters.

For that reason, many people don't want them on their homes. There is still much debate going on about the long-term health effects of continued exposure to RF emissions generated by devices like the smart meters.

According to the company's website (www.cmpec.com/smartmeters), "the RF signals from smart meters in typical installations are tens to hundreds of times below levels specified in the FCC regulations and in standards as safe for everyday exposure."

But there are additional concerns as well. An article in the Forecaster published last October stated, "Other states and municipalities have rejected or halted smart-meter installation due to not only health concerns, but problems with over-billing, privacy and hacking, electronic interference, and electrical fires."

The CMP website states that the new smart meters will allow customers to monitor their own usage and improve the accuracy of billing since readings will be taken electronically. It also means that meter readers will soon be out of a job. CMP anticipates that the meters will lead to faster turnaround time when customers change locations, and also enable the company to pinpoint power outages quickly.

Changing stripes

Taking advantage of the first clear, warm day in weeks, a Portland Public Services came out to Peaks Island on Wednesday, May 25 to repaint stripes on all the streets. ABOVE: Maintenance worker Bruce Warner (left) repaints a crosswalk near the school while assistant Harry Labreque (right) holds a bucket of reflective compound which he dusts on each stripe as it is finished. It dries in just a few minutes. The crew also installs all the city signs. According to Warner, Portland is the only city in the state that has its own sign painting crew.

Brackett Street Wellness Program

A single fee will cover all routine care for your puppy or kitten's 1st year

- 4 visits, a complete exam and all core vaccinations: 3 Distemper and 1 Rabies
- 3 Dewormings
- Canine Heartworm Test or Feline Leukemia/FIV Test
- Spay or Neuter at 6 months old

COMPARE SAVINGS
Wellness Program a la Carte

Cat Male $200 $391
Cat Female $250 $459
Dog Male $300 $478
Dog Female $350 $537

Brackett Street Veterinary Clinic

(207) 772-3385 www.portvet.net

WMPG

90.9 www.wmpg.org 104.1

YOUR COMMUNITY RADIO STATION

FEATURING:

a wide variety of excellent locally-produced public affairs programs weekdays 1-1:30 pm and Monday thru Thursday evenings 7:30-8:30 pm

Democracy Now! noon-1pm on weekdays

Free Speech Radio News 7-7:30pm on weekdays

90.9/104.1 FM

ALSO STREAMING LIVE 24X7

WMPG.ORG
At Casco Bay Lines
New fuel surcharge/ticket prices adopted

BY KEVIN ATTRA

At its monthly meeting Thursday, May 26, the Casco Bay Island Transit District board of directors voted to apply a universal freight surcharge for fuels being transported on the ferries, regardless of whether it is loaded on a vehicle or being shipped as freight only.

The new shipping rate, 90 cents per 100 lb. ($1.45 during peak season), will apply to any type of fuel: cord wood, pelletized wood, coal, oil, propane or anything else used for heating, and may actually reduce costs for passengers according to Rate Structure Committee Chair Frank Peretti, who proposed the change.

An additional scheduling change was approved that would drop passengers off at Chebeague before proceeding to Cliff Island on the early weekend runs to help staff and families of an assisted living facility on Chebeague. It will have no cost impact, and will take effect with the 2011 summer schedule.

Last month, the board also approved a new 5:35 a.m. run to Long Island and Diamond Cove on weekdays and a 7:15 a.m. run on Sundays, which will raise the adult ticket price by 25 cents.

However, this passenger rate change as well as the new fuel surcharge will have to be approved by the Public Utilities Commission before being implemented. They are scheduled to take effect with the off-season rate change in October.

In other news, General Manager Hank Berg jumped at a two-day dip in fuel prices — it had been over $3.55 — and in back in next year’s fuel price at $3.29, just under the budgeted figure.

In his treasurer’s report, but Overlock stated that the Bay Lines saw little traffic in April because of the cold and rainy weather, resulting in a $3,460 shortfall for that month, and he added that the actual financial picture won’t be clear until a new accounting procedure for inventory and the impact of retrospective salary payments required under the new union contracts are factored in.

Overlock also raised a concern about lack of enforcement of size restrictions on carry-on luggage. Last year, the board raised the fee for passengers carrying oversize luggage, but the problem still exists and Overlock suggested that customers try to solve a clutter problem on down-the-bay runs.

Since then, there’s been some erosion of that policy. “I don’t know that deckhands want to be the bad guys,” Overlock offered. The problem is apparently restricted to a few repeat offenders, he added.

Board member Dave Crowley said, “I see it on Cliff Island all the time.” He cautioned that enforcing the restrictions may backfire on the Bay Lines by driving customers away. “At some point it becomes more cost effective to take a tax, because freight’s free.”

Vice-chair Milt Hoffner discussed the naming of the new boat, which is being handled by the New Boat Committee which he chairs as well. Island school students have been given the honor of coming up with a name, and the committee has a variety of entries. “Some names we cannot pronounce,” said Hoffner. “One kindergarten student thought the boat should be named after her.”

The committee had narrowed it down to five possibilities by the time of the board meeting and is expected to announce the winner this month.

The annual board meeting aboard the Bay Mam, which includes food and refreshments, is tentatively scheduled July 27. The boat will collect passengers from all the islands and stand off Cliff Island during the one-hour meeting. A cash bar is usually open for the ride home.

At the end of the meeting, Charles Burr, made a formal complaint that City Councilor Kevin Donoghue, who represents the City Council on the board, had not been attending meetings. “Attendance of a board member must be more than 50 percent of the time,” said Burr.

According to Donoghue — a single father with a full-time job — he has to take time off from work in order to attend the CBID board meetings, usually held on a Thursday at 7:45 p.m. “I’ve run out of sick time and vacation time,” he explained. Hoping to dig himself out of his vacation hole, he said he is monitoring the meetings and will attend ones with the most critical issues on the agenda.

“Casco Bay Lines only works for retirees and empty nesters,” he added, “Anywho who works and has family obligations has to take time off to participate. That directly affects the policy outcome at the Bay Lines.”

It’s 5 minutes for you, the lifetime of a difference for Maine’s children.

The National Children’s Study, a research initiative at Maine Medical Center, has interviewers in your neighborhood. This study is the largest of its kind in the nation, and your participation is essential for it to succeed. You won’t be asked to change anything in your life and everything we learn will be kept confidential.

By opening your door, you’ll help every child in Maine, including the ones right down the street. To learn more about the National Children’s Study in Cumberland County, please call (207) 662-1488.
# POLICE LOG May 2011

Provided by the Portland Police Department

<table>
<thead>
<tr>
<th>Time</th>
<th>Date</th>
<th>Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:01</td>
<td>3</td>
<td>Criminal Mischief</td>
<td>Knickerbocker Ln</td>
</tr>
<tr>
<td>14:41</td>
<td>3</td>
<td>Criminal Mischief</td>
<td>Seashore Ave</td>
</tr>
<tr>
<td>10:35</td>
<td>4</td>
<td>Investigation</td>
<td>Welch St</td>
</tr>
<tr>
<td>21:14</td>
<td>4</td>
<td>911 Hang Up Calls</td>
<td>Island Ave</td>
</tr>
<tr>
<td>13:58</td>
<td>5</td>
<td>Special Attention Check</td>
<td>Peaks Island</td>
</tr>
<tr>
<td>01:28</td>
<td>6</td>
<td>Drug Overdose</td>
<td>Island Ave</td>
</tr>
<tr>
<td>01:42</td>
<td>7</td>
<td>PD Crash</td>
<td>Seashore Ave</td>
</tr>
<tr>
<td>00:50</td>
<td>9</td>
<td>Juvenile Offense</td>
<td>Wharf Rd</td>
</tr>
<tr>
<td>20:44</td>
<td>10</td>
<td>Persons Burglary</td>
<td>Lower A St</td>
</tr>
<tr>
<td>09:39</td>
<td>11</td>
<td>Suspicious Activity</td>
<td>Island Ave</td>
</tr>
<tr>
<td>11:59</td>
<td>11</td>
<td>Animal Complaint</td>
<td>Elizabeth St</td>
</tr>
<tr>
<td>14:41</td>
<td>11</td>
<td>Arrest</td>
<td>Peaks Island</td>
</tr>
<tr>
<td>20:14</td>
<td>13</td>
<td>Vehicle Complaint</td>
<td>Island Ave</td>
</tr>
<tr>
<td>08:40</td>
<td>16</td>
<td>911 Hang Up Calls</td>
<td>Boathouse Wy</td>
</tr>
<tr>
<td>10:32</td>
<td>20</td>
<td>Criminal Mischief</td>
<td>Meridian St</td>
</tr>
<tr>
<td>14:30</td>
<td>21</td>
<td>Rpt Of Shots Heard</td>
<td>Brackett Ave</td>
</tr>
<tr>
<td>16:23</td>
<td>21</td>
<td>Animal Complaint</td>
<td>Windy Wg</td>
</tr>
<tr>
<td>22:40</td>
<td>22</td>
<td>Assist Citizen</td>
<td>Luther St</td>
</tr>
<tr>
<td>14:53</td>
<td>23</td>
<td>Motor Vehicle Stop</td>
<td>Island Ave</td>
</tr>
<tr>
<td>09:35</td>
<td>27</td>
<td>Panic Alarm</td>
<td>Island Ave</td>
</tr>
<tr>
<td>20:18</td>
<td>28</td>
<td>Weapons Violation</td>
<td>Luther St</td>
</tr>
<tr>
<td>23:59</td>
<td>28</td>
<td>Suspicious Activity</td>
<td>Island Ave</td>
</tr>
<tr>
<td>08:59</td>
<td>29</td>
<td>Graffiti</td>
<td>Willow Ct</td>
</tr>
<tr>
<td>13:15</td>
<td>29</td>
<td>911 Hang Up Calls</td>
<td>Island Ave</td>
</tr>
<tr>
<td>16:11</td>
<td>29</td>
<td>Flagged Down</td>
<td>Welch St</td>
</tr>
<tr>
<td>16:44</td>
<td>29</td>
<td>Casualty Report</td>
<td>Peaks Island</td>
</tr>
<tr>
<td>19:00</td>
<td>29</td>
<td>Property/Found</td>
<td>Garden Pl</td>
</tr>
<tr>
<td>08:17</td>
<td>30</td>
<td>Burglary Residential</td>
<td>Ledgewood Rd</td>
</tr>
</tbody>
</table>

Count: 28  
Rec'd May 31

---

## Home Check Scanning

Just scan your check on your home scanner. Upload it via our secure website. Then you’re finished. It’s deposited. Free and easy!

We’re Leading Credit Unions—and Banks—with Convenient Technologies:  
HOME CHECK SCANNING | MOBILE BANKING | OPEN TRANSACTIONS | FREE BILL PAY | E-STATEMENTS

Learn More at cportcu.org.

800-464-0253

---

Questions?

Contact our Provisions Supervisor,  
Brad Richman at 207-774-7711  
E-mail: naptlprovisions@wholefoods.com  
Or, stop by our Customer Service Desk and one of our Team Members will be happy to assist you.

Just minutes from the ferry!  
Open Daily, 8 am – 10 pm  
2 Somerset Street • Portland, Maine  
207-774-7711  
www.wholefoodsmarket.com/portland-me  
Just off I-295, Exit 7, Franklin Street

---

**FREE Delivery to Casco Bay Lines Monday – Friday**

All in-store purchases must be made by 12 noon for delivery to the ferry!

- Your groceries will be carefully packed in banana boxes and/or cooler bags for ferry transport, and labeled with contact information for safe arrival.
- Everything in our store is available for delivery.
- Ask us about our personal shopping service.
- Please inquire regarding seasonal delivery service to Cushing Island and select marinas.

*After delivery to Casco Bay Lines, Whole Foods Market is not responsible for your purchase.*
June 2011

For the love of Peaks! Profiles by Fran Houston

My Colored Past

BY JERRY GARMAN

I regret not recording all the books that I have read. I have also always secretly envied people who maintained a diary. "It's life is only worth living when continually reevaluated", then a life daily recorded must be sublime.

While never exercising the necessary discipline to create such records I have inadvertently left an oral trail of my life. My exposure to the island started in 1958. With over 17 moves in a 44 year career in industrial packaging, the island quickly became the stable point in our lives. As such, it also became the repository for memorable personal and financial records.

With retirement to the island I decided to finally purge some of these items from my life and at the same time relieve the stress placed on an 1890 cottage. Since the recommended retention time for most data is only seven years this didn't make some sense.

After retrieving seven boxes from almost as many closets I placed them beside my large shredder. The first file contained my first check book, the year I graduated from college - 1953. I never had enough money before that to warrant a check book.

Each box contained files of tax records, utility and medical bills, mortgages, car and appliance payments and a lot of checks for cash. Although I remembered each house we lived in, the check presented the exact amount, number and address. The checks refreshed my memory of our spiritual journey with a dozen churches we had joined. Dates of medical emergencies and crises, auto purchases and repairs together with the purchase and replacement of washers, dryers, stoves and refrigerators created a flashback of past consumer habits.

The one constant record was the many Sears' receipts; we could not have existed without this store. There were reminders of museums, parks and theaters visited. Even a few traffic violations were revealed. It required almost six hours of shredding (15 minutes per page) and two trips to the dump to purge these records.

In total I had produced eight large plastic bags full of shredded documents. Only when I moved from the house to the car and then to the large container at the transfer station did I note that each bag had layers of different colored paper. It went from white to green to blue to grey to yellow and then back to green, only to start over in another sequence of color. I suddenly realized that each had produced eight large plastic bags full of shredded documents. Only when I moved from the house to the car and then to the large container at the transfer station did I note that each bag had layers of different colored paper. It went from white to green to blue to grey to yellow and then back to green, only to start over in another sequence of color. I suddenly realized that each layer was long and narrow where they took the big truck to repair them. Like a big ditch where the mechanics could stand up and work underneath things, so it was quite interesting to see. Of course I had been in the army and was interested in all that stuff and for me it was strange.

I keep thinking I wish I had been here during World War II. Kim Macisaac has pictures of some of that era and the harbor was quite busy I hear. A lot of history here. And I'm making history too! I'm old now. But there are still a few oldtimers left.

I don't remember how it all happened, but the barracks are all gone, flattened. One of the first things we did when we moved here, was go to the underground Battery Craven and Battery Steele. We took flashlights and we were for a walk and we found the bottom layers, the underground. A lot of people haven't seen it, because it was down too deep and is covered. That was something.

Underneath the first underground layer was long and narrow where they took the big truck to repair them. Like a big ditch where the mechanics could stand up and work underneath things, so it was quite interesting to see. Of course I had been in the army and was interested in all that stuff and for me it was strange.

Have you lived on Peaks for a long time? Do you have a Peaks Island story to tell of memories from childhood or that illustrates why you love living here? Please email or call Fran Houston. She has already heard some great stories and she wants to hear yours. Fran_houston@hotmail.com, or call 766.2286.
Math Winners

The Peaks Island Math team won two trophies at their meet on April 6 – the Portland All-District Fifth Grade Math Meet. The team took second place for their team score and Liana Seley won second for her individual score. Special thanks go out to Coach Jack Soley and Coach Bean Boyle for their hard work all year. They trained the team well! Front row (left to right): Danny Hanley, Dianne Oervis, Johny Scholly, Back row (left to right): Eric Conrad, Rowan Oaligan, Nick Boyle, Anna Mitchell.

Help Support the island TAXI

Peaks Island Taxi now delivers everything from a pizza to a grocery order from town. Call in your order to Peaks Island Taxi at 508-6000. We will call in your order to Hannigan’s or the restaurant, pick it up and deliver for the cost of the food, plus tip. If you have groceries coming from town, call us. We meet all boats from 8:45 a.m. until 8:55 pm (7 days) and will deliver them to your door.

MEASLES ALERT From the Peaks Island Health Center

There have been five new cases of measles in the state of Massachusetts in the past week. Children 12 months of age should receive their first MMR (measles, mumps, rubella) vaccine, which is generally done during their routine 12-month check up, but every effort should be made to vaccinate children who are not up to date.

All school aged children should have two doses of MMR vaccine. Certain groups at high risk such as international travelers, health care workers and college students should receive two doses of MMR. Women are advised not to receive any live virus vaccine during pregnancy including MMR.

Call your doctor if you have the following symptoms: fever, runny nose, cough, loss of appetite, pink eye, and rash. If vaccines are not up to date, the Health Center can provide them. Please call the office at 766-2929 for an appointment.

Looking Forward to Recess

As I talked with a group of elementary school students last week, we discovered something we have in common: looking forward to “recess.”

Of course, there are some key differences between recess for students and for members of Congress. One offers rest and play while the other is a time to meet with constituents and hear concerns from the communities at home. But both recesses bring interesting experiences and creative ideas. They fuel and inspire us as we return to the halls, whether of Congress or school.

I wanted to fill you in on some important visits I had over the recess last week that will be influencing work I do in Congress in the coming months.

A tax break for Maine Breweries

An exciting part of Maine’s economy is our thriving craft brewing industry. Several local breweries are gaining popularity across the country and creating new, good paying jobs here at home. Maine has always been known for the quality of its craftsmanship. How exciting to see our craft brewers continue to spread that reputation.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.

I was able to see what these breweries do firsthand with a tour of Allagash Brewing in Portland. Owner and brewmaster Rob Todd showed me how the growing company blends advanced technology with time-honored methods. For instance, they still age beer in wooden casks, but bottle it in high-tech equipment. Few breweries take this kind of time and effort anymore, which is why Allagash and other companies in Maine have gained such a following.
YOGA FOR LIFE
A yogic perspective on health and simple living
BY REBECCA JOHANNA STEPHANS

Rebecca Johanna Stephens teaches private yoga lessons on Peaks Island and in Portland, and weekly yoga classes on Peaks Island. You may direct your comments, inquiries or column ideas to 207-766-3017 or yogirec@207.net.

I wish I could remember the first time I cracked an egg on the side of a bowl and opened the shell to release the bright yolk and its gelatinous white, but I don’t. I imagine it was either in the preparation of Hill House Cookt or a Sunday morning scrambled eggs - two family favorites. I do know that other than the time I made a big mess trying to open the egg one-handed like an omelet maker, I never really gave the whole process much thought until recently.

All of a sudden one morning, when engaged in an action that I have repeated thousands of times for over 40 years, I became fascinated with theberger of cracking an egg. This is what happens when one leads a contemplative life as I do. The most ordinary activity becomes increasingly intriguing for its own sake, and also as a metaphor for more complex aspects of being human.

If you consider the cognitive and muscular requirements, cracking an egg gets elevated from a second to second event to an intricate dance of nerves, bones and muscles and involves at least three of your senses: sight, touch and hearing. To reach that moment when the egg drops into your palm, I can think, I’ll make cookies, or a sensation, I’m hungry.

Next you open the door to the refrigerator for the current of eggs, lift off the shelf and close the door while turning away from the fridge. If you keep eggs in that special egg compartment on the door, it’s a bit more complex. You have to figure out where to put the eggs so that they don’t roll off the counter and onto the floor while you get ready to use them.

If you have an average cognitive ability, an awareness of your hunger and average grade on your motor coordination, you are probably unimpressed. However, the process has just described is beyond the capacity of folks whose functions are impaired. For me, not only can I easily decide and begin to cook, I live in a house and have a refrigerator that is well stocked with fresh, delicious food. As I reach for an egg, I am very grateful for all of these blessings.

Next come the more delicate and intricate steps in this egg process. Opening the door or reaching into the bowl if you have chickens in the back yard and don’t need to refrigerate your eggs - lucky you - you must select an egg, reach for it, and pick it up. Holding an egg requires a steady hand with enough pressure to keep it firmly in your grasp, but not so much that you break it prematurely.

And now the most refined movements of all. Can you just imagine the flurry of communication between your brain and your hand as you tap the egg hard enough to crack the shell but softly enough to refrain from spewing egg all over the floor and your favorite sweater? And finally, the fine art of peeling the shell apart to release the egg without also releasing its contents into the yolk cream?

Finding that balanced strength that is neither rigid nor slipping shows up frequently in both physical endeavors such as batting a ball or rolling out pie dough, and mental exercises such as formulating opinions and using discernment when taking in new information. If you bring concentrated attention to understanding something basic that you do often (my apologies to those who are forbidden from eating eggs or just don’t like them), you may finally decode and defeat a difficulty that has plagued you for years.

When I mentioned to Linda, with whom I share a home and from whom I have received many plates of yummy scrambled eggs, that I was thinking about eggs, she revealed that she had just had an egg-cracking conversation with her friend, Nancy. It turns out that Linda gets better results when she cracks the egg on a flat surface rather than the edge of bowl or pan.

Her friend tried this technique with disastrous outcomes. I tried it and couldn’t really tell the difference in the shell but it did prevent that frizzle of egg white over the edge of the pan, thus avoiding a mess that is directly proportional to the expertise of the crack. Had I chosen to raise rather than exercise my curiosity, I couldn’t just imagine a lifelong argument leading to family feuds, school referenda and months of litigation that is directly proportional to the effort in the egg. Rather than trying to overshadow your entire being in one massive effort (which is often unattainable with a subsequent backlash reaction), you can bring attention to any one part of your day or any activity you repeat on a regular basis and start there.

When lifestyle changes are thoughtful and come from your own desire to feel well, you will be more invested, more comfortable, and more successful in your endeavors. For you, the experiment may be eating an apple really slowly, paying attention while you sweep the floor or becoming mindful of a prejudice.

Whether you are an artist who sells paintings to museums or a scientist who experiments in the laboratory, the process involves the same steps: selecting an idea, combining the elements, doing experiments to learn from the mistakes, and repeating until you get the desired results.

But these are the experiences that make me most grateful and humbled to serve as a representative for Maine.

Classic Homes
Peaks Island

Both of these 4 br homes are year-round homes, close to the ferry dock and offer a classic porches, and decks. Still time to come and enjoy this

$272,500 MLX# 998729
Ellen Mahoney (207) 774-0227
www.harborviewproperties.com

Classic Homes
Peaks Island

Just imagine...

$249 000MLX# 101599

It is time to live the dream.

Chellie Pingree represents Maine’s First District in Congress. You can contact her by calling (207) 774-4519 or sending email to Chellie.Pingree@mail.house.gov.

Rebecca Johanna Stephens has been a Kripalu-Certified Yoga Teacher since 1994. She has 24 years experience in the healing arts.

Protection the York River

Working waterfronts are a critical part to Maine life, but they’re not just on the ocean. Maine rivers have always played an important role in keeping Maine as a hub for fishing, shipping, shipbuilding, and recreation. The Royal River in Yarmouth, for instance, is critical to local fishing and boating industries.

In York, the York River that plays this role—and a wide alliance of community groups—is trying to get a federal designation to keep it that way.

On the banks of the York River, I attended an event where members of the community told me about the importance of the river. At one point, it provides a refuge for lobsters, working waterfront for fishermen, a classroom for students, and a swath of nature adjacent to one of the fastest-growing areas in the region. The groups are trying to study the river to see if it can be designated as the federal Wild and Scenic Rivers Program, which would add another level of oversight to preserve the river’s character.

As I consider sponsoring legislation to conduct this study, it’s important for me to meet with community members in person to get their feelings on the issue. What better place to have those conversations than the banks of a river that has supported Maine communities for years?

It’s always exciting to be in Washington. But these are the experiences that make me most grateful and humbled to serve as a representative for Maine.
ACROSS
1. Singer ___ Jones
6. Super Bowl tradition
11. Jobs, c.g. (abbr.)
14. What Jews do before Yom Kippur
15. Ed’s relationship to Peyton
16. Edwards or Eglin (abbr.)
17. Instrument popularized by father of 1 Across
18. Home of College World Series
20. Originally known as “Fairy Floss”
22. Agnus or Opus ___
23. Enzyme suffix
24. Slim Pickens’ employer in “Dr. Strangelove” (abbr.)
25. Kind of cousin
27. 2010 Bruce Willis movie
28. Every girl in Zaragoza
30. European beginning
31. St.
33. 1977 Nicolas Cage movie
35. Largest one is in Singapore
37. Manifest
39. Scroches
40. Sediment
41. Battle won by Frederick the Great
42. Michigan Indian tribe
45. Italian city
48. Equis
50. Member of lilac family
51. E.g., PG (abbr.)
52. John Barth story, “Lost in ___”
55. Asian beginning
56. Gas more prevalent in atmosphere than CO2
57. Shalc hands
58. Daisy
59. Steve Madden sandal model
60. Cold
61. Corrida cry
62. Third largest Afghan city
63. ____ one (long odds)

DOWN
1. Jimmie Johnson rules here
2. Indolent
3. Decayed
5. Italians
6. G.H.W. Bush birthstone
7. Capital city of 9 million
8. Triumph
9. Islam’s Redeemer
10. Manipulates
11. NFLer or NLer
12. Title of respect in Turkey
13. One who owes
21. Innate quality
26. Tangent’s cousins
29. Barry Gibb’s music
31. Strategy board game
32. Star path
33. Ferryman of Hades
34. “Love Reign ____ Me” (The Who)
35. Intricate metalwork
36. Chronic torture
37. Umost in Napoli
38. Like, real
41. Author of “If I Had a Hammer”
42. Tolkien’s villain
43. Often murmured
44. Iconic snack
46. Secret
47. Wise men or pigs
49. Blaxploitation classic (1971)
53. Public meeting places
54. Shrek

June is named for Juno, wife of Jupiter and Roman goddess of weddings, events for which Peaks Island seems a favorite destination (marriage on the rocks!), June is the month of the summer solstice when, on the 21st, the sun reaches its northernmost point on the globe. At that point the sun is directly over the Tropic of Cancer, which runs through Mexico, south of the Florida Keys, across the Atlantic through North Africa, Saudi Arabia, India, South China and back across the Pacific just north of Hawaii, America's southernmost state. Earth's 23.5° tilt now leans toward the sun, bathing the Northern Hemisphere in sunlight for 15.5 hours each day, warming the water, land and air.

This month features both solar and lunar eclipses, but not in our country. We have to satisfy ourselves here with more subtle celestial phenomena such as the slender crescent moons near the horizons at dawn and dusk, sprinkled over with colorful planets wandering the night skies among the sparkling gems of summer stars. For close-ups of the moon like humans have never seen before, go to your computer and enter http://lroc.asu.edu/lroc_browse/view/wac­nearside. The Lunar Reconnaissance Orbiting Camera has compiled incredibly detailed photos of the lunar surface, patiently waiting until the light is just the right angle for best contrast, and Arizona State University has put them into an accessible format—but fair warning: I found it mildly addictive.

**PIANETS**

Mercury is small, dense, airless, moonless and closest to the sun, so it flies around quickly, appearing first on one side of the sun (visible at dawn the first two weeks of the month) and then the other side (visible at dusk the last two weeks of the month). Next out is Venus, Earth-sized, moonless, rock-covered, without surface liquids, enveloped in hot, thick, poisonous gas. Venus' hours brighten on the horizon at dawn this month.

Earth is next in line, circling comfortably in our solar system's "Goldilocks Zone," neither too close nor too distant from the sun, plenty of water, a protective atmosphere and strong gravitational field allowing loads of life to develop and evolve into myriad forms. Next out is Mars, smaller, lighter and colder than Earth, its dry-ice and rock surface covered with red dust, and CO₂ air swirling into giant dust devils, two small rock-moons circling close by. Mars is a morning star above Venus, rising higher each day. Outside Mars' orbit is the main asteroid belt, remnants of a cataclysmic collision of heavenly bodies.

Now mighty Jupiter hovers into view, its massive girth striped yellow and brown, with small curls that are really giant storms, circled by innumerable moons, some large, some small, most going counterclockwise, some going clockwise. Jupiter is also a morning star this month and is well above the southeastern horizon when the sun rises. Next out is Saturn, with its subtle striping, its elegant, sophisticated multi-ring/moon system, and its big tantalizing moon Titan, so Earth-like in appearance with clouds, rain, mountains, valleys, rivers and oceans, but so unearthly in its cold, barren, ice-rock, methane-rich reality. Saturn is well up in the south at sunset and is perfect for viewing with a telescope this month, especially with double-star Pollux in Virgo lurking in the background nearby.

Further out are Uranus and Neptune, blue and green gas giants, still findable in telescopes with charts. We end within the minor planets, including Phaëton with its relatively large companion moon Charon, Way beyond them is the Oort Cloud of comet nuclei, and then the vastness of empty space. Best to push the taller hard and head back home.

**STARS**

It's dark, but we can use the stars to steer by. Looking straight up, that red giant star overhead is Antares in kite-shaped Scorpio. We know the handle of the Big Dipper "area to Antares," so now we have that asterism well in hand. We'll use the front edge of the dipper to point us right to the North Star. That's directly north, so now we can determine which ways are south, east and west. Regular, being a winter-spring star in Leo, is just setting in the west. Antares, the red giant in Scorpio is low in the southeasterly sky. Looking eastward, we see blue-white Vega up high in Lyra. Altair in Aquila is below that and is directly east. Deneb in Cygnus is north-east. East of that constellation Cassiopeia, the big W on the horizon, and heads of Castor and Pollux just setting in the northeast. We have our bearings, but we'll "never land," unless we take the "second star on the right, and straight on till morning."

**ALMANAC**

June 1 - New moon means dark skies, perfect for star-gazing.

June 4 - This weekend around 9 p.m., look westward and watch the crescent moon set over the mainland. This weekend provides decent mid-afternoon tides for boat-launching.

June 6 - This week after sunset, check out Saturn as it nearly conjures with double-star Pollux.

June 8 - First-quarter moon is high at sunset, marking the start of the best week of moon-viewing this month.

June 12 - The moon at its perigee, its closest to Earth this cycle, increasing the tidal swings between high and low over the next few days.

June 15 - Full "Strawberry" moon rises at 8:29 p.m. tonight.

June 18 - This weekend's best for boat-launching, with a 9.5' high tide at 1:54 p.m. Saturday and 2:43 p.m. Sunday.

June 21 - "Summer solstice," first day of summer. Sun rises at 4:57 a.m. and sets at 8:27 p.m.

June 23 - Last-quarter moon is high at sunset.

June 28 - This morning before dawn, the crescent moon points to the Pleiades star-cluster above.

June 29 - The waning crescent moon hangs between Mars (above right) and Venus (below left).

June 30 - A super-thin crescent moon hides below Venus on the eastern horizon this morning, but bring your binoculars and set the alarm for 4 a.m. Tonight at 9:15 p.m. on the western horizon, Mercury lines up with Pollux and Castor, the "head" stars in Gemini.

---

**Star Gazing**

*BY MIKE RICHARDS*

June 2011 Sky

June is named for Juno, wife of Jupiter and Roman goddess of weddings, events for which Peaks Island seems a favorite destination (marriage on the rocks!), June is the month of the summer solstice when, on the 21st, the sun reaches its northernmost point on the globe. At that point the sun is directly over the Tropic of Cancer, which runs through Mexico, south of the Florida Keys, across the Atlantic through North Africa, Saudi Arabia, India, South China and back across the Pacific just north of Hawaii, America's southernmost state. Earth's 23.5° tilt now leans toward the sun, bathing the Northern Hemisphere in sunlight for 15.5 hours each day, warming the water, land and air.

This month features both solar and lunar eclipses, but not in our country. We have to satisfy ourselves here with more subtle celestial phenomena such as the slender crescent moons near the horizons at dawn and dusk, sprinkled over with colorful planets wandering the night skies among the sparkling gems of summer stars. For close-ups of the moon like humans have never seen before, go to your computer and enter http://lroc.asu.edu/lroc_browse/view/wac­nearside. The Lunar Reconnaissance Orbiting Camera has compiled incredibly detailed photos of the lunar surface, patiently waiting until the light is just the right angle for best contrast, and Arizona State University has put them into an accessible format—but fair warning: I found it mildly addictive.

**PIANETS**

Mercury is small, dense, airless, moonless and closest to the sun, so it flies around quickly, appearing first on one side of the sun (visible at dawn the first two weeks of the month) and then the other side (visible at dusk the last two weeks of the month). Next out is Venus, Earth-sized, moonless, rock-covered, without surface liquids, enveloped in hot, thick, poisonous gas. Venus' hours brighten on the horizon at dawn this month.

Earth is next in line, circling comfortably in our solar system's "Goldilocks Zone," neither too close nor too distant from the sun, plenty of water, a protective atmosphere and strong gravitational field allowing loads of life to develop and evolve into myriad forms. Next out is Mars, smaller, lighter and colder than Earth, its dry-ice and rock surface covered with red dust, and CO₂ air swirling into giant dust devils, two small rock-moons circling close by. Mars is a morning star above Venus, rising higher each day. Outside Mars' orbit is the main asteroid belt, remnants of a cataclysmic collision of heavenly bodies.

Now mighty Jupiter hovers into view, its massive girth striped yellow and brown, with small curls that are really giant storms, circled by innumerable moons, some large, some small, most going counterclockwise, some going clockwise. Jupiter is also a morning star this month and is well above the southeastern horizon when the sun rises. Next out is Saturn, with its subtle striping, its elegant, sophisticated multi-ring/moon system, and its big tantalizing moon Titan, so Earth-like in appearance with clouds, rain, mountains, valleys, rivers and oceans, but so unearthly in its cold, barren, ice-rock, methane-rich reality. Saturn is well up in the south at sunset and is perfect for viewing with a telescope this month, especially with double-star Pollux in Virgo lurking in the background nearby.

Further out are Uranus and Neptune, blue and green gas giants, still findable in telescopes with charts. We end within the minor planets, including Phaëton with its relatively large companion moon Charon, Way beyond them is the Oort Cloud of comet nuclei, and then the vastness of empty space. Best to push the taller hard and head back home.

**STARS**

It's dark, but we can use the stars to steer by. Looking straight up, that red giant star overhead is Antares in kite-shaped Scorpio. We know the handle of the Big Dipper "area to Antares," so now we have that asterism well in hand. We'll use the front edge of the dipper to point us right to the North Star. That's directly north, so now we can determine which ways are south, east and west. Regular, being a winter-spring star in Leo, is just setting in the west. Antares, the red giant in Scorpio is low in the southeasterly sky. Looking eastward, we see blue-white Vega up high in Lyra. Altair in Aquila is below that and is directly east. Deneb in Cygnus is north-east. East of that constellation Cassiopeia, the big W on the horizon, and heads of Castor and Pollux just setting in the northeast. We have our bearings, but we'll "never land," unless we take the "second star on the right, and straight on till morning."

**ALMANAC**

June 1 - New moon means dark skies, perfect for star-gazing.

June 4 - This weekend around 9 p.m., look westward and watch the crescent moon set over the mainland. This weekend provides decent mid-afternoon tides for boat-launching.

June 6 - This week after sunset, check out Saturn as it nearly conjures with double-star Pollux.

June 8 - First-quarter moon is high at sunset, marking the start of the best week of moon-viewing this month.

June 12 - The moon at its perigee, its closest to Earth this cycle, increasing the tidal swings between high and low over the next few days.

June 15 - Full "Strawberry" moon rises at 8:29 p.m. tonight.

June 18 - This weekend's best for boat-launching, with a 9.5' high tide at 1:54 p.m. Saturday and 2:43 p.m. Sunday.

June 21 - "Summer solstice," first day of summer. Sun rises at 4:57 a.m. and sets at 8:27 p.m.

June 23 - Last-quarter moon is high at sunset.

June 28 - This morning before dawn, the crescent moon points to the Pleiades star-cluster above.

June 29 - The waning crescent moon hangs between Mars (above right) and Venus (below left).

June 30 - A super-thin crescent moon hides below Venus on the eastern horizon this morning, but bring your binoculars and set the alarm for 4 a.m. Tonight at 9:15 p.m. on the western horizon, Mercury lines up with Pollux and Castor, the "head" stars in Gemini.
Now in its second year, J-Club is the journalism club of students in grades one through five at the red brick schoolhouse, Peaks Island Elementary School, established in 1832. Members: Madison Alves, Nick Boyle, Audrey Byrne, Jamison Childs, Griffin Cooley, Calder Davis, Maisy Davis, Diane Davis, Gabbi Damas, Dudley Holdridge, Ela Holdridge, Eleanor Johnson, Isabella Levine, Eliza Members, Anna Mitchell, Eddie Sylvester, Isabelle Sylvester, East Underwood, Phineas Underwood, Klaire Marie Wilson, Maise Whalen. Advisors: Diane Eacret, Editor; Lisa Penalver, Art Director; Sandra Lucas. Contact: peaksjclub@gmail.com.

On Friday the 13th of May, two teachers and five kids jammed into a car on their way to Orono. Some people think of Friday the 13th as a day of bad luck, but this group from Peaks Island was not scared. They were on a science mission and science is more powerful than superstition.

The kids - Madison Alves, Jonah Green, Truman Steinberg, Devon Daligan and Eleanor Johnson - were chosen by their teachers to represent their school at a special event at the University of Maine. The event was the finale of a program called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

Each tank was an island system. The land in the tanks was clay and we made a clay mountain. We used toy animals and toy figures. We put thermometers in the two tanks and wrote down the temperatures. We used clump lamps for the sun. We put tin foil over one of the ranks, called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

About 70 to 80 students and teachers came together at the University of Maine to share their scientific findings. The kids from Peaks brought a display with pictures of the tank experiment. "When we first got there, Mrs. Cott and Mrs. Dilger led us to the wrong building," Madison reported. Then Mrs. Cott asked someone where the STORMS event was. The person answered that if they were serving food, she could tell them the place. Luckily, they were.

Captured by Maureen Cott.

The Eighth Maine Regiment Memorial
13 Eighth Maine Ave.
Peaks Island, ME 04108
(207) 766-2086
www.8thmaine.org
A Living History Museum & Lodge

Casco Bay Explorers
Give Your Kids Charge of the Bay this Summer
Week-long outdoor adventure camps on Peaks Island.
Team Sail a Schooner
Explore Island Habitats
Discover Tankers, Tugs and Barages
Cook Like an Islander
Host Your Survivor Skills
Experience Lobstering and Oystering
Unearth Your Inner Artist
Time Travel - Forts to Ferris Wheels

The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

On Friday the 13th of May, two teachers and five kids jammed into a car on their way to Orono. Some people think of Friday the 13th as a day of bad luck, but this group from Peaks Island was not scared. They were on a science mission and science is more powerful than superstition.

The kids - Madison Alves, Jonah Green, Truman Steinberg, Devon Daligan and Eleanor Johnson - were chosen by their teachers to represent their school at a special event at the University of Maine. The event was the finale of a program called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

Each tank was an island system. The land in the tanks was clay and we made a clay mountain. We used toy animals and toy figures. We put thermometers in the two tanks and wrote down the temperatures. We used clump lamps for the sun. We put tin foil over one of the ranks, called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

Each tank was an island system. The land in the tanks was clay and we made a clay mountain. We used toy animals and toy figures. We put thermometers in the two tanks and wrote down the temperatures. We used clump lamps for the sun. We put tin foil over one of the ranks, called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

About 70 to 80 students and teachers came together at the University of Maine to share their scientific findings. The kids from Peaks brought a display with pictures of the tank experiment. "When we first got there, Mrs. Cott and Mrs. Dilger led us to the wrong building," Madison reported. Then Mrs. Cott asked someone where the STORMS event was. The person answered that if they were serving food, she could tell them the place. Luckily, they were.

Captured by Maureen Cott.

The Eighth Maine Regiment Memorial
13 Eighth Maine Ave.
Peaks Island, ME 04108
(207) 766-2086
www.8thmaine.org
A Living History Museum & Lodge

Casco Bay Explorers
Give Your Kids Charge of the Bay this Summer
Week-long outdoor adventure camps on Peaks Island.
Team Sail a Schooner
Explore Island Habitats
Discover Tankers, Tugs and Barages
Cook Like an Islander
Host Your Survivor Skills
Experience Lobstering and Oystering
Unearth Your Inner Artist
Time Travel - Forts to Ferris Wheels

The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

On Friday the 13th of May, two teachers and five kids jammed into a car on their way to Orono. Some people think of Friday the 13th as a day of bad luck, but this group from Peaks Island was not scared. They were on a science mission and science is more powerful than superstition.

The kids - Madison Alves, Jonah Green, Truman Steinberg, Devon Daligan and Eleanor Johnson - were chosen by their teachers to represent their school at a special event at the University of Maine. The event was the finale of a program called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

Each tank was an island system. The land in the tanks was clay and we made a clay mountain. We used toy animals and toy figures. We put thermometers in the two tanks and wrote down the temperatures. We used clump lamps for the sun. We put tin foil over one of the ranks, called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

Each tank was an island system. The land in the tanks was clay and we made a clay mountain. We used toy animals and toy figures. We put thermometers in the two tanks and wrote down the temperatures. We used clump lamps for the sun. We put tin foil over one of the ranks, called STORMS. STORMS is an acronym, a word made of initials. It stands for Students and Teachers Observing and Recording Meteorological Systems.

For months, Peaks kids in grades 1, 2 and 3 had tracked weather data. We measured temperature and barometric pressure. We used a rain gauge and a snowboard to tell how much rain and snow fell. We also did a weird science project. The project involved sacrificing the kids' toys in two tanks. Tom Bergh helped us.

About 70 to 80 students and teachers came together at the University of Maine to share their scientific findings. The kids from Peaks brought a display with pictures of the tank experiment. "When we first got there, Mrs. Cott and Mrs. Dilger led us to the wrong building," Madison reported. Then Mrs. Cott asked someone where the STORMS event was. The person answered that if they were serving food, she could tell them the place. Luckily, they were.

Captured by Maureen Cott.
Let the sun shine in!

Shutters in place since the 1970s have been stripped from two classrooms built in 1869. New windows, faithful to architect John Calvin Stevens' design, will be installed this month.

Newell Leaves Post After Quarter Century

June 3 Retirement Party for Head Custodian
BY ANNA MITCHELL & DIANNE DERVIS, GRADE 5

After 25 years of service to the children of Peaks Island School, Head Custodian Kathy Newell is retiring. Join us for a potluck dinner in her honor at 6 p.m. Friday, June 3, on the school grounds.

Ms. Newell

Smiles
Laughs
Hellos

She walks down the stairs
and smiles as she passes

Smiles
Laughs
Hellos

She turns on her heel
and laughs at the mess before her

Smiles
Laughs
Hellos

She greets us every morning with a warm, welcoming hello... But now it's time to say goodbye.

Smiles
Laughs
Hellos

We will miss her sweet smile,
her lovely laugh and her
warm, welcoming hellos

Smiles
Laughs
Hellos

Peaks Island Fiber Arts Camp
Summer 2011
June 27 - July 1
Wizard Camp
July 18-22
Medieval Camp
August 1-5
Creating Artwear
August 9-13
French Camp
Contact Susan Hanley at 332-2443, or susan@peaksislandfiberartscamp.com
www.peaksislandfiberartscamp.com

sterling street studios

summer camps, ages 7-14, M-F, 8:30-2:30
June 27-July 1 Woodworking
July 11-15 Sculpture
July 18-22 Fiber Arts
August 1-5 Drawing & Painting
studio classes for teenagers
July 26-29 & August 8-11, 12:30-3:30
workshop - Working with Plant Dyes, Silk & Wool, for all ages! July 7 & 8
For more info please contact Laura Glendening
207-756-5705, sterlingstreetstudios@yahoo.com or visit www.islandadventurecamp.org
How Hungry Are Ya?

More Island Scavenging with Tom Bergh

By Kevin Attea

In the April 2011 issue we began this series on scavenging around the islands for free eats with a chat with Peaks resident Tom Bergh. This month we go out on walkabout with him. Tom is concordant to the point he often says what he wants in a few words and then goes on to something else before you know it. Try to keep up!

In our own yard Tom peeked out dandelion greens, rhubarb, galde, a spicy ground cover-looking plant that tasted like watercress and was plentiful, a big patch of maybe confrey, and a delicious little unidentified green.

Delicious little unidentified green with large leaves and convery fea on leaves.

"The macrobiotics used to say every spring it’s real important to eat the dandelions," said Tom. "You know, like really good to clean your system — it’s one of those knowledge — you know, we’ve been stagnant all winter and not moving, and it really cleanses. You can just eat it like rhubarb (pick & eat). On a lot of people blanch for like a minute — none of this stuff you’d want to cook for long just one minute sometimes helps you digest it better."

"What is this little plant here?"

"I don’t know. It’s called."

"Delicious!

"And I don’t know what this is, but this is tasty. Here, try it."

"So it doesn’t matter that you don’t know what it is."

"I just mess around and try stuff. And then you go, ‘Oh, that’s interesting,’ and you look it up and find out what it is."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"You haven’t gotten sick doing this because you know enough of what your stomach can take."

"There’s certain things I know you don’t want to do. I don’t eat mushrooms. You know, there’s not that many things that’ll make you sick."

"If it’s true that you should never eat leaves that are decayed."

"I don’t much care for poison ivy."

"He pointed to a large area of fern plant and said it was too late for Eildhroots, but earlier in the spring you can harvest them, usually blanching them before eating."

"A nice big protein unit just staked by them."

Crown Tom, you eat maken?"

"I would. I have."

Klarrymole..."

Do you have to skin them?

"Oh yeah, you don’t eat ‘em live. I don’t. He alluded to the various religious sects of which he was not a part."

Do you eat worms?

"I mean, you sure could, right? Worms are made of protein. They are really good food. There’s no Special Forces that doesn’t right away talk about grasses, ‘cause you can find the grass in the water, too."

Special Forces in the military? Like, survival out in the wild?"

"Yeah, yeah. They’re shaped like half a moon. And they’ll sometimes be pretty big. You know, worth gathering. People eat the beetles, but you’d want to take the legs off, I would think. And they’re kind of crunchy. There’s no reason why you couldn’t eat those ants, though, why wouldn’t you? A lot of it is how much do you want to work, right?"

"Do you have to eat the grubs first to get the worm?"

"I don’t know; people don’t have that option if they’re on the ground level. You know, I’m not that happy about eating these things, but for sure there’s joints in them."

We looked around the yard under all sorts of logs, rocks, old pieces of plywood and plastic, finding a shine and a long-bell Tuftower top, but no grubs.

"We’re not seeing any green, but grubs is probably one of your key leads. You could eat those (for protein). And eggs of course, at this time of year. But you’re missing a lot of that. I think that birds are so glamorous — I mean, birds are so glamorous — I mean, that’s just a huge number."

"We’re not seeing any, but birds is probably one of your key leads. You could eat those (for protein). And eggs of course, at this time of year. But you’re missing a lot of that. I think that birds are so glamorous — I mean, birds are so glamorous — I mean, that’s just a huge number."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"They’re starting to go a past little bit, hush, and broke off a piece for me to try."

Tastes like pea, doesn’t it? I mean, the other stuff, we’re pushin’ it. But these taste good. Beach peas are a recognized major food source."

Tuppenvare top, but no grubs.

"Of looks like watercress. Does you know what this is, but this is sort of a taste of the spring food of the day in my opinion: beach peas."

Good, right? Beach peas are a recognized major food source."

A nice blue protein unit just you break off this part and...

"And I don’t know what this is, but this is sort of a taste of the spring food of the day in my opinion: beach peas."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"They’re starting to go a past little bit, hush, and broke off a piece for me to try."

Tastes like pea, doesn’t it? I mean, the other stuff, we’re pushin’ it. But these taste good. Beach peas are a recognized major food source."

Tuppenvare top, but no grubs.

"Oh that’s interesting, and you look it up and find out what it is, ‘cause it tastes good, and you find out it’s edible."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"They’re starting to go a past little bit, hush, and broke off a piece for me to try."

Tastes like pea, doesn’t it? I mean, the other stuff, we’re pushin’ it. But these taste good. Beach peas are a recognized major food source."

A nice blue protein unit just you break off this part and..."

Where The Beach Peas Are."

"They’re growing all over, right?"

"It started kind of the way lavender smells. Some quite small, though it grew on me, and I helped myself to more. It looked very much like carrion greens."

"I’m not sure what this is, but maybe in a minute."

"We’re not seeing any green, but grubs is probably one of your key leads. You could eat those (for protein). And eggs of course, at this time of year. But you’re missing a lot of that. I think that birds are so glamorous — I mean, birds are so glamorous — I mean, that’s just a huge number."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"They’re starting to go a past little bit, hush, and broke off a piece for me to try."

Tastes like pea, doesn’t it? I mean, the other stuff, we’re pushin’ it. But these taste good. Beach peas are a recognized major food source."

A nice blue protein unit just you break off this part and..."

Where The Beach Peas Are."

"They’re growing all over, right?"

"It started kind of the way lavender smells. Some quite small, though it grew on me, and I helped myself to more. It looked very much like carrion greens."

"I’m not sure what this is, but maybe in a minute."

"We’re not seeing any green, but grubs is probably one of your key leads. You could eat those (for protein). And eggs of course, at this time of year. But you’re missing a lot of that. I think that birds are so glamorous — I mean, birds are so glamorous — I mean, that’s just a huge number."

"I don’t have any great huge knowledge, but you know some basic shapes. See, I don’t know what this is, but it looks like watercress. [He leaves plant] Now I think that’s totally for the salad, right?"

"They’re starting to go a past little bit, hush, and broke off a piece for me to try."

Tastes like pea, doesn’t it? I mean, the other stuff, we’re pushin’ it. But these taste good. Beach peas are a recognized major food source."

A nice blue protein unit just you break off this part and..."
continued from previous page

"May we can go up to the other pond and I can show you all the frog eggs and all those little things."

We headed to another pond, one that his dogs Tip and Gus hadn’t splashed around in yet. On our way there, our photographer wondered aloud about eating all these plants, commenting that by eating them, maybe he was eating all his diseases, or maybe acquiring new ones. Tom answered that at any rate we were getting our does of heavy metals.

"Unfortunately this is continued, of the heavy metals.

To explain why in yet. On our way there, our photographer maybe he was curious about all the diseases or wondered aloud about eating all these

We’ve been using this pond to find eggs for the school, so maybe we’ve destroyed it.

Two frogs leaped past us sideways. Can you eat the whole frog, do you know it?

"I would,"

"Just fry it up! Bake it like a chicken?

"I suppose you could just eat it. If it’s little, you could just eat it.

Finally with one scoop he came up with a jelly-like blob left in the strainer.

"This is a salamander. This is eggs at the bottom (pointing to several tiny black spots). It looks like they’re almost all gone out of it. But this is what they’re in. Looks like they’ve all hatched. So normally you would see a bunch of little eggs in there. I don’t know about the proteoplasms, but it’s good for you. They eat it. And the fish love it, Jeff.

"Have you really eaten this jelly—?

"Yeah, yeah. I kind of like it when it has the eggs in it. Sometimes the eggs are really thick. That’s what you’re looking for, either the salamander or the frog’s eggs.

Nearing the end of our walkabout, Tom encouraged us to go on home today and make ourselves a salad. Not with plants from our apparently quite contaminated island, I countered.

"Well I don’t know, out on those rocks back there, that’s the sea, that’s not so bad, those three things there that were really good (peach, peaches, dandelions, carrots—looking greens). You got a little a little rhubarb and you got some garlic."

On our way home Tom reflected, "The only time I’ve been really in a bad way is I’ve been in the cities—unless you’re in the arctic or something, the arctic or the Antarctic.”

He mentioned some foods we hadn’t come across that would also be good nourishment like snails, known in fine restaurants as escargot. Pasting a bamboo plant reminded him how his kids often pull that out and chew on the ends. It seems that his daughter Lily in particular has developed her own habits of collecting food while out on walks.

"By the time we get to the other side of the island she’s got pockets full of food. Just sort of self-caught.

As we parted ways Tom told us of a baby mouse he had recently rescued from the jaws of his cat. It’s living in his study in a box. "It’s like, all right, well, we may as well have it around and watch it for a while, then we’ll put it back out.

"Edible for sure, right? Little baby mouse? I mean, you know, how hungry are ya?"

Conor Garvey

Three of my favorite local musicians returning to Peaks to perform for us

Host, Phil Daligan can be contacted at pdaligan@maine.rr.com 207 712 6718

What makes it great? What makes it worth it for you?

Why do you live on an island? What makes it so special for you?

Ellen Mahoney
207-776-6237

Long Time Island Residents & Realtors Representing Buyers & Sellers

Ronda is calling for your input: Why do you live on an island? What makes it hard? What makes it great? What makes it worth it for you?

rondadale@islandtimes.org
or write to: Island Times - Input 120 Brackett Ave Peaks Island, ME 04108

Pls include which island you live on, how long you’ve lived there, if you have kids, where you lived before, & a way to get in touch with you by phone or email.

Songwriters by the Sea
The Best in Traditional and Contemporary Folk

5th Maine Museum Seashore Ave. Peaks Island Thursday June 16th. 7:30-10:00pm
$10

CONNOR GARVEY

Vanessa Torres
Putnam Smith

Connor Garvey.wordpress.com
vanessatorresmusic.com

Pumansmith.com

$225,000
$250,000
$585,000
$395,000
$272,500
$495,000
$595,000
$322,500
$409,000
$295,000

$60,000
$10,000
$25,000
$200,000
$20,000

3rd Maine Museum

36 Island Ave
Peaks Island, ME 04108
207-776-5576

www.timnihoff.com

Ellen Mahoney
207-776-6237

Ronda Mahoney
207-776-3450

www.harborviewproperties.com

45 India St Portland, ME 04101

5th Maine Museum
Seashore Ave. Peaks Island
Thursday June 16th. 7:30-10:00pm
$10
From the FIFTH MAINE

Why Peaks?

BY KIM MACISAAC
FIFTH MAINE MUSEUM CURATOR

The first Europeans to visit Casco Bay in the early 1600s called our island Pond Island, no doubt because they found numerous freshwater ponds from which to draw drinking water. Over the ensuing years it was known as Palmer’s, Munjoy’s, Mansfield’s, Waite’s and Brackett’s — depending upon who claimed to own the island. (As heirs of Portland founder, George Cleeve, the Brackett family was the legal owner.)

So why and how did the name become Peaks? There are several theories, none of which have been proven true. The late Frederick Trott said that a very old deed to his property clearly spelled it Peaks Island. In an undated newspaper interview he stated, “It seems that in the early days of the island, much smuggling was carried on here by foreign traders who pecked out from the various coves and hiding places that abound on the shores of the island. So they named it Peek Island.”

A second theory purports that the island was named after a British soldier named Joseph Peake who resided in Cape Elizabeth in 1744. There is no record of his ever having stepped foot on Peaks or having any connection with the island. Of course, he would have been able to see the island from Cape Elizabeth which, at that time, included what is now South Portland.

A third theory claims that, since the island rises to a “peak” at its center (the Tolman Heights area), early visitors to the area viewed the island as a landmark or navigational aid. Peaks was heavily forested in those days — one can surmise that it would have been difficult to see a “peak” from the sea.

The last theory that has come forth concerns a Boston businessman named Stephen Perkins. In the mid 1700s he claimed to own the island. This is unlikely. During that time period business debts were frequently paid with deeds to property, much like paying your poker losses by handing over the ranch to the winner in the old West. There were many bogus deeds changing hands.

Even official maps and documents published by the government and other agencies can’t agree on the correct name — Peak, Peaks, or Peak’s. For years the post office cancelled its mail as Peak; state highway maps and the Maine publicity bureau also spelled it Peak. The telephone company and the Coast Guard spelled it Peaks. The Maine State Guide spelled it Peak’s.

What is certain is that the Feb. 5, 1762 deed signed by Joshua Brackett (the one Frederick Trott referred to) conveys title to Brackett’s land on Peaks Island to Benjamin Trott. Benjamin had married Joshua’s cousin, Thankful, the year before. The couple built their home in the vicinity of the current parking lot and are considered the first permanent residents of Peaks Island.

So the answer to “Why Peaks?” remains a mystery that will probably never be solved.
In his opening remarks for the Memorial Day commemoration at the Forest City landing, Commander Barry Harris of the American Legion Post 142 on Peaks Island said, "It is easy to be distracted from the fact that this is indeed a day of mourning for those who have fallen in defense of our country."

Color guards of the U.S. Coast Guard and American Legion, and the Mahoney Middle School marching band were featured in the ceremony.

Peaks Island veterans remembered:
- John A. Allen
- Richard Arseneault
- Dorothy Berryman
- Frederick Boyce
- Frank Boyce
- Richard Boyce
- Robert Boyce
- William E. Britton
- James Brown
- Joseph Cady

Betty Carleton
Mildred Casey
Francis P. Collins
Joseph P. Costello
Richard Eagan
Patricia Elwell
Harry W. Files
Stanley Foster
Jack Fuller
Richard Gooder
William Goodman
William Goodman
Daniel Hascott
John Horton
Harry Hults
Thomas H. James
Charles Kane
James Kane
William Kane
Pauline Libby
Carl Lincoln
Albert J. McCann
Arthur MacVane
Douglas MacVane
James MacVane
Leslie MacVane
Donald Randal
Bernard F. Mertell
Carroll Mountfort
James O'Brien
Joseph Page
Donald Perry
Hardy Perry
William Perryman
Ralph Pettinigill
George Clifford Randall
Margaret Randall
Walter T. Randall
Alma Rice
Wade P. Rockafellow
Alanson St. Blanchard
Walter Sinton, Sr.
Osmond Shaw
John W. Shute
George Smith
Seamus Sullivan
Rino Tardiff
Chris Tuttle
Richard Watson
Robert Wilwerth

**Experience the Spirit of Peaks**

**Golf Cart Tours**

Enjoy the salt air and one-on-one intimacy of a private tour around historic Peaks Island!

Tours depart from Forest City Landing throughout the summer and fall.

Adult $15: Child $8
For Reservations Call:
Island Tours + 766-5514; 653-2549
Pianist Jan Thomas (left) explains some of the selections in the program for a recital by her students at the Brackett Church Sunday, May 22, while Rowan Daligan waits.

Spring Concert packs the house

Fran Houston takes her Love of Peaks on the road

Maine has been a great source of inspiration for writers. In her essay Place in Fiction, Eudora Welty wrote, “Location is the crossroads of circumstances, the proving ground of ‘What happened? Who’s here? Who’s coming?’ and that is the heart’s field.”

On Friday, June 24 Fran Houston and three other Maine authors will explain how this applies to their work in a roundtable discussion at the Cary Memorial Library in Wayne.

Fran Houston’s life on Peak’s Island inspired her book of photographs and oral history, For the Love of Peaks, which she has serialized in the Island Times over the past three years.

Houston was born in New Jersey, but left when she was 17 to travel across the country and to Europe. She later earned a degree in Electrical Engineering and practiced controls design for 10 years.

While dealing with a chronic illness, she happened upon Maine and fell in love with it. She moved to Peaks Island in 2003. “For the Love of Peaks is my way of giving back to a community that has healed me,” she writes.

Other speakers include Carol Willette Bachofner, who has written two volumes of poetry: Breakfast at the Beach Compass: Poems of Midcoast Maine and I Write in the Greenhouse.

Award-winning journalist Kevin C. Mills of the Lewiston Sun Journal who’s book Tales from the Tent chronicles his misadventures in his sports journalism career with some of New England’s top newspapers.

Eleanor Motley Richardson who traveled around in a rowboat gathering stories from 90 families for North Haven homestead.

The roundtable discussion will be moderated by author Betsy Connor Bowen who’s debut novel, Spring Bear, won a 2009 Maine Literary Award.

Wayne’s Cary Memorial Library is located on 17 Old Winthrop Rd, just off Rt. 133 in downtown Wayne. Extra parking is available across the street at the Wayne Community Church. For more information call 685-3612.

Fran Houston will be featured in a radio program on July 27. For the Love of Peaks will be available at Borders Books at the Maine Mall on July 16.
A day in the life of Little League baseball
Peaks Island vs. Portland in a AA ball game Saturday, May 28

PHOTOMONTAGE BY KEVIN ATRA

The cold and mist had no effect on anyone during the game between Peaks Island’s AA team, sponsored by Lauster Gardens, and Portland’s VFW-sponsored team. The first, second and third-graders in the AA league strictly play for fun — no team wins or loses no matter what the score.

The island’s Tee Ball league, for the 5- and 6-year-olds, is sponsored by Port Island Realty. Both leagues wrap up the season on June 11.

Peaks Island Fuel sponsors the island’s AAA team who, we hear, play some real baseball. Their season includes playoffs, which end June 23.

LEFT: Jonathan Bergh, who plays on Peaks’ AAA team, works the scoreboard during the AA game.

ABOVE: The coach’s son, James Semon, connects.

ABOVE: The coach’s son, James Semon, connects.

ABOVE: Patrick Green is tagged out at third base. RIGHT: He scores later on an RBI, shown here as he rounds third (in foreground). In back, Portland’s first baseman is calling for the ball.

ABOVE: Eleanor Thompson Johnson stops a base runner.

BELOW: Spectator Silas Waldewicz appears to be practicing magic.

ABOVE: Ho Holdridge reaches for a fly ball during warmups.

LEFT: Madison Alves scored with this run to home on an RBI.
Inside the Gem Gallery

June 10, 6:30pm to 9:30pm, Friday night. Pizza, ping pong fun & a movie. Open to all to 6th grade. Contact Celeste at 766-5857.

June 13, 7pm. Jazz Workshop. Sponsored by the Peaks Island Music Association/Adوات Arts. June 3, 6, 13 to 11:00 pm. Open to all ages. $1000 donation to the Peaks Island Music Association/Adوات Arts. Contact Celeste at 766-5857.

St. Christopher's Church Sunday Mass at 10:15am. Followed by brunch with Salmon. Religious Education (RE) Registration now open. Children meet at Mass with special lessons during the summer and twice a month for adults. Parishioners can get a Spring Registration Calendar for details (next page). The Fifth Maine is a non-profit museum and cultural resource center. Open Tuesday through Saturday, 10 am to 5 pm.

Food for Families

Tuesday, June 21 and Friday, June 24, from 8am to 10am. Contact, St. Christopher's Church, 776-5066.

Parks and Recreation

June 21. Peaks Fest. The winning entry will be featured on the front page of the Island Times. Just two weeks left to join in the fun! Submit your entry by Sunday, June 18. And why celebrate? They clean the aisles we browse every day, keep our streets safe, and maintain our beautiful island lush and welcoming. Deliver your entry to Judith Boucher, 10th Annual Peaks Fest, 766-5060 or email it to judithbo@ pixelsnet.com. Sponsored by the Peaks Environmental Action Team.

Ripple Effect

The Chebeague Recreation Center's Teen Center is looking for Peaks Island teens to join them on a two-night Ripple Effect trip to late June. Please email Celeste Gregory@cebecohub.org or call 761-7175 if you are interested.

Peaks Island Fund

The deadline to submit a grant application for funds is Sunday, July 10. Projects that focus on efforts to bring Peaks Island residents closer together, and emerging needs of the island and its residents are encouraged. Applications are available on line at www.malice.org /peaksfund or for more information contact Sharoan at 766-5066 or email info@malice.org. Contact Patsy Cline-Clem of the Maine Community Foundation at pat@clemsonmaine.org or by phone 701-7440, or contact one of the fund’s advisors: Brad Burkholder, Stephanie Caste, Nancy Ply, Mark Green, Bob Hagen, Kathleen Hurley, Reta Merrill, Aaron Selst, Tom Sanders, Matthew Stop, Peter Street, Lyn Sutherland, Mary Terry, Lois Teeney, Mary Toole, Hill T. Carroll - Chair.
COMMUNITY EVENTS CALENDAR

Thursday, June 2
LUNCH AT THE INN WITH "STONWORK" SENIORS Lunch at the Inn on Peaks Island at 12:45 pm. Enjoy a great lunch while making new friends. An old fashion sing along will follow. Pre-registration required. Meal details, as listed on the sign-up sheet on Islander board facing entrance to community building. Sponsored by Portland Recreation (786-1970 or dave@portlandmaine.gov).

Friday, June 3
RETIREMENT PARTY For Head Custodian Kathy Newell, celebrating 25 years in service at Peaks Island School, with a potluck dinner in her honor at 6 pm on the school grounds.

Monday, June 6
HEAVY ITEM PICK-UP ON CLIFF ISLAND Bulk items: extra, maximum cubic yard, NOT ACCEPTABLE: anything in bags or capable of hanging, clothing, paper, cardboard, ladders or hazardous materials.

FIRST SUNDAY NIGHT FOR PRESCHOOLERS (Peaks Island Community Room) Drop us in between 11:00 am and noon as we have our own parade complete with flags, hats, fans and more!! No Preschooler promotion on Monday, July 4.

Friday, June 17
PEAKSFEST Opening ceremonies with a scavenger hunt at the URLA followed by BINGO. Festivities continue through Sunday, June 19. For more information contact David Coban at dlab@maine.gov. THE PARCEL OF ROUGHS, 8 pm at the Eight Maine. Scottish Music. Contra Dance & Concert, 17 adults, 4 children, 8th Maine reg. (977) 764-5066

Saturday, June 18
PEAKSFEST Features include children's games, island tours and special events. Continuing through tomorrow, June 19. For more information contact David Coban at dlab@maine.gov. The following are some of the events.

DOCKDAY 8:30-4:30 AM An invitation to artists, authors, craftpeople and non-profits to showcase, market, introduce and share themselves with the island community. For more information contact Justin, 223-9595 or peaksfestival@gmail.com.

PUPPET SHOW "Beauty in the Eye of the Beholder" or "The Transformation of a Witch" by Nicole D'Entremont and Puppeteers Daisy Braun and Eugene Monday at 10 am at the MacVane Center. Sponsored by the Peaks Island Library.

HULA HOOPING 1:00-2:30 pm at the dock. Tracy Tingley will bring her specially designed hoops for everyone to try (they will also be for sale). Event sponsored by Portland Recreation and Peaks Island Health Center (766-2070 or dl@portlandmaine.gov).

EXCELSIOR CORNET BAND performing 16 o'clock tunes on instruments that were in the period at 4 pm in the Peaks Island. $10 per person, $15 per family.

BEAN Supper at the Fifth Maine with two seating at 5:30 pm and 7:00 pm. Beans, bread and all the fixins. $6 Adults / $5 child under 10. Tickets 766-6554.

Sunday, June 19
PEAKSFEST Features include children's games, island tours and special events. Concludes today. For more information contact David Coban at dlab@maine.gov.

Monday, June 20
BINGO Fun (Peaks Island Community Room) 10-11am at 11:00 am. Have fun and win a variety of seasonal prizes (but who knows!). Sponsored by Portland Recreation (766-2970) or dlab@portlandmaine.gov.

Tuesday, June 21
PITA LOAF AND LADLE DINNER in the social hall of the Peaks Island Baptist Church. A feast based on recipes from the kitchen of Asa Fosler who is a terrific cook. She will be leading RTF through this culinary masterpiece of delicious entries and decadent desserts by Charles Harr. $6 per adult/ $5.00 for children.

Thursday, June 23
CHURCH SUPPER from 5 pm to 6:30 pm at the Brackett Memorial UMC. "Great Food Supper", make your own sandwiches, hot dogs, hamburgers, salads, breads & desserts. Free. All welcome.

SUNDAY, JUNE 26 (cont.) CYMBELINE UNDERGROUND in BATTERY STEELE, a theatrical performance by Acorn Production's NAKED SHakespeare Troupe directed by Michael Levine at 2:00 pm. $10 suggested donation (see Saturday, June 15 listing for details).

Monday, June 27
LAUGHER YOGA CLUB-OPEN TO ALL (Peaks Island. Community Room) Drop in any time between 11:00 am and 12:30 pm. Learn to laugh at nothing at all and feel great afterwords! Everyone invited — no previous experience necessary. Sponsored by Portland Recreation (786-2979 or dlab@portlandmaine.gov).

Wednesday, June 29
PORTLAND POLICE CHIEF JAMES CRAIG is scheduled to attend the PIC meeting scheduled for 6:30 pm at the MacLane Community Center to address citizen concerns.

Serving the Casco Bay island community
Join us
Subscribe today

SUBSCRIPTION FORM: To subscribe to the Island Times, please fill out this form and send with a check for $25 to Island Times, 12 Brackett Ave, Peaks Island, ME, 04080

NAME:
ADDRESS:
STATE:
ZIP CODE:
PHONE:
E-MAIL:
Ferry Convenient
Island-baked pizza, great food to travel, and only stops away from the terminal.

Island Times
June 2011

New Construction
John Kiely
Carpenter
Property Management
591 Island Avenue Peaks Island, ME 04108
(207) 766-2026
jkiely1@maine.rr.com

Peaks Island Taxi
207-518-0000
Delivering you, groceries and take-out---island tours available
9 a.m. to 9 p.m. or by app't. 7 days

Island Service Directory
The Eighth Maine Regiment Memorial
13 Eighth Maine Ave. Peaks Island, ME 04108
(207) 766-5086
www.8thmaine.org

Guided Tours Daily
Overnight Accommodations
Event Rentals
A Living History Museum & Lodge

Brian Holland
brhonda1@maine.rr.com

ROOM FOR RENT
PEAKS ISLAND
$100/NIGHT
Queen-size bed
Private bath
Reservations/FMI:
207-756-3450
brhonda1@maine.rr.com

Linda Dillingham
Licensed Massage Therapist
(207) 712-8860

Weidemann Carpentry, LLC
766-3030
Adam Weidemann

Exploring Sea Kayaking
Peaks Island, Casco Bay and Beyond!
KAYAK Sales, Instruction & Trips for all abilities
766-2573
www.mainelandkayak.com

Princess Nails
647 B Congress Street
Portland, Maine 04103
Phone (207) 773-7999
Appointments & Walk Ins
Gift Certificates Available

Tuesday thru Saturday
9:00 AM to 7:00 PM

Island Sole Work
941-961-8934 cell
peaksbeads@9mail.com
10 Island Avenue Peaks Island, ME 04108

Peg Astarita
www.pegspotstic.com

Peg's Pots, etc.
CERAMICS
Gifts Classics Parties
207-766-5997
asstarita@maine.rr.com
51 Woods Road, Peaks Island, ME 04108

Andrea Davis
941-961-8934 cell
peaksbeads@9mail.com
10 Island Avenue Peaks Island, ME 04108

Dawnemae Corps
598-3030
Dawnemae Haas

Ferry Convenietn
Island-baked pizza, great food to travel, and only stops away from the terminal.

PEAKS ISLAND TAXI
207-518-0000
Delivering you, groceries and take-out---island tours available
9 a.m. to 9 p.m. or by app't. 7 days

Visit www.islandtimes.org to see how
or call 830-3016