Peaks Island Child Development Center

NEWSLETTER

February/1979

Swimming

The weekly swimming program at the Y is well under way. The children and parents who have gone have had a really good time. We continue to need parent volunteers who can go on Wednesday mornings.

Nutrition Workshop

Katherine Musgrave was here on January 24th to give us an excellent workshop on nutrition and young children. She talked about how important are our adult attitudes and values about food in influencing our children, how important it is to have a varied diet and to keep trying new and different foods, while taking time for children to get acquainted with different foods and not expecting them to eat things the first time they see them.

Mrs. Musgrave gave us a copy of her book which is full of information about nutrition as well as involving children in cooking activities. Please feel free to borrow it if you are interested.

Movement Workshop

We are also planning a workshop on movement for children with Angie Leblanc of the Kam Island Dance Company. Angie is trained in mime and improvisations as well as dance and theatre, and is a former member of the Peanut Butter Readers Theatre Group. The workshop will be held on February 20th, Tuesday, from 11:00 to 1:30, the first hour for children and the last hour for adults. Parents are especially invited to come out please let us know so we can plan lunch for you.

Our thanks to Janet Hecksher who told us about Angie.

New Staff

Beth Leblanc has been chosen as the new head teacher/child care supervisor. She will be starting on February 26th, and will work 25 hours per week. Beth has her B.A. in education from the University of Maine and has taught at the pre-school, kindergarten and primary level for 3 or 4 years. Some of you already know Beth as she lived on the Island about 5 years ago. She is anxiously looking forward to this job, and has a lot of fresh new ideas.
Board News:

The board is planning a teen dance right here in the day care center on Friday, February 23rd, beginning at 7:30. The dance is for grade 5 and up and tickets will be sold at the door. We're asking parents to bake cookies, which will be sold at the dance.

Program News:

During the past month, the students have been gaining community awareness and family relationships. We visited the health center, the fire bureau and the senior citizens center. Dave, the public safety officer, came down and showed us what to do in case of fire. Kane at the Health Center listened to our hours with our orthopedist. We baked cookies for the senior citizens and took them when we visited.

We have also been visiting each other's families and learning about family members, drawing family pictures and making cut pictures that look like members of our family. If you or someone you know would like a visit from a group of day care children, give us a call.

Valentine's day is the big event this month and we plan to be making valentines. If your child would like to bring valentines for the other children, here is a current list of names of children here at the day care:

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Carol</td>
<td>Ben</td>
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<tr>
<td>Beth</td>
<td>Shara</td>
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<tr>
<td>Julie</td>
<td>Nancy A.</td>
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<tr>
<td>John</td>
<td>Don Rae</td>
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<tr>
<td>Tony</td>
<td>Matt C.</td>
<td>Stacey</td>
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<tr>
<td>Alyssa</td>
<td>Ricci</td>
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<td>David</td>
<td>Josh</td>
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<td>Sam</td>
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<tr>
<td>Brian</td>
<td>Jason</td>
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<tr>
<td>Matt</td>
<td>Kristin</td>
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<tr>
<td>Jarusha</td>
<td>Adlene</td>
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We are in need of some materials for the art area. Here is a list of stuff we could recycle and that it might be used for:

(See next page for the list)
Thank You

To Marie Patson, Liz Auls and Gail Vail for scrubbing the oven until it shined.

To Dan Moran for continuing to shovel our sidewalks.

To Michael and Carol Jay for letting us use their life preservers for swimming at the Y.

To Vicky Roberts for donating toys to the Day Care Home.

To Terrie Durr for collecting grocery containers for the housekeeping area.

To Sue Fondlen, Connie Hines, Rev. Linda Littlefield, Everett Jacob, Gina Sherron, Holly Holt and Sandy Silver for donating some of their time to the children.

SAVE THESE!!!

Egg Cartons
Plastic Containers
Babyfood Jars
Plastic Straws
Styrofoam Meat Trays
Shoe Boxes
Old Lampshade Wire
Wood Scraps
Shirt Cardboards
Buttons and Beads
Nuts and Berries
Empty Thread Spools
Innertube Tires
Magazines
Sticks and Dowels
Tongue Depressors

Tooth Picks
Old Window Shades
Fabric Scraps
Tin Cans and Lids
Colored Telephone
Big Gallon Cans
Milk Cartons
Refrigerator Cartons
Nylon Stockings
Odd Socks and Gloves
Gallon Mayonnaise Jars
Clothes Pins
Wire Clothes Hangers
Soup Bones
Chicken Bones