In the News
Cliff Island Takes on Invasive Plants
Caroline Walkin, who battled invasive plants on Cliff Notes, has two new weapons.

PIC Chair Explains a Tough Decision
In his regular column, View from the Chair, Mike Richards explains his decision to resign from the PIC in November.

Alternative Lifestyle Guide
Staff writer R. Wingfield launches a new two-page section on alternative medicine, renewable energy, creative living and more.

In the Arts
Songwriters by the Sea
Heidi Phil Daligan interviewed himself about the monthly concert series at the Fifth Maine.

Always Something New
Art Editor Jamie Hogan takes us through a day in the life of art campers on Peaks Island.

Everything Old Is New Again
Features writer Lisa Gould visits shops for trash on Peaks Island.

REGULAR FEATURES
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Peaks Island Council resigns in frustration
BY KEVIN ATTRA
The substance of the Peaks Island Council seemed to be consumed by the Chessie Cat. Five members of the PIC will be(resigned) by November 1, and the remaining two will not seek reelection this year. All elected frustration with the City Council as their main reason.
The strain that broke their backs was the replacement of a police officer with a firefighter last month.

LifeGuide
Launched a new two-page section on alternative medicine, renewable energy, creative living and more.

Late Summer Long Island emerges from the fog as lobstering crews work Hussey Sound and off the back shore of Peaks Island.

Burglaries put community on edge
BY KEVIN ATTRA
Two burglaries last month shook up residents on Peaks Island.

Twoburglaries on Upper A Street where some bicycles are apparently missing. There is evidence of persons being on the property, but at this time it’s not clear if anything was actually stolen.
The building is unoccupied and the homeowners could not recall if they had stored the bikes there.

According to Laubach, there had also been “a handful” of thefts from automobiles.

In one instance, the thieves made off with a GPS unit that had been left in the glove compartment, but were apparently in such a hurry that they left turned around and ate the laptop computer in the back seat.

Laubach recommends that people keep their cars locked, “I know this is the island and people have always left them unlocked, but times are changing. It’s not the same island.”

In explaining her case for resignation, Councilor Marjorie Phye presented a number list of issues.

In his regular column, View from the Chair, Mike Richards explained his decision to resign from the PIC in November.

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**Vehicle rollover on the back shore**

BY KEVIN ATTRA

Jessica Sherman, 30, was critically injured in an accident on Peaks Island's back shore when the Jeep Wrangler she was riding in hit a stone wall and rolled on top of her. Her twin brother, Jeremy Sherman, was driving.

The accident occurred around 1:30 a.m. July 5 on Seaboard Avenue. Jeremy was apparently unharmed. Alcohol and speed were considered factors.

Police officer Randy Richardson and firefighter Jeb Garris responded. By the time they arrived at the scene bystanders had freed her from the car. She suffered multiple fractures and severe internal injuries and was secured and transported to the fire center.

On top of her, her recovery from the injuries but is reportedly now alert and able to move in limited capacity.

Firefighter Barry Shaw, who arrived after she had been backboarded, said the road was so crowded with people still celebrating the Fourth of July that he had to drive at a crawl to get to the scene.

“The potential for real disaster was very high that night. I mean, it’s lucky more people weren’t injured.” Jeremy accompanied his sister to the mainland where he was arrested and charged with aggravated reckless conduct and drunken driving.

He was later released on bail and has been able to visit his sister in the hospital.

Donation cans have been set up in various places around the island to raise money for Jessica. A lobster bake on July 23 and a two-day yard sale July 24 and July 25 also raised funds for her.

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**Fire hazard reduced on Peaks**

On Wednesday July 21, the Maine Forest Service sent out its lone truck and wood chipper to Peaks Island with a four-person team of equipment operators and forestry personnel to chip up fallen limbs and small trees around people’s property in order to reduce the wildfire hazard.

Six members of the community volunteered along with Portland firefighters Bruce Cye and Dan Thompson to load brush. The chopping – part of the Forest Service’s FireWise program – was supposed to have taken place the previous day, but neither brakes nor lights were working on the trailer. It is the Forest Service’s only chipper for the entire state and had just come down from Aroostook County.

Lynee Richardson served as liaison and guide, bringing the crew from site to site, running for water and picking up lunch at Peak’s Cafe.

The truck came over on the 7:15 a.m. boat in bright sun, cleared debris at 23 locations and, despite being up around 3:45 p.m. just as thick fog and rain came into the area.

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**City Council approves Luther Street zoning variance**

**BY KEVIN ATTRA**

On July 19, the Portland City Council unanimously approved a conditional rezoning variance of the parcel at 18 Luther Street to divide it into three 5,300 square foot lots, allowing for the renovation or replacement of an existing house and the construction of two new houses on the property.

The property is being developed by HomeStart, a nonprofit organization that seeks to provide affordable housing on Peaks Island (http://peaksislandhomestart.org). Of the three proposed buildings, expected to be completed in early 2011, two will be sold under the covenants of deed restrictions as affordable housing, and the third will be a limited-income rental.

Paula Coward, who has applied to live in one of the new homes, said, “I feel this is a great opportunity for a great new chapter in Peaks housing. Living on an island has its own set of challenges. We’ve struggled to find affordable housing that did not require additional work and energy efficient updates.”

To keep construction costs down, the two new houses, designed by Kaplan Thompson Architects of Portland, will be modular units prefabricated in Oxford, Maine by Keister Homes using local materials wherever possible. To ensure that the homes will be affordable to live in, they will be as highly energy efficient as possible.

HomeStart is seeking a $500,000 Maine Housing grant to rehabilitate the existing building, which under the stipulations of the grant may either be substantially renovated or else torn down and replaced, but must remain a rental unit. Project Manager Bill Walsh, of Walsh Engineering, has indicated that it is out of compliance with current building codes and in such disrepair that it will most likely be torn down and replaced.

Since it was first presented to the community by HomeStart in 2008, the Luther Street project has been controversial among property owners in the neighborhood as well as other residents on the island, who argued that it would lower property values in the neighborhood and open the door to rampant development of the island.

“I don’t think [this issue] is a couple of houses being built in one neighborhood. I think it’s a policy issue whether or not islanders want to go to higher density zoning,” said resident Tom Benge at the time.

When HomeStart first presented the project to the public there was an immediate backlash based largely on a perception that HomeStart was trying to exclude the community, describing it as if it were a "futuristic neighborhood."

HomeStart’s board also had requested a special tax exemption for the property in order to make it affordable to operate, which further inflamed opposition to the project.

“I find that ironic that we get a tax exemption for somebody that’s moving on here to rent,” said resident Frank Peretti at a public forum in 2008, “and we can’t get tax exemption for people that have been living here for 30 years.”

As a result, the HomeStart board of directors backpedaled, and took a
Cliff Island orders hit on invasive species

BY KEVIN ATTAR

On July 20 Bob Howland, who periodically emails Cliff Island residents about local news and events, sent out one reminding them about the Casco Bay Lines annual board meeting aboard the Bay. Most taking place the following day, and letting everyone know there would be an open forum at the various islands.

At the very bottom of the page he wrote, “Meet the gear at the Bullfield, Sunday at 1:30.”

The event turned out to be a small community picnic, with plenty of lemonade, cookies and baked goods served on a picnic bench by the wind. Meanwhile, kids wandered around the ball field in packs following two Napan paper goats owned by Emily Bolsh and Thad, a veterinarian and summer vacationer who wanted pets.

Emily lives with her husband and four children—ages 12, 8, 6, and 4—in Wells and on a farm in Stanford. She said she brought both goats to the island in a single dog carrier—they “like close quarters”—and said that four would be the most she’d carry.

Initially, she was concerned about having enough space to keep them—apparently goats must be quartered on at least three acres of property and worried how the islanders would feel about having goats in the community.

But the tiny animals were immediately welcomed and Cliff Island’s nonprofit Athletics, Conservation and Education organization, which owns the ball field, said she can use it in case zoning issues come up.

When Cliff Island resident Caroline Walker heard about the goats, she offered to mow the pasture so that they could be housed in clear to trees and beach areas of invasive plants.

Both Caroline and her son, Matt, have been actively trying to eradicate alien species from the island for several years. This summer they are focusing on Purslane, Japanese Knotweed, Japanese Barberry, Oriental Bittersweet, and Noxious Maple.

Similar efforts are being made on Little Chebeague Island, and the Chebeague Island Land Trust and Oceanic Conservation Trust of Casco Bay scheduled three inter-island public workshops to teach people how to recognize and control invasive plants in their communities.

According to Emily, goats can do anything that is not poisonous to them, which would be the local vines’ weeds—Nightshades and Ironweed. They love Privet and consulting books out to see if from people’s yards is a thriving business (see www.greenfeather.com).

Awareness of the damage invasive species do have on the local ecology has been recently growing, thanks in part to people like the Walkers who have sounded the alarm on Cliff Island for several years now.

According to Kim Fritzie of the Maine Arboretum, as native plant species are replaced by invasive species, the variety of insects that can survive is declining at an alarming rate. With fewer insects, fewer birds and animals can survive.

For instance, in competition with the white oak which supports 504 varieties of moths and butterflies, the Norway maple supports less than 10.

“Insects are the building blocks of our food chain,” said Caroliine. “Without them, we will ultimately run out of food ourselves.”

The survival reasoning goes like this: All animals need energy from the sun, which comes in the form of plant food, either consumed directly or by eating animals that eat plants. In mankind’s food chain, insects play a large role.

“We will have a lot of native species intact, but once they’re gone, they’re gone,” said Caroline. Emily’s goats will be used to uproot the insects in the fight against invasive blows.

“Allowing the goats to run free is not a problem because they tend to stay together and will always come for food,” said Emily. “All they do is eat.”

It’s fascinating,” said Marjorie Phye at the PIC public dialogue meeting that month, “because the ordinance clearly says that new ordinance issue from the island should go through the [Peaks Island] Council first before it goes to the city, which HomeStart did. And yet the city… I’m just amazed at all the ways in which they don’t follow their own law.”

According to HomeStart board President Jerry Boogger, the City Planning Board is expected to approve the Luther Street Project plan this month, and Keiser will begin restoration work this fall for installation by December.

“There could be three families in place by the start of 2011,” she wrote in a press release last month. The project will have to undergo a site review process by the City Planning Board before final approval.

Marine Danny Cassis gets a hero’s send-off

On July 11 Marine Danny Cassis returned to his base at Camp Lejeune, North Carolina, to prepare for combat duty in Afghanistan, and nearly 60 people attended his departure from Peaks Island aboard the Machiguenge.

“There was an amazing send-off for him down at the ferry,” wrote Community News Editor Rhonda Johnson in an email.

“Someone strung American flags along the boat ramp. Everyone cheered. The family went.” The captain of the Machiguenge announced his name as the boat departed, and the fire boat escorted them into Portland with its water guns streaming.

“Danny is the son of Jimal Thundershield, brother to Sam and Ezra and grandson of Margo Lodge—Seven Oakes. "Thank you to all the island for your thoughtfulness," wrote his grandmother in an email. "Blessings and may the Creator guide him back to his island."
Acorn Productions receives two grants for its "Naked Shakespeare" series

Funds will be used to present Macbeth to local high schools and create a performance installation at Battery Steele on Peaks Island

STAFF REPORT

Last month, the Maine Arts Commission and the Sam L. Cohen Foundation awarded $12,500 in grants to the Acorn Productions theater company, directed by Michael Levine of Peaks Island, to undertake performances by Acorn's Shakespeare Ensemble next season.

The Cohen Foundation awarded the acting company $5,000 to perform Macbeth as adapted by its ensemble - the performance is only one hour and uses four actors - at Bonny Eagle, Casco Bay, Gorham, Massabesic, Portland, Scarborough, South Portland, and Westbrook high schools during the next school year.

Additionally, the Maine Arts Commission is providing $7,500 through its Artists in Maine Communities grant program to assist Naked Shakespeare in creating an interactive performance at Battery Steele, a large World War II gun battery under conservation on Peaks Island.

The battery is essentially a long, wide concrete tunnel connected at either end to two large gun emplacements, shaped like amphitheaters. Ceilings arch up 20 feet inside the cavernous, circular rooms, which are carved into rock and open to the sea on one side to accommodate the huge 16-inch guns that are no longer there.

Odd-shaped rooms of various sizes, once military offices, command posts and store rooms no doubt, are strung along the corridor, and the whole thing is buried underground. There are no doors and no electricity. It's usually pitch dark inside.

Producing Director Levine plans to incorporate these features into the program, allowing audience members to wander from room to room as they please while a continuous series of performances take place, kind of like channel surfing on TV.

The program will concentrate on the vice-filled play Cymbeline which takes place during the Roman conquests, a primitive era in British history that lends itself well to the stark concrete monolithic nature of Battery Steele.

Levine will also include adapted scenes from other late romances by Shakespeare, including Antony & Cleopatra, Coriolanus, Pericles, The Winter's Tale and Two Noble Kinsmen. The performance is currently scheduled for two weekends in May 2011.

Acorn Productions was founded in 1998 and currently makes its home in the Dana Warp Mill in Westbrook. The Shakespeare Ensemble was created in 2004 by Levine and Michael Howard so that local, professional actors could deepen their facility with Elizabethan English, and to allow their performances and bring Shakespearean drama alive.

The company offers a series of "Naked Shakespeare" performances at venues throughout Greater Portland not typically used as performance space for live theater, relying on the audience to create the world of the play in their imagination by minimizing the use of sets, lights and costumes.

These productions feature environmentally-staged excerpts that break down the "fourth wall" between the actors and audience, allowing for a more intimate and casual connection that serves to make the language more accessible to the listeners.

For more information about Naked Shakespeare or any other programs offered by Acorn Productions, you can call 854-0065 or visit www.acorn-productions.org

The end of the E Cosi

Restoration of the wooden-hulled E Cosi was owner John Golenblochik's dream for several years. He had fished off her with then-owner Rick Callow before Rick bought the steel E Cosi II in 2007. John planned to convert her into a pleasure cruiser, but this year during restoration work he discovered extensive rot that had destroyed an entire side of the boat and spelled its doom. On July 20, Covy Johnson brought down his front loader and demolished the boat and the surrounding plastic dome tent that John had built to protect the boat while he worked on it. photo by Blondie Berg

Peaks Island Baptist Church
This summer
Every Sunday 11:00 AM Worship Service
August 10-12: Vacation Bible School 4 pm-6 pm (Theme: The person of Jesus Christ).
August 15th: 6th Anniversary Celebration, 11 am Worship, 12:30 Bar-B-Q, 2:00 Outdoor Concert.
August 22nd: Believers Baptism (any Born Again Christian never baptized scripturally, invited).

235 Pleasant Ave, Peaks Island, ME 04108, 766-3037, www.pibc.info
For the love of Peaks!
Starr Demitre

My real name is Stavroula. It's a good Greek name. Stavroula is a feminine ending, and Stavros is the masculine part of the name, and that means "the cross." If I were a man, my name would be Stavros. "Oula" is a feminine ending, and Stavros is the masculine part of the name, and that means "the cross." If I were a man, my name would be Stavros.

And somewhere along the line, before I even went to school, I believe my father nicknamed me Starr and my mother named me Stavroula. It's a good name.

When I grew up in Portland, Maine, I was picking beans in the summer times. And I frequently came out to Peaks Island for lessons from Yvonne Montpelier, who taught piano lessons from Yvonne Montpelier, who, in the latter part of her career, lived on Peaks Island, on Welch. So even though I lived in Portland, I would come out to Peaks Island for lessons and recitals, and while I was in high school - and I don't remember which year of high school, the Lion's Club was still Greenwood Gardens then. They had a theatre there, with musicals and all, and they needed a rehearsal pianist. They asked Miss Montpelier if she would be the pianist and she said yes, so I went and played. I taught a student. So I was the student that was picked.

Starr Demitre, my husband, and his family, had bought the original Demitre Cottage on Peaks Island, in the year 1919. (He was born in 1916). That's how I became an islander. And I frequently thought of becoming a year rounder, but that hasn't happened.

In all our years here on Peaks, music has been very important to me. When I was growing up, she was always in the Lion's Club shows. The first time she sang, it was "How Much is that Doggie in the Window" (singing the tune). She did that until she became 13 or 14. After that, she had outgrown singing at the Lion's Club, the Mahoney Family who lived next to us - there were three Mahoney sisters - and Maria Bennett and Maria Piscicelli; they became the Hallock Cove Cuties. For a number of years, they sang.

I've done duets with Helen Vencelata, with Nancy 3, Ted Hakal. In most of the Lion's Club programs, I've had something to do with it, which is nice.

In 1970, there were five of us women who got together and started the Peaks Island Music Association, so I call myself a Founding Mother. Just today, I was putting things away and I found that program, with Dorothea Demitre, 1982, and it says the 12th year, so this is the 38th of the Music Association. I've been involved with them through the years and brought musicians out. I brought a group of eight women out here, called the Starlighters.

I can't remember the year that Ted and I bought this house, but we've been in it - I set out my figure out Thea's age - she's 44 and when we first bought the house, I think she was 4 - so it's approximately 40 years ago. I love this picture, because this is the first year we were in the cottage.

BY FRAN HOUSTON

My real name is Stavroula. It's a good Greek name. Stavroula is a feminine ending, and Stavros is the masculine part of the name, and that means "the cross." If I were a man, my name would be Stavros.

And somewhere along the line, before I even went to school, I believe my father nicknamed me Starr and my mother named me Stavroula. It's a good name. I grew up in Portland, Maine, and I was very fortunate, at approximately the age of 10, to start taking piano lessons from Yvonne Montpelier, who, in the latter part of her career, lived on Peaks Island, on Welch. So even though I lived in Portland, I would come out to Peaks Island for lessons and recitals, and while I was in high school - and I don't remember which year of high school, the Lion's Club was still Greenwood Gardens then. They had a theatre there, with musicals and all, and they needed a rehearsal pianist. They asked Miss Montpelier if she would be the pianist and she said yes, so I went and played. I taught a student. So I was the student that was picked.

It was big time. I thought - gee, all these Broadway people. And so I'd come out every day on the boat and go down to Greenwood Gardens. There was a little spinet piano on the stage, backstage actually, and that's where I would play the music. I don't remember what the musical was, or who the actors were, but it was just a big deal (Laughs). And then they had professionals for the actual performances, but I got free tickets and came out with my parents and all. I was invited to the big party after opening night, but my parents wouldn't allow me to go to it. Those were my early years to Peaks Island.

At my Portland High School graduation, 1949, did you know Reta Pedersen [Morrill]? She was my classmate? Then I went to Brown University, and after graduation I was lucky enough to get a Ford Foundation Fellowship to the Harvard Graduate School of Education.

Then I became a music teacher and my first teaching job was in New Jersey. The first summer after teaching, I came home and was taking care of my mother, who wasn't too well at the time, and on the 15th of August - a high holy day for the Roman Catholics and the Orthodox. I took my mother to the Greek church in Portland, corner of Park and Pleasant Street, and lo and behold there was this elderly woman and her son in the congregation, and that young man was following the service. I said to myself, nobody follows the service anymore. Well after the service - his mother and my mother must have met before - and they were chatting. So he and I followed them out of the church. He said he was working in New York City, and I said I'm teaching in New Jersey. Well, he said, and then, I should have your telephone number, which he took. I figured he'd toss it away, but the following year we were married in the same church where we met.

Now Teddy, my husband, and his family, had bought the original Demitre Cottage on Peaks Island, in the year 1919. (He was born in 1916). That's how I became an islander. And I frequently thought of becoming a year rounder, but that hasn't happened.

In all our years here on Peaks, music has been very important to me. When I was growing up, she was always in the Lion's Club shows. The first time she sang, it was "How Much is that Doggie in the Window" (singing the tune). She did that until she became 13 or 14. After that, she had outgrown singing at the Lion's Club, the Mahoney Family who lived next to us - there were three Mahoney

www.acorn-productions.org

SCHEDULE B
Mon, August 9
Wed, August 18

6 p.m. - Sonnets and Sallies (comp. accompanied by dinner (not included in ticket price)
7 p.m. - Comic scenes from some of Shakespeare's best-loved plays

Tickets $10
($5 kids 12 and under)

presented by Naked Shakespeare at the Inn on Peaks Island

SCHEDULE C
Wed, August 25
Wed, September 8

6 p.m. - Sonnets and Sallies (comp. accompanied by dinner (not included in ticket price)
7 p.m. - Comic scenes from some of Shakespeare's best-loved plays

Tickets $10
($5 kids 12 and under)

presented by Naked Shakespeare at the Inn on Peaks Island

NOW AVAILABLE

at the following locations

Peaks Island House
Hannigan's Market
Peaks Cafe
Gem Gallery
Maine Historical Society
The Fifth Maine
DiMillo's Gift Shop

or peaksro13er@ao1.com
207 766 2386

Have you lived on Peaks for a long time? Do you have a Peaks Island story to tell of memories from childhood or that illustrates why you are living here? Please email or call Fran Houston. She has already heard some great stories and she wants to hear yours. Fran_houston@hotmail.com, or call 207-766-2386.
Letters

Thank you to all those who donated goods to the BENEFIT YARD SALE held for JESS SHEKAN on Sunday, July 24 and Sunday, July 31. It was a huge success and all the profits will go towards Jess's recovery.

It would be much appreciated if the following could be donated to the sale: any type of clothing, shoes, books, CDs, DVDs, jewelry, art supplies, toys, games, and household items.

Sincerely,
Jen and Dave Nowers

Dear Augusta Legislator,

We understand that you are complying with Portland's dictates and look where it got us. Bowed over by tangled metaphors, defuse, par entally, and I guess, if you can't talk to the children, et al., but they really talk a bold big enough to convince Portland and Portland and Portland.

If you know how hard the PIC has tried, to and out of the press, to communicate 11by what an inarticulate "representative" to the Portland City Council, but to no avail, because, in part, the PIC has no real power, it being a nominal creation.

In reality its advice, both verbal and written, the need for two police officers and a fire fighter has been repeatedly "misunderstood." It's at some children were missing in the long time, well before it becomce popular to do so.

As you may guess, the PIC has no power - taxation without representation! To paraphrase the theorist Edward Said, it can be said that Peaks Islanders were Peaks Islanders.

In Said's theory, "the other" in this case Peaks needs to be governed because it doesn't know what's good for it. The "other" is irrational, innocent, weak, child, inferior, and in need of correction.

The consistency of such a system of discrimination against those who live on islands (let's call it what it is: "islandism") would almost be funny if it weren't for the fact that people live and work here.

In two minutes, Portland residents have access to police officers and a paramedic. Peaks officially has one police officer and one EMT (firefighter). If there is a real crime (that is, one that occurs on a weekend before Labor Day), then backup from Portland has to be called. If the firehouse is available, then it will send a crew, but before they can deal with a burglary, domestic violence dispute or drug problem.

Alternately, people should become psychic about nefarious activities, pick them in on their calendars and make dates with police in advance so that they can get the protection they deserve.

Normally a situation like this would create a culture of reaction, but Peaks Island is above all that. Instead, we're going to stick to the facts, lose the mandolin and appeal to the legislation's intelligence.

Good luck and we hope any other citizen of Portland wants representation, police presence, and a salmon run mediated service parking and by the Janet we want our Tiny Tack Pick-Up Day back.

P.H. Tedford

To The Editor, Island Times

Imagine Peaks Island without the Peaks Island Children's Workshop? The Peaks Island School would exceptionally educate children who were born on the island and married would move off the island. Homeowners would struggle to find local labor to repair and renovate their properties, clean their homes and take their lives, care for the sick, disabled and the elderly.

Letters

As a member of Congress, I'm both his honor and responsibility to influence policies so they can better serve Maine — especially seniors. So when I heard how some of my retired constituents were struggling with Medicare and Social Security, it made me feel a priority to see what I could do to help. I'm sponsoring two pieces of legislation that I hope will make it easier for these seniors and others receive the benefits they've worked so hard for.

Easing Medicare enrollment

When a constituent named Chris retired, she thought the health insurance provided by her employer would continue covering her. What she didn't know was that the policy would only supply secondary coverage and that she would have to enroll in Medicare Part B for primary coverage.

She didn't find this out until denied medical bills started coming in to her mailbox several months after she retired.

By the time she then tried to enroll in Medicare, the special enrollment period had ended and she was told she'd have to wait for open enrollment to begin. In total, she would face a coverage gap for 10 months.

Stories like Chris's, unfortunately, are all too common. There are many ways people like her can mistakenly miss Medicare enrollment periods. Perhaps they didn't see the fine print of their insurance, didn't receive information on how to sign up, or just simply missed it.

I hope a bill I am sponsoring in Congress will lower the number of seniors facing this coverage gap. The Seniors Medicare Protection Act of 2010 would create a 24-month extended enrollment period for those who missed either the special enrollment period after they retired or the initial period after they turned 65.

Instead of having to wait for open enrollment, these seniors would receive coverage starting the month after they enroll by paying the premium, along with a 25 percent charge for one year.

There is much more to be done to ensure seniors get the health coverage they need and deserve, but this legislation is an important step and I am proud to support it.

Increasing survivor benefits

Another bill I've signed onto as a cosponsor addresses stories just as upsetting as Chris's. Imagine that your husband or wife had just passed away.

Their Social Security check arrives in the mail toward the end of the month, and you use it to pay the rent and utilities for your home. A few weeks later, you get your check and you get notified that the checks have bounced because Social Security took back the funds from your bank account without telling you.

Believe it or not, this situation has happened to a lot of people. Social Security...
beneficiaries do not receive benefits for the normal monthly amount. This policy is just common sense. I cannot believe we are short-changing families because their loved ones passed away at the wrong time of the month.

This legislation makes another change in the range of time benefit payable for funeral expenses. The benefit would be adjusted higher—47 percent of the beneficiary's monthly check or $255. The current benefit of $255 has been the same for the last 60 years.

This year's meeting took place at the Peaks Island School and was attended by several issues affecting islanders, including Peaks Island School, Cindy Nilsen.

I am grateful for the past support of the PIC and the PIC. I regret only that we could not produce the change we needed to sustain our support of the PIC.

The PIC has advocated for the island, but the city refuses any meaningful response. Instead, the city continues to drain the island's resources and ignore what islanders need. To think the PIC ever changed its behavior is to assume facts not in evidence.

The other PIC members have decided to end their service in November. The prospect of my continuing on is too heavy for me to bear, so I plan to resign the Peaks Island Council next month. I will continue to support these

Lines from Casco Bay Lines

BY CHRIS HOPPIN

The Annual Meeting of the Casco Bay Island Transit District that operates Casco Bay Lines offered opportunities for islanders to discuss issues with employee staff members and board members in person. Details are in the story on page one and on the website www.CascoBayLines.com.

Another annual event that offers opportunities for communications is the summer visit to islands by members of the Portland City Council and city staff members. This year's visit was to the Peaks Island School on Sunday morning, July 17. It included referring discussions about several issues including school transportation and parking.

More than half the questions and answers during the meeting dealt with transportation, including ferry service and fare rates. islanders have shown me and the PIC. I regret only that we could not produce the change we needed to sustain our support of the PIC.

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Lines from Casco Bay Lines

BY CHRIS HOPPIN

The Annual Meeting of the Casco Bay Island Transit District that operates Casco Bay Lines offered opportunities for islanders to discuss issues with employee staff members and board members in person. Details are in the story on page one and on the website www.CascoBayLines.com.

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**YOGA FOR LIFE**

A yogic perspective on health and simple living

BY REBECCA JOHANNA STEPHANS

Rebecca Johanna Stephens teaches weekly yoga classes and leads yoga retreats on Peaks Island and in Portland. You may direct your comments, inquiries, or column ideas to 706-3017 or yogagirl.net.

I am driving home from the evening yoga class on Peaks Island feeling tired but content. The scattered clouds in the eastern sky glow softly pink in the reflected sunset. As I round the sharp bend before the trolley rock, there in front of me is a huge SUV driving right down the middle of the road very, very slowly.

My speedometer reads between 12 and 15 mph as we creep along the back shore. My happy yoga glow dissipates quickly in my impatience to get home and sink into the couch with my book and a cup of tea. I just want to go home. No place to go. Nothing to do. Relax your knees. Soften your legs and ankles. Relax all the cluttering our beautiful island. With my book and a cup of tea. I begin to dissipate quickly in my impatience to get home and sink into the couch of the road very, very slowly.

SUV driving right down the middle of the road very, very slowly.

Clouds in the eastern sky glow softly pink in the reflected sunset. As I round the sharp bend before the trolley rock, there in front of me is a huge SUV driving right down the middle of the road very, very slowly.

SUV driving right down the middle of the road very, very slowly.

Scan through your whole body feeling for any remaining tension and let it go with a sigh. Let your eyes relax, feel your temples softening and your forehead becoming smooth and broad. Release your hands now and find a resting pose for your arms.

**Practice Suggestion:** 10 minutes of deep rest. Turn off all phones, TVs, and other distractions and lie down, on a mat on the floor if possible. If you have a tender back, put a pillow rolled up between your knees. As you feel your breath slowing, relax your eyes and let your gaze rest somewhere in the space above you. Close them now: "Scan your body and notice how you feel. Take several easy deep breaths in and let them go with a sigh. With each sigh, feel your body softening into the support of the floor. Bring your hands together and rub your hands briskly to warm them up. Rest the heels of your hands over your eyes. Let the warmth and weight of your hands and the darkness relax your eyes. At ease!"

"Gently deepen your breathing now. Wiggle your fingers and toes to reawaken. Stretch your arms up overhead and create a yawn. Feel how the relaxation has transformed you. Ever so gently, stretch your way to a comfortable seat. Please and feel!" (Trade names and repeat)

"The silence we value is not the mere outward silence of the lips. It is a deep quietness of heart and mind, a laying aside of the preoccupation with passing things — even with the workings of our own minds; a restful taking of the heart upon which is unchanging love and eternal." - Caroline Stephen

Rebecca Johanna Stephens, Kripalu Certified Yoga Teacher since 1994, has 23 years experience in the healing arts.
The Birdbath

BY JERRY GARMAN

With over 20 species of trees, 38 varieties of wild flowers, 20 wetlands, 8 ponds and 10 streams, Peaks Island could easily be thought of as a beautiful natural garden. Hidden within 720 acres are also hundreds of private gardens. Each spring we anxiously follow the greening of our hundreds of private gardens. Each spring

I have the gardeners who have mastered this hobby and have blended the many heights, colors, texture and fragrances creating works of art and there are gardeners who create lovely window boxes, potted plants and herb gardens.

Ansel's garden now includes nine 4-foot square beds, two mounded flower beds, three vegetable beds, a trellis covered with climbing hydrangeas and wisteria and a potting shed all connected with brick walkways (from old island chimneys). Surrounding the four-faced birdbath are over 30 perennial and grasses, a rebuilt 1890 wheel barrel featuring a wooden spoke wheel donated by the late Albert Ventres, Maine's only sea glass tree, a scaled replicate of Stonehenge in brick "Brickhenge", and a large never occupied birdhouse. A deer fence remains an essential part of my gardening experience.

Outside of the fence is another garden featuring a "birdhouse village" and several sacrificial hostas, which are harvested with regularity by the deer.

The original station wagon full of plants has expanded to fill most of an 11,000 square foot lot.

Along with planting and nourishing plants it is important that you know the names of your wards. I felt exceedingly lucky to be visited by Joanne Polumbo's (ex-women's basketball coach at U. of Me.) grandmother who was visiting from the U.K. With her biology degree, she offered to identify the plants in my garden. She easily pronounced the plant names in Latin. She was botanically correct but I was unfortunately a poor "discipulus" and quickly retreated to note memorization.

Sharing plants is also a wonderful part of gardening. Each year I receive new offerings from other gardens both on and off of the island and have shared plants with other gardeners. At many island events you will find vases full of colorful flowers from many gardens. Vegetables too, are distributed among islanders who are also adept at harvesting the gardens abandoned by the summer people. Gardening blends so well with the natural beauty of the island and offers so many rewards to so many people. Find a birdbath, nourish a plant, become a gardener.

bric

by Palmer

hey! Shut that door!

I'm just trying to cool off!

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ACROSS

1. The artist formerly known as Curtis Jackson
10. Exchange
14. He called TV a "vast wasteland"
15. One... (baseball ancestor)
16. White-tailed raptor
17. Currency proposed by Hugo Chavez
18. Bird lover?
19. -Dixie
20. What Obama and Kagan have in common (abbr.)
21. Former NBA star
23. Native of N. California city
25. Early saint who traveled with Paul
27. By a narrow margin
28. Maine pen
32. Found in Lowell and Amherst
34. Apex predator in ocean
37. Man dressed in black
38. Crapulous
40. Money in Tehran
41. Trnl (abbr.)
42. African explorer
43. White, for one
44. Bread
45. Bean
47. Canadian currency (var.)
48. Girl's name
49. Davis
52. Adam's grandson
54. Related
55. See 26 Down
56. Aphrodite's lover
58. Frank, for example
59. Washington, D.C. lawmaker
60. Long and winding ridge
61. Old French coin

DOWN

1. Speed limit
2. Heaven in Paris
3. Tolkien creatures
4. "... ball"
5. Quarter
6. Currency of Taiwan
7. Serena's forte
8. Zip
9. Ahab's first mate
10. Lincoln's Secretary of State
11. Pen
12. Recorded events of a year
13. Beatles song, with 35 Down
14. Biblical wedding place
15. Be still!
16. 28 and 35 Down were
18. See 26 Down
19. Bradley
20. Flea's forte
21. Sci-fi novel by Piers Anthony
22. Swine talk
23. See 13 Down
24. Carrier in Middle East
25. Better!
26. 28 and 35 Down were
28. See 26 Down
29. Bradley
30. Flea's forte
31. Sci-fi novel by Piers Anthony
32. Swine talk
33. See 13 Down
34. Swine talk
35. See 13 Down
36. Carrier in Middle East
38. Cold remedy
39. Genre of 1 Across
40. Mamet play now on Broadway
41. Price, for one
42. Russian legislature
43. Price, for one
44. Knitter
45. Breaking
46. Pen component
47. Canadian currency (var.)
48. Girl's name
49. Davis
50. Adam's grandson
51. Related
52. See 26 Down
53. Wash. D.C. lawmaker
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SOLUTION TO LAST MONTH'S PUZZLE

Show Me the Money - by Anna Tierney

www.hannaford.com
create a masterpiece in your kitchen
August 2010 Sky

BY MIKE RICHARDS

August follows July as Augustus did. Julius in 44 BC. Augustus was born Octavia and was adopted by Julius. The Senate later called him Augustus for his brilliance and in 8 BC changed the month of Sextilis to his name. This month had been lucky for him and for Rome, as Mark Antony and Cleopatra were dead, averting civil war and starting the Pax Romana the vast empire enjoyed for the next two centuries.

In the third century AD, Rome demanded that St. Lawrence turn over the church’s treasures, so he gave it away to the poor and was roasted for it on August 10. The Perseid meteor shower peaked a few days earlier and folk called them the tears of St. Lawrence.

The Perseids are just the dust left by Comet Swift-Tuttle, but over 1,000 “potentially hazardous objects” the size of soccer fields pass within 5 million miles of Earth every day, and three asteroids a thousand-fold larger will pass within 17 million miles of Earth this month, none headed our way so far as astronomers know.

Earth generally benefits from its magnetic core, as gravity holds our atmosphere close, unlike lighter Mars, which lost its atmosphere over time. But in an attractive Earth pays the price with an asteroid hit every so often. The last big one hit Mexico 67 million years ago, ending the dinosaurs and 50 percent of Earth’s species, but allowing the rise of mankind over the last few million years.

ALMANAC

Aug. 3 - Last-quarter moon is high in the southern sky at sunset (5:31 a.m.), and tomorrow morning the last waning crescent moon is above and right of the Pleiades star cluster.

Aug. 4 - Neap tide today, with just 6.4 feet between high and low tides, but that distance will double in a week.

Aug. 8 - Around 9 p.m., it’s best for viewing Venus below Mars and Saturn as the sunset fades over town.

Aug. 9 - New moon means dark skies tonight, the better to see the Milky Way.

Aug. 10 - The moon is at perigee, closest to Earth this time around. It’s so close to new that the moon is combining its magnetic pull with the sun’s, building the tides to autumnic levels over the next few days, with 13 feet separating high and low tides in Portland harbor twice that Down East.

Aug. 11 - If atmospheric conditions to the west are favorable tonight at 8:30, a very thin crescent moon will be barely visible over the city skyline, with tiny Mercury hiding in the distance just above it. Binoculars will help. The Perseid Meteor Shower peaks today and tomorrow, and backyard observing and midnight is best, but binoculars won’t help see the meteors (they’re too fast) but will help look at stars in the interim. The crescent moon is down by now, so the sky will be quite dark, and we should see one or two meteors every minute.

Aug. 12 - Down front around 8:30 p.m., a thin crescent moon sits below Venus, with Saturn and Mars above them.

Aug. 16 - First-quarter moon is highest at sunset (7:44 p.m.), and the next week is best for lunar observation (not when the moon is full). Look along the terminator line on the moon where the sun is just rising—shadows are long and the contrast between light and dark brings out the craters, mountains and rills. At dusk, Mars is just above Venus to our line of sight, but it’s really 145 million miles behind it.

Aug. 19 - Our solar system’s most distant major planet, Neptune, is at opposition tonight, so it’s highest at midnight and best for finding, though you’ll need a chart (I suggest Sky & Telescope, one of my sources for these articles: skyandtelescope.com).

Aug. 24 - Full ‘Struggle’ moon today, setting over the city at 5:51 a.m. and rising again at 7:11 p.m. perfect for those who get down front early and those on the 7:15 boat back home. The moon travels eastward, so it will rise and set an hour later tomorrow. It will seem small, because tomorrow...

Aug. 25 - the moon is at apogee, the furthest away from Earth this cycle, so the tides brought high by the full moon will diminish.

Aug. 31 - Venus is just below Spica tonight in the west at dusk. Sunlight is now at a more respectable 6:02 a.m. and sunset is at 7:19 p.m. Can the astronomical equinox really be only 3 weeks away? My, time does fly!

Star Gazing

This month four planets seem to shift positions as the sun sets over the city, just as the biggest planet rises out of the ocean. Early this month, if you’re down front around 9 p.m. on a clear evening, Venus is the bright white planet in the west, with yellow Saturn and reddish Mars above it, and tiny Mercury hiding in the distance just above it. Binoculars will help. The Perseid Meteor Shower peaks today and tomorrow, and backyard observing and midnight is best, but binoculars won’t help see the meteors (they’re too fast) but will help look at stars in the interim. The crescent moon is down by now, so the sky will be quite dark, and we should see one or two meteors every minute.

First Friday Comedy Night

Friday, August 6th 7:30 - 9:30p.m.
Join us for an evening of stand up comedy with host Mike Sylvester.
Tickets $20

Peaks Island Tea Party
Sunday, August 8th 3:30 - 7:30p.m.
With special guest DJ.

Ladies Comedy Night featuring
Karen Morgan
Wednesday, August 11th 6:00 - 9:00p.m
Tickets $20
Call 207-529-5111 for reservations.

Mug Club Appreciation Party
Friday, August 13th 7:00p.m
Mug Club members, $2 Brewer's Choice drafts.
Complimentary hors d'oeuvres

33 Island Ave Peaks Island, ME 207-766-5100 // www.innpeaks.com
Sustainable Energy spotlight on Ben Hayman

Ben Hayman, son of Peaks Island artist Jeanne O'Toole Hayman and ex-conturned-novelist Jim Hayman, is one of Portland's young professionals using his talents to work toward a greener tomorrow for all.

Ben moved back to the area in the late Spring of 2009; at 27 years old he was looking for a career change from the advertising and event planning he had been doing in Manhattan, and hoping to find something in a field for which he felt some passion: sustainable energy. He found work at a non-profit headquartered on Elm Street in Portland called Repower Maine.

Repower Maine is the local state chapter of the national movement Repower America. According to Repower America's website, they are "a growing nationwide grassroots campaign of over 2 million people dedicated to persuading our leaders to support solutions to the climate crisis and a transition to a clean energy economy." Repower America is an affiliate of the Alliance for Climate Protection, Chairman of the Board Al Gore, (www.repowerramaine.org, www.climateprotect.org).

Repower Maine is funded with seed money from sales of Al Gore's movie An Inconvenient Truth (2006), his books, and by private donors. Ben and his colleagues — all under 32 years old — have been working this past year with the goal of helping pass comprehensive clean energy and climate legislation. Using his marketing and events planning skills while others come from backgrounds in environmental law, renewable energy, politics and policy campaigns.

"It's been a difficult, long battle trying to get this legislation passed, Ben said, with lots of long hours over the past year. "Like David fighting Goliath: big oil, big coal...our funding pales in comparison to theirs. They spin, they demagogue. A lot of what we do is education, information. Especially in the beginning we had house parties, gathered in the basements of churches, bars and galleries we had speakers come — experts — invited local legislators, encouraged people to contact their representatives, reach out to Senators Collins and Snowe to say we want this legislation to pass, we want you to vote for it."

Clicking on Maine under the 'In Your State' section of the Repower America website will take you to the particular dolgins of Repower Maine. You can check out their Facebook page, twitte, , youtube and blogs.

Repower Maine has a hand in organizing the recent Voices From the Gulf conference this past July 14, held at the Gulf of Maine Research Institute in Portland, during which a broad group of Gulf residents spoke out on the damage the catastrophic BP oil spill has had on their way of life and local communities.

Other events have included Veterans for Clean American Energy Tour, York Climate Change Calligraphy Vigil, cocktail parties at local businesses and galleries, gatherings in Monument Square and Lobsterman Park and meetings and events at Portland Public Library, Bates college in Lewiston and in state-wide Senate district offices.

The positive for Maine is we have renewable energy — wind, tidal especially, also some solar. There is a lot of potential for jobs creation, for example in efficiency upgrades - making our homes and businesses more energy efficient, Ben told me.

A quick Google check confirms Ben's assertion that around 90 percent of homes and businesses in Maine presently use oil heat. "And we have one of the oldest housing stock in the country. Investing in clean energy would bring money and jobs to the state pallet in the end people would have more energy-efficient houses, so they stay warmer for cheaper."

+++ Jeanne also gave a nod to Sam Saltonstall, a fellow Peaks resident very involved in the effort to bring Wind energy to the fore here in our state and in our area, even our back yard. When Ben first moved back to Portland he did some volunteer work in this field of renewable clean energy for Sam.

"Sam goes to meetings, makes those calls, gets told this form or that form has been lost, wasn't done properly, needs to be filled out again — and when they say here, they're on vacation, come back in a month. It's st转ng, thankless work."

Sam was off at a climate change conference the last week of July so I missed the chance to see what was new re: wind energy in Maine. We'll catch him for the next issue.

To Stop Receiving Junk Mail

original copy from 725 mogul, Feb. 2009. info.confirmed@jrevra.com.

First go to the Direct Mail Association's website www.dmarch.com/jma/member registration and sign up for their 'Mail Preference Service.' This will get you off their national advertising list and will take care of the bulk of your junk mail for five years, then you'll have to register again.

For CATALOGS try www.catalogchoice.org, follow directions using their free service to click on catalogs you don't want, using your name & address as they appear on the catalog.

Changes take effect after about 10 weeks. When new catalogs come, add them to the list not to pum you with.


Stuck in An Attitude?

Try one or both of these

1) Exhale:

Start by exhaling normally

Inhale normally

Exhale, let it go longer

Inhale normally (not more than usual)

Exhale, let it go longer

Inhale normally

Exhale...Exhale...Exhale

let the exhalation keep going

until it's done

Take a few normal breaths.

Repeat as needed.

2) Go upside down a few minutes:

• sit in a chair, bend over forwards, let your head and arms hang between your legs.

• stand, bend over forwards, let your upperbody and arms hang OR

• stand in front of any piece of furniture as high as it needs to be for you to bend over forwards and rest your upper body for a few minutes: relax your head.

• for practicing yoga, try any of these inversions for several minutes:

down dog handstand

modified handstand

(face to wall, feet up on wall - see picture)

headstand

shoulder stand

plow pose

(Halasana).

original photo of Rebecca Stephens in modified handstand taken by Jamie Hagen

90.9/104.1 FM

WMPG.ORG
Alternative Healing... What is Energy Work?

Reiki
Craniosacral Therapy
Acupuncture
Kinesiology
Naturopathy
Reflexology
Muscle Testing
Energy Medicine and CranioSacral Therapy (EMDR)
Eye Movement Desensitization & Reprocessing (EMDR)

All of the above and more fill under the broad general category of energy work in the world of alternative healing. What do the common threads connecting all of these therapies do entail? What kinds of health concerns do people have who seek out this kind of healing? Is there any condition for which energy work is contraindicated?

For this article I asked three practitioners to help give an overview of their work. It is, I think, a bit of a stretch to talk about a little about any of the particular modalities they use.

You can do your own research of course, and I can recommend a website I found, amfoundation.org, which covers many of the terms listed and also provides information and resources.

"Human Energy Therapy is the original name for what each of these healing practitioners are doing. It is a new type of therapy that both of us practice, with training and experience. Energy therapists can contact the energy body both through gentle rocking, holding, tapping and stretching to help it return to balance.

True health comes from the inside out. When you tend the body with good nutrition, regular exercise, regular sleep and restorative energy balancing, health naturally blossoms."

Tracy describes Craniosacral Therapy (CST) in this way: "Practitioners gently lay hands on the body, typically the head, (cranial,) or the sacrum, (the triangle above the tail bone), in order to assist a client in managing the discomfort that comes from injury, surgery, birth, toxicity and stress.

The cranial and the sacrum create a rhythm between them, similar to the undulations of a fish. Any of the disturbances named above (stress, toxins, trauma) can alter that rhythm, and when that happens health is compromised.

Craniosacral practitioners and Peaks Island Linda Dillingham elaborates: "Craniosacral therapy is something tangible, it's scientific. People have been studying it for years. It's a rebalancing of the central nervous system through laying on of the hands and listening as a therapist, listening with your hands. And what you're listening for is to know where to release. Your body starts to release itself according to where your hands are being placed. And then I guide it from there.

Like many who do body work, Linda has various tools at her disposal, running the gamut from the more well-known Reiki to the fascia deep tissue, Swedish and sports massage to myofascial (releasing fascia via massage) to energy work such as Craniosacral.

"I've developed a little of everything in every session. (CST) is very, very useful for people full of tension - stress and just can't get into it, can't relax it. Sometimes you can do CST and then you might be able to get to there.

For the energy work they don't necessarily have to believe in it for it to help them. They need to know though, some of it takes time for the system to unwind, and they're paying for the hour! Craniosacral therapy is not recommended for people who have suffered a stroke. This is because of the increased pressure in the cranium resulting from stroke.

Craniosacral and Reiki practitioner Elle Springer says of energy work: "It's all the same stuff, you're just coming from different angles.

Reiki is a rebalancing of the central nervous system through laying on of the hands and listening, as a therapist, listening with your hands. And what you're listening for is to know where to release. Your body starts to release itself according to where your hands are being placed. And then I guide it from there.

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When I had a session of craniosacral with Linda some time ago, I remember that at some point she did what felt like very gentle pushing around of stuff underneath my skin in the abdominal area. Linda explains that CST sometimes involves subtle stretching of fascia. Fascia is the layer between skin and muscle. If there is an injury, or trauma, the fascia may get wound up in the tissues. In order to realign the cerebro-sacral fluid, you have to unwind that fascia. This realigning is accomplished via very light touch - 5 grams of pressure.

There are several "listening stations" where you're listening to is the fascia moving, I feel what's not moving, then I know where to release. Your body starts to release itself according to where my hands are being placed. And then I guide it from there.

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Craniosacral and Reiki practitioner Elle Springer says of energy work: "It's all the same stuff, you're just coming from different angles.

Reiki is a rebalancing of the central nervous system through laying on of the hands and listening, as a therapist, listening with your hands. And what you're listening for is to know where to release. Your body starts to release itself according to where your hands are being placed. And then I guide it from there.

When I had a session of craniosacral with Linda some time ago, I remember that at some point she did what felt like very gentle pushing around of stuff underneath my skin in the abdominal area. Linda explains that CST sometimes involves subtle stretching of fascia. Fascia is the layer between skin and muscle. If there is an injury, or trauma, the fascia may get wound up in the tissues. In order to realign the cerebro-sacral fluid, you have to unwind that fascia. This realigning is accomplished via very light touch - 5 grams of pressure.

There are several "listening stations" where you're listening to is the fascia moving, I feel what's not moving, then I know where to release. Your body starts to release itself according to where my hands are being placed. And then I guide it from there.

Like many who do body work, Linda has various tools at her disposal, running the gamut from the more well-known Reiki to the fascia deep tissue, Swedish and sports massage to myofascial (releasing fascia via massage) to energy work such as Craniosacral.

"I've developed a little of everything in every session. (CST) is very, very useful for people full of tension - stress and just can't get into it, can't relax it. Sometimes you can do CST and then you might be able to get to there.

For the energy work they don't necessarily have to believe in it for it to help them. They need to know though, some of it takes time for the system to unwind, and they're paying for the hour! Craniosacral therapy is not recommended for people who have suffered a stroke. This is because of the increased pressure in the cranium resulting from stroke.
Our Peaks Island citizen-veterans have contributed much to our island community over the years, yet it seems that the story of how their organization and headquarters, the American Legion Home, came to be remains little-known.

A group of WWI veterans in Europe gave birth to the Legion organization in Paris, France in February 1919. The first National Caucus was held in St. Louis, Missouri a few months later. In September of that same year Congress granted the new organization its National Charter. The purpose of the Legion was, and still is, to instill a sense of patriotism and promulgate the democratic ideals of the United States.

It was not until April 1931 that Peaks Island's veterans moved to create their own post. Meeting at the home of Gustave Carlson, a Navy veteran, the following were elected as officers: Commander Anthon V. Jensen, 1st Vice Commander Thomas A. Flanagan, Chaplain John A. Libby, Sergeant-at-Arms William C. Keefe and Adjutant Oscar C. Seabury. Members in attendance voted to name their post the Earle MacNeil Randall Post #142.

One of the old pump houses, built 1903. from Fifth Maine collection.

In 1946, the Legionnaires voted to rename their post to honor Arthur Leslie MacVane, Signalman First Class, U.S.N. Born in 1924, he like many of his peers enlisted during his senior year at Portland High School. His ship, the submarine U.S.S. Trigger, left Guam in March 1945 on patrol with a final destination of Midway Island. When she failed to arrive at Midway in May of that year, she was presumed lost in enemy waters. The Randall-MacVane Post and its Ladies Auxiliary continue to honor not only the men whose names it bears but all of Peaks Island's citizen-veterans.

HELP PRESERVE WHAT'S SPECIAL ABOUT PEAKS.

Peaks Island is a truly special place, with its rocky shores, in woodslands and to saltwaters. Your membership (only $15 individual/$35 family) and your donations are crucial in helping us maintain open spaces.

Join today. Help preserve what we love about Peaks.

Peaks J-Club

Here is a sequence of four photos by Lisa Penalver featuring J-Club member Gabi Dumas jumping off the dock, just showing another way in which J-Club kids are cool. We always try to practice good form. J-Club will come back full throttle next month.

The 2010 Island Phone Directory is here!

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Opera trio to perform at the Fifth Maine

BY BETHY YORK

The Peaks Island Music Association is proud to welcome opera tenor soloists Dominique Ranoff, who will perform some of the most dramatic pieces in the operatic repertoire on Wednesday, Aug. 4, in our summer concert series at the Fifth Maine. Joining him will be bass-baritone Dan Cyr, and the soprano John Counts who recently collaborated with renowned Ben Folds and has sung with the Boston Pops.

Sara Sundaram will accompany on piano. These dramatic tenor, baritone and bass voices will complement the series’ renowned performance of a newly composed piece by the composer. To provide a paid showcase for up and coming musicians, to offer it to the island community, and to allow me to present my own material in a concert situation.

How did I find the venue?

I approached Kim Machacek, who was very supportive right from the start and keen to open up the building to a wider audience. Kim is a pleasent to work with and she would not go on without her. Thanks Kim. Great! I’ve had a venue.

What about the performers?

I wanted to feature local singer-songwriters as well as folks from further afield. I was already involved with the Maine Songwriters Association, both as a board member and in presenting showcases at the North Star Cafe, so finding talented performers was relatively easy.

I also attended the Folk Alliance Conference and had networked with Regional and National artists. These conferences are a hoot. It’s what happens if you cram a thousand or so music enthusiasts into a large hotel: the music never stops (well, maybe at 4:00 a.m.).

Various festivals like the Kerrieve Folk Festival in Texas or Falcon Ridge in upstate New York provided more exposure to fine musicians.

What’s looking like?

Hours, days, months, seasons. It’s ongoing. Juggling between availability, choice, scheduling, logistics and my own inertia. I’m still fielding inquiries and booking for 2011, and backing up the company.

How do I relate to the audience?

That’s the scary one. Will there be one? As a performer, I learned early on that playing to an empty house is not the way to do it. So I’ve learned to prepare for the worst, known by its other name: ‘live practice’. Peaks has a long tradition of supporting well, pretty much anything, and I am supergrateful to all the folks that come out to the shows. I take much satisfaction in being able to pay a songwriter with money that you have exchanged for an evening of homegrown music. Thank you Peaks.

How’s promotion going?

Is there any? I could sure use some help with this. The best I can do is a few posters and announcements in the papers. The series simply needs a web presence and I need more hours in the day.

But the sound is good, right?

I’m fairly happy with the sound, especially the acoustics in the Fifth Maine. Music sounds so good in that room. In a singular act of faith, I told my last sea kayaker to buy a PA system awhile back. Seems to be working but doesn’t pull that well.

So, thanks again folks for those of you who have supported Songwriters by the Sea and I hope to see you all again this year.

Next show is with traveling singer-songwriter Greg Klyma and our own Shannon Underwood back from Nashville on Aug 2.

Classically trained folksinger Randall Williams, and Straus and Co., a sonoridigious collection of some of the area’s most talented local musicians, perform Sept. 18.

Summer Reading

The Umbrella Cover Museum on Peaks Island has just published its first book entitled Uncovered and Expanded! A Guide to the World’s Only Umbrella Cover Museum. Written by director and curator Nancy J. Hoffman, the illustrated and humorous guidebook honores the museum’s mission of celebrating the mundane, and recognizing the story behind each cover.

Coming off a flood of national publicity in the past year, the Umbrella Cover Museum opened its doors to the strains of “Let A Smile be Your Umbrella” this June for its 15th season. The museum, founded in the kitchen of Peaks Island resident Nancy J. Hoffman, has grown from 35 umbrella sleeves in 1996 to over 700 covers in the collection today. Recent media attention has included a mention in USA Today as one of “10 great places to go through the looking glass.” More excitement reignet when The Weather Channel came out with a segment called “Maine Characters” featuring the museum and its director. The video is now up on YouTube.

A book launch for Uncovered and Expanded will be held at the museum, 62-B Island Avenue from 4 p.m. to 8 p.m. on Saturday, Aug. 7. There will be a launch in Portland on Friday, Aug. 6, from 5 p.m. to 8 p.m. at the Green Hand bookshop, 661 Congress Street. Nancy 3. can be contacted for more information at 207-766-4406 or Nancy3@peakisland.com.


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Experience the Spirit of Peaks
Art Campers Make Waves

By Jamie Hogan

What do you do with a Comic Camp, what do you do with a Comic Camp early in the summer?

This was the spirited sea shanty sung by campers in the pirate-themed History Comic Camp at the Fifth Maine Museum on Peaks Island in mid-July.

Patricia Erickson, historians and head nurse, would begin each day with fascinating tales of pirating in Casco Bay, and then hand out pencils and comic panels, ready for visualizing notions.

Between drawing sessions, campers got immersed in the practical tasks of your average pirate: knife-throwing, cooking cod chowder, and climbing the rocks of Pointe Pointe searching for enemy ships.

They zipped out to Fort Granite with Captain Mark Green, then boarded the story of another Captain Green, whose ships, rather like post to fort, captured the Cape Cod Vanity, anchored near Munjoy Hill in 1863. Later, campers sketched the shadowed arches of the fort while perched upon a fallen cannon.

The opportunity to draw from life, history and location is a beautiful thing. This camp was part of the Island Adventure Camps, a marketing initiative born out of the Casco Bay Camp Collaborative spearheaded by Bill Zimmerman, in affiliation with the Peaks Island Children's Workshop.

Why are art campers? Because art-making encourages different kinds of thinking. It reaches farther than the paintings or history and location is a beautiful thing. This camp was part of the Island Adventure Camps, a marketing initiative born out of the Casco Bay Camp Collaborative spearheaded by Bill Zimmerman, in affiliation with the Peaks Island Children's Workshop.

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August 2010

Everything old is new again

By Lisa Goell Smicki

"Can I have it Mom, can we bring it home with us?" asked Lindsey. It was a Tuesday morning in the spring of 2001 and we were walking up Island Avenue to the Peaks Island School where Lindsey was in the second grade. Lindsey, her father and I had only lived on Peaks for two years and we were just starting to understand island life.

"Can I keep it in my room?" asked Lindsey, her eyes wide with longing. If we lived anywhere else, the "it" Lindsey had her eye on would probably have been a stray kitten or a puppy, or possibly some less cuddly creature like a toad or large spider. But we were on Peaks Island, far from the Septford-like Chicago suburb we formerly called home.

The "it" Lindsey coveted was a used upholstered armchair. A very large, square armchair covered in gold plaid, one that matched the gold shag carpet my parents laid on their family room floors in 1972. Patches of foam rubber showed through half a dozen softball-sized holes in the chair's upholstery. Possed as it was, facing the sidewalk, the chair seemed to invite passers-by to sit. In its shabby condition, the chair appeared to be some sort of rest stop—possibly for the homeless, or drunk teens on their way home from Battery Steele in the wee hours of the morning.

When Lindsey plopped her small frame onto the seat, her ponytail holder snagged on a hole in the cushion back. A sheet of notebook paper pinned to the back of the chair said "Free." "What a great chair," Lindsey said as she yanked her hair tie out of the shredded foam rubber.

Personally, I failed to see the attraction, but I didn't want to tell my daughter that her new found treasure was too ugly for words. "Too bad we don't have room for it," I said.

The plaid chair was my first exposure to recycling Peaks Island-style. Finding new homes for no longer needed possessions. In our former suburban home, "new" and "happy" were often thought of as being one and the same. Still recovering from my indoctrination into that religion, I really didn't get why anyone would want to take in anyone else's used stuff—especially stuff that looked— and smelled—like 1972.

I learned more about the Peaks Island recycling system the following fall during large item trash pick-up. Carol, my cousin-in-law, has lived on the island since 1985—so she understands how things work. When she invited me to join her on a walk to inspect other people's trash, I accepted.

"Look for kids bikes, it's always great to have a couple of extras for when friends come over or people visit," instructed Carol. I hit the inside of my checks to prevent myself from smiling when she stopped to inspect a late model washer and dryer. Why would anyone want used appliances? I also questioned the etiquette of dragging the large items out to the curb in an entire week early. In our old neighborhood, leaving old refrigerators and NordiTrack exercise machines by the side of the road was considered tacky and unacceptable. Sometimes the Beverly Hillbillies might do, but civilized people wouldn't. Neighbors had been shunned—or turned in to the police—for this sort of heinous offense.

On Peaks, it seemed that putting your large items out early was considered thoughtful. People appreciated the extra time to browse. By the time the DPW made its collection round, nearly two-thirds of the items had already found homes.

I've overheard the old guys who do the lobster bakes at the Lion's Club reminisce about island life before the current transfer station was constructed. A little more than a decade ago, rather than being barged back to Portland, island trash went into a landfill in the center of the island. People carried up their large items and left them on the perimeter of the dump—sort of a self serve flea market. From what I have heard, the dump saw as much action as the ice cream stand on a warm July night. It was a buffet of treasures people perused, took home—then reused, repaired, repurposed or transformed into whatever they needed for their homes. Sort of an appliance center, furniture store, building supply and hardware emporium all in one.

Recently, the system has gone high tech: islanders use email distribution lists belonging to Carol Eisenberg and Chris Hoppen like a computer dating service. Single female seeks small refrigerator in decent condition to share small cottage on the backshore. Plywood workbench with wobbly leg and one rotten board longs for handymen or gardeners in need of additional work surface. Although old timers miss browsing at the dump, the net effect is the same. From couches and beds to linens and dishes, so long as you aren't choosy, you can furnish an entire house without ever leaving the island.

Last winter, the clothes washer my husband, Ron, and I purchased for our first apartment together 20 years ago died. Years of dealing with the ferry have made me a believer in doing things the easy way. I purchased a new washer for about three minutes in Sears at the Maine Mall— which was the time it took me to see the price of the metallic turquoise front-load model I'd seen on TV.

An email inquiry via Carol and Chris' lists quickly led me to not one, but two washers that islanders were getting rid of. I went for the one that belonged to my new next door neighbor who was remodeling his house. Although the washer is probably 12 years old, it's still a spring chicken compared to my old one. And I barely had to leave my yard to get it.

I love our island recycling system. Out of necessity and desire for convenience and frugality, but I won't go there now. Peaks Islanders honed the art of repurposing and recycling household goods long before it came into vogue. After 10 years of island life, I am a willing and enthusiastic participant. Why haul anything over from town when you don't have to? And does anyone need a portable Pilates machine?
The Gem Gallery Summer schedule: July 28-Aug. 4: Norm Prout; Aug. 5-11 Claudiu Whitman; Aug. 12-18 Jane Baquar; Aug. 19-25 Paula Coad; Hours 11 am to 6 p.m. every day.

The Gem Gallery is an artist/craftsperson cooperative showcasing and selling the works of over 50 artists from the islands. The Gem Gallery is open to the public from 11 am to 6 pm every day.

The Gem Gallery is located in the Long Island Learning Center on Constitution Avenue, Long Island, hours follow the library schedule (766-2313). Call Kimberley McAuliffe at gallery at 766-5080 for more information.

Dowd Gallery 7th annual summer show, REACHING, running through Sept. 1, takes you away to a day at the shore with pottery by Kendra Brown, art by Jennifer Wood, Carolyn Granter, Karen Johnson, Elisa Donovan, Wimberley Burton and Diana Ellis, photography by Nancy Noble, Tom Mitchell, Bill Pinney and Jill Courier, beach glass by Joanne LaFernta and a real estate sculpture by Maggie Carle.

The Dowd Gallery is located at the Long Island Learning Center on Constitution Avenue, Long Island, hours follow the library schedule (766-2313). Call Kimberley McAuliffe at gallery at 766-5080 for more information.

Addison-Wolley Armstrong and a side exhibit of oil painting by Kathleen O’Toole Hayman, an artist who continually challenges herself. These moody paintings of sea and sky show color and light as if a film scrubbed into the painting reception Thursday, Aug. 5, 5pm. The show runs thru Aug. 29. Addison-Wolley Gallery 132 Washington Avenue/Forestdale, ME (207) 766-2490 Addison-Wolley Gallery 132 Washington Avenue (at the corner of Fox St./Portland. (207) 766-2699, www.addisonwolley.com. Gallery Hours: Wednesday thru Saturday, 11:00 am to 5 pm. Curator Susan Porter.

Bowl Gallery "It's Black & White" runs through Aug. 31, an exhibit featuring work by Keith Whittingham, Richard Boyd and Pamela Wilkinson. The exhibit showcases blown glass, pottery and paintings. In descending times are valued at various colors of black and white. The gallery exhibits pottery, paintings and glass by established and up and coming artists. Located at the corner of Raymond and Essex Street on Peaks Island. Call (207) 721-6097, or www.richmondsvase.com. Hours - Tuesday thru Saturday 10am to 5pm, Sunday 12 to 5pm.

Saturday Art Walks 2nd Saturday Art Walks continue on the last Saturday of the month from 3pm to 7pm through August in artists' studios island wide, with painting, printmaking, photography, pottery, fiber, basketry, multimedia, ceramics, sculpture, and beadwork jewelry. Additional schedule: July 31 and Aug. 28. Info: http://www.maineland.org/

2010 Participating Artists: Pig Astoria (pottery), Jane Baquar (printmaking), Colas Cawell (photography), Jessica Towns (painting), Lavender Myers (painting), Mark Price (mixed media), Bethany Whitehair (photography), Kathleen Newell (multimedia artist), Tim Nicholl (multimedia artist), Suzanne Poisson (wine art), Norm Prout (photography), Kathy Schometric (photography), Beth Wirth (painting), Robert Van Der Steege (photocent), Diane Wincie (painting), Adam Dale Wilson (painting).

The Fifth Maine The Fifth Maine Museum is a non-profit museum and cultural center housed in the 1888 Fifth Maine Memorial Hall. Its mission is the preservation of Civil War and local history. To that end the museum offers a wide variety of lectures, concerts, tours, youth education programs, and community activities. Membership is open to the public. For more information please contact Kimberly Machado at jfifthmaine@gmail.com or call 207-766-3350.

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The Eightieth Maine is a living museum and lodge built in 1891 as a summer retreat for the Civil War veterans. It features overnight guest rooms and history filled, guided tours daily from 11am until 4pm. Info: www.mainemean.org Call 766-5080 for reservations.

Brackett Church 9 Church St., Peaks Island, Maine. Pastor: Rev. Desi Larrson, (207) 766-5103; bracketschurch.org Sunday Worship - 9 am, with Children Scripture Study, Mondays 8:30 am at the Farming, 9 Church Ave. Prayer: 10am; Ministry, Thursday 1pm to 2pm at Mafa's house, 73 Breaklane, 766-3807. All are welcome. For info contact Rebecca 766-3017.

Baptist Church Peaks Island Sunday Services: 10 am. Bible Study, 11 am Worship. Wednesday Services: 7pm Teen Nights Thursday at Peaks School gym 6pm to 8pm.

Holy Trinity Episcopal Chapel Epicurean services at the MacDonald Museum Community Room at 8:30 am. The minister will be the Reverend Reverend Rebecca Stephens III from West Hartford, CT on August 1, 8.15 and the Reverend Jeffrey Turezen from Cape Elizabeth on August 22 and 28. All are welcome. Please join us for worship and fellowship.

St. Christopher's Church Sunday - 8:30 am and 9:30 am until Labor Day. Saturday Vigil Mass at 5pm on Chebeague and 5:15 pm on Long Island.

Peaks Island Library Peaks Islander Tom Strider, founder of an educational software company, holds the patent for Spaghetti, a computer animation program that makes Neville white and white. He will be the featured speaker at the Friends of the Peaks Island Library's Annual Meeting, Monday, August 16. A brief business meeting at 6:45pm precedes the talk at 7pm in the Community Room. The Peaks Island Library is located at 129 Island Avenue, open Tuesdays 2pm to 6pm, Wednesdays 10am to 4pm, Fridays 10am to 2pm and Saturday 8am to noon. For more information call 766-5080 or visit www.pkislandlibrary.com/about/pikids.

Annual Blood Drive The Peaks Island annual Blood Drive, sponsored by the American Red Cross, will be held Tuesday, Sept. 2 from 11:00-5:00 pm at the Greenwood Gardens.

Portland Recreation THURSDAYS at the GARDEN - BYO picnic. Denise will be at the garden every Thursday from 11:15 am to 12:15 pm (maybe longer). Come admire the hard work of the many gardeners, including the "senior" group and their raised beds. Bring your lunch and friends! For more info, contact Denise MacCreary, Recreation Coordinator, at 766-9790, or e-mail: dm@parkside-mainet.gov. Additional activities and updates can be found on our island bulletin board.

Community Food Pantry At the Children's Workshop, open Monday through Friday, 7:30 am to 6 pm. During the Workshop's hours. For more information, please contact Susan Hanley at susan@gm.com.

THAI Annual Fair Saturday, Aug. 7 from 10 am to 3 pm,专 ect to adults at $1 dinner at 6 pm, with a silent auction, raffles and a wide variety of items for sale from the gift table, the boutique, Grandma's Corner, and the ever popular White Elephant. Hamburgers, hot dogs, delicious lobster rolls and array of baked goods. Games and prizes for children. Dinner $15, call Stephanie 766-2314. Includes garden salad, grilled chickens, ham, potato salad, brownies with ice cream and blueberries, bread rolls and lemonade. A donation box can also be BYOB. Please drop donated items for the fair at the THAI Clubhouse Friday, Aug. 6.

Tuna Tournament The 18th Annual Stardust Island Tuna Tournament at Spring Point Marina, South Portland. Aug. 11 thru Aug. 17 Tournament fishing begins at 12 noon Thursday and concludes 4 Sunday, August 21. Awards dinner Saturday at 6 pm. Contact Chuck Gregory, SITTS secretary, 207-219-9172, cg@ourworld.compuserve.com, or call 766-2314. Includes garden salad, grilled chickens, ham, potato salad, brownies with ice cream and blueberries, bread rolls and lemonade. A donation box can also be BYOB. Please drop donated items for the fair at the THAI Clubhouse Friday, Aug. 6.

Cars on Peaks Island Please walk or bike, if possible. If you really have to drive, please proceed at or below the speed limit, which is 20 mph everywhere. When sitting in the ferris line, turn off your engine.

ROOM FOR RENT $100/night

Quen-size bed, private bath; Private entrance Rhonda & Tom's house 54 Pleasant Ave

Reservations: Call Rhonda Berg 207-776-3450 or brhonda1@maine.rr.com

Peaks Island Fiber Arts Camp one week sessions continue through August 13. Camp sessions include: Wilderness Crafts, Drawing & Painting on Peaks, Introduction to Fiber Arts, Creative Felting, Colloidal Camp, Medieval Camp and French Camp. Please contact Susan Hanley, 332-3443, susan@gm.com or Laura Clewlinken, 766-5705, felten@comcast.net for more information.

Classes & Instruction

Acrylic Painting Peaks Island artist Paul Brooks will teach acrylic painting for adults Monday Aug. 9 and Wednesday, Aug. 11 at the THAI Clubhouse from 10 am to 5 pm. Open to the public. $95 THAI members $135 seniors/ $160 non members includes all materials. To register, call Stephen 766-2224 or email booking59@gmail.com. Space on first-come, first-served basis.

Dance Classes For class schedule and information contact Sharon at 776-5066 locally or by email dlassuma@gmail.com.

Yoga Classes Please contact Rebecca Stephens for the schedule at 766-3017 or rstephen@timege.in.

Weight Lifting classes Mondays and Thursdays, 7 am to 8 am or 5 pm to 6 pm 225 for 12 sessions. Come join us! Contact Rebecca Stephens, rstephen@timege.in or Rhonda Larson, (207) 766-2970, or email: info@timege.in.

Summer Programs

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PAGE 18 ISLAND TIMES August 2010 COMMUNITY NOTES
COMMITTEE EVENTS CALENDAR

Monday, Aug 2
First Monday Fun For Preschoolers: Drop in anytime between 11:00 am and noon (in the community room). Be creative with your little ones. Children must be accompanied by an adult. Sponsored by Portland Recreation (766-2570).

The Peaks Island Lions Club Annual Variety Show, at 7 pm at the Greenwood Gardens Playhouse. $5 adult/$2 children. Your favorite island artists will be up on stage for your entertainment and enjoyment. Warm up band “RIPTIDE”, classic rock with attitude, plays at 6 pm on the grounds, with Ronda Dale with friends.

Tuesday, Aug 3
Tales from the Falls, an interactive story telling program for K to fifth graders, will feature famous storytellers Chip and Annie, in the Community Room at 7 pm.

The Peaks Island Lions Club Annual Variety Show, at 7 pm at the Greenwood Gardens Playhouse. $5 adult/$2 children. Your favorite island artist will be up on stage for your entertainment and enjoyment. Warm up band “RIPTIDE”, classic rock with attitude, plays at 6 pm on the grounds, with Ronda Dale with friends.

Wednesday, Aug 4
ACE Concert series at the wharf on Cliff Island: Myrna Pontoppidan with Alton Lissacino jazz and ragtimey for all.

Thursday, Aug 5
Travelogue - France 3:00 pm in the community room. Guest Speaker Elieen Haxley will share her recent adventures of living abroad. Sponsored by Portland Recreation (766-2570).

Saturday, Aug 7 & Sunday, Aug 8
Maine & New England Native American tribal festival at the Maine Wildlife Park, Route 26, Gray, 9:30am to 4:30pm. A two-day gathering of native dancing, drumming, and singing, with craft sales, traditional food booths and special events throughout each day. This is an exciting opportunity to learn more about Maine’s Native American culture and heritage. Authentic interpreters will be on hand for precise explorations of the entire exhibit; with formal talks given at certain times each day.

Monday, Aug 9
Acorn Productions’ Shakespeare Ensemble presents “Midsummer Merriment!” at 6 pm at the Inn on Peaks Island, with speeches from Shakespeare’s plays used by audience members, followed by an 80-minute collection of short comic scenes from As You Like It, Henry IV, part one, A Midsummer’s Night Dream, Much Ado About Nothing, Taming of the Shrew, and Twelfth Night. Admission $10 ($5 for kids 12 and under). Rent the 5:35 pm Casco Bay Line ferry from Portland.

Wednesday, Aug 11
ACE Concert series at the wharf on Cliff Island: Tonight: Brad Terry Jazz Quartet, accompanied by a trio of Polish students fresh from a national competition.

Friday, Aug 13
Travelogue – Portland of the 1940s at 100 pm in the community room. See what life was like then with Innocent Interface (DVD). Sponsored by Portland Recreation (766-2570).

Monday, Aug 16
Friends of the Peaks Island Library Annual Meeting – Peaks Island Tom Snyder will be the featured speaker at the Friends of the Peaks Island Library’s Annual Meeting. Tom, founder of a company that produces educational software, holds the patent for Spark vaccination, a method of computer animation in which the outlines of shapes wiggle and undulate. Since stepping down as chairman of Tom Snyder Productions, he has been working on movie composition and writing. His talk is titled, “Conversations: My ‘strange attractor’ in education and business.” A brief business meeting at 6:45pm precedes the talk at 7pm in the Community Room.

Tuesday, Aug 17
Peaks Island Tax and Energy Assistance Louise Lof and Lollie Dinner, Hotel’s FIESTA TIMES! Our menu will consist of delicious foods from South of the Border including tacos, chimichangas, burritos, olives, rice, queso, and more. From 5pm to 7pm at the Peaks Island Baptist Church. $6 adults/$2.50 children.

Wednesday, Aug 18
Acorn Productions’ Shakespeare Ensemble presents “Midsummer Merriment!” at 6 pm at the Inn on Peaks Island, with speeches from Shakespeare’s plays used by audience members, followed by an 80-minute collection of short comic scenes from six plays at 7 pm. Admission $10 ($5 for kids 12 and under). Take the 5:35 pm Casco Bay Lines ferry from Portland.

ACOE concert series at the wharf on Cliff Island: Army the Eccentric, World famous juggler, magician, acrobat, and clown.

Thursday, Aug 19
“Mystery” Tea on Peaks Island Pre-registration required/sign-up sheet on Denise’s bulletin board in community building. Sponsored by Portland Recreation (766-2570).

Friday, Aug 20
“Open House” – Board Games For All Ages. Drop in any time between 1:00 pm and 2:00 pm (community room). Play such games as Scrabble, Chinese Checkers or bring your own. Sponsored by Portland Recreation (766-2570).

Sunday, Aug 22
Summer Afternoon Music - Fundraiser for Brackett MUMC Ministries, 3pm. Featuring gospel music by our choir directed by Jan Thomas, Old Crusty Minerals, scenes by Liz Rollins and more! Donations accepted.

Monday, Aug 23
Bingo Fun For All Ages. 10:45 am to 11:45 am AND 1:00 pm to 2:00 pm (community room). Sponsored by Portland Recreation (766-2570).

Wednesday, Aug 25
Acorn Productions’ Shakespeare Ensemble presents “Midsummer Merriment!” at 6 pm at the Inn on Peaks Island, with speeches from Shakespeare’s plays used by audience members, followed by an 80-minute collection of short comic scenes from All’s Well That Ends Well, As You Like It, Henry IV, part one, A Midsummer’s Night Dream, Taming of the Shrew, The Tempest, and Twelfth Night at 7 pm. Admission $10 ($5 for kids 12 and under). Take the 5:35 pm Casco Bay Line ferry from Portland.

Saturday, Aug 28
New Camarata Singers a capella choir, under the direction of Rich Pore, singing an assortment of choral music of the 15th and 16th centuries, performance including some instrumental presentations. At 7pm.

Final Art Walk of the 2010 Season, from 5pm to 7pm.

Monday, Aug 30
Graffiti Making For Kids Of All Ages. 10:00pm to 2:00 pm in the community room. Recycle “stuff” to make “treasures”. Sponsored by Portland Recreation (766-2570).

Tuesday, Sept. 2
Old-Fashion Picnic (BYo) and Game Day 12:00 to 4:00 pm at Greenwood Garden. Parents of children ages 6 and up, your child will be kept busy by buda hoop and jumping rope while you give blood. Sponsored by Portland Recreation (766-2570).

American Red Cross Blood Drive 11:00 am – 4:00 pm at Greenwood Gardens (rescheduled from Tuesday, July 6 – due to extreme heat.

There is a critical need for blood – we need your help! Donors must be at least 17 years of age; there is no maximum age limit. All donors must bring a photo ID. Register online at www.gofishmaine.org.

PRESUMPSCOT WATER TAXI

DAYTIME RATES

<table>
<thead>
<tr>
<th>Route</th>
<th>Rate</th>
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<tbody>
<tr>
<td>Peaks Island</td>
<td>$40</td>
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<tr>
<td>Little &amp; Great Diamond</td>
<td>$40</td>
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<tr>
<td>Long Is. &amp; Diamond Cove</td>
<td>$50</td>
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<tr>
<td>Cliff &amp; Chebeague Is.</td>
<td>$70</td>
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(9pm - 7am add $30)

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