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Kevin Attra

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Sewer extension on Peaks gets the green light

**BY KEVIN ATTRA**

On Monday, Sept. 19 Peaks Island resident Dan Doane was quietly content as he rode a late boat from town. “Well, we finally got the new sewer lines,” he said.

And several other islanders had been to the regular meeting of the City Council where expansion of the Peaks Island system along Seaside Avenue, Windling Way and Island Avenue had been unanimously approved.

For Doane it was a happy end to nearly seven years of doggedly attending meetings, only to see the project be deferred or delayed due to budget constraints.

Even after its approval, he worried that some of the people who’d originally asked to be connected might be left out, and asked that he be allowed to participate in the planning process.

He also requested a list of the properties being connected, but hasn’t received it yet.

The extensions, currently estimated to cost $3.3 million, would add 60 houses to the system with an additional 100 with allowance for future development of vacant lots.

Approximately $1.3 million will be used in drawing up plans and conducting engineering studies. An additional pumping station will also have to be built.

According to Mike Bobinsky, director of Public Services in Portland, the project design phase will take 12 months and start later this year. “One year for design is typical,” he said. “It’s certainly what we need for engineering, as well as taking public questions about the design and service connections.”

Excessive water has been infiltrating the existing system and will be corrected first. A smoke test of the entire sewer system was conducted in June.

“The suit is not enough for a good, but it’s too much to walk away from,” he added, “I have a law tolerance for waste.”

According to Deputy City Clerk Carolyn M. Doer the list of declared write-in candidates for each voting district, with the office sought, will be posted next to the sample ballots at the polling places.

In other news, Kelley said the Wednesday lecture series has gotten underway, better than ever. The first lecture on Sept. 28 featured Joe Rich and Alex Steed, producers of the website Cool Cuts TV.

Appropriately, this month columnist Bob Higgins of the Portland Daily Sun will discuss the mayoral race. That takes place Wednesday, Oct. 17.

**Councillors rally to fill vacancies on the PIC**

Four write-in candidates from the council and community declare themselves in the race

**BY KEVIN ATTRA**

Councilors rally to fill vacancies on the PIC: Elections

**Three seats on the CBID board are on the ballot, one contested. Plus some mayoral candidates with island appeal.**

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**In Memory**

The annual record of friends and family who have passed away during the last 12 months.

**In the Arts**

Art Roamings: Arts editor Jamie Hogan reviews three shows celebrating young artists.

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**FREE**

Sewer extensions on Peaks get the green light

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**In the News**

Ferry Rate Increase Protested: Great Diamond residents say they are paying for a service they don’t get. The PUC will investigate.

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**Elections**

Three seats on the CBID board are on the ballot, one contested. Plus some mayoral candidates with island appeal.
A CONTINUED COMMITMENT TO OUR CUSTOMERS, OLD & NEW, IN CASCO BAY

Termination baffles residents

BY KEVIN ATTRA

On Monday, Sept. 19 news got out that Family Nurse Practitioner Kitty Gilbert had been terminated from InterMed, which operates the Peaks Island Health Center. InterMed CEO Dan McCormack informed Health Center board President Marge Powers that day. Powers said that McCormack was concerned about the impact it would have on the community and reiterated InterMed's commitment to Peaks Island, saying that he felt it was a good fit. Almost immediately, Powers started fielding calls and emails from community members. "It has been a period of confusion," she said. "People wanted to know what happened because she was held in high regard.

Gilbert began work at the Health Center in March 2009, working one day a week. She became the main practitioner when Lois Unterdenker, who had been with the center for many years, was transferred last year. "People were upset when Lois left because they didn't understand," said Powers, "but she was transferred, simply because she couldn't see children. Kitty could see children and adults. Once they understood, they came to love Kitty as much as they did Lois."

According to Powers, InterMed is aggressively pursuing candidates. "All through this process [CEO McCormack] has assured me they are committed to this, which is good to know. InterMed currently makes little, if any, money through its operation of the Health Center, as there are fewer patients on the island than on the mainland and the costs are higher." InterMed's commitment is philosophical, "I guess," said Powers. "It's somewhat altruistic on their part." She said the annual fundraising events provide critical funds needed to subsidize the service. The fall campaign will launch this month. In the summer, the board also holds an annual summer clamshell race.

Meanwhile, office administrator Mary Grimaldi is holding down the fort, rescheduling appointments and coordinating coverage to provide a physician from InterMed one day a week.

InterMed personnel manager Kathy Cole, who was Gilbert's immediate supervisor, would not discuss the dismissal. InterMed CEO Dan McCormack was unavailable for this article. Gilbert did not respond to an email inquiry.

Romanyszyn work now in the Farnsworth

BY KEVIN ATTRA

The Farnsworth Art Museum has chosen one of Victor Romanyszyn's photographs to add to its permanent collection. The photo is a still life of a bookstore (similar to the one shown above from the same series).

Romanyszyn, a Peaks Island artist and photographer, is best known for his photographic images of objects juxtaposed against painted backgrounds, but he often ventures out of the studio to photograph landscapes, which are stunning in their clarity and stillness.

He said the still life was shown at an Archipelago Island Institute art show a few years ago, and purchased by a couple from Rockland who donated it to the Farnsworth. It then had to go through committee reviews before being included in the collection. The Farnsworth museum (www.farnsworthmuseum.org) opened in August 1948 and has one of the nation's largest collections of works by sculptor Louise Nevelson and paintings by Andrew, N.C. and Jamie Wyeth. It features over 1,500 photographs, mostly from the 20th century by renowned photographers, many who have worked or are working in Maine.

Romanyszyn works out of studio 203A in the Bakery Building at 61 Pleasant Street in Portland. To contact him call 207-772-0686 or email venomaza@mainet.net. To see his work visit venomaza.com. An in-depth interview about his work and his life can be read in the May 2011 edition of the Island Times.
Notes on the Mayoral Race

In municipal elections this November, the race to be Portland's first woman mayor in 58 years has drawn 15 candidates. Of these, only Jill Duson and Jodie Lapchick have the support of the campaign on any of the islands so far, although Charles Bragon has made a concerted effort to appeal to Peaks Island Council member Matt Robinson over the past few years (equivalent to City Councillor Kevin Donoghue's attendance record), and was an active supporter of the last Peaks Island recession movement.

Nicholas Mavodones Jr. is also a familiar figure as the operations manager of Casco Bay Lines. He grew up on Great Diamond and served as a ferry captain before moving into a management position. So, having been involved with the islands for over 30 years his record will speak for itself, which may or may not work in his favor out here.

Duson came out for PeaksFest in June on her own initiative, and again by invitation on Thursday, Aug. 9. She ran an ad agency for 10 years, and is selling herself on her marketing skills. "We need to better market this city as a great place to live, work and play. It's no wonder visitors have been known to say, 'I drive past Portland and Chebeague town offices. Ballots are not available at Casco Bay Lines.

Charles Bragon

Jodie Lapchick

Jill Duson
Coastal Cleanup 2011

Some of the debris collected along the backshore on Peaks Island during a two-day cleanup of the coastline. INSET: The IDEXX volunteer team.

BY ELLEN MAHONEY
COMMUNITY LEADERSHIP FELLOW
ISLAND INSTITUTE

IDEXX Laboratories is a Maine industry, leading employer who places great value in people, purpose and place. IDEXX provides two paid days for community service for its nearly 5,000 employees worldwide in support of its Guiding Principles, supporting its goal to be a good corporate citizen in the communities in which its employees live and work. Toward that effort, Patrick Flaherty, distribution manager for IDEXX, sought out an opportunity to serve the community of Peaks Island. On Sept. 15, Patrick along with his seven team members undertook a coastal clean-up initiative on the back shore of Peaks Island. Scouting over a mile of the back shore, filling 35 trash bags with Styrofoam, cups, bottles, wrappers, cigarette butts, storm related debris, planks, traps and tons of tangled fishing line, the crew spent more than six hours climbing around the rocky coast. Many islanders and passersby issued warm heartfelt thanks for their efforts on that rainy day. The evening was spent in celebration at the Inn on Peaks, and the team was penned by members of IDEXX leadership management.

Patrick Flaherty was pleased with the day’s events. “Although my gang is exhausted, all are already asking what will we make next year through our volunteer efforts.”

The Peaks Island Environmental Action Team (PEAT) and the Peaks Island Elementary School joined in the efforts by organizing activities throughout the week. PEAT asked residents to take action by choosing a section of shoreline to steward. Participants were asked to bring debris to the Community Center for display.

Peaks Island Elementary School encouraged student-lead stewardship by collecting debris along Crescent Beach Friday afternoon. Students, staff and parent volunteers spread out along the beach, filled bags, hauled debris and secured the shoreline and embankments for trash. “It feels good to make our island more beautiful,” said one student. Others discerned the fine line between what is trash and what is treasure. The overall results from the week were both noticeable and impressive.

News from the Peaks Island Food Pantry

FROM SUSAN HANLEY

Thanks to the generosity of our island community, we were able to collect over 300 pounds of food and $128 at our first annual Labor Day Food Drive. It was extremely gratifying to see how many people made a special trip down front with bags of donations. Thank you, thank you!

Thanks go out to Nicole Evans, as well. Nicole delivered some of the food collected at Portland’s United Way food drive to the Peaks Island food pantry.

WE’RE MOVING! The Peaks Island Food Pantry is going to be moving to Brackett Memorial Church. We will be open at our new location starting on Monday, Nov. 7. Opening hours will be Mondays and Thursdays from 3:30 to 6:30 pm. Our thanks to the Peaks Island Workshop and their staff who have hosted the food pantry for so many years. If you have any questions about the move or if you would like to coordinate food donations, please call Susan Hanley, 766-2735.
It's a living
Islanders at work on and off the island
by susan hanley

"I'm a great believer in luck, and I find the harder I work the more I have of it." -- Thomas Jefferson.

Americans are an industrious lot, and Peaks Islanders are no exception. Some of us work on the island, some commute. Some of us have one job, some have three.

Some of us have part-time professions, but all of us are busy. Busy. Busy. Busy.

By 12:15 p.m. or the 5:35 J.m. shipping freight, changing variables. You’re staying in Portland or going home. Make your trip home from Portland almost pleasurable. You can order a pastrami sandwich and a glass of Guinness. Or go to Flatbread for a pizza. Relax. You’re catching the 2:15 p.m. ferry.

If you’re leaving the Ocean Gateway garage at 3:30 p.m., you’re clearly taking the 7:15 p.m. ferry to Peaks, but the Benkay Sushi Bar is right across the street. Order the Bento-box special and the sake sampler. Caution: if you order a seafood dish, you might want to take the 8:15 p.m. ferry.

By now you know that if you hit the red light on Commercial Street at 2:10 p.m. you have plenty of time to do some shopping. Go get a 9-pound un-grated Parmiggiano-Reggiano at Miceli’s, a mini-Saporta and park yourself in the waiting area with a favorite book. While you slowly nibble your cheese and bread the other waiting passengers will dool.

Commuting to an island is like humor; the most essential element is timing.

-- susan hanley

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*Winkelmann Architecture*

*Visit Updated Website: www.winkelmannarchitects.com*

*ISLAND TIMES* PAGE 5

*Peaks Island Experience*

Decision Points

by jerry garman

Island commuters understand time and distance problems. Our departure from home is timed perfectly to match the departing ferry schedule. The return commute becomes more challenging as we deal with ever-changing variables. It's especially critical when racing for the 12:15 p.m. or the 5:35 p.m. boat, since missing one of those creates a long delay.

There are certain checkpoints that assure you either will be at the departure gate on time or perhaps have a pleasant layover instead. Here are some guidelines to help you make your trip home from Portland almost pleasurable.

Walking time to the gate from Rt Rå is 2 minutes, 21 seconds, from the Ocean Gateway garage, 6:42. (If you have no ticket, add 4 minutes pushing cart with or children, 3 minutes; shipping height, 5 minutes.)

Driving time to park at the terminal from Franklin Arterial at the Commercial Street traffic light, 5:55. (If light is red, add 2 minutes. If parking on level 5, add 2 minutes.)

So whenever you reach these checkpoints, look at your watch. You'll know immediately whether you're staying in Portland or going home.

For example, if you are walking past Rt Rå at 12:13 p.m., you will miss the 12:15 p.m. ferry to Peaks by 21 seconds. Stop, go into Rt Rå, order a pastrami sandwich and a glass of Guinness. Or go to Flatbread for a pizza. Relax. You're catching the 2:15 p.m. ferry.

When did you start the Maine Singers’ Atelier?

In 09. It’s a labor of love. This is a new horizon for me to have my own studio as a teacher, I have a backbone of experience so I can support my students out of my experience.

What do you do at the Atelier?

I work with people who want to perform or speak in public. I help them overcome any obstacles to being themselves comfortably on stage. For some people it’s stage fright, for others their delivery may be problematic - you can’t understand what they’re singing - so I help them open up and improve their enunciation.

I help them with issues of booking, getting jobs. With my third-year students they are all now booking. I share my own gig correspondence with venues so my students can learn how to talk to a producer - how to have the conversation to get a gig, how to negotiate. I also teach basic music theory so that singers can function in a band setting or with a music director.

I volunteer in the public schools with the ELL [English Language Learner] community, and I work with my students with some of the same performance techniques to make them relaxed and comfortable speaking in front of their classes.

So, the head of the program asked me if I would work with some college-bound ELL students and teach them some of the same skills for their college interviews. When I did, the kids really got it.

So now I am starting to offer individual coaching for any college-bound student who wants to improve their interview skills, or for music students who want to fine tune their vocal audition pieces. They can also bring in their own videographer and use the space - I have professional lighting and background - so they can make an audition DVD. Most music schools now require an audition DVD to qualify for a live audition.

What is our favorite part of teaching at the Maine Singers’ Atelier?

The group sessions because I love to watch the penny drop. People make discoveries about themselves and, oddly, that happens not as much as when they’re doing it up in front of the group. It’s when they’re sitting in the audience, when the pressure is off. That’s when a lot of learning happens and I get to see it, and that gives me a lot of joy. I am all about relationship to audience, and in the group sessions it’s easier to teach that because there is an audience.

What’s your least favorite part?

Cleaning up after the show, rushing for the boat. (laughs) Publicity and promotion are really the hardest part. I have such a difficult time with that.

Have you developed any special tricks to be able to pursue your career and still live on Peaks?

Make use of boat time. Now that there’s Wi-Fi you can do lots of correspondence on the boat. Have good friends in town that you can crash with. Keep a toothbrush and spare underwear in your car.

How do you think living out on Peaks Island has influenced your work?

Some of it is the isolation, it makes you more resourceful. When I moved up here, I was forced to re-invent my career in new and unexpected ways.

Julie Goell knew that she wanted to be a performer since she began singing folk music in Italian cafes at the age of 14. Four years later she decided to test her audience appeal statewide. She wondered, did her success in Italy depend on her cachet as a "foreign exotic?" Short answer - no.

Julie has since appeared on Broadway, film and television; developed and directed a Commedia Dell’Arte piece for Disneyworld; written and toured three one-woman shows in the US and abroad and directed award-winning productions.

S.H. You’ve lived in big cities, foreign countries. How did you end up on Peaks?

J.G. I had just left New York City and was working at Disney, when I met Arner. After we were hanging out for a while, Arner said, "Before we carry our romance any further you should see where I live," because obviously it would be a big change. So I spent a week up here and decided I was not only enamored of him but of the place he lived.

So you moved to Peaks Island. Then what did you do for work?

First I presented puppet shows and made masks for my own theater productions. I like developing work with and for other people. At the Maine Singers’ Atelier, I share my own gig correspondence with venues so my students can learn how to talk to a producer - how to have the conversation to get a gig, how to negotiate. I also teach basic music theory so that singers can function in a band setting or with a music director.

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Some of it is the isolation, it makes you more resourceful. When I moved up here, I was forced to re-invent my career in new and unexpected ways.
Dear fellow islanders,

After a great deal of thought, I have registered as a written candidate in the upcoming November election for the position representing Peaks Island on the Casco Bay Lines board of directors.

With my candidacy, I bring a totally different but much needed perspective that is, at present, totally unrepresented on the board. If elected, I will be the only island small business owner. As such, I have firsthand experience with fiscal accountability, customer relations, employee relations, and the need to keep costs under control. Like all business owners, I extensively use all aspects of the ferry business: personal commuting, vehicle delivery, and freight delivery. One of my goals is to see the financial stability of the Casco Bay Lines and eventually success, in their efforts to keep the service, seasonal residents, the cost of using the service, to find a new home for a lost cat on Peaks Island, and eventually success, in their efforts to keep the service, seasonal residents, the cost of using the service.

I am also a 30-year resident of Peaks, and my two children attended daily public schools in the towns of Peaks Island and Portland. During those 30 years, I have watched the service remain excitedly, in the same boat, but somewhat mysteriously. Whether you are a daily or periodic commuter, a business owner or a seasonal resident, the cost of using the Casco Bay Lines needs to be controlled to keep it affordable for both residents and commuters alike.

I hope you will consider my candidacy.

Robin Clark  
Peaks Island

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Dear Island Times,

Many thanks to Ellie Weets (8) and Annie Doall (9), who were very helpful, and eventually successful, in their efforts to find a new home for a lost cat on Peaks Island this past summer. They worked on posters, spread the news, and even went door-to-door on behalf of the feline. They were rewarded for a job well done with a trip to the ice cream store.

Sincerely - Pete Anderson  
Peaks Island

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To the Prayer Shawl Ministry

There are angels among you on Peaks Island. They came to me here in Virginia adorning in a package that brought sunshine to my life. I never expected the day to be better. Just one more blessing from the many friends that I have made through my daughter, Rondi. The prayer shawl is just beautiful. I love all the colors. It's already broken in ‘cause I've used it every day. Whenever I'm wrapped up in that beautiful fabric, I can feel what went into creating this blanket and feel them around me. Thanks to Donna Pade, the superintendent at the hospital. She made the shawl and is so kind. I keep up with what you are doing. I intend to pass on your prayers and goodness along to as many as I can in some way. You will never know how much sunshine you have brought into my life at this time.

Margaret "Mama" Fay Wingfeld  
Charlottesville, VA

Peaks Island Tax & Energy Assistance

When Peaks Islanders established Peaks Island Tax Assistance and then added Energy Assistance, we had no idea that looking 9/11

It’s hard to believe that it’s been 10 years since 9/11. The emotions from that day are still very powerful as we mark the 10-year anniversary. Ask anyone where they were that day, and they can probably remember very clearly.

A decade certainly hasn't diminished how it felt to watch the falling towers, the Pentagon in flames or wreckage of the plane crash in Shanksville, Pennsylvania. A decade hasn’t diminished the sadness and grief we feel for the passengers on the planes, the workers in the buildings and the first responders who sacrificed their own lives to save those of others.

I was honored to take part in ceremonies over the last few weeks to honor those 3,000 victims, who will be remembered for their heroism, legacies, and love for their families and communities. We would give anything to have them back, and that desire has certainly not weakened in the last 10 years.

But just as time has not erased the pain from 9/11, I hope it doesn’t take away the strength, unity and bravery with which we went forward from that event. The events of 9/11 were meant to drive this country apart. Instead, they brought us closer together.

Passersby joined the first responders at Ground Zero to dig for survivors. Men and women decided to serve their country in uniform. Communities, families, and neighbors came together across the country to offer whatever they could do to help. Regular people, who may not have had any personal connection to the attacks, felt the call to create something positive from this terrible event.

One Tuesday morning, three women in Freeport started waving the American Flag on the corner. Rain or shine, the Flag Ladies have done it every Tuesday since then. It was a privilege to be able to join them, along with the rest of Maine’s delegation, to wave the flag on the 10th anniversary of 9/11.

I am also a 30-year resident of Peaks, and my two children attended daily public schools in the towns of Peaks Island and Portland. During those 30 years, I have watched the service remain excitedly, in the same boat, but somewhat mysteriously. Whether you are a daily or periodic commuter, a business owner or a seasonal resident, the cost of using the Casco Bay Lines needs to be controlled to keep it affordable for both residents and commuters alike.

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Yoga and meditation practices offer mindfulness training — the ability to stop in one of those key times of forward momentum when our brains would prefer to stay on automatic pilot, and allow the time to make thoughtful choices. Again and again, perhaps 100 times in a one yoga class, we identify the pull of knee response and choose to pay attention to a single breath and the choices we are making in the moment. After practicing on our own, we transfer those skills into our daily routines.

In yoga class, I often remind students that in some ways what we are doing is counter-intuitive. We are asking our brains and bodies to succumb to inefficiency and discomfort in order to build strength, increase flexibility and wake up out of our habitual fog. You can be sure you will meet some resistance and protest along the way.

Any time stress endures presents a similar challenge. Expanding calisthenics or a discernable gain is not considered a good survival strategy in the part of our brain that concerns itself with staying alive. That's why many folks have workout buddies, join a gym that's right near home, or exercise in the morning before their brains engage in the distractions of the day.

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One situation in which efficiency starts out as a benefit but later becomes detrimental is in the process of recovery from an injury. When you experience soft tissue damage, the injured area is flooded with fluids and neighboring structures harden to protect the damaged tissues. While the soft tissue is healing, your body will adjust and learn to compensate for the missing tissues. If the tissue damage is temporary, there will be a re-adjustment phase in which your body will work to compensate for the injured tissues regain strength and we get to perform our compensatory behavior, such as limping. Many folks skip this phase and continue to compensate indefinitely.

Ironically, this lack of completion creates a situation in which your body will perform joyfully, efficiently and delightfully permanently efficient one.

The good news is that there are many situations in which the tolerance of temporary inefficiency leads to delightfully permanent efficiency. Two examples that come to mind are compensating for injuries in which the damage is irreparable and acquiring any new motor skill. In both cases, muscles that cannot initially perform certain tasks will eventually learn to do so with relative ease.

At first you will probably feel awkward and incompetent. Your internal efficiency expert will want to skip some steps and make the task as easy as possible as quickly as possible. In addition, resistance will create imaginary obstacles, sleepiness will pull you into complacency, and ego will want to make sure no one is watching.

If you can master the willingness to override your desire for immediate accomplishment and stay in that awkward phase, the rewards will be plentiful. You will train the muscles that are best suited for the task instead of using the ones that are always volunteer to do everything. You will create new pathways in your nervous system which keeps your brain awake and expanding its repertoire. And eventually, after much repetition, you will perform your task so naturally and delightfully.
ACROSS
1. Town in a dozen states
6. Organ component
10. Metrical foot
14. Smoke
15. Elton John musical
16. General Bradley
17. Time-honored sartorial question
20. South of Houston
21. F/k/a
22. See 3 Down
23. Rhinoviruses
27. Lindsay Lohan's fable
28. Kind of sandwich
33. Center prefix
36. Modify
38. Dame
39. Aztec sandwiches
41. Bunker Hill Monument, for one
44. Horse-drawn carriage
45. Cards of a sort
46. Shoe size
47. Cher, for one
48. Cards of a sort
51. Lateral prefix
53. Spain's best river
54. Reddish orown
57. On terra firma
59. Article
61. Article
63. Aztec sandwiches
64. Horse-drawn carriage
65. With "New Jersey," answer to 17 Across
66. Tender
69. Couple (sl.)
70. Fasten again
71. Atomic No. 10

DOWN
1. Birdcalls
2. For a specific purpose
3. With 22 Across, answer to 17 Across
4. The Iliad is, often
5. U.S. Army fort
6. She's sold over 100 million albums
7. Turbulent water
8. Sappho's forte
9. Taste in food
10. Ann Landers' home state
11. Beginner's Latin
12. Take note of
13. La ___ Tar Pits
14. ___ job
19. Guinness, e.g.
24. ___ carbs
26. ___ Down, for one
29. Electrical unit
31. Love in Brittany
32. Lincoln or Ford
33. James, R&B artist
34. Catherine ___, wife of Henry VIII
35. Muslim leader
37. ___ on
40. Gibbon
42. Irritate
43. To be in Paris
46. Not him
49. Master of depravity
50. Spanish airline
52. French classical painter
55. Poetic contraction
56. Long-running Broadway musical
57. First "A" in NAACP
58. Kind of sandwich
59. Kind of sandwich
60. Wilson
62. Popular crop
64. Greek letter
66. Greek letter
67. Push-up of sorts

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Serving extraordinary pub fare & pizza from 11 a.m. to 10:30 p.m.

WINNING CAPTION for September (See page 15 for this month's cartoon) Send caption ideas to katrina@islandtimes.org

These lick-on decals look great, but they don't stick anywhere- Brittaney Combes, Windsor, CT
Star Gazing

October's the month for sky-watching. It's dark later in the morning and earlier in the evening, allowing the stars above to shine through and grace our earthly activities. In addition, we have fewer bugs to bother us as we stand and look up. I've tried star-gazing while riding my bike, but that can be hazardous to one's health.

The sun is becoming increasingly active in its 11.5-year cycle, and it currently sports a sunspot so large folks could see it without a telescope (the sun was just setting, so it didn't blind them). From its turbulent surface, the sun is throwing off giant arcs of plasma, some in our direction. Earth's gravitational field scours the particles away from the equator and toward the north and south poles. When they reach the thick thermosphere 200 miles above Earth, the particles collide with atoms charged by ultraviolet light and create huge shimmering curtains of green and red. If you look northward on a clear evening, these auroras are sometimes visible from Maine (check spaceweather.com for advance notice).

North is also the direction of a supernova now occurring in the Pinwheel Galaxy, just above the last two stars in the handle of the Big Dipper. It's the death-knell of a star 10 times the size of our sun, and its home galaxy is 24 million light-years away, so the light from that gigantic explosion occurred that long ago and took all that time to reach us. By contrast, the light reflected from the moon takes 1.5 seconds to reach us; the light from the sun takes 8.3 minutes.

We also have comet Garrard streaking through our northern sky, a green ghost visiting from the beyond, leaving a trail of dust behind. Past comets have left dust trails, too, and Earth will pass through two such trails this month. The Draconid meteor shower peaks on Oct. 8, and it may produce some large flashes bright enough to see through the light of the nearly-full moon. Two weeks later, on Oct. 22, the Orionids peak, and though the sky is mercifully dark then, the meteors will be less impressive in both quality and quantity.

PLANETS

The real star of the month is a planet - the king of planets, Jupiter. This behemoth is 11 times wider than Earth and, even though it's comprised mostly of gases and not solids, its mass is 2.5 times that of all the other planets combined. When I get up at 5:00 a.m. and step outside now to call the cat in to breakfast, it's nearly overhead and dazzling white, with the Pleiades star cluster hovering nearby. Even in binoculars, I can see the equatorial bands on its surface and the Galilean moons strung out to the sides (in case you're wondering why I'm late for the 6:15 boat).

Jupiter reaches opposition (opposite the sun on Earth) on Oct. 28 and it's also near aphelion (closest to the sun in its slightly elliptical orbit), so it's closer to Earth now than it will be for decades to come - a mere 369 million miles. Earth's faster, inside orbit makes Jupiter appear to move retrograde (westward) in comparison to the background stars.

As October progresses, Venus will slowly rise higher in the west at sunset, and Mercury pops up just below it later in the month. Mars is up in the southeast at dawn and is passing through the Beehive Cluster from Cancer into Leo, but it's not worth getting up for yet. Saturn is behind the sun at inferior conjunction, but as Earth speeds along its faster orbit, we'll soon see Saturn as a morning star. Uranus and Neptune are still high in the night sky and findable with a chart (how people live without a Sky and Telescope magazine, I just don't know). Pluto is setting lower each evening, and astronomers have now found a fourth moon orbiting it, unnamed as yet.

STARS

At 9 p.m., the Northern Cross asterism in Cygnus the Swan is directly above us. Beside it is brilliant blue-white Vega in Lyra. To their south is yellow Altair in Aquila the Eagle. On the northeast horizon, red-giant Arcturus is just setting, and in the northeast horizon golden Capella in Auriga the Charioteer is rising. At 5:00 a.m., the Pleiades star cluster is nearly overhead and brilliant white Sirius (our closest bright star at just 8 light-years away) is in the south, the bright eye of Canis Major. You might see Orion the Hunter and Taurus the Bull, as well. In the northwest, the Andromeda galaxy looks like a faint Frisbee in the sky. It's headed in our direction and will merge with the Milky Way in the distant future.

ALMANAC

Oct. 1- Before dawn in the east, Mars passes through the Beehive Cluster, as Leo looks on below.
Oct. 3- First-quarter moon is high in the sky at sunset, signaling the start of the best week for telescopic viewing of our nearest celestial neighbor.
Oct. 8- Draconid Meteor Shower peaks in the northern quadrant early this morning.
Oct. 11- Full “Hunter’s” moon sets at 9 p.m., th e Northern Cross is just setting, and in the
Oct. 12- The moon’s at apogee, furthest from Earth this cycle.
Oct. 13- Jupiter sits to the right of the moon tonight.
Oct. 19- Last-quarter moon is high at sunrise.
Oct. 12- The Orionid Meteor Shower peaks in the southern quadrant early this morning.
Oct. 21- That’s ruddy Mars to the left of the waning crescent moon this morning before dawn.
Oct. 26- The new moon’s at perigee, closest to Earth, so it’s pulling tides very high (around noon and midnight) and low (around dawn and dusk) approaching 14 feet between them. This weekend is ideal for sailing boats, especially in the mid-afternoon.
Oct. 28- At 6:00 p.m. a long crescent moon sits between red-giant star Antares and Venus on the southwestern horizon.
Oct. 31- Halloween! Sunset’s at 5:34 p.m. and we’ve gained 1.5 hours of darkness just this month.
It's been said that a person's experience in war shapes the rest of his or her life. That certainly was the case for Aaron Simon Daggett, a teacher from Greene, Maine. At the outbreak of hostilities in April 1861 he and his lifelong friend, Frank Lindley Lemont, enlisted in what would become Company E of the Fifth Maine Infantry. Like thousands of other young men, the two were eager to do their part to help preserve the union. They had no inkling of what was to come.

Aaron and Lindley fought side by side for neatly three years in some of the bloodiest battles of the Civil War until the fateful day of May 12, 1864 when the Fifth Maine was chosen to "lead the charge" at the Bloody Angle at Spotsylvania, Virginia. The regiment sustained heavy casualties - Lindley was wounded 17 times, dying at Aaron's side. In a condolence letter to Mrs. Lemont he writes, "I have sustained a loss which I did not and could not have realized while he was living. I had almost thought us inseparable!"

In spite of his great personal loss, Aaron (now a General) remained in the army for nearly 40 years, often commanding African-American soldiers. As time passed, letters to his son showed a growing disillusion with war and the bureaucrats (read politicians) who choose military action to settle disputes. Recalling his time pursuing the Nez Percé Indians in the west, he said it made him feel like a murderer.

Upon his retirement, Aaron lived most of the year in Washington, D.C. where he was a fixture in Congress trying to persuade officials to do the right thing for the people who elected them. He became a close friend and confidante of President Woodrow Wilson and proponent of the League of Nations.

While vacationing on Peaks Island in 1923 he penned a note titled "How to End War," in which he advocated for modifying the covenant of the League of Nations so that the United States would join; for worldwide disarmament as well as a worldwide boycott against countries that would not disarm; and for electing a new administration that would be committed to world peace.

In 1922 he was a founder of the Woodrow Wilson Award which was created in recognition of the national and international services of President Wilson by the Woodrow Wilson Foundation.

For many years the award was presented annually to an individual for distinguished public service.

Aaron's life journey took him from a small farm in Maine to the American South and West, Cuba, the Philippines and China. He experienced the horrors and futility of war and concluded that there must be better ways to settle disputes between peoples and countries. He became a dove, a lover of peace.
Art Roamings

Story & Photos by
JAMIE HOGAN

Celebrating Young Artists

The Gem Gallery hosted "Celebrating Young Artists" on Sept. 23, 24, and 25 with an enthusiastic response. The show was organized by Judith McAlistet, island jewelry artist and community advocate for art. As a Gem Gallery member, Judith frequently tends the gallery on behalf of other artists, and for this exhibit, she was at the Gem for the entire duration of the show.

"I manned it the entire time because I wanted to tell people about the artists," said Judith. She distributed flyers about the show back in the spring and summer, inviting artists 15 years old and younger to showcase and sell their work. Seven artists ranging in age from 15 to 9 responded to the call, including Emma GarciaIon, Grace Byrne, Audrey Byrne, Daisy Braun, Isabella Levine, Adam Wendell-Pearson and Zara Boss.

Emma Garcelon is a summer resident on Peaks Island and sophomore at Deerin High School. Her interest is photography and graphic design, and she is currently taking a course in Photoshop. She exhibited several photographs and also magnets made with ceramic shards and sea glass.

Daisy Braun’s work included a series of digital prints and a colored pencil drawing called "Freedom Sloop," of a ship in a bottle. She is a year-round Peaks Island resident and freshman at Portland High School, where she is thrilled to be taking Art Fundamentals.

Grace and Audrey Byrne, year-round Peaks residents, both showed lively paintings and mixed media. Grace is in eighth-grade at Waynflete School and her sister, Audrey, is a fifth-grader at St. Bridgid School.

Adam Wendell-Pearson was born on Peaks Island and is now a fourth-grader at Mt. Desert Elementary. He enjoys all kinds of art making, most recently working with duct tape. His vibrant flowers and wallets made from colorful duct tape brightened a table display. And he’ll take orders!

The work of Isabella Pearl Levine, a year-round Peaks Island fourth-grader, spanned an entire wall, ranging from seascapes to animals, some with paint, and many with glitter. Zara Boss, a 10-year-old whose grandmother Ines on Peaks Island exhibited paintings, Judith said, "I’m pleased with the result. I wanted to see this show through. It inspired the kids, so it was great." Judith departs Peaks Island in October, but is gratified that a group of brave young artists found an audience.

"Next up at the Gem Gallery will be "Of the Sea and by the Sea," a joint show featuring photographs by Peaks Island artist Mark Shain, and framed seaweed botanicals by Roxanne Miller of Bath.

"I’m calling this "A Year of the Island Morning Sun," said Mark. "I walk pretty much every morning at sunrise, for meditation, along the back shore." His photographs capture a magical light too often unseen by the late risers. Roxanne collects varieties of seaweed along the Maine coast, and press each specimen flat in an old fashioned plant press. Both artists strive to reveal natural beauty in strikingly different ways.

The show will be on view Oct. 1, 2, 8 and 9 (Saturdays and Sundays) from 12 p.m. to 5 p.m., with an artists’ opening reception on Oct. 7 from 5 p.m. to 7 p.m.

After that, the Gem Gallery will close for a couple of weeks, while artists prepare for the annual Sacred and Profane.

Peaks Island illustrator Scott Nash has original art in "Children’s Book Illustrators" at the University of New England Art Gallery in Portland, through Oct. 30. He is thrilled to share the walls with Dr. Seuss and Maurice Sendak, among others.

Much of the work on display is on loan from the Eric Carle Museum of Picture Book Art in Amherst, Massachusetts, but fortunately includes one of my personal favorites, Barbara Cooney. Daniel Kany, art critic for the Portland Press Herald, claims "this is a great show for anyone who has ever been a kid."

With the school year in swing again, we can all learn something new, from artists of all ages, and art for all ages.
As Halloween is a celebration of the dead, this month we remember the people in the Casco Bay island community who have died since October 2010.

This is the third annual memorial, started by our staff researcher Irene C. Weigle. This section will appear periodically in the Casco Bay daily newspaper.

Names are listed in alphabetical order and grouped monthly, based on the date of death. There were no recorded deaths in the months not listed. Our records may not be complete; we apologize in advance for any omissions.

October 2010

Ruth H. Mistark, 89, Peaks Island, died Dec. 11. A long-time employee of the Casco Bay Maine Islander newspaper, she started her career as a reporter and later became the newspaper’s arts editor. She is survived by her son, Robert; daughter, Joan; brother, John Shimna; sister, Victor Kys; sisters-in-law Phyllis and Patricia Kay; and several nephews and grandchildren.

November 2010

Honey Honey, 63, Long Island, died Nov. 6. She was a devoted family member and a long-time employee of the Casco Bay Maine Islander newspaper. She is survived by her children, Robert, Kevin and Joseph; her husband, John Shimna; her parents, John and Helen; and several nieces and nephews.

December 2010

Katherine Elizabeth Howes Brooks, 88, Cliff Island, died Dec. 7 peacefully at the Gosnell Memorial Hospice House. She is survived by her children, Robert, Kevin and Joseph; her husband, John Shimna; her parents, John and Helen; and several nieces and nephews.

March 2011

Kathleen Marie Balzano, 67, Peaks Island, died March 23. She was a long-time employee of the Casco Bay Maine Islander newspaper. She is survived by her children, Elizabeth and John; her husband, John Shimna; her parents, John and Helen; and several nieces and nephews.

April 2011

Jeanne L. Hogan, 87, Peaks Island, died April 5. She was a long-time employee of the Casco Bay Maine Islander newspaper. She is survived by her children, Robert, Kevin and Joseph; her husband, John Shimna; her parents, John and Helen; and several nieces and nephews.

June 2011

Robert K. Swift, Sr., 61, Portland, died June 12. He was a long-time employee of the Casco Bay Maine Islander newspaper. He is survived by his children, Robert, Kevin and Joseph; his husband, John Shimna; his parents, John and Helen; and several nieces and nephews.

Names are listed in alphabetical order and grouped monthly, based on the date of death.
and the volunteer fire department. Ruth was born to Barbara and Rusty MacLeod; her maternal father Brian; her paternal grandmother, Patricia O’Reilly, and many aunts, uncles, and cousins.

August 2011

Barbara King, Peaks Island, on Tuesday, Aug. 16 in Santa Fe, New Mexico. Barbara was a librarian at several libraries in Maine as well as a bookseller and a book store in Portland on Commercial Street for a period of time before moving to New Mexico. She continued to volunteer for causes dear to her heart until the time of her death. She was fluent in English, Spanish, and Russian. She is survived by her daughter, Martina King.

Ethel H. MacVane, 97, Cliff Island, on Tuesday, Aug. 23. Ethel was born on Cliff Island July 9, 1918, daughter of the late Howard and Florence Knight Libby, and the wife of the late Virgil E. MacVane. She was a graduate of the Cliff Island Senior High School in Portland, Maine. She was predeceased by her husband Virgil MacVane and her siblings, Robert Libby, Gordon Libby, Dorothy Libby, and Joan Libby. She is survived by her daughter, Martina King.

RosaLyn F. Barrett Weagle, 71, of Peaks Island, on Saturday, Aug. 14. RosaLyn was born on Oct. 4, 1939 and graduated from Peaks Island High School in 1958. She was a graduate of the University of Maine and a member of the Class of 1962. She was predeceased by her husband, Charles W. Barrett, Jr. and her son, Richard Barrett. She is survived by her daughter, Martina King.

September 2011

Joseph J. Burman, 55, Peaks Island, on Sept. 14 in Portland. He was born in San Francisco, Calif., and served in the U.S. Navy during the Vietnam War. He was predeceased by his father, Richard; his step-son, Richard; and his mother, E. M. Burman, Jr. He is survived by his wife, Judd Burman; his son, James Burman; his daughter, Sarah Burman; his step-son, Jonathan Burman; his step-daughter, Rachel Burman; his step-grandson, Will Burman; his step-granddaughter, Anna Burman; his step-great-grandson, Jack Burman; his brother, Richard W. Burman; and his sister, E. M. Burman, Jr.

LETTERS from page 6

you are dealing with rising fuel and maintenance costs. The result this year is we are facing a short fall of about $2,500.

The board has been aggressively brainstorming to determine the best way to break even without raising fares. They have also been discussing how to raise sufficient funds to replace the taxi within the next two years.

First, we encourage you to use the taxi more often for taking kids to and from the ferry on rainy days. On course, we'll do our best to deliver your groceries, flowers, pizza, small freight to save time and the trip.

Second, look for our monthly raffle ticket sales and drawing on Oct. 9.

Third, watch for our announcement about gift certificates that make dandy holiday gift to the frequent traveler.

Fourth, step by the taxi to contribute your loose change to help offset fuel costs.

Of course, we are always very appreciative when we receive gifts. This month we want to thank Lionel Plants, Associates for their corporate gift and our last off-duty officer M. who change box and donated his entire jar of loose change. Thank you! And if you want to help support the Islander, please try to support the recommended fare is $5 per trip. Our hope is that you will take the taxi, do your business, and benefit more if you can. Otherwise, pay us $5 a trip for you and your family or friends and pass along your appreciation.

If you can afford the recommended fare, pay what you can or ask the driver to use a voucher for your fare. Randy Greer, treasurer

The board has been an aggressive player in the Maine State Legislature, and the腿 of Maimers like the Flag Ladies and Troop Greeters can read this page.

Congresswoman Chellie Pingree was elected to Congress in 2009, where she serves on the House Agriculture Committee and is a member of the Senate Committee on Veterans Affairs. She represents Maine’s First District in Congress. She can be contacted by writing (207) 774-3019 or at www.chelliepingree.house.gov.

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Dance Classes

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Yoga Classes

Weekly classes: 11:30 a.m. Tuesdays and Thursdays, contact Rebecca Stephen, 776-5554 or rebecca stephens@msn.com.

Weight Lifting

Classes Mondays, Wednesdays, and Fridays, 6:30-8:00 P.M., 8:30-10:00 P.M. For information, call 766-2735.

Children's Workshop

Preschool enrollment for children age 3 to 5. For information, call 766-6099.

Community Food Pantry

WE'RE MOVING! The Peaks Island Food Pantry is moving to new location. Contact Catherine Estey for new address.

Holiday Concert

Mark your calendars! The 25th annual Peaks Island Music Association Holiday Concert will be presented by the Peaks Island Community Band. For information, contact Cathy York at Fennell101@comcast.net or 786-1673. Call or stop by the Peaks Island Community Center to obtain tickets.

Call to Artists

The Carla Pitter Foundation is pleased to announce its second annual Printmaking and Mixed Media Art Contest. For more information, please contact Carla Pitter at 979-715-1057, or email williamson.151@comcast.net. Visit www.carlapitter.com for more information.

The Fifth Maine

This non-profit museum and cultural center housed in the 1885 Fifth Maine Regiment Memorial Hall, dedicated to the preservation of Civil War and local history. Membership is open to all. The museum is open weekends and holidays.

The Eighth Maine

Seasonal times up to the Civil War, its members will be open weekends only or by appointment. For more information please contact Dwight Howard at 207-766-3100.

Brackett Church

9 Church Street, Peaks Island. Parish: Rev. David Lott. Service: 10:30 a.m. - 11:30 a.m. and 6:30 p.m. - 7:30 p.m. Service times to be announced. For more information, call 207-766-2651.

Doddell Gallery

BRIGHT MUSIC, a solo show by Long Island artist Christine F. Doddell, is currently on display at the Doddell Gallery. Doddell is creating her talents in mixed media, photography, painting, sculpture, paper collage, and printmaking. The exhibit will be on display through October 8.

The Gem Gallery

The Gem Gallery, located on Island Avenue on Peaks Island, is an art/creativity center cooperatively owned by 35 individuals in the media field. Events include concerts, readings, poetry, photography, readings, and visual art. The exhibit will be on display through October 8.

Addison Woolley Gallery

The SHAPE OF WATER, silver gelatin photographs by Alan Stockley exploring the random patterns and textures of water, the tremendous force and power of water. Works include paintings, drawings, and video art. The exhibit will be on display through October 8.

Doddell Gallery

TWO MUSICIANS, a solo show by Long Island artist Christine F. Doddell, is currently on display at the Doddell Gallery. Doddell is creating her talents in mixed media, photography, painting, sculpture, paper collage, and printmaking. The exhibit will be on display through October 8.

Pot on a Sill #1 by Norm Proulx at the Addison Woolley Gallery

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For more information, please call 207-766-2651.
COMMUNITY EVENTS CALENDAR

Monday, Oct 3
FIRST MONDAY FUND FOR PRESCRIPTIONS
Drop in between 11:00 am and noon to have some fun making Fall crafts and "treasures" - we may also dance and sing. Children must be accompanied by an adult. Sponsored by Portland Recreation. (766-2970 or dim:l@portlandmaine.gov)

Tuesday, Oct 4
FALL RUMMAGE SALE at the Brackett Church from 9 am - 2 pm. Don't miss it! Contact Cathy Shaw with questions about donations, to volunteer, or to set up a rummage sale table. "The Brackett Church donates all proceeds to the Brackett Church Community Center." (766-5148) (dim@portlandmaine.gov)

Saturday, Oct 8
FULL RUMMAGE SALE at the Brackett Church from 9 am - 2 pm. Don't miss it! Contact Cathy Shaw with questions about donations, to volunteer, or to set up a rummage sale table. "The Brackett Church donates all proceeds to the Brackett Church Community Center." (766-5148) (dim@portlandmaine.gov)

THE FIFTH MAINE'S TRADITIONAL HARVEST SUPPER at Central School in Biddeford, with two seatings at 5:30 pm & 7:00 pm. Tickets are $14/adult and $7/child under age 10. Reservations are suggested at the supper usually sell out. Call 766-5148 to reserve. A not to be missed event in town.

CONCERT AND DANCE at THE EIGHTH MAINE at the Peaks Island Community Center. Peaks Island Community Center at 7:00 pm. Check our website and island inclusions brochures for updates. Adults $17- $13.

Thursday, Oct 13
FEAST CATFISH TOGETHER Meet at the Peaks Island Community Center at 5:00 pm. Pre-registration appreciated. Sign-up sheet on door in community building. Sponsored by Portland Recreation. (766-2970 or dim:l@portlandmaine.gov)

Saturday, Oct 15
BENEFIT CONCERT for THE WAR RESISTERS LEAGUE to end the war in Afghanistan with Music, Song and Spoken Word performed by Peaks and Portland artists, including Julie Godd, Nancy J. Hoffman, Carl Drumm, Kathy York, Phil James, Bonnie A. Ross, Nicole D'Entremont and Eleanor Moore, at the Brackett Memorial United Methodist Church from 7:00 pm to 9:00 pm. Suggested donation $5 to $10. Proceeds will be donated to The War Resisters League, founded in 1919, a consistent, leading voice in the anti-war movement. For additional information, please contact Nicole D'Entremont at nid@me.com or call 664-8037.

Wednesday, Oct 19
PEAKS ISLAND LECTURE SERIES features Portland Daily Sun columnist Bob Higgins, who will talk about the mayoral race, at 7:00 pm at the Inn on Peaks Island.

Thursday, Oct 20
OLD-FASHION SONGS (Pl com. rm.) Drop in between 11:00 am and 12:00 noon along with Mitch Mills and The Graf. Bring a record album to listen to on an old-fashioned stereo. BYO (batch if you'd like) sponsored by Portland Recreation. (766-2970)

Saturday, Oct 22
LOAF & CUPBOARD DINNER sponsored by the Peaks Island Tennis & Education Association, an old-fashioned bean dinner complete with brown bread, hot dogs, and lots of other comfort foods from 5:00 pm to 7:00 pm at the Baptist Church. Adults $6/children $2.50. Tickets sold at the door.

Friday, Oct 23
READ AND THE BRAIN, a public discussion at the University of Maine, Portland campus, Payson Smith Hall, Room 1, from 5:00 pm to 6:30 pm. Please register via Information 765-5199.

Tuesday, Oct 27
HALLOWEEN STORIES AND CRAFT PROGRAM at Peaks Island Baptist Church. Drop in between 10:30 am and 12:30 pm. The Very Scary Mrs. Cranberry Rockwell is about a 5 to 9 year old's visit at the MacVey Center, Peaks Island at 6:00 pm. You don't want to be late. The beginning is the best part. Children can come in pajamas so they can make two beds to sleep in as you get home. As usual, there will be refreshments appropriate for the occasion. Sponsored by the Peaks Island Baptist Church. For more info call 766-5540 or email peaksportland.lib.me.us

Tuesday, Oct 27
SINGO FUN (Pl com. rm.) 10:45 am to 12 noon. Have fun playing SINGO while sharing your favorite Halloween stories and pranks. Sponsored by Portland Recreation. (766-2970) or dim@portlandmaine.gov

CHURCH SUPPER at the Brackett Church from 5 pm to 6:30 pm. Theme: "Octoberfest" Free and open to everyone!

Monday, Oct 31
LAUGHTER YOGA CLUB (Pl com. rm.) Drop in between 11:00 am and 12:00 noon and laugh for no reason at all. Everyone needs at least 10 minutes of belly laughing a day. Led by a Certified Laughter Yoga Leader. Sponsored by Portland Recreation. (766-2970) or dim@portlandmaine.gov

Tuesday, Nov 1
FIRST TUESDAYS BOOK DISCUSSION at the Peaks Island Community Center. "Winston's War" by Libby Donaldson. Winston doesn't Cry. A stirring Memoir of the Battle to Imagine Little Rock's Central High School. "Winston's War" by Libby Donaldson. To reserve a library copy come in to the library, call 766-5148 or email peaksportland.lib.me.us

SUBSCRIPTION FORM: To subscribe to the Island Times, please fill out this form and send with a check for $25 to Island Times, 120 Brackett Ave, Peaks Island, ME 04109

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2010 Hunger statistics for Maine

According to data released Friday, Sept. 9 by the US Department of Agriculture, 15.4 percent of Maine households — approximately 200,000 individuals — went hungry last year, slightly more than in 2009. Over 68,000 were children, which represents 1 in every 4 children in the state.

In comparison to the nation, however, Maine now ranks as the 13th most food insecure state, down from ninth position in 2009, and is now sixth in the nation for households with very low food security, down from second place the previous year.

In 2010 the Good Shepherd Food Bank, the largest hunger relief organization in Maine, distributed 12 million pounds of food throughout the state.

For more information please contact Clara McConnell at the Good Shepherd Food Bank (207) 782-3554 or mcconnell@gsf.org

CITY:____ STATE:____ ZIP CODE:____

by Palmer

MONTHLY CAPTION CONTEST: Each month we offer a new BRIQO image with no captions so that you can write one up. Below is this month’s cartoon. Send your ideas to features@islandtimes.org and we’ll publish the best. See page 8 for last month’s winner.

From Clara McConnell, Good Shepherd Food Bank

Good Shepherd Food Bank

Keeping Maine families fed during the holidays, Good Shepherd Food Bank provides food for those who are hungry, including families, the elderly, children, and those who are homeless. To find out how you can help, please call 766-6316.
ISLAND SERVICE DIRECTORY

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Thanks for a fun-filled summer season!!!
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Contact Susan Hanley at 332-2443, or susan@peaksislandfiberarts.com
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Fifth Maine Regiment Museum
45 Southshore Avenue
P.O. Box 41
Peaks Island, Maine 04108

A Museum of Civil War & Peaks Island History
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www.fifthmainemuseum.org

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