8-1982

Peaks Island Star : August 1982, Vol. 2, No. 8

Service Agencies of the Island

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3rd annual CHILDREN'S FESTIVAL
Sat. Aug. 28 11 am - 4 pm

featuring THE SHOESTRING THEATER and STREET PARADE

GAMES, ACROBATS, BILL BONYUN-FOLSINGER, BUBBLES, BALLOONS, STORYTELLING, CLOGGING, JUGGLING

Fun for All

Entrance Fee 75¢ (Adults $1.00) Not more than $5 per family

CONTRA DANCE in the evening 7-11 $2.00 per person
PEAKS ISLAND CHILD DEVELOPMENT CENTER

In trying to identify and meet the child care needs of Peaks Island residents, the Peaks Island Child Development Center would appreciate your help by filling out this survey. Please return it to one of the following drop-off points by.

1) Feeney's Market
2) Peaks Island Child Development Center (St. Christopher's Parish)
3) Alan Mills (Nissen Truck)

We appreciate your time and caring.
Thank you!

1. Do you presently have, or will you soon have a need for child care for:
   a) Infant-15 months
   b) 15 months to 2½ years
   c) 2½ years to 5 years
   d) After-School/Kindergarten Aged
   e) After-School/7-10 years
   f) Summer Day Camp/6-10 years

2. Is this need currently being met?

3. Do you prefer:
   a) Center-based child care
   b) Family day care
      (in a state licensed home)

4. If you were able to find child care, would you utilize it for:
   a) Employment
   b) Education and/or Job Training

5. Are you interested in attending a meeting to learn more about family day care homes, and what it would involve to open one in your home?

   If yes, please give name and phone number, or call 766-2854 (Peaks Island Child Development Center) with that information. Thanks.

   If yes, what age children would you prefer caring for:
   a) Infant to 15 months
   b) 15 months to 2½ years
   c) 2½ years to 5
   d) 6 years-10 years
NEWS FROM THE PEAKS ISLAND LIBRARY

Starting the week of September 5th the library will switch back to its winter schedule:

- Tuesdays: 12 - 8
- Wednesdays: 10 - 4
- Thursdays: 5 - 8
- Fridays: 10 - 1

We had a very busy summer seeing a lot of familiar and some new faces. Thank you for being patient when asking for new titles. Each year the Library and its Branches are given less money for new books and this year was no exception. We also were not able to buy new books for the months of May, June and July, which affects how many new books you see on the shelves in the summer. A good way for the Peaks' Branch to get more money for books is to increase our circulation for the year. We would like to have this year, 1982 - 1983, the year to READ. Come in and use the Peaks Island Branch every week. Whenever you have a free moment "READ"!

Try reading aloud after supper or after you listen to the news. It's wonderful for children to be read to. Helps them form a good imagination. You can all take turns reading a chapter. Just think -- in the middle of our winter you could be wandering the shores of a Mysterious Island or sailing the high seas looking for whales OR finding a Secret Garden. Come on in and let us be the resource and travel agency for an exciting adventure!

Also, starting up in October will be our MOVIES, MOVIES, MOVIES series. It will run once a month until May. There will be more in the September STAR, as to what movies we will show and the evening and time. Plan to attend.

TIPS FROM FMA

(We are pleased that the FAMILY MEDICINE ASSOCIATES, now occupying the Health Center on Sterling Street will still continue to give us the helpful advice that has been Marge's monthly contribution to the STAR. We WELCOME them to the Island and hope that you all have seen the informational leaflet that they have circulated. If you did not receive one, check their office or the Peaks Island Library.)

STAFF: Frederic N. Schwartz, D. O., P.A.  HOURS: M.D. on call 24 Hours
Laurie Seltzer, D.O.  OFFICE : M., T., Th., F.
John E. Kazilionis, D.O.  Wed. Appointment making only
                           No M.D.
                           Tel. 766-2929

Did you know that choking on food is the leading cause of accident deaths in infants and ranks 6th among adults? Each year more people die from choking than are killed by guns, snake bites, lightning or electrical shocks. When a piece of food lodges in the throat (usually meat) it prevents breathing, the victim has just four minutes before he will suffer permanent brain damage from lack of oxygen. In less than four more minutes he will be dead from suffocation. Here are a few tips to help you recognize choking and what to do when it happens.

Signs: First signs of choking are when a person suddenly becomes quiet and a look of alarm comes over his face. He may clutch at his chest or throat. Do not let this person leave the table alone because he will collapse and he cannot save himself.
TIPS FROM FMA  continued

Choking is sometimes called a Cafe Coronary because other diners mistake the cause of the collapse as a stroke or heart attack. Stroke and heart attack victims, if conscious, can usually talk and breathe. A choking victim is unable to do either. Soon after these first symptoms, the victim will start to turn blue and lose consciousness. Treatment must be immediate if he is to survive.

SEND someone for help but don’t wait for it to arrive.

--- Ask the victim if he can breathe or talk. If he can talk and cough, don’t interfere with his attempts to clear his throat.
--- If he cannot breathe or talk, strike him several times between the shoulder blades with the heel of your hand.
--- If this fails, wrap your arms around the victim’s waist from behind. Make a fist with one hand and place it, thumb-side against the belly, between the rib cage and navel.
--- Clasp the fist with your free hand and press in with a quick upward thrust. Repeat several times if necessary.
--- In all cases the victim should seek prompt medical attention after the emergency is over.

Common sense can help prevent choking accidents. Keep small toys away from babies and cut solid foods into bite-sized pieces for toddlers and children. Adults should have ill-fitting dentures fixed. Foods should be bite-sized portions if teeth are missing. Alcohol intake increases the possibility of choking for all people, so great care should be exercised when drinking before eating.

The procedures here described apply only to food choking accidents. FMA is more than happy to supply any further information and stands ready to give demonstrations of this important and life-saving technique.

Have a happy and safe autumn.

Karen Greenleaf, R.N., Nurse Educator

SENIOR CITIZEN CENTER SAYS

Three cheers and a half dozen hurrahs for Bill Cass and his staff at the Cockeyed Gull.

During a recent crisis of the Home Delivered Meals program Bill not only supplied the food and had it prepared, but did it all free.

A fine example of real Island spirit!

Senior Citizen’s next Luncheon Meeting will be September 15th. The last meeting had a fine slide show by Paul Whitney of Peaks Island -- 1950 - 1982.

DOREEN McCANN'S DANCE STUDIO

Classes will start the week of September 13. The time schedule is as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>4:30</td>
<td>3rd class</td>
</tr>
<tr>
<td></td>
<td>6:00</td>
<td>Toe</td>
</tr>
<tr>
<td></td>
<td>6:30</td>
<td>4th class</td>
</tr>
<tr>
<td></td>
<td>7:15</td>
<td>Dancersize Program</td>
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<tr>
<td></td>
<td></td>
<td>Arabic Exercise</td>
</tr>
<tr>
<td>Tuesday</td>
<td>3:30</td>
<td>Pre-school</td>
</tr>
<tr>
<td></td>
<td>4:30</td>
<td>2nd class</td>
</tr>
<tr>
<td></td>
<td>6:00</td>
<td>Adult class</td>
</tr>
</tbody>
</table>

For more information please call 766-2727.
NEWS FROM THE BROWNIE GIRL SCOUTS

BY IRENE MURRAY, SCOUT LEADER

We have been very active for most of our first summer. The COOKIE SALE was a great success! Even though the troop was organized late in the year, and we had passed the real cookie deadline, the girls really sold an enormous amount within a two week period. The final count was over 500 boxes of cookies - I think it is wonderful. We are sorry that there were not enough Thin Mints for all who ordered them. Again, this is because we began the Troop late in the year. Next year we will have more time to sell more cookies!!

Since we began in the Spring, the girls have been busy trying to fulfill the requirements for a whole year to earn their Brownie "B" badge for this year. In the Fall, they will all move up into another category. We have 7-8 girls who will "fly up" to Junior Girl Scouts this Fall. We need to find a leader for them, or they won't be able to continue in Scouting. I will remain the Brownie leader. If anyone is interested in being a leader for the Juniors or helping me as a Brownie assistant leader, please call me at 766-5591 after 6 P.M. week days.

We meet every Sunday from 2-4 P.M. at the Community Center. Since this is our first year, we are just building up a supply of materials. We need: Glue, scissors, crayons, old magazines, poster paper, and yarn and/or string. If anyone has some extras, they can drop them off at my house on Central Avenue or at the Center on Sundays.

In September, I will be sending a notice to all children in the first, second, and third grades as to the particulars of the Girl Scout Troop on Peaks Island. We hope to have a good year, and are always welcome to visitors at our Sunday meetings.

SOME ANNOUNCEMENTS OF COMING EVENTS

FIFTH MAINE and MUSIC ASSOCIATION

Wednesday - August 25

The Music Association presents at the 5th Maine Hall
Elizabeth and Stephen Harmon
VOCAL DUETS

Piano accompanyist - Lisbeth Johnson

ART ASSOCIATION

Important meeting September 21 at 8 p.m. in the Community Room

ST. CHRISTOPHER's NOTES

The Trading Post closes on Saturday August 28th. Drawings on prizes will take place on that date. Clearance sales will take place August 23 - 28.

St. Christopher's CCD classes will have registration October 1 and 2.

MANY THANKS to those who contributed to the PEAKS ISLAND STAR's printing fund this summer. Donations from Mildred Casey, Clio Webber, Barbara Whitney and Mary Ann Sanborn and ALL those who baked for our Food Sale and those who bought from it. And, please, whoever has Anita's pie plate, return it to the Library!

Organizations, remember that the deadline for articles and dates for the STAR is the 15th of each month.