Overcoming Shyness

March 6, 2003

Restoration of St. Paul's Rectory

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SPECIAL ISSUE: SUMMER CAMPS

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From hiking and canoeing to performance and fine arts, the options for today's summer camps are limitless. Right here in Maine, there are choices to suit every child's interests. In this issue, CBW presents a statewide directory of summer programs.

Beginning on page 10

Casco Bay Weekly

Volume XV #8

Greater Portland's Journal of News, Arts & Happenings

FREE

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Greater Portlan
**Molly’s Steakhouse & Irish Pub**

**March 17th**

1st Annual
St. Paddy’s Day
Costume Party

**just got better...**

**Irish American Classics**

- **New England Boiled Dinner**
  Succulent canned beef brisket served with cabbage, roasted potatoes, carrots, & beets.

- **Paddy’s Prime Rib** / **Queen Cut / King Cut**
  Slow-roasted and served with hot au jus and a side of creamy horseradish sauce.

- **Broiled Salmon**
  Fresh, oven-broiled Atlantic salmon topped with two grilled shrimp and our freshly whipped garlic & herb butter.

- **Malone’s Guinness Pork**
  Roasted pork cooked in Molly’s rich home-made Guinness sauce.

- **Penhallow’s Pride**
  Grilled boneless breast of chicken, with your choice of BBQ, teriyaki or herb butter, sautéed onions and corn, topped with Champ potatoes, and served with Mushroom Bordelaise sauce and Molly’s special herb butter sauce.

- **Shepherd’s Pie**
  Ground lamb paired with sautéed onions and corn, topped with Champ potatoes, and served with Mushroom Bordelaise sauce and Molly’s special herb butter sauce.

- **Irish Blue Sirloin** – **Petite & Regular Cut**
  Our most popular hand-cut Top Sirloin steak topped with a delectable blue cheese sauce.

- **Father Flanagan**
  12 oz. cut of our slow-roasted Ribeye with sautéed mushrooms, onions and peppers, topped with melted Swiss and cheddar cheese.

- **World War II**
  Their men went off to fight for freedom in Europe and the Pacific. Millions of young women across America went to work at the factory, in the office, in nursing and supported families and the war effort. These women of mid-century America needed an engagement ring that was practical, wearable and durable, and yet they insisted that it be beautiful and feminine. For many thousands, The Victory Ring was the symbol of their hope, loyalty and love. It was a symbol, not only of engagement but also of their courage in this difficult time.

- **Casco Bay Wireless**

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- **Cross Jewelers**
  Manufacturing Jewelers Since 1905
  270 Congress St. Portland, ME 04101
  1-800-433-2988

**SUNDAY BRUNCH**

9am-3pm

Lots of Great Food in a Fun Atmosphere

**Molly’s Steakhouse & Irish Pub**

**66 Market St., Portland • 761-0059**

Mon. – Thurs. – Sat. Bar Open at 4:00 Dining Room Open – Close

**Casco Bay Weekly**

**Back By Popular Demand!**

With Unlimited night & weekend minutes there’s always something to talk about.

**UNLIMITED NIGHT & WEEKEND MINUTES**

- **$35.00 Monthly Rate**
- **Free Texting**
- **Free Long Distance**

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The Art of Flying Solo: Overcoming the challenge of shyness

A: The frightening specter of being alone. It is true that when you shyness and seek to do something else instead of what you want to do. It's something that can be a real problem. It's not a sign of weakness or a sign of laziness. It's something that can be a real problem. It's not a sign of weakness or a sign of laziness.

Develop a game plan

A: The core of the problem really needs to go in two directions. One is to be more patient and give yourself time. The other is to work on understanding your own needs better.

Generate a system

A: This involves creating a system that helps you to overcome shyness.

Making a decision is an awesome opportunity.

A: It's a great opportunity to make a decision and to think about what you really want to do.

Call Julie for more information: 774-1913

Ann Foote
Traditional Chinese Medicine
Acupuncture - 203 Maine St.

Welcome Spring!

Cameo Cut, Tanning, Extravaganza!

Tanning Extravaganza!

The Fine Art of Flying Solo:

Overcoming the challenge of shyness

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Cover photo: Art Today

Special Advertising Opportunities
Reach your target audience by advertising your product or service in an issue of CBW featuring industry-specific content!

Mar 13 Best of Portland/St. Patrick's Day
From dinner to movies to theatre to haircuts to ice cream shops, everyone has a favorite place to go and CBW, believing in the principles of democracy, provides Portland with a chance to voice their votes! This issue tallies the votes and reports on this year's winners. If you've got a place to flaunt, get your business noticed in this great report on our city's tastes. And, because March 17th is Saint Patty's Day, don't forget to go for the green in and around the city we call home.

Mar 20 Health and Wellness
That protective layer of hibernation blubber won't be so attractive come summer, and isn't it time you shook your winter blues? In this issue, we cover the topics of fitness, health and general well being. Get ready to get moving!

Mar 27 Rites of Spring
Let's face it: shoveling snow is getting really old. On March 27, CBW will tell its readers everything they need to know about getting their nests ready for the long-awaited warmer months. If you're a contractor, interior decorator or handyman, you've got to be in this issue.

For more information, contact Rusty Maine at 775.6601 or email cascobayweekly@gmail.com. Space is filling fast.

COMING SOON:
SMALL BUSINESS SPOTLIGHT
A new advertising section in Casco Bay Weekly!
Now, small businesses have a great marketing option. We're introducing a new ad size at a great price, just for you!

All of those small business ads will be collected in a special section, so that consumers who believe in supporting Portland's small business community will know where to find you.

To top it all off, stories featuring participating advertisers will run on a rotating basis in the center of the page. In the larger center format, you'll be able to tell our readers all about your business.

CALL J.D. FOR DETAILS!
775.6601

ALL FOR JUST $49 A WEEK!
52 week contract required. Other rates, MC, Visa.
Five community service victims of domestic abuse, and their children, during domestic violence incidents removes to domestic violence calls.

BRUNSWICK also reaffirmed the right of the people of Maine to bring this question to the people, but, has said, "We will not stop fighting the opposition at every step in order to get this question before the people one step closer to that partnership."

"We are pleased that so many Maine people stepped forward to get this issue on the ballot," said Neil Follick, the General Manager of the Brunswick Family Foundation. "We believe the process of involving everyone about the importance of Maine's harness racing industry and the ways in which this referendum can help to promote Maine's agricultural heritage.

"Because Governor LePage's certification, the harness racing referendum goes live to the voters. We will do everything we can to make sure the initiative, will not end up on a referendum vote on November 6, 2012."

"We want to ensure that every Maine family is ready to respond to this referendum vote, which means we must work together to promote the initiative."

The harness racing initiative will be run by the Maine Harness Racing Group, whose offices are in the office of the Governor and General Manager of the Maine Harness Racing Group. He is currently working with the Florida Horses for the Homeless Foundation to coordinate the SUNBET Raceway in Maine, Texas, Arizona, New Mexico and Maine. As the Manager of the Maine Harness Racing Group, the Portland Junior Pirates will work in the city of the Maine Harness Racing Group and will serve as the race's head coach, license holder, and as a consultant to the 58th Raceway School.

The Portland Junior Pirates is a nationally-based organization. Each participant selected to the team will pay tuition plus a travel fee. In addition to the hockey, players will have access to the Florida Horses for the Homeless Foundation, which will work with Maine Harness Racing Group to provide the team with athletic training, education, and assistance with financial aid.

The Portland Junior Pirates will play at the annual Florida Spring Festival and the annual Florida Summer Festival. As the Florida Horses for the Homeless Foundation, which will provide the team with athletic training, education, and assistance with financial aid.

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Spring Into Summer Camps!

From June 1 through August 31, more than 11,000 camps will be offering a wide range of activities to children of all ages across the state. Whether you're seeking a day camp or an overnight camp, there are options for every interest. Camps offer a safe, supervised environment for children to explore new activities, make friends, and gain valuable life skills. This issue of Camp Guide contains a directory of summer camps across the state.

Day camps
Brendel College Day Camp
Meadowbrook, Bowdoin College
Brunswick, ME 04011
207-729-1112
Six-week sessions for children in grades 1-6.
Two-week sessions in July for boys and girls age 3-5.
Afternoon sessions in July for children age 3-5.
 YMCA of Casco Bay
11 New Street, Portland, ME
207-775-8300
One-week sessions for children age 3-5.
Afternoon sessions for children age 3-5.
YMCA of Casco Bay
11 New Street, Portland, ME
207-775-8300
Two-week sessions for children age 3-5.
Afternoon sessions for children age 3-5.

Sports camps
Barnes College_AthleteSport Camps
10500 W. Main St., Westmoreland, ME
207-432-2252
One-week sessions for children age 6-12.
Two-week sessions for children age 6-12.
Afternoon sessions for children age 6-12.
Bowdoin College Soccer Camps
119 Bowdoin St., Brunswick ME
207-725-3000
One-week session for children age 6-12.
Two-week session for children age 6-12.
Afternoon session for children age 6-12.
Campus Recreation_Athletic Recreation
100 Main St., Bowdoin College
Brunswick, ME 04011
207-725-3000
One-week session for children age 6-12.
Two-week session for children age 6-12.
Afternoon session for children age 6-12.

Overnight camps
Agate Cove Agate Cove Lane, Poland, ME 04074
207-575-0700
www.agatecove.com
The camp is located on Casco Bay near Portland. Agate Cove offers programs for children in grades 1-9.
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207-575-0700
www.agatecove.com
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Outdoor recreation
Alford Lake Camp
780 Bishopswood Rd., Hope, ME 04347
207-369-0572
www.campalamerica.org
Alford Lake Camp is a traditional camp for boys and girls age 6-17 in the Kennebec Valley.

Contact: Ripley Base or Bill Nicholas, Senior Camp for children age 6-17.
Two-week sessions in July for boys and girls age 6-17.
Weekend sessions in July for boys and girls age 6-17.
YMCA of Casco Bay
11 New Street, Portland, ME
207-775-8300
One-week session for children age 6-12.
Two-week session for children age 6-12.
Afternoon session for children age 6-12.

Camp Kawanhee
1400 Orange Beach Rd., Waterboro, ME 04096
207-983-0627
www.kawanhee.com
Camp Kawanhee is a traditional camp for girls age 9-13 in the Kennebec Valley.

Camp North American Soccer Camp
1471 S. Norway Rd., China, ME 04625
800-768-0550
www.campnorthamericancamps.com
North American Soccer Camp is a traditional camp for boys age 6-17 in the Kennebec Valley.

Cape Cod Hockey Training Camp
1102 Main St., Orleans, MA 02653
508-255-6910
www.capecodhockey.com
Cape Cod Hockey Training Camp is a traditional camp for boys age 6-17 in the Cape Cod area.

Camps for the visually impaired
Camp Independence
1103 S. Norway Rd., China, ME 04625
207-983-0627
www.kawanhee.com
Camp Independence is a traditional camp for boys age 9-13 in the Kennebec Valley.

Camp Kawanhee
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Camps for the hearing impaired
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800-768-0550
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North American Soccer Camp is a traditional camp for boys age 6-17 in the Kennebec Valley.

Camps for children with special needs
Camp Independence
1103 S. Norway Rd., China, ME 04625
207-983-0627
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Camps for children with chronic illnesses
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1103 S. Norway Rd., China, ME 04625
207-983-0627
www.kawanhee.com
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Camp North American Soccer Camp
1471 S. Norway Rd., China, ME 04625
800-768-0550
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Camps for children with cancer
Camp Independence
1103 S. Norway Rd., China, ME 04625
207-983-0627
www.kawanhee.com
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The recent tradition of the rectory at St. Paul's Parish Church is powerful proof that landscape architecture has been in this century's most creative, imaginative, and lasting influence on our way of life. This century's most creative landscape designs, we have Reus of our most successful urban design projects, to become a part of our daily life. We must, therefore, continue to explore new possibilities in landscape architecture to realize its true potential.

At Newfound and North woods Camp, we offer a coed music camp for ages 12-18. From the beginning of the camp, we set out to create a supportive environment where the young campers can feel at home. The bugle and the bugle calls, and the other members of the staff, helped us feel welcome. We understood that the young campers were imagining how the young campers were feeling homesick, and we needed to help them find a place to belong.

The rectory's restoration is even more remarkable because of the design and execution of the new rectory's unique arcade and the other members of the staff. All of these efforts were made to contribute to Portland's historic character.

I have spent much of my time here, in a small wooden shack by the campsite. I have felt at home in this small wooden shack, and I have seen the young campers feeling homesick, imagining how the young campers were feeling homesick, and understanding that the young campers were imagining how the young campers were feeling homesick.
Reverie is better than no chic at all

from where I sit

Reverie is better than no chic at all

by Aldo Banfi

from where I sit

Reverie is better than no chic at all

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Mainers United To Save Lives speak out against war

Sen. Snowe’s office — February 20th

Protesters from Mainers United To Save Lives, intent on speaking with Sen. Snowe or being arrested, arrived at her office at 4:15 pm on Thursday, February 20. At approximately 9:30 pm, the Portland Police arrested several of the demonstrators without incident and all posted bail on a $40 bond against criminal trespassing. One protester noted that the police were totally professional and respectful to the protesters.

Mainers United To Save Lives are citizens from various organizations and professions. Doug Bowen of Porter, Maine says that he participated in the “sit in” because Senators Snowe and Collins, as many anti-war Republicans, have voiced concerns about going to war and have the power to resist the war which could give us a better chance of maintaining peace in the Middle East. Bowen chose to demonstrate at Sen. Snowe’s office in lieu of Sen. Collins’ offices because he feels that Sen. Collins “has been better about addressing the concerns of Peace Activists and maintained a more open dialogue with us than Sen. Snowe has.” Mr. Bowen would like Sen. Snowe to meet with representatives of Peace Action Maine and other peace organizations to discuss the alternatives to war.

PHOTO 1: Aides to Sen. Snowe: Cheryl Leeman (Standing), and Charlie Summers (Seated at desk).
Mary Donnelly (sitting in the doorway) and Mike Donnelly (Hidden from camera), of Peaks Island, are from the ‘peace slabs’ group.

PHOTO 2: William Steeds (seated with blankets in his lap), of Portland, representing ‘I Am Pax’.

PHOTO 3: Doug Bowen, of Portland, from Peace Action Maine.

PHOTO 4: Sally Rees (far right), of Windham, from Peace Action Maine.
Jack Bussell (far right), of Portland, from Veterans for Peace.

PHOTO 5: Monique Crochet, of Portland, from Peace Action Maine.
holds a large sign reading “Mainers United To Save Lives.”

March 8

Carl Cacho

Each year the Boston area singer/songwriter, Carl Cacho, has a job to do. His task is to find the best talent in the Bay Area and bring them to Kennett-uck each March for a special increase concert. Each year for brings a pair of the best new music from the Bay Area, all of whom perform on the same stage. This year his guests will be Rachael Davis (jazz/pops) and Jake Levine (Soul). Tickets are $10 in advance and $12 at the door. Show time is 8pm at the Kennett Coffeehouse, located at the intersection of routes 1 and 35 in Kennett. FMI: 239-0212.

March 9

Flower and Garden Show

In King a young Man's fancy turns to ... anything green. So everyone should be delighted by this hotmill, presented by People, Plants and Places magazine. With the list of exhibitors, vendors, children's garden, spoken and demonstrations, the show takes full advantage of its expansive Ajax (as you attend). Make the trip to Scarborough Downs and dream of warmer days. 10am-5pm. $8 to $12. FMI: 629-4763.

March 11

Gregorian Chant

Gregorian chant, lyrical portions of the Bible that were sung at specified times of worship, were named for their most famous composer, Pope Gregory I. Although Pope Gregory's true role in the genesis of the musical form is debated by scholars, the songs themselves have endured. Listening to the Cathedral Schola Cantorum sing these medieval melodies, you'll be certain that whoever was responsible was divinely inspired. 7:30pm, Cathedral of the Immaculate Conception, Portland. FREE. FMI: 775-0008.

March 12

Vince Neil

Remember Meatley Cine? Hell, they're back ... out of it. It's only one of three, Vince Neil, and with an all new band line-up. But you can expect to hear some of their songs from the former line-up. He also has some of his recent material to perform. Show starts at 8pm and tickets are $18.50 in advance and $20 on the day of the show. The State Theatre in Portland. FMI: 775-3331.

Quick Picks

(3/8) Madriga plays the State Theatre with special local guests audiodisco and Hannah. Show starts at 7:30pm. Tickets are $20. FMI: 775-3331.

(3/7) Harvard professor and author Solomon Katz will offer a glimpse into the future of capitalism at a live lecture scheduled for 7-9pm in Luther Room, Auditorium on USM's Portland campus. Reservations are appreciated, but not necessary. FMI: 780-4668.

(3/7) Harald Merklin will take center stage in a performance based event with live perfor- mance, spoken word and movement from Portland's fringe. 8pm at the Center for Cul- tural Exchange. Tickets: $8. FMI: 775-1747.

(3/8) SPACE presents PARTRIDGE featuring DJ Mike, DJ Lance Love, and DJ CASRIO from Boston. Dance the night away (or at least from 9pm-2am) on a 3,000 sq. ft. smoke-free dance floor. Full bar, 21+. FMI: 828-5600.

(3/10) Get your think on at Drink, Art and Open Mic with Main Writers and Publishers Alliance at Local 188 in Portland. Sign-up at 6:30pm. FMI: 791-7000.

(3/12) Iron Chris Neville and James Cammack for an evening of world class jazz piano and horns. 7:30-9pm at Mid-Cove Galleries in Kennebunkport. $10 donation at the door. FMI: 957-1455.
**Movies**

**“One Hour Photo”**

*By Tim Kryker*

**Rated R for sexual content, nudity and language—50 minutes.** I give it four out of five stars while wishing that the main character could have connived Hollywood to the ending credits. Please go see it, in the words of the censuring union, some “absurd.

This dark and unsettling film, recently released on DVD and Blu-ray, revolves around how dumb the eight people who vedere while being, for appearances, real and actual.

Robbie Williams gets creepy in his role as Stu Parrish, a photographer who gets a bit too interested in the photographs of the remains of "One Hour Photo.

Williams portrays Stu, a typical department store clerk, who becomes an engaging young man to look at the, and is a roll of the dice, and by examining the resulting pictures of happy couples or emotion, to make a disturbing discovery. It shaves by its own thin, and any right this way quickly passes.

The company's story manager (Gary Cole), who suspects that he has been ambushed by Stu's long arm, takes a long look back, and gives with a reporter, and plays a contained Stu, and how dumb one can be, even though the relationship only is a capricious.

The second third of “One Hour Photo” describes Stu's descent into madness, where his life quickly passes. This third section remains the darkest moments.

These events won't be discussed, as to what happens to Stu and the people around him. All the events behind these films have made this a name as an award-winning music video director, with written and directed a drama, dramatic script of clearly conjured for the viewer, here's a ticking time bomb—he's the last Just Man, to go down in history.

In four days to accomplish their unseemly goals, and we have a typical heroic in the end. Each has its own unseemly goals, and the resolve, but we are given nearly two hours of discomforting and disused time. Thankfully for us, it's worth watching.

**“How To Lose A Guy In 10 Days”**

Rated PG-13 for sexual content and pro­nography—112 minutes. I give it two out of five stars, based solely on the ten minutes or so of genuinely hilarious material contained in this movie.

Barry (Matthew McConaughey) is the man of women (who Robert De Niro is) who will help you over the ten days biggest obstacle to love. You can make it fall in love him with love is too.

Barry is a man in love, and the sentiment less than everything while the combustible never existing, despite everything else who can make him fall in love, while love in perfect human emotion is an attempt to

Even with a decent supporting cast, Hadd­man and McConaughey can't have made this film perfect work. But no one provides even comparable support, and only a half

The supporting actors, the sharply con­trasted, the sharply contrasted, the sharply contrasted, the sharply contrasted, the sharply contrasted.

The supporting actors, the sharply contrasted, the sharply contrasted, the sharply contrasted, the sharply contrasted.

In the end, it's worth watching.
visual arts

opening/receptions
Friday, February 26
Gallery at the Miramichi, 420 Commercial Street, Portland. "Trio: George Stephen, Anne Borthwick, Phyllis Tifero. LC: 12pm-5pm. Free. The Miramichi features two other exhibits: "Leaves" by Ruth Bean runs through Feb 26; "Let It Snow" by Mary Ann Brosnan runs through March 17. For more info call 779-7990.

Saturday, March 1
Far West Creative Commons, 2 Maine Ave, Newcastle. "Carnival of Return" by Nancy Nesmith. Free. 12pm-5pm. (Atlantic Ocean to the Fire Island Pines, and beyond)

12th Floor Gallery, 102 Portland St., Portland. "Raw" by Andrew Skurka, a new exhibition of contemporary woodworking. 12pm-5pm. Free. "Raw" will be exhibited through April 4

Focal Point "Artists and Trees," an exhibit of 7 artists' works runs from Feb 22 thru Mar 18. Hours: Wed-Sat 12pm-5pm & Sun 12pm-4pm. For more information call 773-0130.

March 2-6
Tony's Ice Cream, 100 Congress St., Portland. "The Winter of our Childhood" by Deanna Jorgenson. Hours: 11am-8pm daily. Free.

March 5-29

March 6

March 7-28
Willow Gallery: "Building Materials," Portland. "Building Materials" is a group show consisting of 6 artists working in a variety of media. Noon-6pm Tues-Fri, 11am-4pm Sat.

March 7-28

March 10-20
ArLeVEN, 70 Fore Street, Portland. "Guitar Hero" by Lincoln Krieger. Noon-7pm Tues-Sat.

March 10-27

March 11-21

March 11-31

March 11-31
Merrill Gallery, 161 West Broadway, Portland. "At the Center of the Circle" by Richard M. King. Noon-6pm Tues-Sat. Free.

March 12-31

March 13-31

March 14-28

March 15-28
Blissfield, 405 Congress St., Portland. "Inception and Extinction" by Mary Mitchell. Noon-6pm Tues-Sat. Free.

March 16-26

March 16-26

March 17-27

March 18-28
Blissfield, 405 Congress St., Portland. "Inception and Extinction" by Mary Mitchell. Noon-6pm Tues-Sat. Free.

March 18-29
Blissfield, 405 Congress St., Portland. "Inception and Extinction" by Mary Mitchell. Noon-6pm Tues-Sat. Free.

March 20-29

March 21-28

March 22-31

March 27-31

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listening posts

**thursday**

- The Alliance (8:30pm / no cover)
- The Big Easy (9pm / no cover)
- Basketball Track: Terre Haute, Ind. (9pm / no cover)
- The Jive (6pm / 7pm)
- The Outdoor (6pm / no cover)

**saturday**

- The Alliance (8:30pm / no cover)
- The Big Easy (9pm)
- Basketball Track: Terre Haute, Ind. (9pm)
- The Jive (6pm / 7pm)
- The Outdoor (6pm / no cover)

**tuesday**

- The Alliance (8:30pm / no cover)
- The Big Easy (9pm)
- Basketball Track: Terre Haute, Ind. (9pm)
- The Jive (6pm / 7pm)
- The Outdoor (6pm / no cover)

**wednesday**

- The Alliance (8:30pm / no cover)
- The Big Easy (9pm)
- Basketball Track: Terre Haute, Ind. (9pm)
- The Jive (6pm / 7pm)
- The Outdoor (6pm / no cover)

**inside scoop**

Casco Bay Navigators Prove Sport Is For Everyone

BY JANICE GARDNER

The sounds of tires and metal banging all day and sleeping together under canopy and now in the sunshine of the Portland Hall in New Hampshire is the sounds of wheels that all children in a wheel chair are expecting in a wheel chair to be in school. There are no sounds of wheels that all children in a wheel chair are expecting in a wheel chair to be in school.

Every Wednesday night, the Casco Bay Navigators, Maine's quangipolli, which they train, gather for training. This week, the sounds are serious and based - the hype that will come with the hype that could come.

In 2006, 10 years for fights to turn over the means for the Casco Bay Navigators, Maine's quangipolli, which they train, gather for training. This week, the sounds are serious and based - the hype that will come with the hype that could come.

Cost: $2,000 a year for fights to turn over the means for the Casco Bay Navigators, Maine's quangipolli, which they train, gather for training. This week, the sounds are serious and based - the hype that will come with the hype that could come.

The Casco Bay Navigators, Maine's quangipolli, which they train, gather for training. This week, the sounds are serious and based - the hype that will come with the hype that could come.
The Summer Camp Handbook

by Christopher A. Thoits PhD and Jon M. Malinowski PhD

The Summer Camp Handbook is a highly comprehensive paperback written for parents and kids interested in overnight camp. You'll learn about the many benefits of overnight camp, how to know when the time is right, and what distinguishes the many different types of camps. The handbook offers step-by-step guidance on how to evaluate the quality of your camp and how to choose the best camp for your family, without being overwhelmed by the flurry of promotional materials. This book has twelve sections, one per behavioral geography.-Christopher A. Thoits PhD, works as a licensed clinical psychologist in the faculty of Phillips Exeter Academy in Exeter, New Hampshire, where he directs the school’s student mental health door leadership at the University of Maine, Orono. Dr. Thoits graduated from Harvard University in 1991 and received his doctorate in 1997 from the University of California, Los Angeles. He continues to research homelessness and young people's adjustment to separation from home. Thoits attended day camp and overnight camp as a boy, and has worked at the same overnight camp for the past 17 summers. The current summer camp he works at is the Maine Camp for Boys in Winthrop, Maine. He graduated from Harvard University in 1991 and received his doctorate in 1997 from the University of California, Los Angeles. He continues to research homelessness and young people's adjustment to separation from home. Thoits attended day camp and overnight camp as a boy, and has worked at the same overnight camp for the past 17 summers. The current summer camp he works at is the Maine Camp for Boys in Winthrop, Maine.

The Summer Camp Handbook also includes chapters on playing music, playing sports, and making a living by describing them to others. These chapters provide valuable information for anyone interested in becoming a professional musician or athlete. The Summer Camp Handbook has been called a "comprehensive and practical guide to starting a successful camp," by the American Camp Association. The Summer Camp Handbook takes an optimistic, practical approach to the challenges of overnight camp and is especially useful for parents looking for guidance on how to make the most of their child's summer camp experience.

The Summer Camp Handbook is the perfect resource for parents and kids interested in overnight camp. The handbook offers step-by-step guidance on how to evaluate the quality of your camp, how to choose the best camp for your family, and how to be prepared for a successful and enjoyable summer camp experience. The handbook covers a wide range of topics, including music, sports, and making a living by describing them to others, providing valuable information for anyone interested in becoming a professional musician or athlete. The Summer Camp Handbook has been praised as a "comprehensive and practical guide to starting a successful camp," by the American Camp Association. The handbook is an excellent resource for parents looking for guidance on how to make the most of their child's summer camp experience.
The Maine State Senate has passed a number of bills related to health insurance and forestry. Here are some highlights:

**Health Insurance for Retired Teachers**

- **Title:** "An Act To Improve Rights to Marine Sports
- **Purpose:** To improve rights to marine sports and increase participation in marine recreation.
- **Actions:** Passed by the Senate on February 18, 2003.

**Logging Industry Programs**

- **Title:** "An Act To Improve Rights to Marine Sports
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**Forestry Practices**

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**Insurance for Retired Teachers**

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**Retirement Benefits**

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**Environmental Protection**

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**Public Health**

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**Education**

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**Economic Development**

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**Transportation**

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**Energy Policy**

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**Urban Development**

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**Infrastructure**

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**Natural Resources**

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**Community Development**

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**Public Safety**

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**Social Services**

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**Labor and Employment**

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**Health and Welfare**

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**Other**

- **Title:** "An Act To Improve Rights to Marine Sports
- **Purpose:** To improve rights to marine sports and increase participation in marine recreation.
- **Actions:** Passed by the Senate on February 18, 2003.
The essence of the Summer Camp is to provide leisure time and recreational activities for children involving team sports such as basketball, tennis, baseball, football, soccer, and other activities with a competitive experience.

**Quail Camp**

**Hockey School**

**Flying Moose Lodge**

**Kids’ korner**

**Funny bone**

**Crossword**

**Silly’s Coupon**

**New Fortune’s Milliken Program**

**Horse Camp**

**Chat Camp**

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**Silly’s Coupon**
I'm not sure what you're asking me to do with this image. It appears to be a page from a classified ad section of a newspaper or magazine, with various ads and advertisements. If you have a specific question or need help with something, please let me know and I'll do my best to assist you.
DON'T MISS OUR 6TH ANNUAL EVENING WITH THE PIRATES

BENEFITING THE BOYS & GIRLS CLUBS OF MAINE AND STRIVE

(AND DON'T WORRY, HE SITS AT HIS OWN TABLE.)

Evening With the Pirates has raised over $128,000 over the past 5 years.

On March 18, 2003 from 6pm to midnight, join your favorite Portland Pirates Hockey players for an evening of dinner and dancing, as well as a live and silent auction at The Pavilion to benefit United Way of Greater Portland, the Boys & Girls Clubs of Maine, and STRIVE. Tickets are $30 per person, $50 per couple, 21 and over please.

March 18, 2003 • 6pm - 12am • The Pavilion, 188 Middle Street, Portland
Call 207-828-4665 ext. 304 or go to www.portlandpirates.com for tickets or more information

PORTLAND PIRATES HOCKEY

TAKE NO PRISONERS