9-1992


Service Agencies of the Island

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We are completing a three-year fundraising campaign for the Health Center on Peaks this summer. Those who made gifts and pledges in 1990 and 1991 have again been contacted by letter. To save postage, you may make a 1992 tax-deductible gift by delivering it to the Health Center at 26 Sterling Street or mail to Casco Bay Health Center, P.O. 52, Peaks Island, Me. 04108. Newcomers are urged to participate. It is particularly important for the elderly and families with young children to have professional health care available on the Island, to avoid the expense and discomfort of a trip into town to see a doctor or dentist.

In the past two years over 200 Peaks residents, year-round and summer, have given generously to raise $35,000 to support the Health Center. Casco Bay Health Center, a non-profit corporation run by a Board made up of Peaks Island resident volunteers, provides the Health Center facility, rent-free, to Dr. Elizabeth Rudenberg and dentists from the Center for Community Dental Health, who practice on Thursdays on Peaks.

Donations to the Casco Bay Health Center pay for utilities, maintenance and repair of the building and equipment. They also help pay for a medical records consultant.

Negotiations to sell the facility to the City of Portland for $60,000 in exchange for a long-term dollar-a-year lease are continuing. Cash from the sale will be invested, with the income used to help meet annual operating costs.

Among recent volunteers the Health Center Board would like to recognize for giving their time and expertise are:

- Jack Anderson -- legal services
- Jane Banquer -- design of pamphlet for Dr. Rudenberg
- Sandi Boyd -- continuing liaison with Brighton Medical
- Brighton Medical Center -- free medical supplies, printing and audit service
- Rick Danberie -- promoting "Healthy Saturday"
- Frank Davis, Jerry Garman and Bob Davis -- moving a fence
- Richard Erico -- moving the lawn
- Caralen Mackenzie-Hicks -- organizing a reception for Dr. Rudenberg
- Monica Dominak -- carpeting
- Kim Norton -- typesetting for pamphlet
- Peaks Island Lions Club -- flu shots
- Kay Taylor -- flower boxes at the Health Center
- Larry Walden -- legal services
- Blanche Wilder and Senior Citizens -- bake sale
The Board is particularly grateful to Julie Goell and Avner Eisenberg who again donated their wonderful talents for a performance to benefit the Health Center; this event raised $1100. And our thanks to City Councilor Peter O'Donnell who swam from Peaks to Portland "for Peaks' sake", with pledges and donations to benefit the Health Center and the Child Development Center. A lot of folks working together for a good cause!

The annual meeting of the Casco Bay Health Center Corporation will be held on Tuesday, September 15, 7:30 p.m. at the Community Center. Board members will be elected. Bylaws amendments will be considered. Copies of the proposed amendments may be reviewed in the Library. All are welcome and invited to participate.

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PEAKS ISLAND HEALTH CENTER
P.O. Box 52
Sterling Avenue
Peaks Island, Maine 04108

(207) 766-2929

Elizabeth Rudenberg, D.O.

Monday 8:30 A.M. to 4:00 P.M.
Wednesday 8:30 A.M. to 1:00 P.M.
Thursday 1:00 P.M. to 4:00 P.M.
Friday 8:30 A.M. to 12:00 P.M.

Please call 766-2929 to make an appointment. Thank you for your support.

STAR OF THE SEA
THEATRE AND DANCE CO.

It's been a very busy summer but now we are getting things ready for a new season. Starting on Sept. 8th. Dance classes will resume at 3pm for boys 1st class, 3:30pm girls 1st class, 4pm girls 2nd class, 4:30pm girls 3rd class, 5:15pm kids chorus and drama, 6pm adult intermediate. (KIDS CLASS INCLUDE JAZZ-BALLET AND TAP)

We have an exciting year ahead, our first performance will be on Sunday December 6th. Our theme "The Jolly Pied Piper".

The Kids chorus and drama will be working on new programs.

If you haven't yet seen our new studio, please drop in for a visit. Our stage is all finished, with lights and curtains. We hope to make good use of our new studio this winter, also in the studio we have our boutique. New items-pillows-gift baskets-hand knits, and our very popular fresh pies. Open on saturday and sunday 11:30am to 4pm.

A very special play is underway; the new book "Fairy Tea" is not yet out in the book stores. Its beautifully illustrated in water colors. Dozens of orders have been requested. Doreen has permission to put the book into a play, she plans to produce it in the spring, around St. Patrick's day. Auditions will be posted. "Fairy Tea" is on display in the boutique.

*(First edition) It is published by Windon Books, New Mexico.

Author: Annie Ullrich, California. (Doreen's niece). This is her first book, the publisher has ordered 4 more books from her, it is very exciting for us for our little theatre. Anyone interested in joining our theatre group drop in the studio for further information. (Tel. 766-27270)

MUSICALY YOURS
DOREEN AND CO.
PORTLAND RECREATION ON PEAKS ISLAND
SEPTEMBER ACTIVITIES

IF YOU WOULD LIKE TO RESERVE THE COMMUNITY ROOM, YOU MUST CONTACT DENISE AT LEAST TWO DAYS IN ADVANCE. DO NOT LEAVE A MESSAGE ON THE MACHINE. PLEASE CALL 874-8793 DURING REGULAR BUSINESS HOURS. Please note: Denise will be on vacation until Sept. 15. For the first two weeks in September only, please contact Dean Kamp (766-2791) if you would like to reserve the room.

ADULT ACTIVITIES: OPEN TO ALL ADULTS

** SEPTEMBER 22 - Tuesday  Peaks Island Travelogue 1:00 pm Com. Ctr.
** SEPTEMBER 29 - Tuesday  Greece: Slides & Music 1:00 pm Com. Ctr.

** ATTENTION SENIORS: We will be sharing these afternoons with two area senior groups. On September 22, Freeport will join us and on September 29, a group from Portland (Cummings Center) will come. Mark your calendars now and plan on joining us for an afternoon of fun. Please bring a "potluck" dessert to share.

OFF-ISLAND ACTIVITIES

Pre-registration required for all off-island activities. Senior adults are given top priority. Non-seniors may register on a space available basis. Sign-up sheets are at the Sr. Center (open M-F, 10:00-11:00 am; call ahead if coming in the afternoon: 2545). Registrations left on the answering machine CANNOT be guaranteed. Early registration is recommended as space is limited. A minimum of 8 participants is required, unless otherwise stated. If you have any questions, please call Denise at 2970.

SEPTEMBER 16 - Wednesday  Freeport Shopping  11:15 boat/5:30 return
SEPTEMBER 23 - Wednesday  Farnsworth Museum  8:15 boat/7:00 pm-no later
See the private collection of Andrew Wyeth. An exhibit of a lifetime!
Approx. cost: $17 (includes bus and museum fee)  Minimum = 37
Deadline to register: September 17
SEPTEMBER 30 - Wednesday  Cumberland Fair  8:15 boat/3:15 return
Cost: $4.50
OCTOBER 1 - Thursday  Apple Picking  10:00 boat/4:30 return

ATTENTION BASKETBALL and VOLLEYBALL PLAYERS!

Registrations are now being accepted for the Fall session. Cost is $15.00 for ten weeks, beginning on October 20. We must have a minimum of 10 registrants per program. A $2.00 drop-in fee per night will be charged to non-members. Basketball will be held on Tuesday evenings and volleyball will be held on Wednesday evenings.

Please make checks out to the City of Portland and mail to:
Denise Macaronas, Portland Recreation, 389 Congress St., Portland, Me. 04101
Deadline to register: October 8
The monthly Senior Citizen business meeting will be at noon on September 21 at the Fifth Maine Community Center. Covered dish, Pot Luck, or whatever you may call it luncheon will follow, with Peggy Harmon as hostess.

Chances on a QUILT handmade by Millie Stanton, Ellie Goodwin and Eula Ivers are available at the Senior Citizens' Center. Please make out a slip with name and address, and leave $1.00 with Fern Parker or sitter in charge. Drawing will be made in Summer 1993. Winner will be notified. Quilt may be seen at Senior Center.

A plan of the public appearance of the Sewage treatment plant now being constructed, with a drawing of the building, is on view at the Senior Citizens Center. Karen Taylor is arranging meetings, tentatively at 4:30 on alternate Tuesdays, when Peaks Island residents can talk with representatives of the City of Portland and of the company carrying on the contracted work. Call Gretchen Hall at 766-3381 if you would like to see the drawings at a time that the Center is not open.

We Senior Citizens have much reason to thank Denise and the Recreation Department of the City of Portland for the wealth of trips off the island that she makes possible for us. If I remember correctly, the thing we missed most until she came was the opportunity to take these trips. Sign-up sheets for further trips this fall are to be found at the Senior Citizens Center.

The Southern Maine Area Agency on Aging, which provides the Meals-on-Wheels that Fern sends out five days a week with the help of the volunteers who bring them around ---- this Agency on Aging has a great deal more help available for the elderly and the family members concerned for them. Whatever your problem call 775-6503 or stop in at the office at 237 Oxford St. in Portland.

BETTER HEALTH CARE, INC. at Tel. 772-7772, 208 Fore St. in Portland is also there to be of help to older people. Their particular specialty is professional housekeeping and nursing services for people who would rather stay at home.

Many thanks to Sister Ann Augusta who has seen that the Senior Center was open on Mondays until three during July and August, as she shared her painting skills particularly with whatever children turned up during July, and with adult fellow-painters any time she could be found at the Center. At 86, Sister Ann certainly is young at heart!

At the present time, you can count on the Senior Center being open from ten to eleven A.M. Monday through Friday, on Wednesday from 8:45 A.M. and from one to three in the afternoon, when Jan Sullivan sits there. We would like the Center to be open at least from one to three five afternoons a week. Even if you can help out only occasionally, or even only once, do call Gretchen Hall at 766-3381.
We have lots of new and returning friends with us this fall. The Center would like to welcome back Ben Richards to our Preschool Program and Andrew Shaw and Katherine McInerney to our School Age Program. We also welcome Kira Conley, Alden Collet, Ella Shaw, Kira Cline, Ayla Cline and Natty Rindlaub to our Preschool Program.

We had a farewell party for Liz Woods, a participant in the Summer Youth Employment Program. Liz spent the summer with us..we had fun making a special tee-shirt with all our signatures and special pictures.

Our many thanks to all who helped make the 13th Annual Peaks Island Children’s Festival a HUGE success. The rain couldn’t dampen our spirits and what better way to spend one of the many rainy Sunday afternoons we’ve had this summer! So many of you helped contribute to this success..thank you Lions Club members for all your help and to everyone who helped set up, cook, supervise activities, and clean up. It was a fun day.

Our bottle drive has also been successful this summer and more thanks are in order for everyone who contributes their Bottle credits to our account at Feeney’s Market. We received $80 of credit during the month of July! This is a great help in reducing our food costs.

Our Community Playgroup continues on Wednesday mornings from 10:15-11AM. This is a time for infants/toddlers and their parents/caregivers to come and enjoy our playspace and each other’s company. We hope to see you there.

We have purchased a new Cedarworks Climbing structure for our playground with the help of an HCD Grant (Portland Community Development Funds) and a fundraising efforts coordinated by Lois Tedieken. We’ll be picking it up on September 17 and are looking for volunteers to help put it together towards the end of September after we do a bit of surface preparation. Please give a call if you can help us out.

We’ve bid farewell recently to a snake who spent a brief time living in the terrarium in our science area. It’s been fascinating to watch our friend and try and create a friendly habitat..we all decided as friends of the snake that it liked the outdoors best.

A new addition to our School Age Area is a surplus computer from the University of Southern Maine ..an original Lisa, MacIntosh Computer. If any one has any old software compatible with Lisa, let us know as we all become more and more computer aware at our Center. HAPPY FALL!
NEWS FROM THE Peaks Island Branch Library  ***  766-5540

Beginning Tuesday, September 1, we are back to our winter hours:

Tuesday, 2-8   Wednesday, 10-4   Friday, 10-2   Saturday, 9-1
(story hour-10:15)

The Maine State Library has discontinued lending movies, so there will not be movies on Tuesday and there will not be movies at story hour. Such is the effect of budget cuts.

Jan Thomas is interested in starting a reading group. Her idea is that it would meet once a month on a Tuesday evening at the library. If you would be interested, call her (766-3336), or you can leave your name and number at the library.

Congratulations to all the children who completed their Summer Reading Program goals. You can recognize them by the handsome T-shirts they are wearing, which say, "Read-a-Book Cafe" on a bright red circle. And thank you to Pat Crowley-Rockwell for her wonderful story and craft programs on Thursday nights this summer. Thank you also to Ann Cereste, who has volunteered at the library this summer and, among other things, kept the summer reading program records.

New Books:

Non-fiction: Richard Carey, RAVEN'S CHILDREN; Edvard Radzinsky, LAST TSAR: LIFE AND DEATH OF NICHOLAS II; Elaine Robinson, BEST OF MAINE: CHURCH SUPPER COOKBOOK; Spoto, Donald, BLUE ANGEL: LIFE OF MARLENE DIETRICH; Peter Viertel, DANGEROUS FRIENDS: AT LARGE WITH HUSTON & HEMINGWAY IN THE FIFTIES;

Fiction: Dale Brown: NIGHT OF THE HAWK; Rita Mae Brown; REST IN PIECES; Mary Higgins Clark: ALL AROUND THE TOWN; Sue Harrison: MY SISTER THE MOON; Jay Parini: BAY OF ARROWS; Susan Sontag: VOLCANO LOVER

*** DEADLINE FOR OCTOBER STAR —— SEPTEMBER 25th ***
Dear Casco Bay Garage Patrons,

In the near future, we will be painting divider stripes on the decks of the garage around the turn areas. This will make travel in the garage safer provided that drivers stay to the right of these lines and slow down when turning. Please cooperate so that we may avoid the tragedy of striking a pedestrian or another vehicle.

Please resist the urge to park in a handi-cap space when you are in a hurry to catch the boat. On only one occasion have we run out of regular spaces. This occurred because an attendant was unfamiliar with our space inventory process. Even in such instances, you must see the booth attendant to park in a reserve or handi-cap space, or you may be towed.

We wish to remind you that checks for monthly parking payments should be addressed to: Casco Bay Garage, P.O. Box 7525, Portland, ME 04112. Please, please remember to put your parking card number on the check. If you have two cards please include both numbers. If you have any questions regarding billing please call 879-1671 between 8:30am and 4:30pm. If you let your parking payments lapse, you must pay all back charges in order to be able to park again. Please return your card to let us know that we should no longer charge you for parking!

We recently were informed by the police that there are a few thieves known to them that are working the area parking facilities. We have rearranged the schedule of our maintenance people so that an additional person will be on duty during the times that we feel a theft is more likely to occur, but the best protection is to remember to remove radar detectors, CB radios, and any other tempting items from your vehicle when you park. If you see children in the garage that are not accompanied by adults or adults that are acting suspiciously, please alert the garage attendant immediately. Casco Bay Garage is not responsible for theft from or damage to vehicles.

Drive Safely!

[Signature]