7-7-1988

Casco Bay Weekly : 7 July 1988

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This garbage was left here at the Scarborough landfill last week. Someone paid $16 to dump a ton of it.

This week you'll pay $25 to dispose of the same stuff.

Most of the extra money will help pay for a new incinerator. But the incinerator is not burning anything yet.

And this hole just keeps filling up.

See page 8.
LEMMINGS RETREAT TO MASSACHUSETTS
Turnpike to widen?

Even as 6,000 tons of rock poured into Viegate Island for a third
main connector, members of the Maine Turnpike Authority
board were contemplating whether to widen the turnpike. The
authority had said they were planning to add another lane at
the southern end of the Maine Turnpike where US 1 crosses the
northern part of the city. But now, an increasing number of
trucks and vehicles are using the highway, and the
authority is considering widening it to accommodate the growing
traffic.

The decision to widen the highway will also affect
residents living nearby. Some are concerned about the noise and
pollution that would come with the widening project.

RUSSELL CORP.

CLAMBAKE
Clambake On The Bay

A Cup of Capt's Rich's
Homemade Fish Chowder
Hot Garlic Bread
Plate of Steamed
Clams and Mussles
served with butter and
drawn butter

Pasta Salad
Chicken
Boiled Lobster
and drawn butter
served with broth

Hot Garlic Bread
Homemade Fish Chowd
er
includes:

You can make your
Harbor Cruise
Sunset dinner from our
snack bar

ALSO: Fish and uw.

SCHEDULE

8 per person

7 children under 15 free

Group rates available

WINE LUNCHEON
10:00 - 11:30
Casco Bay Cruise

12:30 - 12:50
Harbor Lunch Cruise

11:50 - 12:30
On Board Snacks

13:15 - 14:55
Island Cruise

15:00 - 15:45
Sunset Cruise

DESSERT

$6 per person

No save-raters to Bantowm
Logan fees take off

An increased airfares

logan

for Logan International

Airport in Boston has already

led to a surge in

business people

who used to take

Boston-bound flights.

Many passengers have been

billed higher

fees to determine the

availability of

first-class seats,

a change that the

New Hampshire

Airport Authority

recently announced.

This change is in

response to the

log on fees, which

were increased by

$150,000 last year.

OUTLAW EQUESTRIAN ESCAPES

Horsing around

An application has

been

submitted to

the Department of

Transportation for

a 70-cent

airport

fee.

The fee, which

would go into
effect on July 1,

is designed to

offset the
costs of increased

patrols of the

airport.

The problem for commercial

flights is双重.

Forest

Portland Harbor has

been a major player in

the local economy.

The problem is how
to maintain the

airport's competitive

status.

The city has a
debt of 

$12 million,

with about $20

million more

needed for
debts.

The city is

considering

raising

fees and

congestion charges.

The board, which is

responsible

for the safety of the

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A CONVERSATION WITH

Ben, Jake and Lars

PORTLAND'S UNDISCOVERED SHOPPING STREET

Our summer hours make it easier for you to visit Maine Yankee.

The Energy Information Center at Maine Yankee is still open 7 days a week, but now with extended hours.

Monday thru Saturday from 10 a.m. to 5 p.m.; Sundays, from 11 a.m. to 5 p.m.

We're inviting you to join the more than 2,000 people who have visited the Center over the past year. You'll discover interesting and educational exhibits, view a film, our full scale control room simulator and equipment showing how Maine Yankee produces electricity.

For more information, call our toll free number: 1-800-408-0886.

Extended hours: Monday through Saturday, 10 a.m. to 5 p.m.; Sundays, from 11 a.m. to 5 p.m.

Lars: When the city of Portland filled in the swimming pool on the campus of the Portland High School, Jake and I both felt that, even though we'd been using the site to find new places to rent and perform, how raw winners have taken to the city streets of Portland, Ben, with Jake and Lars always looking for a causeway.

When do you guys skateboard?

Jake: Any flat surface with curves, or living levels that you can do meaningful runs. We skateboard downtown because there's some mayor tennis courts that are closed on Sundays, and usually the security guards will come out and yell at you.

Lars: Usually, where we can find a place that has, like, a lot of concrete or wooden obstacles, like the sides of different trucks.

Do you ever get in people's way?

Jake: No, we try not to. If we see them on the sidewalk, we usually aren't too many people they just sort of blend in and then tagging them out with the rod ball. Asked why he had done it, Brandom said: “I was just out riding around.”

Lars: Even though there aren't many people on the island, the police just get used to us. We're the only people that really bother us. Most pedestrians don't seem to mind.

Jake: What do you think of your urban skate scene?

Lars: It's had, not just in the short run, but in the long run as well. Ben: Yeah, totally. It's horrible for your body. Some people get high on drugs, but we don't need to do drugs, we can have our own fun. I think skateboarding is a sport just for the kids.

What do you do with your friends?

Lars: We just hang out. We don't do this or that. We're just hanging out. Ben: The Circle Jerks, and Minor Threat, which are a really good band. It's loud and fast. I don't think it's that much more or less. Ben: Some people think that skateboarding is a sport just for the kids, they think we're all the same.

Are you guys making a statement toward society?

Lars: Yeah, it's a statement against the cops. We're making a statement against the cops and we're making a statement against the cops. Ben: I think that it's more or less a statement that says, "Hey, if you want, and if you're not going to go hard doing it, then do it. Don't be intimidated by people who think that they're not allowed to do things." Lovers, some people think that skateboarding is a sport just for the kids, they think we're all the same.

What's your five favorite Punk bands?

Lars: The Circle Jerks, and Minor Threat, which are a really good band. It's loud and fast. I don't think it's that much more or less. Ben: The Young Turks has a really positive message that says, "Yeah, we're the future of the country, and we're not going to be." Ben: Yeah, that's how the kids of today live. Ben: Skating, and it isn't highly illegal or bad. Ben: It's more or less a causeway. Ben: The Circle Jerks, and Minor Threat, which are a really good band. It's loud and fast. I don't think it's that much more or less. Ben: Some people think that skateboarding is a sport just for the kids, they think we're all the same.
Most of us just throw something away when we're done with it. Maybe we took an old couch to the dump once. But our dump is full. Not only here in Scarborough, but across the nation. The garbage bags "burst" because we've sent them there. New York investment firms have even targeted the commercial resource recovery industry as a "hot spot."

But our dump is still full. We've spent 800 million to set up a state-of-the-art incinerator that will generate enough electricity to pay its own way. But our dump is still full. We'll spend millions more setting up a sophisticated recycling program. Maybe we'll sort our glass, plastic and paper at home and set it out on the curb in half-dozen color-coded bags made of biodegradable cornstarch.

But our dump will still be full. Maybe we'll tax retailers who persist in selling heavily packaged goods. Maybe we'll regulate the packaging industry. Maybe we'll sink our worst waste in the ocean -- or that is, if anyone would do it.

And the damned dump will still be full.

And it will keep filling up until you and I quit sending stuff there, until you and I quit buying things that have to be sent there later, until we all quit buying up a manufactured world of useless trinkets.

Start today. Recycle this paper.

Mont

Hill. We are from Portland, Oregon. We were on our way through Maine. We stopped at A's on the water-front for breakfast and found your paper there.

It was fantastic! A nice look at the community, people and the environment. We left it on the table for you folks. It made us feel a little more at home with us. Thank you for making us feel so welcome and a part of you.

Mike & Donna Stone
The Old Portland

References:

A POSITIVE CONTRIBUTION TO THE DEMOCRATIC PROCESS

From paying taxes to protecting public health, from deciding what city buildings to be hidden within the purpose of city government, the purpose of city government is to be decided by its citizens.

Fourteen manufacturers are made to be responsible for the destruction of their products through the referendum. They are responsible for the destruction of their products through the referendum.

Kathy Cavan ex-plaines in this column how an appropriate general through a referendum can be used to maintain a clean, democratic government process.

Government by consent

Although recognized as the keystone of the democratic process, government by consent has been under attack in recent years. But the people continue to use their voice to decide what's best for our society.

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This garbage was left here at the Scarborough dump last Thursday. Whoever dumped it paid $16 a ton to do so. Two years ago, putting the same stuff here cost you $25 to leave the same stuff here.

Most of that increase—which comes out of your property taxes—is going toward payments on Regional Waste System’s new incinerator located off Congress Street, just the other side of the tollway.

But the incinerator is not burning anything yet. Each day it waits, you lose $25,000. And this hole just keeps filling up.

I seem to like a great idea at the time. Build a machine to convert trash to cash.

As the 70s came to a close, the Portland Council of Government's (COG) and Regional Waste Systems (RWS) began to realize that the communities they represented were doing far more trash than they were getting paid for to burn it. So they were selling the idea of a machine that would do the same thing at a rate they thought they'd get a conditioned compliance order early next week.

But faced with present problems. The paperwork is almost as much as anything. "They said, "They're (DEP) greatly understaffed."

But even as RWS awaits these permits, the cost of doing business keeps growing. Tipping fees— the price paid to dump a ton of garbage—have just gone up from $16 to $25 per ton for RWS customers and from $25 to $50 per ton for commercial waste customers.

Even when the plant does go on line with Central Maine Power, garbage price per kilowatt hour for RWS-generated power--while CMP's residential new service averages 9.5 cents per kilowatt hour--RWS pays an additional 50 percent more for a RWS power because of a state program to place its revenues in a separate fund.

Testing the incinerator, Central Maine Power, says, is not easy. The company will face initial financial penalties.

Because Regional Waste Systems is not a public utility, all of these costs are simply passed on to the public. And not just in the tipping fees. The DEP has said that if the community doesn't do its part, the whole project will be killed. So RWS will lose the extra $25,000.

The machinery is designed to handle 12,000 to 14,000 tons per day, at the current rate of generation. That’s somewhat more than a dozen years, depending on the overall project.

"The real cost estimate for the Scarborough is $25,000 a day—what comes out of a convention hotel. "

And it's somewhat more than the $25,000 a day that comes from the Scarborough. So it's somewhat more than the $25,000 a day that comes from the Scarborough.

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The problems are not ones generated by the burners, the problems are ones generated by society producing the waste.

- Dr. Frank Lawrence

“T he obvious thing to do is to find another place to put the stuff,” said Root. But finding communities willing to host new dumps built near their landfills is not easy.

And the costs of developing new landfills are staggering. The first cell of the new Ashfill at RWS Scarborough, $5 million to prepare and bring into service, is estimated to cost the company $100 per ton. At this rate, the pre-incineration waste stream may be eliminated. That could, he said, be a significant factor.

But even with new landfills and incinerators, the problem continues to grow faster than solutions can be found.

Off the record, after the interviews and official explanations, every single one of these professionals observed that if as much energy and creativity went into reducing the amount of waste thrown out as is going into figuring out what to do with it afterward, then the problem could be solved — among others, those who have built their careers on these problems.

While Root felt the mandatory incineration plan, during its licensing hearings, summed it up the best, “The solutions are not ones provided by the burners, the problems are ones generated by society producing the waste.”
For those of you without a car, "Mr. Bejelgier" himself, David Brodbrook, is in town spinning yarns and singing songs at Rapo's, 863 Forest Ave. Tickets are $11 in advance, $12 at the door.

The Atlantic Virtuosi Music Ensemble starts its third summer season at 8 pm with a free, outdoor performance today at 8:30. Take a picnic, and relax to this sampler of classical music in Orono's Arts Center terrace.

The Portland Rotary Club's 15th Annual Craft Festival is taking place today at 9 am - 4 pm. There will be all types of crafts, food, and entertainment expected. Tim Sample, director of the Portland Winter Consort, will give a gallery talk about Maine tonight at 8 at the Center for the Arts in Bath. This Downeast bi-monthly promises fun for the whole family. Tickets are $10.

The evening of baroque music will include the "Tartine" movement from Vivaldi's "The Four Seasons," Handel's "Water Music," and "Royal Fireworks Music" and Bach's Suite No. 5. Showtime is 7:30 pm. Tickets are $8. Although thunder and lightning might be an appropriate accompaniment to the Vivaldi, it is rare when concerts are moved to Portland City Hall.

The Maine Audubon Society Celebrates the Loon. Saturday.
**OFF THE WALL**

Gallery openings lecture on art. Call 582-9607 to be on the mailing list. Free. Call 582-9607 to be on the mailing list. Free.

**GAZA**

Festivals: films and special events. For more information call 492-5363.

**GALAXY**

Ice Cream Bend 51 pl. This is one of the many unique ice cream stands in Portland, including the famous Rainbow Ice Cream. Gloves, Faces and Faces Ice Cream is located on Exchange Street at the corner of Water Street. Enjoy the flavors of the Great Ice Cream Festival in Portland, Maine, July 16-17.

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Summer Reading Program-continuation. Free. For more information, call 780-5483. Special reading day for children at the Portland Public Library. Portraits and 27 at 5 pm. Reservations open at 11 am. Free. For more information, call 780-5483.


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Return to "Community Calendar." For more information, call 780-5483.

The photo finish

Man's only exclusive custom black and white processing lab.

Specializing in:
- Copying oil and hybrid photographs
- Black and white processing at all sizes
- Intermediate 8x8 prints from digital slides

At Alyssa Kaye

307 South Street
Portland, Maine 04106

00-288

Foreigner's Guide to Freedom of Choice is Visually American!

The Golden Unicorn
10 Exchange St. Portland 722-9119

Summer reading for kids, "100 Days of Summer." July 10.


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Go easy on the vitamins

What we're talking about here is megadoses, or doles of vitamins and minerals that people think are good for them, but which can be risky. A vitamin is a substance that the body needs in small quantities to function properly. Some vitamins are needed in very small amounts, while others are needed in larger amounts. However, too much of a good thing can be harmful.

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Given the complexity of the human body and its need for a wide range of nutrients, it's tempting to think that taking more vitamins will improve health. However, this is not always the case. Some vitamins, such as vitamin A, are fat-soluble and can be stored in the body for long periods of time. Prolonged consumption of vitamin A in high doses can lead to vision problems, liver damage, and other health issues.

Other vitamins, such as vitamin C, are water-soluble and are not stored in the body. As a result, they need to be replenished daily. However, taking too much vitamin C can lead to adverse effects such as diarrhea, nausea, and vitamin C dependency.

One study found that taking more than 280 mg of vitamin C per day for a year led to a flushed face, nausea, and diarrhea. Another study reported one case of vitamin C dependency in a patient who took 15 grams of vitamin C per day for three months. This led to a flushed face, nausea, and diarrhea.

Vitamins are not a substitute for a healthy diet. A balanced diet that includes a variety of fruits and vegetables is the best way to ensure that you are getting all the nutrients your body needs. Additionally, it's important to talk to a healthcare provider before taking any supplements, as they may interact with medications or cause other health issues.

In summary, while vitamins are important for maintaining good health, it's essential to consume them in appropriate amounts. Taking too much of a vitamin can be dangerous. It's always a good idea to talk to a healthcare provider before starting any new supplement regimen.
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When it comes to horror films today, nothing much is left to the imagination. With a plethora of remakes and reboots, it can be hard to find a film that is unique and original. However, one film that stands out is the beloved classic, "Frankenstein." Directed by James Whale and released in 1931, this film has captured the imagination of audiences for decades.

The story follows the tale of Victor Frankenstein, a young scientist who creates a monster. The original film is widely regarded as a seminal work of horror, and it has inspired countless imitations and reinterpretations over the years. Despite being over 80 years old, "Frankenstein" remains a beloved classic, and its influence can be seen in virtually every horror film made since its release.

One of the reasons for "Frankenstein's" longevity is its timeless themes. The monster: a creation of Frankenstein's own making, a being that is both beautiful and terrifying. The film explores the concepts of good and evil, science and superstition, and the consequences of playing God.

The performances in "Frankenstein" are also worth noting. Bride of Frankenstein's Elsa Lanchester and Dr. Frankenstein's Colin Clive deliver iconic performances that have become synonymous with the characters they portray. The Monster, played by Boris Karloff, is a masterful creation, with his distinctive makeup and voice helping to make him one of the most memorable villains in cinema history.

Overall, "Frankenstein" is a film that has endured the test of time. It continues to inspire filmmakers and audiences alike, and its legacy is a testament to the timeless appeal of the horror genre. Whether you are a fan of horror or simply interested in the history of cinema, "Frankenstein" is a must-see film that has stood the test of time.

by Del Robinson

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