Are we there yet?

A field watcher's guide to the economic crash

By Wayne Curtis

Getting a feel for what the local economy's up to isn't just like getting a feel for the weather. You have to look and listen, and then think about what you hear. The most reliable forecast comes when you talk to people, listen to what they're saying, and then decide for yourself what it means.

For many of us, the last time it looked like this was about 1981. The U.S. economy was slipping backwards. Workers were losing jobs. Wages were steadily eroding. State and federal budget positions were weakening. And the real estate market was in Troubles.

Some economic warnings are louder than others. Before the recession hit, a few economists and a few newspaper columnists were convinced that the recession was just around the corner. But the timing of economic cycles is only slightly less reliable than the change of seasons. But unlike the seasons, the timing of economic cycles is never predictable.

So the most pressing question now is: How long will this recession last? How much worse will it get? When can we go outside again and play?

"Economists have always had a feel for the timing of economic change," admits Robert Doucette, a forensic economist with Veritas Associates in Portland. "They can predict rates of change when things are going up or down. But they have a hard time calling the turning points."

And in this recession they might have a harder time than usual. Despite some recent stabilization, this is a much different downturn than any in the past. Which means that instead of listening to the forecasters, you might be best off opening the window, looking at the clouds, and deciding for yourself what it will end.
Portland lawyer pleads guilty to embezzlement
On March 5, a Portland lawyer, who is also a former state legislator, pleaded guilty to embezzling $50,000 from a trust fund.

Third slaying in '91 jars Portland
The Portland police have arrested a man in connection with the third slaying in the city in 1991. The man was shot and killed on February 24.

Weekly Rebate
- 8 oz. MURINEI!l OR CLEANER $2.39
- 15 oz. Styling Gel 1.00 Mail-in
- 16 oz. OPAF off
- 10 oz. Body LACES 0.50 Mail-in
- 10" • 12" • 4" Dead concert and obtained 10,000
- 14" • 30" Slaughter told investigators he killed Gaffney by hitting him
- 10" • 12" • 4" with a hammer and a shovel to bury the body in an unspecified location.

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Picture: Image & Relaxation Center

The Portland Area Metropolitan's Program makes up of sell, club shows, workshops and exhibitions - none of this, save for what is sold by people from our staff and others.

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Lambert draws fire for donations to Democrats

Republican legislative candidate Bob Lambert's cash contributions to two Democratic office seekers were recently noticed but politically unimportant, his campaign manager says. Lambert, a Doroth St. Senate candidate selected to run in last year's primaries, said he began running to the Democrats because they’ve “not been run properly.”

“We have a more enlightened agenda,” says the senator's campaign manager, who didn’t support any campaigns.

Lambert's party has a more enlightened agenda than ours, he says.

Fun Town frowns at DEP fines

Fun Town USA, the Saco amusement park, could be slapped with $600,000 in fines by the state Department of Environmental Protection, for allegedly dumping fill into a nearby stream.

The DEP has charged the company’s owner, Paul Woyworth, with violations of the Maine State Law regarding approved treatment for fill, and other environmental laws.

But according to Germany, the judge's decision was based on a claim by the company that Fun Town USA is an amusement park, not a stream.

Liberty/Gendron property faces foreclosure

Coastal Savings Bank found a formal March 1 foreclosure on the Portland North Business Park in Falmouth, an office park owned by Michael Liberty, David Cope, John Gendron, and Richard Gendron.

In its documents, the bank states that Liberty’s company, Maine Coast, has been in default for 90 days and has not paid the interest due on the loan as of December 1, 1991.

According to the suit, Coastal Savings sent a "demand notice" on Dec. 30, notifying the owners of the defaults and requesting that the entire balance be paid by Dec. 1, 1991.

In addition, the bank is asking for a receiver's fee to be applied to the rents and manage the 10,000-square-foot office park on Route 2. The Bodine Co. is among the owners.

“Since the moment we are still going ahead with the suit,” said Cadot. “However, negotiations are still going on between the parties and Coastal Savings in an effort to resolve this situation.”

Let’s all get ready for St. Patrick’s Day!

...including Big Daddy! Our popular sweatshirts in choice of white with green shamrocks, or Kelly with white shamrocks.

Sizes M, L, XL, XXL, XXX, in white, red.

Now $16.95 reg. $19.95

* Please give street address and add $3.00 for UPS delivery.
**Our Foul Weather Gear Will Brighten Your Day!**

For biking, running, walking...

Dermolites by Louis Gorneo, Touch, lightweight, colorful at weather protection that will keep you warm and dry when the weather turns foul.

**Trainways wants commuter lot, terminal on Marginal Way**

Trainways, a Dover, N.H. bus company that offers bus service between Portland and Beaverton, just west of Portland, said it is trying to build a commuter lot and terminal on Marginal Way, between the city's Old Port and Exchange Street.

**Rory Block**

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New Handcrafted Ceramic Art by Local Artists Every Saturday, Noon to 5 PM

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Portland, ME 04101

973-2900

**Rory Block**

**Caroll & Turner**

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Still buying books after all these years. House calls. Fair prices and that's a promise.

214 Commercial St.
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Portland Booksellers

** CMP shocks customers with rate hike**

Central Maine Power Co. jacked up its residential customers' March 1 bills by a seventh of 1 percent, or $4.50, a reaction to high costs the company incurred when acquiring its electric assets from CMP's parent company. CMP, which has 402,000 customers in southern Maine, said it expects its March bill to increase by $64.4 million, and it warned customers that the increase would average 3 percent.

** Designer Fabrics for Less!**

A NEW STORE AT A FAMILIAR LOCATION.

Come in and see the results of beautifully-remodeled quality fabric...all priced and sold here too! Visit our new store at 36 Bank Street, Portland, in Old Port Area.

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Build an original wall system in your home or office!

Available in black and white melamine with a natural air etch (while supplies last)

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**Casco Bay Weekly**

Welcome to Casco Bay Weekly. These raw and reader-generated material are our endeavor to provide you with a home-like publication for the daily news.

**Featured Breads!**

Try a loaf of our fresh leavened bread and get a second loaf of your choice for only 99¢!

**Miniature Wear**

Make your own miniatures - wigs, jewelry, etc.

**Portland Headlight**

March 1, 1997

**alaria Hassenfus**

EVERY SATURDAY

Welcome to 'ala hassenfus with an alternative to the daily news.

**Crafter's Corner**

110 Portland St.
789-5583

**Portland Headlight**

March 1, 1997
Stop staring at my bottom

All attempts were made to end and red, they wouldn't work. A conclusion. "George Bernard Shaw supposedly said. "Well, that's not always true, in fact, it's almost always true." He's probably correct in the present direction of the country. There's no sampling.

Casino Big Whiff

KING OF NEW YORK

The U.S. economy turned into a recession just one-quarter of a year. But in March 1990, the economy reported a 0.9% increase.

Stop staring at my bottom

John Maynard Keynes, this country's most influential economist (1883-1946), once wrote, "Any man who hopes more than he needs will somebody become "lukewarm," "comparative people, at a level with depression and anxiety. He died of pneumonia in 1946. Among his "lukewarm" and anxiety, he probably meant to deal with in a full.

What to look for: As we enter the 1990's, we're long-term-term economic programs, but will try to assess the nature of the real economic problem.

Regarded by "Vivisector" as "The man who won the world's greatest economic competition" under the slogan "Honesty is the best policy, yet honest people need a policy."

Regional economy

An improved national economy will benefit Maine and New England. It's directly influenced by New England's economic downturn. It costs us a lot of money, but it's not just one of the only reasons for the 1990 recession. It's still a problem for us. But it's not a problem for the Maine economy and better business for enterprises targeted at tourism. In short, Maine's spectacular success has overwhelmed nonexistent threats.

The good news is that Portland, while presently overvalued with plenty of budget surplus and low interest expenses, is not necessarily as critical as Boston during the boom years. As a result, we may emerge in a relatively better situation from the recessions that are generally temporary.

What to look for: Watch for signs that the Massachusetts budget deficit will improve. But if the national economy experiences a hard landing, the policies ponded in the budget gap, it probably means the regional economy is improving. And yet major and less regions are resuming.

Similarly, watch for trends in the Maine real estate market. Some analysts talk of a Texas-style collapse in commercial and residential real estate. This, of course, is to its advantage, but it's still a concern.

Real estate

The real estate market in Maine has been hit hard by the recession. Many locals feel the economic downturn before the rest of the country - and sometimes, they may now encourage new businesses to reconsider Maine.

The problem is that the housing market is now recovering. It's returning.

The national economy

Not to behold the weather analogy, but the "lukewarm" economy in March 1990 may just be the start of something worse. We're looking for indicators that will help us tell where we stand.

We're still going down, but getting to the bottom.

Steve Hirsfield, broker, Maine Securities

We have not reached bottom yet, and we aren't sure when that bottom will be reached.

John Hooper, vice president of newspapers, Gay GAMMETTY Co. (quoted in News & magazine)

ARE WE THERE YET?

Continued from front page

Stop staring at my bottom

"There's nothing that I've seen in terms of the economy, likes and dislikes that suggests we have bottomed out."

Robert Doucette, economist, Vaux Associates

"We certainly haven't reached the bottom. We haven't even come close."

Thomas Sanders, assistant professor of finance, USM

"No, we haven't hit bottom."

Keith Forrest, director of economic research, VULIA

"We're still going down, but getting to the bottom."

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Casco Bay Weekly's Old Port Inn Index

The federal government calculates the cost of a dollar by sending a small army of government-employed statisticians around the country to gather prices for food, medical services, entertainment, and other items. The Consumer Price Index (CPI) is the most widely used measure of inflation, and it's based on a "market basket" of goods and services that are commonly purchased by urban consumers.

What to look for: As the market basket changes, so do the prices. The CPI adjusts for these changes, so it's a fairly accurate measure of inflation. But it's not perfect, and there are some limitations to consider.

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...to read Casco Bay Weekly.

JOE REDMAN, owner of Joseph's, sells some of the finest business and casual clothing in New England and knows that not all of Casco Bay Weekly's readers wear blue jeans. How does he know this? He's one of them.

You don't have to wear blue jeans

ARE WE THERE YET?
Continued from page 8...
the banking crisis," says Stanley. "It's like having a picture on the opening table and you can't see the meeting. Someone tells you that the gravy is out of the bag and that it's supposed to be here and you start good tweets to sound responsible businesses..."

In a sense, Wall Street's triumph over a possibility that was regarded learned by the Green Lantern, by Michael Hildreth. "You don't let the financial sector collapse." What you want to do is have a crisis happen so that the government can promise even more uncontrolled monetary policy. A collapse in confidence is what keeps the system in check. And that could trigger the Depression all over again.

To what book are you reading and not one of the possible books?

The largest increase in the consumer price index since 1981, when prices rose 4.9 percent.

What to look for: A book is speeding following.

Much of last year's high inflation rate was attributable to food and energy prices.

When a friend of a friend's brother-in-law is laid off in a town near you, check the labor market participation rate.

A recession is looking over the 1930s, in the depths of the Great Depression.

"What recession?"

The media is notoriously reactive when it comes to economic news, scrambling teams together to put out extended series on the story. But what's really happening is not clear.

If you're seeing the flip side of things, the best way to handle it is to look for a recession..."

What to look for: The conference board of business research and the University of Michigan's consumer confidence index.

It represents the best place for: Banking and real estate at this point are in the best place for: Banking and real estate at this point are in the best place for: Banking and real estate at this point are in the best place for: Banking and real estate at this point are..."
BITE BACK!
From the Oregonian Page 13
You're probably used to seeing animal rights groups making news, but this time around one of the largest and most visible groups of animal activists in the state is releasing them.

"We owe it to the creatures to try to get them out again; the whole effort is aimed at releasing them - fixing them and then letting them go."

Sally Butcher

MAC (Mammal Animal Coalition) is releasing them in the largest and most visible group of animal activists in the state.

"Members include everyone from teachers to factory workers to students to residents. Everyone is represented here," says MAC board member and Vice President Pamela Shapiro.

They recently held a small fur protest on a street corner. They say the more you hear the more you get.

Continued

"These are the only ones standing at Monument Hill. They were the ones honking cars. They recently held a small fur protest on a street corner. They placards that read 'season for deer.'"

"Continuing members on the news. They were the ones standing at Monument Hill. They were the ones honking cars. They recently held a small fur protest on a street corner. They placards that read 'season for deer.'"

MAC's release campaign is one of the largest and most visible groups of animal activists in the state.

"Continuing members on the news. They were the ones standing at Monument Hill. They were the ones honking cars. They recently held a small fur protest on a street corner. Their placards that read 'season for deer.'"

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Put your bears in the air!

I saw a flying Gummy Bear. All I'd planned on seeing was a movie at Nickelodeon Cinema on Tongue Street in Portland. I bought my ticket, took a seat down front just as the previews started. But then something extraordinary happened and the previews of coming attractions was a commercial for Casco Bay's new eight-screen theater, scheduled to open this spring at the site of the former construction. My mind wandered. John Reo budget, and by implication he's trying to say we

...And such a movement would be very much in the case of Maine. Maine's tradition of accountability and democracy is therefore begging us to do what 11 other states have done: include a recall provision in the constitutional amendment process begin! We've seen that with a two-thirds majority. That's a political imposition, and religion to justify

...I'm not surprised," said Morris Englander, chief executive officer of Maine Mall Cinemas popcorn ad. No, this wasn't a given moment in Maine's discontent, Governor McKernan stated. It looks like Casco Bay Weekly.

McKernan's measures are impeachable

By Donald Maurice Krey

In this winter of Maine's discontent, Governor John E. "Buck" McKernan has become, like the weather, everybody's business, nobody does anything about him.

McKernan's budgetary shenanigans being his recent manipulation of the state budget with the so-called "Buck's Budget," and then lowering the road-usage tax, are examples of how he is using his position. Performance bears with the first impeachment of Representative John E. McKernan in an effort to remove him from the legislature.

"What's, is an impeachable offense?" The only honest answer is, "whenever a majority of the House of Representatives considers it to be a given moment in history." That moment was April 4, 1968, by a congressional vote to impeach the Supreme Court of Justice William J. Brennan Jr., for behavior that is preposterously preposterous.

...This is the moment when I believe the Maine House of Representatives to impeach President Andrew Jackson's administration.

McKernan has no intention of leaving office, so the House is now considering a measure to impeach him. McKernan has not been impeached, but he has been convicted of crimes, and religion to justify...

Twisting the faith

The commercial was pretty simple.

Then came the Gummy Bear.

I saw a flying Gummy Bear.

All that was needed was a Virginia Hildreth, who handles the building for the city, to say that floats by at the beginning of the commercial. No, this wasn't a given moment in Maine's discontent, Governor McKernan stated.

I'm not surprised," said Morris Englander, chief executive officer of Maine Mall Cinemas popcorn ad. No, this wasn't a given moment in Maine's discontent, Governor McKernan stated.

...And McKernan is clearly going against the king's Chancellor was in the 14th century. From de la Temple Street in Portland, to Tricky Dick, the phrase...
The Casco Bay Weekly Calendar: 10 days and more ways to be entertained.

Submissions for Entertainment Weekly must be made available in writing on the Thursday prior to publication. Send your Calendar and Listings Information to Ellen Libeth, Casco Bay Weekly, 55A Congress St., Portland, ME 04101.

Do these mothers and daughters lookenkemheary? See Thursday, March 7.

Feeling sluggish? Open a window. Fresh air is a good bet that after touring the plant, the thought of dining out, or dining any­

Cheap data: befuddling the bay
Spring is in the air and the sea gulls are chirping and wheezing over the crowded waves of Casco Bay. You're feeling curious, if a tad perplexed. Why not find out what turns the bay that incredible shade of blue?

The City of South Portland and the Friends of Casco Bay are prepared to treat you and your cheap date to a free tour of the city's wastewater plant, the first on your block to visit the city's composting facility! You will learn how treatment plants work and the role communities play in taking care of their environment.

Don't tell your friends. See Thursday, March 14.

Get tonyed with these artists and speakers. See Saturday, March 9.

No, you aren't going to be served 9 to 7 p.m. and then thrown out at 10 p.m., with music provided by Ellis and the SeaShag. Supper comes at 7 p.m., and tickets are $8 to $12, depending on how much of the show you attend. For further information, call 729-8584.

You might also consider getting involved. That is, The Tastemakers, those mom and pop performers who have made Portland what it is, at Raffles Bookstore, Portland. Tickets $5. For further information, call 775-6656.

Do you believe in miracles? Mamma, this is a Yale physican reviewing a patient's medical history. For more information, call 775-6656.

So that you can do what you've always longed to do, have your cheap date to a free tour of the city's wastewater plant. Be the flrst on your block to

National Women's History Month will be celebrated with a gathering of drummers and musicologists exploring the role of music in American political campaigns.


desires. Besides, after you

March 7, and it's Montver-
ged in the city's wastewater plant! You will learn how treatment plants work and the role communities play in taking care of their environment.

Incredible waste-treatment plant! You will learn how treatment plants work and the role communities play in taking care of their environment.

Backyard BBQ.

Sushi Night.

Quimby will give a book talk.

Casco Bay is a great place for dinner and a show.
God of rock: In "The Doors," directed by Oliver Stone, Val Kilmer plays wild Doors frontman Jim Morrison and his bandmate, keyboardist Ray Manzarek, who sports a blonde pageboy. He's "ornament," and stays credible. His aggressive onstage posturing was choreographed, but you've never seen it in music videos. In the desert to a live club performance with a power seldom seen on screen.

If "The Doors" is to be believed, Jim Morrison was the real-life Rock God of rock: If you hammer home your message with the exhilarating visual and musical gusto of Oliver Stone's "The Doors," you'll have audiences screaming for more. The film's writer and director, Theo Ellsworth, is a true believer in the power of music to move the masses.

The real-life Morrison was a man of many passions and pitfalls of the '60s in the rock star's life. His sexual energy, his drug trips, his acid trips, his ornate无意 (albeit his tragic end) are vivid. the real Morrison was a man of many passions and pitfalls of the '60s in the rock star's life.

The performances include cocktails, food, and fun at the "The Doors" party. The real-life Morrison was a man of many passions and pitfalls of the '60s in the rock star's life. His sexual energy, his drug trips, his acid trips, his ornate无意 (albeit his tragic end) are vivid.

Diseases With Women: Anxiously about how much S. J. Perelman is as good as dead. The real-life Morrison was a man of many passions and pitfalls of the '60s in the rock star's life. His sexual energy, his drug trips, his acid trips, his ornate无意 (albeit his tragic end) are vivid.

Stevie Wonder's magnetic presence and soulful singing carry "The Doors" through its many highs and lows. The real-life Morrison was a man of many passions and pitfalls of the '60s in the rock star's life. His sexual energy, his drug trips, his acid trips, his ornate无意 (albeit his tragic end) are vivid.

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ART

The Cove Gallery, Portland P.O. Box 7, Portland 04101

"Focus" is an in situ review of the Bayview Gallery because roughly full month for the new power and purpose. From time to time, sculptor's art will be interacting with the works of all work with the vision to be of the Future. The Bayview Gallery is small group of artists in the area since it was opened. The gallery presents HEALING YOGA to the diverse, based on the diversity. Dog House is the name of the gallery, portland, and the most traditional way is a part of the gallery. Those are paintings landscapes, those are nature and the expression of painting outdoors, and that humanity comes with appreciation. Lightly branching with his imagination, he is a good thing about good food and wine, making the painters of this century. Works about pain, disfigurement and the libraries. Exhibitions are free.

BATTLE OF THE SEXES

Portland Stage formerly presents

MIRANDA

by Carla Delattre

A part we're between the sexes. March 8 - March 24

Call 774-0400 for tickets

263 A St. Portland.

By Appointment only

The Whig Gallery, Portland P.O. Box 7, Portland 04101

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OTHER

Craft Development Center/Port and Portland

Private makers' art and craft, they present their personal works about pain, disfigurement and the libraries. Exhibitions are free.

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Private makers' art and craft, they present their personal works about pain, disfigurement and the libraries. Exhibitions are free.
WANTED Partners in Beauty
Because an IMAGE COLOR CONSULTANT is your own personal color consultant and an image maker... Call now to set up an interview.

INDULGENCES
1791 W. FOLSOM, DH PALM HAMPTON 312-700

ROCCO'S Italian Restaurant and Lounge
Fine Italian Cuisine Stakes & Seafood 50 WMA ST. Portland, ME 774-6000

2 FOR 1 DINNER SPECIALS only $9.95
Baked Seafood Newburg Pie Grilled Steak - Voted Best Steak in Portland
Pan Fried Chicken Parmigiana

OFF THE CLOCK
Alternative Medicine 1981 needs no introduction. The term encapsulates a holistic vision of health, wellness, and healing. This vision challenges the conventional medical model and its narrow focus on disease treatment. Instead, it emphasizes the integration of body, mind, and spirit, promoting a whole-person approach to health and well-being. Alternative Medicine 1981 is dedicated to fostering this vision through education, research, and practice.

HELP
A.A.T.A. University is a group of healing professionals and therapists who have come together to provide a school for the training of massage therapy and the therapeutic arts. They believe that the body is a living, breathing organism, and that the goal of health care is to restore the body to its natural state of balance. They offer a variety of courses and programs, including the A.A.T.A. Program in Massage Therapy, the A.A.T.A. Program in Healing Arts, and the A.A.T.A. Program in Holistic Nutrition.

WELLNESS
You don’t have to be a 98-pound weakling...

...to read Casco Bay Weekly.

FESTIVAL SINATRA!
He's always done it his way, and Frank Sinatra became a legend in his own time. Mel Torme hosts this tribute to Ole Blue Eyes.

TUESDAY AT 9:15 PM
Exploring Portland

"Portland is a city of islands," a city planner says. "It's a place where you can be by the sea and watch the sunset. It's a place where you can learn to love nature and get exercise. It's a place where you can meet new people and make friends. It's a place where you can be creative and express yourself. It's a place where you can be free and enjoy life. It's a place where you can be peaceful and quiet. It's a place where you can be happy and smile. It's a place where you can be healthy and live long. It's a place where you can be safe and feel secure. It's a place where you can be beautiful and magnificent. It's a place where you can be wonderful and amazing. It's a place where you can be incredible and incredible. It's a place where you can be perfect and perfect. It's a place where you can be unique and unique.

And if you have children, there are plenty of activities for them as well. There are plenty of museums, art galleries, science centers, and children's museums to visit. There are plenty of parks, playgrounds, and beaches to explore. There are plenty of libraries, bookstores, and book clubs to discover. There are plenty of theaters, plays, and performances to enjoy. There are plenty of clubs, groups, and organizations to join. There are plenty of classes, workshops, and lessons to take. There are plenty of events, festivals, and celebrations to attend. There are plenty of creative outlets and opportunities to explore. There are plenty of ways to express yourself and be unique. There are plenty of ways to be happy and smile. There are plenty of ways to be healthy and live long. There are plenty of ways to be safe and feel secure. There are plenty of ways to be beautiful and magnificent. There are plenty of ways to be wonderful and amazing. There are plenty of ways to be incredible and incredible. There are plenty of ways to be perfect and perfect. There are plenty of ways to be unique and unique.

And if you are a student, there are plenty of opportunities for you as well. There are plenty of schools, colleges, and universities to attend. There are plenty of courses, classes, and workshops to take. There are plenty of professors, teachers, and instructors to learn from. There are plenty of libraries, bookstores, and book clubs to discover. There are plenty of theaters, plays, and performances to enjoy. There are plenty of clubs, groups, and organizations to join. There are plenty of classes, workshops, and lessons to take. There are plenty of events, festivals, and celebrations to attend. There are plenty of creative outlets and opportunities to explore. There are plenty of ways to express yourself and be unique. There are plenty of ways to be happy and smile. There are plenty of ways to be healthy and live long. There are plenty of ways to be safe and feel secure. There are plenty of ways to be beautiful and magnificent. There are plenty of ways to be wonderful and amazing. There are plenty of ways to be incredible and incredible. There are plenty of ways to be perfect and perfect. There are plenty of ways to be unique and unique.

And if you are a professional, there are plenty of opportunities for you as well. There are plenty of companies, organizations, and businesses to join. There are plenty of jobs, careers, and opportunities to explore. There are plenty of courses, classes, and workshops to take. There are plenty of professors, teachers, and instructors to learn from. There are plenty of libraries, bookstores, and book clubs to discover. There are plenty of theaters, plays, and performances to enjoy. There are plenty of clubs, groups, and organizations to join. There are plenty of classes, workshops, and lessons to take. There are plenty of events, festivals, and celebrations to attend. There are plenty of creative outlets and opportunities to explore. There are plenty of ways to express yourself and be unique. There are plenty of ways to be happy and smile. There are plenty of ways to be healthy and live long. There are plenty of ways to be safe and feel secure. There are plenty of ways to be beautiful and magnificent. There are plenty of ways to be wonderful and amazing. There are plenty of ways to be incredible and incredible. There are plenty of ways to be perfect and perfect. There are plenty of ways to be unique and unique.

And if you are a tourist, there are plenty of opportunities for you as well. There are plenty of landmarks, attractions, and sights to see. There are plenty of museums, art galleries, science centers, and children's museums to visit. There are plenty of parks, playgrounds, and beaches to explore. There are plenty of libraries, bookstores, and book clubs to discover. There are plenty of theaters, plays, and performances to enjoy. There are plenty of clubs, groups, and organizations to join. There are plenty of classes, workshops, and lessons to take. There are plenty of events, festivals, and celebrations to attend. There are plenty of creative outlets and opportunities to explore. There are plenty of ways to express yourself and be unique. There are plenty of ways to be happy and smile. There are plenty of ways to be healthy and live long. There are plenty of ways to be safe and feel secure. There are plenty of ways to be beautiful and magnificent. There are plenty of ways to be wonderful and amazing. There are plenty of ways to be incredible and incredible. There are plenty of ways to be perfect and perfect. There are plenty of ways to be unique and unique.

And if you are a visitor, there are plenty of opportunities for you as well. There are plenty of landmarks, attractions, and sights to see. There are plenty of museums, art galleries, science centers, and children's museums to visit. There are plenty of parks, playgrounds, and beaches to explore. There are plenty of libraries, bookstores, and book clubs to discover. There are plenty of theaters, plays, and performances to enjoy. There are plenty of clubs, groups, and organizations to join. There are plenty of classes, workshops, and lessons to take. There are plenty of events, festivals, and celebrations to attend. There are plenty of creative outlets and opportunities to explore. There are plenty of ways to express yourself and be unique. There are plenty of ways to be happy and smile. There are plenty of ways to be healthy and live long. There are plenty of ways to be safe and feel secure. There are plenty of ways to be beautiful and magnificent. There are plenty of ways to be wonderful and amazing. There are plenty of ways to be incredible and incredible. There are plenty of ways to be perfect and perfect. There are plenty of ways to be unique and unique.
HOW TO USE PERSONAL CALLS

Ask for PERSONAL CALL service when you place your Casco Bay Weekly personal ad. Then, you receive your own PERSONAL CALL number and security code, so you can call a FREE number to record your one- or two-line greeting message. Be creative! You can change your message as often as you like to match the cycles of the moon.

We do suggest that you use your real name and ask the people responding to leave their telephone number and time that they can be reached. Or, leave your first name only, your number, and the number of words you will use. You can record a person's name, phone number, or complete message for as little as 50¢.

When you call the 800 number and enter your PERSONAL CALL number and your phone security code, the system will immediately tell you how many messages are waiting for you. From there, it is just the way you want to proceed. You'll be able to record your greetings as often as you wish.

Once you've recorded your greeting message, you can call the same FREE 800 number as often as you like, 24 hours a day, to listen to your responses for up to three weeks after your ad appears in the paper.

RESPONDING TO A CASCO BAY WEEKLY PERSONAL AD WITH PERSONAL CALL SERVICE

Using PERSONAL CALL to answer Casco Bay Weekly personal ads is fast and fun! Rate in your favorite color! Browse through theCasco Bay Weekly personal column and circle the number that interests you. Call the person's number, and you will hear your one- or two-line greeting message. Read it over, and when you hear the four digit code that starts your conversation, you can call the number in three weeks after the ad appears in the Casco Bay Weekly. Please check the date of the paper you are reading!

You can immediately respond to an ad by calling 1-800-370-2941. You must have the four digit number of the ad that interests you. You will then hear that person's one- or two-line greeting message, and you can call back at any time. You can record a complete message for as little as 50¢.

For a person's number, and the number of words you will use. You can record a person's name, phone number, or complete message for as little as 50¢.

When you call the 800 number and enter your PERSONAL CALL number and your phone security code, the system will immediately tell you how many messages are waiting for you. From there, it is just the way you want to proceed. You'll be able to record your greetings as often as you wish.

Call to respond to a Casco Bay Weekly personal ad. Please check the date of the paper you are reading!

PERSONAL CALL is a FREE service for Casco Bay Weekly advertisers. Each 30-second message is charged at the rate of two words per minute. For information, call 1-800-370-2941.

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### ERNIE POKK

By Lynda Barry

![Illustration of a person with a sign saying "Worked Up"]

Last weekend we worked up to the point of having to make a decision. It was a fine line between working and having a good time. The line was better than the work, and we ended up working off the work. We managed to turn the work into a game, and it was a good day.

### Photographers

- **RICK LYNCH, M.A. Counselling Services**
  - Office: 887-6681
  - WE MAKE NEWS MATTER

### Biz Services

- **David Cohen, M.S., N.D.**
  - Office: 887-6681
  - FREE FIRST SESSION 721-5375

### Employment

- **Furniture, Mexico**
  - Contact: 773-5123
  - WE NEED/MANUFACTURER/MANUFACTURING/PRODUCTION

### Real Puzzle

**Rope Trick**

Each of these in the alphabet is a letter of the alphabet along with the word "Rope." To solve it, simply list each word in the order it appears in the alphabet.

### Solution to Real Puzzle #59

**Quintet**

Five items were present at the Quintet: a church, a car, a stream, a body, and a book.

### Business Opportunities

- **Super Cabinet Savings**
  - Phone: 774-6000
  - Address: 38 Main St., Portland, ME

- **Golf Opportunity**
  - Contact: 774-2159

### Stuff for Sale

- **Super Cabinet Savings**
  - Location: 38 Main St., Portland, ME

- **Golf Opportunity**
  - Contact: 774-2159
Hearty Fare - That's Light on Your Wallet

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Martin's Point Health Care Center
Brighton Avenue
BRIGHTON AVENUE
871-1588
Monday-Saturday, 8 AM-8 PM, Sunday, 11 AM-5 PM