Peaks Island Star : December 1981, Issue 13

Service Agencies of the Island

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December 17 8:00 a.m. - 5:00 p.m.
Food Distribution - Butter and Cheese for those eligible at the Senior Center

December 17
HOLIDAY MUSIC PROGRAM at 7:30 p.m. at the Peaks Island School
THE WHOLE COMMUNITY IS INVITED TO ATTEND

December 17
Casco Bay Island Transit District meeting
City Hall - Room 209 at 8:00 a.m.
Discussion new CBL manager, Public encouraged to attend

December 18
PUBLIC MEETING ON CASCO BAY LINES FERRY TERMINAL location.
Public Safety Building 109 Middle Street, Portland
At 9:30 a.m.
ISLANDERS, FERRY RIDERS and other interested parties urged to come and express their thoughts.
This meeting is planned and sponsored by GOVERNMENTAL SERVICES, Inc. consultant to the City of Portland

December 19
Brackett Memorial United Methodist Church at regular 10:30 a.m. Sunday Service will present
CHRISTMAS CANTATA: NIGHT OF MIRACLES

December 19
OPEN HOUSE at ST. CHRISTOPHER'S RECTORY 4-6 p.m. All invited!

December 22
School closes for holiday vacation

December 24
Day Care Center closed.
The LIONS AND LEGION Christmas Party at the Legion Hall on Welch Street at 2:00 p.m. SANTA WILL BE THERE! All children of the community are invited.
St. Christopher's Christmas Mass 7:00 p.m.
Brackett Memorial United Methodist Church Christmas Eve Service 7:30 p.m.
OPEN HOUSE at St. Joseph's-by-the-Sea, Pleasant Avenue 8 - 10 p.m.
Midnight Mass at St. Christopher's Church

December 26
Sunday Mass at St. Christopher's at 10:00 a.m.

December 31
New Year's Eve Dance at St. Christopher's Hall 9:00 p.m. - 1 a.m.

December 31
Day Care Center closed.

January 3
School reopens

January 10
Parent-Teachers Organization meeting at 7:30 at the School

January 11
Interdenominational Meeting of all faiths at St. Christopher's Church 7:30 p.m.

January 19
Senior Citizens Monthly meeting and luncheon
NEWS FROM THE PEAKS ISLAND CHILD DEVELOPMENT CENTER

On Wednesday, December 8, the Day Care children were guests at a Christmas Party given by the Senior Citizens. There were lots of great gifts under the tree which were made or donated by the Senior Citizens. The kids got their first taste of the excitement and fun of this Christmas Season as they tore open the packages. A special thanks to all the Senior Citizens from the Day Care children and staff for the lovely party.

Another recent holiday event was the Kinderconcert on Tuesday, December 14. The Portland Symphony Orchestra’s Brass Quintet performed in "A Holiday for Brass." Kazoo the Kangaroo was there to greet everyone, then there were lots of sing-along Christmas songs as well as a special visit from you know who—Santa Claus—who led the singing of "Jingle Bells" and "Rudolph the Red-nosed Reindeer." Afterwards we visited St. Elizabeths Child Development Center to play for a while and have lunch.

Our Christmas Party at the Center will be Thursday, December 23. Remember we are closed that Friday, December 24 and the following Friday, December 31.

We are in need of a comfortable, old stuffed chair, if anyone has one. Thank you.

The Child Development Center received a "Certificate of Merit" from the City’s Health Inspection Division in recognition of efforts to maintain outstanding conditions for health protection while dealing with food service. The Certificate is awarded every six months to establishments that maintain these high standards.

Enjoy the Holidays

NEWS FROM THE PEAKS ISLAND LIBRARY

Due to lack of attendance we have cancelled our monthly movie series for this year. I always hear there is nothing to do on Peaks Island but try and have people turn out for a program and you hear of 5 other goings on that same night. If at a much later date an interest is shown we can explore the possibilities again. I would like to thank all the people who took the time to come to each movie.

On display until after Christmas are the winners of the Peaks Island School Book Fair poster contest. One child from each grade won an award for their Book Fair poster. Come in and look at them.

Come in and see the delightful way in which Anita Dobbins has decorated the little model playground building. It really has put us in the Christmas spirit.

Happy Holidays
Louise Oapizzo

NEWS FROM THE HEALTH CENTER

Pharmacy - Our pharmacy project is well under way. We can now refill prescriptions no matter where they were prescribed! If we do not have the medicine in stock, we can get it either the same afternoon or the next day. Rosemont Pharmacy pledges to keep all prices competitive and to continue their 10% Senior Citizen discount! They also accept Medicaid, Union Plans, etc.

We have been seeing some folks with respiratory problems which appear to increase with the use of wood stoves. Efficient wood heat can dry out the air in your house. Evaporating water in pans is a helpful method of dealing with this. You can over-tighten the house allowing no ventilation, but with most of our buildings out here, that is not always the problem. If one family member has respiratory or allergic problems, that person should probably not be the one to tend the fire, clean the ashes, etc.
NEWS FROM THE HEALTH CENTER (continued)

We will probably be starting No Smoking Classes in the near future. If you are interested, leave word at the office, 766-2929.

REMEMBER - IT'S NEVER TOO LATE TO QUIT - QUITTING FEELS GOOD!

24-hour Emergency Number 766-2929

All of us at Family Medicine extend our best wishes to you for a joyous Holiday Season!

NEWS FROM THE PEAKS ISLAND SCHOOL

The Apple II Plus Computer has just arrived with great excitement for both student and teachers. 5th grade and 8th grade will be having basic computer instruction so Peaks Island students will be able to catch up with other city students.

Parents supported this project with letters that were instrumental in getting the computer for the school. Mr. McDonough School Committee for District 1, of which Peaks Island School is a part, was also helpful securing the computer.

Carol Raymond will be holding classes for 5th grade students.

On January 10 at 7:00 p.m. there will be a meeting of the PTO, at which Mrs. Carol Raymond will explain the computer acquisition and tell of her plan to help parents keep abreast of what their children are undertaking.

FROM THE SENIOR CITIZEN CENTER

WANTED: Responsible woman to stay two days and one night weekly with elderly lady. Call 766-2545.

MERRY CHRISTMAS AND A VERY HAPPY NEW YEAR
TO ONE AND ALL! Especially to all Participants, Supporters and Well-wishers. Your interest and consideration toward our program have created another successful year for your American Legion Post #142. Again--

HAPPY NEW YEAR
FROM THE LEGIONAIRES
RANDALL-MacVANE POST #142

FROM THE EDITORS

Also, a heartfelt "thank you" from us who put the PEAKS ISLAND STAR together. It is your contributions that help it come into being each month-- assisting with the printing costs. We would like to thank this month's contributors-- Douglas MacVane and the American Legion, Post #142. Also, to our faithful reporters and to Vicky Roberts and Angie Kelso for their volunteer typing, we wish to express our appreciation.
SERVICE AGENCIES REPORTS

SENIOR CITIZEN NOTES - Ruth Woodbury

Representative from PROP Fuel Assistance Program will be at the Center on Dec. 29 from 10:00 - 3:00 to take applications for fuel assistance. People who received it last year will receive forms in the mail. Others who feel that they might qualify, should bring income proof copy of Dec. 1st monthly check or other verification). For further information call Senior Citizens Center - 766-2545 or PROP.

PUBLIC SAFETY GREETING

To make your holidays safe and happy, here are some hints from your Public Safety Officers here on Peaks Island.

1. Keep your Christmas tree a safe distance from any heaters, heat ducts, wood stoves, fireplaces and drapes.
2. Don't use real candles on your Christmas tree.
3. For Christmas tree lights, use cool burning UL listed bulbs.
4. Don't leave any Christmas tree lights on when you are not at home.
5. Be sure to water your Christmas tree daily.
6. Be careful not to overload extension cords.

Happy holidays from Portland Public Safety, Island Services Division!

CASCO BAY HEALTH CENTER (see attached sheet)

NEWS OF OTHER ISLAND ORGANIZATIONS

PEAKS ISLAND TOWN MEETING COMMITTEE

Concerns being worked on for possible Agenda for March Town Meeting:
1. Casco Bay Lines - Chapter 11 - Court Proceedings.
   Transportation Committee will have information at P.I. Library to be read there. They advise that Peaks Island citizens should be concerned and alert.
3. Wood and other alternate fuels. Transportation concerns.
5. P.I. Moorings. Harbor Commission invitation to speak at Town Meeting.
6. Proposed Town Meeting Guidelines change. (Details in next issue).

Town Meeting Committee meets the first Sunday of each month and would like more ideas and input for meetings. Next meeting January 4 at 6 p.m. at the Peaks Island Library.

BRACKETT MEMORIAL UNITED METHODIST CHURCH is a caring community available to all persons at any time. The minister, Linda Littlefield, lives in the parsonage across the street from the school. Tel. 766-5013.

Sunday worship 10:30 followed by fellowship and coffee.
Choir rehearsal on Thursdays at 7:00.
Christmas Eve 7:30 Family Worship, Carols, Communion. At 11:00 Candles and Communion. ALL ARE INVITED.
CHRISTMAS AT SAINT CHRISTOPHER'S

Peaks Island residents are most welcome to participate in our Christmas liturgies as we gather to celebrate the birth of Jesus. In preparation for the feast we will celebrate a communal celebration of the Sacrament of Penance on Sunday, December 21, 1980 at 2:30PM. There will be visiting clergy to assist Father Conley in hearing confessions.

Our Christmas Mass schedule is as follows:
Wednesday(Christmas Eve) A special Children's Family Christmas Mass and Birthday Party for Jesus at 7:00PM
Wednesday(Christmas Eve) We will have the singing of Christmas Carols prior to our MIDNIGHT MASS.
Thursday(Christmas Day) We will have another Christmas Mass at 10:00AM

INSTAL LATION OF THE NEW PASTOR

Father Lawrence J. Conley the temporary administrator of St. Christophers has been appointed Pastor of the Church by the Most Reverend Bishop Edward C. O'Leary. Father Conley will be installed as Pastor in a special ceremony on Sunday, December 28, 1980 at 3:00PM. All island residents are most welcome.

PEAKS ISLAND HIGH SCHOOL YOUTH FORM A CYO

There are over twenty-five high school youth of Peaks Island that have established a CYO(Catholic Youth Organization) at Saint Christopher's. The CYO is a youth group open to all high school youth and they are involved in many spiritual, social, recreational and cultural activities. They are presently having their meeting every other Monday night at 6:30PM. They are currently holding a bottle drive to raise funds. They have also formed a basketball and volleyball team. Their Christmas project was a Christmas Luncheon for the elderly and senior citizens of Peaks Island.

WEEKEND MASSES AT SAINT CHRISTOPHER'S

Saturday 7:00PM
Sunday 10:00AM
"come and worship with us"

COMMUNITY CHRISTMAS PARTY - Dec. 24 at 2:00 at the American Legion Hall, Welch Street co-sponsored by the Lions Club and Randall Post #142, American Legion. All the children of Peaks Island are invited.
HOLIDAY GREETINGS FROM CASCO BAY HEALTH CENTER!!!

A new year is coming soon and along with the new year come changes—changes to benefit yourself, your health, your lifestyle and goals.

In order to be more efficient and to give you better continuity of health care, the Health Center has also initiated some changes.

Our office staff now consists of:

- Iris Paine—Secretary/Medical Office Assistant
- Jane Coolidge—R.N., F.N.A.
- Marge Erico—R.N., F.N.A.
- Chief Resident from Family Practice
- Dr. Charles desIeyses—Clinical Instructor & Consultant

The new office hours are as follows:

- **Monday**: 10 a.m. - 4:30 p.m.
  12:30 - 4:00 p.m. - Family Practice resident physician in attendance
- **Tuesday**: 10 a.m. - 6:00 p.m.
- **Wednesday**: Closed September through June - open July - August - 9 a.m. - 5 p.m.
- **Thursday**: 9 a.m. - 5:00 p.m.
- **Friday**: 9 a.m. - 5:00 p.m.

**New Policies**

1. If you have a medical problem and have your own physician and an appointment with your physician is not possible, we will be glad to be of service. However, except for emergencies, you must make an appointment. So please, as a courtesy to all involved, telephone ahead.
2. If patients walk in to the office expecting to be seen immediately, they will be given an appointment. Again, emergencies are the exception.
3. To avoid last minute frantic phone calls, please check your medication supply frequently and anticipate renewals.
4. Initial doses of medications prescribed for a certain problem will be given to the patient. The prescription for the remainder will be given to the patient to be filled at their earliest convenience/or phoned to the appropriate pharmacy. Arrangements can be made to have prescription medications mailed or delivered to the boat at a small extra cost to the patient.
5. After office hours please call Maine Medical Center, 871-0111; identify yourself as an island resident and ask for the Family Practice resident on call.

Remember, your health care is your responsibility. Periodic health evaluations are an important part of preventive health care.

If you have any questions or comments regarding this informative letter, please feel free to call the office during regular hours.

We are here to serve you.

Casco Bay Health Center Staff
We have been busy at the Center preparing for the coming holidays. The children have been merrily creating gifts for their parents; singing Christmas songs, making cards for all their many friends and supporters of the Center, making decorations for the tree, and wishing for snow!

Our most recent visit to the library was very exciting - a guest storyteller, Mrs. Rowe, told us a story and showed us a movie. Mrs. Sullivan and Mrs. Sargent read poems and taught us a new song. Louise Hutt had many new books on display and we promptly checked out a number of these.

Several of the groups at the Center - the preschoolers (3-5 year olds) and Angie Kelso's group (2-3 year olds) are planning trips uptown to look at Portland in its holiday best and to visit Santa Claus. We are looking forward to seeing many familiar and new faces at the COMMUNITY CHRISTMAS SING on Sunday, December 21 (see details above). The Children will be having a party of their own on the 24th in the morning. We have heard rumors that a certain white-bearded, red-suited fellow may take time out from toymaking to pay us a visit along with his wife, Mrs. Claus.

This winter the Center's Advisory Board will be hosting a number of fund-raising events. Some of the planned festivities include a Country Dance on the second or third Saturday eve in February or March. On January 10th at 1:30 we will be priviledged to sponsor a puppet show by a very recent Portlander, Nancy Tyndall. There will be a nominal charge to cover her expenses. Look for posters after New Year's Day.

We would like to present our newest staff person at the Center, Christine Needelman. Chris has been hired under CETA. The other current staff people include Joel Young, our director; John Capizzo, our cook; Marge Kelly, our delightful Foster Grandparent; Angie Kelso, who runs a satellite provider home; John Kelso, working with all the groups, primarily responsible for our after-school and summer programs; Sally Green, working primarily with our preschoolers with Chris' able assistance and myself, Beth Matthews, program supervisor. At present we have 31 children enrolled at the Center ranging in age from 22 months to 11 years.
NEWS FROM: THE PEAKS ISLAND LIBRARY
(Branch of the Portland Public Library)

Have you been to our new home yet? We have made a few changes since we opened this summer. We have new furniture! Our books are now on shelves - not in boxes! Some things still remain the same - we have our Homebound Service to shut-ins.

Wednesday is Story Hour Day: Pre-school hour at 10:30; Kindergarten at 12:30; After-school (elementary grades) at 3:15.

One evening a month for the whole family - MOVIES, MOVIES, MOVIES. Next one is in January. Watch for the date. We are still open 20 hours each week. It is hard to remember which days so -

Here are our hours. Put them next to your boat schedule!

Tuesday 12 - 8
Wednesday 9 - 6  Telephone: 766-5540
Saturday 9 - 1

The winter evenings are long and it is nice to curl up with a book and lose yourself. Here are some of our top titles:

FICTION

Aries Rising - Arthur Herzog
Belle fleur - Joyce C. Oates
Confederacy of Dunces -Toole
The Covenant - James Michener
Firestarter - Steven King
Life Before Man - Margaret Atwood
Loon Lake - E.L. Doctorow
Old Neighborhood - Averill Corman
Random Winds - Belva Plain
Sins of the Father - Susan Howatch
Still Life With - Tom Robbins
Woodpecker

NON-FICTION

Adrift - Tristan Jones
Best of Boyle - Hal Boyle
Beyond the Andes - Turolla
Consumer Brand Name Guide to Household Products
Cosmos - Carl Sagan
Habit of Being - Flannery Connor
Heartsounds - Martha Lear
Oak and the Calf - Solzhenitsyn
Side Effects - Woody Allen
Third Wave - Alvin Toffler

Small children like to be read to and we have a large assortment of Picture Books and Easy-Readers. Children like to spend time dressing-up, making puppets or fooling around the kitchen. We have books with simple directions using materials around the house and patterns you don't have to sew - and many riddle books. So take a Saturday morning or a Tuesday evening and bring the whole family over to the Library. Or, if you and your child are home on Wednesday, come over to our Story Hour. Always call us if you have any questions.

Louis Hutt Capizzo
Peaks Island Library