Casco Bay Weekly : 8 April 1993

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Casco Bay Weekly

HOME ISSUE

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- Working at home — an insider's report. page 18

STAY HOME TONIGHT AND MEET SOMEONE NEW WITH THE PERSONALS. SEE PAGE 49

APRIL 8, 1993 | VOL VI, NO 14 | GREATER PORTLAND'S WEEKLY JOURNAL OF NEWS, ARTS AND OPINION | FREE

BULK RATE
April 8th is a momentous day for us here at Katahdin. It is our second birthday.
We have to thank everyone for eating here, for sending their friends here and for being patient while we worked the kinks out of our wildest dreams.

Since we have been here on High St. the accomplishment of which we are most proud of is the Kim Burch Memorial Fund. The money is used to provide mammograms at Brighton Medical Center for women who couldn't otherwise afford them. There is one left, I'm not as smart and I'm not as active as I was, but there's lots for everybody to do and as long as I can do it, I'm going to.

How does Portland Landmarks come about?
Landmarks started when they tore down the [Maine] station. I went into town when they did that. I happened to be there when the clock tower was being hauled by the bally-stopped out ear, and just started crying. I didn't expect to do that. Oh, it's desolate, that was the beginning.

How did Portland Landmarks come about?
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You noticed this Victorian house, didn't you?
Bought this house for $7,500. There was no work to be had in the city at that time — the mills were closed, the mills were cracked and dirty. There weren't any vacations.

People would come here and throw... that was the... at the doors. We fixed up the [city]. It's the old houses that give character to a city.

Why have you heard people are worried about AIDS because most victims have been gay?
Very definitely. Lots of people think it's a homosexual disease, and why bother — it's a good way to get rid of homosexuals, but nobody's going to be exempt from it.

It's an epidemic. A pandemic.

But nobody's going to be exempt from it.

Have you found people are worried about AIDS because most victims have been gay?

Very definitely. Lots of people think it's a homosexual disease, and why bother — it's a good way to get rid of homosexuals, but nobody's going to be exempt from it.

It's an epidemic. A pandemic.

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How does it feel to be turning 90?
I think I'm going to feel older, but not that old. I'm not as smart and I'm not as active as I was, but there's lots for everybody to do and as long as I can do it, I'm going to.

By Pink Hart photo by Susan Harnett
Cable TV bills might not drop in Portland even though the Federal Communications Commission has raised the cable rates for the Portland area. The FCC order does not affect the price a local cable company charges a subscriber for basic service.

The FCC order allows a cable company to raise rates for basic service to a maximum of 30 percent of what the company charged for basic service before April 1, 1992. The new rates become effective no later than May 1.

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In the Comfort of an Old House - a personal interview.

Who you gonna call? Try the librarian or county clerk.

Mrs. Christy Gorham
Illustrated by M. McNaney

"Who's haunting?" my landlord said as the heating pipes clinked and cold gusts whistled around the chimney. Anyway, if I hadn't not heard already, an encounter wasn't likely to happen, he said.

The haunted woman was Sarah—or rather, her ghost—the last in a line of Griffins who directed the old farmhouse (now converted into apartments) that I had moved into months earlier. Sarah was the descendant of Eliphalet Griffin, the son of a family of blacksmiths who once hammered iron to the town bells, the town school, whose children and grandchildren and great-grandchildren are loved, slept, laughed, died and were born in the village of Alfred, about 20 miles southwest of Portland.

In 1830, Eliphalet Griffin discovered when he and his horse fell through the floor to the cellar while building the corn crib. Eliphalet moved on to the town of Saco. The descendant, Sarah, who lived at the turn of this century, apparently did not recall her<br>

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BUMP IN THE NIGHT

Continued from page 5

22. The pastor went to the World's Fair. Nov. 20 Mary climbed the fire house.
Nothing about the herd hand except one annual event. Aiken glanced here and there. Nothing a historian with the hunt here About Mary Ann and addictive drugs. Tom starts here. Do half of them shoot the house?
Who knows. You never see all the pieces. You make assumptions. You make whole what you know in part. Outside it's a rainy night, divided and snowy but with a hint of spring. What's melting from underneath the snow cover around the old Griffin large looks happy and spoken, and I can see why the military band is called Bugle Mark. Small crowd shuffles down the driveway and put my door.
For the years the spell of fear has worked to very into the facts and habits of the old house around me. I feel the legacy and presence of other generations past and present. And it seems to me I'm beginning to feel at home here. 12

Cheryl Green is a freelance writer who lives near Abbott. She's never worked a photofactory.

BECOMING STEWARD OF YOUR HOME

A good place to start researching your house is at Greater Portland Landmarks (35 State St., Portland, ME 04101, 774-7861). This private, nonprofit organization is dedicated to conserving the area's architectural heritage and maintaining a library open to the public. Landmarks has folders on everything from store fronts to ornamental gardens, along with numerous newsletters, town histories, city directories and more. A must-by-street file on Portland's houses makes for great browsing. Records tell you not only what sort of work was done on any house but also when and what materials were used. You can ask your city or town hall to provide historical information on cultural and historical significance.

A great place to start looking for a general overview of your old house is for a small fee, or for some elaborate - provide a written report on the property. Other good ways are the registry of deeds, the local library, the cemetery, and town and state historical societies. And don't overlook oral history. Talk to your neighbors - who may help you understand your house in earlier times. You make decisions! Likewise your old house - the ways she and her family lived, and that's how the house evolved and why the changes were made.

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Living the green life
Looking to make your apartment building green? Learn to negotiate.

By Lee Shall
Monday by Ed Manning

I had just turned off the shower when I heard pounding at the door. There was no way to give notice to the landlord, so I had to go there and deal with the problem myself. I was actually surprised by how well the landlord handled the situation. She was very helpful and didn’t seem to mind at all. We ended up fixing the problem and the landlord even agreed to make some minor repairs to the apartment.

There are a few tips for negotiating with landlords to make your apartment green and sustainable:
1. Be prepared: Have a list of all the changes you want to make and how you can justify them to the landlord. This might include information about energy savings or environmental benefits.
2. Show enthusiasm: Show the landlord how much you care about making the apartment more sustainable. This can help to convince them to make changes that will benefit both of you.
3. Be willing to compromise: Be willing to compromise on some things to achieve the overall goal of making the apartment more sustainable. This might include accepting a rental increase or making minor repairs to the apartment.

Remember that there’s strength in numbers. If you want to green your apartment and start spraying, you may want to consider negotiating with your landlord. You should also be prepared to be patient and flexible, as it may take some time to reach an agreement that works for both you and the landlord.

Continued on page 14
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LIVING THE GREEN LIFE

Continued from p. 13.
Unfortunately, each situation is unique and our first reaction is to tackle the problem. In the case of asbestos, we know that if it is not removed, some of the asbestos fibers can be broken down, and the dust can be carried into the air. This can cause problems for some individuals, as it can irritate the lungs. However, in most cases, the asbestos fibers are not a problem and can be left in place.

Some argue that the government should be more active in promoting green living. Some believe that the government should provide incentives to individuals and businesses to encourage them to adopt more sustainable practices. Others believe that the government should regulate industries that are causing environmental damage. Regardless of one's opinion, it is clear that we need to do more to protect the environment.

Drinking Water:

Drinking water is a crucial issue that needs to be addressed. Drinking water is a basic human right, and everyone has the right to clean, safe drinking water. Unfortunately, there are many areas where the quality of drinking water is poor. This can be caused by a variety of factors, including pollution, industrial waste, and inadequate treatment facilities. To address this issue, we need to invest in new treatment facilities and to upgrade existing ones. This will require a significant investment, but it is an investment that is well worth making.

Some argue that the government should be doing more to address the issue of drinking water. Some believe that the government should provide incentives to individuals and businesses to encourage them to adopt more sustainable practices. Others believe that the government should regulate industries that are causing environmental damage. Regardless of one's opinion, it is clear that we need to do more to protect the environment.

Casco Bay Weekly

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Deconstructing the how-to shows

Fun with Bob, Norm and Beverly

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For us to enjoy watching these shows, we want to point out a disturbing pattern that has emerged in these shows. Last week's color slides or PBS films an afternoon and you see the usual television-diffusing device in use to show how to fix both the color and the presence of the green pigments in the expert. Two males. Also, blonde-haired Bob, short, dark-haired Norm. The building foreman/builder/builder is a real showstopper. This Old House" presents Steve Thomas, building manager, who turns Alton Alby's call for a home improvement program. On "Home Again With Viva," Bob has established the construction that he doesn't need a regular partner, only a small building community who makes the difference in architectural appearance. So it's not that all of this started with Julia Child's deep- fried glazed ham and vegetables, and... But Norm does get the job done—through sales of fabrics and... And Beverly gets his rowdy stand-up comedy act in full swing. If you're in the garage, just keep your saws in order, your safety glasses on, and your tools ready to go. And the Executive is dedicated to the well-being of every client. How you look and feel about yourself is important to us. Our continuous training in the latest techniques and trends in hair color, perms, cuts and styles enables us to recommend the precise service or product that fits your special needs. We're here to serve you, today, in a beautiful manner in our full-service Matrix Essentials Salon.

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SUNWA
Working In the home

Commuting through the kitchen has disadvantages, too

By Laura O. Tipton

When I was growing up, my father was a postman, and the house lived behind the store because he had his office in our home. Our days were chronicled by mail rounds, and our mail was delivered at odd hours during the winter. The experience can be lonely and frustrating, limiting your powers of self-discipline and motivation. And on those days when the mail wasn't going badly, there's no one to talk to, no polite questions to make you feel sorry, no proof that you have a productive working life for all.

But it also offered me a model when I was growing up, my father, to love going to work at home and set up a place that would help me to work. He would work at home because he had the tools. He would work at home because he had the time. And he would work at home because he had the discipline and motivation. And on those days when the mail wasn't going badly, there's no one to talk to, no polite questions to make you feel sorry, no proof that you have a productive working life for all.

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caved from Crystalline Quartz, Malachite, Lapis, Natural "Eggshell" Quart and much more.

New & Wonderful Blown glass Egg filled with Garnetstone, Includes "Chalcedy" Egg!
Limited amounts, so shop early.

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837 OCEAN AVE. (RT 9), PORTLAND
OPEN 11:00-9:00 THURS. FRI. SAT.
I responded to our free offer to continue working with The project (which I coordinate) challenges adults against young people, are hoping to have an impact on a number of communities.

But mandatory counseling should be required, would ensure that more Mainers get tested, resulting in better public health overall. Efforts to educate the public about HIV and testing,

Last summer a young boy named Gregory and numerous state and federal regulations. But mandatory counseling should be waived. A young judge dismissed the case.

In February a group of young people from the Portland School Photojournalist: Greg Gallant

But McWilliams doesn’t just attack the trustees; who disrespect the culture, it is not unbreakable. In fact, considering how much we have lost to our own hands — and every day that we do not recognize the benefits of the interplay with European work.

McWilliams sounds like the citizen director.

How accepting we have become of the museum’s marvelous Impressionist collection?

It is not that anyone with a major George could cheat ourselves out of a valuable resource and see this collection?

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Balloon N' Flowers
Bountiful spring flowers abound in this vision of springtime.
A clear glass vase is brimming with tulips, iris, daisies and many other garden flowers.
Topped with a colorful mylar balloon. Your secretary will be delighted with it!
A Harmon-Barton exclusive.
$27.50 / $30.00 / $35.00

FTD Best of the Best Bouquet
A glorious array of fresh spring flowers are designed in an attractive cut glass bud vase.
Wax flower, statice, monte casino aster and alstroemeria lily are all topped with a single perfect rose.
This surely will bring a burst of color to the office and to your secretary's face.
Send this bouquet anywhere in the country.
$20.00

Secretary's Bud Vase
A simple yet stunning arrangement bursting with spring colors.
Freshly picked flowers grace this lovely ceramic bud vase.
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Spring Basket Bouquet
A burst of springtime is captured in this beautiful bouquet of tulips, iris and other spring flowers all arranged in a sturdy white washed basket and topped with a bright yellow mylar balloon for your secretary.
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Secretaries Week is April 18-24.
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- On Sunday April 13th from 10-5pm

### Silver Screen

**The Builder**
- 1928 German silent film
- Directed by Robert Wiene
- Starring W. H. Summers and Leopoldo Terzi

**North by Northwest**
- 1959 American film
- Directed by Alfred Hitchcock
- Starring Cary Grant, Eva Marie Saint and James Mason

**The Aviator**
- 2004 American biographical film
- Directed by Martin Scorsese
- Starring Leonardo DiCaprio

**What's Where**
- Celebrate Easter at Your Home Away From Home
- General Cinemas
- Maclean's
- Hoyts
- Jarama
- Cineplex Odeon

**Dates**
- April 18th:
  - Hoyts
  - Jarama
  - Cineplex Odeon
- April 19th:
  - Hoyts
  - Jarama
  - Cineplex Odeon

**Tickets**
- Adults: $13.75
- Children: $8.75
- Family Special: $39.95

**Price**
- $5.75

**Schedule**
- Hoyts:
  - The Crush (PG)
  - Unforgiven (R)
  - Born Yesterday (PG)
  - Sergeant Bilbo (PG)
  - The Commitments (PG)
  - Kirby (PG)
  - Jig (PG)
  - Jack the Bear (PG)
  - The Adventures of Huck Finn (PG)
  - The Crush (PG)
  - The Commitments (PG)
  - Kirby (PG)
  - Jig (PG)
  - Jack the Bear (PG)
  - The Adventures of Huck Finn (PG)

- Jarama:
  - The Crush (PG)
  - Unforgiven (R)
  - Born Yesterday (PG)
  - Sergeant Bilbo (PG)
  - The Commitments (PG)
  - Kirby (PG)
  - Jig (PG)
  - Jack the Bear (PG)
  - The Adventures of Huck Finn (PG)

- Cineplex Odeon:
  - The Crush (PG)
  - Unforgiven (R)
  - Born Yesterday (PG)
  - Sergeant Bilbo (PG)
  - The Commitments (PG)
  - Kirby (PG)
  - Jig (PG)
  - Jack the Bear (PG)
  - The Adventures of Huck Finn (PG)
The play opens with Emma meeting Jerry, whom she hasn’t seen in years. Fork to his other half. Who knows her? The reading and rehearsal do not do to have a scene. Wives and law are expected.

The play runs through April 13-15 at the Mad Horse Theatre, 455 Forest Ave, Portland. For more information, call 797-3338.
The fragility of the human condition is explored at L.A. Public Theater

Humphrey Dumpty sat on a wall

...and Seniors. With the help of flying snakes, they confront reality. And prosperity is against his intrinsically sensible, liberal-thinking family member (Sally) who challenges that prosperity, pointing out the relative poverty they face in the face of staid, Midwestern convention. And it's within...
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-Curry bow-ies - Lemon Garlic Tortellini
-Angel hair pasta with sundried tomatoes

"Anything different? How about
something hot?"
- Spinatopita - Vegetarian lasagne - Oriental beef stir fry
- Apple chicken curry - Duck in phyllo - Lobster strudel
-Salmon Puff Pastry - Stuffed Breast of Chicken
- Turkey Terracini - Lamb Moussaka

"Any sweets?"
Double fudge stuffed brownies
- Fresh fruit tarts with lemon curd
-Cheesecakes - Golden pecan bars
- French trifle - Chocolate raspberry
torte - Lemon-dime citrus bars
-Hestie's delights - Apple pecan tarts
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New Martinsville Museum
(Street Voice, May 17)

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A six-week class for busy adults
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New Martinsville Museum
(Street Voice, May 17)
Tabitha King explores love, basketball and loud music

By Deb Delfino

"I'm waiting for the day that Steve goes on the "Today" show and Kate or whoever is still here to ask, 'What's it like to love with America's

That's a tough thing to say. It's one of the most beautiful things about this era. It's why I'm so proud of you."

That's what Tabitha King said when she was asked about her character, Deanie, in her novel, "One." The book, set in a small town in Maine, tells the story of a young girl growing up in the 1950s and 1960s, dealing with the challenges of her adolescence and the expectations of her community. The novel has been widely acclaimed for its frank and honest portrayal of the struggles of young women in that era.

King, who now resides in Portland, Maine, will be speaking at the Maine Writers Center on April 12th, discussing her work and the themes that she explores in her writing. She will also be signing copies of her book.

The event is open to the public and is free to attend. For more information, please call 772-3326. The Maine Writers Center is located at 12 Maine Street in Portland.
What We're Doing

Laird, professor at Smith College, offers spiritual shock, you can bargain with destiny and get three for $25). The church believes in reincarnation, direct contact with spirits and transport yourself to the Saco Elks Club (54 River Road, Westbrook). Feeling fair to middling? Then today's your moment to shine (like a crystal), as the Portland Spiritualist Church offers psychic readings for $5 to $10, Monday through Thursday, 10 a.m. to 4 p.m. The show features an original score composed and performed by Band Terry. See it tonight at 8 at School St., Brunswick. The ticket's $10, $8 for kids and seniors. 720-4596.

Springs for Tomorrow's Journey: This week, the Casco Bay Tumblers Klezmer Band. The festival also offers dozens in international folk dancing, folk, R&B, Appalachian, American roots and bluegrass.

The action's happening, with performances and events taking place from 10 a.m. to 8 p.m. throughout the Portland campus of USM. See the complete schedule of conference events at 705-2823.

Cheap Thrill

Que sera, sera whatever will be will be!

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WHO'S REALLY COUNTING?

Who's Really Counting?

It's a "Night of a Thousand Stars" April 14 when Greater Portland's leader and newspaper fan work to celebrate National Idol Week! Hosts actress Mary Chapin Carpenter, author Michael Crowley, TV newshound Cindy Williams and football coach John Wolfgang, among others (600+), will shed from their usual places.

Each star gets to shape approximately 18 minutes. Some will pass comment from children's books, others will read it aloud. In the "Stars" group of from 10:45 to 11:30 p.m., in the library at South Portland High School, off Eastport Ave, Portland, The School and Public Libraries of South Portland, who sponsored the event, will presides over refreshments. It's free. Call Beth Ryder at 773-6528 for the whole story.

ART AND SOUL continued on page 42
**Hibernation has ended.**

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- 3rd century: 3rd Century
- 2nd century: 2nd Century
- 1st century: 1st Century
- 0th century: 0th Century
- 11th century: 11th Century
- 10th century: 10th Century
- 9th century: 9th Century
- 8th century: 8th Century
- 7th century: 7th Century
- 6th century: 6th Century
- 5th century: 5th Century
- 4th century: 4th Century
- 3rd century: 3rd Century
- 2nd century: 2nd Century
- 1st century: 1st Century
- 0th century: 0th Century
- 11th century: 11th Century
OceanView's Spring Into Good Health Fair

Thursday, April 15, 1993 – 10 a.m. to 2 p.m.
at Ocean View
52 Falmouth Road, Falmouth

Free health screening and lifestyle information to those age 55-plus.

Brighton Medical Center will provide:
- Glaucoma Test (10 a.m. – Noon) by Dr. Elliott Schweid
- Pulmonary Function Test (checks lung capacity) by Justine Chasse, CMA, from Brighton Medical Center’s Center for Health Promotion
- Prescription Check – bring all prescription medications. The pharmacist will check prescription interactions and outdatedness.
- Foot screening by Dr. Robert Kuvent, podiatrist

Nurse’s House Call will provide:
- Blood Pressure
- Blood Sugar Test

Lifestyle Information:
- 10:15 a.m. – Long Term Care Insurance, Roch Rodrigue, Todd Senior Services, Inc.
- 10:30 and 11:30 a.m. – Exercise with Lisa Wakem, P.T., Physical Therapist with Brighton Medical Center.
- 11:15 a.m. – Living Wills with Barbara Gill, sponsor of the original legislation.
- 12:30 p.m. – “Cooking for One” with Mary Booth, MD, RD, LD, Nutritionalist from Brighton Medical Center’s Center for Health Promotion.
- 1:00 p.m. – Dr. John P. Cederna, MD., board certified plastic surgeon will discuss how to select a surgeon and different types of plastic surgery related to aging.

Ongoing Presentations:
- Elderhostel with Jan and Charles Chibka
- Good Day Market, a display, samples, gift certificate drawing, from “your source for natural, organic food and more...”

Cafe Ocean View will be open from 10 a.m. to 2 p.m. serving light breakfast and lunch.
For more information please call 781-4460

Ladd Tours and Cruises, Inc.
of Falmouth, with travel information and a drawing for a $500 gift certificate toward travel arrangements.

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Co-Sponsored by The Forecaster